



East Swimming

2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



EVENT 301 Womens Open 400m IM

Senior Record 4:38.45 Junior Record 4:38.91

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Leah ROUGHAN	17	Co Peterboro	4:51.82	702
	50m 30.98	100m 1:06.27	150m 1:45.99	200m 2:25.11	250m 3:05.00
2.	Poppy RICHARDSON	15	Co Peterboro	4:59.20	652
	50m 30.95	100m 1:06.67	150m 1:45.38	200m 2:24.07	250m 3:07.65
3.	Amelia MONAGHAN	14	Co Peterboro	5:00.73	642
	50m 32.84	100m 1:10.58	150m 1:49.40	200m 2:27.05	250m 3:08.24
4.	Ellie WHEELER	14	Basildon Ph	5:03.35	625
	50m 33.14	100m 1:10.75	150m 1:50.48	200m 2:27.33	250m 3:10.36
5.	Mia LEECH	14	Co Peterboro	5:04.19	620
	50m 31.92	100m 1:09.05	150m 1:48.35	200m 2:27.53	250m 3:11.55
6.	Lauren HARRISON	15	Co Peterboro	5:04.33	619
	50m 32.41	100m 1:11.28	150m 1:51.35	200m 2:31.24	250m 3:12.19
7.	Sophie TAYLOR	15	St Felix Sch	5:09.75	587
	50m 34.14	100m 1:14.10	150m 1:52.72	200m 2:31.12	250m 3:14.59
8.	Amber HUGHES	17	Hatfield	5:10.62	582
	50m 34.36	100m 1:13.69	150m 1:53.75	200m 2:32.87	250m 3:17.54
9.	Jessica WESTLAKE	17	St Felix Sch	5:13.42	567
	50m 32.48	100m 1:11.13	150m 1:51.19	200m 2:30.40	250m 3:16.52
10.	Celyn WALMSLEY	15	Team Luton	5:13.61	566
	50m 34.02	100m 1:14.10	150m 1:53.11	200m 2:31.09	250m 3:15.05
11.	Matilda MEYRICK	13	Norfolk Vikg	5:13.71	565
	50m 33.57	100m 1:12.18	150m 1:49.91	200m 2:27.32	250m 3:15.42
12.	Annabelle KITCHING	14	Chelmsford	5:14.41	561
	50m 33.54	100m 1:11.95	150m 1:52.29	200m 2:31.45	250m 3:18.77
13.	Sophie PICKERING	16	teamipswich	5:15.45	556
	50m 34.23	100m 1:12.73	150m 1:52.66	200m 2:30.98	250m 3:16.88
14.	Dina DAY	17	Basildon Ph	5:15.93	553
	50m 33.78	100m 1:12.29	150m 1:53.32	200m 2:33.06	250m 3:18.84
15.	Zara KEEGAN	14	Co Cambridge	5:16.70	549
	50m 34.96	100m 1:15.06	150m 1:57.12	200m 2:39.14	250m 3:21.63
16.	Chantal SMITH	16	Team Luton	5:17.39	546
	50m 33.26	100m 1:12.08	150m 1:54.78	200m 2:36.76	250m 3:21.78
17.	Tegan WOLLASTON	17	Cheshunt	5:18.23	541
	50m 33.85	100m 1:13.17	150m 1:53.97	200m 2:34.56	250m 3:22.29
18.	Lauren GRICE	17	Mid Beds	5:19.99	533
	50m 31.92	100m 1:10.19	150m 1:50.50	200m 2:30.74	250m 3:18.77
19.	Alice FENDER	15	Hemel Hemp	5:20.11	532
	50m 34.05	100m 1:15.13	150m 1:57.48	200m 2:38.73	250m 3:22.13
20.	Melissa ELEY	16	Chelmsford	5:20.36	531
	50m 32.61	100m 1:12.02	150m 1:52.19	200m 2:32.20	250m 3:20.45
21.	Tia GARDINER	14	Chelmsford	5:20.70	529
	50m 32.92	100m 1:11.74	150m 1:51.76	200m 2:30.99	250m 3:18.80
22.	Tilly ANEMA	15	Norwich Swan	5:22.34	521
	50m 34.50	100m 1:16.14	150m 1:55.38	200m 2:33.69	250m 3:21.69
23.	Ellie RUNNALLS	14	DunmowAtlant	5:22.53	520
	50m 34.15	100m 1:14.87	150m 1:55.93	200m 2:35.76	250m 3:22.88
24.	Georgina CURTIS	16	Mid Beds	5:22.90	518
	50m 33.03	100m 1:11.75	150m 1:51.17	200m 2:30.51	250m 3:17.60
24.	Tia WILSON	14	Modemians	5:22.90	518
	50m 34.35	100m 1:15.42	150m 1:56.01	200m 2:36.16	250m 3:24.11
26.	Beth EDWARDS	16	West Suffolk	5:23.27	517
	50m 33.56	100m 1:14.32	150m 1:55.36	200m 2:36.08	250m 3:22.57
27.	Ella HALE	13	West Suffolk	5:23.80	514
	50m 32.77	100m 1:13.13	150m 1:55.62	200m 2:36.82	250m 3:23.01
27.	Niamh PERRY	14	West Suffolk	5:23.80	514
	50m 33.35	100m 1:12.93	150m 1:55.08	200m 2:36.51	250m 3:23.90
29.	Rachael JOHNSON	14	West Norfolk	5:24.51	511
	50m 34.61	100m 1:16.77	150m 1:57.33	200m 2:37.46	250m 3:24.68
30.	Emily JONES	14	Modemians	5:24.69	510
	50m 32.95	100m 1:13.94	150m 1:54.77	200m 2:34.53	250m 3:24.07
31.	Jessica WOODWARD	13	Potters Bar	5:24.82	509
	50m 33.31	100m 1:12.99	150m 1:54.68	200m 2:35.99	250m 3:22.83
32.	Peyton EWBANK	16	Norwich Swan	5:25.53	506
	50m 33.91	100m 1:14.15	150m 1:54.80	200m 2:34.83	250m 3:24.66
33.	Juliet MERELIE	18	Harpenden	5:26.54	501
	50m 35.67	100m 1:18.53	150m 2:02.35	200m 2:45.12	250m 3:30.47
34.	Lorena PROWSE GARCIA	14	Co Cambridge	5:27.26	498
	50m 36.06	100m 1:17.26	150m 1:59.73	200m 2:40.61	250m 3:25.78
35.	Imogen BLOOMFIELD	13	Co Cambridge	5:27.82	495
	50m 34.95	100m 1:18.36	150m 2:01.36	200m 2:42.69	250m 3:28.06
36.	Amber HEAD	14	Rochford	5:28.34	493
	50m 35.07	100m 1:16.27	150m 1:58.62	200m 2:39.51	250m 3:25.40
37.	Bethany PALMER	18	UEA Norwich	5:28.39	493
	50m 34.68	100m 1:14.84	150m 1:56.61	200m 2:36.89	250m 3:25.53
38.	Hannah TAPLIN	15	Deben	5:28.69	491
	50m 34.82	100m 1:15.59	150m 1:55.86	200m 2:36.18	250m 3:24.62
39.	Lauren GOODYER	16	Mid Beds	5:29.03	490
	50m 35.32	100m 1:16.44	150m 1:58.79	200m 2:39.94	250m 3:26.20
40.	Jessica FARROW	16	Hatfield	5:29.07	490
	50m 34.25	100m 1:13.23	150m 1:55.53	200m 2:37.77	250m 3:24.05



