



East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Eight

Event 321 Mens 200m IM

H 1	L 3 Joshua WELLS	20	SM14 Gt Yarmouth	3:04.91
	L 4 Tommy CHANDLER	15	Gt Yarmouth	2:25.51
	L 5 Louis HINES	20	SM14 Watford SC	2:40.06
H 2	L 1 Nicholas BOTHA	15	Bishop Stort	2:25.49
	L 2 Tanin KURSIDIM	15	Co St Albans	2:24.16
	L 3 Yannik WILSON	15	Harpenden	2:23.37
	L 4 Matthew ROTHWELL	15	Co Peterboro	2:22.70
	L 5 William HANDLEY	15	Stowmarket	2:23.03
	L 6 Benjamin HARVEY	15	Basildon Ph	2:24.15
	L 7 Ismail RAHIM	15	Berkhamsted	2:25.45
H 3	L 1 Oliver REEK	15	UEA Norwich	2:22.60
	L 2 Jake MOXHAM	15	Co Cambridge	2:21.02
	L 3 Samuel BRYAN	16	Basildon Ph	2:20.48
	L 4 Henry PEARCE	15	Co Peterboro	2:20.10
	L 5 Zachary PATEL	16	Berkhamsted	2:20.33
	L 6 Samuel GAINES	16	Hemel Hemp	2:20.75
	L 7 Harvey SKELLERN	15	Co Cambridge	2:21.63
	L 8 Mason HUNNISETT	15	Basildon Ph	2:22.70
H 4	L 1 Myles ROBINSON-YOUNG	15	Co Peterboro	2:19.46
	L 2 Charles WHYTE	16	West Suffolk	2:19.01
	L 3 Taylor BOWEN	16	West Suffolk	2:18.37
	L 4 Cole JAMES	16	Hatfield	2:17.27
	L 5 Liam BRENNAN	15	Basildon Ph	2:17.36
	L 6 Ayotobi LAGUDA	15	Hatfield	2:18.69
	L 7 James MCFARLAND	16	C Beds SS	2:19.26
	L 8 Harrison LEES	16	Watford SC	2:19.78
H 5	L 1 Joshua GAINES	19	Hemel Hemp	2:15.73
	L 2 Alex MASON	21	Team Luton	2:14.52
	L 3 Finlay RYAN	18	Norwich Swan	2:12.75
	L 4 James WOODWARD	17	Potters Bar	2:08.46
	L 5 Charles RAYNER	16	Hatfield	2:11.30
	L 6 Max WILSON	17	Modernian	2:14.22
	L 7 Joseph WELLS	18	West Norfolk	2:15.26
	L 8 Manfred BATTLE	15	Stowmarket	2:17.05
H 6	L 1 James CHENNELLS	16	Berkhamsted	2:15.66
	L 2 Oliver KENNY	20	West Norfolk	2:14.41
	L 3 Ole MILLS	18	Halstead	2:12.68
	L 4 Nathan WELLS	19	West Norfolk	2:07.51
	L 5 Thomas WIGGINS	18	Co Peterboro	2:11.08
	L 6 Herbie KINDER	15	Co Peterboro	2:14.10
	L 7 Robin TURNER	17	Bishop Stort	2:15.03
	L 8 Christopher GREENHALGH	21	West Suffolk	2:16.00
H 7	L 1 Sam PERKINS	15	teamipswich	2:15.60
	L 2 Jake THOMAS-MANSFIELD	17	St Felix Sch	2:14.27
	L 3 Myles TURNER	17	West Suffolk	2:11.40
	L 4 Brandon NABARRO	20	Putteridge	2:04.10
	L 5 Ryan KELLY	18	Chelmsford	2:10.48
	L 6 Louis SPONG	18	DunmowAtlant	2:13.26
	L 7 Samuel COTTEE	17	teamipswich	2:14.99
	L 8 Jack WEARS	18	C Beds SS	2:15.92

Event 322 Womens 200m IM

H 1	L 3 Rachael JOHNSON	15	West Norfolk	2:33.71
	L 4 Ellie RUNNALLS	15	DunmowAtlant	2:33.47
	L 5 Amber HEAD	15	Rochford	2:33.70
	L 6 Freya WRIGHT	15	West Suffolk	2:34.20
H 2	L 1 India WESTON	15	Norfolk Vikg	2:31.79
	L 2 Sophie PAYNE	15	Hatfield	2:31.31
	L 3 Nicole CHANDLER	15	teamipswich	2:30.34
	L 4 Louise FIDDES	16	SM14 Hatfield	2:30.20
	L 5 Megan SAMUELS	16	Chelmsford	2:30.29
	L 6 Rebecca WEST	15	Thurrock	2:31.11
	L 7 Amy PEMBERTON	16	Berkhamsted	2:31.55
	L 8 Freya LINES	15	St Felix Sch	2:33.42
H 3	L 1 Keira FROSDICK	15	West Norfolk	2:29.15
	L 2 Annabelle KITCHING	15	Chelmsford	2:28.15
	L 3 Lauren HARRISON	16	Co Peterboro	2:25.60
	L 4 Laura COPPING	17	Hatfield	2:20.20
	L 5 Lauren GRICE	18	Leighton Buz	2:23.75
	L 6 Georgina CURTIS	17	C Beds SS	2:26.64
	L 7 Honey HARVEY	16	Gt Yarmouth	2:28.22
	L 8 Emily GREEN	16	Brentwood	2:29.48

