



**ASA East Region**  
**2014 Winter Championships (25m)**  
 (Under ASA Laws & ASA Technical Rules)  
**Inspire: Luton Sports Village, Luton**  
**Friday 5<sup>th</sup> to Sunday 7<sup>th</sup> December 2014**



**Results Session Two**

**EVENT 201 Womens Open 400m Freestyle**

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt				
1	J1 Katherine BROWN	15	Co Peterboro		4:18.00	754				
	50m 29.44	100m 1:01.84	150m 1:34.30		200m 2:07.03	250m 2:39.74	300m 3:12.62	350m 3:45.47	400m 4:18.00	
2.	Dolly TRIGG	16	teamipswich		4:22.85	713				
	50m 29.34	100m 1:01.74	150m 1:35.53		200m 2:09.46	250m 2:42.81	300m 3:16.38	350m 3:49.76	400m 4:22.85	
3	J2 Rebecca SHERWIN	14	teamipswich		4:24.89	696				
	50m 29.02	100m 1:01.66	150m 1:35.31		200m 2:08.97	250m 2:43.49	300m 3:17.14	350m 3:51.03	400m 4:24.89	
4.	Philippa SHUTTLEWORTH	17	Hatfield		4:28.10	672				
	50m 29.83	100m 1:02.31	150m 1:35.67		200m 2:09.41	250m 2:43.58	300m 3:18.69	350m 3:53.88	400m 4:28.10	
5	J3 Isabelle FRYMANN	14	UEA Norwich		4:30.07	657				
	50m 30.44	100m 1:03.68	150m 1:37.91		200m 2:12.26	250m 2:46.69	300m 3:21.36	350m 3:55.98	400m 4:30.07	
6.	Bethany SAUNDERS	15	Co Peterboro		4:30.14	657				
	50m 30.09	100m 1:03.43	150m 1:37.32		200m 2:11.62	250m 2:45.97	300m 3:20.89	350m 3:56.10	400m 4:30.14	
7.	Nicola PASQUIRE	16	Modernians		4:32.21	642				
	50m 30.00	100m 1:03.50	150m 1:38.45		200m 2:13.35	250m 2:48.45	300m 3:22.89	350m 3:58.10	400m 4:32.21	
8.	Hannah BRIGHAM	17	Co Peterboro		4:32.36	641				
	50m 30.38	100m 1:03.68	150m 1:37.75		200m 2:12.74	250m 2:47.64	300m 3:22.25	350m 3:57.52	400m 4:32.36	
9.	Leah ROUGHAN	15	Co Peterboro		4:33.40	633				
	50m 30.60	100m 1:03.82	150m 1:37.96		200m 2:12.38	250m 2:47.37	300m 3:22.93	350m 3:58.66	400m 4:33.40	
10.	Millie EMMANS	15	Co Cambridge		4:33.72	631				
	50m 30.89	100m 1:04.54	150m 1:38.95		200m 2:13.81	250m 2:49.35	300m 3:24.79	350m 3:59.97	400m 4:33.72	
11.	Christie WOODS	14	Co Peterboro		4:34.03	629				
	50m 30.62	100m 1:04.21	150m 1:39.01		200m 2:14.32	250m 2:49.75	300m 3:24.84	350m 3:59.93	400m 4:34.03	
12.	Maddison SAUNDERS	13	Co Peterboro		4:34.38	627				
	50m 30.86	100m 1:04.64	150m 1:39.79		200m 2:14.94	250m 2:50.36	300m 3:25.81	350m 4:00.80	400m 4:34.38	
13.	Jennifer BEEVOR	17	St Felix Sch		4:35.68	618				
	50m 31.23	100m 1:04.96	150m 1:39.44		200m 2:14.30	250m 2:49.63	300m 3:24.90	350m 4:00.41	400m 4:35.68	
14.	Abigail WHITING	15	West Norfolk		4:36.26	614				
	50m 30.90	100m 1:04.87	150m 1:40.00		200m 2:15.17	250m 2:49.86	300m 3:25.60	350m 4:01.34	400m 4:36.26	
15.	Jessica WESTLAKE	15	St Felix Sch		4:37.63	605				
	50m 30.69	100m 1:04.67	150m 1:39.40		200m 2:14.93	250m 2:50.37	300m 3:26.09	350m 4:01.64	400m 4:37.63	
16.	Amelia PEDDLE	14	Epping For't		4:38.27	601				
	50m 30.44	100m 1:04.78	150m 1:40.17		200m 2:15.91	250m 2:52.00	300m 3:27.83	350m 4:04.00	400m 4:38.27	
17.	Natalie WOOD	17	Chelmsford		4:38.72	598				
	50m 32.18	100m 1:07.20	150m 1:42.27		200m 2:17.77	250m 2:53.02	300m 3:28.57	350m 4:03.78	400m 4:38.72	
18.	Bethany PALMER	16	UEA Norwich		4:38.89	597				
	50m 31.19	100m 1:05.34	150m 1:40.31		200m 2:15.76	250m 2:51.47	300m 3:27.35	350m 4:03.70	400m 4:38.89	
19.	Chantal SMITH	14	Team Luton		4:38.90	597				
	50m 31.27	100m 1:06.04	150m 1:41.63		200m 2:17.61	250m 2:53.30	300m 3:29.60	350m 4:04.97	400m 4:38.90	
