

EVENT 401 Boys Open 200m Butterfly

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Aaron LAMBIE	10	Thurrock	3:04.98	219	42.27	1:28.26	2:16.42

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Mason HUNNISETT	11	Basildon Ph	2:43.01	320	35.20	1:17.35	2:00.21
2.	Samuel PERKS	11	Chelmsford	2:52.10	272	36.42	1:20.46	2:06.44

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Timothy HUGHES	12	Hatfield	2:37.94	351	35.68	1:16.09	1:15.69
2.	Harvey NORMAN	12	Co Peterboro	2:38.92	345	34.30	1:14.07	1:56.41
3.	Thomas CLARE	12	teamipswich	2:39.79	339	35.05	1:16.20	1:59.01
4.	Nathan SWIFT	12	Team Luton	2:44.43	311	36.46	1:16.12	2:03.16
5.	Jamie MCCAFFRAY	12	Modernians	2:45.18	307	37.26	1:18.11	2:01.47
6.	Charles WHYTE	12	West Suffolk	2:47.51	294	36.60	1:17.80	2:03.29
7.	Jack BOWYER	12	Colchester	2:48.26	291	35.15	1:18.65	2:04.26
8.	Mason BRAND	12	Berkhamsted	2:51.21	276	35.84	1:19.07	2:05.59

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Nathan HUGHES	13	Hatfield	2:20.77	497	31.77	1:07.84	1:44.69
2.	Charlie BODEN	13	Chelmsford	2:22.23	481	31.39	1:08.32	1:45.36
3.	Ben HARRISON	13	Potters Bar	2:25.35	451	31.55	1:08.48	1:46.34
4.	Harry WHITEMAN	13	Co Peterboro	2:29.48	415	32.96	1:11.32	1:50.62
5.	Sebastian DI SIENA	13	Co Peterboro	2:33.81	381	34.36	1:14.12	1:54.42
6.	Samuel PECK	13	UEA Norwich	2:48.70	288	34.38	1:17.61	2:02.64

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Jamie SCHOLES	14	Co Peterboro	2:19.24	513	30.12	1:05.16	1:41.96
2.	Benjamin GARRATT	14	Hatfield	2:22.79	476	30.94	1:07.91	1:45.20
3.	Luke SUGDEN	14	Hatfield	2:23.33	470	32.15	1:08.28	1:45.46
4.	Andrew MARTINDALE	14	Thurrock	2:27.19	434	31.46	1:08.20	1:46.71
5.	Patrick KEAVENEY	14	Modernians	2:27.55	431	31.91	1:09.81	1:49.57
6.	James MARTINDALE	14	Thurrock	2:40.06	338	33.90	1:13.49	1:56.15

EVENT 402 Girls Open 100m Breaststroke

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Alexa ELLIFF	10	Deben	1:33.82	324	44.73
2.	Isabella RENWICK	10	Bishop Stort	1:34.87	313	44.43
3.	Erin O'MEARA	10	Watford SC	1:35.00	312	44.03
4.	Isobel BETTLEY	10	Halstead	1:35.72	305	44.25
5.	Tilly MAYES	10	Thurrock	1:36.09	301	46.57
6.	Daria TEOBALD	10	Hitchin	1:37.04	292	45.52
7.	Jessica WOODWARD	10	Potters Bar	1:37.29	290	45.45
8.	Chiara ROGERS	10	Team Luton	1:37.36	290	45.13
9.	Saskia FARAGHER	10	Norwich Swan	1:38.17	282	45.86
10.	Orla KEAVENEY	10	Modernians	1:38.32	281	46.53
11.	Carys BREALEY	10	Harlow Pen	1:38.79	277	48.78
12.	Ciara WOOKEY	10	Colchester	1:39.44	272	47.19
13.	Anneliese MAGRATH	10	Chelmsford	1:39.86	268	48.63
14.	Eve WRIGHT	10	Co Peterboro	1:40.19	266	47.25
15.	Rachel ANDREWS	10	Biggleswade	1:41.52	255	47.40
16.	Kate MCLOUGHLIN	10	Co Peterboro	1:41.79	253	47.91
17.	Ava LESSING-CALLER	10	Huntingdon	1:44.14	237	48.72
18.	Alice RICHARDSON	10	Harpenden	1:44.67	233	50.23

