



**ASA East Region**  
**Intercounty Swimming Competiton**  
*(ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)*  
**2<sup>nd</sup> July 2017**  
 Inspire: Luton Sports Village



**Top Club (Evt.58)**

<b>1</b>	<b>Essex</b>	<b>253</b>
<b>2</b>	<b>Suffolk</b>	<b>238</b>
<b>3</b>	<b>Cambs</b>	<b>228</b>
<b>4</b>	<b>Herts</b>	<b>216</b>
<b>5</b>	<b>Norfolk</b>	<b>156</b>
<b>6</b>	<b>Bedfordshire</b>	<b>122</b>

***EVENT 1 Womens Open 200m IM***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Chloe HANNAM	21	Cambs	2:20.69	827	31.08	1:04.77	1:47.50
2.	Ellie WHEELER	15	Essex	2:25.52	759	32.40	1:08.20	1:51.60
3.	Lauren GRICE	18	Bedfordshire	2:28.65	718	30.99	1:08.54	1:54.29
4.	Erin O'MEARA	14	Herts	2:31.06	688	-	1:12.91	-
5.	Lauren WATT	16	Suffolk	2:32.34	672	33.27	1:12.18	1:56.60
6.	Sarah O'BRIEN	21	Norfolk	2:36.33	626	32.93	1:12.33	1:56.81

***EVENT 2 Mens Open 200m IM***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	James WOODWARD	17	Herts	2:11.24	759	-	1:02.54	-
2.	Augustus VEASEY	21	Essex	2:13.14	731	28.44	1:02.34	1:42.02
3.	Jamie SCHOLLES	17	Cambs	2:13.76	722	27.98	1:00.30	1:43.69
4.	Myles TURNER	17	Suffolk	2:13.93	720	30.17	1:03.20	1:42.79
5.	Finlay RYAN	18	Norfolk	2:17.27	674	30.43	1:06.08	1:44.72
6.	Cameron MANLEY	18	Bedfordshire	2:21.29	623	29.04	1:05.99	1:45.71

***EVENT 3 Womens 11/12 Yrs 200m Medley Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Suffolk ASA	Suffolk	2:15.69	604
		Sophie Lander	35.02	
		Charlotte White	38.36	
		Mathilda Bogle	32.32	
		Karys-Rose Bunn	29.99	
2.	Essex County ASA	Essex	2:15.84	602
		Charlotte Norman	33.52	
		Holly Lamb	39.61	
		Emily Cooper	33.54	
		Francesca Low	29.17	
3.	Hertfordshire ASA	Herts	2:16.40	595
		Emilia Dunwoodie		
		Lucy Coia-Bell	1:13.86	
		Valeria Giron	32.75	
		Ella Nijkamp	29.79	
4.	Norfolk County ASA	Norfolk	2:17.58	581
		Leah Wightman	35.02	
		Lily MacDonald	39.74	
		Ruby Dagless	32.21	
		Abigail Gotts	30.61	
5.	Cambridgeshire ASA	Cambs	2:20.94	542
		Jess Mahoney	38.62	
		Ciara Taylor	40.10	
		Bethan Endicott	34.78	
		Daisy Moxham	27.44	
6.	Bedfordshire ASA	Bedfordshire	2:21.89	531
		Lulu Donaghy	37.27	
		Olivia Newman-Baronius	38.53	
		Eloisa Miller	34.92	
		Emily Holden	31.17	



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**EVENT 4 Mens 11/12 Yrs 200m Medley Team**

Full Results

Place	Name	Club	Time	GB Pts
1.	Suffolk ASA	Suffolk	2:14.03	429
		Joseph Bavey	34.52	
		Edward Merhan	35.63	
		Matthew Brown	33.48	
		Aidan Pilcher	30.40	
2.	Hertfordshire ASA	Herts	2:15.00	420
		Peter Soczewka	46.35	
		Eldrick Manela	28.44	
		Samuel Pyefinch		
		Enzo Lim	1.00.21	
3.	Essex County ASA	Essex	2:15.23	417
		Jenson Hurrell		
		Tyler Tombs	1.13.83	
		Jude Hills	31.61	
		Colin Moghina	29.79	
4.	Norfolk County ASA	Norfolk	2:20.11	372
		Mitchell Tamblin	37.51	
		Olivier Vedrenne	38.33	
		Barnabus Clarke	35.42	
		Finley Coman	28.85	
5.	Bedfordshire ASA	Bedfordshire	2:20.62	368
		Billy Mead		
		Jack Hill	1.14.45	
		Benjamin Ashdown	34.68	
		Jack Juggins	31.49	
6.	Cambridgeshire ASA	Cambs	2:23.24	346
		Oscar Farcus	36.05	
		Bert Papworth	44.00	
		Chris Williamson		
		Matthew Monie	1.03.19	

**EVENT 5 Womens 13/14 Yrs 200m Medley Team**

Full Results

Place	Name	Club	Time	GB Pts
1.	Essex County ASA	Essex	2:06.22	734
		Asma Parker	31.50	
		Ciara Wookey	37.10	
		Sophie Freeman	29.38	
		Tilly Mayes	28.24	
2.	Hertfordshire ASA	Herts	2:06.54	730
		Lily Merrett		
		Eleanor Williams	1.07.65	
		Jessica Woodward		
		LibbyDunford	58.89	
3.	Suffolk ASA	Suffolk	2:06.98	723
		Emma Cruickshanks	32.49	
		Annabelle Burgess	35.29	
		Ella Hale	30.83	
		Mia Yates	28.37	
4.	Cambridgeshire ASA	Cambs	2:09.09	692
		Eve Wright	32.66	
		Imogen Bloomfield	36.75	
		Brenna Howell	31.30	
		Iona Trainer	28.38	
5.	Bedfordshire ASA	Bedfordshire	2:09.55	686
		Rachel Andrews	34.65	
		Autumn Handscombe	35.74	
		Ellie Matthews		
		Isabel Wainwright	59.16	
6.	Norfolk County ASA	Norfolk	2:12.84	640
		Mathilda Leyrick	32.59	
		Charlotte Abramson	37.92	
		Rebeca Smith	32.54	
		Gemma Peters	29.79	



