



# East Swimming 2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

## Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



### Event 201 Mens Open 200m IM

H 1	L 2 Kyle HOLMES	17	Hemel Hemp	2:24.84	H 2	L 1 Caitlin EVANS	14	Sudbury	33.77
	L 3 Oliver PYLE	16	West Suffolk	2:24.63		L 2 Lucy KEITH	15	Leighton Buz	33.72
	L 4 Samuel GAINES	15	Hemel Hemp	2:24.39		L 3 Olivia SMITH-LAL	18	Harlow Pen	33.66
	L 5 Ross BARNSHAW	18	Beccles Town	2:24.60		L 4 Kioni BROOMFIELD	16	Dereham	33.64
	L 6 Daniel HURST	17	Berkhamsted	2:24.64		L 5 Sarah O'BRIEN	20	UEA Norwich	33.66
	L 7 Jaxon SIMMONS	16	SM13 Co Peterboro	2:31.28		L 6 Jemima WAYMAN	13	Deben	33.70
						L 7 Chloe WOODRUFF	14	Tring	33.75
						L 8 Sophie EMPSON	18	West Norfolk	33.80
H 2	L 1 James CHENNELLS	15	Berkhamsted	2:23.96	H 3	L 1 India WESTON	14	Norfolk Viking	33.57
	L 2 Lewis BAYLEY	15	Southend	2:23.76		L 2 Larissa DEAN	14	Harpenden	33.50
	L 3 Anthony SMITH	16	Hatfield	2:23.70		L 3 Lauren ANDREW	16	Potters Bar	33.49
	L 4 Alex FLORANCE	16	West Norfolk	2:23.36		L 4 Brianna MAZEY	15	Tring	33.47
	L 5 Matthew ADDIS	18	West Norfolk	2:23.56		L 5 Nina HOWELL	17	Beccles Town	33.49
	L 6 Ralph MUNCER	15	Team Luton	2:23.70		L 6 Gemma PETERS	12	UEA Norwich	33.50
	L 7 Jack SANGSTER	15	Modernians	2:23.94		L 7 Charlie DAVIS	16	Newmarket	33.53
	L 8 George HART	15	Mid Beds	2:24.16		L 8 Megan SAMUELS	15	Chelmsford	33.60
H 3	L 1 Harrison LEES	15	Watford SC	2:23.10	H 4	L 1 Molly BRADLEY	15	Tring	33.40
	L 2 Finn JEFFERY	13	St Felix Sch	2:22.75		L 2 Isabel HARBER	13	Verulam	33.32
	L 3 Theo PARK	18	Leiston	2:21.16		L 3 Emily LAMPON	17	Bishop Stort	33.26
	L 4 Samuel BRYAN	15	Basildon Ph	2:21.04		L 4 Georgina TALLON	16	Potters Bar	33.20
	L 5 Jordan THORNTON	20	Co Cambridge	2:21.07		L 5 Carys BREALEY	12	Harlow Pen	33.23
	L 6 William LOVEMAN	16	Co St Albans	2:22.27		L 6 Shona MCKENNA	14	Hemel Hemp	33.30
	L 7 Christopher GREENHALGH	20	Sudbury	2:22.79		L 7 Nadine SMITH	15	Hatfield	33.36
	L 8 Charles FYNN	17	Co Cambridge	2:23.17		L 8 Rebecca STROUD	14	Brentwood	33.46
H 4	L 1 Sam PERKINS	14	teamipswich	2:20.80	H 5	L 1 Eloise CONWAY	16	Halstead	33.10
	L 2 Oliver NEWTON	17	West Norfolk	2:20.80		L 2 Emily JONES	14	Modernians	33.00
	L 3 Jordan CATCHPOLE	17	SM14 UEA Norwich	2:20.70		L 3 Annabel HEYWOOD	16	West Suffolk	32.98
	L 4 Harry EADE	16	teamipswich	2:20.34		L 4 Bailey WILKES	15	Hatfield	32.92
	L 5 Joseph WELLS	17	West Norfolk	2:20.60		L 5 Jasmine SEAMARKS	16	Co Cambridge	32.96
	L 6 Maxim DE WILDT	15	Co Cambridge	2:20.77		L 6 Fiona HOLMES	14	Watford SC	33.00
	L 7 Herbie KINDER	14	Co Peterboro	2:20.80		L 7 Peyton EWBANK	16	Norwich Swan	33.05
	L 8 Thomas BOYT	17	Felixstowe	2:20.87		L 8 Isabelle SOULSBY	13	Berkhamsted	33.20
H 5	L 1 Jack WEARS	17	Mid Beds	2:20.30	H 6	L 1 Emily COLLINS	15	Dereham	32.91
	L 2 Taylor BOWEN	15	West Suffolk	2:19.90		L 2 Mackenzie WHYATT	14	Co Peterboro	32.84
	L 3 Benjamin ARKLE	17	Co Cambridge	2:18.85		L 3 Rebecca SEWELL	16	Hemel Hemp	32.81
	L 4 Cole JAMES	15	Hatfield	2:18.00		L 4 Isabel WAINWRIGHT	13	Modernians	32.80
	L 5 Oliver KENNY	19	West Norfolk	2:18.02		L 5 Eve WRIGHT	13	Co Peterboro	32.80
	L 6 Ayotobi LAGUDA	14	Hatfield	2:19.56		L 6 Claire MASSEY	32	Cheshunt	32.82
	L 7 James MCFARLAND	15	Mid Beds	2:20.10		L 7 Chloe SORRELL	15	West Norfolk	32.87
	L 8 David SHIPMAN	16	Potters Bar	2:20.32		L 8 Melissa ELEY	16	Chelmsford	32.92
H 6	L 1 Ryan JARVIS	17	Putteridge	2:17.60	H 7	L 1 Ellie-Mae SMITH	15	teamipswich	32.78
	L 2 Daniel SCHINDLER	17	Co St Albans	2:15.51		L 2 Greta BALFOUR	17	Norwich Swan	32.74
	L 3 Joshua GAINES	18	Hemel Hemp	2:13.59		L 3 Bethany PALMER	18	UEA Norwich	32.73
	L 4 Nathan WELLS	18	West Norfolk	2:07.00		L 4 Emily WHYTE	13	teamipswich	32.70
	L 5 James WOODWARD	16	Potters Bar	2:09.00		L 5 Safia BUTTON	12	teamipswich	32.70
	L 6 Alexander MASON	20	Team Luton	2:14.16		L 6 Faith GREEN	16	Co St Albans	32.74
	L 7 Harry WHITEMAN	16	Co Peterboro	2:16.55		L 7 Sonia TUMIOTTO	15	St Felix Sch	32.76
	L 8 Jordan NORTHWOOD	17	Berkhamsted	2:17.80		L 8 Amber HILL	14	Linslade	32.80
H 7	L 1 Liam BRENNAN	14	Basildon Ph	2:17.40	H 8	L 1 Sammy HUMPHREY	20	Leighton Buz	32.59
	L 2 Harvey NORMAN	15	Co Peterboro	2:15.40		L 2 Fern MORRIN	14	teamipswich	32.52
	L 3 Thomas WIGGINS	17	Co Peterboro	2:13.02		L 3 Emma LESLIE	15	Co Peterboro	32.50
	L 4 Brandon NABARRO	19	Putteridge	2:04.10		L 4 Matilda MEYRICK	13	Norfolk Viking	32.49
	L 5 Daniel LEIGH	17	Co Peterboro	2:08.73		L 5 Lara-Grace MOUNT	14	West Norfolk	32.50
	L 6 Louis SPONG	17	DunmowAtlant	2:13.77		L 6 Georgia HARROD	16	DunmowAtlant	32.52
	L 7 Reece NICHOLLS	16	Basildon Ph	2:16.20		L 7 Agnes BURNS	15	Harpenden	32.59
	L 8 James COOPER	14	Basildon Ph	2:17.80		L 8 Celeste ANDREW	15	Harlow Pen	32.63
H 8	L 1 Matthew GRAY	16	Co Peterboro	2:16.70	H 9	L 1 Lauren STOTT	14	Co St Albans	32.44
	L 2 Ryan KELLY	17	Chelmsford	2:14.48		L 2 Grace WYLIE	15	Hatfield	32.30
	L 3 Myles TURNER	16	West Suffolk	2:12.90		L 3 Scarlett MORINE	14	Chelmsford	32.25
	L 4 Nathan HUGHES	16	Hatfield	2:02.60		L 4 Hannah BRECKNELL	16	West Suffolk	32.14
	L 5 Luke TURLEY	16	Hatfield	2:08.57		L 5 Lily MERRETT	13	Hoddesdon	32.21
	L 6 Charles RAYNER	15	Hatfield	2:13.60		L 6 Libby DUNFORD	13	Hoddesdon	32.27
	L 7 Finlay RYAN	17	Norwich Swan	2:15.66		L 7 Olivia SHERRED	17	Sudbury	32.40
	L 8 Michael JUDD	18	Dunstable	2:17.72		L 8 Sophie TAYLOR	14	Co St Albans	32.46

