



# East Swimming 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)



## Start Lists Session Fourteen

### Event 521 Mens 200m IM

H 1	L 1	Zak TROMAN	11 Colchester	2:51.00
	L 2	Safford HEWITT-WHITE	12 Co Peterboro	2:50.89
	L 3	Luka PAGE	12 West Suffolk	2:50.71
	L 4	Lazar NEMETH	12 St Felix Sch	2:50.31
	L 5	Nathan CLOSE	12 Biggleswade	2:50.60
	L 6	Daniel MCGUINNESS	12 Basildon Ph	2:50.80
	L 7	Jake MOORE	12 Potters Bar	2:51.00
	L 8	Joel PIETERSEN	11 Hatfield	2:51.37
H 2	L 1	Oscar COLE	12 St Felix Sch	2:49.68
	L 2	Daniel HOLLISS	12 Co St Albans	2:48.30
	L 3	Lucas HARTLEY	11 Hatfield	2:48.18
	L 4	Menuka JAYAKODY	12 Norwich Swan	2:47.01
	L 5	Jason HO	12 Hatfield	2:48.06
	L 6	Ben MINISTER	12 Thurrock	2:48.21
	L 7	Reece SIMPSON	12 March	2:49.42
	L 8	Ethan HOWARD	11 Potters Bar	2:50.00
H 3	L 1	Sam PARKER	12 Beccles Town	2:46.40
	L 2	Cub MADDISON	12 Hatfield	2:44.90
	L 3	Robbie CRUICKSHANKS	12 teamipswich	2:44.40
	L 4	Jack JUGGINS	12 Team Luton	2:43.40
	L 5	Joshua MARTIN	12 Co Peterboro	2:43.64
	L 6	George DE VOOGT	12 Leighton Buz	2:44.51
	L 7	Ethan ANGEL	12 teamipswich	2:45.31
	L 8	Matthew BAKER	12 West Suffolk	2:46.85
H 4	L 1	Noah CRABB	13 teamipswich	2:41.30
	L 2	Harvey ISLE	13 West Norfolk	2:41.08
	L 3	Henry JONES	13 Modernian	2:40.29
	L 4	Enzo LIM	13 Watford SC	2:39.91
	L 5	Daniel CLAYTON	12 teamipswich	2:40.21
	L 6	Michael CONNICK	13 Deben	2:40.49
	L 7	Kieran BIRKETT	13 Co St Albans	2:41.28
	L 8	Jack SAUNDERS	13 Newmarket	2:41.97
H 5	L 1	Mitchell TAMBLIN	13 Norwich Swan	2:39.83
	L 2	Thomas OWEN	13 West Norfolk	2:38.84
	L 3	Patrick WINNINGTON	13 DunmowAtlant	2:38.70
	L 4	Oliver CARPENTER	13 Co St Albans	2:37.12
	L 5	Denis MORINE	13 Chelmsford	2:37.84
	L 6	Tyler TOMBS	13 Chelmsford	2:38.73
	L 7	Mark MILBURN	13 Colchester	2:38.87
	L 8	Harry SHARPE	13 West Norfolk	2:39.84
H 6	L 1	James CLAY	13 Stowmarket	2:36.65
	L 2	Nikita CHARYKIN	12 Thurrock	2:35.74
	L 3	James GISBORNE	13 Bishop Stort	2:35.40
	L 4	Marcus MOSCUZZA	13 Co Cambridge	2:35.00
	L 5	Benjamin ASHDOWN	13 Modernian	2:35.20
	L 6	Luke OULDS	13 Basildon Ph	2:35.49
	L 7	George GRICE	13 Co Norwich	2:36.30
	L 8	Charlie SUMMER	13 Dereham	2:37.10
H 7	L 1	Louis LANE	13 Basildon Ph	2:33.40
	L 2	Ryan DAVIS	14 Basildon Ph	2:33.20
	L 3	Henry DUNCAN	14 Co Cambridge	2:32.88
	L 4	Yuto WATANABE	14 Hatfield	2:31.83
	L 5	Thomas HANLEY	14 March	2:32.62
	L 6	Taylor COE	14 Bor of Brox	2:32.96
	L 7	Euan HIGGS	14 Chelmsford	2:33.27
	L 8	James ROTHWELL	14 Co Peterboro	2:33.49
H 8	L 1	Luke BARTON	14 Co Norwich	2:31.10
	L 2	Jacob STEPHEN	13 Brentwood	2:29.50
	L 3	Akshay PISSAY	14 Co Norwich	2:25.60
	L 4	Chester LEEMING	14 St Felix Sch	2:19.77
	L 5	Olivier VEDRENNE	13 Co Norwich	2:24.80
	L 6	Christopher WILLIAMSON	13 Co Cambridge	2:29.08
	L 7	Robert ADDIS	14 West Norfolk	2:30.07
	L 8	Thomas PAGE	14 West Suffolk	2:31.56
H 9	L 1	Tyler JACKSON	14 Harlow Pen	2:30.80
	L 2	William PARSONS	14 Deben	2:29.45
	L 3	Harrison JARVIS	14 Thurrock	2:25.20
	L 4	Rhys DAVIDSON	14 Team Luton	2:18.90
	L 5	Harrison RIDER	14 Basildon Ph	2:23.90
	L 6	Jack SKERRY	14 Chelmsford	2:28.10
	L 7	Tom MALIA	14 Team Luton	2:30.00
	L 8	George WHITEMAN	14 Co Peterboro	2:31.45

