



ASA National Masters & Seniors Inter-County Competition 2015

(Under ASA Laws & ASA Masters Technical Rules)
At Newmarket Leisure Centre, Exning Road, Newmarket, CB8 0EA
Sunda



Final Results

Top Team (After Evt.168)

Place	Team	Points
1	Norfolk	281
2	Cambs	261
3	Suffolk	259
4	Bedfordshire	217
5	Essex	206
6	Herts	163

EVENT 101 Mens 65+ 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Chris DUNN	69	Herts	38.02
2.	Terry THORNE	65	Norfolk	39.99
3.	Len PHOENIX	66	Suffolk	47.32
4.	Paul CLARKE	73	Bedfordshire	53.81
	Ted FARRIER	65	Cambs	DNC

EVENT 102 Womens 65+ 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Pat JACKSON	68	Norfolk	44.50
2.	Linda CHANDLER	65	Essex	50.41
3.	Liz REID	65	Cambs	50.79
4.	Janel GARDINER	66	Herts	51.63
5.	Andrea MINOR	67	Bedfordshire	56.45
6.	Sue HOLDICH	72	Suffolk	56.51

EVENT 103 Mens 55 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Graham POWELL	59	Bedfordshire	33.67
2.	Philip COTTON	59	Norfolk	39.04
3.	Andrew WRIGHT	58	Suffolk	39.81
4.	David ROYALL	60	Cambs	41.07
5.	Peter RAE	62	Essex	41.84
6.	Ian COSTELLO	55	Herts	42.42

EVENT 104 Womens 55 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Eileen LUTHER	57	Essex	37.00
2.	Sally WINTER	55	Herts	38.29
3.	Alison SHEEHAN	57	Bedfordshire	43.74
4.	Vanessa POOLEY	57	Norfolk	45.64
5.	Sharon MCLELLAN	57	Suffolk	46.59
6.	Liz REID	65	Cambs	52.45

EVENT 105 Mens 45 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Martin FENNER	53	Essex	32.76
2.	David CARTLEDGE	55	Bedfordshire	33.02
3.	Adam KORN	49	Norfolk	33.59
4.	Dale BARKER	53	Suffolk	33.93
5.	Mark STRAKOSCH	54	Herts	36.54
	Andrew FRESHER	51	Cambs	DQ 1



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EVENT 106 Womens 45 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Heidi NEVIN	47	Essex	37.53
2.	Sally WINTER	55	Herts	38.76
3.	Janet WILLIAMS	53	Suffolk	39.76
4.	Linden JACK	49	Cambs	41.49
5.	Melissa ROSBERGEN	50	Norfolk	44.30
6.	Liz NEALE	63	Bedfordshire	51.88

EVENT 107 Mens 35 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Stephen MAVIN	39	Cambs	28.67
2.	Ashley BUCK	34	Suffolk	28.86
3.	David WEBSTER	36	Norfolk	30.02
4.	Martin LANE	43	Essex	32.13
5.	Mark WAREHAM	43	Bedfordshire	34.46
6.	Kevin COOPER	42	Herts	34.58

EVENT 108 Womens 35 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Zoe CRAY	41	Suffolk	30.10
2.	Lara FENNER	41	Essex	35.22
3.	Melanie CHAPMAN	41	Norfolk	35.99
4.	Carrie PAGE	37	Bedfordshire	37.35
5.	Hayley TURNER	43	Cambs	37.60
6.	Daniella HARRISON	43	Herts	39.97

EVENT 109 Mens 25 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Tim SHIPTON	27	Cambs	30.39
2.	Lawrence LOWMAN	26	Suffolk	30.95
3.	Jack COLEMAN	26	Norfolk	31.14
4.	Lewis KING	25	Bedfordshire	32.73
5.	James GRIGG	34	Essex	33.29
6.	Wray SHEWELL-COOPER	54	Herts	34.51

EVENT 110 Womens 25 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Hayley DAVIS	31	Cambs	32.76
2.	Claire MASSEY	31	Herts	34.08
3.	Catherine MARKWELL	34	Norfolk	34.69
4.	Sarah HOLDEN	31	Suffolk	34.89
5.	Samantha HAMMOND	35	Bedfordshire	35.81
6.	Sophie CASTLE	27	Essex	36.00

EVENT 111 Mens 18 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Joshua COLEBY	19	Suffolk	28.06
2.	Zachary MASHFORD	20	Essex	28.38
3.	Dalton YALLOP	18	Norfolk	29.13
4.	Brandon NABARRO	18	Bedfordshire	29.22
5.	Mark THOMPSON	26	Cambs	30.67
6.	Kieran RAPHY	18	Herts	31.66

EVENT 112 Womens 18 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Alaina SCIFO	18	Suffolk	31.12
2.	Lucy GREGORY	21	Bedfordshire	32.23
3.	Jessica-jane APPLGATE	19	Norfolk	32.37
4.	Hayley DAVIS	31	Cambs	33.10
5.	Laura DEARING	26	Herts	33.71
6.	Grace KENNEALLY	18	Essex	36.28



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EVENT 113 Mens/Womens 220+ Yrs 200m Medley Te

