



Swim England East Region 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Eight

Event 321 Womens Open 200m IM

H 1	L 2 Iona TRAINER	15	Co Ely	2:33.77
	L 3 Chloe BERKO-BOATENG	15	Hatfield	2:33.06
	L 4 Lily BEMMER	15	Deben	2:32.40
	L 5 Chiara ROGERS	15	Team Luton	2:32.50
	L 6 Imogen BLOOMFIELD	15	Co Cambridge	2:33.54
	L 7 Orla KEAVENEY	15	Modernian	2:34.00
H 2	L 1 Ellie RUNNALLS	16	DunmowAtlant	2:31.30
	L 2 Sophie PAYNE	16	Hatfield	2:30.98
	L 3 Libby DUNFORD	15	Bor of Brox	2:30.42
	L 4 Emily JONES	16	Modernian	2:30.20
	L 5 Grace KING	15	teamipswich	2:30.34
	L 6 Gracie KAY	15	Co Cambridge	2:30.58
	L 7 Amber HEAD	16	Rochford	2:31.07
	L 8 Charlotte HUDSON	15	West Suffolk	2:32.38
H 3	L 1 Elinor DULEY	18	Colchester	2:29.80
	L 2 Sonia TUMIOTTO	17	St Felix Sch	2:27.65
	L 3 Erin O'MEARA	15	Watford SC	2:25.87
	L 4 Laura COPPING	18	Hatfield	2:19.37
	L 5 Celyn WALMSLEY	17	Team Luton	2:23.57
	L 6 Caitlin DAY	17	Basildon Ph	2:26.84
	L 7 Ella HALE	15	West Suffolk	2:28.30
	L 8 Nellie EASTLAND	16	Bishop Stort	2:29.95
H 4	L 1 Ellie MATTHEWS	15	Putteridge	2:29.05
	L 2 Asma PARKER	15	Colchester	2:27.43
	L 3 Alison BINNS	22	Bushey	2:25.86
	L 4 Ellie WHEELER	16	Basildon Ph	2:18.72
	L 5 India WESTON	16	Norfolk Vikg	2:22.30
	L 6 Lucie PECK	15	West Norfolk	2:25.96
	L 7 Sophie TAYLOR	17	St Felix Sch	2:27.90
	L 8 Niamh PERRY	16	West Suffolk	2:29.91
H 5	L 1 Almudena VISSER VELEZ	16	Co Cambridge	2:28.83
	L 2 Zara KEEGAN	16	Co Cambridge	2:27.08
	L 3 Olivia NORMAN	16	Colchester	2:24.22
	L 4 Amelia MONAGHAN	16	Co Peterboro	2:18.50
	L 5 Sara KALAWSKA	15	Hatfield	2:22.19
	L 6 Macy LAWRENCE	16	Basildon Ph	2:25.90
	L 7 Tia GARDINER	16	Chelmsford	2:27.90
	L 8 Roxanne UYS	19	West Norfolk	2:29.80

Event 322 Mens Open 200m IM

H 1	L 2 Louis HINES	21	SM14 Watford SC	2:41.67
	L 3 Morgan FOSTER	15	Braintree	2:25.65
	L 4 Joshua THURSTON-WOOLNO	15	Beccles Town	2:25.30
	L 5 Samuel COSTIN	15	Basildon Ph	2:25.40
	L 6 Samuel BULLINGHAM	15	West Suffolk	2:25.75
	L 7 Owen WOODROW	17	SM8 Co Norwich	3:24.69
H 2	L 1 Henry NEWELL	15	Newmarket	2:25.05
	L 2 Joshua BRIDGELAND	15	Hatfield	2:24.55
	L 3 Henry KING	15	West Suffolk	2:23.11
	L 4 Lewis SHAYLER	15	Watford SC	2:22.67
	L 5 William ROBINS	15	C Beds SS	2:22.91
	L 6 Owen VAUGHAN	15	Chelmsford	2:23.24
	L 7 Teal'K SMITH	15	Beccles Town	2:24.69
	L 8 Harvey HALL	15	Deben	2:25.10
H 3	L 1 Mattias MORSE	15	Hemel Hemp	2:21.26
	L 2 Freddie LAWS	15	West Norfolk	2:21.00
	L 3 Samuel ROSE	15	West Norfolk	2:19.80
	L 4 Harvey SKELLERN	16	Co Cambridge	2:19.26
	L 5 Nicholas BOTHA	16	Bishop Stort	2:19.68
	L 6 Jack TURRELL	15	Basildon Ph	2:20.75
	L 7 William HANDLEY	16	Stowmarket	2:21.24
	L 8 Sebastian VANDERMEER	15	Co Cambridge	2:22.55
H 4	L 1 Ciaran RICHES	15	West Suffolk	2:17.85
	L 2 James MCFARLAND	17	C Beds SS	2:16.39
	L 3 Finn JEFFERY	15	St Felix Sch	2:15.66
	L 4 Maxim DE WILDT	17	Co Cambridge	2:15.52
	L 5 Charles WHYTE	17	West Suffolk	2:15.60
	L 6 William LOVEMAN	18	Co St Albans	2:15.78
	L 7 Yannik WILSON	16	Harpenden	2:17.76
	L 8 William PESTELL	15	teamipswich	2:18.30

