



East Swimming

2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



EVENT 201 Mens Open 200m IM

Senior Record 1:54.20 Junior Record 2:05.03

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Nathan WELLS	18	West Norfolk		2:07.55	634	27.64	59.57	1:37.65
2.	Brandon NABARRO	19	Putteridge		2:08.15	626	27.59	1:01.37	1:36.76
3.	Nathan HUGHES	16	Hatfield		2:09.12	612	27.27	1:00.62	1:37.34
4.	James WOODWARD	16	Potters Bar		2:10.98	586	27.93	1:02.17	1:41.68
5.	Thomas WIGGINS	17	Co Peterboro		2:11.11	584	28.50	1:01.47	1:39.63
6.	Luke TURLEY	16	Hatfield		2:11.31	581	28.58	1:01.13	1:40.92
7.	Daniel LEIGH	17	Co Peterboro		2:12.39	567	28.04	1:01.62	1:41.36
8.	Myles TURNER	16	West Suffolk		2:12.74	563	29.73	1:03.45	1:41.97
9.	Charles RAYNER	15	Hatfield		2:13.12	558	28.77	1:02.89	1:41.34
10.	Louis SPONG	17	DunmowAtlant		2:13.26	556	28.54	1:02.21	1:41.94
11.	Finlay RYAN	17	Norwich Swan		2:13.53	553	28.79	1:03.21	1:41.87
12.	Reece NICHOLLS	16	Basildon Ph		2:13.83	549	28.67	1:02.79	1:43.06
13.	Oliver KENNY	19	West Norfolk		2:14.69	539	50.79	1:29.87	2:03.59
14.	Alexander MASON	20	Team Luton		2:15.57	528	28.85	1:03.66	1:43.06
15.	Joshua GAINES	18	Hemel Hemp		2:15.73	526	28.92	1:03.35	1:43.73
16.	Matthew GRAY	16	Co Peterboro		2:15.77	526	29.07	1:02.07	1:42.65
17.	Jack WEARS	17	Mid Beds		2:16.63	516	51.72	1:33.82	2:05.61
18.	Jordan THORNTON	20	Co Cambridge		2:16.95	512	29.39	1:04.94	1:43.53
19.	Harvey NORMAN	15	Co Peterboro		2:17.24	509	30.10	1:04.91	1:45.87
20.	David SHIPMAN	16	Potters Bar		2:17.41	507	54.11	1:34.28	2:06.46
21.	Thomas BOYT	17	Felixstowe		2:17.42	507	-	-	-
22.	Benjamin ARKLE	17	Co Cambridge		2:17.43	507	20.55	55.83	1:34.17
23.	Ryan KELLY	17	Chelmsford		2:17.79	503	29.49	1:03.44	1:45.51
24.	Harry WHITEMAN	16	Co Peterboro		2:17.82	503	29.23	1:05.15	1:46.79
25.	Joseph WELLS	17	West Norfolk		2:17.88	502	-	-	-
26.	Jordan NORTHWOOD	17	Berkhamsted		2:18.32	497	28.77	1:04.48	1:45.15
27.	Ayotobi LAGUDA	14	Hatfield		2:18.69	493	55.46	1:35.30	2:07.66
28.	Cole JAMES	15	Hatfield		2:18.74	493	20.68	56.74	1:35.01
29.	Sam PERKINS	14	teamipswich		2:18.80	492	-	-	-
30.	James CHENNELLS	15	Berkhamsted		2:19.01	490	29.36	1:03.39	1:47.51
31.	Daniel SCHINDLER	17	Co St Albans		2:19.03	490	29.22	1:04.59	1:46.45
32.	Harry EADE	16	teamipswich		2:19.25	487	-	-	-
33.	James MCFARLAND	15	Mid Beds		2:19.26	487	54.05	1:36.14	2:08.32
34.	Ryan JARVIS	17	Putteridge		2:19.51	485	29.55	1:05.29	1:46.14
35.	William LOVEMAN	16	Co St Albans		2:19.52	485	30.74	1:06.75	1:46.23
36.	Christopher GREENHALGH	20	Sudbury		2:19.65	483	29.56	1:06.81	1:46.21
37.	Liam BRENNAN	14	Basildon Ph		2:19.67	483	30.81	1:05.55	1:46.58
38.	Ralph MUNCER	15	Team Luton		2:19.81	482	32.38	1:09.30	1:47.78
39.	Samuel BRYAN	15	Basildon Ph		2:20.48	475	28.98	1:05.82	1:46.61
40.	Taylor BOWEN	15	West Suffolk		2:20.81	471	54.26	1:36.06	2:09.87
41.	James COOPER	14	Basildon Ph		2:21.28	467	29.06	1:04.50	1:49.67
42.	Michael JUDD	18	Dunstable		2:21.79	462	29.28	1:05.31	1:47.57
43.	Jack SANGSTER	15	Modernians		2:21.84	461	31.50	1:05.65	1:49.24
44.	Lewis BAYLEY	15	Southend		2:21.92	460	30.48	1:04.57	1:48.37
45.	Theo PARK	18	Leiston		2:22.24	457	28.71	1:04.95	1:47.77
46.	Finn JEFFERY	13	St Felix Sch		2:22.28	457	31.24	1:08.31	1:47.93
47.	Charles FYNN	17	Co Cambridge		2:22.64	454	29.60	1:03.56	1:48.47
48.	Jordan CATCHPOLE	17	UEA Norwich	14	2:22.65	453	-	-	-
49.	George HART	15	Mid Beds		2:22.70	453	31.31	1:07.40	1:49.77
49.	Matthew ADDIS	18	West Norfolk		2:22.70	453	29.78	1:07.97	1:49.90
51.	Oliver NEWTON	17	West Norfolk		2:22.75	452	-	-	-
52.	Daniel HURST	17	Berkhamsted		2:22.88	451	30.82	1:06.94	1:46.68
53.	Samuel GAINES	15	Hemel Hemp		2:23.26	448	30.60	1:08.67	1:51.00
54.	Ross BARNSHAW	18	Beccles Town		2:23.33	447	30.00	1:06.01	1:51.31
55.	Oliver PYLE	16	West Suffolk		2:24.01	441	29.82	1:08.58	1:50.76
56.	Harrison LEES	15	Watford SC		2:24.12	440	29.44	1:06.75	1:51.87
57.	Anthony SMITH	16	Hatfield		2:26.69	417	29.24	1:07.91	1:54.35
58.	Kyle HOLMES	17	Hemel Hemp		2:28.99	398	31.32	1:09.43	1:52.22
59.	Jaxon SIMMONS	16	Co Peterboro	13	2:29.80	391	31.57	1:11.74	1:56.24
	Herbie KINDER	14	Co Peterboro		DNC				
	Alex FLORANCE	16	West Norfolk		DQ				
	Maxim DE WILDT	15	Co Cambridge		DQ				

