



# East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)



## Start Lists Session Fourteen

### Event 521 Mens 200m IM

H 1	L 3 Tobin SARI	12 West Suffolk	2:51.53
	L 4 Alasdair WOOLGROVE	12 Co St Albans	2:51.36
	L 5 Patrick WINNINGTON	12 DunmowAtlant	2:51.50
H 2	L 1 George GRICE	12 UEA Norwich	2:50.90
	L 2 Thomas OWEN	12 West Norfolk	2:50.64
	L 3 Jack ABRAM	12 UEA Norwich	2:50.30
	L 4 Michael CONNICK	12 Deben	2:50.07
	L 5 Samuel PYEFINCH	12 Tring	2:50.23
	L 6 Christopher W	12 Co Cambridge	2:50.47
	L 7 Joshua SPENCER	12 Co Peterboro	2:50.88
H 3	L 1 Charlie SUMMER	12 Dereham	2:48.80
	L 2 Matthew MONIE	12 Co Cambridge	2:48.62
	L 3 Benjamin ASHDOWN	12 Modernian	2:47.69
	L 4 Enzo LIM	12 Watford SC	2:46.90
	L 5 Jacob STEPHEN	12 Brentwood	2:47.48
	L 6 Colin MOGHINA	12 Thurrock	2:47.89
	L 7 Aidan CLARKSON	12 DunmowAtlant	2:48.71
	L 8 Robbie CRUICKSHANKS	11 teamipswich	2:49.20
H 4	L 1 Denis MORINE	12 Chelmsford	2:44.50
	L 2 Ethan ANGEL	11 teamipswich	2:43.47
	L 3 Edward MERHAN	12 West Suffolk	2:42.40
	L 4 Ben KNOWLES	13 Wisbech	2:41.66
	L 5 Marcus MOSCUZZA	12 St Felix Sch	2:42.22
	L 6 Olivier VEDRENNE	12 UEA Norwich	2:42.90
	L 7 Peter SOCZEWKA	12 Hatfield	2:43.93
	L 8 Alexander WILLIAMS	12 Watford SC	2:45.00
H 5	L 1 Henry DUNCAN	13 Co Cambridge	2:41.49
	L 2 Taylor COE	13 Cheshunt	2:40.95
	L 3 George WHITEMAN	13 Co Peterboro	2:40.42
	L 4 Benjamin GREEN	13 Watford SC	2:39.48
	L 5 Brandon RILEY	13 Lstoft & OB	2:40.42
	L 6 Tyler JACKSON	13 Harlow Pen	2:40.65
	L 7 Owen THOMAS	13 Modernian	2:41.46
	L 8 Tyler WATSON	13 Flitwick	2:41.65
H 6	L 1 Oscar BRICE	13 Co St Albans	2:38.07
	L 2 Luke BARTON	13 Lstoft & OB	2:37.45
	L 3 Joseph BAVEY	12 Newmarket	2:36.40
	L 4 Mide OLAJIDE	13 Thurrock	2:35.79
	L 5 Harrison RIDER	13 Basildon Ph	2:36.34
	L 6 Jude HILLS	12 Bo Southend	2:37.44
	L 7 Ethan GELL	13 Linslade	2:37.90
	L 8 Jack SKERRY	13 Chelmsford	2:38.10
H 7	L 1 Naythan AUNG	13 Colchester	2:34.60
	L 2 Robert ADDIS	13 West Norfolk	2:34.05
	L 3 Jack CONROY	14 Thurrock	2:33.87
	L 4 Mattias MORSE	14 Hemel Hemp	2:33.51
	L 5 Ciaran COOK	14 Co St Albans	2:33.76
	L 6 Henry KING	14 West Suffolk	2:33.94
	L 7 Akshay PISSAY	13 UEA Norwich	2:34.20
	L 8 Harrison JARVIS	13 Thurrock	2:35.30
H 8	L 1 Henry FERRIES	14 Basildon Ph	2:33.40
	L 2 Edward MCFARLAND	14 C Beds SS	2:32.65
	L 3 Lewis SHAYLER	14 Watford SC	2:32.29
	L 4 Matthew NEWSON	14 Co Peterboro	2:32.10
	L 5 Thomas OGDEN	13 Bishop Stort	2:32.18
	L 6 Euan DONALD	14 Berkhamsted	2:32.58
	L 7 Teal'K SMITH	14 Beccles Town	2:33.17
	L 8 Joshua THURSTON-W	14 Beccles Town	2:33.43
H 9	L 1 Jack RICHARDSON	14 DunmowAtlant	2:30.73
	L 2 Samuel BULLINGHAM	14 West Suffolk	2:28.79
	L 3 Jack TURRELL	14 Basildon Ph	2:26.30
	L 4 William PESTELL	14 teamipswich	2:23.53
	L 5 Nathan WOODROW	14 UEA Norwich	2:24.70
	L 6 Owen WEBSTER	14 St Felix Sch	2:26.95
	L 7 Matthew DEBENHAM	13 teamipswich	2:29.32
	L 8 Connor WALKER	13 Co Peterboro	2:31.96
H 10	L 1 Daniel MARTIN	14 Co St Albans	2:30.45
	L 2 Ciaran RICHES	14 West Suffolk	2:27.42
	L 3 Devesh KAPOOR	14 Watford SC	2:26.11
	L 4 Sam WILLIAMSON	13 Hatfield	2:22.50
	L 5 Henry NEWELL	14 Newmarket	2:24.38
	L 6 Daniel MURTAGH	14 Hatfield	2:26.90
	L 7 Freddie LAWS	14 West Norfolk	2:29.30
	L 8 James SPEERS	14 Basildon Ph	2:30.95

