



ASA East Region
2015 Long Course Championships
 (Under ASA Laws & ASA Technical Rules)
Weekend One
 (Licensed Meet No. 1ER150672)



Results Session Seven

EVENT 311 Mens 200m IM

Regional Records - Junior 2:07.70 Senior 1:58.22

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Nathan HUGHES	15	Hatfield		2:13.31	729	29.08	1:04.04	1:41.88
2.	Jakob GOODMAN	15	St Felix Sch		2:17.91	666	30.00	1:04.90	1:47.24
3.	Ben HARRISON	15	Potters Bar		2:18.79	654	29.14	1:05.36	1:46.47
4.	Jamie SCHOLLES	15	Co Peterboro		2:18.85	653	28.66	1:02.34	1:47.19
5.	Luke TURLEY	15	Hatfield		2:19.04	651	29.82	1:05.38	1:49.56
6.	James WOODWARD	15	Potters Bar		2:20.90	628	30.27	1:07.25	1:50.41
7.	Harry NICHOLLS	15	Basildon Ph		2:21.48	620	30.06	1:07.27	1:49.29
8.	Samuel COTTEE	15	teamipswich		2:21.69	618	30.51	1:06.71	1:48.73
9.	Patrick KEAVENEY	15	Modemians		2:22.22	611	-	1:08.07	-
10.	Harry CONSTANTINE	15	Hatfield		2:22.23	611	31.04	1:06.00	1:50.02
11.	Myles TURNER	15	West Suffolk		2:23.60	595	33.75	1:08.82	1:51.13
12.	Max WILSON	15	Modemians		2:26.71	560	31.75	1:07.85	1:53.73
13.	Harry WHITEMAN	15	Co Peterboro		2:26.89	558	31.71	1:08.93	1:53.45
14.	Alex WALMSLEY	15	teamipswich		2:28.19	544	31.87	1:10.14	1:56.65
15.	Daniel LUSH	15	Cheshunt		2:28.23	543	31.25	1:09.76	1:54.71
16.	Harry EADE	15	teamipswich		2:30.11	524	30.73	1:10.30	1:55.17
17.	Harry LONGBOTTOM	15	Deben		2:30.78	517	33.48	1:12.71	1:56.57
18.	Benjamin GARRATT	15	Hatfield		2:32.27	502	29.37	1:11.25	1:56.88
19.	Jack RYAN	15	Modemians		2:36.50	462	33.88	1:12.94	2:01.39
20.	Jaxon SIMMONS	15	Co Peterboro	13	2:40.84	424	-	1:16.97	-

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Oliver FITT	16	St Ives		2:15.87	693	29.71	-	1:44.67
2.	Thomas WIGGINS	16	Co Peterboro		2:19.96	639	30.38	1:05.66	1:46.17
3.	Ole MILLS	16	Braintree		2:20.22	636	29.64	1:07.46	1:47.54
4.	Finlay RYAN	16	Norwich Swan		2:21.22	624	31.74	1:07.83	1:48.65
5.	Daniel SCHINDLER	16	Co St Albans		2:22.84	604	-	1:07.05	-
6.	Luke SUGDEN	16	Hatfield		2:23.85	592	-	1:08.02	-
7.	Spencer PRIOR	16	Colchester		2:24.16	589	30.03	1:06.82	1:50.62
8.	Ryan KELLY	16	Chelmsford		2:24.35	586	31.19	1:07.27	1:51.29
9.	Michael LARDNER	16	Co Peterboro		2:24.68	583	31.03	1:06.57	1:51.13
10.	Jordan NORTHWOOD	16	Berkhamsted		2:24.86	581	29.83	1:05.94	1:48.90

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Jake TYSON	18	teamipswich		2:08.80	796	27.78	1:00.36	1:38.94
2.	Martyn WALTON	18	Hatfield		2:11.40	756	28.11	1:02.31	1:40.00
3.	Robert LANCASTER	18	teamipswich		2:13.00	733	28.47	1:03.83	1:40.69
4.	Nathan WELLS	17	West Norfolk		2:13.84	721	28.28	1:00.42	1:43.28
5.	Karl BATORSKI	27	Harlow Pen		2:13.94	720	28.75	1:02.99	1:41.42
6.	Augustus VEASEY	19	Chelmsford		2:14.06	718	29.17	1:02.47	1:41.63
7.	Thomas SARAH	21	Co Cambridge		2:15.11	703	28.87	1:03.90	1:43.77
8.	James NEWTON	17	Co Peterboro		2:17.24	674	30.26	1:04.22	1:43.15
9.	Charles SELLER	17	teamipswich		2:17.52	671	28.55	1:02.98	1:47.62
10.	Jack PICKERING	17	teamipswich		2:17.65	669	-	1:05.20	-
11.	Brandon NABARRO	18	Modemians		2:17.87	666	28.80	-	1:44.92
12.	Joshua GRAVES	18	Co Peterboro		2:18.46	658	28.26	1:03.88	1:46.81
13.	Fraser SCOTT	17	Basildon Ph		2:18.67	656	29.89	1:06.63	1:46.36
14.	Graeham DOUGLAS	27	Co Cambridge		2:20.04	638	29.49	1:05.39	1:46.86
15.	Jake LLOYD	20	Bishop Stort		2:20.59	631	28.44	1:03.47	1:47.82
16.	Thomas SHERRIFF	20	Hemel Hemp		2:21.19	624	28.40	1:05.77	1:48.68
17.	Ethan FARRELL	18	Hatfield		2:21.26	623	30.79	1:06.56	1:47.90
18.	Mason ARNOLD	18	Harlow Pen		2:22.44	609	-	1:07.15	-