20.	Amber HUGHES	15	Hatfield		4:39.14	595				
	50m 31.46	100m 1:05.67	150m 1:40.85		200m 2:16.37	250m 2:51.89	300m 3:27.91	350m 4:04.04	400m 4:39.14	
21.	Aisling RUFF	16	Co Peterboro		4:39.79	591				
	50m 31.61	100m 1:06.20	150m 1:41.58		200m 2:17.30	250m 2:53.28	300m 3:29.11	350m 4:04.71	400m 4:39.79	
22.	Madeleine CHAMBERS	14	St Felix Sch		4:40.02	589				
	50m 32.06	100m 1:08.22	150m 1:44.24		200m 2:19.85	250m 2:55.44	300m 3:30.90	350m 4:06.52	400m 4:40.02	
23.	Amber SHINE	14	Hatfield		4:40.03	589				
	50m 31.67	100m 1:06.63	150m 1:42.72		200m 2:18.80	250m 2:54.91	300m 3:31.17	350m 4:06.95	400m 4:40.03	
24.	Cloudy MAJTENYI HILL	16	UEA Norwich		4:40.13	589				
	50m 31.78	100m 1:06.83	150m 1:42.69		200m 2:18.80	250m 2:54.32	300m 3:29.98	350m 4:05.92	400m 4:40.13	
25.	Aiyana LAWSON	13	Modernians		4:40.27	588				
	50m 30.77	100m 1:05.28	150m 1:40.70		200m 2:17.09	250m 2:53.86	300m 3:30.58	350m 4:06.86	400m 4:40.27	
26.	Tilly ANEMA	12	Norwich Swan		4:40.28	588				
	50m 31.88	100m 1:07.22	150m 1:43.30		200m 2:19.74	250m 2:55.36	300m 3:31.25	350m 4:06.78	400m 4:40.28	
27.	Chloe LENCE	13	Modernians		4:41.12	583				
	50m 31.25	100m 1:06.20	150m 1:41.74		200m 2:17.54	250m 3:29.97	300m -	350m 4:06.49	400m 4:41.12	
28.	Lauren GRICE	15	Leighton Buz		4:43.57	568				
	50m 30.63	100m 1:04.83	150m 1:40.48		200m 2:17.08	250m 2:53.82	300m 3:30.57	350m 4:07.64	400m 4:43.57	
29.	Lauren HALL	15	Co Cambridge		4:43.72	567				
	50m 30.66	100m 1:05.43	150m 1:41.22		200m 2:17.28	250m 2:53.56	300m 3:30.12	350m 4:06.92	400m 4:43.72	
30.	Hannah GILLESPIE	16	Epping For't		4:44.35	563				
	50m 32.06	100m 1:07.18	150m 1:43.21		200m 2:19.43	250m 2:55.68	300m 3:32.02	350m 4:08.50	400m 4:44.35	
31.	Gemma TROTT	15	Modernians		4:45.56	556				
	50m 31.01	100m 1:05.82	150m 1:42.40		200m 2:19.25	250m 2:56.49	300m 3:33.31	350m 4:10.00	400m 4:45.56	
32.	Sophie BURNS	14	Watford SC		4:45.75	555				
	50m 32.05	100m 1:08.01	150m 1:44.39		200m 2:20.71	250m 2:57.61	300m 3:33.94	350m 4:10.79	400m 4:45.75	
33.	Laura COPPING	14	Hatfield		4:46.16	552				
	50m 32.57	100m 1:08.57	150m 1:44.98		200m 2:21.40	250m 2:57.66	300m 3:34.49	350m 4:10.28	400m 4:46.16	
34.	Elise SORRELL	16	West Norfolk		4:46.85	548				
	50m 1:16.51	100m 1:41.49	150m 2:17.81		200m 2:54.80	250m -	300m 3:32.16	350m 4:09.74	400m 4:46.85	
35.	Emma LEES	16	West Suffolk		4:46.87	548				
	50m 30.64	100m 1:05.83	150m 1:42.51		200m 2:19.02	250m 2:56.00	300m 3:33.69	350m 4:10.95	400m 4:46.87	
36.	Victoria ABBOTT	18	Flitwick		4:47.58	544				
	50m 31.12	100m 1:05.78	150m 1:42.07		200m 2:18.72	250m 2:55.23	300m 3:32.82	350m 4:10.42	400m 4:47.58	
37.	Poppy LEECH	14	Co Peterboro		4:48.06	541				
	50m 31.34	100m -	150m -		200m -	250m -	300m -	350m -	400m 4:48.06	
38.	Katie CROWTHER	14	Co Peterboro		4:48.50	539				
	50m 31.98	100m 1:07.18	150m 1:43.66		200m 2:20.52	250m 2:57.46	300m 3:33.94	350m 4:10.64	400m 4:48.50	
39.	Katie LINES	13	Lstoft & OB		4:48.68	538				
	50m 32.10	100m 1:07.89	150m 1:44.69		200m 2:21.79	250m 2:58.91	300m 3:35.91	350m 4:13.22	400m 4:48.68	
40.	Millie DONOVAN	16	Cheshunt		4:48.80	537				
	50m 32.57	100m 1:08.13	150m 1:44.70		200m 2:21.22	250m 2:57.72	300m 3:34.74	350m 4:12.48	400m 4:48.80	
41.	Charlotte ASHWIN	13	Mid Beds		4:49.20	535				
	50m 32.19	100m 1:08.52	150m 1:45.36		200m 2:22.17	250m 2:59.17	300m 3:36.54	350m 4:13.58	400m 4:49.20	



