

SHARE:

[Join Our Email List](#)

Swim England East Region Members Newsletter | August 2024



## Welcome to our August Members Newsletter



### Swim England East Region Masters Championships 2024

This year's SEER Masters Championships will be held on 29th September at Newmarket Leisure Centre.

For the first time, this will include Para awards, plus a Top Team award and Top Individual Open/Male and Female awards for East Region Club's and East Region swimmers only.

The closing date for entries is midnight on September 18th 2024.



[Enter This Event](#)

### East Region Para-Swimming Meet 2024



Swim England East Region will be holding their Para-Swimming Meet at Newmarket Leisure Centre,

Date: Sunday 22nd September 2024

Time: Warm up 3:30pm with a start time of 4pm

Closing Date: Wednesday 21st August 2024

[Enter This Event](#)

### SEER Short Course Championships

Entries are now open for this year's SEER Short Course Championships

We look forward to welcoming the region's clubs and their supporters to Luton; the championships will take place over the weekend of 1st-3rd November 2024.

The race schedule, qualifying standards and entry pack for the Short Course Championships have been added to the swimming competitions page.



[More Information](#)

## Artistic Swimming Regional Games Development Squad

Swim England, East Region are very excited to announce that we will be building on our recent success of competing at the National Artistic Regional Games competition,

We are creating a Squad of the top East Region Artistic Swimmers to compete at next year's Regional Games. If you would like to be considered to be part of the squad or more information on the event, please see our Website.



[More Information](#)

## East Region Welfare

### Club Welfare Officer details

To support and protect SE Members it is important that Club Welfare Officer's name and contact email address should be displayed in a prominent position on club websites or social media accounts. This also assists National, Regional, County Welfare officers and SE Safeguarding contacting the right person.



To maintain confidentiality Welfare Officer email accounts should only be accessible by the Welfare Officer and should not be a generic "contact us" form that is then directed to the Club Welfare Officer.

Clubs are asked to ensure that the Club Welfare Officer details are updated on OMS under officers and are listed as Welfare Officer.

Other useful details for club members on your Safeguarding and Welfare page are:-

- County Welfare officer name and email address
- Regional Welfare Officer name and email address [eastwelfare@swimming.org](mailto:eastwelfare@swimming.org)
- SE Safeguarding email [safeguarding@swimming.org](mailto:safeguarding@swimming.org)
- How to raise a Safeguarding concern with SE <https://www.swimming.org/swimengland/how-raise-concern-complaint/>
- NSPCC <https://www.nspcc.org.uk/>

### National Welfare Officer Forum

The next National Welfare Officer Forum is on Wednesday 21st August at 6.30pm. If you are not registered to receive the notifications regarding the National Welfare Forum please email [clubdevelopment@swimming.org](mailto:clubdevelopment@swimming.org) who will send you the link to register.

### Welfare Contacts

Regional Welfare Officer – Fran [fran.vesztrocy@swimming.org](mailto:fran.vesztrocy@swimming.org) or [eastwelfare@swimming.org](mailto:eastwelfare@swimming.org)  
SE DBS – [DBS@swimming.org](mailto:DBS@swimming.org)  
SE Safeguarding – [safeguarding@swimming.org](mailto:safeguarding@swimming.org)

## Masters / Adults only clubs



This is a gentle reminder that from **1 August 2024**, masters / adult-only clubs need to have a named lead welfare officer that has up-to-date training. We introduced and announced this requirement at the beginning of the year, following the update of Wavepower.

We understand this requires time and effort from clubs to implement, however this is an important change to ensure our members know they are part of a safe and positive environment

whilst at your club.

If you have any questions, please contact the Region, or email the SE **Development team**.

## Welfare Officer Training for Clubs who run LTS

Don't miss out on the opportunity to get your designated welfare officer upskilled with the swim school specific Time to Listen course coming up on Wednesday 7th August!

Here is what you need to know:

- The course is from 10:00-13:00
- It is held online via Zoom
- All attendees must have a valid pre-requisite safeguarding qualification
- Delivered by a friendly and experienced tutor

Do not delay and book your space today!! To book your space now please email [learntoswim@swimming.org](mailto:learntoswim@swimming.org)

## Club Constitutions



Your club constitution should be prominently displayed on your website so that all members have easy access to it.

When it is updated please ensure that your website is also updated.

**Please ensure all communications regarding constitutions are sent to [membership@eastswimming.org](mailto:membership@eastswimming.org) and NOT to our Membership Officer, Chris Galer's personal email address.**

## Qualifications

### **East Region-Based Qualifications:**

- 10966: [Swim England Assistant Swimming Coach - Blended Learning](#) - 23/08/24: Brentwood Centre
- 10919: [Swim England Swimming Coach - Blended Learning](#) - 02/09/24: Runnymede Leisure Centre
- 10087: [Swim England Assistant Swimming Coach - Blended Learning](#) - 10/09/24: Tiddenfoot Leisure Centre
- 10159: [Swim England Assistant Water Polo Coach – Blended Learning](#) 01/10/24: Riverside Leisure Centre - Chelmsford
- 10011: [Swim England Assistant Swimming Coach - Blended Learning](#) - 04/10/24: John Warner Sports Centre
- 10067: [Swim England Swimming Coach - Blended Learning](#) - 07/10/24: Stanground Sports Centre

- 10284: [Swim England Swimming Coach - Blended Learning](#) - 07/10/2024: Inspire: Luton Sports Village
- 10068: [Swim England Assistant Swimming Coach - Blended Learning](#) - 08/10/2024: Stanground Sports Centre
- 12207: [Swim England Swimming Coach](#) - Blended Learning - 13/11/24: University of East Anglia

## Hints and Tips for clubs

### Minutes of Annual General Meetings

There is now a template for recording the minutes of your club AGM (or SGM) which can be found in the TEMPLATE section of Element 5 in the affiliation portal.



**Meeting  
Minutes**

## Regional Staff Team Contacts

**James Salmon**  
**Regional Manager**

[james.salmon@swimming.org](mailto:james.salmon@swimming.org)

**Jo Stalley**  
**Regional Operations Officer**  
[jo.stalley@swimming.org](mailto:jo.stalley@swimming.org)

**Emma Winter**  
**Regional Administrator**  
[emma.winter@swimming.org](mailto:emma.winter@swimming.org)

**Fran Vesztrocy**  
**Regional Welfare Officer**  
[fran.vesztrocy@swimming.org](mailto:fran.vesztrocy@swimming.org)

**General Enquiries**  
[east@swimming.org](mailto:east@swimming.org)  
+44 (0) 7583 694233

### Regional Welfare & Safeguarding

[eastwelfare@swimming.org](mailto:eastwelfare@swimming.org)  
01509 640378

Swim England East Region | SportPark Pavilion 3, 3 Oakwood Drive | Loughborough University,  
LE11 3QF GB

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!