



Swim England East Region 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Six (FINALS)

Event 231 Mens 15 Yrs 200m Butterfly

Final			
L 1	Joshua THURSTON-WOOLNO	15 Beccles Town	2:26.89
L 2	Ciaran RICHES	15 West Suffolk	2:22.12
L 3	Joshua BRIDGELAND	15 Hatfield	2:17.62
L 4	Lewis BINNING	15 Basildon Ph	2:12.37
L 5	Nathan WOODROW	15 Co Norwich	2:14.10
L 6	Devesh KAPOOR	15 Watford SC	2:18.66
L 7	Euan DONALD	15 Berkhamsted	2:26.70
L 8	Max ASHKEN	15 Deben	2:28.92

Event 232 Mens 16 Yrs 200m Butterfly

Final			
L 2	Elliott DAY	16 teamipswich	2:26.47
L 3	Collins SALIBOKO	16 St Felix Sch	2:16.85
L 4	Herbie KINDER	16 Co Peterboro	2:13.10
L 5	Mason HUNNISETT	16 Basildon Ph	2:16.36
L 6	Henry PEARCE	16 Co Peterboro	2:17.42
L 7	Angus HARROW	16 Harpenden	2:29.24

Event 233 Mens 17 Yrs/Over 200m Butterfly

Final			
L 1	Calvin COE	20 Stowmarket	2:18.01
L 2	Nathan HUGHES	18 Hatfield	2:12.74
L 3	Harry WHITEMAN	18 Co Peterboro	2:12.07
L 4	James WOODWARD	18 Hatfield	2:06.95
L 5	Hugo BELLAMY	20 Co Cambridge	2:11.60
L 6	Matthew WRIGHT	20 Team Luton	2:12.49
L 7	Luke BRYAN	18 West Norfolk	2:16.77
L 8	Jamie MCCAFFRAY	17 Modernian	2:19.16

Event 234 Womens 15 Yrs 50m Backstroke

Final			
L 1	Gracie KAY	15 Co Cambridge	32.90
L 2	Autumn HANDSCOMBE	15 C Beds SS	32.49
L 3	Eve WRIGHT	15 Co Peterboro	31.59
L 4	Asma PARKER	15 Colchester	31.25
L 5	Emma CRUICKSHANKS	15 teamipswich	31.48
L 6	Ella HALE	15 West Suffolk	32.46
L 7	Lily MERRETT	15 Bor of Brox	32.83
L 8	Radost MILKOVA	15 Thurrock	32.96

Event 235 Womens 16 Yrs 50m Backstroke

Final			
L 1	Emily LUSH	16 Potters Bar	32.09
L 2	Amie PHILPOT	16 teamipswich	31.71
L 3	Abbie LOW	16 Chelmsford	31.50
L 4	Mia CARTER	16 Bishop Stort	30.43
L 5	Lija RADZIUNAITE	16 Stowmarket	30.49
L 6	Macy LAWRENCE	16 Basildon Ph	31.58
L 7	Megan PYE	16 Co Norwich	31.90
L 8	Emily JONES	16 Modernian	32.17

Event 236 Womens 17 Yrs/Over 50m Backstroke

Final			
L 1	Elinor DULEY	18 Colchester	31.58
L 2	Emily LANE	22 Basildon Ph	31.30
L 3	Amelia PEDDLE	18 Epping For't	31.26
L 4	Martha DULEY	19 Colchester	30.30
L 5	Meghan MAYBANKS	18 DunmowAtlant	30.37
L 6	Rachel WELLINGS	18 Co Peterboro	31.27
L 7	Amy GODSAVE	19 Hatfield	31.55
L 8	Niamh JAMES	17 Bishop Stort	31.74

Event 237 Mens 15 Yrs 50m Freestyle

Final			
L 1	James SPEERS	15 Basildon Ph	26.44
L 2	Samuel MILLER	15 Bo Southend	26.32
L 3	Nathan WOODROW	15 Co Norwich	26.15
L 4	Sebastian VANDERMEER	15 Co Cambridge	25.59
L 5	Lewis BINNING	15 Basildon Ph	26.10
L 6	Samuel ROSE	15 West Norfolk	26.17
L 7	Louis STEPHEN	15 Brentwood	26.41
L 8	Henry NEWELL	15 Newmarket	26.53