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Mia LEECH	11	Co Peterboro	1:21.66	491	39.22
2.	Amelia MONAGHAN	11	Co Peterboro	1:24.55	442	39.76
3.	Maisie EASTER	11	UEA Norwich	1:28.09	391	41.72
4.	Sophie PAYNE	11	Hatfield	1:28.18	390	41.94
5.	Anna BLAKELEY	11	Co Peterboro	1:28.39	387	41.46
6.	Ella CHOWN	11	Co St Albans	1:31.70	347	44.09
7.	Jade GOODE	11	Co Peterboro	1:33.49	327	45.32
8.	Kaelah LAWSON	11	Modernians	1:40.04	267	45.79

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Honey HARVEY	12	UEA Norwich	1:19.13	540	38.29
2.	Grace LEECH	12	UEA Norwich	1:20.98	504	38.97
3.	Keira FROSDICK	12	Norwich Swan	1:23.04	467	40.51
4.	Poppy RICHARDSON	12	Co Peterboro	1:24.65	441	40.29
5.	Aimee LOWRY	12	Norwich Swan	1:24.70	440	39.31
6.	Abigail BERREY	12	UEA Norwich	1:24.83	438	40.06
7.	Alara NORTON	12	Cheshunt	1:25.41	429	40.24
8.	Charlotte MATTHEWS	12	Bishop Stort	1:27.15	404	42.00
9.	Lauren SCOTT	12	Chelmsford	1:27.73	396	40.87
10.	Jodie ROOT	12	Halstead	1:28.39	387	41.00
11.	Holly ATKINS	12	Cheshunt	1:29.35	375	40.71

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Molly FRANCIS	13	Hatfield	1:18.45	554	37.64
2.	Amelia BARNETSON	13	Chelmsford	1:18.87	545	36.99
3.	Niamh WARRINGTON	13	Co Peterboro	1:20.22	518	37.56
4.	Katie LINES	13	Lstof & OB	1:20.33	516	38.56
5.	Hannah MCNAUL	13	West Suffolk	1:21.01	503	38.38
6.	Nadine SMITH	13	Hatfield	1:21.29	498	37.72
7.	Charlotte NASH	13	Bishop Stort	1:21.60	492	38.54
8.	Catherine BROWN	13	Norwich Swan	1:21.68	491	37.41
9.	Leyla M. RIZATEPE	13	Co St Albans	1:22.17	482	39.11
10.	Kaiya AUNG	13	Colchester	1:22.78	471	40.38
11.	Aiyana LAWSON	13	Modernians	1:22.92	469	39.49
12.	Charlotte ASHWIN	13	Mid Beds	1:22.99	468	38.53
13.	Christie WOODS	13	Co Peterboro	1:24.97	436	41.07
14.	Elinor DULEY	13	Colchester	1:25.09	434	40.15

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Emily BIGGS	14	Co Cambridge	1:16.80	590	36.54
2.	Rachel ROBINSON	14	UEA Norwich	1:17.01	586	35.94
3.	Jana SPINNER	14	UEA Norwich	1:17.57	573	37.29
4.	Eleanor CLARKE	14	Chelmsford	1:18.07	562	36.19
5.	Rachel WELLINGS	14	Co Peterboro	1:18.40	555	37.09
6.	Hanna JASZKIEWICZ	14	Co Peterboro	1:18.54	552	37.54
7.	Lucy OXBROW	14	teamipswich	1:20.67	509	37.84
8.	Katherine BROWN	14	Co Peterboro	1:20.98	504	38.12
9.	Roxanne UYS	14	West Norfolk	1:21.84	488	39.63
10.	Katie CROWTHER	14	Co Peterboro	1:22.55	475	38.91
11.	Jordanne SILLITOE	14	West Suffolk	1:23.34	462	39.12
12.	Hannah MOORE	14	Deben	1:23.74	455	39.04
13.	Megan WICKHAM	14	Bishop Stort	1:23.84	454	38.61
14.	Annalise WRIGHT	14	Linslade	1:24.33	446	39.04

