



# East Swimming

## 2016 Short Course Championships

*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)*

### Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



### ***EVENT 701 FINAL OF EVENT 501 Womens Open 200m IM***

Senior Record 2:14.64 Junior Record 2:17.49

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Mollie ALLEN	18	Co Peterboro	2:16.84	706	28.54	1:02.67	1:44.52
2.	Rebecca BURTON	18	Co Peterboro	2:18.21	685	29.61	1:03.87	1:44.11
3.	Poppy RICHARDSON	15	Co Peterboro	2:23.98	606	30.12	1:07.95	1:51.56
4.	Holly HILDREW	17	Basildon Ph	2:24.48	600	30.31	1:06.70	1:50.82
5.	Lauren WATT	15	Newmarket	2:24.54	599	32.80	1:09.83	1:51.61
6.	Amelia MONAGHAN	14	Co Peterboro	2:25.87	583	31.86	1:09.17	1:50.69
7.	Lauren HARRISON	15	Co Peterboro	2:26.73	572	32.41	1:11.93	1:52.87
8.	Jade GOODE	13	Co Peterboro	2:29.94	536	31.49	1:09.79	1:54.65

### ***EVENT 702 FINAL OF EVENT 502 Mens Open 50m Backstroke***

Senior Record 25.48 Junior Record 26.66

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Oliver FITT	17	St Ives	26.30	603
2.	Conor HARROLD	23	Basildon Ph	26.78	571
3.	Jamie SCHOLDS	16	Co Peterboro	26.97	559
4.	Charlie POND THOMPSON	23	Hatfield	26.98	558
5.	Nathan WELLS	18	West Norfolk	27.08	552
6.	Thomas CLARE	15	teamipswich	27.21	544
7.	Samuel PEASE	17	Basildon Ph	27.26	541
8.	Mihai ANGHEL	20	teamipswich	27.36	535

### ***EVENT 703 FINAL OF EVENT 503 Womens Open 50m Freestyle***

Senior Record 25.32 Junior Record 26.18

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elinah PHILLIP	16	Bishop Stort	25.75	735
2.	Macy LAWRENCE	14	Basildon Ph	26.19	698
3.	Mia MASPERS	14	teamipswich	26.25	693
4.	Meghan MAYBANKS	16	DunmowAtlant	26.30	689
4.	Mollie ALLEN	18	Co Peterboro	26.30	689
6.	Martha DULEY	17	Colchester	26.58	668
7.	Elinor DULEY	16	Colchester	26.63	664
8.	Holly HILDREW	17	Basildon Ph	27.57	598

### ***EVENT 704 FINAL OF EVENT 504 Mens Open 200m Breaststroke***

Senior Record 2:12.26 Junior Record 2:20.92

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Lawrence PALMER	24	Putteridge	2:16.57	686	29.95	1:03.73	1:39.03
2.	Nathan HUGHES	16	Hatfield	2:19.92	638	31.23	1:07.23	1:43.82
3.	Charles RAYNER	15	Hatfield	2:24.63	578	32.91	1:09.83	1:47.54
4.	Thomas WIGGINS	17	Co Peterboro	2:25.02	573	32.82	1:09.95	1:47.67
5.	Cole JAMES	15	Hatfield	2:29.16	526	33.07	1:11.11	1:49.92
6.	David SHIPMAN	16	Potters Bar	2:29.60	522	33.50	1:11.86	1:51.26
7.	Ralph MUNCER	15	Team Luton	2:30.12	516	33.64	1:11.91	1:51.42
8.	Benjamin ARKLE	17	Co Cambridge	2:34.45	474	32.91	1:11.51	1:52.33

