



ASA East Region 2015 Long Course Championships (Under ASA Laws & ASA Technical Rules) Weekend One (Licensed Meet No. 1ER150672)



EVENT 111 Womens 400m Freestyle

Regional Records - Junior 4:12.51 Senior 4:12.51

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Christie WOODS	15	City Of Peterborough SC	4:38.62	714
	50m 31.21	100m 1:05.20	150m 1:40.46	200m 2:16.42	250m 2:52.40
	31.21	33.99	35.26	35.96	35.98
					300m 3:28.08
					35.68
					350m 4:03.94
					35.86
					400m 4:38.62
					34.68
2.	Chantal SMITH	15	Team Luton Swimming	4:39.65	707
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	300m -
	-	-	-	-	350m -
	-	-	-	-	400m 4:39.65
	-	-	-	-	4:39.65
3.	Shannon STOTT	15	City of St Albans SC	4:46.25	664
	50m 31.55	100m 1:08.23	150m 1:43.89	200m 2:20.61	250m 2:56.78
	31.55	36.68	35.66	36.72	36.17
					300m 3:33.65
					36.87
					350m 4:10.40
					36.75
					400m 4:46.25
					35.85
4.	Madeleine CHAMBERS	15	St Felix School SC (Southwold)	4:48.75	649
	50m 32.57	100m 1:08.68	150m 1:45.41	200m 2:21.86	250m 2:58.89
	32.57	36.11	36.73	36.45	37.03
					300m 3:35.92
					37.03
					350m 4:12.56
					36.64
					400m 4:48.75
					36.19
5.	Laura COPPING	15	Hatfield SC	4:50.13	640
	50m 32.71	100m 1:08.90	150m 1:45.66	200m 2:23.04	250m 3:00.06
	32.71	36.19	36.76	37.38	37.02
					300m 3:37.68
					37.62
					350m 4:14.66
					36.98
					400m 4:50.13
					35.47
6.	Katie CONYERS	15	Potters Bar SC	4:54.42	615
	50m 32.28	100m 1:07.37	150m 1:44.74	200m 2:22.30	250m 3:00.50
	32.28	35.09	37.37	37.56	38.20
					300m 3:38.32
					37.82
					350m 4:16.62
					38.30
					400m 4:54.42
					37.80
	Amelia PEDDLE	15	Epping Forest Dist SC	DNC	

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Katherine BROWN	16	City Of Peterborough SC	4:20.80	845
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	300m -
	-	-	-	-	350m -
	-	-	-	-	400m 4:20.80
	-	-	-	-	4:20.80
2.	Lucy OXBROW	16	Team Ipswich Swimming	4:33.29	751
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	300m -
	-	-	-	-	350m -
	-	-	-	-	400m 4:33.29
	-	-	-	-	4:33.29
3.	Bethany SAUNDERS	16	City Of Peterborough SC	4:37.69	720
	50m 30.36	100m 1:03.87	150m 1:38.95	200m 2:14.33	250m 2:50.35
	30.36	33.51	35.08	35.38	36.02
					300m 3:26.25
					35.90
					350m 4:03.11
					36.86
					400m 4:37.69
					34.58
4.	Amber HUGHES	16	Hatfield SC	4:38.98	712
	50m 32.52	100m 1:07.39	150m 1:43.50	200m 2:19.61	250m 2:54.14
	32.52	34.87	36.11	36.11	34.53
					300m 3:29.74
					35.60
					350m 4:04.97
					35.23
					400m 4:38.98
					34.01
5.	Millie EMMANS	16	City of Cambridge SC	4:40.02	705
	50m 31.14	100m 1:05.08	150m 1:40.45	200m 2:16.66	250m 2:52.92
	31.14	33.94	35.37	36.21	36.26
					300m 3:28.92
					36.00
					350m 4:05.10
					36.18
					400m 4:40.02
					34.92
6.	Leah ROUGHAN	16	City Of Peterborough SC	4:40.36	702
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	300m -
	-	-	-	-	350m -
	-	-	-	-	400m 4:40.36
	-	-	-	-	4:40.36
7.	Tegan WOLLASTON	16	Cheshunt Swimming Club	4:41.07	698
	50m 31.94	100m 1:06.40	150m 1:41.23	200m 2:16.97	250m 2:52.83
	31.94	34.46	34.83	35.74	35.86
					300m 3:29.30
					36.47
					350m 4:05.09
					35.79
					400m 4:41.07
					35.98
8.	Amy YOUNG	16	Bishops Stortford SC	4:42.68	687
	50m 32.04	100m 1:06.57	150m 1:41.69	200m 2:17.47	250m 2:53.90
	32.04	34.53	35.12	35.78	36.43
					300m 3:30.54
					36.64
					350m 4:07.22
					36.68
					400m 4:42.68
					35.46
9.	Lauren HALL	16	City of Cambridge SC	4:42.83	686
	50m 31.01	100m 1:05.86	150m 1:41.23	200m 2:17.87	250m 2:53.41
	31.01	34.85	35.37	36.64	35.54
					300m 3:30.20
					36.79
					350m 4:06.95
					36.75
					400m 4:42.83
					35.88
10.	Ellie MITCHELL	16	Runnymede SC	4:44.81	673
	50m -	100m 1:06.05	150m -	200m 2:18.21	250m -
	-	1:06.05	-	1:12.16	-
	-	-	-	-	300m 3:31.69
	-	-	-	-	1:13.48
	-	-	-	-	350m -
	-	-	-	-	400m 4:44.81
	-	-	-	-	1:13.12
11.	Lauren GRICE	16	Leighton Buzzard SC	4:47.03	659
	50m 30.72	100m 1:05.53	150m 1:41.30	200m 2:18.16	250m 2:55.23
	30.72	34.81	35.77	36.86	37.07
					300m 3:32.93
					37.70
					350m 4:10.28
					37.35
					400m 4:47.03
					36.75
12.	Lilyella CRAW-SEAMAN	16	Norwich Swan SC	4:47.82	654
	50m 31.13	100m 1:05.58	150m 1:41.32	200m 2:17.42	250m 2:54.70
	31.13	34.45	35.74	36.10	37.28
					300m 3:31.91
					37.21
					350m 4:10.67
					38.76
					400m 4:47.82
					37.15
13.	Isabelle FRYMANN	16	UEA City of Norwich SC	5:06.13	550
	50m 32.30	100m 1:08.14	150m 1:46.59	200m 2:25.38	250m 3:04.92
	32.30	35.84	38.45	38.79	39.54
					300m 3:45.32
					40.40
					350m 4:26.33
					41.01
					400m 5:06.13
					39.80