EVENT 403 Mens 11/14 Yrs 800m Freestyle Team

Full Results						
Place	Name	A.G	Club	Time	R.T.Points	
1.	Hatfield A		Hatfield	8:19.99	586	
			Luke SUGDEN		2.08.96	29.07 33.03
			Luke TURLEY		2.02.83	33.94 32.92
			Benjamin GARRATT		2.06.41	28.04 31.65
			Nathan HUGHES		2.01.79	32.07 31.07
						28.07 32.11
						33.12 33.11
						27.64 31.22
						31.82 31.11
2.	Team Ipswich Swimming		teamipswich	8:38.37	526	
			Samuel COTTEE		2.10.98	29.80 33.46
			Alex WALMSLEY		2.12.35	34.03 33.69
			Dominic SCIFO		2.04.55	29.69 34.09
			Harry EADE		2.10.49	34.30 34.27
						27.66 32.48
						32.86 31.55
						29.63 34.12
						33.67 33.07
3.	City Of Peterborough A		Co Peterboro	8:42.20	514	
			Cameron MCRAE		2.11.18	29.80 33.92
			Benjamin GARTON		2.14.12	34.48 32.98
			Jamie SCHOLES		2.04.30	29.86 33.85
			Michael LARDNER		2.12.60	35.22 35.19
						27.92 31.52
						32.33 32.53
						28.96 33.79
						35.08 34.77
4.	UEA City of Norwich SC		UEA Norwich	8:46.31	502	
			Ryan SMITH		2.08.18	29.18 32.99
			Leyton BERREY		2.11.31	33.24 32.77
			Samuel PECK		2.12.58	29.42 32.78
			Nicholas PERKINS		2.14.24	34.00 35.11
						29.76 34.17
						33.98 34.67
						28.88 34.30
						34.99 36.07
5.	Potters Bar SC		Potters Bar	8:46.80	501	
			Ben HARRISON		2.11.74	29.80 34.10
			Morgan NEWMAN		2.12.74	34.48 33.36
			James WOODWARD		2.13.95	29.06 33.27
			David SHIPMAN		2.08.37	35.14 35.27
						29.42 34.31
						36.59 33.63
						28.81 33.15
						34.36 32.05

6.	Basildon and Phoenix S	Basildon Ph	8:56.36	475		
		Harry NICHOLLS		2.13.39	29.81	33.83
					35.47	34.28
		Tyler BERRY		2.15.69	31.12	34.00
					35.43	35.14
		Harvey JOLLY		2.15.79	29.81	35.22
					36.32	34.44
		Vincent MELO PEET		2.11.49	30.19	33.79
					34.63	32.88
7.	City Of Peterborough B	Co Peterboro	9:12.69	434		
		Harvey NORMAN		2.18.16	31.53	35.16
					36.64	34.83
		Harry WHITEMAN		2.17.57	31.17	34.96
					36.30	35.14
		Sebastian DI SIENA		2.15.65	31.22	34.26
					35.25	34.92
		Jaxon SIMMONS		2.21.31	32.46	35.63
					36.97	36.25
8.	Hatfield B	Hatfield	9:14.36	430		
		Reese HOUSDEN		2.17.30	30.61	35.83
					36.13	34.73
		Josh RAYNER		2.23.93	31.57	36.50
					38.38	37.48
		Callum HURREN		2.16.36	30.32	33.90
					36.71	35.43
		Matthew BENTLEY		2.16.77	30.43	35.02
					36.49	34.83