H 10	L 1	Edward MERHAN	13 West Suffolk	2:30.70
	L 2	Oskar FARKAS	13 Co Cambridge	2:29.29
	L 3	Matthew DEBENHAM	14 teamipswich	2:25.13
	L 4	Michael KLIMASZEWSKI	14 Hatfield	2:17.10
	L 5	Naythan AUNG	14 Colchester	2:23.70
	L 6	Thomas SAMUELS	14 Chelmsford	2:26.60
	L 7	Tyler WATSON	14 C Beds SS	2:29.82
	L 8	Noah CORNWELL	14 Potters Bar	2:31.19

### Event 522 Womens 100m Backstroke

H 1	L 1	Ruby BLAKELEY	11 Co Peterboro	1:16.84
	L 2	Isabelle BARBER	12 Stowmarket	1:16.70
	L 3	Lily-Ella MAYALL	11 Lstoft & OB	1:16.30
	L 4	Elise DELAPPERALL	12 Thurrock	1:16.00
	L 5	Leah BUSHELL	12 West Norfolk	1:16.22
	L 6	Isabel MURTAGH	12 Hatfield	1:16.53
	L 7	Alexa MANN	12 Basildon Ph	1:16.78
	L 8	Grace CAWLEY	12 Hemel Hemp	1:16.92
H 2	L 1	Sophie CLERKIN	12 Braintree	1:15.20
	L 2	Ella STONE	12 Biggleswade	1:13.80
	L 3	Nonhlanhla THOLE	13 St Felix Sch	1:13.74
	L 4	Michaela TAIWO	13 St Felix Sch	1:13.53
	L 5	Holly DRIVER	13 St Felix Sch	1:13.57
	L 6	Helena HALL	13 Deben	1:13.78
	L 7	Connie DAVIES	12 Deben	1:14.97
	L 8	Jasmine VERLANDER	12 Thurrock	1:15.97
H 3	L 1	Salma TERKEMANI	12 Modernian	1:13.50
	L 2	Ella LAUDER	13 Southend	1:13.32
	L 3	Jessica MAHONEY	13 Co Peterboro	1:13.25
	L 4	Laura HULL	13 Bishop Stort	1:13.13
	L 5	Karys-Rose BUNN	12 teamipswich	1:13.14
	L 6	Gemma NOTTAGE	13 Watford SC	1:13.27
	L 7	Evie BURGESS	13 teamipswich	1:13.37
	L 8	Emily FALKUS	13 Runnymede	1:13.51
H 4	L 1	Anita TIEN	13 Clacton SC	1:12.97
	L 2	Clara WATSON-FLOWERS	12 St Felix Sch	1:12.57
	L 3	Molly COBBOLD	12 Bor of Brox	1:12.07
	L 4	Maevae POOLEY	13 Newmarket	1:11.95
	L 5	Daisy MOXHAM	13 Co Cambridge	1:11.96
	L 6	Isabella YEABSLEY	12 Hatfield	1:12.47
	L 7	Jessica SHAW	13 Co Peterboro	1:12.58
	L 8	Sophie JENKINSON	13 Basildon Ph	1:12.99
H 5	L 1	Jessica ROBERTSON	14 Co St Albans	1:11.70
	L 2	Georgie PARK	14 Epping For't	1:11.59
	L 3	Leah WIGHTMAN	13 West Norfolk	1:11.38
	L 4	Kiera BLUNDEN	13 Chelmsford	1:11.21
	L 5	Georgina MUNDAY	14 Modernian	1:11.23
	L 6	Lucy HUDSON	14 West Suffolk	1:11.48
	L 7	Lillian TAGG	14 Thurrock	1:11.69
	L 8	Kaia PHILLIPS	12 Bishop Stort	1:11.71
H 6	L 1	Brooke JENKINS	14 Southend	1:10.80
	L 2	Olivia ALDRED	14 Lstoft & OB	1:09.71
	L 3	Sophie LANDER	13 Stowmarket	1:08.86
	L 4	Imogen BLOCK	14 St Felix Sch	1:07.38
	L 5	Sophie GRIFFIN	14 Co Peterboro	1:07.77
	L 6	Emily COOPER	13 Basildon Ph	1:09.51
	L 7	Emilia DUNWOODIE	13 Co St Albans	1:10.51
	L 8	Ellie HOLLISS	14 Co St Albans	1:11.15
H 7	L 1	Brenna HOWELL	14 Co Peterboro	1:10.76
	L 2	Ella TURNER	13 Basildon Ph	1:09.70
	L 3	Charlotte NORMAN	13 Colchester	1:08.70
	L 4	Ella MCGHIE	14 Co Peterboro	1:06.95
	L 5	Jessica KEOGH	14 Hatfield	1:07.60
	L 6	Francesca LOW	13 Chelmsford	1:09.30
	L 7	Erin LITTLE	13 Chelmsford	1:10.41
	L 8	Lucy MORGAN	14 Colchester	1:11.03
H 8	L 1	Holly GRAVES	14 Co Peterboro	1:10.60
	L 2	Matilda BOGLE	12 teamipswich	1:09.60
	L 3	Carys BREALEY	12 Harlow Pen	1:08.03
	L 4	Sophie FREEMAN	14 Colchester	1:04.24
	L 5	Grace WALLER	14 Basildon Ph	1:07.48
	L 6	Harriet CLEMENTS	14 Watford SC	1:09.17
	L 7	Jessica KEFFORD	14 Dunstable	1:10.40
	L 8	Astrid HUBBARD	14 West Norfolk	1:11.00



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## Start Lists Session Fourteen

