



East Swimming
2016 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend One - Norwich
30th April, 1st and 2nd May 2016
(Licensed Meet No. 1ER160820)

Results Session One

EVENT 111 Womens 200m Butterfly

Regional Records - Junior 2:14.39 Senior 2:13.54

15 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts | 50 | 100 | 150 |
|-------|-------------------|----------|--------------|-----|---------|--------|-------|---------|---------|
| 1. | Poppy RICHARDSON | 27/08/01 | Co Peterboro | | 2:24.64 | 705 | 31.57 | 1:08.30 | 1:45.79 |
| 2. | Holly JASZKIEWICZ | 18/12/01 | Co Peterboro | | 2:33.81 | 596 | 33.59 | 1:11.72 | 1:52.04 |
| 3. | Bryony UMFREVILLE | 03/07/01 | Basildon Ph | | 2:34.55 | 588 | 33.69 | 1:13.22 | 1:53.55 |
| 4. | Lauren HARRISON | 05/03/01 | Co Peterboro | | 2:35.22 | 581 | 34.17 | 1:14.11 | 1:54.74 |
| 5. | Lauren WILSON | 25/07/01 | Mid Beds | | 2:40.90 | 524 | 34.98 | 1:16.83 | 1:59.97 |
| 6. | Louise FIDDES | 26/03/01 | Hatfield | 14 | 2:44.01 | 494 | 34.99 | 1:18.17 | 2:01.37 |
| 7. | Ellen NORTHWOOD | 23/03/01 | Berkhamsted | | 2:48.60 | 455 | 34.21 | 1:16.35 | 2:01.25 |
| 8. | Hannah TAPLIN | 16/03/01 | Deben | | 2:49.49 | 447 | 34.74 | 1:16.76 | 2:02.91 |
| 9. | Niamh ADCOCK | 22/01/01 | UEA Norwich | | 2:49.89 | 444 | 34.80 | 1:18.34 | 2:05.02 |
| 10. | Isabelle MARSHALL | 28/11/01 | Basildon Ph | | 2:51.56 | 431 | 34.83 | 1:16.54 | 2:02.42 |

16 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts | 50 | 100 | 150 |
|-------|--------------------|----------|--------------|-----|---------|--------|-------|---------|---------|
| 1. | Shannon STOTT | 29/08/00 | Co St Albans | | 2:21.60 | 746 | 31.31 | 1:07.02 | 1:43.78 |
| 2. | Amber SHINE | 10/08/00 | Hatfield | | 2:34.63 | 587 | 34.15 | 1:13.85 | 1:53.71 |
| 3. | Madeleine CHAMBERS | 19/09/00 | St Felix Sch | | 2:36.91 | 563 | 34.91 | 1:15.15 | 1:55.41 |
| 4. | Hannah MCNAUL | 04/07/00 | West Suffolk | | 2:41.14 | 521 | 32.62 | 1:12.52 | 1:54.48 |
| 5. | Elinor DULEY | 19/11/00 | Colchester | | 2:41.76 | 515 | 34.00 | 1:12.56 | 1:57.51 |
| 6. | Eleanor LLEWELLYN | 09/09/00 | West Suffolk | | 2:41.79 | 515 | 34.75 | 1:15.97 | 1:57.88 |
| 7. | Georgina CURTIS | 04/10/00 | Mid Beds | | 2:42.68 | 507 | 33.70 | 1:12.95 | 1:56.11 |
| 8. | Abigail WEBB | 14/09/00 | Deben | | 2:44.27 | 492 | 34.43 | 1:15.60 | 1:59.80 |
| 9. | Megan COOK | 01/03/00 | Harlow Pen | | 2:45.60 | 480 | 34.93 | 1:15.73 | 1:59.29 |
| 10. | Megan CLAYDON | 06/10/00 | Deben | | 2:46.11 | 476 | 34.96 | 1:16.73 | 2:01.35 |
| 11. | Lucy GEE | 20/03/00 | Team Luton | | 2:46.15 | 475 | 35.45 | 1:16.16 | 1:59.96 |
| 12. | Georgina TALLON | 11/12/00 | Potters Bar | | 2:49.48 | 447 | 34.67 | 1:18.16 | 2:03.96 |
| 13. | Eloise CONWAY | 18/12/00 | Halstead | | 2:49.88 | 444 | 34.83 | 1:16.96 | 2:03.56 |
| 14. | Evlin SERVIS | 18/10/00 | Basildon Ph | | 2:50.06 | 443 | 35.30 | 1:19.18 | 2:03.77 |
| 15. | Lauren GOODYER | 09/08/00 | Mid Beds | | 2:50.07 | 442 | 35.51 | 1:18.31 | 2:03.60 |

17 Yrs/Over Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts | 50 | 100 | 150 |
|-------|-----------------|----------|--------------|-----|---------|--------|-------|---------|---------|
| 1. | Taylor GOODBY | 18/04/98 | Co Peterboro | | 2:21.52 | 747 | 31.53 | 1:08.23 | 1:44.69 |
| 2. | Nicola PASQUIRE | 18/02/98 | Team Luton | | 2:30.44 | 634 | 32.96 | 1:10.99 | 1:50.43 |
| 3. | Millie EMMANS | 14/11/99 | Co Cambridge | | 2:33.13 | 604 | 32.86 | 1:11.04 | 1:51.14 |
| 4. | Danielle RAYNER | 15/06/96 | Newmarket | | 2:34.91 | 584 | 33.49 | 1:12.26 | 1:53.03 |
| 5. | Lauren GRICE | 21/05/99 | Leighton Buz | | 2:38.03 | 552 | 32.42 | 1:11.27 | 1:52.95 |
| 5. | Sian JONES | 04/02/99 | Biggleswade | | 2:38.03 | 552 | 34.03 | 1:13.74 | 1:55.28 |
| 7. | Tegan WOLLASTON | 16/09/99 | Cheshunt | | 2:40.58 | 527 | 33.87 | - | 1:55.70 |
| 8. | Alexia NABARRO | 27/07/99 | Putteridge | | 2:41.19 | 521 | 33.46 | 1:14.88 | 1:57.88 |
| 9. | Hannah CURRELL | 25/09/99 | Hitchin | | 2:41.93 | 514 | 34.62 | 1:15.59 | 1:58.73 |
| 10. | Katie MALONEY | 25/08/97 | Norwich Swan | | 2:44.25 | 492 | 35.67 | 1:17.03 | 2:00.23 |
| 11. | Dina DAY | 11/03/99 | Runnymede | | 2:44.67 | 489 | 35.34 | 1:16.86 | 1:59.69 |
| 12. | Millie DONOVAN | 09/09/98 | Cheshunt | | 2:44.94 | 486 | 33.91 | 1:13.72 | 1:58.30 |

Combined Result - Multi-Disability by British Disability Points

| Place | Name | DoB | Club | Cat | Time | BDPoints | 50 | 100 | 150 |
|-------|---------------|----------|----------|-----|---------|----------|-------|---------|---------|
| 1. | Louise FIDDES | 26/03/01 | Hatfield | 14 | 2:44.01 | 903 | 34.99 | 1:18.17 | 2:01.37 |



East Swimming
2016 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend One - Norwich
30th April, 1st and 2nd May 2016
(Licensed Meet No. 1ER160820)

