

EVENT 1 Womens 65 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Chris Ayers	65	Bedfordshire	46.94
2.	Pat Jackson	71	Norfolk	51.80
3.	Vicky Platt	65	Herts	1:02.45
4.	Carol Hullet	70	Essex	1:08.90
	Christine McIntyre	74	Suffolk	DNC

EVENT 2 Mens 65 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Terry Thorne	68	Norfolk	44.38
2.	Joe Lounds-Keast	67	Bedfordshire	44.64
3.	Ian Bays	67	Herts	44.67
4.	Ron Power	78	Essex	53.68
5.	Michael Read	77	Suffolk	56.29

EVENT 3 Womens 55 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Eileen Luther	60	Essex	35.65
2.	Jean Appleby	62	Suffolk	36.57
3.	Jackie Maycock	56	Bedfordshire	42.70
4.	Jane Blackwell	59	Norfolk	49.58
5.	Juli Jessen	57	Herts	1:00.53

EVENT 4 Mens 55 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Martin Clarke	56	Norfolk	30.60
2.	Geoff Baker	59	Essex	31.31
3.	Ashley Meerloo	58	Herts	31.86
4.	Dale Barker	56	Suffolk	34.26
5.	Ian Murray	61	Bedfordshire	36.30

EVENT 5 Womens 45 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Sharon Perry	46	Suffolk	29.85
2.	Karen Mackenzie	45	Bedfordshire	31.13
3.	Dani Harrison	46	Herts	32.66
4.	Julie Sanders	46	Essex	33.57
5.	Josephine Cresswell	50	Norfolk	34.66

EVENT 6 Mens 45 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	John Cunningham	48	Herts	25.48
2.	Simon Buchan	50	Norfolk	26.76
3.	Paul Speller	46	Essex	27.32
4.	Mark Osterritter	46	Suffolk	27.80
5.	Rob Adsley	48	Bedfordshire	28.03

EVENT 7 Womens 35 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Dawn Palmer	42	Essex	32.92
2.	Catherine Markwell	37	Norfolk	34.59
3.	Belinda McGinley	40	Herts	35.38
4.	Hannah Jones	46	Suffolk	39.15
5.	Loma Brown	43	Bedfordshire	42.23

EVENT 8 Mens 35 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Lee Peterson	44	Essex	28.45
2.	Mike Outtram	36	Bedfordshire	29.77
3.	Matt Richardson	35	Herts	30.03
4.	Will Appleby	36	Norfolk	32.47
5.	Chris Howard	43	Suffolk	35.22

EVENT 9 Womens 25 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Becky Wilkinson	25	Norfolk	35.68
2.	Joanne Holder	33	Bedfordshire	37.38
3.	Claire Matthews	32	Herts	38.37
4.	Chloe Drake	26	Essex	41.45
5.	Gemma CANNON	26	Suffolk	43.09

EVENT 10 Mens 25 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Lewis Clifford-Stevens	25	Essex	28.18
2.	Chris Searle	26	Norfolk	33.35
3.	Jack Donoghue	25	Herts	34.43
4.	Alistair Shaw	38	Bedfordshire	35.13
5.	Steve Denham	42	Suffolk	35.92

EVENT 11 Womens 18 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Lauren Grice	19	Bedfordshire	30.94
2.	Peyton Ewbank	18	Norfolk	31.02
3.	Kelly Sanders	31	Herts	31.11
4.	Tara Coleman	22	Suffolk	31.16
5.	Georgina Milton	18	Essex	32.25

EVENT 12 Mens 18 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Harry Wears	21	Bedfordshire	26.60
2.	Ollie Pyle	18	Suffolk	26.65
3.	Callum Davis	18	Herts	26.79
4.	Lee Baker	23	Essex	27.04
5.	Joseph Wells	19	Norfolk	28.37

EVENT 13 Mens/Womens 260+ Yrs 200m Medley Te

Place	Name	Club	Time
1.	Norfolk County ASA	Norfolk	2:47.82
		Pat Jackson	48.10
		Sarah Adcock	45.69
		Chris Trueman	41.30
		Terry Thorne	32.73
2.	Essex County ASA	Essex	2:56.20
		Carol Hullet	58.07
		C Corby	43.27
		Eileen Luther	36.31
		Derek Gore	38.55
3.	Bedfordshire ASA	Bedfordshire	3:00.78
		Janet Masters	51.04
		Chris Ayers	48.07
		Colin Mayes	47.25
		Joe Lounds-Keast	34.42
4.	Hertfordshire ASA	Herts	3:07.84
		Yvonne Tomey	58.14
		Ian Bays	47.02
		Chris Dunn	35.71
		Juli Jessen	46.97
Suffolk ASA	Suffolk	DNC	
		Janet Williams	
		Christine McIntyre	
		Jon Wills	
		Michael Read	

