



Swim England East Region 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session One

Event 111 Womens Open 200m Butterfly					
H 1	L 3	Morgan ALLAN	15	Modernian	2:45.14
	L 4	Hannah O'CONNOR	15	West Suffolk	2:43.99
	L 5	Lucy JORDAN-CAWS	15 S15	Hatfield	2:45.04
H 2	L 2	Chloe BERKO-BOATENG	15	Hatfield	2:42.90
	L 3	Alice RICHARDSON	15	Harpenden	2:42.26
	L 4	Katie HARRISON	16	Potters Bar	2:40.94
	L 5	Rebecca SMITH	15	Norwich Swan	2:41.77
	L 6	Ellis KANE	15	Modernian	2:42.40
	L 7	Radost MILKOVA	15	Thurrock	2:43.29
H 3	L 1	Lauren YOUNG	15	C Beds SS	2:40.20
	L 2	Anna FALLON	15	Team Luton	2:40.06
	L 3	Millie BATEMAN	15	Co Norwich	2:38.90
	L 4	Hannah TAPLIN	17	Deben	2:38.40
	L 5	Ellen NORTHWOOD	17	Berkhamsted	2:38.77
	L 6	Katherine CHEESERIGHT	15	Biggleswade	2:39.17
	L 7	Jennifer READ	16	West Norfolk	2:40.10
	L 8	Gracie TROTTER	15	C Beds SS	2:40.58
H 4	L 1	Hannah CURRELL	19	Flitwick	2:37.94
	L 2	Lauren BROWNE	15	Co Peterboro	2:37.26
	L 3	Lois MOORE	23	Hemel Hemp	2:35.62
	L 4	Olivia SEAL	16	Hatfield	2:34.10
	L 5	Megan COOK	18	Harlow Pen	2:34.70
	L 6	Tegan WOLLASTON	19	Bor of Brox	2:37.02
	L 7	Amber HEAD	16	Rochford	2:37.57
	L 8	Lily GENNER	15	West Suffolk	2:37.99
H 5	L 1	Jessica HEESOM	15	Potters Bar	2:31.08
	L 2	Jessica FARRROW	18	Hatfield	2:29.32
	L 3	Niamh PERRY	16	West Suffolk	2:26.84
	L 4	Sara KALAWSKA	15	Hatfield	2:19.31
	L 5	Millie EMMANS	19	Co Cambridge	2:22.23
	L 6	Molly YOUNG	15	Colchester	2:27.90
	L 7	Tia GARDINER	16	Chelmsford	2:30.30
	L 8	Orla KEAVENEY	15	Modernian	2:33.40
H 6	L 1	Freya WRIGHT	16	West Suffolk	2:30.74
	L 2	Jessica PENKUL	16	Bishop Stort	2:28.54
	L 3	Zara KEEGAN	16	Co Cambridge	2:23.61
	L 4	Mia LEECH	16	Co Peterboro	2:18.60
	L 5	Rebecca HOWELL	15	Basildon Ph	2:21.90
	L 6	Millie WARD	16	Brentwood	2:27.90
	L 7	Lauren THOMAS	16	C Beds SS	2:29.95
	L 8	Daisy SANDON	15	Stevenage	2:33.07
H 7	L 1	Emily GREEN	17	Brentwood	2:30.50
	L 2	Lucie PECK	15	West Norfolk	2:28.17
	L 3	Katie HAMMOND	15	Co Cambridge	2:23.27
	L 4	Shannon STOTT	18	Hatfield	2:14.30
	L 5	Poppy RICHARDSON	17	Co Peterboro	2:21.20
	L 6	Annabelle KITCHING	16	Chelmsford	2:27.13
	L 7	Martine TRAN	17	Thurrock	2:29.42
	L 8	Erin LEE	16	Basildon Ph	2:32.71
Event 112 Mens Open 50m Backstroke					
H 1	L 3	Morgan FOSTER	15	Braintree	31.29
	L 4	Samuel OWEN	15	Runnymede	31.10
	L 5	Jack CONROY	15	Thurrock	31.20
H 2	L 1	Henry KING	15	West Suffolk	31.03
	L 2	Joshua BRIDGELAND	15	Hatfield	30.89
	L 3	Zane BATT	15	Bor of Brox	30.77
	L 4	Cole SHEPARD	15	Basildon Ph	30.63
