



East Swimming
2016 Short Course Championships
 (Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)
Inspire: Luton Sports Village
 (Licensed Meet No. 2ER161979)



EVENT 401 FINAL OF EVENT 201 Mens Open 200m IM

Senior Record 1:54.20 Junior Record 2:05.03

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Brandon NABARRO	19	Putteridge	2:04.32	685	27.62	1:01.00	1:35.47
2.	Nathan HUGHES	16	Hatfield	2:05.79	661	27.86	1:01.35	1:36.27
3.	Nathan WELLS	18	West Norfolk	2:09.73	603	28.54	1:01.35	1:39.69
4.	Luke TURLEY	16	Hatfield	2:10.27	596	29.00	1:02.47	1:41.90
5.	Thomas WIGGINS	17	Co Peterboro	2:11.08	585	28.61	1:02.27	1:40.30
6.	Charles RAYNER	15	Hatfield	2:11.30	582	28.77	1:03.01	1:40.47
7.	James WOODWARD	16	Potters Bar	2:12.30	568	28.71	1:04.25	1:43.24
8.	Myles TURNER	16	West Suffolk	2:13.63	552	29.80	1:03.83	1:42.57

EVENT 402 FINAL OF EVENT 202 Womens Open 50m Backstroke

Senior Record 28.31 Junior Record 28.97

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Mollie ALLEN	18	Co Peterboro	28.17	756
2.	Georgina PRYOR	18	Harlow Pen	29.29	673
3.	Rebecca SHERWIN	16	teamipswich	29.49	659
4.	Lija RADZIUNAITE	14	Stowmarket	29.56	654
5.	Rebecca BURTON	18	Co Peterboro	29.90	632
6.	Meghan MAYBANKS	16	DunmowAtlant	30.00	626
7.	Rachel WELLINGS	16	Co Peterboro	30.09	620
8.	Lauren HALL	17	Co Cambridge	30.30	608

EVENT 403 FINAL OF EVENT 203 Mens Open 50m Freestyle

Senior Record 21.37 Junior Record 23.72

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Lee BAKER	21	Harlow Pen	23.64	629
2.	Harry CONSTANTINE	16	Hatfield	23.83	614
3.	Ignacio LARGHERO	17	Newmarket	23.90	609
4.	Henry CHOONG	19	Co Cambridge	24.04	598
5.	Jack SPENCE	22	Hemel Hemp	24.07	596
6.	Oliver FITT	17	St Ives	24.09	594
7.	Sonny TRIGG	21	teamipswich	24.10	594
8.	Brandon NABARRO	19	Putteridge	28.04	377

EVENT 404 FINAL OF EVENT 204 Womens Open 200m Butterfly

Senior Record 2:11.98 Junior Record 2:11.98

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Shannon STOTT	16	Co St Albans	2:16.65	670	30.83	1:05.15	1:41.16
2.	Poppy RICHARDSON	15	Co Peterboro	2:17.66	655	30.75	1:05.87	1:41.65
3.	Millie EMMANS	17	Co Cambridge	2:23.62	577	31.48	1:07.73	1:45.43
4.	Sara KALAWSKA	13	Hatfield	2:26.05	549	33.68	1:11.11	1:48.86
5.	Abbie LOW	14	Chelmsford	2:26.53	543	31.91	1:09.19	1:47.87
6.	Annabelle KITCHING	14	Chelmsford	2:28.41	523	33.26	1:10.84	1:49.84
7.	Mia LEECH	14	Co Peterboro	2:29.17	515	-	1:49.92	-
8.	Amber SHINE	16	Hatfield	2:29.22	515	33.48	1:11.41	1:50.25

EVENT 405 FINAL OF EVENT 205 Mens Open 200m Butterfly

Senior Record 1:52.87 Junior Record 2:08.30

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	James WOODWARD	16	Potters Bar	2:07.14	622	29.48	1:02.68	1:35.88
2.	Benjamin GARRATT	16	Hatfield	2:08.21	607	28.57	1:01.32	1:34.63
3.	Oliver PERRY	17	Hatfield	2:08.29	605	28.77	1:01.93	1:35.08
4.	Jake THOMAS-MANSFIELD	16	St Felix Sch	2:10.49	575	29.77	1:03.35	1:37.27
5.	Harry WHITEMAN	16	Co Peterboro	2:10.61	574	29.01	1:02.63	1:36.89
6.	Luke SUGDEN	17	Hatfield	2:11.42	563	29.27	1:02.99	1:37.16
7.	Mason HUNNISETT	14	Basildon Ph	2:12.87	545	30.14	1:04.00	1:38.24
	Nathan HUGHES	16	Hatfield	DQ				