EVENT 14 Mens 180+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:02.01
		Lee Peterson	28.83
		Martin Lane	35.45
		Martin Fenner	31.08
		Paul Speller	26.65
2.	Norfolk County ASA	Norfolk	2:09.55
		Simon Buchan	33.62
		Mark Claxton	35.65
		Stuart Dyble	29.35
		Ian Balfour	30.93
3.	Suffolk ASA	Suffolk	2:10.16
		Mark Osterritter	33.66
		Chris Howard	35.42
		Dale Barker	33.40
		John McKenny	27.68
4.	Bedfordshire ASA	Bedfordshire	2:14.50
		Matt Masters	29.88
		Colin Mayes	40.38
		Rob Adsley	31.76
		Ian Murray	32.48
5.	Hertfordshire ASA	Herts	2:16.51
		Peter Kelleway	34.33
		Jonathan Refson	36.90
		Tony Gaines	37.90
		John Cunningham	27.38

EVENT 15 Womens 180+ Yrs 200m Medley Team

Place	Name	Club	Time	
1.	Essex County ASA	Essex	2:26.54	
		Katrina Farrell		36.13
		Julie Sanders		39.78
		Amanda Goodman		37.31
		Heidi Nevin		33.32
2.	Bedfordshire ASA	Bedfordshire	2:27.18	
		Lorna Brown		41.13
		Emma Roch		43.91
		Liz Woolner		30.93
		Karen Mackenzie		31.21
3.	Suffolk ASA	Suffolk	2:31.19	
		Sharon Perry		37.38
		Amanda Knight		46.70
		Jean Appleby		36.21
		Hannah Jones		30.90
4.	Norfolk County ASA	Norfolk	2:33.73	
		Alison Pickering		41.74
		Sarah Adcock		45.55
		Josephine Cresswell		35.49
		Melanie Holland		30.95
5.	Hertfordshire ASA	Herts	2:46.00	
		Helen Shingler		40.08
		Vicky Platt		04.16
		Elizabeth Bellinger		1:28.69
		Dani Harrison		33.07

EVENT 16 Mens 100+ Yrs 200m Medley Team

Place	Name	Club	Time	
1.	Essex County ASA	Essex	1:53.01	
		Lee Baker		28.21
		Lewis Clifford-Stevens		27.97
		Ben Millington-Jones		29.58
		Josh Strafford		27.25
2.	Bedfordshire ASA	Bedfordshire	1:55.92	
		Mike Outtram		29.99
		Jack McGarry		33.90
		Harry Wears		26.79
		Christopher Murphy		25.24
3.	Hertfordshire ASA	Herts	1:56.77	
		Callum Davis		29.45
		Daryl Mason		31.25
		Jack Donoghue		28.85
		Matt Barton		27.22
4.	Suffolk ASA	Suffolk	2:01.70	
		Tom Boyt		29.08
		Graham King		36.38
		Ollie Pyle		27.60
		Josh Seddon		28.64
5.	Norfolk County ASA	Norfolk	2:02.02	
		Harry Crisp		30.21
		Chris Searle		33.34
		Harry Weston		26.87
		Finn Fox		31.60

EVENT 17 Womens 100+ Yrs 200m Medley Team

Place	Name	Club	Time	
1.	Bedfordshire ASA	Bedfordshire	2:12.53	
		Rachael Stevenson		34.10
		Joanne Holder		37.25
		Claire Evelyn		30.83
		Lauren Murphy		30.35
2.	Essex County ASA	Essex	2:15.09	
		Sarah Edwards		34.18
		C Drake		40.65
		Michelle Curry		32.14
		D Palmer		28.12
3.	Suffolk ASA	Suffolk	2:17.82	
		Ellie Llewellyn		31.49
		Elinor Oliver		36.98
		Tara Coleman		31.14
		Caroline Cofield		38.21
4.	Norfolk County ASA	Norfolk	2:22.24	
		Kate McCormack		40.15
		Becky Wilkinson		35.37
		Sophie Liddament		35.65
		Katie Maloney		31.07
5.	Hertfordshire ASA	Herts	2:23.57	
		Belinda McGinley		36.08
		Claire Matthews		38.23
		Lorna Castle		37.01
		Sara Matthews		32.25