Full Results

Place	Name	A.G	Club	Time	
1.	Suffolk ASA		Suffolk	2:28.72	
			Jean Appleby		39.71
			Graham King		37.12
			Gordon Coutts		37.07
			Kim Lynch		34.82
2.	Bedfordshire ASA		Bedfordshire	2:32.20	
			Alison Sheehan		44.70
			Colin Mayes		39.64
			Graham Powell		31.99
			Christine Ayres		35.87
3.	Essex County ASA		Essex	2:32.76	
			Eileen Luther		37.97
			Keith Oddy		
			Linda Chandler		1.24.71
			Peter Rae		30.08
4.	Cambridgeshire ASA		Cambs	2:33.12	
			David Royall		41.94
			Liz Reid		50.19
			Helen Davis		32.68
			Martyn Fresher		28.31
5.	Norfolk County ASA		Norfolk	2:35.95	
			Phillip Cotton		38.39
			Sue Thornett		49.88
			Phillip Moulson		31.65
			Jane Blackwell		36.03
6.	Hertfordshire ASA		Herts	2:39.75	
			Ian Costello		43.11
			Denise Baker		45.63
			Margaret Carrier		42.36
			Chris Dunn		28.65

EVENT 114 Womens 140+ Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Cambridgeshire ASA		Cambs	2:15.50	
			Hayley Turner		38.47
			Lucy Ryan		37.41
			Hayley Davis		30.56
			Jo Pearce		29.06
2.	Essex County ASA		Essex	2:15.85	
			Michelle Curry		34.32
			Suzi Ridler		39.11
			Madeline Raymond		33.38
			Lara Fenner		29.04
3.	Norfolk County ASA		Norfolk	2:16.57	
			Melanie Chapman		36.99
			Kate Warwick		35.80
			Jane Taylor		34.82
			Sarah Greenwood		28.96
4.	Suffolk ASA		Suffolk	2:19.40	
			Sarah Holden		
			Sharon Perry		1.14.90
			Riasa Douglas-Callow		32.74
			Hannah Jones		31.76
5.	Bedfordshire ASA		Bedfordshire	2:23.11	
			Carrie Page		37.96
			Miriam Owens		36.06
			Samantha Hammond		34.38
			Natalie Renfrew		34.71
6.	Hertfordshire ASA		Herts	2:26.77	
			Kelly Dunn		36.05
			Sian MacDonald		43.30
			Laura Dearing		34.38
			Suzanne Savage		33.04



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EVENT 115 Mens 140+ Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Cambridgeshire ASA		Cambs	1:53.59	
			Stephen Mavin		28.54
			Liam Barnett		31.71
			Garry Mavin		28.70
			Alex Bevis		24.64
2.	Suffolk ASA		Suffolk	1:55.06	
			Ashley Buck		29.08
			Martin Hailes		32.04
			Lawrence Lowman		26.97
			Chris Howard		26.97
3.	Essex County ASA		Essex	2:02.88	
			Mike Morine		34.78
			Lee North		31.74
			Matt Rickett		29.43
			Martin Lane		26.93
4.	Norfolk County ASA		Norfolk	2:05.40	
			David Webster		30.57
			Sam kendrick		35.59
			Stuart Dyble		30.45
			Robert Hammond		28.79
5.	Hertfordshire ASA		Herts	2:08.92	
			Kevin Cooper		34.76
			Daryl Mason		31.35
			Jerome Charpy		
			Barry Chandler		1.02.81
6.	Bedfordshire ASA		Bedfordshire	2:13.93	
			Peter Leadbetter		35.40
			Joel Storry		37.32
			Marcel Scholten		30.32
			Mark Wareham		30.89

EVENT 116 Womens 072+ Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Norfolk County ASA		Norfolk	2:06.72	
			Natalie Coogans		33.54
			Louise Bush		35.00
			Lisa Price		31.44
			Jessica-Jane Applegate		26.74
2.	Suffolk ASA		Suffolk	2:07.28	
			Alaina Scifo		31.01
			Danni Rayner		37.89
			Alice Sherwin		31.17
			Tara Coleman		27.21
3.	Bedfordshire ASA		Bedfordshire	2:15.13	
			Kate Robinson		38.13
			Sammy Humphrey		36.98
			Lucy Gregory		31.08
			Georgina Quayle		28.94
4.	Cambridgeshire ASA		Cambs	2:16.45	
			Hayley Davis		33.45
			Kathryn Loveys		36.87
			Emily Morris		34.25
			Cara Fresher		31.88
5.	Hertfordshire ASA		Herts	2:18.52	
			Kelly Dunn		36.61
			Laura Dearing		41.86
			Rachel Barber		32.38
			Phoebe Love		27.67
6.	Essex County ASA		Essex	2:22.44	
			Grace Kenneally		37.10
			Harriet Davis		40.86
			Suzi Ridler		32.03
			Sara Price		32.45



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EVENT 117 Mens 072+ Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time
1.	Suffolk ASA		Suffolk	1:49.43
			Joshua Coleby	28.39
			Chris Greehalgh	31.27
			Sonny Trigg	25.85
			Danny Proffitt	23.92
2.	Bedfordshire ASA		Bedfordshire	1:49.48
			Brandon Nabarro	29.57
			Lawrence Palmer	27.56
			Jordan Batson	27.82
			Harry Wears	24.53
3.	Cambridgeshire ASA		Cambs	1:53.48
			Mark Thompson	30.80
			Ross Wisby	32.31
			Nabil Elshazly	
			Mark Leamon	50.37
4.	Norfolk County ASA		Norfolk	1:55.52
			Dalton Yallop	29.51
			Mark Collins	31.91
			Elliot Legg	28.74
			Chris Searle	25.36
5.	Essex County ASA		Essex	2:03.34
			James Grigg	33.04
			Chris Short	37.58
			Zachary Mashford	28.16
			Ressell Beck	24.56
6.	Hertfordshire ASA		Herts	2:06.05
			Kevin Cooper	35.01
			Daryl Mason	32.35
			Kieran Raphy	29.82
			Barry Chandler	28.87