### Event 202 Womens Open 50m Backstroke

H 1	L 1 Eleanor TURPIN	15	Cheshunt	33.86	H 10	L 1 Amelia MONAGHAN	14	Co Peterboro	32.12
	L 2 Ellie MATTHEWS	13	Putteridge	33.84		L 2 Megan COOK	16	Harlow Pen	32.12
	L 3 Eleanor WHITE	15	Linslade	33.84		L 3 Lauren WATT	15	Newmarket	32.08
	L 4 Megan CLAYDON	16	Deben	33.82		L 4 Jade GOODE	13	Co Peterboro	32.00
	L 5 Amy PEMBERTON	15	Berkhamsted	33.83		L 5 Georgia PEASE	14	Basildon Ph	32.04
	L 6 Rachael JOHNSON	14	West Norfolk	33.84		L 6 Chloe JACOBS	17	Potters Bar	32.09
	L 7 Jessica TURLEY	14	Hatfield	33.86		L 7 Tia COLBY	18	Basildon Ph	32.12
	L 8 Zoe HORNE	16	Co St Albans	33.86		L 8 Roxanne UYS	17	West Norfolk	32.13



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H 11	L 1	Eleanor LLEWELLYN	16	West Suffolk	31.99	H 6	L 1	Joshua GAINES	18	Hemel Hemp	26.11
	L 2	Jessica-Jane APPLGATE	20	UEA Norwich	31.92		L 2	Matthew ADDIS	18	West Norfolk	26.10
	L 3	Beatrice BARDER	17	Co St Albans	31.90		L 3	John BOYLE	15	DunmowAtlant	26.00
	L 4	Josie PRETIOUS-WHITE	15	Bishop Stort	31.90		L 4	Taylor BOWEN	15	West Suffolk	25.98
	L 5	Francesca CROCKER	16	St Ives	31.90		L 5	Ashley COOMBS	15	Hemel Hemp	25.98
	L 6	Abbie LOW	14	Chelmsford	31.90		L 6	Gregory BARTON	17	Harlow Pen	26.06
	L 7	Keelin MCKENNA	17	Hemel Hemp	31.94		L 7	Dylan NUTT	17	DunmowAtlant	26.10
	L 8	Emma CRUICKSHANKS	13	teamipswich	32.00		L 8	Elliot WYLIE	17	Hatfield	26.18
H 12	L 1	Zara PRETIOUS-WHITE	16	Bishop Stort	31.81	H 7	L 1	Joseph MURRAY	17	Putteridge	25.90
	L 2	Macy LAWRENCE	14	Basildon Ph	31.78		L 2	Ashley HOLNESS-WRIGHT	20	Watford SC	25.85
	L 3	Grace LEECH	14	Gt Yarmouth	31.60		L 3	Jonathan OWEN	16	Hitchin	25.83
	L 4	Phoebe HAYDEN	15	teamipswich	31.46		L 4	Sam PERKINS	14	teamipswich	25.80
	L 5	Claire BURRELL	15	Harpenden	31.50		L 5	James COOPER	14	Basildon Ph	25.80
	L 6	Mia MASPERS	14	teamipswich	31.71		L 6	Benjamin SARSFIELD	17	Biggleswade	25.84
	L 7	Faye HERMON	17	Felixstowe	31.79		L 7	Oliver NEWTON	17	West Norfolk	25.85
	L 8	Freya LINES	14	St Felix Sch	31.89		L 8	Max JELFS	15	Hatfield	25.95
H 13	L 1	Jordan COLEMAN	18	Leiston	31.21	H 8	L 1	Daniel CHADA	15	Bishop Stort	25.80
	L 2	Holly HILDREW	17	Basildon Ph	30.79		L 2	Joshua BIBBY	19	Witham Dolph	25.80
	L 3	Maisie EASTER	14	UEA Norwich	30.10		L 3	Michael JUDD	18	Dunstable	25.70
	L 4	Rebecca SHERWIN	16	teamipswich	28.97		L 4	James COOK	17	Biggleswade	25.70
	L 5	Lija RADZIUNAITE	14	Stowmarket	29.50		L 5	Ryan KELLY	17	Chelmsford	25.70
	L 6	Molly OLLINGTON	18	West Suffolk	30.69		L 6	Daniel HILL	17	Linslade	25.80
	L 7	Tara COLEMAN	20	Leiston	31.07		L 7	Ryan JARVIS	17	Putteridge	25.80
	L 8	Abigail WHITING	17	West Norfolk	31.45		L 8	Lucas DOVE	15	St Ives	25.80
H 14	L 1	Angel DUNDERDALE	15	UEA Norwich	31.20	H 9	L 1	Evan THOMAS-MANSFIELD	15	West Suffolk	25.69
	L 2	Rebecca BURTON	18	Co Peterboro	30.72		L 2	Daniel SCHINDLER	17	Co St Albans	25.60
	L 3	Lauren SIMPKINS	18	Putteridge	29.90		L 3	Peter LAWTON	25	Southend	25.60
	L 4	Georgina PRYOR	18	Harlow Pen	28.58		L 4	Jake THOMAS-MANSFIELD	16	St Felix Sch	25.40
	L 5	Meghan MAYBANKS	16	DunmowAtlant	29.35		L 5	Theo PARK	18	Leiston	25.48
	L 6	Lauren HALL	17	Co Cambridge	30.52		L 6	Myles ROBINSON-YOUNG	14	Co Peterboro	25.60
	L 7	Anna BLAKELEY	14	Co Peterboro	30.90		L 7	John TELENSKY	15	Harpenden	25.60
	L 8	Niamh JAMES	15	Bishop Stort	31.30		L 8	Cameron MANLEY	17	Linslade	25.70
