

EVENT 101 Mixed 800m Freestyle

1	STARR, Sue	45/49 Louth	14:30.00	13	STRAKOSCH, Mark	60/64 Berkhamsted	10:40.69
2	WRIGHT, Andrew	65/69 Stowmarket	14:20.00	14	NOBLE, Suzanne	60/64 East Anglian	10:34.62
3	HAWLEY, Martin	60/64 West Suffolk	13:00.00	15	BARKER, Dale	60/64 Felixstowe	10:31.84
4	TRELFORD, Phillip	50/54 Co Ely	12:59.67	16	OWEN, Barry	55/59 Rochford	10:30.00
5	HATTON, Nicholas	35/39 Nofio Cymru	11:43.51	17	EVANS, Susan	45/49 Biggleswade	10:22.23
6	CHADDERTON, Lucy	40/44 West Norfolk	11:42.50	18	WHEELER, Emma	25/29 teamipswich	10:12.20
7	CRESSWELL, Josephine	55/59 East Anglian	11:37.61	19	MORGAN, Christopher	50/54 Otter	10:11.45
8	O'ROURKE, John	55/59 Team Luton	11:36.00	20	SHAW, Alistair	40/44 Flitwick	10:06.06
9	STEELE, Jeanne	25/29 Co Ely	11:30.00	21	BIRD, Owen	30/34 Putteridge	10:00.56
10	GILBERTSON, Ella	18/24 Co Norwich	11:14.45	22	READING, Victoria	35/39 Northampton	10:00.00
11	NEVIN, Heidi	55/59 Rochford	10:46.36	23	DIXON, Peter	55/59 Bo Newham	9:10.62
12	MARKWELL, Catherine	40/44 Co Norwich	10:45.94				

EVENT 201 Mixed 200m Individual Medley

1	IRVINE, Gordon	45/49 Newmarket	NT	13	LELEAN, Adam	60/64 Diss Otters	3:00.00
2	LELEAN, Sally	70/74 Diss Otters	4:42.33	14	SMITH, Alexander	40/44 Harlow Pen	3:00.00
3	JACKSON, Patricia	75/79 East Anglian	4:07.15	15	STRAKOSCH, Mark	60/64 Berkhamsted	2:58.88
4	LUTHER, Eileen	65/69 Rochford	3:40.00	16	BEAL, Stephen	55/59 DunmowAtlant	2:50.00
5	ORCHARD, Chris	65/69 Deepings	3:30.00	17	SHAW, Alistair	40/44 Flitwick	2:45.00
6	KEDGE, Louise	35/39 Harlow Pen	3:30.00	18	PALMER, Dawn	45/49 Basildon Ph	2:45.00
7	O'ROURKE, John	55/59 Team Luton	3:22.80	19	MORGAN, Christopher	50/54 Otter	2:43.70
8	BEAN, Dale	18/24 Biggleswade	3:18.30	20	SQUIRES, Andrew	50/54 Team Anglia	2:39.92
9	TRELFORD, Phillip	50/54 Co Ely	3:17.56	21	CONWAY, James	45/49 Ware	2:32.00
10	LONG, Lizzie	40/44 Rochford	3:15.00	22	ALLEN, Thomas	25/29 Flitwick	2:28.93
11	FRESHER, Martyn	60/64 Co Ely	3:07.73	23	BARNETT, Liam	35/39 Co Cambridge	2:20.00
12	MILLER, Robin	55/59 teamipswich	3:04.97	24	GUNAWARDENA, Luca	18/24 Co Norwich	2:17.48

EVENT 202 Open/Male 50m Freestyle

1	MANN, Michael	65/69 Felixstowe	41.89	29	HAWKINS, Michael	45/49 Northampton	28.98
2	CLAYTON, James	18/24 Newmarket S14	40.72	30	TATE, Alex	30/34 Co Cambridge	28.97
3	RAE, Peter	70/74 Otter	37.00	31	MILBURN, Robert	50/54 Chelmsford	28.87
4	PEACOCK, Kevin	45/49 Harlow Pen	35.21	32	BIRD, Owen	30/34 Putteridge	28.62
5	TAYLOR, Jason	55/59 Co Norwich	35.18	33	MILLER, Samuel	18/24 Rochford	28.50
6	WHITELOCK, Lewis	40/44 Basildon Ph	35.00	34	IRISH, Adam	40/44 Newmarket	28.48
7	COEKIN, Dietrich	70/74 Deben	34.60	35	PEAGRAM, Alistair	45/49 West Suffolk	28.18
8	MURRAY, Ian	65/69 Flitwick	33.27	36	SMITH, Alexander	40/44 Harlow Pen	28.13
9	FOSKETT, Mike	70/74 Hemel Hemp	33.22	37	KOSZUT, Joe	25/29 South Beds	28.01
10	POWELL, Graham	65/69 Team Luton	32.60	38	CARTER, James	35/39 Newmarket	28.00
11	BAKER, Geoff	65/69 Rochford	32.50	39	SIDNEY-ROBERTS, William	18/24 Co Norwich	27.80
12	BRITTAİN, Toby	50/54 Team Anglia	32.45	40	BEATTIE, David	40/44 St Neot Swan	27.66
13	PIRRIE, David	65/69 Hemel Hemp	32.40	41	MACDONALD, Andrew	30/34 Stevenage	27.59
14	KEARNEY, David	30/34 Leyton	32.00	42	COX, Joshua	30/34 Rochford	27.57
15	ROE, David	40/44 Kettering	31.60	43	MITCHELL, Max	35/39 Co Norwich	27.57
16	COE, Steve	60/64 West Suffolk	31.54	44	HARRISON, Phillip	30/34 Felixstowe	27.50
17	SOLE, Andrew	50/54 Co Ely	31.46	45	SMART, Arthur	18/24 West Suffolk	27.39
18	CUMMINS, Andrew	45/49 St Neot Swan	31.17	46	BRYSTOW, Peter	30/34 Huntingdon	27.33
19	BANWELL, Mark	60/64 Co Ely	31.13	47	DAVIS, Daniel	30/34 South Beds	27.26
20	WINTER, Peter	40/44 Newmarket S10	30.53	48	BUCHAN, Simon	55/59 Co Norwich	27.17
21	CHANDLER, Barry	65/69 Newmarket	30.50	49	SHORT, Geoffrey	35/39 Bishop Stort	27.14
22	KLUSKIEWICZ, Jakub	35/39 Team Anglia	30.40	50	HARDY, James	35/39 Brentwood	27.05
23	HORROCKS, Ed	50/54 DunmowAtlant	29.78	51	BARLOW, Chris	40/44 Newmarket	27.03
24	LEWIS, Mark	40/44 Team Luton	29.53	52	HAILES, Martin	50/54 Team Waveney	27.00
25	GIBSON, Ian	40/44 Stevenage	29.40	53	SAUNDERS, Kai	25/29 Co Norwich	26.30
26	HARRIS, Benjamin	45/49 Linslade	29.33	54	NORTHOVER, Joe	30/34 Bo Newham	25.92
27	BANNING, Craig	50/54 Harlow Pen	29.29	55	ADDIS, Robert	18/24 West Norfolk	25.51
28	SHAW, Alistair	40/44 Flitwick	29.04	56	HOVEN, Tommy	25/29 Co Norwich	25.34