EVENT 406 FINAL OF EVENT 206 Womens Open 100m Breaststroke

Senior Record 1:09.17 Junior Record 1:09.51

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Rebecca BURTON	18	Co Peterboro	1:09.60	719	32.75
2.	Leah ROUGHAN	17	Co Peterboro	1:10.47	692	33.48
3.	Angharad EVANS	13	West Suffolk	1:12.48	636	34.20
4.	Keira FROSDICK	14	West Norfolk	1:12.58	634	33.84
5.	Louise BUSH	25	UEA Norwich	1:12.96	624	34.23
6.	Lauren WATT	15	Newmarket	1:13.39	613	34.32
7.	Molly LEE	15	West Norfolk	1:14.22	593	34.74
8.	Amelia MONAGHAN	14	Co Peterboro	1:14.51	586	35.08



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EVENT 407 FINAL OF EVENT 207 Mens Open 100m Breaststroke

Senior Record 59.13 Junior Record 1:04.60

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lawrence PALMER	24	Putteridge	1:00.41	780	28.18
2.	Brandon NABARRO	19	Putteridge	1:04.17	650	30.18
3.	Dominic HOLLOWAY	20	Co Cambridge	1:06.42	586	30.25
4.	Thomas WIGGINS	17	Co Peterboro	1:06.73	578	31.20
5.	Benjamin ARKLE	17	Co Cambridge	1:07.60	556	31.89
6.	Jack CHRISTIE	18	Hemel Hemp	1:07.78	552	31.57
7.	Cameron MANLEY	17	Linslade	1:08.39	537	32.10
8.	David SHIPMAN	16	Potters Bar	1:08.48	535	32.07

EVENT 408 FINAL OF EVENT 208 Womens Open 100m IM

Senior Record 1:02.71 Junior Record 1:03.93

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Mollie ALLEN	18	Co Peterboro	1:03.19	721
2.	Rebecca BURTON	18	Co Peterboro	1:03.86	698
3.	Rikke NAGELL-KLEVEN	21	UEA Norwich	1:04.54	676
4.	Rachel WELLINGS	16	Co Peterboro	1:06.55	617
5.	Holly HILDREW	17	Basildon Ph	1:06.71	613
6.	Anna BLAKELEY	14	Co Peterboro	1:07.92	580
7.	Lauren WATT	15	Newmarket	1:08.23	572
8.	Molly OLLINGTON	18	West Suffolk	1:09.11	551

EVENT 409 FINAL OF EVENT 302 Mens Open 100m Backstroke

Senior Record 53.27 Junior Record 56.29

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Oliver FITT	17	St Ives	55.80	673	27.11
2.	Samuel PEASE	17	Basildon Ph	56.74	640	27.89
3.	Jamie SCHOLLES	16	Co Peterboro	56.87	636	27.77
4.	Charlie POND THOMPSON	23	Hatfield	58.05	598	28.12
5.	Thomas CLARE	15	teamipswich	58.54	583	28.31
6.	Harry CONSTANTINE	16	Hatfield	1:00.72	522	29.66
7.	Nathan WELLS	18	West Norfolk	1:01.04	514	29.42
8.	Jack SPENCE	22	Hemel Hemp	1:01.67	499	29.00

EVENT 410 FINAL OF EVENT 303 Womens Open 100m Freestyle

Senior Record 54.49 Junior Record 56.18

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Mollie ALLEN	18	Co Peterboro	57.22	704	27.59
2.	Elinah PHILLIP	16	Bishop Stort	57.35	699	27.59
3.	Rebecca SHERWIN	16	teamipswich	58.37	663	28.15
4.	Lauren SIMPKINS	18	Putteridge	58.52	658	28.17
5.	Mia MASPERS	14	teamipswich	58.64	654	28.45
6.	Meghan MAYBANKS	16	DunmowAtlant	59.29	633	28.26
7.	Molly OLLINGTON	18	West Suffolk	1:00.50	595	29.02
8.	Rachel WELLINGS	16	Co Peterboro	1:01.26	573	29.18

