



East Swimming
2018 Long Course Championships
Weekend Two - Luton
26th, 27th, & 28th May 2018
(Licensed Meet No. 1ER180214)



EVENT 521 Mens 200m IM

Regional Junior Record - 2:07.70

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Nikita CHARYKIN	12	Thurrock	2:37.73	451	35.40	1:13.65	2:04.22
2.	Daniel CLAYTON	12	teamipswich	2:43.31	404	34.80	1:16.44	2:08.80
3.	Robbie CRUICKSHANKS	12	teamipswich	2:45.22	389	35.50	1:15.78	2:07.62
4.	Jack JUGGINS	12	Team Luton	2:45.24	389	-	1:17.03	2:09.53
5.	Daniel HOLLISS	12	Co St Albans	2:47.34	373	37.75	1:22.48	2:09.51
6.	Zak TROMAN	11	Colchester	2:47.63	371	36.05	1:19.64	-
7.	Sam PARKER	12	Beccles Town	2:48.63	364	38.12	1:19.70	2:11.06
8.	Reece SIMPSON	12	March	2:48.93	362	36.34	1:21.04	2:13.67
9.	Ethan ANGEL	12	teamipswich	2:48.96	361	37.57	1:22.31	2:11.17
10.	Luka PAGE	12	West Suffolk	2:49.20	360	-	1:21.61	2:12.80
11.	Joshua MARTIN	12	Co Peterboro	2:49.34	359	37.88	1:20.81	2:10.94
12.	Ethan HOWARD	11	Potters Bar	2:49.79	356	37.56	1:19.29	2:10.60
13.	Lucas HARTLEY	11	Hatfield	2:49.99	354	40.37	1:24.41	2:14.71
14.	Oscar COLE	12	St Felix Sch	2:50.00	354	36.49	1:19.72	2:16.43
15.	Lazar NEMETH	12	St Felix Sch	2:50.02	354	40.38	1:22.45	2:12.17
16.	Ben MINISTER	12	Thurrock	2:50.04	354	36.17	1:19.03	2:12.36
17.	Daniel MCGUINNESS	12	Basildon Ph	2:50.07	354	38.29	1:20.88	2:14.74
18.	Joel PIETERSEN	11	Hatfield	2:50.50	351	38.33	1:23.32	2:15.21
19.	Nathan CLOSE	12	Biggleswade	2:50.96	347	35.91	1:19.73	2:15.61
20.	George DE VOOGT	12	Leighton Buz	2:51.50	344	38.11	1:22.19	2:13.20
21.	Cub MADDISON	12	Hatfield	2:51.82	342	39.14	1:24.98	2:14.14
22.	Jason HO	12	Hatfield	2:52.47	337	37.93	1:23.91	2:16.43
23.	Menuka JAYAKODY	12	Norwich Swan	2:55.07	320	37.96	1:20.90	2:17.15
24.	Safford HEWITT-WHITE	12	Co Peterboro	2:56.64	311	41.97	1:26.01	2:18.67
	Jake MOORE	12	Potters Bar	DQ				
	Matthew BAKER	12	West Suffolk	DQ				

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Olivier VEDRENNE	13	Co Norwich	2:26.84	558	32.70	1:12.34	1:53.10
2.	Charlie SUMMER	13	Dereham	2:33.72	488	33.21	1:12.11	1:59.86
3.	Jacob STEPHEN	13	Brentwood	2:34.63	479	32.95	1:14.45	1:58.23
4.	Oliver CARPENTER	13	Co St Albans	2:36.56	461	33.60	1:12.83	2:00.32
5.	Luke OULDS	13	Basildon Ph	2:36.90	458	34.74	1:14.34	2:02.19
6.	Benjamin ASHDOWN	13	Modernian	2:37.47	453	36.19	1:16.30	2:02.82
7.	James CLAY	13	Stowmarket	2:37.87	450	36.09	1:17.85	2:02.29
8.	James GISBORNE	13	Bishop Stort	2:38.17	447	-	1:15.79	2:03.30
9.	Christopher WILLIAMSON	13	Co Cambridge	2:38.27	446	33.78	1:14.48	-
10.	Louis LANE	13	Basildon Ph	2:38.34	445	33.91	1:14.60	2:03.29
11.	Denis MORINE	13	Chelmsford	2:38.54	444	34.70	1:15.57	2:03.56
12.	Marcus MOSCUZZA	13	Co Cambridge	2:39.33	437	35.69	1:19.10	2:02.25
13.	Harvey ISLE	13	West Norfolk	2:39.42	436	36.75	1:16.62	2:03.71
14.	Oskar FARKAS	13	Co Cambridge	2:39.50	435	35.09	1:14.62	2:05.30
15.	Tyler TOMBS	13	Chelmsford	2:40.53	427	37.87	1:18.48	2:05.68
16.	Mark MILBURN	13	Colchester	2:40.68	425	37.09	1:18.48	2:04.89
17.	Patrick WINNINGTON	13	DunmowAtlant	2:41.92	415	-	1:16.02	2:06.62
18.	Thomas OWEN	13	West Norfolk	2:42.00	414	37.26	1:19.21	2:05.87
19.	Michael CONNICK	13	Deben	2:42.09	414	36.74	1:15.99	2:07.84
20.	Enzo LIM	13	Watford SC	2:42.11	414	-	1:17.11	2:06.58
21.	Henry JONES	13	Modernian	2:42.71	409	-	1:16.06	2:07.84
22.	Noah GRABB	13	teamipswich	2:42.75	408	36.35	1:18.36	2:06.12
23.	Harry SHARPE	13	West Norfolk	2:42.80	408	36.91	1:18.73	2:08.49
24.	George GRICE	13	Co Norwich	2:43.86	400	35.45	1:17.04	2:09.67
25.	Mitchell TAMBLIN	13	Norwich Swan	2:46.49	379	37.45	1:20.19	2:12.13
26.	Jack SAUNDERS	13	Newmarket	2:47.61	371	38.59	1:22.63	2:10.43
	Kieran BIRKETT	13	Co St Albans	DQ				
	Edward MERHAN	13	West Suffolk	DQ				