Event 238 Mens 16 Yrs 50m Freestyle

Final			
L 1	Joshua BRISTOW	16 Modernian	25.88
L 2	Sam PERKINS	16 teamipswich	25.81
L 3	Reese HOUSDEN	16 Hatfield	24.99
L 4	Ayotobi LAGUDA	16 Hatfield	24.69
L 5	Jake MOXHAM	16 Co Cambridge	24.94
L 6	Jonathon ADAM	16 Co Cambridge	25.33
L 7	James COOPER	16 Basildon Ph	25.85
L 8	Myles ROBINSON-YOUNG	16 Co Peterboro	25.88

Event 239 Mens 17 Yrs/Over 50m Freestyle

Final			
L 1	Finn HARMAN	20 Co Cambridge	25.19
L 2	Evan THOMAS-MANSFIELD	17 West Suffolk	25.09
L 3	Luke TURLEY	18 Hatfield	24.66
L 4	Harry CONSTANTINE	18 Hatfield	24.09
L 5	Ignacio LARGHERO	19 Newmarket	24.43
L 6	Jack CHRISTIE	20 Co St Albans	24.70
L 7	Matthew TITMAN	17 Co Cambridge	25.15
L 8	Harry WEARS	21 Leighton Buz	25.24

Event 240 Womens 15 Yrs 100m Breaststroke

Final			
L 1	Chiara ROGERS	15 Team Luton	1:20.87
L 2	Imogen BLOOMFIELD	15 Co Cambridge	1:20.04
L 3	Annabelle BURGESS	15 teamipswich	1:17.91
L 4	Grace KING	15 teamipswich	1:16.16
L 5	Erin O'MEARA	15 Watford SC	1:16.84
L 6	Beth DENNIS	15 Wisbech	1:19.04
L 7	Rebecca GIROLAMI	15 Colchester	1:20.63
L 8	Ellie-Mei SHEPPERSON	15 West Norfolk	1:21.31

Event 241 Womens 16 Yrs 100m Breaststroke

Final			
L 1	Vejune PETRAITYTE	16 Basildon Ph	1:19.91
L 2	Lauren SCOTT	16 Chelmsford	1:18.92
L 3	India WESTON	16 Norfolk Vikg	1:17.08
L 4	Amelia MONAGHAN	16 Co Peterboro	1:14.40
L 5	Sophie PAYNE	16 Hatfield	1:16.41
L 6	Aoife MARLEY	16 Witham Dolph	1:18.44
L 7	Katherine DAYNES	16 Halstead	1:19.30
L 8	Zara KEEGAN	16 Co Cambridge	1:20.59

Event 242 Womens 17 /Over 100m Breaststroke

Final			
L 1	Jana SPINNER	19 Co Norwich	1:17.14
L 2	Sarah O'BRIEN	22 Co Norwich	1:16.68
L 3	Roxanne UYS	19 West Norfolk	1:16.09
L 4	Molly LEE	17 West Norfolk	1:13.82
L 5	Kathryn LOVEYS	31 Co Cambridge	1:15.07
L 6	Laura COPPING	18 Hatfield	1:16.27
L 7	Lauren WATT	17 Newmarket	1:16.74
L 8	Alara NORTON	17 Hatfield	1:17.39

Event 243 Mens 15 Yrs 200m Breaststroke

Final			
L 1	Harvey HALL	15 Deben	2:42.63
L 2	Finn JEFFERY	15 St Felix Sch	2:40.38
L 3	Freddie LAWS	15 West Norfolk	2:38.79
L 4	Lewis SHAYLER	15 Watford SC	2:35.35
L 5	Henry KING	15 West Suffolk	2:35.49
L 6	Mattias MORSE	15 Hemel Hemp	2:40.04
L 7	Callum STEDMAN	15 Dereham	2:41.72
L 8	Cole SHEPARD	15 Basildon Ph	2:43.77

