



East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Five

Event 221 Mens 200m Backstroke

H 1	L 3 Matthew ANDERSON	15 Deben	2:24.10
	L 4 Collins SALIBOKO	15 St Felix Sch	2:23.51
	L 5 Ben BLOWERS	15 UEA Norwich	2:24.06
H 2	L 2 Tom WARD	15 Chelmsford	2:23.10
	L 3 Benjamin HARVEY	15 Basildon Ph	2:22.56
	L 4 Aidan HOWARD	15 Leiston	2:22.13
	L 5 Kieron HARRIS	15 Thurrock	2:22.38
	L 6 Henry PEARCE	15 Co Peterboro	2:22.92
	L 7 Nicholas BOTHA	15 Bishop Stort	2:23.25
H 3	L 1 Ayotobi LAGUDA	15 Hatfield	2:21.10
	L 2 Charles WHYTE	16 West Suffolk	2:19.70
	L 3 Matthew ROTHWELL	15 Co Peterboro	2:19.30
	L 4 Elliott DAY	15 teamipswich	2:18.45
	L 5 John BOYLE	16 DunmowAtlant	2:18.74
	L 6 Thomas STANBURY	16 Potters Bar	2:19.47
	L 7 Tanin KURSIDIM	15 Co St Albans	2:19.75
	L 8 Edward CAMPFIELD	15 Harpenden	2:21.54
H 4	L 1 Matteo TONTODONATI	16 Bishop Stort	2:18.34
	L 2 Lewis BAYLEY	16 Southend	2:18.05
	L 3 George HART	16 C Beds SS	2:15.97
	L 4 Kazimir UZWYSHYN-JONES	18 Co St Albans	2:15.14
	L 5 Myles ROBINSON-YOUNG	15 Co Peterboro	2:15.96
	L 6 Samuel PERKS	15 Basildon Ph	2:16.87
	L 7 Jack TREMAIN	15 Modernian	2:18.24
	L 8 Samuel WORTLEY	16 West Suffolk	2:18.44
H 5	L 1 Oliver KENNY	20 West Norfolk	2:15.07
	L 2 Cavan BECK	18 Rochford	2:15.00
	L 3 James CHENNELLS	16 Berkhamsted	2:14.31
	L 4 Herbie KINDER	15 Co Peterboro	2:13.60
	L 5 Lucas DYSON-DIAZ	17 Hatfield	2:14.19
	L 6 Michael RIPPER	16 Co St Albans	2:14.68
	L 7 Ben POGSON	25 West Norfolk	2:15.05
	L 8 Joseph WELLS	18 West Norfolk	2:15.12
H 6	L 1 Liam BRENNAN	15 Basildon Ph	2:12.64
	L 2 Manfred BATTLE	15 Stowmarket	2:10.94
	L 3 Max JELFS	16 Hatfield	2:09.40
	L 4 Oliver FITT	18 St Ives	2:01.35
	L 5 Nathan WELLS	19 West Norfolk	2:05.18
	L 6 Tyler BERRY	17 Basildon Ph	2:10.05
	L 7 Daniel CHADA	16 Bishop Stort	2:11.39
	L 8 Jonathon ADAM	15 Co Cambridge	2:13.11
H 7	L 1 Bayley FINBOW	17 teamipswich	2:12.41
	L 2 Joshua GAINES	19 Hemel Hemp	2:10.70
	L 3 Myles TURNER	17 West Suffolk	2:08.92
	L 4 Ruben DEKKER	24 Co Cambridge	2:00.52
	L 5 Thomas CLARE	16 teamipswich	2:03.93
	L 6 Ryan KELLY	18 Chelmsford	2:09.90
	L 7 Harry WHITEMAN	17 Co Peterboro	2:11.37
	L 8 Thomas BOYT	18 Felixstowe	2:12.89
H 8	L 1 James COOPER	15 Basildon Ph	2:11.70
	L 2 Reece NICHOLLS	17 Basildon Ph	2:10.69
	L 3 Elliot WYLIE	18 Hatfield	2:08.73
	L 4 Jamie SCHOLES	17 Co Peterboro	1:58.78
	L 5 Samuel PEASE	18 Basildon Ph	2:02.32
	L 6 Matthew GRAY	17 Co Peterboro	2:09.43
	L 7 Harry FOX	18 Basildon Ph	2:11.03
	L 8 Jack SANGSTER	16 Modernian	2:12.88

