



East Swimming

2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend two - Norwich

27th, 28th, & 29th May 2017
(Licensed Meet No. 1ER170220)

EVENT 521 Mens 200m IM

Regional Record Junior - 2:07.70

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Jude HILLS	12	Bo Southend	2:40.48	427	34.70	1:16.00	2:06.12
2.	Olivier VEDRENNE	12	UEA Norwich	2:42.46	411	36.12	1:20.54	2:04.42
3.	Marcus MOSCUZZA	12	St Felix Sch	2:43.62	401	35.02	1:20.59	2:05.56
4.	Peter SOCZEWKA	12	Hatfield	2:44.67	393	34.81	1:16.84	2:07.84
5.	Enzo LIM	12	Watford SC	2:45.03	390	34.66	1:18.14	2:09.06
6.	Edward MERHAN	12	West Suffolk	2:45.18	389	35.95	1:19.56	2:04.54
7.	Benjamin ASHDOWN	12	Modernian	2:45.46	387	37.94	1:21.67	2:09.48
8.	Charlie SUMMER	12	Dereham	2:45.52	387	34.13	1:16.88	2:08.62
9.	Alexander WILLIAMS	12	Watford SC	2:45.69	385	35.93	1:20.32	2:07.84
10.	Joseph BAVEY	12	Newmarket	2:46.58	379	35.38	1:17.94	2:07.96
11.	Christopher WILLIAMSON	12	Co Cambridge	2:46.71	378	34.63	1:18.15	2:09.28
12.	Denis MORINE	12	Chelmsford	2:46.80	377	36.44	1:19.96	2:10.90
13.	Samuel PYEFINCH	12	Tring	2:47.64	371	33.83	1:18.53	2:11.36
14.	Jacob STEPHEN	12	Brentwood	2:48.66	364	36.00	1:22.18	2:09.83
15.	Alasdair WOOLGROVE	12	Co St Albans	2:49.84	355	35.37	1:19.32	2:10.59
16.	Ethan ANGEL	11	teamipswich	2:50.15	353	37.11	1:21.64	2:10.09
17.	George GRICE	12	UEA Norwich	2:51.49	344	38.73	1:24.12	2:15.13
18.	Colin MOGHINA	12	Thurrock	2:51.83	342	37.09	1:22.78	2:13.05
19.	Michael CONNICK	12	Deben	2:51.84	342	37.40	1:18.77	2:14.19
20.	Patrick WINNINGTON	12	DunmowAtlant	2:52.43	338	36.96	1:20.47	2:12.27
21.	Matthew MONIE	12	Co Cambridge	2:52.49	337	37.10	1:21.60	2:13.54
22.	Aidan CLARKSON	12	DunmowAtlant	2:52.69	336	37.83	1:21.86	2:15.81
23.	Tobin SARI	12	West Suffolk	2:54.61	323	37.92	1:24.36	2:15.08
24.	Thomas OWEN	12	West Norfolk	2:55.46	318	38.87	1:26.06	2:15.34
25.	Jack ABRAM	12	UEA Norwich	2:55.54	318	38.98	1:25.16	2:18.01
26.	Robbie CRUICKSHANKS	11	teamipswich	2:56.29	313	38.45	1:22.43	2:14.81
27.	Joshua SPENCER	12	Co Peterboro	2:57.40	306	37.52	1:23.09	2:15.61

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Chester LEEMING	13	St Felix Sch	2:28.05	545	31.84	1:10.67	1:54.48
2.	Thomas OGDEN	13	Bishop Stort	2:29.55	529	32.00	1:09.93	1:54.11
3.	Sam WILLIAMSON	13	Hatfield	2:30.32	521	31.57	1:13.72	1:56.39
4.	Alessandro RIODA	13	Harlow Pen	2:30.51	520	31.56	1:10.89	1:56.26
5.	Rhys DAVIDSON	13	Team Luton	2:30.59	519	33.21	1:11.60	1:56.32
6.	Akshay PISSAY	13	UEA Norwich	2:35.04	475	33.36	1:13.76	2:00.00
7.	Connor WALKER	13	Co Peterboro	2:35.25	473	30.71	1:10.56	2:00.59
8.	Harrison RIDER	13	Basildon Ph	2:35.29	473	32.66	1:12.67	2:01.46
9.	Robert ADDIS	13	West Norfolk	2:36.50	462	32.45	1:13.66	2:00.56
10.	Ethan GELL	13	Linslade	2:37.47	453	33.11	1:12.09	2:00.22
11.	Naythan AUNG	13	Colchester	2:37.78	450	32.24	1:10.16	1:59.05
12.	Matthew DEBENHAM	13	teamipswich	2:37.81	450	33.38	1:15.05	2:01.10
13.	Harrison JARVIS	13	Thurrock	2:37.93	449	35.22	1:16.79	2:00.92
14.	Mide OLAJIDE	13	Thurrock	2:38.20	447	32.93	1:16.05	2:01.86
15.	Luke BARTON	13	Lstof & OB	2:39.19	438	33.86	1:16.01	2:02.89
16.	Jack SKERRY	13	Chelmsford	2:40.19	429	32.84	1:14.75	2:03.55
17.	Brandon RILEY	13	Lstof & OB	2:40.74	425	32.02	1:12.83	2:02.35
18.	Benjamin GREEN	13	Watford SC	2:41.66	417	34.49	1:16.41	2:03.87
19.	Owen THOMAS	13	Modernian	2:43.40	403	38.04	1:19.62	2:03.94
20.	Henry DUNCAN	13	Co Cambridge	2:44.58	394	35.72	1:17.68	2:07.42
21.	Tyler WATSON	13	Flitwick	2:45.11	390	35.94	1:19.98	2:08.06
22.	Ben KNOWLES	13	Wisbech	2:45.43	387	35.43	1:18.10	2:08.36
23.	Taylor COE	13	Cheshunt	2:45.76	385	35.89	1:19.27	2:07.83
24.	Tyler JACKSON	13	Harlow Pen	2:48.22	367	34.72	1:19.94	2:09.86
25.	George WHITEMAN	13	Co Peterboro	2:53.56	330	36.25	1:22.69	2:15.29
	Oscar BRICE	13	Co St Albans	DNC				