### ***EVENT 705 FINAL OF EVENT 505 Womens Open 200m Breaststroke***

Senior Record 2:26.42 Junior Record 2:31.46

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Leah ROUGHAN	17	Co Peterboro	2:31.28	703	34.69	1:12.72	1:51.56
2.	Lauren HARRISON	15	Co Peterboro	2:35.23	651	35.49	1:15.17	1:55.48
3.	Amelia MONAGHAN	14	Co Peterboro	2:35.44	648	36.05	1:15.90	1:56.10
4.	Rebecca BURTON	18	Co Peterboro	2:35.67	645	34.98	1:14.45	1:55.09
5.	Louise BUSH	25	UEA Norwich	2:37.54	623	34.91	1:14.52	1:55.37
6.	Sophie PAYNE	14	Hatfield	2:39.60	599	36.79	1:16.99	1:58.39
7.	Keira FROSDICK	14	West Norfolk	2:42.75	565	36.44	1:18.13	2:00.66
8.	Amber HUGHES	17	Hatfield	2:44.69	545	37.65	1:19.37	2:02.16

### ***EVENT 706 FINAL OF EVENT 506 Mens Open 100m Butterfly***

Senior Record 53.28 Junior Record 57.10

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Karl BATORSKI	28	Harlow Pen	53.55	740	24.96
2.	Dominic SCIFO	17	teamipswich	56.72	622	26.36
3.	Liam CURRAN	18	Putteridge	56.79	620	26.47
4.	Sonny TRIGG	21	teamipswich	57.19	607	26.63
5.	Benjamin GARRATT	16	Hatfield	57.37	601	26.83
6.	James WOODWARD	16	Potters Bar	57.80	588	27.51
7.	Jake THOMAS-MANSFIELD	16	St Felix Sch	58.33	572	27.62
8.	Nathan HUGHES	16	Hatfield	59.46	540	27.99



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***EVENT 707 FINAL OF EVENT 507 Womens Open 100m Butterfly***

Senior Record 59.77 Junior Record 1:02.13

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Georgina PRYOR	18	Harlow Pen	1:01.67	694	28.53
2.	Shannon STOTT	16	Co St Albans	1:03.00	651	29.86
3.	Rebecca BURTON	18	Co Peterboro	1:03.21	644	29.70
4.	Poppy RICHARDSON	15	Co Peterboro	1:03.41	638	29.74
5.	Rikke NAGELL-KLEVEN	21	UEA Norwich	1:03.72	629	29.80
6.	Elinor DULEY	16	Colchester	1:04.12	617	29.98
7.	Emily DOWDING	18	teamipswich	1:05.82	571	30.52
8.	Holly HILDREW	17	Basildon Ph	1:05.86	570	30.04

***EVENT 708 FINAL OF EVENT 508 Mens Open 100m IM***

Senior Record 55.02 Junior Record 58.84

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Brandon NABARRO	19	Putteridge	56.77	710	
2.	Lawrence PALMER	24	Putteridge	58.69	643	
3.	Charlie POND THOMPSON	23	Hatfield	59.23	625	
4.	Nathan WELLS	18	West Norfolk	59.94	603	
5.	Conor HARROLD	23	Basildon Ph	1:00.32	592	
6.	Oliver PERRY	17	Hatfield	1:01.41	561	
7.	Oliver FITT	17	St Ives	1:02.77	525	
	Nathan HUGHES	16	Hatfield	DQ		

***EVENT 709 FINAL OF EVENT 602 Womens Open 100m Backstroke***

Senior Record 1:01.34 Junior Record 1:01.34

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Mollie ALLEN	18	Co Peterboro	1:01.45	718	30.11
2.	Rachel WELLINGS	16	Co Peterboro	1:01.73	708	30.09
3.	Rebecca SHERWIN	16	teamipswich	1:01.85	704	30.33
4.	Bethany SAUNDERS	17	Co Peterboro	1:03.38	654	30.64
5.	Meghan MAYBANKS	16	DunmowAtlant	1:04.66	616	31.08
6.	Lauren HALL	17	Co Cambridge	1:05.08	604	31.35
7.	Maisie EASTER	14	UEA Norwich	1:05.38	596	31.28
8.	Niamh JAMES	15	Bishop Stort	1:05.87	583	31.77