H 5	L 1 Michael JUDD	20	Dunstable	2:14.60
	L 2 Charles RAYNER	17	Hatfield	2:13.02
	L 3 Lewis BINNING	15	Basildon Ph	2:12.00
	L 4 Myles TURNER	18	West Suffolk	2:09.50
	L 5 Spencer PRIOR	19	teamipswich	2:11.27
	L 6 Herbie KINDER	16	Co Peterboro	2:12.20
	L 7 Ayotobi LAGUDA	16	Hatfield	2:13.60
	L 8 Henry PEARCE	16	Co Peterboro	2:15.10
H 6	L 1 James CHENNELLS	17	Berkhamsted	2:14.49
	L 2 Finlay RYAN	19	West Norfolk	2:12.61
	L 3 Luke BRYAN	18	West Norfolk	2:11.94
	L 4 James WOODWARD	18	Hatfield	2:08.20
	L 5 Thomas WIGGINS	19	Co Peterboro	2:09.70
	L 6 Liam BRENNAN	16	Basildon Ph	2:12.11
	L 7 Sam PERKINS	16	teamipswich	2:13.40
	L 8 Myles ROBINSON-YOUNG	16	Co Peterboro	2:14.80
H 7	L 1 Louis SPONG	19	DunmowAtlant	2:13.90
	L 2 Ryan KELLY	19	Chelmsford	2:12.47
	L 3 Nathan WOODROW	15	Co Norwich	2:11.30
	L 4 Matthew COURTIS	23	Co Cambridge	2:07.15
	L 5 Samuel PECK	18	West Norfolk	2:09.64
	L 6 Gabriel CANGE	20	Co Cambridge	2:12.10
	L 7 Taylor BOWEN	17	West Suffolk	2:13.32
	L 8 Jack SANGSTER	17	Modernian	2:14.74

Event 323 Womens Open 100m Backstroke

H 1	L 3 Florie GEURTS	15	Co St Albans	1:10.47
	L 4 Rhearna MASON	15	C Beds SS	1:10.02
	L 5 Isabelle SOULSBY	15	Berkhamsted	1:10.37
H 2	L 2 Rachael JOHNSON	16	West Norfolk	1:09.73
	L 3 Morgan ALLAN	15	Modernian	1:09.60
	L 4 Anya FLETCHER	16	Bishop Stort	1:09.37
	L 5 Radosl MILKOVA	15	Thurrock	1:09.46
	L 6 Isabelle ROSHER	15	teamipswich	1:09.61
	L 7 Libby MAGILL	15	Hatfield	1:09.96
H 3	L 1 Ella TOLLIDAY	16	St Felix Sch	1:09.28
	L 2 Francesca COLLINS	16	Chelmsford	1:09.18
	L 3 Emma HOWITT	16	Modernian	1:09.10
	L 4 Madeleine STARES	15	Watford SC	1:08.95
	L 5 Rebecca WEST	16	Thurrock	1:09.00
	L 6 Erin YEOMANSON	15	teamipswich	1:09.18
	L 7 Larissa DEAN	16	Harpenden	1:09.27
	L 8 Amber JORDAN	16	Colchester	1:09.30
H 4	L 1 Sophie TAYLOR	16	Co St Albans	1:08.79
	L 2 Amber HILL	16	Linslade	1:08.73
	L 3 Isabel HARBER	15	Verulam	1:08.69
	L 4 Almudena VISSER VELEZ	16	Co Cambridge	1:08.41
	L 5 Emily LUSH	16	Potters Bar	1:08.58
	L 6 Rebecca SEWELL	18	Hemel Hemp	1:08.72
	L 7 Hannah O'CONNOR	15	West Suffolk	1:08.74
	L 8 Agnes BURNS	17	Harpenden	1:08.79
H 5	L 1 Gemma BOOTH	16	Newmarket	1:08.21
	L 2 Roxanne UYS	19	West Norfolk	1:08.14
	L 3 Melissa ELEY	18	Chelmsford	1:07.61
	L 4 Scarlett MORINE	16	Chelmsford	1:07.33
	L 5 Asma PARKER	15	Colchester	1:07.43
	L 6 Celyn WALMSLEY	17	Team Luton	1:08.10
	L 7 Bronte O'DEA	15	Runnymede	1:08.20
	L 8 Bailey WILKES	17	Hatfield	1:08.26
H 6	L 1 Gracie KAY	15	Co Cambridge	1:06.46
	L 2 Claire BURRELL	17	Co St Albans	1:05.94
	L 3 Lauren STOTT	16	Hatfield	1:04.84
	L 4 Shannon STOTT	18	Hatfield	1:04.24
	L 5 Emma CRUICKSHANKS	15	teamipswich	1:04.68
	L 6 Niamh JAMES	17	Bishop Stort	1:05.35
	L 7 Grace WYLIE	17	Hatfield	1:06.30
	L 8 Emma SHOUBERT	16	C Beds SS	1:07.20
H 7	L 1 Abbie LOW	16	Chelmsford	1:06.40
	L 2 Megan PYE	16	Co Norwich	1:05.60
	L 3 Olivia NORMAN	16	Colchester	1:04.83
	L 4 Rachel WELLINGS	18	Co Peterboro	1:03.68
	L 5 Danielle RAYNER	22	March 1:04.58	
	L 6 Amie PHILPOT	16	teamipswich	1:05.19
	L 7 Lara-Grace MOUNT	16	West Norfolk	1:06.12
	L 8 Lily MERRETT	15	Bor of Brox	1:07.12