EVENT 118 Womens 65 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Liz REID	65	Cambs	50.55
2.	Pat JACKSON	68	Norfolk	51.10
3.	Linda CHANDLER	65	Essex	51.89
4.	Andrea MINOR	67	Bedfordshire	54.02
5.	Sue HOLDICH	72	Suffolk	55.37
6.	Janet GARDINER	66	Herts	1:04.76

EVENT 119 Mens 65 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Terry THORNE	65	Norfolk	41.19
2.	Chris DUNN	69	Herts	42.16
3.	Stuart MCLELLAN	66	Suffolk	45.53
4.	Paul CLARKE	73	Bedfordshire	50.02
	Ted FARRIER	65	Essex	DNC
			Cambs	DNC

EVENT 120 Womens 55 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Eileen LUTHER	57	Essex	42.81
2.	Jean APPLEBY	59	Suffolk	44.48
3.	Denise BAKER	55	Herts	45.33
4.	Christine AYERS	62	Bedfordshire	46.29
5.	Sue THORNETT	60	Norfolk	49.55
6.	Liz REID	65	Cambs	54.04

EVENT 121 Mens 55 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Colin MAYES	60	Bedfordshire	39.76
2.	David HAMMOND	55	Cambs	40.16
3.	Philip COTTON	59	Norfolk	40.48
4.	Ian COSTELLO	55	Herts	40.50
5.	Andrew WRIGHT	58	Suffolk	42.09
6.	Colin CORBY	55	Essex	42.86



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EVENT 122 Womens 45 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Helen DAVIS	45	Cambs	37.25
2.	Heidi NEVIN	47	Essex	39.95
3.	Sian MACDONALD	53	Herts	43.01
4.	Lisa WITHERS	49	Suffolk	44.18
5.	Liz NEALE	63	Bedfordshire	55.64
	Melissa ROSBERGEN	50	Norfolk	DQ 6

EVENT 123 Mens 45 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Macel SCHOLTEN	48	Bedfordshire	33.25
2.	Martyn FRESHER	52	Cambs	34.42
3.	Adam KORN	48	Norfolk	35.85
4.	Graham KING	51	Suffolk	37.03
5.	Paul METSON	50	Essex	37.93
6.	Wray SHEWELL-COOPER	53	Herts	38.29

EVENT 124 Womens 35 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Kate WARWICK	37	Norfolk	35.96
2.	Miriam OWENS	35	Bedfordshire	36.19
3.	Lucy RYAN	42	Cambs	37.58
4.	Lara FENNER	41	Essex	38.07
5.	Sharon PERRY	43	Suffolk	38.64
6.	Suzanne SAVAGE	42	Herts	42.45

EVENT 125 Mens 35 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Stephen MAVIN	40	Cambs	31.99
2.	Martin HAILES	41	Suffolk	32.38
3.	Lee NORTH	41	Essex	35.92
4.	Sam KENDRICK	39	Norfolk	36.63
5.	Joel STORRY	36	Bedfordshire	38.26
6.	Jerome CHARPY	40	Herts	38.59

EVENT 126 Womens 25 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Kathryn LOVEYS	28	Cambs	36.45
2.	Joanne HOLDER	30	Bedfordshire	39.27
3.	Sophie CASTLE	27	Essex	41.00
4.	Rebecca JACKSON	29	Norfolk	41.39
5.	Sarah CLARKE	29	Suffolk	42.21
6.	Emily COSTELLO	26	Herts	44.41

EVENT 127 Mens 25 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Daryl MASON	45	Herts	31.77
2.	Liam BARNETT	28	Cambs	32.94
3.	Lawrence LOWMAN	26	Suffolk	34.29
4.	William APPLEBY	33	Norfolk	34.39
5.	Keith ODDY	52	Essex	35.85
6.	Lewis KING	25	Bedfordshire	36.95

EVENT 128 Womens 18 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Louise BUSH	23	Norfolk	35.93
2.	Kathryn LOVEYS	27	Cambs	36.71
3.	Sammy HUMPHREY	18	Bedfordshire	37.39
4.	Riasa DOUGLAS-CALLOW	23	Suffolk	38.27
5.	Kelly DUNN	27	Herts	39.25
6.	Sara PRICE	30	Essex	44.74



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EVENT 129 Mens 18 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Lawrence PALMER	23	Bedfordshire	28.25
2.	Chris GREENHALGH	19	Suffolk	32.63
3.	Mark COLLINS	22	Norfolk	32.76
4.	Ross WISBY	29	Cambs	33.39
5.	Russell BECK	18	Essex Herts	34.64 DNC