EVENT 411 FINAL OF EVENT 304 Mens Open 200m Freestyle

Senior Record 1:47.86 Junior Record 1:52.09

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Regan LLOYD	19	teamipswich	1:49.62	744	25.98	54.33	1:22.07
2.	Luke TURLEY	16	Hatfield	1:52.05	697	27.33	56.14	1:24.17
3.	Conor HARROLD	23	Basildon Ph	1:53.59	669	26.98	55.71	1:24.67
4.	Nathan WELLS	18	West Norfolk	1:54.20	658	26.85	56.14	1:25.29
5.	Daniel LEIGH	17	Co Peterboro	1:57.48	605	27.01	56.93	1:27.42
6.	Nathan HUGHES	16	Hatfield	1:58.23	593	27.14	56.90	1:27.15
7.	Harry CONSTANTINE	16	Hatfield	1:59.22	579	27.68	58.02	1:28.78
8.	Jamie SCHOLLES	16	Co Peterboro	1:59.67	572	26.78	57.47	1:29.28

EVENT 412 FINAL OF EVENT 305 Womens Open 50m Butterfly

Senior Record 27.02 Junior Record 27.92

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Georgina PRYOR	18	Harlow Pen	27.39	705
2.	Holly HILDREW	17	Basildon Ph	28.45	629
3.	Rebecca BURTON	18	Co Peterboro	28.74	610
4.	Mollie ALLEN	18	Co Peterboro	29.09	588
5.	Georgina TALLON	16	Potters Bar	29.14	585
6.	Poppy RICHARDSON	15	Co Peterboro	29.30	576
7.	Molly OLLINGTON	18	West Suffolk	29.85	566
8.	Elinah PHILLIP	16	Bishop Stort	29.91	541



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EVENT 413 FINAL OF EVENT 306 Mens Open 50m Butterfly

Senior Record 24.86 Junior Record 25.96

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Sonny TRIGG	21	teamipswich	25.56	620
2.	Dominic SCIFO	17	teamipswich	25.61	616
3.	Liam CURRAN	18	Putteridge	25.73	608
4.	Lee BAKER	21	Harlow Pen	25.98	590
5.	Benjamin GARRATT	16	Hatfield	26.35	566
6.	Calum FERGUSON	20	Co Cambridge	26.42	561
7.	Cameron MANLEY	17	Linslade	26.53	554
8.	Jamie MCLAUGHLIN	19	DunmowAtlant	26.69	544

EVENT 414 FINAL OF EVENT 307 Womens Open 200m Backstroke

Senior Record 2:11.56 Junior Record 2:12.65

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Rebecca SHERWIN	16	teamipswich	2:14.77	692	31.20	1:05.05	1:40.05
2.	Bethany SAUNDERS	17	Co Peterboro	2:15.20	685	31.96	1:05.73	1:40.33
3.	Rachel WELLINGS	16	Co Peterboro	2:17.32	654	31.52	1:05.89	1:41.63
4.	Maddison SAUNDERS	15	Co Peterboro	2:20.05	617	32.80	1:08.39	1:44.74
5.	Megan PYE	14	UEA Norwich	2:20.71	608	32.17	1:08.17	1:45.16
6.	Lauren STOTT	14	Co St Albans	2:21.06	603	32.66	1:07.98	1:44.73
7.	Niamh JAMES	15	Bishop Stort	2:22.28	588	33.35	1:09.54	1:46.03



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EVENT 415 Mens Open 400m Freestyle Team