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Michael KLIMASZEWSKI	14	Hatfield	2:20.52	632	29.34	1:05.68	1:49.45
2.	Rhys DAVIDSON	14	Team Luton	2:21.90	615	31.99	1:06.32	1:48.17
3.	Chester LEEMING	14	St Felix Sch	2:21.91	615	31.62	1:07.39	1:48.83
4.	Naythan AUNG	14	Colchester	2:24.90	580	30.68	1:06.25	1:49.18
5.	Harrison JARVIS	14	Thurrock	2:25.95	568	32.59	1:11.29	1:51.04
6.	Harrison RIDER	14	Basildon Ph	2:27.57	550	30.28	1:06.72	1:52.86
7.	Thomas PAGE	14	West Suffolk	2:29.50	530	32.28	1:10.33	1:55.95
8.	Akshay PISSAY	14	Co Norwich	2:29.96	525	32.04	1:09.29	1:55.07
9.	Matthew DEBENHAM	14	teamipswich	2:30.51	520	31.13	1:12.29	1:55.11
10.	Robert ADDIS	14	West Norfolk	2:30.59	519	30.36	1:09.80	1:56.07
11.	Jack SKERRY	14	Chelmsford	2:30.63	518	32.17	1:09.41	1:57.50
12.	Tom MALIA	14	Team Luton	2:31.35	511	32.16	1:10.47	1:56.66
13.	Thomas SAMUELS	14	Chelmsford	2:31.52	509	-	1:09.51	1:56.30
14.	Ryan DAVIS	14	Basildon Ph	2:31.56	509	31.10	1:11.65	1:58.16
15.	Luke BARTON	14	Co Norwich	2:32.21	502	34.19	1:11.65	1:56.37
16.	Thomas HANLEY	14	March	2:33.20	493	32.86	1:14.44	1:59.48
17.	Yuto WATANABE	14	Hatfield	2:34.09	484	34.06	1:15.66	1:58.83
18.	James ROTHWELL	14	Co Peterboro	2:34.41	481	32.94	1:14.65	1:59.20
19.	William PARSONS	14	Deben	2:35.17	474	31.91	1:08.27	1:59.08
20.	Tyler WATSON	14	C Beds SS	2:35.92	467	33.90	1:14.40	2:02.76
21.	Tyler JACKSON	14	Harlow Pen	2:36.13	465	33.33	1:13.17	2:01.02
22.	Noah CORNWELL	14	Potters Bar	2:36.84	459	33.99	1:13.88	2:03.04
23.	Euan HIGGS	14	Chelmsford	2:36.94	458	33.75	1:13.01	2:03.95
24.	Taylor COE	14	Bor of Brox	2:37.73	451	32.15	1:12.28	2:01.58
25.	Henry DUNCAN	14	Co Cambridge	2:38.16	447	35.36	1:14.46	2:04.02
26.	George WHITEMAN	14	Co Peterboro	2:40.34	428	34.20	1:16.22	2:05.48



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EVENT 522 Womens 100m Backstroke

Regional Junior Record -1:02.74

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Matilda BOGLE	12	teamipswich	1:10.81	636	34.48
2.	Ella STONE	12	Biggleswade	1:14.08	560	36.11
3.	Salma TERKEMANI	12	Modernian	1:14.34	554	36.08
4.	Isabella YEABSLEY	12	Hatfield	1:14.38	553	35.30
5.	Karys-Rose BUNN	12	teamipswich	1:15.28	534	36.82
5.	Clara WATSON-FLOWERS	12	St Felix Sch	1:15.28	534	36.18
7.	Kaia PHILLIPS	12	Bishop Stort	1:15.34	533	36.17
8.	Connie DAVIES	12	Deben	1:15.86	522	36.17
9.	Jasmine VERLANDER	12	Thurrock	1:15.87	522	36.32
10.	Molly COBBOLD	12	Bor of Brox	1:16.16	516	37.43
11.	Lily-Ella MAYALL	11	Lstof & OB	1:16.55	508	37.02
12.	Leah BUSHHELL	12	West Norfolk	1:16.67	506	36.96
13.	Sophie CLERKIN	12	Braintree	1:16.84	503	36.93
14.	Grace CAWLEY	12	Hemel Hemp	1:17.18	496	37.64
15.	Isabelle BARBER	12	Stowmarket	1:17.84	484	39.77
16.	Ruby BLAKELEY	11	Co Peterboro	1:18.28	475	37.96
17.	Elise DELAPPERALL	12	Thurrock	1:18.45	472	37.68
18.	Isabel MURTAGH	12	Hatfield	1:18.52	471	37.92
19.	Alexa MANN	12	Basildon Ph	1:19.63	451	38.67

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Charlotte NORMAN	13	Colchester	1:09.48	670	33.92
2.	Sophie LANDER	13	Stowmarket	1:09.80	661	35.10
3.	Erin LITTLE	13	Chelmsford	1:10.58	642	34.04
4.	Ella TURNER	13	Basildon Ph	1:10.61	641	34.82
5.	Francesca LOW	13	Chelmsford	1:11.01	631	34.00
6.	Maeve POOLEY	13	Newmarket	1:11.59	617	35.59
7.	Emily COOPER	13	Basildon Ph	1:12.04	606	34.94
8.	Kiera BLUNDEN	13	Chelmsford	1:12.09	605	35.17
9.	Leah WIGHTMAN	13	West Norfolk	1:12.53	595	34.76
10.	Emilia DUNWOODIE	13	Co St Albans	1:12.57	594	34.78
11.	Emily FALKUS	13	Runnymede	1:14.17	558	36.49
12.	Holly DRIVER	13	St Felix Sch	1:14.63	548	36.78
13.	Daisy MOXHAM	13	Co Cambridge	1:14.68	547	35.90
14.	Evie BURGESS	13	teamipswich	1:14.79	545	36.58
15.	Gemma NOTTAGE	13	Watford SC	1:14.83	544	36.58
16.	Helena HALL	13	Deben	1:14.84	543	35.78
17.	Sophie JENKINSON	13	Basildon Ph	1:14.91	542	36.59
18.	Ella LAUDER	13	Southend	1:15.27	534	35.78
19.	Laura HULL	13	Bishop Stort	1:15.30	534	36.69
20.	Jessica SHAW	13	Co Peterboro	1:15.83	523	37.54
21.	Nonhlanhla THOLE	13	St Felix Sch	1:15.96	520	37.28
21.	Michaela TAIWO	13	St Felix Sch	1:15.96	520	37.80
23.	Jessica MAHONEY	13	Co Peterboro	1:16.80	504	37.85
24.	Anita TIEN	13	Clacton SC	1:19.44	454	37.46

