



East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Three (FINALS)

Event 131 Womens 15 Yrs 200m Butterfly

Final			
L 1	Abbie MCCARTHY	15 Colchester	2:33.45
L 2	Katy CHAMBERS	15 St Felix Sch	2:31.61
L 3	Annabelle KITCHING	15 Chelmsford	2:30.74
L 4	Mia LEECH	15 Co Peterboro	2:24.72
L 5	Olivia NORMAN	15 Colchester	2:28.31
L 6	Millie WARD	15 Brentwood	2:31.40
L 7	Zara KEEGAN	15 Co Cambridge	2:32.53
L 8	Lauren THOMAS	15 C Beds SS	2:33.68

Event 132 Womens 16 Yrs 200m Butterfly

Final			
L 2	Bethany BYRNE	16 Thurrock	2:47.81
L 3	Isabelle MARSHALL	16 Basildon Ph	2:42.74
L 4	Poppy RICHARDSON	16 Co Peterboro	2:21.68
L 5	Lauren HARRISON	16 Co Peterboro	2:29.45
L 6	Ellen NORTHWOOD	16 Berkhamsted	2:47.10
L 7	Hannah TAPLIN	16 Deben	2:52.69

Event 133 Womens 17 Yrs/Over 200m Butterfly

Final			
L 1	Jessica FARROW	17 Hatfield	2:37.87
L 2	Danielle RAYNER	21 March	2:32.18
L 3	Millie EMMANS	18 Co Cambridge	2:29.07
L 4	Shannon STOTT	17 Hatfield	2:20.87
L 5	Philippa SHUTTLEWORTH	20 Hatfield	2:27.66
L 6	Hannah MCNAUL	17 West Suffolk	2:30.55
L 7	Lauren GRICE	18 Leighton Buz	2:33.43
L 8	Hannah CURRELL	18 Hitchin	2:38.64

Event 134 Mens 15 Yrs 50m Backstroke

Final			
L 1	Jack TREMAIN	15 Modernian	29.82
L 2	James COOPER	15 Basildon Ph	29.68
L 3	Myles ROBINSON-YOUNG	15 Co Peterboro	29.31
L 4	Samuel PERKS	15 Basildon Ph	28.49
L 5	Jonathon ADAM	15 Co Cambridge	28.55
L 6	Manfred BATTLE	15 Stowmarket	29.59
L 7	Liam BRENNAN	15 Basildon Ph	29.76
L 8	Jack BOWYER	15 West Suffolk	29.88

Event 135 Mens 16 Yrs 50m Backstroke

Final			
L 1	Jack SANGSTER	16 Modernian	30.07
L 2	John BOYLE	16 DunmowAtlant	29.67
L 3	Joshua SMITH	16 DunmowAtlant	28.82
L 4	Thomas CLARE	16 teamipswich	28.01
L 5	Daniel CHADA	16 Bishop Stort	28.79
L 6	Matthew TITMAN	16 Co Cambridge	29.42
L 7	Taylor BOWEN	16 West Suffolk	30.05
L 8	Evan THOMAS-MANSFIELD	16 West Suffolk	30.30

Event 136 Mens 17 Yrs/Over 50m Backstroke

Final			
L 1	Jamie SCHOLES	17 Co Peterboro	28.07
L 2	Ruben DEKKER	24 Co Cambridge	27.98
L 3	Harry CONSTANTINE	17 Hatfield	27.88
L 4	Oliver FITT	18 St Ives	27.38
L 5	Matthew GRAY	17 Co Peterboro	27.86
L 6	Samuel PEASE	18 Basildon Ph	27.96
L 7	Nathan WELLS	19 West Norfolk	28.00
L 8	Conor HARROLD	24 Basildon Ph	28.36

Event 137 Womens 15 Yrs 50m Freestyle

Final			
L 1	Rebecca STROUD	15 Brentwood	28.35
L 2	Amie PHILPOT	15 teamipswich	28.00
L 3	Rebecca WATT	15 DunmowAtlant	27.76
L 4	Mia MASPERS	15 teamipswich	27.02
L 5	Macy LAWRENCE	15 Basildon Ph	27.31
L 6	Anna BLAKELEY	15 Co Peterboro	27.99
L 7	Abbie LOW	15 Chelmsford	28.16
L 8	Mackenzie WHYATT	15 Co Peterboro	28.41