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***EVENT 6 Mens 13/14 Yrs 200m Medley Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Essex County ASA	Essex	1:59.63	602
		Nathan Aung	31.61	
		James Dillon	32.70	
		Jack Turrell	28.82	
		Louis Steven	26.50	
2.	Suffolk ASA	Suffolk	2:00.79	586
		Connor Gillingham	31.17	
		Harvey Hall	35.02	
		Ciaran Riches		
		Henry Newell	54.60	
3.	Bedfordshire ASA	Bedfordshire	2:01.01	583
		Sam Townsend	30.13	
		Walter Hackett	34.73	
		William Robins	28.86	
		Oliver Ellison	27.29	
4.	Hertfordshire ASA	Herts	2:01.05	583
		Daniel Murtagh		
		Lewis Shayler	1.04.96	
		Michael Klimaszewski		
		James Corner	56.09	
5.	Norfolk County ASA	Norfolk	2:02.71	560
		Samuel Rose	31.41	
		Callum Stedman	35.59	
		Nathan Woodrow	27.99	
		Matthew Munnings	27.72	
	Cambridgeshire ASA	Cambs	DQ	

***EVENT 7 Womens 15/16 Yrs 200m Medley Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Essex County ASA	Essex	2:03.23	781
		Olivia Norman	31.59	
		Vejune Pelraityte	34.74	
		Martine Tran		
		Macy Lawrence	56.90	
2.	Hertfordshire ASA	Herts	2:04.01	769
		Mia Carter		
		Abigail Hurst	1.05.89	
		Josie Pretious-White		
		Emily Lush	58.12	
3.	Suffolk ASA	Suffolk	2:04.74	757
		Lija Radziunaite	30.66	
		Lauren Watt	35.88	
		Mia Maspers		
		Sonia Tumiotto	58.20	
4.	Cambridgeshire ASA	Cambs	2:06.20	735
		Emma Leslie	33.01	
		Lauren Harrison	35.07	
		Mia Leech	30.16	
		Poppy Richardson	27.96	
5.	Norfolk County ASA	Norfolk	2:06.67	728
		Angel Dunderdale		
		Keira Frosdick	1.08.16	
		Megan Pye	29.95	
		Charlotte Walker	28.56	
6.	Bedfordshire ASA	Bedfordshire	2:10.66	670
		Emily Jones	33.15	
		Amber Hill	37.84	
		Eden Horwood	30.64	
		Hannah Sharp	29.03	



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**EVENT 8 Mens 15/16 Yrs 200m Medley Team**

Full Results

Place	Name	Club	Time	GB Pts
1.	Cambridgeshire ASA	Cambs	1:51.19	734
		Jonathon Adams	28.07	
		Oliver Cashin	32.74	
		Matthew Titman	26.45	
		Jake Moxham	23.93	
2.	Suffolk ASA	Suffolk	1:53.02	703
		Thoma Clare	28.05	
		Sam Perkins	32.70	
		Taylor Bowen	26.99	
		Evan Thomas-Mansfield	25.28	
3.	Hertfordshire ASA	Herts	1:53.52	695
		Daniel Chada		
		Charles Rayner	1.00.84	
		Zachary Patel		
		Ayotobi Laguda	52.68	
4.	Essex County ASA	Essex	1:56.08	655
		James Cooper	29.43	
		Samuel Bryan	32.75	
		Mason Hunnisett		
		Joshua Smith	53.90	
5.	Norfolk County ASA	Norfolk	1:57.44	634
		Oliver Reek	30.75	
		Jack Riches	32.97	
		Joel Clarke	27.81	
		Ben Blowers	25.91	
6.	Bedfordshire ASA	Bedfordshire	1:59.39	606
		Connor Rodgers	30.88	
		Jack Tremain	31.96	
		Joshua Bristow	30.16	
		Conor Ferguson	26.39	

**EVENT 9 Womens 17 Yrs/Over 200m Medley Team**

Full Results

Place	Name	Club	Time	GB Pts
1.	Cambridgeshire ASA	Cambs	2:00.87	820
		Chloe Hannam	31.68	
		Becky Burton	32.71	
		Mollie Allen	28.40	
		Millie Emmans	28.08	
2.	Essex County ASA	Essex	2:02.23	798
		Martha Duley	30.23	
		Lucy Jespo	36.46	
		Elinor Duley	28.82	
		Megan Maybanks	26.72	
3.	Hertfordshire ASA	Herts	2:02.66	791
		Beatrice Barder		
		Cira Fletcher	1.06.49	
		Georgina Tallon		
		Elinah Phillip	56.17	
4.	Norfolk County ASA	Norfolk	2:06.78	726
		Abigail Whiting	32.81	
		Roxanne Uys	33.92	
		Peyton Ewbank	31.59	
		Kioni Broomfield	28.46	
5.	Suffolk ASA	Suffolk	2:07.90	709
		Molly Ollington	32.33	
		Olivia Nicolai	36.29	
		Megan Claydon	31.54	
		Tara Coleman	27.74	
6.	Bedfordshire ASA	Bedfordshire	2:09.19	691
		Lauren Grice	32.17	
		Ellie King	38.34	
		Chantal Smith	30.49	
		Amber Swales	28.19	



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***EVENT 10 Mens 17 Yrs/Over 200m Medley Team***

Full Results					
Place	Name	Club	Time	GB Pts	
1.	Cambridgeshire ASA	Cambs	1:45.71	835	
		Oliver Fitt	27.71		
		Andrew Weatheritt	29.41		
		Liam Knight	24.59		
		Ruben Dekker	24.00		
2.	Hertfordshire ASA	Herts	1:50.96	738	
		James Woodward			
		David Shipman	1.00.05		
		Alec Burchell			
		Luke Turley	50.91		
3.	Essex County ASA	Essex	1:51.88	723	
		Samuel Pease			
		Augustus Veasey	1.00.12		
		Connor Harrold	26.90		
		Lee Baker	24.86		
4.	Bedfordshire ASA	Bedfordshire	1:53.80	691	
		Callum Chapple	30.58		
		Jack Wears	30.74		
		Cameron Manley	26.81		
		James Cook	25.67		
5.	Suffolk ASA	Suffolk	1:54.07	686	
		Myles Turner	32.51		
		Oliver Pyle	30.42		
		Sonny Trigg	26.80		
		Ignacio Larghero	24.34		
6.	Norfolk County ASA	Norfolk	1:56.12	654	
		Oliver Kenny	30.51		
		Alex Florence	31.90		
		Joseph Wells	28.14		
		Harry Weston	25.57		