Event 244 Mens 16 Yrs 200m Breaststroke

Final			
L 1	Mal STAFF	16 Co Norwich	2:41.22
L 2	Nicholas BOTHA	16 Bishop Stort	2:39.21
L 3	Bryn COUSER	16 Bishop Stort	2:34.55
L 4	Oliver CASHIN	16 Co Cambridge	2:33.83
L 5	Ayotobi LAGUDA	16 Hatfield	2:34.33
L 6	Jack MANSFIELD	16 Harlow Pen	2:36.52
L 7	Callum HAROLD	16 Bishop Stort	2:40.56
L 8	Joseph COLDWELL	16 Hemel Hemp	2:41.29



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Event 245 Mens 17 Yrs/Over 200m Breaststroke

Final			
L 1	Christopher GREENHALGH	22 West Suffolk	2:31.30
L 2	Thomas WIGGINS	19 Co Peterboro	2:30.43
L 3	Ralph MUNCER	17 Co St Albans	2:29.70
L 4	Nathan HUGHES	18 Hatfield	2:27.40
L 5	Charles RAYNER	17 Hatfield	2:29.24
L 6	Lawrence PALMER	26 Putteridge	2:30.22
L 7	Luke BRYAN	18 West Norfolk	2:30.94
L 8	Myles TURNER	18 West Suffolk	2:31.93

Event 246 Womens 15 Yrs 100m Butterfly

Final			
L 1	Lily MERRETT	15 Bor of Brox	1:08.53
L 2	Libby DUNFORD	15 Bor of Brox	1:08.42
L 3	Ella HALE	15 West Suffolk	1:07.76
L 4	Sara KALAWSKA	15 Hatfield	1:04.99
L 5	Jessica WOODWARD	15 Hatfield	1:06.96
L 6	Katie HAMMOND	15 Co Cambridge	1:08.22
L 7	Molly YOUNG	15 Colchester	1:08.48
L 8	Lucie PECK	15 West Norfolk	1:08.64

Event 247 Womens 16 Yrs 100m Butterfly

Final			
L 1	Megan PYE	16 Co Norwich	1:09.00
L 2	Zara KEEGAN	16 Co Cambridge	1:08.04
L 3	Lauren STOTT	16 Hatfield	1:07.01
L 4	Mia LEECH	16 Co Peterboro	1:04.98
L 5	Amie PHILPOT	16 teamipswich	1:06.44
L 6	Abbie LOW	16 Chelmsford	1:07.69
L 7	Nellie EASTLAND	16 Bishop Stort	1:08.23
L 8	Annabelle KITCHING	16 Chelmsford	1:09.05

Event 248 Womens 17 Yrs/Over 100m Butterfly

Final			
L 1	Molly OLLINGTON	20 Co Cambridge	1:09.14
L 2	Bethany SAMPHER	19 West Suffolk	1:08.46
L 3	Poppy RICHARDSON	17 Co Peterboro	1:05.49
L 4	Shannon STOTT	18 Hatfield	1:02.64
L 5	Elinor DULEY	18 Colchester	1:04.13
L 6	Georgina TALLON	18 Potters Bar	1:06.13
L 7	Martine TRAN	17 Thurrock	1:08.68
L 8	Bryony PACK	17 West Norfolk	1:09.57

Event 249 Mens 15 Yrs 200m Backstroke

Final			
L 1	Zane BATT	15 Bor of Brox	2:21.60
L 2	Ben WOODHOUSE	15 Norwich Swan	2:20.88
L 3	Daniel MURTAGH	15 Hatfield	2:19.27
L 4	Walter HACKETT	15 Dunstable	2:18.41
L 5	Nathan WOODROW	15 Co Norwich	2:19.13
L 6	Samuel COSTIN	15 Basildon Ph	2:20.57
L 7	Luke PESTAILLE	15 Hatfield	2:21.30
L 8	Alexander CATTON	15 Bishop Stort	2:22.47

