



East Swimming

2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



EVENT 501 Womens Open 200m IM

Senior Record 2:14.64 Junior Record 2:17.49

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Mollie ALLEN	18	Co Peterboro		2:18.57	680	29.01	1:03.51	1:45.41
2.	Rebecca BURTON	18	Co Peterboro		2:19.72	663	29.83	1:04.56	1:44.66
3.	Poppy RICHARDSON	15	Co Peterboro		2:22.88	620	29.87	1:05.96	1:49.49
4.	Rebecca SHERWIN	16	teamipswich		2:23.48	612	2:23.48	-	-
5.	Holly HILDREW	17	Basildon Ph		2:24.67	597	30.16	1:06.76	1:51.24
6.	Lauren HARRISON	15	Co Peterboro		2:25.60	586	31.62	1:10.33	1:51.47
7.	Amelia MONAGHAN	14	Co Peterboro		2:26.60	574	-	-	-
8.	Lauren WATT	15	Newmarket		2:26.99	569	33.32	1:09.66	1:50.95
9.	Jade GOODE	13	Co Peterboro		2:27.24	566	30.72	1:08.65	1:51.96
10.	Sara KALAWSKA	13	Hatfield		2:28.45	553	32.07	1:11.23	1:53.38
11.	Mia LEECH	14	Co Peterboro		2:28.59	551	31.27	1:08.71	1:52.74
12.	Maddison SAUNDERS	15	Co Peterboro		2:28.71	550	32.35	1:08.05	1:54.42
13.	Sonia TUMIOTTO	15	St Felix Sch		2:30.16	534	32.11	1:10.60	1:55.64
14.	Agatha MALIKOVA	21	Co Cambridge		2:30.24	533	32.36	1:11.49	1:56.16
15.	Angharad EVANS	13	West Suffolk		2:30.45	531	32.79	1:15.21	1:55.77
16.	Anna BLAKELEY	14	Co Peterboro		2:30.70	528	32.51	1:11.15	1:56.98
17.	Megan PYE	14	UEA Norwich		2:30.85	527	30.66	1:07.67	1:54.27
18.	Matilda MEYRICK	13	Norfolk Vikg		2:30.90	526	32.79	1:09.68	1:56.41
19.	Sophie TAYLOR	15	St Felix Sch		2:30.94	526	33.89	1:11.75	1:56.21
20.	Lauren GRICE	17	Mid Beds		2:31.15	524	31.79	1:09.71	1:55.80
21.	Dina DAY	17	Basildon Ph		2:31.24	523	32.81	1:11.79	1:56.86
22.	Jessica LAITNER	15	Co St Albans		2:31.66	518	32.72	1:10.93	1:55.89
23.	Chloe OGDEN	15	Bishop Stort		2:31.72	518	33.27	1:12.51	1:55.21
24.	Celyn WALMSLEY	15	Team Luton		2:32.16	513	34.25	1:12.11	1:56.22
25.	Sophie PICKERING	16	teamipswich		2:32.17	513	32.65	1:11.09	1:56.24
26.	Nadine SMITH	15	Hatfield		2:32.35	511	35.06	1:14.05	1:56.79
27.	Melissa ELEY	16	Chelmsford		2:32.51	510	32.00	1:10.28	1:57.65
28.	Beth EDWARDS	16	West Suffolk		2:32.68	508	1:12.18	1:57.66	-
29.	Erin O'MEARA	13	Watford SC		2:32.84	506	-	-	-
30.	Emily GREEN	15	Brentwood		2:32.94	505	33.44	1:10.13	1:57.49
31.	Georgina CURTIS	16	Mid Beds		2:33.00	505	31.41	1:09.67	1:56.67
32.	Tia GARDINER	14	Chelmsford		2:33.21	503	32.89	-	-
33.	Louise FIDDES	15	Hatfield	14	2:33.27	502	33.02	1:16.75	1:59.42
34.	Zara KEEGAN	14	Co Cambridge		2:33.35	501	33.67	1:16.66	1:58.87
35.	Bethany PALMER	18	UEA Norwich		2:33.41	501	33.87	1:12.01	1:57.48
36.	Katie HAMMOND	13	Co Cambridge		2:33.49	500	33.65	1:14.41	1:59.59
37.	Eleanor LLEWELLYN	16	West Suffolk		2:33.65	498	32.57	1:10.56	1:57.56
38.	Rachael JOHNSON	14	West Norfolk		2:33.71	498	-	-	-
39.	Sophie BURNS	16	Watford SC		2:33.73	498	33.19	1:11.31	1:56.69
40.	Ella HALE	13	West Suffolk		2:34.24	493	32.12	1:12.97	1:59.04
41.	Lorena PROWSE GARCIA	14	Co Cambridge		2:34.28	492	33.22	1:13.89	1:58.48
42.	Lucie PECK	13	West Norfolk		2:34.76	488	32.88	1:12.71	2:34.76
43.	Amy PEMBERTON	15	Berkhamsted		2:34.80	487	32.57	1:12.12	2:00.39
44.	Sarah O'BRIEN	20	UEA Norwich		2:34.93	486	32.09	1:10.66	1:55.85
45.	Jessica WOODWARD	13	Potters Bar		2:34.96	486	32.09	1:12.16	1:58.20
46.	Yasmin BRAND	19	Berkhamsted		2:35.00	485	31.80	1:10.81	1:58.37
47.	Peyton EWBANK	16	Norwich Swan		2:35.19	484	32.56	1:10.79	1:59.90
48.	Emma LESLIE	15	Co Peterboro		2:35.30	483	32.48	1:11.37	1:59.71
49.	Lauren GOODYER	16	Mid Beds		2:35.33	482	33.91	1:14.09	1:59.20
50.	Imogen COOKE	15	UEA Norwich		2:35.64	479	2:00.01	-	-
51.	Emily JONES	14	Modernians		2:35.65	479	-	-	-
52.	Tilly ANEMA	15	Norwich Swan		2:36.89	468	35.04	1:13.72	2:02.10
53.	Faye HERMON	17	Felixstowe		2:36.94	468	32.52	1:12.63	2:00.47
54.	Greta BALFOUR	17	Norwich Swan		2:37.00	467	33.36	1:12.51	2:00.81
55.	Hannah MCNAUL	16	West Suffolk		2:37.17	466	34.00	1:16.28	2:00.18
56.	Imogen BLOOMFIELD	13	Co Cambridge		2:37.23	465	34.60	1:16.85	2:01.45
57.	Gemma TROTT	17	Mid Beds		2:37.43	463	33.64	1:12.60	2:00.81
58.	Lucy PARK	20	Watford SC		2:37.90	459	33.74	1:14.57	2:00.52
59.	Amber HEAD	14	Rochford		2:38.27	456	34.93	-	2:01.04
60.	Katie CONYERS	16	Potters Bar		2:38.39	455	32.47	1:13.57	2:02.43
61.	Rebecca STROUD	14	Brentwood		2:38.93	450	33.58	1:13.03	2:03.06
62.	Almudena VISSER VELEZ	14	Co Cambridge		2:39.32	447	35.30	1:14.73	2:01.48
63.	Emily SELLEN	17	Watford SC		2:39.72	444	35.59	-	-
64.	Rebecca MERRILL	15	Norwich Swan		2:40.17	440	34.78	1:15.01	2:01.12
65.	Danielle HARTIN	14	Basildon Ph	14	2:41.00	433	34.37	1:18.46	2:41.00
66.	Faith GREEN	16	Co St Albans		2:43.38	414	34.43	1:14.79	2:04.14
67.	Grace HARVEY	18	Hoddesdon	7	3:13.31	250	41.85	1:31.36	2:29.93
	Eleanor BEVAN	14	Hemel Hemp		DNC				

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Louise FIDDES	15	Hatfield	14	2:33.27	813	33.02	1:16.75	1:59.42
2.	Danielle HARTIN	14	Basildon Ph	14	2:41.00	717	34.37	1:18.46	2:41.00
3.	Grace HARVEY	18	Hoddesdon	7	3:13.31	702	41.85	1:31.36	2:29.93