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Nathan WOODROW	14	UEA Norwich	2:20.16	637	29.18	1:06.44	1:46.89
2.	Finn JEFFERY	14	St Felix Sch	2:24.23	588	30.92	1:10.99	1:50.81
3.	Samuel ROSE	14	West Norfolk	2:25.00	579	30.43	1:09.68	1:52.50
4.	Daniel MURTAGH	14	Hatfield	2:27.14	555	30.53	1:07.67	1:52.70
5.	Ciaran RICHES	14	West Suffolk	2:27.42	552	29.79	1:08.25	1:54.81
6.	William PESTELL	14	teamipswich	2:27.43	552	30.97	1:10.65	1:53.86
7.	Callum STEDMAN	14	Dereham	2:30.13	523	32.53	1:12.13	1:56.30
8.	Jack TURRELL	14	Basildon Ph	2:30.25	522	31.66	1:11.94	1:56.62
9.	Samuel BULLINGHAM	14	West Suffolk	2:30.54	519	30.50	1:12.54	1:55.29
10.	Devsh KAPOOR	14	Watford SC	2:31.22	512	31.18	1:11.69	1:56.83
11.	Owen WEBSTER	14	St Felix Sch	2:32.06	504	32.22	1:14.75	1:57.38
12.	Henry NEWELL	14	Newmarket	2:32.10	504	32.58	1:10.62	1:56.37
13.	Mattias MORSE	14	Hemel Hemp	2:32.35	501	31.86	1:13.36	1:57.44
14.	Jack RICHARDSON	14	DunmowAtlant	2:32.43	500	33.40	1:11.89	1:57.49
15.	Freddie LAWS	14	West Norfolk	2:33.07	494	32.98	1:14.64	1:56.74
16.	Teal'K SMITH	14	Beccles Town	2:33.29	492	32.40	1:10.89	1:58.64



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17. Euan DONALD	14 Berkhamsted	2:33.77	487	32.63	1:14.07	1:59.09
18. Luke PESTAILLE	14 Hatfield	2:33.92	486	31.45	1:09.62	1:56.76
19. William ROBINS	14 C Beds SS	2:33.97	485	32.46	1:14.30	1:58.31
20. Henry FERRIES	14 Basildon Ph	2:34.24	483	32.55	1:14.04	1:59.46
21. Matthew NEWSON	14 Co Peterboro	2:36.13	465	31.67	1:11.75	2:00.25
22. Daniel MARTIN	14 Co St Albans	2:36.15	465	31.34	1:11.31	2:00.42
23. Henry KING	14 West Suffolk	2:36.20	465	35.86	1:17.58	1:59.44
24. Edward MCFARLAND	14 C Beds SS	2:36.42	463	32.81	1:16.16	2:03.40
25. James SPEERS	14 Basildon Ph	2:36.79	459	32.42	1:14.45	2:00.92
26. Ciaran COOK	14 Co St Albans	2:36.85	459	33.31	1:12.60	2:01.36
27. Jack CONROY	14 Thurrock	2:37.72	451	32.85	1:12.90	2:01.55
28. Lewis SHAYLER	14 Watford SC	2:37.91	449	33.81	1:18.24	2:02.74
29. Joshua THURSTON-WOOLNO	14 Beccles Town	2:41.45	419	34.76	1:16.68	2:04.73



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EVENT 522 Womens 100m Backstroke

Regional Record Junior - 1:02.75

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Charlotte NORMAN	12	Colchester	1:13.18	580	34.92
2.	Emily COOPER	12	Basildon Ph	1:13.39	575	35.54
3.	Francesca LOW	12	Chelmsford	1:13.48	573	35.55
4.	Sophie LANDER	12	Stowmarket	1:13.52	572	36.53
5.	Leah WIGHTMAN	12	West Norfolk	1:13.89	564	35.44
6.	Ella TURNER	12	Basildon Ph	1:14.07	560	36.77
7.	Erin LITTLE	12	Chelmsford	1:14.56	549	36.28
8.	Matilda BOGLE	11	teamipswich	1:14.79	545	36.98
9.	Emilia DUNWOODIE	12	Co St Albans	1:15.28	534	35.62
10.	Erin WILKINSON	12	Southend	1:16.86	502	36.85
11.	Jessica MAHONEY	12	Co Peterboro	1:18.02	480	37.92
11.	Ciara TAYLOR	12	Co Ely	1:18.02	480	36.73
13.	Evie BURGESS	12	teamipswich	1:18.04	480	38.25
14.	Francesca TYLER	12	Felixstowe	1:18.10	479	38.09
15.	Holly ROBINSON	12	Hatfield	1:18.38	474	38.09
16.	Ruby DAGLESS	12	Dereham	1:18.39	473	37.42
17.	Charlotte WHITE	12	West Suffolk	1:18.40	473	36.85
18.	Macey POUNTAIN	12	UEA Norwich	1:18.53	471	36.66
19.	Kaia PHILLIPS	11	Bishop Stort	1:19.25	458	38.20
20.	Anita TIEN	12	Colchester	1:19.96	445	37.29
21.	Gemma NOTTAGE	12	Watford SC	1:20.11	443	38.03
22.	Maeve POOLEY	12	Newmarket	1:21.21	424	39.56

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sophie FREEMAN	13	Colchester	1:09.12	679	33.39
2.	Imogen BLOCK	13	Lstoft & OB	1:09.30	674	33.64
3.	Safia BUTTON	13	teamipswich	1:09.42	671	34.08
4.	Carys BREALEY	13	Harlow Pen	1:10.01	656	33.62
5.	Jessica KEOGH	13	Hatfield	1:10.34	648	33.83
6.	Gemma PETERS	13	UEA Norwich	1:10.46	645	34.29
7.	Grace WALLER	13	Basildon Ph	1:11.73	613	34.57
8.	Ella MCGHIE	13	Co Peterboro	1:12.31	600	35.51
9.	Lucy MORGAN	13	Colchester	1:12.65	592	35.10
10.	Holly GRAVES	13	Co Peterboro	1:12.79	589	35.47
11.	Olivia ALDRED	13	Lstoft & OB	1:12.91	586	35.04
12.	Molly REDGRAVE	13	Colchester	1:13.27	578	35.58
13.	Brenna HOWELL	13	Co Peterboro	1:13.62	570	35.39
14.	Brooke JENKINS	13	Southend	1:13.78	566	36.02
15.	Sophie GRIFFIN	13	Co Peterboro	1:13.94	563	35.72
16.	Jessica KEFFORD	13	Dunstable	1:13.96	562	35.29
17.	Astrid HUBBARD	13	West Norfolk	1:14.37	554	35.82
18.	Millie FIELDS	13	Bishop Stort	1:14.72	546	36.54
19.	Harriet CLEMENTS	13	Watford SC	1:14.80	544	36.13
20.	Lillian TAGG	13	Thurrock	1:16.18	516	36.36
21.	Jessica ROBERTSON	13	Co St Albans	1:16.45	510	36.66
22.	Sienna TREGLOHAN	13	Cheshunt	1:16.51	509	36.44
23.	Ella HOUSTON	13	Deben	1:16.52	509	36.51

