



# East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)



## Start Lists Session Seventeen

### Event 621 Womens 100m Butterfly

|     |                        |                 |         |
|-----|------------------------|-----------------|---------|
| H 1 | L 2 Francesca BABER    | 11 Flitwick     | 1:20.96 |
|     | L 3 Hannah BROOKE      | 12 Harpenden    | 1:20.79 |
|     | L 4 Beth YOUNG         | 11 Felixstowe   | 1:20.67 |
|     | L 5 Jessica MAHONEY    | 12 Co Peterboro | 1:20.68 |
|     | L 6 Phoebe WHITE       | 12 Harlow Pen   | 1:20.80 |
| H 2 | L 1 Georgia PRITCHARD  | 12 Hatfield     | 1:19.46 |
|     | L 2 Hannah COLLETT     | 12 Basildon Ph  | 1:19.18 |
|     | L 3 Lily MACDONALD     | 12 UEA Norwich  | 1:18.97 |
|     | L 4 Megan BUNCLARK     | 12 Leiston      | 1:18.77 |
|     | L 5 Molly GRIEVE       | 12 Colchester   | 1:18.90 |
|     | L 6 Ella NIJKAMP       | 12 Berkhamsted  | 1:19.15 |
|     | L 7 Molly COBBOLD      | 11 Hoddesdon    | 1:19.40 |
|     | L 8 Ila NICHOLSON      | 12 Colchester   | 1:20.34 |
| H 3 | L 1 Michaela TAIWO     | 12 Thurrock     | 1:18.04 |
|     | L 2 Ruby WHEELER       | 11 Basildon Ph  | 1:17.40 |
|     | L 3 Ella HOUSTON       | 13 Deben        | 1:16.98 |
|     | L 4 Charlotte TREE     | 13 Colchester   | 1:16.91 |
|     | L 5 Alanya SHAW        | 13 Norfolk Vikg | 1:16.97 |
|     | L 6 Matilda BOGLE      | 11 teamipswich  | 1:17.17 |
|     | L 7 Helena HALL        | 12 Deben        | 1:17.61 |
|     | L 8 Ruby GREENHALF     | 12 UEA Norwich  | 1:18.06 |
| H 4 | L 1 Astrid HUBBARD     | 13 West Norfolk | 1:16.53 |
|     | L 2 Lucy MORGAN        | 13 Colchester   | 1:16.10 |
|     | L 3 Bethan FUGE        | 13 Hatfield     | 1:16.07 |
|     | L 4 Nancy NEAVE        | 13 Braintree    | 1:15.83 |
|     | L 5 Charlotte NORMAN   | 12 Colchester   | 1:15.90 |
|     | L 6 Kiera BLUNDEN      | 12 Chelmsford   | 1:16.10 |
|     | L 7 Grace GUNTON       | 13 UEA Norwich  | 1:16.42 |
|     | L 8 Caitlin LOO        | 13 Hatfield     | 1:16.58 |
| H 5 | L 1 Cerys WILLIAMS     | 13 West Suffolk | 1:15.64 |
|     | L 2 Jessica SHAW       | 12 March        | 1:15.26 |
|     | L 3 Nonhlanhla THOLE   | 12 St Felix Sch | 1:14.70 |
|     | L 4 Bethan ENDICOTT    | 12 St Ives      | 1:13.82 |
|     | L 5 Anita TIEN         | 12 Colchester   | 1:14.70 |
|     | L 6 Rachel HA          | 13 Epping For't | 1:14.86 |
|     | L 7 Lucy COIA-BELL     | 12 Co St Albans | 1:15.43 |
|     | L 8 Bruna REBELO       | 13 Hatfield     | 1:15.69 |
| H 6 | L 1 Emily COOPER       | 12 Basildon Ph  | 1:13.50 |
|     | L 2 Charlotte HUDSON   | 14 West Suffolk | 1:13.30 |
|     | L 3 Ellie WALKER       | 13 UEA Norwich  | 1:13.10 |
|     | L 4 Millie TURNER      | 14 Basildon Ph  | 1:13.01 |
|     | L 5 Maddie LEES        | 13 DunmowAtlant | 1:13.02 |
|     | L 6 Sophie GRIFFIN     | 13 Co Peterboro | 1:13.27 |
|     | L 7 Lily BEMMER        | 14 Deben        | 1:13.33 |
|     | L 8 Holly LAMB         | 12 Southend     | 1:13.80 |
| H 7 | L 1 Charlotte ABRAMSON | 13 UEA Norwich  | 1:13.00 |
|     | L 2 Victoria ROGERS    | 14 Basildon Ph  | 1:12.78 |
|     | L 3 Lauren BROWNE      | 14 Co Peterboro | 1:12.51 |
|     | L 4 Ruby DAGLESS       | 12 Dereham      | 1:12.30 |
|     | L 5 Lily GENNER        | 14 West Suffolk | 1:12.30 |
|     | L 6 Polly FISH         | 13 Co Cambridge | 1:12.59 |
|     | L 7 Imogen BLOCK       | 13 Lstoft & OB  | 1:12.87 |
|     | L 8 Gracie KAY         | 14 Co Cambridge | 1:13.00 |
| H 8 | L 1 Niamh HIGGINS      | 14 Colchester   | 1:11.80 |
|     | L 2 Rachel ANDREWS     | 13 C Beds SS    | 1:11.60 |
|     | L 3 Rebecca SMITH      | 14 Norwich Swan | 1:11.41 |
|     | L 4 Daisy SANDON       | 14 Stevenage    | 1:11.00 |
|     | L 5 Grace KING         | 14 teamipswich  | 1:11.10 |
|     | L 6 Millie BATEMAN     | 14 UEA Norwich  | 1:11.50 |
|     | L 7 Katherine CHEESERI | 14 C Beds SS    | 1:11.70 |
|     | L 8 Ciara WOOKEY       | 13 Colchester   | 1:12.10 |
| H 9 | L 1 Libby MAGILL       | 14 Hatfield     | 1:10.45 |
|     | L 2 Matilda MEYRICK    | 14 Norfolk Vikg | 1:09.00 |
|     | L 3 Erin O'MEARA       | 14 Watford SC   | 1:08.06 |
|     | L 4 Lily MERRETT       | 14 Hoddesdon    | 1:06.20 |
|     | L 5 Ella HALE          | 14 West Suffolk | 1:07.50 |
|     | L 6 Lucie PECK         | 14 West Norfolk | 1:08.49 |
|     | L 7 May BRADBURN       | 13 Chelmsford   | 1:10.00 |
|     | L 8 Tilly MAYES        | 14 Thurrock     | 1:10.70 |