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Jaxon SIMMONS	15	Co Peterboro	13	2:40.84	484	-	1:16.97	-



ASA East Region 2015 Long Course Championships

(Under ASA Laws & ASA Technical Rules)

Weekend One

(Licensed Meet No. 1ER150672)



EVENT 312 Womens 200m IM

Regional Records - Junior 2:16.12 Senior 2:15.96

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Hanna JASZKIEWICZ	15	Co Peterboro		2:27.62	731	32.09	1:08.87	1:52.74
2.	Rachel WELLINGS	15	Co Peterboro		2:31.76	679	32.27	1:08.62	1:55.60
3.	Laura COPPING	15	Hatfield		2:32.94	665	33.08	1:13.19	1:58.36
4.	Shannon STOTT	15	Co St Albans		2:33.32	661	31.62	1:11.17	1:59.16
5.	Katie CROWTHER	15	Co Peterboro		2:35.19	639	34.02	1:15.10	1:59.63
6.	Georgina CURTIS	15	Mid Beds		2:36.04	630	33.90	-	2:01.24
7.	Peyton EWBANK	15	Norwich Swan		2:37.11	618	-	1:12.20	-
8.	Abigail GREEN	15	Watford SC		2:38.43	603	33.60	1:14.80	2:02.11
9.	Sophie PICKERING	15	teamipswich		2:38.98	598	34.32	1:14.83	-
10.	Annalise WRIGHT	15	Linslade		2:40.36	583	-	1:15.55	-
11.	Sophie BURNS	15	Watford SC		2:42.26	564	34.22	1:15.77	2:04.27
12.	Katialin DANG	15	Harpenden		2:44.48	542	36.04	1:17.75	2:04.01

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Katherine BROWN	16	Co Peterboro		2:25.02	765	30.92	1:08.97	1:52.24
2.	Leah ROUGHAN	16	Co Peterboro		2:26.72	743	32.38	1:11.75	1:52.76
3.	Amy YOUNG	16	Bishop Stort		2:32.11	675	31.88	1:10.18	1:58.10
4.	Lauren GRICE	16	Leighton Buz		2:34.83	643	32.94	1:11.96	1:59.82
5.	Millie EMMANS	16	Co Cambridge		2:34.99	641	-	1:15.17	2:00.91
6.	Emily BIGGS	16	Co Cambridge		2:35.41	637	33.32	1:13.26	1:57.77
7.	Olivia PAWSON	16	Cheshunt		2:35.76	633	-	1:12.65	-
8.	Jessica WESTLAKE	16	St Felix Sch		2:36.43	625	33.74	1:14.51	2:01.59
9.	Dina DAY	16	Runnymede		2:37.44	614	33.09	1:13.40	2:01.61
10.	Gemma TROTT	16	Modernians		2:37.97	608	-	1:12.15	-
11.	Harriet HANSON	16	Hatfield		2:41.63	570	32.98	1:14.83	2:04.91
	Lana MO	16	West Suffolk		DNC				

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Lily WEST	18	Hatfield		2:23.31	789	31.88	1:09.53	1:49.43
2.	Philippa SHUTTLEWORTH	18	Hatfield		2:24.59	771	31.76	1:07.46	1:51.78
3.	Dolly TRIGG	17	teamipswich		2:26.41	747	31.96	1:08.80	1:52.90
4.	Mollie ALLEN	17	Co Peterboro		2:27.68	730	31.93	1:09.54	1:54.00
5.	Georgina PRYOR	17	Hoddesdon		2:28.68	717	30.24	1:07.09	1:54.59
6.	Rebecca BURTON	17	Modernians		2:28.88	715	32.57	1:11.34	1:52.48
7.	Alison BINNS	19	Bushey		2:31.23	686	31.85	1:09.68	1:55.68
8.	Bethany PALMER	17	UEA Norwich		2:32.40	672	33.24	1:12.09	1:58.35
9.	Jessica-Jane APPLEGATE	19	UEA Norwich	14	2:34.17	651	32.28	-	1:59.84
10.	Emma STUDD	19	teamipswich		2:36.41	625	33.92	1:16.75	2:01.75
11.	Amber SWALES	20	Biggleswade		2:36.99	619	33.22	1:14.24	2:00.48
12.	Katie NESBITT	17	UEA Norwich	14	2:41.32	573	33.91	1:15.50	2:03.07

