



Welcome to the March Club Newsletter

Visit our Website



Coming Up In March...

- 1st - Masters Development Day
 - 4th - Swimming Coaches Conference
 - 8th - Water Polo Grand Prix
 - 15th - Diving Camp
 - 15th - Management Board
 - 22nd - Diving Skills Competition
 - 22nd - Swimming Bitesize Coach Workshop
 - 28th - Synchro Champs
 - 28th - Swimming Long Course Champs
- Check our [calendar](#) for more upcoming events in 2020!



Photography Guidance Reminder

The Region has been made aware of clubs posting photos online which contravene guidelines for photography in Swim England's welfare policy, [Wavepower](#).

Please ensure your club reviews the [photography section](#) and note that consent from parents does not supersede Wavepower.

Swim England also have a [social media guidance document](#) which has good practice recommendations for clubs to consider.

Coronavirus Update

The region has released a statement regarding the recent outbreak of Coronavirus which can be found on our [website](#).

The Region will continue to monitor the situation and will update it's guidance if and when required.



Update of Club Officers

The East Region aims to provide relevant information to our clubs, and we can only do this if we hold the correct contacts.

The region will therefore be asking clubs over the next month, to make sure we have the most up to date names and emails for your committee.



Masters Development Day

A Masters swimming development day will be running on **1st March 2020** at UEA SportPark, Norwich.

The day will include two pool sessions, an S&C session and a talk from a nutritionist.

Please visit our [website](#) to book by **Friday 21st February 2020**.



Regional Para-Swimming Training

The next regional Para-Swimming training session will be held on **9th May 2020** in Flitwick, Bedfordshire.

Further details and bookings will be available on our [disability swimming development page](#) later in the month.

Coaching Opportunities At Regional Open Water Camp

Our regional open water camp will be running on **6th June** in Basildon and **14th June** at Stanborough Lakes, Welwyn Garden City.

Due to increased interest from coaches, we will be opening an application process for coaches who would like to be involved in the camp. Further details will be released shortly.



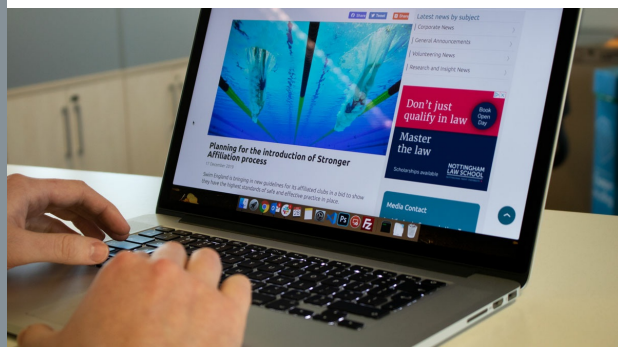
Swimming Officials Applications Open - Long Course Events

Applications are **now open** for the swimming long course regional championships on **4th - 6th April**, **2nd-3rd May** and **8th May**.

Applications are also open for the Regional Summer Meet from **3rd - 5th July 2020**.

Swim England (SE) is committed to championing the benefits of our sport and is conducting some research to help understand and demonstrate the social value that being part of a club brings to an individual.

On 24 February SE shared the survey link with members via email. Please do take the time to complete the survey. It will make a difference!



Stronger Affiliation Live Webinar

Clubs who do not have the SwimMark accreditation will need to complete the Stronger Affiliation process. Swim England is holding a live webinar for the East region to demonstrate how clubs can complete the Stronger Affiliation process.

Thursday 5th March at 7.30pm. To book a place, email clubdevelopment@swimming.org with your name, your role, and your club. You will then be emailed the link to the webinar.

Regional Staff Contacts

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