***EVENT 11 Womens 11/12 Yrs 100m Backstroke***

Full Results						
Place	Name	AaD	Club	Time	GB Pts	50
1.	Charlotte NORMAN	12	Essex	1:10.85	635	34.35
2.	Leah WIGHTMAN	12	Norfolk	1:14.27	556	36.15
3.	Emilia DUNWOODIE	12	Herts	1:15.47	530	-
4.	Sophie LANDER	12	Suffolk	1:16.83	503	38.51
5.	Lucy YOUNG	12	Bedfordshire	1:20.10	443	38.36
6.	Jessica MAHONEY	12	Cambs	1:21.02	427	38.87

***EVENT 12 Mens 11/12 Yrs 100m Backstroke***

Full Results						
Place	Name	AaD	Club	Time	GB Pts	50
1.	Joseph BAVEY	12	Suffolk	1:11.50	448	35.29
2.	Jack HILL	12	Bedfordshire	1:11.57	447	35.44
3.	Jenson HURRELL	12	Essex	1:14.37	395	36.72
4.	Samuel PYEFINCH	12	Herts	1:14.64	391	-
5.	Oskar FARCUS	12	Cambs	1:17.28	348	37.48
6.	Mitchell TAMBLIN	12	Norfolk	1:21.42	291	39.87

***EVENT 13 Womens 13/14 Yrs 100m Breaststroke***

Full Results						
Place	Name	AaD	Club	Time	GB Pts	50
1.	Annabelle BURGESS	14	Suffolk	1:18.74	651	38.77
2.	Ellie MATTHEWS	14	Bedfordshire	1:19.39	636	37.96
3.	Erin O'MEARA	14	Herts	1:19.71	629	-
4.	Charlotte ABRAMSON	13	Norfolk	1:20.72	607	38.61
5.	Imogen BLOOMFIELD	13	Cambs	1:20.91	603	39.17
6.	Ciara WOOKEY	13	Essex	1:22.61	569	39.31

***EVENT 14 Mens 13/14 Yrs 100m Breaststroke***

Full Results						
Place	Name	AaD	Club	Time	GB Pts	50
1.	James DILLON	14	Essex	1:14.43	563	37.43
2.	James QUINN	13	Cambs	1:15.04	550	35.67
3.	Nathan WOODROW	14	Norfolk	1:16.11	528	36.01
4.	Mattias MORSE	14	Herts	1:16.90	512	-
5.	Harvey HALL	14	Suffolk	1:18.32	485	36.73
6.	Walter HACKETT	14	Bedfordshire	1:19.43	464	38.00

***EVENT 15 Womens 15/16 Yrs 100m Butterfly***

Full Results						
Place	Name	AaD	Club	Time	GB Pts	50
1.	Mia LEECH	16	Cambs	1:07.00	674	32.13
2.	Olivia NORMAN	15	Essex	1:07.88	650	32.97
3.	Megan PYE	15	Norfolk	1:08.84	626	32.47
4.	Nellie EASTLAND	15	Herts	1:10.44	587	-
5.	Sonia TUMIOTTO	16	Suffolk	1:10.65	582	33.61
6.	Lauren THOMAS	15	Bedfordshire	1:11.32	566	34.09



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***EVENT 16 Mens 15/16 Yrs 100m Butterfly***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Matthew TITMAN	15	Cambs	59.97	669	28.74
2.	Charles RAYNER	16	Herts	1:00.40	656	-
3.	Taylor BOWEN	16	Suffolk	1:00.63	649	28.97
4.	Oliver REEK	15	Norfolk	1:02.80	589	30.05
5.	Jamie MCCAFFRAY	16	Bedfordshire	1:03.59	568	30.03
6.	Mason HUNNISETT	15	Essex	1:03.61	568	31.04

***EVENT 17 Womens 17 Yrs/Over 100m Freestyle***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Mollie ALLEN	19	Cambs	58.15	816	28.17
2.	Martha DULEY	18	Essex	58.30	811	28.58
3.	Tara COLEMAN	21	Suffolk	1:01.44	708	29.53
4.	Chantal SMITH	17	Bedfordshire	1:01.62	702	30.12
5.	Elinah PHILLIP	17	Herts	1:01.94	693	-
6.	Kioni BROOMFIELD	17	Norfolk	1:02.58	674	29.65

***EVENT 18 Mens 17 Yrs/Over 100m Freestyle***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Luke TURLEY	17	Herts	53.05	766	26.24
2.	Connor HARROLD	24	Essex	54.66	709	26.23
3.	Dominic SCIFO	18	Suffolk	55.00	697	26.70
4.	Jamie SCHOLES	17	Cambs	55.11	693	26.73
5.	Callum CHAPPLE	21	Bedfordshire	55.85	669	27.16
6.	Joseph WELLS	18	Norfolk	56.49	648	27.08

***EVENT 19 Mixed 11/12 Yrs 200m Free. Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Essex County ASA	Essex	1:59.81	
		Erin Little	30.11	
		Jude Hills	29.24	
		Francesca Low	30.24	
2.	Cambridgeshire ASA	Cambs	2:01.27	
		Colin Moghina	30.22	
		Daisy Moxham	29.97	
		Oskar Farcus	29.96	
3.	Norfolk County ASA	Norfolk	2:02.21	
		Chris Williamson	31.35	
		Jess Shaw	29.99	
		James Bell		
4.	Suffolk ASA	Suffolk	2:03.33	
		Ruby Dagless	1:01.85	
		Megan Bunclark	31.52	
		Finley Coman	29.23	
5.	Hertfordshire ASA	Herts	2:04.82	
		Marcus Moscuzza	30.29	
		Enzo Lim		
		Alasdair Woodgrave	1:02.27	
6.	Bedfordshire ASA	Bedfordshire	2:04.99	
		Ella Nijkamp		
		Emily Dunwoodie	1:02.55	
		Jack Juggins		
			1:03.87	
			34.37	
			26.75	



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**EVENT 20 Mixed 13/14 Yrs 200m Free Team**

