



# East Swimming 2016 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing  
& to ASA Open Meet Licensing Criteria)  
(Licensed Meet No. 1ER160820)



## Start Lists Session Five

### Event 221 Mens 200m Backstroke

H 1	L 2 George HART	15	Mid Beds	2:23.82
	L 3 James CHENNELLS	15	Berkhamsted	2:23.62
	L 4 Thomas STANBURY	15	Potters Bar	2:23.22
	L 5 Lewis BAYLEY	15	Southend	2:23.34
	L 6 Nicholas PERKINS	15	UEA Norwich	2:23.81
H 2	L 1 Harvey NORMAN	15	Co Peterboro	2:22.87
	L 2 Samuel WORTLEY	15	West Suffolk	2:22.31
	L 3 Jack SANGSTER	15	Modernians	2:21.85
	L 4 Max JELFS	15	Hemel Hemp	2:20.26
	L 5 Matteo TONTODONATI	15	Hoddesdon	2:21.78
	L 6 Taylor BOWEN	15	West Suffolk	2:22.16
	L 7 Matthew TITMAN	15	Co Cambridge	2:22.34
	L 8 John BOYLE	15	DunmowAtlant	2:23.17
H 3	L 1 Michael RIPPER	15	Harpenden	2:19.45
	L 2 Max WILSON	16	Modernians	2:18.86
	L 3 Harry WHITEMAN	16	Co Peterboro	2:17.11
	L 4 Thomas BOYT	17	Felixstowe	2:15.34
	L 5 Bayley FINBOW	16	teamipswich	2:15.88
	L 6 Joshua SMITH	15	DunmowAtlant	2:17.64
	L 7 Jack RYAN	16	Mid Beds	2:19.43
	L 8 Alex WALMSLEY	16	teamipswich	2:19.47
H 4	L 1 Daniel CHADA	15	Bishop Stort	2:14.31
	L 2 Reece NICHOLLS	16	Basildon Ph	2:11.36
	L 3 Tyler BERRY	16	Basildon Ph	2:08.92
	L 4 Peter WEBSTER	18	Hatfield	2:06.12
	L 5 Ryan KELLY	17	Chelmsford	2:07.64
	L 6 Elliot WYLLIE	17	Team Luton	2:10.92
	L 7 Ryan NICHOLLS	18 S14	Basildon Ph	2:12.81
	L 8 Harry EADE	16	teamipswich	2:14.83
H 5	L 1 Luke TURLEY	16	Hatfield	2:14.20
	L 2 Joshua GAINES	18	Hemel Hemp	2:11.16
	L 3 Michael LARDNER	17	Co Peterboro	2:08.47
	L 4 Oliver FITT	17	St Ives	2:04.50
	L 5 James NEWTON	18	Co Peterboro	2:07.21
	L 6 Matthew GRAY	16	Co Peterboro	2:10.83
	L 7 Cameron MCRAE	17	Co Peterboro	2:12.77
	L 8 Oliver LANGFORD	17	Modernians	2:14.82
H 6	L 1 Harry CONSTANTINE	16	Hatfield	2:13.60
	L 2 Leone CRICK	18	Leighton Buz	2:10.97
	L 3 Harry FOX	17	Basildon Ph	2:08.06
	L 4 Nathan WELLS	18	West Norfolk	2:03.95
	L 5 Samuel PEASE	17	Basildon Ph	2:07.09
	L 6 Brandon NABARRO	19	Putteridge	2:10.60
	L 7 Myles TURNER	16	West Suffolk	2:11.97
	L 8 Callum KEANE	17	Co St Albans	2:14.62

### Event 222 Womens 100m Freestyle

H 1	L 3 Caitlin WATSON-DOTCHIN	15	Basildon Ph	1:02.50
	L 4 Maddison SAUNDERS	15	Co Peterboro	1:01.83
	L 5 Tilly ANEMA	15	Norwich Swan	1:02.04
H 2	L 1 Kioni BROOMFIELD	16	Dereham	1:01.74
	L 2 Alice FENDER	15	Hemel Hemp	1:01.53
	L 3 Sophie BURNS	16	Watford SC	1:01.44
	L 4 Poppy LEECH	16	Co Peterboro	1:01.30
	L 5 Francesca CROCKER	16	St Ives	1:01.40
	L 6 Beth EDWARDS	16	West Suffolk	1:01.53
	L 7 Sonia TUMIOTTO	15	St Felix Sch	1:01.72
	L 8 Jessica MANSFIELD	15	Huntingdon	1:01.83
H 3	L 1 Chloe LENCE	15	Modernians	1:01.20
	L 2 Abigail WEBB	16	Deben	1:01.04
	L 3 Eleanor KING	16	Dunstable	1:00.79
	L 4 Katie CONYERS	16	Potters Bar	1:00.13
	L 5 Dolly TRIGG	18	teamipswich	1:00.47
	L 6 Holly JASZKIEWICZ	15	Co Peterboro	1:00.80
	L 7 Susanna FRASER	16	Co Cambridge	1:01.05
	L 8 Amy PEMBERTON	15	Berkhamsted	1:01.25
H 4	L 1 Honey HARVEY	15	UEA Norwich	1:00.08
	L 2 Lauren WATT	15	Newmarket	1:00.00
	L 3 Faye HERMON	17	Felixstowe	59.96
	L 4 Christie WOODS	16	Co Peterboro	59.95
	L 5 Kaythi AUNG	18	Colchester	59.95
	L 6 Poppy RICHARDSON	15	Co Peterboro	59.98
	L 7 Abigail GREEN	16	Watford SC	1:00.06
	L 8 Lauren BURTON	18	Dereham	1:00.10