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sophie FREEMAN	14	Colchester	1:06.41	755	32.33
2.	Ella MCGHIE	14	Co Peterboro	1:07.41	726	32.86
3.	Grace WALLER	14	Basildon Ph	1:09.10	680	33.77
4.	Imogen BLOCK	14	St Felix Sch	1:09.68	664	33.33
5.	Jessica KEOGH	14	Hatfield	1:09.76	662	33.41
6.	Georgina MUNDAY	14	Modernian	1:10.37	647	34.75
7.	Carys BREALEY	14	Harlow Pen	1:10.42	646	33.98
8.	Olivia ALDRED	14	Lstof & OB	1:10.58	642	33.95
9.	Sophie GRIFFIN	14	Co Peterboro	1:10.85	635	34.53
10.	Jessica KEFFORD	14	Dunstable	1:11.22	626	34.11
11.	Holly GRAVES	14	Co Peterboro	1:11.23	626	34.87
12.	Astrid HUBBARD	14	West Norfolk	1:11.72	614	34.71
13.	Harriet CLEMENTS	14	Watford SC	1:11.81	612	34.11
14.	Lucy MORGAN	14	Colchester	1:12.32	600	34.83
15.	Ellie HOLLISS	14	Co St Albans	1:12.97	585	35.28
16.	Lucy HUDSON	14	West Suffolk	1:13.05	583	35.54
17.	Jessica ROBERTSON	14	Co St Albans	1:13.77	567	35.37
18.	Brenna HOWELL	14	Co Peterboro	1:14.07	560	35.57
19.	Brooke JENKINS	14	Southend	1:14.12	559	35.69
20.	Georgie PARK	14	Epping Fort	1:14.16	558	35.34



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EVENT 523 Mens 100m Freestyle

Regional Junior Record - 51.55

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Daniel CLAYTON	12	teamipswich	1:05.59	417	-
2.	Jack CACI	12	Epping For't	1:05.61	417	31.76
3.	William ELLARD	12	St Felix Sch	1:06.22	405	32.56
4.	Joshua MARTIN	12	Co Peterboro	1:06.36	402	31.25
5.	Mason ALLEN	12	Basildon Ph	1:06.68	396	31.82
6.	Daniel PARKER	12	Braintree	1:07.53	380	-
7.	Oscar COLE	12	St Felix Sch	1:07.78	375	32.90
8.	Kyle OSTIL	12	West Norfolk	1:07.80	375	32.93
9.	Fergus CHERRINGTON	12	teamipswich	1:07.88	373	32.69
10.	Sam PARKER	12	Beccles Town	1:07.93	372	-
11.	Max ARNOLD	12	Harlow Pen	1:07.98	372	32.57
12.	Kian QUINLAN	12	Bo Southend	1:08.06	370	32.42
13.	Samuel WALSH	12	Witham Dolph	1:08.37	365	32.94
14.	Joel PIETERSEN	11	Hatfield	1:08.54	362	33.16
15.	Louis JAMES	12	Thetford	1:08.56	361	32.70
16.	Matthew BAKER	12	West Suffolk	1:08.88	356	33.08
17.	Safford HEWITT-WHITE	12	Co Peterboro	1:08.94	355	33.48
18.	Luka PAGE	12	West Suffolk	1:09.20	350	33.39
19.	Nathan CLOSE	12	Biggleswade	1:09.24	350	32.28
20.	Ethan ANGEL	12	teamipswich	1:09.35	348	33.00
21.	Samuel COMAN	12	Gt Yarmouth	1:09.46	346	33.91
21.	Benjamin RIGLAR	12	Dereham	1:09.46	346	33.36
23.	Reece SIMPSON	12	March	1:09.56	344	-
24.	Jake MOORE	12	Potters Bar	1:09.60	344	33.26
25.	Arthur BERNANS	12	Basildon Ph	1:09.64	343	33.57
26.	Thomas GODFREY	12	Co St Albans	1:09.81	340	33.98
27.	Max HILL	12	Stevenage	1:10.90	323	-
28.	George DE VOOGT	12	Leighton Buz	1:11.21	318	34.20
29.	Cub MADDISON	12	Hatfield	1:11.52	313	34.38
30.	Jonathan WEIMANN	12	Co Cambridge	1:12.17	303	34.35
31.	Daniel MCGUINNESS	12	Basildon Ph	1:13.14	289	-