Event 250 Mens 16 Yrs 200m Backstroke

Final			
L 1	Matthew ANDERSON	16 Deben	2:21.06
L 2	Liam BRENNAN	16 Basildon Ph	2:16.57
L 3	Samuel PERKS	16 Basildon Ph	2:13.78
L 4	Herbie KINDER	16 Co Peterboro	2:12.24
L 5	Jonathon ADAM	16 Co Cambridge	2:13.72
L 6	Manfred BATTLE	16 Stowmarket	2:15.03
L 7	Henry PEARCE	16 Co Peterboro	2:18.13
L 8	Samrahn SANDHU	16 Harpenden	2:22.64

Event 251 Mens 17 Yrs/Over 200m Backstroke

Final			
L 1	Jack SANGSTER	17 Modernian	2:14.33
L 2	Max JELFS	17 Hatfield	2:12.27
L 3	Harry WHITEMAN	18 Co Peterboro	2:11.86
L 4	Thomas CLARE	17 teamipswich	2:07.53
L 5	Jamie SCHOLLES	18 Co Peterboro	2:08.72
L 6	Ryan KELLY	19 Chelmsford	2:11.96
L 7	Myles TURNER	18 West Suffolk	2:13.30
L 8	Michael JUDD	20 Dunstable	2:14.36

Event 252 Womens 15 Yrs 100m Freestyle

Final			
L 1	Asma PARKER	15 Colchester	1:02.41
L 2	Libby DUNFORD	15 Bor of Brox	1:02.24
L 3	Annabelle BURGESS	15 teamipswich	1:01.24
L 4	Sacha THOMAS	15 Co Norwich	1:00.52
L 5	Jessica WOODWARD	15 Hatfield	1:01.10
L 6	Emma CRUICKSHANKS	15 teamipswich	1:01.39
L 7	Sophie TAYLOR	15 DunmowAtlant	1:02.31
L 8	Isabel WAINWRIGHT	15 Modernian	1:02.53

Event 253 Womens 16 Yrs 100m Freestyle

Final			
L 1	Mia MASPERS	16 teamipswich	1:01.05
L 2	Mia LEECH	16 Co Peterboro	1:00.93
L 3	Abbie LOW	16 Chelmsford	59.89
L 4	Macy LAWRENCE	16 Basildon Ph	58.35
L 5	Mackenzie WHYATT	16 Co Peterboro	59.83
L 6	Charlotte WALKER	16 Co Norwich	1:00.61
L 7	Rebecca WATT	16 DunmowAtlant	1:00.95
L 8	Mia CARTER	16 Bishop Stort	1:01.15

Event 254 Womens 17 Yrs/Over 100m Freestyle

Final			
L 1	Elinah PHILLIP	18 Bishop Stort	1:00.17
L 2	Jess-Jane APPLGATE	22 S14 Co Norwich	59.56
L 3	Martha DULEY	19 Colchester	59.37
L 4	Amy GODSAVE	19 Hatfield	58.44
L 5	Elinor DULEY	18 Colchester	59.13
L 6	Rebecca SHERWIN	18 teamipswich	59.52
L 7	Jana SPINNER	19 Co Norwich	59.64
L 8	Lauren WATT	17 Newmarket	1:00.18

Event 255 Mens 15 Yrs 50m Breaststroke

Final			
L 1	Freddie LAWS	15 West Norfolk	33.61
L 2	Henry KING	15 West Suffolk	33.44
L 3	Harvey HALL	15 Deben	33.18
L 4	Lewis BINNING	15 Basildon Ph	31.63
L 5	James DILLON	15 Basildon Ph	33.05
L 6	Lewis SHAYLER	15 Watford SC	33.33
L 7	Alfie FRANCIS	15 Potters Bar	33.57
L 8	Callum STEDMAN	15 Dereham	33.68