Full Results

Place	Name	Club	Time	GB Pts
1.	Suffolk ASA	Suffolk	1:51.26	
		Daniel White	28.20	
		Ella Hale	27.96	
		Mia Yates	28.86	
		Henry Newell	26.24	
2.	Cambridgeshire ASA	Cambs	1:53.40	
		Connor Walker	28.08	
		Matthew Newson	27.60	
		Katie Hammond	29.45	
		Iona Trainer	28.27	
3.	Hertfordshire ASA	Herts	1:53.51	
		Jessica Keogh		
		Marco Tontodonati	57.65	
		Jessica Woodward	28.19	
		James Corner	27.67	
4.	Bedfordshire ASA	Bedfordshire	1:54.60	
		Isabel Wainwright	28.65	
		Edward McFarland	27.61	
		Lillia Thompson		
		Oliver Ellison	58.34	
5.	Norfolk County ASA	Norfolk	1:54.84	
		Samuel Rose	27.59	
		Mathilda Meyrick	29.40	
		Rebecca Smith	30.98	
		Nathan Woodrow	26.87	
	Essex County ASA	Essex	DQ	

**EVENT 21 Mixed 15/16 Yrs 200m Free Team**

Full Results

Place	Name	Club	Time	GB Pts
1.	Essex County ASA	Essex	1:46.17	
		Rebecca Watt		
		James Cooper	53.35	
		Macy Lawrence	27.62	
		Joshua Smith	25.20	
2.	Suffolk ASA	Suffolk	1:46.75	
		Mia Maspers	27.83	
		Taylor Bowen	25.95	
		Lauren Watt	28.11	
		Evan Thomas-Mansfield	24.86	
3.	Cambridgeshire ASA	Cambs	1:47.22	
		Jake Moxham	25.06	
		Mia Leech	28.83	
		Matthew Titman		
		Poppy Richardson	53.33	
4.	Hertfordshire ASA	Herts	1:49.10	
		Michael Ripper		
		Shona McKenna	54.66	
		Sarah Carroll		
		Aashley Coombs	54.44	
5.	Norfolk County ASA	Norfolk	1:50.17	
		Joel Clarke	26.68	
		Charlotte Walker	28.11	
		Morgan Coates	29.36	
		Ben Blowers	26.02	
6.	Bedfordshire ASA	Bedfordshire	1:50.57	
		Hannah Sharp	29.70	
		Joshua Bristow	25.69	
		Lauren Thomas		
		Jack Tremain	55.18	



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***EVENT 22 Mixed 17 /Over 200m Free Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Cambridgeshire ASA	Cambs	1:43.09	
		Ruben Dekker		24.75
		Mollie Allen		26.58
		Andrew Weatheritt		24.21
		Chloe Hannam		27.55
2.	Essex County ASA	Essex	1:44.75	
		Megan Maybanks		27.90
		Lee Baker		23.86
		Martha Duley		27.33
		Connor Harrold		25.66
3.	Suffolk ASA	Suffolk	1:45.43	
		Ignacio Larghero		24.52
		Tara Coleman		28.54
		Jade Brewer		27.98
		Sonny Trigg		24.39
4.	Hertfordshire ASA	Herts	1:46.26	
		Jack Christie		
		Katie Conyers		52.91
		Elinah Phillip		
		Kevin Pickard		53.35
5.	Bedfordshire ASA	Bedfordshire	1:48.59	
		Amber Swales		
		Lauren Grice		57.11
		James Cook		25.77
		Jack Wears		25.71
6.	Norfolk County ASA	Norfolk	1:49.98	
		Joseph Wells		26.42
		Kioni Broomfield		29.08
		Abigail Whiting		28.30
		Harry Weston		26.18

***EVENT 23 Womens 11/12 Yrs 100m Breaststroke***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Charlotte WHITE	12	Suffolk	1:21.23	597	-
2.	Holly LAMB	12	Essex	1:25.44	516	41.30
3.	Ruby GREENHALF	12	Norfolk	1:26.22	502	40.62
4.	Eloisa MILLER	12	Bedfordshire	1:27.51	480	40.87
5.	Holly ROBINSON	12	Herts	1:31.44	419	-
6.	Ciara TAYLOR	12	Cambs	1:31.77	414	42.24

***EVENT 24 Mens 11/12 Yrs 100m Breaststroke***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Edward MERHAN	12	Suffolk	1:18.96	473	37.64
2.	Olivier VEDRENNE	12	Norfolk	1:20.66	443	39.38
3.	Tyler TOMBS	12	Essex	1:24.23	386	41.76
4.	James GISBORNE	12	Herts	1:26.47	354	-
5.	Billy MEAD	12	Bedfordshire	1:31.75	288	42.00
6.	Matthew MONIE	12	Cambs	1:37.30	233	46.75

***EVENT 25 Womens 13/14 Yrs 100m Butterfly***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sophie FREEMAN	13	Essex	1:05.08	728	31.90
2.	Lily MERRETT	14	Herts	1:07.33	665	-
3.	Katie HAMMOND	14	Cambs	1:08.47	635	32.81
4.	Lucie PECK	14	Norfolk	1:10.48	586	32.53
5.	Chiara ROGERS	14	Bedfordshire	1:11.31	566	33.16
6.	Ella HALE	14	Suffolk	1:11.81	555	33.19

***EVENT 26 Mens 13/14 Yrs 100m Butterfly***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Nathan WOODROW	14	Norfolk	1:02.80	589	29.84
2.	Michael KLIMASZEWSKI	13	Herts	1:02.94	585	-
3.	Ciaran RICHES	14	Suffolk	1:04.74	539	30.53
4.	Jack TURRELL	14	Essex	1:04.93	535	31.19
5.	Connor WALKER	13	Cambs	1:05.09	531	31.19
6.	Sam TOWNSEND	13	Bedfordshire	1:09.16	442	31.69

***EVENT 27 Womens 15/16 Yrs 100m Freestyle***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Macy LAWRENCE	15	Essex	1:00.49	738	29.95
2.	Charlotte WALKER	15	Norfolk	1:00.84	726	29.75
3.	Poppy RICHARDSON	16	Cambs	1:01.54	705	29.96
4.	Sarah CARROLL	15	Herts	1:01.70	700	-
5.	Mia MASPERS	15	Suffolk	1:02.18	686	30.44
6.	Emily JONES	15	Bedfordshire	1:03.11	659	-





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***EVENT 28 Mens 15/16 Yrs 100m Freestyle***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Myles ROBINSON-YOUNG	15	Cambs	54.53	713	26.65
2.	Ayotobi LAGUDA	15	Herts	54.84	702	-
3.	Thomas CLARE	16	Suffolk	55.21	690	27.17
4.	Joshua SMITH	16	Essex	56.72	641	27.67
5.	Joshua BRISTOW	15	Bedfordshire	57.39	621	27.84
6.	Ben BLOWERS	15	Norfolk	57.60	615	27.87

