



ASA East Region
2014 Winter Championships (25m)
 (Under ASA Laws & ASA Technical Rules)
Inspire: Luton Sports Village, Luton
Friday 5th to Sunday 7th December 2014



Results Session Six

EVENT 601 Mens Open 400m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Thomas MCLAGAN	18	Chelmsford	4:28.32	676
	50m 28.45	100m 1:01.31	150m 1:35.82	200m 2:09.78	250m 2:48.96
2J1	Nathan HUGHES	14	Hatfield	4:29.95	663
	50m 30.42	100m 1:05.30	150m 1:40.32	200m -	250m -
3.	Joshua GRAVES	17	Co Peterboro	4:34.40	632
	50m 28.72	100m 1:02.63	150m 1:38.88	200m 2:13.84	250m 2:53.34
4.	Augustus VEASEY	18	Chelmsford	4:36.04	620
	50m 28.91	100m 1:02.56	150m 1:38.12	200m 2:13.21	250m -
5J2	Tony-Joe TRETT OLIVER	15	teamipswich	4:37.18	613
	50m 31.32	100m 1:05.39	150m 1:39.43	200m 2:13.91	250m 2:54.68
6.	Thomas SARAH	20	Co Cambridge	4:37.24	612
	50m 1:04.39	100m -	150m 1:40.14	200m -	250m 2:54.43
7.	Nathan WELLS	16	West Norfolk	4:37.42	611
	50m 29.35	100m 1:04.46	150m 1:39.68	200m -	250m -
8.	Jack UTTING	17	UEA Norwich	4:37.84	608
	50m 29.70	100m 1:04.18	150m 1:37.75	200m 2:11.15	250m 2:51.99
9J3	Cameron MCRAE	15	Co Peterboro	4:43.92	570
	50m 30.93	100m 1:07.10	150m 1:42.82	200m 2:17.86	250m 2:58.40
9.	Charlie FOX	17	Basildon Ph	4:43.92	570
	50m 29.57	100m 1:02.13	150m 1:39.04	200m 2:14.98	250m 2:57.35
11.	Jakob GOODMAN	14	St Felix Sch	4:44.75	565
	50m 30.15	100m 1:04.54	150m 1:40.36	200m 2:15.03	250m 2:56.73
12.	Jack PICKERING	16	teamipswich	4:47.25	551
	50m 30.04	100m 1:04.86	150m 1:42.50	200m 2:18.45	250m 2:59.31
13.	Christopher GREENHALGH	18	Sudbury	4:50.52	532
	50m -	100m 1:06.44	150m 1:46.58	200m 2:25.35	250m -
14.	Graham DOUGLAS	26	Co Cambridge	4:50.86	530
	50m 29.48	100m 1:04.40	150m 1:41.71	200m 2:19.98	250m 3:01.83
15.	Calvin COE	16	Stowmarket	4:52.26	523
	50m 31.21	100m 1:07.69	150m 1:44.89	200m 2:23.14	250m 3:04.06
16.	Charlie BODEN	13	Chelmsford	4:53.38	517
	50m 30.31	100m 1:06.17	150m 1:43.08	200m 2:19.41	250m 3:04.56
17.	Oliver KENNY	17	UEA Norwich	4:53.42	517
	50m 30.35	100m 1:06.19	150m 1:43.33	200m 2:19.75	250m 3:01.50
18.	Ryan SYKES	18	West Norfolk	4:53.62	515
	50m 31.75	100m 1:08.86	150m 1:47.63	200m -	250m 3:06.85
19.	Samuel PECK	14	UEA Norwich	4:54.58	510
	50m 32.43	100m 1:09.03	150m 1:48.32	200m 2:27.44	250m 3:06.92
20.	Jordan NORTHWOOD	15	Berkhamsted	4:55.21	507
	50m 30.34	100m 1:07.01	150m 1:43.73	200m 2:21.54	250m 3:03.68
21.	Ryan KELLY	15	Chelmsford	4:55.98	503
	50m 32.69	100m 1:10.37	150m 1:47.23	200m 2:22.85	250m 3:05.94
22.	Myles TURNER	14	West Suffolk	4:56.32	501
	50m 34.38	100m 1:12.87	150m 1:48.57	200m 2:24.91	250m 3:06.56
23.	Luke SUGDEN	15	Hatfield	4:57.91	493
	50m 31.39	100m 1:07.57	150m 1:45.87	200m 2:23.11	250m 3:07.89
24.	Samuel COTTEE	14	teamipswich	4:58.15	492
	50m 31.35	100m 1:08.61	150m 1:47.76	200m 2:26.10	250m 3:07.49
25.	Ryan JARVIS	15	Team Luton	4:58.41	491
	50m 31.78	100m 1:09.93	150m 1:48.46	200m 2:26.91	250m -
26.	Finlay RYAN	15	Dereham	4:59.24	487
	50m 32.54	100m -	150m 1:48.64	200m 2:26.57	250m 3:06.97
27.	Thomas CLARE	13	teamipswich	5:03.52	467
	50m -	100m -	150m -	200m -	250m -
28.	Harry EADE	14	teamipswich	5:04.59	462
	50m 32.04	100m 1:10.21	150m 1:49.46	200m 2:26.78	250m 3:10.48
29.	Matthew ADDIS	16	West Norfolk	5:05.27	459
	50m 31.87	100m 1:08.16	150m 1:47.64	200m 2:27.62	250m -
30.	James MCFARLAND	13	Mid Beds	5:08.88	443
	50m 31.71	100m 1:09.85	150m 1:49.13	200m 2:29.48	250m 3:13.39
31.	Nicholas PERKINS	13	UEA Norwich	5:08.91	443
	50m 32.96	100m 1:11.27	150m 1:47.01	200m 2:23.87	250m 3:09.99
32.	Harry WHITEMAN	14	Co Peterboro	5:09.09	442
	50m 31.99	100m 1:09.41	150m 1:48.21	200m 2:26.17	250m 3:11.59
33.	Sean HOGAN	17	Team Luton	5:15.78	414
	50m 31.88	100m 1:09.44	150m 1:49.41	200m 2:28.65	250m 3:15.36
	Harvey NORMAN	13	Co Peterboro	DQ 1	
	Thomas FREWIN	17	Hemel Hemp	DQ 1	
	James WOODWARD	14	Potters Bar	DQ 1	
	Thomas WIGGINS	15	Co Peterboro	DQ 1	
	Ben HARRISON	14	Potters Bar	DQ 1	
	Keenan STOKES	16	UEA Norwich	DQ 1	