H 11	L 1 Callum STEDMAN	14 Dereham	2:29.81
	L 2 Chester LEEMING	13 St Felix Sch	2:27.33
	L 3 William ROBINS	14 C Beds SS	2:26.00
	L 4 Finn JEFFERY	14 St Felix Sch	2:21.59
	L 5 Samuel ROSE	14 West Norfolk	2:23.92
	L 6 Rhys DAVIDSON	13 Team Luton	2:26.80
	L 7 Alessandro RIODA	13 Harlow Pen	2:29.30
	L 8 Luke PESTAILLE	14 Hatfield	2:30.84

### Event 522 Womens 100m Backstroke

H 1	L 3 Jessica MAHONEY	12 Co Peterboro	1:17.03
	L 4 Evie BURGESS	12 teamipswich	1:16.98
	L 5 Kaia PHILLIPS	11 Bishop Stort	1:17.00
H 2	L 2 Ruby DAGLESS	12 Dereham	1:16.60
	L 3 Erin WILKINSON	12 Southend	1:16.54
	L 4 Ciara TAYLOR	12 Co Ely	1:16.23
	L 5 Emilia DUNWOODIE	12 Co St Albans	1:16.40
	L 6 Gemma NOTTAGE	12 Watford SC	1:16.57
	L 7 Francesca TYLER	12 Felixstowe	1:16.96
H 3	L 1 Maeve POOLEY	12 Newmarket	1:16.09
	L 2 Holly ROBINSON	12 Hatfield	1:15.68
	L 3 Francesca LOW	12 Chelmsford	1:14.30
	L 4 Harriet CLEMENTS	13 Watford SC	1:13.81
	L 5 Leah WIGHTMAN	12 West Norfolk	1:14.10
	L 6 Charlotte WHITE	12 West Suffolk	1:15.21
	L 7 Macey POUNTAIN	12 UEA Norwich	1:15.89
	L 8 Anita TIEN	12 Colchester	1:16.09
H 4	L 1 Jessica KEFFORD	13 Dunstable	1:13.65
	L 2 Brooke JENKINS	13 Southend	1:13.44
	L 3 Lillian TAGG	13 Thurrock	1:13.36
	L 4 Erin LITTLE	12 Chelmsford	1:13.20
	L 5 Matilda BOGLE	11 teamipswich	1:13.31
	L 6 Sophie LANDER	12 Stowmarket	1:13.37
	L 7 Sienna TREGLOHAN	13 Cheshunt	1:13.52
	L 8 Astrid HUBBARD	13 West Norfolk	1:13.76
H 5	L 1 Olivia ALDRED	13 Lstoft & OB	1:12.96
	L 2 Emily COOPER	12 Basildon Ph	1:12.90
	L 3 Jessica ROBERTSON	13 Co St Albans	1:12.61
	L 4 Isabelle SANDFORD	14 Basildon Ph	1:11.77
	L 5 Ella MCGHIE	13 Co Peterboro	1:12.27
	L 6 Molly REDGRAVE	13 Colchester	1:12.76
	L 7 Ella TURNER	12 Basildon Ph	1:12.90
	L 8 Ella HOUSTON	13 Deben	1:13.17
H 6	L 1 Autumn HANDSCOMBE	14 C Beds SS	1:11.73
	L 2 Charlotte NORMAN	12 Colchester	1:11.50
	L 3 Millie BATEMAN	14 UEA Norwich	1:11.27
	L 4 Millie FIELDS	13 Bishop Stort	1:11.15
	L 5 Libby DUNFORD	14 Hoddesdon	1:11.23
	L 6 Grace WALLER	13 Basildon Ph	1:11.50
	L 7 Rhearna MASON	14 C Beds SS	1:11.64
	L 8 Isabel HARBER	14 Verulam	1:11.73
H 7	L 1 Sophie GRIFFIN	13 Co Peterboro	1:10.70
	L 2 Jemima WAYMAN	14 Deben	1:10.43
	L 3 Carys BREALEY	13 Harlow Pen	1:09.54
	L 4 Emily WHYTE	14 teamipswich	1:07.59
	L 5 Safia BUTTON	13 teamipswich	1:08.18
	L 6 Isabelle SOULSBY	14 Berkhamsted	1:10.12
	L 7 Hannah O'CONNOR	14 West Suffolk	1:10.62
	L 8 Holly GRAVES	13 Co Peterboro	1:11.04
H 8	L 1 Libby MAGILL	14 Hatfield	1:10.65
	L 2 Gracie KAY	14 Co Cambridge	1:10.23
	L 3 Imogen BLOCK	13 Lstoft & OB	1:09.15
	L 4 Matilda MEYRICK	14 Norfolk Vikg	1:06.12
	L 5 Lily MERRETT	14 Hoddesdon	1:07.91
	L 6 Gemma PETERS	13 UEA Norwich	1:10.10
	L 7 Eleanor WILLIAMS	14 Watford SC	1:10.49
	L 8 Lucy MORGAN	13 Colchester	1:11.00
H 9	L 1 Victoria ROGERS	14 Basildon Ph	1:10.62
	L 2 Brenna HOWELL	13 Co Peterboro	1:10.12
	L 3 Eve WRIGHT	14 Co Peterboro	1:09.00
	L 4 Emma CRUICKSHANKS	14 teamipswich	1:05.97
	L 5 Sophie FREEMAN	13 Colchester	1:07.70
	L 6 Jessica KEOGH	13 Hatfield	1:09.90
	L 7 Morgan ALLAN	14 Modernian	1:10.49
	L 8 Ellie CRONIN	14 Harlow Pen	1:10.90