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Emma CRUICKSHANKS	14	teamipswich	1:07.60	720	32.91
2.	Emily WHYTE	14	teamipswich	1:10.01	656	34.08
3.	Eve WRIGHT	14	Co Peterboro	1:10.65	640	33.81
4.	Matilda MEYRICK	14	Norfolk Vikg	1:10.70	639	33.96
5.	Lily MERRETT	14	Hoddesdon	1:10.91	633	34.25
6.	Hannah O'CONNOR	14	West Suffolk	1:11.27	625	34.88
7.	Isabel HARBER	14	Verulam	1:11.98	608	35.35
8.	Ellie CRONIN	14	Harlow Pen	1:12.28	600	34.61
9.	Gracie KAY	14	Co Cambridge	1:12.38	598	34.68
10.	Morgan ALLAN	14	Modernian	1:12.95	585	34.67
11.	Eleanor WILLIAMS	14	Watford SC	1:13.19	580	35.52
12.	Rhearna MASON	14	C Beds SS	1:13.41	575	35.65
13.	Isabelle SOULSBY	14	Berkhamsted	1:13.73	568	34.68
14.	Jemima WAYMAN	14	Deben	1:14.31	555	35.55
15.	Victoria ROGERS	14	Basildon Ph	1:14.33	554	35.78
16.	Autumn HANDSCOMBE	14	C Beds SS	1:14.51	551	35.46
17.	Millie BATEMAN	14	UEA Norwich	1:15.69	526	36.84
18.	Libby MAGILL	14	Hatfield	1:16.01	519	35.95
19.	Isabelle SANDFORD	14	Basildon Ph	1:16.07	518	36.55
	Libby DUNFORD	14	Hoddesdon	DNC		



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EVENT 523 Mens 100m Freestyle

Regional Record Junior - 51.55

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Oskar FARKAS	12	Co Cambridge	1:05.03	429	31.01
2.	Finley COMAN	12	Gt Yarmouth	1:05.20	425	31.04
3.	Aidan PILCHER	12	teamipswich	1:05.44	420	31.39
4.	Enzo LIM	12	Watford SC	1:06.54	398	31.98
5.	Jude HILLS	12	Bo Southend	1:06.57	398	32.08
6.	Mason ALLEN	11	Basildon Ph	1:07.55	379	32.25
7.	Elliott GLADWELL	12	Hadleigh	1:07.83	374	31.95
8.	Samuel PYEFINCH	12	Tring	1:07.95	372	32.26
9.	Mitchell TAMBLIN	12	Norwich Swan	1:08.08	370	32.38
9.	Michael CONNICK	12	Deben	1:08.08	370	32.90
11.	James GISBORNE	12	Bishop Stort	1:08.41	364	33.04
12.	Benjamin ASHDOWN	12	Modernian	1:08.49	363	33.28
13.	Ryan ROBERTS	12	Dunstable	1:08.53	362	32.32
14.	Max PATTEN	12	Stanway	1:08.55	361	32.82
15.	Colin MOGHINA	12	Thurrock	1:08.65	360	33.10
16.	Edward MERHAN	12	West Suffolk	1:08.81	357	33.35
17.	Joseph MCGILLIVRAY	12	Lstof & OB	1:09.02	353	33.01
18.	Jack HILL	12	Linslade	1:09.17	351	32.78
19.	Denis MORINE	12	Chelmsford	1:09.35	348	33.42
20.	Oscar COLE	11	St Felix Sch	1:09.43	346	33.46
21.	James O'CONNOR	12	West Suffolk	1:09.89	339	34.26
22.	Billy MEAD	12	Dunstable	1:10.17	334	33.69
23.	Nikita CHARYKIN	11	Thurrock	1:10.64	327	34.12
24.	Jack JUGGINS	11	Team Luton	1:10.98	321	33.91
25.	Olivier VEDRENNE	12	UEA Norwich	1:11.01	321	34.36
26.	Jack ABRAM	12	UEA Norwich	1:11.50	313	35.31
27.	Harry SHARPE	12	West Norfolk	1:11.64	311	34.30
28.	Tobin SARI	12	West Suffolk	1:11.69	310	35.09
29.	Alexander WILLIAMS	12	Watford SC	1:11.80	309	34.27
30.	Aidan CLARKSON	12	DunmowAtlant	1:12.42	300	35.28
31.	James ROWLEY	12	Sudbury	1:12.54	298	33.74
32.	Ethan ANGEL	11	teamipswich	1:12.90	293	34.36
33.	Finn COOPER	11	teamipswich	1:13.83	280	35.79

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sam WILLIAMSON	13	Hatfield	59.49	561	28.89
2.	Harrison RIDER	13	Basildon Ph	59.97	548	28.94
3.	Michael KLIMASZEWSKI	13	Hatfield	1:00.33	538	29.33
4.	Alessandro RIODA	13	Harlow Pen	1:00.80	526	29.11
5.	Damon ELLIOTT	13	DunmowAtlant	1:00.86	525	28.97
6.	Sam TOWNSEND	13	C Beds SS	1:00.87	524	29.44
7.	Joe COOPER	13	teamipswich	1:01.07	519	29.59
8.	Ryan DAVIS	13	Epping Fort	1:01.11	518	29.54
9.	Ethan PEIRCE	13	Harlow Pen	1:01.59	506	29.39
10.	Naythan AUNG	13	Colchester	1:01.67	505	29.13
11.	Connor WALKER	13	Co Peterboro	1:01.93	498	29.79
12.	Akshay PISSAY	13	UEA Norwich	1:02.14	493	30.33
13.	Chester LEEMING	13	St Felix Sch	1:02.74	479	29.98
14.	Robert ADDIS	13	West Norfolk	1:03.28	467	30.20
15.	Matthew DEBENHAM	13	teamipswich	1:03.60	459	30.16
16.	Xavier KIRCHIN	13	Leighton Buz	1:04.16	447	30.10
17.	Brandon RILEY	13	Lstof & OB	1:04.23	446	30.32
18.	Jack SKERRY	13	Chelmsford	1:04.29	444	31.13
19.	Joab CARR	13	St Felix Sch	1:05.06	428	31.20
20.	Johnny WILDE	13	Putteridge	1:05.16	426	30.88
21.	Fabian BRUDNICKI	13	Co Peterboro	1:05.28	424	30.52
22.	Mide OLAJIDE	13	Thurrock	1:05.80	413	31.77
23.	Oscar BRICE	13	Co St Albans	1:06.39	401	32.03
24.	Euan HIGGS	13	Chelmsford	1:07.42	382	32.52
25.	Jimmy TAYLOR	13	Thurrock	1:07.55	379	32.29
26.	Tyler WATSON	13	Flitwick	1:07.63	378	32.65
27.	Guy SEMPLE	13	Co Cambridge	1:07.81	375	32.20
28.	Benjamin GREEN	13	Watford SC	1:07.98	372	32.37