H 4	L 1 Zara KEEGAN	15	Co Cambridge	2:29.13
	L 2 Sophie BURNS	17	Watford SC	2:27.27
	L 3 Mia LEECH	15	Co Peterboro	2:25.12
	L 4 Rebecca BURTON	19	Co Peterboro	2:18.09
	L 5 Ellie WHEELER	15	Basildon Ph	2:21.10
	L 6 Emily DOWDING	19	teamipswich	2:26.62
	L 7 Sonia TUMIOTTO	16	St Felix Sch	2:28.19
	L 8 Celyn WALMSLEY	16	Team Luton	2:29.43
H 5	L 1 Abbie MCCARTHY	15	Colchester	2:29.05
	L 2 Sophie TAYLOR	16	St Felix Sch	2:27.18
	L 3 Lauren WATT	16	Newmarket	2:24.54
	L 4 Mollie ALLEN	19	Co Peterboro	2:16.60
	L 5 Amelia MONAGHAN	15	Co Peterboro	2:20.50
	L 6 Olivia NORMAN	15	Colchester	2:25.67
	L 7 Tia WILSON	15	Modernian	2:28.18
	L 8 Martha DULEY	18	Colchester	2:29.20

Event 323 Mens 100m Backstroke

H 1	L 1 Samuel WHEARTY	15	S9 Colchester	1:40.20
	L 3 Joshua WELLS	20	S14 Gt Yarmouth	1:23.10
	L 4 Connor RODGERS	15	Putteridge	1:07.46
	L 5 Louis HINES	20	S14 Watford SC	1:15.96
	L 6 Rian BRENNAN	11	S9 Basildon Ph	1:38.83
H 2	L 1 Tom WARD	15	Chelmsford	1:07.10
	L 2 Thomas SAUVARY-HINES	15	Basildon Ph	1:07.08
	L 3 Glenn HARRISON	15	Hitchin	1:06.82
	L 4 Benjamin HARVEY	15	Basildon Ph	1:06.48
	L 5 Elliotte LEDGER	15	March	1:06.73
	L 6 Henry PEARCE	15	Co Peterboro	1:06.96
	L 7 Ben BLOWERS	15	UEA Norwich	1:07.09
	L 8 Samrahn SANDHU	15	Harpenden	1:07.33
H 3	L 1 Matthew ROTHWELL	15	Co Peterboro	1:05.73
	L 2 Aidan HOWARD	15	Leiston	1:05.62
	L 3 Thomas CADENHEAD	15	Co St Albans	1:05.19
	L 4 Oliver REEK	15	UEA Norwich	1:05.10
	L 5 Matthew TATUM	16	Diss Otters	1:05.13
	L 6 Tanin KURSIDIM	15	Co St Albans	1:05.57
	L 7 Edward CAMPFIELD	15	Harpenden	1:05.70
	L 8 Matthew ANDERSON	15	Deben	1:06.02
H 4	L 1 Marcus KEMP	16	Watford SC	1:04.63
	L 2 Callum WOLLASTON	16	Cheshunt	1:04.60
	L 3 Samuel WORTLEY	16	West Suffolk	1:04.46
	L 4 Matteo TONTODONATI	16	Bishop Stort	1:04.06
	L 5 Charles RENNIE	16	Braintree	1:04.45
	L 6 Charles WHYTE	16	West Suffolk	1:04.55
	L 7 Thomas STANBURY	16	Potters Bar	1:04.63
	L 8 Samuel GAINES	16	Hemel Hemp	1:04.94
H 5	L 1 Harrison LEES	16	Watford SC	1:03.63
	L 2 Jack TREMAIN	15	Modernian	1:03.19
	L 3 Jack SANGSTER	16	Modernian	1:03.00
	L 4 Myles ROBINSON-YOUNG	15	Co Peterboro	1:02.88
	L 5 Lewis BAYLEY	16	Southend	1:02.91
	L 6 James CHENNELLS	16	Berkhamsted	1:03.10
	L 7 George HART	16	C Beds SS	1:03.60
	L 8 Jamie BRACKSTON	16	Hitchin	1:03.97
H 6	L 1 Jack BOWYER	15	West Suffolk	1:02.08
	L 2 Joshua SMITH	16	DunmowAtlant	1:01.76
	L 3 Herbie KINDER	15	Co Peterboro	1:01.67
	L 4 Lucas DYSON-DIAZ	17	Hatfield	1:01.57
	L 5 Samuel PERKS	15	Basildon Ph	1:01.67
	L 6 Thomas BOYT	18	Felixstowe	1:01.70
	L 7 Harry FOX	18	Basildon Ph	1:01.93
	L 8 John BOYLE	16	DunmowAtlant	1:02.76
H 7	L 1 Liam BRENNAN	15	Basildon Ph	1:00.80
	L 2 Jonathon ADAM	15	Co Cambridge	1:00.37
	L 3 Harry CONSTANTINE	17	Hatfield	58.50
	L 4 Samuel PEASE	18	Basildon Ph	56.74
	L 5 Jamie SCHOLES	17	Co Peterboro	56.87
	L 6 Reece NICHOLLS	17	Basildon Ph	59.74
	L 7 Ben POGSON	25	West Norfolk	1:00.57
	L 8 Michael LARDNER	18	St Ives	1:01.45