Event 222 Womens 100m Freestyle

H 1	L 1 Bethany LEVETT	14 S9	Stowmarket	1:27.36
	L 2 Lauren THOMAS	15	C Beds SS	1:02.39
	L 3 Nicole CHANDLER	15	teamipswich	1:02.05
	L 4 Niamh ADCOCK	16	UEA Norwich	1:01.73
	L 5 Caitlin WATSON-DOTCHIN	16	Basildon Ph	1:01.92
	L 6 Billie GRANT	15	Hatfield	1:02.17
	L 7 Sophie PAYNE	15	Hatfield	1:02.58
H 2	L 1 Rebecca WATT	15	DunmowAtlant	1:01.52
	L 2 Tia GARDINER	15	Chelmsford	1:01.30
	L 3 Niamh PERRY	15	West Suffolk	1:01.19
	L 4 Lauren STOTT	15	Hatfield	1:01.12
	L 5 Erin LEE	15	Basildon Ph	1:01.14
	L 6 Shona MCKENNA	15	Hemel Hemp	1:01.27
	L 7 Emily LUSH	15	Cheshunt	1:01.38
	L 8 Megan PYE	15	UEA Norwich	1:01.67

H 3	L 1 Olivia NORMAN	15	Colchester	1:01.00
	L 2 Sarah CARROLL	15	Bishop Stort	1:00.77
	L 3 Chloe MOLONEY	15	DunmowAtlant	1:00.46
	L 4 Beatrice BARDER	18	Co St Albans	1:00.40
	L 5 Amber SWALES	22	Biggleswade	1:00.40
	L 6 Emily JONES	15	Modernian	1:00.70
	L 7 Tia WILSON	15	Modernian	1:00.80
	L 8 Millie WARD	15	Brentwood	1:01.10
H 4	L 1 Faye HERMON	18	Felixstowe	1:00.39
	L 2 Cathryn THOMSON	27	St Ives	1:00.24
	L 3 Mia CARTER	15	Bishop Stort	1:00.18
	L 4 Kioni BROOMFIELD	17	Dereham	1:00.06
	L 5 Lija RADZIUNAITE	15	Stowmarket	1:00.14
	L 6 Lauren GRICE	18	Leighton Buz	1:00.20
	L 7 Alice FENDER	16	Hemel Hemp	1:00.31
	L 8 Rebecca STROUD	15	Brentwood	1:00.40
H 5	L 1 Leanne CAREY	18	Watford SC	1:00.00
	L 2 Lauren HALL	18	Co Cambridge	59.97
	L 3 Josie PRETIOUS-WHITE	16	Bishop Stort	59.91
	L 4 Amy YOUNG	18	Bishop Stort	59.72
	L 5 Amelia PEDDLE	17	Epping For't	59.81
	L 6 Mackenzie WHYATT	15	Co Peterboro	59.93
	L 7 Tara COLEMAN	21	Deben	1:00.00
	L 8 Jessica WESTLAKE	18	St Felix Sch	1:00.03
H 6	L 1 Sonia TUMIOTTO	16	St Felix Sch	59.30
	L 2 Abbie LOW	15	Chelmsford	58.70
	L 3 Molly OLLINGTON	19	West Suffolk	58.20
	L 4 Rebecca SHERWIN	17	teamipswich	56.70
	L 5 Bethany SAUNDERS	18	Co Peterboro	57.90
	L 6 Abigail WHITING	18	West Norfolk	58.49
	L 7 Charlotte WALKER	15	UEA Norwich	59.12
	L 8 Rebecca BURTON	19	Co Peterboro	59.60
H 7	L 1 Anna BLAKELEY	15	Co Peterboro	59.26
	L 2 Macy LAWRENCE	15	Basildon Ph	58.70
	L 3 Meghan MAYBANKS	17	DunmowAtlant	58.10
	L 4 Martha DULEY	18	Colchester	56.40
	L 5 Mia MASPERS	15	teamipswich	57.41
	L 6 Rikke NAGELL-KLEVEN	22	UEA Norwich	58.34
	L 7 Shannon STOTT	17	Hatfield	59.00
	L 8 Amy PEMBERTON	16	Berkhamsted	59.42
H 8	L 1 Katie CONYERS	17	Potters Bar	59.20
	L 2 Elinor DULEY	17	Colchester	58.70
	L 3 Lauren SIMPKINS	19	Putteridge	58.04
	L 4 Mollie ALLEN	19	Co Peterboro	56.00
	L 5 Rachel WELLINGS	17	Co Peterboro	56.80
	L 6 Katrin HEIDER	25	Co Cambridge	58.33
	L 7 Poppy RICHARDSON	16	Co Peterboro	58.70
	L 8 Lauren WATT	16	Newmarket	59.30

