



ASA East Region
2014 Winter Championships (25m)
 (Under ASA Laws & ASA Technical Rules)
Inspire: Luton Sports Village, Luton
Friday 5th to Sunday 7th December 2014



Results Session Three

EVENT 301 Womens Open 400m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.J1	Katherine BROWN	15	Co Peterboro	4:49.00	736
	50m 30.40	100m 1:04.31	150m 1:42.59	200m 2:19.91	250m 3:01.94
2.	Lily WEST	17	Hatfield	4:54.01	699
	50m 30.92	100m 1:06.37	150m 1:44.88	200m 2:24.57	250m 3:05.20
3.J2	Leah ROUGHAN	15	Co Peterboro	4:59.64	661
	50m 32.27	100m -	150m 1:48.37	200m -	250m 3:07.68
4.	Dolly TRIGG	16	teamipswich	5:02.02	645
	50m 33.12	100m 1:12.33	150m 1:50.09	200m 2:27.98	250m 3:10.88
5.J3	Poppy RICHARDSON	13	Co Peterboro	5:03.03	639
	50m 32.19	100m 1:09.74	150m 1:47.93	200m 2:26.35	250m 3:10.64
6.	Philippa SHUTTLEWORTH	17	Hatfield	5:04.86	627
	50m 32.10	100m 1:08.42	150m 1:46.92	200m 2:25.65	250m 3:09.49
7.	Hanna JASZKIEWICZ	14	Co Peterboro	5:07.27	613
	50m 1:09.08	100m -	150m 1:46.33	200m 2:23.01	250m 3:08.37
8.	Aisling RUFF	16	Co Peterboro	5:08.06	608
	50m 33.51	100m 1:11.61	150m 1:49.64	200m 2:27.33	250m 3:12.22
9.	Bethany PALMER	16	UEA Norwich	5:09.46	600
	50m 34.53	100m 1:14.45	150m 1:52.67	200m 2:29.32	250m 3:16.54
10.	Christie WOODS	14	Co Peterboro	5:10.33	595
	50m -	100m -	150m 1:53.52	200m -	250m -
11.	Jennifer BEEVOR	17	St Felix Sch	5:11.72	587
	50m 32.75	100m 1:09.81	150m 1:50.91	200m 2:31.02	250m 3:15.14
12.	Aiyana LAWSON	13	Modernians	5:12.53	582
	50m 33.36	100m 1:13.01	150m 1:53.58	200m -	250m 3:17.62
13.	Honey HARVEY	13	UEA Norwich	5:12.76	581
	50m 34.74	100m 1:13.40	150m 1:53.68	200m 2:32.91	250m 3:15.93
14.	Maddison SAUNDERS	13	Co Peterboro	5:13.06	579
	50m 34.68	100m 1:14.23	150m 1:51.91	200m 2:30.91	250m 3:16.80
15.	Jessica WESTLAKE	15	St Felix Sch	5:13.84	575
	50m 32.66	100m 1:10.09	150m 1:50.47	200m 2:31.26	250m 3:16.58
16.	Millie EMMANS	15	Co Cambridge	5:14.99	569
	50m 34.65	100m 1:14.08	150m 1:55.89	200m -	250m 3:21.23
17.	Cloudy MAJTENYI HILL	16	UEA Norwich	5:16.23	562
	50m 35.65	100m 1:16.60	150m 1:56.04	200m 2:35.01	250m 3:21.10
18.	Amber HUGHES	15	Hatfield	5:17.15	557
	50m 35.68	100m 1:15.85	150m 1:55.45	200m 2:34.82	250m 3:20.77
19.	Charlotte ASHWIN	13	Mid Beds	5:18.05	552
	50m 35.26	100m 1:15.67	150m 1:55.75	200m 2:36.92	250m 3:20.87
20.	Tegan WOLLASTON	15	Cheshunt	5:20.69	539
	50m 34.48	100m 1:13.82	150m 1:55.26	200m 2:37.44	250m 3:23.52
21.	Megan PYE	12	UEA Norwich	5:21.57	534
	50m 36.05	100m -	150m 1:55.93	200m 2:34.77	250m 3:23.55
22.	Isabelle FRYMANN	14	UEA Norwich	5:21.92	533
	50m 34.29	100m 1:14.05	150m 1:52.58	200m 2:30.37	250m 3:19.44
23.	Mia LEECH	12	Co Peterboro	5:23.30	526
	50m 36.08	100m 1:17.52	150m 1:59.72	200m 2:42.05	250m 3:24.59
24.	Yasmin BRAND	16	Watford SC	5:23.44	525
	50m 33.57	100m -	150m 1:52.28	200m 2:33.57	250m 3:19.00
25.	Lauren HARRISON	13	Co Peterboro	5:23.56	525
	50m 36.59	100m 1:19.04	150m 2:01.78	200m 2:43.93	250m 3:25.72
26.	Jordanne SILLITOE	15	West Suffolk	5:26.50	511
	50m 36.22	100m 1:18.37	150m 1:59.98	200m 2:41.65	250m -
27.	Chantal SMITH	14	Team Luton	5:26.58	510
	50m 35.50	100m 1:17.30	150m 1:59.31	200m 2:41.04	250m 3:28.03
28.	Juliet MERELIE	16	Harpenden	5:27.14	508
	50m 37.21	100m 1:23.12	150m 2:05.61	200m 2:47.10	250m 3:31.08
29.	Imogen COOKE	13	UEA Norwich	5:28.41	502
	50m 33.38	100m 1:11.18	150m 1:53.81	200m 2:35.16	250m 3:24.34
30.	Jessica FARROW	14	Hatfield	5:29.03	499
	50m 34.50	100m 1:14.35	150m 1:55.76	200m 2:37.43	250m -
31.	Sophie PICKERING	14	teamipswich	5:30.11	494
	50m 35.65	100m 1:16.98	150m 1:59.96	200m 2:41.96	250m 3:27.95
32.	Peyton EWBANK	14	Norwich Swan	5:30.31	493
	50m 35.27	100m -	150m 1:57.25	200m 2:39.59	250m 3:27.52
33.	Rachel ROBINSON	14	UEA Norwich	5:32.33	484
	50m 38.31	100m 1:25.07	150m 2:07.49	200m -	250m 3:33.94
34.	Nathalie REUSS	13	Co Peterboro	5:34.87	473
	50m 35.55	100m 1:15.89	150m 1:57.06	200m 2:38.77	250m 3:25.50
35.	Paige WILDING	16	Hemel Hemp	5:35.20	472
	50m 34.86	100m 1:16.28	150m 1:58.68	200m 2:40.69	250m 3:27.15
36.	Lucie PECK	11	UEA Norwich	5:37.07	464
	50m 37.19	100m -	150m 2:00.53	200m 2:41.81	250m 3:32.13
	Amelia MONAGHAN	12	Co Peterboro	DQ T 2L	300m 4:22.40
					350m 4:59.79
					400m 5:37.07