EVENT 130 Mens/Womens 260+ Yrs 200m Free. Team

Full Results

Place	Name	A.G	Club	Time
1.	Suffolk ASA		Suffolk	2:28.29
			Sue Holdich	42.29
			Sharon McLellan	38.26
			Stuart McLellan	33.64
			Terry Mansi	34.10
2.	Norfolk County ASA		Norfolk	2:31.37
			Terry Thorne	31.53
			Vanessa Pooley	39.35
			Pat Jackson	40.71
			Gearge Jackson	39.78
3.	Bedfordshire ASA		Bedfordshire	2:47.73
			Colin Mayes	33.86
			Liz Neale	45.70
			Paul Clarke	42.97
			Andrea Minor	45.20
	Essex County ASA		Essex	DNC
	Hertfordshire ASA		Herts	DNC
	Cambridgeshire ASA		Cambs	DNC

EVENT 131 Mens 180+ Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time
1.	Cambridgeshire ASA		Cambs	1:51.36
			Robert Davis	27.46
			Richard O'Leary	29.20
			Garry Mavin	26.56
			Simon Bradford	28.14
2.	Suffolk ASA		Suffolk	1:53.95
			Dale Barker	30.35
			Peter Lynch	29.99
			Chris Howard	27.38
			Martin Hailes	26.23
3.	Norfolk County ASA		Norfolk	1:54.26
			Martin Gale	27.40
			Phillip Moulson	29.21
			Robert Hammond	28.70
			Adam Korn	28.95
4.	Essex County ASA		Essex	1:56.34
			Paul Metson	30.14
			Martin Fenner	28.36
			Keith Oddy	29.82
			Nial Tiernan	28.02
5.	Bedfordshire ASA		Bedfordshire	1:57.29
			Marcel Scholten	26.76
			David Cartledge	26.99
			John O'Rourke	33.35
			Graham Powell	30.19
6.	Hertfordshire ASA		Herts	2:05.04
			Barry Chandler	29.00
			Mark Strakosh	31.17
			Ian Costello	31.58
			Mark Ayres	33.29



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EVENT 132 Womens 180+ Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	
1.	Cambridgeshire ASA		Cambs	2:07.86	
			Helen Davis		1.05.36
			Sonja Ledger		32.97
			Linden Jack		29.53
			Hayley Turner		
2.	Essex County ASA		Essex	2:08.56	
			Eileen Luther		33.97
			Alyson Fordham		31.22
			Madeline Raymond		30.67
			Heidi Nevin		32.70
3.	Suffolk ASA		Suffolk	2:11.16	
			Jean Appleby		34.31
			Alison Jeffries		32.65
			Janet Williams		34.28
			Sharon Perry		29.92
4.	Norfolk County ASA		Norfolk	2:13.45	
			Jane Taylor		33.59
			Debbie Matless		31.11
			Josephine Cresswell		34.90
			Melissa Rosbergen		33.85
5.	Hertfordshire ASA		Herts	2:17.36	
			Suzanne Savage		34.93
			Sally Winter		36.28
			Daniella Harrison		32.52
			Denise Baker		33.63
6.	Bedfordshire ASA		Bedfordshire	2:24.22	
			Alison Sheehan		42.90
			Christine Ayres		36.11
			Emma McDonald		36.61
			Miriam Owens		28.60

EVENT 133 Mens 100+ Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	
1.	Cambridgeshire ASA		Cambs	1:39.09	
			Mark Leamon		24.93
			Nabil Elshazly		24.47
			Tim Shipton		25.32
			Liam Barnett		24.37
2.	Norfolk County ASA		Norfolk	1:41.85	
			Elliot Legg		26.73
			Jack Coleman		25.66
			Chris Searle		25.30
			William Appleby		24.16
3.	Suffolk ASA		Suffolk	1:42.89	
			Ben Hicks		25.94
			Lawrence Lowman		26.25
			Andrew Kimpton		26.81
			Danny Proffitt		23.89
4.	Bedfordshire ASA		Bedfordshire	1:49.18	
			Lawrence Palmer		24.88
			Jack McGarry		28.17
			Peter Leadbetter		27.96
			Lewis King		28.17
5.	Essex County ASA		Essex	1:49.96	
			Chris Short		25.94
			Mike Morine		27.45
			James Crigg		29.19
			Matt Ricketts		27.38
6.	Hertfordshire ASA		Herts	1:58.09	
			Daryl Mason		25.63
			Barry Chandler		29.48
			Stephane Forey		1.02.98
			Kevin Cooper		00.00



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EVENT 134 Womens 100+ Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time
1.	Norfolk County ASA		Norfolk	1:56.06
			Lisa Price	29.92
			Sarah Greenwood	29.22
			Natalie Coogans	28.75
			Catherine Markwell	28.17
2.	Bedfordshire ASA		Bedfordshire	1:57.03
			Lucy Gregory	29.61
			Joanne Holder	30.49
			Sammy HUmpfrey	29.72
			Carla King	27.21
3.	Suffolk ASA		Suffolk	1:57.88
			Alice Sherwin	28.96
			Hannah Jones	31.75
			Riasa Douglas-Callow	29.78
			Tara Coleman	27.39
4.	Cambridgeshire ASA		Cambs	2:01.06
			Kathryn Loveys	31.31
			Jo Pearce	29.31
			Hayley Davis	28.60
			Cara Fresher	31.84
5.	Essex County ASA		Essex	2:02.30
			Michelle Curry	29.95
			Sophie Castle	31.19
			Suzi Ridler	32.68
			Sara Price	28.48
6.	Hertfordshire ASA		Herts	2:02.36
			Claire Massey	32.32
			Emily Costello	1.00.23
			Phoebe Love	29.81
			Kelly Dunn	

