



East Swimming 2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



Event 301 Womens Open 400m IM

H 1	L 1 Rebecca MERRILL	15 Norwich Swan	5:33.40
	L 2 Lauren GOODYER	16 Mid Beds	5:33.04
	L 3 Almudena VISSER VELEZ	14 Co Cambridge	5:30.58
	L 4 Rachael JOHNSON	14 West Norfolk	5:29.77
	L 5 Emily JONES	14 Modernians	5:30.00
	L 6 Hannah TAPLIN	15 Deben	5:32.58
	L 7 Imogen BLOOMFIELD	13 Co Cambridge	5:33.38
H 2	L 1 Victoria POPE	16 Watford SC	5:28.95
	L 2 Isabelle SOULSBY	13 Berkhamsted	5:27.36
	L 3 Erin O'MEARA	13 Watford SC	5:26.50
	L 4 Ella HALE	13 West Suffolk	5:25.96
	L 5 Lucie PECK	13 West Norfolk	5:26.12
	L 6 Amber HEAD	14 Rochford	5:27.33
	L 7 Juliet MERELIE	18 Harpenden	5:28.14
	L 8 Leanne ABREY	15 Hemel Hemp	5:29.13
H 3	L 1 Lorena PROWSE GARCIA	14 Co Cambridge	5:24.61
	L 2 Melissa ELEY	16 Chelmsford	5:24.19
	L 3 Jessica WOODWARD	13 Potters Bar	5:23.39
	L 4 Niamh PERRY	14 West Suffolk	5:22.20
	L 5 Jessica FARROW	16 Hatfield	5:22.65
	L 6 Ellie RUNNALLS	14 DunmowAtlant	5:24.03
	L 7 Beth EDWARDS	16 West Suffolk	5:24.25
	L 8 Peyton EWBANK	16 Norwich Swan	5:25.65
H 4	L 1 Alice FENDER	15 Hemel Hemp	5:21.64
	L 2 Zara KEEGAN	14 Co Cambridge	5:21.30
	L 3 Annabelle KITCHING	14 Chelmsford	5:19.69
	L 4 Tegan WOLLASTON	17 Cheshunt	5:18.71
	L 5 Lauren GRICE	17 Mid Beds	5:19.50
	L 6 Tia GARDINER	14 Chelmsford	5:19.84
	L 7 Matilda MEYRICK	13 Norfolk Vikg	5:21.50
	L 8 Chantal SMITH	16 Team Luton	5:21.77
H 5	L 1 Bethany PALMER	18 UEA Norwich	5:17.25
	L 2 Tia WILSON	14 Modernians	5:16.76
	L 3 Sophie PICKERING	16 teamipswich	5:16.23
	L 4 Sophie TAYLOR	15 St Felix Sch	5:14.20
	L 5 Tilly ANEMA	15 Norwich Swan	5:15.13
	L 6 Celyn WALMSLEY	15 Team Luton	5:16.29
	L 7 Georgina CURTIS	16 Mid Beds	5:17.10
	L 8 Dina DAY	17 Basildon Ph	5:17.85
H 6	L 1 Ellie WHEELER	14 Basildon Ph	5:12.21
	L 2 Lauren HARRISON	15 Co Peterboro	5:05.69
	L 3 Mia LEECH	14 Co Peterboro	5:03.50
	L 4 Leah ROUGHAN	17 Co Peterboro	4:51.02
	L 5 Poppy RICHARDSON	15 Co Peterboro	4:55.93
	L 6 Amelia MONAGHAN	14 Co Peterboro	5:04.50
	L 7 Amber HUGHES	17 Hatfield	5:12.00
	L 8 Jessica WESTLAKE	17 St Felix Sch	5:12.28