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Jordan CATCHPOLE	17	UEA Norwich	14	2:22.65	747	-	-	-
2.	Jaxon SIMMONS	16	Co Peterboro	13	2:29.80	691	31.57	1:11.74	1:56.24



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EVENT 202 Womens Open 50m Backstroke

Senior Record 28.31 Junior Record 28.97

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt
1.	Mollie ALLEN	18	Co Peterboro		28.16 ER	757
2.	Rebecca SHERWIN	16	teamipswich		29.13	684
3.	Rachel WELLINGS	16	Co Peterboro		29.61	651
4.	Lija RADZIUNAITE	14	Stowmarket		29.70	645
5.	Meghan MAYBANKS	16	DunmowAtlant		29.86	635
6.	Rebecca BURTON	18	Co Peterboro		30.01	625
7.	Lauren HALL	17	Co Cambridge		30.07	622
8.	Georgina PRYOR	18	Harlow Pen		30.27	609
9.	Amie PHILPOT	14	teamipswich		30.31	607
10.	Anna BLAKELEY	14	Co Peterboro		30.54	593
11.	Mia CARTER	14	Bishop Stort		30.63	588
12.	Molly OLLINGTON	18	West Suffolk		30.68	585
13.	Eleanor KING	16	Dunstable		30.78	580
14.	Maisie EASTER	14	UEA Norwich		30.84	576
15.	Holly HILDREW	17	Basildon Ph		30.87	574
16.	Josie PRETIOUS-WHITE	15	Bishop Stort		30.90	573
17.	Beatrice BARDER	17	Co St Albans		30.93	571
18.	Poppy RICHARDSON	15	Co Peterboro		31.00	567
19.	Lauren SIMPKINS	18	Putteridge		31.03	566
20.	Emma CRUICKSHANKS	13	teamipswich		31.08	563
21.	Niamh JAMES	15	Bishop Stort		31.14	560
22.	Amelia PEDDLE	16	Epping For't		31.16	559
23.	Jordan COLEMAN	18	Leiston		31.19	557
24.	Claire BURRELL	15	Harpenden		31.20	556
25.	Tara COLEMAN	20	Leiston		31.31	551
26.	Sammy HUMPHREY	20	Leighton Buz		31.33	550
26.	Amelia MONAGHAN	14	Co Peterboro		31.33	550
28.	Megan PYE	14	UEA Norwich		31.35	548
29.	Mia MASPERS	14	teamipswich		31.41	545
30.	Abigail WHITING	17	West Norfolk		31.47	542
31.	Lauren STOTT	14	Co St Albans		31.59	536
32.	Abbie LOW	14	Chelmsford		31.65	533
33.	Georgia PEASE	14	Basildon Ph		31.66	533
34.	Angel DUNDERDALE	15	UEA Norwich		31.67	532
35.	Rebecca SEWELL	16	Hemel Hemp		31.68	532
36.	Keelin MCKENNA	17	Hemel Hemp		31.69	531
37.	Grace WYLIE	15	Hatfield		31.72	530
38.	Zara PRETIOUS-WHITE	16	Bishop Stort		31.79	526
39.	Eleanor LLEWELLYN	16	West Suffolk		31.81	525
40.	Mackenzie WHYATT	14	Co Peterboro		31.85	523
41.	Faith GREEN	16	Co St Albans		31.86	523
41.	Macy LAWRENCE	14	Basildon Ph		31.86	523
43.	Grace LEECH	14	Gt Yarmouth		31.87	522
44.	Annabel HEYWOOD	16	West Suffolk		31.90	521
45.	Sarah O'BRIEN	20	UEA Norwich		31.92	520
46.	Emma LESLIE	15	Co Peterboro		32.06	513
47.	Roxanne UYS	17	West Norfolk		32.08	512
48.	Lily MERRETT	13	Hoddesdon		32.11	510
48.	Tia COLBY	18	Basildon Ph		32.11	510
48.	Jessica-Jane APPLEGATE	20	UEA Norwich		32.11	510
51.	Emily WHYTE	13	teamipswich		32.12	510
51.	Lauren WATT	15	Newmarket		32.12	510
53.	Francesca CROCKER	16	St Ives		32.16	508
54.	Celeste ANDREW	15	Harlow Pen		32.18	507
55.	Georgia HARROD	16	DunmowAtlant		32.20	506
55.	Jade GOODE	13	Co Peterboro		32.20	506
57.	Sophie TAYLOR	14	Co St Albans		32.24	504
58.	Hannah BRECKNELL	16	West Suffolk		32.26	503
59.	Lara-Grace MOUNT	14	West Norfolk		32.28	502
59.	Scarlett MORINE	14	Chelmsford		32.28	502
61.	Shona MCKENNA	14	Hemel Hemp		32.32	501
62.	Matilda MEYRICK	13	Norfolk Vikg		32.34	500
63.	Faye HERMON	17	Felixstowe		32.40	497
64.	Amy PEMBERTON	15	Berkhamsted		32.42	496
65.	Georgina TALLON	16	Potters Bar		32.45	495
66.	Emily JONES	14	Modernians		32.48	493
66.	Amber HILL	14	Linslade		32.48	493
68.	Sonia TUMIOTTO	15	St Felix Sch		32.51	492
69.	Megan COOK	16	Harlow Pen		32.55	490
70.	Bethany PALMER	18	UEA Norwich		32.56	490
71.	Chloe SORRELL	15	West Norfolk		32.57	489
72.	Isabel WAINWRIGHT	13	Modernians		32.63	486
73.	Bailey WILKES	15	Hatfield		32.64	486
74.	Claire MASSEY	32	Cheshunt		32.70	483
75.	Rebecca STROUD	14	Brentwood		32.75	481
75.	Greta BALFOUR	17	Norwich Swan		32.75	481
77.	Agnes BURNS	15	Harpenden		32.80	479
78.	Libby DUNFORD	13	Hoddesdon		32.81	478
79.	Fern MORRIN	14	teamipswich		32.82	478