H 15	L 1	Eleanor KING	16	Dunstable	31.10	H 10	L 1	Benjamin GARRATT	16	Hatfield	25.40
	L 2	Megan PYE	14	UEA Norwich	30.70		L 2	Joshua SMITH	15	DunmowAtlant	25.40
	L 3	Rachel WELLINGS	16	Co Peterboro	29.68		L 3	Joshua FOWLES	17	Witham Dolph	25.30
	L 4	Mollie ALLEN	18	Co Peterboro	28.20		L 4	Christopher MURPHY	20	Mid Beds	25.20
	L 5	Amie PHILPOT	14	teamipswich	29.20		L 5	Ayotobi LAGUDA	14	Hatfield	25.30
	L 6	Mia CARTER	14	Bishop Stort	30.40		L 6	Alex WALMSLEY	16	teamipswich	25.30
	L 7	Amelia PEDDLE	16	Epping Fort	30.80		L 7	Manfred BATTLE	14	Stowmarket	25.40
	L 8	Poppy RICHARDSON	15	Co Peterboro	31.21		L 8	Joseph WELLS	17	West Norfolk	25.40
<b>Event 203 Mens Open 50m Freestyle</b>											
H 1	L 3	Mark EVENS	20	S14 Hitchin	32.66	H 11	L 1	Mark LEAMON	29	Co Cambridge	25.17
	L 4	Louis HINES	19	S14 Watford SC	26.80		L 2	Christopher SEARLE	24	Dereham	25.13
	L 5	Callum HODGSON	16	S14 Basildon Ph	29.30		L 3	Alex EVENS	17	Hitchin	25.10
H 2	L 2	Harrison LEES	15	Watford SC	26.65		L 4	Daniel LUSH	16	Cheshunt	25.10
	L 3	Herbie KINDER	14	Co Peterboro	26.60		L 5	Lucas DYSON-DIAZ	16	Hatfield	25.10
	L 4	Matthew OATEN	17	Basildon Ph	26.60		L 6	Harry WESTON	16	Norwich Swan	25.10
	L 5	Marcus KEMP	15	Watford SC	26.60		L 7	Jack WEARS	17	Mid Beds	25.13
	L 6	Joshua BRISTOW	14	Modernians	26.65		L 8	Leone CRICK	18	Leighton Buz	25.20
	L 7	Yasir NAIMI	16	Co Peterboro	26.66	H 12	L 1	Christian NEL	16	Berkhamsted	25.00
H 3	L 1	Ben HUNT	17	Harlow Pen	26.55		L 2	Erik SULLIVAN	22	Co Cambridge	24.95
	L 2	Harvey NORMAN	15	Co Peterboro	26.50		L 3	Dominic HOLLOWAY	20	Co Cambridge	24.90
	L 3	Jamie WRIGHT	18	Team Luton	26.49		L 4	Reece NICHOLLS	16	Basildon Ph	24.90
	L 4	Joseph BENTLEY	17	Witham Dolph	26.45		L 5	Bradley VEITCH	17	Bishop Stort	24.90
	L 5	Harry EADE	16	teamipswich	26.49		L 6	Adam MARTIN	16	Potters Bar	24.90
	L 6	Ryan MOGFORD	16	Chelmsford	26.50		L 7	Jack JACKSON	20	Bushey	24.97
	L 7	Thomas BOYT	17	Felixstowe	26.51		L 8	Ryan SMITH	16	UEA Norwich	25.09
	L 8	Michael RIPPER	15	Co St Albans	26.60	H 13	L 1	Daniel LEIGH	17	Co Peterboro	24.80
H 4	L 1	Ross BARNSHAW	18	Beccles Town	26.42		L 2	James BLOUNT	16	Potters Bar	24.80
	L 2	Elliott DAY	14	teamipswich	26.40		L 3	Jamie SCHOLDS	16	Co Peterboro	24.78
	L 3	Henry NEWELL	13	Newmarket	26.40		L 4	Alec BURCHELL	18	Hitchin	24.70
	L 4	Martin HAILES	42	Beccles Town	26.35		L 5	Jack CHRISTIE	18	Hemel Hemp	24.71
	L 5	Aaron HIRD	17	Mid Beds	26.40		L 6	Jack SPAIN	16	teamipswich	24.80
	L 6	Jacob CLARKE	15	West Suffolk	26.40		L 7	Thomas HOVEN	17	UEA Norwich	24.80
	L 7	Thomas STRAKOSCH	19	Berkhamsted	26.40		L 8	Troy DOUGLAS-COLLOW	20	Beccles Town	24.86
	L 8	Stuart EVANS	16	Felixstowe	26.44	H 14	L 1	Jake MOXHAM	14	Co Cambridge	24.50
H 5	L 1	Oliver PYLE	16	West Suffolk	26.32		L 2	Samuel COTTEE	16	teamipswich	24.30
	L 2	Benjamin PERKINS	17	UEA Norwich	26.30		L 3	David SHIPMAN	16	Potters Bar	24.10
	L 3	Martin RUSSELL-ROGERS	18	Hitchin	26.20		L 4	Lee BAKER	21	Harlow Pen	23.78
	L 4	Jack RYAN	16	Biggleswade	26.20		L 5	Jordan BATSON	20	Putteridge	24.00
	L 5	Jude LIDDIARD	15	Co St Albans	26.20		L 6	Harvey JOLLY	16	Basildon Ph	24.20
	L 6	Conor O'GORMAN	18	Leighton Buz	26.30		L 7	Harry WEARS	19	Mid Beds	24.40
	L 7	Paul BLESSING	20	Putteridge	26.31		L 8	Thomas CLARE	15	teamipswich	24.70
	L 8	Anthony SMITH	16	Hatfield	26.34						