East Swimming 2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



41. Isabelle SOULSBY	13 Berkhamsted	5:35.30	463						
50m 35.08	100m 1:17.48	150m 1:59.43	200m 2:39.74	250m 3:29.72	300m 4:19.62	350m 4:57.13	400m 5:35.30		
42. Rebecca MERRILL	15 Norwich Swan	5:39.38	446						
50m 35.88	100m 1:19.34	150m 2:02.90	200m 2:45.43	250m 3:33.03	300m 4:21.27	350m 5:01.34	400m 5:39.38		
43. Leanne ABREY	15 Hemel Hemp	5:40.53	442						
50m 34.46	100m 1:16.88	150m 2:01.50	200m 2:45.09	250m 3:31.47	300m 4:21.15	350m 5:01.81	400m 5:40.53		
44. Victoria POPE	16 Watford SC	5:41.63	438						
50m 35.69	100m 1:20.42	150m 2:02.08	200m 2:43.66	250m 3:32.59	300m 4:22.96	350m 5:03.51	400m 5:41.63		
Almudena VISSER VELEZ	14 Co Cambridge	DQ							
Lucie PECK	13 West Norfolk	DQ							
Erin O'MEARA	13 Watford SC	DQ							



East Swimming

2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



EVENT 302 Mens Open 100m Backstroke

Senior Record 53.27 Junior Record 56.29

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Oliver FITT	17	St Ives		57.00	632	27.84
2.	Jamie SCHOLLES	16	Co Peterboro		57.20	625	27.95
3.	Samuel PEASE	17	Basildon Ph		57.47	616	28.22
4.	Charlie POND THOMPSON	23	Hatfield		58.03	599	27.58
5.	Thomas CLARE	15	teamipswich		58.14	595	28.27
6.	Nathan WELLS	18	West Norfolk		58.38	588	-
7.	Jack SPENCE	22	Hemel Hemp		58.48	585	-
8.	Harry CONSTANTINE	16	Hatfield		58.80	575	28.39
9.	Matthew GRAY	16	Co Peterboro		58.95	571	28.53
10.	Liam CURRAN	18	Putteridge		59.51	555	28.29
11.	Reece NICHOLLS	16	Basildon Ph	1:00.03	541	29.09	
12.	Ryan KELLY	17	Chelmsford	1:00.14	538	29.15	
13.	Tyler BERRY	16	Basildon Ph	1:00.44	530	29.04	
14.	Elliot WYLIE	17	Hatfield	1:00.51	528	29.15	
15.	Joshua GAINES	18	Hemel Hemp	1:00.55	527	29.76	
16.	James COOPER	14	Basildon Ph	1:00.71	523	29.47	
17.	Louis SPONG	17	DunmowAtlant	1:00.82	520	29.55	
18.	Max JELFS	15	Hatfield	1:01.16	511	29.51	
19.	Manfred BATTLE	14	Stowmarket	1:01.35	507	29.70	
20.	Troy DOUGLAS-COLLOW	20	Beccles Town	1:01.52	502	29.41	
21.	Myles TURNER	16	West Suffolk	1:01.55	502	30.61	
22.	Liam BRENNAN	14	Basildon Ph	1:01.56	501	29.47	
23.	Michael LARDNER	17	St Ives	1:01.59	501	29.57	
24.	Samuel PERKS	14	Basildon Ph	1:01.67	499	29.63	
25.	Conor O'GORMAN	18	Leighton Buz	1:01.77	496	29.83	
26.	Jonathon ADAM	14	Co Cambridge	1:01.87	494	29.65	
27.	Daniel CHADA	15	Bishop Stort	1:01.94	492	29.51	
28.	Jack BOWYER	14	West Suffolk	1:02.08	489	30.32	
29.	Cameron MANLEY	17	Linslade	1:02.10	488	29.91	
30.	Daniel HILL	17	Linslade	1:02.22	486	30.31	
31.	Ryan SMITH	16	UEA Norwich	1:02.23	485	29.55	
32.	Sam GAMBLE	17	Hitchin	1:02.25	485	30.17	
33.	Dalton YALLOP	19	Beccles Town	1:02.59	477	29.66	
34.	Joshua SMITH	15	DunmowAtlant	1:02.69	475	29.57	
35.	John BOYLE	15	DunmowAtlant	1:02.76	473	30.43	
36.	Leone CRICK	18	Leighton Buz	1:02.77	473	30.58	
37.	Charles FYNN	17	Co Cambridge	1:02.83	472	30.22	
38.	Oliver KENNY	19	West Norfolk	1:02.85	471	30.10	
39.	Lewis BAYLEY	15	Southend	1:02.91	470	30.33	
40.	Oliver LANGFORD	17	Modernians	1:02.99	468	30.76	
41.	Jordan CATCHPOLE	17	UEA Norwich	14 1:03.11	465	30.16	
42.	Thomas BOYT	17	Felixstowe	1:03.13	465	30.89	
43.	Harry FOX	17	Basildon Ph	1:03.32	461	30.27	
44.	Jack SANGSTER	15	Modernians	1:03.48	457	31.31	
45.	Harry EADE	16	teamipswich	1:03.65	454	30.81	
46.	Bayley FINBOW	16	teamipswich	1:03.85	449	30.93	
47.	Thomas STRAKOSCH	19	Berkhamsted	1:04.40	438	31.13	
48.	Jack TREMAIN	14	Modernians	1:04.51	436	31.05	
49.	Charles RENNIE	15	Braintree	1:04.58	434	31.24	
50.	Ben HUNT	17	Harlow Pen	1:04.82	429	30.94	
51.	Theo PARK	18	Leiston	1:04.87	428	31.21	
52.	Callum THURSTON-WOOLNOUGH	16	Beccles Town	1:04.96	427	30.95	
53.	Joseph WELLS	17	West Norfolk	1:04.97	426	31.24	
54.	James COOK	17	Biggleswade	1:05.07	424	31.44	
55.	Jack EMERSON	16	Hitchin	1:05.18	422	31.73	
56.	Matteo TONTODONATI	15	Bishop Stort	1:05.21	422	31.45	
57.	Alex WALMSLEY	16	teamipswich	1:05.22	422	31.31	
58.	Ryan JARVIS	17	Putteridge	1:05.27	421	31.12	
59.	Matthew TITMAN	15	Co Cambridge	1:05.35	419	30.99	
60.	Michael JUDD	18	Dunstable	1:05.36	419	31.17	
61.	Elliott DAY	14	teamipswich	1:05.43	417	31.32	
62.	Samuel WORTLEY	15	West Suffolk	1:05.68	413	32.10	
63.	Taylor BOWEN	15	West Suffolk	1:05.81	410	32.05	
64.	Michael RIPPER	15	Co St Albans	1:05.84	410	31.21	
65.	Callum WOLLASTON	15	Cheshunt	1:05.90	409	31.80	
66.	Thomas STANBURY	15	Potters Bar	1:06.02	406	31.33	
67.	Jack RYAN	16	Biggleswade	1:06.59	396	32.47	
68.	Adam MARTIN	16	Potters Bar	1:08.35	366	33.35	
	Herbie KINDER	14	Co Peterboro		DNC		
	Jordan NORTHWOOD	17	Berkhamsted		DQ		

