



Swim England East Region 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Three (Finals)

Event 131 Womens 15 Yrs 200m Butterfly

Final

L 1	Daisy SANDON	15	Stevenage	2:37.36
L 2	Orla KEAVENEY	15	Modernian	2:31.26
L 3	Katie HAMMOND	15	Co Cambridge	2:27.21
L 4	Sara KALAWSKA	15	Hatfield	2:25.69
L 5	Rebecca HOWELL	15	Basildon Ph	2:26.73
L 6	Lucie PECK	15	West Norfolk	2:30.90
L 7	Molly YOUNG	15	Colchester	2:33.06
L 8	Gracie TROTTER	15	C Beds SS	2:40.58

Event 132 Womens 16 Yrs 200m Butterfly

Final

L 1	Freya WRIGHT	16	West Suffolk	2:34.26
L 2	Tia GARDINER	16	Chelmsford	2:33.52
L 3	Annabelle KITCHING	16	Chelmsford	2:31.94
L 4	Mia LEECH	16	Co Peterboro	2:20.26
L 5	Zara KEEGAN	16	Co Cambridge	2:25.81
L 6	Millie WARD	16	Brentwood	2:33.32
L 7	Niamh PERRY	16	West Suffolk	2:33.58
L 8	Jessica PENKUL	16	Bishop Stort	2:34.43

Event 133 Womens 17 Yrs/Over 200m Butterfly

Final

L 1	Martine TRAN	17	Thurrock	2:42.96
L 2	Jessica FARROW	18	Hatfield	2:35.05
L 3	Millie EMMANS	19	Co Cambridge	2:28.19
L 4	Shannon STOTT	18	Hatfield	2:19.63
L 5	Poppy RICHARDSON	17	Co Peterboro	2:25.72
L 6	Emily GREEN	17	Brentwood	2:34.74
L 7	Megan COOK	18	Harlow Pen	2:35.77
L 8	Lois MOORE	23	Hemel Hemp	2:45.58

Event 134 Mens 15 Yrs 50m Backstroke

Final

L 1	Finn JEFFERY	15	St Felix Sch	30.38
L 2	Samuel ROSE	15	West Norfolk	30.27
L 3	Alexander CATTON	15	Bishop Stort	29.91
L 4	Walter HACKETT	15	Dunstable	28.99
L 5	Daniel MURTAGH	15	Hatfield	29.89
L 6	Sebastian VANDERMEER	15	Co Cambridge	30.21
L 7	Ciaran RICHES	15	West Suffolk	30.32
L 8	Connor GILLINGHAM	15	West Suffolk	30.5

Event 135 Mens 16 Yrs 50m Backstroke

Final

L 1	Liam BRENNAN	16	Basildon Ph	29.58
L 2	Manfred BATTLE	16	Stowmarket	28.73
L 3	Herbie KINDER	16	Co Peterboro	28.28
L 4	Jonathon ADAM	16	Co Cambridge	27.20
L 5	Samuel PERKS	16	Basildon Ph	27.74
L 6	Jack BOWYER	16	West Suffolk	28.62
L 7	Myles ROBINSON-YOUNG	16	Co Peterboro	29.34
L 8	James COOPER	16	Basildon Ph	29.74

Event 136 Mens 17 Yrs/Over 50m Backstroke

Final

L 1	Ryan KELLY	19	Chelmsford	28.75
L 2	Joshua SMITH	17	DunmowAtlant	28.07
L 3	Matthew GRAY	18	Co Peterboro	27.94
L 4	Harry CONSTANTINE	18	Hatfield	27.56
L 5	Thomas CLARE	17	teamipswich	27.72
L 6	Jamie SCHOLES	18	Co Peterboro	27.95
L 7	Daniel CHADA	17	Bishop Stort	28.33
L 8	Matthew TITMAN	17	Co Cambridge	28.98