ASA East Region 2014 Winter Championships (25m)

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EVENT 602 Womens Open 100m Backstroke

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Rebecca SHERWIN	14	teamipswich		1:02.13	702	30.15
2.	Georgina PRYOR	16	Hoddesdon		1:02.97	674	30.43
3.	Eleanor MITCHELL	14	Bishop Stort		1:03.46	659	31.21
4.	Rachel WELLINGS	14	Co Peterboro		1:03.78	649	30.61
5.	Alaina SCIFO	17	teamipswich		1:04.04	641	31.22
6.	Josephine BLADES	17	St Felix Sch		1:04.08	640	30.85
7.	Mollie ALLEN	16	Co Peterboro		1:04.18	637	31.26
8.	Keely EMPSON	18	West Norfolk		1:04.48	628	30.98
9.	Bethany SAUNDERS	15	Co Peterboro		1:04.81	618	31.38
10.	Lauren HALL	15	Co Cambridge		1:05.13	609	31.68
11.	Amie PHILPOT	12	teamipswich		1:05.75	592	32.57
12.	Cara HETHERINGTON	15	teamipswich		1:06.13	582	32.11
13.	Amelia PEDDLE	14	Epping For't		1:06.34	577	31.99
14.	Hannah BROWN	15	Wisbech		1:06.80	565	32.78
15.	Yael RONEN	15	Norwich Swan		1:06.95	561	32.20
16.	Chloe HAZELL	16	UEA Norwich		1:07.01	559	32.87
17.	Alice SHERWIN	17	teamipswich		1:07.03	559	32.99
18.	Charlotte FILLMORE	16	Watford SC		1:07.16	556	32.55
19.	Molly OLLINGTON	16	West Suffolk		1:07.23	554	32.68
20.	Danielle RAYNER	18	St Ives		1:07.44	549	32.55
21.	Aimee ABREY	16	Hemel Hemp		1:07.62	544	32.81
22.	Eleanor KING	14	Dunstable		1:07.76	541	32.83
23.	Maddison SAUNDERS	13	Co Peterboro		1:07.89	538	32.92
24.	Chloe GALINDEZ	13	UEA Norwich		1:08.00	535	33.30
25.	Lana MO	15	West Suffolk		1:08.11	533	33.32
26.	Olivia PAWSON	15	Cheshunt		1:08.23	530	33.58
26.	Lauren SIMPKINS	16	Putteridge		1:08.23	530	32.95
28.	Courtney SANDERS	17	Chelmsford		1:08.36	527	33.16
29.	Megan PYE	12	UEA Norwich		1:08.37	527	33.47
30.	Aiyana LAWSON	13	Modernians		1:08.39	526	32.96
31.	Susanna FRASER	14	Co Cambridge		1:08.49	524	33.23
32.	Lauren BURTON	16	Dereham		1:08.67	520	33.75
33.	Hanna JASZKIEWICZ	14	Co Peterboro		1:08.74	518	32.89
34.	Gemma TROTT	15	Modernians		1:08.75	518	33.60
34.	Abigail WHITING	15	West Norfolk		1:08.75	518	33.61
36.	Bethany PALMER	16	UEA Norwich		1:08.82	516	33.60
37.	Isabel HOLMES	15	Dereham		1:08.95	513	34.10
38.	Isabelle FRYMANN	14	UEA Norwich		1:09.00	512	33.74
38.	Georgina LAWSON	17	Co St Albans		1:09.00	512	33.38
40.	Taylor GOODBY	16	Co Peterboro		1:09.06	511	33.48
41.	Jordanne SILLITOE	15	West Suffolk		1:09.19	508	33.99
42.	Darcey GARDINER	15	Chelmsford		1:09.33	505	33.77
43.	Samantha AUKER	19	Co Cambridge		1:09.44	503	33.63
44.	Michelle MITCHELL	17	Hatfield		1:09.50	501	34.01
45.	Harriet HANSON	15	Hatfield		1:09.65	498	34.22
46.	Amy YOUNG	15	Bishop Stort		1:09.68	497	34.15
46.	Laura COPPING	14	Hatfield		1:09.68	497	33.99
48.	Nathalie REUSS	13	Co Peterboro		1:09.70	497	33.35
49.	Annabel LEE	14	teamipswich		1:09.88	493	33.58
50.	Sammy HUMPHREY	18	Leighton Buz		1:10.12	488	33.80
51.	Meghan MAYBANKS	13	DunmowAtlant		1:10.14	488	34.03
52.	Catherine BROWN	14	Norwich Swan		1:10.16	487	33.64
53.	Tamzin COOMBS	14	UEA Norwich		1:10.21	486	33.97
54.	Daisy SAUNDERS	14	Linslade		1:10.25	485	33.71
55.	Chloe LONG	15	Stowmarket		1:10.51	480	34.27
56.	Tania DE MALGLAIVE	17	Harpden		1:10.71	476	34.64
56.	Cloudy MAJTENYI HILL	16	UEA Norwich		1:10.71	476	34.65
58.	Yasmin BRAND	16	Watford SC		1:10.95	471	33.87
59.	Megan MANN	14	UEA Norwich		1:11.34	464	34.20
60.	Megan COOK	14	Bishop Stort		1:11.41	462	34.25
61.	Peyton EWBANK	14	Norwich Swan		1:11.58	459	35.11
62.	Megan OCHWAT	15	teamipswich		1:12.10	449	34.46
63.	Caitlin MORIARTY	14	Team Luton		1:13.55	423	34.88
64.	Katie NESBITT	16	UEA Norwich	14	1:14.48	407	36.19
65.	Emma CATTLE	26	Team Luton	10	1:18.55	347	38.43
66.	Gemma BENNETT	27	Dunmow Mast	14	1:24.03	283	41.46
	Dora ZHOU	14	Epping For't		DNC		