57	TOWNEND, Zach	18/24 Co Norwich	25.04	59	THOMAS-MANSFIELD, Jake	18/24 West Suffolk	24.46
58	BALDWIN, Zak	18/24 Newmarket	24.87				

EVENT 203 Female 50m Freestyle

1	BUCK, Vicki	70/74 Team Anglia	57.00	25	HAMMOND, Samantha	40/44 South Beds	32.03
2	DAY, Rachel	35/39 Deepings	50.63	26	CANNON, Gemma	30/34 Deben	31.64
3	BOCKING, Holly	18/24 Colchester PS14	49.89	27	GILBERTSON, Ella	18/24 Co Norwich	31.62
4	BESWICK, Agnieszka	40/44 Newmarket	39.75	28	RUSSELL, Nicola	45/49 DunmowAtlant	31.58
5	WHARTON, Harriet	40/44 Teddington	38.00	29	WESTERN, Jaye	25/29 Flitwick	31.26
6	WATSON, Gillian	40/44 Co Norwich	37.02	30	EDMONDS, Anne	50/54 Newmarket	31.26
7	AMARAL, Ines	35/39 Co Ely	36.55	31	ORDONEZ, Jenifer	35/39 Bexley Mast	31.04
8	LUTHER, Eileen	65/69 Rochford	35.74	32	STROUD, Rebecca	18/24 Brentwood	31.00
9	BELLWOOD, Sophie	18/24 Newmarket	35.19	33	WALKER, Emma	50/54 Co Cambridge	30.77
10	SNOOK, Phoebe	18/24 Kettering	35.11	34	HODGENS, Alexandra	40/44 Brentwood	30.70
11	SMITH, Sarah	40/44 Co Ely	34.06	35	NIEL, Eleanor	18/24 Newmarket	30.65
12	LIEBENBERG, Melanie	40/44 Newmarket	33.96	36	HARRIS, Maya	25/29 West Suffolk	30.55
13	PYE, Jane	55/59 Co Norwich	33.95	37	HOLMES, Katie	40/44 Harwich DP	29.70
14	MACKENZIE, Karen	50/54 Team Luton	33.80	38	WHEELER, Emma	25/29 teamipswich	29.65
15	BRETMAN, Katie	40/44 DunmowAtlant	33.68	39	WOOLNER, Elizabeth	55/59 Flitwick	29.60
16	STARR, Sue	45/49 Louth	33.66	40	SAMPHER, Bethany	25/29 Newmarket	29.58
17	FRESHER, Cara	30/34 Co Ely	33.22	41	FORDHAM, Alyson	65/69 Bishop Stort	29.45
18	SMITH, Nicola	45/49 Northampton	33.21	42	LOVE, Phoebe	25/29 Co Peterboro	29.39
19	CURTIN, Olivia	30/34 Stowmarket	33.10	43	ODELL, Charlotte	18/24 Co Norwich	29.32
20	ANDREW, Celly	18/24 Harlow Pen	33.00	44	HEARD, Alexandra	18/24 Co Norwich	28.19
21	KEDGE, Louise	35/39 Harlow Pen	32.85	45	CROCKER, Lucy	30/34 Stevenage	27.72
22	PERRIN, Siobhan	45/49 Harlow Pen	32.64	46	KING, Carla	40/44 South Beds	27.64
23	AVIS, Lauren	25/29 South Beds	32.53	47	SHAW, Jessica	18/24 Co Peterboro	26.78
24	KERSHAW, Hannah	35/39 Co Ely	32.24				

EVENT 204 Open/Male 100m Butterfly

1	BRADLEY, Sam	30/34 Team Luton S7	1:35.40	10	RICKETT, Matthew	40/44 Chelmsford	1:09.03
2	TRELFORD, Phillip	50/54 Co Ely	1:31.88	11	WALLACE, Ian	50/54 Brentwood	1:07.90
3	LELEAN, Adam	60/64 Diss Otters	1:30.77	12	ADDIS, Robert	18/24 West Norfolk	1:01.17
4	PIRRIE, David	65/69 Hemel Hemp	1:27.36	13	SHORT, Geoffrey	35/39 Bishop Stort	1:01.00
5	CHANDLER, Barry	65/69 Newmarket	1:18.00	14	NORTHOVER, Joe	30/34 Bo Newham	58.84
6	TATE, Alex	30/34 Co Cambridge	1:15.00	15	LLOYD, Jake	25/29 Bishop Stort	58.69
7	BAKER, Geoff	65/69 Rochford	1:14.53	16	DAVIS, Callum	18/24 Bishop Stort	56.59
8	COX, Joshua	30/34 Rochford	1:12.27	17	THOMAS-MANSFIELD, Jake	18/24 West Suffolk	56.37
9	ALLEN, Thomas	25/29 Flitwick	1:10.07				

EVENT 205 Female 100m Butterfly

1	JACKSON, Patricia	75/79 East Anglian	1:59.28	9	GILBERTSON, Ella	18/24 Co Norwich	1:17.85
2	SMITH, Sarah	40/44 Co Ely	1:30.00	10	PARSONS, Louise	40/44 Rochford	1:17.16
3	GEE, Lucy	18/24 Co Norwich	1:21.24	11	WHEELER, Emma	25/29 teamipswich	1:15.00
4	CRESSWELL, Josephine	55/59 East Anglian	1:20.74	12	WARD, Millie	18/24 Brentwood	1:15.00
5	LONG, Lizzie	40/44 Rochford	1:20.18	13	PEACOCK, Molly	18/24 West Suffolk	1:14.27
6	ROE, Lyndsay	40/44 Kettering	1:20.05	14	BELLINGER, Elizabeth	45/49 Bishop Stort	1:10.32
7	MARKWELL, Catherine	40/44 Co Norwich	1:20.00	15	JAMES, Niamh	18/24 Bishop Stort	1:06.94
8	ODELL, Charlotte	18/24 Co Norwich	1:20.00				

