



# East Swimming 2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

## Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



### Event 501 Womens Open 200m IM

H 1	L 3 Danielle HARTIN	14	SM14 Basildon Ph	2:37.00
	L 4 Rebecca MERRILL	15	Norwich Swan	2:36.70
	L 5 Lucie PECK	13	West Norfolk	2:36.83
	L 6 Grace HARVEY	18	SM7 Hoddesdon	3:12.10
H 2	L 1 Faith GREEN	16	Co St Albans	2:36.47
	L 2 Rebecca STROUD	14	Brentwood	2:36.23
	L 3 Rachael JOHNSON	14	West Norfolk	2:36.08
	L 4 Sarah O'BRIEN	20	UEA Norwich	2:35.86
	L 5 Emily SELLEN	17	Watford SC	2:35.96
	L 6 Lauren GOODYER	16	Mid Beds	2:36.17
	L 7 Imogen BLOOMFIELD	13	Co Cambridge	2:36.30
	L 8 Greta BALFOUR	17	Norwich Swan	2:36.52
H 3	L 1 Amy PEMBERTON	15	Berkhamsted	2:35.42
	L 2 Ella HALE	13	West Suffolk	2:35.07
	L 3 Amber HEAD	14	Rochford	2:34.80
	L 4 Jessica LAITNER	15	Co St Albans	2:34.57
	L 5 Emily JONES	14	Modernians	2:34.60
	L 6 Almudena VISSER VELEZ	14	Co Cambridge	2:34.88
	L 7 Tilly ANEMA	15	Norwich Swan	2:35.37
	L 8 Eleanor BEVAN	14	Hemel Hemp	2:35.50
H 4	L 1 Celyn WALMSLEY	15	Team Luton	2:34.17
	L 2 Katie CONYERS	16	Potters Bar	2:34.14
	L 3 Beth EDWARDS	16	West Suffolk	2:34.05
	L 4 Jessica WOODWARD	13	Potters Bar	2:33.69
	L 5 Imogen COOKE	15	UEA Norwich	2:33.91
	L 6 Katie HAMMOND	13	Co Cambridge	2:34.09
	L 7 Angharad EVANS	13	West Suffolk	2:34.16
	L 8 Zara KEEGAN	14	Co Cambridge	2:34.23
H 5	L 1 Hannah MCNAUL	16	West Suffolk	2:33.54
	L 2 Lucy PARK	20	Watford SC	2:33.49
	L 3 Yasmin BRAND	19	Berkhamsted	2:33.20
	L 4 Eleanor LLEWELLYN	16	West Suffolk	2:32.84
	L 5 Tia GARDINER	14	Chelmsford	2:33.00
	L 6 Lorena PROWSE GARCIA	14	Co Cambridge	2:33.40
	L 7 Emma LESLIE	15	Co Peterboro	2:33.54
	L 8 Faye HERMON	17	Felixstowe	2:33.69
H 6	L 1 Peyton EWBANK	16	Norwich Swan	2:32.76
	L 2 Louise FIDDES	15	SM14 Hatfield	2:32.20
	L 3 Bethany PALMER	18	UEA Norwich	2:32.14
	L 4 Sonia TUMIOTTO	15	St Felix Sch	2:31.96
	L 5 Erin O'MEARA	13	Watford SC	2:32.04
	L 6 Melissa ELEY	16	Chelmsford	2:32.19
	L 7 Chloe OGDEN	15	Bishop Stort	2:32.40
	L 8 Agatha MALIKOVA	21	Co Cambridge	2:32.80
H 7	L 1 Nadine SMITH	15	Hatfield	2:31.20
	L 2 Anna BLAKELEY	14	Co Peterboro	2:29.50
	L 3 Georgina CURTIS	16	Mid Beds	2:27.45
	L 4 Poppy RICHARDSON	15	Co Peterboro	2:19.35
	L 5 Amelia MONAGHAN	14	Co Peterboro	2:23.40
	L 6 Sophie TAYLOR	15	St Felix Sch	2:28.90
	L 7 Emily GREEN	15	Brentwood	2:29.71
	L 8 Gemma TROTT	17	Mid Beds	2:31.84
H 8	L 1 Matilda MEYRICK	13	Norfolk Vikg	2:30.60
	L 2 Jade GOODE	13	Co Peterboro	2:29.40
	L 3 Megan PYE	14	UEA Norwich	2:26.70
	L 4 Holly HILDREW	17	Basildon Ph	2:18.05
	L 5 Rebecca SHERWIN	16	teamipswich	2:21.91
	L 6 Lauren WATT	15	Newmarket	2:28.31
	L 7 Sophie BURNS	16	Watford SC	2:29.62
	L 8 Dina DAY	17	Basildon Ph	2:31.32
H 9	L 1 Sophie PICKERING	16	teamipswich	2:29.81
	L 2 Lauren HARRISON	15	Co Peterboro	2:29.30
	L 3 Mia LEECH	14	Co Peterboro	2:24.20
	L 4 Mollie ALLEN	18	Co Peterboro	2:17.92
	L 5 Rebecca BURTON	18	Co Peterboro	2:19.40
	L 6 Maddison SAUNDERS	15	Co Peterboro	2:28.12
	L 7 Lauren GRICE	17	Mid Beds	2:29.60
	L 8 Sara KALAWSKA	13	Hatfield	2:31.27

### Event 502 Mens Open 50m Backstroke

H 1	L 3 Jack SANGSTER	15	Modernians	30.60
	L 4 Elliott DAY	14	teamipswich	30.48
	L 5 Thomas PICKERING	16	Linslade	30.60

