



East Swimming 2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)



Start Lists Session Two

Event 121 Womens 200m Backstroke

H 1	L 2 Shona MCKENNA	15 Hemel Hemp	2:32.81
	L 3 Amber HEAD	15 Rochford	2:32.33
	L 4 Tori WESTON	15 Co St Albans	2:31.93
	L 5 Hannah ADAMS	15 Co Cambridge	2:32.03
	L 6 Molly PEACOCK	15 West Suffolk	2:32.73
H 2	L 1 Georgia PEASE	15 Basildon Ph	2:31.46
	L 2 Almudena VISSER VELEZ	15 Co Cambridge	2:31.14
	L 3 Francesca COLLINS	15 Chelmsford	2:30.89
	L 4 Martine TRAN	16 Thurrock	2:30.72
	L 5 Eleanor WHITE	16 Linslade	2:30.86
	L 6 Emily RAYDEN	15 Co St Albans	2:31.09
	L 7 Emma HOWITT	15 Modernian	2:31.22
	L 8 Amber HILL	15 Linslade	2:31.78
H 3	L 1 Bleu WILDMAN	16 Putteridge	2:30.34
	L 2 Annabelle KITCHING	15 Chelmsford	2:30.26
	L 3 Tia WILSON	15 Modernian	2:30.04
	L 4 Sonia TUMIOTTO	16 St Felix Sch	2:30.02
	L 5 Amber JORDAN	15 Colchester	2:30.03
	L 6 Emma SHOOBERT	15 C Beds SS	2:30.22
	L 7 Ella TOLLIDAY	15 St Felix Sch	2:30.27
	L 8 Lauren THOMAS	15 C Beds SS	2:30.53
H 4	L 1 Rachael JOHNSON	15 West Norfolk	2:30.00
	L 2 Celyn WALMSLEY	16 Team Luton	2:29.50
	L 3 Tia GARDINER	15 Chelmsford	2:29.35
	L 4 Kioni BROOMFIELD	17 Dereham	2:28.43
	L 5 Sophie TAYLOR	16 St Felix Sch	2:28.64
	L 6 Eleanor GALVIN	15 Co St Albans	2:29.49
	L 7 Hannah TAPLIN	16 Deben	2:29.54
	L 8 Anya FLETCHER	15 Bishop Stort	2:30.01
H 5	L 1 Molly BRADLEY	16 Tring	2:28.39
	L 2 Francesca CROCKER	17 St Ives	2:27.95
	L 3 Megan SAMUELS	16 Chelmsford	2:27.32
	L 4 Sophie BURNS	17 Watford SC	2:27.05
	L 5 Evie BANHAM	17 Leiston	2:27.18
	L 6 Eleanor KING	17 Dunstable	2:27.44
	L 7 Emily JONES	15 Modernian	2:28.28
	L 8 Mackenzie WHYATT	15 Co Peterboro	2:28.42
H 6	L 1 Freya LINES	15 St Felix Sch	2:26.85
	L 2 Rebecca WEST	15 Thurrock	2:26.40
	L 3 Anna BLAKELEY	15 Co Peterboro	2:26.20
	L 4 Lara-Grace MOUNT	15 West Norfolk	2:25.95
	L 5 Scarlett MORINE	15 Chelmsford	2:26.00
	L 6 Lija RADZIUNAITE	15 Stowmarket	2:26.23
	L 7 Bailey WILKES	16 Hatfield	2:26.44
	L 8 Agnes BURNS	16 Harpenden	2:26.88
H 7	L 1 Emily GREEN	16 Brentwood	2:24.53
	L 2 Emily DOWDING	19 teamipswich	2:22.17
	L 3 Olivia NORMAN	15 Colchester	2:20.86
	L 4 Bethany SAUNDERS	18 Co Peterboro	2:15.20
	L 5 Lauren HALL	18 Co Cambridge	2:19.43
	L 6 Amelia PEDDLE	17 Epping For't	2:21.42
	L 7 Abbie LOW	15 Chelmsford	2:22.70
	L 8 Emma LESLIE	16 Co Peterboro	2:25.30
H 8	L 1 Claire BURRELL	16 Harpenden	2:24.13
	L 2 Amelia MONAGHAN	15 Co Peterboro	2:22.10
	L 3 Megan PYE	15 UEA Norwich	2:20.71
	L 4 Rachel WELLINGS	17 Co Peterboro	2:15.10
	L 5 Martha DULEY	18 Colchester	2:18.63
	L 6 Lauren STOTT	15 Hatfield	2:20.97
	L 7 Amber HUGHES	18 Hatfield	2:22.68
	L 8 Ellie WHEELER	15 Basildon Ph	2:24.63
H 9	L 1 Tilly ANEMA	16 Norwich Swan	2:23.50
	L 2 Grace WYLIE	16 Hatfield	2:21.46
	L 3 Niamh JAMES	16 Bishop Stort	2:20.28
	L 4 Rebecca SHERWIN	17 teamipswich	2:14.07
	L 5 Philippa SHUTTLEWORTH	20 Hatfield	2:15.46
	L 6 Danielle RAYNER	21 March	2:20.97
	L 7 Chloe LENCE	16 Modernian	2:22.46
	L 8 Maisie EASTER	15 UEA Norwich	2:24.55