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Jessica JACKSON	18	Hatfield SC	4:24.52	816
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	300m -
	-	-	-	-	350m -
	-	-	-	-	400m 4:24.52
	-	-	-	-	4:24.52
2.	Abby SMITH	19	Harpden Swimming Club	4:25.22	811
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	300m -
	-	-	-	-	350m -
	-	-	-	-	400m 4:25.22
	-	-	-	-	4:25.22
3.	Philippa SHUTTLEWORTH	18	Hatfield SC	4:26.50	801
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	300m -
	-	-	-	-	350m -
	-	-	-	-	400m 4:26.50
	-	-	-	-	4:26.50
4.	Dolly TRIGG	17	Team Ipswich Swimming	4:30.07	774
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	300m -
	-	-	-	-	350m -
	-	-	-	-	400m 4:30.07
	-	-	-	-	4:30.07
5.	Aisling RUFF	17	City Of Peterborough SC	4:37.09	724
	50m 31.46	100m 1:04.99	150m 1:40.26	200m 2:15.49	250m 2:51.01
	31.46	33.53	35.27	35.23	35.52
					300m 3:26.57
					35.56
					350m 4:02.53
					35.96
					400m 4:37.09
					34.56
6.	Nicola PASQUIRE	17	Modernian SC	4:37.53	721
	50m 30.72	100m 1:04.88	150m 1:39.72	200m 2:15.20	250m 2:50.89
	30.72	34.16	34.84	35.48	35.69
					300m 3:27.29
					36.40
					350m 4:02.67
					35.38
					400m 4:37.53
					34.86
7.	Rianna SMITH	17	Basildon and Phoenix SC	4:38.16	717
	50m 31.66	100m 1:06.38	150m 1:41.49	200m 2:17.10	250m 2:52.26
	31.66	34.72	35.11	35.61	35.16
					300m



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8.	Bethany PALMER	17	UEA City of Norwich SC	4:40.14	704				
	50m 31.96	100m 1:06.12	150m 1:42.03	200m 2:17.30	250m 2:53.17	300m 3:28.75	350m 4:05.00	400m 4:40.14	
	31.96	34.16	35.91	35.27	35.87	35.58	36.25	35.14	
9.	Natalie WOOD	18	Chelmsford SC Ltd	4:50.67	637				
	50m 32.37	100m 1:07.97	150m 1:43.60	200m 2:20.54	250m 2:57.50	300m 3:35.41	350m 4:13.33	400m 4:50.67	
	32.37	35.60	35.63	36.94	36.96	37.91	37.92	37.34	
10.	Hannah BRIGHAM	18	City Of Peterborough SC	4:50.85	636				
	50m 31.23	100m 1:05.64	150m 1:41.50	200m 2:18.06	250m 2:55.44	300m 3:33.21	350m 4:12.46	400m 4:50.85	
	31.23	34.41	35.86	36.56	37.38	37.77	39.25	38.39	