***EVENT 710 FINAL OF EVENT 603 Mens Open 100m Freestyle***

Senior Record 46.75 Junior Record 50.56

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Regan LLOYD	19	teamipswich	50.77	693	24.46
2.	Luke TURLEY	16	Hatfield	50.82	691	24.92
3.	Harry CONSTANTINE	16	Hatfield	50.96	685	25.04
4.	Henry CHOONG	19	Co Cambridge	52.07	642	25.41
5.	Ignacio LARGHERO	17	Newmarket	52.43	629	25.28
6.	Lee BAKER	21	Harlow Pen	52.62	622	25.17
7.	Conor HARROLD	23	Basildon Ph	52.81	616	25.19
8.	Mark LEAMON	29	Co Cambridge	52.87	614	25.37



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***EVENT 711 FINAL OF EVENT 604 Womens Open 200m Freestyle***

Senior Record 1:58.43 Junior Record 2:00.90

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Abigail WHITING	17	West Norfolk	2:04.68	701	30.21	1:01.53	1:33.60
2.	Katrin HEIDER	24	Co Cambridge	2:05.30	691	29.09	1:00.39	1:32.65
3.	Leah ROUGHAN	17	Co Peterboro	2:06.20	676	30.09	1:02.79	1:35.17
4.	Millie EMMANS	17	Co Cambridge	2:06.43	672	29.60	1:01.57	1:34.33
5.	Abbie LOW	14	Chelmsford	2:06.76	667	29.39	1:01.57	1:34.68
6.	Rebecca SHERWIN	16	teamipswich	2:07.24	659	29.12	1:01.27	1:34.27
7.	Poppy RICHARDSON	15	Co Peterboro	2:09.83	621	29.62	1:02.32	1:36.12
8.	Bethany SAUNDERS	17	Co Peterboro	2:15.07	551	30.13	1:04.19	1:39.82

***EVENT 711 FINAL OF EVENT 604 Womens Open 200m Freestyle***

Senior Record 1:58.43 Junior Record 2:00.90

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Abigail WHITING	17	West Norfolk	2:04.68	701	30.21	1:01.53	1:33.60
2.	Katrin HEIDER	24	Co Cambridge	2:05.30	691	29.09	1:00.39	1:32.65
3.	Leah ROUGHAN	17	Co Peterboro	2:06.20	676	30.09	1:02.79	1:35.17
4.	Millie EMMANS	17	Co Cambridge	2:06.43	672	29.60	1:01.57	1:34.33
5.	Abbie LOW	14	Chelmsford	2:06.76	667	29.39	1:01.57	1:34.68
6.	Rebecca SHERWIN	16	teamipswich	2:07.24	659	29.12	1:01.27	1:34.27
7.	Poppy RICHARDSON	15	Co Peterboro	2:09.83	621	29.62	1:02.32	1:36.12
8.	Bethany SAUNDERS	17	Co Peterboro	2:15.07	551	30.13	1:04.19	1:39.82

***EVENT 712 FINAL OF EVENT 605 Mens Open 50m Breaststroke***

Senior Record 26.79 Junior Record 30.00

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Lawrence PALMER	24	Putteridge	28.07	727
2.	Brandon NABARRO	19	Putteridge	29.24	643
3.	Jordan BATSON	20	Putteridge	29.67	616
4.	Dominic HOLLOWAY	20	Co Cambridge	29.72	613
5.	Cameron MANLEY	17	Linslade	30.14	587
6.	David SHIPMAN	16	Potters Bar	30.69	556
7.	Benjamin ARKLE	17	Co Cambridge	30.72	555
8.	Thomas WIGGINS	17	Co Peterboro	30.76	553

***EVENT 713 FINAL OF EVENT 606 Womens Open 50m Breaststroke***

Senior Record 32.26 Junior Record 32.30

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Leah ROUGHAN	17	Co Peterboro	32.41	701
2.	Rebecca BURTON	18	Co Peterboro	32.47	697
3.	Keira FROSDICK	14	West Norfolk	33.33	645
3.	Angharad EVANS	13	West Suffolk	33.33	645
5.	Agatha MALIKOVA	21	Co Cambridge	33.82	617
6.	Roxanne UYS	17	West Norfolk	34.28	593
7.	Sarah O'BRIEN	20	UEA Norwich	34.38	587
8.	Molly LEE	15	West Norfolk	34.40	586