EVENT 18 Mens 65 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Terry Thorne	68	Norfolk	36.55
2.	Ian Bays	67	Herts	42.59
3.	Michael Read	77	Suffolk	54.02
4.	Paul Clarke	76	Bedfordshire	54.98
	18	Essex		DNC

EVENT 19 Womens 65 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Pat Jackson	71	Norfolk	45.87
2.	Janet Masters	78	Bedfordshire	52.68
3.	Vicky Platt	65	Herts	58.15
	18	Suffolk		DNC
	18	Essex		DNC

EVENT 20 Mens 55 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Martin Fenner	56	Essex	28.77
2.	Martin Clarke	56	Norfolk	29.04
3.	Ashley Meerloo	58	Herts	29.54
4.	Dale Barker	56	Suffolk	31.03
5.	Ian Murray	61	Bedfordshire	32.23

EVENT 21 Womens 55 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Alyson Fordham	62	Essex	31.18
2.	Janet Williams	56	Suffolk	32.15
3.	Jane Blackwell	59	Norfolk	38.19
4.	Heather Patrick	56	Bedfordshire	40.28
5.	Juli Jessen	57	Herts	49.26

EVENT 22 Mens 45 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Mark Osterritter	46	Suffolk	33.05
2.	Simon Buchan	50	Norfolk	33.24
3.	Paul Speller	46	Essex	34.74
4.	Julian Swindale	55	Herts	36.87
5.	Rob Adsley	48	Bedfordshire	38.36

EVENT 23 Womens 45 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Liz Woolner	51	Bedfordshire	34.46
2.	Katrina Farrell	48	Essex	36.48
3.	Hannah Jones	46	Suffolk	39.01
4.	Helen Shingler	49	Herts	39.86
5.	Alison Pickering	48	Norfolk	42.63

EVENT 24 Mens 35 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	David Banks	36	Essex	29.54
2.	Daryl Mason	48	Herts	31.72
3.	Mark Claxton	47	Norfolk	35.13
4.	Alistair Shaw	38	Bedfordshire	35.99
5.	Steve Denham	42	Suffolk	36.46

EVENT 25 Womens 35 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Sarah Pearce	36	Bedfordshire	36.41
2.	Dawn Palmer	42	Essex	37.05
3.	Melanie Holland	44	Norfolk	41.97
4.	Dani Harrison	46	Herts	43.00
5.	Amanda Knight	44	Suffolk	46.90

EVENT 26 Mens 25 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Jack Donoghue	25	Herts	29.37
2.	Lawrence Lowman	29	Suffolk	29.39
3.	Chris Searle	26	Norfolk	29.74
4.	Josh Strafford	27	Essex	31.32
5.	Rory Kemp	28	Bedfordshire	31.39

EVENT 27 Womens 25 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Elizabeth Bellinger	40	Herts	29.88
2.	Claire Evelyn	31	Bedfordshire	31.50
3.	Michelle Curry	31	Essex	32.43
4.	Sophie Liddament	26	Norfolk	35.52
5.	Gemma CANNON	26	Suffolk	37.03

EVENT 28 Mens 18 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Christopher Murphy	22	Bedfordshire	25.25
2.	Tom BOYT	19	Suffolk	25.28
3.	Luke Bryan	18	Norfolk	25.43
4.	Callum Davis	18	Herts	25.85
	Luke Goodall	19	Essex	DQ

EVENT 29 Womens 18 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Melissa Dolby	23	Bedfordshire	27.70
2.	Kelly Sanders	31	Herts	28.69
3.	Tara Coleman	22	Suffolk	28.79
4.	Chloe Phillips	19	Essex	29.87
5.	Marion Bryant	23	Norfolk	29.92

EVENT 30 Mens/Womens 220+ Yrs 200m Medley Te

Place	Name	Club	Time
1.	Suffolk ASA	Suffolk	2:21.04
		Dale Barker	35.73
		Graham King	36.43
		Jean Appleby	36.68
		Janet Williams	32.20
2.	Essex County ASA	Essex	2:21.61
		Eileen Luther	37.78
		Hannah Ueckermann	41.35
		Geoff Baker	30.99
		C Corby	31.49
3.	Norfolk County ASA	Norfolk	2:30.90
		Martin Clarke	35.00
		Sarah Adcock	45.79
		Philip Cotton	32.57
		Jane Blackwell	37.54
4.	Bedfordshire ASA	Bedfordshire	2:33.63
		Liz Woolner	35.79
		Colin Mayes	41.57
		Ian Murray	36.81
		Jackie Maycock	39.46
	Hertfordshire ASA	Herts	DQ
		Juli Jessen	59.30
		Ian Bays	45.62
		Jonathan Refson	37.37
		Dani Harrison	

