



**East Swimming**  
**2017 Long Course Championships**  
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)*



**Weekend One - Luton**  
**29<sup>th</sup>, 30<sup>th</sup> April, & 1<sup>st</sup> May 2017**  
(Licensed Meet No. 1ER170219)

***EVENT 111 Womens 200m Butterfly***

Regional Records - Junior 2:14.39 Senior 2:12.96

**15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Mia LEECH	15	Co Peterboro	2:24.72	704	-	1:08.94	-
2.	Olivia NORMAN	15	Colchester	2:28.31	660	-	-	-
3.	Annabelle KITCHING	15	Chelmsford	2:30.74	631	32.84	1:10.01	1:50.40
4.	Millie WARD	15	Brentwood	2:31.40	623	-	-	-
5.	Katy CHAMBERS	15	St Felix Sch	2:31.61	621	32.63	1:10.85	1:52.24
6.	Zara KEEGAN	15	Co Cambridge	2:32.53	610	34.95	1:12.93	1:53.88
7.	Abbie MCCARTHY	15	Colchester	2:33.45	600	33.98	1:11.03	1:52.73
8.	Lauren THOMAS	15	C Beds SS	2:33.68	598	33.55	1:11.42	1:52.88
9.	Olivia SEAL	15	Hatfield	2:35.36	580	34.70	1:13.24	-
10.	Niamh PERRY	15	West Suffolk	2:35.75	575	-	-	-
11.	Jessica PENKUL	15	Bishop Stort	2:36.73	565	34.97	1:14.12	1:56.93
12.	Georgia PEASE	15	Basildon Ph	2:40.89	524	33.62	1:13.13	-
13.	Tia GARDINER	15	Chelmsford	2:44.25	492	34.13	1:14.58	2:00.14
14.	Amber HEAD	15	Rochford	2:44.44	491	34.49	1:15.10	2:00.51
15.	Rachael JOHNSON	15	West Norfolk	2:49.10	450	33.76	1:14.62	2:01.80
16.	Rosie MUSPRATT	15	West Norfolk	2:51.44	431	35.74	1:17.95	2:04.41
17.	Jennifer READ	15	West Norfolk	2:53.57	415	35.70	1:19.01	2:07.09
18.	Anya FLETCHER	15	Bishop Stort	2:57.36	387	-	1:17.10	-

**16 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Poppy RICHARDSON	16	Co Peterboro	2:21.68	745	-	-	-
2.	Lauren HARRISON	16	Co Peterboro	2:29.45	646	32.87	1:10.50	1:50.51
3.	Isabelle MARSHALL	16	Basildon Ph	2:42.74	506	-	1:14.86	1:21.98
4.	Ellen NORTHWOOD	16	Berkhamsted	2:47.10	467	35.77	1:16.08	2:02.65
5.	Bethany BYRNE	16	Thurrock	2:47.81	461	36.11	1:17.01	2:02.66
6.	Hannah TAPLIN	16	Deben	2:52.69	422	37.66	1:18.92	2:03.52

**17 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Shannon STOTT	17	Hatfield	2:20.87	756	31.23	1:05.95	1:43.19
2.	Philippa SHUTTLEWORTH	20	Hatfield	2:27.66	667	32.64	1:09.01	1:48.58
3.	Millie EMMANS	18	Co Cambridge	2:29.07	650	33.23	1:09.67	-
4.	Hannah MCNAUL	17	West Suffolk	2:30.55	633	32.31	1:09.48	1:49.52
5.	Danielle RAYNER	21	March	2:32.18	614	-	-	-
6.	Lauren GRICE	18	Leighton Buz	2:33.43	600	-	-	-
7.	Jessica FARROW	17	Hatfield	2:37.87	553	35.47	1:14.01	1:55.66
8.	Hannah CURRELL	18	Hitchin	2:38.64	546	-	-	-
9.	Georgina CURTIS	17	C Beds SS	2:39.27	539	33.65	1:10.30	1:52.76
10.	Madeleine CHAMBERS	17	St Felix Sch	2:39.58	536	34.56	1:14.72	1:56.77
11.	Alexia NABARRO	18	Putteridge	2:41.24	520	-	1:14.24	1:58.41
12.	Megan COOK	17	Harlow Pen	2:44.37	491	-	-	-
13.	Tegan WOLLASTON	18	Cheshunt	2:46.00	477	35.07	1:15.13	2:00.64
14.	Megan CLAYDON	17	Deben	2:46.04	476	33.78	1:14.27	1:59.57
15.	Ceri HEARD	18	Watford SC	2:46.16	475	35.56	1:15.61	2:00.39
16.	Peyton EWBANK	17	Norwich Swan	2:53.81	413	33.41	1:14.09	2:01.43
17.	Melissa ELEY	17	Chelmsford	2:54.56	407	35.51	1:16.98	2:05.19



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**29<sup>th</sup>, 30<sup>th</sup> April, & 1<sup>st</sup> May 2017**  
(Licensed Meet No. 1ER170219)

***EVENT 112 Mens 50m Backstroke***

Regional Records - Junior 27.54 Senior 25.95

**15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts
1.	Samuel PERKS	15	Basildon Ph	28.49	719
2.	Jonathon ADAM	15	Co Cambridge	28.55	715
3.	Myles ROBINSON-YOUNG	15	Co Peterboro	29.31	666
4.	Manfred BATTLE	15	Stowmarket	29.59	649
5.	James COOPER	15	Basildon Ph	29.68	644
6.	Liam BRENNAN	15	Basildon Ph	29.76	639
7.	Jack TREMAIN	15	Modernian	29.82	635
8.	Jack BOWYER	15	West Suffolk	29.88	632
9.	Herbie KINDER	15	Co Peterboro	30.05	622
10.	Ismail RAHIM	15	Berkhamsted	30.61	591
11.	Edward CAMPFIELD	15	Harpenden	30.71	585
12.	Lewis MOORE	15	Deben	30.72	585
12.	Elliott DAY	15	teamipswich	30.72	585
14.	Matthew ROTHWELL	15	Co Peterboro	30.94	573
15.	Thomas CADENHEAD	15	Co St Albans	31.33	553
16.	Collins SALIBOKO	15	St Felix Sch	31.35	552
17.	Matthew ANDERSON	15	Deben	31.49	544
18.	Aidan HOWARD	15	Leiston	31.69	534
19.	Glenn HARRISON	15	Hitchin	31.78	530
20.	Elliott LEDGER	15	March	31.83	528
21.	Ben PARADISE	15	Basildon Ph	31.98	520
22.	Tommy CHANDLER	15	Gt Yarmouth	32.27	507
23.	Isaac BACHU	15	Diss Otters	32.38	501

