



Welcome to our July Members Newsletter

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Swim England National Awards 2024

Hurry, not long left to nominate

The Swim England National Awards will return to the Great Hall at the University of Birmingham on Saturday 30 November 2024. The awards will celebrate the incredible spirit of aquatics by showcasing individuals, groups and organisations for their passion, dedication and outstanding commitment over the past year.



In 2024 the awards will recognise the impact coaches have at both grassroots and at a performance level by introducing new Performance Pathway and Development Coach of the Year awards. The event will also include the Harold Fern and Alfred H Turner awards – recognising outstanding contribution to aquatics – and provide the opportunity to celebrate some of the nation's top athletes in an Olympic year.

Nominations are open until **Sunday 7th July** and you can nominate someone today. The full criteria for each award can be viewed [HERE](#)

Jeff Cook Salver Nominations

This year the region invites nominations for the Jeff Cook Salver award from our clubs, counties, regional committees and leadership groups. Nominations close at midnight Sunday 28th July 2024.

The Jeff Cook Salver was presented to the Region at its inception in 2005. The intention is that the salver is awarded to a person, team or club that has made a significant contribution to the sport within the region.

If you want to make a nomination please complete this [Form](#)

Swim England East Region Para-Swimming Meet

Entries have opened for the SEER Para-Swimming Meet being held on Sunday 22nd September 2024 at Newmarket Leisure Centre. The closing date for entries is the 21st August 2024.

There are two entry forms, one for those who will be Classified at the Meet and one for other competitors.

The Classification form has been designed to ensure those being classified enter the required events.

Please ensure you use the appropriate form.



The forms and full Meet details can be found [HERE](#).

Aquatics Coach Mentoring Programme 2024 - 2025



Swim England's Aquatics Coach Mentoring programme for 2024-2025 provides an opportunity for coaches across all areas of the sport to work with an experienced coach mentor.

The purpose of the Aquatics Coach Mentoring programme is to support and challenge aspiring coaches to learn, develop and grow in their role. Through this programme we hope to continue to raise the quality of coaching across the aquatic sports.

We know that mentoring is a proven, effective and impactful way to support and develop coaches. Therefore, the Aquatics Coach mentoring programme is an important and fundamental part of the Swim England coach learning and development offer

"Behind every successful person, there is one elementary truth: somewhere, somehow, someone cared about their growth and development, this person was their mentor".

Applications are now open and close at midnight on Monday 26th August 2024. More information and to apply can be found [HERE](#).

Congratulations to David Metcalf on selection as a Technical Official for the Paralympics

Congratulations to David Metcalf from Biggleswade SC, who has been selected to be an International Technical Official for the Paris Paralympics. David first became a swimming official in 1990 and over the years has developed a specialism in Para Swimming.

David, who is the East Region Swimming Officials' Manager and former Regional President, is no novice to International Para Competitions. He has also been a Technical Official in the London 2012 Paralympics and the Technical Delegate at many European & World Para competitions, including those held in Madeira, Italy, Chile and Singapore.

David delivers the WPS courses throughout the World & also presents the British Para Swimming CPD for Technical Officials. Although the next course is full, there will be another opportunity in the Autumn, so watch out for more information because this could be your first step to being a WPS official



The Paralympics are in Paris, 28th August to the 7th September 2024, watch out for David on poolside.

Water Polo development

Water Polo Referee Course



Swim England East Region are holding a Water polo Referee Course.

The course will be open to Swim England members who are 16 and over as of 13th July 2024. This course is ideal for players, Coaches and parents to learn and understand the rules and give back to the sport by officiating at local league games, regional and national tournaments and university BUCs matches.

Date: Saturday 13th July 2024

More information can be found [HERE](#)

Regional Academy

Swim England East Region runs a Regional Academy, which is the start of the water polo talent pathway. The next Academy will be on 13th July at Chelmsford, If you want more information and to book your place [Click Here](#)

East Region Welfare

Welfare Officer's Good Governance Workshop

There is now a mandatory requirement for Welfare Officers to attend this Swim England Workshop at least once every 12 months. This is in addition to the Time to Listen Course and Safeguarding Course and is part of Swim Mark. There are 3 dates in July and you can book via this [LINK](#) You need to attend at least once every 12 months and it's part of Swim Mark.



Monday 15th July 6-8pm
Friday 19th July 12-2pm
Tuesday 23rd July 6-8pm

National Welfare Officer Forum

The next National Welfare Officer Forum is on Wednesday 21st August at 6.30pm. If you are not registered to receive the notifications regarding the National Welfare Forum please email clubdevelopment@swimming.org who will send you the link.