H 2	L 1 Andrei GARE	15	Southend	30.44
	L 2 Callum WOLLASTON	15	Cheshunt	30.40
	L 3 Matteo TONTODONATI	15	Bishop Stort	30.20
	L 4 Joseph WELLS	17	West Norfolk	30.15
	L 5 Charles RENNIE	15	Braintree	30.17
	L 6 Marcus KEMP	15	Watford SC	30.33
	L 7 Jack RYAN	16	Biggleswade	30.42
	L 8 Charles FYNN	17	Co Cambridge	30.45
H 3	L 1 James BLOUNT	16	Potters Bar	30.10
	L 2 Theo PARK	18	Leiston	30.04
	L 3 Callum THURSTON-W	16	Beccles Town	30.00
	L 4 Max JELFS	15	Hatfield	29.94
	L 5 Thomas BOYT	17	Felixstowe	29.96
	L 6 Oliver LANGFORD	17	Modernians	30.00
	L 7 Jude LIDDIARD	15	Co St Albans	30.04
	L 8 Taylor BOWEN	15	West Suffolk	30.11
H 4	L 1 Myles ROBINSON-YOUNG	14	Co Peterboro	29.83
	L 2 Calvin COE	18	Stowmarket	29.71
	L 3 John BOYLE	15	DunmowAtlant	29.57
	L 4 Lewis BAYLEY	15	Southend	29.39
	L 5 Ben HUNT	17	Harlow Pen	29.53
	L 6 Thomas STRAKOSCH	19	Berkhamsted	29.60
	L 7 Daniel HILL	17	Linslade	29.72
	L 8 Myles TURNER	16	West Suffolk	29.90
H 5	L 1 Harry EADE	16	teamipswich	29.34
	L 2 Manfred BATTLE	14	Stowmarket	29.20
	L 3 Michael JUDD	18	Dunstable	29.20
	L 4 Samuel PERKS	14	Basildon Ph	29.10
	L 5 Christian NEL	16	Berkhamsted	29.18
	L 6 Oliver KENNY	19	West Norfolk	29.20
	L 7 Ignacio LARGHERO	17	Newmarket	29.33
	L 8 Alex WALMSLEY	16	teamipswich	29.37
H 6	L 1 Tyler BERRY	16	Basildon Ph	28.90
	L 2 Matthew TITMAN	15	Co Cambridge	28.80
	L 3 Sam GAMBLE	17	Hitchin	28.76
	L 4 James COOPER	14	Basildon Ph	28.60
	L 5 Troy DOUGLAS-COLLOW	20	Beccles Town	28.69
	L 6 Jake MOXHAM	14	Co Cambridge	28.80
	L 7 Jonathon ADAM	14	Co Cambridge	28.80
	L 8 Jake THOMAS-MANSFIELD	16	St Felix Sch	29.02
H 7	L 1 Harry FOX	17	Basildon Ph	28.50
	L 2 Joshua SMITH	15	DunmowAtlant	28.06
	L 3 Matthew GRAY	16	Co Peterboro	27.50
	L 4 Charlie POND THOMPSON	23	Hatfield	26.50
	L 5 Jack SPENCE	22	Hemel Hemp	27.11
	L 6 Ryan KELLY	17	Chelmsford	27.90
	L 7 Leone CRICK	18	Leighton Buz	28.40
	L 8 Joshua GAINES	18	Hemel Hemp	28.60
H 8	L 1 Conor O'GORMAN	18	Leighton Buz	28.49
	L 2 Reece NICHOLLS	16	Basildon Ph	28.00
	L 3 Liam CURRAN	18	Putteridge	27.49
	L 4 Oliver FITT	17	St Ives	26.40
	L 5 Jamie SCHOLES	16	Co Peterboro	27.10
	L 6 Daniel CHADA	15	Bishop Stort	27.70
	L 7 Elliot WYLIE	17	Hatfield	28.37
	L 8 Michael LARDNER	17	St Ives	28.51
H 9	L 1 Dalton YALLOP	19	Beccles Town	28.41
	L 2 Ryan SMITH	16	UEA Norwich	27.90
	L 3 Nathan WELLS	18	West Norfolk	27.32
	L 4 Conor HARROLD	23	Basildon Ph	26.14
	L 5 Thomas CLARE	15	teamipswich	27.09
	L 6 Samuel PEASE	17	Basildon Ph	27.62
	L 7 Oliver PERRY	17	Hatfield	28.29
	L 8 Mihai ANGHEL	20	teamipswich	28.50

### Event 503 Womens Open 50m Freestyle

H 1	L 2 Ellen NORTHWOOD	15	Berkhamsted	29.73
	L 3 Natasha BENTLEY	14	Hatfield	29.71
	L 4 Lily GENNER	13	West Suffolk	29.70
	L 5 Eden LASHLEY	15	Watford SC	29.71
	L 6 Victoria POPE	16	Watford SC	29.71
	L 7 Grace HARVEY	18	S7 Hoddesdon	35.30
H 2	L 1 Rebecca DACK	14	DunmowAtlant	29.70
	L 2 Melissa ELEY	16	Chelmsford	29.70
	L 3 Millie FIELDS	12	Bishop Stort	29.70
	L 4 Emily WHYTE	13	teamipswich	29.67
	L 5 Juliet MERELIE	18	Harpden	29.70
	L 6 Nellie EASTLAND	14	Bishop Stort	29.70
	L 7 Lauren NELSON	15	Harlow Pen	29.70
	L 8 Erin O'MEARA	13	Watford SC	29.70



