



East Swimming

2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Luton
29th, 30th April, & 1st May 2017
 (Licensed Meet No. 1ER170219)

EVENT 121 Womens 200m Backstroke

Regional Records - Junior 2:13.81 Senior 2:11.47

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Olivia NORMAN	15	Colchester	2:23.14	745	33.23	1:09.25	1:46.71
2.	Amelia MONAGHAN	15	Co Peterboro	2:26.54	700	34.18	1:11.19	1:49.42
3.	Ellie WHEELER	15	Basildon Ph	2:26.65	699	35.17	1:12.28	1:50.10
4.	Lara-Grace MOUNT	15	West Norfolk	2:26.97	695	33.92	1:11.16	1:49.83
5.	Abbie LOW	15	Chelmsford	2:27.33	690	34.20	1:11.61	1:50.09
6.	Scarlett MORINE	15	Chelmsford	2:27.76	685	34.34	1:11.29	1:50.05
7.	Lija RADZIUNAITE	15	Stowmarket	2:28.21	680	33.52	1:11.93	1:51.20
8.	Lauren STOTT	15	Hatfield	2:28.63	674	34.58	1:12.46	1:50.47
9.	Megan PYE	15	UEA Norwich	2:30.83	648	34.43	1:12.47	1:52.01
10.	Emma SHOEBERT	15	C Beds SS	2:30.99	646	35.67	1:14.50	1:53.48
11.	Maisie EASTER	15	UEA Norwich	2:31.06	645	34.80	1:13.98	1:53.21
12.	Emily JONES	15	Modernian	2:31.07	645	35.18	1:13.68	1:52.93
13.	Rebecca WEST	15	Thurrock	2:31.30	642	34.81	1:12.63	1:51.62
14.	Anya FLETCHER	15	Bishop Stort	2:31.50	640	35.62	1:13.94	1:53.42
15.	Annabelle KITCHING	15	Chelmsford	2:31.61	639	36.83	1:15.12	1:53.55
16.	Francesca COLLINS	15	Chelmsford	2:32.00	634	34.60	1:12.62	1:52.94
17.	Anna BLAKELEY	15	Co Peterboro	2:32.04	634	34.38	1:12.57	1:52.60
18.	Tia GARDINER	15	Chelmsford	2:32.18	632	35.10	1:13.70	1:53.68
19.	Tia WILSON	15	Modernian	2:33.32	619	37.03	1:15.69	1:55.01
20.	Mackenzie WHYATT	15	Co Peterboro	2:33.68	615	34.98	1:13.76	1:53.85
21.	Amber HILL	15	Linslade	2:34.41	607	35.39	1:14.28	1:54.75
22.	Ella TOLLIDAY	15	St Felix Sch	2:34.67	604	35.52	1:14.69	1:54.78
23.	Almudena VISSER VELEZ	15	Co Cambridge	2:34.96	601	37.03	1:16.18	1:56.75
24.	Emma HOWITT	15	Modernian	2:35.01	601	36.69	1:15.63	1:55.31
25.	Freya LINES	15	St Felix Sch	2:35.20	599	35.99	1:15.20	1:55.79
26.	Lauren THOMAS	15	C Beds SS	2:35.30	597	35.79	1:15.33	1:55.45
27.	Tori WESTON	15	Co St Albans	2:35.73	593	35.72	1:14.85	1:55.60
28.	Rachael JOHNSON	15	West Norfolk	2:36.44	585	36.38	1:16.03	1:57.05
29.	Georgia PEASE	15	Basildon Ph	2:36.46	585	36.28	1:16.05	1:56.42
30.	Amber JORDAN	15	Colchester	2:36.90	580	36.03	1:14.83	1:56.16
31.	Molly PEACOCK	15	West Suffolk	2:36.95	580	36.09	1:15.16	1:56.10
32.	Shona MCKENNA	15	Hemel Hemp	2:37.75	571	35.67	1:15.20	1:56.81
33.	Eleanor GALVIN	15	Co St Albans	2:39.51	554	37.01	1:17.16	1:58.64
34.	Amber HEAD	15	Rochford	2:40.89	540	38.11	1:18.62	2:00.31
35.	Hannah ADAMS	15	Co Cambridge	2:42.50	524	36.60	1:17.14	1:59.93
36.	Emily RAYDEN	15	Co St Albans	2:45.19	499	37.16	1:18.96	2:02.27