EVENT 112 Mens 50m Backstroke

Regional Records - Junior 27.54 Senior 25.95

15 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts |
|-------|--------------------|----------|--------------|-----|-------|--------|
| 1. | Daniel CHADA | 17/05/01 | Bishop Stort | | 29.31 | 666 |
| 2. | Matthew TITMAN | 21/07/01 | Co Cambridge | | 29.82 | 635 |
| 3. | Joshua SMITH | 08/02/01 | DunmowAtlant | | 29.84 | 634 |
| 4. | John BOYLE | 15/01/01 | DunmowAtlant | | 30.28 | 609 |
| 5. | Nicholas PERKINS | 08/03/01 | UEA Norwich | | 30.58 | 592 |
| 6. | Matteo TONTODONATI | 07/05/01 | Hoddesdon | | 30.86 | 577 |
| 7. | Joel CLARKE | 24/05/01 | UEA Norwich | | 30.88 | 576 |
| 8. | Lewis BAYLEY | 09/03/01 | Southend | | 31.03 | 568 |
| 9. | Samuel WORTLEY | 20/06/01 | West Suffolk | | 31.54 | 542 |
| 10. | Max JELFS | 27/03/01 | Hemel Hemp | | 31.57 | 540 |
| 11. | Samuel PHILPOTT | 12/10/01 | UEA Norwich | | 31.61 | 538 |
| 12. | Michael RIPPER | 08/09/01 | Harpenden | | 31.73 | 532 |
| 13. | Marcus KEMP | 03/12/01 | Watford SC | | 31.88 | 525 |
| 13. | Mason BRAND | 07/10/01 | Berkhamsted | | 31.88 | 525 |
| 15. | Thomas STANBURY | 24/09/01 | Potters Bar | | 32.06 | 516 |
| 16. | Charles RENNIE | 12/04/01 | Braintree | | 32.09 | 515 |
| 17. | Kohei WATANABE | 19/10/01 | Hatfield | | 32.54 | 494 |

16 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts |
|-------|---------------------|----------|--------------|-----|-------|--------|
| 1. | Harry CONSTANTINE | 27/12/00 | Hatfield | | 28.35 | 728 |
| 2. | Matthew GRAY | 25/01/00 | Co Peterboro | | 28.53 | 716 |
| 3. | Ryan SMITH | 05/01/00 | UEA Norwich | | 29.37 | 662 |
| 4. | James WOODWARD | 04/03/00 | Potters Bar | | 29.39 | 661 |
| 5. | Reece NICHOLLS | 13/03/00 | Basildon Ph | | 29.40 | 661 |
| 6. | Tyler BERRY | 24/08/00 | Basildon Ph | | 29.83 | 635 |
| 7. | Samuel COTTEE | 29/01/00 | teamipswich | | 29.97 | 627 |
| 8. | Thomas OWEN | 31/01/00 | UEA Norwich | | 29.99 | 625 |
| 9. | Harry WHITEMAN | 06/07/00 | Co Peterboro | | 30.31 | 607 |
| 10. | Jake THOMAS-MANSFIE | 09/06/00 | West Suffolk | | 30.34 | 606 |
| 11. | Myles TURNER | 12/06/00 | West Suffolk | | 30.56 | 593 |
| 12. | Alex WALMSLEY | 16/06/00 | teamipswich | | 30.59 | 592 |
| 13. | Lucas DYSON-DIAZ | 05/09/00 | Hatfield | | 30.62 | 590 |
| 14. | Christian NEL | 25/05/00 | Berkhamsted | | 30.86 | 577 |
| 15. | Harry EADE | 28/08/00 | teamipswich | | 30.87 | 577 |
| 16. | Callum THURSTON-WOO | 21/04/00 | Beccles Town | | 30.90 | 575 |
| 17. | Matthew BENTLEY | 16/03/00 | Hatfield | | 31.28 | 555 |
| 18. | Angus ROBINS | 29/03/00 | West Suffolk | | 32.20 | 510 |
| 19. | James BLOUNT | 09/11/00 | Potters Bar | | 32.49 | 496 |
| 20. | Samuel PECK | 21/07/00 | UEA Norwich | | 33.67 | 445 |
| 21. | Callum HODGSON | 07/12/00 | Basildon Ph | | 38.40 | 287 |

17 Yrs/Over Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts |
|-------|-----------------------|----------|--------------|-----|-------|--------|
| 1. | William KEARSEY | 20/10/97 | Hatfield | | 26.69 | 849 |
| 2. | Oliver FITT | 10/07/99 | St Ives | | 27.82 | 764 |
| 3. | Peter WEBSTER | 12/01/98 | Hatfield | | 28.23 | 736 |
| 4. | Nathan WELLS | 23/01/98 | West Norfolk | | 28.27 | 733 |
| 5. | Jack SPENCE | 01/12/94 | Hemel Hemp | | 28.56 | 714 |
| 6. | Charlie POND THOMPSON | 07/08/93 | Southend | | 28.65 | 708 |
| 7. | Cameron MCRAE | 18/09/99 | Co Peterboro | | 28.68 | 706 |
| 8. | Samuel PEASE | 02/10/99 | Basildon Ph | | 28.69 | 705 |
| 9. | Brandon NABARRO | 05/02/97 | Putteridge | | 28.80 | 698 |
| 10. | Kevin PICKARD | 20/01/88 | Hatfield | | 28.98 | 687 |
| 11. | Augustus VEASEY | 30/10/96 | Chelmsford | | 29.20 | 673 |
| 12. | Liam CURRAN | 25/10/98 | Co St Albans | | 29.21 | 672 |
| 13. | Ryan COMPTON | 28/12/97 | Putteridge | | 29.23 | 671 |
| 14. | Ryan KELLY | 16/02/99 | Chelmsford | | 29.33 | 665 |
| 15. | Conor O'GORMAN | 11/02/98 | Leighton Buz | | 29.39 | 661 |
| 16. | Leone CRICK | 04/02/98 | Leighton Buz | | 29.50 | 654 |
| 17. | Lee BAKER | 17/05/95 | Harlow Pen | | 29.51 | 654 |
| 18. | Dalton YALLOP | 13/01/97 | UEA Norwich | | 29.58 | 650 |
| 19. | Alex PROFFITT | 23/05/98 | West Suffolk | | 29.60 | 648 |
| 20. | Nathan BENTLEY | 27/06/98 | Hatfield | | 29.65 | 645 |
| 21. | Jordan MANN | 08/08/98 | UEA Norwich | | 29.69 | 643 |
| 22. | Sam GAMBLE | 24/05/99 | Hitchin | | 29.80 | 637 |
| 23. | Michael LARDNER | 31/10/99 | Co Peterboro | | 29.97 | 627 |
| 24. | Joshua GAINES | 27/10/98 | Hemel Hemp | | 29.98 | 626 |
| 25. | Louis SPONG | 07/11/99 | DunmowAtlant | | 30.22 | 612 |
| 26. | Peter TODD | 15/11/97 | St Ives | | 30.36 | 604 |



East Swimming
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Weekend One - Norwich
30th April, 1st and 2nd May 2016
(Licensed Meet No. 1ER160820)