EVENT 31 Womens 140+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Hertfordshire ASA	Herts	2:13.68
		Belinda McGinley	35.81
		Kirsty Tinnirello	35.30
		Elizabeth Bellinger	30.77
		Jo Mitchinson	31.80
2.	Bedfordshire ASA	Bedfordshire	2:18.51
		Lorna Brown	41.74
		Sarah Pearse	37.17
		Claire Evelyn	31.97
		Carla King	27.63
3.	Essex County ASA	Essex	2:18.76
		Katrina Farrell	36.70
		Heidi Nevin	40.35
		Dawn Palmer	30.97
		Chloe Phillips	30.74
4.	Norfolk County ASA	Norfolk	2:19.21
		Melanie Holland	34.84
		Alison Pickering	42.54
		Katie Maloney	33.09
		Catherine Markwell	28.74
5.	Suffolk ASA	Suffolk	2:28.99
		Gemma Cannon	37.85
		Sharon Perry	38.51
		Amanda Knight	40.39
		Hannah Jones	32.24

EVENT 32 Mens 140+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	1:50.33
		Lee Peterson	28.74
		David Banks	29.08
		Jack Ayling	25.47
		Lee North	27.04
2.	Hertfordshire ASA	Herts	2:03.13
		Matt Richardson	30.04
		Daryl Mason	31.29
		Tony Gaines	36.45
		John Cunningham	25.35
3.	Norfolk County ASA	Norfolk	2:03.71
		Harry Crisp	30.62
		Will Appleby	32.72
		Stuart Dyble	29.73
		Ian Balfour	30.64
4.	Bedfordshire ASA	Bedfordshire	2:06.26
		Mike Outtram	29.99
		Alistair Shaw	35.47
		Rory Kemp	30.57
		Leon Hargreaves	30.23
5.	Suffolk ASA	Suffolk	2:09.53
		Ollie Pyke	31.19
		Graham King	37.54
		Josh Seddon	32.30
		Steve Denham	28.50

EVENT 33 Womens 072+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	2:07.88
		Frances Merridan	31.58
		Sammy Humphrey	37.24
		Lauren Grice	31.41
		Melissa Dolby	27.65
2.	Essex County ASA	Essex	2:10.66
		Marion Whitton	33.68
		Heidi Binning	37.03
		Georgina Milton	32.50
		Megan Maybanks	27.45
3.	Hertfordshire ASA	Herts	2:14.99
		Jo Mitchinson	33.71
		Kelly Sanders	37.45
		Elizabeth Bellinger	31.16
		Lorna Castle	32.67
4.	Norfolk County ASA	Norfolk	2:15.92
		Marion Bryant	35.32
		Greta Balfour	38.92
		Peyton Ewbank	31.30
		Katie Maloney	30.38
5.	Suffolk ASA	Suffolk	2:18.27
		Tara Coleman	32.67
		Elinor Oliver	36.95
		Ellie Llewellyn	30.65
		Caroline Cofield	38.00

EVENT 34 Mens 072+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	1:55.67
		Matt Masters	29.93
		Jack McGarry	33.74
		Harry Wears	26.76
		Christopher Murphy	25.24
2.	Norfolk County ASA	Norfolk	1:55.77
		Harry Weston	30.45
		Luke Bryan	31.31
		Joseph Wells	28.11
		Harry Crisp	25.90
3.	Essex County ASA	Essex	1:59.38
		Jack Ayling	31.67
		Lee Baker	31.89
		Josh Strafford	28.68
		Luke Goodall	27.14
4.	Hertfordshire ASA	Herts	2:00.59
		Matt Richardson	31.30
		Callum Davis	33.94
		Daryl Mason	27.19
		Jack Donoghue	28.16
5.	Suffolk ASA	Suffolk	2:00.77
		Tom Boyt	29.18
		Ollie Pyle	33.67
		Joe Rhodes	30.32
		Chris Howard	27.60

EVENT 35 Womens 65 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Pat Jackson	71	Norfolk	41.15
2.	Carol Hullet	70	Essex	41.67
3.	Yvonne Tomey	67	Herts	43.08
4.	Andrea Minor	70	Bedfordshire	44.48
	Christine McIntyre	74	Suffolk	DNC