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H 15	L 1	Sam GAMBLE	17	Hitchin	24.50
	L 2	Oliver FITT	17	St Ives	24.20
	L 3	Henry CHOONG	19	Co Cambridge	24.07
	L 4	Brandon NABARRO	19	Putteridge	23.40
	L 5	Jack SPENCE	22	Hemel Hemp	23.88
	L 6	Kevin PICKARD	28	Hatfield	24.10
	L 7	Sonny TRIGG	21	teamipswich	24.32
	L 8	Reese HOUSDEN	14	Hatfield	24.60

H 16	L 1	Matthew TITMAN	15	Co Cambridge	24.40
	L 2	Jamie MCLAUGHLIN	19	DunmowAtlant	24.20
	L 3	Luke TURLEY	16	Hatfield	24.00
	L 4	Harry CONSTANTINE	16	Hatfield	23.30
	L 5	Ignacio LARGHERO	17	Newmarket	23.80
	L 6	Dominic SCIFO	17	teamipswich	24.10
	L 7	Dalton YALLOP	19	Beccles Town	24.30
	L 8	Nathan WELLS	18	West Norfolk	24.60

### Event 204 Womens Open 200m Butterfly

H 1	L 3	Rebecca HOWELL	13	Basildon Ph	2:34.80
	L 4	Erin LEE	14	Basildon Ph	2:34.29
	L 5	Megan PYE	14	UEA Norwich	2:34.69