ASA East Region 2014 Winter Championships (25m)

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EVENT 302 Mens Open 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Luke HAZLEHURST	17	Hatfield	56.96	634	27.44
2.	William KEARSEY	17	Hatfield	56.99	633	-
3.	Conor HARROLD	21	Basildon Ph	57.39	620	-
4.	Regan LLOYD	17	teamipswich	57.69	610	28.24
5.	Nathan WELLS	16	West Norfolk	58.62	581	28.66
6.	Joshua DUGGAN	18	Hatfield	58.66	580	28.33
7.	Jack UTTING	17	UEA Norwich	58.76	577	21.91
8.	Peter WEBSTER	16	Modernians	58.77	577	28.30
9.J1	Jamie SCHOLES	14	Co Peterboro	58.88	574	28.68
10.J2	Oliver FITT	15	St Ives	59.01	570	28.89
11.	Augustus VEASEY	18	Chelmsford	59.63	552	28.97
12.	Matthew BRIGHAM	18	Co Peterboro	59.80	548	29.30
13.J3	Harry CONSTANTINE	13	Hatfield	1:00.07	540	29.40
14.	Zack CAMPBELL-MAUGHAN	15	West Norfolk	1:00.77	522	29.60
15.	Frederick WOODCOCK	18	Hemel Hemp	1:00.99	516	29.51
16.	Jamie FOWLER	17	Team Luton	1:01.11	513	29.87
17.	Nathan BENTLEY	16	Hatfield	1:01.25	510	29.99
17.	Lee BAKER	19	Harlow Pen	1:01.25	510	29.69
19.	Ryan COMPTON	16	Team Luton	1:01.39	506	30.11
20.	Nathan HUGHES	14	Hatfield	1:01.40	506	30.02
21.	Thomas CLARE	13	teamipswich	1:01.49	504	29.89
22.	Dalton YALLOP	17	UEA Norwich	1:01.73	498	29.89
23.	Daniel MILLS	17	Co Cambridge	1:01.84	495	-
24.	Cameron MCRAE	15	Co Peterboro	1:01.87	494	30.44
25.	James NEWTON	16	Co Peterboro	1:02.02	491	30.19
26.	Ben RANSOME	16	Hertford	1:02.15	488	30.14
27.	Ryan KELLY	15	Chelmsford	1:02.38	482	30.59
28.	Joshua GAINES	16	Hemel Hemp	1:02.45	481	30.56
28.	Jakob GOODMAN	14	St Felix Sch	1:02.45	481	30.28
30.	Ryan SMITH	14	UEA Norwich	1:02.60	477	30.45
31.	Samuel PEDDER	16	Co Cambridge	1:02.62	477	30.62
32.	Daniel HILL	15	Linslade	1:02.76	474	31.31
33.	Ashley TRENT	17	Co Cambridge	1:02.92	470	30.66
34.	Jordan STAFF	17	UEA Norwich	1:02.96	469	30.66
35.	Leone CRICK	16	Leighton Buz	1:03.03	468	30.46
36.	Harry FOX	15	Basildon Ph	1:03.31	461	30.81
37.	Matthew WRIGHT	16	Team Luton	1:03.40	459	31.01
38.	Jack PICKFORD	17	Watford SC	1:03.41	459	30.21
39.	Ben HARRISON	14	Potters Bar	1:03.46	458	31.29
40.	Benjamin WHITBOURN	17	Dereham	1:03.53	457	30.98
41.	Charlie BODEN	13	Chelmsford	1:03.65	454	31.04
42.	Elliot WYLIE	15	Co St Albans	1:03.86	450	31.11
43.	Luke TURLEY	14	Hatfield	1:03.94	448	31.65
44.	Nicholas PERKINS	13	UEA Norwich	1:03.96	447	30.95
45.	Louis SPONG	15	DunmowAtlant	1:04.08	445	31.64
46.	Logan MOORE	15	St Felix Sch	1:04.19	443	30.97
47.	Patrick KEAVENEY	14	Modernians	1:04.20	442	31.28
48.	Aidan ROBINSON	17	Basildon Ph	1:04.29	441	30.55
49.	Lewis SMITH	16	UEA Norwich	1:04.32	440	30.66
50.	Joseph WALSH	19	Royston	1:04.41	438	31.31
51.	Thomas STRAKOSCH	17	Berkhamsted	1:04.92	428	31.96
51.	Oliver KENNY	17	UEA Norwich	1:04.92	428	31.26
53.	James WOODWARD	14	Potters Bar	1:05.73	412	32.22
54.	Matthew CALVER	16	UEA Norwich	1:06.50	398	31.44
55.	Jordan MANN	16	UEA Norwich	1:06.60	396	31.81
56.	Elliot LEGG	17	West Norfolk	1:06.84	392	31.95
57.	Aaron HIRD	15	Team Luton	1:11.84	316	34.20
58.	Jonluke SUMMERFIELD	18	Berkhamsted	1:15.03	277	35.58
	Oliver MALTBY	17	Modernians	DQ S 1L		