Event 137 Womens 15 Yrs 50m Freestyle

Final

L 1	Rebecca GIROLAMI	15	Colchester	28.40
L 2	Annabelle BURGESS	15	teamipswich	28.25
L 3	Tilly MAYES	15	Thurrock	28.21
L 4	Emma CRUICKSHANKS	15	teamipswich	27.92
L 5	Sacha THOMAS	15	Co Norwich	28.10
L 6	Jessica WOODWARD	15	Hatfield	28.22
L 7	Libby DUNFORD	15	Bor of Brox	28.38
L 8	Isabel WAINWRIGHT	15	Modernian	28.41

Event 138 Womens 16 Yrs 50m Freestyle

Final

L 1	Abbie LOW	16	Chelmsford	28.05
L 2	Mackenzie WHYATT	16	Co Peterboro	27.92
L 3	Mia MASPERS	16	teamipswich	27.56
L 4	Rebecca WATT	16	DunmowAtlant	27.03
L 5	Macy LAWRENCE	16	Basildon Ph	27.09
L 6	Amie PHILPOT	16	teamipswich	27.87
L 7	Charlotte WALKER	16	Co Norwich	28.01
L 8	Shona MCKENNA	16	Hemel Hemp	28.23

Event 139 Womens 17 Yrs/Over 50m Freestyle

Final

L 1	Georgina TALLON	18	Potters Bar	27.53
L 2	Martha DULEY	19	Colchester	27.28
L 3	Elinor DULEY	18	Colchester	27.07
L 4	Elinah PHILLIP	18	Bishop Stort	26.36
L 5	Amy GODSAVE	19	Hatfield	26.76
L 6	Meghan MAYBANKS	18	DunmowAtlant	27.12
L 7	Jess-Jane APPLGATE	22	S14 Co Norwich	27.32
L 8	Jana SPINNER	19	Co Norwich	27.71

Event 140 Mens 15 Yrs 100m Breaststroke

Final

L 1	Callum STEDMAN	15	Dereham	1:13.56
L 2	Harvey HALL	15	Deben	1:13.17
L 3	Freddie LAWS	15	West Norfolk	1:11.87
L 4	Lewis BINNING	15	Basildon Ph	1:10.25
L 5	Lewis SHAYLER	15	Watford SC	1:11.09
L 6	Henry KING	15	West Suffolk	1:12.21
L 7	James DILLON	15	Basildon Ph	1:13.33
L 8	William PESTELL	15	teamipswich	1:13.79

Event 141 Mens 16 Yrs 100m Breaststroke

Final

L 1	Sam PERKINS	16	teamipswich	1:12.73
L 2	Oliver CASHIN	16	Co Cambridge	1:12.04
L 3	Callum HAROLD	16	Bishop Stort	1:11.57
L 4	Ayotobi LAGUDA	16	Hatfield	1:10.08
L 5	Joshua BRISTOW	16	Modernian	1:11.43
L 6	Bryn COUSER	16	Bishop Stort	1:11.97
L 7	Jack WILLIAMS	16	Basildon Ph	1:12.68
L 8	Mal STAFF	16	Co Norwich	1:13.15

Event 142 Mens 17 Yrs/Over 100m Breaststroke

Final

L 1	Dominic HOLLOWAY	22	Co Cambridge	1:09.59
L 2	Benjamin ARKLE	19	Co Cambridge	1:08.40
L 3	Jack CHRISTIE	20	Co St Albans	1:08.07
L 4	Lawrence PALMER	26	Putteridge	1:03.56
L 5	Thomas WIGGINS	19	Co Peterboro	1:07.86
L 6	Charles RAYNER	17	Hatfield	1:08.31
L 7	Ralph MUNCER	17	Co St Albans	1:09.44
L 8	Finlay RYAN	19	West Norfolk	1:09.81

Event 143 Womens 15 Yrs 200m Breaststroke

Final

L 1	Beth DENNIS	15	Wisbech	2:54.09
L 2	Ellie-Mei SHEPPERSON	15	West Norfolk	2:53.21
L 3	Imogen BLOOMFIELD	15	Co Cambridge	2:47.15
L 4	Grace KING	15	teamipswich	2:43.74
L 5	Erin O'MEARA	15	Watford SC	2:44.30
L 6	Chiara ROGERS	15	Team Luton	2:50.35
L 7	Ellie MATTHEWS	15	Putteridge	2:53.79
L 8	Grace STEDMAN	15	Co St Albans	2:57.12