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Katie NESBITT	16	UEA Norwich	14	1:14.48	767	36.19
2.	Emma CATTLE	26	Team Luton	10	1:18.55	645	38.43
3.	Gemma BENNETT	27	Dunmow Mast	14	1:24.03	534	41.46



ASA East Region 2014 Winter Championships (25m)

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EVENT 603 Mens Open 100m Freestyle

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	David KELLEWAY	21	Hoddesdon		51.06	681	24.62
2.	Jake TYSON	17	teamipswich		51.23	675	24.78
3.	Martyn WALTON	17	Hatfield		51.93	648	25.27
4.	Regan LLOYD	17	teamipswich		52.06	643	25.03
5.	Danny PROFFITT	20	West Suffolk		52.21	637	25.30
6.	William KEARSEY	17	Hatfield		52.23	636	25.16
7.	Charles SELLER	16	teamipswich		52.62	622	25.52
8.	Lee BAKER	19	Harlow Pen		52.73	619	25.19
9.	George EPSLY	16	Basildon Ph		52.88	613	25.36
10.	Stuart CLARKE	30	Bishop Stort		52.92	612	25.68
11.	Nathan BENTLEY	16	Hatfield		52.97	610	25.66
12.	Harry ROBINSON	16	Co Cambridge		53.27	600	25.75
13.	Luke HAZLEHURST	17	Hatfield		53.72	585	26.09
14.	Joshua DUGGAN	18	Hatfield		53.75	584	25.73
15.	Liam BARNETT	27	Co Cambridge		53.78	583	25.84
16.	Liam CURRAN	16	Co St Albans		53.83	581	25.85
17.	Harry PARKER	16	Hatfield		53.94	578	25.79
18.	Daniel POWELL	17	Co Peterboro		54.03	575	25.99
19.	Peter WEBSTER	16	Modernians		54.04	575	26.29
20.	Brandon NABARRO	17	Modernians		54.07	574	25.81
21.	Jack PICKFORD	17	Watford SC		54.14	571	25.53
22.	Harry WEARS	17	Leighton Buz		54.16	571	25.64
22.	Mark LEAMON	27	Co Cambridge		54.16	571	25.82
24J1	Nathan HUGHES	14	Hatfield		54.28	567	26.08
25J2	Oliver FITT	15	St Ives		54.30	566	26.10
26J3	Luke TURLEY	14	Hatfield		54.35	565	26.60
27.	Matthew BRIGHAM	18	Co Peterboro		54.39	564	26.21
28.	Nathan WELLS	16	West Norfolk		54.41	563	26.28
29.	Daniel LEIGH	15	Co Peterboro		54.43	562	26.21
30.	Sam PARRY	24	Dunstable		54.45	562	25.75
31.	Hugo JOHNSON	16	Bo Southend		54.48	561	26.30
32.	Sam GAMBLE	15	Hitchin		54.55	559	25.92
32.	Dalton YALLOP	17	UEA Norwich		54.55	559	25.88
34.	Oliver MALTBY	17	Modernians		54.66	555	25.91
35.	James DAY	17	Basildon Ph		54.69	554	26.46
36.	Benjamin WHITBOURN	17	Dereham		54.87	549	26.38
37.	William HATTON	16	UEA Norwich		54.96	546	26.43
38.	Harry CONSTANTINE	13	Hatfield		54.98	546	26.02
39.	Kyle PANTON	19	Harlow Pen		55.03	544	26.64
40.	Jack CHRISTIE	16	Hemel Hemp		55.06	543	26.17
41.	Dominic SCIFO	14	teamipswich		55.09	542	26.39
42.	Daniel MILLS	17	Co Cambridge		55.11	542	26.77
43.	Jamie SCHOLES	14	Co Peterboro		55.18	540	26.68
44.	Bradley VEITCH	15	Harlow Pen		55.22	539	26.54
45.	Alex EVENS	15	Hitchin		55.26	537	26.64
46.	Angelos KOUSOUNIS	18	UEA Norwich		55.28	537	26.39
46.	Ethan LAMB	18	Hatfield		55.28	537	27.04
48.	Ryan SMITH	14	UEA Norwich		55.45	532	26.53
49.	Ashley TRENT	17	Co Cambridge		55.54	529	26.57
50.	Alexander PROFFITT	16	West Suffolk		55.55	529	26.87
51.	Alec BURCHELL	15	Hitchin		55.64	526	26.27
52.	Solomon GIESLER	16	Co Cambridge		55.65	526	26.82
53.	Logan MOORE	15	St Felix Sch		55.68	525	26.80
54.	Matthew WRIGHT	16	Team Luton		55.69	525	27.01
55.	Mason ARNOLD	17	Harlow Pen		55.75	523	26.43
56.	Christopher MURPHY	18	Flitwick		56.05	515	26.89
57.	Ethan FARRELL	17	Hatfield		56.06	515	26.92
58.	David SHIPMAN	14	Potters Bar		56.16	512	27.07
59.	Thomas MCLAGAN	18	Chelmsford		56.25	509	26.57
60.	Luke SUGDEN	15	Hatfield		56.55	501	27.40
61.	Alex MASON	18	Team Luton		56.63	499	27.21
62.	Thomas FREWIN	17	Hemel Hemp		56.64	499	-
63.	Benjamin GARRATT	14	Hatfield		56.73	497	27.31
64.	James WOODWARD	14	Potters Bar		56.74	496	27.53
65.	Archie HOLMAN	16	West Norfolk		56.86	493	27.96
66.	Ben WILKINSON	14	West Suffolk		56.92	492	27.38
66.	James CAMERON	16	Co St Albans		56.92	492	27.29
68.	Michael JUDD	16	Leighton Buz		56.93	491	27.03
69.	Rhys SHORT	17	Hatfield		56.95	491	27.23
70.	Samuel PEDDER	16	Co Cambridge		57.00	490	27.11
71.	Jack WEARS	15	Leighton Buz		57.02	489	27.25
71.	Jamie MCLAUGHLIN	17	Harlow Pen		57.02	489	26.80
73.	Thomas HARRINGTON	16	Co Cambridge		57.03	489	27.15
74.	Ashley HOLNESS-WRIGHT	18	Watford SC		57.04	489	27.01
74.	Jonathan JAMES	16	Dereham		57.04	489	26.75
76.	Jordan MANN	16	UEA Norwich		57.11	487	26.81
77.	Thomas HOVEN	15	UEA Norwich		57.12	487	27.54
78.	Joseph WALSH	19	Royston		57.19	485	27.38
79.	Kieran RAPHY	17	Bishop Stort		57.28	482	27.48
80.	Zack CAMPBELL-MAUGHAN	15	West Norfolk		57.29	482	27.26
81.	Jakob GOODMAN	14	St Felix Sch		57.30	482	27.69
82.	Ryan SYKES	18	West Norfolk		57.46	478	27.51



