



East Swimming 2016 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)
(Licensed Meet No. 1ER160820)



Start Lists Session Six

Event 231 Mens 15 Yrs 200m Butterfly

Final			
L 1	Azar AITMARRI	15 Thurrock	2:28.59
L 2	William STEEL	15 Co Peterboro	2:26.80
L 3	Samuel BRYAN	15 Basildon Ph	2:24.27
L 4	James MCFARLAND	15 Mid Beds	2:22.86
L 5	Jamie MCCAFFRAY	15 Modernians	2:24.04
L 6	Harrison LEES	15 Watford SC	2:26.18
L 7	John TELENSKY	15 Harpenden	2:26.88
L 8	Taylor BOWEN	15 West Suffolk	2:33.07

Event 232 Mens 16 Yrs 200m Butterfly

Final			
L 1	Callum DAVIS	16 Bishop Stort	2:20.75
L 2	Samuel PECK	16 UEA Norwich	2:19.63
L 3	Benjamin GARRATT	16 Hatfield	2:17.46
L 4	Jake THOMAS-MANSFIELD	16 West Suffolk	2:16.00
L 5	Harry WHITEMAN	16 Co Peterboro	2:16.14
L 6	James WOODWARD	16 Potters Bar	2:18.39
L 7	Harry JONES	16 Hitchin	2:20.11
L 8	Anthony SMITH	16 Hatfield	2:28.97

Event 233 Mens 17 Yrs/Over 200m Butterfly

Final			
L 1	Bradley VEITCH	17 Harlow Pen	2:20.41
L 2	Matthew WRIGHT	18 Team Luton	2:19.17
L 3	Luke SUGDEN	17 Hatfield	2:15.24
L 4	George EPSLY	18 Basildon Ph	2:09.94
L 5	Joshua GRAVES	19 Co Peterboro	2:09.99
L 6	Harry FOX	17 Basildon Ph	2:17.20
L 7	Calvin COE	18 Stowmarket	2:19.57
L 8	Mason ARNOLD	19 Harlow Pen	2:22.27

Event 234 Womens 15 Yrs 50m Backstroke

Final			
L 1	Maddison SAUNDERS	15 Co Peterboro	32.65
L 2	Josie PRETIOUS-WHITE	15 Bishop Stort	32.56
L 3	Claire BURRELL	15 Harpenden	32.14
L 4	Niamh JAMES	15 Bishop Stort	31.89
L 5	Chloe LENCE	15 Modernians	32.02
L 6	Angel DUNDERDALE	15 UEA Norwich	32.23
L 7	Poppy RICHARDSON	15 Co Peterboro	32.63
L 8	Phoebe HAYDEN	15 Stowmarket	32.77

Event 235 Womens 16 Yrs 50m Backstroke

Final			
L 1	Eleanor KING	16 Dunstable	32.29
L 2	Susanna FRASER	16 Co Cambridge	32.16
L 3	Rachel WELLINGS	16 Co Peterboro	30.89
L 4	Rebecca SHERWIN	16 teamipswich	30.02
L 5	Meghan MAYBANKS	16 DunmowAtlant	30.82
L 6	Brooke FROST	16 Basildon Ph	31.27
L 7	Amelia PEDDLE	16 Epping For't	32.21
L 8	Elinor DULEY	16 Colchester	32.32

Event 236 Womens 17 Yrs/Over 50m Backstroke

Final			
L 1	Chloe HAZELL	18 UEA Norwich	31.71
L 2	Alaina SCIFO	19 teamipswich	31.63
L 3	Martha DULEY	17 Colchester	30.46
L 4	Mollie ALLEN	18 Co Peterboro	29.32
L 5	Faye NUGENT	20 Hatfield	30.25
L 6	Georgina PRYOR	18 Harlow Pen	31.37
L 7	Lauren HALL	17 Co Cambridge	31.64
L 8	Emily LANE	20 Basildon Ph	31.76