***EVENT 714 FINAL OF EVENT 607 Mens Open 200m Backstroke***

Senior Record 1:50.73 Junior Record 2:02.89

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jamie SCHOLLES	16	Co Peterboro	2:00.50	673	28.35	59.09	1:30.12
2.	Oliver FITT	17	St Ives	2:01.35	659	28.84	59.57	-
3.	Samuel PEASE	17	Basildon Ph	2:03.97	618	28.87	1:00.25	1:32.27
4.	Nathan WELLS	18	West Norfolk	2:06.00	589	29.06	1:00.60	1:33.44
5.	Thomas CLARE	15	teamipswich	2:09.04	548	29.51	1:01.48	1:34.38
6.	Nathan HUGHES	16	Hatfield	2:09.70	540	30.45	1:03.79	1:38.04
7.	Max JELFS	15	Hatfield	2:10.69	528	30.13	1:03.29	1:37.65



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***EVENT 715 Womens Open 400m Freestyle Team***

Record 3:50.07

Place	Name	Club	Time			FINA Pt
1.	City Of Peterborough A	Co Peterboro	3:52.16			704
		Rachel WELLINGS	57.42	27.77	29.65	
		Mollie ALLEN	57.13	26.96	30.17	
		Bethany SAUNDERS	58.77	28.06	30.71	
		Leah ROUGHAN	58.84	28.79	30.05	
2.	City of Cambridge SC	Co Cambridge	3:54.06			687
		Millie EMMANS	58.62	28.60	30.02	
		Agatha MALIKOVA	59.41	28.11	31.30	
		Lauren HALL	58.73	28.02	30.71	
		Katrin HEIDER	57.30	27.21	30.09	
3.	UEA City of Norwich A	UEA Norwich	3:56.38			666
		Charlotte WALKER	59.58	28.86	30.72	
		Rikke NAGELL-KLEVEN	58.17	28.04	30.13	
		Megan PYE	1:00.68	29.06	31.62	
		Jessica-Jane APPLGATE	57.95	27.56	30.39	
4.	Bishops Stortford SC	Bishop Stort	3:58.22			651
		Mia CARTER	1:01.10	29.15	31.95	
		Amy YOUNG	59.18	28.07	31.11	
		Josie PRETIOUS-WHITE	1:00.58	28.65	31.93	
		Elinah PHILLIP	57.36	27.27	30.09	
5.	City Of Peterborough B	Co Peterboro	3:58.56			648
		Anna BLAKELEY	1:00.11	28.84	31.27	
		Poppy RICHARDSON	58.46	28.10	30.36	
		Rebecca BURTON	58.72	27.55	31.17	
		Maddison SAUNDERS	1:01.27	29.16	32.11	
6.	Basildon and Phoenix S	Basildon Ph	4:01.09			628
		Macy LAWRENCE	59.57	28.17	31.40	