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Oskar FARKAS	13	Co Cambridge	59.62	557	28.99
2.	Samuel PYEFINCH	13	Tring	59.72	555	28.76
3.	Louis WALKER	13	Colchester	1:01.85	500	-
4.	Jude HILLS	13	Bo Southend	1:02.11	494	29.94
5.	Finley COMAN	13	Gt Yarmouth	1:02.34	488	30.15
6.	Olivier VEDRENNE	13	Co Norwich	1:02.45	486	30.60
7.	Aidan PILCHER	13	teamipswich	1:02.60	482	30.57
8.	Peter SOCZEWKA	13	Hatfield	1:02.68	480	30.36
9.	Alfie FRANCIS	13	Colchester	1:03.02	473	30.86
10.	Max WITHERS	13	Co Cambridge	1:03.25	467	30.00
11.	Alexander MASON	13	Potters Bar	1:03.74	456	31.02
12.	Benjamin ASHDOWN	13	Modernian	1:03.87	454	-
13.	Mitchell TAMLIN	13	Norwich Swan	1:03.88	453	30.73
14.	Oliver CARPENTER	13	Co St Albans	1:03.90	453	-
15.	Jacob STEPHEN	13	Brentwood	1:04.07	449	30.38
16.	Charlie SUMMER	13	Dereham	1:04.10	448	31.46
17.	James COWDREY	13	Bo Southend	1:04.14	448	30.77
18.	Denis MORINE	13	Chelmsford	1:04.18	447	30.59
19.	Louis LANE	13	Basildon Ph	1:04.20	446	-
20.	Joseph KENNY	13	Leiston	1:04.34	443	31.34
21.	Harrison BRISTOW	13	Modernian	1:04.40	442	31.11
22.	Ethan MARTIN	13	Bo Southend	1:04.53	439	31.23
23.	Matthew BROWN	13	Stowmarket	1:04.54	439	-
24.	Enzo LIM	13	Watford SC	1:04.69	436	31.68
25.	Joseph BAVEY	13	Newmarket	1:04.70	436	31.55
26.	Marcus MOSCUZZA	13	Co Cambridge	1:04.74	435	31.56
27.	James ROWLEY	13	Sudbury	1:04.77	434	29.91
28.	Ethan BASKERVILLE	13	Hatfield	1:05.00	429	30.45
29.	Luke FLYNN	13	Watford SC	1:05.08	428	31.30
30.	James GISBORNE	13	Bishop Stort	1:05.17	426	-
31.	Max PATTEN	13	Stanway	1:05.18	426	30.47
32.	George GRICE	13	Co Norwich	1:05.27	424	-
33.	Marin DE VILLARD	13	St Felix Sch	1:05.33	423	31.30
34.	Michael CONNICK	13	Deben	1:05.36	422	31.53
35.	James CROSSFIELD	13	Deben	1:05.41	421	31.31
36.	Spyridon MANTIS	13	Newmarket	1:05.59	417	31.47
37.	Colin MOGHINA	13	Thurrock	1:05.83	412	31.30
38.	Harry SHARPE	13	West Norfolk	1:05.92	411	32.12
39.	Christopher WILLIAMSON	13	Co Cambridge	1:06.27	404	32.13
40.	Elliot GLADWELL	13	Hadleigh	1:06.73	395	31.41
41.	Joseph MCGILLIVRAY	13	Lstof & OB	1:06.87	392	31.45
42.	Henry JONES	13	Modernian	1:06.93	391	32.28
43.	Ryan ROBERTS	13	Putteridge	1:06.97	390	32.43



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44. Jack SAUNDERS	13	Newmarket	1:07.03	389	32.19
45. James CLAY	13	Stowmarket	1:07.08	388	33.09
46. James BELL	13	Norwich Swan	1:08.83	357	32.51
47. Daniel MILLER	13	Linslade	1:10.53	328	32.71

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sam TOWNSEND	14	C Beds SS	56.11	661	26.87
2.	Harrison RIDER	14	Basildon Ph	57.05	631	28.17
3.	Chester LEEMING	14	St Felix Sch	58.04	602	28.00
4.	Alessandro RIODA	14	Harlow Pen	58.31	594	28.01
5.	Naythan AUNG	14	Colchester	58.52	588	29.34
6.	Joab CARR	14	St Felix Sch	58.79	580	28.54
7.	Damon ELLIOTT	14	DunmowAtlant	58.85	578	28.29
8.	Ryan DAVIS	14	Basildon Ph	59.10	571	29.06
9.	Alexander LOWRY	14	Co Norwich	59.44	562	27.77
10.	Connor WALKER	14	Co Peterboro	59.46	562	28.47
11.	Robert ADDIS	14	West Norfolk	59.61	558	28.91
12.	Fabian BRUDNICKI	14	Co Peterboro	59.63	557	28.53
13.	Jj WILDE	14	Putteridge	59.64	557	28.31
14.	Ethan PEIRCE	14	Harlow Pen	59.76	553	28.73
15.	Akshay PISSAY	14	Co Norwich	59.98	548	29.35
16.	Thomas PAGE	14	West Suffolk	1:00.17	543	28.99
17.	Ethan GELL	14	Linslade	1:00.35	538	29.37
18.	Syd ROBERTS	14	Colchester	1:00.81	526	28.86
19.	Ethan LEGSON	14	Modernian	1:00.97	522	28.98
20.	Matthew DEBENHAM	14	teamipswich	1:01.09	519	29.08
21.	Thomas HANLEY	14	March	1:01.50	509	29.81
22.	Max MCAULIFFE	14	Harlow Pen	1:01.52	508	28.12
23.	Xavier KIRCHIN	14	C Beds SS	1:01.73	503	29.26
24.	Cameron BEAVIS	14	Newmarket	1:02.13	493	29.41
25.	Tom BALL	14	West Norfolk	1:02.16	493	30.03
26.	Tyler WATSON	14	C Beds SS	1:02.17	492	30.28
27.	Daniel MONK	14	Harlow Pen	1:02.30	489	29.87
28.	William PARSONS	14	Deben	1:02.75	479	29.99
29.	Jack SKERRY	14	Chelmsford	1:03.12	470	28.79
30.	Euan HIGGS	14	Chelmsford	1:03.46	463	30.08
31.	Jack PALLANT	14	Lstof & OB	1:05.58	417	31.35



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EVENT 524 Womens 50m Freestyle