Event 144 Womens 16 Yrs 200m Breaststroke

Final

L 1	Katherine DAYNES	16	Halstead	2:53.24
L 2	Zara KEEGAN	16	Co Cambridge	2:49.44
L 3	India WESTON	16	Norfolk Vikg	2:42.43
L 4	Amelia MONAGHAN	16	Co Peterboro	2:34.63
L 5	Sophie PAYNE	16	Hatfield	2:40.55
L 6	Aoife MARLEY	16	Witham Dolph	2:44.76
L 7	Lauren SCOTT	16	Chelmsford	2:52.94
L 8	Rachael JOHNSON	16	West Norfolk	2:55.61



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Event 145 Womens 17 /Over 200m Breaststroke

Final			
L 1	Lucy PARK	22 Watford SC	2:51.30
L 2	Laura COPPING	18 Hatfield	2:49.11
L 3	Caitlin DAY	17 Basildon Ph	2:46.36
L 4	Molly LEE	17 West Norfolk	2:41.78
L 5	Roxanne UYS	19 West Norfolk	2:42.87
L 6	Alara NORTON	17 Hatfield	2:47.36
L 7	Emily SELLEN	19 Watford SC	2:50.05
L 8	Katie LINES	17 Lstof & OB	2:51.49

Event 146 Mens 15 Yrs 100m Butterfly

Final			
L 1	Joshua BRIDGELAND	15 Hatfield	1:02.96
L 2	Samuel ROSE	15 West Norfolk	1:01.90
L 3	Daniel MURTAGH	15 Hatfield	1:01.67
L 4	Nathan WOODROW	15 Co Norwich	59.76
L 5	Lewis BINNING	15 Basildon Ph	1:00.18
L 6	Ciaran RICHES	15 West Suffolk	1:01.88
L 7	Joshua HOLLAND	15 Hertford	1:02.46
L 8	Devesh KAPOOR	15 Watford SC	1:03.34

Event 147 Mens 16 Yrs 100m Butterfly

Final			
L 1	Elliott DAY	16 teamipswich	1:00.41
L 2	Samuel PERKS	16 Basildon Ph	1:00.05
L 3	Herbie KINDER	16 Co Peterboro	59.46
L 4	Jack BOWYER	16 West Suffolk	59.38
L 5	Manfred BATTLE	16 Stowmarket	59.42
L 6	Collins SALIBOKO	16 St Felix Sch	59.58
L 7	Myles ROBINSON-YOUNG	16 Co Peterboro	1:00.29
L 8	Mason HUNNISETT	16 Basildon Ph	1:00.82

Event 148 Mens 17 Yrs/Over 100m Butterfly

Final			
L 1	Harry WHITEMAN	18 Co Peterboro	59.72
L 2	Thomas CLARE	17 teamipswich	59.60
L 3	Matthew WRIGHT	20 Team Luton	58.52
L 4	Hugo BELLAMY	20 Co Cambridge	57.31
L 5	James WOODWARD	18 Hatfield	57.52
L 6	Matthew TITMAN	17 Co Cambridge	58.80
L 7	Jake THOMAS-MANSFIELD	18 St Felix Sch	59.61
L 8	Harry JONES	18 Hitchin	59.87

Event 149 Womens 15 Yrs 200m Backstroke

Final			
L 1	Millie TURNER	15 Basildon Ph	2:32.63
L 2	Isabelle SOULSBY	15 Berkhamsted	2:31.51
L 3	Gracie KAY	15 Co Cambridge	2:27.54
L 4	Emma CRUICKSHANKS	15 teamipswich	2:22.66
L 5	Eve WRIGHT	15 Co Peterboro	2:25.22
L 6	Asma PARKER	15 Colchester	2:27.85
L 7	Lucie PECK	15 West Norfolk	2:32.34
L 8	Lily MERRETT	15 Bor of Brox	2:32.87

