

Start List

Event 1 Female Open 200m IM

H 1	L 2	Lauren WATT	17	Suffolk
	L 3	Ellie WHEELER	16	Essex
	L 4	Celyn WALMSLEY	17	Bedfordshire
	L 5	India WESTON	16	Norfolk
	L 6	Laura COPPING	18	Herts
	L 7	Amelia MONAGHAN	16	Cambs

Event 2 Male Open 200m IM

H 1	L 2	Finn JEFFERY	15	Suffolk
	L 3	Augustus VEASEY	22	Essex
	L 4	Michael JUDD	20	Bedfordshire
	L 5	Nathan WELLS	20	Norfolk
	L 6	Ayotobi LAGUDA	16	Herts
	L 7	Tom WIGGINS	19	Cambs

Event 3 Female 11/12 Yrs 200m Medley Team

H 1	L 2	Suffolk ASA	Suffolk
		Clara Watson-Flowers	
		Beth Young	
		Romilly Marks	
		Eloise Albins	
	L 3	Essex County ASA	Essex
		Sophie Clerkin	
		Lily Ulyatt	
		Ruby Wheeler	
		Skye Carter	
	L 4	Bedfordshire ASA	Bedfordshire
		Ella Stone	
		Lucy Buckingham	
		Francesca Baber	
		Emily Holden	
	L 5	Norfolk County ASA	Norfolk
		Amara Addison	
		Aimee Dickerson	
		Grace Greenhalf	
		Faith Banthorpe	
	L 6	Hertfordshire ASA	Herts
		Kaia Phillips	
		Kirsty Fuge	
		Molly Cobbold	
		Isabella Yeabsley	
	L 7	Cambridgeshire ASA	Cambs
		Eleno Bello	
		Macy Dexter	
		Matilda Ransome	
		Ruby Blakeley	

Event 4 Male 11/12 Yrs 200m Medley Team

H 1	L 2	Suffolk ASA	Suffolk
		Lewis Meadows	
		Jacob Aldred	
		William Ellard	
		Luka Page	
	L 3	Essex County ASA	Essex
		Max Arnold	
		Charlie Pryke	
		Arthur Bernans	
		Mason Allen	
	L 4	Bedfordshire ASA	Bedfordshire
		Jack MacDonald	
		George De Voogt	
		Jack Juggins	
		Elliot Kefford	
	L 5	Norfolk County ASA	Norfolk
		Menuka Jeyakody	
		Lewis Andrews	
		Kyle Ostil	
		Harvey Lerner	
	L 6	Hertfordshire ASA	Herts
		Nathaniel Mapley	
		Daniel Holliss	
		Max Hill	
		Joel Peterson	
	L 7	Cambridgeshire ASA	Cambs
		Max Parry	
		Josh Martin	
		Reece Simpson	
		Safford Hewitt-White	

Event 5 Female 13/14 Yrs 200m Medley Team

H 1	L 2	Suffolk ASA	Suffolk
		Sophie Lander	
		Charlotte White	
		Natalie Sanford	
		Emma Parker	
	L 3	Essex County ASA	Essex
		Carys Brealey	
		Ciara Wookey	
		Sophie Freeman	
		May Bradburn	
	L 4	Bedfordshire ASA	Bedfordshire
		Jessica Kefford	
		Georgina Munday	
		Menna Walmsley	
		Rachel Andrews	
	L 5	Norfolk County ASA	Norfolk
		Katie Andrews	
		Molly Monk	
		Ruby Dagless	
		Lily MacDonald	
	L 6	Hertfordshire ASA	Herts
		Jessica Keogh	
		Ella Norton	
		Millie Fields	
		Ellie Holliss	
	L 7	Cambridgeshire ASA	Cambs
		Ella McGhie	
		Polly Fish	
		Brenna Howell	
		Kiara Kovacs	

Event 6 Male 13/14 Yrs 200m Medley Team

H 1	L 2	Suffolk ASA	Suffolk
		William Parsons	
		Chester Leeming	
		Robbie Brindley	
		Thomas Page	
	L 3	Essex County ASA	Essex
		Nathan Aung	
		Damon Elliott	
		Alessandro Rioda	
		Harrison Rider	
	L 4	Bedfordshire ASA	Bedfordshire
		Ethan Gell	
		Owen Thomas	
		Xavier Kirchin	
		Rhys Davidson	
	L 5	Norfolk County ASA	Norfolk
		Akshay Pissay	
		Olivier Vedrenne	
		Robert Addis	
		Alexander Lowry	
	L 6	Hertfordshire ASA	Herts
		Thomas Ogden	
		Benjamin Green	
		Michael Klimaszewski	
		Samuel Pyefinch	
	L 7	Cambridgeshire ASA	Cambs
		Fabien Brudnicki	
		James Quinn	
		Connor Walker	
		Oskar Farcus	