Regional Junior Record - 26.48

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Matilda BOGLE	12	teamipswich	28.84	643
2.	Karys-Rose BUNN	12	teamipswich	29.59	599
3.	Ruby WHEELER	12	Basildon Ph	29.68	594
4.	Rosalind SAISE	11	teamipswich	29.82	586
5.	Francesca BABER	12	Flitwick	29.84	585
6.	Clara WATSON-FLOWERS	12	St Felix Sch	29.96	578
7.	Emily HOLDEN	12	Leighton Buz	30.11	570
8.	Kirsty FUGE	12	Hatfield	30.18	566
9.	Isabella YEABSLEY	12	Hatfield	30.25	563
10.	Daniella NJAWAYA	12	Team Luton	30.28	561
11.	Salma TERKEMANI	12	Modernian	30.34	558
12.	Skye BUNYARD	12	Linslade	30.39	555
13.	Sophie CLERKIN	12	Braintree	30.43	553
14.	Olivia NEWMAN-BARONIUS	12	Putteridge	30.48	550
15.	Macy DEXTER	12	Co Cambridge	30.55	547
16.	Ruby BLAKELEY	11	Co Peterboro	30.79	534
17.	Elena BELLO	12	Co Cambridge	30.83	532
18.	Romilly MARKS	12	Newmarket	30.91	528
19.	Kaia PHILLIPS	12	Bishop Stort	30.95	526
20.	Arabella WARD	12	Modernian	30.97	525
21.	Lily ULYATT	12	Chelmsford	30.98	525
22.	Skye CARTER	11	Basildon Ph	31.03	522
23.	Jasmine VERLANDER	12	Thurrock	31.13	517
24.	Faith BANTHORPE	12	Norwich Swan	31.19	514
25.	Katy LANE	12	Co St Albans	31.28	510
26.	Olivia CHURCH	12	Basildon Ph	31.29	509
27.	Dana WARD	12	Bo Southend	31.31	509
28.	Grace GREENHALF	11	Co Norwich	31.35	507
29.	Eloise ALBINS	12	Felixstowe	31.39	505
30.	Priya DHILLON	12	Thurrock	31.46	501
31.	Isabel MURTAGH	12	Hatfield	31.54	498
32.	Ella STONE	12	Biggleswade	31.61	494
33.	Sophia PICKERING	11	Co Norwich	31.66	492
33.	Elijah BRITTON	12	St Felix Sch	31.66	492
35.	Isabelle BARBER	12	Stowmarket	31.88	482
36.	Holly MORGAN	12	Bor of Brox	32.05	474
37.	Lyla HOWARD	11	Team Luton	32.14	470
38.	Ellie Mae BURWOOD	12	Lstoff & OB	32.16	469
39.	Keziah CORNISH	12	Colchester	32.28	464
40.	Alexa MANN	12	Basildon Ph	32.52	453
41.	Molly COBBOLD	12	Bor of Brox	32.54	452

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Erin LITTLE	13	Chelmsford	28.14	688
2.	Ruby DAGLESS	13	Dereham	28.55	661
3.	Teni OGUNLESI	13	Thurrock	29.16	624
4.	Lily MACDONALD	13	Co Norwich	29.18	623
5.	Ciara TAYLOR	13	St Ives	29.27	618
6.	Michaela TAIWO	13	St Felix Sch	29.32	615
7.	Ruby GREENHALF	13	Co Norwich	29.45	607
8.	Sophie LANDER	13	Stowmarket	29.61	598
9.	Jessica SHAW	13	Co Peterboro	29.90	582
9.	Ella NIJKAMP	13	Berkhamsted	29.90	582
9.	Daisy MOXHAM	13	Co Cambridge	29.90	582
12.	Anita TIEN	13	Clacton SC	29.93	580
13.	Erin WILKINSON	13	Southend	29.99	577
14.	Phoebe WHITE	13	Harlow Pen	30.00	576
14.	Lucy YOUNG	13	Modernian	30.00	576
16.	Charlotte GILL	13	Brentwood	30.10	571
17.	Hannah COLLETT	13	Basildon Ph	30.11	570
18.	Francesca LOW	13	Chelmsford	30.15	568
18.	Louise DONAGHY	13	Modernian	30.15	568
20.	Evelyn DIXON-MINTER	13	teamipswich	30.25	563
21.	Holly LAMB	13	Southend	30.31	559
22.	Abigail GOTTS	13	Norfolk Vikg	30.38	556
23.	Maeve POOLEY	13	Newmarket	30.41	554
24.	Lily ASHWELL	13	Norwich Swan	30.42	553
25.	Darcy COBURN	13	Chelmsford	30.50	549
26.	Isla WINSLOW	13	Co Norwich	30.53	548
27.	Sophie JENKINSON	13	Basildon Ph	30.54	547
28.	Helena HALL	13	Deben	30.67	540
29.	Emilia DUNWOODIE	13	Co St Albans	30.72	538
30.	Ciara MCAULEY	13	Saffron Wald	30.74	537
31.	Lucy COIA-BELL	13	Co St Albans	30.82	533
32.	Gemma NOTTAGE	13	Watford SC	31.06	521



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33. Eloise SMART	13	Colchester	31.17	515
34. Bethan ENDICOTT	13	St Ives	31.26	511
35. Aysha KAMARA	13	Co Norwich	31.52	498

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Sophie FREEMAN	14	Colchester	27.43	736
2.	Millie FIELDS	14	Bishop Stort	28.06	693
3.	May BRADBURN	14	Chelmsford	28.26	680
4.	Ellie HOLLISS	14	Co St Albans	28.31	677
5.	Lucy HUDSON	14	West Suffolk	28.51	664
6.	Emma PARKER	14	St Felix Sch	28.54	662
7.	Grace WALLER	14	Basildon Ph	28.56	661
8.	Natalie SANFORD	14	St Felix Sch	28.97	635
8.	Kiara KOVACS	14	Co Peterboro	28.97	635
10.	Lucy MORGAN	14	Colchester	29.02	632
11.	Olivia LEE	14	Co Peterboro	29.05	631
12.	Cerys WILLIAMS	14	West Suffolk	29.06	630
13.	Carys BREALEY	14	Harlow Pen	29.12	626
14.	Maddie LEES	14	DunmowAtlant	29.16	624
15.	Harriet SALISBURY	14	Co Peterboro	29.19	622
16.	Imogen BLOCK	14	St Felix Sch	29.25	619
17.	Isabelle GODFREY	14	Co St Albans	29.34	613
18.	Bethan FUGE	14	Hatfield	29.39	610
19.	Erin CROUCH	14	teamipswich	29.48	605
20.	Brooke JENKINS	14	Southend	29.54	602
21.	Rachel ANDREWS	14	C Beds SS	29.61	598
22.	Georgina MUNDAY	14	Modernian	29.67	594
23.	Millie DUDLEY	14	Dunstable	29.69	593
24.	Charlotte ABRAMSON	14	Co Norwich	29.75	590
25.	Chloe BUTLER	14	F S Godmanc	29.80	587
26.	Polly FISH	14	Co Cambridge	29.86	584
27.	Nancy NEAVE	14	Braintree	29.91	581
28.	Tess WESLEY	14	Newmarket	29.94	579
29.	Julianna MERCADO	14	Norwich Swan	29.95	579
29.	Holly GRAVES	14	Co Peterboro	29.95	579
31.	Georgia SPENCER	14	St Ives	29.98	577
32.	Catherine RYAN	14	Bor of Brox	29.99	577
33.	Jessica KEOGH	14	Hatfield	30.03	574
34.	Olivia ALDRED	14	Lstoff & OB	30.10	571
35.	Ciara WOOKEY	14	Colchester	30.24	563
36.	Ruby COLLINS	14	Dunstable	30.30	560
37.	Georgie PARK	14	Epping For't	30.34	558
38.	Emily HASLAM	14	Norfolk Vikg	30.43	553