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80. Eloise CONWAY	16 Halstead	32.84	477
81. Chloe JACOBS	17 Potters Bar	32.91	474
82. Safia BUTTON	12 teamipswich	32.93	473
83. Carys BREALEY	12 Harlow Pen	32.98	471
83. Eve WRIGHT	13 Co Peterboro	32.98	471
83. Freya LINES	14 St Felix Sch	32.98	471
86. Larissa DEAN	14 Harpenden	33.06	468
87. Melissa ELEY	16 Chelmsford	33.08	467
88. Emily LAMPON	17 Bishop Stort	33.10	466
89. Nadine SMITH	15 Hatfield	33.19	462
90. India WESTON	14 Norfolk Vikg	33.27	459
90. Jasmine SEAMARKS	16 Co Cambridge	33.27	459
92. Megan CLAYDON	16 Deben	33.28	458
93. Kioni BROOMFIELD	16 Dereham	33.30	458
94. Rachael JOHNSON	14 West Norfolk	33.33	456
95. Charlie DAVIS	16 Newmarket	33.36	455
96. Megan SAMUELS	15 Chelmsford	33.42	453
96. Peyton EWBANK	16 Norwich Swan	33.42	453
96. Fiona HOLMES	14 Watford SC	33.42	453
96. Isabelle SOULSBY	13 Berkhamsted	33.42	453
100. Eleanor WHITE	15 Linslade	33.45	451
101. Nina HOWELL	17 Beccles Town	33.46	451
102. Caitlin EVANS	14 Sudbury	33.47	451
103. Jemima WAYMAN	13 Deben	33.48	450
104. Zoe HORNE	16 Co St Albans	33.57	447
105. Isabel HARBER	13 Verulam	33.63	444
106. Chloe WOODRUFF	14 Tring	33.66	443
107. Ellie MATTHEWS	13 Putteridge	33.67	443
108. Ellie-Mae SMITH	15 teamipswich	33.77	439
109. Brianna MAZEY	15 Tring	33.78	438
110. Sophie EMPSON	18 West Norfolk	34.04	428
111. Molly BRADLEY	15 Tring	34.05	428
112. Olivia SMITH-LAL	18 Harlow Pen	34.60	408
113. Eleanor TURPIN	15 Cheshunt	34.66	406
114. Jessica TURLEY	14 Hatfield	34.79	401
115. Lucy KEITH	15 Leighton Buz	34.81	401
115. Emily COLLINS	15 Dereham	34.81	401
Lauren ANDREW	16 Potters Bar	DNC	
Gemma PETERS	12 UEA Norwich	DQ	
Olivia SHERRED	17 Sudbury	DQ	
Phoebe HAYDEN	15 teamipswich	DQ	



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EVENT 203 Mens Open 50m Freestyle

Senior Record 21.37 Junior Record 23.72

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt
1.	Lee BAKER	21	Harlow Pen		23.49	641
2.	Harry CONSTANTINE	16	Hatfield		23.59	633
3.	Jack SPENCE	22	Hemel Hemp		23.83	614
4.	Ignacio LARGHERO	17	Newmarket		23.89	609
5.	Brandon NABARRO	19	Putteridge		23.90	609
6.	Henry CHOONG	19	Co Cambridge		23.93	606
7.	Sonny TRIGG	21	teamipswich		24.16	589
8.	Oliver FITT	17	St Ives		24.20	586
9.	Luke TURLEY	16	Hatfield		24.25	583
10.	Jack CHRISTIE	18	Hemel Hemp		24.27	581
11.	Troy DOUGLAS-COLLOW	20	Beccles Town		24.30	579
12.	Jordan BATSON	20	Putteridge		24.31	578
13.	Jamie MCLAUGHLIN	19	DunmowAtlant		24.38	573
14.	Mark LEAMON	29	Co Cambridge		24.42	571
15.	Kevin PICKARD	28	Hatfield		24.44	569
16.	Dominic SCIFO	17	teamipswich		24.45	568
17.	Harvey JOLLY	16	Basildon Ph		24.46	568
18.	Samuel COTTEE	16	teamipswich		24.48	566
19.	Dominic HOLLOWAY	20	Co Cambridge		24.49	566
20.	Reese HOUSDEN	14	Hatfield		24.53	563
21.	Dalton YALLOP	19	Beccles Town		24.55	562
22.	Nathan WELLS	18	West Norfolk		24.56	561
23.	Erik SULLIVAN	22	Co Cambridge		24.61	557
24.	Jake MOXHAM	14	Co Cambridge		24.67	553
25.	Jamie SCHOLLES	16	Co Peterboro		24.73	549
26.	Christopher SEARLE	24	Dereham		24.74	549
27.	Matthew TITMAN	15	Co Cambridge		24.81	544
28.	Jack SPAIN	16	teamipswich		24.84	542
29.	Daniel CHADA	15	Bishop Stort		24.92	537
29.	Jack WEARS	17	Mid Beds		24.92	537
31.	Thomas CLARE	15	teamipswich		24.93	536
32.	Cameron MANLEY	17	Linslade		24.94	536
32.	Daniel LUSH	16	Cheshunt		24.94	536
32.	Adam MARTIN	16	Potters Bar		24.94	536
35.	Thomas HOVEN	17	UEA Norwich		24.96	534
36.	Evan THOMAS-MANSFIELD	15	West Suffolk		24.98	533
37.	Jack JACKSON	20	Bushey		24.99	532
38.	James COOK	17	Biggleswade		25.04	529
39.	Christopher MURPHY	20	Mid Beds		25.09	526
40.	David SHIPMAN	16	Potters Bar		25.11	525
41.	Reece NICHOLLS	16	Basildon Ph		25.12	524
42.	Jake THOMAS-MANSFIELD	16	St Felix Sch		25.13	524
42.	Alec BURCHELL	18	Hitchin		25.13	524
44.	Joshua FOWLES	17	Witham Dolph		25.15	522
44.	Sam GAMBLE	17	Hitchin		25.15	522
46.	Alex EVENS	17	Hitchin		25.16	522
47.	Daniel LEIGH	17	Co Peterboro		25.27	515
48.	Christian NEL	16	Berkhamsted		25.31	512
49.	Joshua GAINES	18	Hemel Hemp		25.34	511
50.	Alex WALMSLEY	16	teamipswich		25.39	508
51.	James BLOUNT	16	Potters Bar		25.40	507
52.	Benjamin GARRATT	16	Hatfield		25.43	505
53.	Oliver NEWTON	17	West Norfolk		25.44	505
54.	Theo PARK	18	Leiston		25.48	502
55.	Ashley COOMBS	15	Hemel Hemp		25.50	501
56.	James COOPER	14	Basildon Ph		25.51	500
57.	Harry WESTON	16	Norwich Swan		25.56	498
58.	Ayotobi LAGUDA	14	Hatfield		25.57	497
59.	Daniel HILL	17	Linslade		25.59	496
60.	Joshua BIBBY	19	Witham Dolph		25.60	495
61.	Matthew ADDIS	18	West Norfolk		25.62	494
62.	Taylor BOWEN	15	West Suffolk		25.63	493
63.	Bradley VEITCH	17	Bishop Stort		25.64	493
64.	Manfred BATTLE	14	Stowmarket		25.66	492
65.	Sam PERKINS	14	teamipswich		25.69	490
65.	Joseph WELLS	17	West Norfolk		25.69	490
67.	Leone CRICK	18	Leighton Buz		25.72	488
68.	Gregory BARTON	17	Harlow Pen		25.76	486
68.	Ashley HOLNESS-WRIGHT	20	Watford SC		25.76	486
70.	Daniel SCHINDLER	17	Co St Albans		25.77	485
71.	Ryan SMITH	16	UEA Norwich		25.78	485
72.	Max JELFS	15	Hatfield		25.79	484
72.	Jonathan OWEN	16	Hitchin		25.79	484
74.	Conor O'GORMAN	18	Leighton Buz		25.80	484
74.	Elliot WYLIE	17	Hatfield		25.80	484
76.	Martin HAILES	42	Beccles Town		25.82	483
77.	Lucas DYSON-DIAZ	16	Hatfield		25.86	480
78.	Joshua SMITH	15	DunmowAtlant		25.87	480
79.	Ryan KELLY	17	Chelmsford		25.91	478