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Start Lists Session Eight

H 8	L 1	James COOPER	15	Basildon Ph	1:00.71
	L 2	Sam GAMBLE	18	Hitchin	59.99
	L 3	Ryan KELLY	18	Chelmsford	58.08
	L 4	Oliver FITT	18	St Ives	55.80
	L 5	Charlie POND THOMPSON	24	Hatfield	56.76
	L 6	Daniel CHADA	16	Bishop Stort	59.46
	L 7	Joshua GAINES	19	Hemel Hemp	1:00.55
	L 8	Manfred BATTLE	15	Stowmarket	1:01.35

H 9	L 1	Myles TURNER	17	West Suffolk	1:00.67
	L 2	Elliot WYLIE	18	Hatfield	59.75
	L 3	Nathan WELLS	19	West Norfolk	57.70
	L 4	Ruben DEKKER	24	Co Cambridge	55.39
	L 5	Thomas CLARE	16	teamipswich	56.76
	L 6	Matthew GRAY	17	Co Peterboro	58.95
	L 7	Tyler BERRY	17	Basildon Ph	1:00.44
	L 8	Louis SPONG	18	DunmowAtlant	1:00.82

Event 324 Womens 100m Backstroke

H 1	L 3	Emily RAYDEN	15	Co St Albans	1:10.79
	L 4	Emily LUSH	15	Cheshunt	1:10.44
	L 5	Mackenzie WHYATT	15	Co Peterboro	1:10.48

H 2	L 1	Rachael JOHNSON	15	West Norfolk	1:10.32
	L 2	Ella TOLLIDAY	15	St Felix Sch	1:10.29
	L 3	Annabelle KITCHING	15	Chelmsford	1:10.20
	L 4	Francesca COLLINS	15	Chelmsford	1:09.83
	L 5	Amber HILL	15	Linslade	1:09.92
	L 6	Tori WESTON	15	Co St Albans	1:10.23
	L 7	Shona MCKENNA	15	Hemel Hemp	1:10.29

H 3	L 1	Nicole CHANDLER	15	teamipswich	1:09.78
	L 2	Rebecca WEST	15	Thurrock	1:09.73
	L 3	Amber JORDAN	15	Colchester	1:09.46
	L 4	Agnes BURNS	16	Harpenden	1:09.40
	L 5	Hannah ADAMS	15	Co Cambridge	1:09.41
	L 6	Eleanor WHITE	16	Linslade	1:09.60
	L 7	Freya LINES	15	St Felix Sch	1:09.78
	L 8	Emma SHOOBERT	15	C Beds SS	1:09.81

H 4	L 1	Molly BRADLEY	16	Tring	1:09.01
	L 2	Martine TRAN	16	Thurrock	1:08.98
	L 3	Macy LAWRENCE	15	Basildon Ph	1:08.53
	L 4	Scarlett MORINE	15	Chelmsford	1:08.40
	L 5	Georgia PEASE	15	Basildon Ph	1:08.49
	L 6	Bailey WILKES	16	Hatfield	1:08.60
	L 7	Emily JONES	15	Modernian	1:09.00
	L 8	Chloe MOLONEY	15	DunmowAtlant	1:09.35

