



Welcome to the September Club Newsletter

Visit our Website



Save the Date - Home Nations Coaching Conference

Saturday 24th and Sunday 25th November - Leonardo Hotel, East Midlands

Swim England, Scottish Swimming and Swim Wales, supported by British Swimming, are planning to resume hosting their bi-annual coaching conference at the Leonardo Hotel (East Midland Airport) on 24-25 November.

Building around a theme of 'Developing Excellence in Coaching', the two-day event will showcase a range of presentations from some of the leading performance sport speakers and practitioners in the country, along with some of our most successful and highly respected coaches.

Who is it for?

All swimming head and assistant coaches of clubs who are operating in the performance development world, or coaching athletes to British Championships and British Summer Meet level.

Who's speaking at it?

The final speaker schedule is still being finalised but we have various leading speakers and topics lined up. UK Coaching's Tom Hartley will discuss 'Play Their Way'. British Swimming staff will consider what excellent coaching should look like and provide updates on the OADF and OCDF projects. Scottish Swimming's Paul Wilson will present on how clubs can easily and successfully fully integrate para-swimmers into their mainstream training routines. Coaches involved in the careers of elite swimmers Tom Dean, Katie Shanahan and Maisie Summers-Newton will report on how they successfully navigated the athlete journey. Biomechanics expert Olly Logan from British Swimming will share key learnings from some of the technical projects that have been taking place in recent years. And much more.

Register Interest - [Click here](#)

Please complete the short form via the above link in order to register your interest in the conference. Note that this is just to help us establish indicative numbers and is not a formal booking.

DBS & Safeguarding Reminders



Swim England will be rolling out **email and text message reminders** to all club personnel who require a DBS and Safeguarding certificate within a club. This will start from 1 September.

For teachers and coaches who already receive notifications, we will be adding text message reminders to those whose **certificates expire**.

Swim England Membership Fees 2024

Swim England's element of club membership fees has now been released. Membership fees go towards workshops and events for clubs and help fund our work so we are able to provide support to clubs and members.

Club Train - £10.35

Club Compete - £32.70

Club Support - £6.00

Temporary membership - £18.30

The region and county fees should be confirmed towards the end of October.



Transgender & Non-binary Competition Policy - Now Live!



The policy has now gone live from 1 September meaning all competitions / competitors will need to comply from this date.

Exceptions do exist where swimming competition licenses have already been granted or leagues have already begun.

It is important to note this policy refers only to Swim England competition (including those organised by our member Regions, Counties and Clubs).

Team Manager, Coach & Chaperone Policy

This policy has now come into effect and is mandatory and to support clubs we will be running some briefing sessions, particularly aimed at the disciplines, on how to apply the policy in their programme activity looking at different scenarios and answering questions.



Please register for one of the sessions here:
<https://www.surveymonkey.co.uk/r/TCCbriefingsessions>

World Para Swimming Technical Officials



The Swim England East Region would like to congratulate the swimming Technical Officials, who were selected to officiate at the Manchester World Para Swimming Championships this summer.

Anne Byrne - Norwich Swan
David Metcalf - Biggleswade
Louise Mackie - Flitwick Dolphins
Fiona Brittain - West Suffolk

It is great to see the East Region represented at such a prestigious event, by our dedicated and passionate volunteers.

Workshops

WORKSHOPS

Please see our website for [Team Manager workshops](#) and [Time to Listen and Safeguarding workshops](#)

You will also find links to the Swim England workshops for [Club Chairs](#), [Club Secretaries](#) and [Membership Officers](#) and [Club Welfare Officers](#)

Water Polo Academy

The next Regional Water Polo Academy will take place on **Saturday 16th September**.

Location: Riverside Ice and Leisure Centre, Chelmsford

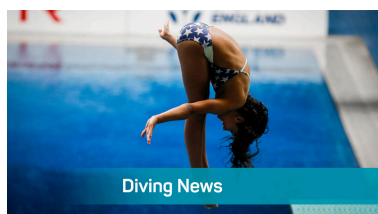
Registration for players will close on **Thursday 14th September at 11pm**.

