

Session 1 Friday 1st November at 6:30 pm

EVENT 101 Female 800m Freestyle

1.	Cassandra Pereira	14	Hatfield	10:03.29.....	18.	Emma Cushion	14	Co Peterboro	9:39.90.....
2.	Isabella Savage	15	Potters Bar	10:03.27.....	19.	Francesca Howell	16	New Hall	9:38.80.....
3.	Ayla Zolfaghari	13	Epping Fort	10:03.10.....	20.	Anabelle Kett	15	Co Peterboro	9:38.50.....
4.	Maia Thompson	16	Team Waveney	10:02.39.....	21.	Cailin Hehir	16	Watford SC	9:37.68.....
5.	Chloe Cranny	13	Epping Fort	10:01.62.....	22.	Amelia Saunders	16	Norwich Swan	9:36.50.....
6.	Honor Beverstock	15	Hatfield	10:01.08.....	23.	Francesca Barber	15	Co Norwich	9:35.34.....
7.	Eleanor Cox	16	Hitchin	9:57.36.....	24.	Ruby Chapman	18	Norwich Swan	9:33.01.....
8.	Esmie Kidman	18	West Norfolk	9:56.20.....	25.	Florence Crowley	18	Co St Albans	9:32.09.....
9.	Lily Farr	16	Bedford SS	9:55.70.....	26.	Gabriella Troman	15	teamipswich	9:29.79.....
10.	Lily Steel	14	teamipswich	9:54.80.....	27.	Ever Ives	15	Hatfield	9:23.69.....
11.	Lucy Clarke	14	Chelmsford	9:52.26.....	28.	Almudena Visser Velez	22	Co Cambridge	9:21.30.....
12.	Millie Richardson	18	Hatfield	9:51.33.....	29.	Sadie Hunter	16	Co Peterboro	9:14.62.....
13.	Megan Barnicoat	13	Co Peterboro	9:47.40.....	30.	Amelia Fenner	14	Basildon Ph	9:10.50.....
14.	Eveline Gaydon	15	Chelmsford	9:43.30.....	31.	Annie McLeod	16	Putteridge	9:04.73.....
15.	Darcy Gladwell	16	teamipswich	9:41.99.....	32.	Jasmine Hall	14	Basildon Ph	9:03.70.....
16.	Miriam Moukdad	18	Bishop Stort	9:41.64.....	33.	Sophie Dowding	17	teamipswich	9:02.50.....
17.	Aislin Foley-Wright	17	Basildon Ph	9:41.52.....	34.	Cait Cotter	17	Chelmsford	8:46.55.....

EVENT 102 Open/Male 1500m Freestyle

1.	Oliver Fuller	14	Co Cambridge	18:09.20.....	12.	Adam O'Neal	16	Bedford SS	17:28.20.....
2.	Marcus King	16	Putteridge	18:05.10.....	13.	Daniel Williams	16	Hatfield	17:17.84.....
3.	Jack Friedlein	16	Maldon Shark	18:04.04.....	14.	Frank Lamb	15	Co Peterboro	17:15.51.....
4.	Oliver Fenwick	15	Hatfield	18:03.30.....	15.	Jacob Bacon	14	Co Peterboro	17:07.66.....
5.	Charlie Cunningham	15	Biggleswade	18:02.04.....	16.	Luke Martell	18	Watford SC	17:03.90.....
6.	Ashton Blake	15	Basildon Ph	18:00.50.....	17.	B Macdonald-Williams	16	Bishop Stort	17:01.13.....
7.	Isaac Buchan	15	Co Norwich	17:52.36.....	18.	Conor Mint	15	Basildon Ph	16:54.50.....
8.	Jamie Wilson	15	West Norfolk	17:45.40.....	19.	Patch Robinson	17	teamipswich	16:31.50.....
9.	Csanad Rehus	15	Co Peterboro	17:39.83.....	20.	Daniel Belsey	16	Hatfield	16:26.33.....
10.	Lucas Day	15	Rochford	17:38.13.....	21.	Ryan Wall	17	Co Cambridge	16:13.94.....
11.	William Hughes	14	Basildon Ph	17:34.42.....					

Meet Programme

Session 2 Saturday 2nd November at 8:45 am

EVENT 201 Open/Male 200m IM

1.	Harry Arnold-Pepper	16	Co Cambridge	SM9	2:45.71.....	29.	Cub Maddison	18	Harpenden	2:18.83.....
2.	Samuel Black	17	Co Norwich	SM14	2:37.56.....	30.	Rafferty May	16	Watford SC	2:18.64.....
3.	Corey Hare	18	teamipswich	SM14	2:25.25.....	31.	Daniel Williams	16	Hatfield	2:18.49.....
4.	Harvey Isle	19	West Norfolk		2:22.98.....	32.	Jack Barnard	19	Watford SC	2:17.90.....
5.	Nathan Yeaman	17	West Norfolk		2:22.31.....	33.	Samuel Rose	21	West Norfolk	2:17.88.....
6.	Luke Martell	18	Watford SC		2:22.24.....	34.	Ross De Wildt	16	Co Cambridge	2:17.60.....
7.	Samuel Everett	17	West Suffolk		2:22.20.....	35.	George Prince	16	Putteridge	2:17.50.....
8.	Oliver Smith	17	Basildon Ph		2:22.14.....	36.	Finlay Neve	16	Co Norwich	2:17.40.....
9.	Daniel Meier	17	Biggleswade		2:22.06.....	37.	Henry Mann	16	Norwich Swan	2:16.99.....
10.	Toby Martin	17	Harpenden		2:22.01.....	38.	Kian Lee	16	Co Peterboro	2:16.81.....
11.	Daniel Grimmer	18	West Norfolk		2:21.71.....	39.	Kieran Ng	14	Co Peterboro	2:16.60.....
12.	Theodore Monk	16	Co Cambridge		2:21.62.....	40.	Robert Fenner	16	Basildon Ph	2:16.48.....
13.	Albert Orley	16	Braintree		2:21.51.....	41.	Benjamin Taggart	17	Watford SC	2:16.39.....
14.	Tyler Stone	14	Co Norwich		2:21.50.....	42.	Jacob Bacon	14	Co Peterboro	2:16.10.....
15.	B Macdonald-Williams	16	Bishop Stort		2:20.92.....	43.	Lucas Hartley	17	Hatfield	2:15.84.....
16.	Evan McQuade	16	DunmowAtlant		2:20.80.....	44.	Samuel Winslow	17	Co Cambridge	2:15.51.....
17.	Joshua Jones	15	West Norfolk		2:20.74.....	45.	Ben Buckley	17	Co Norwich	2:15.50.....
18.	Henry Dean	18	Thurrock		2:20.50.....	46.	Daryl Rands	27	Colchester	2:15.42.....
19.	Danylo Kravchenko	15	New Hall		2:20.10.....	47.	Lewis Andrews	17	Norwich Swan	2:15.28.....
20.	Thomas Spelman	17	Stowmarket		2:20.06.....	48.	Ryan Close	16	Bedford SS	2:15.10.....
21.	Oliver Fuller	14	Co Cambridge		2:19.91.....	49.	Frank Lamb	15	Co Peterboro	2:15.00.....
22.	Austin Harrop	18	Co Norwich		2:19.80.....	50.	Oscar Winterburn	16	teamipswich	2:12.30.....
23.	Maxwell Hozier	15	Hoddesdon		2:19.72.....	51.	Samuel Jeffrey	17	Hatfield	2:12.20.....
24.	Jude Gunner	15	Norwich Swan	SM14	2:19.70.....	52.	Reece Burns	16	Chelmsford	2:11.50.....
25.	Adrien Storck-Wihlidal	17	Bishop Stort		2:19.48.....	53.	Daniel McGuinness	18	Basildon Ph	2:09.85.....
26.	Harvey Durham	16	Co Norwich		2:19.30.....	54.	Patch Robinson	17	teamipswich	2:09.60.....
27.	Rafael Corliano	14	Co Cambridge		2:18.90.....	55.	Edward Ormsby	17	Co Cambridge	2:07.20.....
28.	Marton Molnar	15	Co Cambridge		2:18.87.....	56.	Kai Adams	28	Halstead	2:07.08.....

EVENT 202 Female 50m Backstroke

1.	Lexie Sandiford	13	Putteridge		33.20.....	31.	Aimee Sanders	12	Dunstable	32.70.....
2.	Hollie Gilbertson	15	Co Norwich		33.20.....	32.	Zoe Land	18	Team Waveney	32.70.....
3.	Elise Delapperall	18	Thurrock		33.19.....	33.	Imola Jozsa	18	Hatfield	32.68.....
4.	Tasmin Whittaker	18	Watford SC		33.15.....	34.	Maia Thompson	16	Team Waveney	32.64.....
5.	Valeria Soldatihhina	11	West Norfolk		33.14.....	35.	Teah Gregory	16	Stevenage	32.63.....
6.	Holly Enright	17	Watford SC		33.14.....	36.	Dayna Arbon	18	Co Norwich	32.62.....
7.	Poppy Malcolmson	18	Dereham		33.14.....	37.	Z Jaramillo Obcowska	17	Epping For't	32.60.....
8.	Lola Wonfor	15	New Hall		33.13.....	38.	Amber Flitton	15	Dunstable	32.60.....
9.	Ayla Zolfaghari	13	Epping For't		33.13.....	39.	Cassandra Pereira	14	Hatfield	32.59.....
10.	Chloe Bellamy	17	West Norfolk		33.10.....	40.	Sophie Roberts	15	teamipswich	32.54.....
11.	Charlotte Belcher	14	Bedford SS		33.08.....	41.	Mia Nelson	13	Cheshunt	32.53.....
12.	Naomi Rose Conday	14	Bishop Stort		33.05.....	42.	Amelia Lewis	15	teamipswich	32.51.....
13.	Lucy Clarke	14	Chelmsford		33.05.....	43.	Isabel Thomas	16	Newmarket	32.50.....
14.	April Mills	16	Hatfield		33.04.....	44.	Amelia Murphy	17	Witham Dolph	32.49.....
15.	Libby Whiting	15	Putteridge		33.02.....	45.	Isabella Savage	15	Potters Bar	32.48.....
16.	Lola Mitchinson	13	Thetford		32.99.....	46.	Rebecca Olaru	13	Chelmsford	32.40.....
17.	Amber Ridgeon	19	Leiston		32.98.....	47.	Poppy Garrod	15	Co Peterboro	32.32.....
18.	Eddie Newell	17	Chelmsford		32.95.....	48.	Megan Gray	17	Hatfield	32.27.....
19.	Lucy Calver	16	Biggleswade		32.94.....	49.	Olivia Wicks	12	Norwich Swan	32.22.....
20.	Lilianna Sopala	14	Hoddesdon		32.93.....	50.	Emma Cushion	14	Co Peterboro	32.20.....
21.	Alexandra Hurley	14	Co Cambridge		32.90.....	51.	Emilia Johnson	15	Norwich Swan	32.19.....
22.	Charlotte Low	15	Chelmsford		32.88.....	52.	Emilia Rayner	15	Halstead	32.18.....
23.	Erin Woodrow	17	West Norfolk		32.81.....	53.	Sophie Stelmach	15	Stevenage	32.09.....
24.	Kitty Lamb	13	Co Peterboro		32.80.....	54.	Alice Watts	16	Co Cambridge	32.09.....
25.	Valentina Tinnirello	14	Potters Bar		32.80.....	55.	Tia Sammut	13	Bedford SS	31.90.....
26.	Sophie O'Rorke	17	DunmowAtlant		32.78.....	56.	Summer Boswell	16	Hatfield	31.76.....
27.	Isabelle Talbot	17	Braintree		32.73.....	57.	Lily Steel	14	teamipswich	31.70.....
28.	Alice Robinson	15	Co Cambridge		32.70.....	58.	Charlotte Pound	15	Putteridge	31.70.....
29.	Daisy Russell	16	DunmowAtlant		32.70.....	59.	Phoebe Matthews	17	Hatfield	31.67.....
30.	Bethany Hamer	17	Linslade		32.70.....	60.	Georgina Munday	20	Co Norwich	31.64.....

Meet Programme

61.	Alexandra Nurney	14	Hatfield	31.62.....	77.	Isabelle Cameron	17	Co Peterboro	30.56.....
62.	Olivia Mendham	16	DunmowAtlant	31.60.....	78.	Erin Barber	14	Newmarket	30.54.....
63.	Amy Harper	17	Watford SC	31.57.....	79.	Emily Pitcher	16	Norwich Swan	30.52.....
64.	Gabriella Meyer	15	DunmowAtlant	31.50.....	80.	Sophie Moore	19	Co Cambridge	30.50.....
65.	Francesca Howell	16	New Hall	31.40.....	81.	Nicole Maynard	15	Basildon Ph	30.30.....
66.	Lois Smith	14	Basildon Ph	31.40.....	82.	Erin Currie	16	Hatfield	30.08.....
67.	Emily-Grace Bentley	14	Basildon Ph	31.26.....	83.	Megan Pye	22	Co Norwich	30.00.....
68.	Anouk Zecchini	18	Co Cambridge	31.21.....	84.	Eloise Cole	16	Bedford SS	29.80.....
69.	Shahd Mohamed	17	Co Peterboro	31.09.....	85.	Charlotte Smith	17	Norwich Swan	29.80.....
70.	Abigail Davis	14	Bedford SS	31.00.....	86.	Isobel Mather	17	Co Cambridge	29.70.....
71.	Sophie Green	17	Hatfield	30.90.....	87.	Evangeline Pierce	17	Basildon Ph	29.65.....
72.	Camille Vannier	17	Hatfield	30.80.....	88.	Vanesa Cimermanova	16	Co Peterboro	29.10.....
73.	Chloe Armstrong	17	teamipswich	30.80.....	89.	Charley Joyce	19	Epping For't	28.90.....
74.	Adrija Raudonyte	16	Newmarket	30.70.....	90.	Georgia Holgate	17	Co Cambridge	28.80.....
75.	Grace Robinson	15	Putteridge	30.60.....	91.	Amara Addison	17	Norwich Swan	28.64.....
76.	Katerina Di Maria	16	Co Norwich	30.60.....					

EVENT 203 Open/Male 50m Freestyle

1.	Jacob Desso	16	Runnymede	S8	40.33.....	46.	Aiden Futter	16	Norwich Swan	25.50.....	
2.	Stephane Rouyer-Brown	27	Runnymede	S14	39.40.....	47.	Jack Barnard	19	Watford SC	25.40.....	
3.	Harry Arnold-Pepper	16	Co Cambridge	S9	30.50.....	48.	Danylo Kravchenko	15	New Hall	25.40.....	
4.	Samuel Black	17	Co Norwich	S14	26.50.....	49.	Hayden Thornhill	18	Norwich Swan	25.40.....	
5.	Charles Sinclair	28	Ware		26.10.....	50.	Roan Brennan	18	Basildon Ph	S10	25.40.....
6.	Finlay Blagg	15	Stowmarket		26.10.....	51.	Finlay Roberts	15	Witham Dolph	25.38.....	
7.	Sean Diggins	18	Team Waveney		26.10.....	52.	Max Walters	15	Watford SC	25.37.....	
8.	James Baker	17	Chelmsford		26.05.....	53.	Benedict Measures	19	Norwich Swan	25.37.....	
9.	Oliver Smith	17	Basildon Ph		26.03.....	54.	Joshua Needham	17	St Neot Swan	25.34.....	
10.	Cameron Jones	18	Bedford SS		26.03.....	55.	Frank Jacob	15	Co Cambridge	25.30.....	
11.	Nathan Yeaman	17	West Norfolk		26.00.....	56.	Nonso Nwabueze	15	Basildon Ph	25.30.....	
12.	Robert Elliston	18	Braintree		26.00.....	57.	Matthew Titman	23	Co Cambridge	25.30.....	
13.	Oliver Frame	19	Norwich Swan		26.00.....	58.	Luke Morley	17	Hitchin	25.30.....	
14.	Ben Howlett	17	teamipswich		26.00.....	59.	Naim Harvey	16	Basildon Ph	25.16.....	
15.	William Ward	15	Hoddesdon		25.92.....	60.	Adam O'Neal	16	Bedford SS	25.12.....	
16.	Joshua Hutchinson	17	Harlow Pen		25.92.....	61.	William Presland	19	Watford SC	25.10.....	
17.	Ethan Thomson	16	teamipswich		25.91.....	62.	Dominic Stachura	17	Dunstable	25.10.....	
18.	Noah Mann	17	Newmarket		25.90.....	63.	Daniel Boboye	17	DunmowAtlant	25.10.....	
19.	Charlie Birdsall	14	Co Cambridge		25.89.....	64.	Oliver Hutchinson	17	Harlow Pen	25.10.....	
20.	Orlando Whiting	14	Norwich Swan		25.87.....	65.	Finlay Neve	16	Co Norwich	25.10.....	
21.	Billy Cyl	16	Ware		25.86.....	66.	Matthew Brown	19	Stowmarket	25.05.....	
22.	Leo Easter	17	Runnymede		25.83.....	67.	Nathan Birchenough	17	Norwich Swan	25.05.....	
23.	Ayobami Akindele	16	Thurrock		25.82.....	68.	Jayden Carter	13	Basildon Ph	25.04.....	
24.	Joe Hammond	17	Co Norwich		25.80.....	69.	Jack Osborne	17	Deben	25.00.....	
25.	Austin Harrop	18	Co Norwich		25.80.....	70.	Janos Kadar	17	Co Cambridge	24.90.....	
26.	B Macdonald-Williams	16	Bishop Stort		25.80.....	71.	Riley Hall	17	Co Cambridge	24.90.....	
27.	Henry Mann	16	Norwich Swan		25.80.....	72.	Sean Connolly	16	Epping For't	24.90.....	
28.	Daniel Chandler	22	Linslade		25.77.....	73.	Maxwell Hozier	15	Hoddesdon	24.90.....	
29.	Harry Cooper	16	Rochford		25.74.....	74.	Charlie Barrett	23	Co Norwich	24.90.....	
30.	Cub Maddison	18	Harpenden		25.73.....	75.	Lee Boka	16	Basildon Ph	24.82.....	
31.	Samuel Johnson	26	Halstead		25.73.....	76.	Archie Tebbutt	14	New Hall	24.80.....	
32.	Reece Burns	16	Chelmsford		25.70.....	77.	Lewis Chapman	23	Stowmarket	24.78.....	
33.	Rhys Burrell	17	West Norfolk		25.70.....	78.	Oscar Hunter	15	Norwich Swan	24.70.....	
34.	Saxon Minto	16	Chelmsford		25.70.....	79.	Freddie Gardner	18	Thurrock	24.70.....	
35.	Joshua Ellis	18	Hatfield		25.68.....	80.	Harry Hudson	19	Norwich Swan	24.70.....	
36.	Jensen Larthe	17	Basildon Ph		25.66.....	81.	Theo Bari	16	Saffron Wald	24.70.....	
37.	Kabir Patel	15	Potters Bar		25.64.....	82.	Danylo Snitko	16	Watford SC	24.64.....	
38.	Riley Bashford	18	Deben		25.61.....	83.	Samuel Rose	21	West Norfolk	24.60.....	
39.	Blake Aldridge	17	St Felix Sch		25.60.....	84.	Sam Mead	22	Linslade	24.50.....	
40.	Samuel Chamberlain	15	West Suffolk		25.60.....	85.	Dylan Davenport	15	Bishop Stort	24.50.....	
41.	Benjamin Taggart	17	Watford SC		25.60.....	86.	Joshua Sackree	16	Co Peterboro	24.40.....	
42.	Charlie Stanbury	19	Potters Bar		25.54.....	87.	Joe Power	17	Basildon Ph	24.40.....	
43.	George Stevenson	17	West Norfolk		25.50.....	88.	Billy Mead	19	Linslade	24.40.....	
44.	Harvey Durham	16	Co Norwich		25.50.....	89.	Daniel Chada	23	Bishop Stort	24.36.....	
45.	Toby Martin	17	Harpenden		25.50.....	90.	Ben Davison	19	Hatfield	24.30.....	