Event 302 Mens Open 100m Backstroke

H 1	L 2 Charles RENNIE	15 Braintree	1:05.57
	L 3 Callum THURSTON-WOOL	16 Beccles Town	1:05.47
	L 4 Jack TREMAIN	14 Modernians	1:05.41
	L 5 Jack RYAN	16 Biggleswade	1:05.44
	L 6 Adam MARTIN	16 Potters Bar	1:05.48
	L 7 Samuel WORTLEY	15 West Suffolk	1:05.60
H 2	L 1 Joseph WELLS	17 West Norfolk	1:05.23
	L 2 James COOK	17 Biggleswade	1:05.19
	L 3 Thomas STANBURY	15 Potters Bar	1:05.14
	L 4 Lewis BAYLEY	15 Southend	1:04.89
	L 5 Jack SANGSTER	15 Modernians	1:04.95
	L 6 Elliott DAY	14 teamipswich	1:05.17
	L 7 Herbie KINDER	14 Co Peterboro	1:05.20
	L 8 Jack EMERSON	16 Hitchin	1:05.29
H 3	L 1 Matteo TONTODONATI	15 Bishop Stort	1:04.80
	L 2 Ryan JARVIS	17 Putteridge	1:04.68
	L 3 Jordan NORTHWOOD	17 Berkhamsted	1:04.47
	L 4 Troy DOUGLAS-COLLOW	20 Beccles Town	1:04.39
	L 5 Michael RIPPER	15 Co St Albans	1:04.46
	L 6 Callum WOLLASTON	15 Cheshunt	1:04.50
	L 7 Theo PARK	18 Leiston	1:04.70
	L 8 Alex WALMSLEY	16 teamipswich	1:04.89

H 4	L 1 Bayley FINBOW	16 teamipswich	1:04.01
	L 2 Taylor BOWEN	15 West Suffolk	1:03.75
	L 3 Ben HUNT	17 Harlow Pen	1:03.52
	L 4 Samuel PERKS	14 Basildon Ph	1:03.30
	L 5 Oliver KENNY	19 West Norfolk	1:03.41
	L 6 Jack BOWYER	14 West Suffolk	1:03.70
	L 7 Thomas STRAKOSCH	19 Berkhamsted	1:04.00
	L 8 John BOYLE	15 DunmowAtlant	1:04.25
H 5	L 1 Matthew TITMAN	15 Co Cambridge	1:03.16
	L 2 Harry EADE	16 teamipswich	1:03.08
	L 3 Liam BRENNAN	14 Basildon Ph	1:03.00
	L 4 Jonathon ADAM	14 Co Cambridge	1:02.99
	L 5 Manfred BATTLE	14 Stowmarket	1:03.00
	L 6 Oliver LANGFORD	17 Modernians	1:03.02
	L 7 Max JELFS	15 Hatfield	1:03.10
	L 8 Michael JUDD	18 Dunstable	1:03.20
H 6	L 1 Jordan CATCHPOLE	17 S14 UEA Norwich	1:02.70
	L 2 Thomas BOYT	17 Felixstowe	1:02.27
	L 3 Myles TURNER	16 West Suffolk	1:01.82
	L 4 Louis SPONG	17 DunmowAtlant	1:01.66
	L 5 Joshua SMITH	15 DunmowAtlant	1:01.76
	L 6 Ryan SMITH	16 UEA Norwich	1:01.84
	L 7 Cameron MANLEY	17 Linslade	1:02.50
	L 8 Charles FYNN	17 Co Cambridge	1:02.78
H 7	L 1 Michael LARDNER	17 St Ives	1:00.96
	L 2 Joshua GAINES	18 Hemel Hemp	1:00.24
	L 3 Ryan KELLY	17 Chelmsford	59.12
	L 4 Thomas CLARE	15 teamipswich	57.87
	L 5 Samuel PEASE	17 Basildon Ph	58.20
	L 6 Matthew GRAY	16 Co Peterboro	1:00.00
	L 7 Leone CRICK	18 Leighton Buz	1:00.53
	L 8 Daniel HILL	17 Linslade	1:01.60
H 8	L 1 Elliot WYLIE	17 Hatfield	1:00.60
	L 2 Harry FOX	17 Basildon Ph	1:00.20
	L 3 Nathan WELLS	18 West Norfolk	58.51
	L 4 Charlie POND THOMPSON	23 Hatfield	57.66
	L 5 Harry CONSTANTINE	16 Hatfield	57.90
	L 6 Liam CURRAN	18 Putteridge	59.90
	L 7 Tyler BERRY	16 Basildon Ph	1:00.50
	L 8 Conor O'GORMAN	18 Leighton Buz	1:01.59
H 9	L 1 Dalton YALLOP	19 Beccles Town	1:00.57
	L 2 James COOPER	14 Basildon Ph	1:00.10
	L 3 Jack SPENCE	22 Hemel Hemp	58.32
	L 4 Oliver FITT	17 St Ives	55.98
	L 5 Jamie SCHOLLES	16 Co Peterboro	57.88
	L 6 Reece NICHOLLS	16 Basildon Ph	59.30
	L 7 Daniel CHADA	15 Bishop Stort	1:00.30
	L 8 Sam GAMBLE	17 Hitchin	1:00.98