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Inspire: Luton Sports Village

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80.	Myles ROBINSON-YOUNG	14	Co Peterboro	25.93	476
81.	Ryan JARVIS	17	Putteridge	25.95	475
82.	Joseph BENTLEY	17	Witham Dolph	26.00	473
83.	Harry EADE	16	teamipswich	26.03	471
83.	John BOYLE	15	DunmowAtlant	26.03	471
85.	Joshua BRISTOW	14	Modernians	26.12	466
86.	Stuart EVANS	16	Felixstowe	26.15	465
87.	Thomas BOYT	17	Felixstowe	26.16	464
88.	Lucas DOVE	15	St Ives	26.17	463
89.	Peter LAWTON	25	Southend	26.20	462
90.	Benjamin SARSFIELD	17	Biggleswade	26.21	461
91.	Dylan NUTT	17	DunmowAtlant	26.29	457
92.	Benjamin PERKINS	17	UEA Norwich	26.38	452
92.	John TELENSKY	15	Harpenden	26.38	452
94.	Yasir NAIMI	16	Co Peterboro	26.39	452
95.	Ross BARNSHAW	18	Beccles Town	26.41	451
95.	Elliott DAY	14	teamipswich	26.41	451
97.	Harvey NORMAN	15	Co Peterboro	26.43	450
98.	Jude LIDDARD	15	Co St Albans	26.46	448
99.	Oliver PYLE	16	West Suffolk	26.48	447
99.	Michael JUDD	18	Dunstable	26.48	447
101.	Harrison LEES	15	Watford SC	26.55	444
102.	Thomas STRAKOSCH	19	Berkhamsted	26.56	443
102.	Martin RUSSELL-ROGERS	18	Hitchin	26.56	443
104.	Marcus KEMP	15	Watford SC	26.57	443
104.	Aaron HIRD	17	Mid Beds	26.57	443
106.	Ben HUNT	17	Harlow Pen	26.58	442
106.	Jack RYAN	16	Biggleswade	26.58	442
108.	Michael RIPPER	15	Co St Albans	26.62	440
109.	Paul BLESSING	20	Putteridge	26.63	440
110.	Henry NEWELL	13	Newmarket	26.68	437
111.	Matthew OATEN	17	Basildon Ph	26.73	435
112.	Joseph MURRAY	17	Putteridge	26.75	434
113.	Anthony SMITH	16	Hatfield	26.81	431
114.	Jacob CLARKE	15	West Suffolk	27.55	397
115.	Jamie WRIGHT	18	Team Luton	27.88	383
116.	Louis HINES	19	Watford SC	14 29.01	340
117.	Callum HODGSON	16	Basildon Ph	14 29.36	328
118.	Mark EVENS	20	Hitchin	14 31.56	264
	Herbie KINDER	14	Co Peterboro	DNC	
	Harry WEARS	19	Mid Beds	DNC	
	Ryan MOGFORD	16	Chelmsford	DQ	

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Louis HINES	19	Watford SC	14	29.01	609
2.	Callum HODGSON	16	Basildon Ph	14	29.36	587
3.	Mark EVENS	20	Hitchin	14	31.56	473



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EVENT 204 Womens Open 200m Butterfly

