



Swim England East Region 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Five

Event 221 Mens Open 200m Backstroke

H 1	L 1	Henry KING	15	West Suffolk	2:24.08
	L 2	Matthew NEWSON	15	Co Peterboro	2:23.42
	L 3	Charlie KING	15	Co St Albans	2:21.48
	L 4	Ben WOODHOUSE	15	Norwich Swan	2:20.20
	L 5	Ciaran COOK	15	Co St Albans	2:20.39
	L 6	Teal'K SMITH	15	Beccles Town	2:22.42
	L 7	Jack RICHARDSON	15	DunmowAtlant	2:23.66
	L 8	Alexander HORNE	15	Co St Albans	2:24.17
H 2	L 1	Samuel ROSE	15	West Norfolk	2:20.09
	L 2	Alexander CATTON	15	Bishop Stort	2:19.62
	L 3	Ethan SUTTON	16	Watford SC	2:19.60
	L 4	Ben BLOWERS	16	Co Norwich	2:18.80
	L 5	Zane BATT	15	Bor of Brox	2:19.07
	L 6	Walter HACKETT	15	Dunstable	2:19.60
	L 7	Owen VAUGHAN	15	Chelmsford	2:20.02
	L 8	Thomas BELCHER	15	Modernian	2:20.20
H 3	L 1	Henry NEWELL	15	Newmarket	2:18.33
	L 2	Tom WARD	16	Chelmsford	2:16.73
	L 3	Nathan WOODROW	15	Co Norwich	2:16.00
	L 4	Samuel COSTIN	15	Basildon Ph	2:15.41
	L 5	Daniel MURTAGH	15	Hatfield	2:15.71
	L 6	Henry PEARCE	16	Co Peterboro	2:16.70
	L 7	Samrahn SANDHU	16	Harpندن	2:18.22
	L 8	Luke PESTAILLE	15	Hatfield	2:18.51
H 4	L 1	Luke CROFTS	18	Thurrock	2:13.47
	L 2	Samuel PERKS	16	Basildon Ph	2:11.30
	L 3	Michael RIPPER	17	Co St Albans	2:10.26
	L 4	Myles TURNER	18	West Suffolk	2:05.86
	L 5	Bayley FINBOW	18	teamipswich	2:07.39
	L 6	Liam BRENNAN	16	Basildon Ph	2:10.90
	L 7	Michael JUDD	20	Dunstable	2:12.46
	L 8	Matthew ROTHWELL	16	Co Peterboro	2:15.06
H 5	L 1	James COOPER	16	Basildon Ph	2:12.90
	L 2	Jack SANGSTER	17	Modernian	2:11.22
	L 3	Ryan KELLY	19	Chelmsford	2:09.70
	L 4	Thomas CLARE	17	teamipswich	2:04.26
	L 5	Jonathon ADAM	16	Co Cambridge	2:07.23
	L 6	Manfred BATTLE	16	Stowmarket	2:10.72
	L 7	Callum WOLLASTON	17	Bor of Brox	2:12.20
	L 8	Matthew ANDERSON	16	Deben	2:14.19
H 6	L 1	Finn JEFFERY	15	St Felix Sch	2:12.50
	L 2	Matthew GRAY	18	Co Peterboro	2:11.13
	L 3	Harry WHITEMAN	18	Co Peterboro	2:08.80
	L 4	Jamie SCHOLLES	18	Co Peterboro	2:01.00
	L 5	Max JELFS	17	Hatfield	2:07.08
	L 6	Thomas BOYT	19	Felixstowe	2:10.43
	L 7	Herbie KINDER	16	Co Peterboro	2:11.70
	L 8	Joshua SMITH	17	DunmowAtlant	2:13.52