Event 303 Womens Open 100m Freestyle

H 1	L 2 Ceri HEARD	17 Watford SC	1:03.54
	L 3 Natasha BENTLEY	14 Hatfield	1:03.42
	L 4 Rebecca DACK	14 DunmowAtlant	1:03.40
	L 5 Elinor MACDONALD	18 Berkhamsted	1:03.41
	L 6 Sian JONES	17 Biggleswade	1:03.43
	L 7 Grace HARVEY	18 S7 Hoddesdon	1:14.20
H 2	L 1 Eloise CONWAY	16 Halstead	1:03.30
	L 2 Emily LUSH	14 Cheshunt	1:03.30
	L 3 Bailey WILKES	15 Hatfield	1:03.26
	L 4 Lucy PARK	20 Watford SC	1:03.24
	L 5 Annalise WRIGHT	16 Linslade	1:03.25
	L 6 Lauren YOUNG	13 Hatfield	1:03.29
	L 7 Jessica TURLEY	14 Hatfield	1:03.30
	L 8 Georgia PURKIS	14 Hemel Hemp	1:03.34
H 3	L 1 Megan SAMUELS	15 Chelmsford	1:03.10
	L 2 Niamh ADCOCK	15 UEA Norwich	1:03.06
	L 3 Sophie TAYLOR	15 St Felix Sch	1:03.00
	L 4 Safia BUTTON	12 teamipswich	1:03.00
	L 5 Lauren THOMAS	14 Mid Beds	1:03.00
	L 6 Megan COOK	16 Harlow Pen	1:03.03
	L 7 Jasmine SEAMARKS	16 Co Cambridge	1:03.10
	L 8 Grace LEECH	14 Gt Yarmouth	1:03.16
H 4	L 1 Lija RADZIUNAITE	14 Stowmarket	1:02.93
	L 2 Iona TRAINER	13 Co Ely	1:02.90
	L 3 Angel DUNDERDALE	15 UEA Norwich	1:02.89
	L 4 Katie HAMMOND	13 Co Cambridge	1:02.85
	L 5 Mollie SMITH	16 UEA Norwich	1:02.87
	L 6 Emily JONES	14 Modernians	1:02.90
	L 7 Amber SHINE	16 Hatfield	1:02.90
	L 8 Josie PRETIOUS-WHITE	15 Bishop Stort	1:02.99