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Henry NEWELL	14	Newmarket	58.30	594	27.65
2.	Harry MCLAGAN	14	Chelmsford	58.43	590	28.00
3.	Nathan WOODROW	14	UEA Norwich	58.91	577	28.86
4.	Louis STEPHEN	14	Brentwood	58.99	575	28.00
5.	Daniel MURTAGH	14	Hatfield	59.72	555	28.89
6.	Samuel ROSE	14	West Norfolk	59.94	549	28.91
7.	Ciaran RICHES	14	West Suffolk	1:00.31	539	28.35
8.	Samuel MILLER	14	Bo Southend	1:00.48	534	28.48
9.	James CORNER	14	Berkhamsted	1:00.89	524	29.25
10.	Samuel BULLINGHAM	14	West Suffolk	1:01.22	516	29.70
11.	James SPEERS	14	Basildon Ph	1:01.27	514	28.79
12.	Daniel MARTIN	14	Co St Albans	1:01.33	513	29.38
13.	Marco TONTODONATI	14	Bishop Stort	1:01.66	505	29.22
14.	Owen WEBSTER	14	St Felix Sch	1:01.84	500	29.66
15.	Alfie KING	14	Thetford	1:01.88	499	30.12
16.	Connor GILLINGHAM	14	West Suffolk	1:01.91	499	29.16
17.	Devesh KAPOOR	14	Watford SC	1:01.97	497	29.66
18.	Michael FREEMAN	14	Chelmsford	1:02.01	496	30.01
19.	Callum STEDMAN	14	Dereham	1:02.02	496	29.96
20.	Charlie KING	14	Co St Albans	1:02.09	494	30.23
21.	Matthew NEWSON	14	Co Peterboro	1:02.14	493	29.43
22.	Mattias MORSE	14	Hemel Hemp	1:02.18	492	30.09
23.	William PESTELL	14	teamipswich	1:02.24	491	29.62
24.	Jeremy AITKEN	14	Beccles Town	1:02.26	490	29.56
25.	Oliver ELLISON	14	Dunstable	1:02.27	490	28.98
26.	Daniel WHITE	14	St Felix Sch	1:02.28	490	29.09
27.	Edward MCFARLAND	14	C Beds SS	1:02.59	483	30.20
28.	Nathaniel OLAYOMI	14	Watford SC	1:02.88	476	29.85
29.	William ROBINS	14	C Beds SS	1:03.19	469	29.56
30.	Edward JEX	14	Co St Albans	1:03.21	468	30.40
31.	Daniel BLERKOM	14	Southend	1:03.35	465	30.15
32.	Matteo LO BIUNDO	14	Hitchin	1:03.65	458	29.80
33.	Thomas BELCHER	14	Modernian	1:03.81	455	30.17



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EVENT 524 Womens 50m Freestyle

Regional Record Junior - 26.57

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Teni OGUNLESI	12	Thurrock	29.90	582
2.	Francesca LOW	12	Chelmsford	30.05	573
3.	Sophie LANDER	12	Stowmarket	30.07	572
4.	Ruby DAGLESS	12	Dereham	30.20	565
5.	Daisy MOXHAM	12	Co Cambridge	30.22	564
6.	Erin LITTLE	12	Chelmsford	30.37	556
7.	Abigail GOTTS	12	Norfolk Vikg	30.49	550
8.	Emilia DUNWOODIE	12	Co St Albans	30.50	549
9.	Karys-Rose BUNN	11	teamipswich	30.54	547
10.	Anita TIEN	12	Colchester	30.56	546
11.	Ruby GREENHALF	12	UEA Norwich	30.59	545
11.	Erin WILKINSON	12	Southend	30.59	545
13.	Matilda BOGLE	11	teamipswich	30.68	540
14.	Lily MACDONALD	12	UEA Norwich	30.70	539
15.	Ella NIJKAMP	12	Berkhamsted	30.85	531
16.	Macey POUNTAIN	12	UEA Norwich	30.89	529
17.	Ciara TAYLOR	12	Co Ely	31.05	521
18.	Emily HOLDEN	11	Leighton Buz	31.06	521
19.	Valeria GIRON	12	Hatfield	31.12	518
20.	Bethan ENDICOTT	12	St Ives	31.17	515
21.	Leah WIGHTMAN	12	West Norfolk	31.19	514
22.	Hannah COLLETT	12	Basildon Ph	31.21	513
23.	Megan BUNCLARK	12	Leiston	31.22	513
24.	Lailah TOUSSAINT	12	teamipswich	31.27	510
25.	Charlotte GILL	12	Brentwood	31.32	508
26.	Jessica SHAW	12	March	31.40	504
27.	Ruby WHEELER	11	Basildon Ph	31.41	504
28.	Lily ASHWELL	12	Norwich Swan	31.47	501
29.	Michaela TAIWO	12	Thurrock	31.49	500
30.	Lucy COIA-BELL	12	Co St Albans	31.52	498
31.	Clara WATSON-FLOWERS	11	St Felix Sch	31.53	498
31.	Macy DEXTER	11	Co Cambridge	31.53	498
31.	Emily COOPER	12	Basildon Ph	31.53	498
34.	Holly DRIVER	12	Leiston	31.56	497
35.	Skye BUNYARD	11	Linslade	31.60	495
36.	Louise DONAGHY	12	Modernian	31.61	494
37.	Isla WINSLOW	12	UEA Norwich	31.63	493
37.	Kelis GREEN	12	Basildon Ph	31.63	493
39.	Molly HARVEY	12	Mildenhall	31.67	491
40.	Holly LAMB	12	Southend	31.75	488
41.	Sophie JENKINSON	12	Basildon Ph	31.88	482
42.	Ella TURNER	12	Basildon Ph	31.92	480
43.	Sarah MCGRATH	12	Co St Albans	32.10	472
44.	Lucy YOUNG	12	Modernian	32.20	467
44.	Helena HALL	12	Deben	32.20	467
46.	Maeve POOLEY	12	Newmarket	32.22	466
47.	Kiera BLUNDEN	12	Chelmsford	32.28	464
48.	Isobel GELLER	12	Tring	32.34	461
49.	Eloisa MILLER	12	C Beds SS	32.35	461
50.	Elijah BRITTON	11	St Felix Sch	32.78	442