Start List

Event 7 Female 15/16 Yrs 200m Medley Team				Event 10 Male 17 Yrs/Ov 200m Medley Team			
H 1	L 2	Suffolk ASA Lija Radziunaite Charlotte Hudson Ella Hale Mia Yates	Suffolk	L 5	Norfolk County ASA Grace McGill Molly Lee Bryony Pack Kioni Broomfield	Norfolk	
	L 3	Essex County ASA Olivia Norman Vejune Petraityte Tilly Mayes Abbie Low	Essex	L 6	Hertfordshire ASA Amy Godsava Laura Copping Shannon Stott Elinah Phillip	Herts	
	L 4	Bedfordshire ASA Amber Hill Emily Jones Hannah Sharp Isabel Wainwright	Bedfordshire	L 7	Cambridgeshire ASA Mollie Allen Kathryn Loveys Poppy Richardson Millie Emmans	Cambs	
	L 5	Norfolk County ASA Megan Pye India Weston Sacha Thomas Charlotte Walker	Norfolk	Event 11 Female 11/12 Yrs 100m Backstroke			
	L 6	Hertfordshire ASA Mia Carter Sophie Payne Sara Kalawska Jessica Woodward	Herts	H 1	L 2	Suffolk ASA Charles Whyte Ryan Clay Dominic Scifo Dalton Yallop	Suffolk
	L 7	Cambridgeshire ASA Eve Wright Amelia Monaghan Mia Leech Kenzie Whyatt	Cambs	L 3	Essex County ASA Augustus Veasey Samuel Bryan Joshua Smith Jamie McLaughlin	Essex	
Event 8 Male 15/16 Yrs 200m Medley Team				L 4	Bedfordshire ASA Jack Sangster Michael Judd Matthew Wright James MacFarland	Bedfordshire	
H 1	L 2	Suffolk ASA Jack Bowyer Finn Jeffery Collins Saliboko Henry Newell	Suffolk	L 5	Norfolk County ASA Nathan Wells Finlay Ryan Luke Bryan Joseph Wells	Norfolk	
	L 3	Essex County ASA James Cooper Lewis Binning Samuel Perks Samuel Miller	Essex	L 6	Hertfordshire ASA Daniel Chada Jack Christie Harry Jones James Woodward	Herts	
	L 4	Bedfordshire ASA Walter Hackett William Robins Edward MacFarland Benjamin Rayner	Bedfordshire	L 7	Cambridgeshire ASA Jamie Scholes Tom Wiggins Matthew Titman Yasir Niami	Cambs	
	L 5	Norfolk County ASA Alfie King Mal Staff Samuel Rose Ben Blowers	Norfolk	Event 12 Male 11/12 Yrs 100m Backstroke			
	L 6	Hertfordshire ASA Daniel Murtagh Reese Housden Joshua Holland Ayotobi Laguda	Herts	H 1	L 2	Lewis MEADOWS	12 Suffolk
	L 7	Cambridgeshire ASA Jonathon Adams Oliver Cashin Herbie Kinder Jake Moxham	Cambs	L 3	Mason ALLEN	12 Essex	
Event 9 Female 17 Yrs/Ov 200m Medley Team				L 4	Jack JUGGINS	12 Bedfordshire	
H 1	L 2	Suffolk ASA Alaina Scifo Lauren Watt Tara Coleman Jade Brewer	Suffolk	L 5	Menuka JAYAKODY	12 Norfolk	
	L 3	Essex County ASA Martha Duley Caitlin Day Elinor Duley Meghan Maybanks	Essex	L 6	Max HILL	12 Herts	
	L 4	Bedfordshire ASA Celyn Walmsley Lauren Goodyer Jessica Payne Chantal Smith	Bedfordshire	L 7	Max PARRY	12 Cambs	
				Event 13 Female 13/14 Yrs 100m Breaststroke			
H 1	L 2	Charlotte WHITE	13 Suffolk	L 3	Ciara WOOKEY	14 Essex	
	L 3	Eloisa MILLER	13 Bedfordshire	L 4	Molly MONK	14 Norfolk	
	L 4	Ela NORTON	14 Herts	L 5	Polly FISH	14 Cambs	
	L 5			L 6			
	L 6			L 7			
	L 7						