		Holly HILDREW	58.50	27.94	30.56	
		Caitlin WATSON-DOTCHIN	1:01.74	29.45	32.29	
		Dina DAY	1:01.28	29.03	32.25	
7.	City of St Albans SC	Co St Albans	4:05.49			595
		Beatrice BARDER	1:00.86	29.21	31.65	
		Jessica LAITNER	1:02.37	29.98	32.39	
		Lauren STOTT	1:01.90	29.57	32.33	
		Shannon STOTT	1:00.36	28.62	31.74	
8.	Potters Bar SC	Potters Bar	4:08.28			575
		Georgina TALLON	1:01.83	29.60	32.23	
		Jessica WOODWARD	1:02.99	29.37	33.62	
		Rachel CONNERY	1:04.00	30.41	33.59	
		Katie CONYERS	59.46	27.89	31.57	
9.	Hatfield SC - A	Hatfield	4:08.57			573
		Amber HUGHES	1:02.44	30.15	32.29	
		Sara KALAWSKA	1:01.30	29.56	31.74	
		Lauren BAKER	1:02.47	29.45	33.02	
		Grace RAYNER	1:02.36	29.17	33.19	
10.	Harpenden SC	Harpenden	4:10.44			560
		Juliet MERELIE	1:01.25	29.72	31.53	
		Larissa DEAN	1:04.27	31.38	32.89	
		Claire BURRELL	1:02.29	30.01	32.28	
		Agnes BURNS	1:02.63	29.42	33.21	
11.	Brentwood SC	Brentwood	4:10.87			557
		Rebecca STROUD	1:01.04	29.15	31.89	
		Emily GREEN	1:02.64	29.86	32.78	
		Millie WARD	1:05.26	31.28	33.98	
		Lucy JESSOP	1:01.93	28.61	33.32	
12.	Hemel Hempstead A	Hemel Hemp	4:13.90			538
		Georgia PURKIS	1:04.28	30.78	33.50	
		Rebecca SEWELL	1:05.26	30.13	35.13	
		Keelin MCKENNA	1:03.14	29.75	33.39	
		Alice FENDER	1:01.22	29.22	32.00	
13.	Hatfield SC - C	Hatfield	4:14.53			534
		Louise FIDDES	1:04.13	31.15	32.98	
		Gemma HANSON	1:04.19	31.01	33.18	
		Nadine SMITH	1:04.33	31.15	33.18	
		Amber SHINE	1:01.88	30.00	31.88	
14.	Hatfield SC - B	Hatfield	4:14.94			531
		Lauren YOUNG	1:04.81	31.18	33.63	
		Jessica TURLEY	1:04.02	31.14	32.88	
		Natasha BENTLEY	1:03.37	30.64	32.73	
		Bailey WILKES	1:02.74	29.89	32.85	
15.	Hemel Hempstead B	Hemel Hemp	4:28.07			457
		Leanne ABREY	1:08.07	32.25	35.82	
		Chloe PURKIS	1:08.58	32.26	36.32	
		Isabelle ANDERTON	1:06.67	31.47	35.20	
		Ellen FENDER	1:04.75	30.90	33.85	