Meet Programme

91. Finlay Arnup	17	Norwich Swan	24.10.....	99. Callum Cox	18	Co Norwich	23.80.....
92. Henry Dean	18	Thurrock	24.10.....	100. Lucas Dyson-Diaz	24	Hatfield	23.70.....
93. Ethan Martin	19	Thurrock	24.10.....	101. Olivier Vedrenne	19	Co Norwich	23.60.....
94. Liam Rumball	19	Hatfield	24.08.....	102. Ronnie Edwards	16	Rochford	23.45.....
95. Lucas Hartley	17	Hatfield	23.96.....	103. Jack Abram	19	Co Norwich	23.20.....
96. Damon Elliott	20	DunmowAtlant	23.90.....	104. Matthew Wright	26	Team Luton	22.70.....
97. Ashley Coombs	23	Watford SC	23.90.....	105. William Ellard	18	Norwich Swan S14	22.40.....
98. Joshua Shepherd	16	Thurrock	23.85.....				

EVENT 204 Female 200m Butterfly

1. Scarlett Joslin	17	Co Cambridge	2:37.96.....	18. Eleanor McLeod	16	Putteridge	2:30.86.....
2. Amy Witton	15	Hatfield	2:36.91.....	19. Louise Webster	17	Thurrock	2:30.20.....
3. Evie Greenhalf	14	Co Norwich	2:36.64.....	20. Olivia Greenall	15	Co Norwich	2:29.60.....
4. Mia Macklin	16	Braintree	2:36.13.....	21. Sophie Dowding	17	teamipswich	2:27.00.....
5. Kitty Lamb	13	Co Peterboro	2:35.14.....	22. Hollie Hawkins	17	Basildon Ph	2:26.30.....
6. Francesca Barber	15	Co Norwich	2:35.11.....	23. Annie McLeod	16	Putteridge	2:25.83.....
7. Millie Harris	16	West Norfolk	2:34.91.....	24. Lexie O'Connor	17	Basildon Ph	2:24.42.....
8. Summer Evason	15	Watford SC	2:34.80.....	25. Poppy Magill	16	Putteridge	2:23.14.....
9. Jasmine Scott	13	Co St Albans	2:33.90.....	26. Lara Treharne	17	Co Peterboro	2:23.11.....
10. Hollie Gilbertson	15	Co Norwich	2:33.73.....	27. Charlotte Smith	17	Norwich Swan	2:22.10.....
11. Jorja Atkinson	13	Co Cambridge	2:33.34.....	28. Chloe Barnard	15	Basildon Ph	2:21.96.....
12. Kate Hopper	17	Watford SC	2:33.32.....	29. Chloe Butler	20	Co Norwich	2:20.80.....
13. Amelia Saunders	16	Norwich Swan	2:32.90.....	30. Cait Cotter	17	Chelmsford	2:20.39.....
14. Holly Enright	17	Watford SC	2:32.50.....	31. Amelia Fenner	14	Basildon Ph	2:16.90.....
15. Lucy Clarke	14	Chelmsford	2:31.57.....	32. Sadie Hunter	16	Co Peterboro	2:16.90.....
16. Ruby-May Ciaburro	14	Watford SC	2:31.30.....	33. Skye Carter	17	Basildon Ph	2:16.80.....
17. Antonia Elias	15	Hatfield	2:31.00.....				

EVENT 205 Open/Male 200m Butterfly

1. Ciaran Strike	16	Team Waveney	2:27.91.....	21. Oliver Pike	17	Co Norwich	2:17.80.....
2. Evan Larthe	15	Basildon Ph	2:27.60.....	22. Ryan Close	16	Bedford SS	2:16.99.....
3. Cillian O'Brien	16	Co Ely	2:27.53.....	23. Joshua Ellis	18	Hatfield	2:16.95.....
4. Philip Spalding	14	Putteridge	2:27.44.....	24. Daniel Meier	17	Biggleswade	2:16.83.....
5. Dmitrijs Gracovs	15	Harlow Pen	2:26.60.....	25. Harry Bird	15	Putteridge	2:16.70.....
6. Kye Harrington	16	West Norfolk	2:26.20.....	26. Jude Gunner	15	Norwich Swan S14	2:16.50.....
7. Finlay German	15	Co Cambridge	2:25.45.....	27. Patryk Nowak	14	Co Peterboro	2:16.40.....
8. Harvey Isle	19	West Norfolk	2:23.85.....	28. Marcus King	16	Putteridge	2:15.13.....
9. Corben Gibson	14	Basildon Ph	2:23.80.....	29. Callum Cox	18	Co Norwich	2:14.70.....
10. Dylan Nutt	25	DunmowAtlant	2:22.98.....	30. Ashton Blake	15	Basildon Ph	2:14.37.....
11. Corey Hare	18	teamipswich S14	2:22.84.....	31. Ethan Thorpe	15	Basildon Ph	2:14.35.....
12. Devesh Kapoor	21	Co Norwich	2:22.50.....	32. Kian Lee	16	Co Peterboro	2:13.50.....
13. Oliver Fuller	14	Co Cambridge	2:21.93.....	33. Jacob Bacon	14	Co Peterboro	2:13.20.....
14. Evan McQuade	16	DunmowAtlant	2:21.62.....	34. Jake Lloyd	29	Bishop Stort	2:12.82.....
15. Luke Owens	14	Putteridge	2:21.39.....	35. Joshua Shepherd	16	Thurrock	2:09.14.....
16. Daniel Williams	16	Hatfield	2:20.60.....	36. Henry Dean	18	Thurrock	2:09.07.....
17. Daniel Grimmer	18	West Norfolk	2:19.83.....	37. Ryan Wall	17	Co Cambridge	2:08.80.....
18. Jamie Wilson	15	West Norfolk	2:19.70.....	38. Jake Thomas-Mansfield	24	West Suffolk	2:08.60.....
19. Toby Martin	17	Harpenden	2:19.65.....	39. Daniel McGuinness	18	Basildon Ph	2:08.20.....
20. Danylo Kravchenko	15	New Hall	2:19.49.....	40. James Woodward	24	Hatfield	1:57.90.....

EVENT 206 Female 100m Breaststroke

1. Charlotte Ryan	24	Runnymede SB5	2:55.02.....	13. Mercy Adeoye	15	Hatfield	1:17.53.....
2. Sofia Cirdei	14	Basildon Ph	1:19.00.....	14. Isabella Green	18	Co Norwich	1:17.47.....
3. Jeslene Sandhu	13	Epping For't	1:18.98.....	15. Molly Greatbatch	14	Bishop Stort	1:16.60.....
4. Anya Waterman	14	Colchester	1:18.86.....	16. Jorja Atkinson	13	Co Cambridge	1:16.50.....
5. Hannah Lovelock	16	Hitchin	1:18.82.....	17. Isabella Porzio	20	Putteridge	1:16.20.....
6. Nicole Peddely	14	teamipswich	1:18.49.....	18. Freya Cox	13	Norwich Swan	1:16.14.....
7. Alexis Johnson	14	Co Peterboro	1:18.38.....	19. Isabel White	15	Biggleswade	1:16.10.....
8. Alice Watts	16	Co Cambridge	1:18.09.....	20. Summer Evason	15	Watford SC	1:15.90.....
9. Kiera Broad	16	West Suffolk	1:18.07.....	21. Daisy-Mai Doel	13	Basildon Ph	1:15.88.....
10. Rachael Carpenter	17	Ware	1:17.90.....	22. Phoebe Howard	17	Norwich Swan	1:15.04.....
11. Eloise Minto	13	Chelmsford	1:17.80.....	23. Shahd Mohamed	17	Co Peterboro	1:14.67.....
12. Olivia Riley	18	Hatfield	1:17.79.....	24. Verity Hamilton	14	Norwich Swan	1:14.50.....

Meet Programme

25.	Amelia Murphy	17	Witham Dolph	1:14.20.....	35.	Sarah O'Brien	28	West Norfolk	1:11.97.....
26.	Elizabeth Wright	17	West Suffolk	1:14.15.....	36.	Ruby Wheeler	18	Co Norwich	1:11.81.....
27.	Ellie-Rose Lyon	17	Co Norwich	1:13.90.....	37.	Sophie Moore	19	Co Cambridge	1:11.50.....
28.	Megan Gray	17	Hatfield	1:13.61.....	38.	Sophie Payne	22	Putteridge	1:11.30.....
29.	Ellen Duffield	17	teamipswich	1:13.59.....	39.	Rebecca Keetley	20	Co Cambridge	1:11.30.....
30.	Charlisse Harding	15	Norwich Swan	1:13.32.....	40.	Isabelle Cameron	17	Co Peterboro	1:10.74.....
31.	Chloe Butler	20	Co Norwich	1:13.20.....	41.	Ellen Eccleston	17	Co Norwich	1:09.69.....
32.	Ella Greatbatch	16	Bishop Stort	1:13.00.....	42.	Caitlin Hartley	20	Hatfield	1:09.40.....
33.	Mia Lowe	17	Basildon Ph	1:12.50.....	43.	Ashley Ransome	29	Hatfield	1:09.30.....
34.	Yan Ting Emily Pak	15	Co Cambridge	1:12.30.....	44.	Jasmine Carter	15	Basildon Ph	1:06.90.....

EVENT 207 Open/Male 100m Breaststroke

1.	Stephane Rouyer-Brown	27	Runnymede	SB14	1:47.07.....	41.	Szymon Pierzecki	15	Witham Dolph	1:09.69.....
2.	Harry Arnold-Pepper	16	Co Cambridge	SB8	1:22.24.....	42.	Lucas Hartley	17	Hatfield	1:09.25.....
3.	Corey Hare	18	teamipswich	SB14	1:18.49.....	43.	Alexander Florance	24	Co Norwich	1:09.20.....
4.	George Heather	14	Co Peterboro		1:14.00.....	44.	Lucas Dyson-Diaz	24	Hatfield	1:09.14.....
5.	Jude Gunner	15	Norwich Swan	SB14	1:13.80.....	45.	Matthew McLaughlin	31	Bishop Stort	1:09.06.....
6.	Berkley Barnicoat	15	Co Peterboro		1:13.59.....	46.	Samuel Addington	19	Co Cambridge	1:09.00.....
7.	Theo Smith	15	Hitchin		1:13.50.....	47.	Ross De Wildt	16	Co Cambridge	1:08.93.....
8.	Cillian O'Brien	16	Co Ely		1:13.47.....	48.	Chun Ho Chan	15	Watford SC	1:08.86.....
9.	Joshua Needham	17	St Neot Swan		1:13.45.....	49.	Henry Mann	16	Norwich Swan	1:08.80.....
10.	Toby Flood	15	Theford		1:13.44.....	50.	Tyler Stone	14	Co Norwich	1:08.40.....
11.	George Jones	15	Basildon Ph		1:13.20.....	51.	Harvey Durham	16	Co Norwich	1:08.39.....
12.	Thomas Baxter	15	West Norfolk		1:13.20.....	52.	Samuel Winslow	17	Co Cambridge	1:08.34.....
13.	Josh Reed	13	Co Norwich		1:12.95.....	53.	Billy Mead	19	Linslade	1:08.21.....
14.	Sean Diggins	18	Team Waveney		1:12.91.....	54.	Adrien Storck-Wihlidal	17	Bishop Stort	1:08.20.....
15.	Kai Patel	14	Thurrock		1:12.79.....	55.	Cub Maddison	18	Harpenden	1:08.15.....
16.	Jayden Carter	13	Basildon Ph		1:12.47.....	56.	Luke Payne	20	Hatfield	1:08.08.....
17.	Benjamin Every	16	St Felix Sch		1:12.36.....	57.	Benjamin Taggart	17	Watford SC	1:07.96.....
18.	George Little	16	Bedford SS		1:12.30.....	58.	Samuel Jeffrey	17	Hatfield	1:07.83.....
19.	Joshua Marshall	19	St Ives		1:12.27.....	59.	George Prince	16	Putteridge	1:07.78.....
20.	Samuel Everett	17	West Suffolk		1:12.18.....	60.	Charlie McKinnon	17	Norwich Swan	1:07.74.....
21.	Joshua Jones	15	West Norfolk		1:12.14.....	61.	Samuel Johnson	26	Halstead	1:07.62.....
22.	Frank Lamb	15	Co Peterboro		1:12.11.....	62.	James McGettigan	15	Thurrock	1:07.34.....
23.	Charlie Stanbury	19	Potters Bar		1:11.98.....	63.	William Presland	19	Watford SC	1:07.25.....
24.	Lazaros Giarenis	15	Co Norwich		1:11.82.....	64.	Timon Chapman	23	Norwich Swan	1:07.09.....
25.	Finlay Neve	16	Co Norwich		1:11.55.....	65.	Jack Renouf	18	Hoddesdon	1:07.00.....
26.	Robert Elliston	18	Braintree		1:11.35.....	66.	Jake Moore	18	Watford SC	1:06.91.....
27.	Austin Harrop	18	Co Norwich		1:11.11.....	67.	Kieran Ng	14	Co Peterboro	1:06.80.....
28.	Maximus Atkin	15	Linslade		1:10.95.....	68.	Glennon Lee	18	Harlow Pen	1:06.65.....
29.	Joshua Black	14	Co Cambridge		1:10.94.....	69.	James Noble	22	Norwich Swan	1:06.40.....
30.	Rafael Corliano	14	Co Cambridge		1:10.73.....	70.	Dominic McCarthy	22	Hoddesdon	1:06.20.....
31.	Jeffrey Gill	17	Watford SC		1:10.47.....	71.	Charlie Ruddell	15	teamipswich	1:06.00.....
32.	Thomas Spelman	17	Stowmarket		1:10.40.....	72.	Reece Burns	16	Chelmsford	1:05.90.....
33.	Rhys Burrell	17	West Norfolk		1:10.38.....	73.	Lewis Andrews	17	Norwich Swan	1:05.90.....
34.	Alexander Ball	17	Potters Bar		1:10.38.....	74.	Daryl Rands	27	Colchester	1:05.85.....
35.	Riley Hall	17	Co Cambridge		1:10.30.....	75.	Ben Buckley	17	Co Norwich	1:04.70.....
36.	Oliver Fuller	14	Co Cambridge		1:10.10.....	76.	Saxon Minto	16	Chelmsford	1:04.40.....
37.	Adam Hazlewood	20	Putteridge		1:09.89.....	77.	Edward Ormsby	17	Co Cambridge	1:04.21.....
38.	Sam Mead	22	Linslade		1:09.88.....	78.	Joshua Sackree	16	Co Peterboro	1:04.15.....
39.	Jack Webb	16	Witham Dolph		1:09.87.....	79.	Thomas Hamilton	23	Co Cambridge	1:02.96.....
40.	Daniel Boboye	17	DunmowAtlant		1:09.78.....	80.	Lawrence Palmer	32	Putteridge	1:00.23.....

EVENT 208 Female 100m IM

1.	Lily Steel	14	teamipswich	1:11.20.....	10.	Amelia Porzio	16	Putteridge	1:10.36.....
2.	Honor Beverstock	15	Hatfield	1:11.06.....	11.	Lois Smith	14	Basildon Ph	1:10.35.....
3.	Sophie Moore	19	Co Cambridge	1:11.00.....	12.	Verity Hamilton	14	Norwich Swan	1:10.29.....
4.	Kiera Broad	16	West Suffolk	1:10.91.....	13.	Zoe Land	18	Team Waveney	1:10.16.....
5.	Isobel Mather	17	Co Cambridge	1:10.81.....	14.	Amy Harper	17	Watford SC	1:10.12.....
6.	Amelia Murphy	17	Witham Dolph	1:10.78.....	15.	Isabella Porzio	20	Putteridge	1:09.91.....
7.	Anabelle Kett	15	Co Peterboro	1:10.70.....	16.	Emily Pitcher	16	Norwich Swan	1:09.91.....
8.	Olivia Riley	18	Hatfield	1:10.51.....	17.	Elizabeth Wright	17	West Suffolk	1:09.84.....
9.	Chloe Armstrong	17	teamipswich	1:10.43.....	18.	Caitlin Hartley	20	Hatfield	1:09.75.....

