

Session 1 on Friday 28th March at 7:00 pm

EVENT 111 Mixed 800m Freestyle

1. Cassandra Pereira	15	Watford SC	9:49.29		26. Sadie Hunter	17	Co Peterboro	9:08.24	
2. Daisy Jubb	15	Co St Albans	9:46.21		27. Ryan Wimpenny	15	Cheshunt	9:07.25	
3. Lucy Clarke	15	Chelmsford	9:44.63		28. Csanad Rehus	16	Co Peterboro	9:05.40	
4. Eveline Gaydon	16	Chelmsford	9:43.30		29. Annie McLeod	17	Putteridge	9:03.57	
5. Francesca Barber	16	Co Norwich	9:41.36		30. Sophie Dowding	18	teamipswich	9:01.78	
6. Emma Cushion	15	Co Peterboro	9:39.90		31. Oliver Fenwick	16	Hatfield	9:01.36	
7. Erin Uttridge	16	teamipswich	9:38.90		32. Ben Howlett	18	teamipswich	8:59.50	
8. Valentina Tinnirello	15	Potters Bar	9:37.42		33. Jamie Wilson	16	West Norfolk	8:59.32	
9. Maia Thompson	17	Team Waveney	9:36.78		34. Daniel Williams	17	Hatfield	8:58.89	
10. Amelia Saunders	17	Norwich Swan	9:35.43		35. Frank Lamb	16	Co Peterboro	8:53.70	
11. George Saunders	15	Co St Albans	9:31.63		36. B Macdonald-Williams	17	Bishop Stort	8:52.91	
12. Millie Richardson	19	Hatfield	9:28.10		37. Jasmine Hall	15	Basildon Ph	8:52.38	
13. Alexander Gaydon	15	Chelmsford	9:27.65		38. Daniel Thompson	18	Thurrock	8:51.73	
14. E Barth-Wehrenalp	15	Chelmsford	9:27.20		39. Zak Fellows	16	Co St Albans	8:50.81	
15. Oliver Fuller	15	Co Cambridge	9:26.50		40. Cait Cotter	18	Chelmsford	8:48.62	
16. Anabelle Kett	16	Co Peterboro	9:26.18		41. Jacob Bacon	15	Co Peterboro	8:47.16	
17. Amy Harper	18	Watford SC	9:25.82		42. George Carter	17	Co Cambridge	8:46.56	
18. Kian Ptolomey	15	Putteridge	9:25.80		43. George Hooper	18	Co St Albans	8:42.38	
19. Ethan Wallis	15	Norwich Swan	9:25.07		44. Adam O'Neal	17	Bedford SS	8:39.20	
20. George Heather	15	Co Peterboro	9:24.74		45. Conor Mint	16	Basildon Ph	8:37.91	
21. Gabriella Troman	16	teamipswich	9:24.37		46. Robert Fenner	17	Basildon Ph	8:37.05	
22. Luke Owens	15	Putteridge	9:19.40		47. Patch Robinson	18	teamipswich	8:36.59	
23. Ever Ives	16	Hatfield	9:17.15		48. Luke Martell	19	Watford SC	8:33.61	
24. Lochlan Shaw	15	Flitwick	9:16.50		49. Daniel Belsey	17	Hatfield	8:22.63	
25. Cailin Hehir	17	Watford SC	9:15.86		50. Ryan Wall	18	Co Cambridge	8:22.09	

Session 2 on Saturday 29th March at 8:45 am

EVENT 211 Female 200m Butterfly

1.	Anastasja Wall	15	Co Norwich	2:49.80		28.	Mia Gray	17	Norwich Swan	2:33.70	
2.	Lucy Wilson	15	Co Peterboro	2:46.82		29.	E Barth-Wehrenalp	15	Chelmsford	2:33.40	
3.	Darcie Waller	15	Stevenage	2:45.96		30.	Lucy Clarke	15	Chelmsford	2:31.68	
4.	Emily Calvert	15	Putteridge	2:45.83		31.	Amelia Saunders	17	Norwich Swan	2:30.90	
5.	Mia Edwards	15	Norwich Swan	2:45.31		32.	Amy Boreham	19	Watford SC	2:30.60	
6.	Freya May	15	Leiston	2:45.14		33.	Lexie Goodman	18	Basildon Ph	2:30.28	
7.	Isla Stewart	15	Co Peterboro	2:44.21		34.	Louise Webster	18	Thurrock	2:29.80	
8.	Cassandra Pereira	15	Watford SC	2:43.75		35.	Antonia Elias	16	Hatfield	2:29.52	
9.	Zoe Watson	15	Basildon Ph	2:43.64		36.	Lily Murrell	16	Norwich Swan	2:29.20	
10.	Milly Johnson	15	West Norfolk	2:42.60		37.	Kate Hopper	18	Watford SC	2:28.83	
11.	Niamh Bunker	15	Flitwick	2:42.11		38.	Abigail Rogers	16	Basildon Ph	2:28.80	
12.	Florence Whittaker	15	Biggleswade	2:42.10		39.	Eleanor McLeod	17	Putteridge	2:28.16	
13.	Ava Turner	16	Basildon Ph	2:42.04		40.	Ruby-May Ciaburro	15	Watford SC	2:27.48	
14.	Charlotte Jenkinson	15	Co Peterboro	2:41.74		41.	Tierney Rooney	19	Thurrock	2:26.90	
15.	I Stratton-Thomsett	16	Colchester	2:41.49		42.	Sophie Dowding	18	teamipswich	2:25.22	
16.	Lucy Jordan-Caws	22	Putteridge	2:39.88		43.	Rebecca Coogan	17	Thurrock	2:24.30	
17.	Amber Lyne	15	Co Cambridge	2:39.85		44.	Georgia Holgate	18	Co Cambridge	2:23.80	
18.	Amelia Porzio	17	Putteridge	2:39.70		45.	Olivia Greenall	16	Co Norwich	2:23.31	
19.	Esmie Kidman	19	West Norfolk	2:38.66		46.	Poppy Magill	17	Putteridge	2:23.14	
20.	Chloe Alton	17	Potters Bar	2:38.20		47.	Lara Treharne	18	Co Peterboro	2:23.11	
21.	Scarlett Joslin	18	Bishop Stort	2:37.96		48.	Hollie Hawkins	18	Basildon Ph	2:22.90	
22.	Claudia Barp	15	Co Cambridge	2:37.62		49.	Annie McLeod	17	Putteridge	2:22.43	
23.	Grace Armstrong	16	Dunstable	2:37.48		50.	Charlotte Smith	18	Norwich Swan	2:20.70	
24.	Emma Cushion	15	Co Peterboro	2:37.38		51.	Chloe Barnard	16	Basildon Ph	2:19.49	
25.	Lily Mae Ware	15	Basildon Ph	2:36.12		52.	Skye Carter	18	Basildon Ph	2:16.60	
26.	Melike Dagdelen	16	Putteridge	2:35.79		53.	Sadie Hunter	17	Co Peterboro	2:14.72	
27.	Isabella Porzio	21	Putteridge	2:34.90		54.	Amelia Fenner	15	Basildon Ph	2:14.53	

EVENT 212 Open/Male 200m Backstroke

1.	Lochlan Shaw	15	Flitwick	2:27.23		32.	Parker Brewster	16	Harpenden	2:18.08	
2.	Cameron Jackson	15	Deben	2:27.04		33.	Ewan Nobes	17	Norwich Swan	2:17.68	
3.	Theo Ryan	15	West Norfolk	2:26.90		34.	Toby Lashmar	16	Basildon Ph	2:17.57	
4.	Oliver Shayle	15	Co Cambridge	2:26.52		35.	Archie Tebbutt	15	New Hall	2:17.50	
5.	Kieran Ng	15	Co Peterboro	2:26.37		36.	Luke Martell	19	Watford SC	2:17.31	
6.	Donald Perrin	15	Diss Otters	2:25.86		37.	Jan Beblot	16	Norwich Swan	2:16.91	
7.	Oliver Butt	15	Deben	2:25.01		38.	Hayden Thornhill	19	Norwich Swan	2:16.86	
8.	Will Minister	15	Thurrock	2:24.94		39.	Archie Harris-Joy	15	Co Norwich	2:16.77	
9.	Oliver Warren	16	Norwich Swan	2:24.77		40.	Evan Larthe	16	Basildon Ph	2:16.55	
10.	Alexander Mordenti	16	Potters Bar	2:24.52		41.	Hugo Arthey	16	Harwich DP	2:16.17	
11.	Thomas Baxter	16	West Norfolk	2:23.91		42.	Zach Montgomery	15	Norwich Swan	2:15.23	
12.	Charlie Birdsall	15	Co Cambridge	2:23.57		43.	James Clarke	17	Co Norwich	2:15.17	
13.	Alexander Pattison	15	West Norfolk	2:23.45		44.	Ryan Wall	18	Co Cambridge	2:15.02	
14.	George Heather	15	Co Peterboro	2:23.38		45.	Danylo Kravchenko	16	New Hall	2:14.20	
15.	George Saunders	15	Co St Albans	2:23.04		46.	Oliver Frame	20	Norwich Swan	2:14.12	
16.	Maxim Szarvadi	16	Harlow Pen	2:22.94		47.	Nathan Yeaman	18	West Norfolk	2:14.07	
17.	Charlie Stott	16	Co St Albans	2:22.88		48.	Patryk Nowak	15	Co Peterboro	2:13.27	
18.	Csanad Rehus	16	Co Peterboro	2:22.54		49.	Daniel Csincsak	16	Bishop Stort	2:12.86	
19.	Finley Barber	16	Potters Bar	2:21.69		50.	Adrien Storck-Wihlidal	18	Bishop Stort	2:12.09	
20.	Ryan Wimpenny	15	Cheshunt	2:21.54		51.	Oscar Hunter	16	Norwich Swan	2:11.75	
21.	Philip Spalding	15	Putteridge	2:21.50		52.	Jacob Bacon	15	Co Peterboro	2:11.70	
22.	Liam Bautista	16	Epping For't	2:19.99		53.	William Leese	17	Co Cambridge	2:11.22	
23.	Charlie Ruddell	16	teamipswich	2:19.80		54.	Albert Orley	17	Braintree	2:11.21	
24.	Kabir Patel	16	Potters Bar	2:19.64		55.	Norbert Kadar	16	Co Cambridge	2:11.02	
25.	Harvey Isle	20	West Norfolk	2:19.52		56.	Thomas Ford	19	Basildon Ph	2:10.71	
26.	B Macdonald-Williams	17	Bishop Stort	2:19.31		57.	Rafferty May	17	Watford SC	2:10.08	
27.	Adam O'Neal	17	Bedford SS	2:19.20		58.	Ethan Thorpe	16	Basildon Ph	2:09.53	
28.	Finlay German	16	Co Cambridge	2:19.09		59.	Zak Fellows	16	Co St Albans	2:08.82	
29.	Ben Hunwick	16	Tring	2:18.55		60.	William East	17	Basildon Ph	2:08.44	
30.	Jude Staton	17	March	2:18.31		61.	Robert Fenner	17	Basildon Ph	2:08.31	
31.	Sean Connolly	17	Epping For't	2:18.21		62.	Ben Howlett	18	teamipswich	2:08.07	

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63. Marton Molnar	16	Co Cambridge	2:07.63		67. Oscar Winterburn	17	teamipswich	2:04.99	
64. Janos Kadar	18	Co Cambridge	2:06.33		68. Ryan Close	17	Bedford SS	2:04.50	
65. Oliver Smith	18	Basildon Ph	2:05.57		69. Myles Turner	25	West Suffolk	2:04.36	
66. Edward Ormsby	18	Co Cambridge	2:05.45		70. Oliver Baskerville	17	Hatfield	2:03.51	