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Start Lists Session Eight

H 8	L 1	Eve WRIGHT	15	Co Peterboro	1:06.37
	L 2	Mia CARTER	16	Bishop Stort	1:05.40
	L 3	Meghan MAYBANKS	18	DunmowAtlant	1:04.70
	L 4	Martha DULEY	19	Colchester	1:02.17
	L 5	Emily LANE	22	Basildon Ph	1:04.39
	L 6	Amelia PEDDLE	18	Epping For't	1:04.90
	L 7	Emma LESLIE	17	Co Peterboro	1:06.10
	L 8	Eleanor KING	18	Team Luton	1:06.97

Event 324 Mens Open 100m Backstroke

H 1	L 1	Owen WOODROW	17	S8	Co Norwich	1:27.88
	L 2	Jack SCARFF	15		teampswich	1:07.31
	L 3	Morgan FOSTER	15		Braintree	1:07.00
	L 4	Nathaniel OLAYOMI	15		Watford SC	1:06.65
	L 5	Jack RICHARDSON	15		DunmowAtlant	1:06.90
	L 6	Jack CONROY	15		Thurrock	1:07.28
	L 7	Louis HINES	21	S14	Watford SC	1:13.80
H 2	L 1	Cole SHEPARD	15		Basildon Ph	1:06.60
	L 2	Michael FREEMAN	15		Chelmsford	1:06.26
	L 3	Sebastian VANDERMEER	15		Co Cambridge	1:06.10
	L 4	Devesh KAPOOR	15		Watford SC	1:05.84
	L 5	Alfie KING	15		Thetford	1:06.00
	L 6	Teal'K SMITH	15		Beccles Town	1:06.20
	L 7	Ciaran COOK	15		Co St Albans	1:06.26
	L 8	Matthew NEWSON	15		Co Peterboro	1:06.60
H 3	L 1	Henry NEWELL	15		Newmarket	1:05.18
	L 2	Owen VAUGHAN	15		Chelmsford	1:05.12
	L 3	Thomas BELCHER	15		Modernian	1:04.80
	L 4	Luke PESTAILLE	15		Hatfield	1:04.70
	L 5	Connor GILLINGHAM	15		West Suffolk	1:04.75
	L 6	Ethan SUTTON	16		Watford SC	1:05.00
	L 7	Samuel COSTIN	15		Basildon Ph	1:05.15
	L 8	Henry KING	15		West Suffolk	1:05.80
H 4	L 1	Charlie KING	15		Co St Albans	1:04.59
	L 2	Tom WARD	16		Chelmsford	1:04.30
	L 3	Myles ROBINSON-YOUNG	16		Co Peterboro	1:03.80
	L 4	Samrahn SANDHU	16		Harpenden	1:03.41
	L 5	Ciaran RICHES	15		West Suffolk	1:03.80
	L 6	Ben WOODHOUSE	15		Norwich Swan	1:04.16
	L 7	Zane BATT	15		Bor of Brox	1:04.31
	L 8	Thomas SAUVARY-HINES	16		Basildon Ph	1:04.70
H 5	L 1	Harrison LEES	17		Watford SC	1:02.35
	L 2	Jamie BRACKSTON	17		Hitchin	1:02.27
	L 3	Matthew TITMAN	17		Co Cambridge	1:02.08
	L 4	Herbie KINDER	16		Co Peterboro	1:01.70
	L 5	Jack BOWYER	16		West Suffolk	1:01.80
	L 6	Oliver KENNY	21		West Norfolk	1:02.19
	L 7	Bryce O'DEA	19		Runnymede	1:02.35
	L 8	Alexander CATTON	15		Bishop Stort	1:03.02
H 6	L 1	Charles WHYTE	17		West Suffolk	1:01.15
	L 2	Thomas BOYT	19		Felixstowe	1:00.21
	L 3	Joshua SMITH	17		DunmowAtlant	59.00
	L 4	Jonathon ADAM	16		Co Cambridge	57.30
	L 5	Matthew GRAY	18		Co Peterboro	58.90
	L 6	Myles TURNER	18		West Suffolk	59.89
	L 7	Jack SANGSTER	17		Modernian	1:00.86
	L 8	Luke CROFTS	18		Thurrock	1:01.68
H 7	L 1	Daniel MURTAGH	15		Hatfield	1:01.06
	L 2	Ryan KELLY	19		Chelmsford	1:00.00
	L 3	Daniel CHADA	17		Bishop Stort	59.00
	L 4	Harry CONSTANTINE	18		Hatfield	56.73
	L 5	Samuel PERKS	16		Basildon Ph	58.80
	L 6	Jordan CATCHPOLE	19	S14	Co Norwich	59.72
	L 7	Bayley FINBOW	18		teampswich	1:00.69
	L 8	Michael JUDD	20		Dunstable	1:01.40
H 8	L 1	Finn JEFFERY	15		St Felix Sch	1:00.94
	L 2	James COOPER	16		Basildon Ph	1:00.00
	L 3	Charlie BODEN	17		Braintree	59.00
	L 4	Jamie SCHOLES	18		Co Peterboro	56.40
	L 5	Thomas CLARE	17		teampswich	57.50
	L 6	Manfred BATTLE	16		Stowmarket	59.64
	L 7	Walter HACKETT	15		Dunstable	1:00.34
	L 8	Matthew ANDERSON	16		Deben	1:01.31