Meet Programme

19.	Anouk Zecchini	18	Co Cambridge	1:09.67.....	35.	Georgina Munday	20	Co Norwich	1:07.98.....
20.	Lara Trehame	17	Co Peterboro	1:09.62.....	36.	Ellen Duffield	17	teamipswich	1:07.93.....
21.	Yan Ting Emily Pak	15	Co Cambridge	1:09.46.....	37.	Amy Boreham	18	Watford SC	1:07.79.....
22.	Vanesa Cimermanova	16	Co Peterboro	1:09.46.....	38.	Jessica Medlicott	17	Dunstable	1:07.50.....
23.	Jessica Shaw	19	Co Peterboro	1:09.07.....	39.	Sarah O'Brien	28	West Norfolk	1:07.48.....
24.	Erin Currie	16	Hatfield	1:09.03.....	40.	Shahd Mohamed	17	Co Peterboro	1:07.09.....
25.	Jessica-Jane Applegate	28	Co Norwich SM14	1:08.93.....	41.	Alexandra Nurney	14	Hatfield	1:06.89.....
26.	Ruby Greenhalf	19	Co Norwich	1:08.93.....	42.	Niamh James	23	Bishop Stort	1:06.80.....
27.	Sophie Payne	22	Putteridge	1:08.81.....	43.	Amara Addison	17	Norwich Swan	1:06.77.....
28.	Katie Jeffrey	20	Hatfield	1:08.50.....	44.	Jasmine Hall	14	Basildon Ph	1:06.70.....
29.	Imola Jozsa	18	Hatfield	1:08.35.....	45.	Megan Pye	22	Co Norwich	1:06.60.....
30.	Eva Lawson	16	Berkhamsted	1:08.35.....	46.	Olivia Minett	16	Co Peterboro	1:06.58.....
31.	Erin Barber	14	Newmarket	1:08.20.....	47.	Jasmine Carter	15	Basildon Ph	1:06.13.....
32.	Alexa Mann	18	DunmowAtlant	1:08.19.....	48.	Isabelle Cameron	17	Co Peterboro	1:05.99.....
33.	Ellen Eccleston	17	Co Norwich	1:08.17.....	49.	Grace Greenhalf	17	Co Norwich	1:05.00.....
34.	Rebecca Keetley	20	Co Cambridge	1:08.07.....					

EVENT 209 Open/Male 400m Freestyle

1.	Jacob Desso	16	Runnymede S8	6:37.35.....	13.	Kian Lee	16	Co Peterboro	4:19.80.....
2.	Corey Hare	18	teamipswich S14	4:39.90.....	14.	Jacob Bacon	14	Co Peterboro	4:18.80.....
3.	Lucas Day	15	Rochford	4:27.82.....	15.	B Macdonald-Williams	16	Bishop Stort	4:18.65.....
4.	Jake Lloyd	29	Bishop Stort	4:25.60.....	16.	Oscar Hunter	15	Norwich Swan	4:18.50.....
5.	Oliver Fuller	14	Co Cambridge	4:24.48.....	17.	Luke Martell	18	Watford SC	4:18.50.....
6.	Cameron Jones	18	Bedford SS	4:24.45.....	18.	Robert Fenner	16	Basildon Ph	4:15.56.....
7.	Frank Lamb	15	Co Peterboro	4:22.62.....	19.	Benjamin Every	16	St Felix Sch	4:13.66.....
8.	Ashton Blake	15	Basildon Ph	4:22.54.....	20.	Adam O'Neal	16	Bedford SS	4:10.02.....
9.	George Carter	16	Co Cambridge	4:22.37.....	21.	Ryan Wall	17	Co Cambridge	4:06.04.....
10.	Thomas Spelman	17	Stowmarket	4:22.10.....	22.	Daniel Belsey	16	Hatfield	4:01.08.....
11.	Reece Burns	16	Chelmsford	4:21.66.....	23.	Alexander Volkovoy	19	Co Cambridge	3:52.03.....
12.	Dylan Davenport	15	Bishop Stort	4:21.54.....					

Meet Programme

Session 3 Saturday 2nd November at 12:30 pm

EVENT 301 Female 400m IM

1.	Jorja Atkinson	13	Co Cambridge	5:24.70.....	11.	Grace Robinson	15	Putteridge	5:05.70.....
2.	Esmie Kidman	18	West Norfolk	5:22.84.....	12.	Jasmine Hall	14	Basildon Ph	5:05.40.....
3.	Ruby Chapman	18	Norwich Swan	5:21.58.....	13.	Sophie Moore	19	Co Cambridge	5:05.08.....
4.	Emma Cushion	14	Co Peterboro	5:19.70.....	14.	Amelia Fenner	14	Basildon Ph	5:04.50.....
5.	Charlisse Harding	15	Norwich Swan	5:19.19.....	15.	Annie McLeod	16	Putteridge	5:04.03.....
6.	Poppy Magill	16	Putteridge	5:12.58.....	16.	Isabelle Cameron	17	Co Peterboro	5:01.28.....
7.	Kate Hopper	17	Watford SC	5:10.93.....	17.	Sadie Hunter	16	Co Peterboro	5:00.67.....
8.	Amelia Saunders	16	Norwich Swan	5:10.50.....	18.	Ruby Wheeler	18	Co Norwich	4:52.05.....
9.	Niamh James	23	Bishop Stort	5:09.15.....	19.	Cait Cotter	17	Chelmsford	4:51.40.....
10.	Summer Evason	15	Watford SC	5:07.52.....					

EVENT 302 Open/Male 100m Backstroke

1.	Corey Hare	18	teamipswich S14	1:06.60.....	30.	Robert Fenner	16	Basildon Ph	1:02.01.....
2.	William Presland	19	Watford SC	1:04.60.....	31.	Freddie Gardner	18	Thurrock	1:01.90.....
3.	Toby Martin	17	Harpenden	1:04.60.....	32.	Albert Orley	16	Braintree	1:01.89.....
4.	Leo Easter	17	Runnymede	1:04.55.....	33.	Matthew Brown	19	Stowmarket	1:01.83.....
5.	James Clarke	16	Co Norwich	1:04.55.....	34.	Archie Tebbutt	14	New Hall	1:01.80.....
6.	Joshua Hutchinson	17	Harlow Pen	1:04.47.....	35.	Oliver Frame	19	Norwich Swan	1:01.60.....
7.	Oliver Pike	17	Co Norwich	1:04.40.....	36.	Thomas Ford	18	Basildon Ph	1:01.50.....
8.	Adam O'Neal	16	Bedford SS	1:04.35.....	37.	Marton Molnar	15	Co Cambridge	1:01.17.....
9.	Thomas Robb	16	Halstead	1:04.32.....	38.	Jack Osborne	17	Deben	1:01.17.....
10.	Noah Mann	17	Newmarket	1:04.10.....	39.	Cameron Jones	18	Bedford SS	1:00.99.....
11.	Ron Elkin	16	Co Cambridge	1:04.02.....	40.	Adrien Storck-Wihlidal	17	Bishop Stort	1:00.90.....
12.	William Leese	16	Co Cambridge	1:03.99.....	41.	Rafferty May	16	Watford SC	1:00.74.....
13.	Charlie Birdsall	14	Co Cambridge	1:03.78.....	42.	Louis Allen	16	Chelmsford	1:00.69.....
14.	Parker Brewster	15	Harpenden	1:03.76.....	43.	Danylo Kravchenko	15	New Hall	1:00.45.....
15.	Nathan Yeaman	17	West Norfolk	1:03.76.....	44.	Lloyd Battisson	19	Team Waveney	1:00.44.....
16.	Archie Harris-Joy	14	Co Norwich	1:03.70.....	45.	Ethan Thorpe	15	Basildon Ph	1:00.20.....
17.	Evan Larthe	15	Basildon Ph	1:03.54.....	46.	Oscar Winterburn	16	teamipswich	1:00.16.....
18.	Zach Montgomery	14	Norwich Swan	1:03.36.....	47.	Oliver Smith	17	Basildon Ph	59.90.....
19.	Sean Connolly	16	Epping For't	1:03.34.....	48.	Janos Kadar	17	Co Cambridge	59.70.....
20.	Reece Burns	16	Chelmsford	1:02.98.....	49.	Daniel McGuinness	18	Basildon Ph	59.52.....
21.	Oscar Hunter	15	Norwich Swan	1:02.96.....	50.	Timon Chapman	23	Norwich Swan	59.41.....
22.	Jude Staton	16	March	1:02.81.....	51.	Edward Ormsby	17	Co Cambridge	58.99.....
23.	Norbert Kadar	15	Co Cambridge	1:02.70.....	52.	Joshua Parker	15	Braintree	58.60.....
24.	Hayden Thornhill	18	Norwich Swan	1:02.70.....	53.	Joshua Shepherd	16	Thurrock	58.40.....
25.	Jan Beblot	15	Norwich Swan	1:02.66.....	54.	Ronnie Edwards	16	Rochford	58.10.....
26.	Evan McQuade	16	DunmowAtlant	1:02.64.....	55.	Lucas Dyson-Diaz	24	Hatfield	57.87.....
27.	Naim Harvey	16	Basildon Ph	1:02.37.....	56.	Oliver Baskerville	16	Hatfield	57.86.....
28.	Kabir Patel	15	Potters Bar	1:02.20.....	57.	Ryan Close	16	Bedford SS	57.48.....
29.	Ewan Thompson	18	St Ives	1:02.15.....	58.	Matthew Wright	26	Team Luton	54.89.....

EVENT 303 Female 100m Freestyle

1.	Tia Sammut	13	Bedford SS	1:01.99.....	18.	Emily-Grace Bentley	14	Basildon Ph	1:00.99.....
2.	Isabelle Talbot	17	Braintree	1:01.95.....	19.	Phoebe Howard	17	Norwich Swan	1:00.94.....
3.	Millie Richardson	18	Hatfield	1:01.93.....	20.	Ashley Ransome	29	Hatfield	1:00.91.....
4.	Charlotte Pound	15	Putteridge	1:01.90.....	21.	Francesca Barber	15	Co Norwich	1:00.90.....
5.	Honor Beverstock	15	Hatfield	1:01.86.....	22.	Genevieve White	16	Co Cambridge	1:00.80.....
6.	Kitty Lamb	13	Co Peterboro	1:01.83.....	23.	Erin Ultridge	15	teamipswich	1:00.70.....
7.	Melike Dagdelen	15	Putteridge	1:01.80.....	24.	Bryony Thornton	18	Co Cambridge	1:00.50.....
8.	Imogen Duffen	18	Co Cambridge	1:01.70.....	25.	Bethany Rumsby	15	Norwich Swan	1:00.50.....
9.	Lily Farr	16	Bedford SS	1:01.50.....	26.	Darcy Gladwell	16	teamipswich	1:00.41.....
10.	Evie Greenhalf	14	Co Norwich	1:01.50.....	27.	Erin Currie	16	Hatfield	1:00.30.....
11.	Amy Harper	17	Watford SC	1:01.43.....	28.	Gabriela Gomez	17	Potters Bar	1:00.25.....
12.	Imola Jozsa	18	Hatfield	1:01.40.....	29.	Katie Jeffrey	20	Hatfield	1:00.18.....
13.	Erin Woodrow	17	West Norfolk	1:01.40.....	30.	Amelia Lewis	15	teamipswich	1:00.10.....
14.	Elizabeth Wright	17	West Suffolk	1:01.33.....	31.	Ruby Greenhalf	19	Co Norwich	1:00.10.....
15.	Amelia Porzio	16	Putteridge	1:01.30.....	32.	Ruby Chapman	18	Norwich Swan	1:00.01.....
16.	Valentina Tinnirello	14	Potters Bar	1:01.10.....	33.	Emma Fields	18	Bishop Stort	59.94.....
17.	Evelyn Clarke	16	Witham Dolph	1:01.09.....	34.	Cailin Hehir	16	Watford SC	59.88.....

Meet Programme

35.	Erin Barber	14	Newmarket	59.84.....	50.	Katerina Di Maria	16	Co Norwich	58.30.....
36.	Mia Lowe	17	Basildon Ph	59.75.....	51.	Alexandra Nurney	14	Hatfield	58.20.....
37.	Isabel Thomas	16	Newmarket	59.50.....	52.	Eloise Cole	16	Bedford SS	58.20.....
38.	Ella Dawson	16	Chelmsford	59.48.....	53.	Jasmine Hall	14	Basildon Ph	58.20.....
39.	Amelia Fenner	14	Basildon Ph	59.44.....	54.	Olivia Minett	16	Co Peterboro	58.10.....
40.	Jessica Shaw	19	Co Peterboro	59.30.....	55.	Sophie Palmer	15	Basildon Ph	58.08.....
41.	Anabelle Kett	15	Co Peterboro	59.20.....	56.	Georgia Holgate	17	Co Cambridge	58.00.....
42.	Daisy Russell	16	DunmowAtlant	59.10.....	57.	Jessica Mediccott	17	Dunstable	57.96.....
43.	Eva Lawson	16	Berkhamsted	58.97.....	58.	Ellen Duffield	17	teamipswich	57.62.....
44.	Millie Harris	16	West Norfolk	58.87.....	59.	Isobel Mather	17	Co Cambridge	57.40.....
45.	Olivia Greenall	15	Co Norwich	58.80.....	60.	Lucy Wheeler	24	Bishop Stort	57.30.....
46.	Amara Addison	17	Norwich Swan	58.80.....	61.	Alexa Mann	18	DunmowAtlant	57.20.....
47.	Jessica-Jane Applegate	28	Co Norwich S14	58.70.....	62.	Grace Greenhalf	17	Co Norwich	56.27.....
48.	Ever Ives	15	Hatfield	58.70.....	63.	Skye Carter	17	Basildon Ph	54.30.....
49.	Shahd Mohamed	17	Co Peterboro	58.53.....					

EVENT 304 Open/Male 200m Freestyle

1.	Samuel Black	17	Co Norwich S14	2:19.13.....	32.	Finlay Arnup	17	Norwich Swan	2:00.95.....
2.	Corey Hare	18	teamipswich S14	2:10.58.....	33.	Jacob Bacon	14	Co Peterboro	2:00.90.....
3.	Charlie Birdsall	14	Co Cambridge	2:04.75.....	34.	Samuel Rose	21	West Norfolk	2:00.90.....
4.	Dylan Nutt	25	DunmowAtlant	2:04.71.....	35.	Jake Lloyd	29	Bishop Stort	2:00.77.....
5.	Billy Cyl	16	Ware	2:04.37.....	36.	Ryan Close	16	Bedford SS	2:00.63.....
6.	Daniel Grimmer	18	West Norfolk	2:04.34.....	37.	Adam O'Neal	16	Bedford SS	1:59.96.....
7.	Roan Brennan	18	Basildon Ph S10	2:04.30.....	38.	Luke Martell	18	Watford SC	1:59.91.....
8.	William Hughes	14	Basildon Ph	2:04.20.....	39.	Ethan Thorpe	15	Basildon Ph	1:59.90.....
9.	Jude Gunner	15	Norwich Swan S14	2:03.92.....	40.	Thomas Ford	18	Basildon Ph	1:59.73.....
10.	Reece Burns	16	Chelmsford	2:03.90.....	41.	Robert Fenner	16	Basildon Ph	1:59.48.....
11.	Benjamin Taggart	17	Watford SC	2:03.88.....	42.	Janos Kadar	17	Co Cambridge	1:59.40.....
12.	B Macdonald-Williams	16	Bishop Stort	2:03.71.....	43.	Conor Mint	15	Basildon Ph	1:59.32.....
13.	Oliver Smith	17	Basildon Ph	2:03.67.....	44.	Kian Lee	16	Co Peterboro	1:59.30.....
14.	Marcus King	16	Putteridge	2:03.53.....	45.	Joshua Ellis	18	Hatfield	1:59.20.....
15.	Dylan Davenport	15	Bishop Stort	2:03.50.....	46.	Nathan Birchenough	17	Norwich Swan	1:59.12.....
16.	Cameron Jones	18	Bedford SS	2:03.31.....	47.	Joe Power	17	Basildon Ph	1:58.81.....
17.	Theo Bari	16	Saffron Wald	2:03.31.....	48.	Daniel McGuinness	18	Basildon Ph	1:58.70.....
18.	Daniel Williams	16	Hatfield	2:03.07.....	49.	Joshua Sackree	16	Co Peterboro	1:58.56.....
19.	Ashton Blake	15	Basildon Ph	2:02.58.....	50.	Jack Abram	19	Co Norwich	1:58.20.....
20.	Daniel Meier	17	Biggleswade	2:02.57.....	51.	Damon Elliott	20	DunmowAtlant	1:57.70.....
21.	Henry Dean	18	Thurrock	2:02.44.....	52.	Oscar Hunter	15	Norwich Swan	1:57.60.....
22.	Charlie McKinnon	17	Norwich Swan	2:02.38.....	53.	Patch Robinson	17	teamipswich	1:56.60.....
23.	Oliver Clark	16	Witham Dolph	2:02.33.....	54.	Ryan Wall	17	Co Cambridge	1:56.30.....
24.	George Carter	16	Co Cambridge	2:02.32.....	55.	Ben Davison	19	Hatfield	1:56.00.....
25.	Oliver Fuller	14	Co Cambridge	2:02.30.....	56.	Olivier Vedrenne	19	Co Norwich	1:55.30.....
26.	Finlay Neve	16	Co Norwich	2:02.20.....	57.	Callum Cox	18	Co Norwich	1:55.10.....
27.	Jack Barnard	19	Watford SC	2:01.86.....	58.	Max Arnold	18	Harlow Pen	1:55.10.....
28.	Ben Howlett	17	teamipswich	2:01.75.....	59.	Kai Adams	28	Halstead	1:55.03.....
29.	Daryl Rands	27	Colchester	2:01.69.....	60.	Daniel Belsey	16	Hatfield	1:54.30.....
30.	Frank Jacob	15	Co Cambridge	2:01.40.....	61.	Alexander Volkovoy	19	Co Cambridge	1:51.30.....
31.	Billy Mead	19	Linslade	2:01.23.....					

EVENT 305 Female 50m Butterfly

1.	Amber Flitton	15	Dunstable	31.23.....	14.	Olivia Bradford	13	West Norfolk	30.90.....
2.	Summer Boswell	16	Hatfield	31.20.....	15.	Edie Newell	17	Chelmsford	30.90.....
3.	Eva-May Bowie	13	Bedford SS	31.20.....	16.	Ellen Duffield	17	teamipswich	30.89.....
4.	Lois Smith	14	Basildon Ph	31.19.....	17.	Caitlin Hartley	20	Hatfield	30.87.....
5.	Maddison Whittaker	20	Watford SC	31.13.....	18.	Lexie Sandiford	13	Putteridge	30.80.....
6.	Kitty Lamb	13	Co Peterboro	31.10.....	19.	Tia Sammut	13	Bedford SS	30.80.....
7.	Niamh Chambers	15	DunmowAtlant	31.10.....	20.	Lucy Clarke	14	Chelmsford	30.80.....
8.	Polly Munson	17	Cheshunt	31.00.....	21.	Jasmine Scott	13	Co St Albans	30.70.....
9.	Amelia Porzio	16	Putteridge	31.00.....	22.	Isabella Green	18	Co Norwich	30.70.....
10.	Honor Beverstock	15	Hatfield	31.00.....	23.	Lily Steel	14	teamipswich	30.69.....
11.	Naomi Rose Conday	14	Bishop Stort	31.00.....	24.	Sophie Roberts	15	teamipswich	30.66.....
12.	Ruby Brace	16	Co Peterboro	31.00.....	25.	Matilda Stokes	13	Co Peterboro	30.60.....
13.	Louise Webster	17	Thurrock	30.90.....	26.	Edie Foster	13	Bishop Stort	30.60.....