EVENT 206 Mixed 200m Backstroke

1	LELEAN, Sally	70/74 Diss Otters	4:04.72	8	LELEAN, Adam	60/64 Diss Otters	3:08.78
2	BOCKING, Holly	18/24 Colchester P S14	3:58.38	9	HATTON, Nicholas	35/39 Nofio Cymru	3:07.34
3	REYNOLDS, Patricia	70/74 Kettering	3:44.34	10	WALLACE, Ian	50/54 Brentwood	3:06.60
4	HODGENS, Alexandra	40/44 Brentwood	3:40.50	11	MORLEY, Ellen	25/29 Co Peterboro	3:00.51
5	O'ROURKE, John	55/59 Team Luton	3:26.58	12	HOLLAND, Melanie	50/54 Team Anglia	3:00.00
6	CHACKSFIELD, Justin	50/54 Kettering	3:23.00	13	LUCAS, Rob	50/54 Diss Otters	3:00.00
7	WRIGHT, Andrew	65/69 Stowmarket	3:13.68	14	MILLER, Robin	55/59 teamipswich	2:59.89

15	BRADLEY, Sam	30/34 Team Luton S7	2:59.51	22	STROUD, Rebecca	18/24 Brentwood	2:40.00
16	KEARNEY, David	30/34 Leyton	2:55.00	23	EVANS, Susan	45/49 Biggleswade	2:39.87
17	FORDHAM, Alyson	65/69 Bishop Stort	2:53.87	24	PEACOCK, Molly	18/24 West Suffolk	2:33.22
18	CANNON, Gemma	30/34 Deben	2:52.18	25	ALLEN, Thomas	25/29 Flitwick	2:30.97
19	BARKER, Dale	60/64 Felixstowe	2:50.85	26	WORTLEY, Samuel	18/24 West Suffolk	2:21.55
20	WHEELER, Emma	25/29 teamipswich	2:50.00	27	FORD, Thomas	18/24 Basildon Ph	2:14.34
21	HARRISON, Phillip	30/34 Felixstowe	2:41.50				

EVENT 207 Mixed 4x50m Medley Team

1	City Of Ely SC	200+ Co Ely	2:40.00	7	Bishops Stortford SC	072+ Bishop Stort	2:00.00
2	City Of Ely SC	160+ Co Ely	2:30.00	8	Harlow Penguin SC	072+ Harlow Pen	2:00.00
3	Flitwick Dolphins SC	160+ Flitwick	2:30.00	9	West Suffolk Swimming Club	072+ West Suffolk	2:00.00
4	Newmarket & Dist SC A	160+ Newmarket	2:30.00	10	City of Norwich SC	072+ Co Norwich	2:00.00
5	Newmarket & Dist SC B	160+ Newmarket	2:30.00	11	Kettering SC	072+ Kettering	2:00.00
6	City of Norwich SC	160+ Co Norwich	2:30.00				

EVENT 301 Mixed 400m Freestyle

1	FENSON, Melanie	50/54 Daventry	7:15.00	17	GILBERTSON, Ella	18/24 Co Norwich	5:17.29
2	ADAMS, Suzanne	50/54 Felixstowe	6:45.00	18	WEBB, Kate	30/34 Northampton	5:13.95
3	REYNOLDS, Patricia	70/74 Kettering	6:41.92	19	CANNON, Gemma	30/34 Deben	5:07.79
4	RAE, Peter	70/74 Otter	6:30.00	20	HOLMES, Katie	40/44 Harwich DP	5:06.01
5	STARR, Sue	45/49 Louth	6:25.62	21	ODELL, Charlotte	18/24 Co Norwich	5:05.50
6	TRELFORD, Phillip	50/54 Co Ely	6:09.38	22	TIERNAN, Niall	55/59 Brentwood	5:04.00
7	PERRIN, Siobhan	45/49 Harlow Pen	5:52.27	23	EVANS, Susan	45/49 Biggleswade	4:58.91
8	CHADDERTON, Lucy	40/44 West Norfolk	5:46.82	24	BEGG, Charlotte	30/34 Co Cambridge	4:50.39
9	O'ROURKE, John	55/59 Team Luton	5:46.00	25	ADDIS, Robert	18/24 West Norfolk	4:43.97
10	MACKENZIE, Karen	50/54 Team Luton	5:42.04	26	WALLACE, Ian	50/54 Brentwood	4:43.50
11	HATTON, Nicholas	35/39 Nofio Cymru	5:40.71	27	ALLEN, Thomas	25/29 Flitwick	4:42.62
12	HOLLAND, Melanie	50/54 Team Anglia	5:38.00	28	KIMPTON, Andrew	30/34 West Suffolk	4:33.58
13	KING, Carla	40/44 South Beds	5:32.03	29	DIXON, Peter	55/59 Bo Newham	4:30.08
14	POWELL, Graham	65/69 Team Luton	5:30.00	30	LLOYD, Jake	25/29 Bishop Stort	4:25.60
15	LONG, Lizzie	40/44 Rochford	5:26.48	31	FORD, Thomas	18/24 Basildon Ph	4:19.16
16	MARKWELL, Catherine	40/44 Co Norwich	5:17.73				

EVENT 302 Open/Male 50m Backstroke

1	MANN, Michael	65/69 Felixstowe	57.28	15	BEAL, Stephen	55/59 DunmowAtlant	36.27
2	COEKIN, Dietrich	70/74 Deben	47.66	16	BIRD, Owen	30/34 Putteridge	35.87
3	CLAYTON, James	18/24 Newmarket S14	44.78	17	BARKER, Dale	60/64 Felixstowe	34.95
4	COE, Steve	60/64 West Suffolk	41.03	18	MILLER, Robin	55/59 teamipswich	34.74
5	WRIGHT, Andrew	65/69 Stowmarket	40.98	19	PEAGRAM, Alistair	45/49 West Suffolk	34.66
6	MURRAY, Ian	65/69 Flitwick	40.29	20	BANNING, Craig	50/54 Harlow Pen	33.69
7	WINTER, Peter	40/44 Newmarket S10	38.83	21	BUCHAN, Simon	55/59 Co Norwich	32.82
8	FOSKETT, Mike	70/74 Hemel Hemp	38.60	22	ALLEN, Thomas	25/29 Flitwick	32.73
9	CHACKSFIELD, Justin	50/54 Kettering	38.26	23	SMART, Arthur	18/24 West Suffolk	31.88
10	FRESHER, Martyn	60/64 Co Ely	37.54	24	MILLER, Samuel	18/24 Rochford	31.50
11	KEARNEY, David	30/34 Leyton	37.00	25	HARRISON, Phillip	30/34 Felixstowe	31.25
12	HARRIS, Benjamin	45/49 Linslade	36.96	26	SHORT, Geoffrey	35/39 Bishop Stort	30.44
13	SOLE, Andrew	50/54 Co Ely	36.46	27	WORTLEY, Samuel	18/24 West Suffolk	29.23
14	MILBURN, Robert	50/54 Chelmsford	36.40	28	BALDWIN, Zak	18/24 Newmarket	28.87