**16 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts
1.	Thomas CLARE	16	teamipswich	28.01	751
2.	Daniel CHADA	16	Bishop Stort	28.79	699
3.	Joshua SMITH	16	DunmowAtlant	28.82	697
4.	Matthew TITMAN	16	Co Cambridge	29.42	659
5.	John BOYLE	16	DunmowAtlant	29.67	644
6.	Taylor BOWEN	16	West Suffolk	30.05	622
7.	Jack SANGSTER	16	Modernian	30.07	621
8.	Evan THOMAS-MANSFIELD	16	West Suffolk	30.30	608
9.	James CHENNELLS	16	Berkhamsted	30.35	605
10.	Charles WHYTE	16	West Suffolk	30.38	603
11.	Lewis BAYLEY	16	Southend	30.40	602
12.	Jude LIDDARD	16	Co St Albans	30.41	602
13.	Matteo TONTODONATI	16	Bishop Stort	30.42	601
14.	George HART	16	C Beds SS	30.46	599
15.	Marcus KEMP	16	Watford SC	30.51	596
16.	Harrison LEES	16	Watford SC	30.61	591
17.	Samuel WORTLEY	16	West Suffolk	30.65	588
18.	Callum WOLLASTON	16	Cheshunt	30.66	588
19.	Matthew TATUM	16	Diss Otters	30.79	581
20.	Jamie BRACKSTON	16	Hitchin	30.84	578
21.	Thomas STANBURY	16	Potters Bar	31.24	557
22.	Andrei GARE	16	Southend	31.25	557
23.	Charles RENNIE	16	Braintree	31.38	550
24.	Jacob CLARKE	16	West Suffolk	31.65	536

**17 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts
1.	Oliver FITT	18	St Ives	27.38	796
2.	Matthew GRAY	17	Co Peterboro	27.86	762
3.	Harry CONSTANTINE	17	Hatfield	27.88	760
4.	Samuel PEASE	18	Basildon Ph	27.96	755
5.	Ruben DEKKER	24	Co Cambridge	27.98	753
6.	Nathan WELLS	19	West Norfolk	28.00	752
7.	Cameron MANLEY	18	C Beds SS	28.05	748
8.	Jamie SCHOLLES	17	Co Peterboro	28.07	747
9.	Charlie POND THOMPSON	24	Hatfield	28.27	733
10.	Conor HARROLD	24	Basildon Ph	28.36	727
11.	Ryan KELLY	18	Chelmsford	28.39	725
12.	James WOODWARD	17	Potters Bar	28.71	704
13.	Liam CURRAN	19	Putteridge	28.92	691
14.	Elliott WYLIE	18	Hatfield	28.97	687
15.	Lucas DYSON-DIAZ	17	Hatfield	29.21	672
16.	Reece NICHOLLS	17	Basildon Ph	29.27	669
17.	Sam GAMBLE	18	Hitchin	29.45	657
18.	Ben POGSON	25	West Norfolk	29.51	654
19.	Jordan MANN	19	Norwich Swan	29.52	653
20.	Ignacio LARGHERO	18	Newmarket	29.53	653
21.	Thomas PICKERING	17	Linslade	29.57	650
22.	Dalton YALLOP	20	Beccles Town	29.62	647



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23. Samuel COTTEE	17	teamipswich	29.75	639
24. Harry FOX	18	Basildon Ph	30.06	621
25. Oliver KENNY	20	West Norfolk	30.11	619
26. Jake THOMAS-MANSFIELD	17	St Felix Sch	30.14	617
27. Michael JUDD	19	Dunstable	30.19	614
28. Louis SPONG	18	DunmowAtlant	30.26	610
29. Tyler BERRY	17	Basildon Ph	30.31	607
30. Michael LARDNER	18	St Ives	30.42	601
31. Thomas BOYT	18	Felixstowe	30.74	584



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**EVENT 113 Womens 50m Freestyle**