Meet Programme

27.	Evelyn Clarke	16	Witham Dolph	30.60.....	55.	Ever Ives	15	Hatfield	29.20.....
28.	Freya May	14	Leiston	30.60.....	56.	Amelia Fenner	14	Basildon Ph	29.20.....
29.	Hollie Gilbertson	15	Co Norwich	30.50.....	57.	Ayla Zolfaghari	13	Epping For't	29.10.....
30.	Poppy Magill	16	Putteridge	30.48.....	58.	Amy Boreham	18	Watford SC	29.00.....
31.	Phoebe Howard	17	Norwich Swan	30.40.....	59.	Alexandra Nurney	14	Hatfield	29.00.....
32.	Genevieve White	16	Co Cambridge	30.40.....	60.	Alexa Mann	18	DunmowAtlant	29.00.....
33.	Rebecca Brown	17	West Suffolk	30.38.....	61.	Anouk Zecchini	18	Co Cambridge	28.95.....
34.	Hollie Hawkins	17	Basildon Ph	30.20.....	62.	Chloe Armstrong	17	teamipswich	28.90.....
35.	Katie Jeffrey	20	Hatfield	30.20.....	63.	Amara Addison	17	Norwich Swan	28.85.....
36.	Mia Macklin	16	Braintree	30.20.....	64.	Lara Trehame	17	Co Peterboro	28.77.....
37.	Melike Dagdelen	15	Putteridge	30.20.....	65.	Olivia Greenall	15	Co Norwich	28.77.....
38.	Megan Jones	20	Biggleswade	30.13.....	66.	Olivia Minett	16	Co Peterboro	28.70.....
39.	Ellie-Rose Lyon	17	Co Norwich	30.10.....	67.	Shahd Mohamed	17	Co Peterboro	28.66.....
40.	Charlotte Pound	15	Putteridge	30.10.....	68.	Ruby Greenhalf	19	Co Norwich	28.60.....
41.	Teah Gregory	16	Stevenage	30.06.....	69.	Ashley Ransome	29	Hatfield	28.40.....
42.	Kate Hopper	17	Watford SC	30.00.....	70.	Emma Fields	18	Bishop Stort	28.40.....
43.	Imola Jozsa	18	Hatfield	30.00.....	71.	Isobel Mather	17	Co Cambridge	28.40.....
44.	Elise Delapperall	18	Thurrock	30.00.....	72.	Vanesa Cimermanova	16	Co Peterboro	28.20.....
45.	Erin Currie	16	Hatfield	30.00.....	73.	Grace Greenhalf	17	Co Norwich	28.10.....
46.	Bryony Thomson	18	Co Cambridge	30.00.....	74.	Megan Pye	22	Co Norwich	28.10.....
47.	Isabelle Cameron	17	Co Peterboro	29.91.....	75.	Sophie Palmer	15	Basildon Ph	28.00.....
48.	Sarah O'Brien	28	West Norfolk	29.90.....	76.	Georgia Holgate	17	Co Cambridge	27.96.....
49.	Sadie Hunter	16	Co Peterboro	29.80.....	77.	Jasmine Carter	15	Basildon Ph	27.70.....
50.	Evie Greenhalf	14	Co Norwich	29.50.....	78.	Millie Harris	16	West Norfolk	27.50.....
51.	Emily Pitcher	16	Norwich Swan	29.50.....	79.	Charlotte Smith	17	Norwich Swan	27.50.....
52.	Lilianna Sopala	14	Hoddesdon	29.40.....	80.	Eloise Cole	16	Bedford SS	27.20.....
53.	Jessica Shaw	19	Co Peterboro	29.33.....	81.	Skye Carter	17	Basildon Ph	26.90.....
54.	Daisy Russell	16	DunmowAtlant	29.30.....					

EVENT 306 Open/Male 50m Butterfly

1.	Kabir Patel	15	Potters Bar	28.23.....	34.	Oscar Hunter	15	Norwich Swan	27.40.....
2.	Daniel Grimmer	18	West Norfolk	28.20.....	35.	Billy Cyl	16	Ware	27.40.....
3.	Samuel Chamberlain	15	West Suffolk	28.20.....	36.	Benjamin Every	16	St Felix Sch	27.40.....
4.	Charles Sinclair	28	Ware	28.10.....	37.	Finlay Arnup	17	Norwich Swan	27.40.....
5.	Hayden Garrod	16	Team Waveney	28.10.....	38.	Lloyd Battison	19	Team Waveney	27.37.....
6.	Rafael Corliano	14	Co Cambridge	28.10.....	39.	Theo Bari	16	Saffron Wald	27.30.....
7.	Aiden Futter	16	Norwich Swan	28.10.....	40.	Lazaros Giarenis	15	Co Norwich	27.30.....
8.	Reece Burns	16	Chelmsford	28.00.....	41.	Daniel Williams	16	Hatfield	27.20.....
9.	Kieran Ng	14	Co Peterboro	27.98.....	42.	Rhys Burrell	17	West Norfolk	27.20.....
10.	Lee Boka	16	Basildon Ph	27.93.....	43.	Dylan Nutt	25	DunmowAtlant	27.20.....
11.	Jeffrey Gill	17	Watford SC	27.92.....	44.	Jacob Bacon	14	Co Peterboro	27.20.....
12.	Rhys Thomas	16	Linslade	27.90.....	45.	Thomas Hamilton	23	Co Cambridge	27.20.....
13.	Daniel Meier	17	Biggleswade	27.90.....	46.	Luke Morley	17	Hitchin	27.20.....
14.	Ayobami Akindele	16	Thurrock	27.90.....	47.	Noah Mann	17	Newmarket	27.20.....
15.	Daniel Chandler	22	Linslade	27.86.....	48.	Charlie Stanbury	19	Potters Bar	27.15.....
16.	Ben Davison	19	Hatfield	27.84.....	49.	Billy Mead	19	Linslade	27.10.....
17.	Marcus King	16	Putteridge	27.80.....	50.	Riley Bashford	18	Deben	27.10.....
18.	Adam Hazlewood	20	Putteridge	27.80.....	51.	Saxon Minto	16	Chelmsford	27.10.....
19.	Samuel Winslow	17	Co Cambridge	27.80.....	52.	Jake Lloyd	29	Bishop Stort	27.10.....
20.	Dominic Stachura	17	Dunstable	27.70.....	53.	Harry Hudson	19	Norwich Swan	27.10.....
21.	James McGettigan	15	Thurrock	27.70.....	54.	Kian Lee	16	Co Peterboro	27.10.....
22.	Cub Maddison	18	Harpenden	27.70.....	55.	James Noble	22	Norwich Swan	27.09.....
23.	Joshua Ellis	18	Hatfield	27.65.....	56.	Benedict Measures	19	Norwich Swan	27.00.....
24.	Danylo Snitko	16	Watford SC	27.62.....	57.	Volodymyr Ignatiev	15	Bishop Stort	27.00.....
25.	Daniel Boboye	17	DunmowAtlant	27.60.....	58.	Finlay Neve	16	Co Norwich	27.00.....
26.	Roan Brennan	18	Basildon Ph	S10 27.60.....	59.	Joshua Needham	17	St Neot Swan	26.97.....
27.	Louis Allen	16	Chelmsford	27.50.....	60.	Maxwell Hozier	15	Hoddesdon	26.90.....
28.	Freddie Gardner	18	Thurrock	27.50.....	61.	Joshua Sackree	16	Co Peterboro	26.90.....
29.	Sam Mead	22	Linslade	27.50.....	62.	Harry Cooper	16	Rochford	26.86.....
30.	Nathan Birchenough	17	Norwich Swan	27.49.....	63.	Lucas Hartley	17	Hatfield	26.83.....
31.	Ewan Thompson	18	St Ives	27.40.....	64.	Jack Osborne	17	Deben	26.82.....
32.	Naim Harvey	16	Basildon Ph	27.40.....	65.	Jude Gunner	15	Norwich Swan	S14 26.80.....
33.	Frank Jacob	15	Co Cambridge	27.40.....	66.	Wilfred Warwick	14	Co Cambridge	26.80.....

Meet Programme

67.	Archie Tebbutt	14	New Hall	26.80.....	85.	Matthew Titman	23	Co Cambridge	26.00.....
68.	Jack Barnard	19	Watford SC	26.70.....	86.	Charlie Barrett	23	Co Norwich	26.00.....
69.	Joe Power	17	Basildon Ph	26.70.....	87.	Danylo Kravchenko	15	New Hall	25.80.....
70.	Sean Connolly	16	Epping For't	26.70.....	88.	Oscar Winterburn	16	teamipswich	25.80.....
71.	Ethan Martin	19	Thurrock	26.70.....	89.	Lewis Chapman	23	Stowmarket	25.80.....
72.	Ashley Coombs	23	Watford SC	26.64.....	90.	Jack Abram	19	Co Norwich	25.60.....
73.	Samuel Rose	21	West Norfolk	26.60.....	91.	Jake Thomas-Mansfield	24	West Suffolk	25.40.....
74.	Ronnie Edwards	16	Rochford	26.60.....	92.	Joshua Parker	15	Braintree	25.40.....
75.	Dylan Davenport	15	Bishop Stort	26.60.....	93.	Harry Jones	24	Co Norwich	24.80.....
76.	Liam Rumball	19	Hatfield	26.51.....	94.	Lucas Dyson-Diaz	24	Hatfield	24.78.....
77.	Devesh Kapoor	21	Co Norwich	26.50.....	95.	Callum Cox	18	Co Norwich	24.70.....
78.	Daryl Rands	27	Colchester	26.40.....	96.	James Woodward	24	Hatfield	24.60.....
79.	Matthew Brown	19	Stowmarket	26.30.....	97.	William Ellard	18	Norwich Swan S14	24.30.....
80.	Toby Martin	17	Harpenden	26.20.....	98.	Henry Dean	18	Thurrock	24.30.....
81.	Oliver Pike	17	Co Norwich	26.20.....	99.	Joshua Shepherd	16	Thurrock	24.20.....
82.	Riley Hall	17	Co Cambridge	26.10.....	100.	Matthew Wright	26	Team Luton	24.10.....
83.	Damon Elliott	20	DunmowAtlant	26.10.....	101.	Aaron Fox	23	Co Norwich	24.02.....
84.	Timon Chapman	23	Norwich Swan	26.00.....					

EVENT 307 Female 200m Backstroke

1.	Bethany Rumsby	15	Norwich Swan	2:31.87.....	34.	Emma Cushion	14	Co Peterboro	2:27.08.....
2.	Lola Wonfor	15	New Hall	2:31.46.....	35.	Poppy Magill	16	Putteridge	2:26.64.....
3.	Abigail Davis	14	Bedford SS	2:31.18.....	36.	Georgina Munday	20	Co Norwich	2:26.45.....
4.	Katerina Di Maria	16	Co Norwich	2:31.00.....	37.	Camille Vannier	17	Hatfield	2:26.07.....
5.	Z Jaramillo Obcowska	17	Epping For't	2:31.00.....	38.	Sophie Green	17	Hatfield	2:25.96.....
6.	Cassandra Pereira	14	Hatfield	2:30.96.....	39.	Genevieve White	16	Co Cambridge	2:25.50.....
7.	Sophie Roberts	15	teamipswich	2:30.85.....	40.	Jessica Medlicott	17	Dunstable	2:25.34.....
8.	Mia Nelson	13	Cheshunt	2:30.58.....	41.	Gabriella Meyer	15	DunmowAtlant	2:25.29.....
9.	Emilia Rayner	15	Halstead	2:30.48.....	42.	Adrija Raudonyte	16	Newmarket	2:25.17.....
10.	Summer Boswell	16	Hatfield	2:30.46.....	43.	Erin Currie	16	Hatfield	2:25.16.....
11.	Anouk Zecchini	18	Co Cambridge	2:30.44.....	44.	Eloise Cole	16	Bedford SS	2:25.07.....
12.	Maia Thompson	16	Team Waveney	2:30.38.....	45.	Chloe Barnard	15	Basildon Ph	2:24.32.....
13.	Chloe Bellamy	17	West Norfolk	2:30.38.....	46.	Weronika Mikolajewska	16	Co Cambridge	2:23.97.....
14.	Erin Woodrow	17	West Norfolk	2:30.37.....	47.	Summer Evason	15	Watford SC	2:23.75.....
15.	Kate Hopper	17	Watford SC	2:30.20.....	48.	Erin Barber	14	Newmarket	2:23.60.....
16.	Sophie O'Rorke	17	DunmowAtlant	2:29.96.....	49.	Nicole Maynard	15	Basildon Ph	2:23.00.....
17.	Megan Barnicoat	13	Co Peterboro	2:29.78.....	50.	Amy Harper	17	Watford SC	2:21.95.....
18.	Ella Dawson	16	Chelmsford	2:29.60.....	51.	Emily Pitcher	16	Norwich Swan	2:21.11.....
19.	Eva Lawson	16	Berkhamsted	2:29.51.....	52.	Cait Cotter	17	Chelmsford	2:20.96.....
20.	Lily Steel	14	teamipswich	2:29.50.....	53.	Amara Addison	17	Norwich Swan	2:20.75.....
21.	Hollie Gilbertson	15	Co Norwich	2:29.46.....	54.	Charlie Duce	15	Bedford SS	2:20.46.....
22.	Charlotte Low	15	Chelmsford	2:29.41.....	55.	Jessica Keogh	20	Hatfield	2:20.43.....
23.	Isabella Savage	15	Potters Bar	2:29.31.....	56.	Vanessa Cimermanova	16	Co Peterboro	2:19.80.....
24.	Holly Enright	17	Watford SC	2:29.29.....	57.	Francesca Howell	16	New Hall	2:18.80.....
25.	Lily Farr	16	Bedford SS	2:29.09.....	58.	Megan Pye	22	Co Norwich	2:18.53.....
26.	Amelia Lewis	15	teamipswich	2:28.92.....	59.	Lexie O'Connor	17	Basildon Ph	2:17.97.....
27.	Emilia Johnson	15	Norwich Swan	2:28.76.....	60.	Isobel Mather	17	Co Cambridge	2:17.68.....
28.	Olivia Mendham	16	DunmowAtlant	2:28.41.....	61.	Lois Smith	14	Basildon Ph	2:17.29.....
29.	Lucy Clarke	14	Chelmsford	2:28.28.....	62.	Niamh James	23	Bishop Stort	2:17.27.....
30.	Bethany Hamer	17	Linslade	2:27.90.....	63.	Charley Joyce	19	Epping For't	2:17.09.....
31.	Lucy Calver	16	Biggleswade	2:27.72.....	64.	Grace Robinson	15	Putteridge	2:16.62.....
32.	Phoebe Matthews	17	Hatfield	2:27.70.....	65.	Evangelina Pierce	17	Basildon Ph	2:14.11.....
33.	Tia Sammut	13	Bedford SS	2:27.59.....					

EVENT 308 Mixed 200m Freestyle Team

1.	Co Cambridge	Open	Co Cambridge	1:48.00.....	7.	Watford SC A	Open	Watford SC	1:42.00.....
2.	Bishop Stort B	Open	Bishop Stort	1:47.00.....	8.	DunmowAtlant	Open	DunmowAtlant	1:42.00.....
3.	City Of Peterborough B	Open	Co Peterboro	1:47.00.....	9.	Hatfield	Open	Hatfield	1:41.50.....
4.	Watford SC B	Open	Watford SC	1:45.00.....	10.	Basildon Ph	Open	Basildon Ph	1:41.00.....
5.	Bishop Stort A	Open	Bishop Stort	1:44.00.....	11.	Co Norwich	Open	Co Norwich	1:39.00.....
6.	City Of Peterborough A	Open	Co Peterboro	1:43.00.....					

Meet Programme

EVENT 309 Female 1500m Freestyle – First Heat

1.	Eveline Gaydon	15	Chelmsford	18:43.90.....	8.	Anabelle Kett	15	Co Peterboro	18:18.36.....
2.	Cassandra Pereira	14	Hatfield	18:42.54.....	9.	Cailin Hehir	16	Watford SC	18:13.48.....
3.	Esmie Kidman	18	West Norfolk	18:41.50.....	10.	Gabriella Troman	15	teamipswich	18:12.60.....
4.	Emma Cushion	14	Co Peterboro	18:38.02.....	11.	Weronika Mikolajewska	16	Co Cambridge	18:02.00.....
5.	Amelia Saunders	16	Norwich Swan	18:36.40.....	12.	Almudena Visser Velez	22	Co Cambridge	17:53.80.....
6.	Francesca Barber	15	Co Norwich	18:23.62.....	13.	Chloe Barnard	15	Basildon Ph	17:21.00.....
7.	Florence Crowley	18	Co St Albans	18:18.89.....					

1st – 3rd November 2024

Meet Programme

Session 4 Saturday 2nd November at 3:55 pm

EVENT 401 FINAL OF EVENT 201 Open/Male 200m IM

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 402 FINAL OF EVENT 202 Female 50m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 403 FINAL OF EVENT 203 Open/Male 50m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 404 FINAL OF EVENT 204 Female 200m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 405 FINAL OF EVENT 205 Open/Male 200m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 406 FINAL OF EVENT 206 Female 100m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 407 FINAL OF EVENT 207 Open/Male 100m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 408 FINAL OF EVENT 208 Female 100m IM

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 409 FINAL OF EVENT 302 Open/Male 100m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 410 FINAL OF EVENT 303 Female 100m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

1st – 3rd November 2024

Meet Programme

EVENT 411 FINAL OF EVENT 304 Open/Male 200m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 412 FINAL OF EVENT 307 Female 200m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 413 FINAL OF EVENT 306 Open/Male 50m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 414 FINAL OF EVENT 305 Female 50m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 415 Female 1500m Freestyle – Final Heat

EVENT 416 Open/Male 200m Freestyle Team

1.	Watford SC B	Open	Watford SC	1:42.00.....	7.	Norwich Swan	Open	Norwich Swan	1:38.00.....
2.	Watford SC A	Open	Watford SC	1:40.00.....	8.	DunmowAtlant	Open	DunmowAtlant	1:38.00.....
3.	City Of Peterborough	Open	Co Peterboro	1:40.00.....	9.	Co Cambridge	Open	Co Cambridge	1:38.00.....
4.	Bishop Stort	Open	Bishop Stort	1:39.00.....	10.	Hatfield	Open	Hatfield	1:35.50.....
5.	Linslade	Open	Linslade	1:39.00.....	11.	Co Norwich	Open	Co Norwich	1:34.00.....
6.	Basildon Ph	Open	Basildon Ph	1:39.00.....					