EVENT 404 Womens 11/14 Yrs 400m Free.Team

Full Results

Place	Name	A.G	Club	Time		
1.	Team Ipswich Swimming		teampswich	4:05.38		
			Rebecca SHERWIN	58.49	28.43	30.06
			Mia MASPER	1.04.71	31.69	33.02
			Lucy OXBROW	59.75	29.10	30.65
			Amie PHILPOT	1.02.43	30.26	32.17
2.	City Of Peterborough A		Co Peterboro	4:05.42		
			Hanna JASZKIEWICZ	1.04.94	30.54	34.40
			Rachel WELLINGS	59.59	28.17	31.42
			Katherine BROWN	58.98	28.45	30.53
			Christie WOODS	1.01.91	29.76	32.15
3.	Bishops Stortford SC A		Bishop Stort	4:10.10		
			Megan COOK	1.03.07	29.91	33.16
			Emily LAMPON	1.04.75	30.54	34.21
			Amy YOUNG	1.01.18	29.14	32.04
			Eleanor MITCHELL	1.01.10	28.55	32.55
4.	City of Cambridge SC		Co Cambridge	4:12.60		
			Emily BIGGS	1.02.85	30.08	32.77
			Susanna FRASER	1.03.33	30.05	33.28
			Saskia MALHOTRA	1.04.10	30.26	33.84
			Millie EMMANS	1.02.32	30.02	32.30
5.	UEA Norwich A		UEA Norwich	4:13.54		
			Isabelle FRYMANN	1.02.29	29.90	32.39
			Jana SPINNER	1.03.36	30.68	32.68
			Megan MANN	1.03.55	30.32	33.23
			Angel DUNDERDALE	1.04.34	30.19	34.15
6.	City Of Peterborough B		Co Peterboro	4:19.05		
			Anna BLAKELEY	1.05.37	30.76	34.61
			Katie CROWTHER	1.04.64	30.32	34.32
			Poppy LEECH	1.04.84	31.23	33.61
			Niamh WARRINGTON	1.04.20	30.73	33.47
7.	Chelmsford SC		Chelmsford	4:21.68		
			Rebecca KITCHING	1.05.37	31.21	34.16
			Lucy GREENWOOD	1.05.86	31.19	34.67
			Darcey GARDINER	1.06.02	30.92	35.10
			Georgia HARROD	1.04.43	30.44	33.99
8.	Colchester SC		Colchester	4:22.58		
			Elinor DULEY	1.04.36	30.25	34.11
			Isabella TANENBAUM	1.06.40	30.67	35.73
			Charlotte ATKINSON	1.06.99	32.60	34.39
			Kalya AUNG	1.04.83	31.57	33.26
9.	Linslade Crusaders Swi		Linslade	4:22.63		
			Victoria SANDERSON	1.05.14	31.13	34.01
			Daisy SAUNDERS	1.05.62	30.93	34.69
			Annalise WRIGHT	1.05.02	31.31	33.71
			Lauren AVIS	1.06.85	31.70	35.15
10.	Hatfield A		Hatfield	4:23.15		
			Molly FRANCIS	1.05.31	31.01	34.30
			Amber SHINE	1.04.92	31.59	33.33
			Nadine SMITH	1.07.75	32.59	35.16
			Laura COPPING	1.05.17	31.37	33.80
11.	Mid Beds SS		Mid Beds	4:23.40		
			Georgina CURTIS	1.05.04	31.14	33.90
			Julia LENKIEWICZ	1.07.73	31.70	36.03
			Charlotte ASHWIN	1.06.05	31.04	35.01
			Olivia THOMAS	1.04.58	30.14	34.44
12.	St Felix School SC (So		St Felix Sch	4:33.64		
			Kamie LOWE	1.09.22	32.74	36.48
			Sophie TAYLOR	1.08.40	32.29	36.11
			Madeleine CHAMBERS	1.06.21	31.56	34.65
			Megan WILTSHIRE-LASTRA	1.09.81	33.86	35.95

Hatfield B	Hatfield	DQ				
	Jessica FARROW		1.07.32		31.63	35.69
	Bailey WILKES		1.07.01		31.62	35.39
	Natasha BENTLEY		1.10.61		33.16	37.45
	Libby MAGILL		35.80		35.80	

EVENT 405 FINAL OF EVENT 401 Boys 10 Yrs 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Aaron LAMBIE	10	Thurrock	3:04.47	220	42.17	1:28.98	2:18.06