EVENT 524 Womens 50m Freestyle - Swim-Off

Regional Junior Record - 26.48

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Natalie SANFORD	14	St Felix Sch	28.49	665
2.	Kiara KOVACS	14	Co Peterboro	28.56	661



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EVENT 525 Mens 200m Backstroke

Regional Junior Record - 2:05.90

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Nikita CHARYKIN	12	Thurrock	2:33.99	461	36.00	1:15.29	1:55.56
2.	Jack JUGGINS	12	Team Luton	2:40.55	404	37.95	1:19.37	2:01.38
3.	Robbie CRUICKSHANKS	12	teamipswich	2:40.74	403	37.26	1:18.13	2:00.43
4.	Isaac CLARE	12	teamipswich	2:45.54	366	39.10	1:21.52	2:04.64
5.	Lazar NEMETH	12	St Felix Sch	2:45.71	365	39.47	1:22.58	2:05.10
6.	Max ARNOLD	12	Harlow Pen	2:45.98	363	39.45	1:21.09	2:04.93
7.	Max HILL	12	Stevenage	2:47.28	353	39.56	1:22.24	-
8.	Ryan WALL	11	Royston	2:47.37	353	40.04	1:23.65	2:06.89
9.	Ben MINISTER	12	Thurrock	2:48.32	346	38.90	1:21.65	2:05.30
10.	Matthew BAKER	12	West Suffolk	2:49.64	337	40.97	1:25.21	2:08.96
11.	Oscar COLE	12	St Felix Sch	2:52.98	315	41.12	1:25.88	2:09.82
	William ELLARD	12	St Felix Sch	DQ 8				
	Daniel CLAYTON	12	teamipswich	DQ 8				

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Aidan PILCHER	13	teamipswich	2:28.74	512	36.30	1:15.00	1:52.26
2.	Samuel PYEFINCH	13	Tring	2:30.31	496	35.75	1:14.68	1:53.78
3.	Jude HILLS	13	Bo Southend	2:30.96	490	34.95	1:14.29	1:53.54
4.	Jenson HURRELL	13	Thurrock	2:32.03	479	35.05	1:14.03	1:53.97
5.	Charlie SUMMER	13	Dereham	2:33.20	468	37.21	1:16.99	1:56.52
6.	Michael CONNICK	13	Deben	2:33.27	468	36.36	1:15.94	1:55.61
7.	Jack HILL	13	Linslade	2:33.57	465	35.16	1:14.50	1:54.68
8.	Kieran BIRKETT	13	Co St Albans	2:34.62	455	-	1:15.78	1:55.55
9.	Joseph KENNY	13	Leiston	2:35.25	450	37.65	1:17.81	1:58.69
10.	Matthew MONIE	13	Co Cambridge	2:35.88	444	35.94	1:15.81	1:56.76
11.	Luke OULDS	13	Basildon Ph	2:36.14	442	36.84	1:16.72	1:57.40
12.	Luke FLYNN	13	Watford SC	2:36.38	440	36.82	1:17.70	1:58.20
13.	Billy KNIBB	13	Linslade	2:36.50	438	37.02	1:16.80	1:57.48
14.	Ethan BASKERVILLE	13	Hatfield	2:36.54	438	36.41	1:17.08	1:58.44
15.	Joseph BAVEY	13	Newmarket	2:37.05	434	36.22	1:15.95	1:56.67
16.	James ROWLEY	13	Sudbury	2:37.06	434	35.08	1:15.18	1:57.27
17.	Marin DE VILLARD	13	St Felix Sch	2:37.54	429	36.73	1:17.12	1:58.51
18.	Joseph MCGILLIVRAY	13	Lstof & OB	2:38.14	424	35.81	1:16.50	1:57.68
19.	Harvey ISLE	13	West Norfolk	2:38.40	422	37.44	1:17.77	1:59.52
20.	James PARSONS	13	Deben	2:38.49	421	37.10	1:17.10	1:58.79
21.	Oliver CARPENTER	13	Co St Albans	2:38.66	420	38.60	1:20.87	2:02.13
22.	Matthew BROWN	13	Stowmarket	2:40.96	401	38.82	1:21.04	2:03.32
23.	Bartholomew TOZER	13	West Suffolk	2:41.33	398	37.22	1:18.86	2:00.42
24.	Daniel HIMSWORTH	13	Colchester	2:42.20	391	39.81	1:22.84	2:04.79
25.	Patrick WINNINGTON	13	DunmowAtlant	2:45.99	363	39.57	1:22.28	2:04.82
26.	Harley ALLAN	13	Modernian	2:46.33	360	37.85	1:20.61	2:04.07
27.	Mitchell TAMPLIN	13	Norwich Swan	2:46.78	357	39.12	1:22.16	2:05.70
	Joshua SPENCER	13	Co Peterboro	DQ 8				