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EVENT 502 Mens Open 50m Backstroke

Senior Record 25.48 Junior Record 26.66

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Oliver FITT	17	St Ives	26.66	578
2.	Thomas CLARE	15	teamipswich	26.91	562
3.	Conor HARROLD	23	Basildon Ph	26.96	559
4.	Nathan WELLS	18	West Norfolk	26.98	558
5.	Samuel PEASE	17	Basildon Ph	27.05	554
6.	Jamie SCHOLLES	16	Co Peterboro	27.08	552
7.	Liam CURRAN	18	Putteridge	27.09	551
7.	Mihai ANGHEL	20	teamipswich	27.09	551
9.	Charlie POND THOMPSON	23	Hatfield	27.16	547
10.	Matthew GRAY	16	Co Peterboro	27.43	531
11.	Jack SPENCE	22	Hemel Hemp	27.53	525
12.	Ryan KELLY	17	Chelmsford	27.54	525
13.	Daniel CHADA	15	Bishop Stort	27.84	508
14.	Samuel PERKS	14	Basildon Ph	27.90	505
15.	Joshua SMITH	15	DunmowAtlant	28.12	493
16.	Daniel HILL	17	Linslade	28.14	492
17.	Oliver PERRY	17	Hatfield	28.17	490
18.	Ryan SMITH	16	UEA Norwich	28.22	488
19.	Elliot WYLIE	17	Hatfield	28.23	487
20.	Ignacio LARGHERO	17	Newmarket	28.34	481
21.	Conor O'GORMAN	18	Leighton Buz	28.39	479
22.	Troy DOUGLAS-COLLOW	20	Beccles Town	28.46	475
23.	Joshua GAINES	18	Hemel Hemp	28.47	475
24.	Jonathon ADAM	14	Co Cambridge	28.52	472
25.	James COOPER	14	Basildon Ph	28.58	469
26.	Matthew TITMAN	15	Co Cambridge	28.72	463
27.	Tyler BERRY	16	Basildon Ph	28.73	462
28.	Jake THOMAS-MANSFIELD	16	St Felix Sch	28.75	461
29.	Reece NICHOLLS	16	Basildon Ph	28.77	460
30.	John BOYLE	15	DunmowAtlant	28.81	458
31.	Dalton YALLOP	19	Beccles Town	28.82	458
32.	Michael LARDNER	17	St Ives	28.83	457
33.	Lewis BAYLEY	15	Southend	29.01	449
34.	Manfred BATTLE	14	Stowmarket	29.03	448
35.	Jake MOXHAM	14	Co Cambridge	29.04	447
36.	Myles ROBINSON-YOUNG	14	Co Peterboro	29.08	446
36.	Sam GAMBLE	17	Hitchin	29.08	446
38.	Oliver KENNY	19	West Norfolk	29.11	444
39.	Alex WALMSLEY	16	teamipswich	29.13	443
40.	Thomas STRAKOSCH	19	Berkhamsted	29.16	442
41.	Joseph WELLS	17	West Norfolk	29.25	438
41.	Leone CRICK	18	Leighton Buz	29.25	438
41.	Harry FOX	17	Basildon Ph	29.25	438
44.	Thomas BOYT	17	Felixstowe	29.29	436
45.	Harry EADE	16	teamipswich	29.35	433
46.	Myles TURNER	16	West Suffolk	29.36	433
47.	Callum THURSTON-WOOLNO	16	Beccles Town	29.43	430
48.	Michael JUDD	18	Dunstable	29.46	429
49.	Christian NEL	16	Berkhamsted	29.50	427
50.	Oliver LANGFORD	17	Modernians	29.55	425
51.	Thomas PICKERING	16	Linslade	29.56	424
52.	Charles FYNN	17	Co Cambridge	29.58	423
53.	Max JELFS	15	Hatfield	29.61	422
54.	Jude LIDDIARD	15	Co St Albans	29.76	416
55.	Ben HUNT	17	Harlow Pen	29.86	412
56.	Theo PARK	18	Leiston	29.98	407
57.	Jack SANGSTER	15	Modernians	30.00	406
58.	Matteo TONTODONATI	15	Bishop Stort	30.03	405
59.	Taylor BOWEN	15	West Suffolk	30.06	403
60.	Elliott DAY	14	teamipswich	30.14	400
61.	Charles RENNIE	15	Braintree	30.25	396
62.	Marcus KEMP	15	Watford SC	30.27	395
62.	Calvin COE	18	Stowmarket	30.27	395
64.	Jack RYAN	16	Biggleswade	30.48	387
65.	Andrei GARE	15	Southend	30.60	382
66.	Callum WOLLASTON	15	Cheshunt	30.68	379
67.	Jams BLOUNT	16	Potters Bar	30.83	374



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EVENT 503 Womens Open 50m Freestyle

Senior Record 25.32 Junior Record 26.18

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt
1.	Elinah PHILLIP	16	Bishop Stort		25.65	743
2.	Mollie ALLEN	18	Co Peterboro		26.05	710
3.	Mia MASPERS	14	teamipswich		26.35	686
4.	Macy LAWRENCE	14	Basildon Ph		26.39	682
5.	Meghan MAYBANKS	16	DunmowAtlant		26.42	680
6.	Elinor DULEY	16	Colchester		26.48	676
7.	Martha DULEY	17	Colchester		26.59	667
8.	Holly HILDREW	17	Basildon Ph		26.74	656
9.	Katrin HEIDER	24	Co Cambridge		26.92	643
10.	Amie PHILPOT	14	teamipswich		26.93	642
11.	Lauren SIMPKINS	18	Putteridge		26.95	641
12.	Jessica-Jane APPEGATE	20	UEA Norwich	14	27.02	636
13.	Molly OLLINGTON	18	West Suffolk		27.06	633
14.	Rebecca BURTON	18	Co Peterboro		27.16	626
15.	Abigail WHITING	17	West Norfolk		27.28	618
16.	Rebecca SHERWIN	16	teamipswich		27.43	608
17.	Anna BLAKELEY	14	Co Peterboro		27.46	606
17.	Tara COLEMAN	20	Leiston		27.46	606
19.	Rebecca WATT	14	DunmowAtlant		27.48	604
20.	Katie CONYERS	16	Potters Bar		27.54	600
21.	Amy YOUNG	17	Bishop Stort		27.61	596
22.	Georgina TALLON	16	Potters Bar		27.65	593
23.	Josie PRETIOUS-WHITE	15	Bishop Stort		27.75	587
24.	Mackenzie WHYATT	14	Co Peterboro		27.77	586
24.	Kioni BROOMFIELD	16	Dereham		27.77	586
26.	Chloe LENCE	15	Modernians		27.82	582
27.	Agatha MALIKOVA	21	Co Cambridge		27.85	581
28.	Lauren HALL	17	Co Cambridge		27.88	579
29.	Amy PEMBERTON	15	Berkhamsted		27.89	578
30.	Georgia HARROD	16	DunmowAtlant		27.92	576
31.	Angharad EVANS	13	West Suffolk		27.93	576
32.	Cathryn THOMSON	26	St Ives		27.94	575
32.	Lauren WATT	15	Newmarket		27.94	575
34.	Grace LEECH	14	Gt Yarmouth		27.97	573
35.	Beth EDWARDS	16	West Suffolk		28.00	571
36.	Keira FROSDICK	14	West Norfolk		28.05	568
37.	Sonia TUMIOTTO	15	St Felix Sch		28.09	566
38.	Faye HERMON	17	Felixstowe		28.10	565
39.	Emily LUSH	14	Cheshunt		28.12	564
40.	Angel DUNDERDALE	15	UEA Norwich		28.15	562
41.	Shannon STOTT	16	Co St Albans		28.17	561
42.	Chloe MOLONEY	14	DunmowAtlant		28.19	560
43.	Leanne CAREY	17	Watford SC		28.25	556
44.	Isabel WAINWRIGHT	13	Modernians		28.26	556
44.	Georgina PRYOR	18	Harlow Pen		28.26	556
46.	Annabelle BURGESS	13	teamipswich		28.27	555
46.	Jessica WESTLAKE	17	St Felix Sch		28.27	555
46.	Beatrice BARDER	17	Co St Albans		28.27	555
49.	Mia CARTER	14	Bishop Stort		28.28	554
50.	Charlie DAVIS	16	Newmarket		28.31	553
51.	Lija RADZIUNAITE	14	Stowmarket		28.33	552
52.	Iona TRAINER	13	Co Ely		28.34	551
52.	Amelia PEDDLE	16	Epping For't		28.34	551
54.	Niamh ADCOCK	15	UEA Norwich		28.37	549
54.	Jade GOODE	13	Co Peterboro		28.37	549
56.	Emily LAMPON	17	Bishop Stort		28.44	545
57.	Emily JONES	14	Modernians		28.45	545
58.	Lily MERRETT	13	Hoddesdon		28.47	543
59.	Sarah O'BRIEN	20	UEA Norwich		28.50	542
60.	Emma CRUICKSHANKS	13	teamipswich		28.52	541
61.	Grace RAYNER	18	Hatfield		28.53	540
61.	Jordan COLEMAN	18	Leiston		28.53	540
63.	Safia BUTTON	12	teamipswich		28.54	539
64.	Annika BROWN	13	teamipswich		28.55	539
65.	Sacha THOMAS	13	UEA Norwich		28.58	537
66.	Melissa ELEY	16	Chelmsford		28.64	534
67.	Celeste ANDREW	15	Harlow Pen		28.65	533
67.	Tia WILSON	14	Modernians		28.65	533
69.	Rebecca STROUD	14	Brentwood		28.66	533
70.	Emily HILLS	16	Harlow Pen		28.70	530
71.	Claire BURRELL	15	Harpden		28.73	529
72.	Jessica WOODWARD	13	Potters Bar		28.74	528
73.	Tia GARDINER	14	Chelmsford		28.75	528
74.	Grace WALLER	12	Basildon Ph		28.76	527
74.	Eleanor KING	16	Dunstable		28.76	527
76.	Alice FENDER	15	Hemel Hemp		28.88	521
77.	Erin LEE	14	Basildon Ph		28.89	520
77.	Lauren BAKER	21	Hatfield		28.89	520
79.	Jasmine SEAMARKS	16	Co Cambridge		28.92	518