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EVENT 303 Womens Open 100m Freestyle

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Jessica JACKSON	17	Hatfield		55.74	766	26.54
2.	Amy GODSAVE	15	Hoddesdon		57.26	706	27.26
3.	Rebecca SHERWIN	14	teamipswich		57.34	704	27.73
4.	Eleanor MITCHELL	14	Bishop Stort		57.62	693	27.98
5.	Mollie ALLEN	16	Co Peterboro		57.98	680	27.72
6.	Lucy OXBROW	14	teamipswich		58.45	664	28.44
7.	Molly OLLINGTON	16	West Suffolk		58.67	657	28.33
8.	Abigail WHITING	15	West Norfolk		58.85	651	28.34
9.	Josephine BLADES	17	St Felix Sch		58.99	646	28.59
10.	Alaina SCIFO	17	teamipswich		59.06	644	28.60
11.	Dolly TRIGG	16	teamipswich		59.22	639	28.66
12.	Jessica-Jane APPLGATE	18	UEA Norwich	14	59.25	638	28.89
13.	Keely EMPSON	18	West Norfolk		59.31	636	28.25
13.	Cara HETHERINGTON	15	teamipswich		59.31	636	28.68
15.	Lana MO	15	West Suffolk		59.33	635	28.87
16.	Leyla M.RIZATEPE	14	Hatfield		59.58	627	28.96
17.	Ellie FOGG	16	Hatfield		59.67	624	28.63
18.	Bethany SAUNDERS	15	Co Peterboro		59.77	621	28.77
19.	Emily-Rose JELFS	15	Hemel Hemp		59.82	620	28.64
20.	Amy YOUNG	15	Bishop Stort	1:00.03		613	29.17
21.	Siobhan CASEY	20	West Norfolk	1:00.07		612	28.97
22.	Lauren SIMPKINS	16	Putteridge	1:00.19		608	28.74
23.	Lois MOORE	19	Hemel Hemp	1:00.20		608	28.76
24.	Rachel WELLINGS	14	Co Peterboro	1:00.21		608	28.92
25.	Mia MASPERS	12	teamipswich	1:00.27		606	29.69
26.	Abigail GREEN	14	Watford SC	1:00.45		600	28.78
27.	Flora SHAUL	17	UEA Norwich	1:00.53		598	29.25
28.	Elise SORRELL	16	West Norfolk	1:00.65		594	29.24
28.	Amy HARRIS	17	Team Luton	1:00.65		594	29.15
30.	Elizabeth PERKINS	22	Co Cambridge	1:00.68		594	29.25
31.	Rianna SMITH	16	Basildon Ph	1:00.72		592	29.62
32.	Georgina LAWSON	17	Co St Albans	1:00.79		590	29.59
33.	Aimee ABREY	16	Hemel Hemp	1:00.81		590	29.33
34.	Rebecca BURTON	15	Modernians	1:00.85		589	29.29
34.	Harriet HANSON	15	Hatfield	1:00.85		589	29.27
36.	Katie CONYERS	14	Potters Bar	1:00.90		587	29.16
37.	Bethany PALMER	16	UEA Norwich	1:01.10		581	29.78
38.	Emma LEES	16	West Suffolk	1:01.11		581	29.36
39.	Hannah BRIGHAM	17	Co Peterboro	1:01.17		579	29.28
40.	Christie WOODS	14	Co Peterboro	1:01.18		579	29.66
41.	Georgina PRYOR	16	Hoddesdon	1:01.26		577	29.14
42.	Kate MCQUAID	16	Hatfield	1:01.27		577	29.39
43.	Cathryn THOMSON	24	St Ives	1:01.35		574	29.34
43.	Sian LOCKETT	19	Hatfield	1:01.35		574	28.71
45.	Rebecca SCOTT	16	Hitchin	1:01.39		573	29.51
46.	Amelia PEDDLE	14	Epping For't	1:01.42		572	29.29
47.	Meghan MAYBANKS	13	DunmowAtlant	1:01.49		570	28.67
48.	Shannon STOTT	14	Co St Albans	1:01.53		569	30.04
49.	Molly FRANCIS	13	Hatfield	1:01.57		568	29.98
50.	Alice SHERWIN	17	teamipswich	1:01.58		568	30.43
51.	Courtney SANDERS	17	Chelmsford	1:01.60		567	29.05
52.	Jessica PAYNE	16	Leighton Buz	1:01.66		566	29.56
53.	Emily BIGGS	15	Co Cambridge	1:01.70		565	29.56
54.	Georgia MILLS	18	Basildon Ph	1:01.71		564	29.78
55.	Lauren BURTON	16	Dereham	1:01.75		563	29.93
56.	Robyn BRETT	16	Watford SC	1:01.81		562	29.96
57.	Isabelle FRYMANN	14	UEA Norwich	1:01.84		561	29.45
58.	Millie EMMANS	15	Co Cambridge	1:01.86		560	30.22
59.	Hanna JASZKIEWICZ	14	Co Peterboro	1:01.88		560	30.26
60.	Anna BLAKELEY	12	Co Peterboro	1:01.89		559	29.17
61.	Aiyana LAWSON	13	Modernians	1:02.14		553	29.82
62.	Carly BAYS	15	Hoddesdon	1:02.24		550	30.26
62.	Yael RONEN	15	Norwich Swan	1:02.24		550	30.23
64.	Lauren BAKER	19	Hatfield	1:02.25		550	30.10
65.	Lauren HALL	15	Co Cambridge	1:02.27		549	29.77
66.	Heather GEERS	15	Co St Albans	1:02.39		546	30.31
67.	Annalise WRIGHT	14	Linslade	1:02.47		544	30.32
68.	Jessica MANSFIELD	13	Huntingdon	1:02.55		542	29.62
69.	Emma YULE	15	Dunstable	1:02.62		540	29.64
70.	Susanna FRASER	14	Co Cambridge	1:02.63		540	30.17
71.	Katie SHOEBERT	15	Modernians	1:02.69		538	30.01
72.	Hannah GILLESPIE	16	Epping For't	1:02.77		536	30.60
73.	Alexandra WISEMAN	20	Co Cambridge	1:02.80		535	29.76
74.	Katie NESBITT	16	UEA Norwich	1:02.83	14	535	30.49
75.	Megan MANN	16	Norwich Swan	1:02.84		534	30.38
76.	Amber SHINE	14	Hatfield	1:02.96		531	30.63
77.	Honey HARVEY	13	UEA Norwich	1:03.05		529	30.56
78.	Victoria ABBOTT	18	Flitwick	1:03.06		529	30.33
79.	Leanne CAREY	15	Watford SC	1:03.14		527	29.98
80.	Rebecca MILLER	15	teamipswich	1:03.16		526	30.29
81.	Ashley RANSOME	19	Hertford	1:03.22		525	30.54
82.	Jana SPINNER	14	UEA Norwich	1:03.33		522	30.14