Event 150 Womens 16 Yrs 200m Backstroke

Final			
L 1	Lara-Grace MOUNT	16 West Norfolk	2:27.48
L 2	Mackenzie WHYATT	16 Co Peterboro	2:26.98
L 3	Lauren STOTT	16 Hatfield	2:24.78
L 4	Abbie LOW	16 Chelmsford	2:21.30
L 5	Megan PYE	16 Co Norwich	2:24.17
L 6	Ellie WHEELER	16 Basildon Ph	2:25.32
L 7	Emma SHOOBERT	16 C Beds SS	2:27.29
L 8	Emma HOWITT	16 Modernian	2:27.92

Event 151 Womens 17 Yrs/Over 200m Backstroke

Final			
L 1	Celyn WALMSLEY	17 Team Luton	2:28.36
L 2	Rebecca SHERWIN	18 teamipswich	2:23.46
L 3	Danielle RAYNER	22 March	2:22.62
L 4	Martha DULEY	19 Colchester	2:21.63
L 5	Niamh JAMES	17 Bishop Stort	2:22.35
L 6	Emma LESLIE	17 Co Peterboro	2:23.27
L 7	Emily LANE	22 Basildon Ph	2:23.66
L 8	Grace WYLIE	17 Hatfield	2:30.04

Event 152 Mens 15 Yrs 100m Freestyle

Final			
L 1	Louis STEPHEN	15 Brentwood	57.87
L 2	Ciaran RICHES	15 West Suffolk	57.49
L 3	Lewis BINNING	15 Basildon Ph	56.48
L 4	Nathan WOODROW	15 Co Norwich	55.89
L 5	James SPEERS	15 Basildon Ph	56.22
L 6	Sebastian VANDERMEER	15 Co Cambridge	56.66
L 7	Samuel ROSE	15 West Norfolk	57.50
L 8	Samuel MILLER	15 Bo Southend	58.40

Event 153 Mens 16 Yrs 100m Freestyle

Final			
L 1	Joshua BRISTOW	16 Modernian	55.40
L 2	Sam PERKINS	16 teamipswich	54.87
L 3	Jake MOXHAM	16 Co Cambridge	54.51
L 4	Jonathon ADAM	16 Co Cambridge	53.93
L 5	Reese HOUSDEN	16 Hatfield	54.31
L 6	Myles ROBINSON-YOUNG	16 Co Peterboro	54.71
L 7	Ayotobi LAGUDA	16 Hatfield	55.01
L 8	Herbie KINDER	16 Co Peterboro	55.53

Event 154 Mens 17 Yrs/Over 100m Freestyle

Final			
L 1	James WOODWARD	18 Hatfield	54.57
L 2	Matthew WRIGHT	20 Team Luton	54.29
L 3	Ignacio LARGHERO	19 Newmarket	53.90
L 4	Harry CONSTANTINE	18 Hatfield	52.54
L 5	Luke TURLEY	18 Hatfield	53.13
L 6	Henry CHOONG	21 Co Cambridge	53.93
L 7	Hugo BELLAMY	20 Co Cambridge	54.35
L 8	Daniel LEIGH	19 Co Peterboro	54.87

Event 155 Womens 15 Yrs 50m Breaststroke

Final			
L 1	Iona TRAINER	15 Co Ely	36.52
L 2	Grace STEDMAN	15 Co St Albans	36.19
L 3	Rebecca GIROLAMI	15 Colchester	35.21
L 4	Erin O'MEARA	15 Watford SC	34.67
L 5	Grace KING	15 teamipswich	35.11
L 6	Annabelle BURGESS	15 teamipswich	35.23
L 7	Beth DENNIS	15 Wisbech	36.35
L 8	Ellie-Mei SHEPPERSON	15 West Norfolk	36.59