Event 223 Mens 50m Breaststroke

H 1	L 3 Jack MANSFIELD	15	Harlow Pen	35.20
	L 4 Ashley EDGAR	15	West Suffolk	35.17
	L 5 Ben PARADISE	15	Basildon Ph	35.20
H 2	L 2 Evan TAYLOR	15	St Ives	34.90
	L 3 Finlay PAWLE	15	Leiston	34.82
	L 4 Manfred BATTLE	15	Stowmarket	34.67
	L 5 Henry PEARCE	15	Co Peterboro	34.76
	L 6 Sam MEAD	15	Dunstable	34.89
	L 7 Luca CLARKE	15	West Suffolk	35.14
H 3	L 1 Fraser RYAN	16	Norwich Swan	34.40
	L 2 William HANDLEY	15	Stowmarket	34.23
	L 3 Taylor BOWEN	16	West Suffolk	34.17
	L 4 Oliver CASHIN	15	Co Cambridge	34.10
	L 5 Ralph DAVIES	16	Harlow Pen	34.10
	L 6 Jonathan SCOTT	15	Chelmsford	34.20
	L 7 Daniel THURSTON-WOOLN	16	Beccles Town	34.33
	L 8 Dominic MCCARTHY	15	Hoddesdon	34.46
H 4	L 1 Callum HAROLD	15	Bishop Stort	34.10
	L 2 Samuel GAINES	16	Hemel Hemp	34.07
	L 3 Cameron DAY	15	Diss Otters	34.00
	L 4 Thomas HAMILTON	16	Royston	33.99
	L 5 Lewis MOORE	15	Deben	33.99
	L 6 George HART	16	C Beds SS	34.01
	L 7 Louis DUTCH	16	Stanway	34.10
	L 8 Azar AITMARRI	16	Thurrock	34.10