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83.	Megan COOK	14	Bishop Stort	1:03.35	522	30.59
84.	Victoria SANDERSON	14	Linslade	1:03.50	518	30.41
85.	Angel DUNDERDALE	13	UEA Norwich	1:03.57	516	30.43
86.	Cloudy MAJTENYI HILL	16	UEA Norwich	1:03.79	511	30.75
87.	Chloe LENCE	13	Modernians	1:04.09	504	30.69
88.	Aisling RUFF	16	Co Peterboro	1:04.14	503	30.91
89.	Chantal SMITH	14	Team Luton	1:04.22	501	30.93
90.	Sophie BURNS	14	Watford SC	1:04.23	500	30.97
91.	Samantha AUKER	19	Co Cambridge	1:04.43	496	30.12
92.	Millie DONOVAN	16	Cheshunt	1:05.19	479	31.59
93.	Rosie MUSGROVE	16	DunmowAtlant	1:05.80	465	31.69
94.	Megan MANN	14	UEA Norwich	1:05.98	462	31.91
95.	Annabel LEE	14	teamipswich	1:06.20	457	31.55
96.	Emma CATTLE	26	Team Luton	1:09.20	400	33.55
97.	Gemma BENNETT	27	Dunmow Mast	1:11.20	367	34.48
98.	Emily HARRIS	17	Lstof & OB	9 1:18.39	275	37.87
	Beth CURRANT	17	Team Luton	DNC		

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Jessica-Jane APPLGATE	18	UEA Norwich	14	59.25	1170	28.89
2.	Katie NESBITT	16	UEA Norwich	14	1:02.83	981	30.49
3.	Emma CATTLE	26	Team Luton	10	1:09.20	735	33.55
4.	Gemma BENNETT	27	Dunmow Mast	14	1:11.20	674	34.48
5.	Emily HARRIS	17	Lstof & OB	9	1:18.39	494	37.87



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EVENT 304 Mens Open 200m Freestyle