	L 5	Ben WOODHOUSE	15	Norwich Swan	30.70
	L 6	Samuel MILLER	15	Bo Southend	30.78
	L 7	Matthew NEWSON	15	Co Peterboro	30.99
	L 8	Ciaran COOK	15	Co St Albans	31.04
H 3	L 1	Samuel COSTIN	15	Basildon Ph	30.59
	L 2	Thomas BELCHER	15	Modernian	30.30
	L 3	Alfie KING	15	Thetford	30.20
	L 4	Sebastian VANDERMEER	15	Co Cambridge	30.20
	L 5	Ben BLOWERS	16	Co Norwich	30.20
	L 6	Joseph COLDWELL	16	Hemel Hemp	30.27
	L 7	Owen VAUGHAN	15	Chelmsford	30.49
	L 8	Teal'K SMITH	15	Beccles Town	30.60
H 4	L 1	Nathaniel OLAYOMI	15	Watford SC	30.02
	L 2	Luke PESTAILLE	15	Hatfield	29.90
	L 3	Samrahn SANDHU	16	Harpenden	29.85
	L 4	Samuel ROSE	15	West Norfolk	29.82
	L 5	Matthew ROTHWELL	16	Co Peterboro	29.83
	L 6	Ciaran RICHES	15	West Suffolk	29.86
	L 7	Jack RICHARDSON	15	DunmowAtlant	30.00
	L 8	Nathan WOODROW	15	Co Norwich	30.10
H 5	L 1	Charlie KING	15	Co St Albans	29.60
	L 2	Ismail RAHIM	16	Berkhamsted	29.53
	L 3	Connor GILLINGHAM	15	West Suffolk	29.30
	L 4	Callum THURSTON-WOOLNO	18	Beccles Town	29.08
	L 5	Ayotobi LAGUDA	16	Hatfield	29.24
	L 6	Alexander CATTON	15	Bishop Stort	29.40
	L 7	Collins SALIBOKO	16	St Felix Sch	29.59
	L 8	Thomas CADENHEAD	16	Co St Albans	29.60
H 6	L 1	Adam MARTIN	18	Potters Bar	29.07
	L 2	Matthew ANDERSON	16	Deben	28.89
	L 3	Finn JEFFERY	15	St Felix Sch	28.86
	L 4	Harrison LEES	17	Watford SC	28.77
	L 5	Oliver KENNY	21	West Norfolk	28.80
	L 6	Jake THOMAS-MANSFIELD	18	St Felix Sch	28.89
	L 7	Jack SANGSTER	17	Modernian	28.96
	L 8	Bryce O'DEA	19	Runnymede	29.08
H 7	L 1	Liam BRENNAN	16	Basildon Ph	28.70
	L 2	Sam PERKINS	16	teamipswich	28.67
	L 3	Dalton YALLOP	21	Beccles Town	28.64
	L 4	Samuel HUTCHINGS	18	Hemel Hemp	28.59
	L 5	Myles ROBINSON-YOUNG	16	Co Peterboro	28.60
	L 6	Luke CROFTS	18	Thurrock	28.65
	L 7	Jordan CATCHPOLE	19 S14	Co Norwich	28.70
	L 8	Thomas BOYT	19	Felixstowe	28.75
H 8	L 1	Daniel HILL	19	Linslade	28.50
	L 2	Matthew TITMAN	17	Co Cambridge	28.15
	L 3	Daniel CHADA	17	Bishop Stort	27.70
	L 4	Samuel PERKS	16	Basildon Ph	26.70
	L 5	Joshua SMITH	17	DunmowAtlant	27.05
	L 6	Herbie KINDER	16	Co Peterboro	28.10
	L 7	James COOPER	16	Basildon Ph	28.20
	L 8	John BOYLE	17	DunmowAtlant	28.57
H 9	L 1	Michael JUDD	20	Dunstable	28.40
	L 2	Lucas DYSON-DIAZ	18	Hatfield	28.14
	L 3	Jack BOWYER	16	West Suffolk	27.70
	L 4	Jamie SCHOLLES	18	Co Peterboro	26.60
	L 5	Thomas CLARE	17	teamipswich	27.00
	L 6	Jude LIDDIARD	17	Co St Albans	27.86
	L 7	Elliot COOK	24	teamipswich	28.20
	L 8	Charles WHYTE	17	West Suffolk	28.56