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83.	Daniel SCHINDLER	15	Co St Albans	57.63	474	27.98
84.	George DE FRAINE	17	Hitchin	57.69	472	26.85
85.	James BLOUNT	14	Potters Bar	57.70	472	28.06
86.	Matthew MCPHERSON	16	Hitchin	57.75	471	27.06
87.	Elliott LEGG	17	West Norfolk	57.86	468	26.78
88.	Peter TODD	17	St Ives	57.88	468	27.26
89.	Reese HOUSDEN	12	Hatfield	58.00	465	27.49
90.	Morgan READ	15	Dereham	58.01	464	27.51
91.	Cameron BRICKEL	16	Bishop Stort	58.20	460	27.86
92.	Thomas CLARE	13	teamipswich	58.24	459	27.97
93.	Matthew ADDIS	16	West Norfolk	58.28	458	27.93
94.	Harry WESTON	14	Dereham	58.50	453	29.86
95.	Ryan JARVIS	15	Team Luton	58.58	451	28.62
96.	Lee CLARKE	16	Co Peterboro	58.62	450	-
97.	Mark THOMPSON	25	Chatteris	58.70	448	27.62
98.	Samuel COTTEE	14	teamipswich	58.75	447	27.70
99.	Michael FISHER	17	Stowmarket	59.44	432	27.01
100.	Jonluke SUMMERFIELD	18	Berkhamsted	1:00.07	418	28.63
101.	Oliver KENNY	17	UEA Norwich	1:00.37	412	28.31
102.	Aaron HIRD	15	Team Luton	1:02.32	374	28.72
103.	Jaxon SIMMONS	14	Co Peterboro	13 1:05.30	325	31.69
104.	Sam BRADLEY	21	Team Luton	7 1:11.34	249	34.83
105.	Finlay MIDDLETON	12	Stowmarket	8 1:28.17	132	41.96

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Sam BRADLEY	21	Team Luton	7	1:11.34	606	34.83
2.	Jaxon SIMMONS	14	Co Peterboro	13	1:05.30	551	31.69
3.	Finlay MIDDLETON	12	Stowmarket	8	1:28.17	273	41.96



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EVENT 604 Womens Open 200m Freestyle