EVENT 213 Female 50m Backstroke

1. Imogen Bygrave	15	Co Cambridge	33.01		37. Charlotte Pound	16	Putteridge	31.68	
2. Ella Pruce	15	Putteridge	32.98		38. Phoebe Matthews	18	Hatfield	31.67	
3. Devon O'Neil	15	Co Peterboro	32.93		39. Olivia Mendham	17	DunmowAtlant	31.61	
4. Lucy Clarke	15	Chelmsford	32.92		40. Emma Cushion	15	Co Peterboro	31.55	
5. Belle Ringwood	15	West Norfolk	32.82		41. Gabriella Meyer	16	DunmowAtlant	31.50	
6. Cassandra Pereira	15	Watford SC	32.67		42. Georgina Munday	21	Co Norwich	31.47	
7. Emilia Rayner	16	Halstead	32.64		43. Sophie Holliss	17	Co St Albans	31.44	
8. Meghan Howarth Owen	16	Chelmsford	32.60		44. Lara Treharne	18	Co Peterboro	31.42	
9. Valentina Tinnirello	15	Potters Bar	32.59		45. Francesca Howell	17	New Hall	31.40	
10. Charlotte Belcher	15	Bedford SS	32.56		46. E Barth-Wehrenalp	15	Chelmsford	31.30	
11. Elizabeth Swaby	16	Basildon Ph	32.56		47. Freya Hadnutt	17	Bishop Stort	31.15	
12. Alice Robinson	16	Co Cambridge	32.53		48. Alexandra Hurley	15	Co Cambridge	31.15	
13. Verity Fuge	15	Co St Albans	32.50		49. Summer Boswell	17	Hatfield	31.15	
14. Isabella Savage	16	Potters Bar	32.48		50. Amy Harper	18	Watford SC	31.12	
15. Alicia Morton	16	Basildon Ph	32.46		51. Naomi Rose Conday	15	Bishop Stort	31.02	
16. Kenzie Bradshaw	15	Hertford	32.40		52. Emily-Grace Bentley	15	Basildon Ph	31.00	
17. Amber Flitton	16	Dunstable	32.22		53. Sophie Green	18	Hatfield	30.90	
18. Erin Woodrow	18	West Norfolk	32.10		54. Alexandra Nurney	15	Hatfield	30.89	
19. Teah Gregory	17	Stevenage	32.09		55. Megan Donovan	18	Co Peterboro	30.80	
20. Amerie Njawayaya	15	Putteridge	32.08		56. Camille Vannier	18	Hatfield	30.62	
21. Charlotte Low	16	Chelmsford	32.07		57. Lois Smith	15	Basildon Ph	30.48	
22. Dayna Arbon	19	Co Norwich	32.07		58. Adrija Raudonyte	17	Newmarket	30.38	
23. Talia Williams	18	Tring	32.06		59. Abigail Davis	15	Bedford SS	30.30	
24. Evie Butterworth	15	Tring	32.01		60. Chloe Armstrong	18	teamipswich	30.21	
25. Chloe Knight	16	Hadleigh	31.98		61. Emily Pitcher	17	Norwich Swan	30.20	
26. Isabel Thomas	17	Newmarket	31.98		62. Erin Currie	17	Hatfield	30.17	
27. Poppy Garrod	16	Co Peterboro	31.98		63. Megan Pye	23	Co Norwich	30.05	
28. Sophie Stelmach	16	Stevenage	31.97		64. Evangeline Pierce	18	Basildon Ph	30.05	
29. Anastasja Wall	15	Co Norwich	31.94		65. Isabelle Cameron	18	Co Peterboro	30.05	
30. Imola Jozsa	19	Hatfield	31.91		66. Nicole Maynard	16	Basildon Ph	30.00	
31. Sophie Roberts	16	teamipswich	31.84		67. Isobel Mather	18	Co Cambridge	29.78	
32. Zoe Land	19	Team Waveney	31.83		68. Charlotte Smith	18	Norwich Swan	29.65	
33. Yan Ting Emily Pak	16	Co Cambridge	31.81		69. Erin Barber	15	Norwich Swan	29.45	
34. Alice Watts	17	Co Cambridge	31.77		70. Georgia Holgate	18	Co Cambridge	29.13	
35. Amy Boreham	19	Watford SC	31.73		71. Vanesa Cimermanova	17	Co Peterboro	28.80	
36. Lily Steel	15	teamipswich	31.70		72. Amara Addison	18	Norwich Swan	28.56	

EVENT 214 Open/Male 100m Breaststroke

1. Harry Arnold-Pepper	17	Co Cambridge	SB8	1:21.60		21. Luke Owens	15	Putteridge	1:13.35	
2. Corey Hare	19	teamipswich	SB14	1:18.46		22. Oliver Shayle	15	Co Cambridge	1:12.70	
3. Joshua Meyer	15	DunmowAtlant		1:16.88		23. George Everett	16	West Suffolk	1:12.69	
4. Bradley Humphries	15	Woodham F SC		1:16.80		24. George Heather	15	Co Peterboro	1:12.36	
5. Sebastian Brown	15	Verulam		1:16.56		25. Ben Howlett	18	teamipswich	1:12.32	
6. Gabriel Taggart	15	Watford SC		1:15.95		26. Luca Baumslag-Grisi	15	Basildon Ph	1:12.25	
7. Anirudh Prabhu	15	Watford SC		1:15.11		27. Elliot Hall	15	Bishop Stort	1:12.07	
8. Lucas Moxon-Booth	16	Flitwick		1:15.00		28. Riley Bashford	19	Deben	1:12.04	
9. Haidden Hall	15	Deben		1:14.90		29. Henry Dean	19	Thurrock	1:11.85	
10. Ramsey Gill	16	Co St Albans		1:14.84		30. Kai Patel	15	Thurrock	1:11.70	
11. Noah Bielby	15	Co Peterboro		1:14.80		31. Alexander Pattison	15	West Norfolk	1:11.68	
12. Stewart Butler	15	Dunstable		1:14.60		32. Cillian O'Brien	17	Co Ely	1:11.62	
13. Oscar McKern	16	Verulam		1:14.26		33. Toby Flood	16	Thetford	1:11.56	
14. Lewis Perry	16	Watford SC		1:14.21		34. Finlay German	16	Co Cambridge	1:11.52	
15. Jeremy Godwin	16	Thurrock		1:13.90		35. Joshua Marshall	20	St Ives	1:11.47	
16. Oliver Fenwick	16	Hatfield		1:13.88		36. Jack Peters	16	Basildon Ph	1:11.33	
17. Jesse Howard	15	Hoddesdon		1:13.75		37. Thomas Underdown	18	Braintree	1:11.30	
18. Alex Bradburn	16	Chelmsford		1:13.69		38. Samuel Howard	18	Hoddesdon	1:11.21	
19. Edward Sun	15	Verulam		1:13.52		39. Austin Harrop	19	Co Norwich	1:11.11	
20. Thomas Hale	15	DunmowAtlant		1:13.36		40. George Little	17	Bedford SS	1:11.10	

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41. Berkley Barnicoat	16	Co Peterboro	1:11.06		67. Szymon Pierzecki	16	Witham Dolph	1:07.96	
42. Josh Black	15	Co Cambridge	1:10.94		68. Luke Payne	21	Hatfield	1:07.74	
43. Alban Gill	17	Co St Albans	1:10.69		69. Cub Maddison	19	Putteridge	1:07.70	
44. Thomas Baxter	16	West Norfolk	1:10.53		70. Harvey Durham	17	Co Norwich	1:07.66	
45. Rafael Corliano	15	Co Cambridge	1:10.51		71. George Lovelock	20	Hitchin	1:07.64	
46. Jeffrey Gill	18	Watford SC	1:10.40		72. Lewis Jarrett	19	Thurrock	1:07.49	
47. Thomas Spelman	18	Stowmarket	1:10.40		73. Samuel Jeffrey	18	Hatfield	1:07.41	
48. Alexander Ball	18	Potters Bar	1:10.11		74. Chun Ho Chan	16	Watford SC	1:06.86	
49. Adam Hazlewood	21	Putteridge	1:09.98		75. Kieran Ng	15	Co Peterboro	1:06.80	
50. Matthew McLaughlin	32	Bishop Stort	1:09.94		76. James McGettigan	16	Thurrock	1:06.60	
51. Christopher Howe	20	Co Cambridge	1:09.52		77. William Presland	20	Watford SC	1:06.53	
52. Daniel De Filippo	16	Flitwick	1:09.51		78. Lucas Hartley	18	Hatfield	1:06.44	
53. Frank Lamb	16	Co Peterboro	1:09.50		79. James Noble	23	Norwich Swan	1:06.40	
54. Oliver Fuller	15	Co Cambridge	1:09.14		80. Andrea Agius	30	Newmarket	1:06.14	
55. Maximus Atkin	16	Linslade	1:09.08		81. Charlie Ruddell	16	teamipswich	1:06.00	
56. Ben Davison	20	Hatfield	1:08.90		82. Tyler Stone	15	Co Norwich	1:06.00	
57. Henry Mann	17	Norwich Swan	1:08.80		83. Ben Buckley	18	Co Norwich	1:05.48	
58. Joshua Jones	16	West Norfolk	1:08.80		84. Lewis Andrews	18	Norwich Swan	1:04.86	
59. Adrien Storck-Wihlidal	18	Bishop Stort	1:08.61		85. Reece Burns	17	Chelmsford	1:04.80	
60. Charlie McKinnon	18	Norwich Swan	1:08.41		86. Charlie Rogers	18	Basildon Ph	1:04.13	
61. Jack Webb	17	Witham Dolph	1:08.40		87. Edward Ormsby	18	Co Cambridge	1:03.98	
62. Jack Renouf	19	Hoddesdon	1:08.27		88. Saxon Minto	17	Chelmsford	1:03.90	
63. Robert Elliston	19	Braintree	1:08.27		89. Finlay Ryan	26	West Norfolk	1:03.80	
64. Benjamin Taggart	18	Watford SC	1:08.27		90. Thomas Hamilton	24	Co Cambridge	1:03.44	
65. Billy Mead	20	Linslade	1:08.21		91. Joshua Sackree	17	Co Peterboro	1:02.34	
66. Daniel Boboye	18	DunmowAtlant	1:08.17		92. Olivier Vedrenne	20	Co Norwich	1:01.25	

Session 3 on Saturday 29th March at 11:10 am

EVENT 221 Female 200m Breaststroke

1.	Sophie Lewis	15	Norwich Swan	2:58.44		31.	Alice Watts	17	Co Cambridge	2:46.13	
2.	Siobhan Schneider	15	Bedford SS	2:58.30		32.	Alexis Johnson	15	Co Peterboro	2:45.99	
3.	Freya Gyselings	15	Co Peterboro	2:57.06		33.	Isabel White	16	Biggleswade	2:45.43	
4.	Mimi Clinch	15	Co St Albans	2:56.57		34.	Isla Stewart	15	Co Peterboro	2:45.20	
5.	Caitlin Stockwell	15	Co Cambridge	2:55.52		35.	Kate Hopper	18	Watford SC	2:45.15	
6.	Libby Nurse	15	Basildon Ph	2:55.50		36.	Verity Hamilton	15	Norwich Swan	2:45.00	
7.	Eloise Collins	16	West Norfolk	2:54.62		37.	Amelia Murphy	18	Witham Dolph	2:44.81	
8.	Sophie Williams	16	Co Cambridge	2:53.46		38.	Isabella Porzio	21	Putteridge	2:43.70	
9.	Kornelia Jagodzinska	15	Runnymede	2:52.78		39.	Niamh James	24	Bishop Stort	2:43.50	
10.	Nicole Peddely	15	teamipswich	2:52.47		40.	Mia Lowe	18	Basildon Ph	2:43.30	
11.	I Stratton-Thomsett	16	Colchester	2:52.27		41.	Summer Evason	16	Watford SC	2:43.30	
12.	Zoe Land	19	Team Waveney	2:52.21		42.	Megan Gray	18	Hatfield	2:41.48	
13.	Tyra Sajudeen	15	Co Cambridge	2:51.60		43.	Gracie Parker	17	Basildon Ph	2:41.30	
14.	Kiera Broad	17	Newmarket	2:51.56		44.	Molly Greatbatch	15	Bishop Stort	2:41.04	
15.	Ruby Brace	17	Co Peterboro	2:51.43		45.	Yan Ting Emily Pak	16	Co Cambridge	2:40.46	
16.	K Sutika-Totlebena	17	West Norfolk	2:51.28		46.	Elizabeth Wright	18	West Suffolk	2:39.91	
17.	Rachael Carpenter	18	Ware	2:51.05		47.	Ella Greatbatch	17	Bishop Stort	2:38.76	
18.	Molly Grieve	20	Colchester	2:50.58		48.	Lexie O'Connor	18	Basildon Ph	2:38.37	
19.	Grace Mutton	15	Deben	2:50.52		49.	Charlisse Harding	16	Norwich Swan	2:38.10	
20.	Adrija Raudonyte	17	Newmarket	2:50.48		50.	Sophie Payne	23	Putteridge	2:37.30	
21.	Molly Bartup	17	Cheshunt	2:50.44		51.	Georgina Hamilton	17	Co St Albans	2:36.79	
22.	Esme Stringer	17	Bishop Stort	2:50.34		52.	Lilly Davis	18	Co Peterboro	2:36.23	
23.	Bethany Crawley	17	teamipswich	2:50.26		53.	Rebecca Keetley	21	Co Cambridge	2:35.50	
24.	Evie Greenhalf	15	Co Norwich	2:50.23		54.	Sarah O'Brien	29	West Norfolk	2:35.47	
25.	Elizabeth Feld	15	Chelmsford	2:50.21		55.	Chloe Butler	21	Norwich Swan	2:35.12	
26.	Sofia Cirdei	15	Basildon Ph	2:50.18		56.	Caitlin Hartley	21	Hatfield	2:32.60	
27.	Poppy Magill	17	Putteridge	2:49.41		57.	Jasmine Carter	16	Basildon Ph	2:31.20	
28.	Hannah Lovelock	17	Hitchin	2:48.92		58.	Isabelle Cameron	18	Co Peterboro	2:30.98	
29.	Devon O'Neil	15	Co Peterboro	2:46.64		59.	Ellen Eccleston	18	Co Norwich	2:30.80	
30.	Mia Gray	17	Norwich Swan	2:46.40							