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H 5	L 1 Sara KALAWSKA	13	Hatfield	1:02.71
	L 2 Millie WARD	14	Brentwood	1:02.70
	L 3 Emily HILLS	16	Harlow Pen	1:02.66
	L 4 Bethany PALMER	18	UEA Norwich	1:02.61
	L 5 Gemma TROTT	17	Mid Beds	1:02.62
	L 6 Melissa ELEY	16	Chelmsford	1:02.69
	L 7 Georgia HARROD	16	DunmowAtlant	1:02.70
	L 8 Emily LAMPON	17	Bishop Stort	1:02.74
H 6	L 1 Matilda MEYRICK	13	Norfolk Vikg	1:02.60
	L 2 Lily MERRETT	13	Hoddesdon	1:02.54
	L 3 Eleanor LLEWELLYN	16	West Suffolk	1:02.50
	L 4 Caitlin WATSON-DOTCHIN	15	Basildon Ph	1:02.50
	L 5 Ella HALE	13	West Suffolk	1:02.50
	L 6 Cira FLETCHER	18	Bishop Stort	1:02.51
	L 7 Hannah BRECKNELL	16	West Suffolk	1:02.59
	L 8 Niamh PERRY	14	West Suffolk	1:02.60
H 7	L 1 Celeste ANDREW	15	Harlow Pen	1:02.44
	L 2 Georgina TALLON	16	Potters Bar	1:02.30
	L 3 Jade GOODE	13	Co Peterboro	1:02.20
	L 4 Fern MORRIN	14	teamipswich	1:02.10
	L 5 Amelia MONAGHAN	14	Co Peterboro	1:02.15
	L 6 Tia GARDINER	14	Chelmsford	1:02.30
	L 7 Sacha THOMAS	13	UEA Norwich	1:02.30
	L 8 Rebecca STROUD	14	Brentwood	1:02.50
H 8	L 1 Beatrice BARDER	17	Co St Albans	1:02.02
	L 2 Lorena PROWSE GARCIA	14	Co Cambridge	1:01.99
	L 3 Rebecca WATT	14	DunmowAtlant	1:01.90
	L 4 Maddison SAUNDERS	15	Co Peterboro	1:01.83
	L 5 Carys BREALEY	12	Harlow Pen	1:01.90
	L 6 Tegan WOLLASTON	17	Cheshunt	1:01.90
	L 7 Erin LEE	14	Basildon Ph	1:02.00
	L 8 Lauren BAKER	21	Hatfield	1:02.08
H 9	L 1 Olivia SMITH-LAL	18	Harlow Pen	1:01.57
	L 2 Maisie EASTER	14	UEA Norwich	1:01.38
	L 3 Alice FENDER	15	Hemel Hemp	1:01.23
	L 4 Leanne CAREY	17	Watford SC	1:01.17
	L 5 Libby DUNFORD	13	Hoddesdon	1:01.20
	L 6 Angharad EVANS	13	West Suffolk	1:01.30
	L 7 Francesca CROCKER	16	St Ives	1:01.40
	L 8 Mackenzie WHYATT	14	Co Peterboro	1:01.70
H 10	L 1 Sonia TUMIOTTO	15	St Felix Sch	1:00.90
	L 2 Cathryn THOMSON	26	St Ives	1:00.82
	L 3 Annabelle BURGESS	13	teamipswich	1:00.50
	L 4 Millie EMMANS	17	Co Cambridge	1:00.44
	L 5 Beth EDWARDS	16	West Suffolk	1:00.50
	L 6 Amy PEMBERTON	15	Berkhamsted	1:00.79
	L 7 Kioni BROOMFIELD	16	Dereham	1:00.90
	L 8 Chloe MOLONEY	14	DunmowAtlant	1:01.10
H 11	L 1 Abbie LOW	14	Chelmsford	1:00.20
	L 2 Abigail GREEN	16	Watford SC	1:00.06
	L 3 Macy LAWRENCE	14	Basildon Ph	1:00.00
	L 4 Tara COLEMAN	20	Leiston	59.89
	L 5 Lauren HALL	17	Co Cambridge	59.97
	L 6 Katie CONYERS	16	Potters Bar	1:00.00
	L 7 Tia WILSON	14	Modernians	1:00.10
	L 8 Shannon STOTT	16	Co St Albans	1:00.44
H 12	L 1 Lauren WATT	15	Newmarket	59.40
	L 2 Meghan MAYBANKS	16	DunmowAtlant	58.50
	L 3 Georgina PRYOR	18	Harlow Pen	57.84
	L 4 Martha DULEY	17	Colchester	57.00
	L 5 Elinah PHILLIP	16	Bishop Stort	57.50
	L 6 Abigail WHITING	17	West Norfolk	58.11
	L 7 Amy YOUNG	17	Bishop Stort	58.90
	L 8 Amelia PEDDLE	16	Epping Fort	59.50
H 13	L 1 Mia CARTER	14	Bishop Stort	59.20
	L 2 Molly OLLINGTON	18	West Suffolk	58.25
	L 3 Bethany SAUNDERS	17	Co Peterboro	57.70
	L 4 Rebecca SHERWIN	16	teamipswich	56.18
	L 5 Rachel WELLINGS	16	Co Peterboro	57.50
	L 6 Mia MASPERS	14	teamipswich	57.91
	L 7 Anna BLAKELEY	14	Co Peterboro	58.80
	L 8 Chloe LENCE	15	Modernians	59.50

H 14	L 1 Elinor DULEY	16	Colchester	59.00
	L 2 Poppy RICHARDSON	15	Co Peterboro	58.20
	L 3 Jessica-Jane APPLIGATE	20 S14	UEA Norwich	57.60
	L 4 Mollie ALLEN	18	Co Peterboro	56.00
	L 5 Lauren SIMPKINS	18	Putteridge	57.30
	L 6 Holly HILDREW	17	Basildon Ph	57.84
	L 7 Charlotte WALKER	14	UEA Norwich	58.70
	L 8 Faye HERMON	17	Felixstowe	59.50