EVENT 303 Female 50m Backstroke

1	BUCK, Vicki	70/74 Team Anglia	1:05.00	7	BELLWOOD, Sophie	18/24 Newmarket	41.18
2	LELEAN, Sally	70/74 Diss Otters	57.98	8	PERRIN, Siobhan	45/49 Harlow Pen	41.03
3	BOCKING, Holly	18/24 Colchester P S14	53.41	9	ORDONEZ, Jenifer	35/39 Bexley Mast	40.55
4	BESWICK, Agnieszka	40/44 Newmarket	51.40	10	SMITH, Nicola	45/49 Northampton	39.90
5	SADLER, Lorraine	50/54 Team Luton	49.64	11	SMITH, Sarah	40/44 Co Ely	39.22
6	JACKSON, Patricia	75/79 East Anglian	49.62	12	LUTHER, Eileen	65/69 Rochford	39.15

13	EDMONDS, Anne	50/54 Newmarket	38.44	19	WOOLNER, Elizabeth	55/59 Flitwick	35.00
14	HAMMOND, Samantha	40/44 South Beds	38.00	20	MARKWELL, Catherine	40/44 Co Norwich	34.91
15	FORDHAM, Alyson	65/69 Bishop Stort	37.61	21	STROUD, Rebecca	18/24 Brentwood	34.00
16	AVIS, Lauren	25/29 South Beds	36.28	22	SAMPHER, Bethany	25/29 Newmarket	33.11
17	ROE, Lyndsay	40/44 Kettering	36.00	23	PEACOCK, Molly	18/24 West Suffolk	32.94
18	ANDREW, Celly	18/24 Harlow Pen	36.00	24	SHAW, Jessica	18/24 Co Peterboro	31.10

EVENT 304 Open/Male 100m Individual Medley

1	GARRY, Robert	60/64 Mildenhall	1:55.00	18	KEARNEY, David	30/34 Leyton	1:20.00
2	MANN, Michael	65/69 Felixstowe	1:50.64	19	BEATTIE, David	40/44 St Neot Swan	1:19.58
3	TAYLOR, Jason	55/59 Co Norwich	1:47.22	20	LUCAS, Rob	50/54 Diss Otters	1:18.00
4	MILLER, Robin	55/59 teamipswich	1:45.24	21	SMITH, Alexander	40/44 Harlow Pen	1:16.22
5	COEKIN, Dietrich	70/74 Deben	1:42.00	22	LEWIS, Mark	40/44 Team Luton	1:16.04
6	MURRAY, Ian	65/69 Flitwick	1:40.00	23	BRYSTOW, Peter	30/34 Huntingdon	1:15.00
7	PEACOCK, Kevin	45/49 Harlow Pen	1:33.25	24	KOSZUT, Joe	25/29 South Beds	1:12.89
8	O'ROURKE, John	55/59 Team Luton	1:33.00	25	COX, Joshua	30/34 Rochford	1:10.87
9	TRELFORD, Phillip	50/54 Co Ely	1:29.85	26	SIDNEY-ROBERTS, William	18/24 Co Norwich	1:10.45
10	WHITELOCK, Lewis	40/44 Basildon Ph	1:28.00	27	RICKETT, Matthew	40/44 Chelmsford	1:10.26
11	CUMMINS, Andrew	45/49 St Neot Swan	1:26.81	28	SMART, Arthur	18/24 West Suffolk	1:09.30
12	KLUSKIEWICZ, Jakub	35/39 Team Anglia	1:25.00	29	DAVIS, Daniel	30/34 South Beds	1:09.03
13	STRAKOSCH, Mark	60/64 Berkhamsted	1:24.00	30	TOWNEND, Zach	18/24 Co Norwich	1:05.66
14	LELEAN, Adam	60/64 Diss Otters	1:23.23	31	CONWAY, James	45/49 Ware	1:05.35
15	PIRRIE, David	65/69 Hemel Hemp	1:23.20	32	GUNAWARDENA, Luca	18/24 Co Norwich	1:04.89
16	WALLACE, Ian	50/54 Brentwood	1:22.00	33	ADDIS, Robert	18/24 West Norfolk	1:03.93
17	HORROCKS, Ed	50/54 DunmowAtlant	1:21.87	34	AGIUS, Andrea	25/29 Newmarket	1:01.86

EVENT 305 Female 100m Individual Medley

1	JACKSON, Patricia	75/79 East Anglian	1:51.93	18	GEE, Lucy	18/24 Co Norwich	1:21.55
2	BESWICK, Agnieszka	40/44 Newmarket	1:51.49	19	GILBERTSON, Ella	18/24 Co Norwich	1:20.75
3	SADLER, Lorraine	50/54 Team Luton	1:50.87	20	CANNON, Gemma	30/34 Deben	1:20.70
4	ADAMS, Suzanne	50/54 Felixstowe	1:43.02	21	RUSSELL, Nicola	45/49 DunmowAtlant	1:20.53
5	BEAN, Dale	18/24 Biggleswade	1:42.30	22	WHARTON, Harriet	40/44 Teddington	1:20.00
6	PYE, Jane	55/59 Co Norwich	1:38.74	23	FORDHAM, Alyson	65/69 Bishop Stort	1:19.69
7	WATSON, Gillian	40/44 Co Norwich	1:30.00	24	WHEELER, Emma	25/29 teamipswich	1:18.00
8	HODGENS, Alexandra	40/44 Brentwood	1:28.30	25	BUSH, Louise	30/34 Co Norwich	1:17.73
9	KEDGE, Louise	35/39 Harlow Pen	1:28.11	26	STROUD, Rebecca	18/24 Brentwood	1:17.00
10	PERRIN, Siobhan	45/49 Harlow Pen	1:27.80	27	WEBB, Kate	30/34 Northampton	1:16.92
11	CASSIDY, Megan	30/34 West Suffolk	1:26.90	28	MORLEY, Ellen	25/29 Co Peterboro	1:15.51
12	AVIS, Lauren	25/29 South Beds	1:26.26	29	LOVE, Phoebe	25/29 Co Peterboro	1:15.00
13	SMITH, Sarah	40/44 Co Ely	1:26.00	30	NIEL, Eleanor	18/24 Newmarket	1:14.47
14	CURTIN, Olivia	30/34 Stowmarket	1:23.10	31	PALMER, Dawn	45/49 Basildon Ph	1:13.97
15	WESTERN, Jaye	25/29 Flitwick	1:22.13	32	HEARD, Alexandra	18/24 Co Norwich	1:08.06
16	EDMONDS, Anne	50/54 Newmarket	1:21.96	33	SHAW, Jessica	18/24 Co Peterboro	1:07.75
17	ORDONEZ, Jenifer	35/39 Bexley Mast	1:21.81	34	JAMES, Niamh	18/24 Bishop Stort	1:06.56