H 5	L 1	Lara-Grace MOUNT	15	West Norfolk	1:08.00
	L 2	Emma LESLIE	16	Co Peterboro	1:07.80
	L 3	Tilly ANEMA	16	Norwich Swan	1:07.51
	L 4	Emily GREEN	16	Brentwood	1:07.38
	L 5	Phoebe HAYDEN	16	teamipswich	1:07.50
	L 6	Hannah BRECKNELL	17	West Suffolk	1:07.67
	L 7	Sammy HUMPHREY	21	Leighton Buz	1:07.99
	L 8	Abbie MCCARTHY	15	Colchester	1:08.06

H 6	L 1	Abbie LOW	15	Chelmsford	1:06.59
	L 2	Josie PRETIOUS-WHITE	16	Bishop Stort	1:05.67
	L 3	Maisie EASTER	15	UEA Norwich	1:04.31
	L 4	Rebecca SHERWIN	17	teamipswich	1:01.85
	L 5	Bethany SAUNDERS	18	Co Peterboro	1:03.38
	L 6	Niamh JAMES	16	Bishop Stort	1:05.19
	L 7	Megan PYE	15	UEA Norwich	1:06.16
	L 8	Francesca CROCKER	17	St Ives	1:07.26

H 7	L 1	Amelia PEDDLE	17	Epping For't	1:06.20
	L 2	Olivia NORMAN	15	Colchester	1:05.57
	L 3	Lija RADZIUNAITE	15	Stowmarket	1:04.25
	L 4	Rachel WELLINGS	17	Co Peterboro	1:00.87
	L 5	Amie PHILPOT	15	teamipswich	1:03.32
	L 6	Meghan MAYBANKS	17	DunmowAtlant	1:04.66
	L 7	Lauren STOTT	15	Hatfield	1:05.87
	L 8	Eleanor KING	17	Dunstable	1:06.98

H 8	L 1	Beatrice BARDER	18	Co St Albans	1:06.17
	L 2	Mia CARTER	15	Bishop Stort	1:05.51
	L 3	Lauren HALL	18	Co Cambridge	1:04.23
	L 4	Mollie ALLEN	19	Co Peterboro	1:00.24
	L 5	Martha DULEY	18	Colchester	1:01.90
	L 6	Georgina PRYOR	19	Harrow Pen	1:04.32
	L 7	Grace WYLIE	16	Hatfield	1:05.72
	L 8	Claire BURRELL	16	Harpenden	1:06.74

Event 325 Mens 200m Freestyle

H 1	L 2	Mark EVENS	21	S14	Hitchin	2:28.47
	L 3	Callum HODGSON	17	S14	Basildon Ph	2:20.29
	L 4	Louis HINES	20	S14	Watford SC	2:06.70
	L 5	Tanin KURSIDIM	15		Co St Albans	2:06.80
	L 6	Joshua WELLS	20	S14	Gt Yarmouth	2:24.30

H 2	L 1	Matthew ROTHWELL	15		Co Peterboro	2:06.40
	L 2	Jude GOULD	15		Hitchin	2:05.31
	L 3	Collins SALIBOKO	15		St Felix Sch	2:04.79
	L 4	Taylor BOWEN	16		West Suffolk	2:04.09
	L 5	John BOYLE	16		DunmowAtlant	2:04.62
	L 6	Ben BLOWERS	15		UEA Norwich	2:05.00
	L 7	Ben PARADISE	15		Basildon Ph	2:05.65
	L 8	Ewan STURGEON	15		Chelmsford	2:06.48

H 3	L 1	Jack SANGSTER	16		Modernian	2:03.73
	L 2	Thomas CADENHEAD	15		Co St Albans	2:03.14
	L 3	Harrison LEES	16		Watford SC	2:02.48
	L 4	Harvey SKELLERN	15		Co Cambridge	2:01.20
	L 5	James COOPER	15		Basildon Ph	2:01.90
	L 6	Elliott DAY	15		teamipswich	2:02.83
	L 7	Manfred BATTLE	15		Stowmarket	2:03.35
	L 8	Callum WOLLASTON	16		Cheshunt	2:03.75

H 4	L 1	Ralph MUNCER	16		Co St Albans	2:00.64
	L 2	James CHENNELLS	16		Berkhamsted	2:00.27
	L 3	Michael RIPPER	16		Co St Albans	1:59.53
	L 4	Joseph WELLS	18		West Norfolk	1:59.35
	L 5	Henry PEARCE	15		Co Peterboro	1:59.50
	L 6	Jack WEARS	18		C Beds SS	1:59.61
	L 7	Jamie MCCAFFRAY	16		Modernian	2:00.62
	L 8	Lewis MOORE	15		Deben	2:00.82