<b>Event 523 Mens 100m Freestyle</b>					<b>Event 524 Womens 50m Freestyle</b>						
H 1	L 2	Samuel COMAN	12	Gt Yarmouth	1:09.41	H 10	L 1	Jack PALLANT	14	Lstof & OB	1:02.01
	L 3	Max HILL	12	Stevenage	1:08.80		L 2	Tom BALL	14	West Norfolk	1:01.96
	L 4	Louis JAMES	12	Thetford	1:08.40		L 3	Alfie FRANCIS	13	Colchester	1:01.30
	L 5	Cub MADDISON	12	Hatfield	1:08.73		L 4	Aidan PILCHER	13	teamipswich	1:01.25
	L 6	Daniel MCGUINNESS	12	Basildon Ph	1:09.00		L 5	Peter SOCZEWKA	13	Hatfield	1:01.26
H 2	L 1	George DE VOOGT	12	Leighton Buz	1:08.36		L 6	William PARSONS	14	Deben	1:01.81
	L 2	Thomas GODFREY	12	Co St Albans	1:08.29		L 7	Daniel MONK	14	Harlow Pen	1:02.00
	L 3	Jake MOORE	12	Potters Bar	1:08.00		L 8	Jacob STEPHEN	13	Brentwood	1:02.10
	L 4	Kyle OSTIL	12	West Norfolk	1:07.93	H 11	L 1	Finley COMAN	13	Gt Yarmouth	1:00.90
	L 5	Safford HEWITT-WHITE	12	Co Peterboro	1:07.99		L 2	Euan HIGGS	14	Chelmsford	1:00.77
	L 6	Joel PIETERSEN	11	Hatfield	1:08.18		L 3	Olivier VEDRENNE	13	Co Norwich	1:00.70
	L 7	Luka PAGE	12	West Suffolk	1:08.30		L 4	Syd ROBERTS	14	Colchester	1:00.30
	L 8	Benjamin RIGLAR	12	Dereham	1:08.39		L 5	Ethan LEGSON	14	Modernian	1:00.50
H 3	L 1	Jonathan WEIMANN	12	Co Cambridge	1:07.75		L 6	Tyler WATSON	14	C Beds SS	1:00.70
	L 2	Samuel WALSH	12	Witham Dolph	1:07.70		L 7	Thomas HANLEY	14	March	1:00.87
	L 3	Matthew BAKER	12	West Suffolk	1:07.52		L 8	Jude HILLS	13	Bo Southend	1:01.00
	L 4	Kian QUINLAN	12	Bo Southend	1:07.40	H 12	L 1	Samuel PYEFINCH	13	Tring	1:00.09
	L 5	Fergus CHERRINGTON	12	teamipswich	1:07.50		L 2	Oskar FARKAS	13	Co Cambridge	58.68
	L 6	Reece SIMPSON	12	March	1:07.60		L 3	Jack SKERRY	14	Chelmsford	58.00
	L 7	Ethan ANGEL	12	teamipswich	1:07.71		L 4	Sam TOWNSEND	14	C Beds SS	56.19
	L 8	Arthur BERNANS	12	Basildon Ph	1:07.90		L 5	Alexander LOWRY	14	Co Norwich	57.10
H 4	L 1	Daniel PARKER	12	Braintree	1:06.40		L 6	Damon ELLIOTT	14	DunmowAtlant	58.50
	L 2	Oscar COLE	12	St Felix Sch	1:06.28		L 7	Fabian BRUDNICKI	14	Co Peterboro	59.26
	L 3	Max ARNOLD	12	Harlow Pen	1:06.20		L 8	Thomas PAGE	14	West Suffolk	1:00.20
	L 4	Luke FLYNN	13	Watford SC	1:05.52	H 13	L 1	Cameron BEAVIS	14	Newmarket	59.90
	L 5	Jack SAUNDERS	13	Newmarket	1:05.65		L 2	Ethan GELL	14	Linslade	58.60
	L 6	Jack CACI	12	Epping For't	1:06.20		L 3	Jj WILDE	14	Putteridge	57.90
	L 7	Nathan CLOSE	12	Biggleswade	1:06.40		L 4	Harrison RIDER	14	Basildon Ph	56.10
