



## Welcome to the August Club Newsletter

Visit our Website



### Swim England Child and Young Person Survey

Swim England National Safeguarding & Welfare team have launched the new [Child and Young Person Survey](#).

All information and feedback gathered through the survey will be shared with the Swim England National Team and Regional Welfare Officer. This will enable us to look at how we can collectively support clubs and members more to disclose concerns that are raised in clubs, to ensure we help clubs offer the best possible experience for young people.

When asking members to complete the survey please ensure that they have their parent or guardian's permission before taking part. If asking junior members to complete this during a club session, please ensure there is a parent, guardian or Welfare Officer there to support and guide the young person/s through the survey.

Also, ensure that an appropriate adult is present with the young person to provide support if they become upset or wish to share or disclose any concerns.



### Technical Officials - uniform



As part of Swim England's commitment to making aquatics accessible for all, the national governing body is making changes to the technical officials' uniform expectations when officiating at Swim England National events.

From 1 September 2023 – when officiating at Swim England National Events – technical officials' uniform dress code will include black trousers/skirts/shorts. The change has been made in a bid to be more inclusive, removing what was an

unnecessary barrier to those who felt uncomfortable wearing white trousers, skirts or shorts on poolside.

This reinforces Swim England's commitment to both its new Access Aquatics strategy and Heart of Aquatics – its safeguarding, welfare and culture plan – by listening to members and empowering the aquatics community.

### Applications Open: Inspire Coach Mentoring Programme 2023-2024

Swim England's Inspire Coach Mentoring programme for 2023-2024 provides a unique coach development opportunity for those who are predominantly working with **age-group and early youth level athletes** within the Swim England Talent Pathways Swimming, Para Swimming, Diving, Water Polo and Artistic Swimming.

Applications are now open and close at midnight on Monday 21 August 2023.

To read more and find out how to apply, please [click here](#).

## New for all clubs - Mandatory Diversity & Inclusion Action Plan (DIAP)

From 1 November 2023, we will be adding an additional requirement to Club Affiliation as part of meeting the minimum standards. Clubs will be required to submit a **Diversity and Inclusion Action Plan (DIAP)** and will have to attend two free relevant CPD courses.



**ACTION PLAN**

This has been put in place to **help clubs understand the barriers which prevent diverse communities** from taking part in aquatic activity and to create opportunities for people in their local community. Find out more on the SwimMark and Club Affiliation Matrix located on the SwimMark portal via the 'Resources' tab and also through your Regional Officer.

## Annual General Meetings



As a Club Secretary, please ensure that you refer to your club constitution (club rules) regarding the actions to be taken prior to and during your club's Annual General Meeting. The constitution details timescales for nominations and/or proposals and for papers for the AGM to be circulated to your club members. It also refers to actions such as electing an Independent Examiner for your accounts and appointing a club welfare officer as well as Custodians.

The minutes produced from the AGM should include all of the points required by your constitution.

## Transgender and Non-Binary Inclusion Policy

Swim England's updated transgender and non-binary competition policy has inclusion and fairness at its very heart. In order for all aquatic disciplines to be enjoyed as sport, there must be inclusive opportunities for transgender participants to compete.

This policy refers only to Swim England competitions (*including those organised by our member Regions, Counties and Clubs*) and will be implemented on **1 September 2023**. This policy must form part of all event licence applications, for all events taking place from September 1st.

### Timeline:

1. If the meet is held after 1 September 2023 it will need to use Female and Open/ Male categories (*unless they applied for a licence prior to 3 April where their existing conditions will be honoured*)
2. The Promoters will need to bear in mind that the meet management software will likely be showing as Female and Open/ Male from 1 September which could impact the scoreboard display. Swim England appreciates that there will be incidences of the old terms being used and a period of transition will be accepted.
3. If the meet is being held prior to 1 September (*regardless of when the licence was applied for*) the meet can use Female and Male categories. The new Policy does not come into effect until 1 September.
4. If a licensed series of events takes place on both sides of 1 September, we would encourage the return of results to be sent in as soon as possible after each occurrence.

### Leagues and series of events (such as club champs):

A league or a series of events may wish to licence a final (*or some of the events within a series*) that occurs after 1 September. If some of the events are due to take place prior to 1 September then special dispensation can be given to the licensed elements after this date and can fall under the same Policy used for the first part of the league. Any licensed series of events (*or part of*) starting after 1 September will require adherence to the new policy.

### Clarifying the female category birth sex:

The new Policy requires athletes who want to compete in the Female category to confirm their birth sex. We would like to encourage Promoters to add to their conditions a statement to confirm that by entering the meet the athlete is confirming that if they are entering the Female category, and as such confirm they were born with a birth sex of female. Below is an example of such a statement;

The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

To view the policy please click here: [Swim England Transgender Non-Binary Competition Policy](#).