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## Start Lists Session Fourteen

### Event 523 Mens 100m Freestyle

H 1	L 2	Mason ALLEN	11	Basildon Ph	1:09.34
	L 3	Elliot GLADWELL	12	Hadleigh	1:09.18
	L 4	Ethan ANGEL	11	teamipswich	1:09.02
	L 5	James ROWLEY	12	Sudbury	1:09.11
	L 6	Harry SHARPE	12	West Norfolk	1:09.18
	L 7	Billy MEAD	12	Dunstable	1:09.40
H 2	L 1	James O'CONNOR	12	West Suffolk	1:08.80
	L 2	Alexander WILLIAMS	12	Watford SC	1:08.45
	L 3	Denis MORINE	12	Chelmsford	1:08.30
	L 4	Oscar COLE	11	St Felix Sch	1:08.20
	L 5	Mitchell TAMBLIN	12	Norwich Swan	1:08.20
	L 6	Michael CONNICK	12	Deben	1:08.42
	L 7	Tobin SARI	12	West Suffolk	1:08.56
	L 8	Finn COOPER	11	teamipswich	1:08.96
H 3	L 1	Nikita CHARYKIN	11	Thurrock	1:08.00
	L 2	Jack JUGGINS	11	Team Luton	1:07.80
	L 3	James GISBORNE	12	Bishop Stort	1:07.75
	L 4	Jack HILL	12	Linslade	1:07.40
	L 5	Jack ABRAM	12	UEA Norwich	1:07.70
	L 6	Edward MERHAN	12	West Suffolk	1:07.80
	L 7	Colin MOGHINA	12	Thurrock	1:07.90
	L 8	Olivier VEDRENNE	12	UEA Norwich	1:08.20
H 4	L 1	Samuel PYEFINCH	12	Tring	1:07.36
	L 2	Ryan ROBERTS	12	Dunstable	1:06.70
	L 3	Enzo LIM	12	Watford SC	1:06.10
	L 4	Euan HIGGS	12	Chelmsford	1:05.10
	L 5	Jimmy TAYLOR	13	Thurrock	1:05.60
	L 6	Joseph MCGILLIVRAY	12	Lstof & OB	1:06.46
	L 7	Max PATTEN	12	Stanway	1:07.28
	L 8	Aidan CLARKSON	12	DunmowAtlant	1:07.37
H 5	L 1	Guy SEMPLE	13	Co Cambridge	1:05.00
	L 2	Brandon RILEY	13	Lstof & OB	1:04.85
	L 3	Finley COMAN	12	Gt Yarmouth	1:04.26
	L 4	Johnny WILDE	12	Putteridge	1:03.92
	L 5	Aidan PILCHER	12	teamipswich	1:04.00
	L 6	Oscar BRICE	13	Co St Albans	1:04.84
	L 7	Benjamin ASHDOWN	12	Modernian	1:05.00
	L 8	Tyler WATSON	13	Flitwick	1:05.06
H 6	L 1	Ethan PEIRCE	13	Harlow Pen	1:03.80
	L 2	Fabian BRUDNICKI	13	Co Peterboro	1:03.60
	L 3	Jude HILLS	12	Bo Southend	1:03.10
	L 4	Jack SKERRY	13	Chelmsford	1:02.70
	L 5	Joab CARR	13	St Felix Sch	1:03.09
	L 6	Oskar FARKAS	12	Co Cambridge	1:03.35
	L 7	Benjamin GREEN	13	Watford SC	1:03.76
	L 8	Mide OLAJIDE	13	Thurrock	1:03.87