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Joshua DUGGAN	18	Hatfield		1:51.83	701	26.37	55.40	1:23.63
2.	Timothy SHUTTLEWORTH	17	Hatfield		1:51.85	701	25.50	53.56	1:22.77
3.	Martyn WALTON	17	Hatfield		1:52.19	694	26.20	55.07	1:24.33
4.	Regan LLOYD	17	teamipswich		1:52.25	693	26.31	54.94	1:23.80
5.	David KELLEWAY	21	Hoddesdon		1:52.60	687	26.18	54.42	1:23.45
6.	Jake TYSON	17	teamipswich		1:52.95	680	26.72	55.88	1:25.23
7.	Daniel LEIGH	15	Co Peterboro		1:54.66	650	26.52	55.84	1:25.11
8.	Stuart CLARKE	30	Bishop Stort		1:54.96	645	26.74	55.65	1:24.91
9.	Nathan BENTLEY	16	Hatfield		1:55.23	641	27.77	56.44	1:26.12
10.	George EPSLY	16	Basildon Ph		1:55.36	639	27.36	56.85	1:26.34
11.	J2 Nathan HUGHES	14	Hatfield		1:56.11	626	27.09	56.69	1:26.59
12.	Nathan WELLS	16	West Norfolk		1:56.57	619	26.91	56.40	1:26.55
13.	Jake LLOYD	19	Bishop Stort		1:56.76	616	26.92	56.53	1:26.63
14.	Lee BAKER	19	Harlow Pen		1:58.80	615	26.02	55.47	1:26.51
15.	J3 Tony-Joe TRETT OLIVER	15	teamipswich		1:57.05	611	27.41	56.94	1:27.19
16.	Daniel POWELL	17	Co Peterboro		1:57.07	611	26.74	56.08	1:26.70
17.	Luke TURLEY	14	Hatfield		1:57.12	610	27.23	56.94	1:27.66
18.	Harry ROBINSON	16	Co Cambridge		1:57.50	604	27.27	56.88	1:26.51
19.	Benjamin PURCELL	17	Hatfield		1:57.88	599	27.77	57.66	1:28.07
20.	Matthew WRIGHT	16	Team Luton		1:58.06	596	27.31	57.47	1:28.36
21.	Jamie SCHOLLES	14	Co Peterboro		1:58.11	595	27.38	57.18	1:27.89
22.	James DAY	17	Basildon Ph		1:58.62	587	28.00	58.23	1:28.32
23.	Alexander PROFFITT	16	West Suffolk		1:58.89	583	26.89	56.81	1:27.93
24.	Sam GAMBLE	15	Hitchin		1:59.15	580	27.04	57.12	1:28.08
25.	Kyle PANTON	19	Harlow Pen		1:59.52	574	27.42	57.68	1:28.67
26.	Alex EVENS	15	Hitchin		1:59.54	574	27.17	57.40	1:28.35
27.	Daniel MILLS	17	Co Cambridge		1:59.73	571	27.22	57.16	1:28.42
28.	Bradley VEITCH	15	Harlow Pen		2:00.39	562	27.73	58.11	1:29.22
29.	Ethan LAMB	18	Hatfield		2:00.60	559	27.60	58.12	1:29.56
30.	William HATTON	16	UEA Norwich		2:01.02	553	27.33	57.90	1:29.42
31.	Dominic SCIFO	14	teamipswich		2:01.10	552	27.87	58.99	1:30.45
32.	Jack PICKERING	16	teamipswich		2:01.18	551	28.19	58.96	1:30.46
33.	Logan MOORE	15	St Felix Sch		2:01.20	551	27.94	58.19	1:30.00
34.	Carl HALFORD	21	Flitwick		2:01.29	549	27.97	58.24	1:29.65
35.	Dalton YALLOP	17	UEA Norwich		2:01.53	546	27.77	58.44	1:29.98
36.	Benjamin GARRATT	14	Hatfield		2:01.85	542	28.14	59.32	1:30.79
37.	Jakob GOODMAN	14	St Felix Sch		2:02.30	536	28.94	1:00.55	1:31.92
38.	Mason ARNOLD	17	Harlow Pen		2:02.53	533	28.10	58.93	1:30.77
39.	Hugo JOHNSON	16	Bo Southend		2:02.65	531	27.65	58.61	1:30.65
40.	Kieran RAPHY	17	Bishop Stort		2:02.69	531	28.42	59.32	1:31.30
41.	Samuel COTTEE	14	teamipswich		2:02.72	530	28.42	1:00.29	1:31.60
42.	Jordan NORTHWOOD	15	Berkhamsted		2:02.74	530	59.11	1:31.36	-
43.	Alex MASON	18	Team Luton		2:02.82	529	28.25	59.92	1:31.50
44.	Benjamin WHITBOURN	17	Dereham		2:02.88	528	27.63	57.94	1:30.42
45.	Archie HOLMAN	16	West Norfolk		2:03.05	526	28.75	59.77	1:31.65
46.	James WOODWARD	14	Potters Bar		2:03.28	523	28.46	1:00.23	1:32.96
47.	Jake THOMAS-MANSFIELD	14	Co Cambridge		2:03.63	519	28.60	1:00.15	1:31.84
48.	Luke SUGDEN	15	Hatfield		2:03.76	517	28.76	1:00.48	1:32.79
49.	Zack CAMPBELL-MAUGHAN	15	West Norfolk		2:03.94	515	28.17	1:00.16	1:32.47
50.	Thomas WIGGINS	15	Co Peterboro		2:04.03	514	1:00.44	1:32.12	2:04.14
51.	Jamie FOWLER	17	Team Luton		2:04.08	513	27.99	1:00.13	1:33.31
52.	David SHIPMAN	14	Potters Bar		2:04.20	512	28.56	1:00.65	1:33.40
53.	Ben HARRISON	14	Potters Bar		2:04.40	509	28.70	1:01.10	1:33.40
54.	Ben RANSOME	16	Hertford		2:04.55	507	28.46	1:00.09	1:32.89
55.	Matthew ADDIS	16	West Norfolk		2:04.61	507	29.26	1:00.63	1:32.75
56.	Morgan READ	15	Dereham		2:04.63	506	28.12	1:00.14	1:33.28
57.	Jack WEARS	15	Leighton Buz		2:04.68	506	29.06	1:01.70	1:35.03
58.	Daniel SCHINDLER	15	Co St Albans		2:04.83	504	1:00.73	1:33.12	-
59.	Ryan SYKES	18	West Norfolk		2:04.89	503	28.56	1:00.71	1:32.97
60.	Keenan STOKES	16	UEA Norwich		2:04.93	503	1:01.04	1:33.80	2:05.04
61.	Thomas HOVEN	15	UEA Norwich		2:05.25	499	1:01.22	1:34.10	2:05.31
62.	Harry CONSTANTINE	13	Hatfield		2:05.49	496	28.25	1:00.97	1:34.01
63.	Myles TURNER	14	West Suffolk		2:05.76	493	1:00.84	1:33.61	2:05.29
64.	Alex GARNER	21	Co Cambridge		2:06.15	488	28.29	1:00.32	1:33.32
65.	Ashley TRENT	17	Co Cambridge		2:06.50	484	28.19	1:00.04	1:33.50
66.	Harry FOX	15	Basildon Ph		2:06.99	479	29.70	1:01.98	1:34.63
67.	Jonathan JAMES	16	Dereham		2:07.14	477	28.29	1:00.24	1:33.75
68.	James CAMERON	16	Co St Albans		2:07.86	469	28.25	1:00.08	1:33.37
69.	Robert BRUNTON	16	Co Cambridge		2:10.87	437	29.44	1:02.49	1:36.68
70.	Jaxon SIMMONS	14	Co Peterboro	13	2:18.25	371	1:07.16	1:42.94	2:18.05
	Matthew SHERRIFF	17	Hemel Hemp		DNC				
	Jonluke SUMMERFIELD	18	Berkhamsted		DNC				