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42.	Honey HARVEY	13	UEA Norwich	4:49.34		534				
	50m 32.45	100m 1:09.12	150m 1:46.24	200m 2:23.82	250m 3:00.75		300m 3:37.78	350m 4:14.26	400m 4:49.34	
43.	Jenna UTTING	13	UEA Norwich	4:49.99		531				
	50m 32.63	100m 1:07.78	150m 1:44.35	200m 2:20.98	250m 2:57.84		300m 3:35.18	350m 4:13.25	400m 4:49.99	
44.	Kaelah LAWSON	12	Modernians	4:50.32		529				
	50m 32.64	100m 1:08.40	150m 1:45.19	200m 2:22.64	250m 2:59.27		300m 3:36.90	350m 4:14.06	400m 4:50.32	
45.	Olivia STANDISH-LEIGH	16	Co Peterboro	4:50.50		528				
	50m 31.53	100m 1:06.96	150m 1:43.38	200m 2:20.05	250m 2:56.85		300m 3:33.69	350m 4:10.87	400m 4:50.50	
46.	Juliet MERELIE	16	Harpenden	4:50.80		526				
	50m 32.13	100m 1:07.92	150m 1:44.96	200m -	250m 2:59.27		300m 3:36.56	350m 4:14.06	400m 4:50.80	
47.	Peyton EWBANK	14	Norwich Swan	4:52.19		519				
	50m 32.39	100m 1:08.21	150m 1:45.38	200m 2:22.84	250m 3:00.12		300m 3:37.32	350m 4:14.57	400m 4:52.19	
48.	Rachel ROBINSON	14	UEA Norwich	4:52.56		517				
	50m 32.18	100m 1:07.50	150m 1:44.45	200m 2:21.86	250m 2:59.66		300m 3:37.53	350m 4:15.47	400m 4:52.56	
49.	Annabel HEYWOOD	14	West Suffolk	4:53.81		510				
	50m 31.36	100m 1:06.58	150m 1:43.05	200m 2:20.24	250m 2:57.57		300m 3:36.03	350m 4:15.44	400m 4:53.81	
50.	Megan MANN	16	Norwich Swan	4:55.35		502				
	50m 31.88	100m 1:07.88	150m 1:45.21	200m 2:23.56	250m 3:01.37		300m 3:40.36	350m 4:18.75	400m 4:55.35	
51.	Katie MALONEY	17	UEA Norwich	4:59.09		484				
	50m 33.59	100m 1:10.79	150m 1:47.91	200m 2:25.73	250m 3:04.16		300m 3:42.73	350m 4:21.28	400m 4:59.09	
52.	Grace LEECH	12	UEA Norwich	5:00.39		477				
	50m 32.81	100m 1:10.10	150m 1:47.97	200m 2:25.74	250m 3:04.29		300m 3:41.90	350m 4:21.42	400m 5:00.39	
53.	Jana SPINNER	14	UEA Norwich	5:01.25		473				
	50m 32.35	100m 1:09.29	150m 1:47.62	200m 2:26.27	250m 3:04.94		300m 3:43.80	350m 4:23.67	400m 5:01.25	
54.	Georgina CURTIS	14	Mid Beds	5:04.01		461				
	50m 33.48	100m 1:48.69	150m -	200m 2:27.71	250m 3:07.20		300m 3:46.08	350m 4:25.87	400m 5:04.01	
55.	Emily HARRIS	17	Lstof & OB	5:42.47	9	322				
	50m 37.64	100m 1:19.57	150m 2:02.09	200m 2:45.68	250m 3:30.44		300m 4:15.65	350m 4:59.45	400m 5:42.47	

### Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints				
1.	Emily HARRIS	17	Lstof & OB	9	5:42.47	535				
	50m 37.64	100m 1:19.57	150m 2:02.09	200m 2:45.68	250m 3:30.44	300m 4:15.65	350m 4:59.45	400m 5:42.47		



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Inspire: Luton Sports Village, Luton  
Friday 5<sup>th</sup> to Sunday 7<sup>th</sup> December 2014



## EVENT 202 Mens Open 200m IM

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Nathan HUGHES	14	Hatfield		2:08.93	614	28.74	1:02.35	1:39.50
2.	Brandon NABARRO	17	Modernians		2:09.07	612	28.35	1:01.72	2:09.07
3.	Martyn WALTON	17	Hatfield		2:09.09	612	27.47	59.93	1:38.60
4.	Augustus VEASEY	18	Chelmsford		2:09.42	607	28.98	1:01.73	1:39.45
5.	Thomas SARAH	20	Co Cambridge		2:10.17	597	28.26	1:01.39	1:38.68
6.	Thomas MCLAGAN	18	Chelmsford		2:10.82	588	28.13	1:01.71	1:40.58
7.	Daniel LEIGH	15	Co Peterboro		2:10.94	586	28.05	1:01.15	1:41.46
8.	Nathan WELLS	16	West Norfolk		2:11.17	583	28.80	1:01.37	1:41.21
9.	Joshua GRAVES	17	Co Peterboro		2:12.73	563	27.95	1:01.93	1:42.12
10	J3Tony-Joe TRETT OLIVER	15	teamipswich		2:13.11	558	29.06	1:02.45	1:42.02
11.	Matthew BRIGHAM	18	Co Peterboro		2:13.27	556	29.39	1:02.97	1:42.24
12.	Jamie SCHOLLES	14	Co Peterboro		2:13.59	552	29.27	1:01.31	1:43.07
13.	Jake LLOYD	19	Bishop Stort		2:13.61	552	27.36	1:01.21	1:42.10
14.	Oliver FITT	15	St Ives		2:13.62	552	29.55	1:01.86	-
15.	James NEWTON	16	Co Peterboro		2:14.12	546	29.79	1:02.85	1:41.27
16.	Graeham DOUGLAS	26	Co Cambridge		2:15.52	529	29.14	1:04.59	1:43.03
17.	Ben RANSOME	16	Hertford		2:16.11	522	28.86	1:03.32	1:44.28
18.	Dominic SCIFO	14	teamipswich		2:16.33	520	28.03	1:02.48	1:43.48
19.	Jack PICKERING	16	teamipswich		2:16.70	515	29.36	1:04.88	1:44.13
20.	Cameron MCRAE	15	Co Peterboro		2:16.77	515	30.41	1:02.97	1:45.19
21.	Luke TURLEY	14	Hatfield		2:17.15	510	29.81	1:04.43	2:17.15
22.	Patrick KEAVENEY	14	Modernians		2:17.19	510	1:05.30	1:44.85	-
23.	James WOODWARD	14	Potters Bar		2:17.33	508	31.42	1:47.07	-
24.	Harry CONSTANTINE	13	Hatfield		2:17.52	506	29.76	1:04.89	1:48.05
25.	Keenan STOKES	16	UEA Norwich		2:17.79	503	30.44	1:05.73	1:45.37
26.	Christopher SMITH	18	Hoddesdon		2:17.95	501	28.75	1:04.70	1:44.59
27.	Ryan SYKES	18	West Norfolk		2:18.32	497	31.02	1:06.95	1:47.21
28.	Ashley TRENT	17	Co Cambridge		2:18.37	497	28.85	1:03.08	1:44.69
29.	Samuel PEDDER	16	Co Cambridge		2:18.52	495	30.01	1:04.53	1:44.97
30.	Thomas WIGGINS	15	Co Peterboro		2:19.02	490	31.40	1:06.57	1:46.98
31.	Jordan NORTHWOOD	15	Berkhamsted		2:19.24	488	29.48	1:05.74	1:45.96
32.	Zack CAMPBELL-MAUGHAN	15	West Norfolk		2:19.52	485	29.12	1:04.14	1:46.94
33.	Samuel PECK	14	UEA Norwich		2:19.60	484	30.87	1:07.83	1:47.82
34.	Harry FOX	15	Basildon Ph		2:20.02	479	29.68	1:04.93	1:47.77
35.	Jakob GOODMAN	14	St Felix Sch		2:20.08	479	-	1:05.63	-
36.	Alex MASON	18	Team Luton		2:20.24	477	1:06.29	1:47.12	-
37.	Charlie BODEN	13	Chelmsford		2:20.47	475	29.93	-	1:48.47
38.	Oliver KENNY	17	UEA Norwich		2:20.65	473	30.48	1:05.63	1:47.30
39.	Benjamin WHITBOURN	17	Dereham		2:20.70	473	29.32	1:03.34	-
40.	Michael JUDD	16	Leighton Buz		2:20.92	470	28.75	1:04.45	1:48.94
41.	Nicholas PERKINS	13	UEA Norwich		2:21.08	469	30.59	1:05.19	1:47.61
42.	Finlay RYAN	15	Dereham		2:21.30	467	31.87	1:08.20	2:21.30
43.	Dallon YALLOP	17	UEA Norwich		2:21.53	464	29.95	1:06.45	1:49.41
44.	Louis SPONG	15	DunmowAtlant		2:21.96	460	31.99	1:06.75	1:50.53
45.	Edward BRIARS	16	West Suffolk		2:22.14	458	30.59	1:49.08	-
46.	Myles TURNER	14	West Suffolk		2:22.16	458	32.61	1:07.58	1:49.68
47.	Archie HOLMAN	14	West Norfolk		2:22.71	453	31.48	1:09.63	1:50.10
48.	Calvin COE	16	Stowmarket		2:22.95	451	30.53	1:07.32	1:49.19
49.	Ryan JARVIS	15	Team Luton		2:22.96	450	31.20	1:07.33	1:48.55
50.	Jack WEARS	15	Leighton Buz		2:23.38	447	29.70	1:06.45	1:49.87
51.	Robert BRUNTON	16	Co Cambridge		2:23.49	445	30.67	1:51.75	-
52.	Harvey NORMAN	13	Co Peterboro		2:23.53	445	32.22	1:08.91	1:50.70
53.	Matthew ADDIS	16	West Norfolk		2:23.63	444	30.96	1:09.11	1:50.71
54.	Jake THOMAS-MANSFIELD	14	Co Cambridge		2:23.66	444	29.79	1:07.20	1:51.23
55.	Leyton BERREY	15	UEA Norwich		2:23.93	441	32.22	1:08.91	1:49.95
56.	Thomas BUCKLE	17	West Suffolk		2:26.44	419	31.51	1:08.87	1:51.86
57.	Peter TODD	17	St Ives		2:26.45	419	1:07.32	-	1:52.72
58.	Jaxon SIMMONS	14	Co Peterboro	13	2:37.57	336	34.59	1:15.52	2:02.15
59.	Jonluke SUMMERFIELD	18	Berkhamsted		2:38.15	333	31.24	1:11.53	1:58.13
	Samuel COTTEE	14	teamipswich		DQ SL 2L				

### Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Jaxon SIMMONS	14	Co Peterboro	13	2:37.57	636	34.59	1:15.52	2:02.15



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Inspire: Luton Sports Village, Luton  
Friday 5<sup>th</sup> to Sunday 7<sup>th</sup> December 2014