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Thomas OGDEN	14	Bishop Stort	2:16.37	656	32.07	1:06.81	1:42.02
2.	Chester LEEMING	14	St Felix Sch	2:18.24	632	32.30	1:07.14	1:43.11
3.	Ketan RACH	14	Watford SC	2:21.06	597	32.18	1:07.58	1:44.81
4.	Jack SKERRY	14	Chelmsford	2:24.65	556	33.80	1:10.28	1:47.96
5.	Matthew HARVEY	14	Basildon Ph	2:24.86	553	33.89	1:10.20	1:48.58
6.	William PARSONS	14	Deben	2:25.96	541	32.97	1:10.31	1:48.38
7.	Syd ROBERTS	14	Colchester	2:27.50	525	34.51	1:11.80	1:50.27
8.	Fabian BRUDNICKI	14	Co Peterboro	2:27.66	523	35.26	1:13.04	1:51.37
9.	Rhys DAVIDSON	14	Team Luton	2:27.71	523	33.85	1:10.42	1:49.21
10.	Naythan AUNG	14	Colchester	2:29.18	508	34.20	1:11.63	1:50.64
11.	Tom MALIA	14	Team Luton	2:29.39	505	34.36	1:12.43	1:51.69
12.	Ethan GELL	14	Linslade	2:29.60	503	34.82	1:12.74	1:51.80
13.	Oscar BRICE	14	Co St Albans	2:29.61	503	34.17	1:12.01	1:50.94
14.	Connor WALKER	14	Co Peterboro	2:30.48	495	36.71	1:15.22	1:53.40
15.	Thomas SAMUELS	14	Chelmsford	2:30.60	493	35.31	1:13.26	1:53.81
16.	Tyler JACKSON	14	Harlow Pen	2:31.21	487	35.20	1:13.45	1:53.38
17.	Henry DUNCAN	14	Co Cambridge	2:31.35	486	34.85	1:14.07	1:53.47
18.	Luke BARTON	14	Co Norwich	2:31.54	484	35.46	1:13.94	1:52.94
19.	Samuel RENNIE	14	Braintree	2:32.64	474	36.26	1:15.55	1:54.71
20.	Joab CARR	14	St Felix Sch	2:34.17	459	35.96	1:14.80	1:54.98
21.	Tobias OGLESBY	14	West Norfolk	2:34.29	458	36.81	1:16.81	1:57.07
22.	Nicholas WOODFORD	14	Co Cambridge	2:34.64	455	36.20	1:16.43	1:56.50
23.	Xavier BAKER-WOODS	14	teamipswich	2:36.28	440	36.92	1:16.64	1:57.04
24.	Samuel SMITH	14	Wisbech	2:36.51	438	36.62	1:16.24	1:57.50
25.	Jacob COWIN	14	March	2:36.62	437	36.23	1:15.97	1:57.20
26.	Arvin Joaquin RODRIGUE	14	Watford SC	2:39.22	415	35.35	1:16.98	1:59.83



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EVENT 526 Womens 400m IM

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts				
1.	Ruby WHEELER	12	Basildon Ph	5:24.31	648				
	50m -	100m 1:12.04	150m 1:55.39	200m 2:37.18	250m -	300m 4:11.21	350m 4:48.58	400m 5:24.31	
2.	Matilda RANSOME	12	Co Cambridge	5:32.25	606				
	50m 34.88	100m 1:13.56	150m 1:57.61	200m 2:39.54	250m 3:27.45	300m 4:15.64	350m 4:54.87	400m 5:32.25	
3.	Macy DEXTER	12	Co Cambridge	5:48.32	529				
	50m 38.37	100m 1:23.55	150m 2:09.87	200m 2:53.95	250m 3:43.45	300m 4:31.08	350m 5:10.88	400m 5:48.32	
4.	Elise DELAPPERALL	12	Thurrock	5:48.87	527				
	50m 38.72	100m 1:20.63	150m 2:04.95	200m 2:48.45	250m 3:41.61	300m 4:33.33	350m 5:11.96	400m 5:48.87	
5.	Romilly MARKS	12	Newmarket	5:49.05	526				
	50m -	100m 1:22.80	150m 2:08.44	200m 2:52.66	250m 3:46.23	300m 4:37.32	350m 5:15.08	400m 5:49.05	
6.	Olivia NEWMAN-BARONIUS	12	Putteridge	5:50.69	519				
	50m 35.74	100m 1:18.54	150m 2:05.26	200m 2:49.10	250m 3:40.73	300m 4:30.95	350m 5:13.51	400m 5:50.69	
7.	Clara WATSON-FLOWERS	12	St Felix Sch	5:52.38	511				
	50m 35.40	100m 1:18.69	150m 2:04.25	200m 2:48.74	250m 3:40.77	300m 4:32.93	350m 5:13.72	400m 5:52.38	
8.	Sophie CONROY	11	Thurrock	5:55.60	498				
	50m 36.46	100m 1:18.83	150m 2:04.39	200m 2:50.13	250m 3:41.85	300m 4:33.71	350m 5:15.10	400m 5:55.60	
9.	Holly MORGAN	12	Bor of Brox	6:08.14	448				
	50m 36.85	100m 1:21.25	150m 2:09.04	200m 2:55.53	250m -	300m 4:43.90	350m 5:27.92	400m 6:08.14	