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Jessica JACKSON	17	Hatfield		2:02.59	745	27.93	58.68	1:30.59
2.	Katherine BROWN	15	Co Peterboro		2:02.84	741	-	1:00.26	1:32.06
3.	Rebecca SHERWIN	14	teamipswich		2:04.93	704	29.19	1:00.77	1:32.94
4.	Lucy OXBROW	14	teamipswich		2:06.62	676	29.02	1:00.51	1:33.54
5.	Emily DOWDING	16	teamipswich		2:07.79	658	29.56	1:01.78	1:35.18
6.	Leah ROUGHAN	15	Co Peterboro		2:08.74	643	30.31	1:03.20	1:36.87
7.	Mollie ALLEN	16	Co Peterboro		2:08.81	642	29.67	1:02.90	1:36.28
8.	Philippa SHUTTLEWORTH	17	Hatfield		2:09.06	639	30.38	1:03.20	-
9.	Molly OLLINGTON	16	West Suffolk		2:09.16	637	30.06	1:03.43	1:37.33
10.	Alaina SCIFO	17	teamipswich		2:09.19	637	29.64	1:02.13	1:35.68
11.	Abigail WHITING	15	West Norfolk		2:09.32	635	29.89	1:02.74	1:36.25
12.	Rebecca SCOTT	16	Hitchin		2:09.34	634	30.25	1:02.34	1:35.85
13.	Eleanor MITCHELL	14	Bishop Stort		2:09.38	634	29.83	1:02.74	1:35.47
14.	Ellie FOGG	16	Hatfield		2:09.48	632	29.87	1:02.59	1:36.11
15.	Shannon STOTT	14	Co St Albans		2:10.16	623	30.01	1:02.86	1:36.50
16.	Bethany SAUNDERS	15	Co Peterboro		2:10.46	618	30.16	1:03.34	1:37.17
17.	Bethany PALMER	16	UEA Norwich		2:10.82	613	30.32	1:03.56	1:38.04
18.	Amelia PEDDLE	14	Epping For't		2:10.92	612	30.05	1:03.44	1:37.51
19.	Jessica WESTLAKE	15	St Felix Sch		2:10.93	612	30.29	1:03.64	1:37.65
20.	Nicola PASQUIRE	16	Modernians		2:11.03	610	29.21	1:02.12	1:36.44
21.	Christie WOODS	14	Co Peterboro		2:11.23	607	30.81	1:03.93	1:37.98
22.	Leyla M.RIZATEPE	14	Hatfield		2:11.35	606	30.10	1:03.80	1:37.36
23.	Maddison SAUNDERS	13	Co Peterboro		2:11.73	601	31.00	1:04.64	1:38.85
24.	Harriet HANSON	15	Hatfield		2:11.99	597	31.59	1:05.43	1:39.82
25.	Katie CONYERS	14	Potters Bar		2:12.05	596	30.13	1:03.51	1:38.20
26.	Emma LEES	16	West Suffolk		2:12.07	596	30.31	1:03.56	1:37.76
27.	Hanna JASZKIEWICZ	14	Co Peterboro		2:12.20	594	30.86	1:04.27	1:38.28
28.	Hannah BRIGHAM	17	Co Peterboro		2:12.24	594	30.57	1:04.03	1:38.17
29.	Amy YOUNG	15	Bishop Stort		2:12.37	592	30.74	1:03.88	1:38.32
30.	Rianna SMITH	16	Basildon Ph		2:12.43	591	30.95	1:03.88	1:37.67
31.	Molly FRANCIS	13	Hatfield		2:12.71	587	30.89	1:04.56	1:39.47
32.	Aiyana LAWSON	13	Modernians		2:12.83	586	30.07	1:03.79	1:39.13
33.	Lois MOORE	19	Hemel Hemp		2:12.93	584	30.24	1:03.51	1:38.69
34.	Charlotte WALKER	12	UEA Norwich		2:13.02	583	31.07	1:04.72	1:39.23
35.	Jennifer BEEVOR	17	St Felix Sch		2:13.38	579	30.87	1:04.04	1:38.26
36.	Isabelle FRYMANN	14	UEA Norwich		2:13.55	576	30.09	1:03.74	1:38.65
37.	Tegan WOLLASTON	15	Cheshunt		2:13.74	574	30.67	1:04.29	1:39.08
38.	Hannah GILLESPIE	16	Epping For't		2:14.19	568	-	1:05.22	1:40.05
39.	Susanna FRASER	14	Co Cambridge		2:14.40	565	32.26	1:06.89	1:41.71