H 2	L 2	Lauren YOUNG	13	Hatfield	2:31.47
	L 3	Madeleine CHAMBERS	16	St Felix Sch	2:29.87
	L 4	Abbie LOW	14	Chelmsford	2:24.50
	L 5	Millie EMMANS	17	Co Cambridge	2:27.14
	L 6	Sara KALAWSKA	13	Hatfield	2:30.53
	L 7	Hannah CURRELL	17	Hitchin	2:32.21

H 3	L 1	Tegan WOLLASTON	17	Cheshunt	2:32.57
	L 2	Georgina CURTIS	16	Mid Beds	2:31.31
	L 3	Lauren STOTT	14	Co St Albans	2:29.50
	L 4	Shannon STOTT	16	Co St Albans	2:18.10
	L 5	Amber SHINE	16	Hatfield	2:26.26
	L 6	Lauren GRICE	17	Mid Beds	2:30.10
	L 7	Millie WARD	14	Brentwood	2:31.70
	L 8	Jessica FARROW	16	Hatfield	2:33.49

H 4	L 1	Lauren HARRISON	15	Co Peterboro	2:32.50
	L 2	Katy CHAMBERS	14	St Felix Sch	2:30.87
	L 3	Annabelle KITCHING	14	Chelmsford	2:28.10
	L 4	Poppy RICHARDSON	15	Co Peterboro	2:17.71
	L 5	Mia LEECH	14	Co Peterboro	2:25.20
	L 6	Niamh PERRY	14	West Suffolk	2:30.10
	L 7	Hannah MCNAUL	16	West Suffolk	2:31.60
	L 8	Sophie PICKERING	16	teamipswich	2:32.73

### Event 205 Mens Open 200m Butterfly

H 1	L 3	Daniel MURTAGH	13	Hatfield	2:30.00
	L 4	Ismail RAHIM	14	Berkhamsted	2:29.59
	L 5	Christopher GREENHALGH	20	Sudbury	2:29.74

H 2	L 2	Luke BRYAN	16	West Norfolk	2:29.07
	L 3	Herbie KINDER	14	Co Peterboro	2:28.20
	L 4	Elliott DAY	14	teamipswich	2:28.01
	L 5	Angus HARROW	14	Harpenden	2:28.16
	L 6	Thomas ALLISON	15	Newmarket	2:28.90
	L 7	Callum THURSTON-W	16	Beccles Town	2:29.49

H 3	L 1	Tanin KURSIDIM	14	Co St Albans	2:27.66
	L 2	Kieran WHIGHT	20	Deben	2:27.43
	L 3	Jacob HUTCHINGS	18	Hemel Hemp	2:25.86
	L 4	Ryan MOGFORD	16	Chelmsford	2:25.10
	L 5	Devesh KAPOOR	13	Watford SC	2:25.60
	L 6	Samuel ROSE	13	West Norfolk	2:26.23
	L 7	Benjamin PERKINS	17	UEA Norwich	2:27.60
	L 8	Samuel GAINES	15	Hemel Hemp	2:27.94

H 4	L 1	Jake HALL	18	West Norfolk	2:24.48
	L 2	Matthew TITMAN	15	Co Cambridge	2:24.03
	L 3	Manfred BATTLE	14	Stowmarket	2:23.52
	L 4	John TELENSKY	15	Harpenden	2:23.40
	L 5	Anthony SMITH	16	Hatfield	2:23.41
	L 6	Thomas BOYT	17	Felixstowe	2:23.65
	L 7	Charles WHYTE	15	West Suffolk	2:24.40
	L 8	William STEEL	15	Co Peterboro	2:24.60

H 5	L 1	Harrison LEES	15	Watford SC	2:20.40
	L 2	Louis SPONG	17	DunmowAtlant	2:18.16
	L 3	Harry FOX	17	Basildon Ph	2:13.50
	L 4	Benjamin GARRATT	16	Hatfield	2:07.43
	L 5	Oliver PERRY	17	Hatfield	2:10.81
	L 6	Michael LARDNER	17	St Ives	2:16.00
	L 7	James MCFARLAND	15	Mid Beds	2:19.30
	L 8	Oliver REEK	14	UEA Norwich	2:22.90

H 6	L 1	Jude LIDDIARD	15	Co St Albans	2:19.34
	L 2	Lucas DYSON-DIAZ	16	Hatfield	2:17.05
	L 3	Callum DAVIS	16	Bishop Stort	2:13.38
	L 4	James WOODWARD	16	Potters Bar	2:06.20
	L 5	Harry WHITEMAN	16	Co Peterboro	2:10.70
	L 6	Mason HUNNISETT	14	Basildon Ph	2:15.00
	L 7	Nathan WOODROW	13	UEA Norwich	2:18.70
	L 8	Myles TURNER	16	West Suffolk	2:22.27

H 7	L 1	Jamie MCCAFFRAY	15	Modernians	2:19.30
	L 2	Harry JONES	16	Hitchin	2:16.10
	L 3	Luke SUGDEN	17	Hatfield	2:10.90
	L 4	Nathan HUGHES	16	Hatfield	2:01.40
	L 5	Jake THOMAS-MANSFIELD	16	St Felix Sch	2:09.40
	L 6	Mason ARNOLD	19	Harlow Pen	2:14.50
	L 7	Oliver KENNY	19	West Norfolk	2:18.69
	L 8	Cavan BECK	17	Rochford	2:21.00

### Event 206 Womens Open 100m Breaststroke

H 1	L 3	Charlotte NASH	15	Bishop Stort	1:21.42
	L 4	Rebecca MERRILL	15	Norwich Swan	1:21.30
	L 5	Jasmine DEARNLEY	16	St Ives	1:21.38