Start List

Event 14 Male 13/14 Yrs 100m Breaststroke

H 1	L 2	Edward MERHAN	13	Suffolk
	L 3	Nathan AUNG	14	Essex
	L 4	Rhys DAVIDSON	14	Bedfordshire
	L 5	Olivier VEDRENNE	13	Norfolk
	L 6	Benjamin GREEN	14	Herts
	L 7	James QUINN	14	Cambs

Event 15 Female 15/16 Yrs 100m Butterfly

H 1	L 2	Ella HALE	15	Suffolk
	L 3	Olivia NORMAN	16	Essex
	L 4	Lauren THOMAS	16	Bedfordshire
	L 5	Megan PYE	16	Norfolk
	L 6	Sara KALAWSKA	15	Herts
	L 7	Mia LEECH	16	Cambs

Event 16 Male 15/16 Yrs 100m Butterfly

H 1	L 2	Jack BOWYER	16	Suffolk
	L 3	Lewis BINNING	15	Essex
	L 4	Edward MCFARLAND	15	Bedfordshire
	L 5	Samuel ROSE	15	Norfolk
	L 6	Reese HOUSDEN	16	Herts
	L 7	Herbie KINDER	16	Cambs

Event 17 Female 17 Yrs/Ov 100m Freestyle

H 1	L 2	Tara COLEMAN	22	Suffolk
	L 3	Martha DULEY	19	Essex
	L 4	Chantal SMITH	18	Bedfordshire
	L 5	Kioni BROOMFIELD	18	Norfolk
	L 6	Amy GODSAVE	19	Herts
	L 7	Millie EMMANS	19	Cambs

Event 18 Male 17 Yrs/Ov 100m Freestyle

H 1	L 2	Jake THOMAS-MANSFIELD	18	Suffolk
	L 3	Joshua SMITH	17	Essex
	L 4	Matthew WRIGHT	20	Bedfordshire
	L 5	Finlay RYAN	19	Norfolk
	L 6	James WOODWARD	18	Herts
	L 7	Jamie SCHOLLES	18	Cambs

Event 19 Mixed 11/12 Yrs 200m Freestyle Team

H 1	L 2	Suffolk ASA	Suffolk
		Clara Watson-Flowers	
		Luka Page	
		Romilly Marks	
		William Ellard	
	L 3	Essex County ASA	Essex
		Ruby Wheeler	
		Jack Caci	
		Sophie Clerkin	
		Mason Allen	
	L 4	Bedfordshire ASA	Bedfordshire
		Jack MacDonald	
		Salma Terkemani	
		Elliot Kefford	
		Daniella Njawaya	
	L 5	Norfolk County ASA	Norfolk
		Harvey Larner	
		Faith Banthorpe	
		Grace Greenmhalf	
		Kyle Ostil	
	L 6	Hertfordshire ASA	Herts
		Joel Pieterston	
		Katy Lane	
		Jake Moore	
		Isabella Yeabsley	
	L 7	Cambridgeshire ASA	Cambs
		Macy Dexter	
		Josh Martin	
		Eleno Bello	
		Jonathon Weirmann	

Event 20 Mixed 13/14 Yrs 200m Freestyle Team

H 1	L 2	Suffolk ASA	Suffolk
		Chester Leeming	
		Thomas Page	
		Lucy Hudson	
		Emma Parker	
	L 3	Essex County ASA	Essex
		Alessandro Rioda	
		May Bradburn	
		Damon Elliott	
		Sophie Freeman	
	L 4	Bedfordshire ASA	Bedfordshire
		Lousie Donaghy	
		Georgina Munday	
		Ethan Gell	
		Xavier Kirchin	
	L 5	Norfolk County ASA	Norfolk
		Finley Coman	
		Ruby Dagless	
		Lily Macdonald	
		Alexander Lowry	
	L 6	Hertfordshire ASA	Herts
		Ellie Holliss	
		Benjamin Green	
		Isabelle Godfrey	
		Samuel Pyefinch	
	L 7	Cambridgeshire ASA	Cambs
		Kiara Kovacs	
		Ella McGhie	
		Connor Walker	
		Fabien Brudnicki	