EVENT 112 Mens 50m Backstroke

Regional Records - Junior 27.54 Senior 25.95

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	
1.	Jamie SCHOLLES	15	City Of Peterborough SC	28.45	721	
2.	Harry CONSTANTINE	15	Hatfield SC	28.56	714	
3.	Jakob GOODMAN	15	St Felix School SC (Southwold)	29.01	685	
4.	Nathan HUGHES	15	Hatfield SC	29.32	665	
5.	Ben HARRISON	15	Potters Bar SC	29.36	663	
6.	Ryan SMITH	15	UEA City of Norwich SC	30.13	617	
7.	Samuel COTTEE	15	Team Ipswich Swimming	30.23	612	
8.	Luke TURLEY	15	Hatfield SC	30.29	608	
9.	James WOODWARD	15	Potters Bar SC	30.43	601	
10.	Finn CORBETT	15	City Of Peterborough SC	30.79	581	
11.	Thomas OWEN	15	North Norfolk Vikings SC	30.94	573	
12.	Harry EADE	15	Team Ipswich Swimming	31.01	569	
13.	Alex WALMSLEY	15	Team Ipswich Swimming	31.07	566	
14.	Harry WHITEMAN	15	City Of Peterborough SC	31.18	560	
15.	Harry WESTON	15	Norwich Swan SC	31.35	552	
16.	Thomas FAULKNER	15	Leighton Buzzard SC	31.82	528	
17.	Myles TURNER	15	West Suffolk Swimming Club	31.88	525	
18.	Jack RYAN	15	Modernian SC	31.96	521	
19.	Christian NEL	15	Berkhamsted SC	32.04	517	
20.	Callum DAVIS	15	Bishops Stortford SC	32.24	508	
21.	Bayley FINBOW	15	Team Ipswich Swimming	32.41	500	
22.	James BAYLEY	15	Basildon and Phoenix SC	32.46	498	
23.	Thomas WESTON	15	Berkhamsted SC	32.89	478	
24.	James BLOUNT	15	Potters Bar SC	32.92	477	

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	
1.	Oliver FITT	16	St Ives SC	28.25	735	
2.	Zack CAMPBELL-MAUGHAN	16	West Norfolk Swimming Club	28.70	705	
3.	Cameron MCRAE	16	City Of Peterborough SC	29.19	673	
4.	Cameron MANLEY	16	Linslade Crusaders Swimming Club	29.52	653	
5.	Elliot WYLIE	16	City of St Albans SC	29.71	642	
6.	Bryce O'DEA	16	Runnymede SC	29.89	631	
7.	Sam GAMBLE	16	Hitchin SC	29.90	631	
8.	Harry FOX	16	Basildon and Phoenix SC	30.04	623	
9.	Ryan KELLY	16	Chelmsford SC Ltd	30.08	620	
10.	Louis SPONG	16	Dunmow Atlantis SC	30.86	577	
11.	Callum KEANE	16	City of St Albans SC	30.97	571	
12.	Daniel HILL	16	Linslade Crusaders Swimming Club	31.03	568	
13.	Michael LARDNER	16	City Of Peterborough SC	31.08	565	
14.	Ben HUNT	16	Hoddesdon SC	31.17	561	
15.	Jack WEARS	16	Leighton Buzzard SC	31.69	534	
16.	Ignacio LARGHERO	16	Newmarket & Dist SC	31.77	531	
17.	Alexander HARRISON	16	Stowmarket SC	31.96	521	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	
1.	William KEARSEY	18	Hatfield SC	27.31	801	
2.	Conor HARROLD	22	Basildon and Phoenix SC	27.69	774	
3.	Jack UTTING	18	UEA City of Norwich SC	27.88	760	
4.	Oliver MALTBY	18	Modernian SC	27.91	758	
5.	Luke HAZLEHURST	18	Hatfield SC	27.93	757	
6.	Peter WEBSTER	17	Modernian SC	28.19	739	
7.	Regan LLOYD	18	Team Ipswich Swimming	28.26	734	
8.	Nathan WELLS	17	West Norfolk Swimming Club	28.38	726	
9.	Charles SELLER	17	Team Ipswich Swimming	28.44	722	
10.	Augustus VEASEY	19	Chelmsford SC Ltd	28.69	705	
11.	Nathan BENTLEY	17	Hatfield SC	29.14	677	
12.	Ben JAMIESON	18	Mildenhall & District SC	29.34	664	
13.	Frederick WOODCOCK	19	Hemel Hempstead SC	29.58	650	
14.	Jamie FOWLER	18	Team Luton Swimming	29.73	641	
15.	Leone CRICK	17	Leighton Buzzard SC	29.82	635	
16.	Lee BAKER	20	Harlow Penguin SC	29.94	628	
17.	Matthew WRIGHT	17	Team Luton Swimming	30.06	621	
18.	Alex PROFFITT	17	West Suffolk Swimming Club	30.11	619	
19.	Dalton YALLOP	18	UEA City of Norwich SC	30.11	619	
20.	Ben RANSOME	17	Hertford SC	30.49	597	
21.	Thomas SHERRIFF	20	Hemel Hempstead SC	30.93	573	
22.	Hugo JOHNSON	17	Borough of Southend Swimming and	31.21	559	
23.	Ryan COMPTON	18	Putteridge Swimming Club	31.62	538	