39.	Chloe LENCE	13	Modernians		2:14.40	565	30.95	1:05.53	1:40.41
41.	Taylor GOODBY	16	Co Peterboro		2:14.61	563	31.37	1:05.57	1:39.99
42.	Chantal SMITH	14	Team Luton		2:14.79	561	31.80	1:06.27	1:41.29
43.	Yael RONEN	15	Norwich Swan		2:14.88	559	31.99	1:07.01	1:42.11
44.	Emily-Rose JELFS	15	Hemel Hemp		2:14.90	559	30.47	1:05.22	1:40.63
45.	Poppy LEECH	14	Co Peterboro		2:15.08	557	30.81	1:05.08	1:40.32
46.	Katie SHOEBERT	15	Modernians		2:15.10	557	30.25	1:05.85	1:41.45
47.	Alexandra WISEMAN	20	Co Cambridge		2:15.14	556	30.82	1:05.51	1:40.20
48.	Elise SORRELL	16	West Norfolk		2:15.16	556	30.62	1:04.54	1:40.04
49.	Cloudy MAJTENYI HILL	16	UEA Norwich		2:15.27	555	31.18	1:05.59	1:40.67
50.	Honey HARVEY	13	UEA Norwich		2:15.40	553	31.67	-	2:15.43
51.	Amber SHINE	14	Hatfield		2:15.50	552	31.54	1:05.81	1:40.77
52.	Annalise WRIGHT	14	Linslade		2:16.00	546	31.56	1:06.21	1:42.08
53.	Gemma TROTT	15	Modernians		2:16.04	545	31.34	1:05.87	1:41.59
54.	Tilly ANEMA	12	Norwich Swan		2:16.13	544	31.93	1:06.53	1:41.86
55.	Victoria ABBOTT	18	Flitwick		2:16.42	541	31.20	1:06.03	1:41.41
56.	Madeleine CHAMBERS	14	St Felix Sch		2:16.44	540	31.56	1:05.98	1:41.65
56.	Mollie SMITH	14	Norfolk Vikg		2:16.44	540	32.41	1:07.20	1:42.33
58.	Meghan MAYBANKS	13	DunmowAtlant		2:16.47	540	31.32	1:07.23	1:43.39
59.	Leanne CAREY	15	Watford SC		2:16.62	538	31.47	1:05.93	1:41.72
60.	Cathryn THOMSON	24	St Ives		2:16.65	538	30.71	1:05.89	1:42.11
61.	Jaimie WOODHOUSE	16	Norwich Swan		2:16.94	535	31.27	1:06.11	1:42.40
62.	Emily LAMPON	15	Bishop Stort		2:17.03	533	30.57	1:06.11	1:42.46
63.	Amber HUGHES	15	Hatfield		2:17.11	533	31.79	1:06.34	1:41.79
64.	Megan MANN	16	Norwich Swan		2:17.12	532	31.82	1:06.98	1:42.49
65.	Olivia STANDISH-LEIGH	16	Co Peterboro		2:17.82	524	31.26	1:06.10	1:42.00
66.	Aisling RUFF	16	Co Peterboro		2:18.02	522	31.70	1:06.76	1:42.79
67.	Rebecca MILLER	15	teamipswich		2:18.20	520	31.15	1:06.54	1:42.32
68.	Laura COPPING	14	Hatfield		2:18.43	517	32.55	1:08.06	1:44.08
69.	Katie MALONEY	17	UEA Norwich		2:19.10	510	32.10	1:07.55	1:43.42
70.	Megan COOK	14	Bishop Stort		2:19.34	507	31.83	1:07.19	1:43.22
71.	Katie LINES	13	Lstof & OB		2:19.74	503	32.04	1:07.71	1:44.16
72.	Katie NESBITT	16	UEA Norwich	14	2:20.44	496	31.60	1:07.00	1:43.46
73.	Victoria SANDERSON	14	Linslade		2:20.62	494	32.35	1:08.21	-
74.	Sophie BURNS	14	Watford SC		2:23.07	469	31.73	1:07.23	1:45.51
75.	Jana SPINNER	14	UEA Norwich		2:25.39	447	31.98	1:08.41	1:47.06
76.	Emma CATTLE	26	Team Luton	10	2:35.87	362	35.31	1:14.85	1:55.55
77.	Grace HARVEY	16	Hoddesdon	7	2:57.16	247	40.59	1:25.79	2:12.54
	Sophie PEDDER	14	Modernians		DNC				
	Millie DONOVAN	16	Cheshunt		DNC				
	Zoe GRIFFITHS	15	Mid Beds		DNC				
	Cara HETHERINGTON	15	teamipswich		DNC				