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***EVENT 716 Mens Open 400m Medley Team***

Record 3:48.37

Place	Name	Club	Time			FINA Pt
1.	Putteridge	Putteridge	3:49.52			653
		Liam CURRAN	58.85	27.64	31.21	
		Lawrence PALMER	1.00.90	27.81	33.09	
		Brandon NABARRO	56.93	25.95	30.98	
		Jordan BATSON	52.84	24.57	28.27	
2.	Hatfield SC - A	Hatfield	3:51.61			635
		Charlie POND THOMPSON	58.07	27.66	30.41	
		Nathan HUGHES	1.04.69	30.37	34.32	
		Benjamin GARRATT	57.72	26.80	30.92	
		Luke TURLEY	51.13	24.61	26.52	
3.	Harlow Penguin SC	Harlow Pen	3:54.42			613
		Ben HUNT	1.02.92	29.49	33.43	
		Karl BATORSKI	1.01.81	28.05	33.76	
		Mason ARNOLD	58.12	26.75	31.37	
		Lee BAKER	51.57	25.09	26.48	
4.	City Of Peterborough A	Co Peterboro	3:55.26			606
		Jamie SHOLES	56.33	27.31	29.02	
		Thomas WIGGINS	1.06.78	31.22	35.56	
		Daniel LEIGH	59.24	27.15	32.09	
		Myles ROBINSON-YOUNG	52.91	25.25	27.66	
5.	Hatfield SC - B	Hatfield	3:56.86			594
		Elliot WYLIE	1.00.06	29.04	31.02	
		Charles RAYNER	1.07.60	31.53	36.07	
		Oliver PERRY	58.14	26.85	31.29	
		Harry CONSTANTINE	51.06	24.27	26.79	
6.	Potters Bar SC	Potters Bar	3:58.89			579
		James WOODWARD	58.92	29.03	29.89	
		David SHIPMAN	1.09.56	32.21	37.35	
		Joel KNIGHT	56.21	25.77	30.44	
		Adam MARTIN	54.20	25.45	28.75	
7.	Basildon and Phoenix S	Basildon Ph	3:59.49			575
		Conor HARROLD	57.67	27.84	29.83	
		Samuel PEASE	1.09.08	32.33	36.75	
		Reece NICHOLLS	59.95	27.68	32.27	
		Harvey JOLLY	52.79	24.27	28.52	
8.	City of Cambridge SC	Co Cambridge	4:02.09			556
		Jonathon ADAM	1.01.37	29.56	31.81	
		Dominic HOLLOWAY	1.06.20	30.27	35.93	
		Calum FERGUSON	59.72	26.61	33.11	
		Henry CHOONG	54.80	25.62	29.18	
9.	Hatfield SC - C	Hatfield	4:02.35			554
		Max JELFS	1.01.07	29.68	31.39	
		Cole JAMES	1.09.66	32.11	37.55	
		Luke SUGDEN	59.16	27.43	31.73	
		Reese HOUSDEN	52.46	24.97	27.49	
10.	Hemel Hempstead A	Hemel Hemp	4:02.75			552
		Joshua GAINES	59.96	29.13	30.83	
		Jack CHRISTIE	1.07.64	31.48	36.16	
		Jack SPENCE	1.00.33	27.77	32.56	
		Joseph GILLAM	54.82	25.72	29.10	
11.	City Of Peterborough B	Co Peterboro	4:07.85			518
		Matthew GRAY	58.37	28.30	30.07	
		Matthew WOULDHAM	1.12.42	33.98	38.44	
		Harry WHITEMAN	1.00.23	28.37	31.86	
		Yasir NAIMI	56.83	26.28	30.55	
12.	Hitchin SC	Hitchin	4:08.45			515
		Sam GAMBLE	1.01.78	29.97	31.81	
		Martin RUSSELL-ROGERS	1.13.19	33.55	39.64	
		Harry JONES	59.14	27.28	31.86	
		Alec BURCHELL	54.34	25.08	29.26	
13.	Beccles Town SC	Beccles Town	4:13.56			484
		Troy DOUGLAS-COLLOW	1.03.13	29.57	33.56	
		Martin HAILES	1.11.80	31.63	40.17	
		Callum THURSTON-WOOLNOUGH	1.04.73	29.39	35.34	
		Dalton YALLOP	53.90	25.50	28.40	
14.	City of St Albans SC	Co St Albans	4:14.43			479
		Michael RIPPER	1.04.23	30.74	33.49	
		William LOVEMAN	1.10.15	32.98	37.17	
		Jude LIDDIARD	1.02.52	28.84	33.68	
		Thomas CADENHEAD	57.53	27.30	30.23	
15.	Berkhamsted SC	Berkhamsted	4:14.92			476
		James CHENNELLS	1.03.93	30.39	33.54	
		Daniel HURST	1.12.81	32.87	39.94	
		Ismail RAHIM	1.02.88	28.55	34.33	
		Jordan NORTHWOOD	55.30	26.20	29.10	



# East Swimming 2016 Short Course Championships

*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)*

## Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



16. Harpenden SC	Harpenden	4:23.78			430
	Edward CAMPFIELD	1.06.77	32.66	34.11	
	Yanick WILSON	1.14.61	35.22	39.39	
	Angus HARROW	1.05.39	29.81	35.58	
	John TELENSKY	57.01	26.41	30.60	
17. Hemel Hempstead B	Hemel Hemp	4:25.10			424
	Jonathan FARROW	1.08.64	33.31	35.33	
	Kyle HOLMES	1.13.86	33.83	40.03	
	Jacob HUTCHINGS	1.04.91	29.53	35.38	
	Ashley COOMBS	57.69	26.78	30.91	