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Niamh JAMES	16	Bishop Stort	2:25.04	720	34.01	1:10.67	1:48.77
2.	Emma LESLIE	16	Co Peterboro	2:26.61	700	33.85	1:11.41	1:49.05
3.	Grace WYLIE	16	Hatfield	2:27.57	687	34.02	1:10.91	1:48.74
4.	Claire BURRELL	16	Harpenden	2:28.89	671	33.85	1:10.96	1:49.64
5.	Tilly ANEMA	16	Norwich Swan	2:31.29	643	35.21	1:13.48	1:52.75
6.	Celyn WALMSLEY	16	Team Luton	2:31.68	638	35.91	1:13.75	1:52.55
7.	Emily GREEN	16	Brentwood	2:33.31	619	34.74	1:13.29	1:53.31
8.	Sophie TAYLOR	16	St Felix Sch	2:33.43	618	36.30	1:15.06	1:54.92
9.	Chloe LENCE	16	Modernian	2:33.45	618	35.27	1:14.36	1:54.37
10.	Bailey WILKES	16	Hatfield	2:33.92	613	35.86	1:15.18	1:54.95
11.	Sonia TUMIOTTO	16	St Felix Sch	2:34.43	607	38.08	1:17.51	1:56.90
12.	Agnes BURNS	16	Harpenden	2:34.84	602	36.08	1:16.15	1:56.18
13.	Megan SAMUELS	16	Chelmsford	2:36.91	580	35.89	1:14.80	1:56.36
14.	Eleanor WHITE	16	Linslade	2:37.17	578	36.78	1:16.12	1:57.42
15.	Hannah TAPLIN	16	Deben	2:37.82	571	37.74	1:17.92	1:58.75
16.	Molly BRADLEY	16	Tring	2:40.44	544	35.52	1:15.45	1:57.54
17.	Martine TRAN	16	Thurrock	2:41.28	536	36.21	1:16.39	1:59.68
	Bleu WILDMAN	16	Putteridge	DQ				

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Rachel WELLINGS	17	Co Peterboro	2:17.11	831	31.86	1:05.89	1:41.30
2.	Bethany SAUNDERS	17	Co Peterboro	2:19.13	801	32.95	1:08.07	1:43.35
3.	Rebecca SHERWIN	17	teamipswich	2:20.11	787	33.26	1:08.46	1:44.59
4.	Martha DULEY	18	Colchester	2:20.56	781	32.20	1:07.91	1:44.53
5.	Philippa SHUTTLEWORTH	20	Hatfield	2:23.33	742	34.25	1:10.35	1:46.98
6.	Emily DOWDING	19	teamipswich	2:24.92	721	32.73	1:09.22	1:47.46
7.	Danielle RAYNER	21	March	2:25.55	713	33.78	1:10.31	1:48.83
8.	Amelia PEDDLE	17	Epping Fort	2:26.73	698	33.87	1:10.95	1:49.04
9.	Lauren HALL	18	Co Cambridge	2:29.13	668	34.65	1:12.11	1:50.78
10.	Amber HUGHES	18	Hatfield	2:30.77	649	35.94	1:14.13	1:38.32
11.	Kioni BROOMFIELD	17	Dereham	2:31.33	642	35.57	1:14.13	1:53.24
12.	Francesca CROCKER	17	St Ives	2:33.34	619	34.94	1:13.57	1:54.09
13.	Eleanor KING	17	Dunstable	2:34.05	611	34.66	1:13.17	1:53.35
14.	Sophie BURNS	17	Watford SC	2:34.41	607	36.53	1:15.42	1:55.69
15.	Evie BANHAM	17	Leiston	2:37.31	576	35.83	1:15.66	1:57.24



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EVENT 122 Mens 100m Freestyle