Regional Records - Junior 26.57 Senior 26.09

**15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts
1.	Mia MASPERS	15	teamipswich	27.02	765
2.	Macy LAWRENCE	15	Basildon Ph	27.31	744
3.	Rebecca WATT	15	DunmowAtlant	27.76	713
4.	Anna BLAKELEY	15	Co Peterboro	27.99	698
5.	Amie PHILPOT	15	teamipswich	28.00	697
6.	Abbie LOW	15	Chelmsford	28.16	686
7.	Rebecca STROUD	15	Brentwood	28.35	674
8.	Mackenzie WHYATT	15	Co Peterboro	28.41	670
9.	Emily LUSH	15	Cheshunt	28.45	668
10.	Lija RADZIUNAITE	15	Stowmarket	28.48	666
11.	Shona MCKENNA	15	Hemel Hemp	28.51	664
12.	Mia CARTER	15	Bishop Stort	28.52	663
13.	Megan PYE	15	UEA Norwich	28.58	659
14.	Keira FROSDICK	15	West Norfolk	28.63	656
15.	Grace LEECH	15	Gt Yarmouth	28.76	648
16.	Sarah CARROLL	15	Bishop Stort	28.82	645
17.	Emily JONES	15	Modernian	28.84	643
18.	Chloe MOLONEY	15	DunmowAtlant	28.85	643
19.	Amelia MONAGHAN	15	Co Peterboro	28.98	635
20.	Erin LEE	15	Basildon Ph	29.12	626
20.	Maisie EASTER	15	UEA Norwich	29.12	626
22.	Mia FURSEDONNE	15	Basildon Ph	29.19	622
23.	Olivia NORMAN	15	Colchester	29.20	622
24.	Nicole CHANDLER	15	teamipswich	29.24	619
24.	Lauren THOMAS	15	C Beds SS	29.24	619
26.	Hannah SHARP	15	Modernian	29.37	612
27.	Billie GRANT	15	Hatfield	29.39	610
28.	Ella TOLLIDAY	15	St Felix Sch	29.40	610
29.	India WESTON	15	Norfolk Vikg	29.52	603
30.	Fiona HOLMES	15	Watford SC	29.73	591
31.	Zara KEEGAN	15	Co Cambridge	29.74	590
32.	Freya LINES	15	St Felix Sch	29.95	579
33.	Madeline WRIGHT	15	UEA Norwich	29.98	577
34.	Millie WARD	15	Brentwood	30.05	573
35.	Memphis FLEMING	15	Runnymede	30.13	569
36.	Abbie MCCARTHY	15	Colchester	30.14	568
	Morgan COATES	15	West Norfolk	DQ	

**16 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts
1.	Poppy RICHARDSON	16	Co Peterboro	28.29	678
2.	Sonia TUMIOTTO	16	St Felix Sch	28.36	673
3.	Chloe LENCE	16	Modernian	28.43	669
4.	Jessica MANSFIELD	16	Huntingdon	28.49	665
5.	Lauren WATT	16	Newmarket	28.51	664
6.	Amy PEMBERTON	16	Berkhamsted	28.82	645
7.	Celeste ANDREW	16	Harlow Pen	28.85	643
8.	Niamh ADCOCK	16	UEA Norwich	28.96	636
9.	Brianna MAZEY	16	Tring	29.06	630
10.	Phoebe HAYDEN	16	teamipswich	29.14	625
11.	Alice FENDER	16	Hemel Hemp	29.21	621
12.	Martine TRAN	16	Thurrock	29.22	620
13.	Angel DUNDERDALE	16	UEA Norwich	29.34	613
	Josie PRETIOUS-WHITE	16	Bishop Stort	DQ	

**17 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts
1.	Martha DULEY	18	Colchester	26.64	793
2.	Mollie ALLEN	19	Co Peterboro	26.67	791
3.	Meghan MAYBANKS	17	DunmowAtlant	27.14	756
4.	Elinor DULEY	17	Colchester	27.32	743
5.	Bethany SAUNDERS	18	Co Peterboro	27.45	734
6.	Lauren SIMPKINS	19	Putteridge	27.49	732
7.	Rebecca SHERWIN	17	teamipswich	27.55	727
8.	Katrin HEIDER	25	Co Cambridge	27.72	716
9.	Rachel WELLINGS	17	Co Peterboro	27.85	707
10.	Molly OLLINGTON	19	West Suffolk	27.91	703
11.	Abigail WHITING	18	West Norfolk	27.96	700
12.	Rebecca BURTON	19	Co Peterboro	27.97	699
13.	Amy YOUNG	18	Bishop Stort	28.01	696
14.	Tara COLEMAN	21	Deben	28.11	690
15.	Agatha MALIKOVA	22	Co Cambridge	28.14	688
15.	Lauren HALL	18	Co Cambridge	28.14	688
17.	Lucy JESSOP	17	Brentwood	28.37	673



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18. Georgina TALLON	17 Potters Bar	28.38	672
19. Katie CONYERS	17 Potters Bar	28.40	671
19. Kioni BROOMFIELD	17 Dereham	28.40	671
21. Shannon STOTT	17 Hatfield	28.49	665
22. Jessica WESTLAKE	18 St Felix Sch	28.52	663
23. Jade BREWER	19 Leiston	28.56	661
24. Cathryn THOMSON	27 St Ives	28.71	651
25. Georgia HARROD	17 DunmowAtlant	28.94	637
26. Leanne CAREY	18 Watford SC	28.99	634
27. Amelia PEDDLE	17 Epping For't	29.00	634
28. Beatrice BARDER	18 Co St Albans	29.16	624
29. Faye HERMON	18 Felixstowe	29.43	608



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### Weekend One - Luton

29<sup>th</sup>, 30<sup>th</sup> April, & 1<sup>st</sup> May 2017  
(Licensed Meet No. 1ER170219)