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Jessica-Jane APPLEGATE	19	UEA Norwich	14	2:34.17	985	32.28	-	1:59.84
2.	Katie NESBITT	17	UEA Norwich	14	2:41.32	860	33.91	1:15.50	2:03.07



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Weekend One

(Licensed Meet No. 1ER150672)



EVENT 313 Mens 100m Backstroke

Regional Records - Junior 58.37 Senior 54.78

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Jamie SCHOLES	15	Co Peterboro		1:00.70	716	29.59
2.	Harry CONSTANTINE	15	Hatfield		1:02.96	649	30.19
3.	Ben HARRISON	15	Potters Bar		1:03.53	633	-
4.	Nathan HUGHES	15	Hatfield		1:03.64	630	30.43
5.	Ryan SMITH	15	UEA Norwich		1:04.56	606	31.29
6.	Luke TURLEY	15	Hatfield		1:05.27	587	31.68
7.	Tyler BERRY	15	Basildon Ph		1:06.37	560	32.20
8.	James WOODWARD	15	Potters Bar		1:06.62	554	32.97
9.	Harry WHITEMAN	15	Co Peterboro		1:06.90	547	32.97
10.	Myles TURNER	15	West Suffolk		1:07.07	543	33.38
11.	Alex WALMSLEY	15	teamipswich		1:07.62	530	33.10
12.	Bayley FINBOW	15	teamipswich		1:08.04	521	32.93
13.	Joseph TAYLOR	15	Bishop Stort		1:08.05	520	33.42
14.	Max WILSON	15	Modernians		1:08.31	515	-
15.	Benjamin GARTON	15	Co Peterboro		1:09.16	496	33.20
16.	Dermot O'DOHERTY	15	Basildon Ph		1:09.33	492	34.09
17.	Harry EADE	15	teamipswich		1:09.40	491	33.47
18.	Thushira KUMARAGE	15	Co St Albans		1:09.92	480	33.83
19.	Christian NEL	15	Berkhamsted		1:10.72	463	32.92
20.	Harry LONGBOTTOM	15	Deben		1:11.00	458	35.05
21.	Thomas FAULKNER	15	Leighton Buz		1:11.47	449	34.28
22.	Jaxon SIMMONS	15	Co Peterboro	13	1:18.59	329	38.65
23.	Callum HODGSON	15	Basildon Ph	14	1:23.51	266	40.34

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Oliver FITT	16	St Ives		1:02.35	667	30.34
2.	Zack CAMPBELL-MAUGHAN	16	West Norfolk		1:03.02	648	30.32
3.	Harry FOX	16	Basildon Ph		1:03.04	647	31.13
4.	Sam GAMBLE	16	Hitchin		1:03.79	626	-
5.	Ryan KELLY	16	Chelmsford		1:03.89	624	31.37
6.	Elliot WYLIE	16	Co St Albans		1:03.91	623	31.01
7.	Bryce O'DEA	16	Runnymede		1:04.86	598	31.24
8.	Oliver LANGFORD	16	Modernians		1:05.07	592	32.35
9.	Michael LARDNER	16	Co Peterboro		1:05.08	592	31.56
10.	Daniel HILL	16	Linslade		1:05.64	578	32.08
11.	Callum KEANE	16	Co St Albans		1:06.04	568	32.40
12.	Cameron MANLEY	16	Linslade		1:06.43	558	32.03
13.	Louis SPONG	16	DunmowAtlant		1:07.30	538	-
14.	Spencer PRIOR	16	Colchester		1:07.68	529	-
15.	Charles FYNN	16	Co Cambridge		1:08.29	515	32.52

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	William KEARSEY	18	Hatfield		58.14	801	27.99
2.	Jack UTTING	18	UEA Norwich		59.32	761	28.53
3.	Jake TYSON	18	teamipswich		59.84	744	29.27
4.	Conor HARROLD	22	Basildon Ph		1:00.17	733	28.73
5.	Oliver MALTBY	18	Modernians		1:00.34	728	29.18
5.	Luke HAZLEHURST	18	Hatfield		1:00.34	728	29.71
7.	Nathan WELLS	17	West Norfolk		1:00.88	711	29.74
8.	Augustus VEASEY	19	Chelmsford		1:01.73	685	29.55
9.	James NEWTON	17	Co Peterboro		1:02.29	668	30.92
10.	Leone CRICK	17	Leighton Buz		1:03.27	641	30.61
11.	Ben JAMIESON	18	Mildenhall		1:03.38	638	-
12.	Jamie FOWLER	18	Team Luton		1:03.46	635	31.04
13.	Frederick WOODCOCK	19	Hemel Hemp		1:03.63	631	30.33
14.	Nathan BENTLEY	17	Hatfield		1:04.30	613	30.62
15.	Joshua GAINES	17	Hemel Hemp		1:04.35	611	31.30
16.	Brandon NABARRO	18	Modernians		1:04.91	597	31.86
17.	Ben RANSOME	17	Hertford		1:05.55	580	-
18.	Nathan GREENE	18	Team Luton	9	1:19.62	315	38.48
19.	Joshua WELLS	18	UEA Norwich	14	1:25.10	248	40.74
20.	Sam BRADLEY	22	Team Luton	7	1:27.91	219	42.55