Event 304 Mens Open 200m Freestyle

H 1	L 3 Mark EVENS	20 S14	Hitchin	2:35.72
	L 4 Jordan CATCHPOLE	17 S14	UEA Norwich	2:07.10
	L 5 Callum HODGSON	16 S14	Basildon Ph	2:20.17
H 2	L 1 Alex NEESON	17	Dunstable	2:05.62
	L 2 Ryan MOGFORD	16	Chelmsford	2:05.37
	L 3 Thomas BOYT	17	Felixstowe	2:04.73
	L 4 James MCFARLAND	15	Mid Beds	2:04.30
	L 5 Michael RIPPER	15	Co St Albans	2:04.66
	L 6 Joshua BRISTOW	14	Modernians	2:04.77
	L 7 Harrison LEES	15	Watford SC	2:05.40
	L 8 Manfred BATTLE	14	Stowmarket	2:05.65
H 3	L 1 Kyle PANTON	21	DunmowAtlant	2:04.20
	L 2 Jack WEARS	17	Mid Beds	2:03.83
	L 3 Troy DOUGLAS-COLLOW	20	Beccles Town	2:03.47
	L 4 Alex WALMSLEY	16	teamipswich	2:03.18
	L 5 Ralph MUNCER	15	Team Luton	2:03.22
	L 6 Max JELFS	15	Hatfield	2:03.51
	L 7 Joseph WELLS	17	West Norfolk	2:03.85
	L 8 Matthew ADDIS	18	West Norfolk	2:04.27
H 4	L 1 Ole MILLS	17	Halstead	2:03.12
	L 2 Anthony SMITH	16	Hatfield	2:02.86
	L 3 Ryan JARVIS	17	Putteridge	2:02.70
	L 4 Thomas HOVEN	17	UEA Norwich	2:02.48
	L 5 Cole JAMES	15	Hatfield	2:02.60
	L 6 Louis HINES	19 S14	Watford SC	2:02.70
	L 7 Ryan KELLY	17	Chelmsford	2:03.10
	L 8 Harry SKELLERN	14	Co Cambridge	2:03.17
H 5	L 1 Finlay RYAN	17	Norwich Swan	2:02.34
	L 2 Harry WHITEMAN	16	Co Peterboro	2:02.18
	L 3 Jude LIDDIARD	15	Co St Albans	2:01.97
	L 4 Jamie MCCAFFRAY	15	Modernians	2:01.80
	L 5 David SHIPMAN	16	Potters Bar	2:01.91
	L 6 Matthew TITMAN	15	Co Cambridge	2:02.16
	L 7 Benjamin ARKLE	17	Co Cambridge	2:02.28
	L 8 Jack RYAN	16	Biggleswade	2:02.43
H 6	L 1 Jordan NORTHWOOD	17	Berkhamsted	2:01.56
	L 2 Jack SPAIN	16	teamipswich	2:01.40
	L 3 Myles TURNER	16	West Suffolk	2:00.91
	L 4 Jake MOXHAM	14	Co Cambridge	2:00.70
	L 5 Elliot WYLIE	17	Hatfield	2:00.70
	L 6 Harry WEARS	19	Mid Beds	2:01.11
	L 7 Harvey NORMAN	15	Co Peterboro	2:01.50
	L 8 James BAYLEY	16	Basildon Ph	2:01.80
H 7	L 1 Dalton YALLOP	19	Beccles Town	2:00.59
	L 2 Lucas DYSON-DIAZ	16	Hatfield	2:00.00
	L 3 Alec BURCHELL	18	Hitchin	1:59.75
	L 4 Alexander MASON	20	Team Luton	1:59.20
	L 5 Benjamin GARRATT	16	Hatfield	1:59.25
	L 6 Max WILSON	16	Modernians	1:59.90
	L 7 Joshua FOWLES	17	Witham Dolph	2:00.49
	L 8 Ayotobi LAGUDA	14	Hatfield	2:00.63
H 8	L 1 Thomas WIGGINS	17	Co Peterboro	1:58.30
	L 2 Reese HOUSDEN	14	Hatfield	1:57.10
	L 3 Reece NICHOLLS	16	Basildon Ph	1:55.20
	L 4 Nathan HUGHES	16	Hatfield	1:50.40
	L 5 Daniel LEIGH	17	Co Peterboro	1:52.22
	L 6 Luke SUGDEN	17	Hatfield	1:56.16
	L 7 Jake THOMAS-MANSFIELD	16	St Felix Sch	1:57.80
	L 8 James COOPER	14	Basildon Ph	1:59.06
H 9	L 1 Myles ROBINSON-YOUNG	14	Co Peterboro	1:58.10
	L 2 Mihai ANGHEL	20	teamipswich	1:57.03
	L 3 Conor HARROLD	23	Basildon Ph	1:54.20
	L 4 Luke TURLEY	16	Hatfield	1:49.00
	L 5 Harry CONSTANTINE	16	Hatfield	1:52.00
	L 6 Jamie SCHOLES	16	Co Peterboro	1:55.28
	L 7 Dominic SCIFO	17	teamipswich	1:57.70
	L 8 Alex EVENS	17	Hitchin	1:58.75