Senior Record 2:11.98 Junior Record 2:11.98

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Poppy RICHARDSON	15	Co Peterboro	2:18.77	640	30.57	1:06.97	1:42.51
2.	Shannon STOTT	16	Co St Albans	2:21.61	602	30.79	1:06.20	1:43.64
3.	Millie EMMANS	17	Co Cambridge	2:24.86	562	31.71	1:08.03	1:46.18
4.	Amber SHINE	16	Hatfield	2:28.00	527	32.93	1:10.59	1:49.14
5.	Abbie LOW	14	Chelmsford	2:28.20	525	31.13	1:08.23	1:48.02
6.	Mia LEECH	14	Co Peterboro	2:28.24	525	31.88	1:09.81	1:49.04
7.	Sophie PICKERING	16	teamipswich	2:28.41	523	34.00	1:11.92	1:50.10
8.	Sara KALAWSKA	13	Hatfield	2:28.77	519	31.89	1:09.51	1:49.14
9.	Annabelle KITCHING	14	Chelmsford	2:29.70	510	32.80	1:10.17	1:49.95
10.	Hannah CURRELL	17	Hitchin	2:29.96	507	32.74	1:10.71	1:49.54
11.	Katy CHAMBERS	14	St Felix Sch	2:30.03	506	32.80	1:10.57	1:50.44
12.	Lauren HARRISON	15	Co Peterboro	2:30.75	499	33.30	1:12.06	1:51.43
13.	Lauren STOTT	14	Co St Albans	2:31.22	494	32.60	1:10.41	1:49.78
14.	Megan PYE	14	UEA Norwich	2:31.30	494	31.95	1:09.39	1:50.53
15.	Rebecca HOWELL	13	Basildon Ph	2:32.13	486	34.07	1:12.71	1:52.76
16.	Niamh PERRY	14	West Suffolk	2:33.14	476	33.22	1:11.20	1:51.26
17.	Tegan WOLLASTON	17	Cheshunt	2:33.31	474	34.07	1:12.71	1:52.84
18.	Lauren GRICE	17	Mid Beds	2:33.60	472	31.46	1:08.67	1:50.31
19.	Hannah MCNAUL	16	West Suffolk	2:34.06	467	33.14	1:11.60	1:52.10
20.	Erin LEE	14	Basildon Ph	2:34.96	459	34.02	1:13.42	1:53.86
21.	Millie WARD	14	Brentwood	2:35.50	455	33.17	1:11.34	1:52.63
22.	Georgina CURTIS	16	Mid Beds	2:36.99	442	32.81	1:11.17	1:52.64
23.	Madeleine CHAMBERS	16	St Felix Sch	2:37.03	441	34.47	1:14.08	1:55.30
24.	Lauren YOUNG	13	Hatfield	2:42.43	399	35.43	1:18.24	1:59.87
	Jessica FARROW	16	Hatfield	DNC				



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EVENT 205 Mens Open 200m Butterfly

Senior Record 1:52.87 Junior Record 2:08.30

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Oliver PERRY	17	Hatfield	2:07.93	611	28.63	1:01.29	1:34.49
2.	Nathan HUGHES	16	Hatfield	2:07.95	610	28.56	1:01.78	1:34.62
3.	James WOODWARD	16	Potters Bar	2:08.24	606	29.08	1:01.86	1:35.59
4.	Benjamin GARRATT	16	Hatfield	2:08.59	601	28.47	1:00.87	1:34.12
5.	Luke SUGDEN	17	Hatfield	2:10.30	578	28.88	1:01.93	1:35.60
6.	Jake THOMAS-MANSFIELD	16	St Felix Sch	2:11.26	565	28.91	1:02.04	1:36.34
7.	Harry WHITEMAN	16	Co Peterboro	2:13.95	532	29.55	1:03.19	1:38.39
8.	Mason HUNNISETT	14	Basildon Ph	2:14.86	521	30.12	1:04.43	1:39.57
9.	Harry JONES	16	Hitchin	2:15.36	515	29.04	1:03.75	1:39.12
10.	Mason ARNOLD	19	Harlow Pen	2:15.42	515	28.83	1:02.79	1:38.79
11.	Manfred BATTLE	14	Stowmarket	2:17.23	495	29.30	1:03.89	1:40.98
12.	Harry FOX	17	Basildon Ph	2:17.49	492	29.70	1:03.92	1:39.94
13.	Christopher GREENHALGH	20	Sudbury	2:18.03	486	30.35	1:04.91	1:41.00
13.	Jude LIDDIARD	15	Co St Albans	2:18.03	486	30.08	1:05.20	1:41.31
15.	Callum DAVIS	16	Bishop Stort	2:18.18	484	30.02	1:05.10	1:41.52
16.	James MCFARLAND	15	Mid Beds	2:18.47	481	31.25	1:06.78	1:43.28
17.	Jamie MCCAFFRAY	15	Modernians	2:19.08	475	31.02	1:06.58	1:42.83
18.	Michael LARDNER	17	St Ives	2:19.66	469	30.36	1:05.96	1:42.84
19.	Samuel ROSE	13	West Norfolk	2:20.05	465	30.35	1:04.83	1:40.34
20.	Myles TURNER	16	West Suffolk	2:20.25	463	31.40	1:06.66	1:43.01
21.	Luke BRYAN	16	West Norfolk	2:21.02	456	30.01	1:05.25	1:42.40
22.	Oliver REEK	14	UEA Norwich	2:21.13	455	31.04	1:06.78	1:43.62
23.	Lucas DYSON-DIAZ	16	Hatfield	2:22.04	446	30.60	1:06.52	1:43.35
24.	Charles WHYTE	15	West Suffolk	2:22.26	444	30.42	1:06.62	1:44.60
25.	Cavan BECK	17	Rochford	2:22.42	442	30.57	1:06.58	1:44.01
26.	Matthew TITMAN	15	Co Cambridge	2:22.59	441	31.45	1:07.30	1:45.88
27.	Nathan WOODROW	13	UEA Norwich	2:22.68	440	31.37	1:06.95	1:44.62
28.	Elliott DAY	14	teamipswich	2:23.09	436	31.10	1:07.39	1:45.15
29.	Samuel GAINES	15	Hemel Hemp	2:24.03	428	31.86	1:09.62	1:47.97
30.	Ismail RAHIM	14	Berkhamsted	2:24.51	423	29.46	1:04.87	1:43.68
31.	Thomas ALLISON	15	Newmarket	2:24.64	422	30.49	1:07.09	1:46.00
32.	Harrison LEES	15	Watford SC	2:24.89	420	31.87	1:09.34	1:47.42
33.	Tanin KURSIDIM	14	Co St Albans	2:25.48	415	31.84	1:08.46	1:46.91
34.	Devesh KAPOOR	13	Watford SC	2:26.23	409	31.75	1:08.25	1:46.28
35.	Anthony SMITH	16	Hatfield	2:26.65	405	31.12	1:09.79	1:50.30
36.	John TELENSKY	15	Harpenden	2:26.94	403	29.95	1:07.66	1:48.15
37.	Angus HARROW	14	Harpenden	2:27.81	396	30.54	1:07.99	1:47.87
38.	Ryan MOGFORD	16	Chelmsford	2:27.96	394	30.68	1:06.59	1:45.68
39.	Jacob HUTCHINGS	18	Hemel Hemp	2:28.32	392	31.37	1:08.48	1:48.52
40.	Thomas BOYT	17	Felixstowe	2:29.57	382	31.11	1:07.97	1:48.22
41.	Kieran WHIGHT	20	Deben	2:30.11	378	30.58	1:06.99	1:47.88
42.	Benjamin PERKINS	17	UEA Norwich	2:31.31	369	29.52	1:04.65	1:45.75
43.	Daniel MURTAGH	13	Hatfield	2:33.08	356	32.81	1:11.98	1:51.44
44.	William STEEL	15	Co Peterboro	2:33.32	354	31.93	1:10.48	1:51.81
45.	Jake HALL	18	West Norfolk	2:33.91	350	31.95	1:10.54	1:51.89
	Herbie KINDER	14	Co Peterboro	DNC				
	Louis SPONG	17	DunmowAtlant	DNC				
	Callum THURSTON-WOOLNOUGH	16	Beccles Town	DQ				
	Oliver KENNY	19	West Norfolk	DQ				