Event 156 Womens 16 Yrs 50m Breaststroke

Final			
L 1	Lauren SCOTT	16 Chelmsford	36.23
L 2	Aoife MARLEY	16 Witham Dolph	36.06
L 3	Sophie PAYNE	16 Hatfield	35.20
L 4	Amelia MONAGHAN	16 Co Peterboro	34.91
L 5	India WESTON	16 Norfolk Vikg	34.91
L 6	Vejune PETRAITYTE	16 Basildon Ph	35.88
L 7	Katherine DAYNES	16 Halstead	36.09
L 8	Zara KEEGAN	16 Co Cambridge	36.36

Event 157 Womens 17 Yrs/Over 50m Breaststroke

Final			
L 1	Annalise WRIGHT	18 Linslade	34.99
L 2	Laura COPPING	18 Hatfield	34.80
L 3	Jana SPINNER	19 Co Norwich	34.42
L 4	Molly LEE	17 West Norfolk	33.77
L 5	Kathryn LOVEYS	31 Co Cambridge	33.87
L 6	Roxanne UYS	19 West Norfolk	34.64
L 7	Sarah O'BRIEN	22 Co Norwich	34.91
L 8	Louise BUSH	27 Co Norwich	35.41



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Start Lists Session Three (Finals)

Event 158 Mens 14/16 Yrs 400m Medley Team

H 1	L 3	Potters Bar SC Samuel OAKLEY Oscar EAGLE Jack SAVAGE Billy BARBER	Potters Bar	4:38.64
	L 4	Central Bedfordshire Timothy HUGHES William ROBINS Edward MCFARLAND Sam TOWNSEND	C Beds SS	4:23.00
	L 5	City of Peterborough B Fabien BRUDNICKI James ROTHWELL Connor WALKER Matthew NEWSON	Co Peterboro	4:32.00
H 2	L 1	West Suffolk Swimming Jack BOWYER Henry KIN Ciaran RICHES Connor GILLINGHAM	West Suffolk	4:18.89
	L 2	City of Peterborough A Herbie KINDER Henry PEARCE Myles ROBINSON-YOUNG Matthew ROTHWELL	Co Peterboro	4:12.00
	L 3	Hatfield SC A team Daniel MURTAGH Ayotobi LAGUDA Michael KLIMASZEWSKI Reese HOUSDEN	Hatfield	4:06.80
	L 4	Basildon and Phoenix A Samuel PERKS Lewis BINNIN Mason HUNNISETT James COOPER	Basildon Ph	3:58.00
	L 5	City of Cambridge SC Jonathon ADAM Oliver CASHIN Harvey SKELLERN Jake MOXHAM	Co Cambridge	4:06.00
	L 6	Basildon and Phoenix B Liam BRENNAN James DILLON Jack TURRELL James SPEERS	Basildon Ph	4:07.00
	L 7	Watford SC Ketan RACH Lewis SHAYLER Devesh KAPOOR Nathaniel OLAYOMI	Watford SC	4:17.70
	L 8	Hemel Hempstead SC Joseph COLDWELL Mattias MORSE Jonathan FARROW Lewis CLARK	Hemel Hemp	4:20.00

Event 159 Mens 17 Yrs/Over 400m Medley Team

H 1	L 2	City of Peterborough B Matthew GRAY Matthew WOULDHAM Daniel LEIGH Jaxon SIMMONS	Co Peterboro	4:16.00
	L 3	City of Cambridge SC Henry CHOON Benjamin ARKLE Matthew TITMAN Hugo BELLAMY	Co Cambridge	4:00.00
	L 4	Hatfield SC A team Harry CONSTANTINE Nathan HUGHES James WOODWARD Luke TURLEY	Hatfield	3:53.20
	L 5	City of Peterborough A Jamie SCHOLES Thomas WIGGINS Harry WHITEMAN Yasir NAIMI	Co Peterboro	4:00.00
	L 6	City of St Albans SC Jude LIDDIARD Jack CHRISTIE Michael RIPPER Ralph MUNCER	Co St Albans	4:12.00
	L 7	Hemel Hempstead SC Samuel HUTCHINGS Kyle HOLMES Joel GREEN Ashley COOMBS	Hemel Hemp	4:17.00