Event 222 Womens Open 100m Freestyle

H 1	L 2	Mwaba MKWASA	13	S8	Norwich Swan	1:40.95
	L 3	Lucie PECK	15		West Norfolk	1:02.50
	L 4	Annika BROWN	15		teamipswich	1:02.46
	L 5	Ellie MATTHEWS	15		Putteridge	1:02.50
	L 6	Jordan QUINN	17	S9	Putteridge	1:30.33
H 2	L 1	Iona TRAINER	15		Co Ely	1:02.22
	L 2	Gemma HANSON	15		Hatfield	1:02.20
	L 3	Gracie KAY	15		Co Cambridge	1:02.10
	L 4	Erin LEE	16		Basildon Ph	1:01.90
	L 5	Jessica HEESOM	15		Potters Bar	1:02.08
	L 6	Charlotte HUDSON	15		West Suffolk	1:02.14
	L 7	Abbie BARNWELL	15		Team Luton	1:02.20
	L 8	Francesca PECCEI	15		Watford SC	1:02.45
H 3	L 1	Chloe BERKO-BOATENG	15		Hatfield	1:01.85
	L 2	Chiara ROGERS	15		Team Luton	1:01.61
	L 3	Megan PYE	16		Co Norwich	1:01.42
	L 4	Emily JONES	16		Modernian	1:01.30
	L 5	Mia LEECH	16		Co Peterboro	1:01.40
	L 6	Emma SHOObERT	16		C Beds SS	1:01.48
	L 7	Eve WRIGHT	15		Co Peterboro	1:01.64
	L 8	Mia YATES	15		Felixstowe	1:01.89

H 4	L 1	Mia FURSEDONNE	16		Basildon Ph	1:01.27
	L 2	Libby DUNFORD	15		Bor of Brox	1:01.10
	L 3	Billie GRANT	16		Hatfield	1:01.09
	L 4	Asma PARKER	15		Colchester	1:00.90
	L 5	Rebecca STROUD	16		Brentwood	1:01.06
	L 6	Katie HAMMOND	15		Co Cambridge	1:01.10
	L 7	Rebecca GIROLAMI	15		Colchester	1:01.13
	L 8	Bianka MISIKOVA	15		Hatfield	1:01.30
H 5	L 1	Isabel WAINWRIGHT	15		Modernian	1:00.57
	L 2	India WESTON	16		Norfolk Vikg	1:00.33
	L 3	Jana SPINNER	19		Co Norwich	1:00.20
	L 4	Molly OLLINGTON	20		Co Cambridge	1:00.00
	L 5	Sophie QUACH	20		Hatfield	1:00.20
	L 6	Cathryn THOMSON	28		St Ives	1:00.32
	L 7	Kioni BROOMFIELD	18		Dereham	1:00.40
	L 8	Tilly MAYES	15		Thurrock	1:00.70
H 6	L 1	Tara COLEMAN	22		Deben	59.97
	L 2	Mia CARTER	16		Bishop Stort	59.90
	L 3	Sacha THOMAS	15		Co Norwich	59.80
	L 4	Annabelle BURGESS	15		teamipswich	59.71
	L 5	Sonia TUMIOTTO	17		St Felix Sch	59.77
	L 6	Sarah CARROLL	16		Bishop Stort	59.88
	L 7	Shona MCKENNA	16		Hemel Hemp	59.95
	L 8	Ella HALE	15		West Suffolk	1:00.00
H 7	L 1	Georgina TALLON	18		Potters Bar	59.68
	L 2	Jessica WOODWARD	15		Hatfield	59.47
	L 3	Emma CRUICKSHANKS	15		teamipswich	59.38
	L 4	Emily LUSH	16		Potters Bar	59.20
	L 5	Tia GARDINER	16		Chelmsford	59.33
	L 6	Sophie TAYLOR	15		DunmowAtlant	59.40
	L 7	Alice FENDER	17		Hemel Hemp	59.54
	L 8	Amelia PEDDLE	18		Epping For't	59.70
H 8	L 1	Rianna SMITH	20		Basildon Ph	58.90
	L 2	Lauren WATT	17		Newmarket	58.27
	L 3	Abbie LOW	16		Chelmsford	57.60
	L 4	Martha DULEY	19		Colchester	56.70
	L 5	Meghan MAYBANKS	18		DunmowAtlant	57.26
	L 6	Amie PHILPOT	16		teamipswich	58.07
	L 7	Rikke NAGELL-KLEVEN	23		Co Norwich	58.70
	L 8	Katrin HEIDER	26		Co Cambridge	59.17
H 9	L 1	Katie CONYERS	18		Potters Bar	58.85
	L 2	Shannon STOTT	18		Hatfield	58.20
	L 3	Amy GODSAVE	19		Hatfield	57.40
	L 4	Elinah PHILLIP	18		Bishop Stort	56.63
	L 5	Mia MASPERS	16		teamipswich	57.21
	L 6	Rachel WELLINGS	18		Co Peterboro	57.83
	L 7	Charlotte WALKER	16		Co Norwich	58.70
	L 8	Josie PRETIOUS-WHITE	17		Bishop Stort	59.16
H 10	L 1	Chantal SMITH	18		Team Luton	58.80
	L 2	Mackenzie WHYATT	16		Co Peterboro	58.10
	L 3	Elinor DULEY	18		Colchester	57.30
	L 4	Macy LAWRENCE	16		Basildon Ph	55.80
	L 5	Rebecca SHERWIN	18		teamipswich	57.10
	L 6	Jess-Jane APPLGATE	22	S14	Co Norwich	57.70
	L 7	Rebecca WATT	16		DunmowAtlant	58.30
	L 8	Poppy RICHARDSON	17		Co Peterboro	59.00