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EVENT 206 Womens Open 100m Breaststroke

Senior Record 1:09.17 Junior Record 1:09.51

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Rebecca BURTON	18	Co Peterboro		1:10.29	698	33.07
2.	Leah ROUGHAN	17	Co Peterboro		1:11.02	676	33.60
3.	Louise BUSH	25	UEA Norwich		1:12.05	648	33.71
4.	Keira FROSDICK	14	West Norfolk		1:12.22	643	33.66
5.	Angharad EVANS	13	West Suffolk		1:12.89	626	34.25
6.	Lauren WATT	15	Newmarket		1:13.34	614	34.11
7.	Molly LEE	15	West Norfolk		1:13.63	607	34.25
8.	Amelia MONAGHAN	14	Co Peterboro		1:13.86	601	35.21
9.	Sarah O'BRIEN	20	UEA Norwich		1:14.20	593	34.40
10.	Sophie PAYNE	14	Hatfield		1:14.56	585	35.94
11.	Lauren BAKER	21	Hatfield		1:14.84	578	34.91
12.	Roxanne UYS	17	West Norfolk		1:14.90	577	35.10
13.	Lauren HARRISON	15	Co Peterboro		1:15.05	573	35.45
14.	Lauren SCOTT	14	Chelmsford		1:15.73	558	35.73
15.	Nadine SMITH	15	Hatfield		1:15.90	554	36.22
16.	Vejune PETRAITYTE	14	Basildon Ph		1:16.06	551	35.36
17.	Alara NORTON	15	Hatfield		1:16.43	543	35.98
17.	Grace RAYNER	18	Hatfield		1:16.43	543	35.80
19.	Cira FLETCHER	18	Bishop Stort		1:16.44	542	35.89
20.	Abigail HURST	15	Berkhamsted		1:16.49	541	35.63
21.	Emily BIGGS	17	Co Cambridge		1:16.54	540	35.41
22.	Sara KALAWSKA	13	Hatfield		1:16.63	538	36.47
23.	Rachel ROBINSON	16	UEA Norwich		1:16.88	533	35.41
24.	Aoife MARLEY	14	Witham Dolph		1:17.52	520	37.08
25.	Erin O'MEARA	13	Watford SC		1:17.58	519	36.28
26.	Annabelle BURGESS	13	teamipswich		1:17.62	518	36.33
27.	Danielle HARTIN	14	Basildon Ph	14	1:17.66	517	35.42
28.	Katie LINES	15	Lstoft & OB		1:17.70	516	36.98
29.	Louise FIDDES	15	Hatfield	14	1:17.75	515	37.07
30.	Chloe OGDEN	15	Bishop Stort		1:17.94	512	36.64
31.	Ellie MATTHEWS	13	Putteridge		1:18.04	510	36.57
32.	Megan WICKHAM	16	Bishop Stort		1:18.24	506	36.67
33.	Caitlin WATSON-DOTCHIN	15	Basildon Ph		1:18.41	503	37.84
34.	Sarah BOWEN	18	Lstoft & OB		1:18.47	501	36.77
35.	Emily SELLEN	17	Watford SC		1:18.58	499	37.44
36.	Zara KEEGAN	14	Co Cambridge		1:18.64	498	36.81
37.	Grace STEDMAN	13	Co St Albans		1:18.95	492	36.79
38.	Freya LINES	14	St Felix Sch		1:18.98	492	36.55
39.	Caitlin MASCALL	16	Harlow Pen		1:19.28	486	36.53
40.	Hannah MCNAUL	16	West Suffolk		1:19.46	483	37.45
41.	Imogen BLOOMFIELD	13	Co Cambridge		1:19.55	481	37.57
42.	Elena BACCAS	16	Verulam		1:19.72	478	37.51
43.	Alice FENDER	15	Hemel Hemp		1:19.92	475	37.18
44.	Lucy PARK	20	Watford SC		1:19.96	474	37.92
45.	Lorena PROWSE GARCIA	14	Co Cambridge		1:20.22	469	37.61
46.	Ellie WHEELER	14	Basildon Ph		1:20.26	469	37.95
47.	Abigail GREEN	16	Watford SC		1:20.29	468	37.67
47.	Mia LEECH	14	Co Peterboro		1:20.29	468	37.99
49.	Grace LEECH	14	Gt Yarmouth		1:20.42	466	37.68
50.	Charlotte ABRAMSON	12	UEA Norwich		1:20.50	464	38.07
51.	Eleanor WILLIAMS	13	Watford SC		1:20.55	464	37.86
52.	Megan BUNYARD	16	Linslade		1:20.60	463	37.07
53.	Annalise WRIGHT	16	Linslade		1:20.96	456	37.40
54.	Jasmine DEARNLEY	16	St Ives		1:21.05	455	37.60
54.	Eleanor BEVAN	14	Hemel Hemp		1:21.05	455	38.25
56.	Rebecca MERRILL	15	Norwich Swan		1:21.30	451	38.63
57.	Chiara ROGERS	13	Team Luton		1:21.32	450	38.68
58.	Grace MIDDLETON	14	Co Cambridge		1:21.36	450	38.05
59.	Celyn WALMSLEY	15	Team Luton		1:21.62	445	38.72
60.	Sophie PICKERING	16	teamipswich		1:21.90	441	39.30
61.	Jana SPINNER	17	UEA Norwich		1:22.26	435	37.40
62.	Poppy ALLEN	13	Basildon Ph		1:22.98	424	38.41
63.	Charlotte NASH	15	Bishop Stort		1:24.42	403	39.55
	Lauren NELSON	15	Harlow Pen		DNC		
	Jessica FARROW	16	Hatfield		DNC		
	Lauren GRICE	17	Mid Beds		DQ		