	L 8	Joshua MARTIN	12	Co Peterboro	1:07.29		L 5	Naythan AUNG	14	Colchester	56.90
H 5	L 1	Sam PARKER	12	Beccles Town	1:05.40		L 6	Ryan DAVIS	14	Basildon Ph	58.30
	L 2	James CLAY	13	Stowmarket	1:05.33		L 7	Robert ADDIS	14	West Norfolk	59.10
	L 3	William ELLARD	12	St Felix Sch	1:05.30		L 8	Xavier KIRCHIN	14	C Beds SS	1:00.10
	L 4	Daniel MILLER	13	Linslade	1:05.20	H 14	L 1	Joab CARR	14	St Felix Sch	59.60
	L 5	Mason ALLEN	12	Basildon Ph	1:05.20		L 2	Matthew DEBENHAM	14	teamipswich	58.59
	L 6	Elliot GLADWELL	13	Hadleigh	1:05.32		L 3	Ethan PEIRCE	14	Harlow Pen	57.90
	L 7	Max PATTEN	13	Stanway	1:05.37		L 4	Chester LEEMING	14	St Felix Sch	56.00
	L 8	James CROSSFIELD	13	Deben	1:05.50		L 5	Alessandro RIODA	14	Harlow Pen	56.90
H 6	L 1	Marin DE VILLARD	13	St Felix Sch	1:05.02		L 6	Connor WALKER	14	Co Peterboro	58.30
	L 2	James COWDREY	13	Bo Southend	1:04.84		L 7	Akshay PISSAY	14	Co Norwich	58.80
	L 3	Ryan ROBERTS	13	Putteridge	1:04.70		L 8	Max MCAULIFFE	14	Harlow Pen	1:00.10
	L 4	Harry SHARPE	13	West Norfolk	1:04.50						
	L 5	Charlie SUMMER	13	Dereham	1:04.50						
	L 6	Ethan MARTIN	13	Bo Southend	1:04.78						
	L 7	Michael CONNICK	13	Deben	1:04.98						
	L 8	James BELL	13	Norwich Swan	1:05.20						
H 7	L 1	Harrison BRISTOW	13	Modernian	1:04.40						
	L 2	Enzo LIM	13	Watford SC	1:04.20						
	L 3	Joseph KENNY	13	Leiston	1:04.07						
	L 4	James ROWLEY	13	Sudbury	1:03.91						
	L 5	Henry JONES	13	Modernian	1:03.94						
	L 6	Denis MORINE	13	Chelmsford	1:04.20						
	L 7	Max WITHERS	13	Co Cambridge	1:04.35						
	L 8	Ethan BASKERVILLE	13	Hatfield	1:04.43						
H 8	L 1	Alexander MASON	13	Potters Bar	1:03.60						
	L 2	Marcus MOSCUZZA	13	Co Cambridge	1:03.50						
	L 3	Joseph BAVEY	13	Newmarket	1:03.35						
	L 4	Christopher WILLIAMSON	13	Co Cambridge	1:03.08						
	L 5	Mitchell TAMBLIN	13	Norwich Swan	1:03.20						
	L 6	Spyridon MANTIS	13	Newmarket	1:03.40						
	L 7	Joseph MCGILLIVRAY	13	Lstof & OB	1:03.54						
	L 8	Colin MOGHINA	13	Thurrock	1:03.90						
H 9	L 1	Louis LANE	13	Basildon Ph	1:03.00						
	L 2	Daniel CLAYTON	12	teamipswich	1:02.78						
	L 3	Benjamin ASHDOWN	13	Modernian	1:02.60						
	L 4	Matthew BROWN	13	Stowmarket	1:02.30						
	L 5	James GISBORNE	13	Bishop Stort	1:02.50						
	L 6	Oliver CARPENTER	13	Co St Albans	1:02.60						
	L 7	George GRICE	13	Co Norwich	1:02.80						
	L 8	Louis WALKER	13	Colchester	1:03.00						