Record 3:22.98

Full Results

Place	Name	Club	Time	FINA Pt			
1.	Putteridge	Putteridge	3:30.66	658			
		Lawrence PALMER		52.87	25.71	27.16	
		Liam CURRAN		53.34	25.35	27.99	
		Jordan BATSON		53.28	25.24	28.04	
		Brandon NABARRO		51.17	24.37	26.80	
2.	Hatfield SC - A	Hatfield	3:30.68	658			
		Harry CONSTANTINE		53.58	25.75	27.83	
		Nathan HUGHES		52.98	25.89	27.09	
		Reese HOUSDEN		53.55	25.55	28.00	
		Luke TURLEY		50.57	24.74	25.83	
3.	Basildon and Phoenix S	Basildon Ph	3:31.01	655			
		Tyler BERRY		54.11	26.00	28.11	
		Reece NICHOLLS		53.30	25.58	27.72	
		Harvey JOLLY		52.83	24.82	28.01	
		Conor HARROLD		50.77	24.23	26.54	
4.	City of Cambridge SC	Co Cambridge	3:31.31	652			
		Erik SULLIVAN		52.89	25.15	27.74	
		Matthew TITMAN		54.41	25.91	28.50	
		Jake MOXHAM		53.21	25.48	27.73	
		Henry CHOONG		50.80	23.91	26.89	
5.	Potters Bar SC	Potters Bar	3:34.54	623			
		James WOODWARD		53.39	25.84	27.55	
		David SHIPMAN		55.34	26.46	28.88	
		Adam MARTIN		54.12	25.58	28.54	
		Joel KNIGHT		51.69	24.89	26.80	
6.	City Of Peterborough A	Co Peterboro	3:36.13	610			
		Myles ROBINSON-YOUNG		54.56	26.54	28.02	
		Thomas WIGGINS		54.81	26.05	28.76	
		Daniel LEIGH		53.77	25.58	28.19	
		Jamie SCHOLES		52.99	25.61	27.38	
7.	Hemel Hempstead A	Hemel Hemp	3:38.94	586			
		Joshua GAINES		56.37	26.83	29.54	
		Joseph GILLIAM		54.76	25.77	28.99	
		Jack CHRISTIE		53.92	25.85	28.07	
		Jack SPENCE		53.89	25.09	28.80	
8.	Hatfield SC - B	Hatfield	3:40.99	570			
		Charlie POND THOMPSON		54.37	26.07	28.30	
		Luke SUGDEN		54.46	26.33	28.13	
		Lucas DYSON-DIAZ		55.92	26.03	29.89	
		Benjamin GARRATT		56.24	26.79	29.45	
9.	Hitchin SC	Hitchin	3:42.38	560			
		Alec BURCHELL		55.23	26.16	29.07	
		Martin RUSSELL-ROGERS		57.17	27.05	30.12	
		Sam GAMBLE		56.02	25.66	30.36	
		Alex EVENS		53.96	25.16	28.80	
10.	Beccles Town SC	Beccles Town	3:43.07	554			
		Ross BARNSHAW		57.58	27.24	30.34	
		Troy DOUGLAS-COLLOW		54.37	25.31	29.06	
		Dalton YALLOP		53.84	25.36	28.48	
		Callum THURSTON-WOOLNOUGH		57.28	26.86	30.42	
11.	Hatfield SC - C	Hatfield	3:44.92	541			
		Max JELFS		56.67	27.29	29.38	
		Charles RAYNER		56.04	26.55	29.49	
		Elliot WYLIE		55.76	26.11	29.65	
		Ayotobi LAGUDA		56.45	26.58	29.87	
12.	Berkhamsted SC	Berkhamsted	3:45.12	539			
		James CHENNELLS		56.35	26.98	29.37	
		Jordan NORTHWOOD		55.26	25.90	29.36	
		Ismail RAHIM		57.58	27.21	30.37	
		Christian NEL		55.93	25.80	30.13	
13.	Bishops Stortford SC	Bishop Stort	3:47.12	525			
		Matteo TONTODONATI		58.85	27.96	30.89	
		Daniel CHADA		56.70	26.00	30.70	
		Callum DAVIS		56.71	26.28	30.43	
		Bradley VEITCH		54.86	26.52	28.34	
14.	City of St Albans SC	Co St Albans	3:51.07	499			
		Jude LIDDIARD		57.00	27.36	29.64	
		Michael RIPPER		57.42	27.22	30.20	
		Thomas CADENHEAD		58.01	27.75	30.26	
		William LOVEMAN		58.64	27.78	30.86	
15.	Hemel Hempstead B	Hemel Hemp	3:56.73	464			
		Kyle HOLMES		58.53	27.92	30.61	
		Ashley COOMBS		57.95	26.69	31.26	
		Harrison NEWBURY-KEMP		1.00.21	28.10	32.11	
		Jacob HUTCHINGS		1.00.04	28.36	31.68	
16.	Harpenden SC	Harpenden	4:01.82	435			
		Angus HARROW		1.00.78	29.02	31.76	
		Edward CAMPFIELD		1.02.22	30.31	31.91	
		Yannik WILSON		59.11	28.60	30.51	
		John TELENSKY		59.71	27.66	32.05	
	Leighton Buzzard SC	Leighton Buz	DQ				
		Leone CRICK		57.34	27.29	30.05	
		Conor O'GORMAN		55.87	25.95	29.92	
		Jack WEARS		54.58	26.66	27.92	
		Harry WEARS		24.70	24.70		



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EVENT 416 Womens Open 400m Medley Team