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Start Lists Session Five

H 5	L 1 Myles ROBINSON-YOUNG	15	Co Peterboro	33.92	H 14	L 1 Sam PERKINS	15	teamipswich	31.50
	L 2 Tolu ELESIN	15	Potters Bar	33.84		L 2 Christopher SEARLE	25	Dereham	31.20
	L 3 Mal STAFF	15	UEA Norwich	33.77		L 3 Benjamin ARKLE	18	Co Cambridge	29.90
	L 4 Tommy CHANDLER	15	Gt Yarmouth	33.67		L 4 Lawrence PALMER	25	Putteridge	26.91
	L 5 Yannik WILSON	15	Harpenden	33.67		L 5 David SHIPMAN	17	Potters Bar	29.30
	L 6 Kai BORROMEO	15	Modernian	33.80		L 6 Harry WAGNER	19	Newmarket	30.91
	L 7 Lewis BAYLEY	16	Southend	33.90		L 7 Samuel PEASE	18	Basildon Ph	31.30
	L 8 Joseph COLDWELL	15	Hemel Hemp	33.98		L 8 Samuel JOHNSON	19	Halstead	31.60
H 6	L 1 Conor FERGUSON	16	C Beds SS	33.60	Event 224 Womens 400m IM				
	L 2 Samuel SKUSE	16	Beccles Town	33.44	H 1	L 3 Jennifer READ	15	West Norfolk	5:32.06
	L 3 Marcus KEMP	16	Watford SC	33.16		L 4 Olivia SEAL	15	Hatfield	5:29.34
	L 4 Freddie SYMONDS	15	Team Luton	33.10		L 5 Rebecca MERRILL	16	Norwich Swan	5:30.09
	L 5 William RICHARDS	16	Dunstable	33.10	H 2	L 2 Emily SELLEN	18	Watford SC	5:28.67
	L 6 Matthew WOULDHAM	16	Co Peterboro	33.40		L 3 Hannah TAPLIN	16	Deben	5:28.41
	L 7 Joseph RICHARDSON	16	Harpenden	33.50		L 4 Almudena VISSER VELEZ	15	Co Cambridge	5:28.07
	L 8 Oliver HARRIS	16	West Norfolk	33.60		L 5 Bethany PALMER	19	UEA Norwich	5:28.39
H 7	L 1 Joshua FOWLES	18	Witham Dolph	33.00		L 6 Megan CLAYDON	17	Deben	5:28.66
	L 2 Bryn COUSER	15	Bishop Stort	32.90		L 7 Lauren GOODYER	17	C Beds SS	5:29.03
	L 3 Jamie COLES	16	Colchester	32.81	H 3	L 1 Eloise BAILEY	15	Modernian	5:26.68
	L 4 Jack RICHES	16	UEA Norwich	32.80		L 2 Rachael JOHNSON	15	West Norfolk	5:24.51
	L 5 Jack MCGARRY	23	Leighton Buz	32.80		L 3 Niamh PERRY	15	West Suffolk	5:23.80
	L 6 Michael JUDD	19	Dunstable	32.90		L 4 Ellie RUNNALLS	15	DunmowAtlant	5:22.53
	L 7 Harry WESTON	17	Norwich Swan	32.93		L 5 Peyton EWBANK	17	Norwich Swan	5:22.79
	L 8 Liam NICHOLSON	18	Chelmsford	33.01		L 6 Gemma TROTT	18	C Beds SS	5:23.81
H 8	L 1 Joshua GAINES	19	Hemel Hemp	32.80		L 7 Aoife MARLEY	15	Witham Dolph	5:25.24
	L 2 Luke CROFTS	17	Thurrock	32.64		L 8 Amber HEAD	15	Rochford	5:28.06
	L 3 Kieran MCCARTHY	15	Co St Albans	32.60	H 4	L 1 Juliet MERELIE	19	Harpenden	5:21.70
	L 4 Luke BRYAN	17	West Norfolk	32.58		L 2 Tia GARDINER	15	Chelmsford	5:19.40
	L 5 Billy LO	16	Basildon Ph	32.60		L 3 Chantal SMITH	17	Team Luton	5:17.39
	L 6 Joshua BRISTOW	15	Modernian	32.60		L 4 Zara KEEGAN	15	Co Cambridge	5:15.93
	L 7 Henry BUTLER	17	Leiston	32.78		L 5 Rebecca WEST	15	Thurrock	5:17.33
	L 8 Maxim DE WILDT	16	Co Cambridge	32.80		L 6 Caitlin WATSON-DOTCHIN	16	Basildon Ph	5:19.00
H 9	L 1 Joseph COLLINS	18	Bishop Stort	32.53		L 7 Melissa ELEY	17	Chelmsford	5:20.36
	L 2 Nicholas MITCHELL	18	Colchester	32.50		L 8 Lauren THOMAS	15	C Beds SS	5:22.11
	L 3 Daniel HURST	18	Berkhamsted	32.30	H 5	L 1 Lauren GRICE	18	Leighton Buz	5:15.70
	L 4 Ralph MUNCER	16	Co St Albans	32.20		L 2 Annabelle KITCHING	15	Chelmsford	5:14.41
	L 5 David HENSMAN	17	Co St Albans	32.24		L 3 Olivia NORMAN	15	Colchester	5:09.00
	L 6 Raffaele GRACI	16	Putteridge	32.30		L 4 Millie EMMANS	18	Co Cambridge	5:07.64
	L 7 Jack POPE	18	Modernian	32.50		L 5 Sophie TAYLOR	16	St Felix Sch	5:08.50
	L 8 Sydney NEWNHAM-STEBBI	18	Lstof & OB	32.55		L 6 Celyn WALMSLEY	16	Team Luton	5:11.30
H 10	L 1 Charles RENNIE	16	Braintree	32.10		L 7 Tilly ANEMA	16	Norwich Swan	5:15.13
	L 2 Christopher GREENHALGH	21	West Suffolk	32.03		L 8 Tia WILSON	15	Modernian	5:15.80
	L 3 William LOVEMAN	17	Co St Albans	32.01	H 6	L 1 Amber HUGHES	18	Hatfield	5:05.11
	L 4 Matthew MCLAUGHLIN	24	DunmowAtlant	31.90		L 2 Mia LEECH	15	Co Peterboro	5:01.41
	L 5 Zhi ONG	18	Co St Albans	31.99		L 3 Amelia MONAGHAN	15	Co Peterboro	4:56.70
	L 6 Adam HARDY	15	teamipswich	32.03		L 4 Philippa SHUTTLEWORTH	20	Hatfield	4:55.12
	L 7 Reese HOUSDEN	15	Hatfield	32.10		L 5 Laura COPPING	17	Hatfield	4:55.76
	L 8 Martin RUSSELL-ROGERS	19	Hitchin	32.14		L 6 Ellie WHEELER	15	Basildon Ph	4:58.20
H 11	L 1 Jed SNELL	22	Dereham	31.89		L 7 Lauren HARRISON	16	Co Peterboro	5:04.33
	L 2 Nathan SWIFT	16	Putteridge	31.80		L 8 Danielle RAYNER	21	March	5:05.35
	L 3 Samuel COTTEE	17	teamipswich	31.70					
	L 4 Jack WILLIAMS	15	Basildon Ph	31.70					
	L 5 Jack FILER	19	Berkhamsted	31.70					
	L 6 Ryan JARVIS	18	Putteridge	31.80					
	L 7 Robin TURNER	17	Bishop Stort	31.80					
	L 8 Liam BRENNAN	15	Basildon Ph	31.90					
H 12	L 1 Kyle PANTON	22	DunmowAtlant	31.58					
	L 2 Ole MILLS	18	Halstead	31.30					
	L 3 Jack CHRISTIE	19	Hemel Hemp	30.72					
	L 4 Cameron MANLEY	18	C Beds SS	29.20					
	L 5 Jordan BATSON	21	Putteridge	29.50					
	L 6 Oliver PYLE	17	West Suffolk	31.20					
	L 7 Finlay RYAN	18	Norwich Swan	31.43					
	L 8 Alex FLORANCE	17	West Norfolk	31.68					
H 13	L 1 Ryan SYKES	21	West Norfolk	31.53					
	L 2 Charles RAYNER	16	Hatfield	31.20					
	L 3 Thomas WIGGINS	18	Co Peterboro	30.10					
	L 4 Brandon NABARRO	20	Putteridge	28.36					
	L 5 Hayden THOMAS	22	Harlow Pen	29.40					
	L 6 Cole JAMES	16	Hatfield	31.00					
	L 7 Samuel BRYAN	16	Basildon Ph	31.40					
	L 8 Oliver KENNY	20	West Norfolk	31.66					