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79. Elinor MACDONALD	18	Berkhamsted	28.92	518
81. Katie SHOOBERT	17	Mid Beds	28.93	518
82. Ella HALE	13	West Suffolk	28.95	517
83. Rebecca SEWELL	16	Hemel Hemp	28.97	516
84. Sarah CARROLL	14	Bishop Stort	29.00	514
85. Amelia MONAGHAN	14	Co Peterboro	29.01	514
86. Carys BREALEY	12	Harlow Pen	29.04	512
87. Matilda MEYRICK	13	Norfolk Vikg	29.06	511
87. Eleanor LLEWELLYN	16	West Suffolk	29.06	511
89. Keelin MCKENNA	17	Hemel Hemp	29.08	510
90. Fiona HOLMES	14	Watford SC	29.10	509
91. Mia FURSEDONNE	14	Basildon Ph	29.11	508
92. Sammy HUMPHREY	20	Leighton Buz	29.12	508
92. Fern MORRIN	14	teamipswich	29.12	508
94. Sophie PAYNE	14	Hatfield	29.13	507
94. Brianna MAZEY	15	Tring	29.13	507
96. Chantal SMITH	16	Team Luton	29.15	506
97. Eloise CONWAY	16	Halstead	29.16	506
97. Tegan WOLLASTON	17	Cheshunt	29.16	506
99. Eden LASHLEY	15	Watford SC	29.20	504
99. Lauren AVIS	17	Linslade	29.20	504
101. Ellie MATTHEWS	13	Putteridge	29.21	503
102. Annabel HUNT	16	Bishop Stort	29.22	503
103. Katie LINES	15	Lstof & OB	29.23	502
104. Polly FISH	12	Co Cambridge	29.25	501
105. Lauren THOMAS	14	Mid Beds	29.27	500
105. Jessica LAITNER	15	Co St Albans	29.27	500
105. Sian JONES	17	Biggleswade	29.27	500
108. Emily WHYTE	13	teamipswich	29.29	499
109. Dora ZHOU	16	Epping For't	29.30	499
110. Olivia SMITH-LAL	18	Harlow Pen	29.34	496
111. Danielle HARTIN	14	Basildon Ph	29.36	495
111. Rachel CONNERY	17	Potters Bar	29.36	495
113. Sophie BURNS	16	Watford SC	29.38	494
114. Freya LINES	14	St Felix Sch	29.39	494
115. Ceri HEARD	17	Watford SC	29.40	493
116. Gemma HANSON	13	Hatfield	29.41	493
117. Juliet MERELIE	18	Harpenden	29.42	492
118. Bethany SAMPHER	17	West Suffolk	29.47	490
119. Lucy PARK	20	Watford SC	29.50	488
119. Katie HAMMOND	13	Co Cambridge	29.50	488
119. Bailey WILKES	15	Hatfield	29.50	488
122. Faith GREEN	16	Co St Albans	29.51	488
123. Sarah HARDIMENT	27	Co Ely	29.52	487
124. Emily GREEN	15	Brentwood	29.53	487
125. Megan COOK	16	Harlow Pen	29.55	486
126. Emma SARGINSON	14	DunmowAtlant	29.57	485
127. Emma LESLIE	15	Co Peterboro	29.64	482
128. Megan KEY	15	Basildon Ph	29.65	481
129. Charlotte HUDSON	13	West Suffolk	29.68	480
129. Molly COEN	16	Co Cambridge	29.68	480
131. Millie FIELDS	12	Bishop Stort	29.70	479
132. Erin O'MEARA	13	Watford SC	29.71	478
133. Ellen NORTHWOOD	15	Berkhamsted	29.72	478
134. Bianka MISIKOVA	13	Hatfield	29.73	477
135. Hannah BRECKNELL	16	West Suffolk	29.75	476
136. Lorena PROWSE GARCIA	14	Co Cambridge	29.79	474
137. Tia COLBY	18	Basildon Ph	29.81	473
138. Lauren GOODYER	16	Mid Beds	29.92	468
138. Lucy KEITH	15	Leighton Buz	29.92	468
140. Lauren NELSON	15	Harlow Pen	29.96	466
140. Charlotte O'DELL	13	Mid Beds	29.96	466
142. Nellie EASTLAND	14	Bishop Stort	29.97	466
142. Caitlin EVANS	14	Sudbury	29.97	466
144. Victoria POPE	16	Watford SC	30.02	463
145. Jessica TURLEY	14	Hatfield	30.10	460
145. Claire STOCKTON	14	Saffron Wald	30.10	460
147. Millie WARD	14	Brentwood	30.12	459
148. Sophie EMPSON	18	West Norfolk	30.16	457
149. Rebecca DACK	14	DunmowAtlant	30.18	456
150. Lily GENNER	13	West Suffolk	30.20	455
151. Isabelle ANDERTON	14	Hemel Hemp	30.23	454
152. Natasha BENTLEY	14	Hatfield	30.29	451
153. Eleanor LAVELLE	17	Dereham	30.50	442
154. Lauren YOUNG	13	Hatfield	30.62	437
155. Grace HARVEY	18	Hoddesdon	7 36.02	268
Emily BIGGS	17	Co Cambridge	DNC	
Shona MCKENNA	14	Hemel Hemp	DNC	

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Jessica-Jane APPLGATE	20	UEA Norwich	14	27.02	1001
2.	Danielle HARTIN	14	Basildon Ph	14	29.36	780
3.	Grace HARVEY	18	Hoddesdon	7	36.02	712



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EVENT 504 Mens Open 200m Breaststroke