EVENT 417 Female 200m Medley Team

1.	Watford SC B	Open	Watford SC	2:18.00.....	7.	Hatfield	Open	Hatfield	1:59.50.....
2.	Watford SC A	Open	Watford SC	2:10.00.....	8.	Norwich Swan	Open	Norwich Swan	1:58.00.....
3.	DunmowAtlant	Open	DunmowAtlant	2:02.00.....	9.	Co Norwich	Open	Co Norwich	1:57.00.....
4.	Bishop Stort	Open	Bishop Stort	2:01.00.....	10.	Basildon Ph	Open	Basildon Ph	1:55.00.....
5.	City Of Peterborough B	Open	Co Peterboro	2:00.00.....	11.	City Of Peterborough A	Open	Co Peterboro	1:55.00.....
6.	Co Cambridge	Open	Co Cambridge	2:00.00.....					

Meet Programme

Session 5 Sunday 3rd November at 8:45 am

EVENT 501 Female 200m IM

1.	Abigail Wickens	17	Flitwick	SM8	3:25.70.....	24.	Sophie Payne	22	Putteridge	2:28.30.....
2.	Emma Cushion	14	Co Peterboro		2:33.70.....	25.	Lois Smith	14	Basildon Ph	2:28.20.....
3.	Bethany Crawley	16	teamipswich		2:33.70.....	26.	Cailin Hehir	16	Watford SC	2:28.06.....
4.	Nicole Peddely	14	teamipswich		2:33.45.....	27.	Alexandra Nurney	14	Hatfield	2:27.30.....
5.	Erin Woodrow	17	West Norfolk		2:33.19.....	28.	Millie Harris	16	West Norfolk	2:27.26.....
6.	Imola Jozsa	18	Hatfield		2:32.95.....	29.	Amara Addison	17	Norwich Swan	2:27.25.....
7.	Anabelle Kett	15	Co Peterboro		2:32.70.....	30.	Sadie Hunter	16	Co Peterboro	2:26.40.....
8.	Chloe Simpson	18	Watford SC		2:32.68.....	31.	Amy Boreham	18	Watford SC	2:26.15.....
9.	Anouk Zecchini	18	Co Cambridge		2:32.22.....	32.	Amelia Fenner	14	Basildon Ph	2:25.51.....
10.	Amelia Murphy	17	Witham Dolph		2:31.86.....	33.	Kate Hopper	17	Watford SC	2:24.75.....
11.	Genevieve White	16	Co Cambridge		2:31.82.....	34.	Eva Lawson	16	Berkhamsted	2:24.61.....
12.	Amelia Porzio	16	Putteridge		2:31.40.....	35.	Megan Pye	22	Co Norwich	2:24.00.....
13.	Erin Uttridge	15	teamipswich		2:31.20.....	36.	Jessica Medicott	17	Dunstable	2:23.70.....
14.	Jorja Atkinson	13	Co Cambridge		2:31.10.....	37.	Olivia Minett	16	Co Peterboro	2:23.40.....
15.	Olivia Riley	18	Hatfield		2:31.08.....	38.	Niamh James	23	Bishop Stort	2:22.63.....
16.	Charlisse Harding	15	Norwich Swan		2:30.90.....	39.	Ellen Eccleston	17	Co Norwich	2:22.50.....
17.	Erin Barber	14	Newmarket		2:30.50.....	40.	Jasmine Hall	14	Basildon Ph	2:21.15.....
18.	Amelia Saunders	16	Norwich Swan		2:30.37.....	41.	Isabelle Cameron	17	Co Peterboro	2:20.97.....
19.	Gabriella Meyer	15	DunmowAtlant		2:30.24.....	42.	Sophie Moore	19	Co Cambridge	2:20.00.....
20.	Erin Currie	16	Hatfield		2:29.54.....	43.	Grace Greenhalf	17	Co Norwich	2:18.71.....
21.	Isabella Porzio	20	Putteridge		2:28.90.....	44.	Ruby Wheeler	18	Co Norwich	2:18.29.....
22.	Amy Harper	17	Watford SC		2:28.67.....	45.	Cait Cotter	17	Chelmsford	2:17.70.....
23.	Summer Evason	15	Watford SC		2:28.40.....					

EVENT 502 Open/Male 50m Backstroke

1.	Archie Clarke	17	Flitwick		30.74.....	36.	Lucas Deans	15	Woodham F SC	29.83.....
2.	Jack Beer	15	Linslade		30.70.....	37.	Adam O'Neal	16	Bedford SS	29.82.....
3.	Daniel Grimmer	18	West Norfolk		30.69.....	38.	Parker Brewster	15	Harpenden	29.77.....
4.	Finlay German	15	Co Cambridge		30.65.....	39.	Spencer Battisson	16	Team Waveney	29.77.....
5.	Oliver Warren	15	Norwich Swan		30.64.....	40.	Charlie Barrett	23	Co Norwich	29.76.....
6.	Hayden Garrod	16	Team Waveney		30.63.....	41.	William Leese	16	Co Cambridge	29.70.....
7.	Oliver Hutchinson	17	Harlow Pen		30.60.....	42.	Lazaros Giarenis	15	Co Norwich	29.66.....
8.	Toby Lashmar	15	Basildon Ph		30.60.....	43.	Dylan Davenport	15	Bishop Stort	29.63.....
9.	Maximus Atkin	15	Linslade		30.53.....	44.	Charlie Stanbury	19	Potters Bar	29.61.....
10.	Devesh Kapoor	21	Co Norwich		30.50.....	45.	Sam Mead	22	Linslade	29.60.....
11.	Frank Lamb	15	Co Peterboro		30.50.....	46.	Benedict Measures	19	Norwich Swan	29.60.....
12.	Aaron Molyneux	17	Saffron Wald		30.40.....	47.	Archie Harris-Joy	14	Co Norwich	29.60.....
13.	Toby Evans	17	Leighton Buz		30.38.....	48.	Robert Fenner	16	Basildon Ph	29.55.....
14.	B Macdonald-Williams	16	Bishop Stort		30.35.....	49.	Theo Bari	16	Saffron Wald	29.50.....
15.	Jensen Larthe	17	Basildon Ph		30.34.....	50.	Thomas Robb	16	Halstead	29.50.....
16.	Riley Bashford	18	Deben		30.31.....	51.	Ron Elkin	16	Co Cambridge	29.40.....
17.	Samuel George	18	Hatfield		30.30.....	52.	Harrison Odie	17	Hoddesdon	29.40.....
18.	Finlay Roberts	15	Witham Dolph		30.29.....	53.	Jude Staton	16	March	29.36.....
19.	Zach Montgomery	14	Norwich Swan		30.21.....	54.	Adam Hussain	16	Putteridge	29.35.....
20.	Noah Mann	17	Newmarket		30.19.....	55.	Daniel De Filippo	15	Flitwick	29.34.....
21.	James Clarke	16	Co Norwich		30.18.....	56.	Jan Beblot	15	Norwich Swan	29.30.....
22.	Evan Larthe	15	Basildon Ph		30.17.....	57.	Oliver Pike	17	Co Norwich	29.30.....
23.	George Stevenson	17	West Norfolk		30.10.....	58.	Daniel Turner	16	Team Waveney	29.29.....
24.	Nathan Yeaman	17	West Norfolk		30.10.....	59.	Orlando Whiting	14	Norwich Swan	29.23.....
25.	Toby Flood	15	Thetford		30.09.....	60.	Ben Davison	19	Hatfield	29.18.....
26.	George Pilcher	17	Co Peterboro		30.00.....	61.	Joshua Hutchinson	17	Harlow Pen	29.17.....
27.	Kieran Ng	14	Co Peterboro		30.00.....	62.	Rafferty May	16	Watford SC	29.15.....
28.	Daniel Pryke	18	Deben		30.00.....	63.	Billy Mead	19	Linslade	29.12.....
29.	Oliver Smith	17	DunmowAtlant		29.96.....	64.	Billy Knibb	19	Linslade	29.10.....
30.	Kabir Patel	15	Potters Bar		29.95.....	65.	Hayden Thornhill	18	Norwich Swan	29.08.....
31.	Rufus Kellie	14	Hatfield		29.95.....	66.	Albert Orley	16	Braintree	29.01.....
32.	Wilfred Warwick	14	Co Cambridge		29.92.....	67.	Henry Dean	18	Thurrock	28.99.....
33.	Joe Hammond	17	Co Norwich		29.90.....	68.	Adrien Storck-Wihlidal	17	Bishop Stort	28.99.....
34.	Leo Easter	17	Runnymede		29.90.....	69.	Naim Harvey	16	Basildon Ph	28.94.....
35.	Finlay Arnup	17	Norwich Swan		29.89.....	70.	Cameron Jones	18	Bedford SS	28.90.....

Meet Programme

71.	William Presland	19	Watford SC	28.75.....	88.	Harrison Shaw	17	Flitwick	27.87.....
72.	Toby Martin	17	Harpenden	28.70.....	89.	Ashley Coombs	23	Watford SC	27.86.....
73.	Kian Lee	16	Co Peterboro	28.69.....	90.	Callum Cox	18	Co Norwich	27.75.....
74.	Oliver Frame	19	Norwich Swan	28.67.....	91.	Jack Osborne	17	Deben	27.74.....
75.	Ewan Thompson	18	St Ives	28.66.....	92.	Daniel Chada	23	Bishop Stort	27.72.....
76.	Oliver Smith	17	Basildon Ph	28.60.....	93.	Ethan Martin	19	Thurrock	27.66.....
77.	Norbert Kadar	15	Co Cambridge	28.60.....	94.	Janos Kadar	17	Co Cambridge	27.65.....
78.	Archie Tebbutt	14	New Hall	28.60.....	95.	Danylo Kravchenko	15	New Hall	27.62.....
79.	Matthew Brown	19	Stowmarket	28.58.....	96.	Oliver Baskerville	16	Hatfield	27.50.....
80.	Evan McQuade	16	DunmowAtlant	28.39.....	97.	Ronnie Edwards	16	Rochford	27.30.....
81.	Timon Chapman	23	Norwich Swan	28.38.....	98.	Alexander Volkovoy	19	Co Cambridge	27.24.....
82.	Marton Molnar	15	Co Cambridge	28.30.....	99.	Ryan Close	16	Bedford SS	27.07.....
83.	Ethan Thorpe	15	Basildon Ph	28.30.....	100.	Joshua Parker	15	Braintree	27.00.....
84.	Lloyd Battisson	19	Team Waveney	28.16.....	101.	Matthew Wright	26	Team Luton	26.70.....
85.	Freddie Gardner	18	Thurrock	28.10.....	102.	Lucas Dyson-Diaz	24	Hatfield	26.54.....
86.	Oscar Winterburn	16	teamipswich	28.07.....	103.	Joshua Shepherd	16	Thurrock	26.50.....
87.	Jacob Ray	17	Basildon Ph	27.90.....	104.	Aaron Fox	23	Co Norwich	25.13.....

EVENT 503 Female 50m Freestyle

1.	Charlotte Ryan	24	Runnymede	S6	54.11.....	43.	Anabelle Kett	15	Co Peterboro	27.70.....
2.	Abigail Wickens	17	Flitwick	S8	37.18.....	44.	Katie Jeffrey	20	Hatfield	27.70.....
3.	Freya Cox	13	Norwich Swan		28.60.....	45.	Erin Barber	14	Newmarket	27.66.....
4.	Holly Underdown	15	Braintree		28.60.....	46.	Imola Jozsa	18	Hatfield	27.63.....
5.	Miley Wilson-Mansfield	15	Newmarket		28.58.....	47.	Evelyn Clarke	16	Witham Dolph	27.60.....
6.	Genevieve White	16	Co Cambridge		28.55.....	48.	Ella Dawson	16	Chelmsford	27.60.....
7.	Honor Beverstock	15	Hatfield		28.54.....	49.	Isobel Mather	17	Co Cambridge	27.60.....
8.	Amy Harper	17	Watford SC		28.53.....	50.	Bethany Rumsby	15	Norwich Swan	27.60.....
9.	Melike Dagdelen	15	Putteridge		28.50.....	51.	Eva Lawson	16	Berkhamsted	27.55.....
10.	Amelia Porzio	16	Putteridge		28.50.....	52.	Ellie-Rose Lyon	17	Co Norwich	27.50.....
11.	Alexandra Hurley	14	Co Cambridge		28.50.....	53.	Phoebe Howard	17	Norwich Swan	27.50.....
12.	Naomi Rose Conday	14	Bishop Stort		28.50.....	54.	Olivia Greenall	15	Co Norwich	27.50.....
13.	Olivia Bradford	13	West Norfolk		28.50.....	55.	Vanesa Cimermanova	16	Co Peterboro	27.40.....
14.	Chloe Simpson	18	Watford SC		28.49.....	56.	Arabella Ward	18	Biggleswade	27.36.....
15.	Alicia Morton	15	Basildon Ph		28.43.....	57.	Imogen Duffen	18	Co Cambridge	27.32.....
16.	Ellie Catchpole	18	Leiston		28.42.....	58.	Nicole Maynard	15	Basildon Ph	27.30.....
17.	Lexie Sandiford	13	Putteridge		28.40.....	59.	Jessica-Jane Applegate	28	Co Norwich	S14 27.30.....
18.	Evie Greenhalf	14	Co Norwich		28.40.....	60.	Jasmine Hall	14	Basildon Ph	27.30.....
19.	Olivia Palmer	14	Co Norwich		28.30.....	61.	Charlotte Smith	17	Norwich Swan	27.26.....
20.	Cailin Hehir	16	Watford SC		28.30.....	62.	Georgina Munday	20	Co Norwich	27.20.....
21.	Ayla Zolfaghari	13	Epping For't		28.30.....	63.	Isabel Thomas	16	Newmarket	27.20.....
22.	Sophie Stelmach	15	Stevenage		28.30.....	64.	Georgia Holgate	17	Co Cambridge	27.19.....
23.	Eddie Foster	13	Bishop Stort		28.30.....	65.	Grace Robinson	15	Putteridge	27.10.....
24.	Bethany Hamer	17	Linslade		28.30.....	66.	Erin Currie	16	Hatfield	27.10.....
25.	Aimee Sanders	12	Dunstable		28.28.....	67.	Shahd Mohamed	17	Co Peterboro	27.01.....
26.	Isabella Green	18	Co Norwich		28.20.....	68.	Alexandra Nurney	14	Hatfield	27.00.....
27.	Emily Pitcher	16	Norwich Swan		28.14.....	69.	Amara Addison	17	Norwich Swan	27.00.....
28.	Bryony Thornton	18	Co Cambridge		28.04.....	70.	Millie Harris	16	West Norfolk	26.90.....
29.	Valentina Tinnirello	14	Potters Bar		28.01.....	71.	Megan Pye	22	Co Norwich	26.80.....
30.	Amelia Fenner	14	Basildon Ph		27.98.....	72.	Daisy Russell	16	DunmowAtlant	26.80.....
31.	Darcy Gladwell	16	teamipswich		27.91.....	73.	Jessica Shaw	19	Co Peterboro	26.70.....
32.	Lilianna Sopala	14	Hoddesdon		27.90.....	74.	Sophie Palmer	15	Basildon Ph	26.70.....
33.	Kitty Lamb	13	Co Peterboro		27.90.....	75.	Ever Ives	15	Hatfield	26.70.....
34.	Ruby Greenhalf	19	Co Norwich		27.90.....	76.	Katerina Di Maria	16	Co Norwich	26.70.....
35.	Erin Woodrow	17	West Norfolk		27.86.....	77.	Charley Joyce	19	Epping For't	26.60.....
36.	Emily-Grace Bentley	14	Basildon Ph		27.81.....	78.	Alexa Mann	18	DunmowAtlant	26.60.....
37.	Elizabeth Wright	17	West Suffolk		27.80.....	79.	Olivia Minett	16	Co Peterboro	26.40.....
38.	Megan Gray	17	Hatfield		27.80.....	80.	Jasmine Carter	15	Basildon Ph	26.10.....
39.	Sarah O'Brien	28	West Norfolk		27.80.....	81.	Grace Greenhalf	17	Co Norwich	26.10.....
40.	Amelie Crabb	17	teamipswich		27.78.....	82.	Eloise Cole	16	Bedford SS	26.00.....
41.	Emma Fields	18	Bishop Stort		27.70.....	83.	Ellen Duffield	17	teamipswich	25.80.....
42.	Amelia Lewis	15	teamipswich		27.70.....	84.	Skye Carter	17	Basildon Ph	24.30.....