H 2	L 1	Megan BUNYARD	16	Linslade	1:21.18
	L 2	Alice FENDER	15	Hemel Hemp	1:21.12
	L 3	Grace STEDMAN	13	Co St Albans	1:20.79
	L 4	Lauren GRICE	17	Mid Beds	1:20.30
	L 5	Lauren NELSON	15	Harlow Pen	1:20.77
	L 6	Eleanor WILLIAMS	13	Watford SC	1:20.81
	L 7	Elena BACCAS	16	Verulam	1:21.12

H 3	L 1	Abigail GREEN	16	Watford SC	1:20.23
	L 2	Sophie PICKERING	16	teamipswich	1:19.97
	L 3	Jessica FARROW	16	Hatfield	1:19.88
	L 4	Grace LEECH	14	Gt Yarmouth	1:19.43
	L 5	Charlotte ABRAMSON	12	UEA Norwich	1:19.60
	L 6	Imogen BLOOMFIELD	13	Co Cambridge	1:19.89
	L 7	Danielle HARTIN	14	SB14 Basildon Ph	1:20.00
	L 8	Chiara ROGERS	13	Team Luton	1:20.27

H 4	L 1	Poppy ALLEN	13	Basildon Ph	1:19.20
	L 2	Ellie WHEELER	14	Basildon Ph	1:19.00
	L 3	Celyn WALMSLEY	15	Team Luton	1:18.97
	L 4	Eleanor BEVAN	14	Hemel Hemp	1:18.91
	L 5	Lucy PARK	20	Watford SC	1:18.95
	L 6	Zara KEEGAN	14	Co Cambridge	1:19.00
	L 7	Caitlin WATSON-DOTCHIN	15	Basildon Ph	1:19.07
	L 8	Annabelle BURGESS	13	teamipswich	1:19.25

H 5	L 1	Caitlin MASCALL	16	Harlow Pen	1:18.83
	L 2	Lauren SCOTT	14	Chelmsford	1:18.50
	L 3	Annalise WRIGHT	16	Linslade	1:18.29
	L 4	Lorena PROWSE GARCIA	14	Co Cambridge	1:17.93
	L 5	Freya LINES	14	St Felix Sch	1:17.96
	L 6	Grace MIDDLETON	14	Co Cambridge	1:18.40
	L 7	Emily SELLEN	17	Watford SC	1:18.58
	L 8	Louise FIDDES	15	SB14 Hatfield	1:18.90

H 6	L 1	Aoife MARLEY	14	Witham Dolph	1:17.90
	L 2	Sarah BOWEN	18	Lstof & OB	1:17.32
	L 3	Ellie MATTHEWS	13	Putteridge	1:17.04
	L 4	Chloe OGDEN	15	Bishop Stort	1:16.83
	L 5	Sara KALAWSKA	13	Hatfield	1:17.03
	L 6	Alara NORTON	15	Hatfield	1:17.09
	L 7	Katie LINES	15	Lstof & OB	1:17.41
	L 8	Erin O'MEARA	13	Watford SC	1:17.90

H 7	L 1	Jana SPINNER	17	UEA Norwich	1:16.69
	L 2	Nadine SMITH	15	Hatfield	1:15.50
	L 3	Keira FROSDICK	14	West Norfolk	1:14.20
	L 4	Louise BUSH	25	UEA Norwich	1:12.16
	L 5	Abigail HURST	15	Berkhamsted	1:13.40
	L 6	Cira FLETCHER	18	Bishop Stort	1:14.69
	L 7	Roxanne UYS	17	West Norfolk	1:16.10
	L 8	Megan WICKHAM	16	Bishop Stort	1:16.82





# East Swimming

## 2016 Short Course Championships

*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)*

### Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



H 8	L 1	Lauren WATT	15	Newmarket	1:16.27
	L 2	Grace RAYNER	18	Hatfield	1:14.94
	L 3	Angharad EVANS	13	West Suffolk	1:14.00
	L 4	Rebecca BURTON	18	Co Peterboro	1:10.30
	L 5	Molly LEE	15	West Norfolk	1:13.30
	L 6	Sophie PAYNE	14	Hatfield	1:14.60
	L 7	Vejunie PETRAITYTE	14	Basildon Ph	1:15.80
	L 8	Lauren BAKER	21	Hatfield	1:16.81

H 9	L 1	Hannah MCNAUL	16	West Suffolk	1:16.23
	L 2	Mia LEECH	14	Co Peterboro	1:14.70
	L 3	Lauren HARRISON	15	Co Peterboro	1:13.70
	L 4	Leah ROUGHAN	17	Co Peterboro	1:09.30
	L 5	Amelia MONAGHAN	14	Co Peterboro	1:12.70
	L 6	Emily BIGGS	17	Co Cambridge	1:14.50
	L 7	Sarah O'BRIEN	20	UEA Norwich	1:15.50
	L 8	Rachel ROBINSON	16	UEA Norwich	1:16.70

#### Event 207 Mens Open 100m Breaststroke

H 1	L 2	Jordan CATCHPOLE	17	SB14 UEA Norwich	1:18.80
	L 3	Oliver PYLE	16	West Suffolk	1:14.10
	L 4	Joseph TALBOT	16	Linslade	1:13.99
	L 5	Callum DAVIS	16	Bishop Stort	1:14.03
	L 6	Maxim DE WILDT	15	Co Cambridge	1:14.23
	L 7	Aaron HIRD	17	SB9 Mid Beds	1:21.20