Event 122 Mens 100m Freestyle

H 1	L 3 Mark EVENS	21 S14 Hitchin	1:08.30
	L 4 Joshua WELLS	20 S14 Gt Yarmouth	1:04.57
	L 5 Callum HODGSON	17 S14 Basildon Ph	1:04.83
	L 6 Roan BRENNAN	11 S9 Basildon Ph	1:28.45
H 2	L 1 Jack WILLIAMS	15 Basildon Ph	58.10
	L 2 William HANDLEY	15 Stowmarket	58.00
	L 3 Thomas CADENHEAD	15 Co St Albans	57.48
	L 4 Ralph MUNCER	16 Co St Albans	57.06
	L 5 Kohei WATANABE	16 Hatfield	57.10
	L 6 Harry SAUNDERS	15 Newmarket	57.83
	L 7 Yannik WILSON	15 Harpenden	58.07
	L 8 Oliver OWEN	15 Hitchin	58.43
H 3	L 1 Jude GOULD	15 Hitchin	56.89
	L 2 Collins SALIBOKO	15 St Felix Sch	56.70
	L 3 Harrison LEES	16 Watford SC	56.54
	L 4 Ben BLOWERS	15 UEA Norwich	56.50
	L 5 Henry PEARCE	15 Co Peterboro	56.50
	L 6 Jonathon ADAM	15 Co Cambridge	56.54
	L 7 Elliott DAY	15 teamipswich	56.75
	L 8 Matthew ROTHWELL	15 Co Peterboro	56.90
H 4	L 1 Daniel CHADA	16 Bishop Stort	56.31
	L 2 John BOYLE	16 DunmowAtlant	56.07
	L 3 Evan THOMAS-MANSFIELD	16 West Suffolk	55.76
	L 4 Sam PERKINS	15 teamipswich	55.64
	L 5 Max JELFS	16 Hatfield	55.70
	L 6 Jude LIDDIARD	16 Co St Albans	56.01
	L 7 Harvey SKELLERN	15 Co Cambridge	56.10
	L 8 Jack TREMAIN	15 Modernian	56.40
H 5	L 1 Michael RIPPER	16 Co St Albans	55.30
	L 2 Lewis MOORE	15 Deben	55.11
	L 3 James COOPER	15 Basildon Ph	55.08
	L 4 Matthew TITMAN	16 Co Cambridge	54.84
	L 5 Ayotobi LAGUDA	15 Hatfield	55.00
	L 6 Joshua BRISTOW	15 Modernian	55.10
	L 7 Taylor BOWEN	16 West Suffolk	55.28
	L 8 Manfred BATTLE	15 Stowmarket	55.36
H 6	L 1 James DAVIS	24 Basildon Ph	54.78
	L 2 Bradley VEITCH	18 Bishop Stort	54.65
	L 3 Joshua FOWLES	18 Witham Dolph	54.61
	L 4 James CHENNELLS	16 Berkhamsted	54.55
	L 5 Ashley COOMBS	16 Hemel Hemp	54.60
	L 6 Daniel LUSH	17 Cheshunt	54.64
	L 7 Ben POGSON	25 West Norfolk	54.73
	L 8 Joshua SMITH	16 DunmowAtlant	54.80
H 7	L 1 Kyle PANTON	22 DunmowAtlant	54.42
	L 2 Finn HARMAN	19 Co Cambridge	54.22
	L 3 Jordan MANN	19 Norwich Swan	54.16
	L 4 Alec BURCHELL	19 Hitchin	54.10
	L 5 Tyler BERRY	17 Basildon Ph	54.14
	L 6 Liam BARNETT	30 Co Cambridge	54.20
	L 7 David SHIPMAN	17 Potters Bar	54.38
	L 8 Herbie KINDER	15 Co Peterboro	54.50
H 8	L 1 Thomas CLARE	16 teamipswich	53.91
	L 2 Jake THOMAS-MANSFIELD	17 St Felix Sch	53.78
	L 3 Harvey JOLLY	17 Basildon Ph	53.62
	L 4 Jake MOXHAM	15 Co Cambridge	53.59
	L 5 Jack WEARS	18 C Beds SS	53.60
	L 6 Reece NICHOLLS	17 Basildon Ph	53.73
	L 7 Dalton YALLOP	20 Beccles Town	53.90
	L 8 Adam MARTIN	17 Potters Bar	53.91
H 9	L 1 Alex EVENS	18 Hitchin	53.34
	L 2 Kevin PICKARD	29 Hatfield	52.72
	L 3 Lee BAKER	22 Harlow Pen	52.09
	L 4 Luke TURLEY	17 Hatfield	50.70
	L 5 Conor HARROLD	24 Basildon Ph	51.58
	L 6 Callum CHAPPLE	21 Team Luton	52.40
	L 7 Luke SUGDEN	18 Hatfield	53.08
	L 8 Dominic SCIFO	18 teamipswich	53.58
H 10	L 1 Sonny TRIGG	22 teamipswich	53.12
	L 2 Jamie SCHOLDS	17 Co Peterboro	52.60
	L 3 Daniel LEIGH	18 Co Peterboro	52.00
	L 4 Ruben DEKKER	24 Co Cambridge	50.57
	L 5 Henry CHOONG	20 Co Cambridge	51.49
	L 6 Nathan WELLS	19 West Norfolk	52.39
	L 7 Erik SULLIVAN	23 Co Cambridge	53.01
	L 8 Samuel COTTEE	17 teamipswich	53.43