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H 6	L 1	Gemma NOTTAGE	13	Watford SC	30.00	H 15	L 1	Rachel ANDREWS	14	C Beds SS	28.40
	L 2	Isla WINSLOW	13	Co Norwich	29.90		L 2	Matilda BOGLE	12	teamipswich	28.20
	L 3	Evelyn DIXON-MINTER	13	teamipswich	29.80		L 3	Millie FIELDS	14	Bishop Stort	27.80
	L 4	Eloise SMART	13	Colchester	29.80		L 4	Sophie FREEMAN	14	Colchester	26.40
	L 5	Erin WILKINSON	13	Southend	29.80		L 5	Erin LITTLE	13	Chelmsford	27.40
	L 6	Phoebe WHITE	13	Harlow Pen	29.80		L 6	Lily MACDONALD	13	Co Norwich	27.90
	L 7	Elena BELLO	12	Co Cambridge	29.97		L 7	Lucy MORGAN	14	Colchester	28.30
	L 8	Romilly MARKS	12	Newmarket	30.00		L 8	Isabelle GODFREY	14	Co St Albans	28.68
H 7	L 1	Jessica SHAW	13	Co Peterboro	29.74	<b>Event 525 Mens 200m Backstroke</b>					
	L 2	Skye BUNYARD	12	Linslade	29.70	H 1	L 3	William ELLARD	12	St Felix Sch	2:43.60
	L 3	Lucy COIA-BELL	13	Co St Albans	29.60		L 4	Max ARNOLD	12	Harlow Pen	2:43.30
	L 4	Lucy YOUNG	13	Modernian	29.50		L 5	Matthew BAKER	12	West Suffolk	2:43.44
	L 5	Rosalind SAISE	11	teamipswich	29.60	H 2	L 1	Oscar COLE	12	St Felix Sch	2:43.01
	L 6	Abigail GOTTS	13	Norfolk Vikg	29.70		L 2	Lazar NEMETH	12	St Felix Sch	2:42.50
	L 7	Macy DEXTER	12	Co Cambridge	29.70		L 3	Ryan WALL	11	Royston	2:41.22
	L 8	Maeve POOLEY	13	Newmarket	29.78		L 4	Ethan BASKERVILLE	13	Hatfield	2:39.76
H 8	L 1	Holly LAMB	13	Southend	29.50		L 5	Isaac CLARE	12	teamipswich	2:40.40
	L 2	Isabella YEABSLEY	12	Hatfield	29.40		L 6	Max HILL	12	Stevenage	2:41.88
	L 3	Ciara WOOKEY	14	Colchester	29.30		L 7	Jack JUGGINS	12	Team Luton	2:43.00
	L 4	Darcy COBURN	13	Chelmsford	29.30		L 8	Ben MINISTER	12	Thurrock	2:43.17
	L 5	Erin CROUCH	14	teamipswich	29.30	H 3	L 1	Joseph KENNY	13	Leiston	2:39.30
	L 6	Olivia ALDRED	14	Lstof & OB	29.30		L 2	James ROWLEY	13	Sudbury	2:38.52
	L 7	Salma TERKEMANI	12	Modernian	29.40		L 3	Billy KNIBB	13	Linslade	2:38.10