H 2	L 1	Matthew WOULDHAM	15	Co Peterboro	1:13.93
	L 2	Jordan NORTHWOOD	17	Berkhamsted	1:13.64
	L 3	Nick TITCHENER	40	Biggleswade	1:13.44
	L 4	Theo PARK	18	Leiston	1:13.24
	L 5	Joshua BRISTOW	14	Modernians	1:13.40
	L 6	Taylor BOWEN	15	West Suffolk	1:13.44
	L 7	Joseph RICHARDSON	15	Harpenden	1:13.70
	L 8	Jack MCGARRY	22	Leighton Buz	1:13.98

H 3	L 1	Charles RENNIE	15	Braintree	1:13.16
	L 2	William RICHARDS	15	Dunstable	1:13.01
	L 3	Myles TURNER	16	West Suffolk	1:12.86
	L 4	Harvey NORMAN	15	Co Peterboro	1:12.60
	L 5	Sydney NEWNHAM-STEBBIN	17	Lstoft &	

OB	L 6	Oliver CASHIN	14	Co Cambridge	1:12.90
	L 7	Matthew GRAY	16	Co Peterboro	1:13.08
	L 8	Harvey BANNISTER	16	Bishop Stort	1:13.22

H 4	L 1	David HENSMAN	16	Co St Albans	1:12.00
	L 2	Joseph COLLINS	17	Bishop Stort	1:11.50
	L 3	Finn JEFFERY	13	St Felix Sch	1:11.30
	L 4	Daniel HILL	17	Linslade	1:11.07
	L 5	Bryn COUSER	14	Bishop Stort	1:11.30
	L 6	Marcus KEMP	15	Watford SC	1:11.31
	L 7	Billy LO	15	Basildon Ph	1:11.50
	L 8	Joshua GAINES	18	Hemel Hemp	1:12.49

H 5	L 1	Matthew MCLAUGHLIN	23	DunmowAtlant	1:10.78
	L 2	Finlay RYAN	17	Norwich Swan	1:10.60
	L 3	Martin RUSSELL-ROGERS	18	Hitchin	1:10.52
	L 4	Christopher SEARLE	24	Dereham	1:10.37
	L 5	Samuel COTTEE	16	teamipswich	1:10.40
	L 6	Samuel BRYAN	15	Basildon Ph	1:10.60
	L 7	Alex FLORANCE	16	West Norfolk	1:10.69
	L 8	Ayotobi LAGUDA	14	Hatfield	1:10.81

H 6	L 1	Kyle PANTON	21	DunmowAtlant	1:10.10
	L 2	Daniel HURST	17	Berkhamsted	1:09.17
	L 3	Thomas WIGGINS	17	Co Peterboro	1:08.40
	L 4	Brandon NABARRO	19	Putteridge	1:03.84
	L 5	Jordan BATSON	20	Putteridge	1:07.00
	L 6	Cameron MANLEY	17	Linslade	1:08.90
	L 7	William LOVEMAN	16	Co St Albans	1:09.80
	L 8	Louis SPONG	17	DunmowAtlant	1:10.29

H 7	L 1	Ryan JARVIS	17	Putteridge	1:09.82
	L 2	Ole MILLS	17	Halstead	1:09.09
	L 3	Ryan SYKES	20	West Norfolk	1:08.06
	L 4	David SHIPMAN	16	Potters Bar	1:03.80
	L 5	Dominic HOLLOWAY	20	Co Cambridge	1:06.19
	L 6	Jack CHRISTIE	18	Hemel Hemp	1:08.87
	L 7	Reese HOUSDEN	14	Hatfield	1:09.50
	L 8	Jordan THORNTON	20	Co Cambridge	1:10.22

H 8	L 1	Cole JAMES	15	Hatfield	1:09.80
	L 2	Ralph MUNCER	15	Team Luton	1:09.00
	L 3	Charles RAYNER	15	Hatfield	1:07.30
	L 4	Lawrence PALMER	24	Putteridge	59.13
	L 5	Benjamin ARKLE	17	Co Cambridge	1:05.00
	L 6	Joseph MURRAY	17	Putteridge	1:08.70
	L 7	Christopher GREENHALGH	20	Sudbury	1:09.47
	L 8	Sam PERKINS	14	teamipswich	1:10.20

#### Event 208 Womens Open 100m IM

H 1	L 3	Sophie TAYLOR	15	St Felix Sch	1:12.07
	L 4	Emma LESLIE	15	Co Peterboro	1:11.96
	L 5	Abigail HURST	15	Berkhamsted	1:12.06
	L 6	Josie PRETIOUS-WHITE	15	Bishop Stort	1:12.18

H 2	L 1	Alice FENDER	15	Hemel Hemp	1:11.48
	L 2	Grace LEECH	14	Gt Yarmouth	1:11.37
	L 3	Erin O'MEARA	13	Watford SC	1:11.30
	L 4	Eleanor LLEWELLYN	16	West Suffolk	1:11.08
	L 5	Faye HERMON	17	Felixstowe	1:11.22
	L 6	Peyton EWBANK	16	Norwich Swan	1:11.31
	L 7	Libby DUNFORD	13	Hoddesdon	1:11.42
	L 8	Georgina TALLON	16	Potters Bar	1:11.61

H 3	L 1	Jessica WESTLAKE	17	St Felix Sch	1:10.62
	L 2	Meghan MAYBANKS	16	DunmowAtlant	1:10.61
	L 3	Annabelle BURGESS	13	teamipswich	1:10.40
	L 4	Keira FROSDICK	14	West Norfolk	1:10.34
	L 5	Amy PEMBERTON	15	Berkhamsted	1:10.40
	L 6	Dina DAY	17	Basildon Ph	1:10.49
	L 7	Maisie EASTER	14	UEA Norwich	1:10.62
	L 8	Hannah MCNAUL	16	West Suffolk	1:10.65