Event 21 Mixed 15/16 Yrs 200m Freestyle Team

H 1	L 2	Suffolk ASA	Suffolk
		Harry Saunders	
		Mia Yates	
		Lija Radziunaite	
		Henry Newell	
	L 3	Essex County ASA	Essex
		James Cooper	
		Tilly Mayes	
		Lewis Binning	
		Rebecca Watt	
	L 4	Bedfordshire ASA	Bedfordshire
		Edward MacFarland	
		Hannah Sharp	
		Isabel Wainwright	
		Benjamin Rayner	
	L 5	Norfolk County ASA	Norfolk
		Samuel Rose	
		Charlotte Walker	
		Sacha Thomas	
		Ben Blowers	
	L 6	Hertfordshire ASA	Herts
		Josua Holland	
		Sarah Carroll	
		Alexander Catton	
		Emily Lush	
	L 7	Cambridgeshire ASA	Cambs
		Jonathon Adams	
		Kenzie Whyatt	
		Jake Moxham	
		Eve Wright	

Event 22 Mixed 17 /Ov 200m Freestyle Team

H 1	L 2	Suffolk ASA	Suffolk
		Jake Thomas-Mansfield	
		Tara Coleman	
		Jade Brewer	
		Dalton Yallop	
	L 3	Essex County ASA	Essex
		Meghan Maybanks	
		Joshua Smith	
		Martha Duley	
		Jamie McLaughlin	

Start List

L 4	Bedfordshire ASA	Bedfordshire
	Chantal Smith	
	Michael Judd	
	Celyn Walmsley	
	Matthew Wright	
L 5	Norfolk County ASA	Norfolk
	Finlay Ryan	
	Kioni Broomfield	
	Sarah O'Brien	
	Nathan Wells	
L 6	Hertfordshire ASA	Herts
	Lucas Dyson-Diaz	
	Sophie Quach	
	Georgina Tallon	
	James Chennells	
L 7	Cambridgeshire ASA	Cambs
	Mollie Allen	
	Matt Courtis	
	Matt Titman	
	Millie Emmans	

Event 23 Female 11/12 Yrs 100m Breaststroke

H 1	L 2	Beth YOUNG	12	Suffolk
	L 3	Ruby WHEELER	12	Essex
	L 4	Lucy BUCKINGHAM	12	Bedfordshire
	L 5	Isabelle KENWORTHY	12	Norfolk
	L 6	Kirsty FUGE	12	Herts
	L 7	Macy DEXTER	12	Cambs

Event 24 Male 11/12 Yrs 100m Breaststroke

H 1	L 2	Jacob ALDRED	12	Suffolk
	L 3	Charlie PRYKE	12	Essex
	L 4	George DE VOOGT	12	Bedfordshire
	L 5	Benjamin BUCKLEY	11	Norfolk
	L 6	Daniel HOLLISS	12	Herts
	L 7	Josh MARTIN	12	Cambs

Event 25 Female 13/14 Yrs 100m Butterfly

H 1	L 2	Natalie SANFORD	14	Suffolk
	L 3	Sophie FREEMAN	14	Essex
	L 4	Rachel ANDREWS	14	Bedfordshire
	L 5	Ruby DAGLESS	13	Norfolk
	L 6	Valeria GIRON	13	Herts
	L 7	Brenna HOWELL	14	Cambs

Event 26 Male 13/14 Yrs 100m Butterfly

H 1	L 2	Thomas PAGE	14	Suffolk
	L 3	Alessandro RIODA	14	Essex
	L 4	Sam TOWNSEND	14	Bedfordshire
	L 5	Akshay PISSAY	14	Norfolk
	L 6	Michael KLIMASZEWSKI	14	Herts
	L 7	Connor WALKER	14	Cambs

Event 27 Female 15/16 Yrs 100m Freestyle

H 1	L 2	Lija RADZIUNAITE	16	Suffolk
	L 3	Abbie LOW	16	Essex
	L 4	Isabel WAINWRIGHT	15	Bedfordshire
	L 5	Charlotte WALKER	16	Norfolk
	L 6	Jessica WOODWARD	15	Herts
	L 7	Kenzie WHYATT	16	Cambs

Event 28 Male 15/16 Yrs 100m Freestyle

H 1	L 2	Henry NEWELL	15	Suffolk
	L 3	James COOPER	16	Essex
	L 4	Walter HACKETT	15	Bedfordshire
	L 5	Ben BLOWERS	16	Norfolk
	L 6	Reese HOUSDEN	16	Herts
	L 7	Jake MOXHAM	16	Cambs

Event 29 Female 17 Yrs/Ov 100m Backstroke

H 1	L 2	Alaina SCIFO	21	Suffolk
	L 3	Martha DULEY	19	Essex
	L 4	Lauren GOODYER	18	Bedfordshire
	L 5	Roxanne UYS	19	Norfolk
	L 6	Sophie QUACH	20	Herts
	L 7	Mollie ALLEN	20	Cambs

