



## Welcome to the April Club Newsletter

Visit our Website



### Return to Training



The [Club Return to Pool Guidance document](#) has recently been updated. Make sure your club is aware of the guidance before returning to the pool.

There may be a further update following the release of information from the Government before the 12<sup>th</sup> April and this will be shared with you as soon as it is received.

Swim England is hosting a number of 'Update Sessions' for clubs. These sessions are designed to highlight the most recent updates that have been made to the Swim England Club Guidance. There will be an opportunity to ask questions. The sessions will last no longer than an hour and will be delivered online via Zoom. [To see the dates available, and to sign up, use this link](#)

**If you wish to receive direct updates from Swim England on returning to training you can sign up by emailing [clubdevelopment@swimming.org](mailto:clubdevelopment@swimming.org).**

### Special Council Meeting and Special General Meeting- 22nd April 2021

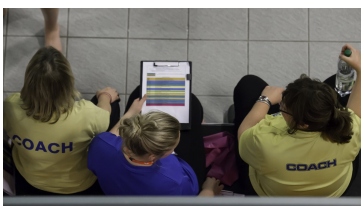
As previously announced, a Special Council Meeting and Special General Meeting will be held on 22<sup>nd</sup> April 2021. The Special Council Meeting, which is open to representatives of clubs, counties and associations, will start at 7.30 pm and will deal with the closure of the former unincorporated Association, including a report and accounts for the period April 2020 to December 2020.



Please have a look at the [Special Council Meeting webpage](#) for more information.

This will be followed by a Special General Meeting for the incorporated Company Swim England East Region. This meeting will be open to the Members of the Members' Forum, who will be sent notice of the meeting.

### Swim England Foundation Coaching Conference



Tickets are now on sale for the inaugural Swim England Foundation Coach Conference 2021.

Open to coaches and teachers, the conference will feature the chance to quiz elite athletes who will share their club experiences, top tips for attracting and retaining new members and working with parents in sport.

It takes place virtually on Sunday 25 April between 9.30am and 4.15pm and covers all aquatic disciplines. [Visit the Swim England website for more information.](#)

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## Aquatic Club Survey

All affiliated clubs are due to receive a survey on the 15th April regarding the current club position. It will be sent to club Chairs, Secretaries and Treasurers so please discuss who would be best to complete it.

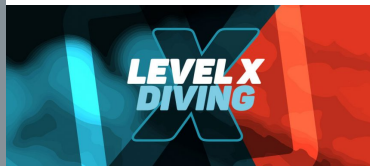
Make sure each club section has a chance to provide answers. You can submit the survey multiple times to accommodate each discipline.

Bespoke support can then be provided as a result of the feedback received.



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## Regional Diving Level X Prep Workshops



Following the success from the first Diving Level X competition, East Region is holding another workshop in which the divers can prepare for round 2! This will be taking place April 7th at 12-1.30pm.

We have a winner from the first round to demonstrate the drills and we will have an opportunity to ask any questions you might have.

More information can be found on the [Regional Diving Development webpage](#).

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## Water Polo Webinars and Q&A Session

Various webinars are available for athletes to book on. Although they are aimed at water polo players, they are open to any interested SE member.

The webinars include nutrition, maintaining hydration, meal prep, late night sessions, and recovery. Each webinar costs £3 to attend. More information can be found on the [Water Polo Hub](#).

There is also an opportunity to attend a live Q+A with Craig Figes, the new Coaching Lead for the Water Polo Leadership Group.

It will take place on Friday 16<sup>th</sup> April at 7pm and is open to all Swim England Members. Spaces can be reserved via [this link](#).



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## Introduction to Open Water Sessions



A series of free webinars focused on outdoor swimming is available to book onto. The sessions aim to inspire and engage those who are interested in finding out more about swimming outdoors or returning to the activity.

Some topics of discussion will be key safety advice, both the health and social benefits, where to swim and what to wear as well as much more.

More information can be found on the [Open Water Hub](#).

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## Regional Staff Contacts

**Leanne Brace - East Region Development Manager**  
leanne.brace@swimming.org