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Jordan CATCHPOLE	17	UEA Norwich	14	1:03.11	800	30.16



East Swimming

2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



EVENT 303 Womens Open 100m Freestyle

Senior Record 54.49 Junior Record 56.18

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Mollie ALLEN	18	Co Peterboro		56.45	733	26.97
2.	Elinah PHILLIP	16	Bishop Stort		56.94	714	27.31
3.	Mia MASPERS	14	teamipswich		57.41	697	27.99
4.	Martha DULEY	17	Colchester		57.71	686	27.69
5.	Rebecca SHERWIN	16	teamipswich		57.81	682	27.64
6.	Rachel WELLINGS	16	Co Peterboro		57.97	677	27.98
7.	Lauren SIMPKINS	18	Putteridge		58.04	674	27.69
8.	Molly OLLINGTON	18	West Suffolk		58.36	663	28.34
9.	Meghan MAYBANKS	16	DunmowAtlant		58.44	661	27.39
10.	Abigail WHITING	17	West Norfolk		58.49	659	28.10
11.	Bethany SAUNDERS	17	Co Peterboro		58.72	651	28.16
12.	Holly HILDREW	17	Basildon Ph		58.79	649	27.71
13.	Jessica-Jane APPLEGATE	20	UEA Norwich	14	58.91	645	28.16
14.	Charlotte WALKER	14	UEA Norwich		59.12	638	28.46
15.	Chloe LENCE	15	Modernians		59.21	635	28.75
16.	Elinor DULEY	16	Colchester		59.28	633	28.45
17.	Macy LAWRENCE	14	Basildon Ph		59.46	627	28.42
18.	Lauren WATT	15	Newmarket		59.47	627	28.50
18.	Poppy RICHARDSON	15	Co Peterboro		59.47	627	28.82
20.	Anna BLAKELEY	14	Co Peterboro		59.51	626	28.53
21.	Amy PEMBERTON	15	Berkhamsted		59.56	624	-
22.	Abbie LOW	14	Chelmsford		59.75	618	28.83
23.	Josie PRETIOUS-WHITE	15	Bishop Stort		59.91	613	28.60
24.	Leanne CAREY	17	Watford SC		1:00.07	608	28.70
25.	Millie EMMANS	17	Co Cambridge		1:00.21	604	-
26.	Amy YOUNG	17	Bishop Stort		1:00.22	604	28.96
27.	Cathryn THOMSON	26	St Ives		1:00.24	603	-
28.	Shannon STOTT	16	Co St Albans		1:00.26	603	28.89
29.	Angharad EVANS	13	West Suffolk		1:00.33	600	29.31
30.	Katie CONYERS	16	Potters Bar		1:00.38	599	28.69
31.	Faye HERMON	17	Felixstowe		1:00.39	599	29.17
32.	Kioni BROOMFIELD	16	Dereham		1:00.42	598	-
32.	Amelia PEDDLE	16	Epping For't		1:00.42	598	29.14
34.	Chloe MOLONEY	14	DunmowAtlant		1:00.46	597	-
35.	Mia CARTER	14	Bishop Stort		1:00.69	590	29.20
36.	Francesca CROCKER	16	St Ives		1:00.78	587	29.20
37.	Annabelle BURGESS	13	teamipswich		1:00.82	586	-
38.	Sonia TUMIOTTO	15	St Felix Sch		1:00.85	585	-
39.	Georgina PRYOR	18	Harlow Pen		1:00.95	582	28.58
40.	Alice FENDER	15	Hemel Hemp		1:01.02	580	29.65
41.	Lauren HALL	17	Co Cambridge		1:01.05	579	29.16
42.	Beth EDWARDS	16	West Suffolk		1:01.07	579	-
43.	Safia BUTTON	12	teamipswich		1:01.11	578	29.78
44.	Sara KALAWSKA	13	Hatfield		1:01.13	577	30.28
44.	Tara COLEMAN	20	Leiston		1:01.13	577	28.63
46.	Lily MERRETT	13	Hoddesdon		1:01.15	577	29.52
47.	Mackenzie WHYATT	14	Co Peterboro		1:01.17	576	29.15
48.	Rebecca STROUD	14	Brentwood		1:01.24	574	29.33
49.	Emily LUSH	14	Cheshunt		1:01.38	570	29.58
50.	Beatrice BARDER	17	Co St Albans		1:01.39	570	29.55
51.	Abigail GREEN	16	Watford SC		1:01.50	567	29.16
52.	Rebecca WATT	14	DunmowAtlant		1:01.55	565	28.97
53.	Tia WILSON	14	Modernians		1:01.63	563	29.85
54.	Niamh ADCOCK	15	UEA Norwich		1:01.73	560	29.99
55.	Tia GARDINER	14	Chelmsford		1:01.75	560	30.06
56.	Erin LEE	14	Basildon Ph		1:01.81	558	30.00
57.	Georgina TALLON	16	Potters Bar		1:01.87	557	29.97
57.	Maddison SAUNDERS	15	Co Peterboro		1:01.87	557	30.09
59.	Melissa ELEY	16	Chelmsford		1:01.89	556	29.63
60.	Georgia HARROD	16	DunmowAtlant		1:01.98	554	29.37
61.	Angel DUNDERDALE	15	UEA Norwich		1:02.00	553	29.44
62.	Libby DUNFORD	13	Hoddesdon		1:02.04	552	29.36
63.	Bailey WILKES	15	Hatfield		1:02.32	545	30.27
64.	Caitlin WATSON-DOTCHIN	15	Basildon Ph		1:02.43	542	30.43
64.	Tegan WOLLASTON	17	Cheshunt		1:02.43	542	30.49
66.	Jade GOODE	13	Co Peterboro		1:02.46	541	29.89
67.	Sacha THOMAS	13	UEA Norwich		1:02.51	540	30.01
68.	Eleanor LLEWELLYN	16	West Suffolk		1:02.58	538	30.50
69.	Katie HAMMOND	13	Co Cambridge		1:02.59	538	30.47
69.	Carys BREALEY	12	Harlow Pen		1:02.59	538	30.72
71.	Megan SAMUELS	15	Chelmsford		1:02.69	535	29.71
71.	Emily HILLS	16	Harlow Pen		1:02.69	535	29.74
73.	Emily JONES	14	Modernians		1:02.73	534	29.84
74.	Ella HALE	13	West Suffolk		1:02.75	534	30.25
75.	Celeste ANDREW	15	Harlow Pen		1:02.78	533	29.88
76.	Emily LAMPON	17	Bishop Stort		1:02.80	532	30.39
77.	Lauren THOMAS	14	Mid Beds		1:02.81	532	30.12
78.	Lucy PARK	20	Watford SC		1:02.82	532	30.41
79.	Matilda MEYRICK	13	Norfolk Vikg		1:02.88	530	30.30
80.	Natasha BENTLEY	14	Hatfield		1:02.91	529	30.56