Event 138 Womens 16 Yrs 50m Freestyle

Final			
L 1	Celeste ANDREW	16 Harlow Pen	28.85
L 2	Lauren WATT	16 Newmarket	28.51
L 3	Chloe LENCE	16 Modernian	28.43
L 4	Poppy RICHARDSON	16 Co Peterboro	28.29
L 5	Sonia TUMIOTTO	16 St Felix Sch	28.36
L 6	Jessica MANSFIELD	16 Huntingdon	28.49
L 7	Amy PEMBERTON	16 Berkhamsted	28.82
L 8	Niamh ADCOCK	16 UEA Norwich	28.96

Event 139 Womens 17 Yrs/Over 50m Freestyle

Final			
L 1	Rebecca SHERWIN	17 teamipswich	27.55
L 2	Bethany SAUNDERS	18 Co Peterboro	27.45
L 3	Meghan MAYBANKS	17 DunmowAtlant	27.14
L 4	Martha DULEY	18 Colchester	26.64
L 5	Mollie ALLEN	19 Co Peterboro	26.67
L 6	Elinor DULEY	17 Colchester	27.32
L 7	Lauren SIMPKINS	19 Putteridge	27.49
L 8	Katrin HEIDER	25 Co Cambridge	27.72

Event 140 Mens 15 Yrs 100m Breaststroke

Final			
L 1	Adam HARDY	15 teamipswich	1:13.44
L 2	Lewis MOORE	15 Deben	1:12.63
L 3	Sam PERKINS	15 teamipswich	1:12.38
L 4	Reese HOUSDEN	15 Hatfield	1:11.36
L 5	Joshua BRISTOW	15 Modernian	1:12.20
L 6	Oliver CASHIN	15 Co Cambridge	1:12.47
L 7	Ayotobi LAGUDA	15 Hatfield	1:12.63
L 8	Bryn COUSER	15 Bishop Stort	1:13.63

Event 141 Mens 16 Yrs 100m Breaststroke

Final			
L 1	Joseph RICHARDSON	16 Harpenden	1:14.73
L 2	Jack RICHES	16 UEA Norwich	1:14.17
L 3	Samuel BRYAN	16 Basildon Ph	1:10.29
L 4	Charles RAYNER	16 Hatfield	1:08.02
L 5	Ralph MUNCER	16 Co St Albans	1:10.00
L 6	Cole JAMES	16 Hatfield	1:10.92
L 7	Maxim DE WILDT	16 Co Cambridge	1:14.32
L 8	Charles RENNIE	16 Braintree	1:14.94

Event 142 Mens 17 Yrs/Over 100m Breaststroke

Final			
L 1	Robin TURNER	17 Bishop Stort	1:09.51
L 2	Benjamin ARKLE	18 Co Cambridge	1:07.82
L 3	Nathan HUGHES	17 Hatfield	1:07.26
L 4	Lawrence PALMER	25 Putteridge	1:05.15
L 5	Brandon NABARRO	20 Putteridge	1:07.04
L 6	Cameron MANLEY	18 C Beds SS	1:07.31
L 7	Thomas WIGGINS	18 Co Peterboro	1:09.29
L 8	David SHIPMAN	17 Potters Bar	1:09.55

Event 143 Womens 15 Yrs 200m Breaststroke

Final			
L 1	Lauren SCOTT	15 Chelmsford	2:54.36
L 2	Aoife MARLEY	15 Witham Dolph	2:49.53
L 3	Keira FROSDICK	15 West Norfolk	2:44.26
L 4	Amelia MONAGHAN	15 Co Peterboro	2:38.20
L 5	Sophie PAYNE	15 Hatfield	2:43.34
L 6	Vejune PETRAITYTE	15 Basildon Ph	2:46.78
L 7	India WESTON	15 Norfolk Vikg	2:50.30
L 8	Kristin QUIGLEY	15 Modernian	2:54.97