H 5	L 1 Leah ROUGHAN	17	Co Peterboro	59.67
	L 2 Meghan MAYBANKS	16	DunmowAtlant	59.00
	L 3 Martha DULEY	17	Colchester	58.30
	L 4 Amy GODSAVE	17	Hoddesdon	57.08
	L 5 Abigail WHITING	17	West Norfolk	58.11
	L 6 Lauren SIMPKINS	18	Putteridge	58.70
	L 7 Katarina BLANCO	19	Basildon Ph	59.40
	L 8 Rianna SMITH	18	Basildon Ph	59.89
H 6	L 1 Alaina SCIFO	19	teamipswich	59.53
	L 2 Georgina LAWSON	19	Co St Albans	58.99
	L 3 Molly OLLINGTON	18	West Suffolk	58.25
	L 4 Mollie ALLEN	18	Co Peterboro	56.90
	L 5 Georgina PRYOR	18	Harlow Pen	57.84
	L 6 Elinah PHILLIP	16	Bishop Stort	58.59
	L 7 Elinor DULEY	16	Colchester	59.20
	L 8 Tara COLEMAN	20	Leiston	59.89
H 7	L 1 Amelia PEDDLE	16	Epping For't	59.50
	L 2 Amy YOUNG	17	Bishop Stort	58.90
	L 3 Bethany SAUNDERS	17	Co Peterboro	58.20
	L 4 Rebecca SHERWIN	16	teamipswich	56.18
	L 5 Molly FRANCIS	15	Hatfield	57.47
	L 6 Rachel WELLINGS	16	Co Peterboro	58.38
	L 7 Abby SMITH	20	Harpenden	59.16
	L 8 Rebecca SCOTT	18	Hitchin	59.75

### Event 223 Mens 50m Breaststroke

H 1	L 3 George SPORLE	15	Co Ely	35.24
	L 4 Fraser RYAN	15	Norwich Swan	35.10
	L 5 Azar AITMARRI	15	Thurrock	35.11
H 2	L 1 Lucas DOVE	15	St Ives	34.86
	L 2 John TELENSKY	15	Harpenden	34.75
	L 3 Marcus KEMP	15	Watford SC	34.51
	L 4 Callum DAVIS	16	Bishop Stort	34.42
	L 5 Samuel SKUSE	15	Beccles Town	34.46
	L 6 Taylor BOWEN	15	West Suffolk	34.53
	L 7 Matthew WOULDHAM	15	Co Peterboro	34.75
	L 8 Ralph DAVIES	15	Hoddesdon	35.00
H 3	L 1 Thomas GRIEVE	16	Colchester	34.28
	L 2 Ralph MUNCER	15	Team Luton	34.20
	L 3 William RICHARDS	15	Dunstable	34.20
	L 4 Maxim DE WILDT	15	Co Cambridge	33.95
	L 5 Harvey NORMAN	15	Co Peterboro	33.99
	L 6 Daniel LUSH	16	Cheshunt	34.20
	L 7 James BLOUNT	16	Potters Bar	34.25
	L 8 Henry BUTLER	16	Leiston	34.33
H 4	L 1 Dominic BOYLAN	16	Diss Otters	33.87
	L 2 David HENSMAN	16	Co St Albans	33.70
	L 3 Thomas FAULKNER	16	Leighton Buz	33.50
	L 4 Raffaele GRACI	15	Putteridge	33.40
	L 5 Jamie COLES	15	Colchester	33.50
	L 6 Ryan SMITH	16	UEA Norwich	33.58
	L 7 Harry WALKER	16	Chelmsford	33.80
	L 8 Joseph RICHARDSON	15	Harpenden	33.90
H 5	L 1 James WOODWARD	16	Potters Bar	33.37
	L 2 Luke CROFTS	16	Thurrock	33.30
	L 3 Jack RICHES	15	UEA Norwich	33.10
	L 4 Charles RENNIE	15	Braintree	33.00
	L 5 Harvey BANNISTER	16	Harlow Pen	33.10
	L 6 Nathan SWIFT	15	Putteridge	33.20
	L 7 Liam BLATCH	16	Norfolk Vikg	33.30
	L 8 Joseph TALBOT	16	Linslade	33.40
H 6	L 1 Alex FLORANCE	16	West Norfolk	32.90
	L 2 Louis SPONG	17	DunmowAtlant	32.79
	L 3 Mason ARNOLD	19	Harlow Pen	32.70
	L 4 James HANCOCK	18	Mid Beds	32.50
	L 5 Martin RUSSELL-ROGERS	18	Hitchin	32.51
	L 6 Daniel SCHINDLER	17	Co St Albans	32.79
	L 7 Joseph COLLINS	17	Bishop Stort	32.90
	L 8 Archie HOLMAN	18	West Norfolk	32.96
H 7	L 1 Christopher GREENHALGH	20	Sudbury	32.44
	L 2 Finlay RYAN	17	Norwich Swan	32.40
	L 3 Michael JUDD	18	Dunstable	32.40
	L 4 Alexander MASON	20	Team Luton	32.20
	L 5 William LOVEMAN	16	Co St Albans	32.30
	L 6 Samuel PEASE	17	Basildon Ph	32.40
	L 7 Daniel HURST	17	Berkhamsted	32.41
	L 8 Jack POPE	17	Modernians	32.50