Event 256 Mens 16 Yrs 50m Breaststroke

Final			
L 1	Oliver CASHIN	16 Co Cambridge	32.36
L 2	Mal STAFF	16 Co Norwich	32.09
L 3	Joshua BRISTOW	16 Modernian	31.69
L 4	Jack WILLIAMS	16 Basildon Ph	30.80
L 5	Adam HARDY	16 teamipswich	31.46
L 6	Ayotobi LAGUDA	16 Hatfield	31.74
L 7	Joseph COLDWELL	16 Hemel Hemp	32.32
L 8	Reese HOUSDEN	16 Hatfield	32.66

Event 257 Mens 17 Yrs/Over 50m Breaststroke

Final			
L 1	Finlay RYAN	19 West Norfolk	31.40
L 2	Ralph MUNCER	17 Co St Albans	31.33
L 3	Benjamin ARKLE	19 Co Cambridge	30.50
L 4	Lawrence PALMER	26 Putteridge	28.23
L 5	Thomas WIGGINS	19 Co Peterboro	30.16
L 6	Charles RAYNER	17 Hatfield	31.05
L 7	Ignacio LARGHERO	19 Newmarket	31.39
L 8	Jack CHRISTIE	20 Co St Albans	31.49



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Start Lists Session Six (FINALS)

Event 258 Womens 14/16 Yrs 400m Medley Team

H 1	L 3	City of Cambridge SC Gracie KAY Imogen BLOOMFIELD Zara KEEGAN Katie HAMMOND	Co Cambridge	4:50.00
	L 4	West Suffolk Swimming Hannah O'CONNOR Charlotte HUDSON Ella HALE Lucy HUDSON	West Suffolk	4:46.33
	L 5	Central Bedfordshire B Rhearna MASON Kayleigh HOLROYD Gracie TROTTER Lauren FAULKNER	C Beds SS	4:49.00
H 2	L 2	Hemel Hempstead SC B Charlotte KINGSTON Emily YOUNG Tia AXAM Tilly BECKWITH	Hemel Hemp	4:45.00
	L 3	Central Bedfordshire A Emma SHOOBERT Autumn HANDSCOMBE Lauren THOMAS Rachel ANDREWS	C Beds SS	4:42.00
	L 4	City of Peterborough B Ella MCGHEE Olivia LEE Brenna HOWELL Harriet SALISBURY	Co Peterboro	4:40.00
	L 5	Hemel Hempstead SC A Shona MCKENNA Millie HERBERT Freya BERESFORD Georgia PURKIS	Hemel Hemp	4:40.00
	L 6	City of Peterborough C Holly GRAVES Charlotte Martin Lauren BROWNE Kiara KOVACS	Co Peterboro	4:44.00
	L 7	Modernian SC Emma HOWITT Emily WATSON Hannah SHARP Isabel WAINWRIGHT	Modernian	4:45.00
H 3	L 1	Watford SC Harriet Clements Erin O'MEARA Madeleine STARES Francesca PECCEI	Watford SC	4:36.82
	L 2	Chelmsford City SC Scarlett MORINE Lauren SCOTT Abbie LOW Tia GARDINER	Chelmsford	4:27.63
	L 3	Hatfield SC A team Lauren STOTT Sophie PAYNE Sara KALAWSKA Jessica WOODWARD	Hatfield	4:24.10
	L 4	Basildon and Phoenix A Ellie WHEELER Vejune PETRAITYTE Georgia PEASE Macy LAWRENCE	Basildon Ph	4:21.00
	L 5	City of Peterborough A Eve WRIGHT Amelia MONAGHAN Mia LEECH Mackenzie WHYATT	Co Peterboro	4:24.00
	L 6	Basildon and Phoenix B Grace Waller Poppy ALLEN Rebecca HOWELL Erin LEE	Basildon Ph	4:26.00
	L 7	City of Norwich SC Megan PYE Charlotte ABRAMSON Sacha THOMAS Charlotte WALKER	Co Norwich	4:31.00

L 8	Hatfield SC B team Jess KEOGH Ela NORTON Chloe BERKO-BOATEN Bianka MISIKOVA	Hatfield	4:38.00
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Start Lists Session Six (FINALS)