# East Swimming 2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

## Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



H 3	L 1 Sarah O'BRIEN	20	UEA Norwich	29.64	H 12	L 1 Hannah BRECKNELL	16	West Suffolk	28.60
	L 2 Lucy PARK	20	Watford SC	29.61		L 2 Emily LUSH	14	Cheshunt	28.60
	L 3 Millie WARD	14	Brentwood	29.60		L 3 Amelia MONAGHAN	14	Co Peterboro	28.56
	L 4 Fiona HOLMES	14	Watford SC	29.60		L 4 Lauren BAKER	21	Hatfield	28.54
	L 5 Lauren YOUNG	13	Hatfield	29.60		L 5 Emily LAMPON	17	Bishop Stort	28.56
	L 6 Eleanor LAVELLE	17	Dereham	29.60		L 6 Lija RADZIUNAITE	14	Stowmarket	28.60
	L 7 Keelin MCKENNA	17	Hemel Hemp	29.64		L 7 Tia GARDINER	14	Chelmsford	28.60
	L 8 Lauren AVIS	17	Linslade	29.66		L 8 Fern MORRIN	14	teamipswich	28.60
H 4	L 1 Lauren THOMAS	14	Mid Beds	29.60	H 13	L 1 Lorena PROWSE GARCIA	14	Co Cambridge	28.50
	L 2 Jessica TURLEY	14	Hatfield	29.59		L 2 Shona MCKENNA	14	Hemel Hemp	28.40
	L 3 Faith GREEN	16	Co St Albans	29.54		L 3 Katie SHOEBERT	17	Mid Beds	28.40
	L 4 Bethany SAMPHER	17	West Suffolk	29.53		L 4 Josie PRETIOUS-WHITE	15	Bishop Stort	28.40
	L 5 Sarah HARDIMENT	27	Co Ely	29.54		L 5 Georgia HARROD	16	DunmowAtlant	28.40
	L 6 Ellie MATTHEWS	13	Putteridge	29.59		L 6 Freya LINES	14	St Felix Sch	28.40
	L 7 Emily GREEN	15	Brentwood	29.59		L 7 Georgina TALLON	16	Potters Bar	28.45
	L 8 Lauren GOODYER	16	Mid Beds	29.60		L 8 Chantal SMITH	16	Team Luton	28.50
H 5	L 1 Caitlin EVANS	14	Sudbury	29.52	H 14	L 1 Celeste ANDREW	15	Harlow Pen	28.37
	L 2 Charlotte O'DELL	13	Mid Beds	29.50		L 2 Rebecca BURTON	18	Co Peterboro	28.32
	L 3 Gemma HANSON	13	Hatfield	29.50		L 3 Iona TRAINER	13	Co Ely	28.30
	L 4 Charlotte HUDSON	13	West Suffolk	29.50		L 4 Keira FROSDICK	14	West Norfolk	28.30
	L 5 Bianca MISIKOVA	13	Hatfield	29.50		L 5 Rebecca STROUD	14	Brentwood	28.30
	L 6 Danielle HARTIN	14	Basildon Ph	29.50		L 6 Leanne CAREY	17	Watford SC	28.31
	L 7 Katie LINES	15	Lstof & OB	29.51		L 7 Jordan COLEMAN	18	Leiston	28.35
	L 8 Katie HAMMOND	13	Co Cambridge	29.52		L 8 Eleanor LLEWELLYN	16	West Suffolk	28.40
H 6	L 1 Bailey WILKES	15	Hatfield	29.48	H 15	L 1 Sonia TUMIOTTO	15	St Felix Sch	28.22
	L 2 Isabelle ANDERTON	14	Hemel Hemp	29.47		L 2 Tia WILSON	14	Modernians	28.20
	L 3 Safia BUTTON	12	teamipswich	29.40		L 3 Annabelle BURGESS	13	teamipswich	28.10
	L 4 Claire BURRELL	15	Harpenden	29.40		L 4 Kioni BROOMFIELD	16	Dereham	28.10
	L 5 Matilda MEYRICK	13	Norfolk Vikg	29.40		L 5 Chloe MOLONEY	14	DunmowAtlant	28.10
	L 6 Megan KEY	15	Basildon Ph	29.43		L 6 Olivia SMITH-LAL	18	Harlow Pen	28.18
	L 7 Emma CRUICKSHANKS	13	teamipswich	29.47		L 7 Mia CARTER	14	Bishop Stort	28.20
	L 8 Ceri HEARD	17	Watford SC	29.50		L 8 Carys BREALEY	12	Harlow Pen	28.30
H 7	L 1 Mia FURSEDONNE	14	Basildon Ph	29.33	H 16	L 1 Beatrice BARDER	17	Co St Albans	28.00
	L 2 Emma LESLIE	15	Co Peterboro	29.30		L 2 Faye HERMON	17	Felixstowe	27.98
	L 3 Sophie PAYNE	14	Hatfield	29.24		L 3 Emily JONES	14	Modernians	27.90