EVENT 306 Mixed 200m Breaststroke

1	DAY, Rachel	35/39 Deepings	4:49.59	12	STRAKOSCH, Mark	60/64 Berkhamsted	3:30.58
2	BOCKING, Holly	18/24 Colchester P SB14	4:33.50	13	TURNBULL, Glen	45/49 West Suffolk	3:30.00
3	ROMAIN, Michele	60/64 DunmowAtlant	3:57.60	14	HUNT, Nicholas	65/69 Witham Dolph	3:28.00
4	MILLER, Robin	55/59 teamipswich	3:53.62	15	LELEAN, Adam	60/64 Diss Otters	3:19.00
5	MANN, Michael	65/69 Felixstowe	3:53.40	16	NEVIN, Heidi	55/59 Rochford	3:18.65
6	BRETMAN, Katie	40/44 DunmowAtlant	3:40.35	17	HARRIS, Maya	25/29 West Suffolk	3:15.91
7	WRIGHT, Andrew	65/69 Stowmarket	3:39.04	18	IRISH, Adam	40/44 Newmarket	3:05.99
8	WINTER, Peter	40/44 Newmarket SB9	3:38.66	19	READING, Victoria	35/39 Northampton	3:05.00
9	TRELFORD, Phillip	50/54 Co Ely	3:38.18	20	BARKER, Victoria	45/49 Harrogate	3:03.64
10	ORCHARD, Chris	65/69 Deepings	3:33.67	21	BUSH, Louise	30/34 Co Norwich	3:01.86
11	KERSHAW, Hannah	35/39 Co Ely	3:31.25	22	BELL, Jonathon	50/54 Co Cambridge	3:00.30

23	HOLMES, Katie	40/44 Harwich DP	2:56.50	25	MILBURN, Robert	50/54 Chelmsford	2:45.69
24	MORGAN, Christopher	50/54 Otter	2:54.47	26	AGIUS, Andrea	25/29 Newmarket	2:30.30

EVENT 401 Open/Male 50m Butterfly

1	MANN, Michael	65/69 Felixstowe	48.65	24	MITCHELL, Max	35/39 Co Norwich	31.94
2	COEKIN, Dietrich	70/74 Deben	46.22	25	BANNING, Craig	50/54 Harlow Pen	31.92
3	TAYLOR, Jason	55/59 Co Norwich	42.55	26	CHANDLER, Barry	65/69 Newmarket	31.68
4	CHACKSFIELD, Justin	50/54 Kettering	40.27	27	TATE, Alex	30/34 Co Cambridge	31.61
5	BRITTAIN, Toby	50/54 Team Anglia	38.46	28	BEATTIE, David	40/44 St Neot Swan	31.13
6	HALL, Jon	55/59 Huntingdon	38.00	29	CARTER, James	35/39 Newmarket	31.00
7	FOSKETT, Mike	70/74 Hemel Hemp	37.50	30	COX, Joshua	30/34 Rochford	30.87
8	COE, Steve	60/64 West Suffolk	36.77	31	RICKETT, Matthew	40/44 Chelmsford	30.55
9	KEARNEY, David	30/34 Leyton	36.00	32	MILLER, Samuel	18/24 Rochford	30.50
10	MCSHEA, Brian	60/64 East Anglian	36.00	33	BARLOW, Chris	40/44 Newmarket	30.10
11	HARRIS, Benjamin	45/49 Linslade	35.94	34	SIDNEY-ROBERTS, William	18/24 Co Norwich	30.06
12	FRESHER, Martyn	60/64 Co Ely	34.76	35	MACDONALD, Andrew	30/34 Stevenage	28.60
13	MORGANS, Simon	50/54 Hertford	34.20	36	SMART, Arthur	18/24 West Suffolk	27.77
14	TIERNAN, Niall	55/59 Brentwood	34.00	37	BARNETT, Liam	35/39 Co Cambridge	27.50
15	CUMMINS, Andrew	45/49 St Neot Swan	33.95	38	SHORT, Geoffrey	35/39 Bishop Stort	27.34
16	BANWELL, Mark	60/64 Co Ely	33.82	39	LLOYD, Jake	25/29 Bishop Stort	27.25
17	HATTON, Nicholas	35/39 Nofio Cymru	33.73	40	ADDIS, Robert	18/24 West Norfolk	27.23
18	HORROCKS, Ed	50/54 DunmowAtlant	33.50	41	BALDWIN, Zak	18/24 Newmarket	27.00
19	LUCAS, Rob	50/54 Diss Otters	33.15	42	TOWNEND, Zach	18/24 Co Norwich	26.61
20	KLUSKIEWICZ, Jakub	35/39 Team Anglia	32.78	43	NORTHOVER, Joe	30/34 Bo Newham	25.98
21	GIBSON, Ian	40/44 Stevenage	32.50	44	THOMAS-MANSFIELD, Jake	18/24 West Suffolk	25.96
22	POTTS, Martin	30/34 Co Cambridge	32.00	45	DAVIS, Callum	18/24 Bishop Stort	25.63
23	BEAL, Stephen	55/59 DunmowAtlant	31.98				