|      |                         |                 |         |
|------|-------------------------|-----------------|---------|
| H 10 | L 1 Brenna HOWELL       | 13 Co Peterboro | 1:10.22 |
|      | L 2 Safia BUTTON        | 13 teamipswich  | 1:08.99 |
|      | L 3 Katie HAMMOND       | 14 Co Cambridge | 1:08.00 |
|      | L 4 Sara KALAWSKA       | 14 Hatfield     | 1:05.10 |
|      | L 5 Jessica WOODWARD    | 14 Potters Bar  | 1:07.26 |
|      | L 6 Libby DUNFORD       | 14 Hoddesdon    | 1:08.27 |
|      | L 7 Chloe BERKO-BOATENG | 14 Cheshunt     | 1:09.78 |
|      | L 8 Jessica HEESOM      | 14 Potters Bar  | 1:10.48 |

|      |                    |                 |         |
|------|--------------------|-----------------|---------|
| H 11 | L 1 Orla KEAVENEY  | 14 Modernian    | 1:10.10 |
|      | L 2 Chiara ROGERS  | 14 Team Luton   | 1:08.60 |
|      | L 3 Angharad EVANS | 14 West Suffolk | 1:07.70 |
|      | L 4 Sophie FREEMAN | 13 Colchester   | 1:04.50 |
|      | L 5 Sacha THOMAS   | 14 UEA Norwich  | 1:06.40 |
|      | L 6 Rebecca HOWELL | 14 Basildon Ph  | 1:08.10 |
|      | L 7 Iona TRAINER   | 14 Co Ely       | 1:09.46 |
|      | L 8 Valeria GIRON  | 12 Hatfield     | 1:10.47 |

### Event 622 Mens 100m Butterfly

|     |                    |                 |         |
|-----|--------------------|-----------------|---------|
| H 1 | L 3 Kieran BIRKETT | 12 Co St Albans | 1:23.67 |
|     | L 4 William HAMM   | 12 Dunstable    | 1:22.89 |
|     | L 5 Fraser JOHNSON | 12 Deben        | 1:23.59 |

|     |                        |                 |         |
|-----|------------------------|-----------------|---------|
| H 2 | L 1 Max HILL           | 11 Stevenage    | 1:22.66 |
|     | L 2 Alasdair WOOLGROVE | 12 Co St Albans | 1:22.00 |
|     | L 3 Matthew MONIE      | 12 Co Cambridge | 1:21.44 |
|     | L 4 Albert PAPWORTH    | 12 Co Peterboro | 1:21.38 |
|     | L 5 Joseph KENNY       | 12 Leiston      | 1:21.40 |
|     | L 6 Finn COOPER        | 11 teamipswich  | 1:21.67 |
|     | L 7 Barnabas CLARKE    | 11 UEA Norwich  | 1:22.30 |

|     |                    |                 |         |
|-----|--------------------|-----------------|---------|
| H 3 | L 1 Jack ABRAM     | 12 UEA Norwich  | 1:21.19 |
|     | L 2 Daniel DIXON   | 12 Brentwood    | 1:20.60 |
|     | L 3 Charles ROYLE  | 12 Basildon Ph  | 1:20.39 |
|     | L 4 Thomas OWEN    | 12 West Norfolk | 1:19.54 |
|     | L 5 Henry JONES    | 12 Modernian    | 1:20.23 |
|     | L 6 Charlie SUMMER | 12 Dereham      | 1:20.55 |
|     | L 7 Arthur BERNANS | 11 Basildon Ph  | 1:20.82 |
|     | L 8 Joshua HEESOM  | 12 Potters Bar  | 1:21.33 |

|     |                          |                 |         |
|-----|--------------------------|-----------------|---------|
| H 4 | L 1 Brayden DOYLE        | 12 Brentwood    | 1:19.49 |
|     | L 2 Nikita CHARYKIN      | 11 Thurrock     | 1:19.10 |
|     | L 3 George GRICE         | 12 UEA Norwich  | 1:18.70 |
|     | L 4 Enzo LIM             | 12 Watford SC   | 1:18.35 |
|     | L 5 Christopher WILLIAMS | 12 Co Cambridge | 1:18.53 |
|     | L 6 Jacob STEPHEN        | 12 Brentwood    | 1:18.80 |
|     | L 7 Daniel PARKER        | 11 Braintree    | 1:19.20 |
|     | L 8 Alexander WILLIAMS   | 12 Watford SC   | 1:19.54 |

|     |                      |                 |         |
|-----|----------------------|-----------------|---------|
| H 5 | L 1 Daniel ORD       | 12 Watford SC   | 1:17.84 |
|     | L 2 Jack PALLANT     | 13 Lstoft & OB  | 1:16.77 |
|     | L 3 Olivier VEDRENNE | 12 UEA Norwich  | 1:16.69 |
|     | L 4 Connor HOUSTON   | 13 Deben        | 1:16.44 |
|     | L 5 Samuel PYEFINCH  | 12 Tring        | 1:16.63 |
|     | L 6 George WHITEMAN  | 13 Co Peterboro | 1:16.70 |
|     | L 7 Tobin SARI       | 12 West Suffolk | 1:17.29 |
|     | L 8 Oskar FARKAS     | 12 Co Cambridge | 1:18.20 |

|     |                     |                 |         |
|-----|---------------------|-----------------|---------|
| H 6 | L 1 Denis MORINE    | 12 Chelmsford   | 1:16.25 |
|     | L 2 Tyler WATSON    | 13 Flitwick     | 1:16.07 |
|     | L 3 Joab CARR       | 13 St Felix Sch | 1:15.42 |
|     | L 4 Benjamin GREEN  | 13 Watford SC   | 1:14.59 |
|     | L 5 Jack SKERRY     | 13 Chelmsford   | 1:15.40 |
|     | L 6 Jenson HURRELL  | 12 Thurrock     | 1:16.00 |
|     | L 7 Taylor COE      | 13 Cheshunt     | 1:16.10 |
|     | L 8 George WILLIAMS | 13 Harpenden    | 1:16.29 |

|     |                    |                 |         |
|-----|--------------------|-----------------|---------|
| H 7 | L 1 Joseph BAVEY   | 12 Newmarket    | 1:13.82 |
|     | L 2 Luke BARTON    | 13 Lstoft & OB  | 1:12.66 |
|     | L 3 Xavier KIRCHIN | 13 Leighton Buz | 1:12.30 |
|     | L 4 Euan HIGGS     | 13 Chelmsford   | 1:11.70 |
|     | L 5 Rhys DAVIDSON  | 13 Team Luton   | 1:12.17 |
|     | L 6 Kai CHENG      | 13 Colchester   | 1:12.66 |
|     | L 7 Jimmy TAYLOR   | 13 Thurrock     | 1:12.80 |
|     | L 8 Peter SOCZEKKA | 12 Hatfield     | 1:14.50 |