13 Yrs Age Group - Full Results

1.	Ruby DAGLESS	13	Dereham	5:22.91	656				
	50m 33.46	100m 1:11.07	150m 1:54.11	200m 2:37.27	250m 3:22.95	300m 4:09.43	350m 4:46.97	400m 5:22.91	
2.	Holly LAMB	13	Southend	5:23.21	654				
	50m 33.83	100m 1:12.92	150m 1:55.98	200m 2:37.48	250m 3:25.48	300m 4:11.62	350m 4:48.01	400m 5:23.21	
3.	Charlotte WHITE	13	West Suffolk	5:26.30	637				
	50m 34.71	100m 1:13.59	150m 1:59.28	200m 2:42.66	250m -	300m 4:12.27	350m 4:50.34	400m 5:26.30	
4.	Charlotte NORMAN	13	Colchester	5:26.33	637				
	50m 34.77	100m 1:14.83	150m 1:54.98	200m 2:35.45	250m 3:23.97	300m 4:12.01	350m 4:49.49	400m 5:26.33	
5.	Valeria GIRON	13	Hatfield	5:31.21	611				
	50m 32.99	100m 1:11.10	150m 1:54.41	200m 2:36.35	250m 3:24.97	300m 4:14.95	350m 4:53.95	400m 5:31.21	
6.	Georgia PRITCHARD	13	Hatfield	5:33.50	600				
	50m 36.05	100m 1:15.53	150m 2:02.00	200m 2:44.59	250m 3:30.66	300m 4:14.80	350m 4:55.93	400m 5:33.50	
7.	Jessica SHAW	13	Co Peterboro	5:34.81	593				
	50m 34.92	100m 1:13.94	150m 1:57.14	200m 2:39.34	250m 3:29.18	300m 4:18.89	350m 4:57.96	400m 5:34.81	
8.	Kiera BLUNDEN	13	Chelmsford	5:35.17	591				
	50m 35.11	100m 1:16.48	150m 1:59.25	200m 2:39.85	250m 3:31.63	300m 4:20.65	350m 4:59.36	400m 5:35.17	
9.	Leah WIGHTMAN	13	West Norfolk	5:38.35	576				
	50m 35.91	100m 1:18.61	150m 2:01.67	200m 2:43.32	250m 3:33.70	300m 4:21.91	350m 5:00.95	400m 5:38.35	
10.	Erica CHARTERS	13	West Norfolk	5:39.48	570				
	50m 36.05	100m 1:14.95	150m 1:59.49	200m 2:42.53	250m 3:31.82	300m 4:21.83	350m 5:01.56	400m 5:39.48	
11.	Ruby GREENHALF	13	Co Norwich	5:39.99	568				
	50m -	100m 1:18.96	150m -	200m 2:47.58	250m -	300m 4:23.82	350m 5:02.70	400m 5:39.99	
12.	Amy PAGET	13	Co Peterboro	5:40.99	563				
	50m 37.10	100m 1:18.99	150m 2:02.87	200m 2:46.65	250m 3:36.06	300m 4:26.08	350m 5:03.58	400m 5:40.99	
13.	Anastasia WILKINSON	13	Hatfield	5:42.36	557				
	50m 36.90	100m 1:18.77	150m 2:03.88	200m 2:46.79	250m 3:35.05	300m 4:23.79	350m 5:03.53	400m 5:42.36	
14.	Bryony EDGINGS	13	Thurrock	5:45.18	543				
	50m 35.37	100m 1:16.46	150m 2:03.04	200m 2:47.45	250m 3:39.55	300m 4:29.25	350m 5:08.95	400m 5:45.18	
15.	Erin WILKINSON	13	Southend	5:45.80	541				
	50m -	100m 1:19.38	150m 2:03.27	200m 2:46.63	250m -	300m 4:29.98	350m 5:09.12	400m 5:45.80	
16.	Jessica MAHONEY	13	Co Peterboro	5:47.40	533				
	50m 37.34	100m 1:21.89	150m 2:06.33	200m 2:50.43	250m 3:39.50	300m 4:28.49	350m 5:08.43	400m 5:47.40	
17.	Molly GRIEVE	13	Colchester	5:48.72	527				
	50m 35.70	100m 1:18.24	150m 2:03.19	200m -	250m 3:36.75	300m 4:26.86	350m 5:09.05	400m 5:48.72	



East Swimming
2018 Long Course Championships
Weekend Two - Luton
26th, 27th, & 28th May 2018
(Licensed Meet No. 1ER180214)



14 Yrs Age Group - Full Results

1.	Sophie FREEMAN	14 Colchester	5:12.96	713					
	50m 31.67	100m 1:08.14	150m 1:47.83	200m 2:26.39	250m 3:16.48	300m 4:05.19	350m -	400m 5:12.96	
2.	Harriet SALISBURY	14 Co Peterboro	5:19.90	673					
	50m 33.72	100m 1:11.82	150m 1:53.20	200m 2:34.60	250m 3:22.26	300m 4:10.33	350m 4:45.85	400m 5:19.90	
3.	May BRADBURN	14 Chelmsford	5:21.42	664					
	50m 33.58	100m 1:09.98	150m 1:54.17	200m 2:35.51	250m 3:23.84	300m 4:10.64	350m 4:46.95	400m 5:21.42	
4.	Ella MCGHIE	14 Co Peterboro	5:23.54	652					
	50m 35.63	100m 1:15.77	150m 1:56.81	200m 2:36.45	250m 3:24.54	300m 4:10.61	350m 4:47.59	400m 5:23.54	
5.	Olivia LEE	14 Co Peterboro	5:26.78	635					
	50m -	100m 1:16.49	150m 1:58.95	200m 2:39.81	250m 3:28.18	300m 4:15.07	350m 4:51.72	400m 5:26.78	
6.	Brenna HOWELL	14 Co Peterboro	5:31.20	612					
	50m 32.85	100m 1:12.15	150m 1:53.88	200m 2:35.60	250m 3:25.21	300m 4:15.07	350m 4:53.22	400m 5:31.20	
7.	Charlotte TREE	14 Colchester	5:32.13	607					
	50m 36.36	100m 1:17.68	150m 2:00.34	200m 2:42.07	250m 3:29.98	300m 4:18.38	350m 4:55.76	400m 5:32.13	
8.	Astrid HUBBARD	14 West Norfolk	5:37.11	582					
	50m 35.18	100m 1:16.58	150m 1:58.48	200m 2:38.40	250m -	300m 4:18.57	350m 4:59.39	400m 5:37.11	
9.	Cerys WILLIAMS	14 West Suffolk	5:37.34	581					
	50m 34.86	100m 1:13.49	150m 1:58.30	200m 2:41.46	250m 3:32.01	300m 4:20.84	350m 4:59.49	400m 5:37.34	
10.	Ciara WOOKEY	14 Colchester	5:38.74	574					
	50m 34.72	100m 1:14.15	150m 1:59.10	200m 2:42.32	250m 3:30.43	300m 4:19.19	350m 4:58.43	400m 5:38.74	
11.	Ella HOUSTON	14 Deben	5:39.33	571					
	50m 35.66	100m 1:17.64	150m 1:59.72	200m 2:41.07	250m 3:32.43	300m 4:23.89	350m 5:02.21	400m 5:39.33	
12.	Marni SILLITOE	14 West Suffolk	5:40.08	567					
	50m 34.87	100m 1:14.33	150m 1:59.53	200m 2:42.77	250m 3:32.31	300m 4:21.58	350m 5:01.42	400m 5:40.08	
13.	Lucy MORGAN	14 Colchester	5:53.36	507					
	50m 38.07	100m 1:21.59	150m 2:07.16	200m 2:48.84	250m 3:42.48	300m 4:34.01	350m 5:15.34	400m 5:53.36	
	Brooke JENKINS	14 Southend	DQ 10						