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Sophie FREEMAN	13	Colchester	28.15	687
2.	Safia BUTTON	13	teamipswich	28.67	654
3.	Grace WALLER	13	Basildon Ph	29.25	619
4.	Ellie HOLLISS	13	Co St Albans	29.27	618
5.	Lucy MORGAN	13	Colchester	29.44	608
6.	Carys BREALEY	13	Harlow Pen	29.48	605
7.	Imogen BLOCK	13	Lstoft & OB	29.49	605
8.	Georgina MUNDAY	13	Modernian	29.66	595
8.	Jessica KEOGH	13	Hatfield	29.66	595
10.	Maddie LEES	13	DunmowAtlant	29.68	594
11.	Harriet SALISBURY	13	Co Peterboro	29.84	585
11.	Polly FISH	13	Co Cambridge	29.84	585
13.	Rachel ANDREWS	13	C Beds SS	29.88	583
13.	Nancy NEAVE	13	Braintree	29.88	583
13.	Caitlin LOO	13	Hatfield	29.88	583
16.	Millie FIELDS	13	Bishop Stort	29.91	581
17.	Kiara KOVACS	13	Co Peterboro	29.92	580
18.	Lucy HUDSON	13	West Suffolk	30.05	573
19.	Charlotte ABRAMSON	13	UEA Norwich	30.23	564
20.	Abigail HEWSON	13	Berkhamsted	30.25	563
20.	Erin CROUCH	13	teamipswich	30.25	563
22.	Ruby COLLINS	13	Dunstable	30.26	562
23.	May BRADBURN	13	Chelmsford	30.31	559
24.	Hannah DALEY	13	Co Peterboro	30.34	558
25.	Julianna MERCADO	13	Norwich Swan	30.37	556



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25.	Brenna HOWELL	13	Co Peterboro	30.37	556
27.	Catherine RYAN	13	Hoddesdon	30.39	555
28.	Georgina KNATCHBULL	13	Leighton Buz	30.46	551
28.	Cerys WILLIAMS	13	West Suffolk	30.46	551
30.	Bethan FUGE	13	Hatfield	30.48	550
31.	Jessica MUNFORD	13	Norwich Swan	30.51	549
32.	Brooke JENKINS	13	Southend	30.53	548
33.	Gemma PETERS	13	UEA Norwich	30.58	545
34.	Olivia ALDRED	13	Lstof & OB	30.59	545
35.	Emily HASLAM	13	Norfolk Vikg	30.61	544
35.	Astrid HUBBARD	13	West Norfolk	30.61	544
37.	Georgia SPENCER	13	St Ives	30.62	543
38.	Millie DUDLEY	13	Dunstable	30.64	542
39.	Jessica KEFFORD	13	Dunstable	30.66	541
40.	Tess WESLEY	13	Newmarket	30.72	538
40.	Eleanor ROBERTSON	13	Team Luton	30.72	538
42.	Eilidh DUNWOODIE	13	Co St Albans	30.74	537
43.	Emma TAPPENDEN	13	Basildon Ph	30.84	532
44.	Eloise PARTON	13	Co Cambridge	30.87	530
45.	Elizabeth SCRUTTON	13	Epping For't	30.92	528
46.	Abi LARKMAN	13	Hoddesdon	30.94	527
47.	Ciara WOOKEY	13	Colchester	30.95	526
48.	Daisy WILSON	13	Co Cambridge	30.96	526
49.	Ella MCGHIE	13	Co Peterboro	31.09	519
50.	Bruna REBELO	13	Hatfield	31.10	519
51.	Isabel JONES	13	Leighton Buz	31.21	513
52.	Robyn WARD	13	Rochford	31.23	512
53.	Ela NORTON	13	Hatfield	31.30	509
54.	Abbygaelle CORNILLET	13	Harlow Pen	31.37	506
55.	Evie PRAGER	13	Stowmarket	31.39	505
56.	Lydia DAVIES	13	Southend	31.46	501
56.	Caitlin O'TOOLE	13	Royston	31.46	501
58.	Grace GUNTON	13	UEA Norwich	31.48	500
59.	Sienna TREGLOHAN	13	Cheshunt	31.49	500
60.	Eva LANGMEAD	13	Bo Southend	31.58	496
61.	Charlotte TREE	13	Colchester	32.24	465

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Isabel WAINWRIGHT	14	Modernian	27.99	698
2.	Angharad EVANS	14	West Suffolk	28.04	694
3.	Libby DUNFORD	14	Hoddesdon	28.30	677
4.	Jessica WOODWARD	14	Potters Bar	28.37	673
5.	Annabelle BURGESS	14	teamipswich	28.39	671
6.	Ella HALE	14	West Suffolk	28.46	667
7.	Sacha THOMAS	14	UEA Norwich	28.47	666
8.	Tilly MAYES	14	Thurrock	28.60	658
9.	Emma CRUICKSHANKS	14	teamipswich	28.77	648
10.	Mia YATES	14	Felixstowe	29.05	631
11.	Orla KEAVENEY	14	Modernian	29.20	622
12.	Annika BROWN	14	teamipswich	29.21	621
13.	Iona TRAINER	14	Co Ely	29.23	620
14.	Bianka MISIKOVA	14	Hatfield	29.27	618
15.	Lily MERRETT	14	Hoddesdon	29.43	608
16.	Lily GENNER	14	West Suffolk	29.50	604
17.	Sophie TAYLOR	14	DunmowAtlant	29.68	594
18.	Gemma HANSON	14	Hatfield	29.70	593
19.	Charlotte HUDSON	14	West Suffolk	29.72	592
20.	Jessica HEESOM	14	Potters Bar	29.74	590
21.	Eve WRIGHT	14	Co Peterboro	29.87	583
22.	Emily WHYTE	14	teamipswich	29.93	580
23.	Rebecca GIROLAMI	14	Colchester	29.98	577
24.	Madison SMITH	14	Stanway	30.00	576
25.	Francesca PECCEI	14	Watford SC	30.17	567
26.	Isabelle ROSHER	14	teamipswich	30.18	566
27.	Matilda MEYRICK	14	Norfolk Vikg	30.25	563
28.	Bronte O'DEA	14	Runnymede	30.37	556
29.	Lillia THOMPSON	14	Flitwick	30.39	555
30.	Hannah O'CONNOR	14	West Suffolk	30.87	530

EVENT 524 Womens 50m Freestyle - Swim-Off

Regional Record Junior - 26.57

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Jessica KEOGH	13	Hatfield	28.99	634
2.	Georgina MUNDAY	13	Modernian	29.70	593



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EVENT 525 Mens 200m Backstroke