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Start Lists Session Three (Finals)

Event 160 Womens 14/16 Yrs 400m Free.Team					Event 161 Womens 17 Yrs/Over 400m Free.Team				
H 1	L 1	Hemel Hempstead SC B Charlotte KINGSTON Freya BERESFORD Jessica WALTERS Emily YOUN	Hemel Hemp	4:16.00	H 1	L 2	City of Cambridge SC Molly OLLINGTON Katrin HEIDER Millie EMMANS Georgia CRAWFORD	Co Cambridge	4:05.00
	L 2	Central Bedfordshire B Beth THOMAS Lauren FAULKNER Lillia THOMPSON Kayleigh HOLROYD	C Beds SS	4:15.00		L 3	Basildon and Phoenix A Rianna SMITH Holly HILDREW Ciara TAPPENDEN Caitlin DAY	Basildon Ph	4:03.00
	L 3	City of Peterborough B Harriet SALISBURY Kiara KOVACS Olivia LEE Brenna HOWELL	Co Peterboro	4:12.00		L 4	City of Norwich SC Jana SPINNER Rikke NAGELL-KLEVEN Sarah O'BRIEN Jessica-Jane APPLGATE	Co Norwich	4:00.00
	L 4	Modernian SC Orla KEAVENEY Georgina MUNDAY Isabel WAINWRIGHT Tia WILSON	Modernian	4:10.00		L 5	Hatfield SC A team Shannon STOTT Laura COPPIN Sophie QUACH Amy GODSAVE	Hatfield	4:01.00
	L 5	City of Cambridge SC Almudena VISSER VELEZ Gracie KAY Katie HAMMOND Zara KEEGAN	Co Cambridge	4:12.00		L 6	Hemel Hempstead SC A Lois MOORE Rebecca SEWELL Kira DOYLE Alice FENDER	Hemel Hemp	4:04.00
	L 6	Basildon and Phoenix B Rebecca HOWELL Danielle HARTIN Emma TAPPENDEN Mia FURSEDONNE	Basildon Ph	4:13.00		L 7	Hemel Hempstead SC B Hannah BENNETT Rebecca HOPPER Megan PRINCE Keelin MCKENNA	Hemel Hemp	4:10.00
	L 7	City of Peterborough C Holly GRAVES Ella McGHEE Lauren BROWNE Sophie GALJAARD	Co Peterboro	4:15.00					
	L 8	Thurrock Swimming Club Rebecca WEST Phoebe BRENNAN Radost MILKOVA Tilly MAYES	Thurrock	4:17.00					
H 2	L 1	Central Bedfordshire A Lauren THOMAS Rachel ANDREWS Rhearna MASON Emma SHOOBERT	C Beds SS	4:10.00					
	L 2	Hatfield SC A team Jessica WOODWARD Billie GRANT Bianka MISIKOVA Sara KALAWSKA	Hatfield	4:07.50					
	L 3	City of Norwich SC Sacha THOMAS Megan PYE Charlotte ABRAMSON Charlotte WALKER	Co Norwich	4:03.00					
	L 4	Basildon and Phoenix A Grace WHEELER Ellie WHEELER Erin LEE Macy LAWRENCE	Basildon Ph	4:00.00					
	L 5	Chelmsford City SC Tia GARDINER Scarlett MORINE Annabelle KITCHIN Abbie LOW	Chelmsford	4:01.53					
	L 6	City of Peterborough A Mackenzie WHYATT Mia LEECH Amelia MONAGHAN Eve WRIGHT	Co Peterboro	4:04.00					
	L 7	West Suffolk Swimming Ella HALE Lucy HUDSON Niamh PERRY Charlotte HUDSON	West Suffolk	4:09.44					
	L 8	Hemel Hempstead SC A Georgia PURKIS Tilly BECKWITH Millie HERBERT Shona MCKENNA	Hemel Hemp	4:10.00					