EVENT 113 Womens 50m Freestyle

Regional Records - Junior 26.57 Senior 26.26

15 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts |
|-------|----------------------|----------|--------------|-----|-------|--------|
| 1. | Molly FRANCIS | 29/05/01 | Hatfield | | 28.06 | 693 |
| 2. | Chloe LENCE | 19/08/01 | Modernian | | 28.44 | 668 |
| 3. | Amy PEMBERTON | 22/03/01 | Berkhamsted | | 28.72 | 651 |
| 4. | Jessica MANSFIELD | 28/01/01 | Huntingdon | | 28.95 | 637 |
| 5. | Lauren WATT | 18/11/01 | Newmarket | | 28.96 | 636 |
| 5. | Angel DUNDERDALE | 07/08/01 | UEA Norwich | | 28.96 | 636 |
| 7. | Holly JASZKIEWICZ | 18/12/01 | Co Peterboro | | 29.09 | 628 |
| 8. | Martine TRAN | 07/08/01 | Thurrock | | 29.10 | 628 |
| 9. | Josie PRETIOUS-WHITE | 30/10/01 | Bishop Stort | | 29.15 | 625 |
| 9. | Sonia TUMIOTTO | 14/07/01 | St Felix Sch | | 29.15 | 625 |
| 11. | Bryony PACK | 04/05/01 | West Norfolk | | 29.27 | 618 |
| 12. | Alice FENDER | 14/02/01 | Hemel Hemp | | 29.49 | 605 |
| 13. | Celeste ANDREW | 08/02/01 | Harlow Pen | | 29.53 | 602 |
| 14. | Brianna MAZEY | 10/12/01 | Tring | | 29.78 | 588 |
| 15. | Phoebe HAYDEN | 15/02/01 | Stowmarket | | 29.83 | 585 |
| 16. | Niamh ADCKOCK | 22/01/01 | UEA Norwich | | 29.94 | 579 |
| 17. | Lucy KEITH | 14/12/01 | Leighton Buz | | 30.08 | 572 |
| 18. | Louise FIDDES | 26/03/01 | Hatfield | 14 | 31.36 | 506 |

16 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts |
|-------|-------------------|----------|--------------|-----|-------|--------|
| 1. | Elinah PHILLIP | 03/04/00 | Bishop Stort | | 26.90 | 774 |
| 2. | Rebecca SHERWIN | 14/06/00 | teamipswich | | 27.04 | 764 |
| 3. | Meghan MAYBANKS | 15/12/00 | DunmowAtlant | | 27.34 | 742 |
| 4. | Elinor DULEY | 19/11/00 | Colchester | | 27.81 | 710 |
| 5. | Rachel WELLINGS | 20/02/00 | Co Peterboro | | 27.96 | 700 |
| 6. | Amelia PEDDLE | 16/05/00 | Epping For't | | 28.60 | 658 |
| 7. | Beth EDWARDS | 27/10/00 | West Suffolk | | 28.67 | 654 |
| 8. | Katie CONYERS | 12/04/00 | Potters Bar | | 28.75 | 649 |
| 9. | Kioni BROOMFIELD | 22/01/00 | Dereham | | 28.83 | 644 |
| 10. | Abigail GREEN | 13/08/00 | Watford SC | | 28.96 | 636 |
| 11. | Susanna FRASER | 09/02/00 | Co Cambridge | | 29.05 | 631 |
| 12. | Francesca CROCKER | 06/05/00 | St Ives | | 29.17 | 623 |
| 13. | Eleanor KING | 16/05/00 | Dunstable | | 29.22 | 620 |
| 14. | Emily SOUTH | 04/12/00 | Cheshunt | | 29.30 | 616 |
| 15. | Abigail WEBB | 14/09/00 | Deben | | 29.36 | 612 |
| 16. | Georgina TALLON | 11/12/00 | Potters Bar | | 29.50 | 604 |
| 17. | Hannah BRECKNELL | 25/02/00 | West Suffolk | | 29.53 | 602 |
| 18. | Chantal SMITH | 13/01/00 | Team Luton | | 29.56 | 601 |
| 18. | Georgia HARROD | 14/09/00 | Chelmsford | | 29.56 | 601 |
| 20. | Poppy LEECH | 01/08/00 | Co Peterboro | | 29.61 | 598 |
| 21. | Christie WOODS | 24/10/00 | Co Peterboro | | 30.07 | 572 |

17 Yrs/Over Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts |
|-------|--------------------|----------|--------------|-----|-------|--------|
| 1. | Mollie ALLEN | 24/10/98 | Co Peterboro | | 26.66 | 792 |
| 2. | Amy GODSAVE | 11/09/99 | Hoddesdon | | 27.31 | 744 |
| 3. | Lauren SIMPKINS | 22/01/98 | Putteridge | | 27.40 | 738 |
| 4. | Martha DULEY | 29/04/99 | Colchester | | 27.59 | 725 |
| 5. | Abigail WHITING | 14/03/99 | West Norfolk | | 27.61 | 723 |
| 6. | Molly OLLINGTON | 29/08/98 | West Suffolk | | 27.90 | 704 |
| 7. | Katarina BLANCO | 13/06/97 | Basildon Ph | | 28.07 | 692 |
| 8. | Georgina LAWSON | 28/09/97 | Co St Albans | | 28.12 | 689 |
| 9. | Rianna SMITH | 21/06/98 | Basildon Ph | | 28.24 | 681 |
| 10. | Tara COLEMAN | 11/04/96 | Leiston | | 28.25 | 680 |
| 11. | Emma YULE | 09/12/98 | Dunstable | | 28.53 | 663 |
| 12. | Elise SORRELL | 30/06/98 | West Norfolk | | 28.60 | 658 |
| 13. | Jessica WESTLAKE | 20/01/99 | St Felix Sch | | 28.65 | 655 |
| 14. | Agatha MALIKOVA | 11/09/95 | Co Cambridge | | 28.67 | 654 |
| 15. | Alaina SCIFO | 13/10/97 | teamipswich | | 28.70 | 652 |
| 16. | Jana SPINNER | 11/12/99 | UEA Norwich | | 28.73 | 650 |
| 16. | Lauren BURTON | 17/05/98 | Dereham | | 28.73 | 650 |
| 18. | Beatrice BARDER | 12/08/99 | Co St Albans | | 28.76 | 648 |
| 18. | Cathryn THOMSON | 10/05/90 | St Ives | | 28.76 | 648 |
| 20. | Faye HERMON | 19/11/99 | Felixstowe | | 28.77 | 648 |
| 21. | Amarah PHILLIP | 30/08/98 | Bishop Stort | | 28.84 | 643 |
| 22. | Alison BINNS | 02/01/96 | Bushey | | 29.02 | 632 |
| 23. | Catherine MARKWELL | 06/08/81 | UEA Norwich | | 29.09 | 628 |
| 24. | Jessica PAYNE | 01/01/98 | Leighton Buz | | 29.41 | 609 |
| 25. | Kaythi AUNG | 06/07/98 | Colchester | | 29.61 | 598 |
| | Lauren HALL | 05/01/99 | Co Cambridge | | DQ 3 | |

Combined Result - Multi-Disability by British Disability Points

| Place | Name | DoB | Club | Cat | Time | BDPoints |
|-------|---------------|----------|----------|-----|-------|----------|
| 1. | Louise FIDDES | 26/03/01 | Hatfield | 14 | 31.36 | 787 |



East Swimming

2016 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Norwich

30th April, 1st and 2nd May 2016

(Licensed Meet No. 1ER160820)