### ***EVENT 114 Mens 100m Breaststroke***

Regional Records - Junior 1:07.00 Senior 1:01.42

#### **15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50
1.	Reese HOUSDEN	15	Hatfield	1:11.36	634	32.98
2.	Joshua BRISTOW	15	Modernian	1:12.20	614	33.53
3.	Sam PERKINS	15	teamipswich	1:12.38	610	33.66
4.	Oliver CASHIN	15	Co Cambridge	1:12.47	608	34.74
5.	Lewis MOORE	15	Deben	1:12.63	604	35.17
5.	Ayotobi LAGUDA	15	Hatfield	1:12.63	604	-
7.	Adam HARDY	15	teamipswich	1:13.44	585	-
8.	Bryn COUSER	15	Bishop Stort	1:13.63	581	34.13
9.	Mal STAFF	15	UEA Norwich	1:14.52	561	36.28
10.	Liam BRENNAN	15	Basildon Ph	1:14.90	553	35.03
11.	Yannik WILSON	15	Harpندن	1:15.08	549	19.98
12.	Freddie SYMONDS	15	Team Luton	1:15.22	546	36.09
13.	Joseph COLDWELL	15	Hemel Hemp	1:16.09	528	35.11
14.	Tommy CHANDLER	15	Gt Yarmouth	1:16.46	521	37.05
15.	William HANDLEY	15	Stowmarket	1:16.80	514	36.04
16.	Henry PEARCE	15	Co Peterboro	1:16.97	511	-
17.	Callum HAROLD	15	Bishop Stort	1:17.29	504	36.52
18.	Benjamin HARVEY	15	Basildon Ph	1:17.56	499	37.09
19.	Tolu ELESIN	15	Potters Bar	1:17.57	499	36.40
20.	Jack MANSFIELD	15	Harlow Pen	1:17.64	498	36.91
21.	Kieran MCCARTHY	15	Co St Albans	1:17.71	496	34.95
22.	Jack WILLIAMS	15	Basildon Ph	1:18.01	491	35.35
23.	Dominic MCCARTHY	15	Hoddesdon	1:18.13	488	35.86
24.	Silvester HAVRILLAY	15	Harlow Pen	1:18.20	487	36.17
25.	Evan TAYLOR	15	St Ives	1:18.53	481	36.60
26.	Mason HUNNISETT	15	Basildon Ph	1:18.94	473	37.03
27.	Sam MEAD	15	Dunstable	1:19.14	470	37.67
28.	Kai BORROMEO	15	Modernian	1:19.26	467	37.81

#### **16 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50
1.	Charles RAYNER	16	Hatfield	1:08.02	722	32.88
2.	Ralph MUNCER	16	Co St Albans	1:10.00	669	32.71
3.	Samuel BRYAN	16	Basildon Ph	1:10.29	661	33.28
4.	Cole JAMES	16	Hatfield	1:10.92	645	33.36
5.	Jack RICHES	16	UEA Norwich	1:14.17	569	34.76
6.	Maxim DE WILDT	16	Co Cambridge	1:14.32	566	34.58
7.	Taylor BOWEN	16	West Suffolk	1:14.73	557	-
7.	Joseph RICHARDSON	16	Harpندن	1:14.73	557	34.17
9.	Charles RENNIE	16	Braintree	1:14.94	552	35.01
10.	Nathan SWIFT	16	Putteridge	1:15.10	549	35.08
11.	Samuel SKUSE	16	Beccles Town	1:15.25	546	35.39
12.	Matthew WOULDHAM	16	Co Peterboro	1:15.36	543	35.86
13.	Conor FERGUSON	16	C Beds SS	1:15.55	539	34.92
14.	Marcus KEMP	16	Watford SC	1:15.64	538	36.16
15.	Raffaele GRACI	16	Putteridge	1:16.71	516	34.32
16.	Oliver HARRIS	16	West Norfolk	1:17.17	507	34.87
17.	Lewis BAYLEY	16	Southend	1:17.43	502	36.77
18.	Samuel GAINES	16	Hemel Hemp	1:17.95	492	37.13
19.	George HART	16	C Beds SS	1:18.47	482	-
20.	Thomas HAMILTON	16	Royston	1:18.54	481	36.46
	William RICHARDS	16	Dunstable	DQ		

#### **17 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50
1.	Lawrence PALMER	25	Putteridge	1:05.15	807	30.31
2.	Brandon NABARRO	20	Putteridge	1:07.04	750	31.50
3.	Nathan HUGHES	17	Hatfield	1:07.26	743	31.76
4.	Cameron MANLEY	18	C Beds SS	1:07.31	742	31.28
5.	Benjamin ARKLE	18	Co Cambridge	1:07.82	727	-
6.	Thomas WIGGINS	18	Co Peterboro	1:09.29	687	32.32
7.	Robin TURNER	17	Bishop Stort	1:09.51	681	32.59
8.	David SHIPMAN	17	Potters Bar	1:09.55	680	31.74
9.	William LOVEMAN	17	Co St Albans	1:10.52	655	33.66
10.	Finlay RYAN	18	Norwich Swan	1:10.58	654	33.92
11.	Jordan BATSON	21	Putteridge	1:10.66	652	-
12.	Ole MILLS	18	Halstead	1:10.67	652	33.45
12.	Jack CHRISTIE	19	Hemel Hemp	1:10.67	652	31.79
14.	Jack PICKERING	19	teamipswich	1:11.11	641	33.81
15.	Samuel PEASE	18	Basildon Ph	1:11.29	636	33.14
16.	Alex FLORANCE	17	West Norfolk	1:11.38	634	33.30
17.	Samuel COTTEE	17	teamipswich	1:11.39	634	-



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18. Christopher GREENHALGH	21	West Suffolk	1:11.46	632	33.92
19. Daniel HURST	18	Berkhamsted	1:11.97	620	33.82
20. Luke BRYAN	17	West Norfolk	1:12.02	618	33.79
21. Harry WAGNER	19	Newmarket	1:12.08	617	33.67
22. Christopher SEARLE	25	Dereham	1:12.14	616	33.25
23. Kyle PANTON	22	DunmowAtlant	1:13.11	593	34.38
24. Nathan WELLS	19	West Norfolk	1:13.18	591	34.41
25. Ryan JARVIS	18	Putteridge	1:13.19	591	-
26. Spencer PRIOR	18	Colchester	1:13.21	591	34.21
27. Jack FILER	19	Berkhamsted	1:13.74	579	33.74
28. Joseph COLLINS	18	Bishop Stort	1:13.76	578	35.08
29. Matthew GRAY	17	Co Peterboro	1:13.98	573	35.48
30. Sydney NEWNHAM-STEBBIN	18	Lstof & OB	1:14.66	558	34.67
31. Nicholas MITCHELL	18	Colchester	1:14.72	557	34.74
32. Matthew MCLAUGHLIN	24	DunmowAtlant	1:14.92	553	34.85
Myles TURNER	17	West Suffolk	DQ		
Georgios NIKOLAKOUDIS	20	Co Cambridge	DQ		