1st – 3rd November 2024

Meet Programme

EVENT 504 Open/Male 200m Breaststroke

1.	Kameron Baker	13	Co Peterboro	2:41.20.....	24.	Cub Maddison	18	Harpenden	2:32.03.....
2.	Maximus Atkin	15	Linslade	2:41.07.....	25.	Tyler Stone	14	Co Norwich	2:31.80.....
3.	Lazaros Giarenis	15	Co Norwich	2:41.01.....	26.	Henry Mann	16	Norwich Swan	2:31.50.....
4.	Ewan Coackley	16	teamipswich	2:40.67.....	27.	Frank Lamb	15	Co Peterboro	2:31.50.....
5.	Cillian O'Brien	16	Co Ely	2:40.66.....	28.	Samuel Johnson	26	Halstead	2:30.26.....
6.	Joshua Black	14	Co Cambridge	2:39.19.....	29.	Ross De Wildt	16	Co Cambridge	2:29.30.....
7.	Theodore Monk	16	Co Cambridge	2:38.76.....	30.	Dominic McCarthy	22	Hoddesdon	2:28.55.....
8.	Kai Patel	14	Thurrock	2:38.73.....	31.	Kieran Ng	14	Co Peterboro	2:28.10.....
9.	Berkley Barnicoat	15	Co Peterboro	2:38.45.....	32.	Lucas Hartley	17	Hatfield	2:28.08.....
10.	Rafael Corliano	14	Co Cambridge	2:37.93.....	33.	James McGettigan	15	Thurrock	2:27.80.....
11.	Thomas Spelman	17	Stowmarket	2:37.70.....	34.	Samuel Jeffrey	17	Hatfield	2:27.26.....
12.	Robert Elliston	18	Braintree	2:37.67.....	35.	Charlie McKinnon	17	Norwich Swan	2:27.09.....
13.	George Little	16	Bedford SS	2:36.95.....	36.	Benjamin Taggart	17	Watford SC	2:26.84.....
14.	Samuel Everett	17	West Suffolk	2:36.93.....	37.	Daryl Rands	27	Colchester	2:26.18.....
15.	Samuel Howard	17	Hoddesdon	2:36.80.....	38.	Lewis Andrews	17	Norwich Swan	2:26.00.....
16.	Daniel De Filippo	15	Flitwick	2:36.72.....	39.	Joshua Sackree	16	Co Peterboro	2:24.26.....
17.	Alexander Ball	17	Potters Bar	2:35.98.....	40.	James Noble	22	Norwich Swan	2:24.00.....
18.	Joshua Jones	15	West Norfolk	2:35.87.....	41.	George Prince	16	Putteridge	2:22.98.....
19.	Adam Hazlewood	20	Putteridge	2:34.89.....	42.	Reece Burns	16	Chelmsford	2:22.31.....
20.	Austin Harrop	18	Co Norwich	2:34.87.....	43.	Charlie Ruddell	15	teamipswich	2:21.30.....
21.	Oliver Fuller	14	Co Cambridge	2:34.46.....	44.	Ben Buckley	17	Co Norwich	2:20.90.....
22.	Szymon Pierzecki	15	Witham Dolph	2:33.15.....	45.	Edward Ormsby	17	Co Cambridge	2:20.31.....
23.	Luke Payne	20	Hatfield	2:32.76.....					

EVENT 505 Female 200m Breaststroke

1.	K Sutika-Totlebena	16	West Norfolk	2:52.70.....	21.	Niamh James	23	Bishop Stort	2:43.50.....
2.	Freya Cox	13	Norwich Swan	2:52.67.....	22.	Summer Evason	15	Watford SC	2:43.30.....
3.	Daisy-Mai Doel	13	Basildon Ph	2:52.40.....	23.	Isabella Porzio	20	Putteridge	2:42.34.....
4.	Grace Mutton	14	Deben	2:52.38.....	24.	Elizabeth Wright	17	West Suffolk	2:42.26.....
5.	Bethany Crawley	16	teamipswich	2:52.26.....	25.	Yan Ting Emily Pak	15	Co Cambridge	2:41.58.....
6.	Ruby Brace	16	Co Peterboro	2:51.74.....	26.	Ella Greatbatch	16	Bishop Stort	2:39.80.....
7.	Tyra Sajudeen	14	Co Cambridge	2:51.60.....	27.	Lexie O'Connor	17	Basildon Ph	2:39.75.....
8.	Mercy Adeoye	15	Hatfield	2:51.57.....	28.	Georgina Hamilton	16	Co St Albans	2:39.34.....
9.	Chloe Simpson	18	Watford SC	2:51.57.....	29.	Megan Gray	17	Hatfield	2:38.59.....
10.	Kiera Broad	16	West Suffolk	2:51.56.....	30.	Charlisse Harding	15	Norwich Swan	2:38.10.....
11.	Isla Stewart	14	Co Peterboro	2:51.07.....	31.	Sarah O'Brien	28	West Norfolk	2:36.75.....
12.	Mia Gray	16	Norwich Swan	2:50.37.....	32.	Rebecca Keetley	20	Co Cambridge	2:36.10.....
13.	Alexis Johnson	14	Co Peterboro	2:49.67.....	33.	Chloe Butler	20	Co Norwich	2:33.93.....
14.	Hannah Lovelock	16	Hitchin	2:48.92.....	34.	Sophie Payne	22	Putteridge	2:33.60.....
15.	Alice Watts	16	Co Cambridge	2:48.87.....	35.	Ruby Wheeler	18	Co Norwich	2:33.18.....
16.	Molly Greatbatch	14	Bishop Stort	2:46.70.....	36.	Isabelle Cameron	17	Co Peterboro	2:32.63.....
17.	Jorja Atkinson	13	Co Cambridge	2:46.17.....	37.	Jasmine Carter	15	Basildon Ph	2:31.20.....
18.	Isabel White	15	Biggleswade	2:45.81.....	38.	Ellen Eccleston	17	Co Norwich	2:30.80.....
19.	Verity Hamilton	14	Norwich Swan	2:45.70.....	39.	Sophie Moore	19	Co Cambridge	2:30.30.....
20.	Amelia Murphy	17	Witham Dolph	2:44.81.....	40.	Caitlin Hartley	20	Hatfield	2:28.10.....

EVENT 506 Open/Male 100m Butterfly

1.	Harry Arnold-Pepper	16	Co Cambridge	S9	1:14.71.....	16.	Marcus King	16	Putteridge	1:01.90.....
2.	Corey Hare	18	teamipswich	S14	1:05.29.....	17.	Wilfred Warwick	14	Co Cambridge	1:01.80.....
3.	Samuel Black	17	Co Norwich	S14	1:05.10.....	18.	Dylan Nutt	25	DunmowAtlant	1:01.64.....
4.	Daniel Boboye	17	DunmowAtlant		1:02.74.....	19.	Joshua Ellis	18	Hatfield	1:01.52.....
5.	Hayden Garrod	16	Team Waveney		1:02.70.....	20.	Harry Cooper	16	Rochford	1:01.45.....
6.	Daniel Thompson	17	Thurrock		1:02.70.....	21.	Ewan Thompson	18	St Ives	1:01.10.....
7.	William March	22	Linslade		1:02.67.....	22.	Harry Hudson	19	Norwich Swan	1:01.06.....
8.	Jamie Wilson	15	West Norfolk		1:02.67.....	23.	Maxwell Hozier	15	Hoddesdon	1:00.90.....
9.	Finlay Arnup	17	Norwich Swan		1:02.61.....	24.	Marton Molnar	15	Co Cambridge	1:00.90.....
10.	Cub Maddison	18	Harpenden		1:02.52.....	25.	Oscar Hunter	15	Norwich Swan	1:00.82.....
11.	Naim Harvey	16	Basildon Ph		1:02.46.....	26.	Lloyd Battison	19	Team Waveney	1:00.80.....
12.	Archie Tebbutt	14	New Hall		1:02.40.....	27.	Saxon Minto	16	Chelmsford	1:00.72.....
13.	Ashton Blake	15	Basildon Ph		1:01.98.....	28.	Billy Mead	19	Linslade	1:00.70.....
14.	Oliver Fuller	14	Co Cambridge		1:01.98.....	29.	Daniel Meier	17	Biggleswade	1:00.55.....
15.	Noah Mann	17	Newmarket		1:01.90.....	30.	Benedict Measures	19	Norwich Swan	1:00.40.....

Meet Programme

31.	Daniel Williams	16	Hatfield	1:00.35.....	47.	Alexander Volkovoy	19	Co Cambridge	58.50.....
32.	Billy Cyl	16	Ware	1:00.30.....	48.	Jude Gunner	15	Norwich Swan S14	58.50.....
33.	Finlay Neve	16	Co Norwich	1:00.30.....	49.	Devesh Kapoor	21	Co Norwich	58.40.....
34.	Liam Rumball	19	Hatfield	1:00.28.....	50.	Damon Elliott	20	DunmowAtlant	58.21.....
35.	Dylan Davenport	15	Bishop Stort	1:00.20.....	51.	Harrison Shaw	17	Flitwick	58.20.....
36.	Riley Bashford	18	Deben	1:00.14.....	52.	Ryan Close	16	Bedford SS	58.10.....
37.	Samuel Rose	21	West Norfolk	1:00.09.....	53.	Jack Abram	19	Co Norwich	58.00.....
38.	Jacob Bacon	14	Co Peterboro	59.90.....	54.	Jake Thomas-Mansfield	24	West Suffolk	56.80.....
39.	Toby Martin	17	Harpenden	59.50.....	55.	Callum Cox	18	Co Norwich	56.40.....
40.	Ethan Thorpe	15	Basildon Ph	59.40.....	56.	Lucas Dyson-Diaz	24	Hatfield	55.71.....
41.	Jack Barnard	19	Watford SC	59.16.....	57.	Harry Jones	24	Co Norwich	55.10.....
42.	Danylo Kravchenko	15	New Hall	58.90.....	58.	Joshua Shepherd	16	Thurrock	54.90.....
43.	Oscar Winterburn	16	teamipswich	58.80.....	59.	Henry Dean	18	Thurrock	54.60.....
44.	Oliver Pike	17	Co Norwich	58.70.....	60.	James Woodward	24	Hatfield	53.40.....
45.	Kian Lee	16	Co Peterboro	58.60.....	61.	Aaron Fox	23	Co Norwich	53.11.....
46.	Riley Hall	17	Co Cambridge	58.50.....					

EVENT 507 Female 100m Butterfly

1.	Lily Steel	14	teamipswich	1:09.99.....	29.	Alexandra Nurney	14	Hatfield	1:07.00.....
2.	Eloise Conway	24	Halstead	1:09.94.....	30.	Emily Pitcher	16	Norwich Swan	1:06.66.....
3.	Scarlett Joslin	17	Co Cambridge	1:09.94.....	31.	Amy Boreham	18	Watford SC	1:06.22.....
4.	Teah Gregory	16	Stevenage	1:09.66.....	32.	Isobel Mather	17	Co Cambridge	1:06.20.....
5.	Jasmine Scott	13	Co St Albans	1:09.60.....	33.	Hollie Hawkins	17	Basildon Ph	1:06.20.....
6.	Francesca Barber	15	Co Norwich	1:09.50.....	34.	Poppy Magill	16	Putteridge	1:06.14.....
7.	Antonia Elias	15	Hatfield	1:09.20.....	35.	Sophie Dowding	17	teamipswich	1:06.08.....
8.	Lois Smith	14	Basildon Ph	1:09.10.....	36.	Jessica Medicott	17	Dunstable	1:05.90.....
9.	Holly Enright	17	Watford SC	1:09.01.....	37.	Alexa Mann	18	DunmowAtlant	1:05.90.....
10.	I Stratton-Thomsett	15	Colchester	1:09.00.....	38.	Jessica-Jane Applegate	28	Co Norwich S14	1:05.70.....
11.	Kitty Lamb	13	Co Peterboro	1:09.00.....	39.	Ever Ives	15	Hatfield	1:04.90.....
12.	Honor Beverstock	15	Hatfield	1:09.00.....	40.	Megan Pye	22	Co Norwich	1:04.80.....
13.	Eleanor McLeod	16	Putteridge	1:08.90.....	41.	Ruby Greenhalf	19	Co Norwich	1:04.70.....
14.	Mia Macklin	16	Braintree	1:08.87.....	42.	Anouk Zecchini	18	Co Cambridge	1:04.70.....
15.	Louise Webster	17	Thurrock	1:08.60.....	43.	Vanesa Cimermanova	16	Co Peterboro	1:04.44.....
16.	Hollie Gilbertson	15	Co Norwich	1:08.53.....	44.	Olivia Greenall	15	Co Norwich	1:04.01.....
17.	Isabella Porzio	20	Putteridge	1:08.30.....	45.	Millie Harris	16	West Norfolk	1:04.00.....
18.	Bryony Thornton	18	Co Cambridge	1:08.26.....	46.	Olivia Minett	16	Co Peterboro	1:03.90.....
19.	Summer Evason	15	Watford SC	1:08.15.....	47.	Sophie Palmer	15	Basildon Ph	1:03.80.....
20.	Ruby-May Ciaburro	14	Watford SC	1:07.89.....	48.	Chloe Butler	20	Co Norwich	1:03.50.....
21.	Melike Dagdelen	15	Putteridge	1:07.80.....	49.	Sadie Hunter	16	Co Peterboro	1:03.10.....
22.	Evie Greenhalf	14	Co Norwich	1:07.60.....	50.	Emma Fields	18	Bishop Stort	1:03.00.....
23.	Lucy Clarke	14	Chelmsford	1:07.60.....	51.	Amelia Fenner	14	Basildon Ph	1:02.80.....
24.	Ayla Zolfaghari	13	Epping For't	1:07.59.....	52.	Grace Greenhalf	17	Co Norwich	1:02.80.....
25.	Chloe Armstrong	17	teamipswich	1:07.20.....	53.	Eloise Cole	16	Bedford SS	1:01.90.....
26.	Lexie Sandiford	13	Putteridge	1:07.20.....	54.	Georgia Holgate	17	Co Cambridge	1:01.74.....
27.	Genevieve White	16	Co Cambridge	1:07.20.....	55.	Charlotte Smith	17	Norwich Swan	1:01.40.....
28.	Kate Hopper	17	Watford SC	1:07.11.....	56.	Skye Carter	17	Basildon Ph	59.80.....

EVENT 508 Open/Male 100m IM

1.	Robert Fenner	16	Basildon Ph	1:05.90.....	16.	Lazaros Giarenis	15	Co Norwich	1:04.93.....
2.	Daniel Turner	16	Team Waveney	1:05.71.....	17.	William Presland	19	Watford SC	1:04.67.....
3.	George Prince	16	Putteridge	1:05.69.....	18.	Daniel Pryke	18	Deben	1:04.67.....
4.	Cillian O'Brien	16	Co Ely	1:05.63.....	19.	Finlay Neve	16	Co Norwich	1:04.64.....
5.	Daniel Grimmer	18	West Norfolk	1:05.58.....	20.	Daniel Bocyte	17	DunmowAtlant	1:04.42.....
6.	Tyler Stone	14	Co Norwich	1:05.55.....	21.	Thomas Spelman	17	Stowmarket	1:04.37.....
7.	Dylan Davenport	15	Bishop Stort	1:05.52.....	22.	Evan McQuade	16	DunmowAtlant	1:04.30.....
8.	Wilfred Warwick	14	Co Cambridge	1:05.38.....	23.	Jack Osborne	17	Deben	1:04.17.....
9.	Charlie Stanbury	19	Potters Bar	1:05.37.....	24.	Frank Lamb	15	Co Peterboro	1:04.15.....
10.	Riley Bashford	18	Deben	1:05.30.....	25.	Marton Molnar	15	Co Cambridge	1:04.10.....
11.	Jude Gunner	15	Norwich Swan SM14	1:05.08.....	26.	Danylo Snitko	16	Watford SC	1:04.06.....
12.	Glennon Lee	18	Harlow Pen	1:05.05.....	27.	Rafferty May	16	Watford SC	1:04.03.....
13.	Luke Martell	18	Watford SC	1:04.96.....	28.	Daniel De Filippo	15	Flitwick	1:03.99.....
14.	Kian Lee	16	Co Peterboro	1:04.95.....	29.	Sean Diggins	18	Team Waveney	1:03.92.....
15.	Rafael Corliano	14	Co Cambridge	1:04.93.....	30.	Toby Martin	17	Harpenden	1:03.90.....

Meet Programme

31.	Samuel Johnson	26	Halstead	1:03.88.....	51.	Sam Mead	22	Linslade	1:02.29.....
32.	Austin Harrop	18	Co Norwich	1:03.88.....	52.	Joshua Parker	15	Braintree	1:02.15.....
33.	Kieran Ng	14	Co Peterboro	1:03.86.....	53.	Samuel Rose	21	West Norfolk	1:02.08.....
34.	Ewan Thompson	18	St Ives	1:03.69.....	54.	Timon Chapman	23	Norwich Swan	1:02.07.....
35.	Maxwell Hozier	15	Hoddesdon	1:03.62.....	55.	Ashley Coombs	23	Watford SC	1:01.74.....
36.	Adrien Storck-Wihlidal	17	Bishop Stort	1:03.56.....	56.	Ethan Martin	19	Thurrock	1:01.73.....
37.	Ross De Wildt	16	Co Cambridge	1:03.47.....	57.	Daryl Rands	27	Colchester	1:01.70.....
38.	Benjamin Taggart	17	Watford SC	1:03.45.....	58.	Ben Davison	19	Hatfield	1:01.56.....
39.	Henry Mann	16	Norwich Swan	1:03.26.....	59.	Reece Burns	16	Chelmsford	1:01.52.....
40.	Danylo Kravchenko	15	New Hall	1:03.20.....	60.	Jacob Ray	17	Basildon Ph	1:00.95.....
41.	Cub Maddison	18	Harpenden	1:03.14.....	61.	Joshua Sackree	16	Co Peterboro	1:00.84.....
42.	Ben Buckley	17	Co Norwich	1:03.01.....	62.	Harrison Shaw	17	Flitwick	1:00.76.....
43.	Lewis Andrews	17	Norwich Swan	1:02.88.....	63.	Jake Moore	18	Watford SC	1:00.32.....
44.	Chun Ho Chan	15	Watford SC	1:02.79.....	64.	Lucas Hartley	17	Hatfield	1:00.32.....
45.	Charlie Barrett	23	Co Norwich	1:02.63.....	65.	Edward Ormsby	17	Co Cambridge	1:00.16.....
46.	Ronnie Edwards	16	Rochford	1:02.52.....	66.	Lewis Chapman	23	Stowmarket	59.99.....
47.	Samuel Winslow	17	Co Cambridge	1:02.48.....	67.	Kai Adams	28	Halstead	58.91.....
48.	Saxon Minto	16	Chelmsford	1:02.43.....	68.	Lucas Dyson-Diaz	24	Hatfield	58.65.....
49.	Billy Mead	19	Linslade	1:02.34.....	69.	Olivier Vedrenne	19	Co Norwich	56.95.....
50.	Riley Hall	17	Co Cambridge	1:02.31.....					