|     |                       |                 |         |
|-----|-----------------------|-----------------|---------|
| H 8 | L 1 Matthew NEWSON    | 14 Co Peterboro | 1:11.48 |
|     | L 2 Ciaran COOK       | 14 Co St Albans | 1:11.31 |
|     | L 3 Joshua BRIDGELAND | 14 Stevenage    | 1:11.10 |
|     | L 4 Samuel BULLINGHAM | 14 West Suffolk | 1:10.36 |
|     | L 5 Daniel BLERKOM    | 14 Southend     | 1:10.38 |
|     | L 6 Harry ARBUTHNOTT  | 14 Harpenden    | 1:11.20 |
|     | L 7 Max ASHKEN        | 14 Deben        | 1:11.36 |
|     | L 8 Ben WOODHOUSE     | 14 Norwich Swan | 1:11.53 |



# East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)



## Start Lists Session Seventeen

|  |     |                      |    |              |         |      |     |                     |    |              |       |
|--|-----|----------------------|----|--------------|---------|------|-----|---------------------|----|--------------|-------|
| H 9                                    | L 1 | Thomas OGDEN         | 13 | Bishop Stort | 1:09.96 | H 6  | L 1 | Molly REDGRAVE      | 13 | Colchester   | 34.29 |
|  | L 2 | Brandon RILEY        | 13 | Lstof & OB   | 1:09.74 |      | L 2 | Sienna TREGLOHAN    | 13 | Cheshunt     | 34.27 |
|  | L 3 | Teal'K SMITH         | 14 | Beccles Town | 1:09.68 |      | L 3 | Emily COOPER        | 12 | Basildon Ph  | 34.20 |
|  | L 4 | Freddie LAWS         | 14 | West Norfolk | 1:09.54 |      | L 4 | Nancy NEAVE         | 13 | Braintree    | 34.12 |
|  | L 5 | Naythan AUNG         | 13 | Colchester   | 1:09.60 |      | L 5 | Hannah DALEY        | 13 | Co Peterboro | 34.16 |
|  | L 6 | Jude HILLS           | 12 | Bo Southend  | 1:09.70 |      | L 6 | Polly FISH          | 13 | Co Cambridge | 34.20 |
|  | L 7 | Akshay PISSAY        | 13 | UEA Norwich  | 1:09.80 |      | L 7 | Sophie LANDER       | 12 | Stowmarket   | 34.28 |
|  | L 8 | James SPEERS         | 14 | Basildon Ph  | 1:10.10 |      | L 8 | Olivia ALDRED       | 13 | Lstof & OB   | 34.45 |
| H 10                                   | L 1 | Mide OLAJIDE         | 13 | Thurrock     | 1:08.70 | H 7  | L 1 | Ella NIJKAMP        | 12 | Berkhamsted  | 34.10 |
|  | L 2 | Sam TOWNSEND         | 13 | C Beds SS    | 1:07.80 |      | L 2 | Eilidh DUNWOODIE    | 13 | Co St Albans | 34.10 |
|  | L 3 | Alessandro RIODA     | 13 | Harlow Pen   | 1:05.10 |      | L 3 | Rhearna MASON       | 14 | C Beds SS    | 33.90 |
|  | L 4 | Ciaran RICHES        | 14 | West Suffolk | 1:03.40 |      | L 4 | Rebecca SMITH       | 14 | Norwich Swan | 33.89 |
|  | L 5 | Connor WALKER        | 13 | Co Peterboro | 1:04.40 |      | L 5 | Matilda BOGLE       | 11 | teamipswich  | 33.90 |
|  | L 6 | William PESTELL      | 14 | teamipswich  | 1:07.29 |      | L 6 | Georgina MUNDAY     | 13 | Modernian    | 34.00 |
|  | L 7 | Joshua HOLLAND       | 14 | Hertford     | 1:08.01 |      | L 7 | Jessica KEFFORD     | 13 | Dunstable    | 34.10 |
|  | L 8 | Henry FERRIES        | 14 | Basildon Ph  | 1:09.40 |      | L 8 | Abigail HEWSON      | 13 | Berkhamsted  | 34.12 |
| H 11                                   | L 1 | Luke PESTAILLE       | 14 | Hatfield     | 1:08.30 | H 8  | L 1 | Millie FIELDS       | 13 | Bishop Stort | 33.84 |
|  | L 2 | Samuel MILLER        | 14 | Bo Southend  | 1:07.40 |      | L 2 | Georgina KNATCHBULL | 13 | Leighton Buz | 33.80 |
|  | L 3 | Devesh KAPOOR        | 14 | Watford SC   | 1:04.88 |      | L 3 | Sophie HINDLE       | 14 | Stevenage    | 33.77 |
|  | L 4 | Samuel ROSE          | 14 | West Norfolk | 1:02.90 |      | L 4 | Ellie MATTHEWS      | 14 | Putteridge   | 33.67 |
|  | L 5 | Daniel MURTAGH       | 14 | Hatfield     | 1:04.00 |      | L 5 | Ellie CRONIN        | 14 | Harlow Pen   | 33.70 |
|  | L 6 | Matthew DEBENHAM     | 13 | teamipswich  | 1:07.18 |      | L 6 | Iona TRAINER        | 14 | Co Ely       | 33.79 |
|  | L 7 | Harrison RIDER       | 13 | Basildon Ph  | 1:08.00 |      | L 7 | Jessica ROBERTSON   | 13 | Co St Albans | 33.81 |
|  | L 8 | Matthew MUNNINGS     | 14 | Diss Otters  | 1:09.32 |      | L 8 | Grace KING          | 14 | teamipswich  | 33.86 |
| H 12                                   | L 1 | Edward MCFARLAND     | 14 | C Beds SS    | 1:08.10 | H 9  | L 1 | Alexandra LAWMAN    | 14 | Watford SC   | 33.60 |
|  | L 2 | Ethan PEIRCE         | 13 | Harlow Pen   | 1:07.30 |      | L 2 | Hannah SNELHAM      | 14 | Deben        | 33.58 |
|  | L 3 | Jack TURRELL         | 14 | Basildon Ph  | 1:04.60 |      | L 3 | Leah WIGHTMAN       | 12 | West Norfolk | 33.56 |
|  | L 4 | Nathan WOODROW       | 14 | UEA Norwich  | 1:00.20 |      | L 4 | Isabelle ROSHER     | 14 | teamipswich  | 33.53 |
|  | L 5 | Michael KLIMASZEWSKI | 13 | Hatfield     | 1:03.90 |      | L 5 | Jessica HEESOM      | 14 | Potters Bar  | 33.55 |
|  | L 6 | Alfie WARNOCK        | 14 | Putteridge   | 1:07.10 |      | L 6 | Gemma HANSON        | 14 | Hatfield     | 33.57 |