ASA East Region 2014 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Inspire: Luton Sports Village, Luton

Friday 5th to Sunday 7th December 2014



Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Katie NESBITT	16	UEA Norwich	14	2:20.44	879	31.60	1:07.00	1:43.46
2.	Emma CATTLE	26	Team Luton	10	2:35.87	672	35.31	1:14.85	1:55.55
3.	Grace HARVEY	16	Hoddesdon	7	2:57.16	600	40.59	1:25.79	2:12.54

EVENT 605 Mens Open 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Lawrence PALMER	21	Putteridge	28.94	664
2.	Brandon NABARRO	17	Modernians	29.63	618
3.	Benjamin PURCELL	17	Hatfield	30.08	591
4.	Jordan BATSON	18	Putteridge	30.15	587
5.	Robert LANCASTER	17	teamipswich	30.32	577
6.	Luke WESTWOOD	24	Co Cambridge	30.57	563
7.	Isaac KIRBY	16	UEA Norwich	30.65	559
	Christopher SMITH	18	Hoddesdon	DQ 6	

EVENT 606 Womens Open 50m Breaststroke

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt
1.	Rebecca BURTON	15	Modernians		32.77	678
2.	Leah ROUGHAN	15	Co Peterboro		33.86	615
3.	Louise BUSH	23	UEA Norwich		34.13	600
4.	Natalie COOGANS	17	West Norfolk		34.25	594
5.	Sarah O'BRIEN	17	Hertford		34.30	591
6.	Lauren BAKER	19	Hatfield		34.69	572
7.	Ashley RANSOME	19	Hertford		34.77	568
8.	Emily BIGGS	15	Co Cambridge		35.03	555
9.	Lana MO	15	West Suffolk		35.07	553
10.	Rachel ROBINSON	14	UEA Norwich		35.09	552
11.	Grace RAYNER	16	Hemel Hemp		35.10	552
12.	Rachel WELLINGS	14	Co Peterboro		35.17	549
13.	Bethany MOTTRAM	15	West Suffolk		35.18	548
14.	Roxanne UYS	15	West Norfolk		35.29	543
15.	Molly FRANCIS	13	Hatfield		35.38	539
16.	Hanna JASZKIEWICZ	14	Co Peterboro		35.43	537
17.	Keira FROSDICK	12	UEA Norwich		35.52	533
18.	Jana SPINNER	14	UEA Norwich		35.53	532
19.	Eleanor CLARKE	14	Chelmsford		35.58	530
19.	Sarah BOWEN	16	Lstoft & OB		35.58	530
21.	Katialin DANG	13	Harpenden		35.67	526
22.	Annalise WRIGHT	14	Linslade		35.74	523
23.	Abigail GREEN	14	Watford SC		35.80	520
24.	Robyn BRETT	16	Watford SC		35.83	519
25.	Catherine BROWN	14	Norwich Swan		35.88	517
26.	Grace LEECH	12	UEA Norwich		36.24	501
27.	Lauren CLARKSON	15	Watford SC		36.27	500
27.	Molly BOW	13	Flitwick		36.27	500
29.	Jessica PAYNE	16	Leighton Buz		36.39	495
30.	Katie LINES	13	Lstoft & OB		36.40	495
31.	Laura COPPING	14	Hatfield		36.44	493
32.	Ella RIDES	17	Sudbury		36.57	488
33.	Cira FLETCHER	15	Bishop Stort		36.62	486
33.	Amelia BARNETSON	14	Chelmsford		36.62	486
35.	Emma IRVINE	20	Leighton Buz		36.68	484
35.	Sammy HUMPHREY	18	Leighton Buz		36.68	484
37.	Danielle RAYNER	18	St Ives		36.74	481
38.	Jordanne SILLITOE	15	West Suffolk		36.88	476
39.	Leyla M.RIZATEPE	14	Hatfield		36.91	475
40.	Sophie PICKERING	14	teamipswich		36.96	473
41.	Amelia MONAGHAN	12	Co Peterboro		37.01	471
42.	Lauren HARRISON	13	Co Peterboro		37.06	469
43.	Nadine SMITH	13	Hatfield		37.12	467
44.	Isabel HOLMES	15	Dereham		37.17	465
45.	Elizabeth PERKINS	22	Co Cambridge		37.25	462
46.	Emily-Rose JELFS	15	Hemel Hemp		37.26	461
47.	Honey HARVEY	13	UEA Norwich		37.27	461
48.	Chantal SMITH	14	Team Luton		37.37	457
49.	Sophie EMPSON	16	West Norfolk		37.39	456
50.	Freya LINES	12	St Felix Sch		37.45	454
51.	Cathryn THOMSON	24	St Ives		37.51	452
52.	Paige WILDING	16	Hemel Hemp		37.57	450
53.	Megan BUNYARD	14	Linslade		37.60	449
54.	Rebecca FREESTONE	16	Hoddesdon		37.66	447
55.	Jasmine DEARNLEY	14	St Ives		37.88	439
56.	Emma KILLIN	13	Tring		37.90	438
57.	Bethany MASTERS	17	Hemel Hemp		37.96	436
58.	Rianna SMITH	16	Basildon Ph		38.10	431
59.	Kirsty VEARS	16	Harlow Pen		38.16	429
60.	Kes CLARKE	16	UEA Norwich		38.57	416
61.	Gemma BENNETT	27	Dunmow Mast	14	39.47	388
62.	Grace HARVEY	16	Hoddesdon	6	58.68	118



ASA East Region 2014 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Inspire: Luton Sports Village, Luton
Friday 5th to Sunday 7th December 2014