EVENT 114 Mens 100m Breaststroke

Regional Records - Junior 1:07.00 Senior 1:01.42

15 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts | 50 |
|-------|-------------------|----------|--------------|-----|---------|--------|-------|
| 1. | Charles RAYNER | 22/05/01 | Hatfield | | 1:09.54 | 681 | 32.92 |
| 2. | Cole JAMES | 01/10/01 | Hatfield | | 1:11.96 | 620 | 34.20 |
| 3. | Ralph MUNCER | 12/03/01 | Team Luton | | 1:12.95 | 597 | 34.65 |
| 4. | Billy LO | 09/05/01 | Basildon Ph | | 1:14.31 | 566 | 34.82 |
| 5. | Harvey NORMAN | 25/07/01 | Co Peterboro | | 1:14.90 | 553 | 34.80 |
| 6. | James MCFARLAND | 30/01/01 | Mid Beds | | 1:15.64 | 538 | 35.30 |
| 7. | Samuel BRYAN | 21/05/01 | Basildon Ph | | 1:15.86 | 533 | 35.62 |
| 8. | Jack RICHES | 09/08/01 | UEA Norwich | | 1:16.11 | 528 | 35.87 |
| 9. | Matthew WOULDHAM | 25/01/01 | Co Peterboro | | 1:16.47 | 521 | 36.18 |
| 10. | Joseph RICHARDSON | 03/09/01 | Harpenden | | 1:16.54 | 519 | 36.22 |
| 11. | Maxim DE WILDT | 28/08/01 | Co Cambridge | | 1:16.99 | 510 | 36.23 |
| 12. | Samuel SKUSE | 24/09/01 | Beccles Town | | 1:17.15 | 507 | 36.00 |
| 13. | Charles RENNIE | 12/04/01 | Braintree | | 1:17.47 | 501 | 36.19 |
| 14. | Taylor BOWEN | 19/02/01 | West Suffolk | | 1:17.80 | 495 | 36.49 |
| 15. | Raffaele GRACI | 19/12/01 | Putteridge | | 1:18.03 | 490 | 33.90 |
| 16. | George HART | 21/07/01 | Mid Beds | | 1:19.08 | 471 | 36.61 |
| 17. | Fraser RYAN | 07/05/01 | Norwich Swan | | 1:19.16 | 469 | 36.53 |
| 18. | Nathan SWIFT | 28/06/01 | Putteridge | | 1:19.64 | 461 | 35.76 |
| 19. | Marcus KEMP | 03/12/01 | Watford SC | | 1:19.66 | 460 | 37.49 |
| 20. | Jamie COLES | 03/05/01 | Colchester | | 1:20.55 | 445 | 37.03 |

16 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts | 50 |
|-------|--------------------|----------|--------------|------|---------|--------|-------|
| 1. | Samuel PECK | 21/07/00 | UEA Norwich | | 1:09.69 | 677 | 32.45 |
| 2. | David SHIPMAN | 09/06/00 | Potters Bar | | 1:10.32 | 660 | 32.60 |
| 3. | William LOVEMAN | 03/05/00 | Co St Albans | | 1:13.28 | 589 | 34.55 |
| 4. | Samuel COTTEE | 29/01/00 | teamipswich | | 1:13.75 | 578 | 34.75 |
| 5. | Myles TURNER | 12/06/00 | West Suffolk | | 1:14.63 | 559 | 36.04 |
| 6. | Harry NICHOLLS | 13/07/00 | Basildon Ph | | 1:14.81 | 555 | 35.07 |
| 7. | Alex FLORANCE | 24/03/00 | West Norfolk | | 1:14.90 | 553 | 34.11 |
| 8. | David HENSMAN | 17/11/00 | Co St Albans | | 1:15.16 | 548 | 35.09 |
| 9. | Liam BLATCH | 22/06/00 | Norfolk Vikg | | 1:16.03 | 530 | 35.67 |
| 10. | Harvey BANNISTER | 10/12/00 | Harlow Pen | | 1:16.18 | 527 | 35.66 |
| 11. | Joseph TALBOT | 31/07/00 | Linslade | | 1:17.36 | 503 | 35.82 |
| 12. | Benjamin GARRATT | 11/05/00 | Hatfield | | 1:17.72 | 496 | 35.90 |
| 13. | Oliver PYLE | 30/04/00 | West Suffolk | | 1:18.38 | 484 | 36.52 |
| 14. | Luke CROFTS | 23/04/00 | Thurrock | | 1:18.71 | 477 | 36.33 |
| 15. | Harry WALKER | 12/04/00 | Chelmsford | | 1:19.07 | 471 | 36.76 |
| 16. | Jaxon SIMMONS | 26/04/00 | Co Peterboro | 13 | 1:24.82 | 377 | 38.90 |
| | James MONCUR-BROWN | 05/08/00 | UEA Norwich | DQ 4 | | | |

17 Yrs/Over Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts | 50 |
|-------|-----------------------|----------|--------------|-----|---------|--------|-------|
| 1. | Lawrence PALMER | 18/12/92 | Putteridge | | 1:02.90 | 880 | 28.76 |
| 2. | Brandon NABARRO | 05/02/97 | Putteridge | | 1:08.10 | 720 | 31.81 |
| 3. | Christopher SMITH | 04/05/96 | Hoddesdon | | 1:08.43 | 710 | 31.76 |
| 4. | Justin BOTT | 30/06/98 | Diss Otters | | 1:08.82 | 700 | 31.78 |
| 5. | Edward LOVEMAN | 14/06/94 | Co St Albans | | 1:08.83 | 700 | 31.29 |
| 6. | Hayden THOMAS | 09/11/95 | Harlow Pen | | 1:09.26 | 688 | 32.08 |
| 7. | Jordan BATSON | 20/02/96 | Putteridge | | 1:09.64 | 678 | 31.33 |
| 8. | Dominic HOLLOWAY | 20/04/96 | Co Cambridge | | 1:09.67 | 677 | 30.92 |
| 9. | James NEWTON | 07/02/98 | Co Peterboro | | 1:09.74 | 675 | 32.68 |
| 10. | Fraser SCOTT | 01/04/98 | Basildon Ph | | 1:10.11 | 666 | 33.08 |
| 11. | Thomas SARAH | 22/06/94 | Co Cambridge | | 1:10.17 | 664 | 32.50 |
| 12. | Thomas WIGGINS | 02/08/99 | Co Peterboro | | 1:10.21 | 663 | 32.09 |
| 13. | Joseph MURRAY | 01/07/99 | Putteridge | | 1:10.55 | 655 | 32.32 |
| 14. | Zhi ONG | 30/07/99 | Co St Albans | | 1:10.56 | 654 | 33.51 |
| 15. | Augustus VEASEY | 30/10/96 | Chelmsford | | 1:12.10 | 616 | 32.97 |
| 16. | Daniel HURST | 14/04/99 | Berkhamsted | | 1:13.01 | 595 | 33.76 |
| 17. | Jack PICKERING | 15/08/98 | teamipswich | | 1:13.04 | 594 | 33.51 |
| 18. | Jordan THORNTON | 22/08/96 | Co Cambridge | | 1:13.11 | 593 | 33.52 |
| 19. | Ryan JARVIS | 23/03/99 | Putteridge | | 1:13.13 | 592 | 33.51 |
| 20. | Ryan SYKES | 17/03/96 | West Norfolk | | 1:13.38 | 587 | 33.01 |
| 21. | Nicholas STALLEY | 14/10/97 | Modernian | | 1:13.48 | 584 | 34.05 |
| 22. | Max ASHWORTH | 03/11/98 | Bushey | | 1:13.50 | 584 | 33.71 |
| 23. | Jack FILER | 18/02/98 | Berkhamsted | | 1:13.85 | 576 | 33.80 |
| 24. | Harry WAGNER | 01/08/98 | Newmarket | | 1:13.93 | 574 | 34.02 |
| 25. | Jack CHRISTIE | 07/09/98 | Hemel Hemp | | 1:14.15 | 569 | 34.07 |
| 26. | Cameron MCRAE | 18/09/99 | Co Peterboro | | 1:14.18 | 569 | 34.56 |
| 27. | Martin RUSSELL-ROGERS | 04/04/98 | Hitchin | | 1:14.39 | 564 | 34.65 |
| 28. | Louis SPONG | 07/11/99 | DunmowAtlant | | 1:14.46 | 563 | 35.23 |
| 29. | James HANCOCK | 29/04/98 | Mid Beds | | 1:14.48 | 562 | 34.83 |
| 30. | Finlay RYAN | 19/04/99 | Norwich Swan | | 1:14.56 | 561 | 34.19 |
| 31. | Samuel PEASE | 02/10/99 | Basildon Ph | | 1:14.67 | 558 | 35.39 |