|  | L 7 | Damon ELLIOTT        | 13 | DunmowAtlant | 1:07.80 |      | L 7 | Millie BATEMAN      | 14 | UEA Norwich  | 33.59 |
|  | L 8 | Mattias MORSE        | 14 | Hemel Hemp   | 1:09.20 |      | L 8 | Libby CHAMBERS      | 14 | Verulam      | 33.66 |
| <b>Event 623 Womens 50m Backstroke</b> |     |                      |    |              |         |      |     |                     |    |              |       |
| H 1                                    | L 3 | Hannah COLLETT       | 12 | Basildon Ph  | 36.10   | H 10 | L 1 | Jemima WAYMAN       | 14 | Deben        | 33.48 |
|  | L 4 | Evie BURGESS         | 12 | teamipswich  | 36.09   |      | L 2 | Grace WALLER        | 13 | Basildon Ph  | 33.40 |
|  | L 5 | Clara WATSON-FLOW    | 11 | St Felix Sch | 36.10   |      | L 3 | Charlotte NORMAN    | 12 | Colchester   | 33.20 |
| H 2                                    | L 1 | Lily MACDONALD       | 12 | UEA Norwich  | 36.09   |      | L 4 | Eleanor WILLIAMS    | 14 | Watford SC   | 33.12 |
|  | L 2 | Macey POUNTAIN       | 12 | UEA Norwich  | 35.98   |      | L 5 | Jessica WOODWARD    | 13 | Potters Bar  | 33.16 |
|  | L 3 | Jessica SHAW         | 12 | March        | 35.84   |      | L 6 | Brenna HOWELL       | 14 | Co Peterboro | 33.35 |
|  | L 4 | Holly DRIVER         | 12 | Leiston      | 35.79   |      | L 7 | Bianka MISIKOVA     | 14 | Hatfield     | 33.40 |
|  | L 5 | Megan BUNCLARK       | 12 | Leiston      | 35.80   |      | L 8 | Morgan ALLAN        | 14 | Modernian    | 33.50 |
|  | L 6 | Helena HALL          | 12 | Deben        | 35.88   | H 11 | L 1 | Carys BREALEY       | 13 | Harlow Pen   | 32.98 |
|  | L 7 | Francesca TYLER      | 12 | Felixstowe   | 36.04   |      | L 2 | Bronte O'DEA        | 14 | Runnymede    | 32.82 |
| H 3                                    | L 1 | Charlotte WHITE      | 12 | West Suffolk | 35.60   |      | L 3 | Isabel WAINWRIGHT   | 14 | Modernian    | 32.20 |
|  | L 2 | Gemma NOTTAGE        | 12 | Watford SC   | 35.52   |      | L 4 | Lily MERRETT        | 14 | Hoddesdon    | 31.21 |
|  | L 3 | Jessica MAHONEY      | 12 | Co Peterboro | 35.37   |      | L 5 | Libby DUNFORD       | 14 | Hoddesdon    | 31.72 |
|  | L 4 | Ella TURNER          | 12 | Basildon Ph  | 35.20   |      | L 6 | Autumn HANDSCOMBE   | 14 | C Beds SS    | 32.41 |
|  | L 5 | Teni OGUNLESI        | 12 | Thurrock     | 35.32   |      | L 7 | Libby MAGILL        | 14 | Hatfield     | 32.94 |
|  | L 6 | Ruby DAGLESS         | 12 | Dereham      | 35.51   |      | L 8 | Lucy MORGAN         | 13 | Colchester   | 33.10 |
|  | L 7 | Molly COBBOLD        | 11 | Hoddesdon    | 35.54   | H 12 | L 1 | Isabel HARBER       | 14 | Verulam      | 32.97 |
|  | L 8 | Kaia PHILLIPS        | 11 | Bishop Stort | 35.61   |      | L 2 | Gemma PETERS        | 13 | UEA Norwich  | 32.80 |
| H 4                                    | L 1 | Bethan ENDICOTT      | 12 | St Ives      | 35.10   |      | L 3 | Safia BUTTON        | 13 | teamipswich  | 31.92 |
|  | L 2 | Emilia DUNWOODIE     | 12 | Co St Albans | 34.80   |      | L 4 | Eve WRIGHT          | 14 | Co Peterboro | 31.20 |
|  | L 3 | Erin LITTLE          | 12 | Chelmsford   | 34.80   |      | L 5 | Sophie FREEMAN      | 13 | Colchester   | 31.50 |
|  | L 4 | Mia CHANDLER         | 13 | teamipswich  | 34.74   |      | L 6 | Sophie GRIFFIN      | 13 | Co Peterboro | 32.40 |
|  | L 5 | Julianna MERCADO     | 13 | Norwich Swan | 34.78   |      | L 7 | Jessica KEOGH       | 13 | Hatfield     | 32.84 |
|  | L 6 | Lillian TAGG         | 13 | Thurrock     | 34.80   |      | L 8 | Hannah O'CONNOR     | 14 | West Suffolk | 33.10 |
|  | L 7 | Isabella CHAPMAN     | 13 | Harpenden    | 34.84   | H 13 | L 1 | Annabelle BURGESS   | 14 | teamipswich  | 32.97 |
|  | L 8 | Ciara TAYLOR         | 12 | Co Ely       | 35.17   |      | L 2 | Imogen BLOCK        | 13 | Lstof & OB   | 32.51 |
| H 5                                    | L 1 | Harriet CLEMENTS     | 13 | Watford SC   | 34.70   |      | L 3 | Emily WHYTE         | 14 | teamipswich  | 31.91 |
|  | L 2 | Ella MCGHIE          | 13 | Co Peterboro | 34.70   |      | L 4 | Emma CRUICKSHANKS   | 14 | teamipswich  | 31.08 |
|  | L 3 | Anita TIEN           | 12 | Colchester   | 34.65   |      | L 5 | Matilda MEYRICK     | 14 | Norfolk Vikg | 31.31 |
|  | L 4 | Francesca LOW        | 12 | Chelmsford   | 34.50   |      | L 6 | Isabelle SOULSBY    | 14 | Berkhamsted  | 32.28 |
|  | L 5 | Ellie HOLLISS        | 13 | Co St Albans | 34.64   |      | L 7 | Victoria ROGERS     | 14 | Basildon Ph  | 32.83 |
|  | L 6 | Holly GRAVES         | 13 | Co Peterboro | 34.70   |      | L 8 | Gracie KAY          | 14 | Co Cambridge | 33.00 |
|  | L 7 | Lucy HUDSON          | 13 | West Suffolk | 34.70   |      |     |                     |    |              |       |
|  | L 8 | Astrid HUBBARD       | 13 | West Norfolk | 34.71   |      |     |                     |    |              |       |