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## Start Lists Session Five

H 8	L 1	Zhi ONG	17	Co St Albans	32.14
	L 2	James NEWTON	18	Co Peterboro	32.10
	L 3	Daniel HILL	17	Linslade	32.10
	L 4	Adam COLYER	19	Potters Bar	32.03
	L 5	Peter LAWTON	25	Southend	32.10
	L 6	James MONCUR-BROWN	16	UEA Norwich	32.10
	L 7	Oliver PYLE	16	West Suffolk	32.10
	L 8	Samuel BRYAN	15	Basildon Ph	32.20

H 9	L 1	Cole JAMES	15	Hatfield	32.00
	L 2	Jack CHRISTIE	18	Hemel Hemp	31.94
	L 3	Charles RAYNER	15	Hatfield	31.90
	L 4	Martin HAILES	42	Beccles Town	31.83
	L 5	Leone CRICK	18	Leighton Buz	31.90
	L 6	Ryan JARVIS	17	Putteridge	31.90
	L 7	Samuel COTTEE	16	teamipswich	31.97
	L 8	Billy LO	15	Basildon Ph	32.00

H 10	L 1	Jack PICKERING	18	teamipswich	31.56
	L 2	Harry WAGNER	18	Newmarket	31.00
	L 3	Hayden THOMAS	21	Harlow Pen	30.40
	L 4	Dominic HOLLOWAY	20	Co Cambridge	28.99
	L 5	Christopher SMITH	20	Hoddesdon	29.80
	L 6	Cameron MANLEY	17	Linslade	30.80
	L 7	Oliver FITT	17	St Ives	31.46
	L 8	Ryan SYKES	20	West Norfolk	31.83

H 11	L 1	Nicholas STALLEY	19	Modernians	31.55
	L 2	Justin BOTT	18	Diss Otters	30.99
	L 3	Thomas WIGGINS	17	Co Peterboro	30.20
	L 4	Brandon NABARRO	19	Putteridge	28.40
	L 5	Edward LOVEMAN	22	Co St Albans	29.60
	L 6	Samuel PECK	16	UEA Norwich	30.80
	L 7	Joseph MURRAY	17	Putteridge	31.35
	L 8	Jack FILER	18	Berkhamsted	31.74

H 12	L 1	Kyle PANTON	21	DunmowAtlant	31.50
	L 2	Augustus VEASEY	20	Chelmsford	30.80
	L 3	David SHIPMAN	16	Potters Bar	30.10
	L 4	Lawrence PALMER	24	Putteridge	26.70
	L 5	Jordan BATSON	20	Putteridge	29.12
	L 6	Fraser SCOTT	18	Basildon Ph	30.40
	L 7	Harry PARKER	18	Hatfield	31.17
	L 8	Matthew MCLAUGHLIN	23	DunmowAtlant	31.70

### Event 224 Womens 400m IM

H 1	L 3	Rebecca MERRILL	15	Norwich Swan	5:31.29
	L 4	Victoria POPE	16	Watford SC	5:28.95
	L 5	Jessica LAITNER	15	Co St Albans	5:29.30
	L 6	Hannah TAPLIN	15	Deben	5:32.58