EVENT 36 Mens 65 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Chris Dunn	72	Herts	29.55
2.	Terry Thorne	68	Norfolk	31.17
3.	Joe Lounds-Keast	67	Bedfordshire	33.40
4.	Michael Read	77	Suffolk	37.78
5.	Derek Gore	78	Essex	39.03

EVENT 37 Womens 55 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Eileen Luther	60	Essex	37.81
2.	Janet Williams	56	Suffolk	38.41
3.	Jackie Maycock	56	Bedfordshire	46.67
4.	Jane Blackwell	59	Norfolk	51.28
5.	Juli Jessen	57	Herts	59.18

EVENT 38 Mens 55 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Martin Fenner	56	Essex	32.75
2.	Martin Clarke	56	Norfolk	34.41
3.	Dale Barker	56	Suffolk	35.10
4.	Julian Swindale	55	Herts	36.52
5.	Colin Mayes	63	Bedfordshire	43.23

EVENT 39 Womens 45 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Sharon Perry	46	Suffolk	38.40
2.	Amanda Goodman	48	Essex	39.52
3.	Alison Pickering	48	Norfolk	42.73
4.	Emma Roch	45	Bedfordshire	43.91
5.	Helen Shingler	49	Herts	44.22

EVENT 40 Mens 45 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Mark Claxton	47	Norfolk	35.40
2.	Keith ODDY	55	Essex	35.63
3.	Jonathan Refson	53	Herts	36.46
4.	Graham King	55	Suffolk	37.21
5.	Colin Mayes	63	Bedfordshire	42.39

EVENT 41 Womens 35 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Laura Fenner	44	Essex	32.11
2.	Catherine Markwell	37	Norfolk	32.31
3.	Jo Mitchinson	39	Herts	33.41
4.	Sarah PEARSE	36	Bedfordshire	34.70
5.	Amanda Knight	44	Suffolk	39.10

EVENT 42 Mens 35 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Will Appleby	36	Norfolk	27.76
2.	Daryl Mason	48	Herts	27.91
3.	Mike Outtram	36	Bedfordshire	30.30
4.	Ben Millington-Jones	40	Essex	30.48
5.	Steve Denham	42	Suffolk	34.91

EVENT 43 Womens 25 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Becky Wilkinson	25	Norfolk	28.58
2.	Sarah Edwards	32	Essex	29.08
3.	Lauren Murphy	25	Bedfordshire	30.39
4.	Hannah JONES	46	Suffolk	31.23
5.	Lorna Castle	26	Herts	32.90

EVENT 44 Mens 25 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Lewis Clifford-Stevens	25	Essex	23.72
2.	Joe Rhodes	31	Suffolk	26.15
3.	Chris Searle	26	Norfolk	26.57
4.	Matt Barton	26	Herts	27.94
5.	Rory Kemp	28	Bedfordshire	29.81

EVENT 45 Womens 18 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Frances Merridan	24	Bedfordshire	31.29
2.	Eleanor Llewellyn	18	Suffolk	31.69
3.	Greta Balfour	19	Norfolk	33.06
4.	Megan Witton	19	Essex	33.51
5.	Sara Matthews	30	Herts	39.91

EVENT 46 Mens 18 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Tom BOYT	19	Suffolk	28.87
2.	Matt Masters	24	Bedfordshire	29.93
3.	Harry Weston	18	Norfolk	30.49
4.	Callum Davis	18	Herts	30.61
5.	Luke Goodall	19	Essex	31.21

EVENT 47 Mens/Womens 260+ Yrs 200m Free.Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:23.95
		Geoff Baker	30.83
		Alyson Fordham	31.13
		Derek Gore	39.24
		Carol Hullet	42.75
2.	Bedfordshire ASA	Bedfordshire	2:34.55
		Joe Lounds-Keast	33.80
		Colin Mayes	35.70
		Andrea Minor	45.05
		Chris Ayers	40.00
3.	Norfolk County ASA	Norfolk	2:35.02
		Terry Thorne	32.79
		Pat Jackson	43.91
		Sarah Adcock	40.45
		Chris Trueman	37.87
4.	Hertfordshire ASA	Herts	2:47.24
		Ian Bays	42.11
		Vicky Platt	51.66
		Yvonne Tomey	43.62
		Chris Dunn	29.85
Suffolk ASA	Suffolk	DNC	
		Janet Williams	
		Christine McIntyre	
		Jon Wills	
		Michael Read	

