



ASA East Region
2014 Winter Championships (25m)
 (Under ASA Laws & ASA Technical Rules)
Inspire: Luton Sports Village, Luton
Friday 5th to Sunday 7th December 2014



Results Session One

EVENT 101 Womens Open 800m Freestyle

Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt				
1.	Philippa SHUTTLEWORTH	17	Hatfield		9:07.52	734				
	100m 1:04.80	200m 2:13.42	300m 3:22.77		400m 4:31.53	500m 5:39.77	600m 6:49.76	700m 7:59.43	800m 9:07.52	
2.	Dolly TRIGG	16	teamipswich		9:19.19	689				
	100m 1:05.72	200m 2:16.07	300m 3:27.15		400m 4:38.41	500m 5:48.91	600m 7:00.09	700m 8:10.55	800m 9:19.19	
3.	Sophie ALDEN	16	UEA Norwich		9:24.65	670				
	100m 1:05.63	200m 2:15.60	300m 3:26.65		400m 4:37.96	500m 5:49.64	600m 7:01.22	700m 8:13.52	800m 9:24.65	
4 J1	Isabelle FRYMANN	14	UEA Norwich		9:29.53	652				
	100m 1:07.53	200m 2:19.47	300m 3:31.34		400m 4:42.62	500m 5:53.81	600m 7:06.47	700m 8:18.66	800m 9:29.53	
5 J2	Maddison SAUNDERS	13	Co Peterboro		9:34.26	636				
	100m 1:07.35	200m 2:19.64	300m 3:32.09		400m 4:45.01	500m 5:57.90	600m 7:10.63	700m 8:23.31	800m 9:34.26	
6.	Jennifer BEEVOR	17	St Felix Sch		9:34.48	636				
	100m 1:07.24	200m 2:19.37	300m 3:32.24		400m 4:44.75	500m 5:57.25	600m 7:09.96	700m 8:22.55	800m 9:34.48	
7 J3	Millie EMMANS	15	Co Cambridge		9:35.30	633				
	100m 1:07.10	200m 2:19.33	300m 3:31.95		400m 4:45.14	500m 5:58.26	600m 7:11.62	700m 8:24.29	800m 9:35.30	
8.	Jessica-Jane APPLGATE	18	UEA Norwich	14	9:37.20	627				
	100m 1:07.78	200m 2:20.42	300m 3:32.06		400m 4:45.01	500m 5:58.76	600m 7:12.37	700m 8:26.30	800m 9:37.20	
9.	Emily DOWDING	16	teamipswich		9:37.33	626				
	100m 1:05.50	200m 2:16.54	300m 3:28.78		400m 4:41.46	500m 5:55.46	600m 7:09.73	700m 8:24.30	800m 9:37.33	
10.	Chantal SMITH	14	Team Luton		9:37.85	625				
	100m 1:07.83	200m 2:20.24	300m 3:32.78		400m 4:45.73	500m 5:59.56	600m 7:13.44	700m 8:27.34	800m 9:37.85	
11.	Amber HUGHES	15	Hatfield		9:39.04	621				
	100m 1:06.66	200m 2:18.62	300m 3:31.42		400m 4:45.00	500m 5:58.56	600m 7:12.31	700m 8:26.27	800m 9:39.04	
12.	Aiyana LAWSON	13	Modernians		9:40.63	616				
	100m 1:07.53	200m 2:20.45	300m 3:34.33		400m 4:48.17	500m 6:02.18	600m 7:16.89	700m 8:29.95	800m 9:40.63	
13.	Tegan WOLLASTON	15	Cheshunt		9:40.86	615				
	100m 1:07.91	200m 2:19.93	300m 3:33.26		400m 4:46.83	500m 6:01.09	600m 7:15.26	700m 8:29.41	800m 9:40.86	
14.	Christie WOODS	14	Co Peterboro		9:40.89	615				
	100m 1:07.36	200m 2:20.05	300m 3:33.76		400m 4:47.94	500m 6:02.77	600m 7:17.55	700m 8:29.50	800m 9:40.89	