Event 325 Womens Open 200m Freestyle

H 1	L 3	Francesca PECCEI	15		Watford SC	2:15.46
	L 4	Mia YATES	15		Felixstowe	2:15.44
	L 5	Rhearna MASON	15		C Beds SS	2:15.45
H 2	L 1	Gracie KAY	15		Co Cambridge	2:15.08
	L 2	Eve WRIGHT	15		Co Peterboro	2:14.90
	L 3	Rebecca GIROLAMI	15		Colchester	2:14.27
	L 4	Orla KEAVENEY	15		Modernian	2:14.05
	L 5	Bianka MISIKOVA	15		Hatfield	2:14.20
	L 6	Gemma HANSON	15		Hatfield	2:14.68
	L 7	Sophie TAYLOR	15		DunmowAtlant	2:14.94
	L 8	Molly YOUNG	15		Colchester	2:15.31
H 3	L 1	Isabelle ROSHER	15		teampswich	2:13.70
	L 2	Almudena VISSER VELEZ	16		Co Cambridge	2:13.18
	L 3	Asma PARKER	15		Colchester	2:12.94
	L 4	Ellie RUNNALLS	16		DunmowAtlant	2:12.60
	L 5	Sarah CARROLL	16		Bishop Stort	2:12.80
	L 6	Ella HALE	15		West Suffolk	2:13.02
	L 7	Abbie BARNWELL	15		Team Luton	2:13.26
	L 8	Jessica HEESOM	15		Potters Bar	2:13.85
H 4	L 1	Rebecca WATT	16		DunmowAtlant	2:12.50
	L 2	Lucie PECK	15		West Norfolk	2:11.18
	L 3	Emma CRUICKSHANKS	15		teampswich	2:10.92
	L 4	Sophie QUACH	20		Hatfield	2:10.23
	L 5	Rianna SMITH	20		Basildon Ph	2:10.80
	L 6	Erin LEE	16		Basildon Ph	2:11.04
	L 7	Sacha THOMAS	15		Co Norwich	2:12.20
	L 8	Jessica WOODWARD	15		Hatfield	2:12.51
H 5	L 1	Sophie TAYLOR	17		St Felix Sch	2:09.83
	L 2	Charlotte WALKER	16		Co Norwich	2:08.20
	L 3	Tia WILSON	16		Modernian	2:07.10
	L 4	Millie EMMANS	19		Co Cambridge	2:03.80
	L 5	Abbie LOW	16		Chelmsford	2:05.10
	L 6	Sonia TUMIOTTO	17		St Felix Sch	2:07.90
	L 7	Martha DULEY	19		Colchester	2:09.30
	L 8	Billie GRANT	16		Hatfield	2:10.10
H 6	L 1	Amelia MONAGHAN	16		Co Peterboro	2:09.70
	L 2	Poppy RICHARDSON	17		Co Peterboro	2:08.10
	L 3	Shannon STOTT	18		Hatfield	2:05.60
	L 4	Jess-Jane APPLGATE	22	S14	Co Norwich	2:03.71
	L 5	Mackenzie WHYATT	16		Co Peterboro	2:05.00
	L 6	Chantal SMITH	18		Team Luton	2:07.50
	L 7	Rebecca HOWELL	15		Basildon Ph	2:09.20
	L 8	Sara KALAWSKA	15		Hatfield	2:10.10
H 7	L 1	Annabelle BURGESS	15		teampswich	2:09.55
	L 2	Katie HAMMOND	15		Co Cambridge	2:07.93
	L 3	Ellie WHEELER	16		Basildon Ph	2:05.50
	L 4	Rebecca SHERWIN	18		teampswich	2:01.70
	L 5	Mia LEECH	16		Co Peterboro	2:04.80
	L 6	Tia GARDINER	16		Chelmsford	2:07.10
	L 7	India WESTON	16		Norfolk Vikg	2:08.73
	L 8	Niamh PERRY	16		West Suffolk	2:09.90