**East Swimming**  
**2017 Long Course Championships**  
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)*



**Weekend One - Luton**  
**29<sup>th</sup>, 30<sup>th</sup> April, & 1<sup>st</sup> May 2017**  
(Licensed Meet No. 1ER170219)

***EVENT 115 Womens 200m Breaststroke***

Regional Records - Junior 2:34.33 Senior 2:31.43

**15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Amelia MONAGHAN	15	Co Peterboro	2:38.20	779	36.00	1:16.10	1:58.01
2.	Sophie PAYNE	15	Hatfield	2:43.34	717	-	1:19.02	-
3.	Keira FROSDICK	15	West Norfolk	2:44.26	706	36.05	1:17.70	2:01.03
4.	Vejune PETRAITYTE	15	Basildon Ph	2:46.78	678	36.93	1:19.41	2:03.95
5.	Aoife MARLEY	15	Witham Dolph	2:49.53	649	39.67	1:21.86	2:07.26
6.	India WESTON	15	Norfolk Vikg	2:50.30	641	39.12	1:21.62	-
7.	Lauren SCOTT	15	Chelmsford	2:54.36	600	39.44	1:22.74	-
8.	Kristin QUIGLEY	15	Modernian	2:54.97	594	40.26	1:25.51	-
9.	Zara KEEGAN	15	Co Cambridge	2:55.16	592	41.06	1:24.77	2:11.17
10.	Freya LINES	15	St Felix Sch	2:55.72	587	38.63	1:23.33	2:10.22
11.	Sonja LOWDON	15	Hitchin	2:56.85	576	40.17	1:23.81	2:11.14
12.	Eloise BAILEY	15	Modernian	2:56.88	576	41.23	1:24.98	2:11.70
13.	Rebecca WEST	15	Thurrock	2:56.97	575	39.08	1:23.04	2:10.01
14.	Nia JORDAN	15	Hatfield	2:57.53	570	40.87	1:24.94	2:12.05
15.	Amber HEAD	15	Rochford	2:58.03	565	40.88	1:25.98	2:12.19
16.	Nicole CHANDLER	15	teampipswich	2:58.71	559	41.03	1:26.24	2:13.94
17.	Georgia PURKIS	15	Hemel Hemp	2:59.20	555	40.21	1:25.63	2:12.83
18.	Grace MIDDLETON	15	Co Cambridge	3:00.91	540	40.03	1:25.85	2:14.77
19.	Rosie MUSPRATT	15	West Norfolk	3:01.03	539	-	1:25.82	-
20.	Rachael JOHNSON	15	West Norfolk	3:01.55	534	42.13	1:27.26	2:16.21
21.	Livia BROOKES	15	Co Cambridge	3:01.83	532	41.12	1:26.67	2:15.04
22.	Rebecca GROGAN	15	C Beds SS	3:02.26	528	41.69	1:28.81	2:15.25
23.	Katherine DAYNES	15	Halstead	3:04.61	508	-	1:27.39	2:17.29
24.	Victoria BRAKENBURY	15	Hitchin	3:08.47	478	39.30	1:26.03	2:16.84
25.	Eleanor GALVIN	15	Co St Albans	3:13.66	439	42.35	1:29.76	2:21.49

**16 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Lauren HARRISON	16	Co Peterboro	2:40.15	755	36.87	1:17.68	1:59.53
2.	Abigail HURST	16	Berkhamsted	2:46.04	686	36.96	1:18.17	2:02.30
3.	Honey HARVEY	16	Gt Yarmouth	2:46.42	682	38.11	1:19.28	2:04.12
4.	Alara NORTON	16	Hatfield	2:48.05	664	-	1:18.80	-
5.	Celyn WALMSLEY	16	Team Luton	2:48.95	655	38.65	1:20.89	2:04.27
6.	Caitlin WATSON-DOTCHIN	16	Basildon Ph	2:53.04	613	40.34	1:23.58	2:09.26
7.	Katie LINES	16	Lstof & OB	2:53.86	605	38.75	1:22.86	2:08.00
8.	Lauren WATT	16	Newmarket	2:54.99	594	38.22	1:21.37	2:08.34
9.	Rebecca MERRILL	16	Norwich Swan	2:56.79	577	-	1:24.59	-
10.	Maia MCPHERSON Molly LEE	16	Witham Dolph West Norfolk	2:59.14 DNF	555	40.76	1:26.53	2:13.63

**17 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Rebecca BURTON	19	Co Peterboro	2:37.06	793	34.80	1:14.28	1:55.51
2.	Natalie COOGANS	20	West Norfolk	2:41.24	741	37.36	1:18.39	-
3.	Louise BUSH	26	UEA Norwich	2:43.57	714	-	1:16.89	-
4.	Laura COPPING	17	Hatfield	2:46.01	687	38.67	1:19.22	2:03.67
5.	Cira FLETCHER	19	Bishop Stort	2:46.47	681	37.81	1:20.15	2:04.16
6.	Amber HUGHES	18	Hatfield	2:47.97	665	38.90	1:21.30	2:04.36
7.	Hannah MCNAUL	17	West Suffolk	2:51.13	632	38.74	1:21.72	2:06.88
8.	Olivia NICOLAI	17	West Suffolk	2:52.83	615	39.53	1:22.04	2:08.24
9.	Rachel ROBINSON	17	UEA Norwich	2:53.74	606	-	1:22.15	2:09.09
10.	Georgina CURTIS	17	C Beds SS	2:55.05	593	-	1:20.79	2:07.82
11.	Emily SELLEN	18	Watford SC	2:55.20	592	38.33	1:22.72	2:09.48
12.	Juliet MERELIE	19	Harpندن	2:55.56	588	40.28	1:24.49	2:10.39
13.	Faith GREEN	17	Co St Albans	2:56.28	582	38.87	1:21.44	2:08.45
14.	Emily BIGGS	18	Co Cambridge	2:56.33	581	39.66	1:23.62	2:10.37
15.	Elise CRICK	17	Putteridge	2:58.06	565	40.15	1:24.75	2:13.25
16.	Olivia SMITH-LAL	19	Harlow Pen	2:58.68	560	38.91	1:24.79	2:11.88
17.	Lucy JESSOP	17	Brentwood	2:59.73	550	38.75	1:22.91	2:10.50
18.	Elinor DULEY	17	Colchester	2:59.78	550	41.64	1:27.66	2:14.98
19.	Megan WICKHAM	17	Bishop Stort	2:59.91	549	41.05	1:25.67	2:12.39
20.	Annabel HEYWOOD	17	West Suffolk	3:00.23	546	41.13	1:25.37	2:12.98
21.	Caitlin MASCALL	17	Harlow Pen	3:00.33	545	-	1:23.50	-
22.	Lucy PARK	21	Watford SC	3:00.89	540	41.48	1:26.83	2:13.76
23.	Amie COPP	18	Thefford	3:02.79	524	40.13	1:25.41	2:13.69
24.	Jessica FARROW	17	Hatfield	3:02.91	523	41.21	1:26.86	2:15.00