EVENT 48 Mens 180+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	1:52.29
		Lee North	27.05
		David Banks	25.79
		Martin Fenner	28.14
		C Corby	31.31
2.	Suffolk ASA	Suffolk	1:53.95
		Dale Barker	30.69
		John McKenny	27.78
		Mark Osterritter	27.89
		Chris Howard	27.59
3.	Norfolk County ASA	Norfolk	1:54.43
		Simon Buchan	27.60
		Stuart Dyble	27.62
		Mark Claxton	28.30
		Ian Balfour	30.91
4.	Hertfordshire ASA	Herts	1:55.64
		Julian Swindale	29.95
		Jonathan Refson	30.40
		Darren Hamshere	30.51
		John Cunningham	24.78
5.	Bedfordshire ASA	Bedfordshire	1:59.31
		Ian Murray	32.48
		Leon Hargreaves	31.05
		Rob Adsley	27.67
		Alistair Shaw	28.11

EVENT 49 Womens 180+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Suffolk ASA	Suffolk	2:07.43
		Sharon Perry	30.46
		Hannah Jones	31.78
		Jean Appleby	33.15
		Gemma Cannon	32.04
2.	Essex County ASA	Essex	2:08.61
		Heidi Nevin	32.73
		Alyson Fordham	04.56
		Julie Sanders	58.68
		C Jones	32.64
3.	Bedfordshire ASA	Bedfordshire	2:10.05
		Karen Mackenzie	31.55
		Emma Roch	34.97
		Liz Woolner	29.50
		Lorna Brown	34.03
4.	Norfolk County ASA	Norfolk	2:24.41
		Melanie Holland	32.43
		Josephine Cresswell	34.13
		Sarah Adcock	40.85
		Alison Pickering	37.00
5.	Hertfordshire ASA	Herts	2:28.30
		Kirsty Tinnirello	31.98
		Helen Shingler	33.87
		Juli Jessen	48.85
		Dani Harrison	33.60

EVENT 50 Mens 100+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	1:42.17
		Harry Wears	24.36
		Matt Masters	25.72
		Mike Outtram	26.28
		Christopher Murphy	25.81
2.	Suffolk ASA	Suffolk	1:49.02
		Ollie Pyle	26.60
		Josh Seddon	29.32
		Steve Denham	27.60
		Tom Boyt	25.50
3.	Essex County ASA	Essex	1:49.92
		J Stratford	27.34
		J Grigg	26.75
		Keith Oddy	29.00
		Paul Speller	26.83
4.	Norfolk County ASA	Norfolk	1:52.38
		Harry Crisp	27.17
		Chris Searle	27.11
		Finn Fox	32.99
		Joseph Wells	25.11
5.	Hertfordshire ASA	Herts	1:57.64
		Jack Donoghue	28.34
		Darren Hamshere	31.51
		Peter Kelleway	29.54
		Matt Barton	28.25

EVENT 51 Womens 100+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	1:56.11
		Claire Evelyn	28.25
		Lauren Murphy	30.13
		Joanne Holder	29.71
		Melissa Dolby	28.02
2.	Essex County ASA	Essex	1:59.31
		Michelle Curry	29.48
		C Drake	32.76
		Sarah Edwards	28.17
		C Jones	28.90
3.	Hertfordshire ASA	Herts	2:02.34
		Lorna Castle	33.36
		Jo Mitchinson	29.92
		Belinda McGinley	30.23
		Kelly Sanders	28.83
4.	Norfolk County ASA	Norfolk	2:04.34
		Becky Wilkinson	28.63
		Sophie Liddament	32.87
		Kate McCormack	33.07
		Marion Bryant	29.77
5.	Suffolk ASA	Suffolk	2:06.51
		Tara Coleman	29.29
		Ellie Llewellyn	28.70
		Elinor Oliver	30.35
		Caroline Cofield	38.17

EVENT 52 Mens 65 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Chris Dunn	72	Herts	39.28
2.	Terry Thorne	68	Norfolk	45.55
3.	Derek Gore	78	Essex	51.38
4.	Paul Clarke	76	Bedfordshire	51.56
5.	Michael Read	77	Suffolk	52.61

EVENT 53 Womens 65 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Pat Jackson	71	Norfolk	46.75
2.	Janet Masters	78	Bedfordshire	52.22
3.	Carol Hullet	70	Essex	56.01
4.	Yvonne Tomey	67	Herts	57.65
	Christine McIntyre	74	Suffolk	DNC