H 5	L 1	Ayotobi LAGUDA	15		Hatfield	1:59.20
	L 2	Harry WHITEMAN	17		Co Peterboro	1:59.00
	L 3	Max JELFS	16		Hatfield	1:59.00
	L 4	Stuart CLARKE	33		Bishop Stort	1:58.80
	L 5	Joshua FOWLES	18		Witham Dolph	1:58.90
	L 6	Alex WALMSLEY	17		teamipswich	1:59.00
	L 7	Harvey JOLLY	17		Basildon Ph	1:59.07
	L 8	Jude LIDIARD	16		Co St Albans	1:59.31

H 6	L 1	Herbie KINDER	15		Co Peterboro	1:58.10
	L 2	Samuel COTTEE	17		teamipswich	1:57.10
	L 3	Daniel LEIGH	18		Co Peterboro	1:54.50
	L 4	Harry CONSTANTINE	17		Hatfield	1:51.10
	L 5	Conor HARROLD	24		Basildon Ph	1:52.88
	L 6	Thomas CLARE	16		teamipswich	1:55.68
	L 7	Dominic SCIFO	18		teamipswich	1:57.58
	L 8	Alex EVENS	18		Hitchin	1:58.47

H 7	L 1	Tyler BERRY	17		Basildon Ph	1:58.02
	L 2	Myles TURNER	17		West Suffolk	1:57.00
	L 3	Myles ROBINSON-YOUNG	15		Co Peterboro	1:54.20
	L 4	Luke TURLEY	17		Hatfield	1:48.80
	L 5	Nathan WELLS	19		West Norfolk	1:52.06
	L 6	Reece NICHOLLS	17		Basildon Ph	1:55.31
	L 7	Jake THOMAS-MANSFIELD	17		St Felix Sch	1:57.55
	L 8	Bradley VEITCH	18		Bishop Stort	1:58.40

H 8	L 1	Max WILSON	17		Modernian	1:57.82
	L 2	Luke SUGDEN	18		Hatfield	1:55.77
	L 3	Erik SULLIVAN	23		Co Cambridge	1:53.88
	L 4	Regan LLOYD	20		teamipswich	1:48.75
	L 5	Jamie SCHOLE	17		Co Peterboro	1:51.41
	L 6	Reese HOUSDEN	15		Hatfield	1:54.72
	L 7	Alex MASON	21		Team Luton	1:57.49
	L 8	Jake MOXHAM	15		Co Cambridge	1:58.13

Event 326 Womens 200m Freestyle

H 1	L 3	Mia FURSEDONNE	15		Basildon Ph	2:15.83
	L 4	Rebecca WATT	15		DunmowAtlant	2:15.67
	L 5	Katy CHAMBERS	15		St Felix Sch	2:15.69

H 2	L 1	Lauren THOMAS	15		C Beds SS	2:15.64
	L 2	Jessica TURLEY	15		Hitchin	2:14.53
	L 3	Amelia MONAGHAN	15		Co Peterboro	2:14.37
	L 4	Rebecca STROUD	15		Brentwood	2:13.17
	L 5	Sophie TAYLOR	16		St Felix Sch	2:13.32
	L 6	India WESTON	15		Norfolk Viking	2:14.48
	L 7	Lucy BAILEY	15		Rochford	2:15.52