EVENT 406 FINAL OF EVENT 401 Boys 11 Yrs 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Mason HUNNISETT	11	Basildon Ph	2:36.98	358	35.19	1:14.58	1:55.66
2.	Samuel PERKS	11	Chelmsford	2:43.68	316	34.62	1:17.28	2:01.10

EVENT 407 FINAL OF EVENT 401 Boys 12 Yrs 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Harvey NORMAN	12	Co Peterboro	2:36.21	363	33.17	1:12.01	1:54.65
2.	Thomas CLARE	12	teamipswich	2:38.56	347	33.99	1:15.08	1:56.67
3.	Nathan SWIFT	12	Team Luton	2:39.41	342	35.78	1:16.93	1:59.88
4.	Timothy HUGHES	12	Hatfield	2:39.46	341	35.46	1:16.78	1:58.22
5.	Jack BOWYER	12	Colchester	2:40.81	333	35.68	1:17.26	1:59.28
6.	Jamie MCCAFFRAY	12	Modernians	2:43.87	315	36.20	1:17.40	2:01.77
7.	Charles WHYTE	12	West Suffolk	2:44.79	309	34.73	1:13.90	1:58.12
8.	Mason BRAND	12	Berkhamsted	2:53.35	266	34.87	1:19.52	2:07.60

EVENT 408 FINAL OF EVENT 401 Boys 13 Yrs 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Nathan HUGHES	13	Hatfield	2:20.20	503	31.46	1:07.96	1:45.87
2.	Charlie BODEN	13	Chelmsford	2:21.80	486	32.49	1:07.88	1:45.65
3.	Ben HARRISON	13	Potters Bar	2:22.63	477	30.40	1:07.15	1:45.14
4.	Harry WHITEMAN	13	Co Peterboro	2:27.31	433	32.75	1:10.68	1:50.24
5.	Samuel PECK	13	UEA Norwich	2:27.72	430	32.17	1:10.17	1:49.19
6.	Sebastian DI SIENA	13	Co Peterboro	2:33.00	387	33.79	1:12.62	1:52.69

EVENT 409 FINAL OF EVENT 401 Boys 14 Yrs 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50	100	150
1.	Jamie SCHOLLES	14	Co Peterboro	2:21.51	489	30.42	1:06.08	1:43.54
2.	Luke SUGDEN	14	Hatfield	2:26.85	437	31.30	1:07.98	1:46.76
3.	Benjamin GARRATT	14	Hatfield	2:26.94	437	31.74	1:09.64	1:49.05
4.	Andrew MARTINDALE	14	Thurrock	2:27.38	433	31.80	1:09.04	1:48.61
5.	Patrick KEAVENEY	14	Modernians	2:32.47	391	31.77	1:12.06	1:51.52
6.	James MARTINDALE	14	Thurrock	2:37.97	351	33.46	1:13.03	1:54.21

EVENT 410 FINAL OF EVENT 402 Girls 10 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Alexa ELLIFF	10	Deben	1:32.45	338	44.19
2.	Erin O'MEARA	10	Watford SC	1:33.06	332	44.44
3.	Isabella RENWICK	10	Bishop Stort	1:34.27	319	44.28
4.	Tilly MAYES	10	Thurrock	1:34.55	316	46.79
5.	Chiara ROGERS	10	Team Luton	1:35.92	303	46.21
6.	Isobel BETTLEY	10	Halstead	1:36.31	299	45.40
7.	Daria TEOBALD	10	Hitchin	1:38.07	283	45.84
8.	Jessica WOODWARD	10	Potters Bar	1:38.32	281	47.51

EVENT 411 FINAL OF EVENT 402 Girls 11 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Mia LEECH	11	Co Peterboro	1:21.38	496	38.72
2.	Amelia MONAGHAN	11	Co Peterboro	1:22.85	470	39.10
3.	Maisie EASTER	11	UEA Norwich	1:25.89	422	40.28
4.	Sophie PAYNE	11	Hatfield	1:26.93	407	41.80
5.	Anna BLAKELEY	11	Co Peterboro	1:27.66	397	41.54
6.	Ella CHOWN	11	Co St Albans	1:31.57	348	43.05
7.	Kaelah LAWSON	11	Modernians	1:31.82	345	43.58
8.	Jade GOODE	11	Co Peterboro	1:32.44	338	43.83