Regional Records - Junior 51.55 Senior 48.48

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Reese HOUSDEN	15	Hatfield		53.65	744	26.02
2.	Jake MOXHAM	15	Co Cambridge		54.02	731	26.36
3.	Myles ROBINSON-YOUNG	15	Co Peterboro		54.58	711	26.34
4.	Ayotobi LAGUDA	15	Hatfield		54.79	704	26.01
5.	Jonathon ADAM	15	Co Cambridge		55.62	676	26.84
6.	Sam PERKINS	15	teamipswich		56.22	657	27.63
7.	Joshua BRISTOW	15	Modernian		56.26	656	27.09
8.	Herbie KINDER	15	Co Peterboro		56.53	647	27.01
9.	Lewis MOORE	15	Deben		56.63	644	27.25
10.	James COOPER	15	Basildon Ph		56.96	634	27.27
11.	Harvey SKELLERN	15	Co Cambridge		57.02	632	27.51
12.	Ben BLOWERS	15	UEA Norwich		57.11	629	27.49
13.	Manfred BATTLE	15	Stowmarket		57.42	620	27.96
14.	Jude GOULD	15	Hitchin		57.45	619	27.73
15.	Henry PEARCE	15	Co Peterboro		57.67	612	28.14
16.	Thomas CADENHEAD	15	Co St Albans		58.06	601	27.96
17.	Jack TREMAIN	15	Modernian		58.35	593	28.31
18.	Collins SALIBOKO	15	St Felix Sch		58.53	587	29.13
19.	Matthew ROTHWELL	15	Co Peterboro		58.96	575	28.95
20.	Elliott DAY	15	teamipswich		59.04	573	28.89
21.	William HANDLEY	15	Stowmarket		59.45	562	28.94
22.	Yannik WILSON	15	Harpندن		59.76	553	-
23.	Harry SAUNDERS	15	Newmarket		59.89	550	28.21
24.	Jack WILLIAMS	15	Basildon Ph		1:00.59	532	28.20
25.	Oliver OWEN	15	Hitchin		1:00.85	525	28.31

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Thomas CLARE	16	teamipswich		55.16	692	26.90
2.	James CHENNELLS	16	Berkhamsted		55.38	684	26.49
3.	Matthew TITMAN	16	Co Cambridge		55.50	680	26.86
4.	Joshua SMITH	16	DunmowAtlant		55.93	666	26.91
5.	Ashley COOMBS	16	Hemel Hemp		55.96	665	26.52
6.	Michael RIPPER	16	Co St Albans		56.14	660	26.87
7.	Max JELFS	16	Hatfield		56.15	659	27.03
8.	Evan THOMAS-MANSFIELD	16	West Suffolk		56.38	652	27.24
9.	Jude LIDDIARD	16	Co St Albans		56.62	644	27.45
10.	Ralph MUNCER	16	Co St Albans		57.13	629	28.01
10.	Taylor BOWEN	16	West Suffolk		57.13	629	27.65
12.	Harrison LEES	16	Watford SC		57.93	605	28.31
13.	John BOYLE	16	DunmowAtlant		58.64	584	28.15
14.	Kohei WATANABE	16	Hatfield		58.88	578	28.33
15.	Daniel CHADA	16	Bishop Stort		58.96	575	28.55

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Luke TURLEY	17	Hatfield		51.63	821	25.44
2.	Harry CONSTANTINE	17	Hatfield		52.02	805	25.42
3.	Regan LLOYD	20	teamipswich		52.88	772	25.70
4.	Conor HARROLD	24	Basildon Ph		53.15	762	25.81
5.	Henry CHOONG	20	Co Cambridge		53.83	738	25.99
6.	Lee BAKER	22	Harlow Pen		54.08	729	26.17
7.	Oliver FITT	18	St Ives		54.17	726	26.11
8.	James WOODWARD	17	Potters Bar		54.18	725	26.58
9.	Stuart CLARKE	33	Bishop Stort		54.27	722	26.30
10.	Samuel COTTEE	17	teamipswich		54.29	721	26.18
11.	Jamie SCHOLES	17	Co Peterboro		54.38	718	26.17
12.	Daniel LEIGH	18	Co Peterboro		54.42	717	26.61
13.	Nathan WELLS	19	West Norfolk		54.46	716	26.15
14.	Dominic SCIFO	18	teamipswich		54.60	711	26.31
15.	Erik SULLIVAN	23	Co Cambridge		54.70	707	25.78
16.	Luke SUGDEN	18	Hatfield		54.78	705	26.66
17.	Callum CHAPPLE	21	Team Luton		54.88	701	26.31
18.	Finn HARMAN	19	Co Cambridge		54.92	700	25.97
19.	Jack WEARS	18	C Beds SS		55.08	694	26.98
20.	Sonny TRIGG	22	teamipswich		55.12	693	26.83
21.	Ruben DEKKER	24	Co Cambridge		55.22	690	26.57
22.	Kyle PANTON	22	DunmowAtlant		55.26	688	26.68
23.	Alec BURCHELL	19	Hitchin		55.34	686	26.33
24.	Kevin PICKARD	29	Hatfield		55.38	684	26.84
25.	Reece NICHOLLS	17	Basildon Ph		55.40	684	26.93
26.	Harvey JOLLY	17	Basildon Ph		55.49	681	26.66
27.	Bradley VEITCH	18	Bishop Stort		55.55	679	27.24
28.	Adam MARTIN	17	Potters Bar		55.58	678	26.81
29.	Joshua FOWLES	18	Witham Dolph		55.66	675	26.88