H 7	L 1	Akshay PISSAY	13	UEA Norwich	1:02.40
	L 2	Mattias MORSE	14	Hemel Hemp	1:02.03
	L 3	Edward JEX	14	Co St Albans	1:01.91
	L 4	Matteo LO BIUNDO	14	Hitchin	1:01.80
	L 5	Connor WALKER	13	Co Peterboro	1:01.80
	L 6	Connor GILLINGHAM	14	West Suffolk	1:01.93
	L 7	Daniel BLERKOM	14	Southend	1:02.05
	L 8	Xavier KIRCHIN	13	Leighton Buz	1:02.60
H 8	L 1	Charlie KING	14	Co St Albans	1:01.40
	L 2	Thomas BELCHER	14	Modernian	1:01.08
	L 3	Edward MCFARLAND	14	C Beds SS	1:01.03
	L 4	Alfie KING	14	Thetford	1:00.84
	L 5	Jeremy AITKEN	14	Beccles Town	1:00.95
	L 6	Nathaniel OLAYOMI	14	Watford SC	1:01.04
	L 7	Naythan AUNG	13	Colchester	1:01.40
	L 8	Robert ADDIS	13	West Norfolk	1:01.51
H 9	L 1	Marco TONTODONATI	14	Bishop Stort	1:00.77
	L 2	Daniel MARTIN	14	Co St Albans	1:00.70
	L 3	William ROBINS	14	C Beds SS	1:00.50
	L 4	James CORNER	14	Berkhamsted	1:00.40
	L 5	Joe COOPER	13	teamipswich	1:00.49
	L 6	Matthew NEWSON	14	Co Peterboro	1:00.70
	L 7	Callum STEDMAN	14	Dereham	1:00.75
	L 8	Michael FREEMAN	14	Chelmsford	1:00.80

H 10	L 1	Ryan DAVIS	13	Epping For't	1:00.30
	L 2	Michael KLIMASZEWSKI	13	Hatfield	59.10
	L 3	James SPEERS	14	Basildon Ph	58.40
	L 4	Sam WILLIAMSON	13	Hatfield	57.40
	L 5	Harry MCLAGAN	14	Chelmsford	57.90
	L 6	Daniel MURTAGH	14	Hatfield	58.90
	L 7	Samuel MILLER	14	Bo Southend	59.40
	L 8	Damon ELLIOTT	13	DunmowAtlant	1:00.40
H 11	L 1	Matthew DEBENHAM	13	teamipswich	59.72
	L 2	Ciaran RIDER	13	Basildon Ph	59.00
	L 3	Chester LEEMING	13	St Felix Sch	58.20
	L 4	Louis STEPHEN	14	Brentwood	57.10
	L 5	Samuel ROSE	14	West Norfolk	57.60
	L 6	Daniel WHITE	14	St Felix Sch	58.76
	L 7	Alessandro RIODA	13	Harlow Pen	59.20
	L 8	Oliver ELLISON	14	Dunstable	1:00.38
H 12	L 1	William PESTELL	14	teamipswich	59.54
	L 2	Ciaran RICHES	14	West Suffolk	58.90
	L 3	Owen WEBSTER	14	St Felix Sch	58.10
	L 4	Nathan WOODROW	14	UEA Norwich	56.90
	L 5	Henry NEWELL	14	Newmarket	57.50
	L 6	Devesh KAPOOR	14	Watford SC	58.67
	L 7	Sam TOWNSEND	13	C Beds SS	59.10
	L 8	Samuel BULLINGHAM	14	West Suffolk	1:00.37