H 10	L 1	Daniel MURTAGH	15	Hatfield	28.22
	L 2	Walter HACKETT	15	Dunstable	28.10
	L 3	Harry CONSTANTINE	18	Hatfield	27.30
	L 4	Jonathon ADAM	16	Co Cambridge	26.40
	L 5	Matthew GRAY	18	Co Peterboro	27.00
	L 6	Manfred BATTLE	16	Stowmarket	27.84
	L 7	Ryan KELLY	19	Chelmsford	28.20
	L 8	Myles TURNER	18	West Suffolk	28.51
Event 113 Womens Open 50m Freestyle					
H 1	L 2	Jordan QUINN	17 S9	Putteridge	41.30
	L 3	Chloe BERKO-BOATENG	15	Hatfield	28.90
	L 4	Lily BEMMER	15	Deben	28.85
	L 5	Rebecca GIROLAMI	15	Colchester	28.90
	L 6	Leah HARRIS	15	Norfolk V/kg	29.09
H 2	L 1	Mia BOERSMA	15	Tring	28.80
	L 2	Ella TOLLIDAY	16	St Felix Sch	28.68
	L 3	Jessica HEESOM	15	Potters Bar	28.66
	L 4	Hannah SHARP	16	Modernian	28.60
	L 5	Bianka MISIKOVA	15	Hatfield	28.64
	L 6	Francesca PECCEI	15	Watford SC	28.66
	L 7	Gemma HANSON	15	Hatfield	28.70
	L 8	Gracie KAY	15	Co Cambridge	28.80



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Start Lists Session One

H 3	L 1 Lily GENNER	15	West Suffolk	28.50	H 2	L 1 James MARTINEZ	15	West Suffolk	1:15.79	
	L 2 Larissa DEAN	16	Harpenden	28.50		L 2 Luca CLARKE	16	West Suffolk	1:14.52	
	L 3 Emma SHOOBERT	16	C Beds SS	28.40		L 3 Kai BORROMEO	16	Modernian	1:14.29	
	L 4 Rebecca STROUD	16	Brentwood	28.31		L 4 Jack MANSFIELD	16	Harlow Pen	1:14.18	
	L 5 Mia FURSEDONNE	16	Basildon Ph	28.33		L 5 Samuel BULLINGHAM	15	West Suffolk	1:14.22	
	L 6 Ellie MATTHEWS	15	Putteridge	28.40		L 6 Oscar EAGLE	15	Potters Bar	1:14.49	
	L 7 Orla KEAVENEY	15	Modernian	28.50		L 7 Elliot CHINNICK	16	Epping For't	1:14.72	
	L 8 Rebecca SMITH	15	Norwich Swan	28.60		L 8 Louis BYRNE	15	Co Cambridge	1:15.91	
H 4	L 1 Erin O'MEARA	15	Watford SC	28.23	H 3	L 1 Thomas CADENHEAD	16	Co St Albans	1:14.05	
	L 2 Iona TRAINER	15	Co Ely	28.13		L 2 Finlay PAWLE	16	Leiston	1:13.79	
	L 3 Lara-Grace MOUNT	16	West Norfolk	28.10		L 3 Louis STEPHEN	15	Brentwood	1:13.63	
	L 4 Megan PYE	16	Co Norwich	28.10		L 4 Alfie FRANCIS	15	Potters Bar	1:13.21	
	L 5 Annika BROWN	15	teamipswich	28.10		L 5 Harry SAUNDERS	16	Newmarket	1:13.62	
	L 6 Eve WRIGHT	15	Co Peterboro	28.12		L 6 Evan TAYLOR	16	St Ives	1:13.72	
	L 7 Asma PARKER	15	Colchester	28.20		L 7 Callum STEDMAN	15	Dereham	1:13.80	
	L 8 Charlotte HUDSON	15	West Suffolk	28.30		L 8 Jude GOULD	16	Hitchin	1:14.12	
H 5	L 1 Mia YATES	15	Felixstowe	28.04	H 4	L 1 Tommy CHANDLER	16	Gt Yarmouth	1:12.94	
	L 2 Sarah CARROLL	16	Bishop Stort	27.90		L 2 William HANDLEY	16	Stowmarket	1:12.27	
	L 3 Millie SMALL	17	West Suffolk	27.90		L 3 Walter HACKETT	15	Dunstable	1:11.84	