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Sam BRADLEY	22	Team Luton	7	1:27.91	502	42.55
2.	Nathan GREENE	18	Team Luton	9	1:19.62	466	38.48
3.	Callum HODGSON	15	Basildon Ph	14	1:23.51	406	40.34
4.	Joshua WELLS	18	UEA Norwich	14	1:25.10	384	40.74
5.	Jaxon SIMMONS	15	Co Peterboro	13	1:18.59	381	38.65



ASA East Region 2015 Long Course Championships

(Under ASA Laws & ASA Technical Rules)

Weekend One

(Licensed Meet No. 1ER150672)



EVENT 314 Womens 100m Backstroke

Regional Records - Junior 1:02.97 Senior 1:02.97

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Eleanor MITCHELL	15	Bishop Stort		1:06.60	749	33.05
2.	Rachel WELLINGS	15	Co Peterboro		1:07.89	712	33.18
3.	Meghan MAYBANKS	15	DunmowAtlant		1:09.13	679	-
4.	Hanna JASZKIEWICZ	15	Co Peterboro		1:09.47	670	33.63
5.	Eleanor KING	15	Dunstable		1:10.13	653	34.47
6.	Catherine BROWN	15	Norwich Swan		1:10.48	644	-
7.	Zara PRETIOUS-WHITE	15	Bishop Stort		1:11.07	629	-
8.	Annabel LEE	15	teamipswich		1:11.96	608	34.72
9.	Dora ZHOU	15	Epping For't		1:12.22	602	33.81
10.	Poppy LEECH	15	Co Peterboro		1:12.61	593	35.86
11.	Beth EDWARDS	15	West Suffolk		1:12.89	586	35.27
12.	Megan COOK	15	Bishop Stort		1:12.90	586	35.32
13.	Hannah BRECKNELL	15	West Suffolk		1:13.01	584	-
14.	Susanna FRASER	15	Co Cambridge		1:13.04	583	35.11
15.	Evie BANHAM	15	Leiston		1:13.10	582	35.46
16.	Peyton EWBANK	15	Norwich Swan		1:13.46	574	35.98
17.	Laura COPPING	15	Hatfield		1:13.60	570	36.39
18.	Christina WILSON	15	Norwich Swan		1:13.69	568	-
19.	Francesca CROCKER	15	St Ives		1:13.87	564	-
20.	Zoe HORNE	15	Co St Albans		1:14.36	554	36.84
21.	Elinor DULEY	15	Colchester		1:14.90	542	36.10

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Bethany SAUNDERS	16	Co Peterboro		1:07.22	731	32.67
2.	Martha DULEY	16	Colchester		1:07.90	712	32.75
3.	Cara HETHERINGTON	16	teamipswich		1:08.73	689	32.65
4.	Olivia PAWSON	16	Cheshunt		1:10.28	649	34.71
5.	Abigail WHITING	16	West Norfolk		1:10.55	642	-
6.	Hannah BROWN	16	West Norfolk		1:10.66	640	-
7.	Bethany SAMPHER	16	West Suffolk		1:12.19	603	35.04
8.	Gemma TROTT	16	Modernians		1:12.48	596	35.04
9.	Grace MCGILL	16	Thetford		1:12.87	587	-
10.	Darcey GARDINER	16	Chelmsford		1:13.16	580	35.31
11.	Beatrice BARDER	16	Co St Albans		1:14.20	557	35.04
	Lana MO	16	West Suffolk		DNC		

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Faye NUGENT	19	Hatfield		1:05.61	778	31.76
2.	Josephine BLADES	18	St Felix Sch		1:06.05	765	32.68
3.	Georgina PRYOR	17	Hoddesdon		1:06.69	746	32.72
4.	Emily LANE	19	Bo Southend		1:07.40	726	32.69
5.	Keely EMPSON	19	West Norfolk		1:07.85	713	32.04
6.	Mollie ALLEN	17	Co Peterboro		1:07.90	712	33.19
7.	Alaina SCIFO	18	teamipswich		1:08.02	709	33.12
8.	Alice SHERWIN	18	teamipswich		1:08.98	683	-
9.	Chloe HAZELL	17	UEA Norwich		1:09.67	665	33.59
10.	Danielle RAYNER	19	St Ives		1:09.83	661	33.69
11.	Bethany PALMER	17	UEA Norwich		1:10.13	653	34.62
12.	Georgina LAWSON	18	Co St Albans		1:10.32	648	33.63
13.	Taylor GOODBY	17	Co Peterboro		1:10.53	643	-
14.	Lauren SIMPKINS	17	Putteridge		1:10.66	640	-
15.	Aimee ABREY	17	Hemel Hemp		1:10.90	634	33.85
16.	Emma LEES	17	West Suffolk		1:12.16	603	34.41
17.	Jessica-Jane APPLEGATE	19	UEA Norwich	14	1:13.65	569	36.09
18.	Emma CATTLE	27	Team Luton	10	1:19.25	458	37.86
	Katie NESBITT	17	UEA Norwich	14	DQ 4		