Club Portal

The East Region along with others will be trialling a Club Portal IT system which is in development with SE Safeguarding. The system will allow clubs to record their welfare concerns and actions taken on a secure system with County, Regional and National Welfare officers having oversight. Clubs chosen to trial the system will be contacted by SE Safeguarding.

Welfare Contacts

Regional Welfare Officer – Fran fran.vesztrocy@swimming.org or eastwelfare@swimming.org
SE DBS – DBS@swimming.org

SE Safeguarding – safeguarding@swimming.org

Raising a concern with SE Safeguarding - <https://www.swimming.org/swimengland/how-raise-concern-complaint/>

Wavepower - <https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>
SE Inclusion Hub - <https://www.swimming.org/swimengland/inclusion/>

Artistic Swimming Minimum Depths Survey

Swim England are reaching out to Artistic Swimming **club officers and coaches** as **we need your help to gather insight** on pools used by artistic swimming clubs for training and events.



Please help us understand where artistic swimming training and events at various skill levels take place. Specifically, we aim to capture the profile of the pools being used for each activity, and further our understanding of the adaptations made, if any, on the skills being practiced and if there have been any incidents/injuries to date. We are looking to achieve a **100% completion rate of our survey** to ensure we get a full picture of the status of pools across the country so please take the time to **complete it for your club or event**.

If you deliver training and you also organise events, please complete the survey twice, once for each of your roles - you can use the same link.

Your time and effort is **really appreciated** as it will help us to inform future decisions for the sport.

The survey will remain open until **Sunday 7 July**.

Your answers will be treated in confidence, in accordance with the Market Research Society's Code of Conduct, so please provide as much detail as possible.

If you have any questions, please email nationalevents@swimming.org

ASCA World Coaches Clinic – Coach Grant

The Region wishes to support coaches to enhance their skills by supporting them financially to attend the ASCA World Coaches Clinic, in Orlando, 4th to 7th September 2024.

We will support club coaches in the East Region with a grant of up to £500 each towards the cost of this, up to a maximum of six. If there are more than 6 applicants, there will be a selection process to determine who will receive the grant.

The grant will be awarded to those willing to write papers about the presentations given and make face-to-face presentations to enhance the skills of other coaches in the Region, possibly from all disciplines and their athletes.

If you wish to be considered for this grant please complete the [Application form](#) and return this to east@swimming.org by 28th July 2024

Masters / Adults only clubs



This is a gentle reminder that from **1 August 2024**, masters / adult-only clubs need to have a named lead welfare officer that has up-to-date training. We introduced and announced this requirement at the beginning of the year, following the update of Wavepower.

We understand this requires time and effort from clubs to implement, however this is an important change to ensure our members know they are part of a safe and positive environment

whilst at your club.

If you have any questions, please contact the Region, or email the [Development team](#).

Community Amateur Sports Clubs

We want to make you aware that HMRC is sending letters to clubs who are registered as a **CASC** to **review their eligibility** to stay registered within the scheme. Please take note of this letter when it arrives

and review any tasks.

To check if your club is a CASC, [click here](#)

For further advice on how to approach the review, please contact Swim England's Independent Tax Specialist, **Richard Baldwin** MBE. This initial advice is free of charge for affiliated clubs.



SwimMark and Club Affiliation Updates



There is a June 2024 Update available in the portal for SwimMark and Club Affiliation clubs.

Qualifications

East Region-Based Qualifications:

- 10966: [Swim England Assistant Swimming Coach - Blended Learning](#) - 23/08/24: Brentwood Centre
- 10919: [Swim England Swimming Coach - Blended Learning](#) - 02/09/24: Runnymede Leisure Centre
- 10087: [Swim England Assistant Swimming Coach - Blended Learning](#) - 10/09/24: Tiddenfoot Leisure Centre
- 10159: [Swim England Assistant Water Polo Coach – Blended Learning](#) 01/10/24: Riverside Leisure Centre - Chelmsford
- 10011: [Swim England Assistant Swimming Coach - Blended Learning](#) - 04/10/24: John Warner Sports Centre
- 10067: [Swim England Swimming Coach - Blended Learning](#) - 07/10/24: Stanground Sports Centre
- 10284: [Swim England Swimming Coach - Blended Learning](#) - 07/10/2024: Inspire: Luton Sports Village
- 10068: [Swim England Assistant Swimming Coach - Blended Learning](#) - 08/10/2024: Stanground Sports Centre
- 12207: [Swim England Swimming Coach](#) - Blended Learning - 13/11/24: University of East Anglia

Hints and Tips for clubs

Constitutions.

It is for the club committee to review and propose amendments to the club constitution. Any amendments must then be sent to the region office for approval PRIOR to it being presented to your club members for voting on at an AGM or SGM.

Please **DO NOT** hold an AGM or SGM and make changes to your constitution before it has been approved by the region.



Regional Staff Team Contacts

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