15.	Tilly ANEMA	12	Norwich Swan		9:40.92	615				
	100m 1:07.94	200m 2:20.38	300m 3:33.12		400m 4:46.97	500m 6:00.53	600m 7:15.13	700m 8:28.86	800m 9:40.92	
16.	Aisling RUFF	16	Co Peterboro		9:41.84	612				
	100m 1:07.13	200m 2:19.90	300m 3:33.16		400m 4:46.70	500m 6:00.78	600m 7:15.07	700m 8:29.03	800m 9:41.84	
17.	Madeleine CHAMBERS	14	St Felix Sch		9:47.47	594				
	100m 1:09.48	200m 2:23.48	300m 3:37.99		400m 4:52.36	500m 6:05.69	600m 7:19.54	700m 8:33.98	800m 9:47.47	
18.	Amy YOUNG	15	Bishop Stort		9:49.50	588				
	100m 1:07.06	200m 2:19.64	300m 3:33.83		400m 4:48.29	500m 6:03.24	600m 7:18.75	700m 8:34.47	800m 9:49.50	
19.	Chloe LENCE	13	Modernians		9:52.35	580				
	100m 1:08.20	200m 2:21.41	300m 3:35.58		400m 4:50.73	500m 6:06.48	600m 7:22.46	700m 8:38.33	800m 9:52.35	
20.	Amber SHINE	14	Hatfield		9:56.21	569				
	100m 1:09.47	200m 2:23.51	300m 3:38.45		400m 4:54.04	500m 6:09.74	600m 7:26.05	700m 8:42.28	800m 9:56.21	
21.	Kaelah LAWSON	12	Modernians		9:57.88	564				
	100m 1:09.78	200m 2:25.02	300m 3:41.48		400m 4:58.48	500m 6:14.19	600m 7:30.17	700m 8:46.10	800m 9:57.88	
22.	Katie CROWTHER	14	Co Peterboro		10:03.39	549				
	100m 1:11.40	200m 2:27.38	300m 3:43.95		400m 5:00.78	500m 6:16.58	600m 7:32.92	700m 8:48.76	800m 10:03.39	
23.	Abigail WHITING	15	West Norfolk		10:04.87	545				
	100m 1:09.73	200m 2:24.06	300m 3:40.11		400m 4:57.41	500m 6:15.34	600m 7:32.82	700m 8:50.25	800m 10:04.87	
24.	Annabel HEYWOOD	14	West Suffolk		10:08.42	535				
	100m 1:09.78	200m 2:24.98	300m 3:40.93		400m 4:57.44	500m 6:14.57	600m 7:33.09	700m 8:52.89	800m 10:08.42	
25.	Georgina CURTIS	14	Mid Beds		10:15.65	516				
	100m 1:10.65	200m 2:26.96	300m 3:44.77		400m 5:01.91	500m 6:20.45	600m 7:39.63	700m 8:58.55	800m 10:15.65	



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EVENT 102 Mens Open 1500m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1	J1 Nathan HUGHES	14	Hatfield	16:17.16	708
	100m 1:00.41	200m 2:05.47	300m 3:11.38	400m 4:15.82	500m 5:21.12
	600m 6:26.43	700m 7:31.76	800m 8:37.15	900m 9:42.77	1000m 10:48.57
	1100m 11:54.38	1200m 13:00.09	1300m 14:06.59	1400m 15:12.81	1500m 16:17.16
2.	Joshua DUGGAN	18	Hatfield	16:33.42	674
	100m 1:00.57	200m 2:05.13	300m 3:11.32	400m 4:18.10	500m 5:24.38
	600m 6:30.83	700m 7:38.17	800m 8:45.83	900m 9:52.68	1000m 11:00.98
	1100m 12:07.69	1200m 13:14.18	1300m -	1400m 15:28.24	1500m 16:33.42
3.	Daniel POWELL	17	Co Peterboro	16:36.43	667
	100m 1:00.59	200m 2:06.24	300m 3:12.62	400m 4:18.97	500m 5:25.22