**East Swimming**  
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**Weekend One - Luton**  
**29<sup>th</sup>, 30<sup>th</sup> April, & 1<sup>st</sup> May 2017**  
(Licensed Meet No. 1ER170219)

**EVENT 116 Mens 100m Butterfly**

Regional Records - Junior 58.09 Senior 54.57

**15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50
1.	Manfred BATTLE	15	Stowmarket	1:00.61	650	28.55
2.	Collins SALIBOKO	15	St Felix Sch	1:00.69	648	29.50
3.	Oliver REEK	15	UEA Norwich	1:01.58	622	30.02
4.	Mason HUNNISETT	15	Basildon Ph	1:01.62	621	29.31
5.	Elliott DAY	15	teamipswich	1:02.20	605	30.16
5.	Jack BOWYER	15	West Suffolk	1:02.20	605	29.73
7.	Samuel PERKS	15	Basildon Ph	1:03.02	583	29.92
8.	Angus HARROW	15	Harpenden	1:03.43	572	29.31
9.	Ismail RAHIM	15	Berkhamsted	1:03.49	571	29.56
10.	Jake MOXHAM	15	Co Cambridge	1:03.51	570	29.76
11.	James COOPER	15	Basildon Ph	1:04.22	552	29.58
12.	Ayotobi LAGUDA	15	Hatfield	1:05.11	530	30.16
13.	Benjamin HARVEY	15	Basildon Ph	1:06.10	507	31.43
14.	Adam HARDY	15	teamipswich	1:06.70	494	31.27
15.	Logan PYLE	15	West Suffolk	1:07.28	481	30.89
16.	Tolu ELESIN	15	Potters Bar	1:08.98	445	-
17.	Cameron DAY	15	Diss Otters	1:11.17	404	31.78

**16 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50
1.	Matthew TITMAN	16	Co Cambridge	59.31	689	28.19
2.	Taylor BOWEN	16	West Suffolk	1:00.10	665	29.13
3.	Charles RAYNER	16	Hatfield	1:00.43	655	28.01
4.	Thomas CLARE	16	teamipswich	1:00.61	650	28.24
5.	James CHENNELLS	16	Berkhamsted	1:02.16	606	-
6.	Joshua SMITH	16	DunmowAtlant	1:02.22	604	28.68
7.	James MCFARLAND	16	C Beds SS	1:02.75	590	29.76
8.	Samuel BRYAN	16	Basildon Ph	1:02.77	590	-
9.	Harrison LEES	16	Watford SC	1:02.95	585	29.34
10.	Jude LIDIARD	16	Co St Albans	1:03.08	581	29.29
11.	Charles WHYTE	16	West Suffolk	1:03.53	570	29.88
12.	Callum WOLLASTON	16	Cheshunt	1:03.77	564	31.22
13.	Samuel GAINES	16	Hemel Hemp	1:03.96	559	30.13
14.	Andrei GARE	16	Southend	1:04.05	556	-
15.	Thomas ALLISON	16	Newmarket	1:05.24	527	30.67
16.	John TELENSKY	16	Harpenden	1:05.79	514	30.00

**17 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts	50
1.	Karl BATORSKI	29	Harlow Pen	57.67	742	26.18
2.	Sonny TRIGG	22	teamipswich	58.44	717	27.66
3.	Nathan HUGHES	17	Hatfield	58.71	708	28.21
4.	Conor HARROLD	24	Basildon Ph	58.73	707	27.12
5.	James WOODWARD	17	Potters Bar	58.93	701	27.85
6.	Dominic SCIFO	18	teamipswich	59.10	696	27.32
7.	Harry WHITEMAN	17	Co Peterboro	59.15	694	28.87
8.	Liam CURRAN	19	Putteridge	59.24	691	27.91
9.	Edward CASTRO	29	Harpenden	59.56	681	28.39
10.	Oliver NEWTON	18	West Norfolk	59.60	680	28.18
11.	Liam BARNETT	30	Co Cambridge	59.76	675	27.38
12.	Daniel LEIGH	18	Co Peterboro	1:00.22	661	28.15
13.	Lucas DYSON-DIAZ	17	Hatfield	1:00.23	661	27.76
14.	Mason ARNOLD	20	Harlow Pen	1:00.28	660	27.88
15.	Jake THOMAS-MANSFIELD	17	St Felix Sch	1:00.35	658	28.66
16.	Callum DAVIS	17	Bishop Stort	1:00.44	655	27.75
17.	Luke SUGDEN	18	Hatfield	1:00.80	644	28.29
18.	Christopher MURPHY	21	C Beds SS	1:00.86	643	27.81
19.	Harry JONES	17	Hitchin	1:01.22	632	27.80
20.	Callum CHAPPLE	21	Team Luton	1:01.40	627	29.39
21.	Oliver KENNY	20	West Norfolk	1:02.18	605	29.11
22.	Ashley HOLNESS-WRIGHT	21	Watford SC	1:02.24	604	28.45
23.	Adam MARTIN	17	Potters Bar	1:02.28	603	28.65
24.	Spencer PRIOR	18	Colchester	1:02.48	597	29.02
25.	Louis SPONG	18	DunmowAtlant	1:02.53	596	29.02
26.	Reece NICHOLLS	17	Basildon Ph	1:02.96	585	29.89
27.	Kevin PICKARD	29	Hatfield	1:03.23	577	28.47
28.	Joseph WELLS	18	West Norfolk	1:03.88	561	28.68