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Jessica-Jane APPLEGATE	19	UEA Norwich	14	1:13.65	759	36.09
2.	Emma CATTLE	27	Team Luton	10	1:19.25	575	37.86
	Katie NESBITT	17	UEA Norwich	14	DQ 4		



ASA East Region 2015 Long Course Championships

(Under ASA Laws & ASA Technical Rules)

Weekend One

(Licensed Meet No. 1ER150672)



EVENT 315 Mens 200m Freestyle

Regional Records - Junior 1:52.79 Senior 1:48.99

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Jakob GOODMAN	15	St Felix Sch		2:00.45	713	27.58	58.09	1:29.70
2.	Nathan HUGHES	15	Hatfield		2:00.53	712	27.91	58.41	1:29.43
3.	Jamie SCHOLLES	15	Co Peterboro		2:00.95	706	27.69	58.35	1:30.04
4.	Luke TURLEY	15	Hatfield		2:02.98	675	29.08	1:00.51	1:32.07
5.	Benjamin GARRATT	15	Hatfield		2:04.25	656	28.09	59.17	1:31.39
6.	Myles TURNER	15	West Suffolk		2:06.92	619	30.19	1:02.39	1:34.80
7.	Max WILSON	15	Modernians		2:07.12	616	29.36	1:01.36	1:34.22
8.	James BAYLEY	15	Basildon Ph		2:07.51	611	29.34	1:02.02	1:34.98
9.	Jack SPAIN	15	Stowmarket		2:07.75	608	29.05	1:01.46	1:34.92
10.	James WOODWARD	15	Potters Bar		2:07.98	605	29.38	1:02.04	1:38.33
11.	Ryan MOGFORD	15	Chelmsford		2:08.47	598	29.58	1:02.15	1:35.87
12.	Daniel LUSH	15	Cheshunt		2:08.66	596	29.69	1:02.28	1:35.94
13.	David SHIPMAN	15	Potters Bar		2:09.12	590	29.01	1:01.90	1:36.40
14.	Bayley FINBOW	15	teamipswich		2:09.21	589	30.50	1:02.96	1:36.73
15.	Vincent MELO PEET	15	Basildon Ph		2:09.39	586	29.90	1:02.77	1:36.90
16.	James BLOUNT	15	Potters Bar		2:09.49	585	29.80	1:03.77	1:37.29
17.	Jack RYAN	15	Modernians		2:10.09	577	29.27	1:02.13	1:36.56
18.	Harry CONSTANTINE	15	Hatfield		2:10.33	574	29.92	1:03.31	1:37.38
19.	Harry LONGBOTTOM	15	Deben		2:12.66	546	-	1:04.25	-
20.	Callum HODGSON	15	Basildon Ph	14	2:32.83	351	-	1:13.12	1:53.71
	Finn CORBETT	15	Co Peterboro		DNC				

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Daniel LEIGH	16	Co Peterboro		1:58.89	738	27.27	56.87	1:28.08
2.	Bradley VEITCH	16	Harlow Pen		2:02.46	683	28.67	1:00.06	1:31.93
3.	Luke SUGDEN	16	Hatfield		2:03.14	673	28.42	59.42	1:31.54
4.	Alex EVENS	16	Hitchin		2:04.31	655	-	59.75	-
5.	Thomas WIGGINS	16	Co Peterboro		2:04.57	652	28.37	1:00.01	1:32.71
6.	Joshua FOWLES	16	Witham Dolph		2:05.15	644	29.01	1:00.54	1:33.24
7.	Ole MILLS	16	Braintree		2:05.60	637	29.89	1:02.38	1:34.35
8.	Harry FOX	16	Basildon Ph		2:05.81	634	29.88	1:01.73	1:34.21
9.	Jordan NORTHWOOD	16	Berkhamsted		2:09.66	583	29.01	1:01.73	1:36.13
10.	Morgan READ	16	West Norfolk		2:09.80	581	29.50	1:03.00	1:36.04
11.	Spencer PRIOR	16	Colchester		2:11.07	565	30.29	1:03.31	1:37.48
12.	Zack CAMPBELL-MAUGHAN	16	West Norfolk		2:11.48	560	-	1:02.27	-
13.	Ryan KELLY	16	Chelmsford		2:15.78	510	30.75	1:05.36	1:41.38
	Dominic SCIFO	16	teamipswich		DNC				