	L 4 Sophie TAYLOR	15	DunmowAtlant	27.80		L 4 William PESTELL	15	teamipswich	1:11.79	
	L 5 Annabelle BURGESS	15	teamipswich	27.81		L 5 William ROBINS	15	C Beds SS	1:11.80	
	L 6 Rachel WELLINGS	18	Co Peterboro	27.90		L 6 Mattias MORSE	15	Hemel Hemp	1:12.07	
	L 7 Cathryn THOMSON	28	St Ives	28.00		L 7 Freddie SYMONDS	16	Team Luton	1:12.60	
	L 8 India WESTON	16	Norfolk Vikg	28.08		L 8 Sam MEAD	16	Dunstable	1:13.18	
H 6	L 1 Shona MCKENNA	16	Hemel Hemp	27.80	H 5	L 1 Nicholas BOTHA	16	Bishop Stort	1:11.45	
	L 2 Mia CARTER	16	Bishop Stort	27.80		L 2 Freddie LAWS	15	West Norfolk	1:11.20	
	L 3 Sonia TUMIOTTO	17	St Felix Sch	27.72		L 3 Louis SPONG	19	DunmowAtlant	1:11.02	
	L 4 Sacha THOMAS	15	Co Norwich	27.70		L 4 Jamie COLES	17	Colchester	1:10.89	
	L 5 Lucy JESSOP	18	Brentwood	27.71		L 5 Lewis SHAYLER	15	Watford SC	1:10.90	
	L 6 Tia GARDINER	16	Chelmsford	27.80		L 6 Mal STAFF	16	Co Norwich	1:11.10	
	L 7 Amelia MONAGHAN	16	Co Peterboro	27.80		L 7 Samuel DACK	16	DunmowAtlant	1:11.25	
	L 8 Sophie QUACH	20	Hatfield	27.80		L 8 Owen WEBSTER	15	St Felix Sch	1:11.53	
H 7	L 1 Libby DUNFORD	15	Bor of Brox	27.60	H 6	L 1 Henry KING	15	West Suffolk	1:10.63	
	L 2 Jessica WOODWARD	15	Hatfield	27.54		L 2 Joseph COLDWELL	16	Hemel Hemp	1:10.59	
	L 3 Emma CRUICKSHANKS	15	teamipswich	27.50		L 3 Thomas GRIEVE	18	Colchester	1:10.42	
	L 4 Molly OLLINGTON	20	Co Cambridge	27.40		L 4 William RICHARDS	17	Dunstable	1:10.24	
	L 5 Abbie LOW	16	Chelmsford	27.40		L 5 Yannik WILSON	16	Harpenden	1:10.26	
	L 6 Lauren WATT	17	Newmarket	27.53		L 6 Sebastian VANDERMEER	15	Co Cambridge	1:10.46	
	L 7 Josie PRETIOUS-WHITE	17	Bishop Stort	27.56		L 7 Lewis BAYLEY	17	Southend	1:10.61	
	L 8 Kioni BROOMFIELD	18	Dereham	27.60		L 8 Callum HAROLD	16	Bishop Stort	1:10.65	
H 8	L 1 Mackenzie WHYATT	16	Co Peterboro	27.30	H 7	L 1 Thomas HAMILTON	17	Royston	1:10.15	
	L 2 Jana SPINNER	19	Co Norwich	27.20		L 2 Kyle HOLMES	19	Hemel Hemp	1:10.15	
	L 3 Amie PHILPOT	16	teamipswich	26.50		L 3 Charles RENNIE	17	Braintree	1:09.97	
	L 4 Macy LAWRENCE	16	Basildon Ph	25.70		L 4 Myles TURNER	18	West Suffolk	1:09.50	
	L 5 Rebecca WATT	16	DunmowAtlant	26.20		L 5 Joseph RICHARDSON	17	Harpenden	1:09.84	
	L 6 Jessica-Jane APPLGATE	22	Co Norwich	26.90		L 6 Harvey HALL	15	Deben	1:10.10	
	L 7 Tilly MAYES	15	Thurrock	27.20		L 7 Nicholas MITCHELL	19	Colchester	1:10.15	
	L 8 Ella HALE	15	West Suffolk	27.40		L 8 Daniel HILL	19	Linslade	1:10.20	