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H 11 L 1	Oliver FITT	18	St Ives	53.12
L 2	Stuart CLARKE	33	Bishop Stort	52.50
L 3	Reese HOUSDEN	15	Hatfield	51.82
L 4	Harry CONSTANTINE	17	Hatfield	50.40
L 5	Regan LLOYD	20	teamipswich	50.77
L 6	Myles ROBINSON-YOUNG	15	Co Peterboro	52.30
L 7	James WOODWARD	17	Potters Bar	52.90
L 8	Eliott IACONO	20	Bishop Stort	53.43

H 10 L 1	India WESTON	15	Norfolk Vikg	35.82
L 2	Alara NORTON	16	Hatfield	35.75
L 3	Martha DULEY	18	Colchester	35.70
L 4	Lauren GRICE	18	Leighton Buz	35.60
L 5	Tara COLEMAN	21	Deben	35.61
L 6	Caitlin MASCALL	17	Harlow Pen	35.74
L 7	Emily SELLEN	18	Watford SC	35.75
L 8	Alice FENDER	16	Hemel Hemp	35.90

Event 123 Womens 50m Breaststroke

H 1 L 3	Clementine WATERHOUSE	15	Verulam	38.30
L 4	Charlotte NASH	16	Bishop Stort	38.04
L 5	Erin LEE	15	Basildon Ph	38.20

H 2 L 1	Leanne ABREY	16	Hemel Hemp	38.03
L 2	Shona MCKENNA	15	Hemel Hemp	37.99
L 3	Eden HORWOOD	16	Leighton Buz	37.90
L 4	Mia MASPERS	15	teamipswich	37.81
L 5	Zoe WALTON	15	Rochford	37.90
L 6	Amy PEMBERTON	16	Berkhamsted	37.94
L 7	Abbie MCCARTHY	15	Colchester	38.00

H 3 L 1	Madeline WRIGHT	15	UEA Norwich	37.78
L 2	Smriti GOKARN	15	St Felix Sch	37.74
L 3	Rebecca GROGAN	15	C Beds SS	37.70
L 4	Grace LEECH	15	Gt Yarmouth	37.59
L 5	Gemma BOOTH	15	Newmarket	37.70
L 6	Rebecca MERRILL	16	Norwich Swan	37.70
L 7	Megan POPE	16	Cheshunt	37.75
L 8	Livia BROOKES	15	Co Cambridge	37.79

H 4 L 1	Claudia CORNILLET	16	Harlow Pen	37.53
L 2	Chloe-Jeane PARSLEY	16	West Suffolk	37.38
L 3	Lija RADZIUNAITE	15	Stowmarket	37.33
L 4	Victoria BRAKENBURY	15	Hitchin	37.29
L 5	Georgia PURKIS	15	Hemel Hemp	37.30
L 6	Rosie MUSPRATT	15	West Norfolk	37.38
L 7	Eloise BAILEY	15	Modernian	37.50
L 8	Brianna MAZEY	16	Tring	37.57