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Start Lists Session Eight

H 3	L 1 Sophie PAYNE	15	Hatfield	2:13.08	H 5	L 1 Jude LIDDIARD	16	Co St Albans	28.00
	L 2 Chloe MOLONEY	15	DunmowAtlant	2:12.79		L 2 Michael SHARP	16	Epping For't	27.80
	L 3 Amy PEMBERTON	16	Berkhamsted	2:12.71		L 3 Ismail RAHIM	15	Berkhamsted	27.79
	L 4 Sarah CARROLL	15	Bishop Stort	2:12.40		L 4 William STEEL	16	Huntingdon	27.60
	L 5 Louise FIDDES	16	S14 Hatfield	2:12.70		L 5 Oliver PYLE	17	West Suffolk	27.64
	L 6 Natasha BENTLEY	15	Hatfield	2:12.77		L 6 Jacob CLARKE	16	West Suffolk	27.80
	L 7 Isabelle MARSHALL	16	Basildon Ph	2:12.90		L 7 Oliver REEK	15	UEA Norwich	27.90
	L 8 Niamh PERRY	15	West Suffolk	2:13.16		L 8 James CHENNELLS	16	Berkhamsted	28.01
H 4	L 1 Tia GARDINER	15	Chelmsford	2:11.74	H 6	L 1 Taylor BOWEN	16	West Suffolk	27.58
	L 2 Lauren HARRISON	16	Co Peterboro	2:11.52		L 2 Jack WEARS	18	C Beds SS	27.50
	L 3 Ellie WHEELER	15	Basildon Ph	2:10.90		L 3 Yasir NAIMI	17	Co Peterboro	27.50
	L 4 Leanne CAREY	18	Watford SC	2:10.44		L 4 Joseph WELLS	18	West Norfolk	27.41
	L 5 Katie CONYERS	17	Potters Bar	2:10.62		L 5 Joshua BIBBY	20	Witham Dolph	27.48
	L 6 Laura COPPING	17	Hatfield	2:11.18		L 6 Evan THOMAS-MANSFIELD	20	West Suffolk	27.50
	L 7 Billie GRANT	15	Hatfield	2:11.63		L 7 Zachary PATEL	16	Berkhamsted	27.54
	L 8 Tegan WOLLASTON	18	Cheshunt	2:11.75		L 8 Samuel PERKS	15	Basildon Ph	27.60
H 5	L 1 Mackenzie WHYATT	15	Co Peterboro	2:09.41	H 7	L 1 Reese HOUSDEN	15	Hatfield	27.40
	L 2 Lauren GRICE	18	Leighton Buz	2:08.67		L 2 Collins SALIBOKO	15	St Felix Sch	27.30
	L 3 Martha DULEY	18	Colchester	2:06.80		L 3 James COOPER	15	Basildon Ph	27.30
	L 4 Abigail WHITING	18	West Norfolk	2:04.68		L 4 James BLOUNT	17	Potters Bar	27.20
	L 5 Millie EMMANS	18	Co Cambridge	2:05.61		L 5 Manfred BATTLE	15	Stowmarket	27.25
	L 6 Mia LEECH	15	Co Peterboro	2:07.90		L 6 Jake MOXHAM	15	Co Cambridge	27.30
	L 7 Lauren WATT	16	Newmarket	2:09.37		L 7 Thomas BOYT	18	Felixstowe	27.30
	L 8 Erin LEE	15	Basildon Ph	2:10.30		L 8 Mason HUNNISETT	15	Basildon Ph	27.40
H 6	L 1 Emily DOWDING	19	teamipswich	2:09.40	H 8	L 1 Oliver KENNY	20	West Norfolk	27.17
	L 2 Charlotte WALKER	15	UEA Norwich	2:08.23		L 2 Ashley HOLNESS-WRIGHT	21	Watford SC	27.10
	L 3 Poppy RICHARDSON	16	Co Peterboro	2:06.80		L 3 Callum DAVIS	17	Bishop Stort	27.10
	L 4 Shannon STOTT	17	Hatfield	2:04.30		L 4 Liam HALL	21	Bushey	27.04
	L 5 Katrin HEIDER	25	Co Cambridge	2:05.23		L 5 Charles RAYNER	16	Hatfield	27.08
	L 6 Sonia TUMIOTTO	16	St Felix Sch	2:07.10		L 6 Samuel BRYAN	16	Basildon Ph	27.10
	L 7 Jessica WESTLAKE	18	St Felix Sch	2:09.21		L 7 Jake THOMAS-MANSFIELD	17	St Felix Sch	27.10
	L 8 Chantal SMITH	17	Team Luton	2:10.00		L 8 Alec BURCHELL	19	Hitchin	27.18
H 7	L 1 Amy YOUNG	18	Bishop Stort	2:09.38	H 9	L 1 Reece NICHOLLS	17	Basildon Ph	27.00
	L 2 Tia WILSON	15	Modernian	2:07.90		L 2 Adam MARTIN	17	Potters Bar	26.90