***EVENT 29 Womens 17 Yrs/Over 100m Backstroke***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Mollie ALLEN	19	Cambs	1:06.50	752	32.40
2.	Martha DULEY	18	Essex	1:07.74	717	32.74
3.	Ellie KING	17	Bedfordshire	1:09.75	663	33.76
4.	Beatrice BARDER	18	Herts	1:10.99	631	-
5.	Roxanne UYS	18	Norfolk	1:11.04	630	34.16
6.	Megan CLAYDON	17	Suffolk	1:14.24	556	35.23

***EVENT 30 Mens 17 Yrs/Over 100m Backstroke***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Oliver FITT	18	Cambs	1:00.75	715	29.92
2.	James WOODWARD	17	Herts	1:02.33	667	-
3.	Samuel PEASE	18	Essex	1:03.33	639	30.50
4.	Myles TURNER	17	Suffolk	1:04.75	601	32.05
5.	Jack WEARS	18	Bedfordshire	1:05.67	577	32.80
6.	Oliver KENNY	20	Norfolk	1:07.15	541	31.92

***EVENT 31 Mixed 11/12 Yrs 200m Medley Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Norfolk County ASA	Norfolk	2:15.08	
		Leah Wightman		
		Olivier Vedrenne	1.13.28	
		Ruby Dagless		
		FinleyComan	1.01.80	
2.	Essex County ASA	Essex	2:15.44	
		Charlotte Norrman	34.58	
		Tyler Tombs	38.03	
		Jude Hills	32.94	
		Francesca Low	29.89	
3.	Suffolk ASA	Suffolk	2:17.05	
		Sphie Lander	35.52	
		Edward Merhan	35.89	
		Matthew Brown	33.80	
		Megan Bunclark	31.84	
4.	Hertfordshire ASA	Herts	2:17.43	
		Ella Nijkamp	35.61	
		Eldrick Manela	40.08	
		Samuel Pyefinch		
		Lucy Coia-Bell	1.01.74	
5.	Bedfordshire ASA	Bedfordshire	2:19.79	
		Lulu Donaghy	33.98	
		Jack Hill	38.49	
		Eloisa miller	39.30	
		Jack Juggins	28.02	
6.	Cambridgeshire ASA	Cambs	2:23.99	
		Oskar Farcus	37.06	
		Bert Papworth	43.92	
		Bethan Endicott		
		Daisy Moxham	1.03.01	



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***EVENT 32 Mixed 13/14 Yrs 200m Medley Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Essex County ASA	Essex	2:01.72	
		Asma Parker	31.37	
		James Dillon	33.60	
		Sophie Freeman	29.64	
		Louis Steven	27.11	
2.	Bedfordshire ASA	Bedfordshire	2:04.23	
		Rachel Andrews	34.90	
		Walter Hackett	30.86	
		Ellie Matthews		
		Oliver Ellison	58.47	
3.	Cambridgeshire ASA	Cambs	2:04.59	
		Eve Wright	32.94	
		James Quinn	33.43	
		Connor Walker	29.85	
		Iona Trainer	28.37	
4.	Suffolk ASA	Suffolk	2:05.69	
		Emma Cruickshanks	32.91	
		Harvey Hall	34.71	
		Ciaran Riches	29.07	
		Mia Yates	29.00	
5.	Norfolk County ASA	Norfolk	2:07.52	
		Mathilda Meyrick		
		Charlotte Abramson	1.10.81	
		Nathan Woodrow		
		Samuel Rose	56.71	
6.	Hertfordshire ASA	Herts	2:07.79	
		Lily Merrett		
		Lewis Shayper	1.08.42	
		Jessica Woodward		
		Marco Tontodonati	59.37	

***EVENT 33 Mixed 15/16 Yrs 200m Medley Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Suffolk ASA	Suffolk	1:58.61	
		Lija Radziunaite	31.44	
		Sam Perkins	31.99	
		Taylor Bowen		
		Sonia Tumiotto	55.18	
2.	Cambridgeshire ASA	Cambs	1:58.74	
		Jonathon Adams	28.22	
		Lauren Harrison	35.62	
		Matthew Titman		
		Poppy Richardson	54.90	
3.	Essex County ASA	Essex	2:00.25	
		James Cooper	29.75	
		Vejune Pelraiyte	34.55	
		Mason Hunnisett	28.51	
		Macy Lawrence	27.44	
4.	Hertfordshire ASA	Herts	2:00.40	
		Josie Pretious-White		
		Abigail Hurst	1.08.12	
		Zachary Patel		
		Daniel Chada	52.28	
5.	Norfolk County ASA	Norfolk	2:03.22	
		Megan Pye	32.55	
		Keira Frosdick	34.52	
		Oliver Reek	42.01	
		Ben Blowers	14.14	
Bedfordshire ASA	Bedfordshire		DQ	



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***EVENT 34 Mixed 17 /Over 200m Medley Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Cambridgeshire ASA	Cambs	1:53.72	
		Oliver Fitt	29.41	
		Becky Burton	31.99	
		Laim Knight	24.37	
		Millie Emmans	27.95	
2.	Essex County ASA	Essex	1:57.01	
		Samuel Pease	29.37	
		Augustus Veasey	31.21	
		Elinor Duley	29.38	
		Martha Duley	27.05	
3.	Hertfordshire ASA	Herts	1:57.27	
		James Woodward		
		David Shipman	1.00.56	
		Georgina Tallon		
		Katie Conyers	56.71	
4.	Suffolk ASA	Suffolk	2:00.73	
		Myles Turner	30.75	
		Oliver Pyle	32.11	
		Molly Ollington		
		Jade Brewer	57.87	
5.	Norfolk County ASA	Norfolk	2:01.68	
		Oliver Kenny	30.74	
		Roxanne Uys	34.64	
		Joseph Wells	28.16	
		Abigail Whiting	28.14	

Bedfordshire ASA

Bedfordshire

DQ

***EVENT 35 Womens 11/12 Yrs 100m Butterfly***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Ruby DAGLESS	12	Norfolk	1:09.47	610	34.03
2.	Valeria GIRON	12	Herts	1:11.27	567	-
3.	Bethan ENDICOTT	12	Cambs	1:12.92	531	34.25
4.	Matilda BOGLE	11	Suffolk	1:12.97	530	34.31
5.	Emily COOPER	12	Essex	1:13.61	516	35.54
6.	Francesca BABER	11	Bedfordshire	1:17.77	437	35.92