	L 4 Jessica LAITNER	15	Co St Albans	29.24		L 4 Jessica WESTLAKE	17	St Felix Sch	27.90
	L 5 Eloise CONWAY	16	Halstead	29.24		L 5 Jessica WOODWARD	13	Potters Bar	27.90
	L 6 Lily MERRETT	13	Hoddesdon	29.20		L 6 Eleanor KING	16	Dunstable	27.91
	L 7 Annabel HUNT	16	Bishop Stort	29.33		L 7 Shannon STOTT	16	Co St Albans	27.98
	L 8 Polly FISH	12	Co Cambridge	29.38		L 8 Cathryn THOMSON	26	St Ives	28.00
H 8	L 1 Megan COOK	16	Harlow Pen	29.20	H 17	L 1 Lauren HALL	17	Co Cambridge	27.86
	L 2 Emma SARGINSON	14	Co Peterboro	29.20		L 2 Agatha MALIKOVA	21	Co Cambridge	27.80
	L 3 Sian JONES	17	Biggleswade	29.13		L 3 Katie CONYERS	16	Potters Bar	27.70
	L 4 Lucy KEITH	15	Leighton Buz	29.10		L 4 Beth EDWARDS	16	West Suffolk	27.60
	L 5 Claire STOCKTON	14	Saffron Wald	29.10		L 5 Grace LEECH	14	Gt Yarmouth	27.70
	L 6 Sophie EMPSON	18	West Norfolk	29.16		L 6 Angharad EVANS	13	West Suffolk	27.80
	L 7 Tia COLBY	18	Basildon Ph	29.20		L 7 Amelia PEDDLE	16	Epping For't	27.80
	L 8 Sarah CARROLL	14	Bishop Stort	29.20		L 8 Angel DUNDERDALE	15	UEA Norwich	27.90
H 9	L 1 Rebecca SEWELL	16	Hemel Hemp	29.06	H 18	L 1 Chloe LENCE	15	Modernians	27.50
	L 2 Annika BROWN	13	teamipswich	29.00		L 2 Rebecca WATT	14	DunmowAtlant	27.00
	L 3 Niamh ADCOCK	15	UEA Norwich	28.90		L 3 Anna BLAKELEY	14	Co Peterboro	26.50
	L 4 Molly COEN	16	Co Cambridge	28.90		L 4 Mia MASPERS	14	teamipswich	25.80
	L 5 Sammy HUMPHREY	20	Leighton Buz	28.90		L 5 Georgina PRYOR	18	Harlow Pen	26.13
	L 6 Emily BIGGS	17	Co Cambridge	28.97		L 6 Martha DULEY	17	Colchester	26.60
	L 7 Charlie DAVIS	16	Newmarket	29.00		L 7 Amy YOUNG	17	Bishop Stort	27.23
	L 8 Grace WALLER	12	Basildon Ph	29.10		L 8 Amy PEMBERTON	15	Berkhamsted	27.60
H 10	L 1 Sophie BURNS	16	Watford SC	28.86	H 19	L 1 Jade GOODE	13	Co Peterboro	27.40
	L 2 Rachel CONNERY	17	Potters Bar	28.84		L 2 Abigail WHITING	17	West Norfolk	26.80
	L 3 Sacha THOMAS	13	UEA Norwich	28.80		L 3 Lauren SIMPKINS	18	Putteridge	26.40
	L 4 Erin LEE	14	Basildon Ph	28.80		L 4 Elinah PHILLIP	16	Bishop Stort	25.50
	L 5 Jasmine SEAMARKS	16	Co Cambridge	28.80		L 5 Rebecca SHERWIN	16	teamipswich	25.90
	L 6 Tegan WOLLASTON	17	Cheshunt	28.80		L 6 Jessica-Jane APPLLEGATE	20	UEA Norwich	26.60
	L 7 Brianna MAZEY	15	Tring	28.85		L 7 Macy LAWRENCE	14	Basildon Ph	27.20
	L 8 Mackenzie WHYATT	14	Co Peterboro	28.88		L 8 Lauren WATT	15	Newmarket	27.60
H 11	L 1 Alice FENDER	15	Hemel Hemp	28.80	H 20	L 1 Tara COLEMAN	20	Leiston	27.32
	L 2 Phoebe HAYDEN	15	teamipswich	28.71		L 2 Holly HILDREW	17	Basildon Ph	26.70
	L 3 Elinor MACDONALD	18	Berkhamsted	28.69		L 3 Meghan MAYBANKS	16	DunmowAtlant	26.20
	L 4 Isabel WAINWRIGHT	13	Modernians	28.60		L 4 Mollie ALLEN	18	Co Peterboro	25.50
	L 5 Dora ZHOU	16	Epping For't	28.69		L 5 Amie PHILPOT	14	teamipswich	25.80
	L 6 Grace RAYNER	18	Hatfield	28.70		L 6 Elinor DULEY	16	Colchester	26.50
	L 7 Emily HILLS	16	Harlow Pen	28.74		L 7 Molly OLLINGTON	18	West Suffolk	27.10
	L 8 Ella HALE	13	West Suffolk	28.80		L 8 Katrin HEIDER	24	Co Cambridge	27.53