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ASA East Region Long Course Championships
 Under ASA Laws & ASA Technical Rules
 Session - 1
 at Inspire: Luton Sport Village

EVENT 113 Womens 200m Butterfly

Regional Records - Junior 2:14.39 Senior 2:13.78

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150	
1.	Shannon STOTT	15	Co St Albans	2:26.09	687	33.84	-	1:48.66	33.84-
1:14.82									
2.	Hanna JASZKIEWICZ	15	Co Peterboro	2:26.40	683	32.08	-	1:47.47	32.08-
1:15.39									
3.	Amber SHINE	15	Hatfield	2:31.80	619	33.91	1:12.95	1:52.71	33.91
39.04	39.76								
4.	Madeleine CHAMBERS	15	St Felix Sch	2:35.22	581	35.48	1:15.06	1:55.17	35.48
39.58	40.11								
5.	Christie WOODS	15	Co Peterboro	2:35.45	579	33.80	1:13.16	1:54.19	33.80
39.36	41.03								
6.	Hannah MCNAUL	15	West Suffolk	2:37.92	553	33.80	1:13.36	1:56.65	33.80
39.56	43.29								
7.	Lucy GEE	15	Team Luton	2:39.25	540	34.41	1:15.16	1:55.92	34.41
40.75	40.76								
8.	Isabelle WICKENS	15	Deben	2:41.32	520	35.06	1:14.86	1:58.74	35.06
39.80	43.88								
9.	Abigail WEBB	15	Deben	2:41.36	519	33.44	1:13.38	1:56.30	33.44
39.94	42.92								
10.	Jessica FARROW	15	Hatfield	2:41.98	513	35.64	1:17.84	1:58.82	35.64
42.20	40.98								
11.	Megan COOK	15	Bishop Stort	2:42.85	505	33.05	1:12.20	1:56.34	33.05
39.15	44.14								
12.	Mollie SMITH	15	Norfolk Vikg	2:48.77	453	35.34	1:16.86	2:01.24	35.34
41.52	44.38								
13.	Annabel SPEERS	15	Thurrock	2:50.62	438	35.50	1:17.71	2:04.01	35.50
42.21	46.30								
14.	Bronagh WHISKEN	15	Co Cambridge	2:51.36	432	36.45	1:18.44	2:04.46	36.45
41.99	46.02								
15.	Christina WILSON	15	Norwich Swan	2:53.35	417	34.52	1:16.87	2:04.46	34.52
42.35	47.59								

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150	
1.	Katherine BROWN	16	Co Peterboro	2:19.84	770	31.38	1:06.51	1:43.39	31.38
35.13	36.88								
2.	Amy YOUNG	16	Bishop Stort	2:32.57	610	32.82	1:10.57	1:50.92	32.82
37.75	40.35								
3.	Millie EMMANS	16	Co Cambridge	2:34.35	590	33.72	1:13.52	1:53.34	33.72
39.80	39.82								
4.	Lilyella CRAW-SEAMAN	16	Norwich Swan	2:34.56	588	33.01	1:12.53	1:52.73	33.01
39.52	40.20								
5.	Hannah CURRELL	16	Flitwick	2:36.15	571	33.60	1:12.83	1:54.31	33.60
39.23	41.48								
6.	Tegan WOLLASTON	16	Cheshunt	2:36.17	571	33.46	-	1:53.06	33.46-
1:19.60									
7.	Lauren GRICE	16	Leighton Buz	2:36.32	569	32.01	1:11.52	1:52.99	32.01
39.51	41.47								
8.	Dina DAY	16	Runnymede	2:40.02	532	34.63	-	1:56.72	34.63-
1:22.09									
9.	Alexia NABARRO	16	Modernians	2:43.47	499	34.97	1:17.25	1:59.87	34.97
42.28	42.62								
10.	Bethany SAMPHER	16	West Suffolk	2:45.18	484	34.55	1:15.86	-	34.55
41.31	-								
11.	Lucy GREENWOOD	16	Chelmsford	2:46.21	475	35.14	1:15.85	-	35.14
40.71	-								



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17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150	
1.	Lily WEST	18	Hatfield	2:16.78	815	31.97	1:07.10	1:42.07	31.97
35.13									
2.	Philippa SHUTTLEWORTH	18	Hatfield	2:22.04	740	32.30	1:08.50	1:46.75	32.30
36.20									
3.	Taylor GOODBY	17	Co Peterboro	2:26.81	678	31.88	-	1:46.86	31.88-
1:14.98									
4.	Jennifer BEEVOR	18	St Felix Sch	2:32.83	607	34.05	1:13.31	1:53.44	34.05
39.26									
5.	Emily DOWDING	17	teamipswich	2:37.03	562	32.39	-	1:53.94	32.39-
1:21.55									
6.	Yasmin BRAND	18	Berkhamsted	2:37.95	553	33.47	1:12.44	1:53.89	33.47
38.97									
7.	Katie MALONEY	18	UEA Norwich	2:41.14	521	34.81	1:15.32	1:58.54	34.81
40.51									
	Abigail GEE	18	Team Luton	DNC					
	Natalie WOOD	18	Chelmsford	DNC					