### Event 524 Womens 50m Freestyle

H 1	L 2	Skye BUNYARD	11	Linslade	31.50
	L 3	Kiera BLUNDEN	12	Chelmsford	31.50
	L 4	Isobel GELLER	12	Tring	31.45
	L 5	Bethan ENDICOTT	12	St Ives	31.49
	L 6	Holly DRIVER	12	Leiston	31.50
H 2	L 1	Lailah TOUSSAINT	12	teamipswich	31.38
	L 2	Molly HARVEY	12	Mildenhall	31.32
	L 3	Ruby WHEELER	11	Basildon Ph	31.30
	L 4	Ruby GREENHALF	12	UEA Norwich	31.20
	L 5	Lily MACDONALD	12	UEA Norwich	31.29
	L 6	Eloisa MILLER	12	C Beds SS	31.30
	L 7	Sophie JENKINSON	12	Basildon Ph	31.38
	L 8	Clara WATSON-F	11	St Felix Sch	31.40
H 3	L 1	Lucy YOUNG	12	Modernian	31.20
	L 2	Helena HALL	12	Deben	31.20
	L 3	Sarah MCGRATH	12	Co St Albans	31.15
	L 4	Louise DONAGHY	12	Modernian	31.10
	L 5	Isla WINSLOW	12	UEA Norwich	31.13
	L 6	Ruby DAGLESS	12	Dereham	31.16
	L 7	Ella TURNER	12	Basildon Ph	31.20
	L 8	Elijah BRITTON	11	St Felix Sch	31.20
H 4	L 1	Maeve POOLEY	12	Newmarket	31.01
	L 2	Holly LAMB	12	Southend	31.00
	L 3	Macy DEXTER	11	Co Cambridge	30.90
	L 4	Emily COOPER	12	Basildon Ph	30.80
	L 5	Jessica SHAW	12	March	30.85
	L 6	Charlotte GILL	12	Brentwood	31.00
	L 7	Lily ASHWELL	12	Norwich Swan	31.00
	L 8	Lucy COIA-BELL	12	Co St Albans	31.03
H 5	L 1	Matilda BOGLE	11	teamipswich	30.73
	L 2	Emily HASLAM	13	Norfolk Vikg	30.70
	L 3	Brooke JENKINS	13	Southend	30.70
	L 4	Sophie LANDER	13	Stowmarket	30.66
	L 5	Abigail HEWSON	13	Berkhamsted	30.67
	L 6	Abi LARKMAN	13	Hoddesdon	30.70
	L 7	Ella MCGHIE	13	Co Peterboro	30.71
	L 8	Macey POUNTAIN	12	UEA Norwich	30.76
H 6	L 1	Eva LANGMEAD	13	Bo Southend	30.60
	L 2	Michaela TAIWO	12	Thurrock	30.60
	L 3	Isabel JONES	13	Leighton Buz	30.60
	L 4	Sienna TREGLOHAN	13	Cheshunt	30.57
	L 5	Jessica KEFFORD	13	Dunstable	30.59
	L 6	Abbygaelle CORNILLET	13	Harlow Pen	30.60
	L 7	Kelis GREEN	12	Basildon Ph	30.60
	L 8	Bruna REBELO	13	Hatfield	30.62



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## Start Lists Session Fourteen