## ***EVENT 203 Womens Open 50m Backstroke***

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt
1.	Josephine BLADES	17	St Felix Sch		29.05	692
2.	Georgina PRYOR	16	Hoddesdon		29.06	691
3.	Rebecca SHERWIN	14	teamipswich		29.33	672
4.	Zoe CRAY	40	teamipswich		29.37	670
5.	Mollie ALLEN	16	Co Peterboro		29.49	661
6.	Rachel WELLINGS	14	Co Peterboro		29.63	652
7.	Lauren HALL	15	Co Cambridge		30.06	624
8.	Keely EMPSON	18	West Norfolk		30.12	621
9.	Eleanor MITCHELL	14	Bishop Stort		30.18	617
10.	Cara HETHERINGTON	15	teamipswich		30.59	593
11.	Meghan MAYBANKS	13	DunmowAtlant		30.69	587
12.	Bethany SAUNDERS	15	Co Peterboro		30.79	581
13.	Molly OLLINGTON	16	West Suffolk		30.93	573
14.	Taylor GOODBY	16	Co Peterboro		31.03	568
15.	Hanna JASZKIEWICZ	14	Co Peterboro		31.10	564
16.	Lois MOORE	19	Hemel Hemp		31.15	561
17.	Yael RONEN	15	Norwich Swan		31.19	559
18.	Hannah BROWN	15	Wisbech		31.33	551
19.	Poppy RICHARDSON	13	Co Peterboro		31.38	549
20.	Chloe HAZELL	16	UEA Norwich		31.50	543
21.	Lauren SIMPKINS	16	Putteridge		31.56	539
22.	Abigail WHITING	15	West Norfolk		31.58	538
23.	Georgina MILLS	18	Basildon Ph		31.59	538
24.	Danielle RAYNER	18	St Ives		31.65	535
25.	Georgina LAWSON	17	Co St Albans		31.69	533
26.	Michelle MITCHELL	17	Hatfield		31.72	531
27.	Courtney SANDERS	17	Chelmsford		31.84	525
28.	Emma LEES	16	West Suffolk		31.86	524
28.	Eleanor KING	14	Dunstable		31.86	524
30.	Carly BAYS	15	Hoddesdon		31.96	519
31.	Chloe GALINDEZ	13	UEA Norwich		32.01	517
32.	Olivia PAWSON	15	Cheshunt		32.13	511
33.	Samantha AUKER	19	Co Cambridge		32.15	510
33.	Bethany PALMER	16	UEA Norwich		32.15	510
35.	Charlotte FILLMORE	16	Watford SC		32.16	510
36.	Daisy SAUNDERS	14	Linslade		32.17	509
37.	Megan PYE	12	UEA Norwich		32.18	509
38.	Alice SHERWIN	17	teamipswich		32.20	508
39.	Zara PRETIOUS-WHITE	14	Bishop Stort		32.23	507
40.	Lauren BURTON	16	Dereham		32.30	503
41.	Annabel LEE	14	teamipswich		32.36	500
41.	Aimee ABREY	16	Hemel Hemp		32.36	500
43.	Dora ZHOU	14	Epping For		32.39	499
43.	Tamzin COOMBS	14	UEA Norwich		32.39	499
45.	Catherine BROWN	14	Norwich Swan		32.42	498
46.	Jordanne SILLITOE	15	West Suffolk		32.43	497
47.	Laura COPPING	14	Hatfield		32.44	497
47.	Isabel HOLMES	15	Dereham		32.44	497
49.	Beatrice BARDER	15	Co St Albans		32.45	496
50.	Jessica-Jane APPLGATE	18	UEA Norwich	14	32.51	494
51.	Nathalie REUSS	13	Co Peterboro		32.53	493
52.	Harriet HANSON	15	Hatfield		32.59	490
53.	Megan MANN	14	UEA Norwich		32.68	486
54.	Sammy HUMPHREY	18	Leighton Buz		32.70	485
55.	Cathryn THOMSON	24	St Ives		32.72	484
56.	Sophie EMPSON	16	West Norfolk		32.73	484
57.	Angel DUNDERDALE	13	UEA Norwich		32.85	478
58.	Gemma TROTT	15	Modernians		32.86	478
59.	Bethany SAMPHER	15	West Suffolk		32.87	477
60.	Isabelle FRYMANN	14	UEA Norwich		32.91	476
61.	Roxanne UYS	15	West Norfolk		33.00	472
61.	Amelia MONAGHAN	12	Co Peterboro		33.00	472
63.	Darcey GARDINER	15	Chelmsford		33.03	471
64.	Alice HEWSON	17	Berkhamsted		33.04	470
65.	Rebecca MANN	18	Hadleigh		33.10	468
66.	Katie SHOEBERT	15	Modernians		33.16	465
67.	Tania DE MALGLAIVE	17	Harpenden		33.17	465
68.	Claire ROBINSON	16	West Suffolk		33.29	460
69.	Molly MCLOUGHLIN	16	Hemel Hemp		33.31	459
70.	Caitlin MORIARTY	14	Team Luton		33.38	456
71.	Peyton EWBANK	14	Norwich Swan		33.49	451
72.	Lauren GRICE	15	Leighton Buz		33.54	449
73.	Julia YEATES	18	Co Ely		33.55	449
73.	Greta BALFOUR	15	Norfolk Vikg		33.55	449
75.	Jaimie WOODHOUSE	16	Norwich Swan		33.59	447
76.	Elise SORRELL	16	West Norfolk		33.61	447
77.	Emma YULE	15	Dunstable		33.71	443
77.	Megan OCHWAT	15	teamipswich		33.71	443
79.	Chloe LONG	15	Stowmarket		33.77	440
80.	Lily CLARKE	17	Hadleigh		34.04	430
81.	Natalie WOOD	17	Chelmsford		34.19	424
82.	Olivia STANDISH-LEIGH	16	Co Peterboro		34.34	419
83.	Katie MALONEY	17	UEA Norwich		34.54	411



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84.	Keira FROSDICK	12	UEA Norwich		35.54	378
85.	Gemma BENNETT	27	Dunmow Mast	14	38.44	298
	Julia LENKIEWICZ	14	Mid Beds		DNC	
	Tia MAGRATH	13	Chelmsford		DNC	

### **Multi-Disability by British Disability Points**

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Jessica-Jane APPLGATE	18	UEA Norwich	14	32.51	987
2.	Gemma BENNETT	27	Dunmow Mast	14	38.44	597



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## ***EVENT 204 Mens Open 50m Freestyle***