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H 10	L 1 Samuel COTTEE	16	teamipswich	1:57.90
	L 2 Bradley VEITCH	17	Bishop Stort	1:56.38
	L 3 Henry CHOONG	19	Co Cambridge	1:54.01
	L 4 Regan LLOYD	19	teamipswich	1:48.50
	L 5 Nathan WELLS	18	West Norfolk	1:51.30
	L 6 James WOODWARD	16	Potters Bar	1:55.20
	L 7 Tyler BERRY	16	Basildon Ph	1:57.40
	L 8 Erik SULLIVAN	22	Co Cambridge	1:58.70

Event 305 Womens Open 50m Butterfly

H 1	L 1 Grace HARVEY	18 S7	Hoddesdon	39.30
	L 2 Lily MERRETT	13	Hoddesdon	30.61
	L 3 Ella HALE	13	West Suffolk	30.60
	L 4 Hannah MCNAUL	16	West Suffolk	30.60
	L 5 Jessica WOODWARD	13	Potters Bar	30.60
	L 6 Amelia MONAGHAN	14	Co Peterboro	30.60
	L 7 Abbie LOW	14	Chelmsford	30.70
H 2	L 1 Dina DAY	17	Basildon Ph	30.50
	L 2 Mollie SMITH	16	UEA Norwich	30.50
	L 3 Faye HERMON	17	Felixstowe	30.20
	L 4 Eleanor LLEWELLYN	16	West Suffolk	30.10
	L 5 Eleanor KING	16	Dunstable	30.20
	L 6 Beatrice BARDER	17	Co St Albans	30.30
	L 7 Grace RAYNER	18	Hatfield	30.50
	L 8 Amy FELGATE	20	Co Cambridge	30.53
H 3	L 1 Lauren GRICE	17	Mid Beds	30.00
	L 2 Grace LEECH	14	Gt Yarmouth	29.90
	L 3 Martine TRAN	15	Thurrock	29.90
	L 4 Mia MASPERS	14	teamipswich	29.90
	L 5 Georgina TALLON	16	Potters Bar	29.90
	L 6 Mia LEECH	14	Co Peterboro	29.90
	L 7 Imogen COOKE	15	UEA Norwich	30.00
	L 8 Sonia TUMIOTTO	15	St Felix Sch	30.10
H 4	L 1 Chloe BERKO-BOATENG	13	Cheshunt	29.70
	L 2 Rebecca BURTON	18	Co Peterboro	29.16
	L 3 Jade GOODE	13	Co Peterboro	28.70
	L 4 Mollie ALLEN	18	Co Peterboro	27.50
	L 5 Holly HILDREW	17	Basildon Ph	28.33
	L 6 Martha DULEY	17	Colchester	29.00
	L 7 Bethany SAMPHER	17	West Suffolk	29.40
	L 8 Celeste ANDREW	15	Harlow Pen	29.80
H 5	L 1 Tara COLEMAN	20	Leiston	29.60
	L 2 Molly OLLINGTON	18	West Suffolk	29.10
	L 3 Shannon STOTT	16	Co St Albans	28.50
	L 4 Elinah PHILLIP	16	Bishop Stort	27.50
	L 5 Elinor DULEY	16	Colchester	28.20
	L 6 Meghan MAYBANKS	16	DunmowAtlant	28.90
	L 7 Amy YOUNG	17	Bishop Stort	29.40
	L 8 Abigail WHITING	17	West Norfolk	29.80
H 6	L 1 Georgina CURTIS	16	Mid Beds	29.50
	L 2 Jessica-Jane APPLGATE	20	UEA Norwich	29.00
	L 3 Megan PYE	14	UEA Norwich	28.40
	L 4 Georgina PRYOR	18	Harlow Pen	26.90
	L 5 Amie PHILPOT	14	teamipswich	27.70
	L 6 Poppy RICHARDSON	15	Co Peterboro	28.90
	L 7 Libby DUNFORD	13	Hoddesdon	29.20
	L 8 Philippa AMOS	15	Hitchin	29.80