Should you have any questions or want more information about the policy please email: [equality@swimming.org](mailto:equality@swimming.org)

WORKSHOPS

## Workshops

Please see our website for [Team Manager workshops](#) and [Time to Listen and Safeguarding workshops](#)

You will also find links to the Swim England workshops for [Club Chairs](#), [Club Secretaries and Membership Officers](#) and [Club Welfare Officers](#)

## Don't miss the East Region Para-Swimming Meet & Water Polo Academy



The Swim England East Region will be hosting our autumn Para-Swimming meet on **Sunday 17th September**.

Location: **Abbeycroft Leisure Newmarket Leisure Centre Exning Way Newmarket Suffolk CB8 0EA.**

Entries close: **Wednesday 23rd August 2023**

For further information, the conditions and to enter please [click here](#).

The next Regional Water Polo Academy will take place on **Saturday 16th September**.

Location: Riverside Ice and Leisure Centre, Chelmsford

Registration for players will close on **Thursday 14th September at 11pm**.

Registration for Coaches and Team Managers will close on **Wednesday 13th September at 11pm**.



For further information, the conditions and to enter please [click here](#).

## East Region Diving Dates and News

### Confirmed 2024 dates for East Region Diving Events:

**Skills** - Saturday 23<sup>rd</sup> March

**Age Groups** - Saturday 20<sup>th</sup> and Sunday 21<sup>st</sup> April

**Club Championships** - Saturday 5<sup>th</sup> and Sunday 6<sup>th</sup> October

### New online Judge 1 course

Thursday 21<sup>st</sup> September 18:30-21:00 – registration of interest can be found [here](#).

### Connecting With Coaches, Diving - Baulking

Presented by Emma Wood, Performance Psychologist with the UK Sports Institute.

**Presentation 1** - Tuesday 12th September, 12.30pm

**Presentation 2** - Tuesday 19th September, 12.30pm

This event is free to attend, with two presentations in place to ensure as many coaches can attend as possible - to sign up [click here](#)

## Qualifications

**East Region-Based Qualifications:**

- [8266 Swim England Assistant Swimming Coach](#) - Blended Learning 7/8/23 Inspire: Luton
- [8024 Swim England Assistant Swimming Coach](#) - Blended Learning 25/8/23 John Warner Sports Centre - Hoddesdon
- [9361 Swim England Swimming Coach](#) - Blended Learning 27/8/23 Vivacity - Peterborough

#### National Qualifications of Interest:

- SEQ L2 Coaching Open Water Swimming - [Open Water 2023](#)

## 2023 National and Regional Volunteering Opportunities



### East Region Volunteer Opportunities

#### **SEER Para-Swimming Meet,**

Date: Sunday 17th Sept

Venue: Abbeycroft Leisure Newmarket Leisure Centre Exning Way Newmarket Suffolk CB8 0EA  
Please email our Disability Manager, Peter Winter at [disability@eastswimming.org](mailto:disability@eastswimming.org) if interested

#### **SEER Water Polo Academy,**

Coaches, Team Managers & Athletes Needed!!!

Date: Saturday 16th September

Venue: Riverside Ice and Leisure Centre, Chelmsford,

Please email [emma.winter@swimming.org](mailto:emma.winter@swimming.org) if interested

#### **Team Managers Needed - ESSA Diving Competition**

Southend Diving are looking for Team Managers to help with the ESSA event on 9<sup>th</sup> /10<sup>th</sup> Dec 2023. If you are interested please contact **Louise Laño** Diving Co-ordinator – Southend Diving - [southend-diving@fusion-lifestyle.com](mailto:southend-diving@fusion-lifestyle.com)

### Regional Gala Officiating Opportunities

Applications are now invited from technical officials licensed Judge Level 1 or above to officiate at the following Regional galas:

- East Region Para-Swimming Meet on Sunday 17 September 2023 at Newmarket, Suffolk
- East Region Masters Championships on Sunday 1 October 2023 at Newmarket, Suffolk

If you would like to offer to officiate or if someone in your family is able to help as a poolside volunteer (non-technical role) [click here for more details](#).

### National Volunteer Opportunities

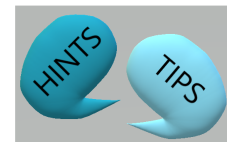
#### **British Swimming Volunteer Registration**

[Click here](#) to register your interest and join the British Swimming Volunteer mailing list.

## Hints and Tips for clubs

If you are a SwimMark Accredited club, don't forget to use your £100 voucher!

Use it for safeguarding workshops or towards a coaching qualification for your personnel. It only lasts 12 months so use it or lose it.



Please review your club documentation regularly to ensure that the logos used are the current ones, that county names are correct, that the region is referred to correctly and Wavepower dates are correct. Please note that Clubmark no longer exists and should be removed from all club documents

## Regional Staff Contacts

#### **Joshua Devine - Regional Manager**

[josh.devine@swimming.org](mailto:josh.devine@swimming.org)

#### **Jo Stalley - Regional Operations Officer**

jo.stalley@swimming.org

**Emma Winter - Regional Administrator**  
emma.winter@swimming.org

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