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30. Jordan MANN	19	Norwich Swan	55.78	671	26.76
31. Alex EVENS	18	Hitchin	55.80	671	26.70
32. Dalton YALLOP	20	Beccles Town	55.82	670	26.49
33. Jake THOMAS-MANSFIELD	17	St Felix Sch	56.00	664	27.06
34. David SHIPMAN	17	Potters Bar	56.01	664	26.84
35. Tyler BERRY	17	Basildon Ph	56.02	663	27.02
36. Liam BARNETT	30	Co Cambridge	56.28	655	26.72
37. Ben POGSON	25	West Norfolk	56.30	654	26.96
38. Daniel LUSH	17	Cheshunt	56.43	650	26.82
39. James DAVIS	24	Basildon Ph	57.42	620	27.74
40. Joshua WELLS	20	Gt Yarmouth	14 1:05.55	418	31.03
40. Callum HODGSON	17	Basildon Ph	14 1:05.55	418	31.07
42. Mark EVENS	21	Hitchin	14 1:10.66	326	34.46
Eliott IACONO	20	Bishop Stort	DNC		

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Joshua WELLS	20	Gt Yarmouth	14	1:05.55	543	31.03
1.	Callum HODGSON	17	Basildon Ph	14	1:05.55	543	31.07
3.	Mark EVENS	21	Hitchin	14	1:10.66	434	34.46
4.	Roan BRENNAN	11	Basildon Ph	9	1:20.16	308	37.96



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Weekend One - Luton
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EVENT 123 Womens 50m Breaststroke

Regional Records - Junior 33.03 Senior 32.10

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Keira FROSDICK	15	West Norfolk	33.51	807
2.	Vejune PETRAITYTE	15	Basildon Ph	34.97	724
3.	Lauren SCOTT	15	Chelmsford	35.40	701
4.	Amelia MONAGHAN	15	Co Peterboro	35.41	700
5.	Grace MIDDLETON	15	Co Cambridge	35.64	688
6.	Sophie PAYNE	15	Hatfield	35.96	672
7.	Nicole CHANDLER	15	teamipswich	36.31	654
7.	Aoife MARLEY	15	Witham Dolph	36.31	654
9.	India WESTON	15	Norfolk Vikg	36.74	633
10.	Rachael JOHNSON	15	West Norfolk	36.81	630
11.	Nia JORDAN	15	Hatfield	36.82	630
12.	Zara KEEGAN	15	Co Cambridge	36.84	629
13.	Freya LINES	15	St Felix Sch	36.85	628
14.	Sonja LOWDON	15	Hitchin	37.28	608
15.	Rosie MUSPRATT	15	West Norfolk	37.56	596
16.	Rebecca WEST	15	Thurrock	37.91	580
17.	Jasmine GORE	15	Putteridge	38.03	575
18.	Kristin QUIGLEY	15	Modernian	38.09	572
19.	Livia BROOKES	15	Co Cambridge	38.15	570
20.	Zoe WALTON	15	Rochford	38.21	567
21.	Georgia PURKIS	15	Hemel Hemp	38.33	562
22.	Victoria BRAKENBURY	15	Hitchin	38.52	554
23.	Rebecca GROGAN	15	C Beds SS	38.61	550
24.	Grace LEECH	15	Gt Yarmouth	38.62	550
24.	Lija RADZIUNAITE	15	Stowmarket	38.62	550
24.	Ella MURPHY	15	Harpenden	38.62	550
27.	Olivia NORMAN	15	Colchester	38.67	548
28.	Smriti GOKARN	15	St Felix Sch	38.79	543
29.	Katherine DAYNES	15	Halstead	38.92	538
30.	Shona MCKENNA	15	Hemel Hemp	39.02	534
31.	Erin LEE	15	Basildon Ph	39.11	530
32.	Amber HEAD	15	Rochford	39.14	529
33.	Eloise BAILEY	15	Modernian	39.28	523
34.	Abbie MCCARTHY	15	Colchester	39.48	516
35.	Clementine WATERHOUSE	15	Verulam	39.50	515
36.	Mia MASPERS	15	teamipswich	39.52	514
37.	Madeline WRIGHT	15	UEA Norwich	39.79	504
38.	Ciara GILL-RYAN	15	Newmarket	39.81	503
39.	Gemma BOOTH	15	Newmarket	40.84	466