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Danielle HARTIN	14	Basildon Ph	14	1:17.66	1060	35.42
2.	Louise FIDDES	15	Hatfield	14	1:17.75	1056	37.07



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EVENT 207 Mens Open 100m Breaststroke

Senior Record 59.13 Junior Record 1:04.60

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Lawrence PALMER	24	Putteridge		1:00.68	769	28.56
2.	Brandon NABARRO	19	Putteridge		1:03.59	668	29.89
3.	Jordan BATSON	20	Putteridge		1:06.18	593	30.56
4.	Thomas WIGGINS	17	Co Peterboro		1:06.60	582	31.04
5.	Dominic HOLLOWAY	20	Co Cambridge		1:07.25	565	31.15
6.	Benjamin ARKLE	17	Co Cambridge		1:07.32	563	31.49
7.	Jack CHRISTIE	18	Hemel Hemp		1:07.71	553	31.73
8.	David SHIPMAN	16	Potters Bar		1:08.05	545	31.59
9.	Cameron MANLEY	17	Linslade		1:08.42	536	31.98
10.	Ole MILLS	17	Halstead		1:08.48	535	32.15
11.	Alex FLORANCE	16	West Norfolk		1:08.60	532	32.38
11.	Charles RAYNER	15	Hatfield		1:08.60	532	32.46
13.	Cole JAMES	15	Hatfield		1:09.37	515	32.74
14.	William LOVEMAN	16	Co St Albans		1:09.54	511	32.82
15.	Samuel COTTEE	16	teamipswich		1:09.55	511	32.33
16.	Finlay RYAN	17	Norwich Swan		1:09.66	508	32.82
17.	Jordan THORNTON	20	Co Cambridge		1:09.91	503	33.07
18.	Reese HOUSDEN	14	Hatfield		1:09.98	501	32.92
19.	Sam PERKINS	14	teamipswich		1:10.20	497	33.14
20.	Kyle PANTON	21	DunmowAtlant		1:10.23	496	32.76
21.	Ryan SYKES	20	West Norfolk		1:10.26	495	32.13
22.	Louis SPONG	17	DunmowAtlant		1:10.31	494	32.84
23.	Christopher GREENHALGH	20	Sudbury		1:10.39	493	33.11
24.	Samuel BRYAN	15	Basildon Ph		1:10.40	492	32.93
25.	Ralph MUNCER	15	Team Luton		1:10.46	491	33.37
26.	Daniel HURST	17	Berkhamsted		1:10.63	488	32.97
27.	Matthew GRAY	16	Co Peterboro		1:10.81	484	33.31
28.	Sydney NEWNHAM-STEBBIN	17	Lstof & OB		1:10.87	483	32.97
29.	Ryan JARVIS	17	Putteridge		1:10.97	481	32.69
30.	Myles TURNER	16	West Suffolk		1:11.12	478	34.02
31.	Daniel HILL	17	Linslade		1:11.15	477	33.33
32.	Ayotobi LAGUDA	14	Hatfield		1:11.33	473	33.00
33.	Joshua GAINES	18	Hemel Hemp		1:11.49	470	33.47
34.	Finn JEFFERY	13	St Felix Sch		1:11.56	469	34.26
35.	Billy LO	15	Basildon Ph		1:11.70	466	33.58
36.	Charles RENNIE	15	Braintree		1:11.91	462	33.91
37.	William RICHARDS	15	Dunstable		1:12.00	460	33.68
38.	Matthew MCLAUGHLIN	23	DunmowAtlant		1:12.25	455	33.70
39.	Martin RUSSELL-ROGERS	18	Hitchin		1:12.34	454	34.29
40.	David HENSMAN	16	Co St Albans		1:12.42	452	33.37
41.	Harvey NORMAN	15	Co Peterboro		1:12.68	447	34.42
42.	Jack MCGARRY	22	Leighton Buz		1:12.69	447	33.03
43.	Bryn COUSER	14	Bishop Stort		1:12.96	442	34.22
44.	Joseph COLLINS	17	Bishop Stort		1:13.14	439	34.42
45.	Matthew WOULDHAM	15	Co Peterboro		1:13.33	436	34.92
45.	Nick TITCHENER	40	Biggleswade		1:13.33	436	34.17
47.	Oliver CASHIN	14	Co Cambridge		1:13.44	434	34.67
48.	Harvey BANNISTER	16	Bishop Stort		1:13.56	432	34.32
49.	Oliver PYLE	16	West Suffolk		1:13.89	426	36.10
50.	Marcus KEMP	15	Watford SC		1:13.98	424	34.55
51.	Taylor BOWEN	15	West Suffolk		1:14.13	422	34.89
52.	Theo PARK	18	Leiston		1:14.42	417	34.31
53.	Joseph TALBOT	16	Linslade		1:14.80	410	34.40
54.	Joshua BRISTOW	14	Modernians		1:14.94	408	35.05
55.	Callum DAVIS	16	Bishop Stort		1:15.07	406	34.41
56.	Joseph RICHARDSON	15	Harpenden		1:16.58	382	35.29
57.	Jordan CATCHPOLE	17	UEA Norwich	14	1:17.47	369	36.33
58.	Aaron HIRD	17	Mid Beds	9	1:26.10	269	39.42
	Maxim DE WILDT	15	Co Cambridge				DQ
	Christopher SEARLE	24	Dereham				DQ
	Joseph MURRAY	17	Putteridge				DQ