Event 326 Mens Open 200m Freestyle

H 1	L 1	Louis HINES	21	S14	Watford SC	2:10.79
	L 2	Daniel WHITE	15		St Felix Sch	2:07.52
	L 3	Thomas BELCHER	15		Modernian	2:07.40
	L 4	Louis STEPHEN	15		Brentwood	2:06.70
	L 5	Samuel MILLER	15		Bo Southend	2:07.27
	L 6	Edward JEX	15		Co St Albans	2:07.43
	L 7	Cole SHEPARD	15		Basildon Ph	2:07.60
H 2	L 1	Edward MCFARLAND	15		C Beds SS	2:05.60
	L 2	Joshua BRIDGELAND	15		Hatfield	2:03.93
	L 3	Ewan STURGEON	16		Chelmsford	2:03.59
	L 4	Collins SALIBOKO	16		St Felix Sch	2:01.90
	L 5	Jack TURRELL	15		Basildon Ph	2:02.54
	L 6	Henry NEWELL	15		Newmarket	2:03.78
	L 7	Owen WEBSTER	15		St Felix Sch	2:05.05
	L 8	Daniel MARTIN	15		Co St Albans	2:06.55



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Start Lists Session Eight

H 3	L 1 Sebastian VANDERMEER	15	Co Cambridge	2:00.83	H 5	L 1 Chiara ROGERS	15	Team Luton	30.85
	L 2 Matthew ROTHWELL	16	Co Peterboro	2:00.20		L 2 Olivia SEAL	16	Hatfield	30.80
	L 3 Ben BLOWERS	16	Co Norwich	1:59.60		L 3 Grace KING	15	teamipswich	30.80
	L 4 Harvey SKELLERN	16	Co Cambridge	1:59.38		L 4 Ciara GILL-RYAN	16	Newmarket	30.67
	L 5 Henry CHOONG	21	Co Cambridge	1:59.50		L 5 Molly YOUNG	15	Colchester	30.70
	L 6 Nathan WOODROW	15	Co Norwich	1:59.60		L 6 Lara-Grace MOUNT	16	West Norfolk	30.80
	L 7 James SPEERS	15	Basildon Ph	2:00.80		L 7 Gemma BOOTH	16	Newmarket	30.82
	L 8 Yannik WILSON	16	Harpenden	2:01.86		L 8 Almudena VISSER VELEZ	16	Co Cambridge	30.89
H 4	L 1 Henry PEARCE	16	Co Peterboro	1:58.90	H 6	L 1 Ellie MATTHEWS	15	Putteridge	30.60
	L 2 Joseph WELLS	19	West Norfolk	1:58.72		L 2 Eleanor KING	18	Team Luton	30.60
	L 3 James COOPER	16	Basildon Ph	1:58.60		L 3 Mia LEECH	16	Co Peterboro	30.57
	L 4 Callum WOLLASTON	17	Bor of Brox	1:58.50		L 4 Rebecca WATT	16	DunmowAtlant	30.50
	L 5 Lewis MOORE	16	teamipswich	1:58.55		L 5 Rebecca WEST	16	Thurrock	30.50
	L 6 Luke BRYAN	18	West Norfolk	1:58.70		L 6 Jana SPINNER	19	Co Norwich	30.60
	L 7 Thomas CADENHEAD	16	Co St Albans	1:58.80		L 7 Hannah SHARP	16	Modernian	30.60
	L 8 Samuel ROSE	15	West Norfolk	1:59.31		L 8 Ella MURPHY	16	Harpenden	30.63
H 5	L 1 Jake THOMAS-MANSFIELD	18	St Felix Sch	1:57.79	H 7	L 1 Jessica HEESOM	15	Potters Bar	30.30
	L 2 Herbie KINDER	16	Co Peterboro	1:56.10		L 2 Sarah O'BRIEN	22	Co Norwich	30.30
	L 3 Max JELFS	17	Hatfield	1:54.20		L 3 Georgia HARROD	18	DunmowAtlant	30.10
	L 4 Myles ROBINSON-YOUNG	16	Co Peterboro	1:52.80		L 4 Meghan MAYBANKS	18	DunmowAtlant	30.10
	L 5 Matthew WRIGHT	20	Team Luton	1:53.60		L 5 Zara KEEGAN	16	Co Cambridge	30.10
	L 6 Myles TURNER	18	West Suffolk	1:55.80		L 6 Lauren NELSON	17	Harlow Pen	30.20
	L 7 Jordan CATCHPOLE	19	Co Norwich	1:57.55		L 7 Emily LUSH	16	Potters Bar	30.30
	L 8 Lewis BINNING	15	Basildon Ph	1:58.00		L 8 Peyton EWBANK	18	Norwich Swan	30.40
H 6	L 1 Ayotobi LAGUDA	16	Hatfield	1:57.60	H 8	L 1 Emma LESLIE	17	Co Peterboro	30.00
	L 2 Thomas CLARE	17	teamipswich	1:56.00		L 2 Bryony PACK	17	West Norfolk	29.95
	L 3 Reese HOUSDEN	16	Hatfield	1:54.17		L 3 Celeste ANDREW	17	Harlow Pen	29.90
	L 4 Luke TURLEY	18	Hatfield	1:47.96		L 4 Sacha THOMAS	15	Co Norwich	29.90
	L 5 Hugo BELLAMY	20	Co Cambridge	1:53.22		L 5 Erin O'MEARA	15	Watford SC	29.90
	L 6 Jake MOXHAM	16	Co Cambridge	1:55.50		L 6 Mia CARTER	16	Bishop Stort	29.91
	L 7 Bayley FINBOW	18	teamipswich	1:56.85		L 7 Tara COLEMAN	22	Deben	29.98
	L 8 James CHENNELLS	17	Berkhamsted	1:57.90		L 8 Nellie EASTLAND	16	Bishop Stort	30.00
H 7	L 1 Jude LIDDIARD	17	Co St Albans	1:57.60	H 9	L 1 Madeleine STARES	15	Watford SC	29.80
	L 2 Ralph MUNCER	17	Co St Albans	1:55.90		L 2 Jessica WOODWARD	15	Hatfield	29.70
	L 3 Luke SUGDEN	19	Hatfield	1:54.09		L 3 Lauren STOTT	16	Hatfield	29.60
	L 4 Harry CONSTANTINE	18	Hatfield	1:47.80		L 4 Josie PRETIOUS-WHITE	17	Bishop Stort	29.46
	L 5 Dimitris KOUSOULIDIS	24	Co Cambridge	1:52.84		L 5 Georgia PEASE	16	Basildon Ph	29.50
	L 6 Michael RIPPER	17	Co St Albans	1:54.40		L 6 Alison BINNS	22	Bushey	29.70
	L 7 Joshua FOWLES	19	Witham Dolph	1:56.80		L 7 Charlotte WALKER	16	Co Norwich	29.70
	L 8 Sam PERKINS	16	teamipswich	1:57.87		L 8 Tia GARDINER	16	Chelmsford	29.90