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Jaxon SIMMONS	14	Co Peterboro	13	2:18.25	653	1:07.16	1:42.94	2:18.05



ASA East Region 2014 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

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EVENT 305 Womens Open 50m Butterfly

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt
1.	Georgina PRYOR	16	Hoddesdon		27.42	702
2.	Jessica JACKSON	17	Hatfield		28.33	637
3.	Josephine BLADES	17	St Felix Sch		29.01	593
4.	Amy GODSAVE	15	Hoddesdon		29.09	588
5.	Zoe CRAY	40	teamipswich		29.14	585
6.	Emily DOWDING	16	teamipswich		29.45	567
7.	Hayley ALCOCK	18	Modernians		29.57	560
8.	Bethany MOTTRAM	15	West Suffolk		29.85	544
9.	Taylor GOODBY	16	Co Peterboro		29.90	542
10.	Michelle MITCHELL	17	Hatfield		29.92	541
11J3	Rebecca BURTON	15	Modernians		30.01	536
12.	Amy YOUNG	15	Bishop Stort		30.13	529
13.	Molly OLLINGTON	16	West Suffolk		30.16	528
14.	Siobhan CASEY	20	West Norfolk		30.18	527
15.	Harriet HANSON	15	Hatfield		30.44	513
15.	Phoebe LOVE	17	Potters Bar		30.44	513
17.	Abigail GEE	17	Team Luton		30.55	508
18.	Georgia MILLS	18	Basildon Ph		30.56	507
18.	Jessica-Jane APPLGATE	18	UEA Norwich	14	30.56	507
20.	Ellie FOGG	16	Hatfield		30.80	495
21.	Cara HETHERINGTON	15	teamipswich		30.91	490
22.	Shannon STOTT	14	Co St Albans		31.04	484
23.	Rianna SMITH	16	Basildon Ph		31.49	464
24.	Yasmin BRAND	16	Watford SC		31.65	457
25.	Katie NESBITT	16	UEA Norwich	14	32.85	408
26.	Emma CATTLE	26	Team Luton	10	35.86	314

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Jessica-Jane APPLGATE	18	UEA Norwich	14	30.56	1084
2.	Katie NESBITT	16	UEA Norwich	14	32.85	873
3.	Emma CATTLE	26	Team Luton	10	35.86	720



ASA East Region 2014 Winter Championships (25m)

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EVENT 306 Mens Open 50m Butterfly

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt
1.	Isaac KIRBY	16	UEA Norwich		25.61	616
2.	Oliver MALTBY	17	Modernians		25.74	607
3.	Danny PROFFITT	20	West Suffolk		25.85	599
4.	Sonny TRIGG	18	teamipswich		26.03	587
5.	Luke HAZLEHURST	17	Hatfield		26.04	586
6.	Conor HARROLD	21	Basildon Ph		26.14	580
7.	William KEARSEY	17	Hatfield		26.16	578
8.	Jamie MCLAUGHLIN	17	Harlow Pen		26.24	573
8.	Angelos KOUSOUNIS	18	UEA Norwich		26.24	573
10.	Harry PARKER	16	Hatfield		26.29	570
11.	Peter WEBSTER	16	Modernians		26.40	563
12.	Liam BARNETT	27	Co Cambridge		26.41	562
13.	David KELLEWAY	21	Hoddesdon		26.42	561
14.	Justin LANGFORD	24	Hemel Hemp		26.54	554
15J1	Oliver PERRY	15	Bishop Stort		26.56	552
16.	Frederick WOODCOCK	18	Hemel Hemp		26.88	533
17.	Jake LLOYD	19	Bishop Stort		26.91	531
18.	Harry WEARS	17	Leighton Buz		26.96	528
19.	Modestas MÖCKEVICIUS	17	Bo Southend		27.12	519
20.	Oliver COOK	18	St Ives		27.14	518
21.	Mark LEAMON	27	Co Cambridge		27.20	514
22.	Jordan BATSON	18	Putteridge		27.21	514
23.	Thomas MCLAGAN	18	Chelmsford		27.35	506
24.	Hugo JOHNSON	16	Bo Southend		27.36	505
25.	Mason ARNOLD	17	Harlow Pen		27.64	490
26.	Harry ROBINSON	16	Co Cambridge		27.65	490
27.	Aidan ROBINSON	17	Basildon Ph		27.90	477
28.	Stuart CLARKE	30	Bishop Stort		29.47	404
29J2	Aaron HIRD	15	Team Luton		29.57	400
30J3	Jaxon SIMMONS	14	Co Peterboro	13	34.27	257