Event 306 Mens Open 50m Butterfly

H 1	L 2 Alex EVENS	17	Hitchin	27.44
	L 3 Harry WESTON	16	Norwich Swan	27.40
	L 4 Christopher MURPHY	20	Mid Beds	27.25
	L 5 Samuel PEASE	17	Basildon Ph	27.40
	L 6 Oliver PYLE	16	West Suffolk	27.40
	L 7 Elliott DAY	14	teamipswich	27.50
H 2	L 1 Reece NICHOLLS	16	Basildon Ph	27.20
	L 2 Cameron MANLEY	17	Linslade	27.10
	L 3 Jack SPAIN	16	teamipswich	27.10
	L 4 Adam MARTIN	16	Potters Bar	27.10
	L 5 Dalton YALLOP	19	Beccles Town	27.10
	L 6 Oliver KENNY	19	West Norfolk	27.10
	L 7 Lucas DYSON-DIAZ	16	Hatfield	27.20
	L 8 Michael JUDD	18	Dunstable	27.20

H 3	L 1 Harry JONES	16	Hitchin	26.70
	L 2 Mason ARNOLD	19	Harlow Pen	26.50
	L 3 James WOODWARD	16	Potters Bar	26.10
	L 4 Jamie MCLAUGHLIN	19	DunmowAtlant	25.60
	L 5 Calum FERGUSON	20	Co Cambridge	25.80
	L 6 Harry WEARS	19	Mid Beds	26.30
	L 7 Jack BOWYER	14	West Suffolk	26.60
	L 8 Daniel LEIGH	17	Co Peterboro	27.10

H 4	L 1 Thomas CLARE	15	teamipswich	26.60
	L 2 Ignacio LARGHERO	17	Newmarket	26.40
	L 3 Liam CURRAN	18	Putteridge	26.04
	L 4 Sonny TRIGG	21	teamipswich	25.60
	L 5 Benjamin GARRATT	16	Hatfield	25.60
	L 6 Kevin PICKARD	28	Hatfield	26.20
	L 7 Manfred BATTLE	24	Stowmarket	26.60
	L 8 Ryan SMITH	16	UEA Norwich	26.90

H 5	L 1 Jake THOMAS-MANSFIELD	16	St Felix Sch	26.60
	L 2 Callum DAVIS	16	Bishop Stort	26.40
	L 3 Matthew TITMAN	15	Co Cambridge	26.00
	L 4 David SHIPMAN	16	Potters Bar	25.50
	L 5 Dominic CIFO	17	teamipswich	25.60
	L 6 Alec BURCHELL	18	Hitchin	26.20
	L 7 Charles RAYNER	15	Hatfield	26.50
	L 8 Lee BAKER	21	Harlow Pen	26.78