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Abigail HURST	16	Berkhamsted	33.78	791
2.	Molly LEE	16	West Norfolk	34.13	771
3.	Nadine SMITH	16	Hatfield	35.84	678
4.	Lauren WATT	16	Newmarket	35.94	673
5.	Lauren HARRISON	16	Co Peterboro	36.17	661
6.	Alara NORTON	16	Hatfield	36.18	661
7.	Alice FENDER	16	Hemel Hemp	36.66	637
8.	Honey HARVEY	16	Gt Yarmouth	37.10	617
9.	Caitlin WATSON-DOTCHIN	16	Basildon Ph	37.30	607
10.	Eden HORWOOD	16	Leighton Buz	37.46	600
11.	Katie LINES	16	Lstof & OB	37.72	589
12.	Emily GALLAGHER	16	St Ives	37.75	587
13.	Lauren NELSON	16	Harlow Pen	38.08	573
14.	Celyn WALMSLEY	16	Team Luton	38.35	561
15.	Megan SAMUELS	16	Chelmsford	38.48	556
16.	Chloe-Jeane PARSLEY	16	West Suffolk	38.50	555
17.	Emma KILLIN	16	Tring	38.73	546
18.	Maia MCPHERSON	16	Witham Dolph	38.85	541
19.	Rebecca MERRILL	16	Norwich Swan	39.01	534
20.	Amy PEMBERTON	16	Berkhamsted	39.16	528
21.	Brianna MAZEY	16	Tring	39.48	516
22.	Imogen HORNE-MORRIS	16	Norfolk Vikg	39.49	515
23.	Charlotte NASH	16	Bishop Stort	39.51	514
24.	Claudia CORNILLET	16	Harlow Pen	39.60	511
25.	Megan POPE	16	Cheshunt	40.03	495
26.	Leanne ABREY	16	Hemel Hemp	40.86	465



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17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Rebecca BURTON	19	Co Peterboro	32.47	873
2.	Roxanne UYS	18	West Norfolk	33.25	823
3.	Kathryn LOVEYS	30	Co Cambridge	33.56	804
4.	Cira FLETCHER	19	Bishop Stort	34.10	772
5.	Laura COPPING	17	Hatfield	34.24	764
6.	Louise BUSH	26	UEA Norwich	34.35	758
7.	Rachel ROBINSON	17	UEA Norwich	34.70	738
8.	Agatha MALIKOVA	22	Co Cambridge	34.72	737
9.	Sarah O'BRIEN	21	UEA Norwich	34.95	725
10.	Natalie COOGANS	20	West Norfolk	35.21	711
11.	Hannah MCNAUL	17	West Suffolk	35.67	687
12.	Faith GREEN	17	Co St Albans	35.84	678
13.	Emily BIGGS	18	Co Cambridge	36.28	656
14.	Lauren GRICE	18	Leighton Buz	36.34	653
15.	Lucy JESSOP	17	Brentwood	36.36	652
16.	Olivia SMITH-LAL	19	Harlow Pen	36.44	648
17.	Annalise WRIGHT	17	Linslade	36.58	641
18.	Amie COPP	18	Thetford	36.75	633
19.	Caitlin MASCALL	17	Harlow Pen	36.93	625
20.	Emily SELLEN	18	Watford SC	37.04	619
21.	Martha DULEY	18	Colchester	37.06	618
22.	Olivia NICOLAI	17	West Suffolk	37.21	612
23.	Tara COLEMAN	21	Deben	37.23	611
24.	Jasmine DEARNLEY	17	St Ives	37.33	606
25.	Megan BUNYARD	17	Linslade	37.88	581
26.	Lucy MOLLOY	17	Verulam	37.94	579
27.	Cathryn THOMSON	27	St Ives	38.06	574
28.	Sammy HUMPHREY	21	Leighton Buz	38.20	568
29.	Olivia HOLLEYMAN	17	Harlow Pen	38.21	567
30.	Megan WICKHAM	17	Bishop Stort	38.84	541
31.	Jessica PAYNE	19	Leighton Buz	39.09	531
32.	Keelin MCKENNA	18	Hemel Hemp	39.42	518
33.	Faye HERMON	18	Felixstowe	40.61	474