Senior Record 2:12.26 Junior Record 2:20.92

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Lawrence PALMER	24	Putteridge	2:19.91	638	32.14	1:07.72	1:44.39
2.	Nathan HUGHES	16	Hatfield	2:23.67	589	32.14	1:08.52	1:46.06
3.	Thomas WIGGINS	17	Co Peterboro	2:26.45	556	32.38	1:09.35	1:47.70
4.	Charles RAYNER	15	Hatfield	2:26.47	556	33.57	1:11.10	1:48.56
5.	Ralph MUNCER	15	Team Luton	2:29.82	520	33.44	1:11.60	1:51.03
6.	Benjamin ARKLE	17	Co Cambridge	2:29.97	518	33.17	1:11.35	1:50.48
7.	David SHIPMAN	16	Potters Bar	2:30.72	510	33.57	1:12.03	1:51.63
8.	Cole JAMES	15	Hatfield	2:30.97	508	34.18	1:12.60	1:51.94
9.	Finlay RYAN	17	Norwich Swan	2:31.27	505	33.77	1:12.32	1:51.85
10.	William LOVEMAN	16	Co St Albans	2:31.84	499	33.97	1:12.52	1:52.12
11.	Christopher GREENHALGH	20	Sudbury	2:31.91	498	33.91	1:12.31	1:51.84
12.	Sam PERKINS	14	teamipswich	2:32.35	494	34.44	1:14.39	1:53.77
13.	Myles TURNER	16	West Suffolk	2:32.62	491	34.86	1:13.55	1:53.23
14.	Louis SPONG	17	DunmowAtlant	2:33.25	485	34.18	1:13.26	1:53.63
15.	Alexander MASON	20	Team Luton	2:33.30	485	33.87	1:12.85	1:53.17
16.	Calvin COE	18	Stowmarket	2:33.41	484	34.33	1:13.33	1:53.01
17.	Alex FLORANCE	16	West Norfolk	2:33.90	479	33.49	1:12.24	1:52.49
18.	Harvey NORMAN	15	Co Peterboro	2:34.47	474	35.17	1:14.71	1:54.63
19.	Ryan JARVIS	17	Putteridge	2:34.52	474	33.48	1:12.45	1:53.17
20.	Oliver CASHIN	14	Co Cambridge	2:35.50	465	35.20	1:14.74	1:55.29
21.	William RICHARDS	15	Dunstable	2:35.56	464	33.45	1:12.86	1:54.03
22.	Liam BRENNAN	14	Basildon Ph	2:35.57	464	34.42	1:14.43	1:55.31
23.	Jack WEARS	17	Mid Beds	2:35.78	462	-	-	-
24.	Ayotobi LAGUDA	14	Hatfield	2:36.97	452	-	-	-
25.	Finn JEFFERY	13	St Felix Sch	2:36.99	451	35.44	1:14.91	1:55.56
26.	Matthew MCLAUGHLIN	23	DunmowAtlant	2:37.25	449	35.96	1:16.35	1:56.95
27.	Mason HUNNISETT	14	Basildon Ph	2:38.79	436	-	-	-
28.	Jamie MCCAFFRAY	15	Modernians	2:38.80	436	-	-	-
29.	Daniel HURST	17	Berkhamsted	2:38.96	435	33.59	1:12.38	1:53.87
30.	Matthew WOULDHAM	15	Co Peterboro	2:38.99	435	35.42	1:15.73	1:57.25
31.	Jordan NORTHWOOD	17	Berkhamsted	2:39.71	429	-	-	-
32.	James MCFARLAND	15	Mid Beds	2:40.68	421	36.22	1:17.09	1:58.12
33.	Martin RUSSELL-ROGERS	18	Hitchin	2:41.17	417	34.53	1:14.86	1:57.11
34.	Joseph TALBOT	16	Linslade	2:41.37	416	36.10	1:16.70	1:58.55
35.	Joseph COLLINS	17	Bishop Stort	2:42.29	409	36.25	1:17.77	1:59.81
36.	Silvester HAVRILLAY	14	Harlow Pen	2:42.32	408	35.77	1:17.55	2:00.33
37.	Oliver PYLE	16	West Suffolk	2:42.45	407	-	-	-
38.	Kyle HOLMES	17	Hemel Hemp	2:42.57	407	-	-	-
39.	Marcus KEMP	15	Watford SC	2:43.83	397	36.81	1:18.61	2:01.79
	Sydney NEWNHAM-STEBBIN	17	Lstof & OB	DQ				



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EVENT 505 Womens Open 200m Breaststroke