Event 144 Womens 16 Yrs 200m Breaststroke

Final			
L 1	Katie LINES	16 Lstoft & OB	2:53.86
L 2	Celyn WALMSLEY	16 Team Luton	2:48.95
L 3	Honey HARVEY	16 Gt Yarmouth	2:46.42
L 4	Lauren HARRISON	16 Co Peterboro	2:40.15
L 5	Abigail HURST	16 Berkhamsted	2:46.04
L 6	Alara NORTON	16 Hatfield	2:48.05
L 7	Caitlin WATSON-DOTCHIN	16 Basildon Ph	2:53.04
L 8	Rebecca MERRILL	16 Norwich Swan	2:56.79



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Event 145 Womens 17 /Over 200m Breaststroke

Final			
L 1	Hannah MCNAUL	17 West Suffolk	2:51.13
L 2	Cira FLETCHER	19 Bishop Stort	2:46.47
L 3	Louise BUSH	26 UEA Norwich	2:43.57
L 4	Rebecca BURTON	19 Co Peterboro	2:37.06
L 5	Natalie COOGANS	20 West Norfolk	2:41.24
L 6	Laura COPPING	17 Hatfield	2:46.01
L 7	Amber HUGHES	18 Hatfield	2:47.97
L 8	Olivia NICOLAI	17 West Suffolk	2:52.83

Event 146 Mens 15 Yrs 100m Butterfly

Final			
L 1	Samuel PERKS	15 Basildon Ph	1:03.02
L 2	Elliott DAY	15 teamipswich	1:02.20
L 3	Oliver REEK	15 UEA Norwich	1:01.58
L 4	Manfred BATTLE	15 Stowmarket	1:00.61
L 5	Collins SALIBOKO	15 St Felix Sch	1:00.69
L 6	Mason HUNNISETT	15 Basildon Ph	1:01.62
L 7	Jack BOWYER	15 West Suffolk	1:02.20
L 8	Angus HARROW	15 Harpenden	1:03.43

Event 147 Mens 16 Yrs 100m Butterfly

Final			
L 1	Samuel BRYAN	16 Basildon Ph	1:02.77
L 2	James CHENNELLS	16 Berkhamsted	1:02.16
L 3	Charles RAYNER	16 Hatfield	1:00.43
L 4	Matthew TITMAN	16 Co Cambridge	59.31
L 5	Taylor BOWEN	16 West Suffolk	1:00.10
L 6	Thomas CLARE	16 teamipswich	1:00.61
L 7	James MCFARLAND	16 C Beds SS	1:02.75
L 8	Harrison LEES	16 Watford SC	1:02.95

Event 148 Mens 17 Yrs/Over 100m Butterfly

Final			
L 1	Liam CURRAN	19 Putteridge	59.24
L 2	Dominic SCIFO	18 teamipswich	59.10
L 3	Conor HARROLD	24 Basildon Ph	58.73
L 4	Sonny TRIGG	22 teamipswich	58.44
L 5	Nathan HUGHES	17 Hatfield	58.71
L 6	James WOODWARD	17 Potters Bar	58.93
L 7	Harry WHITEMAN	17 Co Peterboro	59.15
L 8	Oliver NEWTON	18 West Norfolk	59.60

Event 149 Womens 15 Yrs 200m Backstroke

Final			
L 1	Lija RADZIUNAITE	15 Stowmarket	2:28.21
L 2	Abbie LOW	15 Chelmsford	2:27.33
L 3	Ellie WHEELER	15 Basildon Ph	2:26.65
L 4	Olivia NORMAN	15 Colchester	2:23.14
L 5	Amelia MONAGHAN	15 Co Peterboro	2:26.54
L 6	Lara-Grace MOUNT	15 West Norfolk	2:26.97
L 7	Scarlett MORINE	15 Chelmsford	2:27.76
L 8	Lauren STOTT	15 Hatfield	2:28.63