Event 223 Mens Open 50m Breaststroke

H 1	L 3	Cameron NEWTON	15		Braintree	34.60
	L 4	Samuel OAKLEY	15		Potters Bar	34.43
	L 5	James MARTINEZ	15		West Suffolk	34.50
	L 6	Connor GILLINGHAM	15		West Suffolk	35.20
H 2	L 1	Brayden DITCHFIELD-WAT	15		Leighton Buz	34.35
	L 2	Samuel BULLINGHAM	15		West Suffolk	34.29
	L 3	Luca CLARKE	16		West Suffolk	34.16
	L 4	Owen VAUGHAN	15		Chelmsford	34.04
	L 5	Jack RICHARDSON	15		DunmowAtlant	34.10
	L 6	Cole SHEPARD	15		Basildon Ph	34.20
	L 7	Toby OFFORD	15		St Ives	34.30
	L 8	Alfie RANDALL	16		West Norfolk	34.36



Swim England East Region 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Five

H 3	L 1	Thomas CHAPMAN	16	Harpenden	34.01	H 12	L 1	Nicholas MITCHELL	19	Colchester	31.50
	L 2	Evan TAYLOR	16	St Ives	33.89		L 2	Finn JEFFERY	15	St Felix Sch	31.40
	L 3	Jonathan SCOTT	16	Chelmsford	33.80		L 3	Maxim DE WILDT	17	Co Cambridge	31.40
	L 4	Thomas BARNES	16	Royston	33.64		L 4	Samuel JOHNSON	20	Halstead	31.20
	L 5	Seyi BANKOLE	15	Hemel Hemp	33.65		L 5	Finlay RYAN	19	West Norfolk	31.20
	L 6	Oscar EAGLE	15	Potters Bar	33.84		L 6	Spencer PRIOR	19	teamipswich	31.40
	L 7	Oliver HUNT	15	Team Luton	33.90		L 7	Matthew MCLAUGHLIN	25	DunmowAtlant	31.50
	L 8	Elliott CHINNICK	16	Epping Fort	34.03		L 8	Mal STAFF	16	Co Norwich	31.60
H 4	L 1	William HANDLEY	16	Stowmarket	33.34	H 13	L 1	Charles RENNIE	17	Braintree	31.10
	L 2	Samuel DACK	16	DunmowAtlant	33.30		L 2	Alex FLORANCE	18	West Norfolk	30.80
	L 3	Kai BORROMEO	16	Modernian	33.20		L 3	Lee PETERSON	44	Braintree	30.40
	L 4	Sam MEAD	16	Dunstable	33.20		L 4	Jack CHRISTIE	20	Co St Albans	29.20
	L 5	William ROBINS	15	C Beds SS	33.20		L 5	Daniel HILL	19	Linslade	30.20
	L 6	Finley PAWLE	16	Leiston	33.20		L 6	Lewis BINNING	15	Basildon Ph	30.60
	L 7	Morgan FOSTER	15	Braintree	33.30		L 7	Raffaele GRACI	17	Putteridge	31.00
	L 8	Mattias MORSE	15	Hemel Hemp	33.56		L 8	Nathan SWIFT	17	Putteridge	31.10
H 5	L 1	Freddie SYMONDS	16	Team Luton	33.10	H 14	L 1	Michael JUDD	20	Dunstable	31.10
	L 2	Neo METZ	18	Hertford	33.00		L 2	Luke BRYAN	18	West Norfolk	30.80
	L 3	Thomas CADENHEAD	16	Co St Albans	33.00		L 3	Joshua BRISTOW	16	Modernian	30.30
	L 4	Daniel THURSTON-WOOLNO	17	Beccles Town	32.99		L 4	Thomas WIGGINS	19	Co Peterboro	28.60
	L 5	Callum STEDMAN	15	Dereham	33.00		L 5	Benjamin ARKLE	19	Co Cambridge	30.10
	L 6	Owen WEBSTER	15	St Felix Sch	33.00		L 6	Ignacio LARGHERO	19	Newmarket	30.50
	L 7	Callum DAVIS	18	Bishop Stort	33.02		L 7	Adam HARDY	16	teamipswich	30.99
	L 8	Tolu ELESIN	16	Potters Bar	33.12		L 8	Ayotobi LAGUDA	16	Hatfield	31.10