H 7	L 1	Hannah DALEY	13	Co Peterboro	30.54	H 16	L 1	Matilda MEYRICK	14	Norfolk Viking	28.80
	L 2	Emma TAPPENDEN	13	Basildon Ph	30.50		L 2	Grace WALLER	13	Basildon Ph	28.40
	L 3	Erin CROUCH	13	teamipswich	30.50		L 3	Annabelle BURGESS	14	teamipswich	28.02
	L 4	Ella NIJKAMP	12	Berkhamsted	30.50		L 4	Ella HALE	14	West Suffolk	27.60
	L 5	Hannah COLLETT	12	Basildon Ph	30.50		L 5	Libby DUNFORD	14	Hoddesdon	27.80
	L 6	Robyn WARD	13	Rochford	30.50		L 6	Carys BREALEY	13	Harlow Pen	28.20
	L 7	Eilidh DUNWOODIE	13	Co St Albans	30.52		L 7	Annika BROWN	14	teamipswich	28.55
	L 8	Lydia DAVIES	13	Southend	30.55		L 8	Bianka MISIKOVA	14	Hatfield	28.90
H 8	L 1	Charlotte TREE	13	Colchester	30.46	H 17	L 1	Charlotte HUDSON	14	West Suffolk	28.70
	L 2	Millie DUDLEY	13	Dunstable	30.40		L 2	Lucy MORGAN	13	Colchester	28.30
	L 3	Ernie PRAGER	13	Stowmarket	30.34		L 3	Jessica WOODWARD	14	Potters Bar	28.00
	L 4	Bethan FUGE	13	Hatfield	30.30		L 4	Angharad EVANS	14	West Suffolk	27.40
	L 5	Erin WILKINSON	12	Southend	30.30		L 5	Isabel WAINWRIGHT	14	Modernian	27.60
	L 6	Leah WIGHTMAN	12	West Norfolk	30.36		L 6	Emma CRUICKSHANKS	13	teamipswich	28.13
	L 7	Grace GUNTON	13	UEA Norwich	30.43		L 7	Lily MERRETT	14	Hoddesdon	28.47
	L 8	Caitlin O'TOOLE	13	Royston	30.48		L 8	Jessica KEOGH	13	Hatfield	28.90
H 9	L 1	Eloise PARTON	13	Co Cambridge	30.26	H 18	L 1	Emily WHYTE	14	teamipswich	28.68
	L 2	Ciara WOOKEY	13	Colchester	30.22		L 2	Iona TRAINER	14	Co Ely	28.24
	L 3	Elizabeth SCRUTTON	13	Epping For't	30.20		L 3	Sacha THOMAS	14	UEA Norwich	27.90
	L 4	Georgina KNATCHBULL	13	Leighton Buz	30.20		L 4	Sophie FREEMAN	13	Colchester	27.20
	L 5	Julianna MERCADO	13	Norwich Swan	30.20		L 5	Tilly MAYES	14	Thurrock	27.60
	L 6	Ela NORTON	13	Hatfield	30.21		L 6	Safia BUTTON	13	teamipswich	28.11
	L 7	Olivia ALDRED	13	Lstof & OB	30.24		L 7	Mia YATES	14	Felixstowe	28.45
	L 8	Tess WESLEY	13	Newmarket	30.28		L 8	Lily GENNER	14	West Suffolk	28.90
H 10	L 1	Megan BUNCLARK	12	Leiston	30.20	<b>Event 525 Mens 200m Backstroke</b>					
	L 2	Valeria GIRON	12	Hatfield	30.10	H 1	L 3	Harrison BELL	12	St Felix Sch	2:45.01
	L 3	Emily HOLDEN	11	Leighton Buz	30.10		L 4	Ethan ANGEL	11	teamipswich	2:44.69
	L 4	Emilia DUNWOODIE	12	Co St Albans	30.10		L 5	Kieran BIRKETT	12	Co St Albans	2:44.97
	L 5	Karys-Rose BUNN	11	teamipswich	30.10		L 6	Samuel PYEFINCH	12	Tring	2:45.02
	L 6	Jessica MUNFORD	13	Norwich Swan	30.10	H 2	L 1	Matthew MONIE	12	Co Cambridge	2:44.56
	L 7	Harriet SALISBURY	13	Co Peterboro	30.17		L 2	Daniel DIXON	12	Brentwood	2:42.17
	L 8	Kiara KOVACS	13	Co Peterboro	30.20		L 3	Michael CONNICK	12	Deben	2:41.92
H 11	L 1	Catherine RYAN	13	Hoddesdon	30.00		L 4	Joseph MCGILLIVRAY	12	Lstof & OB	2:40.24
	L 2	Abigail GOTTS	12	Norfolk Viking	29.95		L 5	Nikita CHARYKIN	11	Thurrock	2:40.50
	L 3	Ciara TAYLOR	12	Co Ely	29.93		L 6	Aidan CLARKSON	12	DunmowAtlant	2:41.98