East Swimming
2016 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend One - Norwich
30th April, 1st and 2nd May 2016
(Licensed Meet No. 1ER160820)

| | | | | | | | |
|-----|--------------------|----------|--------------|----|---------|-----|-------|
| 32. | Matthew MCLAUGHLIN | 26/11/93 | DunmowAtlant | | 1:15.95 | 531 | 33.87 |
| 33. | Jordan CATCHPOLE | 05/10/99 | UEA Norwich | 14 | 1:20.49 | 446 | 36.58 |
| 34. | Aaron HIRD | 08/04/99 | Mid Beds | 9 | 1:25.19 | 372 | 39.78 |
| | Kyle PANTON | 05/09/95 | DunmowAtlant | | DQ 5 | | |

Combined Result - Multi-Disability by British Disability Points

| Place | Name | DoB | Club | Cat | Time | BDPoints | 50 |
|-------|------------------|----------|--------------|-----|---------|----------|-------|
| 1. | Jordan CATCHPOLE | 05/10/99 | UEA Norwich | 14 | 1:20.49 | 569 | 36.58 |
| 2. | Jaxon SIMMONS | 26/04/00 | Co Peterboro | 13 | 1:24.82 | 428 | 38.90 |
| 3. | Aaron HIRD | 08/04/99 | Mid Beds | 9 | 1:25.19 | 424 | 39.78 |



East Swimming
2016 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend One - Norwich
30th April, 1st and 2nd May 2016
(Licensed Meet No. 1ER160820)

EVENT 115 Womens 200m Breaststroke

Regional Records - Junior 2:34.33 Senior 2:31.43

15 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Time | GB Pts | 50 | 100 | 150 |
|-------|------------------------|----------|--------------|---------|--------|-------|---------|---------|
| 1. | Lauren HARRISON | 05/03/01 | Co Peterboro | 2:43.51 | 715 | 37.00 | 1:19.31 | 2:01.15 |
| 2. | Honey HARVEY | 30/10/01 | UEA Norwich | 2:48.34 | 661 | 37.29 | 1:20.21 | 2:03.28 |
| 3. | Molly LEE | 04/08/01 | West Norfolk | 2:48.76 | 657 | 39.13 | 1:24.77 | 2:06.77 |
| 4. | Abigail HURST | 23/01/01 | Berkhamsted | 2:50.19 | 642 | 37.65 | 1:22.34 | 2:05.84 |
| 5. | Charlotte ASHWIN | 09/04/01 | Mid Beds | 2:50.46 | 639 | 37.75 | 1:21.79 | 2:05.78 |
| 6. | Molly FRANCIS | 29/05/01 | Hatfield | 2:51.48 | 629 | 38.18 | 1:21.85 | 2:06.34 |
| 7. | Nadine SMITH | 28/03/01 | Hatfield | 2:51.52 | 628 | 38.83 | 1:23.65 | 2:06.53 |
| 8. | Katie LINES | 06/04/01 | Lstof & OB | 2:51.68 | 626 | 38.59 | 1:21.82 | 2:06.64 |
| 9. | Lauren WATT | 18/11/01 | Newmarket | 2:54.05 | 603 | 38.72 | 1:21.89 | 2:07.58 |
| 10. | Alara NORTON | 29/07/01 | Cheshunt | 2:54.64 | 597 | 37.46 | 1:21.21 | 2:07.69 |
| 11. | Caitlin WATSON-DOTCHIN | 13/04/01 | Basildon Ph | 2:55.00 | 594 | 40.95 | 1:25.62 | 2:10.22 |
| 12. | Rebecca MERRILL | 10/06/01 | Norwich Swan | 2:56.52 | 579 | 40.17 | 1:25.06 | 2:11.15 |
| 13. | Jessica LAITNER | 18/04/01 | Co St Albans | 2:56.96 | 575 | 38.12 | 1:22.97 | 2:09.50 |
| 14. | Lauren NELSON | 03/07/01 | Harlow Pen | 2:58.22 | 564 | 40.04 | 1:25.60 | 2:11.94 |
| 15. | Maia MCPHERSON | 01/10/01 | Witham Dolph | 3:02.65 | 525 | 42.35 | 1:29.02 | 2:17.02 |
| 16. | Celyn WALMSLEY | 20/11/01 | Team Luton | 3:03.22 | 520 | 40.06 | 1:26.13 | 2:14.19 |
| 17. | Charlotte MATTHEWS | 29/10/01 | Bishop Stort | 3:10.42 | 463 | 42.79 | 1:30.19 | 2:17.09 |
| | Charlotte NASH | 12/06/01 | Bishop Stort | DQ 6 | | | | |

16 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Time | GB Pts | 50 | 100 | 150 |
|-------|------------------|----------|--------------|---------|--------|-------|---------|---------|
| 1. | Laura COPPING | 26/04/00 | Hatfield | 2:50.33 | 640 | 37.75 | 1:21.97 | 2:05.70 |
| 2. | Rachel ROBINSON | 01/02/00 | UEA Norwich | 2:56.24 | 582 | 37.41 | 1:21.80 | 2:08.45 |
| 3. | Sophie PICKERING | 28/06/00 | teamipswich | 2:56.78 | 577 | 39.68 | 1:25.52 | 2:11.10 |
| 4. | Caitlin MASCALL | 22/06/00 | Harlow Pen | 2:57.27 | 572 | 38.12 | 1:21.51 | 2:10.03 |
| 5. | Amelia BARNETSON | 12/09/00 | Bo Southend | 2:58.01 | 566 | 39.37 | 1:25.81 | 2:11.72 |
| 6. | Megan WICKHAM | 10/03/00 | Harlow Pen | 2:59.85 | 549 | 39.04 | 1:23.74 | 2:11.60 |
| 7. | Abigail GREEN | 13/08/00 | Watford SC | 3:00.24 | 546 | 40.28 | 1:25.95 | 2:12.78 |
| 8. | Megan BUNYARD | 22/11/00 | Linslade | 3:00.79 | 541 | 38.64 | 1:24.84 | 2:12.02 |
| 9. | Elena BACCAS | 19/05/00 | Verulam | 3:01.24 | 537 | 40.29 | 1:26.57 | 2:13.19 |
| 10. | Georgina CURTIS | 04/10/00 | Mid Beds | 3:02.33 | 528 | 41.82 | 1:27.70 | 2:15.47 |
| 11. | Annalise WRIGHT | 25/04/00 | Linslade | 3:02.52 | 526 | 40.12 | 1:26.60 | 2:14.97 |
| 12. | Hannah MCNAUL | 04/07/00 | West Suffolk | 3:03.88 | 514 | 39.50 | 1:25.56 | 2:13.49 |
| 13. | Olivia HOLLEYMAN | 11/10/00 | Harlow Pen | 3:04.33 | 511 | 39.65 | 1:27.09 | 2:15.23 |
| 14. | Elinor DULEY | 19/11/00 | Colchester | 3:05.75 | 499 | 41.14 | 1:29.11 | 2:16.52 |