Event 150 Womens 16 Yrs 200m Backstroke

Final			
L 1	Emily GREEN	16 Brentwood	2:33.31
L 2	Tilly ANEMA	16 Norwich Swan	2:31.29
L 3	Grace WYLIE	16 Hatfield	2:27.57
L 4	Niamh JAMES	16 Bishop Stort	2:25.04
L 5	Emma LESLIE	16 Co Peterboro	2:26.61
L 6	Claire BURRELL	16 Harpenden	2:28.89
L 7	Celyn WALMSLEY	16 Team Luton	2:31.68
L 8	Sophie TAYLOR	16 St Felix Sch	2:33.43

Event 151 Womens 17 Yrs/Over 200m Backstroke

Final			
L 1	Danielle RAYNER	21 March	2:25.55
L 2	Philippa SHUTTLEWORTH	20 Hatfield	2:23.33
L 3	Rebecca SHERWIN	17 teamipswich	2:20.11
L 4	Rachel WELLINGS	17 Co Peterboro	2:17.11
L 5	Bethany SAUNDERS	18 Co Peterboro	2:19.13
L 6	Martha DULEY	18 Colchester	2:20.56
L 7	Emily DOWDING	19 teamipswich	2:24.92
L 8	Amber HUGHES	18 Hatfield	2:30.77

Event 152 Mens 15 Yrs 100m Freestyle

Final			
L 1	Joshua BRISTOW	15 Modernian	56.26
L 2	Jonathon ADAM	15 Co Cambridge	55.62
L 3	Myles ROBINSON-YOUNG	15 Co Peterboro	54.58
L 4	Reese HOUSDEN	15 Hatfield	53.65
L 5	Jake MOXHAM	15 Co Cambridge	54.02
L 6	Ayotobi LAGUDA	15 Hatfield	54.79
L 7	Sam PERKINS	15 teamipswich	56.22
L 8	Herbie KINDER	15 Co Peterboro	56.53

Event 153 Mens 16 Yrs 100m Freestyle

Final			
L 1	Max JELFS	16 Hatfield	56.15
L 2	Ashley COOMBS	16 Hemel Hemp	55.96
L 3	Matthew TITMAN	16 Co Cambridge	55.50
L 4	Thomas CLARE	16 teamipswich	55.16
L 5	James CHENNELLS	16 Berkhamsted	55.38
L 6	Joshua SMITH	16 DunmowAtlant	55.93
L 7	Michael RIPPER	16 Co St Albans	56.14
L 8	Evan THOMAS-MANSFIELD	16 West Suffolk	56.38

Event 154 Mens 17 Yrs/Over 100m Freestyle

Final			
L 1	Oliver FITT	18 St Ives	54.17
L 2	Henry CHOONG	20 Co Cambridge	53.83
L 3	Regan LLOYD	20 teamipswich	52.88
L 4	Luke TURLEY	17 Hatfield	51.63
L 5	Harry CONSTANTINE	17 Hatfield	52.02
L 6	Conor HARROLD	24 Basildon Ph	53.15
L 7	Lee BAKER	22 Harlow Pen	54.08
L 8	James WOODWARD	17 Potters Bar	54.18

Event 155 Womens 15 Yrs 50m Breaststroke

Final			
L 1	Nicole CHANDLER	15 teamipswich	36.31
L 2	Grace MIDDLETON	15 Co Cambridge	35.64
L 3	Lauren SCOTT	15 Chelmsford	35.40
L 4	Keira FROSDICK	15 West Norfolk	33.51
L 5	Vejune PETRAITYTE	15 Basildon Ph	34.97
L 6	Amelia MONAGHAN	15 Co Peterboro	35.41
L 7	Sophie PAYNE	15 Hatfield	35.96
L 8	Aoife MARLEY	15 Witham Dolph	36.31

Event 156 Womens 16 Yrs 50m Breaststroke

Final			
L 1	Alice FENDER	16 Hemel Hemp	36.66
L 2	Lauren HARRISON	16 Co Peterboro	36.17
L 3	Nadine SMITH	16 Hatfield	35.84
L 4	Abigail HURST	16 Berkhamsted	33.78
L 5	Molly LEE	16 West Norfolk	34.13
L 6	Lauren WATT	16 Newmarket	35.94
L 7	Alara NORTON	16 Hatfield	36.18
L 8	Honey HARVEY	16 Gt Yarmouth	37.10