EVENT 222 Open/Male 100m Butterfly

1.	Mark Evens	29	Hitchin	S14	1:17.27		29.	Alexander Pattison	15	West Norfolk	1:01.60		
2.	Harry Arnold-Pepper	17	Co Cambridge	S9	1:14.71		30.	Frank Lamb	16	Co Peterboro	1:01.60		
3.	Mykhailo Vasyliiev	15	Bedford SS		1:06.50		31.	Daniel Clayton	19	Deben	1:01.58		
4.	Aaron Sadler	15	Co Peterboro		1:06.16		32.	Hayden Garrod	17	Team Waveney	1:01.56		
5.	Lochlan Shaw	15	Flitwick		1:06.00		33.	Roan Brennan	19	Basildon Ph	S10	1:01.40	
6.	Stewart Butler	15	Dunstable		1:05.60		34.	Frank Jacob	16	Co Cambridge	1:01.33		
7.	Oliver Howard	15	Bishop Stort		1:05.30		35.	Wilfred Warwick	15	Co Cambridge	1:01.19		
8.	Haiden Hall	15	Deben		1:04.77		36.	Daniel De Filippo	16	Flitwick	1:01.14		
9.	George Heather	15	Co Peterboro		1:04.52		37.	Harry Hudson	20	Norwich Swan	1:01.06		
10.	Luke Owens	15	Putteridge		1:04.20		38.	Reece Burns	17	Chelmsford	1:00.88		
11.	Corey Hare	19	teamipswich	S14	1:03.99		39.	Benjamin Every	17	Team Waveney	1:00.77		
12.	Jan Beblot	16	Norwich Swan		1:03.69		40.	Harry Cooper	17	Rochford	1:00.70		
13.	Elliot Hall	15	Bishop Stort		1:03.67		41.	Conor Mint	16	Basildon Ph	1:00.70		
14.	Isaac Buchan	16	Co Norwich		1:03.30		42.	Stuart Clarke	41	Bishop Stort	1:00.60		
15.	Kabir Patel	16	Potters Bar		1:03.24		43.	Benedict Measures	20	Norwich Swan	1:00.40		
16.	Rafael Corliano	15	Co Cambridge		1:03.11		44.	Dylan Davenport	16	Bishop Stort	1:00.20		
17.	Corben Gibson	15	Basildon Ph		1:02.90		45.	Marcus King	17	Putteridge	1:00.20		
18.	Oliver Warren	16	Norwich Swan		1:02.90		46.	Ashton Blake	16	Basildon Ph	1:00.17		
19.	Kieran Ng	15	Co Peterboro		1:02.87		47.	Marton Molnar	16	Co Cambridge	1:00.14		
20.	Oliver Green	16	Co St Albans		1:02.75		48.	Finlay Neve	17	Co Norwich	1:00.10		
21.	Harry Bird	16	Putteridge		1:02.50		49.	Billy Mead	20	Linslade	1:00.10		
22.	Jeremy Brailsford	16	Witham Dolph		1:02.20		50.	Billy Cyl	17	Hoddesdon	1:00.07		
23.	Patryk Nowak	15	Co Peterboro		1:02.13		51.	Riley Bashford	19	Deben	59.94		
24.	Oliver Fuller	15	Co Cambridge		1:01.90		52.	Sean Connolly	17	Epping For't	59.90		
25.	Finlay German	16	Co Cambridge		1:01.88		53.	Archie Tebbutt	15	New Hall	59.50		
26.	Joshua Ellis	19	Hatfield		1:01.64		54.	Ethan Thorpe	16	Basildon Ph	59.40		
27.	Daniel Thompson	18	Thurrock		1:01.62		55.	Jamie Wilson	16	West Norfolk	59.40		
28.	Daniel Meier	18	Biggleswade		1:01.60		56.	Oscar Hunter	16	Norwich Swan	59.30		

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57. Zach Townend	22	Co Norwich	59.20		71. Jude Gunner	16	Norwich Swan	S14	58.50		
58. Ronnie Edwards	17	Rochford	59.20		72. Oliver Pike	18	Co Norwich		58.40		
59. Jack Barnard	20	Watford SC	59.16		73. Joshua Parker	16	Braintree		58.30		
60. Hugo Raubitschek-Smith	17	Co St Albans	59.15		74. Evan McQuade	17	DunmowAtlant		58.30		
61. Jack Osborne	18	Deben	59.11		75. Oscar Winterburn	17	teamipswich		58.25		
62. Daniel McGuinness	19	Basildon Ph	59.10		76. Ryan Close	17	Bedford SS		58.10		
63. Rio Rogers	21	Basildon Ph	S14	59.10		77. Lucas Hartley	18	Hatfield		57.95	
64. Lewis Jarrett	19	Thurrock		59.09		78. Kian Lee	17	Co Peterboro		57.73	
65. Harrison Shaw	18	Flitwick		59.00		79. Damon Elliott	21	DunmowAtlant		57.30	
66. Maxwell Hozier	16	Hoddesdon		58.91		80. Harry Jones	25	Co Norwich		55.60	
67. Daniel Williams	17	Hatfield		58.80		81. Henry Dean	19	Thurrock		54.60	
68. Jake Lloyd	30	Bishop Stort		58.68		82. Joshua Shepherd	17	Thurrock		53.80	
69. Danylo Kravchenko	16	New Hall		58.64		83. Aaron Fox	24	Co Norwich		53.57	
70. Jacob Bacon	15	Co Peterboro		58.63							

EVENT 223 Female 400m Freestyle

1. Charlotte Ryan	25	Runnymede	S6	8:45.70		27. Amy Harper	18	Watford SC		4:38.39	
2. Ida Corcoran	16	Flitwick	S9	5:56.43		28. Amelia Lewis	16	teamipswich		4:38.06	
3. Lily Herring	17	Co Norwich	S10	5:40.38		29. Genevieve White	17	Co Cambridge		4:36.70	
4. Abigail Wickens	18	Flitwick	S8	5:37.60		30. Amelia Porzio	17	Putteridge		4:36.46	
5. Grace Mutton	15	Deben		4:48.83		31. Amelia Saunders	17	Norwich Swan		4:36.14	
6. Elizabeth Pert	15	Norwich Swan		4:48.50		32. Lois Smith	15	Basildon Ph		4:35.65	
7. Anastasja Wall	15	Co Norwich		4:48.20		33. Valentina Tinnirello	15	Potters Bar		4:35.60	
8. Milly Johnson	15	West Norfolk		4:46.90		34. Jessica-Jane Applegate	29	Co Norwich	S14	4:34.50	
9. Olivia Palmer	15	Co Norwich		4:46.67		35. Erin Uttridge	16	teamipswich		4:34.26	
10. Isabella Savage	16	Potters Bar		4:46.31		36. Ruby Chapman	19	Norwich Swan		4:33.97	
11. Emma Cushion	15	Co Peterboro		4:46.15		37. Ella Dawson	17	Chelmsford		4:33.74	
12. Cassandra Pereira	15	Watford SC		4:45.93		38. Gabriella Troman	16	teamipswich		4:33.56	
13. Daisy Jubb	15	Co St Albans		4:45.31		39. Erin Younger	18	Co St Albans		4:32.76	
14. Elena Buckley	15	Basildon Ph		4:45.03		40. Millie Richardson	19	Hatfield		4:32.49	
15. Ava Turner	16	Basildon Ph		4:44.62		41. Anabelle Kett	16	Co Peterboro		4:32.04	
16. Esmie Kidman	19	West Norfolk		4:43.34		42. Sadie Hunter	17	Co Peterboro		4:28.50	
17. Aislin Foley-Wright	18	Basildon Ph		4:42.96		43. Cailin Hehir	17	Watford SC		4:28.32	
18. Ava Black	18	Co St Albans		4:42.71		44. Chloe Barnard	16	Basildon Ph		4:28.22	
19. Ella Deaton	16	Newmarket		4:42.69		45. Alexa Mann	19	DunmowAtlant		4:26.70	
20. Antonia Elias	16	Hatfield		4:41.90		46. Annie McLeod	17	Putteridge		4:24.92	
21. Summer Evason	16	Watford SC		4:40.80		47. Sophie Dowding	18	teamipswich		4:24.75	
22. Isabel Thomas	17	Newmarket		4:40.62		48. Rebecca Coogan	17	Thurrock		4:24.70	
23. Francesca Barber	16	Co Norwich		4:39.81		49. Amelia Fenner	15	Basildon Ph		4:23.72	
24. Eleanor McLeod	17	Putteridge		4:39.42		50. Ever Ives	16	Hatfield		4:23.64	
25. E Barth-Wehrenalp	15	Chelmsford		4:39.30		51. Jasmine Hall	15	Basildon Ph		4:16.94	
26. Lexie Goodman	18	Basildon Ph		4:38.90		52. Cait Cotter	18	Chelmsford		4:15.00	

Session 4 on Saturday 29th March at 1:55 pm

EVENT 231 Open/Male 100m Freestyle

1. Jacob Dessoy	17	Runnymede	S8	1:23.99		48. Roan Brennan	19	Basildon Ph	S10	54.70	
2. Mark Evens	29	Hitchin	S14	1:10.67		49. Danylo Kravchenko	16	New Hall		54.60	
3. Harry Arnold-Pepper	17	Co Cambridge	S9	1:08.00		50. Kian Lee	17	Co Peterboro		54.59	
4. Ryan Crouch	31	Deben	S10	1:00.33		51. Oliver Baskerville	17	Hatfield		54.59	
5. Corey Hare	19	teamipswich	S14	59.10		52. Lee-Koppany Boka	17	Basildon Ph		54.57	
6. Rufus Kellie	15	Hatfield		58.26		53. Max Arnold	19	DunmowAtlant		54.41	
7. Frankie Francis	15	Harpenden		57.81		54. Billy Mead	20	Linslade		54.41	
8. Stewart Butler	15	Dunstable		57.80		55. Benjamin Every	17	Team Waveney		54.40	
9. Luca Baumslag-Grisi	15	Basildon Ph		57.80		56. Max Walters	16	Watford SC		54.30	
10. George Heather	15	Co Peterboro		57.72		57. Joshua Ellis	19	Hatfield		54.18	
11. Bradley Humphries	15	Woodham F SC		57.70		58. Ashley Coombs	24	Watford SC		54.10	
12. Kai Patel	15	Thurrock		57.70		59. Hugo Raubitschek-Smith	17	Co St Albans		54.08	
13. Charlie Birdsall	15	Co Cambridge		57.70		60. Stuart Clarke	41	Bishop Stort		54.00	
14. Orlando Whiting	15	Norwich Swan		57.70		61. Adam O'Neal	17	Bedford SS		54.00	
15. Corben Gibson	15	Basildon Ph		57.60		62. Zach Townend	22	Co Norwich		53.90	
16. Cheuk-Kin Lau	15	Co St Albans		57.45		63. Oscar Hunter	16	Norwich Swan		53.90	
17. Niccolo Camilotti	15	Hatfield		57.27		64. Maxwell Hozier	16	Hoddesdon		53.87	
18. Alfie Rowland	16	Stowmarket		57.16		65. Daniel Williams	17	Hatfield		53.60	
19. Daniel Humphreys	16	Putteridge		57.10		66. Ryan Close	17	Bedford SS		53.55	
20. Kabir Patel	16	Potters Bar		56.95		67. Henry Dean	19	Thurrock		53.53	
21. Kieran Ng	15	Co Peterboro		56.91		68. Luke Burnard	16	Co St Albans		53.50	
22. Ethan Wallis	15	Norwich Swan		56.90		69. Danylo Snitko	17	Watford SC		53.47	
23. Finlay Blagg	16	Stowmarket		56.90		70. Marton Molnar	16	Co Cambridge		53.40	
24. K-Ets Yah-Khai	16	Hatfield		56.77		71. Ronnie Edwards	17	Rochford		53.40	
25. Jamie Wilson	16	West Norfolk		56.70		72. George Stevenson	18	West Norfolk		53.40	
26. George Jones	16	Basildon Ph		56.60		73. Joshua Sackree	17	Co Peterboro		53.38	
27. Isaac Buchan	16	Co Norwich		56.60		74. Jack Osborne	18	Deben		53.34	
28. Oliver Fuller	15	Co Cambridge		56.37		75. Daniel Belsey	17	Hatfield		53.30	
29. Finlay Roberts	16	Witham Dolph		56.30		76. Finlay Arnup	18	Norwich Swan		53.22	
30. Josh Black	15	Co Cambridge		56.30		77. Joe Power	18	Basildon Ph		53.20	
31. Norbert Kadar	16	Co Cambridge		56.30		78. Janos Kadar	18	Co Cambridge		53.19	
32. Oscar McKern	16	Verulam		56.03		79. Dylan Davenport	16	Bishop Stort		53.06	
33. Elliot Hall	15	Bishop Stort		55.75		80. Ben Davison	20	Hatfield		52.92	
34. Tyler Stone	15	Co Norwich		55.70		81. Freddie Gardner	19	Thurrock		52.91	
35. Rafael Corliano	15	Co Cambridge		55.60		82. Liam Rumball	20	Hatfield		52.91	
36. James McGettigan	16	Thurrock		55.50		83. Archie Tebbutt	15	New Hall		52.60	
37. Haiden Hall	15	Deben		55.45		84. Nathan Birchenough	18	Norwich Swan		52.46	
38. Ethan Thorpe	16	Basildon Ph		55.36		85. Jack Swindale	17	Co Peterboro		52.40	
39. Frank Lamb	16	Co Peterboro		55.30		86. Damon Elliott	21	DunmowAtlant		52.30	
40. Frank Jacob	16	Co Cambridge		55.30		87. Evan McQuade	17	DunmowAtlant		52.30	
41. Robert Fenner	17	Basildon Ph		55.20		88. Tobias Oglesby	21	West Norfolk		52.16	
42. Hayden Thornhill	19	Norwich Swan		55.19		89. Ethan Martin	20	Thurrock		52.13	
43. Billy Cyl	17	Hoddesdon		55.19		90. Joshua Shepherd	17	Thurrock		51.80	
44. Rio Rogers	21	Basildon Ph	S14	55.00		91. Joshua Parker	16	Braintree		51.40	
45. Harry Hudson	20	Norwich Swan		54.93		92. Jack Abram	20	Co Norwich		51.40	
46. Sean Connolly	17	Epping For't		54.90		93. Lucas Hartley	18	Hatfield		51.31	
47. Finlay Neve	17	Co Norwich		54.80		94. Olivier Vedrenne	20	Co Norwich		50.90	