Event 237 Mens 15 Yrs 50m Freestyle

Final			
L 1	Ashley COOMBS	15 Hemel Hemp	27.12
L 2	Nicholas PERKINS	15 UEA Norwich	27.02
L 3	Joshua SMITH	15 DunmowAtlant	26.79
L 4	Matthew TITMAN	15 Co Cambridge	26.10
L 5	John TELENSKY	15 Harpenden	26.64
L 6	John BOYLE	15 DunmowAtlant	26.93
L 7	Joel CLARKE	15 UEA Norwich	27.03
L 8	Jacob CLARKE	15 West Suffolk	27.25

Event 238 Mens 16 Yrs 50m Freestyle

Final			
L 1	Adam MARTIN	16 Potters Bar	25.75
L 2	Jack SPAIN	16 teamipswich	25.59
L 3	Luke TURLEY	16 Hatfield	25.50
L 4	Harry CONSTANTINE	16 Hatfield	24.84
L 5	Samuel COTTEE	16 teamipswich	25.32
L 6	Harvey JOLLY	16 Basildon Ph	25.55
L 7	David SHIPMAN	16 Potters Bar	25.63
L 8	Reece NICHOLLS	16 Basildon Ph	25.80

Event 239 Mens 17 Yrs/Over 50m Freestyle

Final			
L 1	Oliver FITT	17 St Ives	25.12
L 2	Kevin PICKARD	28 Hatfield	25.09
L 3	Jordan MANN	18 UEA Norwich	24.89
L 4	Brandon NABARRO	19 Putteridge	24.60
L 5	Peter WEBSTER	18 Hatfield	24.81
L 6	Jordan BATSON	20 Putteridge	25.02
L 7	Lee BAKER	21 Harlow Pen	25.12
L 8	Dominic SCIFO	17 teamipswich	25.15

Event 240 Womens 15 Yrs 100m Breaststroke

Final			
L 1	Chloe OGDEN	15 Bishop Stort	1:19.65
L 2	Honey HARVEY	15 UEA Norwich	1:19.12
L 3	Abigail HURST	15 Berkhamsted	1:18.24
L 4	Molly LEE	15 West Norfolk	1:16.95
L 5	Lauren HARRISON	15 Co Peterboro	1:17.97
L 6	Nadine SMITH	15 Hatfield	1:19.02
L 7	Lauren WATT	15 Newmarket	1:19.53
L 8	Alara NORTON	15 Cheshunt	1:20.92

Event 241 Womens 16 Yrs 100m Breaststroke

Final			
L 1	Caitlin MASCALL	16 Harlow Pen	1:22.07
L 2	Catherine BROWN	16 Norwich Swan	1:21.85
L 3	Lucy JESSOP	16 Brentwood	1:20.67
L 4	Laura COPPING	16 Hatfield	1:18.17
L 5	Rachel ROBINSON	16 UEA Norwich	1:20.65
L 6	Hannah MCNAUL	16 West Suffolk	1:21.59
L 7	Sophie PICKERING	16 teamipswich	1:22.07
L 8	Megan WICKHAM	16 Harlow Pen	1:22.60

Event 242 Womens 17 /Over 100m Breaststroke

Final			
L 1	Lana MO	17 West Suffolk	1:18.92
L 2	Louise BUSH	25 UEA Norwich	1:17.29
L 3	Natalie COOGANS	19 West Norfolk	1:13.73
L 4	Leah ROUGHAN	17 Co Peterboro	1:12.56
L 5	Rebecca BURTON	18 Co Peterboro	1:13.47
L 6	Emily BIGGS	17 Co Cambridge	1:16.37
L 7	Kate MCQUAID	18 Hatfield	1:18.28
L 8	Cira FLETCHER	18 Bishop Stort	1:19.37