Event 259 Womens 17 Yrs/Over 400m Medley Team

H 1	L 2	Basildon and Phoenix A	Basildon Ph	4:33.00
		Emily LANE Caitlin DAY Holly HILDREW Rianna SMITH		
	L 3	City of Norwich SC	Co Norwich	4:29.00
		Jessica-Jane APPLEGATE Sarah O'BRIEN Rikke NAGELL-KLEVEN Jana SPINNER		
	L 4	Hatfield SC A team	Hatfield	4:21.80
		Grace WYLIE Laura COPPIN Shannon STOTT Amy GODSAVE		
	L 5	City of Cambridge SC	Co Cambridge	4:27.00
		Molly OLLINGTON Kathryn LOVEYS Millie EMMANS Katrin HEIDER		
	L 6	Hemel Hempstead SC A	Hemel Hemp	4:30.00
		Rebecca SEWELL Kira DOYLE Lois MOORE Alice FENDER		

Event 260 Mens 14/16 Yrs 400m Freestyle Team

H 1	L 3	Potters Bar SC	Potters Bar	4:09.78
		Billy Balber Oscar EAGLE Samuel OAKLEY Alfie FRANCIS		
	L 4	City of Peterborough B	Co Peterboro	4:02.00
		Matthew NEWSON Connor WALKER Fabien BRUDNICKI George WHITEMAN		
	L 5	Dereham & District SC	Dereham	4:04.00
		Ryan BARKER Ajay FORMAN-MULLEY Jack BARTRUM Callum STEDMAN		
H 2	L 1	Central Bedfordshire	C Beds SS	3:58.00
		Sam TOWNSEND Edward MCFARLAND William ROBINS Timothy HUGHES		
	L 2	Basildon and Phoenix B	Basildon Ph	3:49.00
		Harrison Rider Jack WILLIAMS Cole SHEPARD Liam BRENNAN		
	L 3	Basildon and Phoenix A	Basildon Ph	3:40.00
		James SPEERS Jack TURRELL Lewis BINNIN James COOPER		
	L 4	Hatfield SC A team	Hatfield	3:38.80
		Ayotobi LAGUDA Daniel MURTAGH Michael KLIMASZEWSKI Reese HOUSDEN		
	L 5	City of Cambridge SC	Co Cambridge	3:40.00
		Sebastian VANDERMEER Jonathon ADAM Jake MOXHAM Harvey SKELLERN		
	L 6	City of Peterborough A	Co Peterboro	3:40.00
		Herbie KINDER Myles ROBINSON-YOUN Matthew ROTHWELL Henry PEARCE		
	L 7	City of St Albans SC	Co St Albans	3:58.00
		Thomas CADENHEAD Daniel MARTIN Charlie KIN Edward JEX		

L 8	Hemel Hempstead SC	Hemel Hemp	4:00.00
	Lewis CLARK Jonathan FARROW Joseph COLDWELL Mattias MORSE		

Event 261 Mens 17 Yrs/Over 400m Free.Team

H 1	L 2	Hemel Hempstead SC	Hemel Hemp	3:50.00
		Ashley COOMBS Samuel GAINES Kyle HOLMES Samuel HUTCHINGS		
	L 3	City of Peterborough A	Co Peterboro	3:38.00
		Yasir NAIMI Jamie SCHOLLES Thomas WIGGINS Matthew GRAY		
	L 4	Hatfield SC A team	Hatfield	3:30.20
		Harry CONSTANTINE Nathan HUGHES James WOODWARD Luke TURLEY		
	L 5	City of Cambridge SC	Co Cambridge	3:35.00
		Dimitris KOUSOULIDIS Henry CHOON Hugo BELLAMY Finn HARMAN		
	L 6	City of St Albans SC	Co St Albans	3:40.00
		Jack CHRISTIE Michael RIPPER Jude LIDDIARD Ralph MUNCER		
	L 7	Potters Bar SC	Potters Bar	3:52.86
		Thomas Stanbury Nathan Martell Matthew HONEYMAN Adam MARTIN		