EVENT 232 Female 50m Freestyle

1. Charlotte Ryan	25	Runnymede	S6	53.20		12. Anastasja Wall	15	Co Norwich		28.90	
2. Florence Richbell	11	Flitwick	S12	42.70		13. Gigi Raubitschek-Smith	15	Co St Albans		28.90	
3. Abigail Wickens	18	Flitwick	S8	37.40		14. Kenzie Bradshaw	15	Hertford		28.80	
4. Ida Corcoran	16	Flitwick	S9	35.77		15. Lyla Flelo	16	Co Norwich		28.75	
5. Lily Herring	17	Co Norwich	S10	35.46		16. Elena Buckley	15	Basildon Ph		28.72	
6. Isla Stewart	15	Co Peterboro		29.10		17. Nicole Peddely	15	teamipswich		28.70	
7. Lois Smith	15	Basildon Ph		29.10		18. Ella Deaton	16	Newmarket		28.70	
8. Sophie Knevet	15	Colchester		29.10		19. Lily Steel	15	teamipswich		28.70	
9. Sophia Dixon	15	Hoddesdon		29.02		20. Francesca Barber	16	Co Norwich		28.70	
10. Holly Shepherd	15	Canvey Isl		28.96		21. Freya May	15	Leiston		28.62	
11. Annabelle Smith	15	Co Ely		28.90		22. Holly Underdown	16	Braintree		28.60	

Programme

23. Amy Wermerling	15	Hemel Hemp	28.60		62. Katie Jeffrey	21	Hatfield	27.69	
24. Mimi Clinch	15	Co St Albans	28.58		63. Imola Jozsa	19	Hatfield	27.63	
25. Lucy Peterson	16	Stevenage	28.52		64. Evelyn Dixon-Minter	20	Deben	27.62	
26. Antonia Elias	16	Hatfield	28.52		65. Bethany Rumsby	16	Norwich Swan	27.60	
27. Milly Johnson	15	West Norfolk	28.51		66. Valentina Tinnirello	15	Potters Bar	27.60	
28. Melike Dagdelen	16	Putteridge	28.50		67. Evelyn Clarke	17	Witham Dolph	27.60	
29. Gabriella Meyer	16	DunmowAtlant	28.50		68. Erin Currie	17	Hatfield	27.59	
30. Alexandra Hurley	15	Co Cambridge	28.50		69. Georgina Munday	21	Co Norwich	27.50	
31. Lilley Dring	16	Deben	28.45		70. Emily-Grace Bentley	15	Basildon Ph	27.50	
32. Honor Beverstock	16	Hatfield	28.45		71. Mia Lowe	18	Basildon Ph	27.50	
33. Elizabeth Pert	15	Norwich Swan	28.37		72. Olivia Greenall	16	Co Norwich	27.49	
34. Alicia Morton	16	Basildon Ph	28.30		73. Lexie O'Connor	18	Basildon Ph	27.40	
35. Abigail Davis	15	Bedford SS	28.30		74. Gracie Parker	17	Basildon Ph	27.40	
36. Sophie Stelmach	16	Stevenage	28.30		75. Rebecca Coogan	17	Thurrock	27.30	
37. Olivia Palmer	15	Co Norwich	28.30		76. Nicole Maynard	16	Basildon Ph	27.30	
38. Niamh Chambers	16	DunmowAtlant	28.20		77. Jessica-Jane Applegate	29	Co Norwich	S14 27.30	
39. Chloe Armstrong	18	teamipswich	28.10		78. Georgia Holgate	18	Co Cambridge	27.20	
40. Ruby Chapman	19	Norwich Swan	28.10		79. Alexandra Nurney	15	Hatfield	27.20	
41. E Barth-Wehrenalp	15	Chelmsford	28.10		80. Isabelle Cameron	18	Co Peterboro	27.16	
42. Freya Hadnutt	17	Bishop Stort	28.10		81. Charlotte Smith	18	Norwich Swan	27.10	
43. Charlotte Pound	16	Putteridge	28.10		82. Isabel Thomas	17	Newmarket	27.10	
44. Yan Ting Emily Pak	16	Co Cambridge	28.07		83. Jasmine Hall	15	Basildon Ph	26.98	
45. Ruby Greenhalf	20	Co Norwich	28.00		84. Erin Barber	15	Norwich Swan	26.97	
46. Sophie Dowding	18	teamipswich	27.98		85. Naomi Rose Conday	15	Bishop Stort	26.95	
47. Olivia Mendham	17	DunmowAtlant	27.95		86. Sophie Palmer	16	Basildon Ph	26.70	
48. Verity Fuge	15	Co St Albans	27.90		87. Phoebe Howard	18	Norwich Swan	26.70	
49. Evie Greenhalf	15	Co Norwich	27.90		88. Ever Ives	16	Hatfield	26.70	
50. Vanesa Cimermanova	17	Co Peterboro	27.86		89. Katerina Di Maria	17	Co Norwich	26.70	
51. Genevieve White	17	Co Cambridge	27.81		90. Daisy Russell	17	DunmowAtlant	26.60	
52. Elizabeth Wright	18	West Suffolk	27.80		91. Amara Addison	18	Norwich Swan	26.60	
53. Megan Gray	18	Hatfield	27.80		92. Sophie Siong	20	Co Norwich	26.57	
54. Isobel Mather	18	Co Cambridge	27.80		93. Shahd Mohamed	18	Co Peterboro	26.42	
55. Erin Woodrow	18	West Norfolk	27.80		94. Olivia Minett	17	Co Peterboro	26.40	
56. Amy Boreham	19	Watford SC	27.70		95. Alexa Mann	19	DunmowAtlant	26.20	
57. Anabelle Kett	16	Co Peterboro	27.70		96. Jasmine Carter	16	Basildon Ph	26.10	
58. Amelia Lewis	16	teamipswich	27.70		97. Grace Greenhalf	18	Co Norwich	26.02	
59. Elizabeth Swaby	16	Basildon Ph	27.70		98. Millie Harris	17	West Norfolk	25.97	
60. Amerie Njawaya	15	Putteridge	27.70		99. Ellen Duffield	18	teamipswich	25.80	
61. Amelia Fenner	15	Basildon Ph	27.70		100. Skye Carter	18	Basildon Ph	24.40	

EVENT 233 Open/Male 400m IM

1. Noah Bielby	15	Co Peterboro	5:13.00		24. Ashton Blake	16	Basildon Ph	4:56.44	
2. Luca Baumslag-Grisi	15	Basildon Ph	5:12.70		25. B Macdonald-Williams	17	Bishop Stort	4:56.06	
3. Kian Ptolomey	15	Putteridge	5:12.30		26. Theodore Monk	17	Co Cambridge	4:55.70	
4. George Everett	16	West Suffolk	5:12.14		27. Tyler Stone	15	Co Norwich	4:55.20	
5. Oliver Green	16	Co St Albans	5:11.70		28. Oliver Fuller	15	Co Cambridge	4:54.91	
6. Ramsey Gill	16	Co St Albans	5:11.61		29. Finlay German	16	Co Cambridge	4:54.71	
7. Oliver Fenwick	16	Hatfield	5:10.91		30. Daniel Thompson	18	Thurrock	4:53.00	
8. Elliot Hall	15	Bishop Stort	5:10.21		31. Danylo Kravchenko	16	New Hall	4:52.84	
9. George Saunders	15	Co St Albans	5:10.05		32. Rafael Corliano	15	Co Cambridge	4:51.87	
10. Jeremy Brailsford	16	Witham Dolph	5:10.04		33. Joshua Jones	16	West Norfolk	4:51.28	
11. Lochlan Shaw	15	Flitwick	5:08.73		34. Daniel Williams	17	Hatfield	4:50.29	
12. Philip Spalding	15	Putteridge	5:08.47		35. Jake Lloyd	30	Bishop Stort	4:50.07	
13. Ryan Wimpenny	15	Cheshunt	5:08.15		36. Daniel De Filippo	16	Flitwick	4:49.42	
14. Alexander Pattison	15	West Norfolk	5:07.50		37. Conor Mint	16	Basildon Ph	4:48.80	
15. Jamie Wilson	16	West Norfolk	5:07.00		38. Csanad Rehus	16	Co Peterboro	4:48.20	
16. Stewart Butler	15	Dunstable	5:05.90		39. Patryk Nowak	15	Co Peterboro	4:48.20	
17. Harry Bird	16	Putteridge	5:05.01		40. Kian Lee	17	Co Peterboro	4:46.52	
18. Riley Bashford	19	Deben	5:04.53		41. Robert Fenner	17	Basildon Ph	4:45.02	
19. Alexander Ball	18	Potters Bar	5:03.30		42. Kieran Ng	15	Co Peterboro	4:42.96	
20. Harvey Isle	20	West Norfolk	5:02.92		43. Frank Lamb	16	Co Peterboro	4:42.81	
21. Daniel Meier	18	Biggleswade	5:01.56		44. Jacob Bacon	15	Co Peterboro	4:42.46	
22. Luke Owens	15	Putteridge	5:01.00		45. Lewis Jarrett	19	Thurrock	4:40.61	
23. George Heather	15	Co Peterboro	4:58.74		46. Samuel Jeffrey	18	Hatfield	4:40.27	

47. Reece Burns	17	Chelmsford	4:37.79	49. Harrison Shaw	18	Flitwick	4:35.44
48. Daniel McGuinness	19	Basildon Ph	4:35.90	50. Patch Robinson	18	teamipswich	4:32.50

EVENT 234 Female 800m Freestyle Team

1. Norwich Swan	14/16	Norwich Swan	9:20.00	4. Basildon Ph	14/16	Basildon Ph	8:30.00
2. Co St Albans	14/16	Co St Albans	9:20.00	5. Basildon Ph	17/OV	Basildon Ph	8:28.00
3. Co Peterboro A	14/16	Co Peterboro	9:03.00				

Session 5 on Saturday 29th March at 4:25 pm

EVENT 241 FINAL OF EVENT 211 Female 15 Yrs 200m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 242 FINAL OF EVENT 211 Female 16 Yrs 200m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 243 FINAL OF EVENT 211 Female 17 Yrs/Over 200m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 244 FINAL OF EVENT 222 Open/Male 15 Yrs 100m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 245 FINAL OF EVENT 222 Open/Male 16 Yrs 100m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 246 FINAL OF EVENT 222 Open/Male 17 /Over 100m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 247 FINAL OF EVENT 213 Female 15 Yrs 50m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 248 FINAL OF EVENT 213 Female 16 Yrs 50m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 249 FINAL OF EVENT 213 Female 17 Yrs/Over 50m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 250 FINAL OF EVENT 214 Open/Male 15 Yrs 100m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 251 FINAL OF EVENT 214 Open/Male 16 Yrs 100m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 252 FINAL OF EVENT 214 Open/Male 17 /Over 100m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 253 FINAL OF EVENT 221 Female 15 Yrs 200m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 254 FINAL OF EVENT 221 Female 16 Yrs 200m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 255 FINAL OF EVENT 221 Female 17 /Over 200m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 256 FINAL OF EVENT 212 Open/Male 15 Yrs 200m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 257 FINAL OF EVENT 212 Open/Male 16 Yrs 200m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 258 FINAL OF EVENT 212 Open/Male 17 /Over 200m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 259 FINAL OF EVENT 232 Female 15 Yrs 50m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 260 FINAL OF EVENT 232 Female 16 Yrs 50m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 261 FINAL OF EVENT 232 Female 17 Yrs/Over 50m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 262 FINAL OF EVENT 231 Open/Male 15 Yrs 100m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 263 FINAL OF EVENT 231 Open/Male 16 Yrs 100m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 264 FINAL OF EVENT 231 Open/Male 17 /Over 100m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 265 Female 14/16 Yrs 400m Medley Team