Regional Record Junior - 2:05.90

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Joseph BAVEY	12	Newmarket	2:32.49	475	36.92	1:15.88	1:55.43
2.	Aidan PILCHER	12	teamipswich	2:35.65	446	37.66	1:18.00	1:57.23
3.	Jude HILLS	12	Bo Southend	2:37.43	430	36.53	1:17.68	1:57.90
4.	Jack HILL	12	Linslade	2:37.87	427	35.97	1:16.57	1:58.14
5.	Jenson HURRELL	12	Thurrock	2:39.01	417	37.02	1:18.86	1:59.35
6.	Michael CONNICK	12	Deben	2:39.55	413	38.23	1:18.78	1:59.96
7.	Nikita CHARYKIN	11	Thurrock	2:41.58	396	38.14	1:19.99	2:01.08
8.	Oskar FARKAS	12	Co Cambridge	2:42.56	388	37.98	1:19.60	2:01.84
9.	Daniel DIXON	12	Brentwood	2:43.23	383	39.12	1:20.98	2:02.62
10.	Joseph MCGILLIVRAY	12	Lstof & OB	2:44.18	376	38.29	1:20.40	2:03.04
11.	Samuel PYEFINCH	12	Tring	2:46.82	357	38.79	1:23.00	2:06.36
12.	Kieran BIRKETT	12	Co St Albans	2:47.23	354	38.93	1:23.02	2:06.34
13.	Matthew MONIE	12	Co Cambridge	2:48.57	344	40.36	1:23.61	2:06.86
14.	Aidan CLARKSON	12	DunmowAtlant	2:50.37	332	40.20	1:24.65	2:08.52
15.	Harrison BELL	12	St Felix Sch	2:51.24	327	40.23	1:23.46	2:07.90
16.	Robbie CRUICKSHANKS	11	teamipswich	2:51.34	326	40.79	1:25.16	2:09.17
17.	Ethan ANGEL	11	teamipswich	2:57.54	288	41.17	1:26.01	2:12.11
18.	Hayden MILLER	12	Braintree	2:58.70	281	41.38	1:27.29	2:14.12

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Chester LEEMING	13	St Felix Sch	2:20.96	598	33.57	1:09.68	1:46.05
2.	Thomas OGDEN	13	Bishop Stort	2:26.20	539	35.00	1:12.27	1:50.48
3.	Ketan RACH	13	Watford SC	2:26.68	534	33.79	1:10.53	1:48.78
4.	Rhys DAVIDSON	13	Team Luton	2:31.54	484	35.45	1:14.76	1:53.64
5.	Ethan GELL	13	Linslade	2:35.25	450	36.07	1:16.17	1:56.70
6.	Naythan AJUNG	13	Colchester	2:35.30	449	35.34	1:14.23	1:55.35
7.	Jack SKERRY	13	Chelmsford	2:35.46	448	36.35	1:16.26	1:55.70
8.	Fabian BRUDNICKI	13	Co Peterboro	2:35.56	447	36.83	1:17.48	1:57.39
9.	Oscar BRICE	13	Co St Albans	2:35.74	445	36.66	1:17.12	1:57.81
10.	Michael KLIMASZEWSKI	13	Hatfield	2:36.08	442	36.41	1:16.27	1:56.75
11.	William PARSONS	13	Deben	2:36.13	442	36.09	1:16.95	1:57.45
12.	Connor WALKER	13	Co Peterboro	2:36.31	440	37.17	1:17.73	1:57.99
13.	Henry DUNCAN	13	Co Cambridge	2:36.41	439	37.16	1:17.90	1:57.92
14.	Ben KNOWLES	13	Wisbech	2:36.81	436	37.61	1:18.23	1:59.18
15.	Tyler WATSON	13	Flitwick	2:40.42	405	38.76	1:19.57	2:01.02
16.	Luke BARTON	13	Lstof & OB	2:40.86	402	37.93	1:18.69	2:00.17
17.	Joab CARR	13	St Felix Sch	2:42.03	393	37.48	1:19.25	2:01.43
18.	Tyler JACKSON	13	Harlow Pen	2:43.06	385	37.42	1:20.24	2:02.80

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Zane BATT	14	Cheshunt	2:23.34	570	32.93	1:09.43	1:46.81
2.	Walter HACKETT	14	Dunstable	2:23.47	569	32.82	1:08.98	1:47.19
3.	Henry NEWELL	14	Newmarket	2:26.27	538	34.78	1:12.09	1:50.53
4.	Samuel COSTIN	14	Basildon Ph	2:26.64	534	34.13	1:11.76	1:49.60
5.	Finn JEFFERY	14	St Felix Sch	2:26.94	531	34.75	1:12.64	1:50.40
6.	Ben WOODHOUSE	14	Norwich Swan	2:26.97	531	34.12	1:11.57	1:50.10
7.	Thomas BELCHER	14	Modernian	2:27.93	520	34.26	1:12.95	1:50.96
8.	Alexander CATTON	14	Bishop Stort	2:28.57	514	35.21	-	1:50.87
9.	Luke PESTAILLE	14	Hatfield	2:28.73	512	34.31	1:12.69	1:51.13
10.	Ciaran COOK	14	Co St Albans	2:29.37	506	35.97	1:14.00	1:53.14
11.	Samuel ROSE	14	West Norfolk	2:29.60	503	34.49	1:12.14	1:51.00
12.	Matthew NEWSON	14	Co Peterboro	2:31.53	484	35.29	1:13.63	1:52.83
13.	Jack CONROY	14	Thurrock	2:32.33	477	35.39	1:15.01	1:54.24
14.	Teal'K SMITH	14	Beccles Town	2:32.60	474	36.48	1:15.49	1:55.01
15.	Daniel BLERKOM	14	Southend	2:32.61	474	35.42	1:15.05	1:54.50
16.	Cole SHEPARD	14	Basildon Ph	2:33.05	470	34.85	1:14.05	1:53.48
17.	Connor GILLINGHAM	14	West Suffolk	2:33.35	467	35.36	1:13.79	1:54.14
18.	Nathaniel OLAYOMI	14	Watford SC	2:34.56	456	35.95	1:14.76	1:55.20
19.	Samuel MILLER	14	Bo Southend	2:34.94	452	36.15	1:15.74	1:55.93
19.	Michael FREEMAN	14	Chelmsford	2:34.94	452	36.01	1:15.89	1:57.17
21.	Jack SCARFF	14	teamipswich	2:35.85	444	36.15	1:15.51	1:55.82
22.	Jack RICHARDSON	14	DunmowAtlant	2:36.76	436	36.23	1:16.50	1:57.16
23.	Daniel WHITE	14	St Felix Sch	2:38.09	425	36.66	1:17.23	1:58.34
24.	Alexander HORNE	14	Co St Albans	2:42.17	391	36.72	1:17.69	1:59.91