H 9	L 1 Amelia PEDDLE	18	Epping For't	27.23	H 8	L 1 Finlay RYAN	19	West Norfolk	1:09.50	
	L 2 Emily JONES	16	Modernian	27.10		L 2 Finn JEFFERY	15	St Felix Sch	1:09.27	
	L 3 Martha DULEY	19	Colchester	26.40		L 3 Bryn COUSER	16	Bishop Stort	1:09.20	
	L 4 Meghan MAYBANKS	18	DunmowAtlant	25.60		L 4 Cole JAMES	17	Hatfield	1:09.10	
	L 5 Elinor DULEY	18	Colchester	26.10		L 5 Maxim DE WILDT	17	Co Cambridge	1:09.16	
	L 6 Rikke NAGELL-KLEVEN	23	Co Norwich	26.84		L 6 Spencer PRIOR	19	teamipswich	1:09.20	
	L 7 Charlotte WALKER	16	Co Norwich	27.20		L 7 Matthew MCLAUGHLIN	25	DunmowAtlant	1:09.46	
	L 8 Isabel WAINWRIGHT	15	Modernian	27.40		L 8 James DILLON	15	Basildon Ph	1:09.50	
H 10	L 1 Tara COLEMAN	22	Deben	27.21	H 9	L 1 Jack WILLIAMS	16	Basildon Ph	1:08.76	
	L 2 Katie CONYERS	18	Potters Bar	27.10		L 2 Ayotobi LAGUDA	16	Hatfield	1:07.47	
	L 3 Mia MASPER	16	teamipswich	26.30		L 3 William LOVEMAN	18	Co St Albans	1:06.69	
	L 4 Elinah PHILLIP	18	Bishop Stort	25.40		L 4 Thomas WIGGINS	19	Co Peterboro	1:05.10	
	L 5 Amy GODSAVE	19	Hatfield	25.80		L 5 Samuel PECK	18	West Norfolk	1:06.03	
	L 6 Georgina TALLON	18	Potters Bar	26.80		L 6 Chris GREENHALGH	22	West Suffolk	1:07.27	
	L 7 Rianna SMITH	20	Basildon Ph	27.20		L 7 Jack RICHES	17	Co Norwich	1:08.30	
	L 8 Emily LUSH	16	Potters Bar	27.30		L 8 Oliver CASHIN	16	Co Cambridge	1:08.90	
Event 114 Mens Open 100m Breaststroke										
H 1	L 1 Owen WOODROW	17	SB8	Co Norwich	1:50.14	H 10	L 1 Lee PETERSON	44	Braintree	1:08.60
	L 2 Jack RICHARDSON	15		DunmowAtlant	1:16.81		L 2 Luke BRYAN	18	West Norfolk	1:07.40
	L 3 Euan DONALD	15		Berkhamsted	1:16.55		L 3 David SHIPMAN	18	Potters Bar	1:06.62
	L 4 Cole SHEPARD	15		Basildon Ph	1:16.06		L 4 Dominic HOLLOWAY	22	Co Cambridge	1:03.75
	L 5 Morgan FOSTER	15		Braintree	1:16.13		L 5 Jack CHRISTIE	20	Co St Albans	1:05.44
	L 6 Cameron NEWTON	15		Braintree	1:16.72		L 6 Samuel BRYAN	17	Basildon Ph	1:07.20
	L 7 Aaron HIRD	19	SB9	Putteridge	1:21.35		L 7 Sam PERKINS	16	teamipswich	1:07.63
							L 8 Michael JUDD	20	Dunstable	1:08.90



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Start Lists Session One

H 11	L 1	Joshua BRISTOW	16	Modernian	1:08.39
	L 2	Ralph MUNCER	17	Co St Albans	1:07.37
	L 3	Benjamin ARKLE	19	Co Cambridge	1:06.53
	L 4	Lawrence PALMER	26	Putteridge	59.10
	L 5	Charles RAYNER	17	Hatfield	1:05.40
	L 6	Alex FLORANCE	18	West Norfolk	1:07.20
	L 7	Lewis BINNING	15	Basildon Ph	1:07.63
	L 8	Ole MILLS	19	Halstead	1:08.88

Event 115 Womens Open 200m Breaststroke