17 Yrs/Over Age Group - Full Results

| Place | Name | DoB | Club | Time | GB Pts | 50 | 100 | 150 |
|-------|-----------------|----------|--------------|---------|--------|-------|---------|---------|
| 1. | Leah ROUGHAN | 03/09/99 | Co Peterboro | 2:34.90 | 821 | 35.11 | 1:14.56 | 1:54.26 |
| 2. | Natalie COOGANS | 21/02/97 | West Norfolk | 2:35.56 | 813 | 34.97 | 1:14.80 | 1:54.86 |
| 3. | Emily BIGGS | 23/09/99 | Co Cambridge | 2:44.61 | 702 | 37.12 | 1:19.30 | 2:01.78 |
| 4. | Louise BUSH | 05/04/91 | UEA Norwich | 2:49.14 | 653 | 36.76 | 1:18.91 | 2:03.49 |
| 5. | Grace RAYNER | 02/11/98 | Hatfield | 2:50.33 | 640 | 37.44 | 1:21.26 | 2:04.78 |
| 6. | Kathryn LOVEYS | 18/12/87 | Co Cambridge | 2:51.06 | 633 | 38.42 | 1:20.85 | 2:05.88 |
| 7. | Katie WHIFFIN | 27/09/96 | Epping For't | 2:51.71 | 626 | 38.23 | 1:21.63 | 2:06.57 |
| 8. | Cira FLETCHER | 10/12/98 | Bishop Stort | 2:52.80 | 615 | 38.69 | 1:23.56 | 2:08.86 |
| 9. | Amber HUGHES | 15/01/99 | Hatfield | 2:53.34 | 610 | 39.25 | 1:23.46 | 2:07.70 |
| 10. | Bethany MOTTRAM | 06/02/99 | West Suffolk | 2:55.45 | 589 | 38.38 | 1:22.93 | 2:09.21 |
| 11. | Juliet MERELIE | 12/09/98 | Harpenden | 2:57.89 | 567 | 40.48 | 1:25.81 | 2:11.65 |
| 12. | Roxanne UYS | 13/10/99 | West Norfolk | 2:58.15 | 564 | 38.87 | 1:24.49 | 2:10.89 |
| 13. | Kirsty VEARS | 19/11/98 | Harlow Pen | 2:59.42 | 553 | 40.42 | 1:25.75 | 2:13.54 |
| 14. | Jessica PAYNE | 01/01/98 | Leighton Buz | 3:00.22 | 546 | 40.15 | 1:26.35 | 2:13.22 |
| 15. | Dina DAY | 11/03/99 | Runnymede | 3:00.39 | 544 | 41.29 | 1:27.21 | 2:08.28 |
| 16. | Lucy PARK | 17/05/96 | Watford SC | 3:00.57 | 543 | 40.67 | 1:27.10 | 2:13.21 |
| 17. | Lauren MARTYR | 26/08/98 | St Felix Sch | 3:01.17 | 537 | 39.30 | 1:24.86 | 2:12.55 |
| 18. | Ellie MITCHELL | 22/03/99 | Runnymede | 3:01.24 | 537 | 41.34 | 1:26.98 | 2:13.88 |
| 19. | Lauren GRICE | 21/05/99 | Leighton Buz | 3:01.64 | 533 | 40.36 | 1:27.41 | 2:15.32 |
| 20. | Jordan COLEMAN | 26/05/98 | Leiston | 3:02.96 | 522 | 40.02 | 1:26.05 | 2:14.87 |
| 21. | Emily SELLEN | 09/10/99 | Watford SC | 3:03.21 | 520 | 39.76 | 1:25.34 | 2:14.27 |
| 22. | Sarah BOWEN | 04/06/98 | Lstof & OB | 3:04.60 | 509 | 39.77 | 1:26.06 | 2:14.75 |
| | Rebecca BURTON | 14/12/98 | Co Peterboro | DQ 6 | | | | |



East Swimming

2016 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Norwich

30th April, 1st and 2nd May 2016

(Licensed Meet No. 1ER160820)

EVENT 116 Mens 100m Butterfly

Regional Records - Junior 58.09 Senior 54.57

15 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts | 50 |
|-------|-----------------|----------|--------------|-----|---------|--------|-------|
| 1. | Matthew TITMAN | 21/07/01 | Co Cambridge | | 1:01.32 | 629 | 28.11 |
| 2. | Charles RAYNER | 22/05/01 | Hatfield | | 1:01.91 | 613 | 28.97 |
| 3. | Joel CLARKE | 24/05/01 | UEA Norwich | | 1:03.69 | 566 | 29.29 |
| 4. | Taylor BOWEN | 19/02/01 | West Suffolk | | 1:04.40 | 548 | 29.68 |
| 5. | Harvey NORMAN | 25/07/01 | Co Peterboro | | 1:04.53 | 545 | 29.73 |
| 6. | James MCFARLAND | 30/01/01 | Mid Beds | | 1:04.64 | 542 | 29.75 |
| 7. | William STEEL | 25/09/01 | Co Peterboro | | 1:04.80 | 538 | 29.67 |
| 8. | Harrison LEES | 03/01/01 | Watford SC | | 1:04.83 | 537 | 29.78 |
| 9. | Samuel BRYAN | 21/05/01 | Basildon Ph | | 1:05.10 | 531 | 30.46 |
| 10. | Max JELFS | 27/03/01 | Hemel Hemp | | 1:06.10 | 507 | 30.87 |
| 11. | William PICTON | 27/03/01 | Bishop Stort | | 1:06.36 | 501 | 29.53 |
| 12. | Jamie MCCAFFRAY | 23/08/01 | Modernian | | 1:06.51 | 498 | 31.65 |
| 13. | John TELENSKY | 27/05/01 | Harpenden | | 1:06.60 | 496 | 29.87 |
| 14. | Joshua SMITH | 08/02/01 | DunmowAtlant | | 1:06.76 | 492 | 30.46 |

16 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts | 50 |
|-------|-----------------------|----------|--------------|-----|---------|--------|-------|
| 1. | Benjamin GARRATT | 11/05/00 | Hatfield | | 59.66 | 678 | 27.52 |
| 2. | James WOODWARD | 04/03/00 | Potters Bar | | 1:00.10 | 665 | 28.13 |
| 3. | Jake THOMAS-MANSFIELD | 09/06/00 | West Suffolk | | 1:00.89 | 642 | 28.53 |
| 4. | Callum DAVIS | 15/05/00 | Bishop Stort | | 1:00.94 | 640 | 28.09 |
| 5. | Harry JONES | 02/02/00 | Hitchin | | 1:01.30 | 630 | 28.47 |
| 6. | Luke TURLEY | 24/03/00 | Hatfield | | 1:01.54 | 623 | 28.70 |
| 7. | Lucas DYSON-DIAZ | 05/09/00 | Hatfield | | 1:01.89 | 613 | 28.83 |
| 8. | Samuel PECK | 21/07/00 | UEA Norwich | | 1:02.50 | 597 | 28.67 |
| 9. | Harry WHITEMAN | 06/07/00 | Co Peterboro | | 1:02.76 | 590 | 29.70 |
| 10. | Jack SPAIN | 06/07/00 | teamipswich | | 1:03.19 | 579 | 28.59 |
| 11. | Ryan SMITH | 05/01/00 | UEA Norwich | | 1:03.79 | 563 | 29.21 |
| 12. | Angus ROBINS | 29/03/00 | West Suffolk | | 1:04.10 | 555 | 28.84 |
| 13. | Adam MARTIN | 16/05/00 | Potters Bar | | 1:04.36 | 549 | 29.78 |
| 14. | Jamie HOYES | 20/07/00 | Berkhamsted | | 1:04.52 | 545 | 28.37 |
| 15. | Thomas GRIEVE | 02/08/00 | Colchester | | 1:04.94 | 535 | 29.62 |
| 16. | Ryan MOGFORD | 05/02/00 | Chelmsford | | 1:05.67 | 517 | 29.86 |
| 17. | David SHIPMAN | 09/06/00 | Potters Bar | | 1:05.68 | 517 | 29.43 |
| 18. | James BLOUNT | 09/11/00 | Potters Bar | | 1:07.05 | 486 | 30.21 |
| 19. | Harry WESTON | 21/03/00 | Norwich Swan | | 1:08.34 | 459 | 31.20 |