Event 157 Womens 17 Yrs/Over 50m Breaststroke

Final			
L 1	Rachel ROBINSON	17 UEA Norwich	34.70
L 2	Laura COPPING	17 Hatfield	34.24
L 3	Kathryn LOVEYS	30 Co Cambridge	33.56
L 4	Rebecca BURTON	19 Co Peterboro	32.47
L 5	Roxanne UYS	18 West Norfolk	33.25
L 6	Cira FLETCHER	19 Bishop Stort	34.10
L 7	Louise BUSH	26 UEA Norwich	34.35
L 8	Agatha MALIKOVA	22 Co Cambridge	34.72



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Start Lists Session Three (FINALS)

Event 158 Mens 14/16 Yrs 400m Medley Team

H 1	L 2 City of Peterborough B	Co Peterboro	4:37.00
	L 3 Hatfield SC B	Hatfield	4:27.20
	L 4 Harpenden SC A	Harpenden	4:20.91
	L 5 Potters Bar SC	Potters Bar	4:23.96
	L 6 Hemel Hempstead SC	Hemel Hemp	4:29.00
	L 7 Harpenden SC B	Harpenden	4:38.12
H 2	L 1 City of Peterborough A	Co Peterboro	4:16.00
	L 2 West Suffolk SC	West Suffolk	4:13.46
	L 3 UEA City of Norwich SC	UEA Norwich	4:12.00
	L 4 Hatfield SC A	Hatfield	4:06.80
	L 5 Basildon & Phoenix SC	Basildon Ph	4:08.00
	L 6 City of Cambridge SC	Co Cambridge	4:13.00
	L 7 City of St Albans SC	Co St Albans	4:15.00
	L 8 Watford SC	Watford SC	4:20.15

Event 159 Mens 17 Yrs/Over 400m Medley Team

H 1	L 1 Central Beds SS	C Beds SS	4:11.00
	L 2 Potters Bar SC	Potters Bar	4:03.29
	L 3 Hatfield SC B	Hatfield	3:56.80
	L 4 Hatfield SC A	Hatfield	3:54.00
	L 5 Basildon & Phoenix SC	Basildon Ph	3:56.00
	L 6 City of Peterborough A	Co Peterboro	3:58.00
	L 7 City of Cambridge SC	Co Cambridge	4:05.00
	L 8 Hemel Hempstead SC	Hemel Hemp	4:15.00

Event 160 Womens 14/16 Yrs 400m Free.Team

H 1	L 2 Cheshunt SC	Cheshunt	4:24.00
	L 3 Hatfield SC B	Hatfield	4:17.50
	L 4 Hemel Hempstead SC A	Hemel Hemp	4:15.00
	L 5 Potters Bar SC	Potters Bar	4:16.73
	L 6 Harpenden SC	Harpenden	4:19.39
	L 7 Hemel Hempstead SC B	Hemel Hemp	4:30.00
H 2	L 1 Hatfield SC A	Hatfield	4:09.30
	L 2 Dunmow Atlantis SC	DunmowAtlant	4:07.00
	L 3 Modernian SC	Modernian	4:06.00
	L 4 City of Peterborough A	Co Peterboro	4:02.00
	L 5 UEA City of Norwich SC	UEA Norwich	4:04.00
	L 6 Basildon & Phoenix SC	Basildon Ph	4:07.00
	L 7 West Suffolk SC	West Suffolk	4:07.03
	L 8 City of Peterborough B	Co Peterboro	4:12.00

Event 161 Womens 17 Yrs/Over 400m Free.Team

H 1	L 1 Hemel Hempstead SC B	Hemel Hemp	4:24.00
	L 2 Potters Bar SC	Potters Bar	4:10.46
	L 3 City of Cambridge SC	Co Cambridge	4:06.00
	L 4 City of Peterborough A	Co Peterboro	3:55.00
	L 5 Hatfield SC A	Hatfield	4:05.70
	L 6 Basildon & Phoenix SC	Basildon Ph	4:07.00
	L 7 Hemel Hempstead SC A	Hemel Hemp	4:24.00