Event 327 Womens Open 50m Butterfly

H 1	L 3 Fleur HINES	15	Watford SC	31.63	H 10	L 1 Libby DUNFORD	15	Bor of Brox	29.40
	L 4 Rebecca GIROLAMI	15	Colchester	31.58		L 2 Tilly MAYES	15	Thurrock	29.00
	L 5 Mia BOERSMA	15	Tring	31.60		L 3 Sara KALAWSKA	15	Hatfield	28.80
	L 6 Eliza CONNERY	15	Potters Bar	31.70		L 4 Georgina TALLON	18	Potters Bar	27.80
H 2	L 1 Lily BEMMER	15	Deben	31.48		L 5 Megan PYE	16	Co Norwich	28.40
	L 2 Amber HILL	16	Linlade	31.40		L 6 Asma PARKER	15	Colchester	29.00
	L 3 Madison SMITH	15	Stanway	31.40		L 7 Ella HALE	15	West Suffolk	29.30
	L 4 Beth THOMAS	16	C Beds SS	31.30		L 8 Lily MERRETT	15	Bor of Brox	29.40
	L 5 Smriti GOKARN	16	St Felix Sch	31.40	H 11	L 1 Rachel WELLINGS	18	Co Peterboro	29.40
	L 6 Gracie TROTTER	15	C Beds SS	31.40		L 2 Olivia NORMAN	16	Colchester	29.00
	L 7 Larissa DEAN	16	Harpenden	31.40		L 3 Shannon STOTT	18	Hatfield	28.70
	L 8 Bianka MISIKOVA	15	Hatfield	31.50		L 4 Elinah PHILLIP	18	Bishop Stort	27.40
H 3	L 1 Abigail DAWSON	15	Epping For't	31.30		L 5 Martha DULEY	19	Colchester	28.30
	L 2 Daisy SANDON	15	Stevenage	31.29		L 6 Chloe BERKO-BOATENG	15	Hatfield	29.00
	L 3 Isabel WAINWRIGHT	15	Modernian	31.20		L 7 Jess-Jane APPLIGATE	22	Co Norwich	29.10
	L 4 Radost MILKOVA	15	Thurrock	31.20		L 8 Macy LAWRENCE	16	Basildon Ph	29.40
	L 5 Amber HEAD	16	Rochford	31.20	H 12	L 1 Molly OLLINGTON	20	Co Cambridge	29.30
	L 6 Iona TRAINER	15	Co Ely	31.25		L 2 Poppy RICHARDSON	17	Co Peterboro	29.00
	L 7 Jessica PENKUL	16	Bishop Stort	31.29		L 3 Amy GODSAVE	19	Hatfield	28.50
	L 8 Bronte O'DEA	15	Runnymede	31.30		L 4 Elinor DULEY	18	Colchester	27.40
H 4	L 1 Isabel MOORE	15	Norwich Swan	31.10		L 5 Amie PHILPOT	16	teamipswich	28.00
	L 2 Lucie PECK	15	West Norfolk	31.10		L 6 Bethany SAMPHER	19	West Suffolk	28.90
	L 3 Charlotte HUDSON	15	West Suffolk	30.90		L 7 Martine TRAN	17	Thurrock	29.00
	L 4 Lily GENNER	15	West Suffolk	30.90		L 8 Emily JONES	16	Modernian	29.40
	L 5 Gracie KAY	15	Co Cambridge	30.90					
	L 6 Lauren THOMAS	16	C Beds SS	31.00					
	L 7 Morgan ALLAN	15	Modernian	31.10					
	L 8 Eve WRIGHT	15	Co Peterboro	31.16					