East Swimming 2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



81. Georgia PURKIS	14	Hemel Hemp	1:02.93	529	30.25
82. Fern MORRIN	14	teamipswich	1:03.00	527	30.09
83. Bethany PALMER	18	UEA Norwich	1:03.17	523	31.19
84. Eloise CONWAY	16	Halstead	1:03.19	522	30.37
85. Elinor MACDONALD	18	Berkhamsted	1:03.22	522	30.04
86. Ceri HEARD	17	Watford SC	1:03.25	521	30.35
87. Amber SHINE	16	Hatfield	1:03.32	519	30.86
88. Jessica TURLEY	14	Hatfield	1:03.39	518	31.05
89. Lauren BAKER	21	Hatfield	1:03.41	517	30.56
90. Iona TRAINER	13	Co Ely	1:03.53	514	30.10
91. Sian JONES	17	Biggleswade	1:03.67	511	30.51
92. Lija RADZIUNAITE	14	Stowmarket	1:03.70	510	30.52
93. Millie WARD	14	Brentwood	1:03.77	508	30.91
94. Olivia SMITH-LAL	18	Harlow Pen	1:03.80	508	30.52
95. Niamh PERRY	14	West Suffolk	1:03.86	506	31.29
96. Rebecca DACK	14	DunmowAtlant	1:03.89	505	31.12
97. Lorena PROWSE GARCIA	14	Co Cambridge	1:03.91	505	30.40
98. Megan COOK	16	Harlow Pen	1:04.04	502	30.63
99. Lauren YOUNG	13	Hatfield	1:04.09	501	30.85
100. Cira FLETCHER	18	Bishop Stort	1:04.10	500	30.80
101. Maisie EASTER	14	UEA Norwich	1:04.15	499	30.20
102. Annalise WRIGHT	16	Linslade	1:04.53	491	30.75
103. Amelia MONAGHAN	14	Co Peterboro	1:04.62	488	30.58
104. Gemma TROTT	17	Mid Beds	1:05.02	480	30.46
105. Sophie TAYLOR	15	St Felix Sch	1:05.32	473	31.46
106. Hannah BRECKNELL	16	West Suffolk	1:05.33	473	31.55
107. Grace LEECH	14	Gt Yarmouth	1:07.28	433	30.36
108. Grace HARVEY	18	Hoddesdon	7 1:16.26	297	37.29
Jasmine SEAMARKS	16	Co Cambridge	DQ		

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Jessica-Jane APPLGATE	20	UEA Norwich	14	58.91	978	28.16
2.	Grace HARVEY	18	Hoddesdon	7	1:16.26	726	37.29