Senior Record 2:26.42 Junior Record 2:31.46

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Leah ROUGHAN	17	Co Peterboro	2:30.53	714	34.40	1:12.60	1:51.08
2.	Lauren HARRISON	15	Co Peterboro	2:36.54	635	35.90	1:15.58	1:56.25
3.	Rebecca BURTON	18	Co Peterboro	2:37.67	621	34.51	1:14.43	1:56.01
4.	Louise BUSH	25	UEA Norwich	2:38.41	613	34.62	1:14.50	1:55.93
5.	Amelia MONAGHAN	14	Co Peterboro	2:38.54	611	36.14	1:16.69	1:57.97
6.	Sophie PAYNE	14	Hatfield	2:40.31	591	37.17	1:17.94	1:59.29
7.	Keira FROSDICK	14	West Norfolk	2:42.63	566	36.25	1:17.76	2:00.20
8.	Amber HUGHES	17	Hatfield	2:43.76	554	38.05	1:20.07	2:02.27
9.	Angharad EVANS	13	West Suffolk	2:44.39	548	36.87	1:18.91	2:02.11
10.	Molly LEE	15	West Norfolk	2:44.82	544	36.86	1:19.23	2:01.80
11.	Ellie MATTHEWS	13	Putteridge	2:44.96	542	37.50	1:19.23	2:02.00
12.	Kathryn LOVEYS	29	Co Cambridge	2:45.03	542	37.33	1:19.03	2:01.97
12.	Roxanne UYS	17	West Norfolk	2:45.03	542	35.90	1:17.05	2:00.00
14.	Nadine SMITH	15	Hatfield	2:45.27	539	38.25	1:20.20	2:02.26
15.	Katie LINES	15	Lstoft & OB	2:45.38	538	37.11	1:18.55	2:01.38
16.	Grace RAYNER	18	Hatfield	2:45.42	538	37.11	1:18.93	2:01.41
17.	Sara KALAWSKA	13	Hatfield	2:45.49	537	38.77	1:21.99	2:03.77
18.	Aoife MARLEY	14	Witham Dolph	2:45.54	537	38.23	1:21.42	2:04.33
19.	Vejune PETRAITYTE	14	Basildon Ph	2:45.75	535	36.25	1:18.81	2:02.67
20.	Caitlin WATSON-DOTCHIN	15	Basildon Ph	2:46.02	532	38.49	1:20.80	2:03.65
21.	Lauren SCOTT	14	Chelmsford	2:46.11	531	36.54	1:18.48	2:02.16
22.	Alara NORTON	15	Hatfield	2:46.76	525	37.06	1:18.53	2:01.63
23.	Imogen BLOOMFIELD	13	Co Cambridge	2:46.95	523	37.78	1:20.24	2:03.80
24.	Zara KEEGAN	14	Co Cambridge	2:48.43	510	38.66	1:22.62	2:06.25
25.	Emily BIGGS	17	Co Cambridge	2:48.90	505	37.37	1:19.27	2:03.06
26.	Abigail HURST	15	Berkhamsted	2:49.22	502	36.68	1:19.16	2:03.32
27.	Erin O'MEARA	13	Watford SC	2:49.31	502	38.06	1:21.44	2:05.42
28.	Megan WICKHAM	16	Bishop Stort	2:49.65	499	38.15	1:20.87	2:04.95
29.	Jessica LAITNER	15	Co St Albans	2:49.99	496	37.57	1:20.42	2:04.86
30.	Georgia PURKIS	14	Hemel Hemp	2:50.39	492	38.55	1:22.30	2:06.76
31.	Juliet MERELIE	18	Harpenden	2:50.42	492	39.27	1:22.92	2:06.71
32.	Rachel ROBINSON	16	UEA Norwich	2:50.53	491	36.91	1:19.76	2:04.06
33.	Emily SELLEN	17	Watford SC	2:50.80	489	38.48	1:21.99	2:06.54
34.	Celyn WALMSLEY	15	Team Luton	2:50.81	488	38.64	1:21.45	2:05.98
35.	Isabelle ROSHER	13	teamipswich	2:51.10	486	38.51	1:22.65	2:06.99
36.	Elena BACCAS	16	Verulam	2:51.24	485	38.82	1:22.06	2:06.54
37.	Elise CRICK	16	Putteridge	2:51.43	483	37.92	1:22.08	2:07.29
38.	Rosie MUSPRATT	14	West Norfolk	2:52.24	476	37.95	1:21.45	2:06.72
39.	Sarah BOWEN	18	Lstoft & OB	2:52.50	474	37.21	1:19.98	2:04.94
40.	Poppy ALLEN	13	Basildon Ph	2:52.53	474	39.51	1:23.57	2:08.87
41.	Sonja LOWDON	14	Hitchin	2:52.59	474	38.45	1:22.07	2:07.25
42.	Chiara ROGERS	13	Team Luton	2:52.91	471	39.34	1:23.42	2:08.05
43.	Charlotte ABRAMSON	12	UEA Norwich	2:53.04	470	40.04	1:24.99	2:09.33
44.	Caitlin MASCALL	16	Harlow Pen	2:53.18	469	37.28	1:20.60	2:06.42
45.	Hannah MCNAUL	16	West Suffolk	2:53.59	465	37.50	1:21.24	2:06.69
46.	Lorena PROWSE GARCIA	14	Co Cambridge	2:53.60	465	40.06	1:24.72	2:09.48
47.	Annabel HEYWOOD	16	West Suffolk	2:55.22	452	38.54	1:22.86	2:08.26
48.	Lucy PARK	20	Watford SC	2:55.34	452	39.44	1:22.84	2:08.52
49.	Rebecca MERRILL	15	Norwich Swan	2:55.49	450	39.32	1:23.52	2:09.12
50.	Megan BUNYARD	16	Linslade	2:55.86	448	38.86	1:23.93	2:09.56
51.	Maia MCPHERSON	15	Witham Dolph	2:55.95	447	40.00	1:24.54	2:10.43
52.	Charlotte WHITE	11	West Suffolk	2:55.97	447	39.42	1:24.41	2:10.90
53.	Sophie PICKERING	16	teamipswich	2:56.12	446	39.65	1:23.67	2:09.48
54.	Grace KING	13	teamipswich	2:56.46	443	39.51	1:24.37	2:10.39
55.	Grace STEDMAN	13	Co St Albans	2:56.96	439	38.62	1:22.43	2:08.80
56.	Kirsty VEARS	18	Harlow Pen	2:57.12	438	39.66	1:23.77	2:09.35
57.	Olivya HOLLEYMAN	16	Harlow Pen	2:58.16	430	39.64	1:25.63	2:12.61
58.	Grace MIDDLETON	14	Co Cambridge	2:58.30	429	39.72	1:25.16	2:12.32
59.	Lauren NELSON	15	Harlow Pen	2:58.84	426	39.42	1:24.33	2:11.45
60.	Lauren GRICE	17	Mid Beds	2:58.86	425	39.74	1:25.78	2:12.55
61.	Almudena VISSER VELEZ	14	Co Cambridge	2:59.32	422	41.11	1:27.18	2:13.70
62.	Abbie BARNWELL	13	Team Luton	3:01.20	409	39.68	1:24.92	2:13.50
63.	Chloe BERKO-BOATENG	13	Cheshunt	3:01.98	404	39.91	1:25.56	2:13.42
64.	Faith GREEN	16	Co St Albans	3:02.61	400	39.42	1:26.24	2:13.98
65.	Chloe PURKIS	17	Hemel Hemp	3:03.76	392	40.61	1:26.79	2:15.02
	Eleanor BEVAN	14	Hemel Hemp	DNC				
	Livia BROOKES	14	Co Cambridge	DQ				
	Jessica FARROW	16	Hatfield	DQ				
	Freya LINES	14	St Felix Sch	DQ				



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EVENT 506 Mens Open 100m Butterfly

Senior Record 53.33 Junior Record 57.10

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Karl BATORSKI	28	Harlow Pen		53.28 ER	751	24.90
2.	Liam CURRAN	18	Putteridge		56.56	628	-
3.	Benjamin GARRATT	16	Hatfield		56.98	614	-
4.	Regan LLOYD	19	teamipswich		57.14	609	26.68
5.	Dominic SCIFO	17	teamipswich		57.29	604	26.62
6.	Sonny TRIGG	21	teamipswich		57.55	596	26.70
7.	James WOODWARD	16	Potters Bar		58.56	565	27.14
8.	Jake THOMAS-MANSFIELD	16	St Felix Sch		58.60	564	27.49
9.	Nathan HUGHES	16	Hatfield		58.64	563	27.56
10.	Mason ARNOLD	19	Harlow Pen		58.70	561	27.31
11.	Thomas CLARE	15	teamipswich		58.81	558	27.14
12.	Luke TURLEY	16	Hatfield		59.29	545	28.19
13.	Harry JONES	16	Hitchin		59.45	540	-
14.	Cameron MANLEY	17	Linslade		59.62	536	27.16
15.	Calum FERGUSON	20	Co Cambridge		59.65	535	-
16.	Jamie SCHOLLES	16	Co Peterboro		59.78	532	27.89
17.	Matthew TITMAN	15	Co Cambridge		59.80	531	-
18.	Christopher MURPHY	20	Mid Beds		59.84	530	27.93
19.	Manfred BATTLE	14	Stowmarket		59.88	529	-
20.	Lucas DYSON-DIAZ	16	Hatfield		59.96	527	27.74
21.	Oliver KENNY	19	West Norfolk		59.99	526	27.91
22.	James DAVIS	23	Basildon Ph		1:00.12	523	28.11
23.	Luke SUGDEN	17	Hatfield		1:00.26	519	28.07
24.	Louis SPONG	17	DunmowAtlant		1:00.33	517	-
25.	Charles RAYNER	15	Hatfield		1:00.38	516	28.09
26.	Taylor BOWEN	15	West Suffolk		1:00.54	512	28.39
27.	Oliver NEWTON	17	West Norfolk		1:00.67	508	27.58
28.	Alex EVENS	17	Hitchin		1:00.76	506	27.92
29.	Reece NICHOLLS	16	Basildon Ph		1:00.84	504	28.20
29.	Daniel LEIGH	17	Co Peterboro		1:00.84	504	-
31.	Kieran WHIGHT	20	Deben		1:00.90	503	28.04
32.	Jack WEARS	17	Mid Beds		1:00.92	502	28.77
33.	Adam MARTIN	16	Potters Bar		1:01.03	500	28.38
34.	Mason HUNNISETT	14	Basildon Ph		1:01.25	494	29.06
35.	Jamie MCLAUGHLIN	19	DunmowAtlant		1:01.53	487	27.74
36.	Thomas BOYT	17	Felixstowe		1:01.64	485	28.50
37.	Bradley VEITCH	17	Bishop Stort		1:01.75	482	28.79
38.	Harry WHITEMAN	16	Co Peterboro		1:01.83	480	29.11
39.	Samuel BRYAN	15	Basildon Ph		1:01.96	477	28.44
40.	Harry WAGNER	18	Newmarket		1:02.19	472	28.21
41.	Anthony SMITH	16	Hatfield		1:02.59	463	28.72
41.	Ashley HOLNESS-WRIGHT	20	Watford SC		1:02.59	463	28.14
43.	Jack SPAIN	16	teamipswich		1:02.64	462	29.18
44.	Michael LARDNER	17	St Ives		1:02.69	461	29.18
45.	Matthew GRAY	16	Co Peterboro		1:02.79	459	29.16
46.	James COOPER	14	Basildon Ph		1:03.00	454	29.06
47.	James MCFARLAND	15	Mid Beds		1:03.05	453	29.53
48.	Ismail RAHIM	14	Berkhamsted		1:03.09	452	28.85
49.	Jordan CATCHPOLE	17	UEA Norwich	14	1:03.31	447	28.98
50.	Michael JUDD	18	Dunstable		1:03.63	441	29.52
51.	Ryan SMITH	16	UEA Norwich		1:03.66	440	29.24
52.	Theo PARK	18	Leiston		1:03.97	434	29.16
53.	Harvey NORMAN	15	Co Peterboro		1:04.06	432	29.72
54.	Elliott DAY	14	teamipswich		1:04.34	426	29.40
55.	Harry WESTON	16	Norwich Swan		1:06.14	392	30.48
56.	Mark EVENS	20	Hitchin	14	1:18.87	231	36.41
	Callum DAVIS	16	Bishop Stort		DQ		