# East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)



## Start Lists Session Seventeen

### Event 624 Mens 50m Backstroke

|      |     |                         |    |              |       |
|------|-----|-------------------------|----|--------------|-------|
| H 1  | L 3 | Patrick WINNINGTON      | 12 | DunmowAtlant | 36.41 |
|      | L 4 | Marcus MOSCUZZA         | 12 | St Felix Sch | 36.37 |
|      | L 5 | Jack JUGGINS            | 11 | Team Luton   | 36.40 |
| H 2  | L 2 | Daniel HIMSWORTH        | 12 | Colchester   | 36.18 |
|      | L 3 | Mitchell TAMBLIN        | 12 | Norwich Swan | 36.16 |
|      | L 4 | Barnabas CLARKE         | 11 | UEA Norwich  | 36.13 |
|      | L 5 | Michael CONNICK         | 12 | Deben        | 36.16 |
|      | L 6 | Albert PAPWORTH         | 12 | Co Peterboro | 36.17 |
|      | L 7 | Joseph KENNY            | 12 | Leiston      | 36.36 |
| H 3  | L 1 | Harley ALLAN            | 12 | Modernian    | 36.00 |
|      | L 2 | Oliver CARPENTER        | 12 | Co St Albans | 35.75 |
|      | L 3 | Aidan CLARKSON          | 12 | DunmowAtlant | 35.60 |
|      | L 4 | Edward MERHAN           | 12 | West Suffolk | 35.55 |
|      | L 5 | Max PATTEN              | 12 | Stanway      | 35.56 |
|      | L 6 | Kieran BIRKETT          | 12 | Co St Albans | 35.64 |
|      | L 7 | Nikita CHARYKIN         | 11 | Thurrock     | 35.80 |
|      | L 8 | Charlie SUMMER          | 12 | Dereham      | 36.10 |
| H 4  | L 1 | Benjamin ASHDOWN        | 12 | Modernian    | 35.10 |
|      | L 2 | Arvin Joaquin RODRIGUEZ | 13 | Watford SC   | 34.59 |
|      | L 3 | Joseph MCGILLIVRAY      | 12 | Lstof & OB   | 34.29 |
|      | L 4 | Tom MALIA               | 13 | Flitwick     | 34.18 |
|      | L 5 | William PARSONS         | 13 | Deben        | 34.23 |
|      | L 6 | Samuel PYEFINCH         | 12 | Tring        | 34.45 |
|      | L 7 | Harrison TRAVERS        | 13 | Epping For't | 34.70 |
|      | L 8 | Olivier VEDRENNE        | 12 | UEA Norwich  | 35.17 |
| H 5  | L 1 | Brandon RILEY           | 13 | Lstof & OB   | 34.10 |
|      | L 2 | Henry DUNCAN            | 13 | Co Cambridge | 33.97 |
|      | L 3 | Robbie BRINDLEY         | 13 | West Suffolk | 33.87 |
|      | L 4 | Connor WALKER           | 13 | Co Peterboro | 33.71 |
|      | L 5 | Kai CHENG               | 13 | Colchester   | 33.72 |
|      | L 6 | James QUINN             | 13 | St Ives      | 33.90 |
|      | L 7 | Ben KNOWLES             | 13 | Wisbech      | 34.01 |
|      | L 8 | Jenson HURRELL          | 12 | Thurrock     | 34.10 |
| H 6  | L 1 | Jack SKERRY             | 13 | Chelmsford   | 33.50 |
|      | L 2 | Benjamin GREEN          | 13 | Watford SC   | 33.12 |
|      | L 3 | Freddie LAWS            | 14 | West Norfolk | 33.03 |
|      | L 4 | Henry KING              | 14 | West Suffolk | 32.96 |
|      | L 5 | Samuel COSTIN           | 14 | Basildon Ph  | 33.00 |
|      | L 6 | Jack HILL               | 12 | Linslade     | 33.10 |
|      | L 7 | Tyler JACKSON           | 13 | Harlow Pen   | 33.20 |
|      | L 8 | Fabian BRUDNICKI        | 13 | Co Peterboro | 33.69 |
| H 7  | L 1 | Robert ADDIS            | 13 | West Norfolk | 32.86 |
|      | L 2 | Jude HILLS              | 12 | Bo Southend  | 32.70 |
|      | L 3 | Thomas BENTLEY          | 14 | Epping For't | 32.69 |
|      | L 4 | Michael FREEMAN         | 14 | Chelmsford   | 32.52 |
|      | L 5 | Matthew MUNNINGS        | 14 | Diss Otters  | 32.53 |
|      | L 6 | Harry ARBUTHNOTT        | 14 | Harpenden    | 32.70 |
|      | L 7 | Matteo LO BIUNDO        | 14 | Hitchin      | 32.76 |
|      | L 8 | Joseph BAVEY            | 12 | Newmarket    | 32.88 |
| H 8  | L 1 | Ketan RACH              | 13 | Watford SC   | 32.49 |
|      | L 2 | Luke NIJKAMP            | 14 | Berkhamsted  | 32.38 |
|      | L 3 | Marco TONTODONATI       | 14 | Bishop Stort | 32.32 |
|      | L 4 | Ciaran COOK             | 14 | Co St Albans | 32.23 |
|      | L 5 | Oscar BRICE             | 13 | Co St Albans | 32.31 |
|      | L 6 | Alexander CATTON        | 14 | Bishop Stort | 32.35 |
|      | L 7 | Ben WOODHOUSE           | 14 | Norwich Swan | 32.39 |
|      | L 8 | Oliver ELLISON          | 14 | Dunstable    | 32.50 |
| H 9  | L 1 | Thomas OGDEN            | 13 | Bishop Stort | 31.94 |
|      | L 2 | Zane BATT               | 14 | Cheshunt     | 31.70 |
|      | L 3 | Nathaniel OLAYOMI       | 14 | Watford SC   | 31.23 |
|      | L 4 | Samuel ROSE             | 14 | West Norfolk | 30.28 |
|      | L 5 | Daniel MURTAGH          | 14 | Hatfield     | 30.90 |
|      | L 6 | Henry NEWELL            | 14 | Newmarket    | 31.50 |
|      | L 7 | Ethan GELL              | 13 | Linslade     | 31.80 |
|      | L 8 | Teal'K SMITH            | 14 | Beccles Town | 32.22 |
| H 10 | L 1 | Cole SHEPARD            | 14 | Basildon Ph  | 31.89 |
|      | L 2 | Jack RICHARDSON         | 14 | DunmowAtlant | 31.60 |
|      | L 3 | Ciaran RICHES           | 14 | West Suffolk | 31.14 |
|      | L 4 | Finn JEFFERY            | 14 | St Felix Sch | 30.14 |
|      | L 5 | Chester LEEMING         | 13 | St Felix Sch | 30.87 |
|      | L 6 | Thomas BELCHER          | 14 | Modernian    | 31.50 |
|      | L 7 | Harry MCLAGAN           | 14 | Chelmsford   | 31.80 |
|      | L 8 | Alfie KING              | 14 | Thetford     | 32.05 |