1. Newmarket	14/16	Newmarket	4:55.00		6. Co Peterboro A	14/16	Co Peterboro	4:35.00	
2. Co St Albans	14/16	Co St Albans	4:45.00		7. Norwich Swan	14/16	Norwich Swan	4:34.00	
3. Co Peterboro B	14/16	Co Peterboro	4:45.00		8. Co Norwich	14/16	Co Norwich	4:32.00	
4. Bishop Stort	14/16	Bishop Stort	4:40.00		9. Basildon Ph	14/16	Basildon Ph	4:13.00	
5. Chelmsford	14/16	Chelmsford	4:40.00						

EVENT 266 Female 17 Yrs/Over 400m Medley Team

1. DunmowAtlant	17/OV	DunmowAtlant	4:45.00		5. Co Peterboro	17/OV	Co Peterboro	4:23.00	
2. Newmarket	17/OV	Newmarket	4:40.00		6. Co Norwich	17/OV	Co Norwich	4:22.00	
3. Norwich Swan	17/OV	Norwich Swan	4:27.00		7. Co Cambridge	17/OV	Co Cambridge	4:16.00	
4. Watford SC	17/OV	Watford SC	4:27.00		8. Basildon Ph	17/OV	Basildon Ph	4:13.00	

EVENT 267 Open/Male 14/16 Yrs 400m Free Team

1. Co Peterboro B	14/16	Co Peterboro	3:59.00		6. Norwich Swan	14/16	Norwich Swan	3:50.00	
2. Hatfield	14/16	Hatfield	3:54.50		7. Thurrock	14/16	Thurrock	3:50.00	
3. Co Cambridge B	14/16	Co Cambridge	3:54.00		8. Co Peterboro A	14/16	Co Peterboro	3:45.00	
4. Co Norwich	14/16	Co Norwich	3:53.00		9. Co Cambridge A	14/16	Co Cambridge	3:43.00	
5. Co St Albans	14/16	Co St Albans	3:52.00		10. Basildon Ph	14/16	Basildon Ph	3:38.00	

EVENT 268 Open/Male 17 /Over 400m Free Team

1. Bishop Stort	17/OV	Bishop Stort	3:50.00		6. Thurrock	17/OV	Thurrock	3:37.00	
2. DunmowAtlant	17/OV	DunmowAtlant	3:45.00		7. Hatfield	17/OV	Hatfield	3:36.50	
3. Norwich Swan	17/OV	Norwich Swan	3:42.00		8. Basildon Ph	17/OV	Basildon Ph	3:33.00	
4. Co Peterboro	17/OV	Co Peterboro	3:40.00		9. Co Norwich	17/OV	Co Norwich	3:32.00	
5. Co Cambridge	17/OV	Co Cambridge	3:40.00						

Session 6 on Sunday 30th March at 8:45 am

EVENT 311 Open/Male 200m Butterfly

1. Jacob Jenkins	15	Norwich Swan	2:32.30		22. Daniel De Filippo	16	Flitwick	2:17.23	
2. Stewart Butler	15	Dunstable	2:32.16		23. Oliver Pike	18	Co Norwich	2:17.07	
3. Lochlan Shaw	15	Flitwick	2:30.47		24. Harry Bird	16	Putteridge	2:16.70	
4. Kian Ptolomey	15	Putteridge	2:29.90		25. Jude Gunner	16	Norwich Swan	2:16.50	
5. Oliver Howard	15	Bishop Stort	2:29.67		26. Frank Lamb	16	Co Peterboro	2:16.35	
6. Filip Pop	15	Chelmsford	2:28.15		27. Jamie Wilson	16	West Norfolk	2:16.20	
7. Aaron Sadler	15	Co Peterboro	2:27.78		28. Conor Mint	16	Basildon Ph	2:16.20	
8. Philip Spalding	15	Putteridge	2:27.44		29. Daniel Williams	17	Hatfield	2:13.80	
9. Wilfred Warwick	15	Co Cambridge	2:26.47		30. Ethan Thorpe	16	Basildon Ph	2:13.76	
10. Oliver Warren	16	Norwich Swan	2:24.98		31. Marcus King	17	Putteridge	2:13.12	
11. Jeremy Brailsford	16	Witham Dolph	2:24.30		32. Patryk Nowak	15	Co Peterboro	2:12.58	
12. Evan Larthe	16	Basildon Ph	2:24.00		33. Ashton Blake	16	Basildon Ph	2:11.90	
13. Corben Gibson	15	Basildon Ph	2:23.40		34. Jake Lloyd	30	Bishop Stort	2:10.97	
14. Csanad Rehus	16	Co Peterboro	2:22.57		35. Harrison Shaw	18	Flitwick	2:09.50	
15. Oliver Green	16	Co St Albans	2:20.57		36. Jacob Bacon	15	Co Peterboro	2:09.50	
16. Alexander Pattison	15	West Norfolk	2:20.46		37. Oscar Winterburn	17	teamipswich	2:09.40	
17. Finlay German	16	Co Cambridge	2:20.16		38. Joshua Shepherd	17	Thurrock	2:09.11	
18. Luke Owens	15	Putteridge	2:19.59		39. Kian Lee	17	Co Peterboro	2:09.04	
19. Daniel Clayton	19	Deben	2:19.18		40. Ryan Wall	18	Co Cambridge	2:08.80	
20. Harry Cooper	17	Rochford	2:18.09		41. Daniel McGuinness	19	Basildon Ph	2:08.20	
21. Oliver Fuller	15	Co Cambridge	2:17.54		42. Henry Dean	19	Thurrock	2:06.60	

EVENT 312 Female 200m Backstroke

1. Amber Lyne	15	Co Cambridge	2:35.07		36. Olivia Mendham	17	DunmowAtlant	2:27.19	
2. Devon O'Neil	15	Co Peterboro	2:34.75		37. Phoebe Matthews	18	Hatfield	2:27.13	
3. Emily Calvert	15	Putteridge	2:34.61		38. Lily Steel	15	teamipswich	2:26.44	
4. Esme Langley	15	Co Norwich	2:34.33		39. Bethany Hamer	18	Linslade	2:26.23	
5. Lola Wonfor	16	New Hall	2:33.70		40. Poppy Magill	17	Putteridge	2:26.08	
6. Selina Green	16	New Hall	2:33.65		41. Ella Dawson	17	Chelmsford	2:26.06	
7. Evie Butterworth	15	Tring	2:33.61		42. Sophie Green	18	Hatfield	2:26.00	
8. Caelia Randall	16	Watford SC	2:33.32		43. Sophie Holliss	17	Co St Albans	2:25.07	
9. Elizabeth Feld	15	Chelmsford	2:33.24		44. Camille Vannier	18	Hatfield	2:24.83	
10. Daisy Jubb	15	Co St Albans	2:33.13		45. Lucy Clarke	15	Chelmsford	2:24.79	
11. Isabella Savage	16	Potters Bar	2:32.98		46. Georgina Munday	21	Co Norwich	2:24.77	
12. Lucy Peterson	16	Stevenage	2:32.92		47. Erin Currie	17	Hatfield	2:24.52	
13. Caitlin Stockwell	15	Co Cambridge	2:32.86		48. Gabriella Meyer	16	DunmowAtlant	2:24.51	
14. Charlotte Belcher	15	Bedford SS	2:32.83		49. Z Jaramillo Obcowska	18	Epping For't	2:24.32	
15. Yasmine Ollerenshaw	16	Flitwick	2:32.56		50. E Barth-Wehrenalp	15	Chelmsford	2:24.20	
16. Belle Ringwood	15	West Norfolk	2:32.35		51. Sadie Hunter	17	Co Peterboro	2:23.95	
17. Meghan Howarth Owen	16	Chelmsford	2:32.27		52. Gabriella Troman	16	teamipswich	2:23.91	
18. Poppy Garrod	16	Co Peterboro	2:32.25		53. Adrija Raudonyte	17	Newmarket	2:23.65	
19. Cassandra Pereira	15	Watford SC	2:32.22		54. Emma Cushion	15	Co Peterboro	2:23.55	
20. Alexandra Hurley	15	Co Cambridge	2:31.67		55. Nicole Maynard	16	Basildon Ph	2:23.00	
21. Summer Boswell	17	Hatfield	2:31.36		56. Amy Harper	18	Watford SC	2:21.95	
22. Rosie Wenn	17	Co St Albans	2:31.22		57. Megan Donovan	18	Co Peterboro	2:21.80	
23. Maia Thompson	17	Team Waveney	2:30.60		58. Alexandra Nurney	15	Hatfield	2:21.78	
24. Libby Whiting	16	Putteridge	2:30.46		59. Summer Evason	16	Watford SC	2:19.87	
25. Emilia Rayner	16	Halstead	2:30.31		60. Jessica Medlicott	18	Dunstable	2:19.15	
26. Amelia Lewis	16	teamipswich	2:30.23		61. Emily Pitcher	17	Norwich Swan	2:19.12	
27. Sophie Roberts	16	teamipswich	2:29.94		62. Francesca Howell	17	New Hall	2:18.80	
28. Talia Williams	18	Tring	2:29.83		63. Lexie O'Connor	18	Basildon Ph	2:18.36	
29. Isabelle Talbot	18	Braintree	2:29.52		64. Megan Pye	23	Co Norwich	2:17.84	
30. Lily Murrell	16	Norwich Swan	2:28.81		65. Lois Smith	15	Basildon Ph	2:17.24	
31. Hollie Gilbertson	16	Co Norwich	2:28.35		66. Erin Barber	15	Norwich Swan	2:16.76	
32. Florence Davies	17	Deben	2:28.35		67. Niamh James	24	Bishop Stort	2:16.72	
33. Charlotte Pound	16	Putteridge	2:28.30		68. Isobel Mather	18	Co Cambridge	2:15.84	
34. Erin Woodrow	18	West Norfolk	2:27.46		69. Evangeline Pierce	18	Basildon Ph	2:15.54	
35. Charlotte Low	16	Chelmsford	2:27.19		70. Amara Addison	18	Norwich Swan	2:15.42	

EVENT 313 Open/Male 50m Backstroke

1.	Oliver Chadwick	15	Bedford SS	30.74		38.	Oliver Frame	20	Norwich Swan	28.67	
2.	Oliver Warren	16	Norwich Swan	30.22		39.	Norbert Kadar	16	Co Cambridge	28.60	
3.	Finlay Roberts	16	Witham Dolph	30.20		40.	Sean Connolly	17	Epping Fort	28.59	
4.	Hugo Arthey	16	Harwich DP	30.20		41.	Henry Dean	19	Thurrock	28.52	
5.	Thomas Baxter	16	West Norfolk	30.19		42.	George Pilcher	18	Co Peterboro	28.50	
6.	Elliot Hall	15	Bishop Stort	30.17		43.	Kabir Patel	16	Potters Bar	28.49	
7.	Charlie Birdsall	15	Co Cambridge	30.16		44.	Nathan Birchenough	18	Norwich Swan	28.47	
8.	George Heather	15	Co Peterboro	29.99		45.	Ben Howlett	18	teamipswich	28.42	
9.	Maximus Atkin	16	Linslade	29.95		46.	Kieran Ng	15	Co Peterboro	28.40	
10.	Toby Flood	16	Thetford	29.80		47.	Jake Moore	19	Watford SC	28.39	
11.	Evan Larthe	16	Basildon Ph	29.79		48.	Jacob Bacon	15	Co Peterboro	28.30	
12.	Rufus Kellie	15	Hatfield	29.78		49.	Daniel Csincsak	16	Bishop Stort	28.09	
13.	Ben Hunwick	16	Tring	29.70		50.	Oliver Smith	18	Basildon Ph	28.05	
14.	Parker Brewster	16	Harpenden	29.60		51.	William East	17	Basildon Ph	28.00	
15.	Wilfred Warwick	15	Co Cambridge	29.59		52.	Ethan Thorpe	16	Basildon Ph	28.00	
16.	Finlay German	16	Co Cambridge	29.56		53.	Ashley Coombs	24	Watford SC	27.97	
17.	Zach Montgomery	15	Norwich Swan	29.54		54.	Zane Day	19	Co Norwich	27.93	
18.	Maxim Szarvadi	16	Harlow Pen	29.53		55.	Edward Ormsby	18	Co Cambridge	27.90	
19.	Jan Beblot	16	Norwich Swan	29.30		56.	Zak Fellows	16	Co St Albans	27.84	
20.	Jude Staton	17	March	29.24		57.	Marton Molnar	16	Co Cambridge	27.72	
21.	Archie Harris-Joy	15	Co Norwich	29.19		58.	Freddie Gardner	19	Thurrock	27.50	
22.	Dylan Davenport	16	Bishop Stort	29.11		59.	Ethan Martin	20	Thurrock	27.50	
23.	Joshua Hutchinson	18	Harlow Pen	29.04		60.	Oliver Baskerville	17	Hatfield	27.39	
24.	Ben Davison	20	Hatfield	29.03		61.	Timon Chapman	23	Norwich Swan	27.30	
25.	Harrison Odie	18	Hoddesdon	28.98		62.	Janos Kadar	18	Co Cambridge	27.27	
26.	Robert Fenner	17	Basildon Ph	28.92		63.	Jack Osborne	18	Deben	27.16	
27.	Oliver Pike	18	Co Norwich	28.91		64.	Ronnie Edwards	17	Rochford	27.11	
28.	Nathan Yeaman	18	West Norfolk	28.84		65.	Thomas Dean	16	Felixstowe	27.10	
29.	Saric Lewington	22	Hatfield	28.84		66.	Danylo Kravchenko	16	New Hall	27.09	
30.	Adrien Storck-Wihlidal	18	Bishop Stort	28.82		67.	Archie Tebbutt	15	New Hall	27.00	
31.	Lucas Deans	16	Maldon Shark	28.80		68.	Joshua Parker	16	Braintree	27.00	
32.	William Leese	17	Co Cambridge	28.80		69.	Jacob Ray	18	Basildon Ph	26.90	
33.	Orlando Whiting	15	Norwich Swan	28.80		70.	Ryan Close	17	Bedford SS	26.82	
34.	Albert Orley	17	Braintree	28.78		71.	Oscar Winterburn	17	teamipswich	26.73	
35.	Naim Harvey	17	Basildon Ph	28.71		72.	Tobias Oglesby	21	West Norfolk	26.28	
36.	Tyler Baxter	18	Mildenhall	28.70		73.	Aaron Fox	24	Co Norwich	25.87	
37.	Joe Hammond	18	Co Norwich	28.69		74.	Joshua Shepherd	17	Thurrock	25.30	