East Swimming 2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



EVENT 304 Mens Open 200m Freestyle

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Regan LLOYD	19	teamipswich		1:49.94	738	26.10	54.17	1:22.17
2.	Luke TURLEY	16	Hatfield		1:51.93	699	27.10	56.27	1:24.07
3.	Nathan WELLS	18	West Norfolk		1:52.11	696	26.06	54.45	1:23.41
4.	Conor HARROLD	23	Basildon Ph		1:52.88	682	25.99	54.00	1:23.28
5.	Harry CONSTANTINE	16	Hatfield		1:53.63	668	27.32	56.82	1:25.36
6.	Nathan HUGHES	16	Hatfield		1:54.49	653	26.81	56.12	1:25.93
7.	Daniel LEIGH	17	Co Peterboro		1:54.77	649	26.85	56.51	1:26.12
8.	Jamie SCHOLLES	16	Co Peterboro		1:54.87	647	26.54	56.02	1:25.81
9.	Reece NICHOLLS	16	Basildon Ph		1:55.31	639	27.23	56.97	1:26.47
10.	Luke SUGDEN	17	Hatfield		1:56.05	627	27.42	57.09	1:26.89
11.	Myles ROBINSON-YOUNG	14	Co Peterboro		1:56.29	623	27.24	56.49	1:26.86
12.	James WOODWARD	16	Potters Bar		1:56.31	623	27.02	57.25	1:27.94
13.	Reese HOUSDEN	14	Hatfield		1:56.54	619	27.61	57.30	1:27.39
14.	Mihai ANGHEL	20	teamipswich		1:56.76	616	26.56	55.59	1:26.01
15.	Thomas WIGGINS	17	Co Peterboro		1:57.54	604	27.17	56.86	1:27.21
15.	Samuel COTTEE	16	teamipswich		1:57.54	604	27.71	57.98	1:28.11
17.	Jake THOMAS-MANSFIELD	16	St Felix Sch		1:57.55	604	27.47	57.92	1:27.89
18.	Dominic SCIFO	17	teamipswich		1:57.58	603	26.39	55.81	1:26.42
19.	Erik SULLIVAN	22	Co Cambridge		1:57.75	601	27.19	56.86	1:27.23
20.	Max WILSON	16	Modernians		1:57.82	599	27.74	57.77	1:28.08
21.	Tyler BERRY	16	Basildon Ph		1:58.02	596	27.37	57.64	1:28.06
22.	Bradley VEITCH	17	Bishop Stort		1:58.40	591	27.72	57.22	1:28.15
23.	Alexander MASON	20	Team Luton		1:58.46	590	27.44	57.62	1:28.18
24.	Henry CHOONG	19	Co Cambridge		1:58.52	589	26.96	57.18	1:28.34
25.	Jake MOXHAM	14	Co Cambridge		1:58.83	584	28.12	59.71	1:31.01
26.	Myles TURNER	16	West Suffolk		1:59.25	578	28.30	58.77	1:29.36
27.	Harry WHITEMAN	16	Co Peterboro		1:59.31	577	27.59	58.20	1:29.23
28.	Alex EVENS	17	Hitchin		1:59.44	575	26.68	56.81	1:28.34
29.	Jack WEARS	17	Mid Beds		1:59.61	573	27.48	59.39	1:29.88
30.	Joshua FOWLES	17	Witham Dolph		1:59.95	568	27.70	58.33	1:29.35
31.	Elliot WYLIE	17	Hatfield		2:00.33	563	28.09	59.21	1:30.09
32.	Ayotobi LAGUDA	14	Hatfield		2:00.39	562	28.13	59.71	1:30.39
33.	Jamie MCCAFFRAY	15	Modernians		2:00.62	559	28.80	59.55	1:30.56
34.	Finlay RYAN	17	Norwich Swan		2:00.70	558	27.47	58.25	1:29.88
35.	Thomas HOVEN	17	UEA Norwich		2:00.92	554	27.62	58.58	1:30.84
36.	Joseph WELLS	17	West Norfolk		2:01.06	553	28.24	59.14	1:30.38
37.	Jack SPAIN	16	teamipswich		2:01.08	552	27.92	59.43	1:31.01
38.	Harvey NORMAN	15	Co Peterboro		2:01.37	548	27.89	58.63	1:30.22
39.	Max JELFS	15	Hatfield		2:01.39	548	27.74	58.62	1:30.07
40.	Michael RIPPER	15	Co St Albans		2:01.58	545	27.89	58.52	1:29.89
41.	Jude LIDDIARD	15	Co St Albans		2:01.63	545	27.89	58.84	1:30.31
42.	Ryan KELLY	17	Chelmsford		2:01.65	545	27.84	58.81	1:30.73
43.	Kyle PANTON	21	DunmowAtlant		2:01.70	544	27.64	58.14	1:30.01
44.	James BAYLEY	16	Basildon Ph		2:01.76	543	28.51	1:00.06	1:31.61
45.	James COOPER	14	Basildon Ph		2:02.07	539	28.57	59.75	1:31.60
46.	Ole MILLS	17	Halstead		2:02.09	539	28.30	59.36	1:30.89
47.	David SHIPMAN	16	Potters Bar		2:02.12	538	27.55	58.40	1:30.86
48.	Ralph MUNCER	15	Team Luton		2:02.36	535	28.70	59.57	1:31.54
49.	Alex WALMSLEY	16	teamipswich		2:02.42	534	28.00	59.03	1:30.88
50.	Dalton YALLOP	19	Beccles Town		2:02.47	534	28.20	59.75	1:31.61
51.	Jordan NORTHWOOD	17	Berkhamsted		2:03.55	520	28.07	58.80	1:30.77
52.	Manfred BATTLE	14	Stowmarket		2:03.59	519	28.21	59.46	1:31.80
53.	Cole JAMES	15	Hatfield		2:03.70	518	28.86	1:00.22	1:32.31
54.	Alec BURCHELL	18	Hitchin		2:03.97	515	27.55	58.89	1:31.42
55.	Harvey SKELLERN	14	Co Cambridge		2:04.03	514	28.21	59.80	1:31.93
56.	Benjamin ARKLE	17	Co Cambridge		2:04.11	513	28.47	1:00.05	1:32.05
57.	Ryan JARVIS	17	Putteridge		2:04.18	512	28.28	59.76	1:31.94
58.	Benjamin GARRATT	16	Hatfield		2:04.42	509	28.51	59.77	1:32.12
59.	Harrison LEES	15	Watford SC		2:05.08	501	28.92	1:00.39	1:33.33
60.	James MCFARLAND	15	Mid Beds		2:05.25	499	28.95	1:00.72	1:33.29
61.	Anthony SMITH	16	Hatfield		2:05.45	496	28.45	1:00.18	1:33.34
62.	Troy DOUGLAS-COLLOW	20	Beccles Town		2:05.52	496	27.22	57.95	1:31.04
63.	Matthew ADDIS	18	West Norfolk		2:05.61	495	28.67	59.88	1:31.86
64.	Jack RYAN	16	Biggleswade		2:05.75	493	28.54	1:00.72	1:33.43
65.	Joshua BRISTOW	14	Modernians		2:06.18	488	28.39	1:00.61	1:34.07
66.	Alex NEESON	17	Dunstable		2:06.27	487	28.68	1:00.35	1:33.23
67.	Louis HINES	19	Watford SC	14	2:06.70	482	29.00	1:01.70	1:34.92
68.	Lucas DYSON-DIAZ	16	Hatfield		2:07.02	478	28.89	1:00.85	1:33.76
69.	Thomas BOYT	17	Felixstowe		2:07.84	469	28.62	1:01.13	1:35.10
70.	Matthew TITMAN	15	Co Cambridge		2:08.37	463	28.58	1:00.96	1:34.63
71.	Ryan MOGFORD	16	Chelmsford		2:08.86	458	28.86	1:01.57	1:35.18
72.	Jordan CATCHPOLE	17	UEA Norwich	14	2:09.18	455	28.36	1:00.95	1:35.14
73.	Callum HODGSON	16	Basildon Ph	14	2:23.25	333	32.48	1:09.02	1:47.28
74.	Mark EVENS	20	Hitchin	14	2:31.38	282	35.15	1:13.98	1:53.45
	Harry WEARS	19	Mid Beds		DNC				