EVENT 402 Female 50m Butterfly

1	BOCKING, Holly	18/24 Colchester P S14	52.89	17	ROE, Lyndsay	40/44 Kettering	34.27
2	JACKSON, Patricia	75/79 East Anglian	51.71	18	HAMMOND, Samantha	40/44 South Beds	34.25
3	BESWICK, Agnieszka	40/44 Newmarket	46.42	19	PARSONS, Louise	40/44 Rochford	33.94
4	WHARTON, Harriet	40/44 Teddington	42.00	20	MORLEY, Ellen	25/29 Co Peterboro	33.80
5	BEAN, Dale	18/24 Biggleswade	40.30	21	WALKER, Emma	50/54 Co Cambridge	33.44
6	LUTHER, Eileen	65/69 Rochford	39.23	22	PEACOCK, Molly	18/24 West Suffolk	33.27
7	MACKENZIE, Karen	50/54 Team Luton	38.31	23	PALMER, Dawn	45/49 Basildon Ph	33.10
8	SMITH, Sarah	40/44 Co Ely	38.00	24	NIEL, Eleanor	18/24 Newmarket	33.05
9	CASSIDY, Megan	30/34 West Suffolk	37.45	25	GILBERTSON, Ella	18/24 Co Norwich	32.82
10	EDMONDS, Anne	50/54 Newmarket	36.15	26	LOVE, Phoebe	25/29 Co Peterboro	31.53
11	WARD, Lisa	45/49 Deben	36.13	27	CROCKER, Lucy	30/34 Stevenage	31.07
12	CURTIN, Olivia	30/34 Stowmarket	36.10	28	SAMPHER, Bethany	25/29 Newmarket	30.07
13	CANNON, Gemma	30/34 Deben	35.51	29	WARD, Millie	18/24 Brentwood	30.00
14	LONG, Lizzie	40/44 Rochford	35.20	30	HEARD, Alexandra	18/24 Co Norwich	29.94
15	ANDREW, Celly	18/24 Harlow Pen	35.00	31	SHAW, Jessica	18/24 Co Peterboro	28.83
16	RUSSELL, Nicola	45/49 DunmowAtlant	34.73				

EVENT 403 Open/Male 100m Breaststroke

1	MCSHEA, Brian	60/64 East Anglian	1:50.00	11	LELEAN, Adam	60/64 Diss Otters	1:29.61
2	MANN, Michael	65/69 Felixstowe	1:48.23	12	HAWKINS, Michael	45/49 Northampton	1:27.67
3	TRELFORD, Phillip	50/54 Co Ely	1:36.90	13	CLASBY, Simon	45/49 Co Ely	1:26.74
4	HALL, Jon	55/59 Huntingdon	1:35.00	14	MORGANS, Simon	50/54 Hertford	1:25.80
5	WINTER, Peter	40/44 Newmarket SB9	1:34.42	15	LEWIS, Mark	40/44 Team Luton	1:25.01
6	SANFORD, Gary	65/69 St Albans Ma	1:32.99	16	IRISH, Adam	40/44 Newmarket	1:23.29
7	TURNBULL, Glen	45/49 West Suffolk	1:32.84	17	PIRRIE, David	65/69 Hemel Hemp	1:23.14
8	HUNT, Nicholas	65/69 Witham Dolph	1:31.00	18	BURNS, Thomas	25/29 Team Luton	1:23.06
9	KEARNEY, David	30/34 Leyton	1:30.00	19	MORGAN, Christopher	50/54 Otter	1:22.63
10	KLUSKIEWICZ, Jakub	35/39 Team Anglia	1:30.00	20	BELL, Jonathon	50/54 Co Cambridge	1:22.63

21	GIBSON, Ian	40/44 Stevenage	1:22.50	25	CONWAY, James	45/49 Ware	1:13.25
22	COX, Joshua	30/34 Rochford	1:20.06	26	MACDONALD, Andrew	30/34 Stevenage	1:10.90
23	MILBURN, Robert	50/54 Chelmsford	1:16.82	27	AGIUS, Andrea	25/29 Newmarket	1:06.12
24	POTTS, Martin	30/34 Co Cambridge	1:13.80	28	HAMILTON, Thomas	18/24 Co Cambridge	1:02.96

EVENT 404 Female 100m Breaststroke

1	DAY, Rachel	35/39 Deepings	2:11.63	9	WATSON, Gillian	40/44 Co Norwich	1:40.01
2	LELEAN, Sally	70/74 Diss Otters	2:08.06	10	WESTERN, Jaye	25/29 Flitwick	1:25.11
3	JACKSON, Patricia	75/79 East Anglian	2:01.15	11	DAVIS, Helen	50/54 Team Anglia	1:22.32
4	PYE, Jane	55/59 Co Norwich	1:49.00	12	BUSH, Louise	30/34 Co Norwich	1:22.12
5	ROMAIN, Michele	60/64 DunmowAtlant	1:48.43	13	BARKER, Victoria	45/49 Harrogate	1:20.65
6	ADCOCK, Sarah	55/59 Co Norwich	1:46.54	14	HOLMES, Katie	40/44 Harwich DP	1:20.03
7	ADAMS, Suzanne	50/54 Felixstowe	1:46.00	15	KING, Carla	40/44 South Beds	1:19.34
8	BEAN, Dale	18/24 Biggleswade	1:45.30	16	JAMES, Niamh	18/24 Bishop Stort	1:15.86

EVENT 405 Mixed 200m Freestyle

1	RAE, Peter	70/74 Otter	3:10.00	18	SQUIRES, Andrew	50/54 Team Anglia	2:22.09
2	HODGENS, Alexandra	40/44 Brentwood	3:00.00	19	TIERNAN, Niall	55/59 Brentwood	2:22.00
3	HALL, Jon	55/59 Huntingdon	2:55.00	20	WALLACE, Ian	50/54 Brentwood	2:17.38
4	SNOOK, Phoebe	18/24 Kettering	2:54.74	21	BIRD, Owen	30/34 Putteridge	2:16.17
5	WHITELOCK, Lewis	40/44 Basildon Ph	2:54.25	22	BEGG, Charlotte	30/34 Co Cambridge	2:16.07
6	STARR, Sue	45/49 Louth	2:53.92	23	TOWNEND, Zach	18/24 Co Norwich	2:15.00
7	WARD, Lisa	45/49 Deben	2:50.00	24	HEARD, Alexandra	18/24 Co Norwich	2:14.77
8	ORCHARD, Chris	65/69 Deepings	2:48.00	25	SAUNDERS, Kai	25/29 Co Norwich	2:14.00
9	GEE, Lucy	18/24 Co Norwich	2:42.19	26	ALLEN, Thomas	25/29 Flitwick	2:13.88
10	KERSHAW, Hannah	35/39 Co Ely	2:38.00	27	HOVEN, Tommy	25/29 Co Norwich	2:12.00
11	POWELL, Graham	65/69 Team Luton	2:35.00	28	WORTLEY, Samuel	18/24 West Suffolk	2:11.51
12	WEBB, Kate	30/34 Northampton	2:32.82	29	HARDY, James	35/39 Brentwood	2:10.14
13	WINTER, Sally	60/64 Bishop Stort	2:32.50	30	BARNETT, Liam	35/39 Co Cambridge	2:10.00
14	LELEAN, Adam	60/64 Diss Otters	2:32.40	31	ADDIS, Robert	18/24 West Norfolk	2:07.59
15	EVANS, Susan	45/49 Biggleswade	2:24.86	32	DIXON, Peter	55/59 Bo Newham	2:06.95
16	ODELL, Charlotte	18/24 Co Norwich	2:23.45	33	FORD, Thomas	18/24 Basildon Ph	1:59.73
17	SMITH, Alexander	40/44 Harlow Pen	2:22.40				