	600m 6:31.38	700m 7:38.12	800m 8:45.12	900m 9:52.30	1000m 10:59.17
	1100m 12:06.74	1200m 13:14.33	1300m 14:22.17	1400m 15:29.84	1500m 16:36.43
4.	Nathan WELLS	16	West Norfolk	16:41.36	658
	100m 1:01.29	200m 2:06.96	300m 3:13.59	400m 4:20.56	500m 5:27.93
	600m 6:35.60	700m 7:43.44	800m 8:51.01	900m 9:58.76	1000m 11:06.84
	1100m 12:14.61	1200m 13:22.77	1300m 14:29.85	1400m 15:37.82	1500m 16:41.36
5 J2	Jamie SCHOLLES	14	Co Peterboro	16:41.38	658
	100m 1:01.41	200m 2:06.83	300m 3:13.24	400m 4:20.05	500m 5:27.37
	600m 6:35.03	700m 7:42.97	800m 8:50.48	900m 9:58.50	1000m 11:06.43
	1100m 12:14.23	1200m 13:22.06	1300m 14:29.31	1400m 15:36.56	1500m 16:41.38
6.	Nathan BENTLEY	16	Hatfield	17:05.27	613
	100m 1:02.69	200m 2:09.06	300m 4:23.48	400m -	500m 5:31.51
	600m 6:39.08	700m 7:47.92	800m 8:57.10	900m 10:06.41	1000m 11:15.21
	1100m -	1200m 14:46.52	1300m 15:57.01	1400m -	1500m 17:05.27
7.	Matthew WRIGHT	16	Team Luton	17:06.11	611
	100m 1:01.29	200m 2:10.49	300m 3:19.96	400m 4:28.93	500m 5:38.55
	600m 6:46.58	700m 7:55.14	800m 9:03.67	900m 10:12.13	1000m 11:21.46
	1100m 12:30.19	1200m 13:39.77	1300m 14:48.92	1400m 15:58.44	1500m 17:06.11
8 J3	Logan MOORE	15	St Felix Sch	17:26.96	575
	100m 1:04.33	200m 2:12.89	300m 3:22.31	400m 4:31.76	500m 5:40.82
	600m 6:51.03	700m 8:01.44	800m 9:12.24	900m 10:23.17	1000m 11:34.21
	1100m 12:45.31	1200m 13:56.62	1300m 15:07.71	1400m 16:18.35	1500m 17:26.96
9.	Ethan FARRELL	17	Hatfield	17:30.92	569
	100m 1:03.74	200m 2:13.54	300m 3:23.88	400m 4:34.64	500m 5:44.63
	600m 6:55.08	700m 8:05.43	800m 9:15.41	900m 10:25.59	1000m 11:36.14
	1100m 12:47.08	1200m 13:58.11	1300m 15:09.11	1400m 16:20.52	1500m 17:30.92
10.	Thomas WIGGINS	15	Co Peterboro	17:38.22	557
	100m 1:03.36	200m 2:13.37	300m 3:23.58	400m 4:34.50	500m 5:45.14
	600m 6:56.05	700m 8:07.31	800m 9:18.50	900m 10:29.93	1000m 11:41.56
	1100m 12:53.08	1200m 14:04.65	1300m 15:16.56	1400m 16:28.29	1500m 17:38.22
11.	Keenan STOKES	16	UEA Norwich	17:41.01	553
	100m 1:04.15	200m 2:14.02	300m 3:24.08	400m 4:34.38	500m 5:45.17
	600m 6:56.78	700m 8:08.72	800m 9:20.80	900m 10:32.91	1000m 11:45.12
	1100m 12:56.23	1200m 14:08.81	1300m 15:20.04	1400m 16:31.70	1500m 17:41.01
12.	Patrick KEAVENEY	14	Modernians	17:48.07	542
	100m 1:05.69	200m 2:15.68	300m 3:26.31	400m 4:37.04	500m 5:49.39
	600m 7:00.64	700m 8:12.97	800m 9:24.74	900m 10:37.11	1000m 11:49.49
	1100m 13:01.28	1200m 14:14.42	1300m 15:26.64	1400m 16:38.29	1500m 17:48.07
13.	Max WILSON	14	Modernians	17:50.63	538