EVENT 114 Mens 100m Breaststroke

Regional Records - Junior 1:07.00 Senior 1:03.57

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	
1.	Nathan HUGHES	15	Hatfield		1:10.39	659	33.07	33.07
2.	Morgan NEWMAN	15	Potters Bar		1:11.14	640	33.23	33.23
3.	Ben HARRISON	15	Potters Bar		1:12.13	616	34.56	34.56
4.	Samuel PECK	15	UEA Norwich		1:13.03	595	33.83	33.83
5.	William LOVEMAN	15	Co St Albans		1:13.47	585	34.94	34.94
6.	Patrick KEAVENEY	15	Modernians		1:14.90	553	34.88	34.88
7.	Harry NICHOLLS	15	Basildon Ph		1:15.22	546	35.88	35.88
8.	Samuel COTTEE	15	teamipswich		1:16.05	529	35.19	35.19
9.	Alex FLORANCE	15	West Norfolk		1:16.20	526	35.57	35.57
10.	Joseph TALBOT	15	Linslade		1:17.30	504	36.44	36.44
11.	James MONCUR-BROWN	15	UEA Norwich		1:17.88	493	38.01	38.01
12.	Luke CROFTS	15	Thurrock		1:18.82	475	36.27	36.27
13.	Myles TURNER	15	West Suffolk		1:18.92	474	-	-
14.	Harry LONGBOTTOM	15	Deben		1:18.98	472	36.89	36.89
15.	Oliver PYLE	15	West Suffolk		1:19.08	471	37.18	37.18
16.	Thomas FAULKNER	15	Leighton Buz		1:20.48	446	37.07	37.07
17.	Jaxon SIMMONS	15	Co Peterboro	13	1:25.06	373	39.94	39.94

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	
1.	Ole MILLS	16	Braintree		1:11.06	642	33.55	33.55
2.	Dominic SCIFO	16	teamipswich		1:11.12	640	33.24	33.24
3.	Thomas WIGGINS	16	Co Peterboro		1:11.14	640	33.02	33.02
4.	Zhi ONG	16	Co St Albans		1:11.59	629	33.90	33.90
5.	Daniel HURST	16	Berkhamsted		1:12.67	603	33.79	33.79
6.	Ryan JARVIS	16	Team Luton		1:13.12	593	34.02	34.02
7.	Finlay RYAN	16	Norwich Swan		1:13.31	588	34.42	34.42
8.	Oliver FITT	16	St Ives		1:13.92	575	33.92	33.92
9.	Joseph MURRAY	16	Putteridge		1:14.29	566	34.53	34.53
10.	Sydney NEWNHAM-STEBBIN	16	Lstof & OB		1:14.33	566	35.04	35.04



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11. Samuel PEASE	16 Basildon Ph	1:14.58	560	34.66	34.66
12. Cameron MCRAE	16 Co Peterboro	1:15.33	544	35.56	35.56
13. Daniel HILL	16 Linslade	1:16.15	527	35.31	35.31
14. Joseph COLLINS	16 Bishop Stort	1:16.40	522	-	-
15. Louis SPONG	16 DunmowAtlant	1:16.79	514	36.00	36.00
16. Spencer PRIOR	16 Colchester	1:17.60	498	36.51	36.51
17. Aaron HIRD	16 Team Luton	9 1:25.36	369	41.03	41.03

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	
1.	Lawrence PALMER	23	Putteridge		1:02.66	888	28.59	28.59
2.	Robert LANCASTER	18	teamipswich		1:05.96	782	31.51	31.51
3.	Edward LOVEMAN	21	Co St Albans		1:08.24	716	32.06	32.06
4.	Isaac KIRBY	17	UEA Norwich		1:08.63	705	32.14	32.14
5.	Christopher SMITH	19	Hoddesdon		1:08.91	697	32.37	32.37
6.	Thomas SARAH	21	Co Cambridge		1:09.06	693	32.55	32.55
7.	Brandon NABARRO	18	Modernians		1:09.20	690	32.03	32.03
8.	Hayden THOMAS	20	Harlow Pen		1:09.36	685	31.97	31.97
9.	Benjamin PURCELL	18	Hatfield		1:09.43	684	31.87	31.87
10.	James NEWTON	17	Co Peterboro		1:09.49	682	32.44	32.44
11.	Fraser SCOTT	17	Basildon Ph		1:10.28	661	33.13	33.13
12.	Jack PICKERING	17	teamipswich		1:10.42	658	33.46	33.46
13.	Graeham DOUGLAS	27	Co Cambridge		1:10.57	654	32.91	32.91
14.	Lee PETERSON	41	Braintree		1:10.60	653	32.38	32.38
15.	Luke WESTWOOD	25	Co Cambridge		1:10.79	649	31.92	31.92
16.	Thomas FREWIN	18	Hemel Hemp		1:11.63	628	33.41	33.41
17.	Nicholas STALLEY	18	Modernians		1:11.75	625	32.98	32.98
18.	Kyle PANTON	20	Harlow Pen		1:11.87	622	33.78	33.78
19.	Alasdair KERR	22	Biggleswade		1:12.45	608	33.21	33.21
20.	Joshua GRAY	21	West Norfolk		1:12.71	602	33.41	33.41
21.	Ben RANSOME	17	Hertford		1:13.77	578	34.77	34.77
22.	Thomas SHERRIFF	20	Hemel Hemp		1:13.91	575	33.70	33.70
23.	Nathan WELLS	17	West Norfolk		1:14.27	567	34.16	34.16
24.	Ryan SYKES	19	West Norfolk		1:14.99	551	35.31	35.31
25.	Martin RUSSELL-ROGERS	17	Hitchin		1:15.03	550	33.92	33.92