# East Swimming

## 2017 Long Course Championships

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**Weekend One - Luton**  
**29<sup>th</sup>, 30<sup>th</sup> April, & 1<sup>st</sup> May 2017**  
 (Licensed Meet No. 1ER170219)

### ***EVENT 117 Womens 400m Freestyle***

Regional Records - Junior 4:12.51 Senior 4:12.51

#### **15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts
1.	Tia WILSON	15	Modernian	4:30.51	771
	50m 30.49	100m 1:03.35	150m 1:37.18	200m 2:11.27	250m 2:46.30
				300m 3:21.25	350m 3:56.93
				400m 4:30.51	
2.	Abbie LOW	15	Chelmsford	4:30.70	770
	50m 30.48	100m 1:03.64	150m 1:38.31	200m 2:13.13	250m 2:48.49
				300m 3:24.14	350m 3:59.02
				400m 4:30.70	
3.	Mia LEECH	15	Co Peterboro	4:30.74	769
	50m 31.60	100m 1:05.80	150m 1:40.78	200m 2:15.20	250m 2:49.13
				300m 3:23.51	350m 3:57.41
				400m 4:30.74	
4.	Ellie WHEELER	15	Basildon Ph	4:32.01	760
	50m 31.21	100m 1:05.43	150m 1:40.06	200m 2:14.62	250m 2:49.38
				300m 3:23.99	350m 3:58.95
				400m 4:32.01	
5.	Mackenzie WHYATT	15	Co Peterboro	4:35.74	734
	50m 31.35	100m 1:05.44	150m 1:41.16	200m 2:16.31	250m 2:51.60
				300m 3:26.64	350m 4:01.80
				400m 4:35.74	
6.	Charlotte WALKER	15	UEA Norwich	4:36.25	730
	50m 30.48	100m 1:05.04	150m 1:40.12	200m 2:15.75	250m 2:50.77
				300m 3:26.02	350m 4:01.87
				400m 4:36.25	
7.	Billie GRANT	15	Hatfield	4:37.81	720
	50m 31.90	100m 1:07.33	150m 1:42.82	200m 2:18.83	250m 2:53.61
				300m 3:29.32	350m 4:03.61
				400m 4:37.81	
8.	Mia CARTER	15	Bishop Stort	4:38.91	712
	50m 31.74	100m 1:06.16	150m 1:40.91	200m 2:16.00	250m 2:51.55
				300m 3:27.17	350m 4:03.42
				400m 4:38.91	
9.	Erin LEE	15	Basildon Ph	4:39.96	705
	50m 31.99	100m 1:06.95	150m 1:42.77	200m 2:18.34	250m 2:54.16
				300m 3:30.30	350m -
				400m 4:39.96	
10.	Natasha BENTLEY	15	Hatfield	4:40.41	702
	50m 32.36	100m 1:07.73	150m 1:43.08	200m 2:19.26	250m -
				300m 3:30.42	350m 4:05.78
				400m 4:40.41	
11.	Annabelle KITCHING	15	Chelmsford	4:42.32	689
	50m 33.14	100m 1:08.33	150m 1:44.56	200m 2:20.57	250m 2:56.77
				300m 3:32.31	350m 4:08.20
				400m 4:42.32	
12.	Katy CHAMBERS	15	St Felix Sch	4:43.05	685
	50m 32.09	100m 1:06.72	150m 1:42.21	200m 2:18.22	250m 2:54.80
				300m 3:30.87	350m 4:07.72
				400m 4:43.05	
13.	Ellie RUNNALLS	15	DunmowAtlant	4:44.16	678
	50m 32.36	100m 1:07.97	150m 1:44.13	200m 2:20.29	250m 2:56.94
				300m 3:33.37	350m 4:09.53
				400m 4:44.16	
14.	Megan PYE	15	UEA Norwich	4:44.39	676
	50m 31.77	100m 1:07.14	150m 1:43.29	200m 2:19.20	250m 2:55.82
				300m 3:32.57	350m 4:09.57
				400m 4:44.39	
15.	Chloe MOLONEY	15	DunmowAtlant	4:44.86	673
	50m 31.62	100m 1:06.97	150m 1:43.34	200m 2:19.82	250m 2:56.66
				300m 3:32.91	350m 4:09.46
				400m 4:44.86	
16.	Tia GARDINER	15	Chelmsford	4:48.08	653
	50m 32.03	100m 1:08.23	150m 1:44.37	200m 2:21.02	250m 2:57.69
				300m 3:34.50	350m 4:11.83
				400m 4:48.08	
17.	Georgia PURKIS	15	Hemel Hemp	4:49.24	646
	50m 32.50	100m 1:08.30	150m 1:44.87	200m 2:21.87	250m 2:58.71
				300m 3:35.90	350m 4:13.05
				400m 4:49.24	
18.	Sarah CARROLL	15	Bishop Stort	4:50.03	641
	50m 32.81	100m 1:08.97	150m 1:45.55	200m 2:22.59	250m 2:59.36
				300m 3:36.87	350m 4:13.98
				400m 4:50.03	
19.	Sophie PAYNE	15	Hatfield	4:50.41	639
	50m 33.69	100m 1:09.73	150m 1:46.98	200m 2:24.60	250m 3:01.46
				300m 3:38.69	350m 4:15.51
				400m 4:50.41	
20.	Freya WRIGHT	15	West Suffolk	4:51.28	633
	50m 31.63	100m 1:07.61	150m 1:44.58	200m 2:21.63	250m 2:59.56
				300m 3:37.63	350m 4:15.20
				400m 4:51.28	
21.	Lauren STOTT	15	Hatfield	4:55.29	610
	50m 32.41	100m 1:08.71	150m 1:46.14	200m 2:24.09	250m 3:00.24
				300m 3:38.39	350m 4:16.49
				400m 4:55.29	