	100m 1:04.83	200m 2:15.70	300m 3:27.39	400m 4:39.82	500m 5:52.28
	600m 7:04.41	700m 8:17.11	800m 9:29.34	900m 10:42.05	1000m 11:55.13
	1100m 13:07.29	1200m 14:19.78	1300m 15:31.86	1400m 16:43.19	1500m 17:50.63
14.	Harry CONSTANTINE	13	Hatfield	17:50.71	538
	100m 1:05.84	200m 2:16.65	300m 3:28.64	400m 4:40.48	500m 5:53.71
	600m 7:06.48	700m 8:19.07	800m 9:31.83	900m 10:44.17	1000m 11:57.50
	1100m 13:09.43	1200m 14:21.72	1300m 15:33.95	1400m 16:44.33	1500m 17:50.71
15.	Samuel PECK	14	UEA Norwich	17:53.69	533
	100m 1:05.68	200m 2:16.71	300m 3:28.75	400m 4:40.70	500m 5:52.28
	600m 7:04.35	700m 8:16.36	800m 9:28.62	900m 10:40.80	1000m 11:53.07
	1100m 13:05.44	1200m 14:18.75	1300m 15:31.23	1400m 16:43.95	1500m 17:53.69
16.	James WOODWARD	14	Potters Bar	17:55.30	531
	100m 1:05.75	200m 2:17.47	300m 3:29.77	400m 4:42.51	500m 5:54.90
	600m 7:08.04	700m 8:20.64	800m 9:32.54	900m 10:45.29	1000m 11:57.29
	1100m 13:09.54	1200m 14:22.15	1300m 15:35.05	1400m 16:47.61	1500m 17:55.30
17.	Myles TURNER	14	West Suffolk	17:59.24	525
	100m 1:04.39	200m 2:15.87	300m 3:28.03	400m 4:40.76	500m 5:53.12
	600m 7:05.07	700m 8:17.51	800m 9:29.73	900m 10:42.79	1000m 11:54.40
	1100m 13:08.22	1200m 14:22.35	1300m 15:35.93	1400m 16:48.72	1500m 17:59.24
18.	Ryan MOGFORD	14	Chelmsford	18:03.66	519
	100m 1:06.05	200m 2:17.06	300m 3:29.28	400m 4:41.34	500m 5:53.94
	600m 7:06.48	700m 8:19.35	800m 9:31.68	900m 10:44.97	1000m 11:57.46
	1100m 13:10.80	1200m 14:23.90	1300m 15:37.92	1400m 16:51.75	1500m 18:03.66
18.	Ben HARRISON	14	Potters Bar	18:03.66	519
	100m 1:05.28	200m 2:15.46	300m 3:26.67	400m 4:38.72	500m 5:51.82
	600m 7:05.05	700m 8:18.87	800m 9:32.51	900m 10:46.67	1000m 11:59.78
	1100m 13:12.56	1200m 14:25.86	1300m 15:39.37	1400m 16:52.77	1500m 18:03.66
20.	Kieran RAPHY	17	Bishop Stort	18:12.13	507
	100m 1:07.88	200m 2:19.60	300m 3:30.89	400m 4:42.34	500m 5:53.62
	600m 7:05.48	700m 8:18.39	800m 9:31.35	900m 10:44.74	1000m 11:58.96
	1100m 13:13.84	1200m 14:28.98	1300m 15:44.08	1400m 16:59.11	1500m 18:12.13
21.	Cavan BECK	15	Bo Southend	18:15.73	502
	100m 1:05.53	200m 2:15.98	300m 3:28.06	400m 4:41.01	500m 5:54.54
	600m 7:07.48	700m 8:20.12	800m 9:32.82	900m 10:46.42	1000m 12:00.27
	1100m 13:14.68	1200m 14:29.61	1300m 15:45.39	1400m 17:01.29	1500m 18:15.73
22.	Sebastian DI SIENA	14	St Ives	19:45.38	396
	100m 1:10.95	200m 2:28.07	300m 3:45.94	400m 5:04.19	500m 6:23.00
	600m 7:41.96	700m 9:01.45	800m 10:21.30	900m 11:41.54	1000m 13:02.38
	1100m 14:23.31	1200m 15:44.90	1300m 17:06.69	1400m 18:27.21	1500m 19:45.38