Event 328 Mens Open 50m Butterfly

H 1	L 2 Alfie FRANCIS	15	Potters Bar	30.04
	L 3 Ciaran COOK	15	Co St Albans	29.89
	L 4 Freddie LAWS	15	West Norfolk	29.80
	L 5 Harry ARBUTHNOTT	15	Harpenden	29.80
	L 6 Matthew NEWSON	15	Co Peterboro	30.01
	L 7 Teal'K SMITH	15	Beccles Town	30.04



Swim England East Region 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Eight

H 2	L 1	Bradley BEALES	15	Norwich Swan	29.70	H 11	L 1	Myles ROBINSON-YOUNG	16	Co Peterboro	26.60
	L 2	Jack CONROY	15	Thurrock	29.60		L 2	Jack WEARS	19	Leighton Buz	26.50
	L 3	Alfie WILLIAMS	15	Canvey Isl	29.60		L 3	Taylor BOWEN	17	West Suffolk	26.50
	L 4	Henry FERRIES	15	Basildon Ph	29.50		L 4	James WOODWARD	18	Hatfield	26.40
	L 5	Joshua THURSTON-WOOLNO	15	Beccles Town	29.60		L 5	Joshua SMITH	17	DunmowAtlant	26.50
	L 6	Callum STEDMAN	15	Dereham	29.60		L 6	Luke BRYAN	18	West Norfolk	26.50
	L 7	Matteo LO BIUNDO	15	Hitchin	29.69		L 7	Jamie MCLAUGHLIN	21	DunmowAtlant	26.60
	L 8	Thomas BELCHER	15	Modernian	29.70		L 8	Mason HUNNISETT	16	Basildon Ph	26.60
H 3	L 1	Morgan FOSTER	15	Braintree	29.40	H 12	L 1	Joshua HOLLAND	15	Hertford	26.30
	L 2	Harvey HALL	15	Deben	29.40		L 2	Nathan WOODROW	15	Co Norwich	26.20
	L 3	Lewis SHAYLER	15	Watford SC	29.30		L 3	Harry WEARS	21	Leighton Buz	25.90
	L 4	Charlie KING	15	Co St Albans	29.20		L 4	Thomas CLARE	17	teamipswich	25.60
	L 5	Max ASHKEN	15	Deben	29.30		L 5	Callum DAVIS	18	Bishop Stort	25.80
	L 6	Daniel MARTIN	15	Co St Albans	29.36		L 6	Ignacio LARGHERO	19	Newmarket	26.10
	L 7	Samuel BULLINGHAM	15	West Suffolk	29.40		L 7	Yasir NAIMI	18	Co Peterboro	26.20
	L 8	Isaac BOYCE	15	Norwich Swan	29.50		L 8	Herbie KINDER	16	Co Peterboro	26.40
H 4	L 1	Ben WOODHOUSE	15	Norwich Swan	29.10	H 13	L 1	Jake THOMAS-MANSFIELD	18	St Felix Sch	26.30
	L 2	Arthur SMART	16	West Suffolk	28.80		L 2	Jack CHRISTIE	20	Co St Albans	26.20
	L 3	Walter HACKETT	15	Dunstable	28.50		L 3	Harry JONES	18	Hitchin	25.90
	L 4	Harvey SKELLERN	16	Co Cambridge	28.40		L 4	Jack BOWYER	16	West Suffolk	25.60
	L 5	Connor GILLINGHAM	15	West Suffolk	28.40		L 5	Matthew TITMAN	17	Co Cambridge	25.80
	L 6	Harry GARNER	16	Lstof & OB	28.70		L 6	Lucas DYSON-DIAZ	18	Hatfield	26.10
	L 7	Brayden DITCHFIELD-WAT	15	Leighton Buz	29.10		L 7	Spencer PRIOR	19	teamipswich	26.20
	L 8	Mattias MORSE	15	Hemel Hemp	29.18		L 8	Edward CASTRO	30	Harpenden	26.40
H 5	L 1	Alfie WARNOCK	15	Putteridge	28.20	H 14	L 1	Alec BURCHELL	20	Co Cambridge	26.20