EVENT 406 Open/Male 100m Backstroke

1	GARRY, Robert	60/64 Mildenhall	1:50.00	10	BEAL, Stephen	55/59 DunmowAtlant	1:18.42
2	TRELFORD, Phillip	50/54 Co Ely	1:36.29	11	BURNS, Thomas	25/29 Team Luton	1:17.00
3	WALLACE, Ian	50/54 Brentwood	1:35.00	12	BANNING, Craig	50/54 Harlow Pen	1:13.84
4	MURRAY, Ian	65/69 Flitwick	1:33.01	13	BUCHAN, Simon	55/59 Co Norwich	1:13.48
5	LELEAN, Adam	60/64 Diss Otters	1:30.93	14	KOSZUT, Joe	25/29 South Beds	1:10.00
6	FRESHER, Martyn	60/64 Co Ely	1:23.45	15	MILLER, Samuel	18/24 Rochford	1:10.00
7	WINTER, Peter	40/44 Newmarket S10	1:23.43	16	ALLEN, Thomas	25/29 Flitwick	1:09.66
8	HATTON, Nicholas	35/39 Nofio Cymru	1:23.26	17	HARRISON, Phillip	30/34 Felixstowe	1:08.75
9	BARKER, Dale	60/64 Felixstowe	1:19.47	18	BALDWIN, Zak	18/24 Newmarket	1:04.29

EVENT 407 Female 100m Backstroke

1	LELEAN, Sally	70/74 Diss Otters	2:01.28	7	AVIS, Lauren	25/29 South Beds	1:19.95
2	BOCKING, Holly	18/24 Colchester P S14	1:51.34	8	GILBERTSON, Ella	18/24 Co Norwich	1:17.61
3	JACKSON, Patricia	75/79 East Anglian	1:50.78	9	WOOLNER, Elizabeth	55/59 Flitwick	1:16.60
4	REYNOLDS, Patricia	70/74 Kettering	1:47.75	10	PEACOCK, Molly	18/24 West Suffolk	1:11.21
5	HODGENS, Alexandra	40/44 Brentwood	1:28.30	11	SHAW, Jessica	18/24 Co Peterboro	1:08.71
6	SMITH, Sarah	40/44 Co Ely	1:26.59				

EVENT 408 Mixed 4x50m Freestyle Team

1	City Of Ely SC	200+	Co Ely	2:40.00	7	Newmarket & Dist SC	120+	Newmarket	2:20.00
2	Newmarket & Dist SC	200+	Newmarket	2:40.00	8	Bishops Stortford SC	072+	Bishop Stort	2:00.00
3	City Of Ely SC	160+	Co Ely	2:30.00	9	Harlow Penguin SC	072+	Harlow Pen	2:00.00
4	Dunmow Atlantis SC	160+	DunmowAtlant	2:30.00	10	Newmarket & Dist SC	072+	Newmarket	2:00.00
5	Flitwick Dolphins SC	160+	Flitwick	2:30.00	11	West Suffolk Swimming Club	072+	West Suffolk	2:00.00
6	City of Norwich SC	160+	Co Norwich	2:30.00	12	City of Norwich SC	072+	Co Norwich	2:00.00
					13	Kettering SC	072+	Kettering	2:00.00

EVENT 501 Open/Male 50m Breaststroke

1	COEKIN, Dietrich	70/74	Deben	48.91	16	KLUSKIEWICZ, Jakub	35/39	Team Anglia	37.00
2	MANN, Michael	65/69	Felixstowe	48.22	17	KING, Graham	60/64	Hadleigh	36.92
3	WINTER, Peter	40/44	Newmarket SB9	43.65	18	BANNING, Craig	50/54	Harlow Pen	36.29
4	TRELFORD, Phillip	50/54	Co Ely	43.31	19	GIBSON, Ian	40/44	Stevenage	36.20
5	HUNT, Nicholas	65/69	Witham Dolph	42.00	20	COX, Joshua	30/34	Rochford	36.01
6	TURNBULL, Glen	45/49	West Suffolk	41.76	21	MORGANS, Simon	50/54	Hertford	35.50
7	CHACKSFIELD, Justin	50/54	Kettering	41.51	22	MILBURN, Robert	50/54	Chelmsford	35.42
8	PEACOCK, Kevin	45/49	Harlow Pen	40.81	23	MITCHELL, Max	35/39	Co Norwich	34.81
9	SANFORD, Gary	65/69	St Albans Ma	40.74	24	CARTER, James	35/39	Newmarket	34.00
10	MORGAN, Christopher	50/54	Otter	38.64	25	HAILES, Martin	50/54	Team Waveney	33.50
11	LUCAS, Rob	50/54	Diss Otters	38.24	26	CONWAY, James	45/49	Ware	33.07
12	HAWKINS, Michael	45/49	Northampton	38.10	27	POTTS, Martin	30/34	Co Cambridge	32.96
13	BURNS, Thomas	25/29	Team Luton	37.17	28	MACDONALD, Andrew	30/34	Stevenage	32.23
14	BELL, Jonathon	50/54	Co Cambridge	37.17	29	AGIUS, Andrea	25/29	Newmarket	29.89
15	FRESHER, Martyn	60/64	Co Ely	37.15	30	HAMILTON, Thomas	18/24	Co Cambridge	28.74

EVENT 502 Female 50m Breaststroke

1	DAY, Rachel	35/39	Deepings	56.85	13	BRETMAN, Katie	40/44	DunmowAtlant	42.73
2	SNOOK, Phoebe	18/24	Kettering	54.07	14	PALMER, Dawn	45/49	Basildon Ph	40.50
3	SADLER, Lorraine	50/54	Team Luton	52.02	15	WESTERN, Jaye	25/29	Flitwick	39.32
4	CASSIDY, Megan	30/34	West Suffolk	50.00	16	BUSH, Louise	30/34	Co Norwich	37.96
5	ROMAIN, Michele	60/64	DunmowAtlant	49.17	17	HARRIS, Maya	25/29	West Suffolk	37.65
6	BELLWOOD, Sophie	18/24	Newmarket	48.00	18	DAVIS, Helen	50/54	Team Anglia	37.10
7	AMARAL, Ines	35/39	Co Ely	47.90	19	NIEL, Eleanor	18/24	Newmarket	36.93
8	ADAMS, Suzanne	50/54	Felixstowe	47.57	20	BARKER, Victoria	45/49	Harrogate	35.88
9	STARR, Sue	45/49	Louth	47.55	21	HOLMES, Katie	40/44	Harwich DP	35.68
10	ADCOCK, Sarah	55/59	Co Norwich	46.64	22	CROCKER, Lucy	30/34	Stevenage	34.45
11	RUSSELL, Nicola	45/49	DunmowAtlant	43.96	23	KING, Carla	40/44	South Beds	34.21
12	PYE, Jane	55/59	Co Norwich	43.58					