EVENT 314 Female 100m Breaststroke

1.	Charlotte Ryan	25	Runnymede	SB5	2:58.35		25.	Rachael Carpenter	18	Ware	1:16.70		
2.	Florence Richbell	11	Flitwick	SB12	2:02.80		26.	Gigi Raubitschek-Smith	15	Co St Albans	1:16.59		
3.	Ida Corcoran	16	Flitwick	SB9	1:58.28		27.	Alexis Johnson	15	Co Peterboro	1:16.27		
4.	Libby Nurse	15	Basildon Ph		1:21.43		28.	Tessa Quayle	17	St Ives	1:16.20		
5.	Annabelle Smith	15	Co Ely		1:21.14		29.	Niamh James	24	Bishop Stort	1:16.07		
6.	Mimi Clinch	15	Co St Albans		1:20.88		30.	Isabel White	16	Biggleswade	1:16.00		
7.	Caitlin Stockwell	15	Co Cambridge		1:20.60		31.	Esme Stringer	17	Bishop Stort	1:15.95		
8.	Elizabeth Feld	15	Chelmsford		1:19.96		32.	Molly Greatbatch	15	Bishop Stort	1:15.80		
9.	Tyra Sajudeen	15	Co Cambridge		1:19.87		33.	Isabella Porzio	21	Putteridge	1:15.71		
10.	Elena Buckley	15	Basildon Ph		1:19.13		34.	Isla Stewart	15	Co Peterboro	1:15.70		
11.	Any Waterman	15	Colchester		1:19.08		35.	Alice Watts	17	Co Cambridge	1:15.68		
12.	Kornelia Jagodzinska	15	Runnymede		1:18.79		36.	Nicole Peddely	15	teamipswich	1:15.41		
13.	Molly Bartup	17	Cheshunt		1:18.43		37.	Jasmine Hall	15	Basildon Ph	1:15.18		
14.	Hannah Lovelock	17	Hitchin		1:18.42		38.	Summer Evason	16	Watford SC	1:14.80		
15.	Grace Mutton	15	Deben		1:18.40		39.	Phoebe Howard	18	Norwich Swan	1:14.60		
16.	Zoe Land	19	Team Waveney		1:18.37		40.	Verity Hamilton	15	Norwich Swan	1:14.50		
17.	Imola Jozsa	19	Hatfield		1:18.30		41.	Amelia Murphy	18	Witham Dolph	1:14.20		
18.	Pemberley Hornigold	18	West Norfolk		1:18.07		42.	Megan Gray	18	Hatfield	1:13.95		
19.	Mia Gray	17	Norwich Swan		1:17.72		43.	Louise Fiddes	24	Hatfield	SB14	1:13.80	
20.	Adrija Raudonyte	17	Newmarket		1:17.60		44.	Ellen Duffield	18	teamipswich	1:13.59		
21.	Devon O'Neil	15	Co Peterboro		1:17.40		45.	Charlisse Harding	16	Norwich Swan	1:13.46		
22.	Victoria Allchorne	17	Rochford		1:17.00		46.	Chloe Butler	21	Norwich Swan	1:13.20		
23.	Evie Greenhalf	15	Co Norwich		1:16.90		47.	Georgina Hamilton	17	Co St Albans	1:13.12		
24.	Sofia Cirdei	15	Basildon Ph		1:16.88		48.	Ellie-Rose Lyon	18	Co Norwich	1:13.10		

Swim England East Region
2025 Long Course Championships
28th – 30th March at UEA Sportspark Norwich
Programme

49. Gracie Parker	17	Basildon Ph	1:13.10	57. Yan Ting Emily Pak	16	Co Cambridge	1:11.54
50. Sophie Payne	23	Putteridge	1:12.99	58. Rebecca Keetley	21	Co Cambridge	1:10.81
51. Elizabeth Wright	18	West Suffolk	1:12.94	59. Caitlin Hartley	21	Hatfield	1:10.40
52. Millie Harris	17	West Norfolk	1:12.67	60. Ashley Ransome	30	Hatfield	1:10.27
53. Mia Lowe	18	Basildon Ph	1:12.50	61. Isabelle Cameron	18	Co Peterboro	1:09.90
54. Ella Greatbatch	17	Bishop Stort	1:12.37	62. Ellen Eccleston	18	Co Norwich	1:09.69
55. Sarah O'Brien	29	West Norfolk	1:12.19	63. Jasmine Carter	16	Basildon Ph	1:06.90
56. Lilly Davis	18	Co Peterboro	1:11.76				

Session 7 on Sunday 30th March at 11:05 am

EVENT 321 Open/Male 200m Breaststroke

1.	Sebastian Brown	15	Verulam	2:46.82		34.	Robert Elliston	19	Braintree	2:35.44	
2.	Joshua Meyer	15	DunmowAtlant	2:44.89		35.	Alexander Pattison	15	West Norfolk	2:35.39	
3.	Thomas Hale	15	DunmowAtlant	2:44.67		36.	Austin Harrop	19	Co Norwich	2:34.87	
4.	Lucas Moxon-Booth	16	Flitwick	2:44.39		37.	Adam Hazlewood	21	Putteridge	2:34.50	
5.	Jesse Howard	15	Hoddesdon	2:44.23		38.	George Lovelock	20	Hitchin	2:34.49	
6.	Anirudh Prabhu	15	Watford SC	2:43.74		39.	George Little	17	Bedford SS	2:34.05	
7.	Thomas-Arthur Jagger	16	West Norfolk	2:42.49		40.	Harvey Durham	17	Co Norwich	2:33.60	
8.	Jack Peters	16	Basildon Ph	2:42.10		41.	Alexander Ball	18	Potters Bar	2:33.43	
9.	Aidan Scott	16	Norwich Swan	2:41.88		42.	Oliver Fuller	15	Co Cambridge	2:32.77	
10.	Csanad Rehus	16	Co Peterboro	2:41.67		43.	Henry Mann	17	Norwich Swan	2:31.50	
11.	Elliot Hall	15	Bishop Stort	2:41.60		44.	Cub Maddison	19	Putteridge	2:31.20	
12.	Finlay German	16	Co Cambridge	2:41.41		45.	Daniel De Filippo	16	Flitwick	2:30.94	
13.	Noah Bielby	15	Co Peterboro	2:41.34		46.	Lucas Hartley	18	Hatfield	2:30.90	
14.	Maximus Atkin	16	Linslade	2:41.10		47.	Szymon Pierzecki	16	Witham Dolph	2:30.05	
15.	Jack Webb	17	Witham Dolph	2:41.00		48.	Frank Lamb	16	Co Peterboro	2:29.73	
16.	Teilo Ruffles-Francis	17	Stowmarket	2:40.87		49.	Chun Ho Chan	16	Watford SC	2:28.71	
17.	Thomas Baxter	16	West Norfolk	2:40.65		50.	James McGettigan	16	Thurrock	2:27.80	
18.	Oscar Chaplin	17	Co St Albans	2:40.51		51.	Lewis Jarrett	19	Thurrock	2:27.74	
19.	Luke Owens	15	Putteridge	2:40.30		52.	Samuel Jeffrey	18	Hatfield	2:27.26	
20.	Daniel Boboye	18	DunmowAtlant	2:40.25		53.	Charlie McKinnon	18	Norwich Swan	2:27.20	
21.	Luca Baumslag-Grisi	15	Basildon Ph	2:39.73		54.	Joshua Jones	16	West Norfolk	2:26.89	
22.	George Heather	15	Co Peterboro	2:39.47		55.	Lewis Andrews	18	Norwich Swan	2:26.00	
23.	Ewan Coackley	17	teamipswich	2:39.06		56.	Kieran Ng	15	Co Peterboro	2:24.94	
24.	Josh Black	15	Co Cambridge	2:38.47		57.	James Noble	23	Norwich Swan	2:24.00	
25.	Cillian O'Brien	17	Co Ely	2:37.81		58.	Joshua Sackree	17	Co Peterboro	2:21.88	
26.	Thomas Spelman	18	Stowmarket	2:37.65		59.	Ben Buckley	18	Co Norwich	2:21.74	
27.	Christopher Howe	20	Co Cambridge	2:37.40		60.	Charlie Ruddell	16	teamipswich	2:21.30	
28.	Kai Patel	15	Thurrock	2:36.90		61.	Reece Burns	17	Chelmsford	2:21.17	
29.	Samuel Howard	18	Hoddesdon	2:36.80		62.	Tyler Stone	15	Co Norwich	2:21.00	
30.	Samuel Everett	18	West Suffolk	2:36.75		63.	Edward Ormsby	18	Co Cambridge	2:19.87	
31.	Berkley Barnicoat	16	Co Peterboro	2:36.39		64.	Charlie Rogers	18	Basildon Ph	2:17.71	
32.	Rafael Corliano	15	Co Cambridge	2:36.28		65.	Olivier Vedrenne	20	Co Norwich	2:16.30	
33.	Alban Gill	17	Co St Albans	2:36.01							

EVENT 322 Female 100m Butterfly

1.	Ida Corcoran	16	Flitwick	S9	1:42.00		26.	Teah Gregory	17	Stevenage	1:08.80	
2.	Elena Buckley	15	Basildon Ph		1:11.80		27.	Mia Macklin	17	Braintree	1:08.63	
3.	Amber Lyne	15	Co Cambridge		1:11.32		28.	Amelia Porzio	17	Putteridge	1:08.63	
4.	Florence Whittaker	15	Biggleswade		1:11.07		29.	Louise Webster	18	Thurrock	1:08.60	
5.	Isla Stewart	15	Co Peterboro		1:10.92		30.	Milly Johnson	15	West Norfolk	1:08.56	
6.	Ava Turner	16	Basildon Ph		1:10.80		31.	Honor Beverstock	16	Hatfield	1:08.53	
7.	Niamh Bunker	15	Flitwick		1:10.77		32.	Isabella Porzio	21	Putteridge	1:08.53	
8.	Valentina Tinnirello	15	Potters Bar		1:10.62		33.	Anabelle Kett	16	Co Peterboro	1:08.44	
9.	Alicia Morton	16	Basildon Ph		1:10.47		34.	Antonia Elias	16	Hatfield	1:08.32	
10.	Charlotte Pound	16	Putteridge		1:10.40		35.	I Stratton-Thomsett	16	Colchester	1:08.30	
11.	Naomi Rose Conday	15	Bishop Stort		1:10.20		36.	Ruby Greenhalf	20	Co Norwich	1:08.12	
12.	Anastasja Wall	15	Co Norwich		1:10.00		37.	Amelia Saunders	17	Norwich Swan	1:08.00	
13.	Freya May	15	Leiston		1:09.96		38.	E Barth-Wehrenalp	15	Chelmsford	1:07.90	
14.	Scarlett Joslin	18	Bishop Stort		1:09.94		39.	Hollie Gilbertson	16	Co Norwich	1:07.85	
15.	Claudia Barp	15	Co Cambridge		1:09.94		40.	Melike Dagdelen	16	Putteridge	1:07.80	
16.	Amerie Njawaya	15	Putteridge		1:09.88		41.	Tierney Rooney	19	Thurrock	1:07.80	
17.	Eloise Conway	25	Halstead		1:09.73		42.	Lexie Goodman	18	Basildon Ph	1:07.70	
18.	Mia Gray	17	Norwich Swan		1:09.59		43.	Abigail Rogers	16	Basildon Ph	1:07.60	
19.	Francesca Barber	16	Co Norwich		1:09.50		44.	Lucy Clarke	15	Chelmsford	1:07.60	
20.	Lydia Newell	15	Chelmsford		1:09.49		45.	Yan Ting Emily Pak	16	Co Cambridge	1:07.56	
21.	Amber Flitton	16	Dunstable		1:09.44		46.	Lily Murrell	16	Norwich Swan	1:07.50	
22.	Emma Cushion	15	Co Peterboro		1:09.32		47.	Evie Greenhalf	15	Co Norwich	1:07.47	
23.	Bethany Rumsby	16	Norwich Swan		1:09.30		48.	Eleanor McLeod	17	Putteridge	1:07.46	
24.	Lily Mae Ware	15	Basildon Ph		1:09.00		49.	Ruby-May Ciaburro	15	Watford SC	1:07.36	
25.	Charlotte Jenkinson	15	Co Peterboro		1:08.81		50.	Chloe Barnard	16	Basildon Ph	1:06.80	