H 6	L 1	Jack MANSFIELD	16	Harlow Pen	32.80	H 15	L 1	Samuel PECK	18	West Norfolk	31.00
	L 2	Archie HOLMAN	20	West Norfolk	32.70		L 2	William LOVEMAN	18	Co St Albans	30.75
	L 3	Yannik WILSON	16	Harpenden	32.70		L 3	David SHIPMAN	18	Potters Bar	30.30
	L 4	Henry BUTLER	18	Leiston	32.67		L 4	Lawrence PALMER	26	Putteridge	26.60
	L 5	Haashim HAMEED	17	Brentwood	32.70		L 5	Charles RAYNER	17	Hatfield	29.70
	L 6	Alfie FRANCIS	15	Potters Bar	32.70		L 6	Jack WILLIAMS	16	Basildon Ph	30.40
	L 7	Callum HAROLD	16	Bishop Stort	32.70		L 7	Samuel BRYAN	17	Basildon Ph	30.90
	L 8	Louis STEPHEN	15	Brentwood	32.90		L 8	Ralph MUNCER	17	Co St Albans	31.10
H 7	L 1	Kyle HOLMES	19	Hemel Hemp	32.65						
	L 2	Conor FERGUSON	17	C Beds SS	32.58						
	L 3	Oliver HARRIS	17	West Norfolk	32.56						
	L 4	Lewis CHAPMAN	17	Stowmarket	32.45						
	L 5	Thomas BOYT	19	Felixstowe	32.49						
	L 6	Matthew HONEYMAN	18	Potters Bar	32.57						
	L 7	Joshua SMITH	17	DunmowAtlant	32.60						
	L 8	Shimon LOPEZ	17	Co Cambridge	32.65						
H 8	L 1	Luke CROFTS	18	Thurrock	32.40						
	L 2	Ryan SYKES	22	West Norfolk	32.40						
	L 3	Myles TURNER	18	West Suffolk	32.33						
	L 4	William RICHARDS	17	Dunstable	32.30						
	L 5	Samuel SKUSE	17	Beccles Town	32.30						
	L 6	Lewis BAYLEY	17	Southend	32.33						
	L 7	Walter HACKETT	15	Dunstable	32.40						
	L 8	James MCFARLAND	17	C Beds SS	32.43						
H 9	L 1	Silvester HAVRILLAY	16	Harlow Pen	32.30						
	L 2	Henry KING	15	West Suffolk	32.20						
	L 3	James MONCUR-BROWN	18	Co Norwich	32.10						
	L 4	Harvey HALL	15	Deben	32.10						
	L 5	Jamie COLES	17	Colchester	32.10						
	L 6	Lewis SHAYLER	15	Watford SC	32.10						
	L 7	Tommy CHANDLER	16	Gt Yarmouth	32.20						
	L 8	Freddie LAWS	15	West Norfolk	32.30						
H 10	L 1	Joshua FOWLES	19	Witham Dolph	32.00						
	L 2	Oliver KENNY	21	West Norfolk	31.90						
	L 3	Christopher GREENHALGH	22	West Suffolk	31.87						
	L 4	Sam PERKINS	16	teamipswich	31.80						
	L 5	Sebastian VANDERMEER	15	Co Cambridge	31.83						
	L 6	Matthew GRAY	18	Co Peterboro	31.90						
	L 7	Joseph COLDWELL	16	Hemel Hemp	31.96						
	L 8	Thomas HAMILTON	17	Royston	32.07						
H 11	L 1	Oliver CASHIN	16	Co Cambridge	31.70						
	L 2	Joseph RICHARDSON	17	Harpenden	31.70						
	L 3	Reese HOUSDEN	16	Hatfield	31.64						
	L 4	Jack RICHES	17	Co Norwich	31.60						
	L 5	Liam NICHOLSON	19	Chelmsford	31.60						
	L 6	Harry SAUNDERS	16	Newmarket	31.70						
	L 7	James DILLON	15	Basildon Ph	31.70						
	L 8	Thomas GRIEVE	18	Colchester	31.70						