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Louis HINES	19	Watford SC	14	2:06.70	749	29.00	1:01.70	1:34.92
2.	Jordan CATCHPOLE	17	UEA Norwich	14	2:09.18	707	28.36	1:00.95	1:35.14
3.	Callum HODGSON	16	Basildon Ph	14	2:23.25	518	32.48	1:09.02	1:47.28
4.	Mark EVENS	20	Hitchin	14	2:31.38	439	35.15	1:13.98	1:53.45



East Swimming
2016 Short Course Championships
(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)
Inspire: Luton Sports Village
(Licensed Meet No. 2ER161979)



EVENT 305 Womens Open 50m Butterfly

Senior Record 27.02 Junior Record 27.92

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt
1.	Elinah PHILLIP	16	Bishop Stort		28.11	652
2.	Mollie ALLEN	18	Co Peterboro		28.36	635
3.	Holly HILDREW	17	Basildon Ph		28.59	620
4.	Rebecca BURTON	18	Co Peterboro		28.79	607
5.	Elinor DULEY	16	Colchester		28.87	602
6.	Georgina PRYOR	18	Harlow Pen		28.98	595
7.	Georgina TALLON	16	Potters Bar		29.47	566
7.	Poppy RICHARDSON	15	Co Peterboro		29.47	566
9.	Amie PHILPOT	14	teamipswich		29.49	565
10.	Molly OLLINGTON	18	West Suffolk		29.58	559
10.	Megan PYE	14	UEA Norwich		29.58	559
12.	Martine TRAN	15	Thurrock		29.60	558
12.	Shannon STOTT	16	Co St Albans		29.60	558
14.	Jessica-Jane APPLGATE	20	UEA Norwich		29.61	558
15.	Meghan MAYBANKS	16	DunmowAtlant		29.76	549
16.	Martha DULEY	17	Colchester		29.78	548
17.	Amy FELGATE	20	Co Cambridge		29.90	542
18.	Lily MERRETT	13	Hoddesdon		29.93	540
19.	Amy YOUNG	17	Bishop Stort		30.13	529
20.	Tara COLEMAN	20	Leiston		30.23	524
20.	Libby DUNFORD	13	Hoddesdon		30.23	524
22.	Bethany SAMPHER	17	West Suffolk		30.41	515
23.	Philippa AMOS	15	Hitchin		30.51	510
24.	Eleanor KING	16	Dunstable		30.61	505
25.	Sonia TUMIOTTO	15	St Felix Sch		30.65	503
26.	Georgina CURTIS	16	Mid Beds		30.66	502
27.	Imogen COOKE	15	UEA Norwich		30.76	497
28.	Mia LEECH	14	Co Peterboro		30.77	497
29.	Lauren GRICE	17	Mid Beds		30.81	495
30.	Abbie LOW	14	Chelmsford		30.88	492
30.	Grace RAYNER	18	Hatfield		30.88	492
32.	Faye HERMON	17	Felixstowe		30.90	491
33.	Chloe BERKO-BOATENG	13	Cheshunt		30.99	486
34.	Jade GOODE	13	Co Peterboro		31.00	486
35.	Jessica WOODWARD	13	Potters Bar		31.03	485
36.	Celeste ANDREW	15	Harlow Pen		31.07	483
37.	Abigail WHITING	17	West Norfolk		31.19	477
38.	Grace LEECH	14	Gt Yarmouth		31.27	473
39.	Mia MASPERS	14	teamipswich		31.35	470
40.	Ella HALE	13	West Suffolk		31.67	456
41.	Beatrice BARDER	17	Co St Albans		31.72	454
42.	Hannah MCNAUL	16	West Suffolk		31.76	452
43.	Eleanor LLEWELLYN	16	West Suffolk		31.92	445
44.	Amelia MONAGHAN	14	Co Peterboro		34.23	361
45.	Grace HARVEY	18	Hoddesdon	7	41.12	208
	Mollie SMITH	16	UEA Norwich		DNC	
	Dina DAY	17	Basildon Ph		DQ	

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Grace HARVEY	18	Hoddesdon	7	41.12	625

EVENT 305 Womens Open 50m Butterfly - Swim-Off

Senior Record 27.02 Junior Record 27.92

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Molly OLLINGTON	18	West Suffolk	29.18	583
2.	Megan PYE	14	UEA Norwich	30.19	526



East Swimming
2016 Short Course Championships
(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)
Inspire: Luton Sports Village
(Licensed Meet No. 2ER161979)