EVENT 509 Female 400m Freestyle

1.	Charlotte Ryan	24	Runnymede	S6	9:00.81.....	20.	Ruby Chapman	18	Norwich Swan	4:35.73.....
2.	Abigail Wickens	17	Flitwick	S8	5:30.70.....	21.	Jessica Medicott	17	Dunstable	4:34.90.....
3.	Emily-Grace Bentley	14	Basildon Ph		4:44.74.....	22.	Erin Uttridge	15	teamipswich	4:34.26.....
4.	Miriam Moukdad	18	Bishop Stort		4:43.83.....	23.	Gabriella Troman	15	teamipswich	4:34.26.....
5.	Niamh O'Meara	18	Watford SC		4:43.51.....	24.	Ella Dawson	16	Chelmsford	4:33.74.....
6.	Francesca Barber	15	Co Norwich		4:42.60.....	25.	Lexie Goodman	17	Basildon Ph	4:32.56.....
7.	Alexandra Nurney	14	Hatfield		4:42.50.....	26.	Cailin Hehir	16	Watford SC	4:32.27.....
8.	Amy Harper	17	Watford SC		4:42.20.....	27.	Weronika Mikolajewska	16	Co Cambridge	4:31.97.....
9.	Eleanor McLeod	16	Putteridge		4:41.93.....	28.	Eva Lawson	16	Berkhamsted	4:30.90.....
10.	Antonia Elias	15	Hatfield		4:41.90.....	29.	Jessica Keogh	20	Hatfield	4:30.75.....
11.	Amelia Saunders	16	Norwich Swan		4:40.20.....	30.	Sadie Hunter	16	Co Peterboro	4:28.50.....
12.	Amelie Crabb	17	teamipswich		4:39.64.....	31.	Ever Ives	15	Hatfield	4:26.08.....
13.	Anabelle Kett	15	Co Peterboro		4:38.30.....	32.	Annie McLeod	16	Putteridge	4:25.86.....
14.	Darcy Gladwell	16	teamipswich		4:38.29.....	33.	Amelia Fenner	14	Basildon Ph	4:25.20.....
15.	Florence Crowley	18	Co St Albans		4:37.55.....	34.	Sophie Dowding	17	teamipswich	4:25.09.....
16.	Francesca Howell	16	New Hall		4:37.03.....	35.	Jasmine Hall	14	Basildon Ph	4:23.90.....
17.	Almudena Visser Velez	22	Co Cambridge		4:36.59.....	36.	Ruby Wheeler	18	Co Norwich	4:22.91.....
18.	Amelia Porzio	16	Putteridge		4:36.46.....	37.	Cait Cotter	17	Chelmsford	4:15.00.....
19.	Millie Richardson	18	Hatfield		4:35.87.....					

Meet Programme

Session 6 Sunday 3rd November at 12:45 pm

EVENT 601 Open/Male 400m IM

1.	Kieran Ng	14	Co Peterboro	5:04.50.....	16.	Daniel De Filippo	15	Flitwick	4:53.50.....
2.	Thomas Spelman	17	Stowmarket	5:03.79.....	17.	Daryl Rands	27	Colchester	4:52.13.....
3.	Harvey Isle	19	West Norfolk	5:03.71.....	18.	George Prince	16	Putteridge	4:51.30.....
4.	Daniel Williams	16	Hatfield	5:02.91.....	19.	Frank Lamb	15	Co Peterboro	4:49.20.....
5.	Joshua Jones	15	West Norfolk	5:02.52.....	20.	Kian Lee	16	Co Peterboro	4:48.35.....
6.	Theodore Monk	16	Co Cambridge	5:02.21.....	21.	Robert Fenner	16	Basildon Ph	4:46.73.....
7.	Csanad Rehus	15	Co Peterboro	5:01.69.....	22.	Jack Barnard	19	Watford SC	4:46.52.....
8.	Patryk Nowak	14	Co Peterboro	5:01.25.....	23.	Edward Ormsby	17	Co Cambridge	4:44.40.....
9.	Ashton Blake	15	Basildon Ph	5:00.89.....	24.	Samuel Jeffrey	17	Hatfield	4:43.64.....
10.	Danylo Kravchenko	15	New Hall	4:57.25.....	25.	Oscar Winterburn	16	teamipswich	4:41.43.....
11.	Benjamin Taggart	17	Watford SC	4:57.08.....	26.	Reece Burns	16	Chelmsford	4:38.60.....
12.	Daniel Thompson	17	Thurrock	4:56.98.....	27.	Harrison Shaw	17	Flitwick	4:37.10.....
13.	Daniel Meier	17	Biggleswade	4:55.41.....	28.	Daniel McGuinness	18	Basildon Ph	4:35.90.....
14.	Oliver Fuller	14	Co Cambridge	4:54.91.....	29.	Patch Robinson	17	teamipswich	4:32.50.....
15.	Jacob Bacon	14	Co Peterboro	4:53.90.....					

EVENT 602 Female 100m Backstroke

1.	Abigail Wickens	17	Flitwick	S8	1:31.00.....	35.	Georgina Munday	20	Co Norwich	1:07.70.....
2.	Isabella Savage	15	Potters Bar		1:10.50.....	36.	Abigail Davis	14	Bedford SS	1:07.66.....
3.	Hollie Heighes	16	Braintree		1:10.45.....	37.	Charlie Duce	15	Bedford SS	1:07.40.....
4.	Chloe Bellamy	17	West Norfolk		1:10.33.....	38.	Tia Sammut	13	Bedford SS	1:07.35.....
5.	Florence Davies	16	Deben		1:10.26.....	39.	Gabriella Meyer	15	DunmowAtlant	1:07.30.....
6.	Z Jaramillo Obcowska	17	Epping For't		1:10.14.....	40.	Alexandra Nurney	14	Hatfield	1:07.00.....
7.	Libby Whiting	15	Putteridge		1:10.13.....	41.	Lily Steel	14	teamipswich	1:06.90.....
8.	Alice Watts	16	Co Cambridge		1:10.11.....	42.	Chloe Linney	16	Halstead	1:06.70.....
9.	Cassandra Pereira	14	Hatfield		1:09.95.....	43.	Amy Harper	17	Watford SC	1:06.50.....
10.	Lucy Clarke	14	Chelmsford		1:09.68.....	44.	Sophie Green	17	Hatfield	1:06.50.....
11.	Erin Woodrow	17	West Norfolk		1:09.62.....	45.	Weronika Mikolajewska	16	Co Cambridge	1:06.31.....
12.	Edie Newell	17	Chelmsford		1:09.62.....	46.	Chloe Armstrong	17	teamipswich	1:06.27.....
13.	Emilia Johnson	15	Norwich Swan		1:09.40.....	47.	Jessica-Jane Applegate	28	Co Norwich	S14 1:06.14.....
14.	Bethany Hamer	17	Linslade		1:09.38.....	48.	Katerina Di Maria	16	Co Norwich	1:06.04.....
15.	Aimee Sanders	12	Dunstable		1:09.25.....	49.	Lois Smith	14	Basildon Ph	1:05.99.....
16.	Phoebe Matthews	17	Hatfield		1:09.20.....	50.	Charlotte Smith	17	Norwich Swan	1:05.80.....
17.	Charlotte Pound	15	Putteridge		1:09.20.....	51.	Camille Vannier	17	Hatfield	1:05.79.....
18.	Emilia Rayner	15	Halstead		1:09.16.....	52.	Adrija Raudonyte	16	Newmarket	1:05.70.....
19.	Emma Cushion	14	Co Peterboro		1:09.14.....	53.	Francesca Howell	16	New Hall	1:05.54.....
20.	Genevieve White	16	Co Cambridge		1:08.95.....	54.	Nicole Maynard	15	Basildon Ph	1:05.16.....
21.	Mia Nelson	13	Cheshunt		1:08.92.....	55.	Erin Currie	16	Hatfield	1:04.97.....
22.	Sophie Roberts	15	teamipswich		1:08.89.....	56.	Emily Pitcher	16	Norwich Swan	1:04.97.....
23.	Maia Thompson	16	Team Waveney		1:08.72.....	57.	Niamh James	23	Bishop Stort	1:04.93.....
24.	Lucy Calver	16	Biggleswade		1:08.69.....	58.	Grace Robinson	15	Putteridge	1:04.44.....
25.	Olivia Greenall	15	Co Norwich		1:08.67.....	59.	Megan Pye	22	Co Norwich	1:04.20.....
26.	Hollie Gilbertson	15	Co Norwich		1:08.47.....	60.	Erin Barber	14	Newmarket	1:04.08.....
27.	Anouk Zecchini	18	Co Cambridge		1:08.37.....	61.	Eloise Cole	16	Bedford SS	1:03.96.....
28.	Gabriella Troman	15	teamipswich		1:08.34.....	62.	Isobel Mather	17	Co Cambridge	1:03.70.....
29.	Kate Hopper	17	Watford SC		1:08.27.....	63.	Amara Addison	17	Norwich Swan	1:03.10.....
30.	Summer Boswell	16	Hatfield		1:08.17.....	64.	Vanesa Cimermanova	16	Co Peterboro	1:02.80.....
31.	Olivia Mendham	16	DunmowAtlant		1:08.13.....	65.	Georgia Holgate	17	Co Cambridge	1:02.49.....
32.	Summer Evason	15	Watford SC		1:07.98.....	66.	Evangelina Pierce	17	Basildon Ph	1:02.31.....
33.	Emily-Grace Bentley	14	Basildon Ph		1:07.89.....	67.	Charley Joyce	19	Epping For't	1:01.99.....
34.	Ella Dawson	16	Chelmsford		1:07.72.....					

EVENT 603 Open/Male 100m Freestyle

1.	Stephane Rouyer-Brown	27	Runnymede	S14	1:28.00.....	8.	Oliver Fuller	14	Co Cambridge	56.61.....
2.	Jacob Desso	16	Runnymede	S8	1:24.91.....	9.	Nonso Nwabueze	15	Basildon Ph	56.60.....
3.	Harry Arnold-Pepper	16	Co Cambridge	S9	1:08.00.....	10.	Danylo Kravchenko	15	New Hall	56.60.....
4.	Corey Hare	18	teamipswich	S14	1:01.66.....	11.	Aiden Futter	16	Norwich Swan	56.50.....
5.	Samuel Black	17	Co Norwich	S14	59.81.....	12.	Luke Martell	18	Watford SC	56.50.....
6.	Saxon Minto	16	Chelmsford		56.80.....	13.	Marcus King	16	Putteridge	56.43.....
7.	Noah Mann	17	Newmarket		56.69.....	14.	Reece Burns	16	Chelmsford	56.30.....

Meet Programme

15.	Norbert Kadar	15	Co Cambridge	56.30.....	53.	Max Arnold	18	Harlow Pen	54.26.....
16.	Daniel De Filippo	15	Flitwick	56.30.....	54.	Matthew Brown	19	Stowmarket	54.24.....
17.	William Presland	19	Watford SC	56.21.....	55.	Jack Osborne	17	Deben	54.22.....
18.	Joshua Hutchinson	17	Harlow Pen	56.21.....	56.	Maxwell Hozier	15	Hoddesdon	54.21.....
19.	Cameron Jones	18	Bedford SS	56.17.....	57.	Archie Tebbutt	14	New Hall	54.20.....
20.	Jude Gunner	15	Norwich Swan S14	56.10.....	58.	Joshua Ellis	18	Hatfield	54.18.....
21.	Hayden Thornhill	18	Norwich Swan	56.06.....	59.	Ronnie Edwards	16	Rochford	54.13.....
22.	Samuel George	18	Hatfield	56.03.....	60.	Oscar Hunter	15	Norwich Swan	54.10.....
23.	Benedict Measures	19	Norwich Swan	56.01.....	61.	Ryan Close	16	Bedford SS	53.94.....
24.	Riley Bashford	18	Deben	56.01.....	62.	Harrison Shaw	17	Flitwick	53.91.....
25.	Jacob Hayes	17	Bishop Stort	56.01.....	63.	Jacob Ray	17	Basildon Ph	53.84.....
26.	Adam O'Neal	16	Bedford SS	55.98.....	64.	Joe Power	17	Basildon Ph	53.84.....
27.	Naim Harvey	16	Basildon Ph	55.96.....	65.	Freddie Gardner	18	Thurrock	53.80.....
28.	Sean Diggins	18	Team Waveney	55.79.....	66.	Liam Rumball	19	Hatfield	53.73.....
29.	Ethan Thorpe	15	Basildon Ph	55.79.....	67.	Dylan Davenport	15	Bishop Stort	53.70.....
30.	Sean Connolly	16	Epping For't	55.70.....	68.	Joshua Sackree	16	Co Peterboro	53.60.....
31.	Billy Cyl	16	Ware	55.64.....	69.	Nathan Birchenough	17	Norwich Swan	53.60.....
32.	Oliver Frame	19	Norwich Swan	55.60.....	70.	Jake Thomas-Mansfield	24	West Suffolk	53.50.....
33.	Guy Semple	20	Co Cambridge	55.46.....	71.	Samuel Rose	21	West Norfolk	53.40.....
34.	Dylan Nutt	25	DunmowAtlant	55.41.....	72.	Daniel Belsey	16	Hatfield	53.30.....
35.	Toby Martin	17	Harpenden	55.41.....	73.	Ethan Martin	19	Thurrock	53.30.....
36.	Finlay Neve	16	Co Norwich	55.32.....	74.	Finlay Arnup	17	Norwich Swan	53.12.....
37.	Harry Hudson	19	Norwich Swan	55.29.....	75.	Ben Davison	19	Hatfield	53.10.....
38.	Charlie Barrett	23	Co Norwich	55.10.....	76.	Riley Hall	17	Co Cambridge	53.10.....
39.	Kian Lee	16	Co Peterboro	55.00.....	77.	Lucas Hartley	17	Hatfield	53.08.....
40.	George Stevenson	17	West Norfolk	54.90.....	78.	Harry Jones	24	Co Norwich	52.60.....
41.	Sam Mead	22	Linslade	54.83.....	79.	Kai Adams	28	Halstead	52.52.....
42.	Henry Dean	18	Thurrock	54.82.....	80.	Damon Elliott	20	DunmowAtlant	52.40.....
43.	Roan Brennan	18	Basildon Ph S10	54.70.....	81.	Ashley Coombs	23	Watford SC	52.39.....
44.	Max Walters	15	Watford SC	54.64.....	82.	Joshua Shepherd	16	Thurrock	52.13.....
45.	Lloyd Battison	19	Team Waveney	54.63.....	83.	Callum Cox	18	Co Norwich	52.10.....
46.	Austin Lillywhite	21	Biggleswade	54.62.....	84.	Jack Abram	19	Co Norwich	51.80.....
47.	Janos Kadar	17	Co Cambridge	54.60.....	85.	Alexander Volkovoy	19	Co Cambridge	51.70.....
48.	Lee Boka	16	Basildon Ph	54.57.....	86.	Joshua Parker	15	Braintree	51.40.....
49.	Theo Bari	16	Saffron Wald	54.50.....	87.	Olivier Vedrenne	19	Co Norwich	50.90.....
50.	Billy Mead	19	Linslade	54.44.....	88.	Matthew Wright	26	Team Luton	49.41.....
51.	Daniel Williams	16	Hatfield	54.41.....	89.	William Ellard	18	Norwich Swan S14	49.40.....
52.	Danylo Snitko	16	Watford SC	54.30.....					

EVENT 604 Female 200m Freestyle

1.	Francesca Barber	15	Co Norwich	2:12.80.....	22.	Olivia Minett	16	Co Peterboro	2:08.30.....
2.	Amelia Lewis	15	teamipswich	2:12.75.....	23.	Amelia Fenner	14	Basildon Ph	2:08.20.....
3.	Valentina Tinnirello	14	Potters Bar	2:12.63.....	24.	Ella Dawson	16	Chelmsford	2:08.20.....
4.	Emma Fields	18	Bishop Stort	2:12.44.....	25.	Cailin Hehir	16	Watford SC	2:08.20.....
5.	Millie Harris	16	West Norfolk	2:12.21.....	26.	Alexandra Nurney	14	Hatfield	2:08.20.....
6.	Katerina Di Maria	16	Co Norwich	2:12.10.....	27.	Annie McLeod	16	Putteridge	2:07.99.....
7.	Weronika Mikolajewska	16	Co Cambridge	2:11.80.....	28.	Sophie Palmer	15	Basildon Ph	2:07.63.....
8.	Millie Richardson	18	Hatfield	2:11.79.....	29.	Ever Ives	15	Hatfield	2:07.08.....
9.	Amelia Porzio	16	Putteridge	2:11.60.....	30.	Eva Lawson	16	Berkhamsted	2:07.00.....
10.	Amelie Crabb	17	teamipswich	2:11.54.....	31.	Sophie Dowding	17	teamipswich	2:06.67.....
11.	Erin Currie	16	Hatfield	2:11.44.....	32.	Jessica-Jane Applegate	28	Co Norwich S14	2:06.40.....
12.	Anabelle Kett	15	Co Peterboro	2:11.20.....	33.	Lucy Wheeler	24	Bishop Stort	2:06.40.....
13.	Darcy Gladwell	16	teamipswich	2:10.96.....	34.	Lexie O'Connor	17	Basildon Ph	2:06.20.....
14.	Genevieve White	16	Co Cambridge	2:10.90.....	35.	Jessica Medlicott	17	Dunstable	2:04.88.....
15.	Katie Jeffrey	20	Hatfield	2:10.83.....	36.	Grace Robinson	15	Putteridge	2:04.84.....
16.	Sadie Hunter	16	Co Peterboro	2:10.30.....	37.	Jasmine Hall	14	Basildon Ph	2:04.30.....
17.	Erin Uttridge	15	teamipswich	2:10.20.....	38.	Alexa Mann	18	DunmowAtlant	2:04.00.....
18.	Isobel Mather	17	Co Cambridge	2:10.10.....	39.	Cait Cotter	17	Chelmsford	2:03.71.....
19.	Ruby Chapman	18	Norwich Swan	2:09.82.....	40.	Grace Greenhalf	17	Co Norwich	2:03.36.....
20.	Lexie Goodman	17	Basildon Ph	2:09.51.....	41.	Ruby Wheeler	18	Co Norwich	2:02.74.....
21.	Eloise Cole	16	Bedford SS	2:09.34.....	42.	Skye Carter	17	Basildon Ph	1:59.85.....