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Start Lists Session Five

Event 225 Mens 14/16 Yrs 800m Freestyle Team

H 1	L 3	Hemel Hempstead SC Jonathan FARROW Ashley COOMBS Cameron CLARK Samuel GAINES	Hemel Hemp	9:01.00
	L 4	Hatfield SC B Luke PESTAILLE Kohei WATANABE TIMOTHY HUGHES Daniel MURTAGH	Hatfield	8:35.10
	L 5	Harpenden SC A John TELENSKY Edward CAMPFIELD Angus HARROW Yannik WILSON	Harpenden	8:48.24
H 2	L 2	Hatfield SC A Max JELFS Cole JAMES Charles RAYNER Reese HOUSDEN	Hatfield	8:16.20
	L 3	Basildon & Phoenix SC Billy LO Ben PARADISE James COOPER Liam BRENNAN	Basildon Ph	8:12.00
	L 4	City of St Albans SC Jude LIDDIARD Michael RIPPER Thomas CADENHEAD Ralph MUNCER	Co St Albans	8:10.00
	L 5	City of Peterborough A Myles ROBINSON-YOUNG Herbie KINDER Henry PEARCE Matthew ROTHWELL	Co Peterboro	8:11.00
	L 6	City of Cambridge SC Harvey SKELLERN Matthew TITMAN Jonathon ADAM Jake MOXHAM	Co Cambridge	8:15.00
	L 7	Modernian SC Jamie MCCAFFRAY Tommy WILSON Jack SANGSTER Joshua BRISTOW	Modernian	8:26.00

Event 226 Mens 17 Yrs/Over 800m Free.Team

H 1	L 2	Bishops Stortford SC Robin TURNER Stuart CLARKE DAVID KELLEWAY Bradley VEITCH	Bishop Stort	8:03.60
	L 3	City of Cambridge SC Henry CHOONG Ruben DEKKER Erik SULLIVAN Finn HARMAN	Co Cambridge	7:55.00
	L 4	Basildon & Phoenix SC Tyler BERRY James DAVIS Reece NICHOLLS Conor HARROLD	Basildon Ph	7:49.00
	L 5	Hatfield SC A Luke SUGDEN Harry CONSTANTINE Nathan HUGHES Luke TURLEY	Hatfield	7:52.00
	L 6	City of Peterborough A Daniel LEIGH Harry WHITEMAN Thomas WIGGINS Jamie SCHOLES	Co Peterboro	7:59.00
	L 7	Hatfield SC B Benjamin GARRATT Lucas DYSON-DIAZ Kevin PICKARD Elliot WYLIE	Hatfield	8:17.90