# East Swimming

## 2016 Short Course Championships

*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)*

### Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



#### Event 504 Mens Open 200m Breaststroke

H 1	L 1 Kyle HOLMES	17 Hemel Hemp	2:41.49
	L 2 Jamie MCCAFFRAY	15 Modernians	2:41.28
	L 3 Ayotobi LAGUDA	14 Hatfield	2:40.18
	L 4 Jordan NORTHWOOD	17 Berkhamsted	2:39.14
	L 5 Jack WEARS	17 Mid Beds	2:39.17
	L 6 Mason HUNNISETT	14 Basildon Ph	2:40.54
	L 7 Sydney NEWNHAM-S	17 Lstoft & OB	2:41.36
	L 8 Oliver PYLE	16 West Suffolk	2:42.21
H 2	L 1 Joseph TALBOT	16 Linslade	2:38.95
	L 2 Joseph COLLINS	17 Bishop Stort	2:38.61
	L 3 Matthew WOULDHAM	15 Co Peterboro	2:37.41
	L 4 Matthew MCLAUGHLIN	23 DunmowAtlant	2:36.84
	L 5 Silvester HAVRILLAY	14 Harlow Pen	2:37.18
	L 6 Alex FLORANCE	16 West Norfolk	2:38.34
	L 7 Liam BRENNAN	14 Basildon Ph	2:38.90
	L 8 Marcus KEMP	15 Watford SC	2:39.02
H 3	L 1 James MCFARLAND	15 Mid Beds	2:35.46
	L 2 Finn JEFFERY	13 St Felix Sch	2:33.60
	L 3 William LOVEMAN	16 Co St Albans	2:31.63
	L 4 Thomas WIGGINS	17 Co Peterboro	2:22.50
	L 5 Benjamin ARKLE	17 Co Cambridge	2:30.20
	L 6 Christopher GREENHALGH	20 Sudbury	2:32.33
	L 7 Calvin COE	18 Stowmarket	2:35.10
	L 8 Oliver CASHIN	14 Co Cambridge	2:36.80
H 4	L 1 David SHIPMAN	16 Potters Bar	2:35.45
	L 2 Daniel HURST	17 Berkhamsted	2:33.08
	L 3 Ryan JARVIS	17 Putteridge	2:31.09
	L 4 Nathan HUGHES	16 Hatfield	2:15.70
	L 5 Ralph MUNCER	15 Team Luton	2:28.20
	L 6 Myles TURNER	16 West Suffolk	2:32.24
	L 7 Sam PERKINS	14 teamipswich	2:35.00
	L 8 William RICHARDS	15 Dunstable	2:36.79
H 5	L 1 Martin RUSSELL-ROGERS	18 Hitchin	2:35.30
	L 2 Alexander MASON	20 Team Luton	2:32.89
	L 3 Louis SPONG	17 DunmowAtlant	2:30.53
	L 4 Lawrence PALMER	24 Putteridge	2:12.26
	L 5 Charles RAYNER	15 Hatfield	2:26.48
	L 6 Cole JAMES	15 Hatfield	2:31.90
	L 7 Finlay RYAN	17 Norwich Swan	2:34.20
	L 8 Harvey NORMAN	15 Co Peterboro	2:35.97

#### Event 505 Womens Open 200m Breaststroke

H 1	L 2 Abbie BARNWELL	13 Team Luton	2:58.33
	L 3 Almudena VISSER VELEZ	14 Co Cambridge	2:57.69
	L 4 Chloe PURKIS	17 Hemel Hemp	2:57.51
	L 5 Charlotte WHITE	11 West Suffolk	2:57.59
	L 6 Faith GREEN	16 Co St Albans	2:57.76
H 2	L 1 Chloe BERKO-BOATENG	13 Cheshunt	2:57.46
	L 2 Isabelle ROSHER	13 teamipswich	2:56.50
	L 3 Annabel HEYWOOD	16 West Suffolk	2:56.02
	L 4 Oliviya HOLLEYMAN	16 Harlow Pen	2:55.59
	L 5 Grace MIDDLETON	14 Co Cambridge	2:55.80
	L 6 Maia MCPHERSON	15 Witham Dolph	2:56.40
	L 7 Rosie MUSPRATT	14 West Norfolk	2:56.92
	L 8 Livia BROOKES	14 Co Cambridge	2:57.51
H 3	L 1 Charlotte ABRAMSON	12 UEA Norwich	2:54.50
	L 2 Megan BUNYARD	16 Linslade	2:53.96
	L 3 Poppy ALLEN	13 Basildon Ph	2:53.67
	L 4 Lorena PROWSE GARCIA	14 Co Cambridge	2:53.33
	L 5 Elise CRICK	16 Putteridge	2:53.60
	L 6 Lauren GRICE	17 Mid Beds	2:53.90
	L 7 Grace KING	13 teamipswich	2:54.43
	L 8 Sonja LOWDON	14 Hitchin	2:55.00
H 4	L 1 Jessica FARROW	16 Hatfield	2:52.70
	L 2 Chiara ROGERS	13 Team Luton	2:51.90
	L 3 Elena BACCAS	16 Verulam	2:51.14
	L 4 Rebecca MERRILL	15 Norwich Swan	2:51.00
	L 5 Juliet MERELIE	18 Harpenden	2:51.12
	L 6 Lauren SCOTT	14 Chelmsford	2:51.70
	L 7 Eleanor BEVAN	14 Hemel Hemp	2:52.01
	L 8 Grace STEDMAN	13 Co St Albans	2:52.90