17 Yrs/Over Age Group - Full Results

| Place | Name | DoB | Club | Cat | Time | GB Pts | 50 |
|-------|------------------|----------|--------------|-----|---------|--------|-------|
| 1. | Dominic SCIFO | 29/12/99 | teamipswich | | 57.86 | 736 | 27.13 |
| 2. | George EPSLY | 12/06/98 | Basildon Ph | | 58.11 | 728 | 27.86 |
| 3. | Sonny TRIGG | 09/12/95 | teamipswich | | 58.98 | 700 | 27.26 |
| 4. | Oliver PERRY | 28/03/99 | Hatfield | | 59.03 | 698 | 27.50 |
| 5. | Harry PARKER | 30/07/98 | Hatfield | | 59.39 | 687 | 28.27 |
| 6. | Liam CURRAN | 25/10/98 | Co St Albans | | 59.64 | 679 | 27.67 |
| 7. | Peter WEBSTER | 12/01/98 | Hatfield | | 59.77 | 675 | 26.84 |
| 8. | Thomas SHERRIFF | 14/08/95 | Co St Albans | | 1:00.76 | 646 | 27.97 |
| 9. | Alex PROFFITT | 23/05/98 | West Suffolk | | 1:00.79 | 645 | 28.86 |
| 10. | Liam BARNETT | 19/07/87 | Co Cambridge | | 1:00.89 | 642 | 27.85 |
| 11. | Luke SUGDEN | 15/09/99 | Hatfield | | 1:00.91 | 641 | 28.48 |
| 12. | Joshua GRAVES | 19/09/97 | Co Peterboro | | 1:01.01 | 638 | 28.23 |
| 13. | Mason ARNOLD | 22/11/97 | Harlow Pen | | 1:01.59 | 622 | 28.01 |
| 14. | Jake LLOYD | 17/03/95 | Bishop Stort | | 1:01.90 | 613 | 28.17 |
| 15. | Bradley VEITCH | 24/03/99 | Harlow Pen | | 1:02.50 | 597 | 29.03 |
| 16. | Oliver KENNY | 21/08/97 | UEA Norwich | | 1:02.82 | 588 | 29.19 |
| 17. | Alex EVENS | 09/01/99 | Hitchin | | 1:02.89 | 586 | 28.81 |
| 18. | Hugo JOHNSON | 13/08/98 | Bo Southend | | 1:03.08 | 581 | 28.32 |
| 19. | Daniel SCHINDLER | 16/04/99 | Co St Albans | | 1:03.27 | 576 | 29.28 |
| 20. | Ignacio LARGHERO | 08/07/99 | Newmarket | | 1:03.31 | 575 | 28.85 |
| 21. | Louis SPONG | 07/11/99 | DunmowAtlant | | 1:03.49 | 571 | 29.87 |
| 22. | Oliver NEWTON | 24/06/99 | West Norfolk | | 1:03.80 | 563 | 29.17 |
| 23. | Jamie MCLAUGHLIN | 17/02/97 | DunmowAtlant | | 1:04.64 | 542 | 29.84 |
| 24. | Jordan CATCHPOLE | 05/10/99 | UEA Norwich | 14 | 1:06.58 | 496 | 31.05 |
| 25. | Ryan NICHOLLS | 16/05/98 | Basildon Ph | 14 | 1:08.47 | 456 | 31.20 |

Combined Result - Multi-Disability by British Disability Points

| Place | Name | DoB | Club | Cat | Time | BDPts | 50 |
|-------|------------------|----------|-------------|-----|---------|-------|-------|
| 1. | Jordan CATCHPOLE | 05/10/99 | UEA Norwich | 14 | 1:06.58 | 747 | 31.05 |
| 2. | Ryan NICHOLLS | 16/05/98 | Basildon Ph | 14 | 1:08.47 | 687 | 31.20 |



East Swimming

2016 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Norwich

30th April, 1st and 2nd May 2016

(Licensed Meet No. 1ER160820)

EVENT 117 Womens 400m Freestyle (Declared Winners)

Regional Records - Junior 4:12.51 Senior 4:12.51

15 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Time | GB Pts | | | | |
|-------|-------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| 1. | Chloe LENCE | 19/08/01 | Modernian | 4:31.62 | 763 | | | | |
| | 50m 30.38 | 100m 1:04.52 | 150m 1:46.10 | 200m 2:14.12 | 250m 1:39.44 | 300m 3:23.45 | 350m 3:57.68 | 400m 4:31.62 | |
| 2. | Poppy RICHARDSON | 27/08/01 | Co Peterboro | 4:40.21 | 703 | | | | |
| | 50m 31.11 | 100m 1:06.02 | 150m 1:41.48 | 200m 2:17.37 | 250m 2:53.15 | 300m 3:29.60 | 350m 4:05.29 | 400m 4:40.21 | |
| 3. | Sophie TAYLOR | 23/08/01 | St Felix Sch | 4:43.06 | 685 | | | | |
| | 50m 31.82 | 100m 1:07.83 | 150m 1:43.82 | 200m 2:20.38 | 250m 2:56.44 | 300m 3:33.27 | 350m 4:08.64 | 400m 4:43.06 | |
| 4. | Holly JASZKIEWICZ | 18/12/01 | Co Peterboro | 4:43.33 | 683 | | | | |
| | 50m 31.92 | 100m 1:07.25 | 150m 1:43.18 | 200m 2:19.49 | 250m 2:55.32 | 300m 3:31.85 | 350m 4:07.89 | 400m 4:43.33 | |
| 5. | Tilly ANEMA | 09/12/01 | Norwich Swan | 4:43.84 | 680 | | | | |
| | 50m 31.52 | 100m 1:06.39 | 150m 1:42.04 | 200m 2:18.69 | 250m 2:54.83 | 300m 3:32.04 | 350m 4:08.42 | 400m 4:43.84 | |
| 6. | Chloe OGDEN | 03/06/01 | Bishop Stort | 4:44.83 | 673 | | | | |
| | 50m 32.13 | 100m 1:07.38 | 150m 1:43.82 | 200m 2:20.17 | 250m 2:56.20 | 300m 3:32.89 | 350m 4:09.36 | 400m 4:44.83 | |
| 7. | Maddison SAUNDERS | 30/10/01 | Co Peterboro | 4:45.92 | 666 | | | | |
| | 50m 31.70 | 100m 1:07.37 | 150m 1:43.69 | 200m 2:20.01 | 250m 2:56.19 | 300m 3:33.10 | 350m 4:09.58 | 400m 4:45.92 | |
| 8. | Sonia TUMIOTTO | 14/07/01 | St Felix Sch | 4:46.31 | 664 | | | | |
| | 50m 32.89 | 100m 1:09.11 | 150m 1:45.15 | 200m 2:22.21 | 250m 2:58.25 | 300m 3:35.16 | 350m 4:10.92 | 400m 4:46.31 | |
| 9. | Megan KEY | 07/06/01 | Canvey Isl | 4:52.15 | 628 | | | | |
| | 50m 32.55 | 100m 1:08.75 | 150m 1:44.74 | 200m 2:22.35 | 250m 2:59.28 | 300m 3:37.75 | 350m 4:14.76 | 400m 4:52.15 | |
| 10. | Alice FENDER | 14/02/01 | Hemel Hemp | 4:56.27 | 604 | | | | |
| | 50m 32.88 | 100m 1:08.73 | 150m 1:46.31 | 200m 2:23.70 | 250m 3:02.15 | 300m 3:40.77 | 350m 4:19.57 | 400m 4:56.27 | |