Event 307 Womens Open 200m Backstroke

H 1	L 3 Jemima WAYMAN	13	Deben	2:32.54
	L 4 Sophie TAYLOR	14	Co St Albans	2:32.14
	L 5 Angel DUNDERDALE	15	UEA Norwich	2:32.36
H 2	L 1 Chloe MOLONEY	14	DunmowAtlant	2:32.00
	L 2 Lauren THOMAS	14	Mid Beds	2:31.72
	L 3 Tia GARDINER	14	Chelmsford	2:31.59
	L 4 Peyton EWBANK	16	Norwich Swan	2:31.21
	L 5 Freya LINES	14	St Felix Sch	2:31.32
	L 6 Jasmine SEAMARKS	16	Co Cambridge	2:31.62
	L 7 Almudena VISSER VELEZ	14	Co Cambridge	2:31.80
	L 8 Chloe WOODRUFF	14	Tring	2:32.05
H 3	L 1 Hannah BRECKNELL	16	West Suffolk	2:31.01
	L 2 Beatrice BARDER	17	Co St Albans	2:30.86
	L 3 Megan COOK	16	Harlow Pen	2:30.61
	L 4 Bleu WILDMAN	15	Putteridge	2:30.34
	L 5 Francesca CROCKER	16	St Ives	2:30.48
	L 6 Megan SAMUELS	15	Chelmsford	2:30.84
	L 7 Rebecca SEWELL	16	Hemel Hemp	2:30.95
	L 8 Lara-Grace MOUNT	14	West Norfolk	2:31.08
H 4	L 1 Zoe HORNE	16	Co St Albans	2:30.11
	L 2 Eleanor GALVIN	14	Co St Albans	2:30.02
	L 3 Bethany SAMPHER	17	West Suffolk	2:29.70
	L 4 Christina WILSON	16	Norwich Swan	2:28.61
	L 5 Gemma TROTT	17	Mid Beds	2:29.61
	L 6 Faye HERMON	17	Felixstowe	2:29.86
	L 7 Bethany PALMER	18	UEA Norwich	2:30.10
	L 8 Mackenzie WHYATT	14	Co Peterboro	2:30.31
H 5	L 1 Greta BALFOUR	17	Norwich Swan	2:28.33
	L 2 Scarlett MORINE	14	Chelmsford	2:27.80
	L 3 Abbie LOW	14	Chelmsford	2:27.47
	L 4 Ellie WHEELER	14	Basildon Ph	2:27.25
	L 5 Lija RADZIUNAITE	14	Stowmarket	2:27.31
	L 6 Kioni BROOMFIELD	16	Dereham	2:27.72
	L 7 Amber HUGHES	17	Hatfield	2:28.20
	L 8 Amelia PEDDLE	16	Epping For't	2:28.56
H 6	L 1 Sophie BURNS	16	Watford SC	2:26.34
	L 2 Emma CRUICKSHANKS	13	teamipswich	2:24.93
	L 3 Matilda MEYRICK	13	Norfolk Viking	2:21.74
	L 4 Rachel WELLINGS	16	Co Peterboro	2:14.50
	L 5 Maisie EASTER	14	UEA Norwich	2:20.57
	L 6 Tia COLBY	18	Basildon Ph	2:23.11
	L 7 Emma LESLIE	15	Co Peterboro	2:25.40
	L 8 Bailey WILKES	15	Hatfield	2:26.95
H 7	L 1 Amelia MONAGHAN	14	Co Peterboro	2:26.12
	L 2 Emily GREEN	15	Brentwood	2:24.53
	L 3 Megan PYE	14	UEA Norwich	2:21.70
	L 4 Bethany SAUNDERS	17	Co Peterboro	2:14.02
	L 5 Lauren HALL	17	Co Cambridge	2:19.49
	L 6 Chloe LENCE	15	Modernians	2:22.32
	L 7 Grace WYLIE	15	Hatfield	2:25.11
	L 8 Lauren STOTT	14	Co St Albans	2:26.80



East Swimming
2016 Short Course Championships
(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)
Inspire: Luton Sports Village
(Licensed Meet No. 2ER161979)



H 8	L 1 Tilly ANEMA	15 Norwich Swan	2:25.60
	L 2 Niamh JAMES	15 Bishop Stort	2:24.22
	L 3 Maddison SAUNDERS	15 Co Peterboro	2:21.16
	L 4 Rebecca SHERWIN	16 teamipswich	2:13.27
	L 5 Martha DULEY	17 Colchester	2:18.60
	L 6 Mollie ALLEN	18 Co Peterboro	2:21.90
	L 7 Claire BURRELL	15 Harpenden	2:25.10
	L 8 Eleanor KING	16 Dunstable	2:26.42

Event 308 Mens Open 800m Freestyle Team

H 1	L 1 Hemel Hempstead A	Hemel Hemp	8:17.00
	Jacob HUTCHINGS		
	Joshua GAINES		
	Jack CHRISTIE		
	Jack SPENCE		
L 2	Hatfield SC - C	Hatfield	8:03.00
	Ayotobi LAGUDA		
	Eliot WYLIE		
	Cole JAMES		
	Anthony SMITH		
L 3	City Of Peterborough A	Co Peterboro	7:48.00
	Matthew GRAY		
	Harry WHITEMAN		
	Harvey NORMAN		
	Henry PEARCE		
L 4	Hatfield SC - A	Hatfield	7:39.00
	Luke SUGDEN		
	Harry CONSTANTINE		
	Nathan HUGHES		
	Luke TURLEY		
L 5	Basildon and Phoenix S	Basildon Ph	7:42.00
	James DAVIS		
	Reece NICHOLLS		
	Tyler BERRY		
	Conor HARROLD		
L 6	Hatfield SC - B	Hatfield	7:52.00
	Reese HOUSDEN		
	Benjamin GARRATT		
	Lucas DYSON-DIAZ		
	Max JELFS		
L 7	City Of Peterborough B	Co Peterboro	8:15.00
	Jamie SCHOLES		
	Daniel LEIGH		
	Thomas WIGGINS		
	Myles ROBINSON-YOUNG		
L 8	City of St Albans SC	Co St Albans	8:24.00
	Michael RIPPER		
	Tanin KURSIDIM		
	Thomas CADENHEAD		
	Jude LIDDIARD		