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	
1.	Jaxon SIMMONS	15	Co Peterboro	13	1:25.06	424	39.94	39.94
2.	Aaron HIRD	16	Team Luton	9	1:25.36	422	41.03	41.03

EVENT 115 Womens 200m Breaststroke

Regional Records - Junior 2:37.38 Senior 2:31.43

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150	
1.	Hanna JASKIEWICZ	15	Co Peterboro	2:45.00	698	37.25	-	2:01.52	37.25-
1:24.27									
2.	Laura COPPING	15	Hatfield	2:50.33	640	38.81	1:23.19	2:06.50	38.81
44.38									
43.31									
3.	Rachel ROBINSON	15	UEA Norwich	2:50.56	638	37.63	1:20.99	2:06.58	37.63
43.36									
45.59									
4.	Amelia BARNETSON	15	Chelmsford	2:51.59	627	39.08	1:23.64	2:08.86	



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9.	Sarah BOWEN	17	Lstof & OB	2:54.85	595	38.45	-	2:09.01	38.45-
1:30.56									
10.	Jennifer BEEVOR	18	St Felix Sch	2:54.89	595	41.98	1:26.73	2:10.67	41.98
44.75	43.94								
11.	Caitlin RUSSELL	18	Deben	2:55.05	593	38.15	1:22.17	2:08.27	38.15
44.02	46.10								
12.	Aisling RUFF	17	Co Peterboro	2:55.99	584	40.03	1:24.90	2:10.39	40.03
44.87	45.49								
13.	Kirsty VEARS	17	Harlow Pen	2:56.09	583	38.98	1:24.07	2:10.24	38.98
45.09	46.17								
14.	Juliet MERELIE	17	Harpenden	2:57.37	571	40.44	1:25.79	2:12.04	40.44
45.35	46.25								
15.	Danielle RAYNER	19	St Ives	3:02.91	523	40.58	1:27.45	2:14.04	40.58
46.87	46.59								
16.	Jessica PAYNE	17	Leighton Buz	3:03.25	520	38.87	-	2:13.98	38.87-
1:35.11									
17.	Lucy PARK	19	Watford SC	3:05.95	498	-	-	2:17.35	-2:17.35

EVENT 116 Mens 100m Butterfly

Regional Records - Junior 58.09 Senior 54.57

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	
1.	Benjamin GARRATT	15	Hatfield		1:00.59	651	28.12	28.12
2.	Jakob GOODMAN	15	St Felix Sch		1:00.97	639	29.56	29.56
3.	Ben HARRISON	15	Potters Bar		1:01.05	637	30.14	30.14
4.	James WOODWARD	15	Potters Bar		1:01.48	625	29.36	29.36
5.	Nathan HUGHES	15	Hatfield		1:01.52	624	28.87	28.87
6.	Luke TURLEY	15	Hatfield		1:02.11	607	29.90	29.90
7.	Ryan SMITH	15	UEA Norwich		1:02.22	604	28.66	28.66
8.	Jamie SCHOLES	15	Co Peterboro		1:02.23	604	29.00	29.00
9.	Callum DAVIS	15	Bishop Stort		1:02.30	602	29.02	29.02
10.	Patrick KEAVENEY	15	Modernians		1:02.91	586	29.44	29.44
11.	Jake THOMAS-MANSFIELD	15	West Suffolk		1:03.00	583	29.28	29.28
12.	Harry JONES	15	Hitchin		1:04.44	547	29.46	29.46
13.	Samuel PECK	15	UEA Norwich		1:04.59	543	29.96	29.96
14.	Jack SPAIN	15	Stowmarket		1:04.71	540	29.11	29.11
15.	Thomas MCCUBBIN	15	Co Cambridge		1:04.74	539	29.84	29.84
16.	Finn CORBETT	15	Co Peterboro		1:05.33	525	30.56	30.56
17.	Ryan MOGFORD	15	Chelmsford		1:05.56	520	30.36	30.36
18.	Harry NICHOLLS	15	Basildon Ph		1:05.60	519	-	-
19.	Harry WHITEMAN	15	Co Peterboro		1:06.02	509	31.19	31.19
20.	Matthew BENTLEY	15	Hatfield		1:06.89	490	30.96	30.96
21.	Thomas GRIEVE	15	Colchester		1:07.23	482	30.74	30.74
22.	David SHIPMAN	15	Potters Bar		1:07.42	478	29.68	29.68
23.	Harry CONSTANTINE	15	Hatfield		1:07.85	469	31.10	31.10
24.	Angus ROBINS	15	West Suffolk		1:07.96	466	31.80	31.80
25.	James BLOUNT	15	Potters Bar		1:08.09	464	31.87	31.87
26.	Harry EADE	15	teamipswich		1:08.60	453	30.82	30.82
27.	Jaxon SIMMONS	15	Co Peterboro	13	1:17.49	303	35.53	35.53