16 Yrs Age Group - Full Results

| Place | Name | DoB | Club | Time | GB Pts | | | | |
|-------|--------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| 1. | Shannon STOTT | 29/08/00 | Co St Albans | 4:39.07 | 711 | | | | |
| | 50m 32.24 | 100m 1:07.16 | 150m 1:42.28 | 200m 2:17.68 | 250m 2:53.78 | 300m 3:29.01 | 350m 4:05.70 | 400m 4:39.07 | |
| 2. | Chantal SMITH | 13/01/00 | Team Luton | 4:42.37 | 689 | | | | |
| | 50m 31.50 | 100m 1:06.75 | 150m 1:42.26 | 200m 2:19.18 | 250m 2:55.04 | 300m 3:31.96 | 350m 4:07.52 | 400m 4:42.37 | |
| 3. | Madeleine CHAMBERS | 19/09/00 | St Felix Sch | 4:50.75 | 636 | | | | |
| | 50m 33.41 | 100m 1:09.95 | 150m 1:46.43 | 200m 2:24.14 | 250m 3:00.79 | 300m 3:37.88 | 350m 4:14.49 | 400m 4:50.75 | |
| 4. | Christie WOODS | 24/10/00 | Co Peterboro | 4:52.35 | 627 | | | | |
| | 50m 32.16 | 100m 1:07.32 | 150m 1:44.36 | 200m 2:21.39 | 250m 2:59.38 | 300m 3:37.21 | 350m 4:15.44 | 400m 4:52.35 | |
| 5. | Amber SHINE | 10/08/00 | Hatfield | 4:53.93 | 618 | | | | |
| | 50m 33.42 | 100m 1:09.65 | 150m 1:47.19 | 200m 2:25.08 | 250m 3:02.78 | 300m 3:40.54 | 350m 4:18.32 | 400m 4:53.93 | |

17 Yrs/Over Age Group - Full Results

| Place | Name | DoB | Club | Time | GB Pts | | | | |
|-------|------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| 1. | Abby SMITH | 26/03/96 | Harpenden | 4:24.83 | 814 | | | | |
| | 50m 30.03 | 100m 1:02.88 | 150m 1:35.91 | 200m 2:08.95 | 250m 2:42.05 | 300m 3:16.62 | 350m 3:50.70 | 400m 4:24.83 | |
| 2. | Leah ROUGHAN | 03/09/99 | Co Peterboro | 4:30.54 | 771 | | | | |
| | 50m 31.14 | 100m 1:05.18 | 150m 1:39.39 | 200m 2:13.85 | 250m 2:48.18 | 300m 3:22.66 | 350m 3:56.67 | 400m 4:30.54 | |
| 3. | Dolly TRIGG | 16/05/98 | teamipswich | 4:31.67 | 763 | | | | |
| | 50m 30.83 | 100m 1:04.88 | 150m 1:39.36 | 200m 2:15.09 | 250m 2:49.23 | 300m 3:24.19 | 350m 3:57.94 | 400m 4:31.67 | |
| 4. | Amber HUGHES | 15/01/99 | Hatfield | 4:33.76 | 748 | | | | |
| | 50m 31.38 | 100m 1:05.22 | 150m 1:39.53 | 200m 2:14.05 | 250m 2:49.17 | 300m 3:24.52 | 350m 3:59.64 | 400m 4:33.76 | |
| 5. | Jessica WESTLAKE | 20/01/99 | St Felix Sch | 4:37.98 | 718 | | | | |
| | 50m 30.84 | 100m 1:06.00 | 150m 1:41.26 | 200m 2:17.08 | 250m 2:52.72 | 300m 3:28.41 | 350m 4:03.69 | 400m 4:37.98 | |
| 6. | Millie EMMANS | 14/11/99 | Co Cambridge | 4:39.77 | 706 | | | | |
| | 50m 31.58 | 100m 1:05.97 | 150m 1:41.65 | 200m 2:17.67 | 250m 2:53.79 | 300m 3:29.69 | 350m 4:05.70 | 400m 4:39.77 | |
| 7. | Rebecca SCOTT | 12/08/98 | Hitchin | 4:40.28 | 703 | | | | |
| | 50m 30.09 | 100m 1:03.24 | 150m 1:38.44 | 200m 2:14.47 | 250m 2:50.87 | 300m 3:27.81 | 350m 4:03.99 | 400m 4:40.28 | |
| 8. | Amy YOUNG | 30/09/99 | Bishop Stort | 4:40.36 | 702 | | | | |
| | 50m 31.94 | 100m 1:06.56 | 150m 1:42.13 | 200m 2:18.25 | 250m 2:54.27 | 300m 3:30.04 | 350m 4:05.70 | 400m 4:40.36 | |
| 9. | Nicola PASQUIRE | 18/02/98 | Team Luton | 4:43.79 | 680 | | | | |
| | 50m 31.05 | 100m 1:06.01 | 150m 1:41.41 | 200m 2:18.12 | 250m 2:54.47 | 300m 3:31.16 | 350m 4:07.55 | 400m 4:43.79 | |
| 10. | Emily DOWDING | 25/09/98 | teamipswich | 4:43.87 | 679 | | | | |
| | 50m 31.12 | 100m 1:06.28 | 150m 1:41.67 | 200m 2:17.86 | 250m 2:53.71 | 300m 3:30.70 | 350m 4:07.49 | 400m 4:43.87 | |
| 11. | Aisling RUFF | 22/05/98 | Co Peterboro | 4:44.26 | 677 | | | | |
| | 50m 31.78 | 100m 1:07.37 | 150m 1:42.88 | 200m 2:19.78 | 250m 2:55.90 | 300m 3:32.56 | 350m 4:08.50 | 400m 4:44.26 | |
| 12. | Tegan WOLLASTON | 16/09/99 | Cheshunt | 4:47.72 | 655 | | | | |
| | 50m 31.98 | 100m 1:06.22 | 150m 1:43.20 | 200m 2:19.72 | 250m 2:56.56 | 300m 3:33.85 | 350m 4:10.99 | 400m 4:47.72 | |
| 13. | Ellie MITCHELL | 22/03/99 | Runnymede | 4:52.03 | 629 | | | | |
| | 50m 31.17 | 100m 1:07.80 | 150m 1:44.47 | 200m 2:21.78 | 250m 2:59.60 | 300m 3:37.22 | 350m 4:15.26 | 400m 4:52.03 | |