Event 30 Male 17 Yrs/Ov 100m Backstroke

H 1	L 2	Charles WHYTE	17	Suffolk
	L 3	Augustus VEASEY	22	Essex
	L 4	Jack SANGSTER	17	Bedfordshire
	L 5	Nathan WELLS	20	Norfolk
	L 6	Daniel CHADA	17	Herts
	L 7	Jamie SCHOLDS	18	Cambs

Event 31 Mixed 11/12 Yrs 200m Medley Team

H 1	L 2	Suffolk ASA	Suffolk
		Lewis Meadows	
		Beth Young	
		William Ellard	
		Clara Watson-Flowers	
L 3	Essex County ASA	Essex	
		Ruby Wheeler	
		Lily Ulyatt	
		Arthur Bernans	
		Mason Allen	
L 4	Bedfordshire ASA	Bedfordshire	
		Jack MacDonald	
		Lucy Buckingham	
		Francesca Baber	
		Elliot Kefford	
L 5	Norfolk County ASA	Norfolk	
		Amara Addison	
		Aimee Dickerson	
		Lewis Andrews	
		Kyle Ostil	
L 6	Hertfordshire ASA	Herts	
		Isabella Yeabsley	
		Daniel Hollis	
		Molly Cobbold	
		Alex Twyford	
L 7	Cambridgeshire ASA	Cambs	
		Max Parry	
		Macy Dexter	
		Matilda Ransome	
		Josh Martin	

Event 32 Mixed 13/14 Yrs 200m Medley Team

H 1	L 2	Suffolk ASA	Suffolk
		William Parsons	
		Chester Leeming	
		Natalie Sanford	
		Emma Parker	
L 3	Essex County ASA	Essex	
		Carys Brealey	
		Nathan Aug	
		Sophie Freeman	
		Alessandro Rioda	
L 4	Bedfordshire ASA	Bedfordshire	
		Jessica Kefford	
		Rhys Davidson	
		Sam Townsend	
		Rachel Andrews	
L 5	Norfolk County ASA	Norfolk	
		Akshay Pissay	
		Molly Monk	
		Ruby Dagless	
		Alexander Lowry	
L 6	Hertfordshire ASA	Herts	
		Thomas Ogden	
		Ela Norton	
		Michael Klimaszewski	
		Millie Fields	

Start List

L 7 Cambridgeshire ASA Cams
Ella McGhie
James Quinn
Connor Walker
Harriet Salisbury

Event 33 Mixed 15/16 Yrs 200m Medley Team

H 1 L 2 Suffolk ASA Suffolk
Lija Radziunaite
Finn Jeffery
Jack Bowyer
Mia Yates
L 3 Essex County ASA Essex
Samuel Perks
Vejune Petraityte
Lewis Binning
Rebecca Watt
L 4 Bedfordshire ASA Bedfordshire
Walter Hackett
William Robins
Lauren Thomas
Emily Jones
L 5 Norfolk County ASA Norfolk
Megan Pye
Mal Staff
Samuel Rose
Charlotte Walker
L 6 Hertfordshire ASA Herts
Mia Carter
Ayotobi Laguda
Sara Kalawska
Reese Housden
L 7 Cambridgeshire ASA Cams
Jonathon Adams
Amelia Monaghan
Mia Leech
Jake Moxham

Event 34 Mixed 17 /Ov 200m Medley Team

H 1 L 2 Suffolk ASA Suffolk
Alaina Scifo
Ryan Clay
Dominic Scifo
Jade Brewer
L 3 Essex County ASA Essex
Martha Duley
Samuel Bryan
Joshua Smith
Meghan Maybanks
L 4 Bedfordshire ASA Bedfordshire
Amy Edwin
James MacFarland
James Hose
Jessica Payne
L 5 Norfolk County ASA Norfolk
Nathan Wells
Molly Lee
Luke Bryan
Kioni Broomfield
L 6 Hertfordshire ASA Herts
Daniel Chada
Jack Christie
Shannon Stott
Elinah Phillip
L 7 Cambridgeshire ASA Cams
Mollie Allen
Kathryn Loveys
Matthew Titman
Matt Courtis

Event 35 Female 11/12 Yrs 100m Butterfly

H 1 L 2 Romilly MARKS 12 Suffolk
L 3 Ruby WHEELER 12 Essex
L 4 Francesca BABER 12 Bedfordshire
L 5 Grace GREENHALF 11 Norfolk
L 6 Molly COBBOLD 12 Herts
L 7 Matilda RANSOME 12 Cams

