

Age	Place achieved at Regionals	Given Name	Family Name	Club	Race
12	1	Ayla	Zolfaghari	Epping Forest District SC	2K
12	2	Megan	Barnicoat	Modernian SC	2K
12	3	Jeslene	Sandhu	Epping Forest SC	2K
13	1	Jasmine	Hall	Basildon & Phoenix SC	2K
13	2	Emma	Cushion	City of Peterborough SC	2K
13	3	Amelia	Fenner	Basildon & Phoenix SC	2K
14	1	Chloe	Barnard	Basildon & Phoenix SC	3K
14	2	Anabelle	Kett	City of Peterborough SC	3K
14	3	Grace	Robinson	St Felix School SC	3K
15	1	Ella	Dawson	Chelmsford SC	3K
15	2	Mia	Macklin	Braintree & Bocking SC	3K
15	3	Wiktorja	Marcinek	West Norfolk SC	3K
16	1	Lisa	Leinemann	Chelmsford SC	5K
16	2	Lyla	Howard	Team Luton SC	5K
16	3	Hollie	Hawkins	Basildon & Phoenix SC	5K
17/18	1	Francesca	Baber	City of Cambridge SC	5K
17/18	2	Esmie	Kidman	West Norfolk SC	5K
17/18	3	Olivia	Church	Thurrock SC	5K
19+	1	Talia	Staines	Team Luton SC	5K
19+	2	Shannon	Stott	Hatfield SC	5K
19+	3	Lauren	Stott	Hatfield SC	5K

Age	Place achieved at Regionals	Given Name	Family Name	Club	Race
13	1	Alexander	Gaydon	Colchester SC	2K
13	2	Zach	Montgomery	Norwich Swan SC	2K
13	3	Charlie	Birdsall	City of Cambridge SC	2K
14	1	George	Portlock	New Hall Shool Swim Acad	3K
14	2	Jamie	Wilson	West Norfolk SC	3K
14	3	Conor	Mint	Basildon & Phoenix SC	3K
15	1	Daniel	Williams	Hatfield SC	3K
15	2	Ben	Every	St Felix School SC	3K
15	3	George	Carter	City of Cambridge SC	3K
16	1	Ryan	Wall	City of Cambridge SC	5K
16	2	Isaac	Farrugia	Basildon & Phoenix SC	5K
16	3	Daniel	Thompson	Thurrock SC	5K
17/18	1	Ryan	Roberts	Putteridge SC	5K
17/18	2	Daniel	Moyses	City of Peterborough SC	5K
17/18	3	Daniel	Kendall	City of Ely SC	5K
19+	1	Christopher	Greenhalgh	City of Cambridge SC	5K
19+	2	Lewis	Archer	Halstead SC	5K
19+	3	Jack	Turrell	Basildon & Phoenix SC	5K