	L 8	Emilia DUNWOODIE	13	Co St Albans	29.50		L 4	Harvey ISLE	13	West Norfolk	2:37.22
H 9	L 1	Bethan ENDICOTT	13	St Ives	29.30		L 5	James PARSONS	13	Deben	2:37.74
	L 2	Polly FISH	14	Co Cambridge	29.28		L 6	Harley ALLAN	13	Modernian	2:38.46
	L 3	Holly GRAVES	14	Co Peterboro	29.24		L 7	Bartholomew TOZER	13	West Suffolk	2:38.97
	L 4	Millie DUDLEY	14	Dunstable	29.20		L 8	Patrick WINNINGTON	13	DunmowAtlant	2:39.56
	L 5	Tess WESLEY	14	Newmarket	29.23	H 4	L 1	Joshua SPENCER	13	Co Peterboro	2:37.08
	L 6	Julianna MERCADO	14	Norwich Swan	29.25		L 2	Daniel HIMSWORTH	13	Colchester	2:36.64
	L 7	Chloe BUTLER	14	F S Godmanc	29.30		L 3	Oliver CARPENTER	13	Co St Albans	2:35.54
	L 8	Charlotte GILL	13	Brentwood	29.30		L 4	Luke OULDS	13	Basildon Ph	2:34.80
H 10	L 1	Karys-Rose BUNN	12	teamipswich	29.12		L 5	Mitchell TAMBLIN	13	Norwich Swan	2:35.16
	L 2	Olivia LEE	14	Co Peterboro	29.10		L 6	Luke FLYNN	13	Watford SC	2:36.10
	L 3	Ruby GREENHALF	13	Co Norwich	29.10		L 7	Matthew MONIE	13	Co Cambridge	2:37.05
	L 4	Brooke JENKINS	14	Southend	29.10		L 8	Charlie SUMMER	13	Dereham	2:37.10
	L 5	Ella NIJKAMP	13	Berkhamsted	29.10	H 5	L 1	Marin DE VILLARD	13	St Felix Sch	2:33.94
	L 6	Emily HASLAM	14	Norfolk Vikg	29.10		L 2	Jack HILL	13	Linslade	2:33.31
	L 7	Anita TIEN	13	Clacton SC	29.10		L 3	Michael CONNICK	13	Deben	2:32.94
	L 8	Clara WATSON-FLOWERS	12	St Felix Sch	29.20		L 4	Daniel CLAYTON	12	teamipswich	2:31.76
H 11	L 1	Catherine RYAN	14	Bor of Brox	29.00		L 5	Matthew BROWN	13	Stowmarket	2:32.67
	L 2	Sophie LANDER	13	Stowmarket	29.00		L 6	Kieran BIRKETT	13	Co St Albans	2:33.02
	L 3	Bethan FUGE	14	Hatfield	28.97		L 7	Robbie CRUICKSHANKS	12	teamipswich	2:33.34
	L 4	Michaela TAIWO	13	St Felix Sch	28.90		L 8	Joseph MCGILLIVRAY	13	Lstof & OB	2:34.37
	L 5	Nancy NEAVE	14	Braintree	28.90	H 6	L 1	Xavier BAKER-WOODS	14	teamipswich	2:31.66
	L 6	Emily HOLDEN	12	Leighton Buz	29.00		L 2	Tobias OGLESBY	14	West Norfolk	2:31.48
	L 7	Francesca LOW	13	Chelmsford	29.00		L 3	Jenson HURRELL	13	Thurrock	2:30.84