***EVENT 36 Mens 11/12 Yrs 100m Butterfly***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Jude HILLS	12	Essex	1:12.14	386	35.92
2.	Peter SOCZEKWA	12	Herts	1:12.90	373	-
3.	Christopher WILLIAMSON	12	Cambs	1:13.38	365	35.07
4.	George GRICE	12	Norfolk	1:15.33	334	-
5.	Joseph BAVEY	12	Suffolk	1:18.81	286	36.21
6.	Henry JONES	12	Bedfordshire	1:25.26	214	-

***EVENT 37 Womens 13/14 Yrs 100m Freestyle***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sophie FREEMAN	13	Essex	1:01.42	709	30.10
2.	Annabelle BURGESS	14	Suffolk	1:02.05	690	30.67
3.	Libby DUNFORD	14	Herts	1:03.30	653	-
4.	Katie HAMMOND	14	Cambs	1:03.57	646	31.15
5.	Isabel WAINWRIGHT	14	Bedfordshire	1:04.06	632	30.71
6.	Matilda MEYRICK	14	Norfolk	1:04.07	632	30.96

***EVENT 38 Mens 13/14 Yrs 100m Freestyle***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Henry NEWELL	14	Suffolk	57.92	605	28.12
2.	Samuel ROSE	14	Norfolk	58.80	580	28.55
3.	Louis STEPHEN	14	Essex	58.91	577	29.05
4.	Sam TOWNSEND	13	Bedfordshire	59.39	563	28.89
5.	Daniel MURTAGH	14	Herts	59.47	561	-
6.	Matthew NEWSON	14	Cambs	1:01.10	519	29.15

***EVENT 39 Womens 15/16 Yrs 100m Backstroke***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Lija RADZIUNAITE	15	Suffolk	1:07.51	723	32.20
2.	Olivia NORMAN	15	Essex	1:08.09	707	33.03
3.	Mia CARTER	15	Herts	1:08.31	701	-
4.	Lara-grace MOUNT	15	Norfolk	1:08.62	692	33.30
5.	Emma LESLIE	16	Cambs	1:10.41	646	34.34
6.	Emily JONES	15	Bedfordshire	1:11.29	624	34.87



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**EVENT 40 Mens 15/16 Yrs 100m Backstroke**

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Jonathon ADAMS	16	Cambs	1:00.04	737	29.95
2.	Thomas CLARE	16	Suffolk	1:00.20	732	29.98
3.	James COOPER	15	Essex	1:02.56	661	30.78
4.	Jack TREMAIN	15	Bedfordshire	1:03.72	628	31.10
5.	Daniel CHADA	16	Herts	1:04.21	615	-
6.	Oliver REEK	15	Norfolk	1:08.58	509	33.27

**EVENT 41 Womens 17/Over 100m Breaststroke**

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Rebecca BURTON	19	Cambs	1:13.37	784	35.01
2.	Roxanne UYS	18	Norfolk	1:17.64	676	37.01
3.	Cira FLETCHER	19	Herts	1:18.68	652	-
4.	Olivia NICOLAI	17	Suffolk	1:20.23	618	37.98
5.	Lucy JESSOP	17	Essex	1:22.77	566	38.82
5.	Megan BUNYARD	17	Bedfordshire	1:22.77	566	38.01

**EVENT 42 Mens 17 Yrs/Over 100m Breaststroke**

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	David SHIPMAN	17	Herts	1:08.33	713	-
2.	Ben ARKLE	18	Cambs	1:08.54	707	32.15
3.	Augustus VEASEY	21	Essex	1:10.43	658	33.77
4.	Cameron MANLEY	18	Bedfordshire	1:10.74	650	33.49
5.	Alex FLORANCE	17	Norfolk	1:11.73	625	33.71
6.	Harry WAGNER	19	Suffolk	1:11.78	624	34.39

**EVENT 43 Womens 11/12 Yrs 100m Freestyle**

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Matilda BOGLE	11	Suffolk	1:05.42	596	32.37
2.	Francesca LOW	12	Essex	1:05.95	583	32.07
3.	Valeria GIRON	12	Herts	1:06.43	571	32.61
4.	Ruby DAGLESS	12	Norfolk	1:06.54	568	32.08
5.	Daisy MOXHAM	12	Cambs	1:06.68	565	32.15
6.	Lucy YOUNG	12	Bedfordshire	1:10.22	485	33.64

**EVENT 44 Mens 11/12 Yrs 100m Freestyle**

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Aidan PILCHER	12	Suffolk	1:04.30	444	31.74
2.	Oskar FARCUS	12	Cambs	1:04.60	438	31.51
3.	Finley COMAN	12	Norfolk	1:04.62	437	31.09
4.	Samuel PYEFINCH	12	Herts	1:05.67	416	31.61
5.	Jude HILLS	12	Essex	1:06.78	394	32.99
6.	Benjamin ASHDOWN	12	Bedfordshire	1:07.15	387	32.62

**EVENT 45 Womens 13/14 Yrs 100m Backstroke**

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Asma PARKER	14	Essex	1:08.08	707	33.10
2.	Matilda MEYRICK	14	Norfolk	1:08.42	698	33.81
3.	Eve WRIGHT	14	Cambs	1:09.85	660	33.83
4.	Emma CRUICKSHANKS	14	Suffolk	1:09.89	659	35.03
5.	Morgan ALLAN	14	Bedfordshire	1:13.06	583	35.24
6.	Jessica KEOGH	13	Herts	1:13.29	577	35.64

**EVENT 46 Mens 13/14 Yrs 100m Backstroke**

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Walter HACKETT	14	Bedfordshire	1:04.26	614	31.27
2.	Chester LEEMING	13	Suffolk	1:05.94	570	32.48
3.	Daniel MURTAGH	14	Herts	1:07.21	540	33.23
4.	Samuel ROSE	14	Norfolk	1:08.25	516	33.18
5.	Nathan AUNG	13	Essex	1:08.61	508	33.90
6.	Matthew NEWSON	14	Cambs	1:11.06	457	34.42