H 1	L 3	Gina BREWIS	15	Co Ely	2:57.42
	L 4	Caitlin MCKAY	15	West Suffolk	2:56.95
	L 5	Eliza CONNERY	15	Potters Bar	2:57.37
H 2	L 1	Phoebe BRENNAN	15	Thurrock	2:55.96
	L 2	Autumn HANDSCOMBE	15	C Beds SS	2:55.58
	L 3	Chloe LAVIN	15	Co St Albans	2:55.26
	L 4	Almudena VISSER VELEZ	16	Co Cambridge	2:55.03
	L 5	Harriet NEWMAN	16	Potters Bar	2:55.19
	L 6	Rebecca GIROLAMI	15	Colchester	2:55.58
	L 7	Jessica BOND	15	Hatfield	2:55.72
	L 8	Emily WATSON	15	Modernian	2:56.83
H 3	L 1	Fleur HINES	15	Watford SC	2:54.89
	L 2	Iona TRAINER	15	Co Ely	2:53.96
	L 3	Sophie TAYLOR	17	St Felix Sch	2:53.51
	L 4	Mollie WHITE	15	Norfolk Vikg	2:53.11
	L 5	Katherine DAYNES	16	Halstead	2:53.40
	L 6	Charlotte HUDSON	15	West Suffolk	2:53.93
	L 7	Catherine ODELL	15	St Felix Sch	2:54.85
	L 8	Amber HEAD	16	Rochford	2:54.99
H 4	L 1	Ciara TAPPENDEN	17	SB15 Basildon Ph	2:52.63
	L 2	Beth DENNIS	15	Wisbech	2:51.52
	L 3	Rachael JOHNSON	16	West Norfolk	2:50.84
	L 4	Rebecca MERRILL	17	Norwich Swan	2:50.29
	L 5	Lily BEMMER	15	Deben	2:50.68
	L 6	Sonja LOWDON	16	Hitchin	2:51.13
	L 7	Olivia SMITH-LAL	20	Harlow Pen	2:52.16
	L 8	Grace STEDMAN	15	Co St Albans	2:53.03
H 5	L 1	Ella MURPHY	16	Harpندن	2:49.27
	L 2	Nicole EGENES	15	Co St Albans	2:49.12
	L 3	Danielle HARTIN	16	SB14 Basildon Ph	2:48.64
	L 4	Jessica FARROW	18	Hatfield	2:47.69
	L 5	Lauren SCOTT	16	Chelmsford	2:48.01
	L 6	Olivia NICOLAI	18	West Suffolk	2:49.09
	L 7	Poppy ALLEN	15	Basildon Ph	2:49.21
	L 8	Lucy JESSOP	18	Brentwood	2:49.96
H 6	L 1	Lucy PARK	22	Watford SC	2:46.04
	L 2	Celyn WALMSLEY	17	Team Luton	2:43.82
	L 3	Erin O'MEARA	15	Watford SC	2:40.87
	L 4	Sophie PAYNE	16	Hatfield	2:36.10
	L 5	Laura COPPING	18	Hatfield	2:39.12
	L 6	Grace KING	15	teamipswich	2:41.88
	L 7	Annabelle BURGESS	15	teamipswich	2:44.47
	L 8	Ellie-Mei SHEPPERSON	15	West Norfolk	2:47.66
H 7	L 1	Katie LINES	17	Lstof & OB	2:45.46
	L 2	Danielle RAYNER	22	March	2:43.27
	L 3	Molly LEE	17	West Norfolk	2:39.90
	L 4	India WESTON	16	Norfolk Vikg	2:35.80
	L 5	Lauren WATT	17	Newmarket	2:37.59
	L 6	Chiara ROGERS	15	Team Luton	2:41.00
	L 7	Imogen BLOOMFIELD	15	Co Cambridge	2:44.34
	L 8	Georgia PURKIS	16	Hemel Hemp	2:47.49
H 8	L 1	Zara KEEGAN	16	Co Cambridge	2:45.20
	L 2	Emily SELLEN	19	Watford SC	2:43.00
	L 3	Aoife MARLEY	16	Witham Dolph	2:39.61
	L 4	Amelia MONAGHAN	16	Co Peterboro	2:31.70
	L 5	Roxanne UYS	19	West Norfolk	2:37.50
	L 6	Alara NORTON	17	Hatfield	2:41.00
	L 7	Caitlin DAY	17	Basildon Ph	2:43.94
	L 8	Ellie MATTHEWS	15	Putteridge	2:46.46