East Swimming

2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Luton

29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 124 Mens 400m IM

Regional Records - Junior 4:29.54 Senior 4:13.75

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Henry PEARCE	15	Co Peterboro	4:54.71	657
	50m 31.86	100m 1:06.71	150m 1:46.01	200m 2:24.68	250m 3:08.24
2.	Herbie KINDER	15	Co Peterboro	4:56.33	647
	50m -	100m 1:03.35	150m 1:40.78	200m 2:17.10	250m 3:03.32
3.	Liam BRENNAN	15	Basildon Ph	4:56.52	646
	50m 30.78	100m 1:06.23	150m 1:44.71	200m 2:21.07	250m 3:04.87
4.	Lewis MOORE	15	Deben	4:59.95	626
	50m 31.76	100m 1:06.55	150m 1:45.67	200m 2:25.15	250m 3:09.24
5.	Oliver REEK	15	UEA Norwich	5:00.61	622
	50m 31.08	100m 1:04.82	150m 1:43.29	200m 2:21.11	250m 3:07.51
6.	Mason HUNNISETT	15	Basildon Ph	5:02.35	612
	50m 30.19	100m 1:05.12	150m 1:47.07	200m 2:26.51	250m -
7.	Matthew ROTHWELL	15	Co Peterboro	5:04.50	600
	50m 32.62	100m 1:10.17	150m 1:48.70	200m 2:26.57	250m 3:12.97
8.	Benjamin HARVEY	15	Basildon Ph	5:06.58	589
	50m 32.26	100m 1:08.68	150m 1:48.81	200m 2:28.00	250m -
9.	Nicholas BOTHA	15	Bishop Stort	5:10.97	565
	50m 34.22	100m 1:10.49	150m 1:51.17	200m 2:29.77	250m 3:13.65
10.	Ayotobi LAGUDA	15	Hatfield	5:15.00	544
	50m 33.54	100m 1:13.06	150m 1:52.96	200m 2:32.10	250m 3:17.40
11.	Tanin KURSIDIM	15	Co St Albans	5:15.74	541
	50m 32.12	100m 1:07.59	150m 1:45.76	200m 2:23.62	250m 3:13.56
12.	Daniel ENGLISH	15	Hitchin	5:21.95	511
	50m 31.11	100m 1:08.49	150m 1:52.08	200m 2:33.94	250m -
13.	Logan PYLE	15	West Suffolk	5:25.59	494
	50m 34.05	100m 1:12.21	150m 1:55.53	200m 2:36.69	250m 3:24.73

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Jamie MCCAFFRAY	16	Modernian	4:52.73	669
	50m 32.00	100m 1:05.60	150m 1:45.48	200m 2:24.69	250m 3:06.45
2.	James CHENNELLS	16	Berkhamsted	4:59.97	626
	50m 31.07	100m 1:05.88	150m 1:45.06	200m 2:22.64	250m 3:08.08
3.	Jack SANGSTER	16	Modernian	5:03.30	607
	50m 32.68	100m 1:10.23	150m 1:47.61	200m 2:23.81	250m 3:09.07
4.	Harrison LEES	16	Watford SC	5:04.24	601
	50m 30.58	100m 1:05.66	150m 1:46.95	200m 2:25.96	250m 3:11.66
5.	Charles WHYTE	16	West Suffolk	5:06.38	590
	50m 30.47	100m 1:05.93	150m 1:46.65	200m 2:25.39	250m 3:12.45
6.	Lewis BAYLEY	16	Southend	5:07.94	581
	50m 31.83	100m 1:09.74	150m 1:48.34	200m 2:24.73	250m 3:10.46
7.	James MCFARLAND	16	C Beds SS	5:08.15	580
	50m 32.11	100m 1:07.94	150m 1:48.59	200m 2:29.06	250m 3:13.56
8.	Maxim DE WILDT	16	Co Cambridge	5:12.37	558
	50m 31.14	100m 1:09.94	150m 1:51.26	200m 2:32.37	250m 3:15.73
9.	Joseph RICHARDSON	16	Harpenden	5:13.63	551
	50m 32.97	100m 1:12.45	150m 1:53.97	200m 2:35.27	250m 3:17.38
10.	Thomas ALLISON	16	Newmarket	5:15.84	540
	50m 19.76	100m 1:08.52	150m 1:51.49	200m 2:32.39	250m 3:18.45
11.	Callum WOLLASTON	16	Cheshunt	5:17.84	530
	50m 31.18	100m 1:07.28	150m 1:47.58	200m 2:27.20	250m 3:15.81
12.	John TELENSKY	16	Harpenden	5:24.63	498
	50m 30.63	100m 1:09.17	150m 1:53.45	200m 2:35.93	250m 3:25.12