	L 8	Ruby WHEELER	12	Basildon Ph	29.00		L 4	Tyler JACKSON	14	Harlow Pen	2:30.20
H 12	L 1	Georgie PARK	14	Epping For't	28.90		L 5	Samuel PYEFINCH	13	Tring	2:30.50
	L 2	Charlotte ABRAMSON	14	Co Norwich	28.90		L 6	Samuel RENNIE	14	Braintree	2:31.10
	L 3	Kaia PHILLIPS	12	Bishop Stort	28.80		L 7	Nikita CHARYKIN	12	Thurrock	2:31.63
	L 4	Ruby COLLINS	14	Dunstable	28.80		L 8	Jacob COWIN	14	March	2:31.75
	L 5	Cerys WILLIAMS	14	West Suffolk	28.80	H 7	L 1	Joab CARR	14	St Felix Sch	2:29.30
	L 6	Daisy MOXHAM	13	Co Cambridge	28.86		L 2	Ethan GELL	14	Linslade	2:26.30
	L 7	Georgia SPENCER	14	St Ives	28.90		L 3	Thomas SAMUELS	14	Chelmsford	2:23.77
	L 8	Louise DONAGHY	13	Modernian	28.90		L 4	Ketan RACH	14	Watford SC	2:16.90
H 13	L 1	Maddie LEES	14	DunmowAtlant	28.60		L 5	Jack SKERRY	14	Chelmsford	2:23.40
	L 2	Natalie SANFORD	14	St Felix Sch	28.30		L 6	Tom MALIA	14	Team Luton	2:24.78
	L 3	Grace WALLER	14	Basildon Ph	27.90		L 7	Jude HILLS	13	Bo Southend	2:27.50
	L 4	Ruby DAGLESS	13	Dereham	27.30		L 8	Luke BARTON	14	Co Norwich	2:30.01
	L 5	Carys BREALEY	14	Harlow Pen	27.70	H 8	L 1	Samuel SMITH	14	Wisbech	2:29.27
	L 6	Lucy HUDSON	14	West Suffolk	28.20		L 2	Oscar BRICE	14	Co St Albans	2:25.12
	L 7	Ciara TAYLOR	13	St Ives	28.34		L 3	Henry DUNCAN	14	Co Cambridge	2:23.61
	L 8	Imogen BLOCK	14	St Felix Sch	28.79		L 4	Thomas OGDEN	14	Bishop Stort	2:16.40
H 14	L 1	Jessica KEOGH	14	Hatfield	28.50		L 5	Fabian BRUDNICKI	14	Co Peterboro	2:22.97
	L 2	Kiara KOVACS	14	Co Peterboro	28.30		L 6	Aidan PILCHER	13	teamipswich	2:24.75
	L 3	Ellie HOLLISS	14	Co St Albans	27.90		L 7	Connor WALKER	14	Co Peterboro	2:27.21
	L 4	May BRADBURN	14	Chelmsford	27.20		L 8	Nicholas WOODFORD	14	Co Cambridge	2:29.91
	L 5	Emma PARKER	14	St Felix Sch	27.50						
	L 6	Teni OGUNLESI	13	Thurrock	28.10						
	L 7	Harriet SALISBURY	14	Co Peterboro	28.31						
	L 8	Georgina MUNDAY	14	Modernian	28.70						