H 5 L 1	Megan SAMUELS	16	Chelmsford	37.26
L 2	Emma KILLIN	16	Tring	37.22
L 3	Lauren NELSON	16	Harlow Pen	37.10
L 4	Sonja LOWDON	15	Hitchin	37.10
L 5	Amber HEAD	15	Rochford	37.10
L 6	Celyn WALMSLEY	16	Team Luton	37.20
L 7	Katherine DAYNES	15	Halstead	37.25
L 8	Ella MURPHY	15	Harpenden	37.26

H 6 L 1	Megan BUNYARD	17	Linslade	37.06
L 2	Jasmine GORE	15	Putteridge	37.00
L 3	Olivia HOLLEYMAN	17	Harlow Pen	37.00
L 4	Keelin MCKENNA	18	Hemel Hemp	36.92
L 5	Imogen HORNE-MORRIS	16	Norfolk Vikg	36.95
L 6	Olivia NORMAN	15	Colchester	37.00
L 7	Ciara GILL-RYAN	15	Newmarket	37.00
L 8	Jessica PAYNE	19	Leighton Buz	37.07

H 7 L 1	Nia JORDAN	15	Hatfield	36.89
L 2	Faith GREEN	17	Co St Albans	36.77
L 3	Maia MCPHERSON	16	Witham Dolph	36.70
L 4	Faye HERMON	18	Felixstowe	36.54
L 5	Lucy MOLLOY	17	Verulam	36.66
L 6	Olivia SMITH-LAL	19	Harlow Pen	36.77
L 7	Jasmine DEARNLEY	17	St Ives	36.85
L 8	Kristin QUIGLEY	15	Modernian	36.90

H 8 L 1	Honey HARVEY	16	Gt Yarmouth	36.51
L 2	Amie COPP	18	Thetford	36.45
L 3	Rachael JOHNSON	15	West Norfolk	36.40
L 4	Freya LINES	15	St Felix Sch	36.29
L 5	Cathryn THOMSON	27	St Ives	36.30
L 6	Megan WICKHAM	17	Bishop Stort	36.45
L 7	Rebecca WEST	15	Thurrock	36.50
L 8	Emily GALLAGHER	16	St Ives	36.54

H 9 L 1	Sammy HUMPHREY	21	Leighton Buz	36.20
L 2	Grace MIDDLETON	15	Co Cambridge	36.17
L 3	Nicole CHANDLER	15	teamipswich	36.04
L 4	Hannah MCNAUL	17	West Suffolk	35.93
L 5	Caitlin WATSON-DOTCHIN	16	Basildon Ph	36.02
L 6	Katie LINES	16	Lstof & OB	36.16
L 7	Zara KEEGAN	15	Co Cambridge	36.18
L 8	Olivia NICOLAI	17	West Suffolk	36.23

H 11 L 1	Emily BIGGS	18	Co Cambridge	35.15
L 2	Natalie COOGANS	20	West Norfolk	34.12
L 3	Vejune PETRAITYTE	15	Basildon Ph	33.50
L 4	Kathryn LOVEYS	30	Co Cambridge	33.00
L 5	Roxanne UYS	18	West Norfolk	33.40
L 6	Laura COPPING	17	Hatfield	33.90
L 7	Lauren SCOTT	15	Chelmsford	34.80
L 8	Annalise WRIGHT	17	Linslade	35.59

H 12 L 1	Lauren HARRISON	16	Co Peterboro	34.90
L 2	Sarah O'BRIEN	21	UEA Norwich	34.07
L 3	Abigail HURST	16	Berkhamsted	33.50
L 4	Keira FROSDICK	15	West Norfolk	32.80
L 5	Louise BUSH	26	UEA Norwich	33.30
L 6	Agatha MALIKOVA	22	Co Cambridge	33.78
L 7	Cira FLETCHER	19	Bishop Stort	34.58
L 8	Lucy JESSOP	17	Brentwood	35.20

H 13 L 1	Nadine SMITH	16	Hatfield	34.90
L 2	Rachel ROBINSON	17	UEA Norwich	34.00
L 3	Lauren WATT	16	Newmarket	33.46
L 4	Rebecca BURTON	19	Co Peterboro	31.71
L 5	Molly LEE	16	West Norfolk	33.22
L 6	Amelia MONAGHAN	15	Co Peterboro	33.60
L 7	Sophie PAYNE	15	Hatfield	34.46
L 8	Aoife MARLEY	15	Witham Dolph	35.20