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Nathan WELLS	19	West Norfolk	4:36.44	778
	50m 29.73	100m 1:01.48	150m 1:35.90	200m 2:10.14	250m 2:51.54
2.	Jamie SCHOLLES	17	Co Peterboro	4:43.33	730
	50m 28.97	100m 1:01.87	150m 1:36.69	200m 2:10.43	250m 2:54.88
3.	Harry WHITEMAN	17	Co Peterboro	4:44.61	721
	50m 29.32	100m 1:01.94	150m 1:39.97	200m 2:17.20	250m 2:59.75
4.	Max WILSON	17	Modernian	4:46.32	710
	50m 31.18	100m 1:04.66	150m 1:43.00	200m 2:19.96	250m 3:00.84
5.	Myles TURNER	17	West Suffolk	4:46.78	707
	50m 30.64	100m 1:05.76	150m 1:42.42	200m 2:18.07	250m 2:59.56
6.	Ryan KELLY	18	Chelmsford	4:51.83	675
	50m 29.96	100m 1:05.69	150m 1:41.58	200m 2:17.28	250m 3:00.13
6.	James WOODWARD	17	Potters Bar	4:51.83	675
	50m 30.01	100m 1:04.68	150m 1:44.56	200m 2:23.86	250m 3:05.81
8.	Christopher GREENHALGH	21	West Suffolk	4:53.57	664
	50m 30.05	100m 1:04.83	150m 1:44.05	200m 2:23.18	250m 3:05.62
9.	Luke BRYAN	17	West Norfolk	4:53.78	662
	50m 29.93	100m 1:04.85	150m 1:45.07	200m 2:25.72	250m 3:07.04
10.	Finlay RYAN	18	Norwich Swan	4:54.32	659
	50m -	100m 1:05.10	150m 1:43.73	200m 2:21.49	250m -
11.	Alex MASON	21	Team Luton	4:54.79	656



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12. Robin TURNER	50m 31.44	100m 1:05.23	150m 1:45.43	200m 2:24.55	250m 3:07.36	300m 3:48.56	350m 4:22.96	400m 4:54.79
		17 Bishop Stort		4:56.49	646			
13. Joseph WELLS	50m -	100m 1:04.88	150m 1:44.73	200m 2:23.83	250m -	300m 3:47.91	350m 4:22.78	400m 4:56.49
		18 West Norfolk		4:59.01	631			
14. William LOVEMAN	50m 30.14	100m 1:05.12	150m 1:45.01	200m 2:22.56	250m 3:07.66	300m 3:52.09	350m 4:26.38	400m 4:59.01
		17 Co St Albans		5:00.88	620			
15. Spencer PRIOR	50m -	100m 1:06.25	150m -	200m 2:25.43	250m -	300m 3:50.43	350m 4:25.95	400m 5:00.88
		18 Colchester		5:01.80	615			
Oliver KENNY	50m 30.38	100m 1:05.85	150m 1:45.76	200m 2:25.60	250m 3:10.64	300m 3:54.34	350m 4:28.58	400m 5:01.80
Calvin COE		20 West Norfolk		DQ				
		19 Stowmarket		DQ				



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Weekend One - Luton

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EVENT 125 Womens 14/16 Yrs 800m Free.Team