Event 243 Mens 15 Yrs 200m Breaststroke

Final			
L 1	Maxim DE WILDT	15 Co Cambridge	2:44.48
L 2	Harvey NORMAN	15 Co Peterboro	2:41.44
L 3	Cole JAMES	15 Hatfield	2:38.48
L 4	Charles RAYNER	15 Hatfield	2:30.29
L 5	Ralph MUNCER	15 Team Luton	2:37.49
L 6	Jack RICHES	15 UEA Norwich	2:40.55
L 7	Billy LO	15 Basildon Ph	2:44.16
L 8	Matthew WOULDHAM	15 Co Peterboro	2:45.47

Event 244 Mens 16 Yrs 200m Breaststroke

Final			
L 1	Luke CROFTS	16 Thurrock	2:48.46
L 2	Harry NICHOLLS	16 Basildon Ph	2:42.97
L 3	James MONCUR-BROWN	16 UEA Norwich	2:38.70
L 4	Samuel PECK	16 UEA Norwich	2:34.90
L 5	Myles TURNER	16 West Suffolk	2:36.50
L 6	William LOVEMAN	16 Co St Albans	2:42.26
L 7	Alex FLORANCE	16 West Norfolk	2:44.91
L 8	Joseph TALBOT	16 Linslade	2:48.71



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Event 245 Mens 17 Yrs/Over 200m Breaststroke

Final			
L 1	Thomas WIGGINS	17 Co Peterboro	2:34.37
L 2	Thomas SARAH	22 Co Cambridge	2:31.54
L 3	James NEWTON	18 Co Peterboro	2:29.72
L 4	Lawrence PALMER	24 Putteridge	2:28.59
L 5	Justin BOTT	18 Diss Otters	2:29.27
L 6	Fraser SCOTT	18 Basildon Ph	2:31.04
L 7	Christopher SMITH	20 Hoddesdon	2:33.73
L 8	Jack PICKERING	18 teamipswich	2:37.11

Event 246 Womens 15 Yrs 100m Butterfly

Final			
L 1	Holly JASZKIEWICZ	15 Co Peterboro	1:12.66
L 2	Jessica MANSFIELD	15 Huntingdon	1:10.92
L 3	Molly FRANCIS	15 Hatfield	1:09.06
L 4	Bryony UMFREVILLE	15 Basildon Ph	1:07.87
L 5	Poppy RICHARDSON	15 Co Peterboro	1:08.16
L 6	Imogen COOKE	15 UEA Norwich	1:10.48
L 7	Martine TRAN	15 Thurrock	1:10.95
L 8	Ellen NORTHWOOD	15 Berkhamsted	1:12.85

Event 247 Womens 16 Yrs 100m Butterfly

Final			
L 1	Eleanor LLEWELLYN	16 West Suffolk	1:10.82
L 2	Abigail WEBB	16 Deben	1:10.50
L 3	Brooke FROST	16 Basildon Ph	1:07.02
L 4	Shannon STOTT	16 Co St Albans	1:04.72
L 5	Elinor DULEY	16 Colchester	1:06.96
L 6	Georgina CURTIS	16 Mid Beds	1:09.79
L 7	Amber SHINE	16 Hatfield	1:10.73
L 8	Hannah MCNAUL	16 West Suffolk	1:10.91

Event 248 Womens 17 Yrs/Over 100m Butterfly

Final			
L 1	Lauren GRICE	17 Leighton Buz	1:08.10
L 2	Bethany SAUNDERS	17 Co Peterboro	1:06.66
L 3	Amy YOUNG	17 Bishop Stort	1:06.00
L 4	Georgina PRYOR	18 Harlow Pen	1:04.47
L 5	Taylor GOODBY	18 Co Peterboro	1:05.55
L 6	Rikke NAGELL-KLEVEN	21 UEA Norwich	1:06.17
L 7	Rebecca BURTON	18 Co Peterboro	1:06.75
L 8	Bethany SAMPHER	17 West Suffolk	1:08.18