H 5	L 1 Freya LINES	14 St Felix Sch	2:50.49
	L 2 Caitlin MASCALL	16 Harlow Pen	2:50.19
	L 3 Kirsty VEARS	18 Harlow Pen	2:50.06
	L 4 Sara KALAWSKA	13 Hatfield	2:50.00
	L 5 Jessica LAITNER	15 Co St Albans	2:50.02
	L 6 Georgia PURKIS	14 Hemel Hemp	2:50.15
	L 7 Lauren NELSON	15 Harlow Pen	2:50.40
	L 8 Emily SELLEN	17 Watford SC	2:50.86
H 6	L 1 Angharad EVANS	13 West Suffolk	2:49.98
	L 2 Sophie PICKERING	16 teamipswich	2:49.45
	L 3 Amber HUGHES	17 Hatfield	2:48.90
	L 4 Megan WICKHAM	16 Bishop Stort	2:48.36
	L 5 Nadine SMITH	15 Hatfield	2:48.40
	L 6 Alara NORTON	15 Hatfield	2:48.95
	L 7 Sarah BOWEN	18 Lstoft & OB	2:49.87
	L 8 Imogen BLOOMFIELD	13 Co Cambridge	2:50.00
H 7	L 1 Vejune PETRAITYTE	14 Basildon Ph	2:47.30
	L 2 Lucy PARK	20 Watford SC	2:45.51
	L 3 Keira FROSDICK	14 West Norfolk	2:42.45
	L 4 Lauren HARRISON	15 Co Peterboro	2:34.80
	L 5 Emily BIGGS	17 Co Cambridge	2:41.40
	L 6 Aoife MARLEY	14 Witham Dolph	2:44.40
	L 7 Erin O'MEARA	13 Watford SC	2:46.00
	L 8 Celyn WALMSLEY	15 Team Luton	2:47.97
H 8	L 1 Rachel ROBINSON	16 UEA Norwich	2:47.07
	L 2 Roxanne UYS	17 West Norfolk	2:45.47
	L 3 Molly LEE	15 West Norfolk	2:41.50
	L 4 Rebecca BURTON	18 Co Peterboro	2:33.30
	L 5 Louise BUSH	25 UEA Norwich	2:40.16
	L 6 Kathryn LOVEYS	29 Co Cambridge	2:44.00
	L 7 Katie LINES	15 Lstoft & OB	2:45.92
	L 8 Ellie MATTHEWS	13 Putteridge	2:47.75
H 9	L 1 Caitlin WATSON-DOTCHIN	15 Basildon Ph	2:46.67
	L 2 Sophie PAYNE	14 Hatfield	2:45.10
	L 3 Abigail HURST	15 Berkhamsted	2:41.40
	L 4 Leah ROUGHAN	17 Co Peterboro	2:26.42
	L 5 Amelia MONAGHAN	14 Co Peterboro	2:35.61
	L 6 Grace RAYNER	18 Hatfield	2:43.16
	L 7 Hannah MCNAUL	16 West Suffolk	2:45.92
	L 8 Zara KEEGAN	14 Co Cambridge	2:47.70

#### Event 506 Mens Open 100m Butterfly

H 1	L 3 Mark EVENS	20 S14 Hitchin	1:19.41
	L 4 Samuel BRYAN	15 Basildon Ph	1:02.90
	L 5 Anthony SMITH	16 Hatfield	1:02.93
H 2	L 2 Ismail RAHIM	14 Berkhamsted	1:02.70
	L 3 Adam MARTIN	16 Potters Bar	1:02.54
	L 4 Elliott DAY	14 teamipswich	1:02.40
	L 5 Ashley HOLLNESS-WRIGHT	20 Watford SC	1:02.50
	L 6 Thomas BOYT	17 Felixstowe	1:02.69
	L 7 Harry WESTON	16 Norwich Swan	1:02.80
H 3	L 1 Kieran WHIGHT	20 Deben	1:02.28
	L 2 Harvey NORMAN	15 Co Peterboro	1:02.20
	L 3 Taylor BOWEN	15 West Suffolk	1:01.90
	L 4 Mason HUNNISETT	14 Basildon Ph	1:01.70
	L 5 Theo PARK	18 Leiston	1:01.72
	L 6 Michael LARDNER	17 St Ives	1:02.10
	L 7 Matthew GRAY	16 Co Peterboro	1:02.27
	L 8 Harry WAGNER	18 Newmarket	1:02.40
H 4	L 1 Jordan CATCHPOLE	17 S14 UEA Norwich	1:01.70
	L 2 James MCFARLAND	15 Mid Beds	1:01.60
	L 3 Harry WHITEMAN	16 Co Peterboro	1:01.45
	L 4 Jamie MCLAUGHLIN	19 DunmowAtlant	1:01.18
	L 5 Reece NICHOLLS	16 Basildon Ph	1:01.30
	L 6 Ryan SMITH	16 UEA Norwich	1:01.52
	L 7 Jack SPAIN	16 teamipswich	1:01.61
	L 8 Michael JUDD	18 Dunstable	1:01.70
H 5	L 1 Oliver KENNY	19 West Norfolk	1:01.00
	L 2 Bradley VEITCH	17 Bishop Stort	1:00.50
	L 3 Jamie SHOLES	16 Co Peterboro	1:00.44
	L 4 Lucas DYSON-DIAZ	16 Hatfield	1:00.30
	L 5 Alex EVENS	17 Hitchin	1:00.30
	L 6 Jack WEARS	17 Mid Beds	1:00.45
	L 7 James DAVIS	23 Basildon Ph	1:00.70
	L 8 James COOPER	14 Basildon Ph	1:01.10