**EVENT 47 Womens 15/16 Yrs 100m Breaststroke**

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Keira FROSDICK	15	Norfolk	1:16.24	710	36.38
2.	Vejune PELRAITYTE	15	Essex	1:16.32	708	35.79
3.	Lauren HARRISON	16	Cambs	1:18.11	665	36.98
4.	Lauren WATT	16	Suffolk	1:18.77	650	36.91
5.	Abigail HURST	16	Herts	1:19.26	639	38.07
6.	Eloise BAILEY	15	Bedfordshire	1:22.08	579	39.13



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***EVENT 48 Mens 15/16 Yrs 100m Breaststroke***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Charles RAYNER	16	Herts	1:09.96	670	33.71
2.	Sam PERKINS	15	Suffolk	1:10.95	645	34.08
3.	Oliver CASHIN	15	Cambs	1:11.71	626	34.42
4.	Samuel BRYAN	16	Essex	1:11.80	624	33.88
5.	Jack RICHES	16	Norfolk	1:12.41	609	34.23
6.	Joshua BRISTOW	15	Bedfordshire	1:16.14	527	35.36

***EVENT 49 Womens 17 Yrs/Over 100m Butterfly***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Chloe HANNAM	21	Cambs	1:05.25	723	31.43
2.	Elinor DULEY	17	Essex	1:05.76	708	32.35
3.	Lauren GRICE	18	Bedfordshire	1:06.39	691	32.58
4.	Molly OLLINGTON	19	Suffolk	1:07.78	653	32.58
5.	Georgina TALLON	17	Herts	1:09.59	607	32.49
6.	Abigail WHITING	18	Norfolk	1:12.31	544	32.38

***EVENT 50 Mens 17 Yrs/Over 100m Butterfly***

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Liam KNIGHT	23	Cambs	57.32	754	26.61
2.	Dominic SCIFO	18	Suffolk	58.59	712	27.33
3.	Luke TURLEY	17	Herts	1:00.89	642	29.51
4.	Connor HARROLD	24	Essex	1:01.30	630	28.07
5.	Christopher MURPHY	21	Bedfordshire	1:01.47	625	29.06
6.	Oliver KENNY	20	Norfolk	1:05.68	517	29.70

***EVENT 51 Womens 11/12 Yrs 200m Free. Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Essex County ASA	Essex	2:00.83	613
		Erin Wilkinson		
		Anita Tien	1.00.65	
		Erin Little	32.56	
		Francesca Low	27.62	
2.	Cambridgeshire ASA	Cambs	2:02.92	584
		Ciara Taylor	30.49	
		Jess Shaw	30.75	
		Daisy Moxham	30.51	
		Bethan Endicott	31.17	
3.	Suffolk ASA	Suffolk	2:03.72	573
		Sophie Lander	30.78	
		Karys-Rose Bunn	31.16	
		Megan Bunclark		
		Mathilda Bogle	1.01.78	
4.	Hertfordshire ASA	Herts	2:06.01	544
		Valeria Giron	31.38	
		Lucy Coia-Bell	31.70	
		Ella Nijkamp		
		Emilia Dunwoodie	1.02.93	
5.	Norfolk County ASA	Norfolk	2:06.07	543
		Abigail Gotts	36.37	
		Ruby Greenhalf	26.87	
		Lily MacDonald	31.41	
		Ruby Dagless	31.42	
6.	Bedfordshire ASA	Bedfordshire	2:08.02	519
		Emily Holden	31.78	
		Eloisa Miller	32.11	
		Lulu Donaghy	34.03	
		Lucy Young	30.10	



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***EVENT 52 Mens 11/12 Yrs 200m Freestyle Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Suffolk ASA	Suffolk	2:00.98	415
		Joseph Bavey	30.42	
		Marcus Moscuza	30.05	
		Edward Merhan	30.15	
		Aidan Pilcher	30.36	
2.	Hertfordshire ASA	Herts	2:01.38	411
		Enzo Lim	30.57	
		Peter Soczewka	31.16	
		Alasdair Woolgrave	31.21	
		Samuel Pyefinch	28.44	
3.	Essex County ASA	Essex	2:04.53	378
		Jenson Hurrell		
		Samuel Carter	1.04.03	
		Jude Hills		
		Colin Moghina	1.00.50	
4.	Bedfordshire ASA	Bedfordshire	2:05.29	371
		Jack Juggins	32.53	
		Henry Jones	32.54	
		Jack Hill		
		Benjamin Ashdown	1.00.22	
5.	Cambridgeshire ASA	Cambs	2:09.22	334
		CHris Williamson	32.43	
		Oskar Farcus	30.17	
		Bert Papworth	34.63	
		Matthew Monie	31.99	
	Norfolk County ASA	Norfolk	DQ	

***EVENT 53 Womens 13/14 Yrs 200m Free. Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Essex County ASA	Essex	1:54.62	708
		Asma Parker	30.14	
		Carys Brealey	28.14	
		Sophie Freeman	28.43	
		Tilly Mayes	27.91	
2.	Suffolk ASA	Suffolk	1:54.79	705
		Ella Hale	28.83	
		Emma Cruickshanks	28.96	
		Mia Yates	28.75	
		Annabelle Burgess	28.25	
3.	Hertfordshire ASA	Herts	1:56.58	676
		Jessica Woodward	28.81	
		Lily Merrett	29.36	
		Jessica Keogh	29.55	
		Libby Dunford	28.86	
4.	Cambridgeshire ASA	Cambs	1:57.64	660
		Iona Trainer	33.22	
		Eve Wright	25.07	
		Katie Hammond	29.94	
		Brenna Howell	29.41	
5.	Bedfordshire ASA	Bedfordshire	1:59.47	633
		Lillia Thompson	30.54	
		Ellie Matthews	29.59	
		Rachel Andrews	29.93	
		Isabel Wainwright	29.41	
6.	Norfolk County ASA	Norfolk	2:00.44	619
		Rebecca Smith	30.64	
		Gemma Peters	29.94	
		Charlotte Abramson	30.38	
		Mathilda Meyrick	29.48	



