



Welcome to the February Club Newsletter

Visit our Website



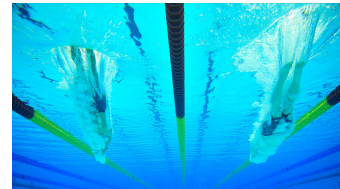
Off The Blocks



Off the Blocks is a free programme designed by experts for the benefit of those that work at every level of the sport in Great Britain. The resources have been produced to help upskill the teachers and coaches of the next generation of swimmers by providing a range of simple and relevant materials. But is also full of information for parents and athletes too!

Constitutions

Your club constitution should be reviewed annually by the club and then every 4 years by the Region. If you wish to make any changes, these should be submitted to the Region's Membership Officer (membership@eastswimming.org) for approval prior to presenting to your club at an AGM or SGM.



Coach Drop-ins



Kevin runs regular coach drop ins on a Wednesday for coaches to share knowledge and discuss relevant issues or just to have a catch up and touch base.

If you wish to be included on the distribution list for the zoom details of these drop ins please email east@swimming.org.

Payment in Kind

Does your club reward volunteers and coaches by providing free sessions for them or their children? By doing so, the volunteer could be entitled to be paid minimum wage. The situation could also result in income tax due on the equivalent fee for the sessions provided.

Gov.uk says "You might be classed as an employee or worker rather than a volunteer if you get any other payment, reward or benefit in kind."

Whilst it is important to appreciate and value our volunteers, clubs need to make sure they are not putting themselves and the volunteer at risk of



East Region Receives Charitable Status



Swim England East Region has been busy 'settling in' to the new incorporated company structure, and has now successfully gained Charitable Status for the company.

By taking this step, the region is continuing to keep the interests of it's members at the heart of everything they do.

Para- swimming Engagement Day

Join the England Para - Swimming Talent Team for a FREE, fun day of workshops and activities, designed to help athletes, coaches and parents / guardians gain valuable information about the development of Para-athletes. Email paratalent@swimming.org for more information.

The day is open to;

- Athletes who attend Regional Para-Swimming training in their region
- All classified athletes and those on the classification waiting list who would like to develop their swimming further
- Category 2 members who have an eligible Para-Swimming impairment or hearing impairment
- Coaches who would like to gain a greater knowledge of Para-Swimming and the support available to them and to athletes
- Club Administrators, exploring ways of developing Para-Swimming within their club environment.



Open Water Coaching Course



Open water coaching course now available for booking. The first half of the course will be completed online, starting 13th April, and the practical element will be available as soon Government restrictions allow.

[Further information and booking.](#)

Club Merger Resources

Swim England has produced a toolkit to provide practical advice for any two or more clubs considering a merger. It identifies different types of merger models, important actions to take at each stage of the merger and provides a range of useable template resources to support clubs with the process.

[Visit the Swim England website for more information.](#)



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