	L 3 Abbie LOW	15	Chelmsford	2:06.70		L 3 Oliver NEWTON	18	West Norfolk	26.90
	L 4 Rebecca SHERWIN	17	teamipswich	2:02.50		L 4 Jack BOWYER	15	West Suffolk	26.82
	L 5 Bethany SAUNDERS	18	Co Peterboro	2:05.10		L 5 Harry JONES	17	Hitchin	26.84
	L 6 Alice FENDER	16	Hemel Hemp	2:07.06		L 6 Jonathon ADAM	15	Co Cambridge	26.90
	L 7 Molly OLLINGTON	19	West Suffolk	2:08.75		L 7 Joshua SMITH	16	DunmowAtlant	27.00
	L 8 Mia CARTER	15	Bishop Stort	2:09.60		L 8 Myles ROBINSON-YOUNG	15	Co Peterboro	27.00
Event 327 Mens 50m Butterfly					H 10	L 1 Samuel PEASE	18	Basildon Ph	26.60
H 1	L 2 Harry GARNER	15	Lstof & OB	30.05		L 2 Thomas CLARE	16	teamipswich	26.32
	L 3 Isaac BACHU	15	Diss Otters	29.88		L 3 Oliver FITT	18	St Ives	26.00
	L 4 Yannik WILSON	15	Harpenden	29.76		L 4 David SHIPMAN	17	Potters Bar	25.60
	L 5 Luca CLARKE	15	West Suffolk	29.80		L 5 Cameron MANLEY	18	C Beds SS	25.70
	L 6 Henry PEARCE	15	Co Peterboro	30.03		L 6 Calum FERGUSON	21	Co Cambridge	26.12
H 2	L 1 Jude GOULD	15	Hitchin	29.69		L 7 Daniel LEIGH	18	Co Peterboro	26.40
	L 2 Matthew ROTHWELL	15	Co Peterboro	29.50		L 8 Stuart CLARKE	33	Bishop Stort	26.80
	L 3 Cameron DAY	15	Diss Otters	29.46	H 11	L 1 Mason ARNOLD	20	Harlow Pen	26.50
	L 4 Angus HARROW	15	Harpenden	28.91		L 2 Harry WEARS	20	Leighton Buz	26.30
	L 5 Tolu ELESIN	15	Potters Bar	28.93		L 3 Liam CURRAN	19	Putteridge	25.73
	L 6 Matthew ANDERSON	15	Deben	29.50		L 4 Sonny TRIGG	22	teamipswich	25.56
	L 7 Connor RODGERS	15	Putteridge	29.50		L 5 Dominic SCIFO	18	teamipswich	25.61
	L 8 Logan PYLE	15	West Suffolk	29.70		L 6 James WOODWARD	17	Potters Bar	26.10
H 3	L 1 Ralph DAVIES	16	Harlow Pen	28.80		L 7 Christopher MURPHY	21	C Beds SS	26.40
	L 2 Charles WHYTE	16	West Suffolk	28.78		L 8 Luke SUGDEN	18	Hatfield	26.70
	L 3 Kohei WATANABE	16	Hatfield	28.70	H 12	L 1 Lucas DYSON-DIAZ	17	Hatfield	26.50
	L 4 Joshua TRAPP	16	Hertford	28.65		L 2 Matthew TITMAN	16	Co Cambridge	26.20
	L 5 Nathan SWIFT	16	Putteridge	28.70		L 3 Jamie MCLAUGHLIN	20	DunmowAtlant	25.70
	L 6 John TELENSKY	16	Harpenden	28.72		L 4 Lee BAKER	22	Harlow Pen	25.50
	L 7 John BOYLE	16	DunmowAtlant	28.80		L 5 Benjamin GARRATT	17	Hatfield	25.60
	L 8 Jack TREMAIN	15	Modernian	28.90		L 6 Charlie POND THOMPSON	24	Hatfield	26.00
H 4	L 1 Thomas ALLISON	16	Newmarket	28.60		L 7 Callum CHAPPLE	21	Team Luton	26.40
	L 2 Ayotobi LAGUDA	15	Hatfield	28.37		L 8 Liam BARNETT	30	Co Cambridge	26.61
	L 3 Elliott DAY	15	teamipswich	28.12	Event 328 Womens 50m Butterfly				
	L 4 Andrei GARE	16	Southend	28.10	H 1	L 2 Emily LUSH	15	Cheshunt	32.18
	L 5 Harrison LEES	16	Watford SC	28.11		L 3 Beth THOMAS	15	C Beds SS	32.07
	L 6 James MCFARLAND	16	C Beds SS	28.20		L 4 Larissa DEAN	15	Harpenden	32.02
	L 7 Lewis CARROLL	16	Runnymede	28.50		L 5 Mia FURSEDONNE	15	Basildon Ph	32.07
	L 8 Samuel GAINES	16	Hemel Hemp	28.64		L 6 Francesca COLLINS	15	Chelmsford	32.10