Record 4:12.01

Full Results

Place	Name	Club	Time	FINA Pt		
1.	City of Peterborough A	Co Peterboro	4:13.56	700		
		Rachel WELLINGS		1.02.98	30.60	32.38
		Leah ROUGHAN		1.11.27	33.59	37.68
		Rebecca BURTON		1.02.16	28.55	33.61
		Mollie ALLEN		57.15	27.01	30.14
2.	City of Peterborough B	Co Peterboro	4:20.12	648		
		Bethany SAUNDERS		1.03.22	30.72	32.50
		Amelia MONAGHAN		1.13.15	34.14	39.01
		Poppy RICHARDSON		1.03.88	29.56	34.32
		Anna BLAKELEY		59.87	28.35	31.52
3.	UEA City of Norwich A	UEA Norwich	4:21.85	636		
		Maisie EASTER		1.05.38	31.25	34.13
		Louise BUSH		1.14.06	34.40	39.66
		Rikke NAGELL-KLEVEN		1.03.97	29.71	34.26
		Charlotte WALKER		58.44	28.10	30.34
4.	City of Cambridge SC	Co Cambridge	4:24.32	618		
		Lauren HALL		1.04.77	31.52	33.25
		Kathryn LOVEYS		1.14.17	33.78	40.39
		Amy FELGATE		1.06.12	30.75	35.37
		Millie EMMANS		59.26	28.52	30.74
5.	Bishops Stortford SC	Bishop Stort	4:31.50	570		
		Niamh JAMES		1.07.99	33.14	34.85
		Cira FLETCHER		1.19.03	36.53	42.50
		Amy YOUNG		1.06.12	30.09	36.03
		Elinah PHILLIP		58.36	28.07	30.29
6.	Hatfield SC - A	Hatfield	4:31.58	570		
		Grace WYLIE		1.06.95	32.52	34.43
		Sophie PAYNE		1.15.53	35.66	39.87
		Sara KALAWSKA		1.07.26	31.09	36.17
		Amber HUGHES		1.01.84	29.86	31.98
7.	City of St Albans SC	Co St Albans	4:31.62	569		
		Georgina LAWSON		1.07.76	32.25	35.51
		Jessica LAITNER		1.18.54	36.30	42.24
		Shannon STOTT		1.05.56	30.25	35.31
		Beatrice BARDER		59.76	28.32	31.44
8.	Basildon and Phoenix S	Basildon Ph	4:33.47	558		
		Tia COLBY		1.09.23	33.04	36.19
		Vejune PETRAITYTE		1.16.95	35.46	41.49
		Holly HILDREW		1.06.13	29.92	36.21
		Macy LAWRENCE		1.01.16	28.21	32.95
9.	Hatfield SC - B	Hatfield	4:33.75	556		
		Bailey WILKES		1.08.37	33.26	35.11
		Nadine SMITH		1.15.43	35.61	39.82
		Louise FIDDES		1.08.01	31.94	36.07
		Lauren BAKER		1.01.94	29.42	32.52
10.	Potters Bar SC	Potters Bar	4:40.09	519		
		Chloe JACOBS		1.10.68	33.99	36.69
		Jessica WOODWARD		1.21.01	37.64	43.37
		Georgina TALLON		1.09.26	30.83	38.43
		Katie CONYERS		59.14	28.11	31.03
11.	Hemel Hempstead A	Hemel Hemp	4:42.13	508		
		Keelin MCKENNA		1.08.40	32.50	35.90
		Eleanor BEVAN		1.19.79	37.00	42.79
		Leanne ABREY		1.13.93	33.79	40.14
		Alice FENDER		1.00.01	28.63	31.38
12.	Harpenden SC	Harpenden	4:42.25	507		
		Claire BURRELL		1.07.29	32.32	34.97
		Juliet MERELIE		1.19.09	37.31	41.78
		Larissa DEAN		1.12.79	34.07	38.72
		Agnes BURNS		1.03.08	29.52	33.56
13.	Hatfield SC - C	Hatfield	4:45.10	492		
		Libby MCGILL		1.10.92	33.61	37.31
		Alara NORTON		1.17.69	36.18	41.51
		Amber SHINE		1.11.23	32.98	38.25
		Lauren YOUNG		1.05.26	31.08	34.18
14.	Brentwood SC	Brentwood	4:45.82	489		
		Emily GREEN		1.07.68	33.04	34.64
		Hannah GOLD		1.26.85	40.35	46.50
		Millie WARD		1.10.76	33.26	37.50
		Rebecca STROUD		1.00.53	28.66	31.87
15.	Hemel Hempstead B	Hemel Hemp	4:52.13	458		
		Rebecca SEWELL		1.10.58	33.88	36.70
		Georgia PURKIS		1.22.89	38.27	44.62
		Rebecca HOPPER		1.17.42	33.92	43.50
		Shona MCKENNA		1.01.24	28.39	32.85
Leighton Buzzard SC		Leighton Buz	DQ			
		Sammy HUMPHREY		1.09.97	33.82	36.15
		Emma IRVINE		1.21.81	37.49	44.32
		Lauren GRICE		1.07.01	30.92	36.09
		Jessica PAYNE		30.57	30.57	