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Jaxon SIMMONS	14	Co Peterboro	13	34.27	467



ASA East Region 2014 Winter Championships (25m)

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EVENT 307 Womens Open 200m Backstroke

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Rebecca SHERWIN	14	teamipswich		2:14.97	703	30.94	1:04.75	1:39.85
2.	Rachel WELLINGS	14	Co Peterboro		2:16.37	681	31.68	1:06.29	1:41.35
3.	Eleanor MITCHELL	14	Bishop Stort		2:18.14	656	32.35	1:07.60	1:42.66
4.	Keely EMPSON	18	West Norfolk		2:18.47	651	31.96	1:06.36	1:42.61
5.	Alaina SCIFO	17	teamipswich		2:19.19	641	32.65	1:07.55	1:44.02
6.	Bethany SAUNDERS	15	Co Peterboro		2:19.36	638	32.09	1:07.31	1:43.58
7.	Dolly TRIGG	16	teamipswich		2:20.20	627	32.99	1:08.72	1:44.65
8.	Philippa SHUTTLEWORTH	17	Hatfield		2:21.50	610	33.96	1:09.59	1:45.61
9.	Taylor GOODBY	16	Co Peterboro		2:21.84	606	33.19	1:09.40	1:45.85
10.	Lauren HALL	15	Co Cambridge		2:21.85	605	33.16	1:09.20	1:45.98
11.	Mollie ALLEN	16	Co Peterboro		2:21.91	605	32.83	1:08.96	1:46.22
12.	Maddison SAUNDERS	13	Co Peterboro		2:22.34	599	32.98	1:09.02	1:46.14
13.	Danielle RAYNER	18	St Ives		2:22.35	599	32.94	1:09.07	1:46.57
14.	Alice SHERWIN	17	teamipswich		2:23.58	584	34.26	1:11.09	1:47.32
15.	Hannah BROWN	15	Wisbech		2:24.35	574	33.53	1:09.05	1:46.65
16.	Chloe GALINDEZ	13	UEA Norwich		2:24.45	573	34.24	1:11.08	1:47.91
17.	Amelia PEDDLE	14	Epping For't		2:24.46	573	33.68	1:10.81	1:48.83
18.	Hanna JASZKIEWICZ	14	Co Peterboro		2:24.91	568	33.03	1:08.87	1:47.10
19.	Catherine BROWN	14	Norwich Swan		2:25.28	563	34.22	1:11.21	1:49.07
20.	Isabelle FRYMANN	14	UEA Norwich		2:25.73	558	34.04	1:10.93	1:48.47
21.	Olivia PAWSON	15	Cheshunt		2:25.78	558	34.58	1:11.48	1:49.36
22.	Charlotte FILLMORE	16	Watford SC		2:25.95	556	33.85	1:10.08	1:47.68
23.	Yael RONEN	15	Norwich Swan		2:26.60	548	33.00	1:09.66	1:47.83
24.	Megan PYE	12	UEA Norwich		2:26.70	547	34.25	1:12.08	1:50.60
25.	Bethany PALMER	16	UEA Norwich		2:26.85	546	34.29	1:10.75	1:48.12
26.	Chloe HAZELL	16	UEA Norwich		2:26.94	545	34.61	1:12.08	1:49.77
27.	Darcey GARDINER	15	Chelmsford		2:27.60	537	34.06	1:11.69	1:50.06
28.	Aimee ABREY	16	Hemel Hemp		2:27.68	536	33.90	1:10.86	1:49.44
29.	Aisling RUFF	16	Co Peterboro		2:27.75	536	35.17	1:12.07	1:49.85
30.	Amber HUGHES	15	Hatfield		2:28.13	532	35.56	1:14.18	1:51.58
31.	Eleanor KING	14	Dunstable		2:28.49	528	34.16	1:12.31	1:51.66
32.	Hannah GILLESPIE	16	Epping For't		2:28.54	527	35.44	1:12.45	1:50.27
33.	Susanna FRASER	14	Co Cambridge		2:28.66	526	35.26	1:12.82	1:50.32
34.	Amelia MONAGHAN	12	Co Peterboro		2:28.84	524	35.38	1:13.54	1:52.02
35.	Annabel LEE	14	teamipswich		2:28.85	524	35.97	1:14.70	1:52.59
36.	Nathalie REUSS	13	Co Peterboro		2:29.08	521	34.84	1:12.37	1:51.00
37.	Chloe LONG	15	Stowmarket		2:29.27	519	35.22	1:12.73	1:51.16
38.	Isabel HOLMES	15	Dereham		2:29.30	519	35.00	1:13.52	1:51.89
39.	Zara PREVIOUS-WHITE	14	Bishop Stort		2:29.35	519	33.73	1:11.16	1:50.18
40.	Laura COPPING	14	Hatfield		2:29.70	515	36.69	1:15.85	1:53.99
41.	Honey HARVEY	13	UEA Norwich		2:29.79	514	35.66	1:13.67	1:52.16
42.	Claire ROBINSON	16	West Suffolk		2:30.30	509	34.52	1:12.25	1:51.61
43.	Cloudy MAJTENYI HILL	16	UEA Norwich		2:30.95	502	35.98	1:13.74	1:52.32
44.	Olivia STANDISH-LEIGH	16	Co Peterboro		2:31.49	497	35.37	1:13.57	1:52.73
45.	Meghan MAYBANKS	13	DunmowAtlant		2:32.34	489	36.04	1:15.81	1:55.44
46.	Tania DE MALGLAIVE	17	Harpenden		2:32.87	484	35.31	1:13.45	1:53.66
47.	Emma LEES	15	Co St Albans		2:33.33	479	35.03	1:13.01	1:52.80
48.	Gemma TROTT	15	Modernians		2:33.57	477	34.55	1:13.95	1:54.06
49.	Katie CROWTHER	14	Co Peterboro		2:34.58	468	36.45	1:15.49	1:55.39
50.	Aiyana LAWSON	13	Modernians		2:35.05	463	35.62	1:14.53	1:55.53
51.	Katie LINES	13	Lstof & OB		2:35.34	461	35.92	1:14.87	1:55.39
52.	Peyton EWBANK	14	Norwich Swan		2:35.54	459	36.59	1:16.30	1:56.26
53.	Hannah BRIGHAM	17	Co Peterboro		2:36.24	453	36.43	1:15.84	1:55.96
54.	Katie SHOEBERT	15	Modernians		2:36.62	450	35.66	1:15.40	1:55.73
55.	Emma CATTLE	26	Team Luton	10	2:46.98	371	39.57	1:21.44	2:04.20
	Emily MCRAE	17	Co Peterboro		DNC				
	Abigail WHITING	15	West Norfolk		DQ T 4L				