Event 249 Mens 15 Yrs 200m Backstroke

Final			
L 1	Michael RIPPER	15 Harpenden	2:25.54
L 2	Max JELFS	15 Hemel Hemp	2:23.97
L 3	James CHENNELLS	15 Berkhamsted	2:23.62
L 4	Daniel CHADA	15 Bishop Stort	2:20.58
L 5	Joshua SMITH	15 DunmowAtlant	2:21.99
L 6	Harvey NORMAN	15 Co Peterboro	2:23.86
L 7	Nicholas PERKINS	15 UEA Norwich	2:25.38
L 8	Matteo TONTODONATI	15 Hoddesdon	2:26.54

Event 250 Mens 16 Yrs 200m Backstroke

Final			
L 1	Harry WHITEMAN	16 Co Peterboro	2:19.17
L 2	Luke TURLEY	16 Hatfield	2:15.84
L 3	Tyler BERRY	16 Basildon Ph	2:14.96
L 4	Matthew GRAY	16 Co Peterboro	2:14.28
L 5	Reece NICHOLLS	16 Basildon Ph	2:14.79
L 6	Harry CONSTANTINE	16 Hatfield	2:15.55
L 7	Myles TURNER	16 West Suffolk	2:16.99
L 8	Harry EADE	16 teamipswich	2:23.28

Event 251 Mens 17 Yrs/Over 200m Backstroke

Final			
L 1	Harry FOX	17 Basildon Ph	2:14.58
L 2	Michael LARDNER	17 Co Peterboro	2:13.68
L 3	James NEWTON	18 Co Peterboro	2:11.19
L 4	Nathan WELLS	18 West Norfolk	2:09.83
L 5	Oliver FITT	17 St Ives	2:09.91
L 6	Samuel PEASE	17 Basildon Ph	2:13.56
L 7	Ryan KELLY	17 Chelmsford	2:13.69
L 8	Elliot WYLIE	17 Team Luton	2:15.23

Event 252 Womens 15 Yrs 100m Freestyle

Final			
L 1	Holly JASZKIEWICZ	15 Co Peterboro	1:02.99
L 2	Poppy RICHARDSON	15 Co Peterboro	1:02.13
L 3	Lauren WATT	15 Newmarket	1:01.26
L 4	Molly FRANCIS	15 Hatfield	1:00.43
L 5	Chloe LENCE	15 Modernians	1:01.18
L 6	Honey HARVEY	15 UEA Norwich	1:02.04
L 7	Amy PEMBERTON	15 Berkhamsted	1:02.68
L 8	Sonia TUMIOTTO	15 St Felix Sch	1:03.01

Event 253 Womens 16 Yrs 100m Freestyle

Final			
L 1	Beth EDWARDS	16 West Suffolk	1:01.89
L 2	Rachel WELLINGS	16 Co Peterboro	1:01.48
L 3	Meghan MAYBANKS	16 DunmowAtlant	1:01.05
L 4	Rebecca SHERWIN	16 teamipswich	58.70
L 5	Elinah PHILLIP	16 Bishop Stort	1:00.68
L 6	Elinor DULEY	16 Colchester	1:01.12
L 7	Katie CONYERS	16 Potters Bar	1:01.80
L 8	Amelia PEDDLE	16 Epping For't	1:02.16

Event 254 Womens 17 Yrs/Over 100m Freestyle

Final			
L 1	Rianna SMITH	18 Basildon Ph	1:00.31
L 2	Abby SMITH	20 Harpenden	1:00.01
L 3	Bethany SAUNDERS	17 Co Peterboro	59.87
L 4	Mollie ALLEN	18 Co Peterboro	58.62
L 5	Amy GODSAVE	17 Hoddesdon	59.52
L 6	Molly OLLINGTON	18 West Suffolk	59.97
L 7	Martha DULEY	17 Colchester	1:00.06
L 8	Georgina PRYOR	18 Harlow Pen	1:00.35