# ASA East Region Intercounty Swimming Competiton

*(ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)*



**2<sup>nd</sup> July 2017**

Inspire: Luton Sports Village

## **EVENT 54 Mens 13/14 Yrs 200m Freestyle Team**

Full Results

Place	Name	Club	Time	GB Pts
1.	Suffolk ASA	Suffolk	1:47.95	585
		Henry Newell	26.43	
		Chester Leeming	27.07	
		Connor Gillingham	26.92	
		Daniel White	27.53	
2.	Bedfordshire ASA	Bedfordshire	1:48.77	573
		Sam Townsend	26.48	
		William Robins	27.40	
		Oliver Ellison	27.48	
		Edward McFarland	27.41	
3.	Norfolk County ASA	Norfolk	1:49.87	556
		Samuel Rose	27.71	
		Matthew Munnings	27.79	
		Callum Stedman	27.42	
		Nathan Woodrow	26.95	
4.	Hertfordshire ASA	Herts	1:52.07	525
		Daniel Murtagh	27.68	
		Marco Tontodonti	28.52	
		Michael Klimaszewski		
		James Corner	55.87	
5.	Cambridgeshire ASA	Cambs	1:53.34	508
		Matthew Newson	28.58	
		Fabien Brudnicki	27.85	
		Connor Walker	27.63	
		Cameron Fisher	29.28	
	Essex County ASA	Essex	DQ	

## **EVENT 55 Womens 15/16 Yrs 200m Free. Team**

Full Results

Place	Name	Club	Time	GB Pts
1.	Suffolk ASA	Suffolk	1:50.83	772
		Sonia Tumiotto		
		Lauren Watt	55.71	
		Lija Radziunaite	28.06	
		Mia Maspers	27.06	
2.	Essex County ASA	Essex	1:52.44	744
		Rebecca Stroud	28.54	
		Abbie Low	27.74	
		Rebecca Watt	27.90	
		Macy Lawrence	28.26	
3.	Hertfordshire ASA	Herts	1:54.45	710
		Shona McKenna	29.01	
		Josie Pretious-White	28.73	
		Mia Carter	28.09	
		Emily Lush	28.62	
4.	Norfolk County ASA	Norfolk	1:56.57	676
		Morgan Coates	29.06	
		Megan Pye	29.30	
		Grace Leech	29.08	
		Charlotte Walker	29.13	
5.	Cambridgeshire ASA	Cambs	1:56.73	674
		Emma Leslie	30.56	
		Lauren Harrison	28.15	
		Poppy Richardson	28.62	
		Mia Leech	29.40	
6.	Bedfordshire ASA	Bedfordshire	1:57.69	659
		Emily Jones	29.04	
		Hannah Sharp	29.55	
		Lauren Thomas	28.96	
		Eloise Bailey	30.14	



**ASA East Region**  
**Intercounty Swimming Competiton**  
*(ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)*  
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***EVENT 56 Mens 15/16 Yrs 200m Freestyle Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Cambridgeshire ASA	Cambs	1:40.46	713
		Jake Moxham	25.18	
		Myles Robinson-Young	24.87	
		Matthew Titman	26.09	
		Jonathon Adams	24.32	
2.	Suffolk ASA	Suffolk	1:43.25	662
		Thomas Clare		
		Taylor Bowen	51.89	
		Sam Perkins	26.12	
		Evan Thomas-Mansfield	25.24	
3.	Hertfordshire ASA	Herts	1:43.62	656
		Ayotobi Laguda	26.02	
		Michael Ripper	26.21	
		Ashley Coombs	26.07	
		Daniel Chada	25.32	
4.	Essex County ASA	Essex	1:44.05	648
		James Cooper	29.97	
		Liam Brennan	22.43	
		Michael Sharp	26.22	
		Joshua Smith	25.43	
5.	Norfolk County ASA	Norfolk	1:46.16	613
		Joel Clarke	26.77	
		Oliver Reek	26.45	
		Jacob Isle	26.78	
		Ben Blowers	26.16	
6.	Bedfordshire ASA	Bedfordshire	1:46.81	603
		Jack Tremain	28.87	
		Conor Ferguson	24.89	
		Raffaele Graci	27.37	
		Jack Sangster	25.68	

***EVENT 57 Womens 17 Yrs/Over 200m Free. Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Essex County ASA	Essex	1:49.12	804
		Megan Maybanks		
		Martha Duley	53.94	
		Sophie Drake	28.30	
		Elinor Duley	26.88	
2.	Cambridgeshire ASA	Cambs	1:51.47	761
		Millie Emmans	28.98	
		Becky Burton	28.04	
		Mollie Allen	26.99	
		Chloe Hannam	27.46	
3.	Hertfordshire ASA	Herts	1:51.92	753
		Georgina Tallon	28.75	
		Beatrice Barder	28.49	
		Katie Conyers	28.08	
		Elinah Phillip	26.60	
4.	Suffolk ASA	Suffolk	1:54.03	717
		Tara Coleman	28.42	
		Jade Brewer	28.27	
		Megan Claydon	30.10	
		Molly Ollington	27.24	
5.	Norfolk County ASA	Norfolk	1:54.88	703
		Kioni Broomfield	28.67	
		Sarah O'Brien	28.29	
		Roxanne Uys	29.30	
		Abigail Whiting	28.62	
6.	Bedfordshire ASA	Bedfordshire	1:56.21	682
		Chatal Smith	28.93	
		Amber Swales	28.24	
		Ellie King	29.09	
		Lauren Avis	29.95	





**ASA East Region**  
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Inspire: Luton Sports Village



***EVENT 58 Mens 17 Yrs/Over 200m Free.Team***

Full Results

Place	Name	Club	Time	GB Pts
1.	Cambridgeshire ASA	Cambs	1:37.06	779
		Ruben Dekker	24.66	
		Jamie Scholes	24.87	
		Liam Knight	24.05	
		Andrew Weatheritt	23.48	
2.	Suffolk ASA	Suffolk	1:39.30	735
		Ignacio Larghero	24.58	
		Harry wagner	25.57	
		Dominic Scifo	24.98	
		Sonny Trigg	24.17	
3.	Essex County ASA	Essex	1:39.34	734
		Lee Baker	25.20	
		Jamie McLaughlin	24.46	
		Harvey Jolly	24.58	
		Connor Harrold	25.10	
4.	Hertfordshire ASA	Herts	1:40.21	717
		Kevin Pickard	25.73	
		Sam Dallimore	24.74	
		Jack Christie	25.33	
		Luke Turley	24.41	
5.	Bedfordshire ASA	Bedfordshire	1:41.85	687
		Christopher Murphy		
		Callum Chapple	50.71	
		James Cook	25.87	
		Jack Wears	25.27	
6.	Norfolk County ASA	Norfolk	1:44.70	637
		Joseph Wells	26.09	
		Harry Weston	25.57	
		Matthew Addis	26.58	
		Samuel Peck	26.46	