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Regan LLOYD	18	teamipswich		1:54.77	808	27.17	56.15	1:25.27
2.	Timothy SHUTTLEWORTH	18	Hatfield		1:55.80	790	28.03	57.64	1:26.82
3.	Joshua DUGGAN	19	Hatfield		1:56.12	784	26.81	55.81	1:25.98
4.	Charles SELLER	17	teamipswich		1:56.99	770	27.33	56.63	1:26.72
5.	George EPSLY	17	Basildon Ph		1:58.05	752	27.57	57.75	1:27.93
6.	Martyn WALTON	18	Hatfield		1:58.23	749	26.16	55.92	1:27.43
7.	Nathan WELLS	17	West Norfolk		1:58.51	744	27.96	57.90	1:28.43
8.	Nathan BENTLEY	17	Hatfield		1:59.40	730	28.38	58.76	1:29.48
9.	Thomas SHERRIFF	20	Hemel Hemp		1:59.89	722	28.22	58.99	1:30.26
10.	Stuart CLARKE	31	Bishop Stort		2:00.45	713	29.68	1:00.53	1:30.54
11.	Luke HAZLEHURST	18	Hatfield		2:01.61	695	28.33	59.50	1:30.65
12.	Daniel POWELL	18	Co Peterboro		2:02.04	689	27.96	58.99	1:30.97
13.	Jake LLOYD	20	Bishop Stort		2:02.83	677	28.26	59.08	1:30.78
14.	James DAY	18	Basildon Ph		2:03.34	670	28.28	59.32	1:31.39
15.	Fraser SCOTT	17	Basildon Ph		2:04.36	655	-	1:00.75	-
16.	Matthew WRIGHT	17	Team Luton		2:04.88	647	28.44	1:00.20	1:33.02
17.	Ethan LAMB	19	Hatfield		2:05.47	639	28.82	1:00.25	1:33.11
18.	Kyle PANTON	20	Harlow Pen		2:07.53	611	28.65	1:00.97	1:34.41
19.	Joshua WELLS	18	UEA Norwich	14	2:38.92	307	33.58	1:15.14	1:58.09

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Callum HODGSON	15	Basildon Ph	14	2:32.83	479	-	1:13.12	1:53.71
2.	Joshua WELLS	18	UEA Norwich	14	2:38.92	426	33.58	1:15.14	1:58.09



ASA East Region 2015 Long Course Championships

(Under ASA Laws & ASA Technical Rules)

Weekend One

(Licensed Meet No. 1ER150672)



EVENT 316 Womens 200m Freestyle

Regional Records - Junior 2:03.19 Senior 2:00.85

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Chantal SMITH	15	Team Luton		2:11.98	723	30.64	1:04.31	1:38.43
2.	Eleanor MITCHELL	15	Bishop Stort		2:12.88	710	30.78	1:04.62	1:37.74
3.	Christie WOODS	15	Co Peterboro		2:13.55	701	30.83	1:04.52	1:39.22
4.	Shannon STOTT	15	Co St Albans		2:14.89	683	31.47	1:06.83	1:41.86
5.	Katie CONYERS	15	Potters Bar		2:15.92	669	-	1:06.13	-
6.	Amber SHINE	15	Hatfield		2:16.32	663	31.60	1:06.21	1:41.62
7.	Poppy LEECH	15	Co Peterboro		2:18.83	631	31.85	1:07.34	1:43.88
8.	Abigail GREEN	15	Watford SC		2:19.35	625	31.63	1:07.15	1:45.05
9.	Abigail WEBB	15	Deben		2:19.53	622	32.01	1:08.19	1:45.45
10.	Susanna FRASER	15	Co Cambridge		2:22.46	587	32.72	1:08.61	1:45.72
11.	Eleanor KING	15	Dunstable		2:22.74	584	32.35	1:08.27	1:46.06
12.	Annalise WRIGHT	15	Linslade		2:24.42	565	32.83	1:09.79	1:47.94
13.	Sophie BURNS	15	Watford SC		2:28.19	524	33.21	1:10.65	1:50.10
	Leyla M.RIZATEPE	15	Hatfield		DNC				

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Katherine BROWN	16	Co Peterboro		2:07.60	789	29.71	1:01.68	1:34.71
2.	Abigail WHITING	16	West Norfolk		2:10.52	745	30.21	1:03.40	1:37.06
3.	Amy GODSAVE	16	Hoddesdon		2:11.90	724	29.92	1:03.90	1:38.30
4.	Leah ROUGHAN	16	Co Peterboro		2:12.21	720	31.12	1:04.66	1:38.34
5.	Hannah COOPER	16	Norwich Swan		2:12.35	718	30.12	1:03.39	1:37.99
6.	Bethany SAUNDERS	16	Co Peterboro		2:14.32	690	30.59	1:04.68	1:39.72
7.	Tegan WOLLASTON	16	Cheshunt		2:14.78	684	31.63	1:05.72	1:40.20
8.	Millie EMMANS	16	Co Cambridge		2:15.18	679	31.30	1:05.43	1:40.28
9.	Ellie MITCHELL	16	Runnymede		2:15.77	671	31.19	1:05.64	1:40.86
10.	Lauren GRICE	16	Leighton Buz		2:17.08	653	31.48	1:06.76	1:42.21
11.	Martha DULEY	16	Colchester		2:18.19	639	32.14	1:07.65	1:43.99
12.	Jessica WESTLAKE	16	St Felix Sch		2:18.87	631	31.56	1:06.40	1:42.73