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Dominic SCIFO	16	teamipswich		59.16	694	27.49



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2.	Oliver PERRY	16	Bishop Stort	59.68	678	27.75	27.49
3.	Oliver NEWTON	16	West Norfolk	1:01.28	631	28.51	27.75
4.	Daniel LEIGH	16	Co Peterboro	1:01.50	624	28.56	28.51
5.	Luke SUGDEN	16	Hatfield	1:02.25	604	29.31	28.56
6.	Bradley VEITCH	16	Harlow Pen	1:02.26	603	28.98	29.31
7.	Zack CAMPBELL-MAUGHAN	16	West Norfolk	1:03.44	572	28.61	28.98
8.	Daniel SCHINDLER	16	Co St Albans	1:03.46	571	29.26	28.61
9.	Alex EVENS	16	Hitchin	1:03.59	568	29.26	29.26
10.	Ole MILLS	16	Braintree	1:03.93	560	29.96	29.26
11.	Harry FOX	16	Basildon Ph	1:04.01	557	29.90	29.96
12.	Benjamin PERKINS	16	UEA Norwich	1:04.59	543	29.48	29.90
13.	Ignacio LARGHERO	16	Newmarket	1:04.69	541	29.93	29.48
14.	Cameron MCRAE	16	Co Peterboro	1:04.84	537	30.31	29.93
15.	Louis SPONG	16	DunmowAtlant	1:04.95	534	30.03	30.31
16.	Cameron MANLEY	16	Linslade	1:05.31	526	28.92	30.03
17.	Kieran WATKINS	16	Biggleswade	1:05.33	525	30.82	28.92
18.	Spencer PRIOR	16	Colchester	1:05.94	511	30.63	30.82
19.	Jordan NORTHWOOD	16	Berkhamsted	1:06.15	506	30.15	30.63
20.	Aaron HIRD	16	Team Luton	1:10.00	425	31.46	30.15
							31.46

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Karl BATORSKI	27	Harlow Pen		55.50	818	26.16
2.	Jake TYSON	18	teamipswich		56.23	792	26.58
3.	Oliver MALTBY	18	Modernians		57.63	743	26.58
4.	Harry PARKER	17	Hatfield		58.12	727	27.43
5.	Regan LLOYD	18	teamipswich		58.25	723	27.13
6.	Jack UTTING	18	UEA Norwich		58.45	716	27.55
7.	George EPSLY	17	Basildon Ph		58.80	705	27.70
8.	Jake LLOYD	20	Bishop Stort		59.16	694	27.72
9.	Sonny TRIGG	20	teamipswich		59.28	690	27.56
10.	Mason ARNOLD	18	Harlow Pen		59.47	684	27.49
11.	Joshua GRAVES	18	Co Peterboro		59.85	673	27.59
12.	Thomas SHERRIFF	20	Hemel Hemp		59.97	669	28.01
13.	Modestas MOCKEVICIUS	18	Bo Southend	1:00.18	663	27.92	27.74
14.	Alex PROFFITT	17	West Suffolk	1:00.20	662	28.30	27.74
15.	Maximilian STEFANIK	17	Mid Beds	1:01.19	633	28.32	28.30
16.	Christopher MURPHY	19	Modernians	1:02.04	609	28.85	28.32
17.	Peter WEBSTER	17	Modernians	1:02.49	597	28.85	28.85
18.	Hugo JOHNSON	17	Bo Southend	1:02.64	593	27.81	27.81
19.	James DAY	18	Basildon Ph	1:02.90	586	28.85	28.85
20.	Kieran WHIGHT	19	Deben	1:04.15	554	-	29.06
21.	Jamie MCLAUGHLIN	18	Harlow Pen	1:05.58	519	28.89	-
							28.89

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Jaxon SIMMONS	15	Co Peterboro	13	1:17.49	356	35.53
2.	Finlay MIDDLETON	13	Stowmarket	8	1:30.99	293	41.96
							41.96



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EVENT 117 Womens 50m Freestyle