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Weekend two - Norwich

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EVENT 526 Womens 400m IM

Regional Record Junior - 4:45.21

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Holly LAMB	12	Southend	5:34.53	595
	50m 35.92	100m 1:18.84	150m 2:03.20	200m 2:46.24	250m 3:33.76
				300m 4:21.57	350m 4:58.54
				400m 5:34.53	
2.	Charlotte NORMAN	12	Colchester	5:38.48	575
	50m 35.51	100m 1:19.80	150m 2:01.03	200m 2:42.11	250m 3:32.50
				300m 4:23.09	350m 5:00.54
				400m 5:38.48	
3.	Ruby DAGLESS	12	Dereham	5:42.66	555
	50m 34.66	100m 1:14.60	150m 1:59.42	200m 2:44.97	250m 3:31.38
				300m 4:22.67	350m 5:03.60
				400m 5:42.66	
4.	Kiera BLUNDEN	12	Chelmsford	5:43.54	551
	50m 35.42	100m 1:18.63	150m 2:01.79	200m 2:44.40	250m 3:35.89
				300m 4:27.03	350m 5:06.30
				400m 5:43.54	
5.	Georgia PRITCHARD	12	Hatfield	5:46.78	536
	50m 36.13	100m 1:19.97	150m 2:07.87	200m 2:53.40	250m 3:39.93
				300m 4:27.91	350m 5:08.52
				400m 5:46.78	
6.	Lily MACDONALD	12	UEA Norwich	5:49.81	523
	50m 36.64	100m 1:22.13	150m 2:05.50	200m 2:49.09	250m 3:39.69
				300m 4:29.61	350m 5:11.01
				400m 5:49.81	
7.	Emily COOPER	12	Basildon Ph	5:55.63	498
	50m 35.70	100m 1:22.46	150m 2:06.17	200m 2:49.95	250m 3:43.97
				300m 4:38.64	350m 5:16.39
				400m 5:55.63	
8.	Ruby WHEELER	11	Basildon Ph	5:57.19	491
	50m 37.30	100m 1:23.06	150m 2:11.34	200m 2:58.05	250m 3:48.80
				300m 4:39.33	350m 5:20.27
				400m 5:57.19	
9.	Ruby GREENHALF	12	UEA Norwich	5:58.47	486
	50m 37.13	100m 1:24.73	150m 2:12.48	200m 2:59.49	250m 3:49.86
				300m 4:40.63	350m 5:20.05
				400m 5:58.47	
10.	Leah WIGHTMAN	12	West Norfolk	5:59.82	480
	50m 36.97	100m -	150m 2:08.43	200m 2:51.14	250m 3:45.74
				300m 4:41.17	350m 5:20.97
				400m 5:59.82	
11.	Amy PAGET	12	Co Peterboro	6:00.25	479
	50m 37.53	100m 1:23.65	150m 2:09.84	200m 2:55.15	250m 3:48.18
				300m 4:40.92	350m 5:20.97
				400m 6:00.25	
12.	Jessica MAHONEY	12	Co Peterboro	6:00.90	476
	50m 37.13	100m 1:23.75	150m 2:08.83	200m 2:54.58	250m 3:46.36
				300m 4:39.81	350m 5:20.17
				400m 6:00.90	
	Anita TIEN	12	Colchester	DQ 9	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Sophie FREEMAN	13	Colchester	5:18.29	682
	50m 32.17	100m 1:10.57	150m 1:50.50	200m 2:30.85	250m 3:19.16
				300m 4:09.57	350m 4:44.09
				400m 5:18.29	
2.	Brenna HOWELL	13	Co Peterboro	5:35.20	591
	50m 33.34	100m 1:16.60	150m 1:57.87	200m 2:39.62	250m 3:28.90
				300m 4:19.51	350m 4:57.66
				400m 5:35.20	
3.	May BRADBURN	13	Chelmsford	5:35.39	590
	50m 33.93	100m 1:14.60	150m 2:00.71	200m 2:43.02	250m 3:32.74
				300m 4:22.71	350m 5:00.10
				400m 5:35.39	
4.	Sophie GRIFFIN	13	Co Peterboro	5:35.46	590
	50m 36.29	100m 1:18.59	150m 2:00.49	200m 2:42.71	250m 3:32.02
				300m 4:21.29	350m 4:59.97
				400m 5:35.46	
5.	Ella MCGHIE	13	Co Peterboro	5:37.66	579
	50m 37.34	100m 1:22.22	150m 2:05.41	200m 2:46.80	250m 3:36.71
				300m 4:23.76	350m 5:01.35
				400m 5:37.66	
6.	Ciara WOOKEY	13	Colchester	5:38.13	577
	50m 34.87	100m 1:17.72	150m 2:04.21	200m 2:47.76	250m 3:34.20
				300m 4:21.65	350m 5:01.46
				400m 5:38.13	
7.	Brooke JENKINS	13	Southend	5:39.49	570
	50m 35.95	100m 1:19.79	150m 2:03.07	200m 2:44.73	250m 3:35.07
				300m 4:26.06	350m 5:04.19
				400m 5:39.49	
8.	Harriet SALISBURY	13	Co Peterboro	5:41.18	562
	50m 36.29	100m 1:19.59	150m 2:02.59	200m 2:44.14	250m 3:35.43
				300m 4:27.85	350m 5:04.58
				400m 5:41.18	
9.	Georgina MUNDAY	13	Modemian	5:42.94	554
	50m 35.94	100m 1:21.07	150m 2:04.09	200m 2:46.44	250m 3:36.81
				300m 4:27.84	350m 5:05.12
				400m 5:42.94	
10.	Charlotte TREE	13	Colchester	5:43.05	553
	50m 37.02	100m 1:21.69	150m 2:06.23	200m 2:49.99	250m 3:38.46
				300m 4:27.37	350m 5:05.71
				400m 5:43.05	
11.	Lucy MORGAN	13	Colchester	5:45.22	543
	50m 37.45	100m 1:22.98	150m 2:05.46	200m 2:48.56	250m 3:38.24
				300m 4:29.00	350m 5:07.82
				400m 5:45.22	
12.	Tess WESLEY	13	Newmarket	5:45.38	543
	50m 38.55	100m 1:25.82	150m 2:09.25	200m 2:53.59	250m 3:41.40
				300m 4:30.98	350m 5:09.14
				400m 5:45.38	
13.	Eloise PARTON	13	Co Cambridge	5:46.04	540
	50m 37.14	100m 1:21.85	150m 2:04.14	200m 2:46.61	250m 3:37.21
				300m 4:28.80	350m 5:07.89
				400m 5:46.04	
14.	Hannah DALEY	13	Co Peterboro	5:49.43	524
	50m 37.81	100m 1:23.63	150m 2:09.21	200m 2:52.66	250m 3:41.21
				300m 4:30.90	350m 5:11.99
				400m 5:49.43	
15.	Ella HOUSTON	13	Deben	5:49.61	523
	50m 36.57	100m 1:20.85	150m 2:03.96	200m 2:47.53	250m 3:40.17
				300m 4:32.79	350m 5:11.94
				400m 5:49.61	
16.	Astrid HUBBARD	13	West Norfolk	5:51.60	515
	50m 35.79	100m 1:20.71	150m 2:04.45	200m 2:46.18	250m 3:39.35
				300m 4:32.43	350m 5:12.19
				400m 5:51.60	
17.	Kiara JESSOP	13	Lstoft & OB	5:54.09	504
	50m 38.07	100m 1:25.33	150m 2:11.92	200m 2:58.86	250m 3:46.55
				300m 4:36.70	350m 5:16.23
				400m 5:54.09	
18.	Etholle MARKS	13	Newmarket	5:54.32	503
	50m 37.43	100m 1:24.34	150m 2:09.27	200m 2:54.37	250m 3:44.60
				300m 4:37.63	350m 5:16.55
				400m 5:54.32	
19.	Cerys WILLIAMS	13	West Suffolk	5:54.48	502
	50m 35.36	100m 1:18.18	150m 2:02.97	200m 2:48.33	250m 3:39.26
				300m 4:33.00	350m 5:15.34
				400m 5:54.48	
20.	Claudia LITTLE	13	Bo Southend	5:55.28	499
	50m 37.65	100m 1:24.91	150m 2:08.73	200m 2:54.59	250m 3:44.31
				300m 4:38.48	350m 5:16.71
				400m 5:55.28	
	Holly GRAVES	13	Co Peterboro	DQ 9	