#### **16 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts
1.	Chloe LENCE	16	Modernian	4:30.55	771
	50m 30.72	100m 1:03.42	150m 1:37.98	200m 2:12.88	250m 2:47.73
				300m 3:22.32	350m 3:57.54
				400m 4:30.55	
2.	Poppy RICHARDSON	16	Co Peterboro	4:39.13	711
	50m 30.85	100m 1:04.80	150m 1:40.34	200m 2:15.91	250m 2:51.62
				300m 3:27.56	350m 4:03.77
				400m 4:39.13	
3.	Sonia TUMIOTTO	16	St Felix Sch	4:39.36	709
	50m 31.42	100m 1:05.24	150m 1:40.05	200m 2:15.66	250m 2:50.77
				300m 3:26.87	350m 3:42.39
				400m 4:39.36	
4.	Sophie TAYLOR	16	St Felix Sch	4:41.61	694
	50m 30.99	100m 1:04.83	150m 1:40.31	200m 2:16.35	250m 2:52.59
				300m 3:29.41	350m 4:06.10
				400m 4:41.61	
5.	Lauren HARRISON	16	Co Peterboro	4:43.80	680
	50m 32.39	100m 1:07.95	150m 1:44.51	200m 2:20.34	250m 2:56.45
				300m 3:32.85	350m 4:09.18
				400m 4:43.80	
6.	Alice FENDER	16	Hemel Hemp	4:45.20	671
	50m 30.85	100m 1:05.83	150m 1:41.54	200m 2:18.02	250m 2:54.50
				300m 3:31.43	350m 4:08.62
				400m 4:45.20	
7.	Tilly ANEMA	16	Norwich Swan	4:47.69	655
	50m 31.95	100m 1:07.51	150m 1:44.38	200m 2:20.77	250m 2:57.21
				300m 3:34.22	350m 4:11.64
				400m 4:47.69	
8.	Isabelle MARSHALL	16	Basildon Ph	4:50.01	641
	50m 32.06	100m 1:06.59	150m 1:43.16	200m 2:19.57	250m 2:57.46
				300m 3:34.97	350m 4:13.79
				400m 4:50.01	
9.	Amy PEMBERTON	16	Berkhamsted	4:57.27	598
	50m 32.27	100m 1:08.66	150m 1:47.08	200m 2:25.29	250m 3:03.88
				300m 3:43.02	350m 4:21.71
				400m 4:57.27	

#### **17 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time	GB Pts
1.	Rebecca SHERWIN	17	teampswich	4:25.74	807
	50m 29.90	100m 1:02.48	150m 1:35.65	200m 2:09.29	250m 2:42.87
				300m 3:17.31	350m 3:52.12
				400m 4:25.74	
2.	Chantal SMITH	17	Team Luton	4:29.78	776
	50m 30.60	100m 1:04.21	150m 1:38.27	200m 2:12.79	250m 2:47.13
				300m 3:22.32	350m 3:56.52
				400m 4:29.78	
3.	Millie EMMANS	18	Co Cambridge	4:32.43	757
	50m 30.31	100m 1:03.12	150m 1:37.51	200m 2:12.25	250m 2:47.56
				300m 3:22.97	350m 3:58.25
				400m 4:32.43	



**East Swimming**  
**2017 Long Course Championships**  
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)*



**Weekend One - Luton**  
**29<sup>th</sup>, 30<sup>th</sup> April, & 1<sup>st</sup> May 2017**  
(Licensed Meet No. 1ER170219)

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4.	Amber HUGHES	18	Hatfield	4:34.56	742				
	50m 32.01	100m 1:06.58	150m 1:41.07	200m 2:16.17	250m 2:50.36	300m 3:25.20	350m 4:00.01	400m 4:34.56	
5.	Emily DOWDING	19	teamipswich	4:36.64	728				
	50m 31.31	100m 1:05.56	150m 1:40.67	200m 2:16.05	250m 2:51.16	300m 3:26.75	350m 4:02.34	400m 4:36.64	
6.	Martha DULEY	18	Colchester	4:38.48	715				
	50m 30.32	100m 1:05.30	150m 1:41.13	200m 2:16.34	250m 2:52.04	300m 3:27.65	350m 4:03.57	400m 4:38.48	
7.	Jessica WESTLAKE	18	St Felix Sch	4:41.13	697				
	50m 30.87	100m 1:05.06	150m 1:40.29	200m 2:15.74	250m 2:51.71	300m 3:27.75	350m 4:04.75	400m 4:41.13	
8.	Abigail WHITING	18	West Norfolk	4:42.08	691				
	50m 32.08	100m 1:06.43	150m 1:42.35	200m 2:17.74	250m 2:53.48	300m 3:29.16	350m 4:06.15	400m 4:42.08	
9.	Lauren GRICE	18	Leighton Buz	4:45.50	669				
	50m 31.34	100m 1:06.19	150m 1:42.06	200m 2:18.26	250m 2:54.83	300m 3:31.76	350m 4:09.41	400m 4:45.50	
10.	Tegan WOLLASTON	18	Cheshunt	4:47.42	657				
	50m 32.85	100m 1:08.50	150m 1:44.79	200m 2:21.13	250m 2:57.67	300m 3:34.48	350m 4:11.52	400m 4:47.42	