H 2	L 1	Beth EDWARDS	16	West Suffolk	5:28.08
	L 2	Melissa ELEY	16	Chelmsford	5:24.19
	L 3	Elinor DULEY	16	Colchester	5:22.40
	L 4	Lauren GRICE	17	Leighton Buz	5:21.70
	L 5	Chantal SMITH	16	Team Luton	5:21.77
	L 6	Georgina CURTIS	16	Mid Beds	5:23.80
	L 7	Peyton EWBANK	16	Norwich Swan	5:25.65
	L 8	Juliet MERELIE	18	Harpenden	5:28.14

H 3	L 1	Gemma TROTT	17	Mid Beds	5:20.90
	L 2	Ellie MITCHELL	17	Runnymede	5:18.11
	L 3	Bethany PALMER	18	UEA Norwich	5:17.25
	L 4	Sophie PICKERING	16	teamipswich	5:16.23
	L 5	Celyn WALMSLEY	15	Team Luton	5:16.29
	L 6	Dina DAY	17	Runnymede	5:17.85
	L 7	Tegan WOLLASTON	17	Cheshunt	5:18.71
	L 8	Alice FENDER	15	Hemel Hemp	5:21.64

H 4	L 1	Sophie TAYLOR	15	St Felix Sch	5:14.20
	L 2	Chloe OGDEN	15	Bishop Stort	5:13.94
	L 3	Millie EMMANS	17	Co Cambridge	5:10.84
	L 4	Lauren HARRISON	15	Co Peterboro	5:05.69
	L 5	Charlotte ASHWIN	15	Mid Beds	5:10.42
	L 6	Jessica WESTLAKE	17	St Felix Sch	5:12.28
	L 7	Danielle RAYNER	20	Newmarket	5:14.00
	L 8	Amber HUGHES	17	Hatfield	5:15.00

H 5	L 1	Molly FRANCIS	15	Hatfield	5:04.70
	L 2	Laura COPPING	16	Hatfield	5:04.57
	L 3	Dolly TRIGG	18	teamipswich	4:58.76
	L 4	Leah ROUGHAN	17	Co Peterboro	4:51.02
	L 5	Poppy RICHARDSON	15	Co Peterboro	4:55.93
	L 6	Shannon STOTT	16	Co St Albans	5:03.95
	L 7	Holly JASZKIEWICZ	15	Co Peterboro	5:04.67
	L 8	Aisling RUFF	18	Co Peterboro	5:04.80

### Event 225 Mens 14/16 Yrs 800m Freestyle Team

H 1	L 1	City of St Albans SC	Co St Albans	9:03.00
		Dan MILLAR		
		Tanin KURSIDIN		
		Tommy CADENHEAD		
		William LOVEMAN		
	L 2	City Of Peterborough A	Co Peterboro	8:21.29
		Harry WHITEMAN		
		Harvey NORMAN		
		Myles ROBINSON-YOUNG		
		Herbie KINDER		
	L 3	Basildon & Phoenix SC	Basildon Ph	8:12.00
		Tyler BERRY		
		James BAYLEY		
		Harry NICHOLLS		
		Reece NICHOLLS		
	L 4	Hatfield A	Hatfield	7:56.40
		Harry CONSTANTINE		
		Reese HOUSDEN		
		Benjamin GARRATT		
		Luke TURLEY		
	L 5	Potters Bar SC	Potters Bar	8:07.49
		James BLOUNT		
		David SHIPMAN		
		Adam MARTIN		
		James WOODWARD		
	L 6	Hatfield B	Hatfield	8:12.80
		Anthony SMITH		
		Lucas DYSON-DIAZ		
		Charles RAYNER		
		Cole JAMES		
	L 7	City Of Peterborough B	Co Peterboro	8:47.07
		Matthew GRAY		
		Jaxon SIMMONS		
		Henry PEARCE		
		Matthew ROTHWELL		

### Event 226 Mens 17 Yrs/Over 800m Free.Team

H 1	L 3	City Of Peterborough A	Co Peterboro	8:06.56
		Cameron MCRAE		
		Thomas WIGGINS		
		James NEWTON		
		Daniel LEIGH		
	L 4	Basildon & Phoenix SC	Basildon Ph	7:46.00
		George EPSLY		
		James DAY		
		Fraser SCOTT		
		Conor HARROLD		
	L 5	Hatfield A	Hatfield	7:56.70
		Luke SUGDEN		
		Kevin PICKARD		
		Nathan BENTLEY		
		Peter WEBSTER		
	L 6	City of St Albans SC	Co St Albans	8:14.00
		Thomas SHERRIFF		
		Zhi ONG		
		Daniel SCHINDLER		
		Liam CURRAN		