EVENT 54 Mens 55 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Keith Oddy	55	Essex	36.20
2.	Graham King	55	Suffolk	37.38
3.	Philip Cotton	62	Norfolk	39.35
4.	Peter Kelleway	58	Herts	39.61
5.	Colin Mayes	63	Bedfordshire	41.02

EVENT 55 Womens 55 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Hannah Ueckermann	55	Essex	40.95
2.	Jean Appleby	62	Suffolk	42.30
3.	Heather Patrick	56	Bedfordshire	48.99
4.	Vicky PLANT	65	Herts	1:04.85
	Sally Lelean	67	Norfolk	DNF

EVENT 56 Mens 45 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Stuart Dyble	47	Norfolk	29.14
2.	Geogg Baker	59	Essex	30.96
3.	Rob Adsley	48	Bedfordshire	31.83
4.	Mark Osterritter	46	Suffolk	31.90
5.	Tony Gaines	51	Herts	36.87

EVENT 57 Womens 45 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Liz Woolner	51	Bedfordshire	31.59
2.	Sharon Perry	46	Suffolk	34.46
3.	Josephine Cresswell	50	Norfolk	35.93
4.	Dani Harrison	46	Herts	36.03
5.	Heidi Nevin	50	Essex	37.63

EVENT 58 Mens 35 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Will Appleby	36	Norfolk	24.45
2.	Ben Millington-Jones	40	Essex	27.14
3.	John McKenny	44	Suffolk	27.92
4.	Alistair Shaw	38	Bedfordshire	28.21
5.	Darren Hamshere	51	Herts	30.99

EVENT 59 Womens 35 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Carla King	35	Bedfordshire	27.80
2.	Catherine Markwell	37	Norfolk	29.10
3.	Laura Fenner	44	Essex	29.34
4.	Hannah Jones	46	Suffolk	31.97
5.	Kirsty Tinnirello	40	Herts	32.08

EVENT 60 Mens 25 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Lee Peterson	44	Essex	28.35
2.	Matt Richardson	35	Herts	30.30
3.	Mike Outtram	36	Bedfordshire	30.63
4.	Chris Searle	26	Norfolk	31.66
5.	Jo RHODES	31	Suffolk	33.68

EVENT 61 Womens 25 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Michelle Curry	31	Essex	33.67
2.	Rachael Stevenson	33	Bedfordshire	34.17
3.	Sophie Liddament	26	Norfolk	36.46
4.	Gemma Cannon	26	Suffolk	38.38
5.	Sara Matthews	30	Herts	39.43

EVENT 62 Mens 18 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Luke Bryan	18	Norfolk	31.85
2.	Ollie Pyle	18	Suffolk	32.65
3.	Lee Baker	23	Essex	33.02
4.	Jack McGarry	24	Bedfordshire	34.48
5.	Jack Donoghue	25	Herts	36.23

EVENT 63 Womens 18 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Becky Wilkinson	25	Norfolk	35.57
2.	Elinor Oliver	18	Suffolk	36.89
3.	Hannah Binning	19	Essex	36.95
4.	Kelly Sanders	31	Herts	37.21
5.	Sammy Humphrey	22	Bedfordshire	37.68

EVENT 64 Mens/Womens 220+ Yrs 200m Free.Team

Place	Name	Club	Time
1.	Suffolk ASA	Suffolk	2:04.84
		Janet Williams	1:06.55
		Jean Appleby	
		Dale Barker	29.89
		Mark Osterritter	28.40
2.	Essex County ASA	Essex	2:05.87
		Amanda Goodman	1:03.88
		Alyson Fordham	
		Keith Oddy	30.38
		C Corby	31.61
3.	Norfolk County ASA	Norfolk	2:12.29
		Martin Clarke	1:07.21
		Jane Blackwell	
		Philip Cotton	30.04
		Josephine Cresswell	35.04
4.	Bedfordshire ASA	Bedfordshire	2:17.46
		Ian Murray	1:01.16
		Rob Adsley	
		Heather Patrick	38.63
		Jackie Maycock	37.67
	Hertfordshire ASA	Herts	DQ
		Tony Gaines	36.80
		Ashley Meerloo	11.01
		Vicky Platt	1:04.84
		Helen Shingler	