EVENT 135 Mens 65 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Chris DUNN	69	Herts	35.98
2.	Terry THORNE	65	Norfolk	36.26
3.	Stuart MCLELLAN	66	Suffolk	42.11
4.	Paul CLARKE	73	Bedfordshire	56.20
			Essex	DNC
	Ted FARRIER	65	Cambs	DNC

EVENT 136 Womens 65 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Pat JACKSON	68	Norfolk	43.37
2.	Liz REID	65	Cambs	1:04.92
			Essex	DNC
			Suffolk	DNC
			Bedfordshire	DNC
	Janet GARDINER	66	Herts	DQ 9

EVENT 137 Mens 55 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Barry CHANDLER	58	Herts	30.20
2.	David CARTLEDGE	55	Bedfordshire	30.43
3.	Philip COTTON	59	Norfolk	33.54
4.	David HAMMOND	55	Cambs	34.49
5.	Gordon COUTTS	55	Suffolk	36.65
6.	Colin CORBY	55	Essex	40.97

EVENT 138 Womens 55 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Eileen LUTHER	57	Essex	36.99
2.	Jean APPLEBY	59	Suffolk	38.03
3.	Christine AYERS	62	Bedfordshire	42.77
4.	Margaret CARRIER	61	Herts	42.97
5.	Jane BLACKWELL	56	Norfolk	45.82
	Liz REID	65	Cambs	DNC



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EVENT 139 Mens 45 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Daryl MASON	45	Herts	27.36
2.	Martin GALE	45	Norfolk	29.70
3.	Robert DAVIS	45	Cambs	30.54
4.	Marcel SCHOLTEN	48	Bedfordshire	30.65
5.	Martin FENNER	52	Essex	31.30
6.	Dale BARKER	52	Suffolk	32.91

EVENT 140 Womens 45 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Helen DAVIS	45	Cambs	32.83
2.	Madeline RAYMOND	52	Essex	34.07
3.	Josephine CRESSWELL	47	Norfolk	35.77
4.	Sally WINTER	55	Herts	35.91
5.	Lisa WITHERS	49	Suffolk	38.87
			Bedfordshire	DNC

EVENT 141 Mens 35 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Stephen MAVIN	40	Cambs	26.96
2.	Lee NORTH	41	Essex	29.59
3.	Stuart DYBLE	44	Norfolk	30.20
4.	Martin HAILES	41	Suffolk	31.33
5.	Mark WAREHAM	44	Bedfordshire	32.03
6.	Stephane FOREY	40	Herts	40.17

EVENT 142 Womens 35 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Zoe CRAY	40	Suffolk	29.65
2.	Lara FENNER	40	Essex	31.97
3.	Samantha HAMMOND	34	Bedfordshire	32.71
4.	Jo PEARCE	41	Cambs	33.51
5.	Jane TAYLOR	34	Norfolk	35.04
6.	Daniella HARRISON	42	Herts	36.57

EVENT 143 Mens 25 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Mark LEAMON	28	Cambs	26.98
2.	Ben HICKS	31	Suffolk	29.11
3.	Matthew RICKETT	33	Essex	29.85
4.	Jack COLEMAN	26	Norfolk	31.21
5.	Lewis KING	25	Bedfordshire	31.56
6.	Jerome CHARPY	40	Herts	33.87

EVENT 144 Womens 25 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Hayley DAVIS	31	Cambs	31.20
2.	Lisa PRICE	34	Norfolk	32.44
3.	Michelle CURRY	28	Essex	33.14
4.	Kelly DUNN	28	Herts	33.31
5.	Natasha MASON	25	Bedfordshire	33.86
6.	Alison JEFFRIES	26	Suffolk	36.50

EVENT 145 Mens 18 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Nabil ELSHAZLY	19	Cambs	26.17
2.	Sonny TRIGG	20	Suffolk	26.92
3.	Zachary MASHFORD	20	Essex	28.77
4.	Jordan BATSON	19	Bedfordshire	28.85
5.	Elliot LEGG	18	Norfolk	29.81
6.	Kieran RAPHY	18	Herts	30.62

EVENT 146 Womens 18 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time
1.	Pheobe LOVE	18	Herts	30.63
2.	Jessica-jane APPLGATE	19	Norfolk	31.52
3.	Lucy GREGORY	21	Bedfordshire	31.86
4.	Emily MORRIS	19	Cambs	34.39
5.	Grace KENNEALLY	18	Essex	36.64
	Tara COLEMAN	19	Suffolk	DQ 10



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EVENT 147 Mens/Womens 220+ Yrs 200m Free. Team