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Abby SMITH	19	Harpenden		2:07.03	798	29.99	1:01.83	1:34.47
2.	Jessica JACKSON	18	Hatfield		2:08.68	772	30.08	1:03.02	1:36.37
3.	Jessica-Jane APPLGATE	19	UEA Norwich	14	2:09.58	759	30.47	1:03.11	1:36.33
4.	Rianna SMITH	17	Basildon Ph		2:10.15	750	30.53	1:03.85	1:36.96
5.	Dolly TRIGG	17	teamipswich		2:10.35	747	30.23	1:02.73	1:36.28
6.	Alaina SCIFO	18	teamipswich		2:12.99	709	31.03	1:04.68	1:38.77
7.	Nicola PASQUIRE	17	Modernians		2:13.19	706	30.50	1:04.06	1:39.19
8.	Bethany PALMER	17	UEA Norwich		2:13.52	701	31.70	1:05.29	1:39.80
9.	Ellie FOGG	17	Hatfield		2:14.60	686	30.96	1:04.75	1:39.34
10.	Rebecca SCOTT	17	Hitchin		2:15.18	679	30.73	1:04.24	1:39.70
11.	Emily DOWDING	17	teamipswich		2:15.34	676	30.54	1:04.50	1:40.10
12.	Lois MOORE	20	Hemel Hemp		2:16.58	660	31.26	1:05.34	1:41.27
13.	Emma STUDD	19	teamipswich		2:16.73	658	-	1:05.97	-
	Amber SWALES	20	Biggleswade		DNC				
	Emma LEES	17	West Suffolk		DNC				

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Jessica-Jane APPLGATE	19	UEA Norwich	14	2:09.58	1119	30.47	1:03.11	1:36.33



ASA East Region 2015 Long Course Championships

(Under ASA Laws & ASA Technical Rules)

Weekend One

(Licensed Meet No. 1ER150672)



EVENT 317 Mens 50m Butterfly

Regional Records - Junior 26.36 Senior 23.96

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Ben HARRISON	15	Potters Bar	27.59	656
2.	Benjamin GARRATT	15	Hatfield	27.76	645
3.	Callum DAVIS	15	Bishop Stort	27.82	642
4.	David SHIPMAN	15	Potters Bar	28.16	620
5.	Ryan SMITH	15	UEA Norwich	28.17	620
6.	Patrick KEAVENEY	15	Modernians	28.24	615
7.	Jakob GOODMAN	15	St Felix Sch	28.25	615
8.	James WOODWARD	15	Potters Bar	28.40	606
9.	Nathan HUGHES	15	Hatfield	28.62	593
10.	Harvey JOLLY	15	Basildon Ph	28.63	592
11.	Jack SPAIN	15	Stowmarket	28.64	592
12.	Harry JONES	15	Hitchin	28.93	575
13.	Matthew BENTLEY	15	Hatfield	28.94	574
14.	Christian NEL	15	Berkhamsted	28.99	571
15.	Adam MARTIN	15	Hertsmere	29.32	553
16.	Samuel COTTEE	15	teamipswich	29.45	546
17.	James BLOUNT	15	Potters Bar	29.74	531
18.	Harry CONSTANTINE	15	Hatfield	29.80	528
19.	Harry WHITEMAN	15	Co Peterboro	29.95	520
20.	Max WILSON	15	Modernians	30.22	506
21.	Samuel BARELLA	15	Thurrock	30.24	505
22.	Thomas GRIEVE	15	Colchester	30.30	502
23.	William CHARLES	15	Hertford	30.38	498
24.	Ryan MOGFORD	15	Chelmsford	30.45	495
25.	Graham SHAW	15	March	30.95	471

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Daniel LEIGH	16	Co Peterboro	27.41	668
2.	Oliver FITT	16	St Ives	27.63	654
3.	Cameron MANLEY	16	Linslade	27.91	636
4.	Luke SUGDEN	16	Hatfield	28.39	606
5.	Zack CAMPBELL-MAUGHAN	16	West Norfolk	28.40	606
6.	Ignacio LARGHERO	16	Newmarket	28.47	602
7.	Alex EVENS	16	Hitchin	28.69	589
8.	Bradley VEITCH	16	Harlow Pen	28.76	585
9.	Louis SPONG	16	DunmowAtlant	29.00	571
10.	Benjamin PERKINS	16	UEA Norwich	29.17	561
11.	Dylan NUTT	16	Braintree	29.25	557
12.	Aaron HIRD	16	Team Luton	29.34	552
13.	Jack WEARS	16	Leighton Buz	29.36	551
14.	Ole MILLS	16	Braintree	29.39	549