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Jordan CATCHPOLE	17	UEA Norwich	14	1:03.31	744	28.98
2.	Mark EVENS	20	Hitchin	14	1:18.87	385	36.41



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EVENT 507 Womens Open 100m Butterfly

Senior Record 59.77 Junior Record 1:02.13

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Rebecca BURTON	18	Co Peterboro		1:03.06	649	29.23
2.	Rikke NAGELL-KLEVEN	21	UEA Norwich		1:03.57	633	29.65
3.	Poppy RICHARDSON	15	Co Peterboro		1:03.86	625	29.92
4.	Georgina PRYOR	18	Harlow Pen		1:04.93	594	29.73
5.	Shannon STOTT	16	Co St Albans		1:05.17	588	29.76
6.	Holly HILDREW	17	Basildon Ph		1:05.27	585	30.06
7.	Elinor DULEY	16	Colchester		1:05.48	580	30.35
8.	Emily DOWDING	18	teampswich		1:05.82	571	30.65
9.	Jade GOODE	13	Co Peterboro		1:06.48	554	30.51
10.	Amy YOUNG	17	Bishop Stort		1:06.61	551	30.71
11.	Amy FELGATE	20	Co Cambridge		1:06.86	544	31.29
12.	Molly OLLINGTON	18	West Suffolk		1:07.01	541	30.92
13.	Lauren STOTT	14	Co St Albans		1:07.02	541	31.37
14.	Megan PYE	14	UEA Norwich		1:07.06	540	31.28
15.	Sara KALAWSKA	13	Hatfield		1:07.32	533	31.82
16.	Mia LEECH	14	Co Peterboro		1:07.35	533	31.42
17.	Lily MERRETT	13	Hoddesdon		1:07.56	528	31.71
18.	Bethany SAMPHER	17	West Suffolk		1:07.73	524	31.49
19.	Georgina TALLON	16	Potters Bar		1:07.90	520	31.16
20.	Imogen COOKE	15	UEA Norwich		1:08.15	514	31.71
21.	Dina DAY	17	Basildon Ph		1:08.38	509	32.49
22.	Amber SHINE	16	Hatfield		1:08.57	505	32.69
23.	Louise FIDDES	15	Hatfield	14	1:08.67	502	33.07
24.	Lauren GRICE	17	Mid Beds		1:08.79	500	31.30
25.	Yasmin BRAND	19	Berkhamsted		1:09.00	495	31.93
26.	Eleanor LLEWELLYN	16	West Suffolk		1:09.14	492	32.77
27.	Lauren THOMAS	14	Mid Beds		1:09.21	491	31.99
28.	Bethany PALMER	18	UEA Norwich		1:09.60	483	33.20
29.	Jessica WOODWARD	13	Potters Bar		1:09.99	475	32.44
30.	Abigail WHITING	17	West Norfolk		1:10.16	471	32.81
31.	Lauren HARRISON	15	Co Peterboro		1:10.21	470	31.98
32.	Niamh ADCOCK	15	UEA Norwich		1:10.40	466	32.55
33.	Nellie EASTLAND	14	Bishop Stort		1:10.81	458	32.45
34.	Hannah MCNAUL	16	West Suffolk		1:11.06	453	33.13
35.	Sacha THOMAS	13	UEA Norwich		1:11.29	449	33.07
36.	Peyton EWBANK	16	Norwich Swan		1:11.34	448	32.30
37.	Chiara ROGERS	13	Team Luton		1:11.35	448	33.39
38.	Millie WARD	14	Brentwood		1:11.61	443	33.30
39.	Celeste ANDREW	15	Harlow Pen		1:12.07	435	32.67
	Georgina CURTIS	16	Mid Beds		DNC		

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Louise FIDDES	15	Hatfield	14	1:08.67	925	33.07



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EVENT 508 Mens Open 100m IM

Senior Record 55.02 Junior Record 58.84

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Brandon NABARRO	19	Putteridge	57.50	683
2.	Lawrence PALMER	24	Putteridge	58.47	650
3.	Oliver FITT	17	St Ives	58.77	640
4.	Nathan HUGHES	16	Hatfield	59.05	631
5.	Charlie POND THOMPSON	23	Hatfield	59.30	623
6.	Nathan WELLS	18	West Norfolk	59.64	612
7.	Conor HARROLD	23	Basildon Ph	59.75	609
8.	Kevin PICKARD	28	Hatfield	59.93	604
9.	Oliver PERRY	17	Hatfield	1:00.98	573
10.	Christopher SEARLE	24	Dereham	1:01.31	564
11.	Dominic SCIFO	17	teamipswich	1:01.44	560
12.	Samuel COTTEE	16	teamipswich	1:01.53	558
13.	Oliver KENNY	19	West Norfolk	1:01.60	556
14.	Jack CHRISTIE	18	Hemel Hemp	1:02.10	542
15.	Reese HOUSDEN	14	Hatfield	1:02.17	541
16.	Taylor BOWEN	15	West Suffolk	1:02.18	540
17.	Jake THOMAS-MANSFIELD	16	St Felix Sch	1:02.41	534
18.	Charles RAYNER	15	Hatfield	1:02.57	530
19.	James WOODWARD	16	Potters Bar	1:02.80	524
20.	David SHIPMAN	16	Potters Bar	1:03.14	516
21.	Lucas DYSON-DIAZ	16	Hatfield	1:03.21	514
22.	Sam GAMBLE	17	Hitchin	1:03.55	506
23.	Calvin COE	18	Stowmarket	1:04.28	489
24.	Myles TURNER	16	West Suffolk	1:04.31	488
25.	Mason ARNOLD	19	Harlow Pen	1:04.36	487
26.	Callum DAVIS	16	Bishop Stort	1:04.48	484
26.	Theo PARK	18	Leiston	1:04.48	484
28.	Ryan SMITH	16	UEA Norwich	1:04.99	473
29.	Archie HOLMAN	18	West Norfolk	1:05.37	465
30.	Christopher GREENHALGH	20	Sudbury	1:06.04	451
31.	Matthew TITMAN	15	Co Cambridge	1:06.39	444



East Swimming

2016 Short Course Championships

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Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