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt
1.	Martyn WALTON	17	Hatfield		23.51	643
2.	William KEARSEY	17	Hatfield		23.63	634
3.	David KELLEWAY	21	Hoddesdon		23.72	626
4.	Danny PROFFITT	20	West Suffolk		23.81	619
5.	Isaac KIRBY	16	UEA Norwich		24.04	602
6.	Jack PICKFORD	17	Watford SC		24.21	589
7.	Lee BAKER	19	Harlow Pen		24.26	585
8.	Regan LLOYD	17	teamipswich		24.31	582
9.	Conor HARROLD	21	Basildon Ph		24.45	572
10.	Sam PARRY	24	Dunstable		24.48	570
11.	Modestas MOCKEVICIUS	17	Bo Southend		24.49	569
12.	Sonny TRIGG	18	teamipswich		24.52	567
12.	Harry ROBINSON	16	Co Cambridge		24.52	567
14.	Harry WEARS	17	Leighton Buz		24.58	563
15.	Frederick WOODCOCK	18	Hemel Hemp		24.61	561
16.	Robert LANCASTER	17	teamipswich		24.68	556
16.	Hugo JOHNSON	16	Bo Southend		24.68	556
18.	Liam BARNETT	27	Co Cambridge		24.69	555
19.	Peter WEBSTER	16	Modernians		24.74	552
20.	Jack CHRISTIE	16	Hemel Hemp		24.85	545
21.	Jamie MCLAUGHLIN	17	Harlow Pen		24.88	543
22.	Jordan BATSON	18	Putteridge		24.91	541
23.	Harry PARKER	16	Hatfield		24.93	539
24.	Mark LEAMON	27	Co Cambridge		24.94	539
25	J1 Oliver FITT	15	St Ives		24.96	537
26	J2 Sam GAMBLE	15	Hitchin		24.97	537
27.	Angelos KOUSOUNIS	18	UEA Norwich		25.01	534
28.	Matthew BRIGHAM	18	Co Peterboro		25.02	534
28.	Mason ARNOLD	17	Harlow Pen		25.02	534
30.	Christopher MURPHY	18	Flitwick		25.03	533
31.	Nathan BENTLEY	16	Hatfield		25.07	530
32.	Brodie CARESS	16	Hertford		25.08	530
33.	Matthew SHERRIFF	17	Hemel Hemp		25.12	527
34.	Aidan ROBINSON	17	Basildon Ph		25.15	525
35.	Nathan WELLS	16	West Norfolk		25.17	524
36.	Daniel POWELL	17	Co Peterboro		25.21	522
36.	Jordan MANN	16	UEA Norwich		25.21	522
38	J3 Harry CONSTANTINE	13	Hatfield		25.28	517
39.	Daniel LEIGH	15	Co Peterboro		25.32	515
40.	Benjamin WHITBOURN	17	Dereham		25.36	512
41.	Alec BURCHELL	15	Hitchin		25.39	511
42.	Ryan SMITH	14	UEA Norwich		25.53	502
42.	Harry ORMEROD	16	Berkhamsted		25.53	502
44.	Dominic SCIFO	14	teamipswich		25.58	499
45.	Luke TURLEY	14	Hatfield		25.60	498
46.	Dalton YALLOP	17	UEA Norwich		25.64	496
47.	James DAY	17	Basildon Ph		25.67	494
48.	Thomas HOVEN	15	UEA Norwich		25.68	493
49.	Ashley TRENT	17	Co Cambridge		25.69	493
50.	Matthew MCPHERSON	16	Hitchin		25.70	492
51.	Rhys SHORT	17	Hatfield		25.71	492
52.	Solomon GIESLER	16	Co Cambridge		25.72	491
53.	Kyle PANTON	19	Harlow Pen		25.73	491
54.	Bradley VEITCH	15	Harlow Pen		25.76	489
55.	Ethan LAMB	18	Hatfield		25.80	487
56.	Alex EVENS	15	Hitchin		25.81	486
56.	David SHIPMAN	14	Potters Bar		25.81	486
58.	Ashley HOLNESS-WRIGHT	18	Watford SC		25.82	485
59.	Joshua GRAY	20	West Norfolk		25.85	484
60.	Jack WEARS	15	Leighton Buz		25.89	482
61.	Ben WILKINSON	14	West Suffolk		25.90	481
61.	Michael JUDD	16	Leighton Buz		25.90	481
63.	Christian NEL	14	Berkhamsted		25.92	480
64.	Benjamin PURCELL	17	Hatfield		25.95	478
65.	Harry WESTON	14	Dereham		25.97	477
65.	Thomas HARRINGTON	16	Co Cambridge		25.97	477
67.	Elliot LEGG	17	West Norfolk		25.98	477
68.	William HATTON	16	UEA Norwich		26.04	473
69.	Alexander PROFFITT	16	West Suffolk		26.07	472
70.	Calvin COE	16	Stowmarket		26.10	470
71.	Samuel COTTEE	14	teamipswich		26.17	466
72.	Jonathan JAMES	16	Dereham		26.23	463
73.	Benjamin GARRATT	14	Hatfield		26.24	463
74.	Daniel SCHINDLER	15	Co St Albans		26.28	460
74.	Peter TODD	17	St Ives		26.28	460
76.	Ryan SYKES	18	West Norfolk		26.39	455
77.	Kieran RAPHY	17	Bishop Stort		26.49	450
78.	Ryan COMPTON	16	Team Luton		26.50	449
79.	Michael FISHER	17	Stowmarket		26.54	447
80.	Daniel LUSH	14	Cheshunt		26.59	444
81.	George DE FRAINE	17	Hitchin		26.60	444
82.	Lewis SMITH	16	UEA Norwich		26.62	443
83.	Thomas MCCUBBIN	14	Co Cambridge		26.63	442





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84.	Matthew ADDIS	16	West Norfolk		26.83		433
85.	Aaron HIRD	15	Team Luton		26.91		429
86.	Archie HOLMAN	16	West Norfolk		27.23		414
87.	Jonluke SUMMERFIELD	18	Berkhamsted		27.54		400
88.	Jaxon SIMMONS	14	Co Peterboro	13	29.57		323
	Samuel DALLIMORE	23	Hoddesdon		DNC		
	Joseph WALSH	19	Royston		DQ ST		

### **Multi-Disability by British Disability Points**

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Jaxon SIMMONS	14	Co Peterboro	13	29.57	551



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## **EVENT 205 Womens Open 200m Butterfly**

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Katherine BROWN	15	Co Peterboro	2:13.23	745	30.39	1:04.37	1:39.56
2.	Lily WEST	17	Hatfield	2:16.44	693	32.19	1:05.98	1:41.34
3.	Shannon STOTT	14	Co St Albans	2:21.83	617	32.48	1:08.34	1:44.77
4.	Josephine BLADES	17	St Felix Sch	2:21.86	617	32.40	1:07.68	1:44.41
5.	Abigail GEE	17	Team Luton	2:21.89	616	31.65	1:07.70	1:44.46
6.	Hanna JASZKIEWICZ	14	Co Peterboro	2:23.48	596	-	1:07.86	1:46.14
7.	Poppy RICHARDSON	13	Co Peterboro	2:23.68	594	32.08	1:08.22	1:46.02
8.	Philippa SHUTTLEWORTH	17	Hatfield	2:24.42	584	32.55	1:09.16	1:46.45
9.	Amy YOUNG	15	Bishop Stort	2:26.79	557	31.35	1:08.07	1:46.65
10.	Bethany MOTTRAM	15	West Suffolk	2:27.51	548	32.27	1:10.13	1:49.08
11.	Emily DOWDING	16	teamipswich	2:27.79	545	31.35	1:08.43	1:47.78
12.	Christie WOODS	14	Co Peterboro	2:29.20	530	33.12	1:10.92	1:50.25
13.	Imogen COOKE	13	UEA Norwich	2:31.45	507	32.78	1:10.37	1:50.08
14.	Tegan WOLLASTON	15	Cheshunt	2:32.77	494	34.49	1:11.83	-
15.	Jacqueline MASEHI-LANO	20	Co Cambridge	2:33.08	491	32.99	1:10.84	1:50.86
16.	Jordanne SILLITOE	15	West Suffolk	2:34.88	474	33.98	1:13.34	1:53.92
17.	Megan COOK	14	Bishop Stort	2:38.91	439	33.58	1:12.75	1:54.87
18.	Katie MALONEY	17	UEA Norwich	2:42.34	411	35.52	1:16.55	-