Event 255 Mens 15 Yrs 50m Breaststroke

Final			
L 1	Maxim DE WILDT	15 Co Cambridge	34.42
L 2	Cole JAMES	15 Hatfield	33.84
L 3	Billy LO	15 Basildon Ph	33.47
L 4	Charles RAYNER	15 Hatfield	32.39
L 5	Samuel BRYAN	15 Basildon Ph	32.74
L 6	Raffaele GRACI	15 Putteridge	33.73
L 7	Jack RICHES	15 UEA Norwich	34.10
L 8	Joseph RICHARDSON	15 Harpenden	34.51

Event 256 Mens 16 Yrs 50m Breaststroke

Final			
L 1	Liam BLATCH	16 Norfolk Vikg	33.75
L 2	James MONCUR-BROWN	16 UEA Norwich	33.15
L 3	Oliver PYLE	16 West Suffolk	32.54
L 4	David SHIPMAN	16 Potters Bar	31.67
L 5	Samuel PECK	16 UEA Norwich	32.02
L 6	Samuel COTTEE	16 teamipswich	32.56
L 7	James WOODWARD	16 Potters Bar	33.57
L 8	Luke CROFTS	16 Thurrock	33.78

Event 257 Mens 17 Yrs/Over 50m Breaststroke

Final			
L 1	Joseph MURRAY	17 Putteridge	31.33
L 2	Hayden THOMAS	21 Harlow Pen	31.28
L 3	Dominic HOLLOWAY	20 Co Cambridge	30.95
L 4	Lawrence PALMER	24 Putteridge	28.12
L 5	Jordan BATSON	20 Putteridge	30.38
L 6	Brandon NABARRO	19 Putteridge	31.12
L 7	Christopher SMITH	20 Hoddesdon	31.30
L 8	Edward LOVEMAN	22 Co St Albans	31.42



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Start Lists Session Six

Event 258 Womens 14/16 Yrs 400m Medley Team

H 1	L 2	Newmarket & Dist SC Charlie DAVIS Lauren WATT Ciara GILL-RYAN Safiyya AXON-COATES	Newmarket	5:01.20
L 3		Cheshunt Swimming Club Eleanor TURPIN Alara NORTON Courtney BURKE Emily LUSH	Cheshunt	4:56.00
L 4		City Of Peterborough C Emma LESLIE Sophie CROWTHER Jade GOODE Poppy LEECH	Co Peterboro	4:43.46
L 5		Hatfield B Bailey WILKES Sophie PAYNE Natasha BENTLEY Jess TURLEY	Hatfield	4:44.90
L 6		Dereham & District SC Maysie STEDMAN Megan GREEN Kioni BROOMFIELD Ellie FOSTER	Dereham	4:58.00
H 2	L 1	Hatfield A Laura COPPING Nadine SMITH Molly FRANCIS Amber SHINE	Hatfield	4:36.80
L 2		City Of Peterborough B Maddison SAUNDERS Lauren HARRISON Mia LEECH Anna BLAKELY	Co Peterboro	4:35.39
L 3		Bishops Stortford SC Niamh JAMES Chloe OGDEN Elinah PHILLIP Mia CARTER	Bishop Stort	4:31.70
L 4		City Of Peterborough A Rachel WELLINGS Amelia MONAGHAN Poppy RICHARDSON Christie WOODS	Co Peterboro	4:21.55
L 5		UEA City of Norwich SC Masie EASTER Kiera FROSDICK Megan PYE Charlotte WALKER	UEA Norwich	4:30.00
L 6		West Suffolk Swimming Hannah BRECKNELL Hannah MCNAUL Eleanor LLEWELLYN Beth EDWARDS	West Suffolk	4:34.49
L 7		Basildon & Phoenix SC Brooke FROST Vejune PETRAITYTE Bryony UMFREVILLE Macy LAWRENCE	Basildon Ph	4:36.00
L 8		City of St Albans SC Zoe HORNE Jessica LAITNER Shannon STOTT Lauren STOTT	Co St Albans	4:38.00