# East Swimming 2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

## Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



H 6	L 1 Louis SPONG	17	DunmowAtlant	59.83	H 2	L 1 Theo PARK	18	Leiston	1:03.31
	L 2 Manfred BATTLE	14	Stowmarket	59.00		L 2 Charles RAYNER	15	Hatfield	1:02.07
	L 3 Daniel LEIGH	17	Co Peterboro	58.00		L 3 James WOODWARD	16	Potters Bar	1:00.60
	L 4 Liam CURRAN	18	Putteridge	56.44		L 4 Conor HARROLD	23	Basildon Ph	58.59
	L 5 Benjamin GARRATT	16	Hatfield	57.30		L 5 Brandon NABARRO	19	Putteridge	59.25
	L 6 Harry JONES	16	Hitchin	58.60		L 6 Samuel COTTEE	16	teamipswich	1:01.39
	L 7 Matthew TITMAN	15	Co Cambridge	59.50		L 7 Reese HOUSDEN	14	Hatfield	1:02.97
	L 8 Calum FERGUSON	20	Co Cambridge	1:00.04		L 8 Sam GAMBLE	17	Hitchin	1:03.52
H 7	L 1 Cameron MANLEY	17	Linslade	59.80	H 3	L 1 Lucas DYSON-DIAZ	16	Hatfield	1:03.13
	L 2 Thomas CLARE	15	teamipswich	59.00		L 2 Ryan SMITH	16	UEA Norwich	1:02.01
	L 3 Sonny TRIGG	21	teamipswich	57.70		L 3 Oliver FITT	17	St Ives	1:00.57
	L 4 Dominic SCIFO	17	teamipswich	56.40		L 4 Lawrence PALMER	24	Putteridge	58.43
	L 5 Nathan HUGHES	16	Hatfield	57.00		L 5 Nathan WELLS	18	West Norfolk	59.21
	L 6 Mason ARNOLD	19	Harlow Pen	58.44		L 6 Oliver PERRY	17	Hatfield	1:01.26
	L 7 Charles RAYNER	15	Hatfield	59.20		L 7 Mason ARNOLD	19	Harlow Pen	1:02.70
	L 8 Christopher MURPHY	20	Mid Beds	1:00.00		L 8 Oliver KENNY	19	West Norfolk	1:03.50
H 8	L 1 Luke SUGDEN	17	Hatfield	59.70	H 4	L 1 Calvin COE	18	Stowmarket	1:03.07
	L 2 Luke TURLEY	16	Hatfield	59.00		L 2 Christopher SEARLE	24	Dereham	1:01.55
	L 3 Regan LLOYD	19	teamipswich	57.54		L 3 Dominic SCIFO	17	teamipswich	1:00.40
	L 4 Karl BATORSKI	28	Harlow Pen	54.30		L 4 Nathan HUGHES	16	Hatfield	58.21
	L 5 James WOODWARD	16	Potters Bar	56.70		L 5 Charlie POND THOMPSON	23	Hatfield	58.67
	L 6 Jake THOMAS-MANSFIELD	16	St Felix Sch	58.40		L 6 Kevin PICKARD	28	Hatfield	1:00.82
	L 7 Callum DAVIS	16	Bishop Stort	59.10		L 7 Jake THOMAS-MANSFIELD	16	St Felix Sch	1:02.58
	L 8 Oliver NEWTON	17	West Norfolk	59.88		L 8 Taylor BOWEN	15	West Suffolk	1:03.40

### Event 507 Womens Open 100m Butterfly

H 1	L 3 Peyton EWBank	16	Norwich Swan	1:09.93
	L 4 Sacha THOMAS	13	UEA Norwich	1:09.80
	L 5 Niamh ADCOCK	15	UEA Norwich	1:09.84
H 2	L 2 Lauren HARRISON	15	Co Peterboro	1:09.50
	L 3 Chiara ROGERS	13	Team Luton	1:09.20
	L 4 Millie WARD	14	Brentwood	1:09.10
	L 5 Amber SHINE	16	Hatfield	1:09.19
	L 6 Yasmin BRAND	19	Berkhamsted	1:09.39
	L 7 Celeste ANDREW	15	Harlow Pen	1:09.58
H 3	L 1 Jessica WOODWARD	13	Potters Bar	1:08.70
	L 2 Bethany PALMER	18	UEA Norwich	1:08.31
	L 3 Nellie EASTLAND	14	Bishop Stort	1:07.95
	L 4 Dina DAY	17	Basildon Ph	1:07.75
	L 5 Georgina CURTIS	16	Mid Beds	1:07.90
	L 6 Eleanor LLEWELLYN	16	West Suffolk	1:08.10
	L 7 Louise FIDDES	15 S14	Hatfield	1:08.48
	L 8 Hannah MCNAUL	16	West Suffolk	1:09.00
H 4	L 1 Lauren THOMAS	14	Mid Beds	1:07.40
	L 2 Jade GOODE	13	Co Peterboro	1:06.30
	L 3 Megan PYE	14	UEA Norwich	1:04.80
	L 4 Holly HILDREW	17	Basildon Ph	1:02.79
	L 5 Elinor DULEY	16	Colchester	1:03.90
	L 6 Molly OLLINGTON	18	West Suffolk	1:05.98
	L 7 Libby DUNFORD	13	Hoddesdon	1:06.80
	L 8 Lily MERRETT	13	Hoddesdon	1:07.60
H 5	L 1 Abigail WHITING	17	West Norfolk	1:07.30
	L 2 Bethany SAMPER	17	West Suffolk	1:06.30
	L 3 Amy YOUNG	17	Bishop Stort	1:04.30
	L 4 Shannon STOTT	16	Co St Albans	1:01.00
	L 5 Rebecca BURTON	18	Co Peterboro	1:03.01
	L 6 Lauren GRICE	17	Mid Beds	1:05.90
	L 7 Imogen COOKE	15	UEA Norwich	1:06.58
	L 8 Sara KALAWSKA	13	Hatfield	1:07.60
H 6	L 1 Georgina TALLON	16	Potters Bar	1:07.17
	L 2 Lauren STOTT	14	Co St Albans	1:06.20
	L 3 Poppy RICHARDSON	15	Co Peterboro	1:03.90
	L 4 Georgina PRYOR	18	Harlow Pen	1:00.18
	L 5 Rikke NAGELL-KLEVEN	21	UEA Norwich	1:02.82
	L 6 Mia LEECH	14	Co Peterboro	1:05.40
	L 7 Emily DOWDING	18	teamipswich	1:06.30
	L 8 Amy FELGATE	20	Co Cambridge	1:07.57