East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Eight

H 2	L 1 Lara-Grace MOUNT	15	West Norfolk	31.96	H 11	L 1 Mia MASPERS	15	teamipswich	29.40
	L 2 Nia JORDAN	15	Hatfield	31.87		L 2 Megan PYE	15	UEA Norwich	29.10
	L 3 Rachael JOHNSON	15	West Norfolk	31.80		L 3 Martha DULEY	18	Colchester	28.40
	L 4 Morgan COATES	15	West Norfolk	31.75		L 4 Georgina PRYOR	19	Harlow Pen	27.08
	L 5 Hannah ADAMS	15	Co Cambridge	31.77		L 5 Elinor DULEY	17	Colchester	28.00
	L 6 Scarlett MORINE	15	Chelmsford	31.80		L 6 Poppy RICHARDSON	16	Co Peterboro	28.82
	L 7 Sophie PAYNE	15	Hatfield	31.90		L 7 Meghan MAYBANKS	17	DunmowAtlant	29.10
	L 8 Anna DUFFIELD	15	Gt Yarmouth	31.99		L 8 Rachel WELLINGS	17	Co Peterboro	29.53
H 3	L 1 Mia NICHOLLS	15	Basildon Ph	31.70					
	L 2 Zara KEEGAN	15	Co Cambridge	31.66					
	L 3 Keira FROSDICK	15	West Norfolk	31.64					
	L 4 Chloe WOODRUFF	15	Tring	31.52					
	L 5 Billie GRANT	15	Hatfield	31.61					
	L 6 Olivia SEAL	15	Hatfield	31.64					
	L 7 Katy CHAMBERS	15	St Felix Sch	31.66					
	L 8 Rebecca STROUD	15	Brentwood	31.70					
H 4	L 1 Gemma BOOTH	15	Newmarket	31.50					
	L 2 Nellie EASTLAND	15	Bishop Stort	31.30					
	L 3 Bryony PACK	16	West Norfolk	31.21					
	L 4 Ciara GILL-RYAN	15	Newmarket	31.18					
	L 5 Lauren NELSON	16	Harlow Pen	31.20					
	L 6 Niamh PERRY	15	West Suffolk	31.25					
	L 7 Amber JORDAN	15	Colchester	31.40					
	L 8 Ellen NORTHWOOD	16	Berkhamsted	31.52					
H 5	L 1 Louise FIDDES	16	S14 Hatfield	31.00					
	L 2 Ellie-Mae SMITH	16	teamipswich	30.91					
	L 3 Peyton EWBANK	17	Norwich Swan	30.85					
	L 4 Tia GARDINER	15	Chelmsford	30.70					
	L 5 Rebecca WEST	15	Thurrock	30.80					
	L 6 Olivia HARRISON	17	Basildon Ph	30.90					
	L 7 Hannah SHARP	15	Modernian	31.00					
	L 8 Isabelle MARSHALL	16	Basildon Ph	31.10					
H 6	L 1 Lauren THOMAS	15	C Beds SS	30.70					
	L 2 Faye HERMON	18	Felixstowe	30.68					
	L 3 Abigail WHITING	18	West Norfolk	30.50					
	L 4 Mia LEECH	15	Co Peterboro	30.50					
	L 5 Eleanor KING	17	Dunstable	30.50					
	L 6 Emma LESLIE	16	Co Peterboro	30.60					
	L 7 Imogen COOKE	16	UEA Norwich	30.70					
	L 8 Ceri HEARD	18	Watford SC	30.70					
H 7	L 1 Niamh ADCOCK	16	UEA Norwich	30.45					
	L 2 Abbie MCCARTHY	15	Colchester	30.40					
	L 3 Josie PRETIIOUS-WHITE	16	Bishop Stort	30.24					
	L 4 Bethany SAMPHER	18	West Suffolk	30.22					
	L 5 Tara COLEMAN	21	Deben	30.23					
	L 6 Lija RADZIUNAITE	15	Stowmarket	30.37					
	L 7 Georgia HARROD	17	DunmowAtlant	30.40					
	L 8 Beatrice BARDER	18	Co St Albans	30.46					
H 8	L 1 Sonia TUMIOTTO	16	St Felix Sch	30.12					
	L 2 Madeline WRIGHT	15	UEA Norwich	30.07					
	L 3 Amy FELGATE	21	Co Cambridge	29.90					
	L 4 Emily DOWDING	19	teamipswich	29.76					
	L 5 Lauren STOTT	15	Hatfield	29.80					
	L 6 Amy YOUNG	18	Bishop Stort	30.03					
	L 7 Emily JONES	15	Modernian	30.10					
	L 8 India WESTON	15	Norfolk Vikg	30.19					
H 9	L 1 Lauren GRICE	18	Leighton Buz	29.50					
	L 2 Olivia NORMAN	15	Colchester	29.10					
	L 3 Amie PHILPOT	15	teamipswich	28.74					
	L 4 Rikke NAGELL-KLEVEN	22	UEA Norwich	27.70					
	L 5 Shannon STOTT	17	Hatfield	28.20					
	L 6 Martine TRAN	16	Thurrock	29.10					
	L 7 Georgina CURTIS	17	C Beds SS	29.30					
	L 8 Georgia PEASE	15	Basildon Ph	29.70					
H 10	L 1 Macy LAWRENCE	15	Basildon Ph	29.40					
	L 2 Molly OLLINGTON	19	West Suffolk	29.10					
	L 3 Rebecca BURTON	19	Co Peterboro	28.74					
	L 4 Mollie ALLEN	19	Co Peterboro	27.20					
	L 5 Bethany SAUNDERS	18	Co Peterboro	28.10					
	L 6 Georgina TALLON	17	Potters Bar	28.89					
	L 7 Celeste ANDREW	16	Harlow Pen	29.20					
	L 8 Grace LEECH	15	Gt Yarmouth	29.64					