Event 259 Womens 17 Yrs/Over 400m Medley Team

H 1	L 1	Basildon & Phoenix SC Emily LANE Rianna SMITH Katarina BLANCO Tia COLBY	Basildon Ph	4:36.00
L 2		City of Cambridge SC Lauren HALL Emily BIGGS Amy FELGATE Agatha MALIKOVA	Co Cambridge	4:35.00
L 3		West Suffolk Swimming Lana MO Bethany MOTTRAM Bethany SAMPHER Molly OLLINGTON	West Suffolk	4:28.67
L 4		UEA City of Norwich SC Chloe HAZELL Louise BUSH Rikke NAGELL-KLEVEN Jana SPINNER	UEA Norwich	4:06.00
L 5		City Of Peterborough A Mollie ALLEN Leah ROUGHAN Taylor GOODBY Bethany SAUNDERS	Co Peterboro	4:17.24
L 6		Hatfield A Faye NUGENT Grace RAYNER Kate MCQUAID Amber HUGHES	Hatfield	4:29.80
L 7		Bishops Stortford SC Emily LAMPON Cira FLETCHER Amy YOUNG Amarah PHILLIP	Bishop Stort	4:35.50



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Event 260 Mens 14/16 Yrs 400m Freestyle Team

H 1	L 3	City Of Peterborough B Herbie KINDER Henry PEARCE William STEEL Matthew ROTHWELL	Co Peterboro	4:06.22
	L 4	Harpenden Swimming Clu John TELENSKY Joseph RICHARDSON Angus HARROLD Michael RIPPER	Harpenden	4:05.91
	L 5	City of St Albans SC William LOVEMAN David HENSMAN Tommy CADENHEAD Tanin KURSIDIN	Co St Albans	4:06.00
H 2	L 1	City of Cambridge SC Matthew TITMAN Jake MOXHAM Harvey SKELLERN Maxim DE WILDT	Co Cambridge	3:55.00
	L 2	UEA City of Norwich SC Joel CLARKE Samuel PECK Thomas OWEN Ryan SMITH	UEA Norwich	3:49.00
	L 3	Basildon & Phoenix SC Ryan NICHOLLS Tyler BERRY James BAYLEY Harvey JOLLY	Basildon Ph	3:45.00
	L 4	Hatfield A Harry CONSTANTINE Reese HOUSDEN Lucas DYSON-DIAZ Luke TURLEY	Hatfield	3:38.70
	L 5	Potters Bar SC James BLOUNT David SHIPMAN Adam MARTIN James WOODWARD	Potters Bar	3:41.05
	L 6	Hatfield B Anthony SMITH Benjamin GARRATT Charles RAYNER Cole JAMES	Hatfield	3:46.50
	L 7	City Of Peterborough A Harry WHITEMAN Harvey NORMAN Myles ROBINSON-YOUNG Matthew GRAY	Co Peterboro	3:50.73

Event 261 Mens 17 Yrs/Over 400m Free.Team

H 1	L 2	City of St Albans SC Liam CURRAN Daniel SCHINDLER Thomas SHERRIFF Edward LOVEMAN	Co St Albans	3:44.00
	L 3	Harlow Penguin SC Hayden THOMAS Bradley VEITCH Mason ARNOLD Lee BAKER	Harlow Pen	3:36.00
	L 4	Basildon & Phoenix SC George EPSLY James DAVIS James DAY Conor HARROLD	Basildon Ph	3:34.00
	L 5	Hatfield A Oliver PERRY Nathan BENTLEY Luke SUGDEN Peter WEBSTER	Hatfield	3:35.20
	L 6	City Of Peterborough A Cameron MCRAE Thomas WIGGINS Joshua GRAVES Daniel LEIGH	Co Peterboro	3:41.18
	L 7	UEA City of Norwich SC Jordan MANN Dalton YALLOP Liam DOONAN Thomas HOVEN	UEA Norwich	4:42.00