Swim England East Region 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Five

Event 224 Womens Open 400m IM

H 1	L 3	Fleur HINES	15	Watford SC	5:33.83
	L 4	Imogen BLOOMFIELD	15	Co Cambridge	5:32.81
	L 5	Rharna MASON	15	C Beds SS	5:33.13
H 2	L 2	Phoebe BRENNAN	15	Thurrock	5:32.15
	L 3	Anna FALLON	15	Team Luton	5:31.50
	L 4	Hannah O'CONNOR	15	West Suffolk	5:30.40
	L 5	Rachael JOHNSON	16	West Norfolk	5:30.50
	L 6	Francesca PECCEI	15	Watford SC	5:31.84
	L 7	Millie TURNER	15	Basildon Ph	5:32.75
H 3	L 1	Isabelle SOULSBY	15	Berkhamsted	5:29.75
	L 2	Melissa ELEY	18	Chelmsford	5:28.60
	L 3	Lily BEMMER	15	Deben	5:28.09
	L 4	Hannah TAPLIN	17	Deben	5:27.23
	L 5	Jessica HEESOM	15	Potters Bar	5:27.91
	L 6	Olivia SEAL	16	Hatfield	5:28.09
	L 7	Gemma BOOTH	16	Newmarket	5:29.61
	L 8	Rebecca SMITH	15	Norwich Swan	5:29.95
H 4	L 1	Tegan WOLLASTON	19	Bor of Brox	5:26.47
	L 2	Tilly ANEMA	17	Co Norwich	5:23.70
	L 3	Bailey WILKES	17	Hatfield	5:23.19
	L 4	Amber HEAD	16	Rochford	5:22.50
	L 5	Orla KEAVENEY	15	Modernian	5:23.00
	L 6	Nellie EASTLAND	16	Bishop Stort	5:23.62
	L 7	Beth EDWARDS	18	West Suffolk	5:25.24
	L 8	Ella MURPHY	16	Harpenden	5:26.50
H 5	L 1	Rebecca MERRILL	17	Norwich Swan	5:21.52
	L 2	Jessica FARROW	18	Hatfield	5:18.64
	L 3	Tia GARDINER	16	Chelmsford	5:17.50
	L 4	Ella HALE	15	West Suffolk	5:15.12
	L 5	Chantal SMITH	18	Team Luton	5:17.00
	L 6	Almudena VISSER VELEZ	16	Co Cambridge	5:17.71
	L 7	Daisy SANDON	15	Stevenage	5:19.36
	L 8	Gracie KAY	15	Co Cambridge	5:22.35
H 6	L 1	Caitlin DAY	17	Basildon Ph	5:15.03
	L 2	Rebecca HOWELL	15	Basildon Ph	5:12.50
	L 3	Grace KING	15	teamipswich	5:10.47
	L 4	Danielle RAYNER	22	March 5:09.30	
	L 5	Erin O'MEARA	15	Watford SC	5:09.67
	L 6	Sonia TUMIOTTO	17	St Felix Sch	5:11.26
	L 7	Katie HAMMOND	15	Co Cambridge	5:14.70
	L 8	Annabelle KITCHING	16	Chelmsford	5:15.10
H 7	L 1	Zara KEEGAN	16	Co Cambridge	5:07.41
	L 2	Sophie TAYLOR	17	St Felix Sch	5:06.83
	L 3	Millie EMMANS	19	Co Cambridge	4:59.21
	L 4	Amelia MONAGHAN	16	Co Peterboro	4:49.70
	L 5	Ellie WHEELER	16	Basildon Ph	4:54.60
	L 6	Laura COPPING	18	Hatfield	5:01.75
	L 7	Celyn WALMSLEY	17	Team Luton	5:07.30
	L 8	Lucie PECK	15	West Norfolk	5:07.49