	L 4	Eleanor ROBERTSON	13	Team Luton	29.90		L 7	Robbie CRUICKSHANKS	11	teamipswich	2:42.70
	L 5	Imogen BLOCK	13	Lstof & OB	29.92		L 8	Hayden MILLER	12	Braintree	2:44.66
	L 6	Ellie HOLLISS	13	Co St Albans	29.93	H 3	L 1	Jack HILL	12	Linslade	2:37.37
	L 7	Daisy WILSON	13	Co Cambridge	29.97		L 2	Jack SKERRY	13	Chelmsford	2:36.10
	L 8	Astrid HUBBARD	13	West Norfolk	30.00		L 3	Tyler WATSON	13	Flitwick	2:35.68
H 12	L 1	Georgia SPENCER	13	St Ives	29.80		L 4	Oscar BRICE	13	Co St Albans	2:35.45
	L 2	Lucy HUDSON	13	West Suffolk	29.66		L 5	William PARSONS	13	Deben	2:35.68
	L 3	Erin LITTLE	12	Chelmsford	29.50		L 6	Jenson HURRELL	12	Thurrock	2:36.02
	L 4	Anita TIEN	12	Colchester	29.50		L 7	Joab CARR	13	St Felix Sch	2:36.83
	L 5	Ruby COLLINS	13	Dunstable	29.50		L 8	Aidan PILCHER	12	teamipswich	2:39.23
	L 6	Maddie LEES	13	DunmowAtlant	29.60	H 4	L 1	Oskar FARKAS	12	Co Cambridge	2:35.09
	L 7	Millie FIELDS	13	Bishop Stort	29.70		L 2	Tyler JACKSON	13	Harlow Pen	2:34.84
	L 8	Cerys WILLIAMS	13	West Suffolk	29.80		L 3	Ben KNOWLES	13	Wisbech	2:34.54
H 13	L 1	Gemma PETERS	13	UEA Norwich	29.50		L 4	Luke BARTON	13	Lstof & OB	2:33.19
	L 2	Francesca PECCEI	14	Watford SC	29.40		L 5	Naythan AUNG	13	Colchester	2:33.50
	L 3	Bronte O'DEA	14	Runnymede	29.40		L 6	Connor WALKER	13	Co Peterboro	2:34.65
	L 4	Brenna HOWELL	13	Co Peterboro	29.33		L 7	Fabian BRUDNICKI	13	Co Peterboro	2:34.94
	L 5	Teni OGUNLESI	12	Thurrock	29.34		L 8	Henry DUNCAN	13	Co Cambridge	2:35.28
	L 6	Daisy MOXHAM	12	Co Cambridge	29.40	H 5	L 1	Ethan GELL	13	Linslade	2:33.00
	L 7	Georgina MUNDAY	13	Modernian	29.50		L 2	Jack CONROY	14	Thurrock	2:31.13
	L 8	Charlotte ABRAMSON	13	UEA Norwich	29.50		L 3	Samuel MILLER	14	Bo Southend	2:30.60
H 14	L 1	Lillia THOMPSON	14	Flitwick	29.30		L 4	Joseph BAVEY	12	Newmarket	2:30.49
	L 2	Hannah O'CONNOR	14	West Suffolk	29.30		L 5	Ciaran COOK	14	Co St Albans	2:30.60
	L 3	Polly FISH	13	Co Cambridge	29.25		L 6	Rhys DAVIDSON	13	Team Luton	2:31.10
	L 4	Nancy NEAVE	13	Braintree	29.20		L 7	Daniel BLERKOM	14	Southend	2:32.04
	L 5	Sophie TAYLOR	14	DunmowAtlant	29.20		L 8	Jude HILLS	12	Bo Southend	2:33.00
	L 6	Orla KEAVENEY	14	Modernian	29.30	H 6	L 1	Michael KLIMASZEWSKI	13	Hatfield	2:29.99
	L 7	May BRADBURN	13	Chelmsford	29.30		L 2	Teal K SMITH	14	Beccles Town	2:28.02
	L 8	Rachel ANDREWS	13	C Beds SS	29.30		L 3	Thomas OGDEN	13	Bishop Stort	2:23.01
H 15	L 1	Isabelle ROSHER	14	teamipswich	29.11		L 4	Henry NEWELL	13	Newmarket	2:20.23
	L 2	Jessica HEESOM	14	Potters Bar	29.10		L 5	Samuel COSTIN	14	Basildon Ph	2:21.44
	L 3	Eve WRIGHT	14	Co Peterboro	28.96		L 6	Cole SHEPARD	14	Basildon Ph	2:26.64
	L 4	Caitlin LOO	13	Hatfield	28.92		L 7	Alexander CATTON	14	Bishop Stort	2:28.94
	L 5	Gemma HANSON	14	Hatfield	28.96		L 8	Alexander HORNE	14	Co St Albans	2:30.26
	L 6	Madison SMITH	14	Stanway	29.05						
	L 7	Francesca LOW	12	Chelmsford	29.10						
	L 8	Rebecca GIROLAMI	14	Colchester	29.19						