|      |     |                   |    |              |       |
|------|-----|-------------------|----|--------------|-------|
| H 11 | L 1 | Matthew NEWSON    | 14 | Co Peterboro | 31.85 |
|      | L 2 | Oliver ROGERS     | 13 | Saffron Wald | 31.50 |
|      | L 3 | Naythan AUNG      | 13 | Colchester   | 31.10 |
|      | L 4 | Walter HACKETT    | 14 | Dunstable    | 29.10 |
|      | L 5 | Charlie KING      | 14 | Co St Albans | 30.86 |
|      | L 6 | Connor GILLINGHAM | 14 | West Suffolk | 31.27 |
|      | L 7 | Luke PESTAILLE    | 14 | Hatfield     | 31.70 |
|      | L 8 | Samuel MILLER     | 14 | Bo Southend  | 31.95 |

### Event 625 Womens 200m Freestyle

|     |     |                     |    |              |         |
|-----|-----|---------------------|----|--------------|---------|
| H 1 | L 1 | Karys-Rose BUNN     | 11 | teamipswich  | 2:27.35 |
|     | L 2 | Lucy COIA-BELL      | 12 | Co St Albans | 2:26.83 |
|     | L 3 | Anita TIEN          | 12 | Colchester   | 2:26.51 |
|     | L 4 | Macey POUNTAIN      | 12 | UEA Norwich  | 2:25.93 |
|     | L 5 | Ruby GREENHALF      | 12 | UEA Norwich  | 2:26.00 |
|     | L 6 | Ciara TAYLOR        | 12 | Co Ely       | 2:26.53 |
|     | L 7 | Abigail GOTTS       | 12 | Norfolk Vikg | 2:26.85 |
|     | L 8 | Ella NIJKAMP        | 12 | Berkhamsted  | 2:27.52 |
| H 2 | L 1 | Gemma NOTTAGE       | 12 | Watford SC   | 2:25.69 |
|     | L 2 | Sophie LANDER       | 12 | Stowmarket   | 2:25.32 |
|     | L 3 | Ruby WHEELER        | 11 | Basildon Ph  | 2:24.90 |
|     | L 4 | Ella TURNER         | 12 | Basildon Ph  | 2:24.20 |
|     | L 5 | Valeria GIRON       | 12 | Hatfield     | 2:24.68 |
|     | L 6 | Matilda BOGLE       | 11 | teamipswich  | 2:24.96 |
|     | L 7 | Anastasia WILKINSON | 12 | Hatfield     | 2:25.65 |
|     | L 8 | Evelyn DIXON-MINTER | 12 | teamipswich  | 2:25.70 |
| H 3 | L 1 | Francesca LOW       | 12 | Chelmsford   | 2:23.40 |
|     | L 2 | Rachel ANDREWS      | 13 | C Beds SS    | 2:22.23 |
|     | L 3 | Gemma PETERS        | 13 | UEA Norwich  | 2:22.02 |
|     | L 4 | Ellie HOLLISS       | 13 | Co St Albans | 2:21.55 |
|     | L 5 | Evie HUNNISETT      | 13 | Basildon Ph  | 2:21.63 |
|     | L 6 | Ella HOUSTON        | 13 | Deben        | 2:22.10 |
|     | L 7 | Holly LAMB          | 12 | Southend     | 2:23.18 |
|     | L 8 | Emily COOPER        | 12 | Basildon Ph  | 2:24.10 |
| H 4 | L 1 | Hannah DALEY        | 13 | Co Peterboro | 2:21.07 |
|     | L 2 | Brenna HOWELL       | 13 | Co Peterboro | 2:20.61 |
|     | L 3 | Cerys WILLIAMS      | 13 | West Suffolk | 2:20.47 |
|     | L 4 | Holly GRAVES        | 13 | Co Peterboro | 2:20.35 |
|     | L 5 | Ella MCGHIE         | 13 | Co Peterboro | 2:20.44 |
|     | L 6 | Charlotte TREE      | 13 | Colchester   | 2:20.49 |
|     | L 7 | Imogen BLOCK        | 13 | Lstof & OB   | 2:20.90 |
|     | L 8 | Kiara KOVACS        | 13 | Co Peterboro | 2:21.53 |
| H 5 | L 1 | Leah WIGHTMAN       | 12 | West Norfolk | 2:20.25 |
|     | L 2 | Erin LITTLE         | 12 | Chelmsford   | 2:20.20 |
|     | L 3 | Lucy MORGAN         | 13 | Colchester   | 2:19.90 |
|     | L 4 | May BRADBURN        | 13 | Chelmsford   | 2:19.20 |
|     | L 5 | Niamh KELLY         | 13 | Hatfield     | 2:19.66 |
|     | L 6 | Daisy MOXHAM        | 12 | Co Cambridge | 2:20.10 |
|     | L 7 | Georgina MUNDAY     | 13 | Modernian    | 2:20.20 |
|     | L 8 | Lucy HUDSON         | 13 | West Suffolk | 2:20.29 |
| H 6 | L 1 | Eloise PARTON       | 13 | Co Cambridge | 2:18.28 |
|     | L 2 | Bruna REBELO        | 13 | Hatfield     | 2:17.91 |
|     | L 3 | Eve WRIGHT          | 14 | Co Peterboro | 2:17.56 |
|     | L 4 | Abbie BARNWELL      | 14 | Team Luton   | 2:17.40 |
|     | L 5 | Victoria ROGERS     | 14 | Basildon Ph  | 2:17.41 |
|     | L 6 | Grace MADSEN        | 14 | Beccles Town | 2:17.74 |
|     | L 7 | Grace WALLER        | 13 | Basildon Ph  | 2:18.19 |
|     | L 8 | Ellie WALKER        | 13 | UEA Norwich  | 2:18.42 |
| H 7 | L 1 | Rhearna MASON       | 14 | C Beds SS    | 2:17.30 |
|     | L 2 | Jessica KEOGH       | 13 | Hatfield     | 2:17.18 |
|     | L 3 | Bianka MISIKOVA     | 14 | Hatfield     | 2:16.75 |
|     | L 4 | Rebecca GIROLAMI    | 14 | Colchester   | 2:16.53 |
|     | L 5 | Kelsey WILSON       | 14 | Gt Yarmouth  | 2:16.61 |
|     | L 6 | Hannah O'CONNOR     | 14 | West Suffolk | 2:16.89 |
|     | L 7 | Iona TRAINER        | 14 | Co Ely       | 2:17.27 |
|     | L 8 | Jemima WAYMAN       | 14 | Deben        | 2:17.33 |
| H 8 | L 1 | Millie FIELDS       | 13 | Bishop Stort | 2:15.81 |
|     | L 2 | Carys BREALEY       | 13 | Harlow Pen   | 2:14.99 |
|     | L 3 | Sacha THOMAS        | 14 | UEA Norwich  | 2:12.80 |
|     | L 4 | Annabelle BURGESS   | 14 | teamipswich  | 2:11.26 |
|     | L 5 | Lucie PECK          | 14 | West Norfolk | 2:12.21 |
|     | L 6 | Matilda MEYRICK     | 14 | Norfolk Vikg | 2:13.74 |
|     | L 7 | Ella HALE           | 14 | West Suffolk | 2:15.26 |
|     | L 8 | Harriet SALISBURY   | 13 | Co Peterboro | 2:16.51 |