Event 36 Male 11/12 Yrs 100m Butterfly

H 1 L 2 Matthew BAKER 12 Suffolk
L 3 Arthur BERNANS 12 Essex
L 4 Jack JUGGINS 12 Bedfordshire
L 5 Louis JAMES 12 Norfolk
L 6 Ethan HOWARD 11 Herts
L 7 Reece SIMPSON 12 Cams

Event 37 Female 13/14 Yrs 100m Freestyle

H 1 L 2 Emma PARKER 14 Suffolk
L 3 Sophie FREEMAN 14 Essex
L 4 Rachel ANDREWS 14 Bedfordshire
L 5 Ruby DAGLESS 13 Norfolk
L 6 Millie FIELDS 14 Herts
L 7 Harriet SALISBURY 14 Cams

Event 38 Male 13/14 Yrs 100m Freestyle

H 1 L 2 Chester LEEMING 14 Suffolk
L 3 Harrison RIDER 14 Essex
L 4 Sam TOWNSEND 14 Bedfordshire
L 5 Alexander LOWRY 14 Norfolk
L 6 Michael KLIMASZEWSKI 14 Herts
L 7 Connor WALKER 14 Cams

Event 39 Female 15/16 Yrs 100m Backstroke

H 1 L 2 Lija RADZIUNAITE 16 Suffolk
L 3 Olivia NORMAN 16 Essex
L 4 Emily JONES 16 Bedfordshire
L 5 Megan PYE 16 Norfolk
L 6 Mia CARTER 16 Herts
L 7 Eve WRIGHT 15 Cams

Event 40 Male 15/16 Yrs 100m Backstroke

H 1 L 2 Jack BOWYER 16 Suffolk
L 3 Samuel PERKS 16 Essex
L 4 Walter HACKETT 15 Bedfordshire
L 5 Samuel ROSE 15 Norfolk
L 6 Daniel MURTAGH 15 Herts
L 7 Jonathon ADAMS 16 Cams

Event 41 Female 17 /Ov 100m Breaststroke

H 1 L 2 Lauren WATT 17 Suffolk
L 3 Caitlin DAY 17 Essex
L 4 Celyn WALMSLEY 17 Bedfordshire
L 5 Molly LEE 17 Norfolk
L 6 Laura COPPING 18 Herts
L 7 Kathryn LOVEYS 31 Cams

Event 42 Male 17 Yrs/Ov 100m Breaststroke

H 1 L 2 Dominic SCIFO 19 Suffolk
L 3 Samuel BRYAN 17 Essex
L 4 Michael JUDD 20 Bedfordshire
L 5 Luke BRYAN 18 Norfolk
L 6 Jack CHRISTIE 20 Herts
L 7 Tom WIGGINS 19 Cams

Event 43 Female 11/12 Yrs 100m Freestyle

H 1 L 2 Clara WATSON-FLOWERS 12 Suffolk
L 3 Sophie CLERKIN 12 Essex
L 4 Francesca BABER 12 Bedfordshire
L 5 Faith BANTHORPE 12 Norfolk
L 6 Kaia PHILLIPS 12 Herts
L 7 Macy DEXTER 12 Cams

Start List

Event 44 Male 11/12 Yrs 100m Freestyle

H 1	L 2	William ELLARD	12	Suffolk
	L 3	Mason ALLEN	12	Essex
	L 4	George DE VOOGT	12	Bedfordshire
	L 5	Kyle OSTIL	12	Norfolk
	L 6	Joel PIETERSEN	11	Herts
	L 7	Josh MARTIN	12	Cambs

Event 45 Female 13/14 Yrs 100m Backstroke

H 1	L 2	Sophie LANDER	13	Suffolk
	L 3	Carys BREALEY	14	Essex
	L 4	Georgina MUNDAY	14	Bedfordshire
	L 5	Astrid HUBBARD	14	Norfolk
	L 6	Jessica KEOGH	14	Herts
	L 7	Ella MCGHIE	14	Cambs

Event 46 Male 13/14 Yrs 100m Backstroke

H 1	L 2	Chester LEEMING	14	Suffolk
	L 3	Nathan AUNG	14	Essex
	L 4	Rhys DAVIDSON	14	Bedfordshire
	L 5	Akshay PISSAY	14	Norfolk
	L 6	Thomas OGDEN	14	Herts
	L 7	Fabien BRUDNICKI	14	Cambs