Event 116 Mens Open 100m Butterfly

H 1	L 3	Roan BRENNAN	12	S9 Basildon Ph	1:21.44
	L 4	Isaac BOYCE	15	Norwich Swan	1:06.64
	L 5	Louis HINES	21	S14 Watford SC	1:18.42
H 2	L 2	Ciaran COOK	15	Co St Albans	1:06.30
	L 3	Ben WOODHOUSE	15	Norwich Swan	1:06.10
	L 4	Morgan FOSTER	15	Braintree	1:05.90
	L 5	Charlie KING	15	Co St Albans	1:06.07
	L 6	Louis STEPHEN	15	Brentwood	1:06.20
	L 7	Euan DONALD	15	Berkhamsted	1:06.43
H 3	L 1	Max ASHKEN	15	Deben	1:05.39
	L 2	Daniel MARTIN	15	Co St Albans	1:05.05
	L 3	Joshua THURSTON-WOOLNO	15	Beccles Town	1:04.70
	L 4	Matteo LO BIUNDO	15	Hitchin	1:04.40
	L 5	Samuel MILLER	15	Bo Southend	1:04.40
	L 6	Henry FERRIES	15	Basildon Ph	1:04.80
	L 7	Freddie LAWS	15	West Norfolk	1:05.20
	L 8	Connor GILLINGHAM	15	West Suffolk	1:05.70
H 4	L 1	Luke PESTAILLE	15	Hatfield	1:04.10
	L 2	Mattias MORSE	15	Hemel Hemp	1:03.79
	L 3	Alfie WARNOCK	15	Putteridge	1:03.70
	L 4	William PESTELL	15	teamipswich	1:03.31
	L 5	Devsh KAPOOR	15	Watford SC	1:03.46
	L 6	Matthew MUNNINGS	15	Diss Otters	1:03.70
	L 7	Daniel ENGLISH	16	Hitchin	1:03.96
	L 8	Alfie WILLIAMS	15	Canvey Isl	1:04.30
H 5	L 1	Edward MCFARLAND	15	C Beds SS	1:02.60
	L 2	Jake MOXHAM	16	Co Cambridge	1:01.60
	L 3	Henry PEARCE	16	Co Peterboro	1:01.26
	L 4	Samuel ROSE	15	West Norfolk	1:01.20
	L 5	Joshua HOLLAND	15	Hertford	1:01.23
	L 6	Angus HARROW	16	Harpندن	1:01.40
	L 7	Jack TURRELL	15	Basildon Ph	1:01.90
	L 8	Joshua BRIDGELAND	15	Hatfield	1:02.63
H 6	L 1	James SPEERS	15	Basildon Ph	1:01.00
	L 2	Thomas BOYT	19	Felixstowe	1:00.77
	L 3	Ashley HOLLNESS-WRIGHT	22	Watford SC	1:00.62
	L 4	Zachary PATEL	17	Berkhamsted	1:00.42
	L 5	Charles WHYTE	17	West Suffolk	1:00.56
	L 6	James MCFARLAND	17	C Beds SS	1:00.64
	L 7	James CHENNELLS	17	Berkhamsted	1:00.89
	L 8	Daniel MURTAGH	15	Hatfield	1:01.06
H 7	L 1	Charles RAYNER	17	Hatfield	1:00.40
	L 2	Adam MARTIN	18	Potters Bar	1:00.25
	L 3	Liam BRENNAN	16	Basildon Ph	59.90
	L 4	Ciaran RICHES	15	West Suffolk	59.80
	L 5	Myles ROBINSON-YOUNG	16	Co Peterboro	59.80
	L 6	Jack WEARS	19	Leighton Buz	1:00.20
	L 7	Samuel BRYAN	17	Basildon Ph	1:00.32
	L 8	Oliver KENNY	21	West Norfolk	1:00.40
H 8	L 1	Ismail RAHIM	16	Berkhamsted	59.68
	L 2	Joshua SMITH	17	DunmowAtlant	59.50
	L 3	Jordan CATCHPOLE	19	S14 Co Norwich	59.30
	L 4	Louis SPONG	19	DunmowAtlant	59.27
	L 5	Alex LEZARD	19	Co Cambridge	59.30
	L 6	Luke SUGDEN	19	Hatfield	59.37
	L 7	Luke BRYAN	18	West Norfolk	59.50
	L 8	Taylor BOWEN	17	West Suffolk	59.79
H 9	L 1	Collins SALIBOKO	16	St Felix Sch	58.90