## **EVENT 206 Mens Open 200m Butterfly**

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jake TYSON	17	teamipswich	2:05.48	657	27.82	59.28	1:32.00
2.	George EPSLY	16	Basildon Ph	2:05.78	652	29.31	1:01.69	1:33.32
3.	Joshua GRAVES	17	Co Peterboro	2:06.85	636	28.54	-	1:33.68
4.	Regan LLOYD	17	teamipswich	2:07.89	620	28.71	1:01.98	1:35.27
5.	Alexander PROFFITT	16	West Suffolk	2:09.07	604	28.91	1:01.57	1:35.23
6.	Jack UTTING	17	UEA Norwich	2:10.13	589	28.55	1:01.45	1:35.66
7.	Jake LLOYD	19	Bishop Stort	2:10.78	580	29.39	1:02.71	1:35.90
8.	Harry PARKER	16	Hatfield	2:13.11	550	29.52	1:37.69	-
9.	Thomas MCLAGAN	18	Chelmsford	2:13.24	549	29.00	1:02.68	1:37.76
10.	Nathan BENTLEY	16	Hatfield	2:14.23	537	29.88	1:04.53	1:39.91
11J1	Jamie SCHOLLES	14	Co Peterboro	2:15.25	525	29.90	1:04.64	1:40.14
12J2	Nathan HUGHES	14	Hatfield	2:15.29	524	30.09	1:05.20	1:40.28
12J3	Jakob GOODMAN	14	St Felix Sch	2:15.29	524	29.98	1:05.23	1:40.43
14.	Mason ARNOLD	17	Harlow Pen	2:15.74	519	29.96	1:04.60	-
15.	Benjamin GARRATT	14	Hatfield	2:15.76	519	30.30	1:05.53	1:40.95
16.	Charlie BODEN	13	Chelmsford	2:18.17	492	30.29	1:05.87	1:42.14
17.	James WOODWARD	14	Potters Bar	2:19.13	482	31.18	1:07.64	1:44.91
18.	Oliver KENNY	17	UEA Norwich	2:20.13	472	30.71	1:06.05	1:43.66
19.	Calvin COE	16	Stowmarket	2:22.03	453	31.84	1:08.55	1:44.44
20.	Luke SUGDEN	15	Hatfield	2:23.30	441	32.03	1:09.78	-
	Bradley VEITCH	15	Harlow Pen	DQ T 7L				

## **EVENT 207 Womens Open 100m Breaststroke**

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Leah ROUGHAN	15	Co Peterboro		1:11.22	682	34.10
2.	Louise BUSH	23	UEA Norwich		1:12.58	644	35.24
3.	Rebecca BURTON	15	Modernians		1:12.59	644	34.17
4.	Lily WEST	17	Hatfield		1:13.17	629	35.63
5.	Emily BIGGS	15	Co Cambridge		1:14.11	605	-
6.	Hanna JASZKIEWICZ	14	Co Peterboro		1:14.32	600	35.78
7.	Lana MO	15	West Suffolk		1:14.38	599	35.72
8.	Rachel WELLINGS	14	Co Peterboro		1:14.52	595	35.52
9.	Molly FRANCIS	13	Hatfield		1:14.63	593	35.29
10.	Sarah O'BRIEN	17	Hertford		1:15.36	575	35.06
11.	Bethany MOTTRAM	15	West Suffolk		1:15.42	574	35.46
12.	Natalie COOGANS	17	West Norfolk		1:15.80	565	36.41
12.	Lauren BAKER	19	Hatfield		1:15.80	565	35.87
14.	Hayley ALCOCK	18	Modernians		1:15.88	564	35.36
15.	Jana SPINNER	14	UEA Norwich		1:16.47	551	35.97
16.	Grace LEECH	12	UEA Norwich		1:16.60	548	36.28
17.	Rachel ROBINSON	14	UEA Norwich		1:16.69	546	35.96
18.	Abigail GREEN	14	Watford SC		1:16.79	544	36.18
19.	Kate MCQUAID	16	Hatfield		1:16.85	543	36.35
20.	Grace RAYNER	16	Hemel Hemp		1:17.32	533	35.48
21.	Catherine BROWN	14	Norwich Swan		1:17.48	529	35.91
22.	Roxanne UYS	15	West Norfolk		1:17.68	525	36.38
23.	Ashley RANSOME	19	Hertford		1:17.70	525	36.61
24.	Honey HARVEY	13	UEA Norwich		1:18.22	515	37.30
25.	Annalise WRIGHT	14	Linslade		1:18.26	514	36.69
26.	Aiyana LAWSON	13	Modernians		1:18.43	510	36.79
27.	Lauren CLARKSON	15	Watford SC		1:18.49	509	36.84
28.	Katie WHIFFIN	18	Epping For't		1:18.51	509	36.22
29.	Keira FROSDICK	12	UEA Norwich		1:18.57	508	37.10
30.	Abigail HURST	13	Berkhamsted		1:18.61	507	36.63
31.	Amelia MONAGHAN	12	Co Peterboro		1:18.64	506	38.00
32.	Mia LEECH	12	Co Peterboro		1:18.77	504	37.67
33.	Laura COPPING	14	Hatfield		1:18.85	502	37.47