### Event 508 Mens Open 100m IM

H 1	L 1 Archie HOLMAN	18	West Norfolk	1:04.88
	L 2 Callum DAVIS	16	Bishop Stort	1:04.48
	L 3 Jack CHRISTIE	18	Hemel Hemp	1:04.29
	L 4 Christopher GREENHALGH	20	Sudbury	1:04.07
	L 5 Matthew TITMAN	15	Co Cambridge	1:04.23
	L 6 David SHIPMAN	16	Potters Bar	1:04.46
	L 7 Myles TURNER	16	West Suffolk	1:04.61



**East Swimming**  
**2016 Short Course Championships**  
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)*  
**Inspire: Luton Sports Village**  
(Licensed Meet No. 2ER161979)



**Event 509 Womens Open 400m Freestyle**

H 1	L 3	Grace HARVEY	18 S7	Hoddesdon	5:37.60
	L 4	Georgia HARROD	16	DunmowAtlant	4:49.60
	L 5	Almudena VISSER VELEZ	14	Co Cambridge	4:51.06
H 2	L 1	Alice NEWNHAM-STEBBING	14	Lstof & OB	4:49.54
	L 2	Ella HALE	13	West Suffolk	4:49.40
	L 3	Freya WRIGHT	14	West Suffolk	4:48.26
	L 4	Abbie BARNWELL	13	Team Luton	4:47.50
	L 5	Isobel GEORGIU	14	Hatfield	4:47.64
	L 6	Peyton EWBANK	16	Norwich Swan	4:48.65
	L 7	Emily JONES	14	Modernians	4:49.45
H 3	L 1	Jessica LAITNER	15	Co St Albans	4:47.39
	L 2	Lucy PARK	20	Watford SC	4:47.24
	L 3	Georgia PURKIS	14	Hemel Hemp	4:46.69
	L 4	Mackenzie WHYATT	14	Co Peterboro	4:46.20
	L 5	Jennifer READ	14	West Norfolk	4:46.63
	L 6	Amy PEMBERTON	15	Berkhamsted	4:46.78
	L 7	Rachel ROBINSON	16	UEA Norwich	4:47.35
	L 8	Lucie PECK	13	West Norfolk	4:47.50
H 4	L 1	Chloe MOLONEY	14	DunmowAtlant	4:45.30
	L 2	Lauren STOTT	14	Co St Albans	4:44.80
	L 3	Lily MERRETT	13	Hoddesdon	4:43.50
	L 4	Tia COLBY	18	Basildon Ph	4:42.90
	L 5	Caitlin WATSON-DOTCHIN	15	Basildon Ph	4:43.30
	L 6	Amelia MONAGHAN	14	Co Peterboro	4:44.62
	L 7	Katy CHAMBERS	14	St Felix Sch	4:44.90
	L 8	Abigail WHITING	17	West Norfolk	4:45.70
H 5	L 1	Katie HAMMOND	13	Co Cambridge	4:42.33
	L 2	Melissa ELEY	16	Chelmsford	4:41.75
	L 3	Sonia TUMIOTTO	15	St Felix Sch	4:41.40
	L 4	Ellie RUNNALLS	14	DunmowAtlant	4:40.20
	L 5	Erin LEE	14	Basildon Ph	4:41.20
	L 6	Annabelle BURGESS	13	teamipswich	4:41.41
	L 7	Jessica TURLEY	14	Hatfield	4:41.88
	L 8	Grace WYLIE	15	Hatfield	4:42.46
H 6	L 1	Jade GOODE	13	Co Peterboro	4:40.10
	L 2	Tia GARDINER	14	Chelmsford	4:39.90
	L 3	Annabelle KITCHING	14	Chelmsford	4:39.35
	L 4	Ellie WHEELER	14	Basildon Ph	4:38.54
	L 5	Natasha BENTLEY	14	Hatfield	4:38.80
	L 6	Lauren HARRISON	15	Co Peterboro	4:39.80
	L 7	Sophie BURNS	16	Watford SC	4:39.97
	L 8	Billie GRANT	14	Hatfield	4:40.10
H 7	L 1	Bethany PALMER	18	UEA Norwich	4:38.30
	L 2	Lauren YOUNG	13	Hatfield	4:37.85
	L 3	Amber SHINE	16	Hatfield	4:37.32
	L 4	Sophie TAYLOR	15	St Felix Sch	4:34.75
	L 5	Mia LEECH	14	Co Peterboro	4:36.38
	L 6	Chloe OGDEN	15	Bishop Stort	4:37.70
	L 7	Madeleine CHAMBERS	16	St Felix Sch	4:38.27
	L 8	Megan KEY	15	Basildon Ph	4:38.34
H 8	L 1	Alice FENDER	15	Hemel Hemp	4:32.55
	L 2	Emily DOWDING	18	teamipswich	4:31.19
	L 3	Shannon STOTT	16	Co St Albans	4:29.80
	L 4	Charlotte WALKER	14	UEA Norwich	4:29.30
	L 5	Tilly ANEMA	15	Norwich Swan	4:29.45
	L 6	Chantal SMITH	16	Team Luton	4:29.87
	L 7	Jessica WESTLAKE	17	St Felix Sch	4:32.40
	L 8	Maddison SAUNDERS	15	Co Peterboro	4:32.97
H 9	L 1	Tegan WOLLASTON	17	Cheshunt	4:28.72
	L 2	Millie EMMANS	17	Co Cambridge	4:26.86
	L 3	Jessica-Jane APPLGATE	20 S14	UEA Norwich	4:25.20
	L 4	Amber HUGHES	17	Hatfield	4:23.00
	L 5	Leah ROUGHAN	17	Co Peterboro	4:24.80
	L 6	Chloe LENCE	15	Modernians	4:26.30
	L 7	Poppy RICHARDSON	15	Co Peterboro	4:27.80
	L 8	Tia WILSON	14	Modernians	4:29.30