EVENT 306 Mens Open 50m Butterfly

Senior Record 24.86 Junior Record 25.96

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Sonny TRIGG	21	teamipswich	25.84	600
2.	Liam CURRAN	18	Putteridge	25.93	594
3.	Dominic SCIFO	17	teamipswich	26.05	586
4.	Lee BAKER	21	Harlow Pen	26.14	580
5.	Jamie MCLAUGHLIN	19	DunmowAtlant	26.30	569
6.	Benjamin GARRATT	16	Hatfield	26.54	554
7.	Calum FERGUSON	20	Co Cambridge	26.67	546
8.	Cameron MANLEY	17	Linslade	26.70	544
9.	Ignacio LARGHERO	17	Newmarket	26.71	543
10.	Matthew TITMAN	15	Co Cambridge	26.75	541
11.	James WOODWARD	16	Potters Bar	26.82	537
12.	Harry JONES	16	Hitchin	26.84	535
13.	Mason ARNOLD	19	Harlow Pen	26.93	530
14.	Christopher MURPHY	20	Mid Beds	26.95	529
15.	David SHIPMAN	16	Potters Bar	26.99	526
16.	Jack BOWYER	14	West Suffolk	27.04	524
17.	Thomas CLARE	15	teamipswich	27.06	522
18.	Oliver KENNY	19	West Norfolk	27.17	516
19.	Jack SPAIN	16	teamipswich	27.19	515
19.	Adam MARTIN	16	Potters Bar	27.19	515
21.	Alec BURCHELL	18	Hitchin	27.22	513
22.	Manfred BATTLE	14	Stowmarket	27.25	512
22.	Callum DAVIS	16	Bishop Stort	27.25	512
24.	Charles RAYNER	15	Hatfield	27.28	510
25.	Daniel LEIGH	17	Co Peterboro	27.43	501
26.	Jake THOMAS-MANSFIELD	16	St Felix Sch	27.67	489
27.	Dalton YALLOP	19	Beccles Town	27.83	480
28.	Lucas DYSON-DIAZ	16	Hatfield	27.86	479
29.	Oliver PYLE	16	West Suffolk	27.89	477
30.	Harry WESTON	16	Norwich Swan	28.10	466
31.	Ryan SMITH	16	UEA Norwich	28.12	465
32.	Michael JUDD	18	Dunstable	28.52	446
33.	Alex EVENS	17	Hitchin	28.76	435
34.	Elliott DAY	14	teamipswich	28.83	432
	Samuel PEASE	17	Basildon Ph	DNC	
	Reece NICHOLLS	16	Basildon Ph	DNC	
	Harry WEARS	19	Mid Beds	DNC	
	Kevin PICKARD	28	Hatfield	DQ	



East Swimming
2016 Short Course Championships
(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)
Inspire: Luton Sports Village
(Licensed Meet No. 2ER161979)



EVENT 307 Womens Open 200m Backstroke

Senior Record 2:11.56 Junior Record 2:12.65

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Rebecca SHERWIN	16	teampswich	2:14.07	703	31.59	1:05.52	1:39.81
2.	Rachel WELLINGS	16	Co Peterboro	2:15.23	685	31.65	1:05.88	1:40.74
3.	Bethany SAUNDERS	17	Co Peterboro	2:16.37	668	32.05	1:06.43	1:41.33
4.	Mollie ALLEN	18	Co Peterboro	2:17.36	653	30.97	1:05.60	1:41.36
5.	Martha DULEY	17	Colchester	2:19.88	619	32.07	1:08.05	1:44.49
6.	Lauren STOTT	14	Co St Albans	2:20.97	605	32.71	1:08.04	1:44.64
7.	Amelia PEDDLE	16	Epping For't	2:21.42	599	32.98	1:08.95	1:46.18
8.	Megan PYE	14	UEA Norwich	2:21.96	592	33.26	1:09.11	1:45.86
9.	Niamh JAMES	15	Bishop Stort	2:21.99	592	33.30	1:09.29	1:46.18
10.	Maddison SAUNDERS	15	Co Peterboro	2:22.22	589	32.89	1:08.96	1:45.90
11.	Matilda MEYRICK	13	Norfolk Vikg	2:22.42	586	33.82	1:11.04	1:47.01
12.	Amber HUGHES	17	Hatfield	2:22.68	583	33.89	1:10.14	1:46.60
13.	Grace WYLIE	15	Hatfield	2:22.96	580	34.49	1:10.44	1:46.47
14.	Emma CRUICKSHANKS	13	teampswich	2:23.18	577	33.91	1:10.83	1:48.04
15.	Lauren HALL	17	Co Cambridge	2:23.53	573	33.22	1:10.55	1:47.68
16.	Chloe LENCE	15	Modernians	2:24.03	567	34.01	1:10.55	1:47.78
17.	Amelia MONAGHAN	14	Co Peterboro	2:24.25	564	33.74	1:10.55	1:47.50
18.	Emily GREEN	15	Brentwood	2:24.56	561	33.65	1:09.92	1:47.84
19.	Ellie WHEELER	14	Basildon Ph	2:24.63	560	35.06	1:11.69	1:48.59
20.	Scarlett MORINE	14	Chelmsford	2:26.00	544	33.12	1:10.32	1:48.38
21.	Lija RADZIUNAITA	14	Stowmarket	2:26.23	542	33.48	1:11.73	1:50.55
22.	Tia COLBY	18	Basildon Ph	2:26.27	541	33.71	1:10.56	1:48.69
23.	Bailey WILKES	15	Hatfield	2:26.44	539	34.34	1:11.71	1:49.38
24.	Tilly ANEMA	15	Norwich Swan	2:26.86	535	34.86	1:12.26	1:50.30
25.	Emma LESLIE	15	Co Peterboro	2:27.14	532	34.26	1:11.26	1:49.06
26.	Lara-Grace MOUNT	14	West Norfolk	2:27.36	529	34.70	1:12.35	1:50.64
27.	Eleanor KING	16	Dunstable	2:27.44	528	34.27	1:11.45	1:49.73
28.	Francesca CROCKER	16	St Ives	2:27.97	523	34.07	1:11.17	1:50.26
29.	Angel DUNDERDALE	15	UEA Norwich	2:28.35	519	32.94	1:10.42	1:49.31
30.	Mackenzie WHYATT	14	Co Peterboro	2:28.42	518	34.72	1:12.36	1:50.55
31.	Kioni BROOMFIELD	16	Dereham	2:28.43	518	35.26	1:13.27	1:51.72
32.	Rebecca SEWELL	16	Hemel Hemp	2:29.26	509	33.49	1:11.46	1:51.03
33.	Tia GARDINER	14	Chelmsford	2:29.35	508	35.10	1:13.24	1:51.89
34.	Maisie EASTER	14	UEA Norwich	2:29.39	508	33.28	1:10.54	1:49.70
35.	Eleanor GALVIN	14	Co St Albans	2:29.49	507	35.36	1:12.69	1:51.64
36.	Claire BURRELL	15	Harpenden	2:29.67	505	33.88	1:11.78	1:51.11
37.	Sophie BURNS	16	Watford SC	2:29.68	505	34.81	1:12.24	1:51.15
38.	Bethany SAMPHER	17	West Suffolk	2:30.22	500	35.24	1:13.00	1:52.10
39.	Greta BALFOUR	17	Norwich Swan	2:30.62	496	34.59	1:12.29	1:51.66
40.	Christina WILSON	16	Norwich Swan	2:30.77	494	35.41	1:13.64	1:52.39
41.	Sophie TAYLOR	14	Co St Albans	2:30.84	493	33.56	1:11.47	1:51.43
42.	Chloe MOLONEY	14	DunmowAtlant	2:31.49	487	35.80	1:14.39	1:53.27
43.	Peyton EWBank	16	Norwich Swan	2:31.77	484	35.98	1:14.52	1:54.06
43.	Beatrice BARDER	17	Co St Albans	2:31.77	484	34.27	1:12.54	1:53.88
45.	Bleu WILDMAN	15	Putteridge	2:32.26	480	35.63	1:14.26	1:53.78
46.	Faye HERMON	17	Felixstowe	2:32.45	478	36.03	1:15.03	1:54.99
47.	Megan SAMUELS	15	Chelmsford	2:32.76	475	34.51	1:13.04	1:52.73
48.	Almudena VISSER VELEZ	14	Co Cambridge	2:33.25	470	35.93	1:15.19	1:55.01
49.	Zoe HORNE	16	Co St Albans	2:33.26	470	35.55	1:14.37	1:53.98
50.	Lauren THOMAS	14	Mid Beds	2:33.34	470	35.34	1:14.22	1:53.95
51.	Chloe WOODRUFF	14	Tring	2:34.63	458	35.87	1:14.93	1:54.92
52.	Megan COOK	16	Harlow Pen	2:34.72	457	34.77	1:13.61	1:54.22
53.	Jemima WAYMAN	13	Deben	2:35.21	453	35.93	1:15.20	1:55.60
54.	Jasmine SEAMARKS	16	Co Cambridge	2:35.26	452	35.48	1:14.28	1:54.96
55.	Bethany PALMER	18	UEA Norwich	2:35.41	451	35.81	1:14.45	1:54.91
56.	Gemma TROTT	17	Mid Beds	2:36.43	442	35.61	1:15.29	1:56.22
57.	Hannah BRECKNELL	16	West Suffolk	2:38.63	424	34.77	1:56.60	-
	Abbie LOW	14	Chelmsford	DNC				
	Freya LINES	14	St Felix Sch	DQ				