EVENT 607 Mens Open 200m Backstroke

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Martyn WALTON	17	Hatfield		2:03.88	628	28.86	1:00.21	1:32.57
2.	Timothy SHUTTLEWORTH	17	Hatfield		2:03.93	627	29.07	1:00.65	1:32.97
3J1	Jamie SCHOLES	14	Co Peterboro		2:05.45	605	29.26	1:01.00	1:33.62
4.	Jack UTTING	17	UEA Norwich		2:06.37	592	29.32	1:01.51	1:33.87
5.	Conor HARROLD	21	Basildon Ph		2:06.47	590	29.11	1:01.09	1:34.17
6.	Luke HAZLEHURST	17	Hatfield		2:06.51	590	29.71	1:01.50	1:34.00
6.	Matthew BRIGHAM	18	Co Peterboro		2:06.51	590	29.61	1:01.30	1:33.74
8.	Charles SELLER	16	teamipswich		2:07.31	579	29.68	1:02.71	1:35.86
9.	Regan LLOYD	17	teamipswich		2:07.42	577	30.00	1:02.94	1:35.74
10.	Nathan WELLS	16	West Norfolk		2:07.76	572	29.61	1:02.21	1:35.13
11.	Peter WEBSTER	16	Modernians		2:07.83	571	29.73	1:02.86	1:36.20
12J2	Oliver FITT	15	St Ives		2:08.05	569	29.33	1:01.96	1:35.51
13.	James NEWTON	16	Co Peterboro		2:08.85	558	30.21	1:02.58	1:35.72
14J3	Tony-Joe TRETT OLIVER	15	teamipswich		2:10.16	541	30.81	1:04.09	1:37.20
15.	Jamie FOWLER	17	Team Luton		2:10.76	534	30.32	1:04.03	1:37.86
16.	Nathan HUGHES	14	Hatfield		2:11.80	521	30.71	1:04.44	1:38.57
17.	Cameron MCRAE	15	Co Peterboro		2:12.64	511	30.48	1:04.07	1:38.89
18.	Ben RANSOME	16	Hertford		2:13.27	504	31.06	1:04.93	1:39.32
19.	Joshua GAINES	16	Hemel Hemp		2:14.02	496	31.70	1:05.44	1:40.67
20.	Charlie BODEN	13	Chelmsford		2:14.11	495	31.17	1:05.71	1:40.38
21.	Frederick WOODCOCK	18	Hemel Hemp		2:14.92	486	31.30	1:05.92	1:40.84
22.	Elliot WYLIE	15	Co St Albans		2:15.28	482	32.70	1:07.33	1:41.46
23.	Logan MOORE	15	St Felix Sch		2:15.76	477	32.28	1:06.90	1:41.66
24.	Alexander PROFFITT	16	West Suffolk		2:15.91	475	30.82	1:05.32	1:40.50
25.	Ben HARRISON	14	Potters Bar		2:16.05	474	32.49	1:07.41	1:42.99
26.	Jakob GOODMAN	14	St Felix Sch		2:16.21	472	32.33	1:07.61	1:42.96
27.	Ryan KELLY	15	Chelmsford		2:16.41	470	32.11	1:06.73	1:42.03
28.	Thomas WIGGINS	15	Co Peterboro		2:16.58	468	31.98	1:07.18	1:42.21
29.	Jack PICKERING	16	teamipswich		2:16.83	466	32.08	1:07.29	1:42.56
30.	Nicholas PERKINS	13	UEA Norwich		2:16.85	466	32.00	1:07.08	1:42.55
31.	Benjamin WHITBOURN	17	Dereham		2:17.12	463	31.81	1:05.89	1:41.47
32.	Michael LARDNER	15	Co Peterboro		2:17.17	462	31.74	1:06.28	1:41.94
33.	Patrick KEAVENEY	14	Modernians		2:17.27	461	32.39	1:06.59	1:41.86
34.	Harry CONSTANTINE	13	Hatfield		2:17.49	459	31.32	1:06.64	1:42.83
35.	Louis SPONG	15	DunmowAtlant		2:17.53	459	32.44	1:07.46	1:42.99
36.	Matthew CALVER	16	UEA Norwich		2:18.29	451	32.63	1:09.21	1:44.98
37.	Luke TURLEY	14	Hatfield		2:18.75	447	32.69	1:08.42	1:44.07
38.	Oliver KENNY	17	UEA Norwich		2:19.10	443	33.16	1:08.93	1:44.13
39.	Harry FOX	15	Basildon Ph		2:19.23	442	31.92	1:06.51	1:42.83
40.	Myles TURNER	14	West Suffolk		2:19.37	441	33.91	1:09.35	1:44.73
41.	Jordan STAFF	17	UEA Norwich		2:19.96	435	31.76	1:07.30	1:43.74
42.	Harry EADE	14	teamipswich		2:20.56	430	34.24	1:10.49	1:45.86
43.	Joshua FREWIN	17	Hemel Hemp		2:20.98	426	32.62	1:08.21	1:44.81
44.	Mark THOMPSON	25	Chatteris		2:22.11	416	33.35	1:08.84	1:46.95
45.	Jordan CATCHPOLE	15	UEA Norwich		2:22.20	415	32.61	1:08.13	1:45.07
46.	Ashley HOLNESS-WRIGHT	18	Watford SC		2:26.32	381	32.40	1:08.20	1:46.28
47.	James WOODWARD	14	Potters Bar		2:26.33	381	33.75	1:11.05	1:49.71
48.	Jonathan JAMES	16	Dereham		2:27.90	369	33.45	1:10.05	1:48.44
49.	Giovanni DI SIENA	16	St Ives		2:31.86	341	33.94	1:12.25	1:52.31
50.	Jaxon SIMMONS	14	Co Peterboro	13	2:41.78	282	36.84	1:18.63	2:01.26
	Samuel PEDDER	16	Co Cambridge		DQ 7				
	Thomas CLARE	13	teamipswich		DQ 7				

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Jaxon SIMMONS	14	Co Peterboro	13	2:41.78	596	36.84	1:18.63	2:01.26



ASA East Region
2014 Winter Championships (25m)
 (Under ASA Laws & ASA Technical Rules)
Inspire: Luton Sports Village, Luton
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EVENT 608 Womens Open 800m Freestyle Team

Full Results

Place	Name	Club	Time	FINA Pt		
1.	Hatfield A	Hatfield	8:27.22	726		
		Lily WEST		2.06.74	30.35	32.21
		Jessica JACKSON		1.30.27	32.47	31.71
		Leyla M.RIZATEPE		2.42.29	27.77	30.70
		Philippa SHUTTLEWORTH		2.07.92	31.80	
						1.35.15
					33.44	33.70
					29.47	32.15
					32.92	33.38
2.	City Of Peterborough A	Co Peterboro	8:31.55	708		
		Rachel WELLINGS		1.36.29	30.15	32.74
		Mollie ALLEN		2.43.09	33.40	
		Katherine BROWN		2.02.03	1.03.14	33.09
		Leah ROUGHAN		2.10.14	34.04	32.82
					28.31	31.04
					31.71	30.97
					29.27	32.75
					34.45	33.67
3.	City Of Peterborough B	Co Peterboro	8:46.66	648		
		Bethany SAUNDERS		2.08.00	29.88	32.31
		Christie WOODS		1.38.38	33.44	32.37
		Hannah BRIGHAM		2.47.26	30.28	33.87
		Maddison SAUNDERS		2.13.02	34.23	
					1.03.55	34.06
					34.98	34.67
					30.19	33.74
					34.66	34.43
4.	Hatfield B	Hatfield	8:59.16	604		
		Harriet HANSON		2.14.58	30.17	33.44
		Ellie FOGG		2.10.66	35.36	35.61
		Amber SHINE		2.17.79	29.01	32.91
		Amber HUGHES		2.16.13	33.91	34.83
					31.59	35.47
					36.04	34.69
					30.99	34.72
					35.22	35.20