Full Results

Place	Name	A.G	Club	Time	
1.	Suffolk ASA		Suffolk	2:13.52	
			Kim Lynch		1:10.61
			Lisa Withers		33.25
			Terry Mansi		29.66
			Peter Lynch		00.00
2.	Norfolk County ASA		Norfolk	2:14.53	
			Phillip Moulson		29.62
			Vanessa Pooley		39.60
			Jane Blackwell		35.73
			Phillip Cotton		29.58
3.	Hertfordshire ASA		Herts	2:14.76	
			Chris Dunn		30.10
			Margaret Carrier		38.83
			Denise baker		36.53
			Barry Chandler		29.30
4.	Bedfordshire ASA		Bedfordshire	2:17.42	
			Dave Cartledge		28.07
			Christine Ayers		36.81
			Alison Sheehan		42.19
			Graham Powell		30.35
5.	Cambridgeshire ASA		Cambs	2:20.34	
			Lucy Ryan		32.45
			David Royall		33.63
			Lix Reid		43.57
			David Hammond		30.69
6.	Essex County ASA		Essex	2:20.42	
			Keith Oddy		30.29
			Eileen Luther		45.33
			Peter Rae		33.64
			Linda Chandler		31.16

EVENT 148 Womens 140+ Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	
1.	Norfolk County ASA		Norfolk	2:00.43	
			Sarah Greenwood		30.04
			Kate Warwick		
			Melanie Chapman		1:00.40
			Lisa Price		29.99
2.	Cambridgeshire ASA		Cambs	2:01.68	
			Hayley Turner		30.49
			Kathryn Loveys		
			Jo Pearce		1:00.64
			Lucy Ryan		30.55
3.	Suffolk ASA		Suffolk	2:02.65	
			Riasa Douglas-Callow		30.06
			Sarah Holden		31.72
			Hannah Jones		31.53
			Sharon Perry		29.34
4.	Hertfordshire ASA		Herts	2:07.09	
			Claire Massey		32.34
			Rachel Barber		29.46
			Daniella Harrison		32.37
			Suzanne Savage		32.92
5.	Bedfordshire ASA		Bedfordshire	2:10.28	
			Samantha Hammond		31.19
			Carrie Page		33.52
			Emma McDonald		36.41
			Miriam Owens		29.16
6.	Essex County ASA		Essex	2:10.79	
			Heidi Nevin		32.15
			Madeline Raymond		32.86
			Eileen Luther		31.38
			Alyson Fordham		34.40



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EVENT 149 Mens 140+ Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	
1.	Cambridgeshire ASA		Cambs	1:44.08	
			Alex Bevis		25.75
			Martyn Fresher		27.95
			Garry Mavin		26.12
			Stephen Mavin		24.26
2.	Suffolk ASA		Suffolk	1:44.79	
			Ben Hicks		26.46
			Martin Hailes		26.44
			Chris Howard		26.97
			Ashley Buck		24.92
3.	Norfolk County ASA		Norfolk	1:53.20	
			David Webster		27.21
			Sam Kendrick		28.70
			Robert Hammond		29.06
			Stuart Doyle		28.23
4.	Essex County ASA		Essex	1:56.70	
			Martin Fenner		28.73
			Keith Oddy		30.37
			Paul Metson		29.85
			Nial Tiernan		27.75
5.	Hertfordshire ASA		Herts	2:00.38	
			Wray Sherwell-Cooper		29.53
			Kevin Cooper		29.03
			Jerome Charpy		1.01.82
			Mark Ayres		
6.	Bedfordshire ASA		Bedfordshire	2:01.82	
			Mark Wareham		29.51
			Joel Storry		30.94
			Peter Leadbetter		28.63
			John O'Rourke		32.74

EVENT 150 Womens 072+ Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	
1.	Suffolk ASA		Suffolk	1:55.03	
			Alaina Scifo		29.45
			Danni Rayner		29.35
			Alice Sherwin		28.85
			Tara Coleman		27.38
2.	Norfolk County ASA		Norfolk	1:56.70	
			Jessica-Jane Applegate		28.01
			Natalie Coogans		29.28
			Louise Bush		29.80
			Sarah Greenwood		29.61
3.	Essex County ASA		Essex	1:59.30	
			Grace Kenneally		29.45
			Harriet Davis		29.50
			Suzi Ridler		31.06
			Lara Fenner		29.29
4.	Bedfordshire ASA		Bedfordshire	2:00.22	
			Sammy Humphrey		30.11
			Georgina Quayle		29.03
			Kate Robinson		32.25
			Lucy Gregory		28.83
5.	Hertfordshire ASA		Herts	2:00.70	
			Laura Dearing		29.56
			Rachel barber		30.29
			Emily Costello		32.88
			Phoebe Love		27.97
6.	Cambridgeshire ASA		Cambs	2:06.87	
			Hayley Davis		29.58
			Emily Morris		32.80
			Cara Fresher		
			Kathryn Loveys		1.04.49



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EVENT 151 Mens 072+ Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time
1.	Bedfordshire ASA		Bedfordshire	1:40.61
			Brandon Nabarro	25.57
			Jordan Batson	25.90
			Harry Wears	24.86
			Lawrence Palmer	24.28
2.	Cambridgeshire ASA		Cambs	1:41.36
			Mark Leamon	25.10
			Ross Wisby	26.31
			James Rumbelow	25.69
			Nabil Elshazly	24.26
3.	Norfolk County ASA		Norfolk	1:42.33
			Chris Searle	25.56
			Elliot Legg	26.81
			Mark Collins	24.85
			Dalton Yallop	25.11
4.	Essex County ASA		Essex	1:49.41
			Russell beck	24.98
			Zachary Mashford	27.54
			James Grigg	28.75
			Matt Rickett	28.14
5.	Hertfordshire ASA		Herts	2:03.45
			Jerome Charpy	32.59
			Barry Chandler	31.83
			Daryl Mason	27.98
			Kieran Raphy	31.05
	Suffolk ASA		Suffolk	DQ 13
			Danny Proffitt	24.85
			Ollie Postle	25.73
			Joshua Coleby	24.82
			Sonny Trigg	