# East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)



## Start Lists Session Fourteen

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H 7	L 1	Connor GILLINGHAM	14	West Suffolk	2:29.88
	L 2	Matthew NEWSON	14	Co Peterboro	2:27.88
	L 3	Ketan RACH	13	Watford SC	2:22.58
	L 4	Samuel ROSE	14	West Norfolk	2:19.40
	L 5	Zane BATT	14	Cheshunt	2:20.72
	L 6	Luke PESTAILLE	14	Hatfield	2:25.89
	L 7	Nathaniel OLAYOMI	14	Watford SC	2:28.68
	L 8	Jack SCARFF	14	teamipswich	2:30.15
H 8	L 1	Jack RICHARDSON	14	DunmowAtlant	2:29.81
	L 2	Ben WOODHOUSE	14	Norwich Swan	2:27.07
	L 3	Walter HACKETT	14	Dunstable	2:21.53
	L 4	Chester LEEMING	13	St Felix Sch	2:16.56
	L 5	Finn JEFFERY	14	St Felix Sch	2:20.65
	L 6	Thomas BELCHER	14	Modernian	2:25.47
	L 7	Michael FREEMAN	14	Chelmsford	2:28.34
	L 8	Daniel WHITE	14	St Felix Sch	2:30.03

### Event 526 Womens 400m IM

H 1	L 3	Leah WIGHTMAN	12	West Norfolk	5:54.56
	L 4	Lily MACDONALD	12	UEA Norwich	5:52.30
	L 5	Emily COOPER	12	Basildon Ph	5:52.90
	L 6	Jessica MAHONEY	12	Co Peterboro	5:55.97
H 2	L 1	Ruby GREENHALF	12	UEA Norwich	5:49.92
	L 2	Anita TIEN	12	Colchester	5:49.50
	L 3	Kiera BLUNDEN	12	Chelmsford	5:47.00
	L 4	Kiara JESSOP	13	Lstof & OB	5:46.31
	L 5	Etholle MARKS	13	Newmarket	5:46.36
	L 6	Ruby DAGLESS	12	Dereham	5:47.73
	L 7	Amy PAGET	12	Co Peterboro	5:49.58
	L 8	Ruby WHEELER	11	Basildon Ph	5:51.70
H 3	L 1	Brooke JENKINS	13	Southend	5:45.90
	L 2	Astrid HUBBARD	13	West Norfolk	5:45.04
	L 3	Georgina MUNDAY	13	Modernian	5:42.45
	L 4	Cerys WILLIAMS	13	West Suffolk	5:41.13
	L 5	Harriet SALISBURY	13	Co Peterboro	5:41.38
	L 6	Ella HOUSTON	13	Deben	5:43.34
	L 7	Hannah DALEY	13	Co Peterboro	5:45.28
	L 8	Georgia PRITCHARD	12	Hatfield	5:46.15
H 4	L 1	Eloise PARTON	13	Co Cambridge	5:37.35
	L 2	Holly LAMB	12	Southend	5:35.30
	L 3	Phoebe BRENNAN	14	Thurrock	5:32.75
	L 4	Abbie BARNWELL	14	Team Luton	5:31.92
	L 5	Rebecca SMITH	14	Norwich Swan	5:32.30
	L 6	Charlotte NORMAN	12	Colchester	5:34.80
	L 7	Claudia LITTLE	13	Bo Southend	5:36.62
	L 8	Tess WESLEY	13	Newmarket	5:38.14
H 5	L 1	May BRADBURN	13	Chelmsford	5:30.80
	L 2	Daisy SANDON	14	Stevenage	5:30.38
	L 3	Ciara WOOKEY	13	Colchester	5:29.70
	L 4	Millie TURNER	14	Basildon Ph	5:28.98
	L 5	Sophie GRIFFIN	13	Co Peterboro	5:29.15
	L 6	Lucy MORGAN	13	Colchester	5:30.31
	L 7	Lauren YOUNG	14	Hatfield	5:30.66
	L 8	Anna FALLON	14	Team Luton	5:31.16
H 6	L 1	Holly GRAVES	13	Co Peterboro	5:28.35
	L 2	Charlotte TREE	13	Colchester	5:27.90
	L 3	Ella MCGHIE	13	Co Peterboro	5:27.77
	L 4	Grace KING	14	teamipswich	5:22.54
	L 5	Ella HALE	14	West Suffolk	5:22.76
	L 6	Imogen BLOOMFIELD	14	Co Cambridge	5:27.82
	L 7	Katie HAMMOND	14	Co Cambridge	5:28.20
	L 8	Brenna HOWELL	13	Co Peterboro	5:28.68
H 7	L 1	Jessica WOODWARD	14	Potters Bar	5:20.00
	L 2	Rebecca HOWELL	14	Basildon Ph	5:17.30
	L 3	Matilda MEYRICK	14	Norfolk Vikg	5:13.71
	L 4	Erin O'MEARA	14	Watford SC	5:10.99
	L 5	Sophie FREEMAN	13	Colchester	5:12.20
	L 6	Lucie PECK	14	West Norfolk	5:17.20
	L 7	Orla KEAVENEY	14	Modernian	5:19.60
	L 8	Libby MAGILL	14	Hatfield	5:22.36