	L 2	Manfred BATTLE	16	Stowmarket	58.58
	L 3	Harry JONES	18	Hitchin	58.00
	L 4	Matthew WRIGHT	20	Team Luton	56.70
	L 5	Edward CASTRO	30	Harpندن	57.73
	L 6	Jake THOMAS-MANSFIELD	18	St Felix Sch	58.10
	L 7	Callum DAVIS	18	Bishop Stort	58.70
	L 8	Elliot COOK	24	teamipswich	59.20
H 10	L 1	Shimon LOPEZ	17	Co Cambridge	58.80
	L 2	Thomas CLARE	17	teamipswich	58.50
	L 3	Harry WHITEMAN	18	Co Peterboro	57.90
	L 4	Hugo BELLAMY	20	Co Cambridge	56.64
	L 5	Nathan WOODROW	15	Co Norwich	57.50
	L 6	Herbie KINDER	16	Co Peterboro	58.10
	L 7	Samuel PECK	18	West Norfolk	58.60
	L 8	Lewis BINNING	15	Basildon Ph	58.90



Swim England East Region 2018 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session One

H 11	L 1	Samuel PERKS	16	Basildon Ph	58.80
	L 2	Elliott DAY	16	teamipswich	58.30
	L 3	Matthew TITMAN	17	Co Cambridge	57.90
	L 4	James WOODWARD	18	Hatfield	55.80
	L 5	Jack BOWYER	16	West Suffolk	57.40
	L 6	Lucas DYSON-DIAZ	18	Hatfield	58.00
	L 7	Mason HUNNISETT	16	Basildon Ph	58.60
	L 8	Spencer PRIOR	19	teamipswich	58.90

Event 117 Womens Open 400m Freestyle

H 1	L 3	Rhearna MASON	15	C Beds SS	4:43.25
	L 4	Isabelle ROSHER	15	teamipswich	4:40.02
	L 5	Jessica HEESOM	15	Potters Bar	4:40.87
H 2	L 2	Lauren THOMAS	16	C Beds SS	4:39.20
	L 3	Freya WRIGHT	16	West Suffolk	4:38.69
	L 4	Almudena VISSER VELEZ	16	Co Cambridge	4:36.09
	L 5	Georgia PURKIS	16	Hemel Hemp	4:37.47
	L 6	Abbie BARNWELL	15	Team Luton	4:39.10
	L 7	Ellie RUNNALLS	16	DunmowAtlant	4:39.80
H 3	L 1	Niamh PERRY	16	West Suffolk	4:33.30
	L 2	Lucie PECK	15	West Norfolk	4:32.27
	L 3	Lily MERRETT	15	Bor of Brox	4:32.08
	L 4	Billie GRANT	16	Hatfield	4:31.62
	L 5	Katrin HEIDER	26	Co Cambridge	4:31.71
	L 6	Sophie TAYLOR	17	St Felix Sch	4:32.16
	L 7	Ella HALE	15	West Suffolk	4:32.96
	L 8	Alice FENDER	17	Hemel Hemp	4:33.47
H 4	L 1	Rebecca HOWELL	15	Basildon Ph	4:31.00
	L 2	Poppy RICHARDSON	17	Co Peterboro	4:30.70
	L 3	Tia WILSON	16	Modernian	4:27.00
	L 4	Chantal SMITH	18	Team Luton	4:25.50
	L 5	Jessica-Jane APPLGATE	22 S14	Co Norwich	4:26.40
	L 6	Katie HAMMOND	15	Co Cambridge	4:28.30
	L 7	Charlotte WALKER	16	Co Norwich	4:30.70
	L 8	Sonia TUMIOTTO	17	St Felix Sch	4:31.13
H 5	L 1	Mackenzie WHYATT	16	Co Peterboro	4:24.30
	L 2	Abbie LOW	16	Chelmsford	4:20.80
	L 3	Millie EMMANS	19	Co Cambridge	4:20.00
	L 4	Abby SMITH	22	Harpenden	4:17.50
	L 5	Rebecca SHERWIN	18	teamipswich	4:18.30
	L 6	Ellie WHEELER	16	Basildon Ph	4:20.60
	L 7	Mia LEECH	16	Co Peterboro	4:23.80
	L 8	Shannon STOTT	18	Hatfield	4:24.92