EVENT 152 Womens 65 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Pat JACKSON	68	Norfolk	39.67
2.	Carol HULETT		Essex	42.74
3.	Sue HOLDICH	72	Suffolk	42.90
4.	Liz REID	65	Cambs	43.83
5.	Janet GARDINER	66	Herts	44.15
6.	Andrea MINOR	67	Bedfordshire	45.29

EVENT 153 Mens 65 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Chris DUNN	69	Herts	29.55
2.	Terry THORNE	65	Norfolk	31.62
3.	Terry MANSI	66	Suffolk	33.66
4.	Paul CLARKE	73	Bedfordshire	42.64
			Essex	DNC
	Ted FARRIER	65	Cambs	DNC

EVENT 154 Womens 55 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	58	Essex	31.68
2.	Sally WINTER	54	Herts	32.09
3.	Kim LYNCH	55	Suffolk	35.34
4.	Jane BLACKWELL	55	Norfolk	35.59
5.	Christine AYERS	61	Bedfordshire	36.66
6.	Liz REID	64	Cambs	47.18

EVENT 155 Mens 55 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	David CARTLEDGE	55	Bedfordshire	27.79
2.	David HAMMOND	55	Cambs	30.05
3.	Philip COTTON	59	Norfolk	30.54
4.	Peter RAE	62	Essex	30.88
5.	Gordon COUTTS	55	Suffolk	31.07
6.	Mark AYRES	59	Herts	32.24

EVENT 156 Womens 45 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Helen DAVIS	45	Cambs	29.72
2.	Madeline RAYMOND	51	Essex	31.13
3.	Janet WILLIAMS	52	Suffolk	34.13
4.	Josephine CRESSWELL	46	Norfolk	34.39
5.	Sian MACDONALD	52	Herts	36.15
6.	Alison SHEEHAN	56	Bedfordshire	43.18



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EVENT 157 Mens 45 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Marcel SCHOLTEN	49	Bedfordshire	26.84
2.	Martin GALE	45	Norfolk	27.07
3.	Robert DAVIS	45	Cambs	27.49
4.	Niall TIERNAN		Essex	28.43
5.	Barry CHANDLER	58	Herts	29.11
6.	Peter LYNCH	53	Suffolk	30.59

EVENT 158 Womens 35 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Zoe CRAY	41	Suffolk	27.21
2.	Kate WARWICK	37	Norfolk	29.07
3.	Miriam OWENS	35	Bedfordshire	29.12
4.	Suzi RIDLER	42	Essex	29.15
5.	Jo PEARCE	42	Cambs	30.25
6.	Suzanne SAVAGE	42	Herts	33.26

EVENT 159 Mens 35 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Alex BEVIS	40	Cambs	25.49
2.	Daryl MASON	45	Herts	25.52
3.	Martin LANE	44	Essex	25.67
4.	Ashley BUCK	35	Suffolk	25.92
5.	David WEBSTER	37	Norfolk	27.84
6.	Mark WAREHAM	44	Bedfordshire	29.71

EVENT 160 Womens 25 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Carla KING	32	Bedfordshire	27.93
2.	Catherine MARKWELL	34	Norfolk	28.33
3.	Rachel BARBER	27	Herts	29.41
4.	Kathryn LOVEYS	28	Cambs	30.66
5.	Alison JEFFRIES	26	Suffolk	33.13
6.	Sara PRICE	31	Essex	34.40

EVENT 161 Mens 25 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Liam BARNETT	28	Cambs	24.85
2.	William APPLEBY	33	Norfolk	24.90
3.	Ben HICKS	31	Suffolk	26.50
4.	Chris SHORT		Essex	27.58
5.	Lewis KING	25	Bedfordshire	28.17
6.	Kevin COOPER	43	Herts	29.33

EVENT 162 Womens 18 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Jessica-jane APPLEGATE	18	Norfolk	27.50
2.	Tara COLEMAN	18	Suffolk	28.38
3.	Pheobe LOVE	17	Herts	29.20
4.	Georgina QUAYLE	20	Bedfordshire	29.28
5.	Michelle CURRY	27	Essex	29.54
6.	Cara FRESHER	21	Cambs	31.29

EVENT 163 Mens 18 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Nabil ELSHAZLY	19	Cambs	25.03
2.	Russell BECK	18	Essex	25.29
3.	Harry WEARS	18	Bedfordshire	25.38
4.	Sonny TRIGG	20	Suffolk	25.43
5.	Chris SEARLE	23	Norfolk	25.73
6.	Kieran RAPHY	18	Herts	27.24