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Emma CATTLE	26	Team Luton	10	2:46.98	768	39.57	1:21.44	2:04.20



ASA East Region
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EVENT 308 Mens Open 800m Freestyle Team

Full Results

Place	Name	Club	Time	FINA Pt		
1.	Hatfield A	Hatfield	7:33.72	732		
		Joshua DUGGAN		1.54.12	26.73	29.02
					29.46	28.91
		Timothy SHUTTLEWORTH		1.52.65	25.50	28.40
					29.15	29.60
		Luke HAZLEHURST		1.54.32	26.03	29.14
					29.69	29.46
		Martyn WALTON		1.52.63	25.36	28.33
					29.27	29.67
2.	Hatfield B	Hatfield	7:44.00	685		
		William KEARSEY		1.54.52	26.62	29.30
					29.52	29.08
		Nathan HUGHES		1.56.37	26.28	29.40
					30.29	30.40
		Nathan BENTLEY		1.55.49	26.57	29.09
					30.20	29.63
		Luke TURLEY		1.57.62	27.24	30.29
					30.87	29.22
3.	City Of Peterborough A	Co Peterboro	7:45.19	679		
		Daniel LEIGH		1.56.24	26.92	29.38
					30.14	29.80
		Daniel POWELL		1.56.00	25.85	29.25
					30.57	30.33
		Daniel BROWN		1.56.20	25.86	29.39
					30.45	30.50
		Matthew BRIGHAM		1.56.75	26.25	29.60
					30.57	30.33
4.	Basildon and Phoenix	Basildon Ph	7:55.51	636		
		Conor HARROLD		1.55.76	26.65	29.48
					30.05	29.58
		Harry FOX		2.02.13	27.77	30.66
					31.99	31.71
		James DAY		2.00.40	27.65	30.28
					31.08	31.39
		George EPSLY		1.57.22	26.88	29.57
					30.59	30.18
5.	City Of Peterborough B	Co Peterboro	8:04.00	603		
		Jamie SCHOLLES		1.59.54	27.42	30.10
					30.98	31.04
		James NEWTON		2.01.58	27.69	30.94
					31.65	31.30
		Thomas WIGGINS		2.03.05	27.68	31.62
					31.89	31.86
		Joshua GRAVES		1.59.83	27.27	30.15
					30.83	31.58
6.	Hatfield C	Hatfield	8:06.86	593		
		Harry PARKER		2.02.44	27.50	30.13
					31.61	33.20
		Benjamin PURCELL		1.57.64	27.51	29.86
					30.30	29.97
		Ethan LAMB		2.01.76	28.45	31.90
					31.97	29.44
		Luke SUGDEN		2.05.02	28.46	31.63
					32.80	32.13
7.	West Norfolk	West Norfolk	8:12.34	573		
		Nathan WELLS		1.56.02	26.92	29.63
					30.06	29.41
		Zack CAMPBELL-MAUGHAN		2.05.22	27.43	31.42
					33.17	33.20
		Matthew ADDIS		2.07.18	29.17	31.92
					33.38	32.71
		Ryan SYKES		2.03.92	27.92	31.28
					32.52	32.20