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34.	Cira FLETCHER	15	Bishop Stort	1:18.92	501	37.56
35.	Jordanne SILLITOE	15	West Suffolk	1:19.16	496	38.57
36.	Lauren HARRISON	13	Co Peterboro	1:19.20	496	38.10
37.	Nadine SMITH	13	Hatfield	1:19.21	495	37.09
38.	Jessica PAYNE	16	Leighton Buz	1:19.28	494	37.32
39.	Bethany MASTERS	17	Hemel Hemp	1:19.45	491	37.37
40.	Danielle RAYNER	18	St Ives	1:19.71	486	37.95
41.	Charlotte ASHWIN	13	Mid Beds	1:19.89	483	-
42.	Robyn BRETT	16	Watford SC	1:19.96	482	37.38
43.	Katie LINES	13	Lstof & OB	1:19.97	481	37.14
44.	Katie CROWTHER	14	Co Peterboro	1:20.38	474	38.02
44.	Kirsty VEARS	16	Harlow Pen	1:20.38	474	38.46
46.	Isabel HOLMES	15	Dereham	1:20.76	467	38.40
47.	Paige WILDING	16	Hemel Hemp	1:21.35	457	37.42
48.	Rebecca FREESTONE	16	Hoddesdon	1:22.53	438	39.07
49.	Gemma BENNETT	27	Dunmow Mast	14 1:24.71	405	39.89
50.	Carly BAYS	15	Hoddesdon	1:24.73	405	40.16
51.	Jessica-Jane APPLGATE	18	UEA Norwich	14 1:25.36	396	-
52.	Katie NESBITT	16	UEA Norwich	14 1:25.80	390	40.84
	Charlotte NASH	13	Bishop Stort	DNC		
	Eleanor CLARKE	14	Chelmsford	DQ T 3L		

### Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Gemma BENNETT	27	Dunmow Mast	14	1:24.71	867	39.89
2.	Jessica-Jane APPLGATE	18	UEA Norwich	14	1:25.36	847	-
3.	Katie NESBITT	16	UEA Norwich	14	1:25.80	834	40.84

### EVENT 208 Mens Open 100m Breaststroke

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Lawrence PALMER	21	Putteridge		1:01.13	752	28.58
2.	Brandon NABARRO	17	Modernians		1:04.05	654	30.18
3.	Robert LANCASTER	17	teamipswich		1:05.53	611	31.08
4.	Benjamin PURCELL	17	Hatfield		1:06.07	596	31.30
5.	Isaac KIRBY	16	UEA Norwich		1:06.12	594	31.88
6.	Christopher SMITH	18	Hoddesdon		1:06.14	594	31.16
7.	Thomas SARAH	20	Co Cambridge		1:06.95	573	32.03
8.	Graeham DOUGLAS	26	Co Cambridge		1:07.65	555	31.97
9.	Luke WESTWOOD	24	Co Cambridge		1:07.71	553	31.39
10J1	Nathan HUGHES	14	Hatfield		1:08.15	543	32.81
11.	James NEWTON	16	Co Peterboro		1:08.81	527	-
12.	Alasdair KERR	21	Biggleswade		1:09.20	518	32.14
13.	Joshua GRAY	20	West Norfolk		1:09.52	511	32.80
14J2	Dominic SCIFO	14	teamipswich		1:09.63	509	33.88
15J3	Ethan LAMB	18	Hatfield		1:09.73	507	33.22
16.	Oliver FITT	15	St Ives		1:09.83	505	33.14
17.	Ben RANSOME	16	Hertford		1:10.24	496	33.18
18.	Kyle PANTON	19	Harlow Pen		1:10.37	493	33.15
19.	Liam BARNETT	27	Co Cambridge		1:10.38	493	33.42
20.	Martin RUSSELL-ROGERS	16	Hitchin		1:10.66	487	32.95
21.	Keenan STOKES	16	UEA Norwich		1:10.69	486	33.36
22.	Ashley TRENT	17	Co Cambridge		1:10.73	486	33.02
23.	Zhi ONG	15	Co St Albans		1:10.86	483	34.03
24.	Ryan JARVIS	15	Team Luton		1:10.90	482	-
25.	Samuel PECK	14	UEA Norwich		1:10.99	480	33.92
26.	Daniel HURST	15	Berkhamsted		1:11.01	480	33.00
27.	Ryan SYKES	18	West Norfolk		1:11.04	479	34.31
28.	Jack PICKERING	16	teamipswich		1:11.13	477	34.07
29.	Charles RAYNER	13	Hemel Hemp		1:11.55	469	33.74
30.	Leyton BERREY	15	UEA Norwich		1:11.82	464	33.69
31.	James WOODWARD	14	Potters Bar		1:11.95	461	34.30
32.	George LAING	15	Co Cambridge		1:12.06	459	32.90
33.	Edward BRIARS	16	West Suffolk		1:12.07	459	33.42
33.	Reese HOUSDEN	12	Hatfield		1:12.07	459	34.50
35.	Patrick KEAVENEY	14	Modernians		1:12.16	457	34.12
36.	Sydney NEWNHAM-STEBBIN	15	Lstof & OB		1:12.26	455	34.01
37.	Jack MCGARRY	20	Leighton Buz		1:12.32	454	33.75
38.	Thomas WIGGINS	15	Co Peterboro		1:12.43	452	33.49
39.	Joseph MURRAY	15	Putteridge		1:12.44	452	33.61
40.	Daniel HILL	15	Linslade		1:13.10	440	34.31
41.	Joseph COLLINS	15	Bishop Stort		1:13.19	438	34.23
42.	Finlay RYAN	15	Dereham		1:13.20	438	35.09
43.	Nicholas STALLEY	17	Modernians		1:13.25	437	33.56
44.	Jack CHRISTIE	16	Hemel Hemp		1:13.46	433	-
45.	Matthew MCLAUGHLIN	21	DunmowAtlant		1:13.52	432	34.02
46.	Thomas BUCKLE	17	West Suffolk		1:14.83	410	35.21
47.	Archie HOLMAN	16	West Norfolk		1:15.38	401	35.71
48.	Jaxon SIMMONS	14	Co Peterboro	13	1:26.05	269	40.03
49.	Aaron HIRD	15	Team Luton		1:26.75	263	40.42

### Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Jaxon SIMMONS	14	Co Peterboro	13	1:26.05	458	40.03