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EVENT 164 Mens/Womens 260+ Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Norfolk County ASA		Norfolk	2:47.74	
			Vanessa Pooley		45.72
			George Jackson		46.83
			Pat Jackson		43.94
			Terry Thorne		31.25
2.	Suffolk ASA		Suffolk	2:56.67	
			Ien Phoenix		45.38
			Sue Holdich		55.14
			Stuart McLellan		41.27
			Kim Lynch		34.88
3.	Bedfordshire ASA		Bedfordshire	3:19.86	
			Andrea Minor		58.38
			Colin Mayes		40.61
			Paul Clarke		54.64
			Liz Neale		46.23
	Essex County ASA		Essex	DNC	
	Cambridgeshire ASA		Cambs	DNC	
	Hertfordshire ASA		Herts	DQ (Underage team)	

EVENT 165 Mens 180+ Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Cambridgeshire ASA		Cambs	2:01.24	
			Stephen Mavin		28.64
			Andrew Fresher		33.93
			Marc Over		30.85
			Simon Bradford		27.82
2.	Norfolk County ASA		Norfolk	2:08.36	
			Martin Gale		33.27
			Adam Korn		35.71
			Stuart Dyble		30.00
			Phillip Moulson		29.38
3.	Suffolk ASA		Suffolk	2:11.28	
			Dale Barker		34.23
			Graham King		37.78
			Andrew Kimpton		29.02
			Peter Lynch		30.25
4.	Bedfordshire ASA		Bedfordshire	2:12.52	
			David Cartledge		33.32
			Marcel Scholten		33.86
			Graham Powell		32.19
			John O'Rourke		33.15
5.	Essex County ASA		Essex	2:12.94	
			Eileen Luther		33.11
			Heidi Nevin		38.32
			Madeline Raymond		33.27
			Alyson Fordham		28.24
6.	Hertfordshire ASA		Herts	2:31.97	
			Jerome Charpy		
			Stephane Forey		1.30.83
			Wray Sherwell-Cooper		29.43
			Ian Costello		31.71



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EVENT 166 Womens 180+ Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Essex County ASA		Essex	2:23.53	
			Eileen Luther		38.71
			Heidi Nevin		39.94
			Madeline Raymond		34.08
			Alyson Fordham		30.80
2.	Suffolk ASA		Suffolk	2:26.16	
			Sarah Holden		35.65
			Sharon Perry		38.40
			Lisa Withers		38.72
			Jean Appleby		33.39
3.	Cambridgeshire ASA		Cambs	2:28.07	
			Linden Jack		41.63
			Lucy Ryan		38.04
			Helen Davis		32.42
			Sonja Ledger		35.98
4.	Norfolk County ASA		Norfolk	2:32.57	
			Melanie Chapman		36.03
			Melissa Rosbergen		46.94
			Debbie Matless		34.22
			Josephine Cresswell		35.38
5.	Hertfordshire ASA		Herts	2:34.79	
			Sally Winter		40.27
			Suzanne Savage		43.87
			Daniella Harrison		37.92
			Sian MacDonald		32.73
6.	Bedfordshire ASA		Bedfordshire	2:46.50	
			Natalie Renfrew		42.22
			Christine Ayers		46.67
			Samantha Hammond		33.56
			Ali Sheehan		44.05

EVENT 167 Mens 100+ Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Cambridgeshire ASA		Cambs	1:55.29	
			Tim Shipton		30.49
			Liam Barnett		32.52
			Nabil Elshazly		26.15
			James Rumbelow		26.13
2.	Suffolk ASA		Suffolk	1:55.41	
			Danny Proffitt		28.20
			Andrew Kimpton		34.32
			Lawrence Lowman		27.48
			Ben Hicks		25.41
3.	Norfolk County ASA		Norfolk	1:57.84	
			Dalton Yallop		29.38
			Mark Collins		33.12
			Jack Coleman		30.66
			William Appleby		24.68
4.	Bedfordshire ASA		Bedfordshire	2:01.25	
			Lewis King		33.24
			Lawrence Palmer		27.67
			Jack McGarry		32.28
			Peter Leadbetter		28.06
5.	Essex County ASA		Essex	2:06.00	
			Chris Short		31.57
			Keith Oddy		36.24
			Martin Lane		28.48
			James Grigg		29.71
6.	Hertfordshire ASA		Herts	2:10.50	
			Mark Strakosch		37.06
			Daryl Mason		31.74
			Wray Sherwell-Cooper		32.33
			Kevin Cooper		29.37



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EVENT 168 Womens 100+ Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Suffolk ASA		Suffolk	2:06.06	
			Alaina Scifo		30.96
			Riasa Douglas-Callow		37.98
			Tara Coleman		30.49
			Zoe Cray		26.63
2.	Norfolk County ASA		Norfolk	2:11.74	
			Catherine Markwell		34.80
			Natalie Coogans		35.16
			Lisa Price		32.40
			Sarah Greenwood		29.38
3.	Cambridgeshire ASA		Cambs	2:13.38	
			Hayley Davis		32.78
			Kathryn Loveys		36.77
			Emily Morris		33.99
			Hayley Turner		29.84
4.	Bedfordshire ASA		Bedfordshire	2:14.77	
			Lucy Gregory		33.25
			Joanne Holder		39.53
			Natasha Mason		33.41
			Carla King		28.58
5.	Essex County ASA		Essex	2:24.19	
			Sara Price		41.04
			Sophie Castle		41.20
			Michelle Curry		33.12
			Suzi Ridler		28.83
6.	Hertfordshire ASA		Herts	2:24.28	
			Emily Costello		39.22
			Kelly Dunn		40.16
			Claire Massey		35.75
			Laura Dearing		29.15