East Swimming
2017 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend two - Norwich
27th, 28th, & 29th May 2017
(Licensed Meet No. 1ER170220)

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts				
1.	Orla KEAVENEY	14	Modernian	5:20.51	669				
	50m 33.32	100m 1:12.51	150m 1:54.25	200m 2:36.52	250m 3:22.94	300m 4:10.23	350m 4:45.20	400m 5:20.51	
2.	Rebecca HOWELL	14	Basildon Ph	5:22.45	658				
	50m 32.56	100m 1:09.85	150m 1:51.42	200m 2:31.09	250m 3:20.00	300m 4:10.75	350m 4:47.54	400m 5:22.45	
3.	Erin O'MEARA	14	Watford SC	5:23.92	650				
	50m 33.36	100m 1:12.68	150m 1:57.23	200m 2:40.13	250m 3:25.54	300m 4:11.05	350m 4:49.15	400m 5:23.92	
4.	Lucie PECK	14	West Norfolk	5:24.22	649				
	50m 32.59	100m 1:12.39	150m 1:53.66	200m 2:36.01	250m 3:22.96	300m 4:12.32	350m 4:49.17	400m 5:24.22	
5.	Ella HALE	14	West Suffolk	5:25.73	640				
	50m 33.40	100m 1:15.89	150m 1:59.29	200m 2:43.48	250m 3:28.09	300m 4:16.35	350m 4:51.54	400m 5:25.73	
6.	Katie HAMMOND	14	Co Cambridge	5:25.87	640				
	50m 33.44	100m 1:12.10	150m 1:55.86	200m 2:38.75	250m 3:27.19	300m 4:16.02	350m 4:51.80	400m 5:25.87	
7.	Grace KING	14	teampswich	5:29.22	622				
	50m 33.96	100m 1:15.13	150m 1:57.62	200m 2:39.23	250m 3:24.99	300m 4:12.32	350m 4:51.90	400m 5:29.22	
8.	Matilda MEYRICK	14	Norfolk Vikg	5:29.41	621				
	50m 35.13	100m 1:18.77	150m 2:00.08	200m 2:38.99	250m 3:28.84	300m 4:15.75	350m 4:54.02	400m 5:29.41	
9.	Jessica WOODWARD	14	Potters Bar	5:29.99	618				
	50m 33.97	100m 1:14.95	150m 1:59.18	200m 2:43.02	250m 3:29.45	300m 4:17.28	350m 4:54.71	400m 5:29.99	
10.	Imogen BLOOMFIELD	14	Co Cambridge	5:34.34	596				
	50m 35.14	100m 1:19.35	150m 2:04.19	200m 2:47.69	250m 3:32.83	300m 4:19.84	350m 4:57.64	400m 5:34.34	
11.	Abbie BARNWELL	14	Team Luton	5:38.29	576				
	50m 35.58	100m 1:17.74	150m 2:04.18	200m 2:49.12	250m 3:36.44	300m 4:25.14	350m 5:02.00	400m 5:38.29	
12.	Daisy SANDON	14	Stevenage	5:40.48	565				
	50m 35.10	100m 1:16.71	150m 2:00.46	200m 2:42.99	250m 3:33.83	300m 4:25.66	350m 5:03.47	400m 5:40.48	
13.	Millie TURNER	14	Basildon Ph	5:40.54	565				
	50m 35.79	100m 1:17.76	150m 1:59.08	200m 2:40.25	250m 3:32.41	300m 4:25.59	350m 5:03.64	400m 5:40.54	
14.	Lauren YOUNG	14	Hatfield	5:40.68	564				
	50m 36.57	100m 1:19.61	150m 2:02.16	200m 2:44.54	250m 3:37.13	300m 4:31.08	350m 5:06.10	400m 5:40.68	
15.	Anna FALLON	14	Team Luton	5:41.27	562				
	50m 36.46	100m 1:20.14	150m 2:03.62	200m 2:47.32	250m 3:36.57	300m 4:26.82	350m 5:05.07	400m 5:41.27	
16.	Rebecca SMITH	14	Norwich Swan	5:44.41	547				
	50m 34.63	100m 1:16.35	150m 1:59.92	200m 2:42.39	250m 3:33.80	300m 4:25.67	350m 5:05.34	400m 5:44.41	
17.	Phoebe BRENNAN	14	Thurrock	5:53.25	508				
	50m 35.90	100m 1:22.06	150m 2:06.84	200m 2:49.67	250m 3:40.89	300m 4:33.31	350m 5:14.05	400m 5:53.25	
18.	Libby MAGILL	14	Hatfield	5:54.06	504				
	50m 35.15	100m 1:18.72	150m 2:02.60	200m 2:45.96	250m 3:40.11	300m 4:33.89	350m 5:14.55	400m 5:54.06	