# East Swimming 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)



## Start Lists Session Fourteen

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H 9	L 1	Syd ROBERTS	14	Colchester	2:29.00
	L 2	Joseph BAVEY	13	Newmarket	2:25.05
	L 3	Matthew HARVEY	14	Basildon Ph	2:23.55
	L 4	Chester LEEMING	14	St Felix Sch	2:13.14
	L 5	Rhys DAVIDSON	14	Team Luton	2:21.70
	L 6	William PARSONS	14	Deben	2:24.72
	L 7	Naythan AUNG	14	Colchester	2:26.70
	L 8	Arvin Joaquin RODRIGUE	14	Watford SC	2:29.79

### **Event 526 Womens 400m IM**

H 1	L 3	Holly MORGAN	12	Bor of Brox	5:55.58
	L 4	Romilly MARKS	12	Newmarket	5:53.36
	L 5	Olivia NEWMAN-BARONIUS	12	Putteridge	5:55.10
H 2	L 2	Elise DELAPPERALL	12	Thurrock	5:46.18
	L 3	Erica CHARTERS	13	West Norfolk	5:43.31
	L 4	Bryony EDGINGS	13	Thurrock	5:39.50
	L 5	Clara WATSON-FLOWERS	12	St Felix Sch	5:39.97
	L 6	Erin WILKINSON	13	Southend	5:45.10
	L 7	Sophie CONROY	11	Thurrock	5:50.59
H 3	L 1	Molly GRIEVE	13	Colchester	5:38.25
	L 2	Anastasia WILKINSON	13	Hatfield	5:36.93
	L 3	Macy DEXTER	12	Co Cambridge	5:36.28
	L 4	Georgia PRITCHARD	13	Hatfield	5:35.94
	L 5	Lucy MORGAN	14	Colchester	5:36.06
	L 6	Astrid HUBBARD	14	West Norfolk	5:36.37
	L 7	Jessica MAHONEY	13	Co Peterboro	5:38.15
	L 8	Leah WIGHTMAN	13	West Norfolk	5:38.80
H 4	L 1	Emily COOPER	13	Basildon Ph	5:35.80
	L 2	Amy PAGET	13	Co Peterboro	5:32.74
	L 3	Kiera BLUNDEN	13	Chelmsford	5:31.87
	L 4	Brooke JENKINS	14	Southend	5:30.80
	L 5	Ella HOUSTON	14	Deben	5:31.06
	L 6	Ruby GREENHALF	13	Co Norwich	5:32.70
	L 7	Jessica SHAW	13	Co Peterboro	5:33.61
	L 8	Marni SILLITOE	14	West Suffolk	5:35.91
H 5	L 1	Ruby DAGLESS	13	Dereham	5:29.10
	L 2	Valeria GIRON	13	Hatfield	5:27.00
	L 3	Holly LAMB	13	Southend	5:25.40
	L 4	Charlotte WHITE	13	West Suffolk	5:24.20
	L 5	Cerys WILLIAMS	14	West Suffolk	5:24.88
	L 6	Ruby WHEELER	12	Basildon Ph	5:26.40
	L 7	Brenna HOWELL	14	Co Peterboro	5:27.56
	L 8	Matilda RANSOME	12	Co Cambridge	5:29.96
H 6	L 1	Charlotte NORMAN	13	Colchester	5:22.30
	L 2	May BRADBURN	14	Chelmsford	5:18.10
	L 3	Olivia LEE	14	Co Peterboro	5:14.12
	L 4	Sophie FREEMAN	14	Colchester	5:01.70
	L 5	Ella MCGHIE	14	Co Peterboro	5:10.21
	L 6	Harriet SALISBURY	14	Co Peterboro	5:17.50
	L 7	Ciara WOOKEY	14	Colchester	5:20.23
	L 8	Charlotte TREE	14	Colchester	5:22.80