Regional Records - Junior 26.57 Senior 26.27

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Eleanor MITCHELL	15	Bishop Stort		27.09	760
2.	Rebecca SHERWIN	15	teamipswich		27.13	757
3.	Meghan MAYBANKS	15	DunmowAtlant		27.42	736
4.	Elinah PHILLIP	15	Hatfield		27.61	723
5.	Rachel WELLINGS	15	Co Peterboro		28.07	692
6.	Abigail GREEN	15	Watford SC		28.56	661
7.	Beth EDWARDS	15	West Suffolk		28.68	653
8.	Eleanor KING	15	Dunstable		28.89	640
9.	Kioni BROOMFIELD	15	Norfolk Vikg		28.94	637
10.	Abigail WEBB	15	Deben		28.96	636
11.	Elinor DULEY	15	Colchester		28.97	635
12.	Katie CONYERS	15	Potters Bar		29.03	632
13.	Christie WOODS	15	Co Peterboro		29.12	626
14.	Megan COOK	15	Bishop Stort		29.19	622
15.	Hannah BRECKNELL	15	West Suffolk		29.27	618
16.	Leyla M.RIZATEPE	15	Hatfield		29.30	616
17.	Lucy JESSOP	15	Brentwood		29.36	612
18.	Georgia HARROD	15	Chelmsford		29.37	612
19.	Chantal SMITH	15	Team Luton		29.42	609
20.	Julia LENKIEWICZ	15	Mid Beds		29.77	589
21.	Hanna JASZKIEWICZ	15	Co Peterboro		29.88	583
22.	Victoria SANDERSON	15	Linslade		30.18	566
23.	Katialin DANG	15	Harpenden		30.65	541
	Amelia PEDDLE	15	Epping For't		DNC	

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Amy GODSAVE	16	Hoddesdon		26.83	779
2.	Abigail WHITING	16	West Norfolk		27.19	753
3.	Cara HETHERINGTON	16	teamipswich		28.08	692
4.	Martha DULEY	16	Colchester		28.32	676
5.	Lauren HALL	16	Co Cambridge		28.56	661
6.	Lana MO	16	West Suffolk		28.65	655
7.	Bethany SAUNDERS	16	Co Peterboro		28.82	645
8.	Harriet HANSON	16	Hatfield		28.95	637
9.	Jessica WESTLAKE	16	St Felix Sch		28.96	636
10.	Faye HERMON	16	Felixstowe		29.09	628
11.	Bethany MOTTRAM	16	West Suffolk		29.17	623
12.	Lilyella CRAW-SEAMAN	16	Norwich Swan		29.26	618
13.	Beatrice BARDER	16	Co St Albans		29.35	613
14.	Olivia PEARCE	16	Huntingdon		29.45	607
15.	Lauren GRICE	16	Leighton Buz		29.54	602
16.	Jana SPINNER	16	UEA Norwich		29.96	578

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Jessica JACKSON	18	Hatfield		26.87	776
2.	Mollie ALLEN	17	Co Peterboro		27.15	756
3.	Lauren SIMPKINS	17	Putteridge		27.23	750
4.	Molly OLLINGTON	17	West Suffolk		27.76	713
5.	Keely EMPSON	19	West Norfolk		27.93	702
6.	Tara COLEMAN	19	Leiston		28.09	691
7.	Rianna SMITH	17	Basildon Ph		28.15	687
8.	Courtney SANDERS	18	Chelmsford		28.21	683
9.	Chloe CALVER	17	teamipswich		28.30	677
10.	Emma LEES	17	West Suffolk		28.31	677
11.	Alaina SCIFO	18	teamipswich		28.40	671
12.	Phoebe LOVE	18	Potters Bar		28.46	667
13.	Lois MOORE	20	Hemel Hemp		28.52	663
14.	Jessica-Jane APPLGATE	19	UEA Norwich	14	28.55	661
15.	Emma YULE	17	Dunstable		28.57	660
16.	Ellie FOGG	17	Hatfield		28.62	657
17.	Georgina LAWSON	18	Co St Albans		28.70	652
18.	Ashley RANSOME	20	Hertford		28.82	645
19.	Elise SORRELL	17	West Norfolk		28.86	642
20.	Kaythi AUNG	17	Colchester		28.88	641
21.	Emily-Rose JELFS	17	Hemel Hemp		28.90	640
22.	Lauren BAKER	20	Hatfield		28.98	635
23.	Jessica PAYNE	17	Leighton Buz		29.06	630
23.	Rebecca BURTON	17	Modernians		29.06	630
25.	Nicola PASQUIRE	17	Modernians		29.44	608
26.	Cathryn THOMSON	25	St Ives		29.61	598
27.	Gemma BENNETT	28	DunmowAtlant	14	32.43	457

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Jessica-Jane APPLGATE	19	UEA Norwich	14	28.55	1043
2.	Gemma BENNETT	28	DunmowAtlant	14	32.43	711