Programme

51. Emily Pitcher	17	Norwich Swan	1:06.66		67. Lara Treharne	18	Co Peterboro	1:04.65	
52. Chloe Armstrong	18	teamipswich	1:06.40		68. Ever Ives	16	Hatfield	1:04.23	
53. Amy Boreham	19	Watford SC	1:06.22		69. Sophie Palmer	16	Basildon Ph	1:03.80	
54. Isobel Mather	18	Co Cambridge	1:06.20		70. Cait Cotter	18	Chelmsford	1:03.70	
55. Rebecca Keetley	21	Co Cambridge	1:06.04		71. Chloe Butler	21	Norwich Swan	1:03.50	
56. Amara Addison	18	Norwich Swan	1:05.96		72. Sadie Hunter	17	Co Peterboro	1:03.07	
57. Rebecca Coogan	17	Thurrock	1:05.90		73. Olivia Greenall	16	Co Norwich	1:02.80	
58. Genevieve White	17	Co Cambridge	1:05.60		74. Millie Harris	17	West Norfolk	1:02.79	
59. Sophie Dowding	18	teamipswich	1:05.57		75. Jasmine Carter	16	Basildon Ph	1:02.71	
60. Poppy Magill	17	Putteridge	1:05.53		76. Amelia Fenner	15	Basildon Ph	1:02.60	
61. Hollie Hawkins	18	Basildon Ph	1:05.52		77. Grace Greenhalf	18	Co Norwich	1:02.54	
62. Jessica Medlicott	18	Dunstable	1:05.31		78. Charlotte Smith	18	Norwich Swan	1:01.80	
63. Summer Evason	16	Watford SC	1:05.30		79. Georgia Holgate	18	Co Cambridge	1:01.11	
64. Kate Hopper	18	Watford SC	1:05.29		80. Skye Carter	18	Basildon Ph	59.23	
65. Megan Donovan	18	Co Peterboro	1:04.90						
66. Alexa Mann	19	DunmowAtlant	1:04.79						

EVENT 323 Open/Male 400m Freestyle

1. Jacob Dessoy	17	Runnymede	S8	6:25.99		25. Oliver Fenwick	16	Hatfield	4:21.08	
2. Kian Ptolomey	15	Putteridge		4:34.87		26. K-Ets Yah-Khai	16	Hatfield	4:20.96	
3. Philip Spalding	15	Putteridge		4:33.63		27. Ben Davison	20	Hatfield	4:19.48	
4. Lochlan Shaw	15	Flitwick		4:32.98		28. George Carter	17	Co Cambridge	4:19.30	
5. Corey Hare	19	teamipswich	S14	4:31.63		29. Jake Lloyd	30	Bishop Stort	4:19.14	
6. Haideen Hall	15	Deben		4:31.12		30. Will Riley	16	teamipswich	4:18.98	
7. Ethan Wallis	15	Norwich Swan		4:30.88		31. Ben Howlett	18	teamipswich	4:18.75	
8. Elliot Hall	15	Bishop Stort		4:29.48		32. B Macdonald-Williams	17	Bishop Stort	4:18.65	
9. Tyler Stone	15	Co Norwich		4:29.10		33. Zak Fellows	16	Co St Albans	4:18.50	
10. Stewart Butler	15	Dunstable		4:28.99		34. Daniel Thompson	18	Thurrock	4:17.40	
11. Ryan Wimpenny	15	Cheshunt		4:27.27		35. Jacob Bacon	15	Co Peterboro	4:16.15	
12. Charlie Birdsall	15	Co Cambridge		4:26.25		36. Oscar Hunter	16	Norwich Swan	4:15.65	
13. Jamie Wilson	16	West Norfolk		4:25.68		37. Kian Lee	17	Co Peterboro	4:14.96	
14. Csanad Rehus	16	Co Peterboro		4:24.99		38. Conor Mint	16	Basildon Ph	4:12.02	
15. Daniel De Filippo	16	Flitwick		4:24.97		39. George Hooper	18	Co St Albans	4:11.61	
16. Luke Owens	15	Putteridge		4:24.93		40. Luke Martell	19	Watford SC	4:11.15	
17. Roan Brennan	19	Basildon Ph	S10	4:24.90		41. Harrison Shaw	18	Flitwick	4:10.40	
18. Patryk Nowak	15	Co Peterboro		4:24.17		42. Adam O'Neal	17	Bedford SS	4:10.02	
19. Oliver Fuller	15	Co Cambridge		4:23.61		43. Robert Fenner	17	Basildon Ph	4:09.33	
20. Danylo Kravchenko	16	New Hall		4:23.01		44. Patch Robinson	18	teamipswich	4:07.80	
21. Archie Tebbutt	15	New Hall		4:22.64		45. Daniel McGuinness	19	Basildon Ph	4:07.70	
22. Thomas Spelman	18	Stowmarket		4:22.10		46. Ryan Wall	18	Co Cambridge	4:03.90	
23. Thomas Ford	19	Basildon Ph		4:21.90		47. Daniel Belsey	17	Hatfield	4:01.08	
24. Daniel Williams	17	Hatfield		4:21.29						

Session 8 on Sunday 30th March at 1:40 pm

EVENT 331 Female 100m Freestyle

1. Charlotte Ryan	25	Runnymede	S6	1:57.66		47. Georgina Hamilton	17	Co St Albans	1:00.33	
2. Florence Richbell	11	Flitwick	S12	1:36.36		48. Genevieve White	17	Co Cambridge	1:00.30	
3. Ida Corcoran	16	Flitwick	S9	1:19.09		49. Mia Lowe	18	Basildon Ph	1:00.30	
4. Abigail Wickens	18	Flitwick	S8	1:18.10		50. Evangeline Pierce	18	Basildon Ph	1:00.20	
5. Lily Herring	17	Co Norwich	S10	1:15.55		51. Olivia Mendham	17	DunmowAtlant	1:00.20	
6. Caitlin Stockwell	15	Co Cambridge		1:03.50		52. Bethany Rumsby	16	Norwich Swan	1:00.17	
7. Amy Wermerling	15	Hemel Hemp		1:03.50		53. Amelia Lewis	16	teamipswich	1:00.10	
8. Cassandra Pereira	15	Watford SC		1:03.44		54. Imola Jozsa	19	Hatfield	1:00.05	
9. Mimi Clinch	15	Co St Albans		1:03.32		55. Katie Jeffrey	21	Hatfield	1:00.02	
10. Sophia Dixon	15	Hoddesdon		1:03.30		56. Cailin Hehir	17	Watford SC	59.91	
11. Alexandra Hurley	15	Co Cambridge		1:03.15		57. Valentina Tinnirello	15	Potters Bar	59.90	
12. Lydia Newell	15	Chelmsford		1:03.10		58. Erin Currie	17	Hatfield	59.85	
13. Gigi Raubitschek-Smith	15	Co St Albans		1:03.10		59. Nicole Maynard	16	Basildon Ph	59.80	
14. Grace Mutton	15	Deben		1:03.07		60. Erin Younger	18	Co St Albans	59.67	
15. Abigail Davis	15	Bedford SS		1:02.30		61. Emily-Grace Bentley	15	Basildon Ph	59.60	
16. Freya May	15	Leiston		1:02.30		62. Ella Dawson	17	Chelmsford	59.59	
17. Lily Steel	15	teamipswich		1:02.10		63. Anabelle Kett	16	Co Peterboro	59.20	
18. Milly Johnson	15	West Norfolk		1:02.00		64. Sophie Dowding	18	teamipswich	59.13	
19. Elizabeth Pert	15	Norwich Swan		1:02.00		65. Daisy Russell	17	DunmowAtlant	59.10	
20. Ella Deaton	16	Newmarket		1:01.97		66. Isabel Thomas	17	Newmarket	59.00	
21. Antonia Elias	16	Hatfield		1:01.95		67. Charlotte Smith	18	Norwich Swan	58.94	
22. Charlotte Pound	16	Putteridge		1:01.90		68. Olivia Greenall	16	Co Norwich	58.80	
23. Abigail Rogers	16	Basildon Ph		1:01.90		69. Jessica-Jane Applegate	29	Co Norwich	S14 58.70	
24. Nicole Peddely	15	teamipswich		1:01.81		70. Shahd Mohamed	18	Co Peterboro	58.70	
25. Gabriella Meyer	16	DunmowAtlant		1:01.80		71. Rebecca Coogan	17	Thurrock	58.40	
26. Ruby Greenhalf	20	Co Norwich		1:01.50		72. Amara Addison	18	Norwich Swan	58.40	
27. Anastasja Wall	15	Co Norwich		1:01.50		73. Amelia Fenner	15	Basildon Ph	58.30	
28. E Barth-Wehrenalp	15	Chelmsford		1:01.40		74. Katerina Di Maria	17	Co Norwich	58.30	
29. Evelyn Clarke	17	Witham Dolph		1:01.40		75. Ever Ives	16	Hatfield	58.20	
30. Amelia Porzio	17	Putteridge		1:01.30		76. Sophie Palmer	16	Basildon Ph	58.20	
31. Melike Dagdelen	16	Putteridge		1:01.30		77. Naomi Rose Conday	15	Bishop Stort	58.11	
32. Amy Harper	18	Watford SC		1:01.23		78. Olivia Minett	17	Co Peterboro	58.08	
33. Megan Gray	18	Hatfield		1:01.20		79. Erin Barber	15	Norwich Swan	58.04	
34. Elizabeth Swaby	16	Basildon Ph		1:01.14		80. Georgia Holgate	18	Co Cambridge	58.00	
35. Phoebe Howard	18	Norwich Swan		1:00.94		81. Jessica Medlicott	18	Dunstable	57.84	
36. Amerie Njawayaya	15	Putteridge		1:00.90		82. Jasmine Carter	16	Basildon Ph	57.80	
37. Francesca Barber	16	Co Norwich		1:00.90		83. Alexandra Nurney	15	Hatfield	57.80	
38. Alicia Morton	16	Basildon Ph		1:00.82		84. Ellen Duffield	18	teamipswich	57.62	
39. Erin Woodrow	18	West Norfolk		1:00.82		85. Lucy Wheeler	25	Bishop Stort	57.59	
40. Lexie Goodman	18	Basildon Ph		1:00.80		86. Millie Harris	17	West Norfolk	57.58	
41. Amy Boreham	19	Watford SC		1:00.78		87. Jasmine Hall	15	Basildon Ph	57.45	
42. Evie Greenhalf	15	Co Norwich		1:00.74		88. Sophie Siong	20	Co Norwich	57.41	
43. Erin Uttridge	16	teamipswich		1:00.70		89. Isobel Mather	18	Co Cambridge	57.40	
44. Honor Beverstock	16	Hatfield		1:00.70		90. Alexa Mann	19	DunmowAtlant	57.08	
45. Freya Hadnutt	17	Bishop Stort		1:00.55		91. Grace Greenhalf	18	Co Norwich	56.27	
46. Millie Richardson	19	Hatfield		1:00.51		92. Skye Carter	18	Basildon Ph	54.00	

EVENT 332 Open/Male 50m Freestyle

1. Jacob Dessoy	17	Runnymede	S8	38.58		13. Charlie Birdsall	15	Co Cambridge	26.28	
2. Harry Arnold-Pepper	17	Co Cambridge	S9	30.50		14. Cheuk-Kin Lau	15	Co St Albans	26.20	
3. Corey Hare	19	teamipswich	S14	27.80		15. Jamie Wilson	16	West Norfolk	26.20	
4. Ryan Crouch	31	Deben	S10	27.18		16. Otto Wathen	15	Diss Otters	26.20	
5. Daniel Bear	15	Basildon Ph		26.70		17. Tobi Olajide	16	Thurrock	26.10	
6. Rufus Kellie	15	Hatfield		26.68		18. Isaac Buchan	16	Co Norwich	26.10	
7. Mykhailo Vasyliiev	15	Bedford SS		26.60		19. K-Ets Yah-Khai	16	Hatfield	26.10	
8. Joseph Bagshaw	15	Stevenage		26.53		20. Alfie Page	16	Co Cambridge	26.00	
9. Corben Gibson	15	Basildon Ph		26.50		21. Maximus Atkin	16	Linslade	26.00	
10. Frankie Francis	15	Harpenden		26.49		22. Archie Harris-Joy	15	Co Norwich	26.00	
11. Oliver Meier	15	Biggleswade		26.40		23. Bradley Humphries	15	Woodham F SC	26.00	
12. Ethan Wallis	15	Norwich Swan		26.30		24. Niccolo Camilotti	15	Hatfield	25.98	