Registration for Coaches and Team Managers will close on **Wednesday 13th September at 11pm**.



For further information, the conditions and to enter please [click here](#).

East Region Diving Dates and News



Confirmed dates for East Region Diving Events:

Club Championships - Saturday 5th and Sunday 6th Oct 2023

Skills - Saturday 23rd March 2024

Age Groups - Saturday 20th and Sunday 21st April 2024

New online Judge 1 course

Thursday 21st September 18:30-21:00 – Registration of interest can be found [here](#).

Connecting With Coaches, Diving - Baulking

Presented by Emma Wood, Performance Psychologist with the UK Sports Institute.

Presentation 1 - Tuesday 12th September, 12.30pm

Presentation 2 - Tuesday 19th September, 12.30pm

This event is free to attend, with two presentations in place to ensure as many coaches can attend as possible - to sign up [click here](#)

Qualifications

East Region-Based Qualifications:

- [10072](#) - SE Swimming Coach - Blended Learning - 27/09/23 - George Campbell Leisure Centre
- [8893](#) - SE Assitant Water Polo Coach - Blended Learning - 11/10/23 - Riverside Leisure Centre
- [9360](#) - SE Assistant Swimming Coach - Blended learning - 06/11/23 - Vicacity Regional Centre

National Qualifications of Interest:

- SEQ L2 Coaching Open Water Swimming - [Open Water 2023](#)

National and Regional Volunteering Opportunities

East Region Volunteer Opporunites

SEER Para-Swimming Meet,

Date: Sunday 17th Sept

Venue: Abbeycroft Leisure Newmarket Leisure Centre Exning Way Newmarket Suffolk CB8 0EA
Please email our Disability Manager, Peter Winter at disability@eastswimming.org if interested

SEER Water Polo Academy,

Coaches, Team Managers & Athletes Needed!!!

Date: Saturday 16th September

Venue: Riverside Ice and Leisure Centre, Chelmsford,
Please email emma.winter@swimming.org if interested

Team Managers Needed - ESSA Diving Competition

Southend Diving are looking for Team Managers to help with the ESSA event on 9th /10th Dec 2023.

If you are interested please contact **Louise Laño** Diving Co-ordinator – Southend Diving - southend-diving@fusion-lifestyle.com



[Regional Gala Officiating Opportunities](#)

Applications are now invited from technical officials licensed Judge Level 1 or above to officiate at the following Regional galas:

- East Region Para-Swimming Meet on Sunday 17 September 2023 at Newmarket, Suffolk
- East Region Masters Championships on Sunday 1 October 2023 at Newmarket, Suffolk

If you would like to offer to officiate or if someone in your family is able to help as a poolside volunteer (non-technical role) - [click here for more details](#).

[Call for Technical Officials for All Sports](#)

Swim England are looking for more technical officials across all its aquatic disciplines, to help support the busy calendar of events throughout the year. If you already have an officiating qualification for any of our disciplines, please [apply here](#)

[National Volunteer Opportunities](#)

Swim England Leadership Group Vacancies

Water Polo Leadership Group: Chair and Coaching Lead

Diving Leadership Group: Volunteers Lead and Competitions Lead

If you are interested in the vacancies within the leadership groups please follow this link to view the full adverts - [Click here](#)

British Swimming Volunteer Registration

[Click here](#) to register your interest and join the British Swimming Volunteer mailing list.

Hints and Tips for clubs

Club Welfare Officers should not be voted in at your AGM nor should be shown as members of your committee in the minutes of your AGM.

Your constitution states that they are appointed by the committee and they have a right to attend committee meetings without a power to vote.

However in terms of Governance in OMS, they do need to be identified in that section.



Regional Staff Contacts

Joshua Devine - Regional Manager

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Jo Stalley - Regional Operations Officer

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Emma Winter - Regional Administrator

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Sent by east@swimming.org powered by



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