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Jordan CATCHPOLE	17	UEA Norwich	14	1:17.47	625	36.33
2.	Aaron HIRD	17	Mid Beds	9	1:26.10	402	39.42



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EVENT 208 Womens Open 100m IM

Senior Record 1:02.71 Junior Record 1:03.93

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Rebecca BURTON	18	Co Peterboro	1:03.77	701
2.	Rikke NAGELL-KLEVEN	21	UEA Norwich	1:04.37	682
3.	Rachel WELLINGS	16	Co Peterboro	1:05.29	653
4.	Mollie ALLEN	18	Co Peterboro	1:05.39	650
5.	Holly HILDREW	17	Basildon Ph	1:06.64	614
6.	Lauren WATT	15	Newmarket	1:07.62	588
7.	Rebecca SHERWIN	16	teamipswich	1:07.63	588
8.	Molly OLLINGTON	18	West Suffolk	1:07.69	586
9.	Anna BLAKELEY	14	Co Peterboro	1:08.31	570
10.	Keira FROSDICK	14	West Norfolk	1:08.40	568
11.	Amelia MONAGHAN	14	Co Peterboro	1:08.64	562
12.	Abigail WHITING	17	West Norfolk	1:08.78	559
13.	Georgina PRYOR	18	Harlow Pen	1:08.79	559
14.	Grace RAYNER	18	Hatfield	1:08.99	554
15.	Tara COLEMAN	20	Leiston	1:09.00	554
16.	Amelia PEDDLE	16	Epping For't	1:09.15	550
17.	Amy PEMBERTON	15	Berkhamsted	1:09.33	546
18.	Meghan MAYBANKS	16	DunmowAtlant	1:09.49	542
19.	Roxanne UYS	17	West Norfolk	1:10.01	530
20.	Jessica WESTLAKE	17	St Felix Sch	1:10.07	529
21.	Cathryn THOMSON	26	St Ives	1:10.14	527
22.	Jessica WOODWARD	16	Potters Bar	1:10.29	524
23.	Mia LEECH	14	Co Peterboro	1:10.63	516
24.	Dina DAY	17	Basildon Ph	1:10.77	513
25.	Alice FENDER	15	Hemel Hemp	1:10.81	512
26.	Emma LESLIE	15	Co Peterboro	1:10.82	512
27.	Grace LEECH	14	Gt Yarmouth	1:11.04	507
28.	Sophie TAYLOR	15	St Felix Sch	1:11.14	505
29.	Eleanor LLEWELLYN	16	West Suffolk	1:11.33	501
30.	Faye HERMON	17	Felixstowe	1:11.38	500
31.	Georgina TALLON	16	Potters Bar	1:11.52	497
32.	Lauren BAKER	21	Hatfield	1:11.54	497
33.	Jordan COLEMAN	18	Leiston	1:11.70	493
34.	Annabelle BURGESS	13	teamipswich	1:11.89	489
35.	Erin O'MEARA	13	Watford SC	1:11.95	488
36.	Abigail GREEN	16	Watford SC	1:11.97	488
37.	Chloe OGDEN	15	Bishop Stort	1:12.06	486
38.	Maisie EASTER	14	UEA Norwich	1:12.16	484
39.	Libby DUNFORD	13	Hoddesdon	1:12.54	476
40.	Hannah MCNAUL	16	West Suffolk	1:12.72	473
41.	Peyton EWBank	16	Norwich Swan	1:13.21	463
42.	Abigail HURST	15	Berkhamsted	1:13.41	460
43.	Jana SPINNER	17	UEA Norwich	1:18.12	381
	Josie PRETIUS-WHITE	15	Bishop Stort	DQ	



East Swimming 2016 Short Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)

Inspire: Luton Sports Village

(Licensed Meet No. 2ER161979)



	50m 29.92	100m 1:03.92	150m 1:38.16	200m 2:12.46	250m 2:46.99	300m 3:21.80	350m 3:56.98	400m 4:30.65
43. Louis HINES		19 Watford SC		14 4:31.77	476			
	50m 30.14	100m 1:03.53	150m 1:37.87	200m 2:13.25	250m 2:47.94	300m 3:22.67	350m 3:57.14	400m 4:31.77
44. Ryan MOGFORD		16 Chelmsford		4:33.14	469			
	50m 30.08	100m 1:03.83	150m 1:38.63	200m 2:13.47	250m 2:48.02	300m 3:23.41	350m 3:58.85	400m 4:33.14
45. Callum HODGSON		16 Basildon Ph		14 4:52.94	380			
	50m 33.21	100m 1:09.43	150m 1:47.01	200m 2:24.41	250m 3:01.12	300m 3:39.76	350m 4:17.24	400m 4:52.94
Herbie KINDER		14 Co Peterboro		DNC				

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints			
1.	Louis HINES	19	Watford SC	14	4:31.77	770			
	50m 30.14	100m 1:03.53	150m 1:37.87		200m 2:13.25	250m 2:47.94	300m 3:22.67	350m 3:57.14	400m 4:31.77
2.	Jaxon SIMMONS	16	Co Peterboro	13	4:30.65	767			
	50m 29.92	100m 1:03.92	150m 1:38.16		200m 2:12.46	250m 2:46.99	300m 3:21.80	350m 3:56.98	400m 4:30.65
3.	Callum HODGSON	16	Basildon Ph	14	4:52.94	615			
	50m 33.21	100m 1:09.43	150m 1:47.01		200m 2:24.41	250m 3:01.12	300m 3:39.76	350m 4:17.24	400m 4:52.94