Event 124 Mens 400m IM

H 1 L 3	Logan PYLE	15	West Suffolk	5:12.33
L 4	Joseph RICHARDSON	16	Harpenden	5:07.09
L 5	Daniel ENGLISH	15	Hitchin	5:09.23

H 2 L 1	James MCFARLAND	16	C Beds SS	5:06.80
L 2	Azar AITMARRI	16	Thurrock	5:04.97
L 3	Nicholas BOTHA	15	Bishop Stort	5:04.12
L 4	Tanin KURSIDIM	15	Co St Albans	5:02.94
L 5	Benjamin HARVEY	15	Basildon Ph	5:03.90
L 6	Maxim DE WILDT	16	Co Cambridge	5:04.33
L 7	John TELENSKY	16	Harpenden	5:05.40
L 8	Thomas ALLISON	16	Newmarket	5:06.98

H 3 L 1	Jack SANGSTER	16	Modernian	5:00.45
L 2	Matthew ROTHWELL	15	Co Peterboro	4:59.74
L 3	Harrison LEES	16	Watford SC	4:56.86
L 4	Lewis BAYLEY	16	Southend	4:56.01
L 5	Mason HUNNISETT	15	Basildon Ph	4:56.79
L 6	Oliver REEK	15	UEA Norwich	4:57.60
L 7	Charles WHYTE	16	West Suffolk	4:59.87
L 8	Callum WOLLASTON	16	Cheshunt	5:00.61

H 4 L 1	William LOVEMAN	17	Co St Albans	4:51.91
L 2	James CHENNELLS	16	Berkhamsted	4:50.66
L 3	Luke BRYAN	17	West Norfolk	4:49.56
L 4	Joseph WELLS	18	West Norfolk	4:48.73
L 5	Oliver KENNY	20	West Norfolk	4:49.32
L 6	Lewis MOORE	15	Deben	4:50.45
L 7	Henry PEARCE	15	Co Peterboro	4:50.67
L 8	Ayotobi LAGUDA	15	Hatfield	4:54.10

H 5 L 1	Robin TURNER	17	Bishop Stort	4:46.53
L 2	Herbie KINDER	15	Co Peterboro	4:45.80
L 3	Alex MASON	21	Team Luton	4:43.54
L 4	Calvin COE	19	Stowmarket	4:42.78
L 5	Finlay RYAN	18	Norwich Swan	4:42.91
L 6	Max WILSON	17	Modernian	4:45.67
L 7	Spencer PRIOR	18	Colchester	4:45.88
L 8	Liam BRENNAN	15	Basildon Ph	4:48.61

H 6 L 1	Jamie MCCAFFRAY	16	Modernian	4:42.09
L 2	Christopher GREENHALGH	21	West Suffolk	4:40.53
L 3	Myles TURNER	17	West Suffolk	4:36.59
L 4	Nathan WELLS	19	West Norfolk	4:28.38
L 5	Jamie SCHOLES	17	Co Peterboro	4:32.80
L 6	Ryan KELLY	18	Chelmsford	4:37.58
L 7	James WOODWARD	17	Potters Bar	4:42.04
L 8	Harry WHITEMAN	17	Co Peterboro	4:42.10



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Start Lists Session Two

Event 125 Womens 14/16 Yrs 800m Free.Team

H 1	L 3 Hemel Hempstead SC B	Hemel Hemp	9:50.00
	L 4 Hemel Hempstead SC A	Hemel Hemp	9:15.00
	L 5 Harpenden SC	Harpenden	9:25.17
H 2	L 1 City of Peterborough B	Co Peterboro	8:58.00
	L 2 Dunmow Atlantis SC	DunmowAtlant	8:55.00
	L 3 UEA City of Norwich SC	UEA Norwich	8:50.00
	L 4 City of Peterborough A	Co Peterboro	8:44.00
	L 5 Basildon & Phoenix SC	Basildon Ph	8:46.00
	L 6 Modernian SC	Modernian	8:54.00
	L 7 Hatfield SC - A	Hatfield	8:55.40
	L 8 Hatfield SC - B	Hatfield	9:02.20

Event 126 Womens 17 Yrs/Over 800m Free.Team

H 1	L 4 City of Peterborough A	Co Peterboro	8:36.00
	L 5 Hatfield SC - A	Hatfield	8:42.80