



Welcome to our March Members Newsletter

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2024 Long Course Championships Open for Entries



Entries have opened for the Long Course Swimming Championships.

The conditions and qualification times (unchanged from those published on 2nd January) for the meet are on the Swimming Competitions page which can be found [here](#).

Para Entries have a dedicated entry page here and Para Swimmers should enter via that page rather than the main online system even if they are fast enough for the non-Para times as that way we can ensure they are correctly identified. There are some combinations of events and classifications that do not have Para times meaning Para swimmers can enter if they have achieved the time for non-Para swimmers and the entry method allows for that, there is no need to do two entries.

Entries will close at midnight on 4th April.

Clubs holding meets on the weekend prior to the close date are asked to submit results to rankings promptly so that they can be used to enter by the closing date.

The main entry system can be [found here](#).

Further details can also be [found here](#).



Swim England Publishes Findings of Independent Listening Research

On Tuesday 5 March, Swim England published the full findings of the independent listening research commissioned as part of their safeguarding, welfare and culture plan, Heart of Aquatics.

To read Swim England's statement and access the report, please [click here](#).

Sport England has released their "Statement on Heart of Aquatics" report which has been published on their website and can be [viewed here](#).

East Region Open Water Development Day



The Swim England East Region is hosting a Development Camp for 11-17 year olds who are interested in developing their open-water racing skills.

The event is happening on 8th June 2024 at Stanborough Lakes. This year, we are inviting swimmers who would like to attend, to apply for a place, providing the criteria are met. The camp will include classroom theory sessions, lake sessions, and a race simulation event.

In addition to this, coaches are welcome to come along to observe the day, to gain more knowledge on techniques. For more information on the day, and the registration forms, please visit the [Open Water Development webpage](#).

Join our team as our new Regional Manager!

The Swim England East Region is seeking to appoint an experienced and self-motivated individual to take on the role of Regional Manager and to manage a team to deliver an effective development programme.

The successful applicant will prioritise the requirements of the region and be responsible for leading and guiding the development and governance within the region. Most importantly the role will be providing support and guidance for East Region clubs and their members.



This role will play an instrumental part in driving and increasing the membership within the membership in the region by ensuring effective, self-sustaining clubs are at the heart of the region's development. The region is supported by a dedicated team of volunteers who will need guidance to maintain the plans and budgets in place.

To succeed, the applicant will need to be results-driven, demonstrate an understanding of Governance, possess leadership qualities, and ideally have management experience. Knowledge of the sector is essential. You will also require skills in managing people as will have responsibility for other staff members.

Further details about the role, including a job description and how to apply can be [found here](#).

Please note applications will close no later than 23:59 on Sunday the 24th of March, 2024

The British Swimming Championships 2024 come to London #BSC24

The 2024 British Swimming Championships will take place at the iconic London Aquatics Centre on Queen Elizabeth Olympic Park from 2nd-7th April 2024.

The event will play a key role in the selection of both our Paralympic and Olympic pool swimming teams, heading to Paris next summer in search of more historic successes on the sport's biggest stages.

This inaugural version of the British Championships will see Olympic and Paralympic swimming event schedules running concurrently in the same programme across six days of heats and finals sessions. The para-swimming events will be run with multi-classification competitions.

Further details about the event can be found by [clicking here](#).

Spectator Tickets on Sale Now:

For the first time since 2015, supporters will be in the London Aquatics Centre stands to roar on our athletes at a British Swimming Championships. You can now purchase your tickets [here](#).



Swim England East Region Annual General Meeting

The Swim England East Region AGM is taking place on Wednesday 24th April 2024.

There are several volunteer roles due to be appointed at the AGM this year – these are:

- President-Elect
- Chairman
- Finance Manager/Director
- 3 x Regional Operations Committee members

A role description for each role is available on request for your reference.

If you are interested in applying for any of these roles, please complete our nomination form found on our [website here](#) and email it to nominations@eastswimming.org

Nominations will close on Sunday 10th March 2024.