EVENT 503 Open/Male 100m Freestyle

1	MANN, Michael	65/69	Felixstowe	1:37.25	17	CHANDLER, Barry	65/69	Newmarket	1:08.91
2	RAE, Peter	70/74	Otter	1:30.00	18	HORROCKS, Ed	50/54	DunmowAtlant	1:08.56
3	GARRY, Robert	60/64	Mildenhall	1:30.00	19	TIERNAN, Niall	55/59	Brentwood	1:08.00
4	WILSON, Douglas	75/79	Co Cambridge	1:23.32	20	HARRIS, Benjamin	45/49	Linslade	1:06.32
5	COEKIN, Dietrich	70/74	Deben	1:21.96	21	PEAGRAM, Alistair	45/49	West Suffolk	1:05.91
6	WHITELOCK, Lewis	40/44	Basildon Ph	1:20.00	22	HAWKINS, Michael	45/49	Northampton	1:05.80
7	TAYLOR, Jason	55/59	Co Norwich	1:19.88	23	LEWIS, Mark	40/44	Team Luton	1:05.51
8	TRELFORD, Phillip	50/54	Co Ely	1:19.00	24	TATE, Alex	30/34	Co Cambridge	1:04.98
9	BRITTAI, Toby	50/54	Team Anglia	1:14.42	25	IRISH, Adam	40/44	Newmarket	1:03.23
10	WINTER, Peter	40/44	Newmarket S10	1:12.50	26	COX, Joshua	30/34	Rochford	1:02.72
11	LELEAN, Adam	60/64	Diss Otters	1:12.43	27	MILBURN, Robert	50/54	Chelmsford	1:02.05
12	MURRAY, Ian	65/69	Flitwick	1:12.10	28	BRYSTOW, Peter	30/34	Huntingdon	1:01.85
13	COE, Steve	60/64	West Suffolk	1:12.00	29	HARRISON, Phillip	30/34	Felixstowe	1:01.25
14	POWELL, Graham	65/69	Team Luton	1:11.80	30	MITCHELL, Max	35/39	Co Norwich	1:01.23
15	ROE, David	40/44	Kettering	1:11.03	31	SIDNEY-ROBERTS, William	18/24	Co Norwich	1:00.97
16	HATTON, Nicholas	35/39	Nofio Cymru	1:10.51	32	DAVIS, Daniel	30/34	South Beds	1:00.92

33	BUCHAN, Simon	55/59 Co Norwich	1:00.92	40	TOWNEND, Zach	18/24 Co Norwich	57.54
34	ALLEN, Thomas	25/29 Flitwick	1:00.18	41	BALDWIN, Zak	18/24 Newmarket	57.25
35	SAUNDERS, Kai	25/29 Co Norwich	1:00.00	42	FORD, Thomas	18/24 Basildon Ph	56.97
36	MILLER, Samuel	18/24 Rochford	1:00.00	43	HOVEN, Tommy	25/29 Co Norwich	56.62
37	SQUIRES, Andrew	50/54 Team Anglia	59.47	44	ADDIS, Robert	18/24 West Norfolk	56.12
38	HARDY, James	35/39 Brentwood	59.00	45	BARNETT, Liam	35/39 Co Cambridge	56.00
39	NORTHOVER, Joe	30/34 Bo Newham	58.79	46	THOMAS-MANSFIELD, Jake	18/24 West Suffolk	53.61

EVENT 504 Female 100m Freestyle

1	DAY, Rachel	35/39 Deepings	2:08.64	14	CURTIN, Olivia	30/34 Stowmarket	1:12.50
2	REYNOLDS, Patricia	70/74 Kettering	1:32.64	15	EDMONDS, Anne	50/54 Newmarket	1:11.26
3	SADLER, Lorraine	50/54 Team Luton	1:31.60	16	PARSONS, Louise	40/44 Rochford	1:10.35
4	ADAMS, Suzanne	50/54 Felixstowe	1:27.09	17	WINTER, Sally	60/64 Bishop Stort	1:09.50
5	LIEBENBERG, Melanie	40/44 Newmarket	1:19.36	18	WESTERN, Jaye	25/29 Flitwick	1:08.74
6	KEDGE, Louise	35/39 Harlow Pen	1:16.88	19	GILBERTSON, Ella	18/24 Co Norwich	1:07.56
7	LONG, Lizzie	40/44 Rochford	1:16.24	20	HOLMES, Katie	40/44 Harwich DP	1:05.94
8	BRETMAN, Katie	40/44 DunmowAtlant	1:15.49	21	ROE, Lyndsay	40/44 Kettering	1:04.99
9	HODGENS, Alexandra	40/44 Brentwood	1:15.30	22	ODELL, Charlotte	18/24 Co Norwich	1:04.19
10	SMITH, Nicola	45/49 Northampton	1:15.09	23	HEARD, Alexandra	18/24 Co Norwich	1:02.38
11	WHARTON, Harriet	40/44 Teddington	1:15.00	24	BEGG, Charlotte	30/34 Co Cambridge	1:01.82
12	AVIS, Lauren	25/29 South Beds	1:13.75	25	SHAW, Jessica	18/24 Co Peterboro	58.68
13	GEE, Lucy	18/24 Co Norwich	1:12.90				

EVENT 505 Mixed 200m Butterfly

1	STEELE, Jeanne	25/29 Co Ely	3:45.00	5	WARD, Millie	18/24 Brentwood	2:40.00
2	TRELFORD, Phillip	50/54 Co Ely	3:37.03	6	ALLEN, Thomas	25/29 Flitwick	2:38.71
3	LELEAN, Adam	60/64 Diss Otters	3:18.27	7	WALLACE, Ian	50/54 Brentwood	2:32.71
4	PARSONS, Louise	40/44 Rochford	3:15.50	8	THOMAS-MANSFIELD, Jake	18/24 West Suffolk	2:05.38