H 4	L 1	Chloe OGDEN	15	Bishop Stort	1:10.08
	L 2	Lauren BAKER	21	Hatfield	1:09.49
	L 3	Tara COLEMAN	20	Leiston	1:07.86
	L 4	Mollie ALLEN	18	Co Peterboro	1:05.10
	L 5	Georgina PRYOR	18	Harlow Pen	1:05.59
	L 6	Grace RAYNER	18	Hatfield	1:08.83
	L 7	Cathryn THOMSON	26	St Ives	1:10.01
	L 8	Abigail GREEN	16	Watford SC	1:10.28

H 5	L 1	Mia LEECH	14	Co Peterboro	1:10.07
	L 2	Amelia MONAGHAN	14	Co Peterboro	1:09.22
	L 3	Lauren WATT	15	Newmarket	1:07.70
	L 4	Rikke NAGELL-KLEVEN	21	UEA Norwich	1:04.72
	L 5	Holly HILDREW	17	Basildon Ph	1:05.47
	L 6	Molly OLLINGTON	18	West Suffolk	1:08.80
	L 7	Jana SPINNER	17	UEA Norwich	1:09.84
	L 8	Jordan COLEMAN	18	Leiston	1:10.20

H 6	L 1	Roxanne UYS	17	West Norfolk	1:10.05
	L 2	Anna BLAKELEY	14	Co Peterboro	1:09.01
	L 3	Rebecca SHERWIN	16	teamipswich	1:05.85
	L 4	Rachel WELLINGS	16	Co Peterboro	1:03.93
	L 5	Rebecca BURTON	18	Co Peterboro	1:05.16
	L 6	Abigail WHITING	17	West Norfolk	1:08.49
	L 7	Amelia PEDDLE	16	Epping For't	1:09.81
	L 8	Jessica WOODWARD	13	Potters Bar	1:10.09



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**Event 209 Mens Open 400m Freestyle**

H 1	L 2	Ross BARNSHAW	18	Beccles Town	4:30.95
	L 3	Herbie KINDER	14	Co Peterboro	4:29.80
	L 4	Matthew ADDIS	18	West Norfolk	4:28.91
	L 5	Louis HINES	19 S14	Watford SC	4:29.20
	L 6	Owen WEBSTER	13	St Felix Sch	4:30.41
	L 7	Callum HODGSON	16 S14	Basildon Ph	4:56.00
H 2	L 1	Luke BRYAN	16	West Norfolk	4:26.75
	L 2	Ryan MOGFORD	16	Chelmsford	4:24.52
	L 3	Joshua BRISTOW	14	Modernians	4:24.50
	L 4	Thomas BOYT	17	Felixstowe	4:24.01
	L 5	Joseph WELLS	17	West Norfolk	4:24.45
	L 6	Michael RIPPER	15	Co St Albans	4:24.52
	L 7	Harvey SKELLERN	14	Co Cambridge	4:25.61
	L 8	James CHENNELLS	15	Berkhamsted	4:27.68
H 3	L 1	Harrison LEES	15	Watford SC	4:23.78
	L 2	Adam MARTIN	16	Potters Bar	4:23.02
	L 3	Ayotobi LAGUDA	14	Hatfield	4:21.34
	L 4	Ralph MUNCER	15	Team Luton	4:18.09
	L 5	Cavan BECK	17	Rochford	4:18.20
	L 6	Cole JAMES	15	Hatfield	4:21.70
	L 7	Henry PEARCE	14	Co Peterboro	4:23.44
	L 8	Jaxon SIMMONS	16 S13	Co Peterboro	4:24.00
H 4	L 1	Max JELFS	15	Hatfield	4:16.41
	L 2	James COOPER	14	Basildon Ph	4:16.00
	L 3	Harry WHITEMAN	16	Co Peterboro	4:15.30
	L 4	Joshua FOWLES	17	Witham Dolph	4:15.07
	L 5	Anthony SMITH	16	Hatfield	4:15.16
	L 6	Alexander MASON	20	Team Luton	4:15.40
	L 7	Ryan KELLY	17	Chelmsford	4:16.20
	L 8	James BAYLEY	16	Basildon Ph	4:16.50
H 5	L 1	Myles ROBINSON-YOUNG	14	Co Peterboro	4:13.60
	L 2	Max WILSON	16	Modernians	4:12.30
	L 3	Luke SUGDEN	17	Hatfield	4:11.53
	L 4	Bradley VEITCH	17	Bishop Stort	4:09.46
	L 5	Bayley FINBOW	16	teamipswich	4:10.19
	L 6	James DAVIS	23	Basildon Ph	4:12.02
	L 7	Jamie MCCAFFRAY	15	Modernians	4:13.50
	L 8	Elliot WYLIE	17	Hatfield	4:14.81
H 6	L 1	Mihai ANGHEL	20	teamipswich	4:06.49
	L 2	Jamie SCHOLES	16	Co Peterboro	4:00.28
	L 3	Nathan WELLS	18	West Norfolk	3:54.40
	L 4	Nathan HUGHES	16	Hatfield	3:49.10
	L 5	Luke TURLEY	16	Hatfield	3:49.80
	L 6	Regan LLOYD	19	teamipswich	3:55.80
	L 7	Harry CONSTANTINE	16	Hatfield	4:02.40
	L 8	Myles TURNER	16	West Suffolk	4:08.90