EVENT 412 FINAL OF EVENT 402 Girls 12 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Honey HARVEY	12	UEA Norwich	1:18.59	551	37.68
2.	Grace LEECH	12	UEA Norwich	1:19.19	539	38.22
3.	Keira FROSDICK	12	Norwich Swan	1:23.53	459	38.69
4.	Abigail BERREY	12	UEA Norwich	1:24.17	448	39.67
5.	Aimee LOWRY	12	Norwich Swan	1:24.32	446	39.18
6.	Poppy RICHARDSON	12	Co Peterboro	1:24.54	443	40.54
7.	Alara NORTON	12	Cheshunt	1:26.21	417	40.92
8.	Charlotte MATTHEWS	12	Bishop Stort	1:28.42	387	42.00

EVENT 413 FINAL OF EVENT 402 Girls 13 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Amelia BARNETSON	13	Chelmsford	1:17.27	580	36.20
2.	Molly FRANCIS	13	Hatfield	1:20.20	518	37.63
3.	Katie LINES	13	Lstof & OB	1:20.25	518	37.73
4.	Hannah MCNAUL	13	West Suffolk	1:20.84	506	38.09
5.	Catherine BROWN	13	Norwich Swan	1:21.04	503	38.00
6.	Niamh WARRINGTON	13	Co Peterboro	1:21.05	502	37.69
7.	Charlotte NASH	13	Bishop Stort	1:23.83	454	38.89
8.	Nadine SMITH	13	Hatfield	1:24.17	448	39.94

EVENT 414 FINAL OF EVENT 402 Girls 14 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	R.T.Points	50
1.	Rachel WELLINGS	14	Co Peterboro	1:16.53	597	36.40
2.	Rachel ROBINSON	14	UEA Norwich	1:17.39	577	36.49
3.	Emily BIGGS	14	Co Cambridge	1:17.47	575	36.87
4.	Eleanor CLARKE	14	Chelmsford	1:18.47	554	37.05
5.	Jana SPINNER	14	UEA Norwich	1:18.48	553	37.13
6.	Hanna JASZKIEWICZ	14	Co Peterboro	1:18.59	551	37.79
7.	Lucy OXBROW	14	teamipswich	1:21.13	501	38.03
8.	Katherine BROWN	14	Co Peterboro	1:22.52	476	38.94

EVENT 415 Mixed 11/14 Yrs 400m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	R.T.Points		
1.	Team Ipswich Swimming		teamipswich	3:54.24	518		
			Dominic SCIFO		56.06	26.84	29.22
			Becky SHERWIN		58.83	28.17	30.66
			Samuel COTTEE		58.45	27.49	30.96
			Lucy OXBROW		1.00.90	29.15	31.75
2.	UEA City of Norwich SC		UEA Norwich	4:04.49	456		
			Isabelle FRYMAN		1.02.59	29.44	33.15
			Nicholas PERKINS		1.00.44	28.47	31.97
			Jana SPINNER		1.03.85	30.48	33.37
			Ryan SMITH		57.61	27.24	30.37
3.	Linslade Crusaders Swi		Linslade	4:10.79	422		
			Cameron MANLEY		1.00.34	27.60	32.74
			Victoria SANDERSON		1.04.30	30.79	33.51
			Daniel HILL		1.00.95	28.48	32.47
			Daisy SAUNDERS		1.05.20	30.74	34.46
4.	Chelmsford SC		Chelmsford	4:13.12	411		
			Ryan MOGFORD		1.00.59	28.84	31.75
			Georgia HARROD		1.05.46	30.87	34.59
			Holly THOMPSON		1.07.65	31.48	36.17
			Charlie BODEN		59.42	28.32	31.10