# East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)



## Start Lists Session Seventeen

|                                      |     |                    |    |              |         |      |     |                      |    |              |         |
|--------------------------------------|-----|--------------------|----|--------------|---------|------|-----|----------------------|----|--------------|---------|
| H 9                                  | L 1 | Jessica HEESOM     | 14 | Potters Bar  | 2:15.46 | H 8  | L 1 | Jeremy AITKEN        | 14 | Beccles Town | 2:14.47 |
|                                      | L 2 | Rebecca HOWELL     | 14 | Basildon Ph  | 2:14.60 |      | L 2 | Matthew NEWSON       | 14 | Co Peterboro | 2:14.24 |
|                                      | L 3 | Safia BUTTON       | 13 | teamipswich  | 2:12.70 |      | L 3 | Marco TONTODONATI    | 14 | Bishop Stort | 2:13.87 |
|                                      | L 4 | Katie HAMMOND      | 14 | Co Cambridge | 2:10.68 |      | L 4 | Cole SHEPARD         | 14 | Basildon Ph  | 2:13.00 |
|                                      | L 5 | Angharad EVANS     | 14 | West Suffolk | 2:12.20 |      | L 5 | Callum STEDMAN       | 14 | Dereham      | 2:13.47 |
|                                      | L 6 | Erin O'MEARA       | 14 | Watford SC   | 2:13.37 |      | L 6 | Samuel COSTIN        | 14 | Basildon Ph  | 2:13.92 |
|                                      | L 7 | Orla KEAVENEY      | 14 | Modernian    | 2:15.26 |      | L 7 | Alfie WARNOCK        | 14 | Putteridge   | 2:14.28 |
|                                      | L 8 | Isabelle ROSHER    | 14 | teamipswich  | 2:16.01 |      | L 8 | Zane BATT            | 14 | Cheshunt     | 2:14.47 |
| H 10                                 | L 1 | Gemma HANSON       | 14 | Hatfield     | 2:15.34 | H 9  | L 1 | Alfie KING           | 14 | Thetford     | 2:12.46 |
|                                      | L 2 | Lauren YOUNG       | 14 | Hatfield     | 2:13.75 |      | L 2 | Ryan DAVIS           | 13 | Epping For't | 2:10.70 |
|                                      | L 3 | Sara KALAWSKA      | 14 | Hatfield     | 2:12.28 |      | L 3 | Daniel MURTAGH       | 14 | Hatfield     | 2:09.90 |
|                                      | L 4 | Sophie FREEMAN     | 13 | Colchester   | 2:09.70 |      | L 4 | Nathan WOODROW       | 14 | UEA Norwich  | 2:07.10 |
|                                      | L 5 | Lily MERRETT       | 14 | Hoddesdon    | 2:11.63 |      | L 5 | Daniel WHITE         | 14 | St Felix Sch | 2:08.69 |
|                                      | L 6 | Sophie TAYLOR      | 14 | DunmowAtlant | 2:13.33 |      | L 6 | Chester LEEMING      | 13 | St Felix Sch | 2:10.10 |
|                                      | L 7 | Caitlin LOO        | 13 | Hatfield     | 2:15.17 |      | L 7 | Ciaran RICHES        | 14 | West Suffolk | 2:11.47 |
|                                      | L 8 | Libby DUNFORD      | 14 | Hoddesdon    | 2:16.00 |      | L 8 | Harrison RIDER       | 13 | Basildon Ph  | 2:12.80 |
| <b>Event 626 Mens 200m Freestyle</b> |     |                    |    |              |         |      |     |                      |    |              |         |
| H 1                                  | L 2 | Oscar COLE         | 11 | St Felix Sch | 2:29.40 | H 10 | L 1 | Samuel MILLER        | 14 | Bo Southend  | 2:12.33 |
|                                      | L 3 | Jack JUGGINS       | 11 | Team Luton   | 2:29.30 |      | L 2 | Edward MCFARLAND     | 14 | C Beds SS    | 2:10.50 |
|                                      | L 4 | Matthew MONIE      | 12 | Co Cambridge | 2:28.95 |      | L 3 | Joe COOPER           | 13 | teamipswich  | 2:09.86 |
|                                      | L 5 | Charles ROYLE      | 12 | Basildon Ph  | 2:29.00 |      | L 4 | Owen WEBSTER         | 14 | St Felix Sch | 2:06.10 |
|                                      | L 6 | George GRICE       | 12 | UEA Norwich  | 2:29.30 |      | L 5 | Harry MCLAGAN        | 14 | Chelmsford   | 2:07.30 |
| H 2                                  | L 1 | Michael CONNICK    | 12 | Deben        | 2:28.64 |      | L 6 | Henry NEWELL         | 14 | Newmarket    | 2:09.97 |
|                                      | L 2 | Jack ABRAM         | 12 | UEA Norwich  | 2:28.25 |      | L 7 | James SPEERS         | 14 | Basildon Ph  | 2:10.94 |
|                                      | L 3 | Jack HILL          | 12 | Linslade     | 2:27.67 |      | L 8 | Thomas BELCHER       | 14 | Modernian    | 2:12.70 |
|                                      | L 4 | Tobin SARI         | 12 | West Suffolk | 2:27.48 | H 11 | L 1 | Daniel MARTIN        | 14 | Co St Albans | 2:11.63 |
|                                      | L 5 | Ethan ANGEL        | 11 | teamipswich  | 2:27.50 |      | L 2 | William PESTELL      | 14 | teamipswich  | 2:10.19 |
|                                      | L 6 | James O'CONNOR     | 12 | West Suffolk | 2:27.70 |      | L 3 | Louis STEPHEN        | 14 | Brentwood    | 2:09.40 |
|                                      | L 7 | Mitchell TAMBLIN   | 12 | Norwich Swan | 2:28.40 |      | L 4 | Samuel ROSE          | 14 | West Norfolk | 2:04.50 |
|                                      | L 8 | Colin MOGHINA      | 12 | Thurrock     | 2:28.69 |      | L 5 | Jack TURRELL         | 14 | Basildon Ph  | 2:07.10 |
| H 3                                  | L 1 | Harry SHARPE       | 12 | West Norfolk | 2:26.57 |      | L 6 | Michael KLIMASZEWSKI | 13 | Hatfield     | 2:09.90 |
|                                      | L 2 | Finn COOPER        | 11 | teamipswich  | 2:26.25 |      | L 7 | Devesh KAPOOR        | 14 | Watford SC   | 2:10.94 |
|                                      | L 3 | Enzo LIM           | 12 | Watford SC   | 2:25.83 |      | L 8 | Edward JEX           | 14 | Co St Albans | 2:12.65 |
|                                      | L 4 | Denis MORINE       | 12 | Chelmsford   | 2:25.36 |      |     |                      |    |              |         |