EVENT 509 Womens Open 400m Freestyle

Senior Record 4:08.30 Junior Record 4:14.92

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt				
1.	Chloe LENCE	15	Modermians		4:22.97	709				
	50m 29.99	100m 1:02.57	150m 1:36.17		200m 2:09.94	250m 2:43.58	300m 3:17.45	350m 3:50.92	400m 4:22.97	
2.	Millie EMMANS	17	Co Cambridge		4:26.06	684				
	50m 30.17	100m 1:02.97	150m 1:36.72		200m 2:10.71	250m 2:44.84	300m 3:19.05	350m 3:53.41	400m 4:26.06	
3.	Amber HUGHES	17	Hatfield		4:26.55	681				
	50m 30.80	100m 1:03.78	150m 1:37.25		200m 2:11.23	250m 2:44.83	300m 3:19.04	350m 3:53.50	400m 4:26.55	
4.	Leah ROUGHAN	17	Co Peterboro		4:27.23	675				
	50m 30.59	100m 1:04.08	150m 1:37.95		200m 2:12.03	250m 2:45.62	300m 3:19.80	350m 3:54.15	400m 4:27.23	
5.	Jessica-Jane APPEGATE	20	UEA Norwich	14	4:27.35	674				
	50m 30.00	100m 1:03.04	150m 1:36.37		200m 2:10.08	250m 2:44.08	300m 3:18.41	350m 3:52.93	400m 4:27.35	
6.	Emily DOWDING	18	teamipswich		4:29.80	656				
	50m 30.56	100m 1:03.85	150m 1:38.00		200m 2:12.15	250m 2:46.79	300m 3:21.50	350m 3:56.22	400m 4:29.80	
7.	Poppy RICHARDSON	15	Co Peterboro		4:30.43	652				
	50m 30.00	100m 1:03.27	150m 1:37.13		200m 2:11.58	250m 2:45.87	300m 3:20.91	350m 3:56.13	400m 4:30.43	
8.	Chantal SMITH	16	Team Luton		4:30.90	648				
	50m 30.77	100m 1:04.69	150m 1:39.19		200m 2:13.74	250m 2:48.55	300m 3:23.29	350m 3:57.69	400m 4:30.90	
9.	Alice FENDER	15	Hemel Hemp		4:31.28	646				
	50m 30.39	100m 1:03.75	150m 1:38.32		200m 2:13.39	250m 2:48.43	300m 3:23.31	350m 3:58.03	400m 4:31.28	
10.	Charlotte WALKER	14	UEA Norwich		4:31.33	645				
	50m 30.87	100m 1:04.42	150m 1:38.68		200m 2:13.70	250m 2:48.17	300m 3:22.85	350m 3:57.67	400m 4:31.33	
11.	Shannon STOTT	16	Co St Albans		4:31.39	645				
	50m 30.76	100m 1:05.32	150m 1:40.14		200m 2:14.59	250m 2:49.54	300m 3:23.98	350m 3:59.10	400m 4:31.39	
12.	Jessica WESTLAKE	17	St Felix Sch		4:31.89	641				
	50m 30.77	100m 1:04.51	150m 1:38.91		200m 2:13.73	250m 2:48.32	300m 3:23.25	350m 3:58.14	400m 4:31.89	
13.	Mia LEECH	14	Co Peterboro		4:32.25	639				
	50m 31.26	100m 1:04.98	150m 1:39.34		200m 2:13.60	250m 2:48.12	300m 3:22.95	350m 3:58.29	400m 4:32.25	
14.	Tia WILSON	14	Modermians		4:34.92	620				
	50m 30.98	100m 1:04.30	150m 1:38.81		200m 2:13.40	250m 2:48.60	300m 3:24.19	350m 3:59.98	400m 4:34.92	
15.	Ellie WHEELER	14	Basildon Ph		4:34.97	620				
	50m 30.85	100m 1:04.44	150m 1:38.91		200m 2:13.78	250m 2:49.43	300m 3:24.66	350m 4:00.10	400m 4:34.97	
16.	Abigail WHITING	17	West Norfolk		4:35.77	615				
	50m 32.21	100m 1:06.74	150m 1:41.90		200m 2:16.98	250m 2:52.24	300m 3:27.21	350m 4:02.17	400m 4:35.77	
17.	Tegan WOLLASTON	17	Cheshunt		4:36.20	612				
	50m 31.55	100m 1:05.28	150m 1:39.76		200m 2:14.64	250m 2:49.71	300m 3:25.47	350m 4:01.29	400m 4:36.20	
18.	Lauren HARRISON	15	Co Peterboro		4:36.95	607				
	50m 31.54	100m 1:06.80	150m 1:41.65		200m 2:16.92	250m 2:51.80	300m 3:27.06	350m 4:02.52	400m 4:36.95	
19.	Sophie TAYLOR	15	St Felix Sch		4:36.98	607				
	50m 31.46	100m 1:05.53	150m 1:40.34		200m 2:15.78	250m 2:51.36	300m 3:26.66	350m 4:02.39	400m 4:36.98	
20.	Sonia TUMIOTTO	15	St Felix Sch		4:37.05	606				
	50m 31.68	100m 1:06.43	150m 1:41.58		200m 2:15.95	250m 2:50.94	300m 3:26.01	350m 4:01.68	400m 4:37.05	
21.	Lauren STOTT	14	Co St Albans		4:37.47	603				
	50m 32.24	100m 1:07.51	150m 1:42.77		200m 2:17.75	250m 2:53.07	300m 3:28.56	350m 4:03.91	400m 4:37.47	
22.	Natasha BENTLEY	14	Hatfield		4:37.80	601				
	50m 31.71	100m 1:05.85	150m 1:40.65		200m 2:15.88	250m 2:51.51	300m 3:27.25	350m 4:02.84	400m 4:37.80	
23.	Melissa ELEY	16	Chelmsford		4:38.05	600				
	50m 31.42	100m 1:06.40	150m 1:41.66		200m 2:17.05	250m 2:52.45	300m 3:28.53	350m 4:04.43	400m 4:38.05	
24.	Jade GOODE	13	Co Peterboro		4:38.69	595				
	50m 30.91	100m 1:05.24	150m 1:40.53		200m 2:16.68	250m 2:52.94	300m 3:28.99	350m 4:04.63	400m 4:38.69	
25.	Mackenzie WHYATT	14	Co Peterboro		4:39.02	593				
	50m 30.28	100m 1:04.15	150m 1:38.99		200m 2:14.87	250m 2:51.04	300m 3:27.29	350m 4:04.30	400m 4:39.02	
26.	Erin LEE	14	Basildon Ph		4:39.03	593				
	50m 31.50	100m 1:05.97	150m 1:41.20		200m 2:16.65	250m 2:51.86	300m 3:27.65	350m 4:03.61	400m 4:39.03	
27.	Tilly ANEMA	15	Norwich Swan		4:39.28	592				
	50m 31.14	100m 1:05.73	150m 1:41.04		200m 2:16.75	250m 2:52.36	300m 3:28.74	350m 4:04.44	400m 4:39.28	
28.	Katy CHAMBERS	14	St Felix Sch		4:39.35	591				
	50m 31.63	100m 1:06.42	150m 1:41.80		200m 2:17.94	250m 2:53.80	300m 3:29.17	350m 4:05.15	400m 4:39.35	
29.	Amber SHINE	16	Hatfield		4:39.63	589				
	50m 32.25	100m 1:07.09	150m 1:42.84		200m 2:18.75	250m 2:54.73	300m 3:30.36	350m 4:05.64	400m 4:39.63	
30.	Lauren YOUNG	13	Hatfield		4:39.91	588				
	50m 31.57	100m 1:06.51	150m 1:41.60		200m 2:17.44	250m 2:53.51	300m 3:29.61	350m 4:05.49	400m 4:39.91	
31.	Georgia PURKIS	14	Hemel Hemp		4:39.92	588				
	50m 31.50	100m 1:06.47	150m 1:41.95		200m 2:18.08	250m 2:54.32	300m 3:30.34	350m 4:06.48	400m 4:39.92	
32.	Madeleine CHAMBERS	16	St Felix Sch		4:40.02	587				
	50m 32.10	100m 1:07.17	150m 1:42.56		200m 2:18.10	250m 2:53.76	300m 3:29.81	350m 4:05.55	400m 4:40.02	
33.	Amelia MONAGHAN	14	Co Peterboro		4:40.14	586				
	50m 31.94	100m 1:07.22	150m 1:43.01		200m 2:19.36	250m 2:54.53	300m 3:30.45	350m 4:06.70	400m 4:40.14	
34.	Tia GARDINER	14	Chelmsford		4:40.45	584				
	50m 31.60	100m 1:06.33	150m 1:41.81		200m 2:17.60	250m 2:53.29	300m 3:29.38	350m 4:05.55	400m 4:40.45	
35.	Maddison SAUNDERS	15	Co Peterboro		4:40.73	583				
	50m 31.37	100m 1:05.85	150m 1:41.25		200m 2:16.90	250m 2:52.75	300m 3:28.98	350m 4:05.27	400m 4:40.73	
36.	Megan KEY	15	Basildon Ph		4:40.74	582				
	50m 31.85	100m 1:06.28	150m 1:41.47		200m 2:17.13	250m 2:52.59	300m 3:29.22	350m 4:06.11	400m 4:40.74	
37.	Katie HAMMOND	13	Co Cambridge		4:41.39	578				
	50m 32.51	100m 1:07.65	150m 1:42.97		200m 2:18.55	250m 2:54.12	300m 3:30.03	350m 4:06.54	400m 4:41.39	
38.	Ellie RUNNALLS	14	DunmowAtlant		4:42.12	574				
	50m 31.77	100m 1:06.32	150m 1:41.79		200m 2:17.49	250m 2:53.79	300m 3:30.54	350m 4:07.08	400m 4:42.12	
39.	Lily MERRITT	13	Hoddesdon		4:42.28	573				
	50m 30.73	100m 1:05.09	150m 1:41.36		200m 2:17.29	250m 2:53.99	300m 3:30.95	350m 4:07.50	400m 4:42.28	
40.	Chloe MOLONEY	14	DunmowAtlant		4:42.49	572				
	50m 30.66	100m 1:05.91	150m 1:41.58		200m 2:17.54	250m 2:53.84	300m 3:30.69	350m 4:07.24	400m 4:42.49	
41.	Bethany PALMER	18	UEA Norwich		4:43.74	564				
	50m 32.32	100m 1:07.17	150m 1:43.09		200m 2:19.75	250m 2:55.99	300m 3:31.87	350m 4:08.41	400m 4:43.74	