Programme

25. Josh Black	15	Co Cambridge	25.94		66. Luke Burnard	16	Co St Albans	24.70	
26. Daniel Humphreys	16	Putteridge	25.90		67. Marton Molnar	16	Co Cambridge	24.70	
27. George Heather	15	Co Peterboro	25.90		68. Danylo Snitko	17	Watford SC	24.64	
28. Osehon Ojiekundu	16	Thurrock	25.90		69. Janos Kadar	18	Co Cambridge	24.57	
29. Finlay Blagg	16	Stowmarket	25.89		70. Ryan Close	17	Bedford SS	24.52	
30. Finlay German	16	Co Cambridge	25.87		71. Sean Connolly	17	Epping For't	24.50	
31. Lucas Deans	16	Maldon Shark	25.80		72. Benjamin Every	17	Team Waveney	24.50	
32. Oliver Warren	16	Norwich Swan	25.80		73. Dylan Davenport	16	Bishop Stort	24.50	
33. Oscar McKern	16	Verulam	25.78		74. Danylo Kravchenko	16	New Hall	24.50	
34. Kabir Patel	16	Potters Bar	25.64		75. Lee-Koppany Boka	17	Basildon Ph	24.50	
35. Rio Rogers	21	Basildon Ph	S14 25.60		76. Billy Mead	20	Linslade	24.40	
36. Kieran Ng	15	Co Peterboro	25.60		77. Stuart Clarke	41	Bishop Stort	24.40	
37. Elliot Hall	15	Bishop Stort	25.58		78. Jake Moore	19	Watford SC	24.40	
38. Rafael Corliano	15	Co Cambridge	25.55		79. Hugo Raubitschek-Smith	17	Co St Albans	24.35	
39. Orlando Whiting	15	Norwich Swan	25.50		80. Zach Townsend	22	Co Norwich	24.30	
40. William Ward	16	Hoddesdon	25.47		81. Ben Davison	20	Hatfield	24.30	
41. Roan Brennan	19	Basildon Ph	S10 25.40		82. Jack Osborne	18	Deben	24.20	
42. Haiden Hall	15	Deben	25.33		83. Freddie Gardner	19	Thurrock	24.20	
43. Max Walters	16	Watford SC	25.32		84. Edward Ormsby	18	Co Cambridge	24.20	
44. Norbert Kadar	16	Co Cambridge	25.30		85. Henry Dean	19	Thurrock	24.10	
45. Finlay Roberts	16	Witham Dolph	25.29		86. Nathan Birchenough	18	Norwich Swan	24.10	
46. Benjamin Watley	18	Witham Dolph	25.24		87. Harrison Shaw	18	Flitwick	24.10	
47. Dylan Nutt	26	DunmowAtlant	25.20		88. Luka Page	19	Stowmarket	24.10	
48. Oliver Clapp	35	Deben	25.17		89. Finlay Amup	18	Norwich Swan	24.10	
49. Naim Harvey	17	Basildon Ph	25.10		90. Joshua Sackree	17	Co Peterboro	24.07	
50. Luke Morley	18	Hitchin	25.10		91. Jacob Ray	18	Basildon Ph	24.00	
51. Finlay Neve	17	Co Norwich	25.10		92. Ashley Coombs	24	Watford SC	23.99	
52. Daniel De Filippo	16	Flitwick	25.10		93. Joe Power	18	Basildon Ph	23.90	
53. Oliver Pike	18	Co Norwich	25.10		94. Liam Rumball	20	Hatfield	23.87	
54. Daniel Boboye	18	DunmowAtlant	25.10		95. Ronnie Edwards	17	Rochford	23.84	
55. Harry Hudson	20	Norwich Swan	25.08		96. Damon Elliott	21	DunmowAtlant	23.80	
56. Jack Swindale	17	Co Peterboro	24.90		97. Evan McQuade	17	DunmowAtlant	23.80	
57. Oliver Hutchinson	18	Harlow Pen	24.90		98. Archie Tebbutt	15	New Hall	23.70	
58. Riley Hall	18	Co Cambridge	24.90		99. Olivier Vedrenne	20	Co Norwich	23.60	
59. Frank Jacob	16	Co Cambridge	24.90		100. Lucas Hartley	18	Hatfield	23.56	
60. Adam O'Neal	17	Bedford SS	24.83		101. Joshua Shepherd	17	Thurrock	23.40	
61. Thomas Garnett	18	West Norfolk	24.80		102. Jack Abram	20	Co Norwich	23.30	
62. Ethan Thorpe	16	Basildon Ph	24.80		103. Tobias Oglesby	21	West Norfolk	23.28	
63. James McGettigan	16	Thurrock	24.80		104. Ethan Martin	20	Thurrock	23.20	
64. Daniel Williams	17	Hatfield	24.75		105. Joshua Parker	16	Braintree	23.00	
65. Maxwell Hozier	16	Hoddesdon	24.72						

EVENT 333 Female 400m IM

1. Daisy Jubb	15	Co St Albans	5:36.99		20. Alice Watts	17	Co Cambridge	5:18.45	
2. Florence Whittaker	15	Biggleswade	5:36.95		21. Ruby Chapman	19	Norwich Swan	5:18.26	
3. Tyra Sajudeen	15	Co Cambridge	5:35.28		22. Megan Pye	23	Co Norwich	5:14.20	
4. Emily Calvert	15	Putteridge	5:34.61		23. Georgina Hamilton	17	Co St Albans	5:13.55	
5. Freya May	15	Leiston	5:33.16		24. Isabella Porzio	21	Putteridge	5:12.30	
6. Freya Gyselings	15	Co Peterboro	5:31.67		25. Poppy Magill	17	Putteridge	5:11.43	
7. Milly Johnson	15	West Norfolk	5:31.53		26. Amelia Saunders	17	Norwich Swan	5:10.50	
8. Anastasja Wall	15	Co Norwich	5:30.48		27. Sophie Dowding	18	teamipswich	5:06.46	
9. Devon O'Neil	15	Co Peterboro	5:28.96		28. Lois Smith	15	Basildon Ph	5:05.79	
10. Elena Buckley	15	Basildon Ph	5:28.44		29. Kate Hopper	18	Watford SC	5:04.46	
11. Caitlin Stockwell	15	Co Cambridge	5:28.34		30. Summer Evason	16	Watford SC	5:04.45	
12. Isla Stewart	15	Co Peterboro	5:24.90		31. Annie McLeod	17	Putteridge	5:00.35	
13. Abigail Rogers	16	Basildon Ph	5:24.20		32. Amelia Fenner	15	Basildon Ph	4:59.81	
14. Evie Greenhalf	15	Co Norwich	5:24.20		33. Lexie O'Connor	18	Basildon Ph	4:58.62	
15. Esmie Kidman	19	West Norfolk	5:22.84		34. Sadie Hunter	17	Co Peterboro	4:58.10	
16. Sophie Payne	23	Putteridge	5:22.80		35. Chloe Barnard	16	Basildon Ph	4:56.33	
17. Bethany Crawley	17	teamipswich	5:20.82		36. Lilly Davis	18	Co Peterboro	4:56.20	
18. Ruby-May Ciaburro	15	Watford SC	5:20.00		37. Jasmine Hall	15	Basildon Ph	4:54.67	
19. Emma Cushion	15	Co Peterboro	5:19.49		38. Cait Cotter	18	Chelmsford	4:49.20	

EVENT 334 Open/Male 14/16 Yrs 800m Free Team

1. Co St Albans	14/16 Co St Albans	8:30.00	4. Co Peterboro A	14/16 Co Peterboro	8:20.00
2. Norwich Swan	14/16 Norwich Swan	8:30.00	5. Basildon Ph	14/16 Basildon Ph	8:07.00
3. Thurrock	14/16 Thurrock	8:26.00	6. Co Cambridge A	14/16 Co Cambridge	8:03.00

EVENT 335 Open/Male 17 /Over 800m Free Team

1. Thurrock	17/OV Thurrock	8:14.00	3. Basildon Ph	17/OV Basildon Ph	8:04.00
2. DunmowAtlant	17/OV DunmowAtlant	8:10.00	4. Co Cambridge	17/OV Co Cambridge	7:52.00

Session 9 on Sunday 20th March at 4:10 pm

EVENT 341 FINAL OF EVENT 311 Open/Male 15 Yrs 200m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 342 FINAL OF EVENT 311 Open/Male 16 Yrs 200m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 343 FINAL OF EVENT 311 Open/Male 17 /Over 200m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 344 FINAL OF EVENT 322 Female 15 Yrs 100m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 345 FINAL OF EVENT 322 Female 16 Yrs 100m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 346 FINAL OF EVENT 322 Female 17 Yrs/Over 100m Butterfly

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 347 FINAL OF EVENT 313 Open/Male 15 Yrs 50m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 348 FINAL OF EVENT 313 Open/Male 16 Yrs 50m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 349 FINAL OF EVENT 313 Open/Male 17 /Over 50m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 350 FINAL OF EVENT 314 Female 15 Yrs 100m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 351 FINAL OF EVENT 314 Female 16 Yrs 100m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 352 FINAL OF EVENT 314 Female 17 /Over 100m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 353 FINAL OF EVENT 321 Open/Male 15 Yrs 200m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 354 FINAL OF EVENT 321 Open/Male 16 Yrs 200m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 355 FINAL OF EVENT 321 Open/Male 17 /Over 200m Breaststroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 356 FINAL OF EVENT 312 Female 15 Yrs 200m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 357 FINAL OF EVENT 312 Female 16 Yrs 200m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 358 FINAL OF EVENT 312 Female 17 Yrs/Over 200m Backstroke

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 359 FINAL OF EVENT 332 Open/Male 15 Yrs 50m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 360 FINAL OF EVENT 332 Open/Male 16 Yrs 50m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 361 FINAL OF EVENT 332 Open/Male 17 Yrs/Over 50m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 362 FINAL OF EVENT 331 Female 15 Yrs 100m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 363 FINAL OF EVENT 331 Female 16 Yrs 100m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 364 FINAL OF EVENT 331 Female 17 Yrs/Over 100m Freestyle

1.		5.	
2.		6.	
3.		7.	
4.		8.	

EVENT 365 Open/Male 14/16 Yrs 400m Medley Tea

1. Co Peterboro B	14/16	Co Peterboro	4:28.00		6. Co Norwich	14/16	Co Norwich	4:14.00	
2. Norwich Swan	14/16	Norwich Swan	4:22.00		7. Co Cambridge B	14/16	Co Cambridge	4:14.00	
3. Thurrock	14/16	Thurrock	4:19.00		8. Co Peterboro A	14/16	Co Peterboro	4:08.00	
4. West Norfolk	14/16	West Norfolk	4:17.80		9. Co Cambridge A	14/16	Co Cambridge	4:07.00	
5. Co St Albans	14/16	Co St Albans	4:15.00		10. Basildon Ph	14/16	Basildon Ph	4:05.00	

EVENT 366 Open/Male 17 /Over 400m Medley Team

1. Deben	17/OV	Deben	4:17.00		6. Norwich Swan	17/OV	Norwich Swan	4:02.00	
2. DunmowAtlant	17/OV	DunmowAtlant	4:15.00		7. Thurrock	17/OV	Thurrock	3:59.00	
3. Co Peterboro	17/OV	Co Peterboro	4:05.00		8. Basildon Ph	17/OV	Basildon Ph	3:56.00	
4. Co Cambridge	17/OV	Co Cambridge	4:03.00		9. Co Norwich	17/OV	Co Norwich	3:52.00	
5. Hatfield	17/OV	Hatfield	4:02.50						

EVENT 367 Female 14/16 Yrs 400m Free Team

1. Chelmsford	14/16	Chelmsford	4:19.00		5. Norwich Swan	14/16	Norwich Swan	4:09.00	
2. Co St Albans	14/16	Co St Albans	4:15.00		6. Co Norwich	14/16	Co Norwich	4:06.00	
3. Newmarket	14/16	Newmarket	4:14.00		7. Hatfield	14/16	Hatfield	4:02.50	
4. Co Peterboro A	14/16	Co Peterboro	4:10.00		8. Basildon Ph	14/16	Basildon Ph	3:54.00	

EVENT 368 Female 17 Yrs/Over 400m Free Team

1. DunmowAtlant	17/OV	DunmowAtlant	4:10.00		5. Co Peterboro	17/OV	Co Peterboro	4:02.00	
2. Newmarket	17/OV	Newmarket	4:07.00		6. Co Norwich	17/OV	Co Norwich	3:56.00	
3. Norwich Swan	17/OV	Norwich Swan	4:05.00		7. Co Cambridge	17/OV	Co Cambridge	3:56.00	
4. Watford SC	17/OV	Watford SC	4:05.00		8. Basildon Ph	17/OV	Basildon Ph	3:50.00	