Good Governance for Clubs and Affiliated Organisations

Swim England has developed a number of Good Governance workshops and information sessions along with useful documents and tools to support Officers in their roles within a club or organisation. Each session is free of charge to attend and will be delivered online via Zoom.

The sessions are designed to support new and existing Chairs, Treasurers, Secretaries, Membership Officers and Welfare Officers in dealing with challenges and the day-to-day running of the organisation.

For further information including the dates of the sessions please use the relevant link below;

- Chair's information session on dealing with internal disputes: <https://www.surveymonkey.co.uk/r/ClubChairSessions>
- Secretary and Membership Officer information session: <https://www.surveymonkey.co.uk/r/Secretary-Membership>
- Welfare Officer information session: <https://www.surveymonkey.co.uk/r/Welfareofficerworkshops>

Additional information on these workshops can be found by [clicking here](#).



Qualifications

East Region-Based Qualifications:

- 10176: [Swim England Assistant Water Polo Coach – Blended Learning](#) - 02/04/24: Riverside Leisure Centre - Chelmsford
- 11068: [Swim England Assistant Water Polo Coach – Blended Learning](#) - 02/04/24: The Haberdashers' Aske's Boys' School
- 11500: [Swim England Assistant Swimming Coach - Blended Learning](#) - 10/04/24: Parkside Pools
- 10653: [Swim England Swimming Coach - Blended Learning](#) - 22/04/24: Alive Downham Leisure
- 11328: [Swim England Swimming Coach - Blended Learning](#) - 01/05/24: Crown Pools
- 11502: [Swim England Assistant Swimming Coach - Blended Learning](#) - 08/05/2024: Hadleigh Pool & Leisure
- 10177: [Swim England Water Polo Coach – Blended Learning](#) - 04/06/24: Riverside Leisure Centre - Chelmsford
- 10059: [Swim England Assistant Swimming Coach - Blended Learning](#) - 10/06/2024: Stanground Sports Centre
- 10282: [Swim England Assistant Swimming Coach - Blended Learning](#) - 01/07/24: Inspire: Luton Sports Village
- 10966: [Swim England Assistant Swimming Coach - Blended Learning](#) - 23/08/24: Brentwood Centre
- 10919: [Swim England Swimming Coach - Blended Learning](#) - 02/09/24: Runnymede Leisure Centre

- 10087: [Swim England Assistant Swimming Coach - Blended Learning](#) - 10/09/24: Tiddenfoot Leisure Centre
- 10159: [Swim England Assistant Water Polo Coach – Blended Learning](#) 01/10/24: Riverside Leisure Centre - Chelmsford
- 10011: [Swim England Assistant Swimming Coach - Blended Learning](#) - 04/10/24: John Warner Sports Centre
- 10067: [Swim England Swimming Coach - Blended Learning](#) - 07/10/24: Stanground Sports Centre
- 10284: [Swim England Swimming Coach - Blended Learning](#) - 07/10/2024: Inspire: Luton Sports Village
- 10068: [Swim England Assistant Swimming Coach - Blended Learning](#) - 08/10/2024: Stanground Sports Centre

National and Regional Volunteering Opportunities

[National Volunteer Opportunities](#)

[Swim England Volunteering](#)

If you're interested in volunteering at Swim England events, please reach out to our volunteering team at: volunteering@swimming.org

[British Swimming Volunteer Registration](#)

[Click here](#) to register your interest and join the British Swimming Volunteer mailing list.

Hints and Tips for clubs

[Swim England Inclusive Club Guide Reminder](#)

Inclusive Club Guide

Although designed with clubs in mind, our 'Inclusive Club Guide' is useful for stakeholders across aquatics. It is intended to be a source of support, providing advice, insight and best practice to assist our clubs, counties and regions to become more inclusive.

The document will be continually updated and we welcome any suggestions for new content via equality@swimming.org.

To download the full guide please visit the [Swim England Inclusion Hub](#)

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