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42. Chloe OGDEN	15	Bishop Stort	4:44.23	561				
50m 31.98	100m 1:07.51	150m 1:42.77	200m 2:18.92	250m 2:54.58	300m 3:30.77	350m 4:07.41	400m 4:44.23	
43. Annabelle KITCHING	14	Chelmsford	4:44.95	557				
50m 32.10	100m 1:07.37	150m 1:43.22	200m 2:19.68	250m 2:56.04	300m 3:32.35	350m 4:09.04	400m 4:44.95	
44. Lucie PECK	13	West Norfolk	4:46.83	546				
50m 32.58	100m 1:07.55	150m 1:43.48	200m 2:20.03	250m 2:56.65	300m 3:33.71	350m 4:10.82	400m 4:46.83	
45. Rachel ROBINSON	16	UEA Norwich	4:47.53	542				
50m 32.08	100m 1:07.38	150m 1:43.67	200m 2:20.54	250m 2:57.58	300m 3:34.77	350m 4:12.02	400m 4:47.53	
46. Emily JONES	14	Modernians	4:47.61	542				
50m 31.25	100m 1:07.10	150m 1:43.96	200m 2:21.09	250m 2:58.44	300m 3:35.21	350m 4:12.32	400m 4:47.61	
47. Amy PEMBERTON	15	Berkhamsted	4:47.89	540				
50m 31.07	100m 1:06.29	150m 1:42.98	200m 2:20.40	250m 2:57.73	300m 3:35.96	350m 4:12.68	400m 4:47.89	
48. Peyton EWBank	16	Norwich Swan	4:47.95	540				
50m 32.15	100m 1:07.85	150m 1:44.32	200m 2:21.67	250m 2:58.69	300m 3:36.45	350m 4:12.90	400m 4:47.95	
49. Alice NEWNHAM-STEBBING	14	Lstof & OB	4:48.05	539				
50m 31.49	100m 1:06.52	150m 1:42.85	200m 2:19.79	250m 2:56.87	300m 3:34.24	350m 4:11.66	400m 4:48.05	
50. Jessica LAITNER	15	Co St Albans	4:48.34	538				
50m 31.81	100m 1:06.94	150m 1:43.21	200m 2:19.94	250m 2:57.05	300m 3:34.49	350m 4:12.01	400m 4:48.34	
51. Grace WYLIE	15	Hatfield	4:48.48	537				
50m 32.63	100m 1:08.19	150m 1:44.18	200m 2:20.37	250m 2:56.22	300m 3:33.67	350m 4:11.16	400m 4:48.48	
52. Sophie BURNS	16	Watford SC	4:49.41	532				
50m 32.22	100m 1:08.28	150m 1:45.51	200m 2:23.01	250m 3:00.66	300m 3:36.77	350m 4:13.50	400m 4:49.41	
53. Caitlin WATSON-DOTCHIN	15	Basildon Ph	4:49.67	530				
50m 32.89	100m 1:09.00	150m 1:45.55	200m 2:22.48	250m 2:58.78	300m 3:35.82	350m 4:13.23	400m 4:49.67	
54. Ella HALE	13	West Suffolk	4:50.28	527				
50m 32.15	100m 1:08.11	150m 1:44.96	200m 2:21.92	250m 2:59.12	300m 3:36.19	350m 4:12.61	400m 4:50.28	
55. Isobel GEORGIU	14	Hatfield	4:50.48	526				
50m 32.66	100m 1:08.64	150m 1:45.93	200m 2:23.23	250m 3:00.45	300m 3:37.61	350m 4:15.02	400m 4:50.48	
56. Georgia HARROD	16	Dunmow Atlant	4:51.68	519				
50m 31.28	100m 1:06.71	150m 1:43.52	200m 2:20.80	250m 2:58.46	300m 3:36.45	350m 4:13.74	400m 4:51.68	
57. Jennifer READ	14	West Norfolk	4:51.82	519				
50m 32.02	100m 1:06.88	150m 1:44.02	200m 2:21.70	250m 2:58.75	300m 3:36.58	350m 4:14.77	400m 4:51.82	
58. Freya WRIGHT	14	West Suffolk	4:52.36	516				
50m 32.24	100m 1:07.88	150m 1:44.56	200m 2:20.90	250m 2:57.29	300m 3:34.18	350m 4:09.09	400m 4:52.36	
59. Abbie BARNWELL	13	Team Luton	4:53.49	510				
50m 32.07	100m 1:06.81	150m 1:42.95	200m 2:19.58	250m 2:56.65	300m 3:34.12	350m 4:09.58	400m 4:53.49	
60. Lucy PARK	20	Watford SC	4:56.60	494				
50m 32.14	100m 1:08.04	150m 1:45.04	200m 2:22.80	250m 3:01.56	300m 3:40.34	350m 4:19.27	400m 4:56.60	
61. Almudena VISSER VELEZ	14	Co Cambridge	4:57.24	491				
50m 33.94	100m 1:11.14	150m 1:49.25	200m 2:27.15	250m 3:05.51	300m 3:43.74	350m 4:21.08	400m 4:57.24	
62. Tia COLBY	18	Basildon Ph	4:57.64	489				
50m 32.07	100m 1:08.03	150m 1:45.32	200m 2:23.38	250m 3:02.03	300m 3:40.87	350m 4:19.79	400m 4:57.64	
63. Grace HARVEY	18	Hoddesdon	5:45.84	311				
50m 38.94	100m 1:22.06	150m 2:05.87	200m 2:49.96	250m 3:34.35	300m 4:19.24	350m 5:03.15	400m 5:45.84	
Jessica TURLEY	14	Hatfield	DNC					
Billie GRANT	14	Hatfield	DQ					

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints			
1.	Jessica-Jane APPLGATE	20	UEA Norwich	14	4:27.35	1005			
	50m 30.00	100m 1:03.04	150m 1:36.37		200m 2:10.08	250m 2:44.08	300m 3:18.41	350m 3:52.93	400m 4:27.35
2.	Grace HARVEY	18	Hoddesdon	7	5:45.84	710			
	50m 38.94	100m 1:22.06	150m 2:05.87		200m 2:49.96	250m 3:34.35	300m 4:19.24	350m 5:03.15	400m 5:45.84