Event 225 Mens 14/16 Yrs 800m Freestyle Team

H 1	L 3	Hemel Hempstead SC	Hemel Hemp	9:10.00
		Mattias MORSE		
		Jonathan FARROW		
		Lewis CLARK		
		Joseph COLDWELL		
L 4	Central Bedfordshire	C Beds SS	8:45.00	
		Edward MCFARLAND		
		Timothy HUGHES		
		William ROBINS		
		Sam TOWNSEND		
L 5	Dereham & District SC	Dereham	8:50.00	
		Ajay FORMAN-MULLEY		
		Ryan BARKER		
		Jack BARTRUM		
		Callum STEDMAN		
H 2	L 2	Basildon and Phoenix B	Basildon Ph	8:18.00
		Jack TURRELL		
		RYan Davis		
		Harrison Rider		
		Cole SHEPARD		
L 3	Hatfield SC A team	Hatfield	8:01.20	
		Ayotobi LAGUDA		
		Daniel MURTAGH		
		Michael KLIMASZEWSKI		
		Reese HOUSDEN		
L 4	City of Peterborough A	Co Peterboro	7:55.00	
		Herbie KINDER		
		Henry PEARCE		
		Myles ROBINSON-YOUN		
		Matthew ROTHWELL		
L 5	Basildon and Phoenix A	Basildon Ph	7:58.00	
		Liam BRENNAN		
		James SPEERS		
		James COOPER		
		Lewis BINNIN		
L 6	City of Cambridge SC	Co Cambridge	8:04.00	
		Sebastian VANDERMEER		
		Jonathon ADAM		
		Jake MOXHAM		
		Harvey SKELLEARN		
L 7	City of Peterborough B	Co Peterboro	8:40.00	
		Fabien BRUDNICKI		
		Connor WALKER		
		George WHITEMAN		
		Matthew NEWSON		

Event 226 Mens 17 Yrs/Over 800m Free.Team

H 1	L 2	Hemel Hempstead SC	Hemel Hemp	8:50.00
		Joel GREEN		
		Samuel GAINES		
		Samuel HUTCHINGS		
		Kyle HOLMES		
L 3	City of Cambridge SC	Co Cambridge	7:58.00	
		Dimitris KOUSOULIDIS		
		Henry CHOON		
		Hugo BELLAMY		
		Matthew TITMAN		
L 4	Hatfield SC A team	Hatfield	7:31.70	
		Nathan HUGHES		
		James WOODWARD		
		Harry CONSTANTINE		
		Luke TURLEY		
L 5	City of Peterborough A	Co Peterboro	7:50.00	
		Harry WHITEMAN		
		Thomas WIGGINS		
		Jamie SHOLES		
		Yasir NAIMI		
L 6	City of St Albans SC	Co St Albans	8:10.00	
		Jack CHRISTIE		
		Jude LIDDIARD		
		Michael RIPPER		
		Ralph MUNCER		