EVENT 65 Womens 140+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	2:00.32
		Carla King	29.29
		Liz Woolner	29.20
		Joanne Holder	29.79
		Rachael Stevenson	32.04
2.	Suffolk ASA	Suffolk	2:02.48
		Tara Coleman	28.63
		Gemma Cannon	32.49
		Hannah Jones	31.73
		Sharon Perry	29.63
3.	Hertfordshire ASA	Herts	2:04.47
		Claire Matthews	32.16
		Elizabeth Bellinger	32.98
		Kirsty Tinnirello	29.73
		Jo Mitchinson	29.60
4.	Essex County ASA	Essex	2:06.74
		Laura Fenner	29.50
		C Drake	32.27
		C Jones	32.42
		H Nevin	32.55
5.	Norfolk County ASA	Norfolk	2:07.26
		Marion Bryant	30.27
		Melanie Holland	31.58
		Alison Pickering	37.01
		Catherine Markwell	28.40

EVENT 66 Mens 140+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	1:45.34
		Ben Millington-Jones	27.37
		Lee North	26.74
		Lee Peterson	25.91
		D Ebanks	25.32
2.	Norfolk County ASA	Norfolk	1:49.89
		Will Appleby	24.86
		Harry Crisp	26.80
		Simon Buchan	27.61
		Ian Balfour	30.62
3.	Hertfordshire ASA	Herts	1:51.30
		John Cunningham	25.60
		Darren Hamshere	31.05
		Julian Swindale	29.34
4.	Suffolk ASA	Suffolk	1:52.74
		Daryl Mason	25.31
		Josh Seddon	29.67
		John McKenny	27.95
		Steve Denham	28.28
5.	Bedfordshire ASA	Bedfordshire	1:55.90
		Joe Rhodes	26.84
		Alistair Shaw	28.95
		Mike Outtram	27.20
		Leon Hargreaves	30.22
Rory Kemp	29.53		

EVENT 67 Womens 072+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	1:54.91
		Hannah Binning	29.68
		Chloe Phillips	27.86
		Georgina Milton	29.87
		M Maybank	27.50
2.	Bedfordshire ASA	Bedfordshire	1:57.02
		Melissa Dolby	28.35
		Sammy Humphrey	29.79
		Frances Merridan	29.04
		Lauren Murphy	29.84
3.	Norfolk County ASA	Norfolk	2:01.59
		Katie Maloney	31.12
		Peyton Ewbank	29.23
		Greta Balfour	31.05
		Marion Bryant	30.19
4.	Suffolk ASA	Suffolk	2:04.00
		Ellie Llewellyn	29.03
		Amanda Knight	35.41
		Elinor Oliver	30.50
		Tara Coleman	29.06
5.	Hertfordshire ASA	Herts	2:07.52
		Claire Matthews	32.69
		Sara Matthews	32.55
		Lorna Castle	33.23
		Kelly Sanders	29.05

EVENT 68 Mens 072+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	1:39.73
		Jack Ayling	24.83
		Luke Goddard	26.80
		Lee Baker	25.55
		Josh Strafford	22.55
2.	Norfolk County ASA	Norfolk	1:42.47
		Joseph Wells	25.66
		Harry Weston	25.14
		Harry Crisp	26.56
		Luke Bryan	25.11
3.	Bedfordshire ASA	Bedfordshire	1:43.24
		Harry Wears	24.55
		Christopher Murphy	25.22
		Jack McGarry	27.96
		Matt Masters	25.51
4.	Hertfordshire ASA	Herts	1:45.01
		Callum Davis	25.91
		Matt Richardson	24.96
		John Cunningham	26.64
		Matt Barton	27.50
5.	Suffolk ASA	Suffolk	1:49.76
		Ollie Pyle	27.86
		Tom Boyt	25.45
		Chris Howard	28.19
		Joe Rhodes	28.26

EVENT 69 Mens/Womens 280+ Yrs 200m Free.Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:31.35
		A Fordham	31.14
		C Hullett	42.81
		R Power	38.10
		D Gore	39.30
2.	Bedfordshire ASA	Bedfordshire	2:51.99
		Joe Lounds-Keast	33.95
		Andrea Minor	47.46
		Paul Clarke	43.30
		Janet Masters	47.28
3.	Norfolk County ASA	Norfolk	3:04.13
		George Jackson	45.47
		Pat Jackson	44.52
		Sally Lelean	55.27
		Chris Trueman	38.87
	Suffolk ASA	Suffolk	DNC
	Hertfordshire ASA	Herts	DNC
		Ian Bays	
		Chris Dunn	
		Vicky Platt	
		Yvonne Tomey	

Point Scores Report Top Club (Evt.69)

1	Essex	246
2	Norfolk	226
3	Bedfordshire	214
4	Suffolk	168
5	Herts	165