Regional Record - 8:16.15

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Peterborough A	Co Peterboro	8:48.04	754
	50m 30.20	100m 1:02.89	150m 1:36.46	200m 2:09.59
	450m 4:50.62	500m 5:23.83	550m 5:57.83	600m 6:31.45
				650m 7:02.24
				700m 7:37.10
				750m 8:13.28
				800m 8:48.04
2.	Modernian SC	Modernian	8:56.79	722
	50m 30.58	100m 1:03.70	150m 1:37.93	200m 2:11.28
	450m 5:00.79	500m 5:35.45	550m 6:11.57	600m 6:47.27
				650m 7:16.78
				700m 7:49.08
				750m 8:23.14
				800m 8:56.79
3.	UEA City of Norwich SC	UEA Norwich	8:58.36	717
	50m 29.28	100m 1:02.70	150m 1:39.31	200m 2:16.08
	450m 5:05.27	500m 5:39.16	550m 6:15.19	600m 6:49.02
				650m 7:18.45
				700m 7:50.62
				750m 8:24.67
				800m 8:58.36
4.	Basildon & Phoenix SC	Basildon Ph	8:58.97	715
	50m 30.83	100m 1:03.87	150m 1:38.43	200m 2:13.12
	450m 5:05.11	500m 5:39.03	550m 6:14.37	600m 6:48.13
				650m 7:18.10
				700m 7:51.31
				750m 8:25.57
				800m 8:58.97
5.	Hatfield SC - A	Hatfield	9:05.12	693
	50m 31.15	100m 1:05.56	150m 1:40.52	200m 2:15.21
	450m 5:04.12	500m 5:39.84	550m 6:15.70	600m 6:50.80
				650m 7:21.19
				700m 7:55.36
				750m 8:30.43
				800m 9:05.12
6.	City of Peterborough B	Co Peterboro	9:12.04	670
	50m 30.61	100m 1:04.34	150m 1:40.65	200m 2:15.55
	450m 5:00.25	500m 5:35.70	550m 6:12.59	600m 6:49.01
				650m 7:19.66
				700m 7:55.08
				750m 8:33.67
				800m 9:12.04
7.	Dunmow Atlantis SC	DunmowAtlant	9:13.05	667
	50m 31.00	100m 1:05.15	150m 1:41.71	200m 2:16.52
	450m 5:10.01	500m 5:46.23	550m 6:23.38	600m 6:58.81
				650m 7:29.61
				700m 8:03.83
				750m 8:38.90
				800m 9:13.05
8.	Hatfield SC - B	Hatfield	9:16.16	657
	50m -	100m 1:06.52	150m -	200m 2:20.60
	450m 5:12.58	500m 5:47.54	550m 6:22.58	600m 6:58.38
				650m 7:29.70
				700m 8:04.66
				750m 8:40.50
				800m 9:16.16
9.	Hemel Hempstead SC A	Hemel Hemp	9:25.76	627
	50m 32.06	100m 1:07.00	150m 1:43.54	200m 2:18.84
	450m 5:19.43	500m 5:56.38	550m 6:35.23	600m 7:12.37
				650m 7:42.26
				700m 8:15.73
				750m 8:51.41
				800m 9:25.76
10.	Harpenden SC	Harpenden	9:57.61	536
	50m 33.80	100m 1:11.97	150m 1:51.26	200m 2:27.68
	450m 5:34.64	500m 6:13.12	550m 6:53.23	600m 7:32.74
				650m 8:05.36
				700m 8:42.69
				750m 9:20.98
				800m 9:57.61
11.	Hemel Hempstead SC B	Hemel Hemp	10:26.58	465
	50m 34.78	100m 1:14.65	150m 1:59.18	200m 2:43.70
	450m 5:54.11	500m 6:32.43	550m 7:13.33	600m 7:53.74
				650m 8:28.35
				700m 9:07.18
				750m 9:47.65
				800m 10:26.58

EVENT 126 Womens 17 Yrs/Over 800m Free.Team

Regional Record - 8:16.15

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Peterborough A	Co Peterboro	8:44.49	767
	50m 30.19	100m 1:03.45	150m 1:37.03	200m 2:08.77
	450m 4:47.14	500m 5:20.58	550m 5:55.03	600m 6:28.90
				650m 6:58.96
				700m 7:33.67
				750m 8:09.34
				800m 8:44.49
2.	Hatfield SC - A	Hatfield	8:45.15	765
	50m 30.34	100m 1:03.30	150m 1:36.01	200m 2:08.76
	450m 4:56.33	500m 5:29.64	550m 6:03.69	600m 6:37.48
				650m 7:07.11
				700m 7:40.53
				750m 8:14.10
				800m 8:45.15