Event 47 Female 15/16 Yrs 100m Breaststroke

H 1	L 2	Ella HALE	15	Suffolk
	L 3	Vejune PETRAITYTE	16	Essex
	L 4	Autumn HANDSCOMBE	15	Bedfordshire
	L 5	India WESTON	16	Norfolk
	L 6	Sophie PAYNE	16	Herts
	L 7	Amelia MONAGHAN	16	Cambs

Event 48 Male 15/16 Yrs 100m Breaststroke

H 1	L 2	Finn JEFFERY	15	Suffolk
	L 3	Lewis BINNING	15	Essex
	L 4	William ROBINS	15	Bedfordshire
	L 5	Mal STAFF	16	Norfolk
	L 6	Ayotobi LAGUDA	16	Herts
	L 7	Oliver CASHIN	16	Cambs

Event 49 Female 17 Yrs/Ov 100m Butterfly

H 1	L 2	Sophie TAYLOR	17	Suffolk
	L 3	Elinor DULEY	18	Essex
	L 4	Chantal SMITH	18	Bedfordshire
	L 5	Bryony PACK	17	Norfolk
	L 6	Gerorgina TALLON	18	Herts
	L 7	Poppy RICHARDSON	17	Cambs

Event 50 Male 17 Yrs/Ov 100m Butterfly

H 1	L 2	Dominic SCIFO	19	Suffolk
	L 3	Joshua SMITH	17	Essex
	L 4	Matthew WRIGHT	20	Bedfordshire
	L 5	Luke BRYAN	18	Norfolk
	L 6	James WOODWARD	18	Herts
	L 7	Matthew TITMAN	17	Cambs

Event 51 Female 11/12 Yrs 200m FreestyleTeam

H 1	L 2	Suffolk ASA	Suffolk
		Romilly Marks	
		Isabella Barber	
		Eloise Albins	
		Clara Watson-Flowers	
	L 3	Essex County ASA	Essex
		Sophie Clerkin	
		Jasmine Verlander	
		Skye Carter	
		Ruby Wheeler	

L 4	Bedfordshire ASA	Bedfordshire	
	Salma Terkemani		
	Skye Bunyard		
	Daiella Njawaya		
	Emily Holden		
	L 5	Norfolk County ASA	Norfolk
		Grace Greenhalf	
		Sophia Pickering	
		Isabelle Kentworthy	
		Faith Banthorpe	
	L 6	Hertfordshire ASA	Herts
		Issabella Yeabsley	
		Katy Lane	
		Kirtsy Fuge	
		Kaia Phillips	
	L 7	Cambridgeshire ASA	Cambs
		Macy Dexter	
		Eleno Bello	
		Ruby Blakeley	
		Matilda Ransome	

Event 52 Male 11/12 Yrs 200m Freestyle Team

H 1	L 2	Suffolk ASA	Suffolk
		William Ellard	
		Luka Page	
		Sam Parker	
		Matthew Baker	
	L 3	Essex County ASA	Essex
		Kian Quinlan	
		Arthur Bernans	
		Jack Caci	
		Mason Allen	
	L 4	Bedfordshire ASA	Bedfordshire
		Elliot Kefford	
		Jack Juggins	
		Jack MacDonald	
		George De Voogt	
	L 5	Norfolk County ASA	Norfolk
		Harvey Lerner	
		Samuel Coman	
		Ben Rigler	
		Kyle Ostil	
	L 6	Hertfordshire ASA	Herts
		Alex Twyford	
		Max Hill	
		Jake Moore	
		Joel Pieterston	
	L 7	Cambridgeshire ASA	Cambs
		Josh Martin	
		Reece Simpson	
		Jonathon Weirmann	
		Safford Hewitt-White	

Event 53 Female 13/14 Yrs 200m FreestyleTeam

H 1	L 2	Suffolk ASA	Suffolk
		Lucy Hudson	
		Natalie Sanford	
		Michaela Taiwo	
		Emma Parker	
	L 3	Essex County ASA	Essex
		Erin Little	
		May Bradburn	
		Sophie Freeman	
		Carys Brealey	
	L 4	Bedfordshire ASA	Bedfordshire
		Georgina Munday	
		Jessica Kefford	
		Loiase Donaghy	
		Menna Walmsley	
	L 5	Norfolk County ASA	Norfolk
		Lily Macdonald	
		Ruby Greenhalf	
		Charlotte Abramson	
		Ruby Dagless	
	L 6	Hertfordshire ASA	Herts
		Ellie Hollis	
		Isabelle Godfrey	
		Jessica Keogh	
		Millie Fields	