East Swimming
2016 Short Course Championships
(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)
Inspire: Luton Sports Village
(Licensed Meet No. 2ER161979)



EVENT 308 Mens Open 800m Freestyle Team

Record 7:29.27

Full Results

Place	Name	Club	Time		FINA Pt
1.	Hatfield SC - A	Hatfield	7:37.55		714
		Luke SUGDEN	1.56.87	27.19	29.90
				30.26	29.52
		Harry CONSTANTINE	1.53.25	26.91	29.57
				28.93	27.84
		Nathan HUGHES	1.54.34	26.17	28.98
				29.82	29.37
		Luke TURLEY	1.53.09	26.60	29.34
				28.69	28.46
2.	City of Peterborough A	Co Peterboro	7:42.70		690
		Matthew GRAY	1.54.01	26.32	29.01
				29.41	29.27
		Harry WHITEMAN	1.55.92	26.57	29.53
				30.64	29.18
		Harvey NORMAN	1.58.18	26.60	29.71
				30.84	31.03
		Henry PEARCE	1.54.59	26.57	29.26
				29.92	28.84
3.	Basildon and Phoenix S	Basildon Ph	7:49.56		661
		James DAVIS	1.58.71	26.95	30.14
				30.58	31.04
		Reece NICHOLLS	1.56.28	26.93	29.81
				29.84	29.70
		Tyler BERRY	1.57.65	26.89	29.62
				30.53	30.61
		Conor HARROLD	1.56.92	26.01	28.74
				30.78	31.39
4.	Hatfield SC - B	Hatfield	8:06.64		593
		Reese HOUSDEN	1.57.90	27.77	30.44
				30.69	29.00
		Benjamin GARRATT	2.02.81	28.52	31.08
				32.05	31.16
		Lucas DYSON-DIAZ	2.05.03	27.67	31.57
				32.71	33.08
		Max JELFS	2.00.90	26.58	30.75
				32.11	31.46
5.	City of Peterborough B	Co Peterboro	8:10.49		579
		Jamie SCHOLES	2.03.23	27.99	30.94
				32.09	32.21
		Daniel LEIGH	2.01.20	27.47	31.15
				31.74	30.84
		Thomas WIGGINS	2.01.82	27.65	31.04
				32.17	30.96
		Myles ROBINSON-YOUNG	2.04.24	28.05	31.54
				32.79	31.86
6.	Hatfield SC - C	Hatfield	8:13.14		570
		Ayotobi LAGUDA	2.02.24	27.64	31.27
				32.03	31.30
		Elliot WYLIE	1.59.86	26.95	30.08
				31.85	30.98
		Cole JAMES	2.07.70	28.93	32.44
				33.47	32.86
		Anthony SMITH	2.03.34	27.33	31.56
				33.15	31.30
7.	Hemel Hempstead A	Hemel Hemp	8:13.54		569
		Jacob HUTCHINGS	2.09.25	29.46	32.40
				33.94	33.45
		Joshua GAINES	2.02.62	28.02	31.43
				32.09	31.08
		Jack CHRISTIE	2.04.28	27.80	31.73
				32.40	32.35
		Jack SPENCE	1.57.39	26.34	29.36
				30.95	30.74
8.	City of St Albans SC	Co St Albans	8:25.03		531
		Michael RIPPER	2.04.54	28.19	31.58
				32.59	32.18
		Tanin KURSIDIM	2.08.36	28.45	32.11
				34.07	33.73
		Thomas CADENHEAD	2.08.41	28.09	32.51
				34.39	33.42
		Jude LIDDIARD	2.03.72	27.86	31.10
				32.45	32.31