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Oliver MALTBY	18	Modernians	25.97	770
2.	Modestas MOCKEVICIUS	18	Bo Southend	26.45	734
3.	George EPSLY	17	Basildon Ph	26.50	731
4.	William KEARSEY	18	Hatfield	26.52	729
5.	Harry PARKER	17	Hatfield	26.65	720
6.	Conor HARROLD	22	Basildon Ph	26.76	712
7.	Justin LANGFORD	25	Hemel Hemp	26.83	707
7.	Jake LLOYD	20	Bishop Stort	26.83	707
9.	Mason ARNOLD	18	Harlow Pen	26.93	700
10.	Jamie MCLAUGHLIN	18	Harlow Pen	27.08	690
11.	John CUNNINGHAM	45	Potters Bar	27.15	685
12.	Harry WEARS	18	Leighton Buz	27.18	683
13.	Ben RANSOME	17	Hertford	27.43	667
14.	Jordan BATSON	19	Putteridge	27.44	666
15.	Joshua GRAVES	18	Co Peterboro	27.53	660
16.	Frederick WOODCOCK	19	Hemel Hemp	27.54	660
17.	Nathan WELLS	17	West Norfolk	27.59	656
18.	Thomas SHERRIFF	20	Hemel Hemp	27.61	655
19.	Hugo JOHNSON	17	Bo Southend	27.63	654
20.	Maximilian STEFANIK	17	Mid Beds	27.64	653
21.	Ashley HOLNESS-WRIGHT	19	Watford SC	27.76	645
22.	George BORTHWICK	18	Flitwick	27.80	643
23.	Christopher MURPHY	19	Modernians	27.86	639
24.	Stuart CLARKE	31	Bishop Stort	27.95	633
	Alex PROFFITT	17	West Suffolk	DNC	



ASA East Region 2015 Long Course Championships

(Under ASA Laws & ASA Technical Rules)

Weekend One

(Licensed Meet No. 1ER150672)



EVENT 318 Womens 50m Butterfly

Regional Records - Junior 27.84 Senior 27.63

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Elinah PHILLIP	15	Hatfield		29.29	739
2.	Eleanor MITCHELL	15	Bishop Stort		29.87	701
3.	Shannon STOTT	15	Co St Albans		30.12	686
4.	Elinor DULEY	15	Colchester		30.20	681
5.	Meghan MAYBANKS	15	DunmowAtlant		30.39	670
6.	Abigail WEBB	15	Deben		31.13	627
7.	Abigail GREEN	15	Watford SC		31.26	620
8.	Peyton EWBANK	15	Norwich Swan		31.32	616
9.	Megan MANN	15	UEA Norwich		31.40	612
10.	Hanna JASZKIEWICZ	15	Co Peterboro		31.41	612
11.	Megan COOK	15	Bishop Stort		31.48	608
12.	Mollie SMITH	15	Norfolk Vikg		31.52	606
13.	Zara PRETIOUS-WHITE	15	Bishop Stort		31.86	588
14.	Eleanor LLEWELLYN	15	West Suffolk		31.91	585
15.	Eleanor KING	15	Dunstable		31.93	584
16.	Georgina CURTIS	15	Mid Beds		31.97	582
17.	Georgina TALLON	15	Potters Bar		32.03	579
18.	Hannah MCNAUL	15	West Suffolk		32.26	567
19.	Allegra CEREAL	15	UEA Norwich		32.51	555
20.	Georgia HARROD	15	Chelmsford		32.75	543
21.	Poppy LEECH	15	Co Peterboro		32.82	539
22.	Amber SHINE	15	Hatfield		33.06	528
23.	Hannah BRECKNELL	15	West Suffolk		33.61	503
24.	Annalise WRIGHT	15	Linslade		33.90	490

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Amy GODSAVE	16	Hoddesdon		29.23	743
2.	Bethany SAMPHER	16	West Suffolk		29.85	703
3.	Amy YOUNG	16	Bishop Stort		30.42	668
4.	Harriet HANSON	16	Hatfield		30.67	653
5.	Carly BAYS	16	Hoddesdon		31.00	634
6.	Abigail WHITING	16	West Norfolk		31.27	619
7.	Cara HETHERINGTON	16	teamipswich		31.39	613
8.	Lauren GRICE	16	Leighton Buz		31.54	605
9.	Dina DAY	16	Runnymede		31.79	591
10.	Lauren WINDSOR	16	Hemel Hemp		31.83	589

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Jessica JACKSON	18	Hatfield		28.64	783
2.	Georgina PRYOR	17	Hoddesdon		28.77	774
3.	Mollie ALLEN	17	Co Peterboro		29.59	719
4.	Michelle MITCHELL	18	Hatfield		29.78	707
5.	Phoebe LOVE	18	Potters Bar		29.90	700
6.	Emily DOWDING	17	teamipswich		29.97	695
7.	Rebecca BURTON	17	Modernians		30.16	684
8.	Tara COLEMAN	19	Leiston		30.24	679
9.	Josephine BLADES	18	St Felix Sch		30.47	665
10.	Jessica-Jane APPLGATE	19	UEA Norwich		30.49	664
11.	Siobhan CASEY	21	West Norfolk		30.59	658
12.	Jessica PAYNE	17	Leighton Buz		30.80	646
13.	Christie BAYS	19	Hoddesdon		30.81	645
14.	Alison BINNS	19	Bushey		30.82	645
15.	Ashley RANSOME	20	Hertford		30.92	639
16.	Taylor GOODBY	17	Co Peterboro		31.02	633
17.	Amarah PHILLIP	17	Hatfield		31.32	616
18.	Ellie FOGG	17	Hatfield		31.78	592
	Molly OLLINGTON	17	West Suffolk		DNC	