1st – 3rd November 2024

Meet Programme

EVENT 605 Open/Male 50m Breaststroke

1.	Riley Bashford	18	Deben	33.25.....	43.	Jack Webb	16	Witham Dolph	31.50.....
2.	Samuel Everett	17	West Suffolk	33.22.....	44.	Cub Maddison	18	Harpenden	31.40.....
3.	Vaughn Ruffles-Francis	19	Stowmarket	33.20.....	45.	Charlie Ruddell	15	teamipswich	31.30.....
4.	Frank Lamb	15	Co Peterboro	33.20.....	46.	Jeffrey Gill	17	Watford SC	31.30.....
5.	Joshua Jones	15	West Norfolk	33.20.....	47.	George Prince	16	Putteridge	31.20.....
6.	Daniel Pryke	18	Deben	33.18.....	48.	Henry Mann	16	Norwich Swan	31.20.....
7.	Joshua Black	14	Co Cambridge	33.06.....	49.	Charlie McKinnon	17	Norwich Swan	31.20.....
8.	Samuel Rose	21	West Norfolk	32.96.....	50.	Szymon Pierzecki	15	Witham Dolph	31.20.....
9.	Joshua Marshall	19	St Ives	32.90.....	51.	Luke Holman	22	Thurrock	31.04.....
10.	Theo Smith	15	Hitchin	32.85.....	52.	Alexander Florance	24	Co Norwich	31.00.....
11.	George Jones	15	Basildon Ph	32.80.....	53.	Adam Hazlewood	20	Putteridge	31.00.....
12.	Dylan Nutt	25	DunmowAtlant	32.80.....	54.	Samuel Winslow	17	Co Cambridge	30.80.....
13.	Tyler Stone	14	Co Norwich	32.70.....	55.	Billy Knibb	19	Linslade	30.80.....
14.	Oscar Harris	17	Thetford	32.70.....	56.	Adrien Storck-Wihlidal	17	Bishop Stort	30.73.....
15.	Rafael Corliano	14	Co Cambridge	32.70.....	57.	Chun Ho Chan	15	Watford SC	30.70.....
16.	Alexander Ball	17	Potters Bar	32.64.....	58.	Matthew McLaughlin	31	Bishop Stort	30.69.....
17.	Ewan Thompson	18	St Ives	32.61.....	59.	Sam Mead	22	Linslade	30.60.....
18.	Jayden Carter	13	Basildon Ph	32.60.....	60.	Lucas Hartley	17	Hatfield	30.56.....
19.	Evan McQuade	16	DunmowAtlant	32.50.....	61.	Jack Renouf	18	Hoddesdon	30.50.....
20.	Daniel De Filippo	15	Flitwick	32.50.....	62.	Ben Buckley	17	Co Norwich	30.50.....
21.	Finlay Roberts	15	Witham Dolph	32.50.....	63.	James McGettigan	15	Thurrock	30.50.....
22.	Ashley Coombs	23	Watford SC	32.46.....	64.	Daniel Boboye	17	DunmowAtlant	30.49.....
23.	Lazaros Giarenis	15	Co Norwich	32.40.....	65.	Kai Adams	28	Halstead	30.47.....
24.	George Little	16	Bedford SS	32.40.....	66.	Billy Mead	19	Linslade	30.40.....
25.	Samuel Howard	17	Hoddesdon	32.40.....	67.	Jake Moore	18	Watford SC	30.37.....
26.	Sean Diggins	18	Team Waveney	32.36.....	68.	Samuel Johnson	26	Halstead	30.34.....
27.	Charlie Stanbury	19	Potters Bar	32.33.....	69.	William Presland	19	Watford SC	30.30.....
28.	Oliver Fuller	14	Co Cambridge	32.33.....	70.	Dominic McCarthy	22	Hoddesdon	30.17.....
29.	Ashton Neo	20	Linslade	32.30.....	71.	James Noble	22	Norwich Swan	30.10.....
30.	Finlay Neve	16	Co Norwich	32.21.....	72.	Reece Burns	16	Chelmsford	30.10.....
31.	Robert Elliston	18	Braintree	32.20.....	73.	Lewis Chapman	23	Stowmarket	30.04.....
32.	Thomas Spelman	17	Stowmarket	32.20.....	74.	Timon Chapman	23	Norwich Swan	29.80.....
33.	Finley Pawle	22	Leiston	32.20.....	75.	Lewis Andrews	17	Norwich Swan	29.80.....
34.	Finlay Arnup	17	Norwich Swan	32.00.....	76.	Samuel Addington	19	Co Cambridge	29.80.....
35.	Thomas Underdown	17	Braintree	32.00.....	77.	Glennon Lee	18	Harlow Pen	29.70.....
36.	Maximus Atkin	15	Linslade	31.95.....	78.	Daryl Rands	27	Colchester	29.40.....
37.	Kieran Ng	14	Co Peterboro	31.94.....	79.	Edward Ormsby	17	Co Cambridge	29.40.....
38.	Benjamin Taggart	17	Watford SC	31.90.....	80.	Saxon Minto	16	Chelmsford	29.30.....
39.	Ayobami Akindede	16	Thurrock	31.90.....	81.	Austin Lillywhite	21	Biggleswade	29.30.....
40.	Austin Harrop	18	Co Norwich	31.70.....	82.	Joshua Sackree	16	Co Peterboro	28.70.....
41.	Riley Hall	17	Co Cambridge	31.70.....	83.	Thomas Hamilton	23	Co Cambridge	28.60.....
42.	Luke Payne	20	Hatfield	31.53.....	84.	Lawrence Palmer	32	Putteridge	26.90.....

EVENT 606 Female 50m Breaststroke

1.	Alicia Morton	15	Basildon Ph	37.08.....	19.	Mia Nelson	13	Cheshunt	36.78.....
2.	Tyra Sajudeen	14	Co Cambridge	37.08.....	20.	Bethany Crawley	16	teamipswich	36.78.....
3.	Kitty Lamb	13	Co Peterboro	37.06.....	21.	Elena Buckley	14	Basildon Ph	36.70.....
4.	Lyla Ffello	15	Co Norwich	37.06.....	22.	Neve Jones	16	Biggleswade	36.70.....
5.	Olivia Mendham	16	DunmowAtlant	37.05.....	23.	Abi Perry	13	Linslade	36.70.....
6.	Emilia Johnson	15	Norwich Swan	37.04.....	24.	Hannah Lovelock	16	Hitchin	36.60.....
7.	April Mills	16	Hatfield	37.03.....	25.	Daisy-Mai Doel	13	Basildon Ph	36.51.....
8.	Gabriella Meyer	15	DunmowAtlant	37.02.....	26.	Holly Underdown	15	Braintree	36.50.....
9.	Victoria Allchorne	16	Rochford	37.01.....	27.	Grace Mutton	14	Deben	36.50.....
10.	Robyn Hartley	18	Hatfield	37.00.....	28.	Isobel Jarman	16	Witham Dolph	36.47.....
11.	Jodie Thompson	16	DunmowAtlant	37.00.....	29.	Isabella Lewis	16	Halstead	36.40.....
12.	Anouk Zecchini	18	Co Cambridge	36.98.....	30.	Emily Lowe	16	Bedford SS	36.40.....
13.	Martha Duncan	17	Verulam	36.97.....	31.	Eloise Collins	15	West Norfolk	36.40.....
14.	Scarlett Joslin	17	Co Cambridge	36.92.....	32.	Hollie Cuthbert	16	Stevenage	36.37.....
15.	Francesca Wallace	27	Stowmarket	36.87.....	33.	Kiera Broad	16	West Suffolk	36.36.....
16.	Shannon Stubbs	20	Co Norwich	36.80.....	34.	Ruby Brace	16	Co Peterboro	36.15.....
17.	Isabelle Howlett	12	Norwich Swan	36.80.....	35.	Genna Lee	13	Harlow Pen	36.14.....
18.	Nieve Ives	12	Hatfield	36.80.....	36.	Samantha Wickert	19	Leighton Buz	36.06.....

Meet Programme

37.	Alice Watts	16	Co Cambridge	36.00.....	65.	Isabel White	15	Biggleswade	34.88.....
38.	Ellie Catchpole	18	Leiston	35.96.....	66.	Holly Larbey	17	Biggleswade	34.80.....
39.	Isla Stewart	14	Co Peterboro	35.90.....	67.	Rachael Carpenter	17	Ware	34.70.....
40.	Chloe Simpson	18	Watford SC	35.87.....	68.	Isabella Green	18	Co Norwich	34.62.....
41.	Kornelia Jagodzinska	14	Runnymede	35.86.....	69.	Imola Jozsa	18	Hatfield	34.60.....
42.	Amber Ridgeon	19	Leiston	35.85.....	70.	Georgina Munday	20	Co Norwich	34.50.....
43.	Ruby Chapman	18	Norwich Swan	35.80.....	71.	Verity Hamilton	14	Norwich Swan	34.50.....
44.	Maddison Whittaker	20	Watford SC	35.80.....	72.	Jasmine Hall	14	Basildon Ph	34.30.....
45.	Daisy Russell	16	DunmowAtlant	35.77.....	73.	Georgina Hamilton	16	Co St Albans	34.30.....
46.	Athina Smallwood	23	Co Norwich	35.70.....	74.	Elizabeth Wright	17	West Suffolk	34.25.....
47.	Sofia Cirdei	14	Basildon Ph	35.70.....	75.	Megan Pye	22	Co Norwich	34.10.....
48.	Molly Greatbatch	14	Bishop Stort	35.60.....	76.	Charlisse Harding	15	Norwich Swan	34.00.....
49.	Mercy Adeoye	15	Hatfield	35.57.....	77.	Sarah O'Brien	28	West Norfolk	33.60.....
50.	Nicole Peddely	14	teamipswich	35.50.....	78.	Amelia Murphy	17	Witham Dolph	33.40.....
51.	Jeslene Sandhu	13	Epping For't	35.50.....	79.	Ellen Eccleston	17	Co Norwich	33.30.....
52.	Anya Waterman	14	Colchester	35.50.....	80.	Megan Gray	17	Hatfield	33.20.....
53.	Zoe Land	18	Team Waveney	35.41.....	81.	Ellie-Rose Lyon	17	Co Norwich	32.90.....
54.	Amy Boreham	18	Watford SC	35.40.....	82.	Ella Greatbatch	16	Bishop Stort	32.80.....
55.	Miriam Moukdad	18	Bishop Stort	35.40.....	83.	Ellen Duffield	17	teamipswich	32.70.....
56.	Hollie Heighes	16	Braintree	35.30.....	84.	Sophie Payne	22	Putteridge	32.70.....
57.	Isabella Porzio	20	Putteridge	35.23.....	85.	Phoebe Howard	17	Norwich Swan	32.40.....
58.	Olivia Riley	18	Hatfield	35.21.....	86.	Yan Ting Emily Pak	15	Co Cambridge	32.30.....
59.	Amelia Porzio	16	Putteridge	35.20.....	87.	Isabelle Cameron	17	Co Peterboro	32.20.....
60.	Devon O'Neil	14	Co Peterboro	35.10.....	88.	Rebecca Keetley	20	Co Cambridge	32.10.....
61.	Jorja Atkinson	13	Co Cambridge	35.10.....	89.	Caitlin Hartley	20	Hatfield	32.00.....
62.	Alexis Johnson	14	Co Peterboro	35.10.....	90.	Ashley Ransome	29	Hatfield	31.20.....
63.	Shahd Mohamed	17	Co Peterboro	34.91.....	91.	Jasmine Carter	15	Basildon Ph	30.40.....
64.	Freya Cox	13	Norwich Swan	34.90.....					

EVENT 607 Open/Male 200m Backstroke

1.	Corey Hare	18	teamipswich	S14	2:21.55.....	24.	William Leese	16	Co Cambridge	2:17.34.....
2.	Jude Staton	16	March		2:21.50.....	25.	Evan Larthe	15	Basildon Ph	2:16.55.....
3.	Philip Spalding	14	Putteridge		2:21.50.....	26.	Nathan Yeaman	17	West Norfolk	2:16.47.....
4.	Nedas Tkacenko	18	West Norfolk		2:21.46.....	27.	Albert Orley	16	Braintree	2:15.87.....
5.	Archie Clarke	17	Flitwick		2:21.29.....	28.	Oscar Hunter	15	Norwich Swan	2:14.95.....
6.	Patryk Nowak	14	Co Peterboro		2:21.10.....	29.	Oliver Frame	19	Norwich Swan	2:14.40.....
7.	Daniel Grimmmer	18	West Norfolk		2:20.67.....	30.	Thomas Ford	18	Basildon Ph	2:14.34.....
8.	Parker Brewster	15	Harpenden		2:20.66.....	31.	Harrison Shaw	17	Flitwick	2:13.70.....
9.	Adam O'Neal	16	Bedford SS		2:20.51.....	32.	Jack Osborne	17	Deben	2:13.67.....
10.	Daniel Turner	16	Team Waveney		2:20.50.....	33.	Cameron Jones	18	Bedford SS	2:13.34.....
11.	James Clarke	16	Co Norwich		2:20.50.....	34.	Robert Fenner	16	Basildon Ph	2:12.65.....
12.	Isaac Mendham	13	DunmowAtlant		2:20.20.....	35.	Rafferty May	16	Watford SC	2:12.60.....
13.	Harvey Isle	19	West Norfolk		2:19.92.....	36.	Marton Molnar	15	Co Cambridge	2:12.57.....
14.	William Hughes	14	Basildon Ph		2:19.80.....	37.	Norbert Kadar	15	Co Cambridge	2:12.53.....
15.	Zach Montgomery	14	Norwich Swan		2:19.80.....	38.	Danylo Kravchenko	15	New Hall	2:12.09.....
16.	Toby Lashmar	15	Basildon Ph		2:19.62.....	39.	Samuel Jeffrey	17	Hatfield	2:10.58.....
17.	Joshua Hutchinson	17	Harlow Pen		2:19.47.....	40.	Ethan Thorpe	15	Basildon Ph	2:10.34.....
18.	Jan Beblot	15	Norwich Swan		2:18.86.....	41.	Ryan Close	16	Bedford SS	2:09.60.....
19.	Ewan Thompson	18	St Ives		2:18.60.....	42.	Oscar Winterburn	16	teamipswich	2:08.48.....
20.	Archie Harris-Joy	14	Co Norwich		2:18.60.....	43.	Janos Kadar	17	Co Cambridge	2:07.74.....
21.	Archie Tebbutt	14	New Hall		2:18.40.....	44.	Oliver Smith	17	Basildon Ph	2:05.35.....
22.	Hayden Thornhill	18	Norwich Swan		2:18.18.....	45.	Myles Turner	24	West Suffolk	2:04.04.....
23.	Spencer Battisson	16	Team Waveney		2:17.98.....	46.	Oliver Baskerville	16	Hatfield	2:03.87.....

EVENT 608 Mixed 200m Medley Team

1.	Watford SC B	Open	Watford SC	2:00.00.....	6.	Co Cambridge	Open	Co Cambridge	1:54.00.....
2.	DunmowAtlant	Open	DunmowAtlant	1:55.00.....	7.	City Of Peterborough A	Open	Co Peterboro	1:52.00.....
3.	City Of Peterborough B	Open	Co Peterboro	1:55.00.....	8.	Basildon Ph	Open	Basildon Ph	1:51.00.....
4.	Bishop Stort A	Open	Bishop Stort	1:54.00.....	9.	Co Norwich	Open	Co Norwich	1:50.00.....
5.	Watford SC A	Open	Watford SC	1:54.00.....	10.	Hatfield	Open	Hatfield	1:50.00.....

Meet Programme**EVENT 609 Open/Male 800m Freestyle – Early Heats**

1.	Perrin Ma	13	Hatfield	9:14.30.....	10.	Luke Martell	18	Watford SC	8:51.70.....
2.	Jamie Wilson	15	West Norfolk	9:11.50.....	11.	Robert Fenner	16	Basildon Ph	8:49.71.....
3.	Frank Lamb	15	Co Peterboro	9:02.56.....	12.	Conor Mint	15	Basildon Ph	8:47.40.....
4.	George Carter	16	Co Cambridge	8:58.69.....	13.	George Hooper	17	Co St Albans	8:42.99.....
5.	Charlie McKinnon	17	Norwich Swan	8:56.31.....	14.	Adam O'Neal	16	Bedford SS	8:39.20.....
6.	Jacob Bacon	14	Co Peterboro	8:54.70.....	15.	Daniel Belsey	16	Hatfield	8:31.50.....
7.	Daniel Thompson	17	Thurrock	8:54.16.....	16.	Patch Robinson	17	teamipswich	8:31.30.....
8.	B Macdonald-Williams	16	Bishop Stort	8:54.08.....	17.	Ryan Wall	17	Co Cambridge	8:29.20.....
9.	Ben Howlett	17	teamipswich	8:53.98.....	18.	Daniel McGuinness	18	Basildon Ph	8:29.06.....

1st – 3rd November 2024

Meet Programme

Session 7 Sunday 3rd November at 3:55 pm

EVENT 701 FINAL OF EVENT 501 Female 200m IM

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 702 FINAL OF EVENT 502 Open/Male 50m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 703 FINAL OF EVENT 503 Female 50m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 704 FINAL OF EVENT 504 Open/Male 200m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 705 FINAL OF EVENT 505 Female 200m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 706 FINAL OF EVENT 506 Open/Male 100m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 707 FINAL OF EVENT 507 Female 100m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 708 FINAL OF EVENT 508 Open/Male 100m IM

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 709 FINAL OF EVENT 602 Female 100m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 710 FINAL OF EVENT 603 Open/Male 100m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

1st – 3rd November 2024

Meet Programme

EVENT 711 FINAL OF EVENT 604 Female 200m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 712 FINAL OF EVENT 607 Open/Male 200m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 713 FINAL OF EVENT 606 Female 50m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 714 FINAL OF EVENT 605 Open/Male 50m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 715 Open/Male 800m Freestyle – Final Heat

EVENT 716 Female 200m Freestyle Team

1.	Co Cambridge	Open Co Cambridge	1:54.00.....	6.	Watford SC A	Open Watford SC	1:50.00.....
2.	Norwich Swan	Open Norwich Swan	1:52.00.....	7.	Hatfield	Open Hatfield	1:49.00.....
3.	City Of Peterborough B	Open Co Peterboro	1:52.00.....	8.	City Of Peterborough A	Open Co Peterboro	1:48.00.....
4.	Bishop Stort	Open Bishop Stort	1:51.00.....	9.	Co Norwich	Open Co Norwich	1:46.00.....
5.	DunmowAtlant	Open DunmowAtlant	1:50.00.....	10.	Basildon Ph	Open Basildon Ph	1:44.50.....

EVENT 717 Open/Male 200m Medley Team

1.	Stowmarket	Open Stowmarket	1:52.60.....	7.	Co Cambridge	Open Co Cambridge	1:50.00.....
2.	Watford SC B	Open Watford SC	1:52.00.....	8.	Basildon Ph	Open Basildon Ph	1:50.00.....
3.	Linslade	Open Linslade	1:52.00.....	9.	Watford SC A	Open Watford SC	1:48.00.....
4.	City Of Peterborough	Open Co Peterboro	1:51.00.....	10.	DunmowAtlant	Open DunmowAtlant	1:48.00.....
5.	Bishop Stort	Open Bishop Stort	1:51.00.....	11.	Hatfield	Open Hatfield	1:47.00.....
6.	Norwich Swan	Open Norwich Swan	1:50.00.....	12.	Co Norwich	Open Co Norwich	1:44.00.....