	L 2	Matthew MUNNINGS	15	Diss Otters	28.10		L 2	Jonathon ADAM	16	Co Cambridge	26.20
	L 3	Edward MCFARLAND	15	C Beds SS	27.90		L 3	Calum FERGUSON	22	Co Cambridge	25.80
	L 4	Joshua BRIDGELAND	15	Hatfield	27.90		L 4	Samuel PERKS	16	Basildon Ph	25.50
	L 5	Devesh KAPOOR	15	Watford SC	27.90		L 5	Hugo BELLAMY	20	Co Cambridge	25.70
	L 6	Angus HARROW	16	Harpenden	28.10		L 6	Zachary PATEL	17	Berkhamsted	26.00
	L 7	Luke PESTAILLE	15	Hatfield	28.20		L 7	Elliott DAY	16	teamipswich	26.20
	L 8	Cameron WOLSTENCROFT	15	Co Cambridge	28.31		L 8	Jake MOXHAM	16	Co Cambridge	26.40
H 6	L 1	Ayotobi LAGUDA	16	Hatfield	27.90						
	L 2	Sebastian VANDERMEER	15	Co Cambridge	27.70						
	L 3	George ROGERS	18	Saffron Wald	27.60						
	L 4	Daniel MURTAGH	15	Hatfield	27.50						
	L 5	William PESTELL	15	teamipswich	27.50						
	L 6	Jack TURRELL	15	Basildon Ph	27.70						
	L 7	Samuel MILLER	15	Bo Southend	27.80						
	L 8	Louis STEPHEN	15	Brentwood	27.90						
H 7	L 1	Harrison LEES	17	Watford SC	27.40						
	L 2	William PICTON	17	Bishop Stort	27.40						
	L 3	James MCFARLAND	17	C Beds SS	27.30						
	L 4	Evan THOMAS-MANSFIELD	17	West Suffolk	27.30						
	L 5	Joel GREEN	18	Hemel Hemp	27.30						
	L 6	Liam BRENNAN	16	Basildon Ph	27.30						
	L 7	Oliver HARRIS	17	West Norfolk	27.40						
	L 8	Charles WHYTE	17	West Suffolk	27.40						
H 8	L 1	James COOPER	16	Basildon Ph	27.30						
	L 2	Joshua BIBBY	21	Witham Dolph	27.20						
	L 3	Nicholas PERKINS	17	Co Norwich	27.10						
	L 4	James CHENNELLS	17	Berkhamsted	27.10						
	L 5	Ciaran RICHES	15	West Suffolk	27.10						
	L 6	Louis SPONG	19	DunmowAtlant	27.19						
	L 7	Oliver KENNY	21	West Norfolk	27.20						
	L 8	Ross BARNSHAW	20	Beccles Town	27.30						
H 9	L 1	Harry WHITEMAN	18	Co Peterboro	27.10						
	L 2	Samuel BRYAN	17	Basildon Ph	26.96						
	L 3	Michael JUDD	20	Dunstable	26.90						
	L 4	Harry WESTON	18	Dereham	26.90						
	L 5	Samuel ROSE	15	West Norfolk	26.90						
	L 6	Thomas BOYT	19	Felixstowe	26.93						
	L 7	Ismail RAHIM	16	Berkhamsted	27.00						
	L 8	Dalton YALLOP	21	Beccles Town	27.10						
H 10	L 1	Shimon LOPEZ	17	Co Cambridge	26.83						
	L 2	Michael RIPPER	17	Co St Albans	26.80						
	L 3	Manfred BATTLE	16	Stowmarket	26.80						
	L 4	Lewis BINNING	15	Basildon Ph	26.70						
	L 5	Ashley HOLNESS-WRIGHT	22	Watford SC	26.70						
	L 6	Collins SALIBOKO	16	St Felix Sch	26.80						
	L 7	Elliot COOK	24	teamipswich	26.82						
	L 8	Joseph WELLS	19	West Norfolk	26.90						