|                                      | L 5 | Joseph MCGILLIVRAY | 12 | Lstof & OB   | 2:25.55 |      |     |                      |    |              |         |
|                                      | L 6 | James GISBORNE     | 12 | Bishop Stort | 2:26.01 |      |     |                      |    |              |         |
|                                      | L 7 | Ryan ROBERTS       | 12 | Dunstable    | 2:26.40 |      |     |                      |    |              |         |
|                                      | L 8 | Nikita CHARYKIN    | 11 | Thurrock     | 2:26.99 |      |     |                      |    |              |         |
| H 4                                  | L 1 | Peter SOCZEWKA     | 12 | Hatfield     | 2:23.63 |      |     |                      |    |              |         |
|                                      | L 2 | Guy SEMPLE         | 13 | Co Cambridge | 2:22.43 |      |     |                      |    |              |         |
|                                      | L 3 | Tyler WATSON       | 13 | Flitwick     | 2:22.30 |      |     |                      |    |              |         |
|                                      | L 4 | George WHITEMAN    | 13 | Co Peterboro | 2:22.12 |      |     |                      |    |              |         |
|                                      | L 5 | Marcus MOSCUZZA    | 12 | St Felix Sch | 2:22.16 |      |     |                      |    |              |         |
|                                      | L 6 | Tom MALIA          | 13 | Flitwick     | 2:22.39 |      |     |                      |    |              |         |
|                                      | L 7 | Xavier KIRCHIN     | 13 | Leighton Buz | 2:22.60 |      |     |                      |    |              |         |
|                                      | L 8 | Aidan CLARKSON     | 12 | DunmowAtlant | 2:24.09 |      |     |                      |    |              |         |
| H 5                                  | L 1 | Taylor COE         | 13 | Cheshunt     | 2:21.87 |      |     |                      |    |              |         |
|                                      | L 2 | Mide OLAJIDE       | 13 | Thurrock     | 2:20.98 |      |     |                      |    |              |         |
|                                      | L 3 | Ben KNOWLES        | 13 | Wisbech      | 2:20.51 |      |     |                      |    |              |         |
|                                      | L 4 | Jimmy TAYLOR       | 13 | Thurrock     | 2:18.91 |      |     |                      |    |              |         |
|                                      | L 5 | Naythan AUNG       | 13 | Colchester   | 2:20.20 |      |     |                      |    |              |         |
|                                      | L 6 | Finley COMAN       | 12 | Gt Yarmouth  | 2:20.96 |      |     |                      |    |              |         |
|                                      | L 7 | Joseph BAVEY       | 12 | Newmarket    | 2:21.27 |      |     |                      |    |              |         |
|                                      | L 8 | Ethan PEIRCE       | 13 | Harlow Pen   | 2:22.00 |      |     |                      |    |              |         |
| H 6                                  | L 1 | Oscar BRICE        | 13 | Co St Albans | 2:18.45 |      |     |                      |    |              |         |
|                                      | L 2 | Joab CARR          | 13 | St Felix Sch | 2:17.73 |      |     |                      |    |              |         |
|                                      | L 3 | Oskar FARKAS       | 12 | Co Cambridge | 2:17.44 |      |     |                      |    |              |         |
|                                      | L 4 | Damon ELLIOTT      | 13 | DunmowAtlant | 2:17.10 |      |     |                      |    |              |         |
|                                      | L 5 | Ketan RACH         | 13 | Watford SC   | 2:17.28 |      |     |                      |    |              |         |
|                                      | L 6 | Luke BARTON        | 13 | Lstof & OB   | 2:17.68 |      |     |                      |    |              |         |
|                                      | L 7 | Sam TOWNSEND       | 13 | C Beds SS    | 2:18.06 |      |     |                      |    |              |         |
|                                      | L 8 | Brandon RILEY      | 13 | Lstof & OB   | 2:18.86 |      |     |                      |    |              |         |
| H 7                                  | L 1 | Fabian BRUDNICKI   | 13 | Co Peterboro | 2:17.00 |      |     |                      |    |              |         |
|                                      | L 2 | Robert ADDIS       | 13 | West Norfolk | 2:16.21 |      |     |                      |    |              |         |
|                                      | L 3 | Connor WALKER      | 13 | Co Peterboro | 2:14.90 |      |     |                      |    |              |         |
|                                      | L 4 | Ciaran COOK        | 14 | Co St Albans | 2:14.53 |      |     |                      |    |              |         |
|                                      | L 5 | Teal'K SMITH       | 14 | Beccles Town | 2:14.62 |      |     |                      |    |              |         |
|                                      | L 6 | Jude HILLS         | 12 | Bo Southend  | 2:15.30 |      |     |                      |    |              |         |
|                                      | L 7 | Aidan PILCHER      | 12 | teamipswich  | 2:16.51 |      |     |                      |    |              |         |
|                                      | L 8 | Akshay PISSAY      | 13 | UEA Norwich  | 2:17.06 |      |     |                      |    |              |         |