Start List

L 7 Cambridgeshire ASA Cams

Polly Fish
Harriet Salisbury
Kiara Kovacs
Ella McGhie

Event 54 Male 13/14 Yrs 200m Freestyle Team

H 1 L 2 Suffolk ASA Suffolk

Chester Leeming
Robbie Bendley
Edward Merhan
Thomas Page

L 3 Essex County ASA Essex

Nathan Aung
Alessandro Rioda
Damon Elliott
Harrison Rider

L 4 Bedfordshire ASA Bedfordshire

Sam Townsend
Ethan Gell
Benjamin Ashdown
Xavier Kirchin

L 5 Norfolk County ASA Norfolk

Finley Coman
Akshay Pissay
Robert Addis

L 6 Hertfordshire ASA Herts

Alexander Lowry
Thomas Ogden
Benjamin Green
Samuel Pyefinch
Michael Klimaszewski

L 7 Cambridgeshire ASA Cams

Oskar Farkus
Fabien Brudnicki
Connor Walker
James Quinn

Event 55 Female 15/16 Yrs 200m Freestyle Team

H 1 L 2 Suffolk ASA Suffolk

Lija Radziunaite
Ella Hale
Mia Yates
Charlotte Hudson

L 3 Essex County ASA Essex

Rebecca Girolami
Abbie Lowe
Tilly Mayes
Rebecca Watt

L 4 Bedfordshire ASA Bedfordshire

Emily Jones
Lauren Thomas
Hannah Sharp
Isabel Wainwright

L 5 Norfolk County ASA Norfolk

Sacha Thomas
Megan Pye
Lara Grace Mount
Charlotte Walker

L 6 Hertfordshire ASA Herts

Mia Carter
Sarah Carroll
Emily Lush
Jessica Woodward

L 7 Cambridgeshire ASA Cams

Kenzie Whyatt
Eve Wright
Amelia Monaghan
Mia Leech

Event 56 Male 15/16 Yrs 200m Freestyle Team

H 1 L 2 Suffolk ASA Suffolk

Henry Newell
Harry Saunders
Collins Saliboko
Finn Jeffery

L 3 Essex County ASA Essex

Lewis Binning
Samuel Perks
Samuel Miller
James Cooper

L 4 Bedfordshire ASA Bedfordshire

Walter Hackett
William Robins
Edward MacFarland
Benjamin Rayner

L 5 Norfolk County ASA Norfolk

Samuel Rose
Alfie King
Oliver Kimber
Ben Blowers

L 6 Hertfordshire ASA Herts

Ayotobi Laguda
Alexander Catton
Joshua Holland
Reese Housden

L 7 Cambridgeshire ASA Cams

Jonathon Adams
Herbie Kinder
Jake Moxham
Sebastien Vandermeer

Event 57 Female 17 Yrs/Ov 200m Freestyle Team

H 1 L 2 Suffolk ASA Suffolk

Lauren watt
Tara Coleman
Sophie Taylor
Jade Brewer

L 3 Essex County ASA Essex

Rianna Smith
Martha Duley
Elinor Duley
Meghan Maybanks

L 4 Bedfordshire ASA Bedfordshire

Chantal Smith
Amy Edwins
Lauren Goodyer
Jessica Payne

L 5 Norfolk County ASA Norfolk

Bryony Pack
Molly Lee
Sarah O'Brien
Kioni Broomfield

L 6 Hertfordshire ASA Herts

Amy Godsave
Sophie Quach
Georgina Tallon
Elinah Phillip

L 7 Cambridgeshire ASA Cams

Poppy Richardson
Mollie Allen
Millie Emmans
Kathryn Loveys

Event 58 Male 17 Yrs/Ov 200m Freestyle Team

H 1 L 2 Suffolk ASA Suffolk

Dalton Yallop
Charles Whyte
Jake Thomas-Mansfield
Dominic Scifo

L 3 Essex County ASA Essex

Augustus Veasey
Joshua Fowles
Jamie McLaughlin
Joshua Smith

L 4 Bedfordshire ASA Bedfordshire

Matthew Wright
Jack Sangster
Jamie Hose
James MacFarland

Start List

L 5	Norfolk County ASA Finlay Ryan Joseph Wells Luke Bryan Nathan Wells	Norfolk
L 6	Hertfordshire ASA James Woodward James Chennells Lucas Dyson-Diaz Jack Christie	Herts
L 7	Cambridgeshire ASA Matt Titman Jamie Scholes Matt Courtis Yasir Niami	Cambs